

俘虜情報局

奉天俘虜收容所

主要食糧給與實施概況表

板葦書類 VA 24<sup>25</sup>26<sup>27</sup>

本書類は局に保管してある書類の正確な報<sup>察</sup>である事を

証明す。

昭和三十一年一月三日

俘虜情報局事務官 横井孝治

二字訂正

(東京 4009)



3. 患者食特別調理

1. 重症患者の主治科に栄養管理係を呼び寄せ、考慮の特別調

理を実施す

2. 下痢患者に対して湯薬服用による脱水防止を目的として、煎出湯を飲用せし

昭和十八年三月三日 消化器科 湯薬服用による脱水防止を目的として、煎出湯を飲用せし

前月と同じ

昭和十八年四月十日 消化器科 健康常態に復せしむるため、健康状況より増給は四月十日以降取

止となり即ち

1. 主食増給(一人包米粉九〇克)の工場就労者限定す

2. 患者増給乃至特別調理は中止す但し(がんのしょうこ)給食

従来通り

昭和十八年五月十日 消化器科

患者食内就労状況並に野菜類の供給量、飲水は五月十日より

昭和十八年五月十日

昭和十八年五月十日

之ヲ復殆者カノ間継続ノ予定ナリ

2. 獸肉取得シ得ズ魚肉ノ取得亦稍ノ困難トナリタル為五月

十七日ヨリ鶏卵ヲ支給ス

昭和十八年七月

野菜類ハ甘藷、蓮、胡瓜、南瓜、茄子、蕃茄子、芋、多

種類ニ至リシモ魚肉類ハ前同ト大差ナリ冷凍物魚一週ニ

三百磅ヲ給シ得タルハミナリ

昭和十八年八月

獸肉ハ五月以降成豚不足中瘦流行ノ為入手皆乏ナリシモ本月

末片肉ニ至リテ入手以後計続キ入手可能ノ見込ナリ

野菜魚肉ノ類シテハ二月ト大差ヲ認メズ

昭和十八年九月

中旬以來牛肉ノ入手容易ニシテ四月以降分ニ對シテモ配給アリ依ラテ

魚類ハ(條)長リ申セリ

嗜好品(胡椒、カシ粉)及蕎麦等ヲ給養ス

昭和十八年一月一日付 昭和十八年一月一日付 昭和十八年一月一日付

昭和十八年一月一日付 昭和十八年一月一日付 昭和十八年一月一日付

依る人平均給与量ハ一四〇グラムトナシ

昭和十八年一月一日付 昭和十八年一月一日付 昭和十八年一月一日付

従来包米粉、粥、高粱、ハ粥又ハスープトシテ給養セシム所

糖及大豆ヲ夫々三〇グラム一六〇グラム減給スルトスラニ時々重曹ヲ給シ

色若粉、麵麩、高粱、珈琲(砂糖ナシ)等ニ調理セシメ物次第ノ計

約ニ計リ同時ニ調理ノ量調リ防シセリ

昭和十八年一月一日付 昭和十八年一月一日付 昭和十八年一月一日付

昭和十八年一月一日付 昭和十八年一月一日付 昭和十八年一月一日付

外リスルニ夕食献立ヲ通り実施ス

但シ林檎ヲ除キ平日減給ニ依ルモノニシテ増給ニ非ズ

志希ウ、煮豆、豚肉、野菜、はい、林檎はい、林檎、包米粉、麵麩、麵麩

昭一九、一

魚類ノ定量獲得概ネ確カトナリ以テ副食給養量一人  
一日平均左ノ如ク定メ本月アリ実施ス其総執量一〇九一カロリー  
ニシテ主食ト併セ三一九〇カロリーナリ

昭一九、二

獸肉 一日、魚肉 一七、 野菜 六〇、 大豆 一六、 其他

昭一九、三

副食総執量一三〇〇カロリー内外主食併セ三三〇〇カロリー以上ナリ

昭一九、四

俘虜ヲ包入組品中ヨリ設置シテラリ粉末スルコト固型スーパハ  
其ノ一部ヲ全員ニ對シ献立外ニ給養食ナリ

一包末粉ノ給養量ハ重労働ニ従事スルモノハ輕労働ニ  
従事スルモノ一〇〇グラム如ク調理分配セシム高濃心者ハ軍医  
士見テ聽キ平均一九〇グラムナリ

2. 四月九日復治部之際以小麦粉包米粉、野菜増配  
 3. 四月十六日休労日付晝食に戦用糧下乾麵麩ヲ給與  
 7. 高包米粉減食セリ

昭和一九、五

一人一日平均に給養食品目及量

小麦粉 170g (特粒30g) 五レ草 100g 砂糖 18g

包米粉 150g 獸肉 5g 高粱 100g (特粒大)

