

AUGUSTA MAINE

THE

AUGUST 1919

# AMERICAN WOMAN

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-Beryl Morse Greene-

This is waist pattern No. 2138 and comes in sizes 36 to 44 bust measure.

3 yards for a waist



Charming Seco Silk Waist  
Premium No. 1207

# Stylish Silks

and other

Accessories to

Milady's Wardrobe

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Given for

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Colors: Kelly Green, Brilliant Blue, Nell Rose, Black

No. 1743. In your mind's eye you can see this petticoat—it closely resembles the illustration. Of Novelty Fabric—Nimarily styled—Well Made—Carefully Finished and Perfectly Fitting. The fabric has a lustre like silk that will endure, and is of a texture to give it lasting worth. Take another look at the picture and note the perfectly smooth fit around the waist the ease of adjustment with patent snap-fasteners at back—an elastic inserted either side of the fasteners is a perfect boon. An absolutely smooth front, without a wrinkle, is in accord with the new fashion-developments in outer garments. A narrow seamed hand marks the joining of an accordion-plated flounce that is finished with a gathered ruffle to give the right flare, and an under or disc-ruffle is added for complete satisfaction. We recommend this one as a model that combines comfort, durability and daintiness with the irresistible "wear me" appeal to the woman of style-sense. It comes in sizes from 21 to 30 waist—measure and in the following colors: Kelly Green, Brilliant Blue, Nell rose, and Black. Be sure to mention size and color wanted.

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Mrs. M. M. HYNS, ENDS CHAIRMAN MONROE

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Chats with Our Readers

The Bluebird's Song

By Mary Archer Knapp

The bluebird trilling, where the woods rise dim Across the fields, is all the sound I hear; The evening silence falls as sunset fades;

In one still place (spring my heart always sees), This darkening twilight with the shadows deep, Languishing so softly on that quiet home,

MUSICAL and delightful is that little poem, and we all thank the author for sharing it with us...

YET she does not. There is the beauty of her code of life. When the will of her husband became public property...

cannot be killed. How can I bear the separation from my husband? Why, we are not separated. He is nearer to me to-day than he ever was in life...

TRULY it is a marvelous philosophy, yet so simple that he who runs may read and understand. In the realm of spirit there can be no separation...

RIGHT here we want to share with you one of the letters which help to make life so richly worth the living.

'God bless you, friend! I breathe a charm from my heart's night upon you; For how can sorrow bring you harm When 'tis God's way to bless you?'

So also did the verse for the day that was mortal of my dear one was laid away—February 21. I cannot express the help they were to me...

'Would you be wisest then learn to forget The fears and the worries, the doubts and regret, Be earnest, be watchful, be prayerful, be kind, And soon you'll rejoice in cares left behind.'

Still, just what I needed. I cannot live up to all this yet, but I believe in it with my heart. I have passed through more severe trials than the lot of many mortals...

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Hins That Have Been Found Helpful

Do enjoy our Homemaker department. I feel I believe in helping as well as to be helped. I am doing a few suggestions that I have found excellent. To keep tan shoes looking like new, wash them—especially the medley—with leather of Castle soap, taking care not to have too much water on the cloth—but only a wet cloth to go through; let dry, then polish as usual. This way you will be very well satisfied with the result. When you buy a pair of patent-leather shoes rub them with olive-oil or any sweet oil. This keeps the leather soft and therefore it does not crack. Frequent applications—about once in two weeks, or when the leather seems dry—will keep the shoes in good condition for a long while. Be careful not to put too much oil, but rub in thoroughly what you do put on. My shoe-salesman told me this, and has found it so great a help I want to pass it on that it may benefit other homemakers as well as myself. I find the tinest dishes, which may be purchased at a five-and-ten-cent store, very handy for washing "dishes." If I cannot find those I buy the wood washers, which are sometimes brass wood—the fine trimmings of steel or brass, formed into round or oval shapes for this purpose.

When bruise, if the iron scorches, rub the place with peroxide, wetting it well, from again and the scrub will vanish. This does only the surface, but the peroxide removes the color also from colored goods. Should a dress, apron or blouse of colored material be scorched, place it in the bright sunshine for a time. The burn is not so deep this will remove it.

I have found paraffine-oil the best furniture polish as it is so easily rubbed in. In regard to the dustless mop, I have two—one for the kitchen-oldest, the other for hardwood floors. Such a mop takes up that thick dust which is so hard to get off, and is per cent. better. My neighbor has had her kitchen-floor and oilcloth (which was of light color when new and had become badly worn) dyed a rich red color with a few drops of color for not showing dirt, and that now she isn't on her knees every day scrubbing. Her kitchen floor is like new. We varnish the oilcloth or linoleum with a few drops of two heavy coats of varnish. This preserves it, as the alkali in the soaps used to scrub it, have worn through.

Have any of you ever tried cooking apples and green—or partly ripe—tomatoes together? This makes a delicious preserve in a jar. Use firm berries and peaches like yours. Last fall I canned some in empty tin cans such as vegetable butters and syrups came in. I did that with green figs, and we are enjoying it this winter. I always utilize such cans in this way—in fact, any can that has a lid which can be pried off. This is the expense of rubber bands to make a lid, and the contents kept perfectly. To cook the tomatoes and apples just wash the tomatoes thoroughly, and cut in rather thick slices, without peeling. Wash the apples should be peeled, however, and quartered, cores removed. Use brown sugar for sweetening, and a little lemon juice. Cook in water and let a juicer form. Cook slowly several hours. We like this very much, as do others who have tasted it.

To keep the lovely fern which had two leaves when I started it. A doris told me to never water it from the top, as this washed the fertilizer away from the tender new fronds sprouting up and it was properly watered that way. I followed his instructions and will give them to help others. I take a pall of water, set the fern in a shallow tray, and place where the extra water can drain off, and take a white-broom and sprinkle the leaves green with water. The fern can be seen to improve after a shower and is properly watered, which I give twice a week. No other watering is necessary. In winter, temper it.

In reply to the appeal for a remedy for pimples and boils. I desire to state my father's experience. He had thirty-six boils or abscesses during his childhood. He was an old English lady told him to buy a tube of ordinary Venise turpentine, mix with flour or sugar to make into pills, and take one or two pills three or four times a day. They completely rid the kidneys of the poison. Pimples and boils are usually caused by the virus existing in the blood, and polluting the body, and it backs up into the blood, and can only throw itself out in a pimple; at least, so we are told nowadays. Plenty of

This department is devoted to the interests of women, especially the housewife. Anything that will lighten labor, brighten or make better the home and household, or help us each and all to lead truer lives, will be cordially welcomed. All readers of *The American Woman* will, it is hoped, give of their experience for the benefit of others, and also give their own. Send us your receipts, hints on the training and care of children, cultivation of flowers, etc., etc., letting what helps you help others. This is the homemakers' own department, and as such all are invited to contribute.

Address MRS. M. M. HYNES, Boston Highlands, Mass.

water should be taken, too, to flush the kidneys well. Needless to say, father was willing to try anything which promised relief from those painful fits, he took the turpentine, and had no more for two years. Then another started and he immediately took the turpentine again, with the result that the boil never came to a head and disappeared entirely. It is not expensive, and is surely worth trying.

For my baby I use a small-sized cotton pads about a foot square, and cut white oilcloth the same size to use under the cotton pads, the shiny side down. It is a perfect protector, and each roller and wash with the finish waxes off. By making them small I can tuck the pads up under baby's skirts, and under petticoats is never soiled. To remove dirt from the pads, I use a brush and use two applications of butter, letting it remain on for half an hour or so, and then use the turpentine. This doctor Southwick gave us a prescription for use on this in one of his recent articles. With other mothers I am greatly interested in anything pertaining to the care and proper bringing-up of the little folks.

Windsor, N. S. Mrs. C. R. Sanford.

Just a word of caution regarding the use of turpentine, more many women who cannot ever remain in a freshly painted room without serious or extremely unpleasant effects, and to take turpentine internally is just as dangerous. Turpentine is certainly not serve in any remedial way. It is always wise to get the advice of a competent physician before using anything, although it may be advertised as "harmless." It would not prove harmful, but rather beneficial, in some cases out of ten.)

Some Nebraska Ways

I HAVE been an interested reader of this department for a long, long time and have felt that you should all know a few ways of making light bread: It is fine. Soak two cakes yeast. At dinner-time boil your potatoes as usual, but drain the water, when they are cooked, into a crock in which have been placed two big cups of uncooked oatmeal. Stir and let stand till cool, then add the yeast-cake and a little more tepid water, mix stiff, using half teapoonful if desired, rub lard over the top and let rise, work down the, then make into six loaves, and when they are baked, rub lard over the top. Use this wax-read and I still make it even though "stern necessity" does not demand it.

There is perhaps one more way of Mrs. Geo. Grevious' how to exterminate cockroaches. It is said that the most effective way is to fumigate with sulphur or hydrocyanic acid, but powdered borax, mixed with a little sugar and four distilled fine on the shelves or forced by means of bellows into cracks and crevices, has been known to give rise to the same clean gasolene, perfectly harmless. Or, this powder may be spread on slightly moistened bread. While cooking, the borax will dry it myself, and it is claimed to be far superior to cockroach-powders that are widely advertised.

When you clean with gasolene, sisters, use it as you do with water. Carry the water to the hollowing-point, take it entirely away from fire or artificial light, pour your gasolene into a smaller vessel—bowl or pan, set it on the fire, and when the water has quite warm take out the vessel, put into the gasolene the garment which is to be cleaned, and let it stand for some time. Then into another vessel to use for rinsing, placing this in the hot water. Use a good, pure soap sparingly, and wash the garment as if with clean water. Then rinse in the gasolene and hang in the air. The garment will look like new.

I especially enjoyed the letter from One Boy's Mother about our small boys. They are different to manage, and one has to be very wise to manage them just right. It is a great deal of trouble to raise boys, but helpful along these very lines, or can be made so. Will not some of you older mothers who have successfully raised boys tell us

how you did it? Of course what will work like a charm in some cases, with certain dispositions, will not do so well in every case, but helpful suggestions and ideas cannot fail to accomplish a good purpose. I understand girls quite well, but with my little son I am sometimes puzzled to know just what is best to do and say.

A few ideas which may be helpful to other homemakers: Keep a little box of rubber bands in the drawer of the kitchen-table or some other convenient place. When you have a little of any food left over, such as gravy, canned salmon, sauces, etc., which you do not care to eat, dip a rubber band into two bowls, cups or glasses, cover with two or three pieces of tissue-paper held on by means of a rubber band. The food is thus kept from becoming rancid, and does not escape. For keeping your stove clean, instead of using a damp cloth or brush, have an oiled duster for the purpose; you can make one of a sponge, well moistened with a little oil. For a gas-stove, on which blacking is not used, there is nothing better than white wax. It is the best for the laundry-bags, etc. Keep a little paraffine (wax) in a small baking-powder can ready to use when you need it. It is the best mending any vessel in which old articles are to be kept.

Hot-water-baths are a sure and simple remedy for thinness. I, too, am thin, and shall be grateful for any assistance in overcoming this tendency. I would also like to correspond with you, if you live in or near Milford, Mass., or Bennington, Vt., preferably someone whose family settled there in the early days.

McGregor, Neb. Mrs. James Jessup.

In Fly-Tine

To banish flies from the kitchen, soak a piece of muslin in blue-paper, blue-black, encyclops-oil and oil of pennyroyal in equal quantities, and lay them out. It acts very quickly. Another way is to use oil of lavender. Dip a sponge in scalding water and pour it over a half teapoonful of oil of lavender. This will give off a very pleasant odor like violets, but is most obnoxious to flies. The sponge should be moistened again with boiling water as it dries out, say twice a day, and the oil of lavender renewed twice a week. If you do not have a fly-trap in the kitchen that deftly capture by means of fly-paper or other usual methods, lend a shovelful and sprinkle a spoonful of carbolic acid over the kitchen floor, and the undesired flies exterminating the flies effectually. Last summer we had the house painted, and during the process the flies were removed, the rooms became filled with flies. I dusted every room but one on the ground floor, the kitchen, and drove the flies all into that room by means of a flag, which was constructed at home by cutting newspapers in strips about fifteen inches long and an inch and a half wide, and trying them like a mop on the end of a broomstick. They were all swept up and moved from the kitchen everything movable that would be likely to be tarushed and put in a small shallow tin, closing doors and windows tightly. The candles should be placed in a shallow dish filled with water, in order to avoid possible damage by fire. In this tin the broomstick has the flag sticking up, and the room was quickly aered out. The sulphur also destroys germs of every kind, and leaves a clean, wholesome smell at the same time.

