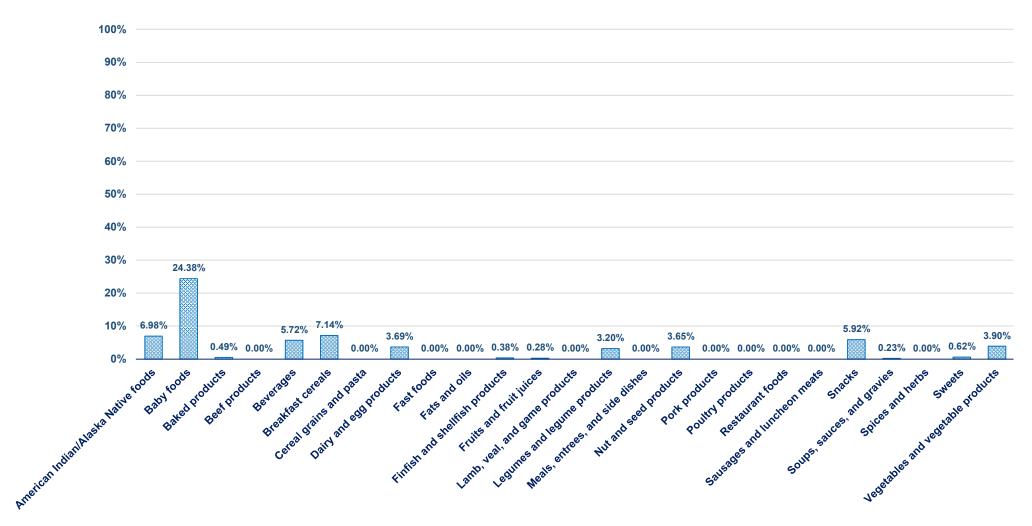
## Calcium - Magnesium



Averages (%) of foods containing appropriate levels of calcium and magnesium (to achieve adequate intakes of calcium and magnesium) based on the proposed method in food groups

## **References:**

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