

The Body to Body Massage

The body to body massage is part of the erotic massages, proposed in the centres and massage parlours of East and West. It was developed and practiced in Greece, Brazil and India. The Indians used the interactive dance as a form of body to body massage.

The body to body massage is both a manual and body approach, which means that the massage is performed both with the hands and with the whole body. It is a vastly physical form of therapy, where the entire body aims to stimulate the customer.

Because it is an erotic massage, it requires the use of specific oils for manipulation. The therapist will rub her body against the body of the client, using the specific slippery massage oil.

The client is usually asked to strip partially naked and will be asked to cover his or her waist with a towel. The client can optionally choose to be totally naked.

The masseuse utilizes her female curves to create a variety of sensations. Hence, she will use her breasts, thighs, stomach, feet, calves and forearms with varying speed and pressure to stimulate every areas of the customer's body. During the massage session, she will try to guarantee maximum skin-to-skin contact. Depending on the customer, she may also use her hot breath on his or her skin, which adds to the erotic nature of this treatment.

The mixture of the friction of her body, the heat, the hot oil on your skin, the dim light and the music in the salon will make the customer feel transported in an erotic heaven.

Unlike other types of full body massage where the genitals and breasts are not touched, in body-to-body massage, that rule is not strict. On the other hand, the body-to-body massage does not involve sexual intercourse.

The body to body massage is practiced in a perfumed room, with a sifted light. A soft and sensual music invades the atmosphere of the room throughout the session. The customer plays alternately or simultaneously with their masseur. The gestures include caresses, pressures on certain areas of the body, and also the body to body contacts. The session lasts approximately one hour. The body to body massage is practiced in massage centres and salons, but also at home. It can be performed with people of the same or different sex, or in pairs.

The Effects of the Body to Body Massage

The body to body massage is a therapy which aims to remove fatigue and increase blood circulation in the body. It can refresh and uplift your mood and can assist to relieve pain by healing damaged tissues.

The main idea of a body to body massage is to achieve overall relaxation so that the customer achieves the restoration of the mind, body, and soul.

It has been demonstrated that the body to body massage has the capability to help you become conscious of your sensual energies and can help resurrect the lost libido.

Below you can identify some of the many benefits that you will enjoy after going for a body to body massage:

- Improved Blood Circulation
- Enhanced Libido
- Sleep Quality
- Improved Sexual Intimacy