My husband has had a very interesting last-summer's straw hat over the candle, so that the fumes could get to it, and bleached it. I have a very nice hat, but I do not care. The smoke of sulphur is an excellent disinfectant, and the candles (or ordinary tapers) in a vessel of heavy tin or iron, with the hat on, will do the work in a few days. I have heard of other insets that trouble the home; the candles are most convenient, however, and but little more expensive than the sulphur in bulk.

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As the weather grows cooler, I have taken care of the following manner: Saw off the ends of the broomstick, and cut them in the right size, so that it will be tight, and on this fashion a tin can by driving a nail through the bottom into the wood. This is to be used as

a holder for a smaller can that will fit into it. In the latter, place a few spoonfuls of gasoline or turpentine, and hold the mouth of this to the ceiling over the fly, which will drop down. This method prevents spotting the floor, and does not require the use of "oil-swinging," and is a very humane way of getting rid of these pests. In this, as in the other cases, it is better to prevent than to cure. Prevention is worth a pound of cure," holds good. A few good words are as follows: See that there is no decaying vegetable-matter of any kind about the house. If you have no pig or hens to feed, see that all tobacco refuse is either burned or buried. Potato-peels, and other vegetable "leavings" may be readily made away with by placing on the top of the oven under the second covers of the range; they will be dry in a very short time and may be swept forward into the fire-trap. I prefer to bury such refuse, however, as I think it makes good fertilizer for my small garden-patch, and it is little work to dig a hole and turn the accumulation of a day or meal in, then cover it up. This is especially good around rhubarb-plants. Mine were all sick, and finally I began the practice last year, and they are now very thrifty. Your garbage-bucket, if you have one, should be kept carefully covered and emptied into the dust-heap. If you have a tight-fitting cover which I keep in a corner of the sink, burying the contents as suggested, when it is full, pour a little kerosene into the dust-heap. If you have a screen it as carefully as you do the horse. In fact, see that flies have no breeding-places, and so save a great deal of trouble later on. I have heard that a single fly will produce an incredible number of its kind in a short space of time—hence it behoves us to take care that this ability to multiply and reproduce! our homes with such pests is not allowed full scope.

Mrs. G. W. Baker.

Another Side of the Garden Question

I SHOULD like to tell M. E. L., of West Virginia, that my experience leads me to conclude that gardening does pay. I have not time to go into a long list of my disappointment may be in the part that she did not study her market first. She raised vegetables that are always plenty in Virginia, and that she had never raised in most of people now do not care for "sliced-down" cucumber pickles; they prefer the same, quickly made ones, sealed hot in jars, rather than pickles that are stored.

On this part of West Virginia I can sell green beans, beans and asparagus. Nearly every one in the State will buy them, and will raise these vegetables to any extent. There are many other vegetables I can sell if I can raise them, or have them ready for market, as a home and then they are not new, or novelties and if they are not new, I will add them to my list for next year. I am sure it pays, if only to have fresh vegetables for one's own use, and to grow to buy them. At the present time I am raising small fruits, also flowers, in addition to vegetables. If there is anything I can do for you, let me hear from you, and I will try to my children, this saving on the chicken feed bill and getting more eggs, so there is no loss.

I went into gardening before the war—to help me bear a cruel sorrow; and let me tell the sisters that are in the "Valley of Sorrow" that I have seen many a man and woman watching the wonders of what comes from them—to see that God's plan exists in a tiny seed a breath would blow away teaches us that nothing can be lost that is put away. His great universe. If I were to tell you of the wonders I have found out in the "Valley of Sorrow" you would think me a romantic. The little things that we do, as you know, and the vagaries of misfortune among them are very interesting to the most ordinary people. I have seen the most luxurious-looking watermelon raised in a garden because full of lumps as hard as the squashes that had been planted too near the water.

I have seen the most beautiful and vegetables from seed, is intensely fascinating work, and prolific of good results, since some of the very best varieties have come from the "men-folks" of our West.

That many of the "men-folks" read your department I have the best of good reason to know, and I want to have a little talk with you. I am married, and I am sure your wife spending money, dear sir? I was a

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## MADOLON

By MARY E. WILKINS FREEMAN

Author of "Pembroke," "A New England Nov," etc.

CHAPTER I  
THERE was a new snow over the village. Indeed, it had ceased to fall only at sunset, and it was now eight o'clock. It was heaped apparently with the lightness of foam on the windward sides of the roads, over the fences and the stone walls, and on the village roofs. Its weight was evident only on the branches of the evergreen-trees, which were bent low in their white shagreen, and had lost their upward spring.

There were evergreens—Norway pines, spruces, and hemlocks—bordering the road along which Burr Gordon was coming. Now and then he jostled a low-hanging bough and shook off its load of snow upon his shoulders. Then he walked nearer the middle of the street, tramping steadily through the new snow. This was an old road, but little used of late years, and the forest seemed to be moving upon it with the unnoted swiftness of a procession endless from the beginning of the world. In places the branches of the opposite pines stretched to each other, like white-draped arms across the road; and slender snow-laden saplings stood out in young crowds well in advance of the old trees. At times the road was no more than a cart-path through the forest, and it was not until he reached the Hautville place, and that was why Burr Gordon went that way.

Everything was very still. The new-fallen snow seemed to muffle silence itself, and to do away with that wide susceptibility to sound which affects one as forcibly as the crashing of cannon.

There was no whisper of life from the village, which lay a half mile back; no roll of wheels, or shout, or peal of bell. Burr Gordon kept on in utter silence until he came near the Hautville house. Then he began to hear music; the soothing sweetness of a soprano voice, the rich undertone of a bass, and the twang of stringed instruments.

When he came close to the house the low structure itself, overlaid with snow and with snow clinging to its gray-shingled sides like shreds of wool, seemed to vibrate and pulsate with music, and wax fairly sonorous with music, like an organ.

Burr Gordon stood still in the road as he listened. The constituents of the concert resolved themselves to his ear.

There was a wonderful soprano, a tenor, a bass, one sweet boy-voice, a bass-viol, and a violin. They were practising a fugue. The soprano rang out like the invitation of an angel:

"Come, my beloved, haste away,

Cut short the hours of thy delay,

above all the others—even the shrill boy-treble. Then it followed, with loudest and sweetest order, the bass in—

"Fly like a youthful hart or roe,

Over the hills where the spices grow."

The very breath of the spices of Arabia seemed borne into the young man's senses by that voice, to say in vision the blue tops of those detectable hills where the myrtle and cassia grew; he felt within him limbs the radiant impulse of the hart or roe. He stood with his head bent, listening, until the music ceased; the blue hills sank suddenly behind the sand of the past, and all the spectators withdrew away.

There was but a few minutes' interval; then there was a chorus—

"Strike the timbrel!"

Burr Gordon, listening, heard in that only the great soprano, and it was to him like the

voice of Miriam of old, summoning him to battle and glory.

But when that music ceased he did not wait any longer nor enter the house, but stole away silently. This time he traveled

However, when the two men drew near each other Burr kept well to his side of the road and strode on rapidly, hoping his cousin might not recognize him. But Lot, with a hoarse laugh and another cough, swerved after him and jostled him roughly.

"Can't cheat me, Burr Gordon," said he. "I don't want to cheat you," returned Burr, in a surly tone.

"You can't if you do. Set me down anywhere in the woods when there's a wind, and I'll tell you what the trees are if it's so dark you can't see a leaf, by the way the boughs blow. The maples strike out stiff like dead men's arms, and the elms lash like live snakes, and the pines stir all together like women. I can tell the trees, no matter how dark 'tis by the way they move, and I can

thrust of his elbow in his cousin's side. "Well," said Lot, "go if you want to, or go if you don't want to. That last is what you're doing, Burr Gordon."

"What do you mean by that?"

"You're going to see Dorothy Fair when you want to see Madelon Hautville, because you don't want to do what you want to. Well, go on. I'm going to see Madelon and hear her sing. I've given up trying to work against my own emotions. It's no use; when you think you've done it, you haven't. You never can get out of this one trap that you were born to except in your own looking-glass. Go and court Dorothy Fair, and in spite of yourself you'll kiss the other girl when you're kissing her. Well, I shan't cheat Madelon Hautville that way."

"You know—she will not—you know Madelon Hautville never—," stammered Burr Gordon, furiously.

Lot laughed again.

"You think she sets so much by you she'll never kiss me," said he. "Don't be too sure,

Burr. Nature's under it. Madelon Hautville's got her piece, like all the rest. There isn't a rose that's too good to take a bee in. Go do your own courting, and trust me to do mine. Courting is in our blood—I shan't disreace the family."

Burr Gordon went past his cousin with a smothered ejaculation. Lot laughed again, and tramped, coming away to the Hautville house. When he drew near the house the chorus within were still practising—"Strike the Timbrel." When he opened the door and entered, there was no cessation in the music, but suddenly the girl's voice seemed to gain new impulse and hurt itself in his face like a war-trumpet.

Burr Gordon kept on to Minister Jonathan Fair's great house in the village, next the tavern. There was a light in the north parlor, and he knew Dorothy was expecting him. He raised the knocker, and knew when it fell that a girl's heart within responded to it with a wild beat.

He waited until there was a heavy shuffle of feet in the hall and the door opened, and Minister Fair's black servant-woman stood there flaring a candle before his eyes.

"Who be you?" said she, in her rich drone, which had yet a twang of hostility in it.

Burr Gordon ignored her question.

"Is Miss Dorothy at home?" said he. "Yes, she's at home. I pose," muttered the woman, grudgingly. She distrusted this young man as a suitor for Dorothy. The girl's mother had long been dead, and this old dark woman, whose very thoughts seemed to the village people to move on barbarian pivots of their own, had a jealous guardianship of her which exceeded that of her father.

Now she flung up the doorway before Burr Gordon by her majestic, palpating gait, her great black face stiffened back with a look which he said that she had been born in Africa, and had been a princess in her own country; and, indeed, she bore herself like one now, and held up her orange-turbanned head as if it were crowned, and here her candle lit a flaming speck which brought out strange lines of color and flame from between her garments and the rows of beads on her black neck.

Burr Gordon made an impatient yet deferential nod to enter.

"I would like to see her a few minutes if she is at home," said he.

The woman muttered something which might have been in her native dialect, the words were so different from another language her thick tongue. Her small, sharp eyes



"Down on the floor below, Burr Gordon led the march with Dorothy Fair on his arm"

the main road, which intersected the old one at the Hautville house. The village lights shone before him all the way. He was half-way to the village when he met his cousin, Lot Gordon. He knew he was coming through the pale darkness of the night some time before he was actually in sight by his cough. Lot Gordon had had for years a sharp cough, which afflicted him particularly when he walked abroad in night air. It carried as far as the yelp of a dog; when Burr first heard it he stopped short, and looked irresolutely at the thicket beside the road. He had a half impulse to slide in there among the snowy bushes and hide until his cousin passed by. Then he shook his head angrily and kept on.

tell a Gordon by the swing of his shoulders, no matter how fat he slides by on the other side in the shadow. You don't set much by me, Burr, and I don't set any too much by you, but we've got to swing our shoulders one way, whether we will or no, because our fathers and our grandfather did before us. Good Lord! sen't men in leading-strings, no matter how high they kick!"

"I can't stand here in the snow talking," said Burr, and he tried to push past. But the other man stood before him with another laugh and cough.

"You aren't talking, Burr; I'm the one that's talking, and I've heard that you were worse to listen to. You'd better stand still, I tell you I'm going," said Burr, with a



# CINDERELLA'S YOUNGER SISTER

By E. M. JAMESON

"FELICITY is awfully pretty," said Josie, sitting up excitedly in her chair; "in fact," looking at her vis-à-vis as if in defiance of antagonistic duty,

"some people think she's lovely." "The little lady in black smiled faintly, and glanced at a photograph which stood upon the little table in the alcove, in a shabby frame of brown leather.