馬鈴薯 200g 大豆油 100g 大豆 180g

人参 50g 蕪心 100g 魚肉 21g

食塩 30g ヨース 100g 胡椒カレ粉唐辛子若干

全熱量 3397kcal

昭和一九、五 一人一日平均給養食料如左(單位克)

小麦粉 170g 包米粉 150g 高粱 100g

馬鈴薯 200g 大豆油 100g 大豆 180g

人参 50g 蕪心 100g 魚肉 21g

食塩 30g ヨース 100g

胡椒カレ粉唐辛子若干

全熱量 3397kcal

昭和一九、五 一人一日平均給養食料如左(單位克)

大豆 一八〇 野菜 七〇〇 獸肉 二〇〇

魚肉 一八〇 大豆油 二〇 他調味料 若干科

以上總溫量 三六七六カリ

高倉酢ノ給養ニ依リ調理ノ單調化ヲ防止ス

昭二九、七

一人一日平均給養食料ノ如シ(單位凡)

小麦粉 四〇〇 高粱 八〇 包米粉 一五〇 大豆 八〇

野菜 六〇〇 魚肉 二〇 獸肉 五 其ノ他

總溫量 三二七八カリ

昭二九、八

一日平均給養食料(單位凡)

小麦粉 四〇〇 包米粉 一九〇 高粱 八〇 野菜 五三七

牛肉 七 魚肉 一三 大豆 一八〇 調味品

右總溫量 三四六〇カリ



小麦粉 四〇〇 包米粉 一五〇 高粱 八〇 大豆 八〇 生野菜 七五

豆肉 一七 大豆油 一〇 其他 以上總熱量 五四三三卡路里

増貯 左ノ如ク實施セリ

1. 明治印 甘藷 パイン

2. 各派遣所苦勞御状況ニ應ジテ甘藷 パイン 馬鈴薯 甘藷 塩 麥

向食トシテ支給

昭和一九一〇

一人一日平均給食量(克)

小麦粉 四〇〇 高粱 八〇 包米粉 一五〇 大豆 八〇 野菜 七五

豆肉 一七 大豆油 一〇 砂糖 一五 其他

以上總熱量 五四三三 カロリ

十二月五日ヨリクリスマス増貯(本所) 甘藷 パイン 柿 檜 他ニ就テ

先着社ヨリ 豆肉

昭和一九一〇

月間一人一日平均給養食在ノ如シ(單位克)

小麦粉四〇〇。包米粉一五〇。高粱八〇。大豆一八〇。

生野菜七〇〇。獸魚肉一〇〇。大豆油一〇〇。其他砂糖一〇〇。

以上總熱量三五一七カロリー

増助在ノ如シ

正月元日 林橋一人一五〇克

取道所ノ旅ヲ就勞狀況ニ應ジ塩土豆油等若干増給シアリ

取二〇。一

月間一人一日平均給養食在ノ如シ(單位克)

小麦粉四〇〇。包米粉一五〇。高粱八〇。大豆一八〇。大豆油一〇〇。

生野菜七〇〇。獸魚肉一〇〇。其他砂糖一〇〇。以上總熱量三五一七カロリー

取二〇。一

月間一人一日平均給養食在ノ如シ(單位克)

小麦粉四〇〇。包米粉一五〇。高粱八〇。大豆一八〇。生野菜七〇〇。

大豆油 二〇、其他ワース 砂糖 以上総熱量 三四二二カロリー  
照二〇、四

麩 麩給養左ノ如ク二十五日夕食ヨリ実施ス

(1) 一箇ニ付小麦粉五〇名包米粉五〇名使用ス

(2) 一日勝枚文官三箇 下士官四箇 執務者二ハ一日一個増加ス

月間一人一日給養量(執務下士官兵)

小麦粉三七五包米粉一五名高粱八〇大豆五五 野菜五〇

大豆油二〇食塩三〇 砂糖一五 穀肉四魚肉七 以上総熱量  
三三二八カロリー

照二〇、五

月間一人一日給養量(執務下士官兵)

