

A BIBLICAL PSYCHOLOGY

Lesson 1: Positive Disintegration <> **“Unless a grain of wheat falls into the earth and dies ...” (John 12:24)**

INTRODUCTION:

This Lesson will present you with a theory of *soul / psyche* which matches up more closely with **the Story of Job*** and the psychological growth of **Biblical Exemplars**** than any other theory of Modern Psychology.

* Chronologically, “Job” was the first *written* book of the Bible.

** i.e. **Jacob, David, Moses, Paul**

PURPOSE:

This Lesson will...

1) Introduce Kazmierz Dabrowski, author of the *Theory of Positive Disintegration*;

Notes: a) The Editor will, from Lesson 2 on, attempt a virtually seamless transition to [an overtly biblical] Psychology entitled “Creative Disintegration”

b) Please read **Psalm 88** (at the center of your Bible). The following verses are illustrative of “Positive Disintegration”

“Shall Your steadfast love be declared in the grave? Or Your faithfulness in ~~~ a place of ruin and destruction? Shall Your wonders be known in the dark? And Your righteousness in the place of forgetfulness? But to You I cry, O Lord; and in the morning shall my prayer come to meet You. Lord, why do You cast me off? Why do You hide Your face from me? I was afflicted and close to death from my youth up; while I suffer Your terrors I am distracted. Your fierce wrath has swept over me; Your terrors have destroyed me. They surround me like a flood all day long; together they have closed in upon me.”

2) Introduce, **as Psychology**, **“Unless a grain of wheat falls into the earth and dies ...” (John 12:24)**

3) Introduce the role of **conflict** in the developmental process;

4) Offer both a cryptic **contrast** of “A Biblical Psychology” to **Freud** and a **comparison** with **Jung**.

LEARNING HINTS:

As you read the Sources, look for the following:

- 1) A sense of both the person and the achievement of Professor Dabrowski;
- 2) An initial grasp of the *essence* of both **"Unless a grain of wheat ..."** and "Over-excitability";
- 3) A sense of the **role of conflict** in the developmental process;
- 4) An initial "handle" on: a) **Freud** <> A Biblical Psychology **contrast**; b) **Jung** <> A Biblical Psychology **similarities**.

<<>>

To continue on to the Lesson itself, Click:

<http://www.contemplativerudder.com/BibPsychI.pdf>