"From it she glanced at the little champion of Felicity's charms, and a tinge of color came upon her pale, clear-cut face. "She resembles you, perhaps, Josephine?" "Al!" exclaimed Josie, in a horrified tone that revealed honesty in every vibration.

"Why she's ever so pretty. Nobody thinks me pretty; not that I know of, at least," she said wistfully.

"The little lady patted her cheek. "It is not improbable that somebody should," she said, rising and looking again at the photograph. "You are very, very like your father."

"Josie's face cleared. "He was such a darling," she said, blinding away a tear; "and though Felicity and I thought him the dearest, handsomest father that ever was, mother said that to no one could by any possibility think him good-looking."

"The little lady winced, and for a long moment her eyes were held by those of the man in the portrait, a man with stalwart shoulders and a pair of kind, dark eyes that could, she knew, plead as wistfully for love and praise as ever Josie's did.

"My mother was a very beautiful woman," she said quietly. "Remember her a lovely girl, Felicity, pretty, like her." "I don't quite remember," said Josie thoughtfully. "Felicity has such pretty hair—brown, you know—that's something like gold when the sun shines; and her eyes are as blue as blue can be—dark-blue, but quite really, but when she's excited she gets such a pretty color, a kind of pink I can't describe somehow."

"She used to be very, very beautiful," said the little lady in black.

"How long ago that you know mother?" asked Josie. "Years and years ago; long before you and Felicity had been born," she replied, her visitor.

"And father?" asked Josie. "I knew your father long before," said the little lady. "He and I were boy and girl together."

"Her voice and face changed; and Josie looked into the fire.

"Somehow I can't imagine father a boy," she said, "but of course he must have been. He used some times to play with me, but he always looked tired. Felicity remembers him when he wasn't tired and his hair wasn't gray. We often talk of him, you see. Felicity says so that I don't know how much is Felicity's idea and how much is mine."

"It was evident that the child's whole memory was devoted to her father; and when the listener noticed the shallow nature of the mother she did not feel the surprise that an outsider might have experienced.

"And how do you and Felicity amuse yourselves all day?" asked the visitor.

"There isn't any amusement," said Josie, in a tone of mild exasperation, "except in the evenings when mother and I pretend we're going to parties and things, and plan what we'll wear. Of course, it's all just make-believe, but Felicity sometimes dresses up and pretends she's been to the ball, and tells me all about it. I ask her always if she was the belle, but she says that though she isn't exactly a wall—what do you call it?—oh, yes, a wallflower—there were dozens of prettier girls. Of course, I never believe her. And then Felicity says that she's been to a ball."

"Clothes? Oh, you mean a pretty frock and that? Well, so what do, dear, a great, great deal too much. But what do you do when Felicity is away? What is she away so long for?"

"She teaches music," said Josie with pride. "She sings beautifully, you know, and she sings me to sleep. But she gets better when she has some tea, and I've unlaced her shoes. She works so hard, and I won't be able to help her for ever so long. I

wish I could; but, you see, I'm only ten." Her listener glanced at the delicate, flushed face, at the thin hands. Josie was a leggy child, too tall for her years; but it was a lovable, delightful little fair, with dark eyes that won affection for her wherever she went.

"Well, you may do your share some day," said the little lady, "or perhaps there will be no need."

Josie shook her head. "There'll always be," she said, in her most elderly manner; "but Felicity and I plan that we'll work extra hard, so that some day we'll have a dear little cottage in the country, with a donkey and a dairy, and eggs and chickens and cabbages for our very own."

The listener smiled and rose. "Now that I have found you, you must come and see me some-

times. Josie, do you think Felicity would like to come to a ball. I am giving in a week or two?"

"Josie's eyes danced. "Like it? Why, she'd love it, of course. But I'm afraid she can't, thank you. She's nothing to go in, you see, not even an old dress, for she's never been to a ball in her life."

The little lady, moved by a swift impulse, stooped and kissed her.

"You are very like your father, Josephine. Perhaps the fairy godmother may send the frocks. Who knows? We shall see."

She gathered her furs closely around her as Josie opened the hall-door and let in some of the fog-laden atmosphere.

"Run in, child, and take care of that cough. You seem to have a bad cold."

"I've had it for ever so long," said Josie, cheerfully. "Is that your automobile? How nice it looks! Good-bye!"

The lamps of the automobile flashed dimly through the mist, and then disappeared, just as a girl ran up the steps of the house. Josie flung herself upon her sister.

"Why, how early you are, Felicity! I do wish you'd come one minute earlier. The fairy godmother's just driven off."

"The what?" asked Felicity, bestirring to ascend the stairs with flagging steps—"the what?"

But it was not until tea was made, and two crumpets were toasted, that Josie related the afternoon's adventures.

"A ball?" exclaimed Felicity, in longing tones—"a ball? Imagine, Josie! No make-believe this time; but a real ball, with a band and a well waxed floor! Why, sometimes I wish old Madame What's-her-name hadn't

years before Felicity's arrival. Of course, she was later than usual. The car had broken down and she had had to walk part of the way. But it was Friday night, and a whole holiday stretched before them. No more work or separation until Monday dawned.

The letter was opened at once, and they read it together.

"The fairy godmother!" said Josie, in an awestruck voice, her face radiant with pleasure.

But Felicity looked very thoughtful, half annoyed. The letter was kindness itself, and suggested that for old acquaintance sake Felicity would accept the frock and come to the ball, just to give pleasure to her father's oldest friend.

Josie sat down on a little chair, and surveyed Felicity anxiously. Devoted as they were, they did not always think alike, and she greatly feared that Felicity would not go to this real ball.

"I can't take the frock," said Felicity, presently, knitting her brows perplexedly. "After all, she's a complete stranger to me, and she did not take the trouble to look us up when—when father was here."

"She said she'd only just been able to find us," said Josie; "and you know London is such a huge place."

Felicity nodded abstractedly. There was justice in the statement.

Josie could bear the doubt no longer.

"Aren't you going to look at the frock?" she asked. "Do let's peek, anyway."

There was a quiver in her voice which Felicity realized.

"Oh, we must just see what it's like," she said. "You shall cut the string, Josie."

The cover was soon off, and from amid a multiplicity of tissue-paper wrappings Felicity shook out a soft mass of white-cotton draperies, with here and there a mysterious touch of silver.

Josie clasped her hands; speech was beyond her. Then she dove into the box. Tucked away in one corner were two little pairs of white satin shoes (no smaller than the other), a pair of silk stockings, a filmy undershirt of lace, and a rossamer handkerchief that Cinderella's fairy godmother could not have improvised upon.

"Dress up! do dress up!" pleaded Josie. "I should like to see someone in a real ball-dress, Go quickly."

"Would you rather help me, or have it all on once?" asked Felicity.

"All at once," said Josie. Presently there was a little, soft movement beside her, and she opened her eyes.

"This dazzling white, surely never be Felicity! Yet Felicity it was, with a color in her cheeks and a brightness in her eyes that had rarely been seen there before. Josie had always admired her sister, but until now, she had never realized how lovely she was. The slim, girlish figure in the foamy chiton gown was perfect—from the soft, puffed-up down to the toe of the white-satin slipper.

"Well?" asked Felicity, raising her neck to look in the dusky little mirror over the mantelpiece.

Josie sat up with parted lips, hands tightly clasped together.

"Clothes do make the girl," said presently. "O Felicity! must you take it off?"

"Well, I certainly cannot go to bed in it," said Felicity, with a little laugh. "I'm afraid to move in it. It's so lovely, much less sit down."

"She stood in the middle of the dingy little lodging-house room like a being from another sphere, and she looked a few steps away."

"You'll go to the ball," said Josie—"you must."

"Fareland for you night," said Felicity. "I think I must," exclaimed Felicity. "I want to thank you for stay a few days," said Josie; "that would be nice still. You must go, Felicity, just to please me. You can go on Friday night and then on Monday, and come back on Monday night. You can manage about the lessons for one day." She consulted the letter once more. "Look,



"She stood in the middle of the dingy little lodging-house room, like a being from another sphere."

# A Group of Alluring

By EVELYN M.

**A**LLURING, indeed, because, while not too much work is involved in the production of either of these pieces, all are attractive in the last degree. Scarcely a needleworker who sees them will fail to add at least one of each to her gift-box, even though she should not feel the need of them in her own stock of linens. One bright, busy homemaker recently remarked that when she has nothing else requiring pressing attention she gets out her latest centerpiece and sets a few stitches in it. "There is really nothing I more enjoy doing," she said. "It rests me and while I like to embroider in a general way, I particularly like to make centerpieces. There is rarely a time when I haven't one on hand, and if I do not happen to need it when it is finished, there could not be a more gift, you know, or me better appreciated."

I think most of us agree with her and so I offer no excuse for presenting some pieces which I consider especially attractive, and which have received the stamp of admiring approval from my normal friends who have seen them.

To begin the effort it is possible for a painstaking needleworker to produce by means of the simplest stitches is well illustrated by a handsome centerpiece entirely in solid work. The design itself is unusual, a graceful wreath or spray, without repetition, which extends very neatly around the twenty-two-inch circle, and surely affords charming examples of what has been aptly termed "the elegance of simplicity." There is no suggestion of "setness" about it, such as is sometimes given by the definite separate motif, the design is entirely unstudied and most pleasing. Seed-stitch, in rather heavy floss, is a feature of the work. The six-petaled flowers have the smaller half—

if such a definition is permissible—of each petal in well-padded satin-stitch, while the other portion is outlined with cording and filled in with seed-stitch. The oval center of the flower is worked in the same way, the dividing line in that, as in each petal, giving a little less than one half to each. This is true, also, of the long, slender leaves, straight and drooping. The broader, serrate leaves, have a little more than one half filled with seed-stitch, while the other edge is worked in long-and-short stitch and the leaflets which form the leaf-sprays are in padded satin-stitch, with the midrib, the stitches being taken entirely across at the tip, or from one-fourth to one third the length of the leaflet. The stems are in stem-stitch, or close outline, and the small, five-petaled flowerlets near the end of the curving spray are in gurgule relief or Venetian embroidery, so often described—although they may be done in padded satin-stitch, if preferred. To work them as in the model, take a long stitch across base of each petal, on one of these stitches make three close buttonhole-stitches for the first row, returning, make five stitches over three, in next row make seven stitches over five, do two rows without widening, in next row

narrow to five stitches, then to three, and catch the tip of petal at top of stamped outline. Make the other petals in same way, and fill the center of flowerlet with French knots.

The buttonholed edge of the centerpiece consists of triple scallops one small, one large and one small, and each large scallop has a tiny eyelid in the center, which adds to the general effect. The lace border may be omitted at pleasure, but will be liked if the centerpiece is to be used as a between-meal cloth; with this addition the piece is

nearly thirty inches in diameter. Any handsome handmade lace of desirable width may be used in place of the wove lace shown.

Another centerpiece in solid work, twenty-four inches in diameter when completed, also introduces seed-stitch, combining this in a most artistic way with satin-stitch, well padded. The leaves, filled in with seed-stitch, are outlined with cording—or very narrow satin-stitch; first run the stamped line accurately with short stitches and then overcast these with a second row, or make the second row like the first, having the stitches come between the first. Cover this padding with tiny stitches taken across, picking up very little of the material underneath. Seed-stitch may

and very pleasing designs in handmade laces—crocheted, knitted, tatted or netted; the thread should be suited to the fabric, and a rather simple pattern is better than an elaborate one, on the principle that a plain frame is selected to bring out the beauty of a handsome picture. Most straight laces, in crochet, may be properly curved by using a double instead of treble at the selvage edge.