小麦粉二五〇名包米粉二五〇名高粱八〇名大豆一五〇名 野菜

一〇三八濃石子食酢〇一四以上総熱量三〇一〇カロリー

照二〇、六

月間三於54 糧食品給養日量在1如シ

主食食

将枝

芳粉

副食

小麦粉 五〇〇

包米粉 一五〇

高粱

八〇〇

大豆一〇〇名 砂糖一〇〇名 食塩三〇名 大豆油五〇名 ソーシウ四八名

獸肉四九名 魚肉五九名 赤一〇二草三七一名 白菜一三一名

甘日大根七七名 大根葱八四四一名 菜七八名 菜豆一九名 馬

給養一〇六七名 人養二八名

野菜類計五九〇三名トス

以上

第110日

大正五 110. 11月22日 陸軍省 陸軍省 陸軍省 陸軍省 陸軍省

2246

GENERAL CONDITION OF STAPLE FOOD RATIONS,  
~~IN~~ THE PRISONER OF WAR CAMP, MUKDEN.

Extracted from documents VA 24, 25, 26.

~~I certify, that this is an accurate extract of  
the document under custody of our bureau.~~

~~Jan. 21st. 1947. (Showa 22)~~

~~Secretary of the Prisoner of War Intelligence  
Bureau, YOKOI Koji. (seal)~~

Attachment 2

Jan. 1942. (Showa 18)

Finding that an increase in supply of protein and fat necessary, difficulties in obtaining them were overcome after much effort and supplies were provided as follows,

1. a. Either sardines, sillagos, or codfish.  
for the healthy men 100 grams per person every other day
- b. Sardines. For the invalided 100 grams per person every day
2. Soya beans. 25% increased, 125 grams per person per day

Feb. 1942 (Showa 18)

1. Observing the fixed rations according to the attachment no.1 of the Extraordinary Prisoner of War Control rule of the Kwantung Army, as well as the extra supplies according to remarks no.1 of the same rule utmost efforts were made for the improvement of health, conditions gradually improving.
2. Increase in the supply of subsidiary foods.  
Aiming at the decrease of diarrhoea patients, supply of fishmeat and pork were increased.
3. Special cooking for the patients.
  - a. Special cooking done for the 25 acute patients, with nutrition, digestion, and taste under consideration.
  - b. Geranium sieboldii supplied in stead of tea and water for diarrhoea patients.

Mar. 1942 ( Showa 18.)

Same as previous month.

Apr. 1942 (Showa 18)

Health conditions having returned to normal, increase of rations on this account stopped as from Apr. 11th. onwards, as

1. Increase of rations (maize flour 190 grams per person per day) limited to workshop labourers.
2. Extra rations and special cooking for patients stopped, but the supply of geranium sieboldii as before.

May 1942. (Showa 18. )

1. Labour conditions in the camp considered, as well as the shortage of vegetables especially that of potatoes, decides to revert to the old rations for the time being beginning from May 11th.

2. Eggs supplied from May 17th. as procurement of meat not being possible and fishmeat not easy.

Jul. 1942. (Showa 18.)

KABU-KANRAN,

Although various kinds of vegetables such as cabbages, cucumbers, pumpkins, egg plants, tomatoes, were supplied, there was not much difference in the supply of fishmeat as the previous month, being only able to supply cold storage pike two to three hundred grams a week.

Aug. 1942. (Showa 18.)

Owing to the shortage of full grown pigs, and an epidemic of disease among them, no meat were obtainable from May, but towards the end of this month, obtained 230 grams of beef, and regular supply in the future was expected. As regards fishmeat and vegetables not much difference to the previous month.

Sept. 1942. (Showa 18.)

From the middle of the month beef was easily obtained and rations from April onward were supplied. Therefore ended the supply of fishmeat. Flavorings (pepper, curry powder) and parsley supplied.

Oct. 1942. (Showa 18.)

Supply of maize flour altered to 180 grams for those working for the various Co. and 80 grams for the rest, bringing the average supply per person to a little over 140 grams.

Nov. 1942. (Showa 18.)

Up to now maize flour was made into porridge and kauliang into porridge or soup, but following the reduction of sugar and soya beans to 30 & 160 grams respectively, bi-carbonate soda was provided occasionally thereby making maize bread and kauliang coffee (without sugar), planning to save materials at the same time preventing the monotony of cooking.

Dec. 1942. (Showa 18.)

