# What is Medical Home Port?

The Navy's Medical Home Port concept introduces a new model of patient and family-centered health care delivery for primary care. This model emphasizes team-based, comprehensive care that is designed to fully meet the complete primary care health and wellness needs of our patients. The model emphasizes the provider/patient relationship and leveraging other members of the primary care team to actively participate in patient care.

It has been shown to improve access to care for patients through the use of electronic communications and more efficient face-to-face encounters. It is expected to improve population health, patient satisfaction, and medical readiness across multiple settings once fully implemented.

At U.S. Naval Hospital Yokosuka, Medical Home Port is being phased into service in the Pediatric Clinic, Family Medicine Clinic, Internal Medicine Clinic and Branch Health Clinics.

### **Contact Us**

Appointment Scheduling and Clinic Clerks Business Hours: 0730-1630 Commercial: 046-816-5352 DSN: 243-5352

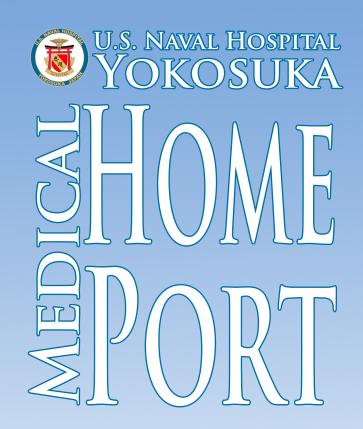
On Call Provider (After Hours - Urgent) 080-5973-2030

Prescription Refill System Commercial: 046-816-4689 DSN: 243-4689

Hospital Information Desk (24 Hours) Commercial: 046-816-7144 DSN: 243-7144

Emergency Assistance On Base 911 Off Base 119







## **Facts**

The patient centered medical home as defined by the Agency for Healthcare Research and Quality (AHRQ).

• **Patient-centered:** A partnership among practitioners, patients, and their families ensures that decisions respect patients' wants, needs, and preferences, and that patients have the education and support they need to make decisions and participate in their own care.

<sup>•</sup> **Comprehensive:** A team of care providers is wholly accountable for a patient's physical and mental health care needs, including prevention and wellness, acute care, and chronic care.

<sup>o</sup> Coordinated: Care is organized across all elements of the broader health care system, including specialty care, hospitals, home health care, community services and supports.

Accessible: Patients are able to access services with shorter waiting times, "after hours" care, 24/7 electronic or telephone access, and strong communication through health IT innovations.

° **Committed to quality and safety:** Clinicians and staff enhance quality improvement through the use of health IT and other tools to ensure that patients and families make informed decisions about their health.

All Naval Hospital Yokosuka Patient Centered Medical Home Port Clinics were recognized in 2013 with the highest level of accreditation from the National Committee for Quality Assurance (NCQA) for quality and safety.



## Online Secure Messaging "Relay Health"

Staying in touch with your provider just got easier: *anytime, anywhere,* from any internet connection. It's easy and secure. For your non-urgent needs, you may even save yourself an office visit. No more talking to people other than your Medical Home Port Team about your private matters.

- <sup>°</sup> Email your provider.
- <sup>°</sup> Schedule your next appointment.
- ° Request your lab results.
- ° Request a medication renewal for expired prescriptions.
- <sup>°</sup> Access information to manage your health.

° Create your own personal health record, especially useful for those managing a chronic condition.



www.med.navy.mil/sites/nhyoko



www.relayhealth.com/patients

# **TRICARE** Online



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### Notice: This site should not be used for emergency medical conditions. In the case of a medical emergency, call 911 or contact your local Emergency Medical Service.

Blue Button

Securely view, download (pdf, text, or ccd format), or print your lab results, allergy profile, medication profile, radiology results, vitals, problem lists, and encounters here.



Refill your prescriptions for MTF pick-up, check your prescription status, or access TRICARE Mail Order Pharmacy [TMOP].

Health Risk Assessments Complete your required Service related assessments online.



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