There is always a place for the sixteen-inch centerpiece—and please remember that the sizes suggested are of the finished work, not the stamped linens, which measure two inches more. Two such pieces, either matching or unlike, serve to protect the sideboard quite as effectively as does the scarf so frequently used, and afford a pleasing change, while they are "just right" for the serving-table and for the small tables of different sizes to be found in every room in the house. A centerpiece intended to hold a dish of fruit is charmingly suited to such purpose. Graceful sprays of wild-carrot combine with grape-clusters and leaves to form the motif, irregular as to size and arrangement and which are connected by a circle of solid embroidery. The leaves are edged with long-and-short stitch, with overing of outline-stitch, the grapes are in heavily padded satin-stitch, as are the leaflets, while the tiny wild-carrot blossoms are represented by French knots.

The irregularity of the scalloped edge adds to the attractiveness of the piece, which cannot fail to please. Another centerpiece—thirteen inches, finished—is also a most pleasing one, the small occasional table which finds a useful place on the house. The design is of solid embroidery with an eyelet at center of each flower, just the touch needed to lend lightness to the general effect, while the edge is finished with scallops of uniform size.

The occasional dolly, too, serves a multitude of purposes. Used on the polished table of library or living-room, they prevent marring or scratching of the wood by the bombon-dish, flower-bowl or other articles of glass. They are used on the sideboard, and the mantel-shelf, in the china-closet—there is always and everywhere a place for the pretty dolly. One bright homemaker is fitting out her tea-table with "no two alike," and heartily wishes all her friends will remember her with a dolly at Christmas-time! Doubtless there are many like her, certainly such a

No. 206 A. Unusual and Artistic, Both in Design and Treatment

be called a distinguishing feature of genuine French embroidery—that is, the imported work which was so largely done in France before the great war, and will be again. It is not an obtrusive stitch, but gives always a certain delicacy of effect difficult to obtain by other means. The surface of the leaf or other form is simply powdered by tiny stitches made exactly after the manner of the ordinary back-stitch—that is, a short stitch backward on the upper side and a longer one forward, beneath. If a larger stitch or knot is wanted, take a second stitch close beside the first.

All other portions of the design are done in well-padded satin-stitch, and the wide scallops are plainly buttonholed. If it is desired to use the centerpiece on the dining-table between meals a lace border may be added, which would add to the attractiveness of the piece. Lace for this purpose need not be purchased. There are many suitable

No. 206 A. Perforated stamping-pattern 25 cents. Transfer-pattern 15 cents. Stamped on 24-inch white butcher-cloth, 50 cents. Floss to embroider, 28 cents extra.

No. 207 A. Perforated stamping-pattern 25 cents. Transfer-pattern 10 cents. Stamped on 18-inch white bu.cher-cloth, 25 cents. Floss to embroider, 21 cents extra.

No. 208 A. Perforated stamping-pattern 20 cents. Transfer-pattern 10 cents. Stamped on 15-inch white bu.cher-cloth, 20 cents. Floss to embroider, 20 cents extra.

No. 209 A. Perforated stamping-pattern 15 cents. Transfer-pattern 10 cents. Stamped on 12-inch white bu.cher-cloth, 10 cents. Floss to embroider, 7 cents extra.

No. 210 A. Perforated stamping-pattern 25 cents. Transfer-pattern, 15 cents. Stamped on 27-inch white bu.cher-cloth, 40 cents. Floss to embroider, 28 cents extra.

No. 211 A. Perforated stamping-pattern, 25 cents. Transfer-pattern, 15 cents. Stamped on 36-inch white butcher-cloth, 75 cents. Floss to embroider, 36 cents extra.

In order to make the needlework pages of special interest and value to every member of THE AMERICAN WOMAN'S large household, the editor asks the hearty cooperation of all. Every variety of needlework will be represented from month to month. If you have an original or especially desirable lace-pattern or bit of practical needlework, please share it with others by sending it to THE NEEDLEWORKER. Address all communications for this department to

EMMA C. MORROE,

Care The American Woman, Augusta, Maine



# and Charming Centerpieces

## SOUTHEND

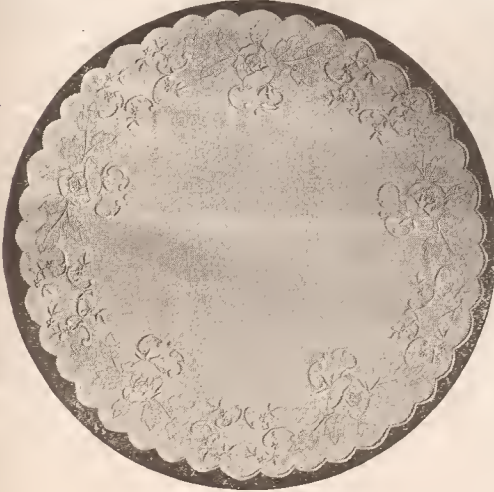
### Needlepoints



No. 207 A. Just the Place To Hold a Fruit Dish

gift will never come amiss. The dolly illustrated is worked almost entirely in padded satin-stitch, with an eyelet for each flower-center, and tipping each of three radiating stems at the edge. This is one of many designs which may be so changed by diversities of application as to be scarcely recognizable. For example, if the daisy-petals were to be eyeleted, with a solid dot at center the effect would be entirely different. As worked, the dolly is heavier in appearance, yet very attractive.

A handsome tea-cloth or large square centerpiece, has come to be considered an essential part of every well-equipped linen-closet, and the one illustrated is distinctive as to design, and well-balanced in its combination of solid and eyelet work. Elaborate in effect, there is yet not so much time and labor involved as in many another much smaller piece, as close inspection of the worked design will disclose. The treatment is bold and all the more pleasing because so unusual. A large five-petaled flower occupies the center of the corner, outlined with padded satin-stitch, with a circle of eyelets for the center and a line of eyelets, three in number, across the top of each petal. The large leaves are outlined in the same manner the lines of veining being terminated with a single large eyelet while the outlining of smaller leaves sprays and other sections with eyelets gives lightness and grace to a design that, worked solidly throughout, might be rather heavy. The work is connected at each side by a single eyelet, which makes the design continuous. The edge is finished with wide, shallow scallops, each consisting of several tiny ones. The piece is nearly one yard square, and makes a lovely between-meal cloth for a large square dining-table.



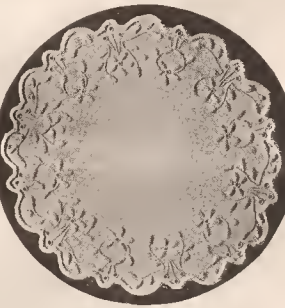
No. 210 A. Seed-Stitch is a Feature Here, Also

**FLOSSIE** Ellrick, Illinois.—Work back from \* in the directions reversed to, means that you are to start at the \* and work backward or reverse the directions, thus: Chain 4, a double treble under 3 chain, chain 4, 4 trebles, 4 spaces. Space is saved by this method.

**MRS. B. H.** Washington, Maine—Send to The American Woman Augusta, Maine giving the number of the stamped article wanted, and enclosing the price stated in the paper. You will be able to obtain pieces illustrated at any time, as the designs are kept from month to month. Will other friends who have made similar inquiries in regard to stamped goods, transfer patterns or perforated patterns, kindly note this reply?

**E. H.** Tennessee.—Samples are always returned if request that this be done is made at time of sending, and postage enclosed for the purpose. If used for illustration, the pieces are returned free of charge, the stamps enclosed for return being refunded.

**M. B. W.** Alabama.—The very best way to provide any of the "motto" laces is by means of different alphabets in cross-stitch, which may be worked out in filet-crochet. These alphabets, small and large, are used in making motto pillows, the design for which, arranged to the fancy of the worker, may first be marked off on checked paper and copied from that.



No. 209 A. The Occasional Dolly Serves a Multitude of Uses

**L. C. E.** Indiana.—Tatting is as easily made with two colors as with one. If you wish the rings of color, wind the shuttle with the colored thread, if the chains, use color for the second or spool-thread, and work as usual. Modern tatting, so called, has only the picots required for joining the different parts—or very few more than required for this purpose. I shall be very glad, indeed, of the pretty designs you offer—always if they have not previously appeared. And I certainly appreciate your kind wishes for our needlework department, and am glad to know it is such a help and pleasure to you.

**ELLA B.** Ohio.—The size and number of dollies required for a "set" depend on what the set is to be used for. A luncheon or breakfast set for the table usually has three sizes of dollies, that for the service-plate measuring ten or twelve inches in diam-



No. 208 A. A Delicate Cover for the Small Table

ter for the bread-and-butter plate six or seven inches, and for the cup or tumbler four to five inches—these in addition to the centerpiece, twenty-two to twenty-four inches. There is a decided fancy just now for the "three-in-one" set so called because the dolly is of one size, oblong, twelve by eighteen inches, and takes plates and cup. The centerpiece of such a set is eighteen inches square.

### Requests

I WISH to obtain a pattern in filet-crochet representing two doves on a stand surrounded by a wreath of roses and leaves to be used as a centerpiece.—*Mrs. Jennie Duly, Michigan.*

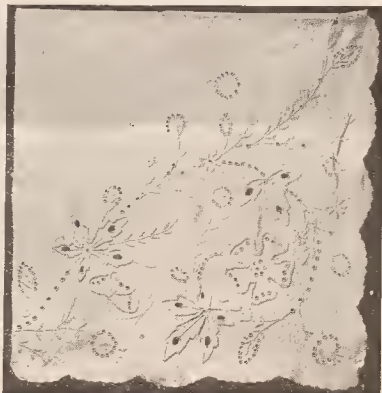
WILL some contributor kindly send a crocheted star-centerpiece with directions for making?—*A Subscriber, Pennsylvania.*

I SHOULD very much like to make a ratted border of heavy thread, suitable for trimming pillow-slips also a yoke of line thread for a camisole. Will some one who has such a design kindly send it?—*Trena Stafford, North Carolina.*

I WISH some new and pretty crochet-designs for dresser-scarfs, pillow-slips, yokes, dollies, collars, and so on, and am depending on The American Woman's needle-workers to furnish them.—*Miss J. K., Mississippi.*

OUR department is certainly "the best ever" Will not some contributor send a bonnet for baby with yoke and sleeves, also little slippers to match? Should like them in filet-crochet or tatting—or both, if not asking too much, as I have two little ones, twins, to provide dainty things for.—*Mrs. B. D. G., Maine.*

I AM looking for pretty laces and insertions, different width, for trimmings. Would like some with corners turned, for curtains and tea-cloths or table-covers, also corners for napkins and tray-covers. I am filling my "hope-chest" with my own handiwork. I prefer filet-crochet, but any new and pretty designs will be very acceptable.—*Miss E. G., New Hampshire.*



No. 211 A. Showing a Well-Balanced and Distinctive Design

# An Attractive Sweater in Filet Crochet

By MRS. EDNA WEEKS

**M**ATERIALS required are 14 ounces of knitting-yarn, any desired color, pearl buttons, four for the front, and four to attach the sash at the back, and a hook that will carry the yarn smoothly, and give firm, even work. Beginning the neck, make a chain of 168 stitches, four.

1. Miss 3, a treble in each of 163 stitches, turn.  
2. Chain 5, miss 2, 1 treble (for 1st space), 54 more stitches of chain 2, miss 2, 1 treble, turn.  
3. One space, 16 trebles, (3 spaces, 16 trebles) 6 times, 1 space, turn.

4. (One space, 4 trebles, 3 spaces, 4 trebles, 1 space, 4 trebles) 6 times, 1 space, 4 trebles, 3 spaces, 4 trebles, 1 space, 4 trebles, 3 spaces) 6 times, (4 trebles, 1 space) 3 times, turn.

5. One space, (4 trebles, 1 space, 4 trebles, 1 space, 4 trebles, 3 spaces) 6 times, (4 trebles, 1 space) 3 times, turn.  
6. One space, 4 trebles, (3 spaces, 16 trebles) 6 times, 3 spaces, 4 trebles, 1 space, turn.  
7, 8, 9, 10. Fifty-five spaces.

11 to 18. Like 3d to 10th row. This completes the border.

19. Two spaces, (4 trebles, 1 space, 4 trebles, 5 spaces) 6 times, 4 trebles, 1 space, 4 trebles, 2 spaces, turn.  
20. Three spaces, 4 trebles, (7 spaces, 4 trebles) 6 times, 3 spaces, turn.

