

# MUSIC IS GOOD FOR YOUR BRAIN!



Let's gather on — September 1st, 2019 — at 6 pm



at 65 Argonne Street — Newark — Delaware





# **THE TEMPORAL LOBE:**

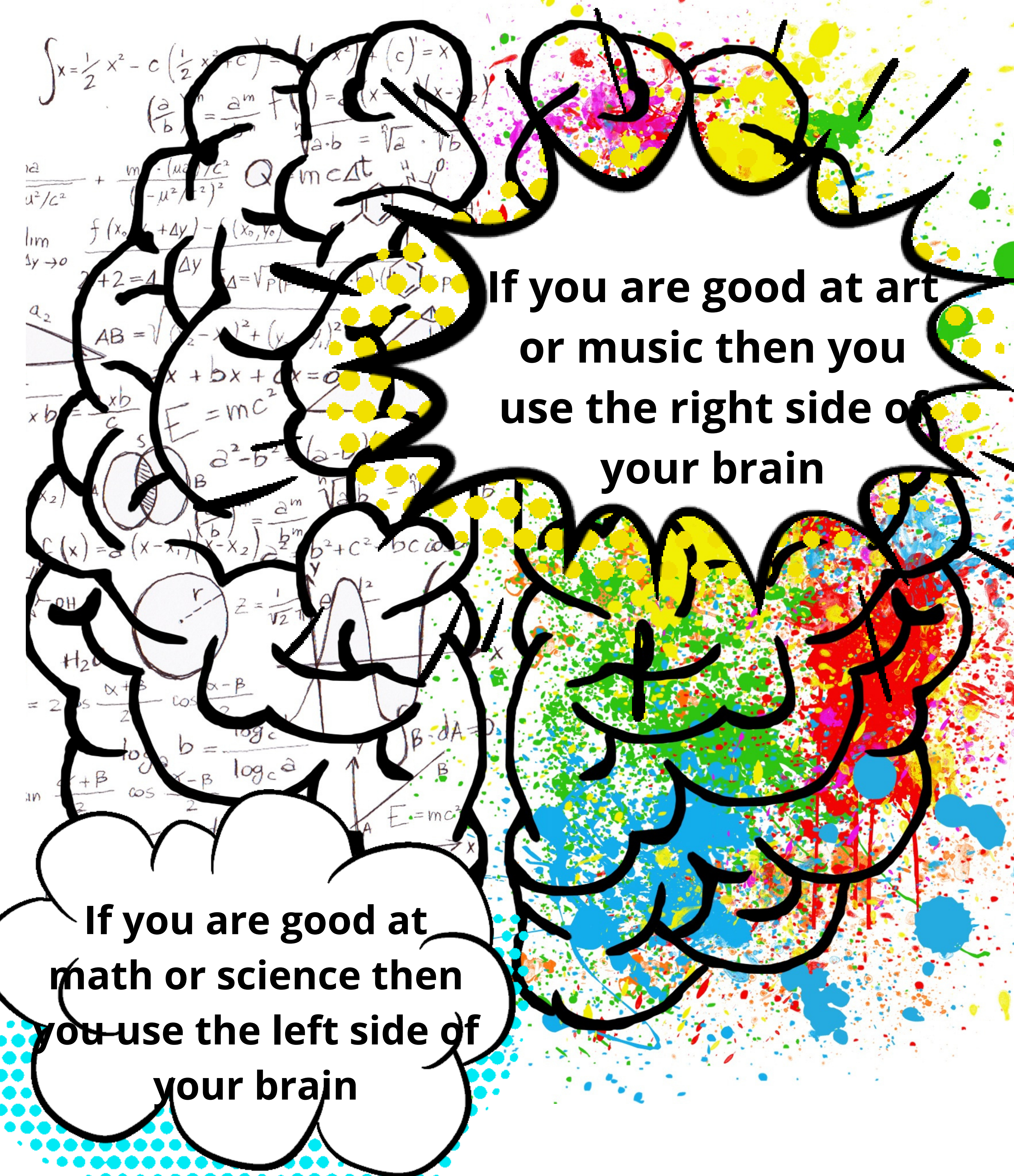
**This is the brains  
auditory and  
language center.  
This is where your  
brain process  
what your  
listening too**

**Here are  
things that  
music can  
help with:**

- **Reduce seizures**
- **Better communication**
- **Make you strong**
- **Boost your immune system**
- **Make you smart**



# LEFT & RIGHT



If you are good at art  
or music then you  
use the right side of  
your brain

If you are good at  
math or science then  
you use the left side of  
your brain

# **Citations:**

**Music, Rhythm And The Brain-  
Passion Jun, M.D, January 19,  
2021**

**<https://brainworldmagazine.com/music-rhythm-brain/>**

**Music on the Brain: What Happens When  
You're Listening to Music-**

**Kiminobu Sugaya , University of Central  
Florida**

**[https://www.ucf.edu/pegasus/your-brain-](https://www.ucf.edu/pegasus/your-brain-on-)  
[on-](https://www.ucf.edu/pegasus/your-brain-on-music/#:~:text=%E2%80%9CProfessional%20musicians%20use%20the%20occipital,t%20music%2C%E2%80%9D%20Sugaya%20says.)**

**music/#:~:text=%E2%80%9CProfessional%  
20musicians%20use%20the%20occipital,t  
o%20music%2C%E2%80%9D%20Sugaya%2  
0says.**