Sugar rations for normal days reduced to 15 grams beginning Dec. 5th. Christmas evening meal menu as follows, but with the exception of apples the arrangement was a reduction of normal day's supply and not an extra ration.

Stews, stewed beans, pork, vegetables, pies, apple pies, maize bread

and bread.

Jan. 1943. (Showa 19.)

Fixed rate of fish being obtainable almost regularly average supply of subsidiary food per person per day fixed as follows beginning this month. total calory being 1091 calories, totaling 3190 calories together with the staple food.

Meat 14, fish 17, vegetables 600 soya beans 160 etc.

Feb. 1943. (Showa 19.)

Total calories of subsidiary food around 1200 calories, over 3300 calories together with the staple food.

Mar. 1943. (Showa 19.)

A part of soup powder and solided soup found in parcels addressed to prisoners and kept in custody, was distributed among the whole prisoners beside the usual ration.

Apr. 1943. (Showa 19.)

Maize flour distribution 190 grams for those assigned hard labour and 100 grams for light labour. For patients by surgeon's opinion 190 grams average.

2. Apr. 9th. on Easter day extra wheat flour, maize flour, and vegetables supplied.

3. Apr. 16th., there being no labour, biscuits for field use given for lunch and ration of maize flour reduced.

May 1943. (Showa 19.)

Average supply per person per day,  
wheat flour 400g. (officers 300) maize flour 150, potatoes 200, carrots 50, salt 30, spinach 100, meat 5, soya oil 20, onions 100, sauce 10, sugar 18, kauliang 80 (officers 60) soya beans 180, fishmeat 21, pepper, curry powder, and chillies a little. Total calories 3397 calories.

Jun. 1943. (Showa 19.)

Supply per person per day as follows, (figures indicate grams)  
wheat flour 400 maize flour 155, kauliang 80 soya beans 180  
vegetables 600 meat 2 fishmeat 18 soya oil 20 and other seasonings.  
Total calories 3637 calories.

In order to prevent the monotony of cooking vinegar was supplied.



Jul. 1943. (Showa 19.)

Supplies per per person per day, (figures grams)

wheat flour 400, kauliang 80, maize flour 150, soya beans 80,  
vegetables 600, fishmeat 12, meat 5 etc., total calories 3278 calories.

Aug. 1943. (Showa 19.)

Supply per person per day, (figures grams)

wheat flour 400 maize flour 190, kauliang 80 vegetables 537, beef 7,  
fishmeat 13, soya beans 180, and seasonings. Total calories 3460  
calories. Maximum amount of maize flour provided as the whole member  
undertook duties, excepting patients.

Potatoes, cucumbers, and pumpkins made up the main vegetable supply,  
water melon and tomatoes supplied once each.

Sept. 1943. (Showa 19.)

Average supplies per person per day, (figures grams)

wheat flour 400, maize flour 150 kauliang 80, soya beans 180, fresh  
vegetables 550, sugar 18, soya oil 20, meat 20 sauce and other seasonings  
total calories 3425 calories.

Oct. 1943. (Showa 19.)

Average supplies per person per day as follows,

wheat flour 400 maize flour 150 kauliang 80 soya beans 180 vegetables  
580 meat 13 fishmeat 22 soya oil 20 and other seasonings, calory  
totaling 3425.

Extra rations as follows,

1. On Emperor Meiji's birthday, sweet potatoes and pineapples.
2. At the various detachment camps, sweet potatoe bread, potatoes,  
sweet potatoes, salt, etc. were supplied according to the prevailing  
labour conditions.

Dec. 1943. (Showa 19.)

Supply per person per day (in grams )

wheat flour 400 kauliang 80, maize flour 150 soya beans 180  
vegetables 630, meat and fishmeat 23, soya oil 20, sugar 13 etc.  
Total calories 3436 calories.

Jun. 1944. (Showa 20.)

Food supply during this month as follows,

a. Staple food,

	wheat flour	maize flour	kaoliang
Officers	150g.	150g.	60g.
Labourers	250g.	250g.	80g.

b. Subsidiary food,

soya beans 14lg. sugar 10g. salt 30g. soya oil 5.2g. sauce 4.8g.

meat 4.9g. fishmeat 5.6g. spinach 37.1g. HAKUSAI 127.1g. radish

77.6g. onions 144.1g. leek 7.8g. SAIMAME 1.9g. potatoes 166.7g.

carrots 28g. (total amount of vegetables 590.3)

\_\_\_\_\_ end \_\_\_\_\_