21. Like 19th.  
22 to 26. All spaces.

27. Six spaces, (4 trebles, 1 space, 4 trebles, 5 spaces) 6 times, 4 trebles, 1 space, 4 trebles, 6 spaces, turn.  
28. Seven spaces, (4 trebles, 7 spaces) 6 times, turn.  
29. Like 27th row.

30 to 34. All spaces.  
Repeat from 19th row until you have completed the 53d row which will be like the 21st.

35, 55, 56. All spaces.  
37. Chain 6, a treble in last treble made, to widen a space, 55 spaces, chain 2, a double treble in same stitch with last treble, to widen, turn.

38. Fifty-seven spaces.  
39. Widen 7 spaces, and continue like 27th row, ending with 7 spaces, widen. This adds 4 spaces to the width of back, sloping the underarm.

60. Nine spaces, and continue like 28th row, ending with 9 spaces, then for the sleeve make a chain of 100 stitches, turn.

61. Thirty-four spaces on chain, 8 spaces, and continue like 27th row, ending with 8 spaces. For the other sleeve you may also take a length of yarn, fasten in the same stitch with last treble and make a chain of 102 stitches, then continue the row with 34 spaces on chain; or, additional spaces for sleeve may be made thus: After completing the 8 spaces, chain 5, a treble in same stitch with last treble, \* turn, chain 5, treble in 3d of 5 chain, and repeat.

62 to 66. All spaces. At end of each row make a double instead of treble to draw the sleeve in at the cuff.  
67 to 74. Like 27th to 34th, only with more repeats of the pattern.

75, 76, 77. Like 19th, 20th and 21st rows.  
78, 79, 80. All spaces.

81, 82. Fifty-seven spaces.  
83, 84, 86. Same as 27th, 28th and 29th.

Continue with the pattern, alternating the "stars," and widening 1 space at the end of every row at the neck (not at the beginning of return row from the neck), until you have completed 20 rows, which finishes the sleeve. Leave 34 spaces for sleeves. Work back and forth across the front, widening as directed, until you have added 14 spaces in all, increase 2 spaces under the arm as in the back, then work the front straight, with 4 trebles at the edge of each row toward front, and finish with the border to match the back.

Do the other front in same way, leaving 13 spaces for back of neck, sew up the sleeves and underarm seams, matching the spaces neatly.

For the cuffs: Fasten yarn at end of seam, chain 3, for a treble, work around the edge of sleeve with a treble in each space, join to top of 3 chain.

1. Chain 5, 16 spaces, join to 3d of 5 chain.  
2. One space, 4 trebles, 3 spaces, 16 trebles, 3 spaces, 4 trebles, 2 spaces, join. Begin each row with 5 chain for 1st space, and join last 2 chain to 3d of 5 chain for last space of row.

4. (One space, 4 trebles) 3 times, 3 spaces, 4 trebles, (1 space, 4 trebles) twice, 2 spaces, join.  
5. One space, 4 trebles, 3 spaces, 4 trebles, (1 space, 4 trebles) twice, 3 spaces, 4 trebles, 2 spaces, join.

6. One space, 16 trebles, 3 spaces, 16 trebles, 2 spaces, join.  
7, 9. Sixteen spaces.

8, 10. Chain 3, a treble in each stitch all around, join; fasten off.

For the Collar: Chain 120 stitches, turn.  
1. Miss 3, a treble in each stitch of chain, turn.  
2. Edge (of chain 3, 3 trebles in 3 trebles), 37 spaces; edge (of 4 trebles).

3. Edge: 4 spaces, 16 trebles, (3 spaces, 16 trebles) 3 times, 4 spaces; edge.

4. Edge: 4 spaces, \* 4 trebles, 3 spaces, 4 trebles, 1 space) twice, repeat from \* twice, 4 trebles, 3 spaces, 4 trebles, 4 spaces; edge.

5. Edge: 4 spaces, \* (4 trebles, 1 space) twice, 4 trebles, 3 spaces, repeat from \* twice, (4 trebles, 1 space) twice, 4 trebles, 4 spaces; edge.

6. Edge: 4 spaces, 4 trebles, (3 spaces, 16



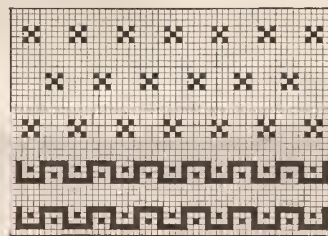
An Attractive Sweater in Filet-Crochet

(trebles) 3 times, 3 spaces, 4 trebles, 4 spaces; edge: 7 to 22. Like 2d row.  
24, 26. Edge: 13 spaces, turn.



Detail of Collar

25, 27. Thirteen spaces; edge.  
28. Edge: 12 spaces, a double treble in next treble to narrow a space, turn.  
29. Twelve spaces; edge.



Detail of Border and All-over Pattern

## Terms Used in Crocheting

Ch, chain; a straight series of loops, each drawn with the hook through the one preceding it. Sc, single crochet; hook through work, thread over and draw through work and stitch on hook at same time. Dc, double crochet; hook through work, thread over and draw through, over, and draw through two stitches on hook. Tr, treble crochet; over, draw thread through work, over, draw through two stitches on hook, over, and draw through remaining two. Stc, short treble crochet; like double treble, save that the thread is drawn through the three stitches at once. Dtr, double treble crochet; thread over twice before insertion of hook in work, then proceed as in treble crochet. P, picot; a loop of chain joined by catching in first stitch of chain.

Continue in this way, narrowing or leaving off a space at the end of every row, toward the neck, until you have decreased to the 4 trebles, or point of collar in front. Leave 13 spaces for back of neck, make the other front to correspond, and sew in place. For the sash: Make a chain of 25 stitches, turn.

1. Miss 3, a treble in each stitch of chain, turn.  
2. Edge: 5 spaces; edge.  
Repeat 2d row until the sash is as long as desired, say two yards; finish with the row of work with the buttons. Bind buttons 15 spaces from the side seam on the back, one button 3 spaces above the other, at the waistline; sew two more buttons to correspond, 15 spaces from the other side, and button the sash to these by slipping them through 1st and 5th spaces.

## The Needleworkers' Exchange

**W**HEN you wish to make several wheels or small designs of tatting, using two threads, wind your shuttle and measure off two or three yards from the spool, marking it by tying around it a bit of thread or making a tiny knot. When you have completed one wheel or medallion, measure the thread you have left and subtract it from the amount first measured, and you will know just how much it takes to make one wheel. You can then unwind the amount from your shuttle, and thus do away to great extent with the much dreaded tying of threads and working in the ends.—Mrs. J. F. F., Iowa.

To finish eyelids neatly, leave the last three stitches loose enough so you can run your needle back through them; tighten each stitch in turn and you will have an eyelid that will not pull out even though the thread is cut close. This is the very best method I have found, so I pass it on.—Mrs. H. B. Harrington, Maine.

ONE of our members asked patterns for embroideries or darns Brussels net. Let me suggest to her that any pattern in cross-stitch or filet-crochet which has a size of small flowers or leaves will serve nicely for curtains and may be copied in darning. A simple border with space between in which may be worked stars or other figures is also very pretty.—A. L. S., New Hampshire.

I HAVE noticed many suggestions in regard to the making of buttonholes that will not tear out, but have found none so good as my own way. Simply insert a strong piece of cloth, linen preferred, about an inch long and as wide as the band, in the end or ends where the buttonholes are to be worked. This should be sewn in with the band and then turned, making it entirely invisible. Mothers of little ones will find it invaluable for the bands of drawers. Beds of dressings-sacks, aprons, etc., are made stronger by this method, the buttonholes outlasting the garment in every case.—Mrs. C. W. W., New York.

HOME-DRESSMAKERS will find a pattern pocket a great convenience. Take a strip of plain cloth, of the required length, and make it up as many pockets as there are members of the family. Outline an initial on each pocket and hang in a convenient place, near your sewing-table. Much time will be saved in searching for any particular pattern.—Mrs. M. B. N., Illinois.

WHEN you have occasion to darn any garment or article in which you want the work to show as little as possible, try using a thread from the material itself, or a ravelling, instead of ordinary thread. A double-line raveling is usually stronger and can be used double, if desired. The stitches will be practically invisible. Try this plan and see if you do not receive many compliments on your darning.—Eta Hutchinson, Massachusetts.

## Give-and-Take Club

I SHOULD like to make a luncheon-set with covers in grape-and-leaf or vintage pattern, the doilies to be oblong, and centerpiece square, with a motif for the napkins matching the covers. Will some one kindly send it?—Alice M. Billings, Meind.

I WISH to knit a bedspread, and have a small square of a pattern I like, with no directions. Four of these joined make a block about five inches square, with four leaves coming together in a cluster at center. The leaf and the plain square each form one half the tiny square, diagonally, and the other half consists of ribs, probably three rows plain and three purled. Can any one send me this pattern? I shall be very grateful for the favor.—Mrs. Albert Pierce, Jr., Greenough, N. Y.

If Mrs. W. D. Church, Montana, will write me I shall be glad to loan her directions and illustration for the pillow-cover asked for. I should gladly send it for publication if you wish to use the time to make the sample. Perhaps Mrs. W. D. C. will loan her cover after completing it.—Mrs. E. J. Nedau, Box 344, Franklin, N. H.

I WAS very much pleased with the Odd-fellow pillow-cover in December, and wish very much to obtain a Masonic pillow of the same style. Will some one kindly send it?—Mrs. J. R. S., Bluford, Ill.

# The Picnic Basket

By MARY HARROD NORTEND

In preparing a basket for a picnic, great care should be taken that plenty of nourishing food is selected, to fill the smallest possible space, and that there is not an undue proportion of sweets. People, as a rule, make the great mistake of filling the picnic basket with confectioneries instead of substantial edibles, for it is an essential feature to have something that will stand by you during the day's outing, when the appetite is keen through life in the open.

One of the things to be taken into consideration, in addition to the food, is the leaving out of weight, and carrying, as far as possible, things that can be buried or thrown away afterward, such as paper plates, napkins, and sanitary cups. These can all be stowed away in small spaces, leaving plenty of room for substantial foods, and can be destroyed after using.

Out of the most appetizing fillings for sandwiches is cottage cheese. It is not necessary to have cream milk for its making, for skimmed milk will answer for the purpose as well, but the addition of a little butter or cream when near completion gives it more flavor.

posite arm, and tying the sweater by the sleeves.

## Cucumber Sandwiches

PAIRE and slice cucumbers, stand in cold water for one hour, spread the dressing

placed on lettuce-leaves, and put between slices of bread.

## Olive Sandwiches

BETWEEN thin slices of buttered bread place a layer of Neufchatel cheese, mixed to a paste with equal quantities of cream and salad-dressing, and cover thickly with chopped olives.

## Chicken or Ham Sandwiches

1 lb. butter, mixed chicken or ham, little mustard

TAKE butter, and rub into it a little mustard, and add chicken or ham.

## Mayonnaise Dressing

yolk hard-boiled egg 1 raw egg  
oil lemon-juice pepper

HAVE all ingredients and utensils child. Put yolk of hard-boiled egg and raw one carefully freed from white in a bowl. Add salt and oil, and until yolks are well mixed, add oil, drop by drop, constantly stirring in same direction, adding drop of vinegar, as it is needed, that is, when the emulsion looks oily. As the mixture becomes thick, the oil may be added faster, stirring, not beating, adding acid enough only to keep the dressing from separating. Season with pepper and lemon-juice, and add teaspoonful ice-water.

## Pastry Rounds

2 cups flour 4 teaspoonful salt  
1 cup ice-water 1 cup shortening  
2 oz. butter

SIFT flour with salt, and cut in with knife, the shortening. Mix with ice-water into stiff dough. Roll out and spread with one ounce of butter, fold and add a second ounce, same way, making one half cup of shortening in all.

Keep cool as possible. Roll out flat, and cut in rounds, spread lower layer with raspberry jam, and cut three bores with apple-corer in top layer, which lies over lower. Bake in quick oven.

