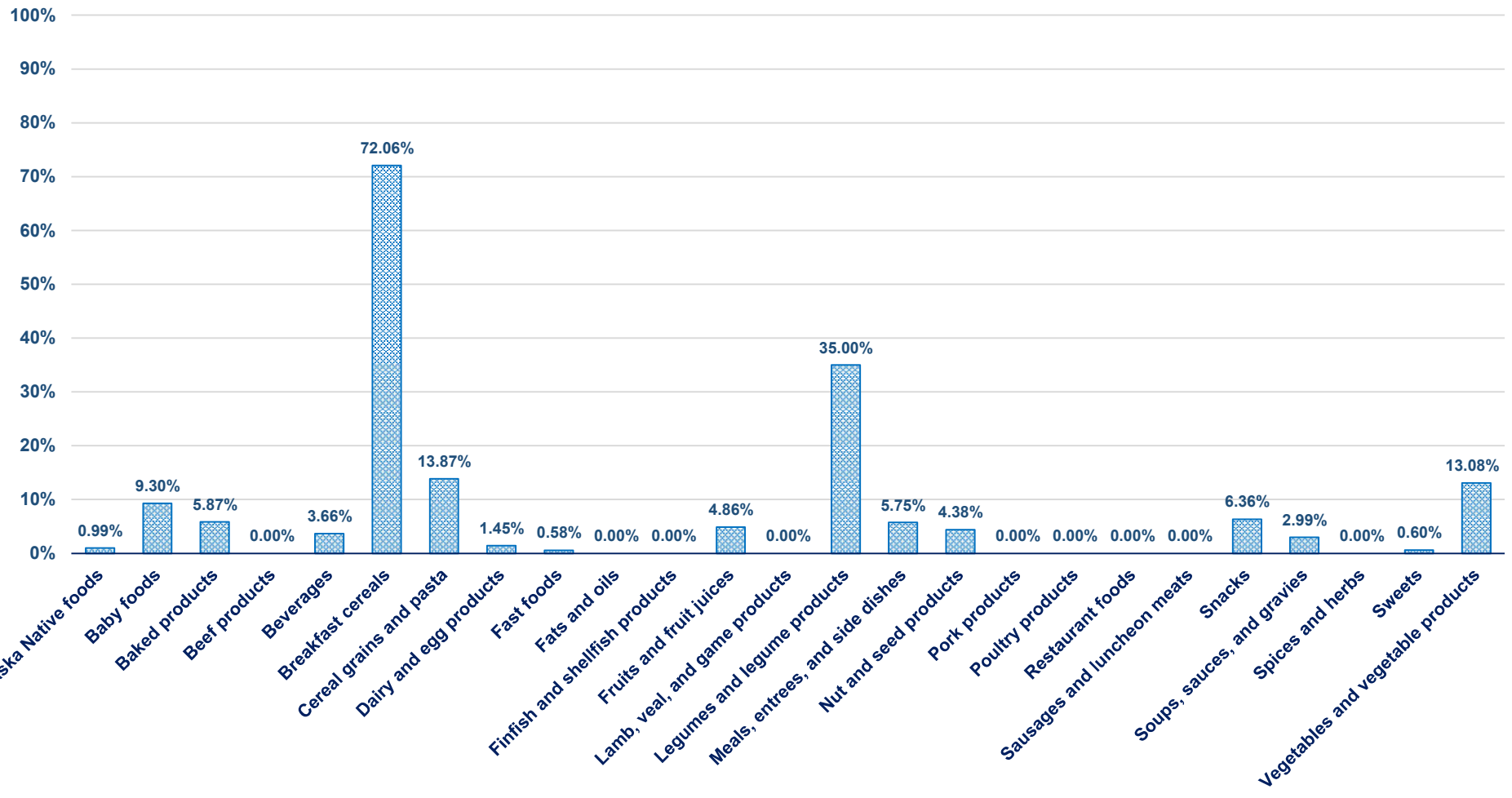


Cholesterol - Iron



Averages (%) of foods containing appropriate levels of cholesterol and iron (to limit cholesterol intake and to achieve adequate iron intake) based on the proposed method in food groups

References:

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