## Oatmeal Cookies

1 cup sugar 1 cup butter  
2 eggs 2 cups flour  
1 teaspoonful soda 1 level teaspoonful  
1 cup chopped baking-powder  
1/2 cup raisins 1 teaspoonful cin-  
2 cups oatmeal namon

STR sugar and butter to a cream, add eggs and flour. Dissolve soda in a little hot water then add with baking-powder. Next add chopped raisins, cinnamon, and oatmeal. Mixture will be very thick, drop from end of spoon and bake in moderate oven. Watch carefully as they burn easily.

## Chocolate Drop-Cakes

3 eggs 1 cup sugar  
1 tablespoonful 11 cups flour  
ground chocolate 11 teaspoonfuls bu-  
small pinch salt ting-powder  
flavor

BEAT eggs until very light, gradually sift in sugar and chocolate. SIFT flour three times with baking-powder, add salt and flavoring. Drop by small even teaspoons two inches apart on buttered tins. Bake in quick oven, and watch closely to prevent burning. Will make three or four dozen.

## Lemon Turnovers

11 cups bread-crumbs 2 cups water  
4 cups butter 2 cups of sugar  
yolks 2 eggs white of oas  
2 lemons egg

DISSOLVE bread-crumbs in water, cream butter and sugar, until they are thick cream. Add yolks of two eggs, and white of one beaten stiff. Add juice and grated rind of two lemons, and lastly the bread-crumbs. Fill turnovers, and bake in quick oven.

## Apple Turnovers

3 apples 1 lemon  
1 cup sugar 4 cup butter

TAKE three firm acid apples, pare, core and quarter them. Cook until tender, and strain through a fine sieve, and add to them one lemon juice and three sugar and butter. Fill turnovers, and bake.



A View of a Picnic Basket, Packed Compactly, All Ready for the Cover

on the bread, and fill with slices of cucumber.

**Nut-and-Fruit Sandwiches**  
MIX equal parts of English walnuts, chopped fine, with chopped figs, and spread on thin slices of bread.

**Cheese Sandwich**  
GRATE cheese, rub it to a paste with melted butter. Season with salt and pepper, and spread



This Shows Pastry Rounds, the Three Holes in Top Being Cut to Look Alike Lace Faces

**Club Sandwiches**  
(For One Sandwich)  
3 thin toasted bread good slice chicken  
slice Swiss breakfast-side of pickle

PLACE lettuce-leaf on toast, then add slice of chicken, add another slice of toast, with another lettuce-leaf, followed by ham, topped with third slice of toast. Finish sandwich with thin slice of pickle cut lengthwise of the cucumber.



Chocolate Drop-Cakes, They Are Always So in Size on a Picnic

**Nut-Salad Sandwiches**  
1 pt. peanuts 1 pt. English walnuts  
4 tablespoonfuls olive 1 tablespoonful vine-  
all oil mar

SHELL peanuts and remove skins, put walnuts through meat-grinder to make very fine. Make salad-dressing of olive-oil, vinegar, adding salt and pepper to taste. Rub garlic on board to give sufficient flavor. This dressing should be mixed with the nuts,

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**THE AMERICAN WOMAN**  
Augusta, Maine

# MAKE THE KITCHEN ATTRACTIVE

By GORDON HASTINGS

THERE is no reason why the kitchen should not be as attractive as any other room. A century ago it was often the very heart of the home, the place where the mother presided in the whole house. This, of course, was because it was used by people of modest means as a dining room as well as a domestic workshop. These colonial kitchens were always big rooms with two or more sunny windows. They had cavernous fireplaces in which huge wood-logs roared cheerfully, well scoured floors and big center tables usually covered with a bright-red cloth. Shining copper kettles and pewter gravy in the old blue china platters on the high mantel—shelf formed a decoration very pleasing to the eye. Now if our forefathers, or rather their wives, had such attractive rooms as this to do their work in, why in this age of progress should we spend a great deal of our money in ugly ones? It is a well known psychological fact that it is easier to work among interesting surroundings than in a place where there is nothing at all to delight or rest the eye. It is not so difficult to change almost any kitchen from a dull place of drudgery to one that makes smiling when ever you enter it. It is all a question of a very few dollars rightly laid out.

So many people over-furnish their parlors and bedrooms that I often wonder that they furnish their houses for their callers or themselves. Certainly your casual visitor, your "parlor company" as a great old lady I used to know always called people who came in at the front door, is not intensely interested in your furnishings, so why not have a few pretty things elsewhere than in the "company room"?

Now please do not misunderstand the meaning I am trying to convey in the foregoing. I am not for a moment recommending a kitchen full of frills and faddy decorations. The kitchen is a domestic workshop and like all workshops should be absolutely fitted to its purpose and not encumbered with useless trash that will only be in the way. It should be like a hospital in its simplicity and sanitation and all the furnishings selected should be able to stand the test of thorough and regular cleanings with soap and water. But granted all this, it is just as easy to have a pretty kitchen as the usual ugly one, and just as little trouble to keep it clean, too. First make the kitchen clean and then make it attractive. There is a decided mental effect about a pretty room that goes a great way toward promoting happiness in the household. Why should you not have a most handsome kitchen as well as in any other room? Blue-and-white is a popular combination, but blue-and-brown or buff is pretty and does only as well as the white woodwork. Green-and-white with a touch of red is just as pleasing and has the added attraction of novelty.

In furnishing the kitchen the first thing to do is to decide on the color of your kitchen ware. It is just as easy and far more satisfactory to have it all in one tint than it is to pick up stray samples here, a white one there, and perhaps a mottled one in some other place. Then if you hang any of your pots and pans around the stove or near the sink as is now done in most modern kitchens to save steps you will have something that will blend right in with your color-scheme, and become an important part of your decorations.

The best wall treatment for the kitchen is to have kalsomined or painted walls. Most of our kalsomined walls for the kitchen are so glossy that they reflect the light which is harmful to the eyes and consequently tires the nerves though this is done so unconsciously that the housewife may not be aware of it, but only realizes that her head suddenly feels very tired and aches a little. In the country the kitchen-walls are often newly-plastered because there is clay in them. This makes a glaring white background that soon grows dingy-looking. It usually costs

about the same to have the whitewash tinted, and the effect of this is very good. Have some yellowish buff, some pale-blue or light green coloring mixed put on the whitewash. In a room the size of the average kitchen it is possible to get an evenly colored wall in this way at a very small expense. Let us suppose you have had your kitchen-walls tinted in a warm buff, your floor covered with a blue-and-white oilcloth or linoleum. You have two windows in the room, perhaps, one east and one north. At the east window by all means have a shelf for geraniums; these plants always do well in

to cool it off a bit in your decorations. Have dark-green shades put at each window. You don't know what a comfort these will be in summer. If you use the well-tinted pale-blue curtains use gingham curtains with blue-crests of plain blue chambray if you prefer. This color-scheme will tone down the glare and be very restful to the eye. Of course, there is no objection to white curtains in any kitchen if any housewife wants them, except that they have to be washed very often in order to keep them fresh. Some people object to shades in a kitchen because they wish to keep at least one window always open a little at the top for ventilation, and this means a shade always rolled up tight or flapping in the wind. This difficulty can be gotten over without much trouble. Make a valance sixteen or eighteen inches deep and run it right across the window on a small brass rod or a piece of tape and then hang your shade right under the edge of this. In this way your window can be kept down to the top without interfering in any way with the shade and the valance will not keep out any appreciable amount of air.

I have not mentioned many important details for the kitchen as this article must of necessity concern itself chiefly with "beauty-tips," but I would like to say this right here: that convenience and efficiency along with beauty in any kitchen. Have a place for everything and everything in its place; save your steps by making



A Pretty China-Chest Adds Dignity to the Appearance of the Kitchen. Floor Covered with Blue-and-White Linoleum. Wall Pale-Blue, China-Chest and Woodwork Enamelled White

a kitchen and add so much to the "homey" look. In front of the window set a comfortable rocker with a cushion. Have narrow side cupboards at the window, with a valance across the top, of checked blue gingham with rather a large check. The rocking-chair cushion is also of the gingham and so is the cover used on the kitchen-table when cooking operations are for a time suspended. A rug on the floor is a decided improvement and rests the feet. One of the inexpensive woven rag rugs now in the market is pretty, or a homemade one of braided reeds. In fact, this latter style of rug that our grandmothers used to delight in is by no means despised at present, but is the very height of fashion. I saw one not long ago in an exclusive shop where it cost \$100.00 for a pair of twelve dollars, just because the colors were artistically blended and it was "handwork."

Curtains at the kitchen-window are of course a necessity, but they add so much to the appearance of the room and are so easily kept clean, if made of serviceable materials, that it is a pity not to have them. Of course, if the stove is near the window, or a gas-stove, or lamp-burner is right beside it, you should do without curtains because they might catch fire, but even in this case you could have a short valance at the top of each window. There is a great deal to be said for some old-fashioned kitchens having a mantel. This can be made very decorative indeed if not allowed to degenerate into a catch-all sort of trash-box for miscellaneous odds and ends. If the mantel is right over the place the stove or range is set in, the woodwork usually gets smoky or dusty-looking in almost no time at all if painted in any light color. When having the kitchen decorated next time have mantel and woodwork either painted in a dull red or then after you get to the kitchen-closet or perhaps a pair of old brass candlesticks or an old yellow pitcher or a green ginger-jar, you should have a most attractive decoration and a background that will not soil and blend in with almost any color-scheme suitable for the kitchen.

If your kitchen has a south-western exposure it is sure to look hot most of the year on account of the glare of the sun, so you need

wits to work right away and see if you cannot make the kitchen really efficient as well as pretty.

## THE HOMEMAKER

Continued from page 9

clerk in a store before I went into gardening, and I have had women ask me to put aside something they coveted until they could manage to steal the money from their husbands—that was exactly what it amounted to. In a few days they would bring the money. The shame of it! How can a mother raise honest children when she has to stoop to thievery herself?—for however justifiable such taking of money may be, it is still stealing if it must be gotten shy and with deception. A wife recently said to me that she told her husband if he would but make her an allowance of two dollars a month she could not get little things she needed, and he answered that she "would only spend it!" I do often see why she stands it. It is stronger, and ought to demand her respect, and ought to be done away with. I played when a child with some children who, with their mother, raised a large flock of turkeys for their own, to have some money. The old-ma-mies they built it was "I am going to buy this, or that, when we sell our turkeys!" Well, the father loaded up the turkeys when they were ready for market, and put the money in his pocket so deep in his own pocket that they never saw a penny of it. They had no Christmas-money. One of the girls managed to get ten cents, saved penny by penny, with which she got the baby some candy "so she would not be without anything." Now that father was a church-member, and stood high in the community. It was only by being with the children that I learned the story. They raised no more turkeys. The mother would sit for four days in the house-hold duties were ended. I once overheard her say: "I hope God will give me six years of widowhood. Poor woman! they only had four, but I think the Bappy ones for her children were good to her." She left the farm—their lives there had been dreary, and all their altars hit. If the mother suffers, do the children suffer. A young woman of my acquaintance asked the man she was to marry how much money she was to be allowed for her own use, with no questions asked how it was spent. He said he had heard so many wives complain of the humiliation of having to ask for a little money, that she wanted the matter thoroughly understood, and he said she was wise, although she may not have chosen the best method. You wives who have circumvented the matrimonial rock, please tell others how you did it, and encourage many a Bachelor Maid.

West Virginia.

(In my own opinion, husband and wife are literally partners in a business, in the sense that is usually understood by the term, but "partners," still. He does the outside work and the money comes to him—in most instances, she does some of the hardest and quite as necessary to the welfare of the home or the "firm," even though she may not "take in" money for it. After paying all expenses of the household for the week or the month the remainder of the income should be divided between the partners. It is an interesting and a really vital subject, and we shall all be glad of different opinions, or relations of practical experiences.)

## Notes and Questions

I wish to obtain a receipt for putting up pie-plant, and message together. Will someone kindly send it?  
Douglas, Wyo. Mrs. Anna Lucis.

(The address wanted is 96 Chambers St., New York City, Department V. Please mention The American Woman when you write for a sample copy.)

I have learned that it is not a good plan to use stove-polish on your gas-stove. I made a pad by folding up an old black cloth, and rubbed it over the stove with stitches. On this pad I put a few drops of linseed-oil—use the oil we have for the automobile—and thoroughly rub the stove all over, also, inside of the door. This keeps

Continued on page 15

Shining Bath-Tubs and Sinks in Scales between Two Days. The Walls Are Treated with Soft Tea, and Woodwork is Grained To Represent Oak. It Can Be Easily Wiped Off and Does Not Show Dirt. The China on Such Shelves Gives a Pretty Decorative Effect.

things convenient; and arrange your tools, which in this case are of course your cooking utensils and supplies, so that you can do your work with the least possible effort. Now, unfortunately, the average kitchen is not planned with a view of making housework easy. On the contrary it seems to have been tucked in back of the house somewhere as an afterthought of the architect and the poor-housewife must often wander miles each day between cupboards, pantries, shelves, stove and the like. If your kitchen is like this the best way to obviate such a state of affairs is to set right down and see if by a little clever planning it is not possible to change the arrangement so as to save needless effort, sometimes such a simple thing as hanging a few pots back of the stove doors, or putting up a row of hooks back of the sink or the work-table to hold needed utensils, and then again possibly you have your kitchen table in the wrong place, or you need a kitchen-chair, or a set of built-in shelves to save many long walks. Set your

# Common-Sense About Health and Good Looks Proper Care of the Eyes, Nose and Ears

By ELEANOR MATHER

THE eye expresses ill health or fatigue more quickly than any other part of the body because of the delicacy of the nerves and muscles which surround it. Contrary to general opinion, the eye itself has no expression. Eyes are bright with health or dull and tired-looking in sickness, but their expression depends wholly upon the lids and the lines at each side of them. Human eyes are nearly all of the same size. This may seem a surprising statement in view of what we see around us every day—this child with beautiful wide-opened eyes almost too big for her face, and that man or woman with mean-looking, narrow, pin-point eyes. And yet the fact remains that one pair of eyes has about the same dimensions as the other. The reason why one pair appears big and the other small is the difference in the width of the opening, through which they look out, when they say that one person has beautiful eyes it means simply that the opening between the lids is larger than ordinary.

The eyes are one of the most useful of our organs and when we have lost our eyesight we are deprived of a great deal of what makes life worth living. The blind, as we all know, can accomplish wonders with their fingers, but what a handicap they have to struggle against and how wonderfully brave they are, almost without exception. So we should take better care of our eyes than we do, for we seldom even begin to appreciate what a blessing sight is until we have lost it, then, or until our sight begins to be defective. Then again, quite apart from their utility, there is something about the beauty of the eyes, and no woman can be considered really beautiful whose eyes are in any way defective. Though this cannot prevent the woman with small eyes from being most attractive to the other sex, it can prevent the woman with small eyes from being most attractive to the other sex. But pretty eyes are capable of making the very plainest face most interesting, so even on the subject of the behavior of the eyes to take great care of the eyes.

Most women ill-treat their eyes shamefully in making them work overtime in reading, in sitting in a poor position, or under a gas-jet or unshaded lamp that flickers is to strain the eyes almost to their limit and slowly by the foundation for serious eye trouble. Reading in bed is hurtful to the eyes unless the person who reads rises up and assumes a sitting position. The habit of rubbing the eyes, which some women indulge in constantly, is injurious as the ball of the eye is easily flattened and corrected slightly, this flattening of the eyes ache or eye tired the work being done at the moment should be put by and something else taken up that does not call for so great a strain on the eyes.

A well known English oculist has lately advised a series of very simple eye-gymnastics that are often most helpful in strengthening the muscles of the eyes, and in this way making the sight stronger and the eyes less liable to fatigue. Now the eye has what is called the faculty of accommodation. When you glance up from an object held nearly to one far away it is necessary for the optic nerve to change its focus as it is called, and you know how the camera is obliged to change the focus of a camera when after taking a nearby group he desires to snap a distant view. Well, the eye has to do this also with the eye muscles, and it does so instantaneously that you are not conscious of it. In middle life this faculty is nearly always lost and that is why middle-aged people usually wear spectacles to glasses. In the majority of cases they retain their far sight, but are unable to see objects nearby clearly. It is to put off this condition as long as possible as far as to wear spectacles for their work in youth that these exercises were evolved.

Whenever the eye is used its muscles are brought into play. Look at an object in the distance, or look at another close by, and the eye performs an imperceptible movement, either that of sinking deeper or rising out

of its socket, in order to adapt itself to the eye exactly as a telescope is lengthened or shortened for various distances. Every time the eyes turn to the left or to the right, or upward or downward, it is controlled by muscles that perform merely the mechanical part of turning the organ of vision. It is in the decline of these muscles, however, that people ought first of all to seek their complaint.

"Nothing is simpler than to remedy this evil. Sit very erect, gaze straight ahead and throughout the entire exercise hold the head in this position, making it necessary for the



EXERCISE FOR THE EYES. Hold Any Small Object, a Quarter of a Dollar for Instance, Between Two Fingers and Extend the Arm Straight in Front as Far as Possible, Raising the Chin on the Chin

eyes alone, and not the muscles of the neck, to come into play during the ensuing gymnastics. Hold any small object, a quarter of a dollar, for instance, between two fingers, and extend the arm straight in front as far as possible, at the same time riveting the gaze on the coin. Always looking at the coin, approach gradually until it is within four inches of the eyes. Then extend to original position and repeat the movement. It will strengthen the muscles controlling the eyes on range adjustment.

"For the second exercise, keep the head in the same rigid position as before, and raise the chin as far as possible, and fastened on it and move the arm as far as one side and as far to the other as the eye can follow the arc of the sweep. Holding head and chin as at first, raise the chin so high that the eyes are unable to see the coin except by an elevation of the chin. Then lower the hand with the coin similarly, until it disappears from vision.

Perform these exercises faithfully, and in two or three days the eyes will be brighter and the sight better. Crow's feet will disappear, and the youthful vigor, when the eye was in its highest state of efficiency, will be restored."

Of course when anything really is the matter with the eyes no time should be lost in consulting an oculist. Money saved in this direction is the worst sort of extravagance, for no amount of skill can restore the sight if it is once totally lost. The oculist who offers to examine eyes free should be avoided as he usually has not the proper training to prescribe the right kind of glasses.

Mrs. Mather will be glad to answer any questions relating to this article if a stamped and self-addressed envelope is sent for reply. Address

Mrs. Eleanor Mather, Care The American Woman, Augusta, Maine

If you live in a small town it is best to seek advice in the nearest large city unless your doctor is also an oculist himself, as are some country doctors, but not, he knows whom to recommend you to. Children are too often neglected in this respect and have weak eyes all through life in consequence. If your child is irritable, has headaches, squints his eyes when his attention is attracted, holds his book close to his face, has his eyes examined at once. It may be that by wearing glasses for a short time in childhood these defects will be permanently corrected and he will not need them in after life. Do not let any child under five years of age to read books even when the type is large, neither should he be permitted to strain his eyes by attempting to learn to write or by straining bends on looking intently at any small objects.

Excess of any strong light is very bad for the eyes. For general weakness of the eyes or passing local inflammation, the following recipe will be found valuable: Do not hesitate to use it, for it is recommended by the best authorities, and five chances to one that upon consulting an oculist, he will prescribe something just like it.

Take a teaspoonful of powdered borax and place in a teacup. To this add fifteen drops of spirits of camphor, rubbing to a smooth paste. Pour over it two-thirds of a cup of boiling water. When cool, strain and bottle. Apply with absorbent cotton, or, better still, use a glass eye-cup.

If, after a fortnight's treatment, this wash does not give relief, you can know that your trouble is not a local one, but that some optical defect is making life miserable. In that case hesitate not a moment to consult a first-class, reliable and conscientious oculist (not an optician) and if he says that glasses are needed, put them on even though you feel sure that they are frightfully unbecoming. The beauty-student of the right sort considers health and comfort first of all. No woman with aching, smarting eyes can be pretty. Her misery shows itself in every expression of her face, and comes to her husband, who is careful with extreme caution. Oily applications irritate the eyeballs so when applying them be careful not to get them in the eyes. Vaseline or lanolin are the best of these oily substances for the eyelashes. A certain preparation of witch hazel prepared in pure alcohol will encourage a healthy growth of lashes, but after one has passed one's youth these effective fringes of the lids cannot be coaxed to do very much in the growing season.

A sty is really nothing more than a small boil or pimple on the eyelid, but it is very disfiguring and often painful. When it comes to the eye it should be carefully opened with a needle that has been sterilized by holding the point for a moment in a flame of a gas-jet or candle. A recurrence of sty's shows the eye is slow in its reaction to the system or a severe eye-strain that needs correction. In most people sty's can be prevented by rubbing with a certain kind of medicated vaseline that is harmless to the sight. The shape of the eyebrows has a great deal more effect on the appearance of the face than many realize. Many an otherwise pretty face is spoiled by thin or scraggy eyebrows. The eyebrows should be brushed frequently if they are thin or out of shape. A rubber brush called an eyebrow brush comes especially for this purpose, or a child's toothbrush that is rather soft can be used instead. Care must be taken always to brush the brows in the direction in which they grow which is away from and not toward the nose. Vaseline should be used to make the eyebrows lie smooth if they are inclined to be shaggy. It will also make them look slightly darker and increase the growth of scanty brows.

Any woman who breathes through her mouth instead of her nose cannot have as good health as though she breathed in the proper manner through the nostrils, for nose-

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# Common-Sense About Health and Good Looks

Continued from page 11

breathing induces a stronger, fuller expansion of the entire lungs. If there is any obstruction so that you cannot breathe properly you should have the nose examined by a physician and possibly have the nostrils removed by a slight operation or by treatment, whichever he may recommend. One of the most defacing of complexion-troubles is a red nose. This comes from different causes. Years ago it was frequently brought on by tight lacing, but nowadays we fortunately see little of that. It is also caused by certain forms of indigestion of the stomach, festines or trouble with the pelvic organs, or it may be due to what the doctors call Acne rosacea. Sometimes this spreads over the entire nose and sometimes it is only the chin that is affected. Often the reddened tip of the nose is due to a chronic inflammation of the hair follicles in the nose. For this Sissmah Specialist, the well known physical-culture specialist, recommends plucking the hairs that grow just inside the nose. She says: "This requires a little patience, but so does everything that is worth working for in the correction of bodily defects. A ten per cent. ointment of xeroform or a thirty-per cent. solution of potassium of hydrogen cyanide can be applied to the inner surface while the hairs are being removed. Even if the trouble has been of long standing, if the cause can be definitely reached, very good results can be obtained."

If your nose is red all over, try bathing it for ten minutes in a basin of hot water in which two tablespoonfuls of Epsom salts have been dissolved. Sop dry and dash on very cold water or rub with a lump of ice. Then apply a good cold cream or liquid bleaching lotion.

The ear is closely connected both with the mouth and throat by what is called the Eustachian tube. This tube starts in the back of the throat in the space directly behind the nose and continues into the inner ear. It forms a drainage tube for the mucous membrane of the ear and also admits air to

the back of the ear-drum, which is necessary to keep it expanded. This is why a cold in the head often causes deafness, or why neglected catarrh is almost always certain to impair the hearing. One sometimes becomes deaf by reason of wax gradually collecting for a long time and hardening in the ear. Great care should be taken in removing this. Nothing smaller than the finger should ever be put in the ear. Hardened wax should be removed by first dropping two or three drops of warm olive-oil into the ear at bedtime and then the next morning filling the medicine-dropper with very warm water and dropping this into the ear, holding the head down while doing it so it will not run out. Doctors use a small syringe for this purpose, but unless one knows just to use one of these ear-syringes a great deal of damage may be done. After dropping the hot water in the ear it is best to put in a bit of cotton and wear it for an hour or two to prevent taking cold.

Chronic catarrh of the nose and throat must be treated by a doctor before any relief can be experienced from deafness from this cause. Never sit where a strong draught can blow directly into one ear, for this may bring on an earache. Such an earache is usually caused by inflammation, and the pain can often be greatly relieved by heat. Steam is the newest and most effective method of applying this heat. Rub vasoline or cold cream all over the outer part of the ear and flesh just below it to protect it from the hot steam and then pour very hot water into a thick tumbler or large cup and twist an old handkerchief round the top to prevent its touching the ear and lay the head down upon this so that the steam will penetrate well into the ear, but be careful not to tip the cup, for the hot water may scald the ear. This can be repeated every little while until the pain subsides. Care must be taken after such steaming not to get cold in the ear, so a bit of cotton should be placed in it until it is entirely well again.



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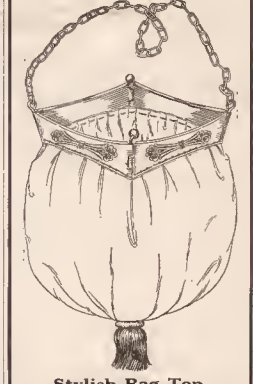
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Augusta, Maine

## MADELO

Continued from page 12

rummaged in his pocket for the great elaspick knife which he had earned himself by the sale of some rubber skins, and which was the pride of his heart and his dearest treasure, and opened it.

"Here," said he, and he forced the elaspick-knife in his sister's hand. Otis, leaning over the gallery, saw it all. Many of the daunters had gone to supper; there was no other person very near them. If you should meet a bear, you could kill him with that knife—it's so strong," said the boy. "If you don't take it I'll go home with you, and it's so late father won't let me come out again tonight."

"Well, I'll take it," Madelon said, wearily, and she passed out of the ballroom with the knife in her hand, under her cloak.

When she got out in the cold night air she sped along fast over the creaking snow, still holding the knife clutched fast in her hand. She began to lift again as she went, and again Burr and Dorothy danced together before her eyes. She passed Parson Fair's house, and the best-room windows were lighted. She thought she Burr was there, and she lifted more loudly the Virginia reel. After Parson Fair's house was some time left behind, and she had come into the lonely stretch of road, she saw a shadowy figure ahead. She could not at first tell whether it was moving toward or from her—whether it was a man or a woman, or, indeed, whether it were not a forest tree encroaching on the road and moving in the wind. She kept on swiftly, holding her knife under her cloak, and had stopped singing when she saw presently she saw that the figure was a man, and coming her way; and then her heart stood still, for she knew by the swing of his shoulders that it was Burr. She saw that she stood back her proud head and sped along toward him, grasping her knife under her cloak and looking neither to the right nor to the left. She sawed not her eyes a hair's breadth when she came close to him—so close that their shoulders almost touched in passing in the narrow path.

Suddenly there was a quick stink in her ear—"O Madelon!" Then an arm was flung around her waist and hot lips were pressed to her cheek.

The mixed blood of two races, in which action is quick to follow impulse, surged up to Madelon's cheek. She drew the hand which held the knife from under her cloak and struck.

"Kiss me again, Burr Gordon, if you dare!" she cried out, and her cry was met by a groan as he fell away from her into the snow.

### CHAPTER IV

Madelon stood for a second looking at the dark, prostrate form as one of her Iroquois ancestors might have looked at a fallen foe before he drew his scalping-knife; then suddenly the surging of the savage blood in her ears grew faint. She fell down on her knees beside him.

"Have I killed you, Burr?" she said, and bent her face down to his—and it was not Burr, but Lot Gordon!

The white, necked face smiled up at her out of the snow.

"You haven't killed me! I die, since you took me for Burr," whispered Lot Gordon. "Are you hurt, Burr? Is there a shadow?"

"I—don't know. The knife has gone a little way into my side. It has not reached my heart, but that was hurt unto death already by life, so this matters not." Madelon felt along his side and bit the handle of the elaspick-knife, firmly fixed. "Don't try to rise up, you can't do it, and your side pain would be a groan from him. 'I'll live, if I can, until the wound is healed, for the sake of your peace. I'd be content to die of it, if you give me it in vengeance for another man's kiss, if it were not for you. But they shall never know—they shall never—"

"You've never died away in a faint murmur between his parted lips; his eyes stared up with no meaning in them at the wintry stars. Madelon ran back on the road to the vil-

Continued on page 24





Jane Gandy crept to the door and put her car against it.

"Cynthia?" she gasped. "Cynthia?" She sank down on the nearest chair, her eyes terrified.

Cynthia whistled.

"Well," she said sharply, "what is it, Jane? Don't be an idiot."

Jane's lips moved weakly.

"They're here gettin' divorce," she whispered. "Divorces!"

Cynthia wondered if she was turning to stone.

"What—did you say?" she stammered slowly.

Jane threw up her hands.

"Jonathan," she said, "is here, gettin' a divorce!"

But Cynthia had caught her arm wildly.

"Call him!" she cried. "Call him back, do you hear?"

She rushed over to the door and turned the knob. It was locked.

They stood in a grim silence.

Outside they could hear disjointed murmurs. Jonathan's uncertain tones and Silas Pettigrew's querulous ones in low concert.

Cynthia's head was bent, her eyes rigidly fixed on a spot in the floor. Her lips trembled. She looked scarcely kept from sobbing. Jane looked about her, desperately.

At last she nudged Cynthia's arm.

"There's a window," she said. "Do you think we could get through it, Cynthia? It's an awful risk—it's so narrow we might stick halfway. Good land, don't stare so! I want to get out—if you don't, say so like a Christian and we'll run out to the window and raised it gingerly. "Then lawyers is worse than trap doors," she said indignantly, "shuttin' us in like this. Hist me up, will you?"

Cynthia complied. Her eyes were thick with tears. It was a tight squeeze, but they got through somehow and dropped to the ground below, mutilating a young honey-suckle-vine. Jane drew a long breath.

"Well," she said, "I'm goin' home—my nerves are all agitated. If you want any more dealin' with that wretch of a Peabody, you'll have to go through 'em alone."

"I'll stay here," said Cynthia shortly.

Jane tossed her head.

"Divorces—no! me! You that's gettin' the divorce," she said. "Good-by."

She nodded with a faint disgust on her face and walked rapidly away.

In the shade of the porch Cynthia waited, a long time, it seemed.

Hidden by the honey-suckle-vines, she saw Jonathan come out, followed by the two men.

Silas Pettigrew looked weak, and Sam Higgins had his head down, but Jonathan, whom she had not known for years.

The lawyer's voice, sharply insistent, followed them as they walked on, separating at the corner store. She saw Jonathan going on alone, and the sight was more than she could bear. She hurried after him with desperate eyes.

As he heard her footsteps he turned.

"Cynthia!" he said. "Cynthia!"

She was seized with sudden constraint.

"Been to Hudson's," she asked.

He stopped abruptly.

"No," he faltered. "I—I been tendin' to a little matter. Silas Pettigrew and Sam Higgins got into a kind of box, but we're out of it."

"Was you in it, too?" she asked sharply.

He smiled his smile, as his eyes met hers they clouded with embarrassment.

"It's all right, Cynthia! All right!"

"No, no—it's not all right!" called an angry voice.

They turned to see a stout, red-faced man panting up the hill.

Cynthia grew red. Jonathan turned pale.

"Come on, Cynthia, let's go home," he said, but Cynthia was rooted to the spot.

"Where's my money?" cried the frate lawyer. "Here you two women come huntin' me up for a divorce, and both of you sneak out when my back is turned."

Cynthia looked at him doggedly.

"You're plumb crazy," she said. "I didn't want any divorce—I only went for the free advice."

The lawyer waxed warmer.

"There's no such thing as free advice," he said. "Folks must pay for what they get in this world. Either you or he gets a divorce or you each pay me a dollar for contempt of the law."

Cynthia looked over at Jonathan.

"Do you want it?" he said. "That will be my charge."

He shook his head.

"No, Cynthia, I never did. Sam Higgins wanted me to. He said in case it wasn't respectable, it was a point in his favor to have me out of the church doing the same thing. But I backed out."

"Well," said Cynthia grimly, "as we've both backed out, Mr. Peabody, good day!"

The lawyer stood in front of her.

"Two dollars," he repeated, "for contempt of the law."

A light flashed in Cynthia's eyes.

"You've said," she said, "maybe you've earned your money. I don't know nothin' 'bout law. You can go down to Jabe Lawson's, next to Hudson's store, and collect two dollars he owes us for egg-money. Tell him I sent you."

The two went on in a great silence. Before them the road lay white and glistening; above, the sky was a pallid-blue.

Jonathan turned hesitantly.

"Cynthia, I could mostly die of shame."

She nodded brightly.

"You're a fool, Jonathan—you'd be a downright idiot without me around."

At the warmth of her tone his face beamed.

"Cynthia," he said, "you're a good girl."

She smiled.

"Well, I'm not so extra angelic at times. This time I guess the devil tempted us both the same and me—but, anyway, that egg-money did come in handy."

### THE HOMEMAKER.

Continued from page 10

the stove looking well and prevents rusting. Old stockings make the best sort of dis-cloths when they are valueless for further wear. Cut off the feet, cut the legs from top to bottom, join them with lapping edges and stitching twice, run a narrow hem and moisten the cloth with kerosene. Hang in the air a little while and it is ready for use.

Mrs. M. L. Hagerman.

Will some member of our circle who has homesteaded, or who knows anything about land open for homesteads in Montana, kindly write me? We wish to "take up a claim," as we are anxious to have a home of our own, and naturally wish to learn all we can about the best parts of the State and what it is possible to do.

R. S. Decatur, Ill. Mrs. E. A. Fulk.

I am very anxious to locate the family of Charles Burke, whose wife's name, before her marriage was Mrs. Mary C. Roy Myers. They have three daughters who are nurses—Beulah Myers, Anna Laura Burke, and Mrs. C. E. Boyd. When I last heard from them they were living at Danburg, Va., but on letters during 1918 were returned unclaimed. I know "our paper" goes everywhere, so run to it as the surest means of discovering them. I shall be truly grateful for any information. Mrs. Edwin D. Taylor, 187 So. Center St., Spencer, Iowa.

I am very anxious to obtain copies of Heald and Flom, containing the story "Wilma Wilde"; it was published about eighteen years ago. Will return favor in any way possible. Please write.

Mrs. Lydia Warnick.

R. 2, Cullman, Ala.

I wish to obtain copies of The American Woman for the last four months of 1918, and will return the papers, paying all postage. Please write first, as but one copy of each number is needed.

Mrs. B. Hentnaker, 702 Bradley St., St. Paul, Minn.

Will some homemaker who has The American Woman for July, 1917, kindly write me? Will return the paper, paying all postage, or repay the favor in any way possible.

Priest River, Idaho. Inez Young.

I very much wish to secure all the issues of The American Woman containing "His Official Finances." Will return papers in good condition, paying postage both ways. Please write first.

Mrs. Jos Fischer, 1085 East Maple St., Sault Ste. Marie, Minn.

Our department has been such a help to many that I come to it in my need. My son was killed in service, in France. I have no lapse picture of him in uniform, but would be so glad to get one. He was in Company M., 361st Infantry, N. A. His company had a picture taken in December, 1917, but the supply was exhausted before he could get one for me. He was in training at Camp Lewis, Tacoma Wash., at that time. If any reader has such a picture, or knows of one, or the address of the photographer who took the picture, and will write me, I will return the favor in any way possible and be more grateful than I can express.

Dorothy Nelson, Box 465, Chinoock, Mont.

Many of the homemakers speak of using four-sacks for different purposes; let me tell you how I utilize the small bags, holding two pounds and upward, of sugar and salt. Into the very small ones I drop in the best of soap which are too small to be used any other way. By this means they can all be used in washing dishes, squeezing the bag dry each time. But the soap in a bag by themselves, are nice for the bath. Other bags I use to keep lettuce or other new vegetables

Continued on page 16

## Do You Remember The Old Corn Doctor?



He stood on the street, in the olden days, and offered a "magic corn cure."

The same ingredients, harsh and inefficient, are sold in countless forms today.

But they did not end corns, and they do not now. Nor does padding, nor does paring—methods older still.

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Modern scientists in the Bauer & Black laboratories have evolved a perfect method and embodied it in Blue-jay.

In 48 hours, while the corn is forgotten, Blue-jay completely ends it, and forever. Hardly one corn in ten needs a second application.

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Quit old-fashioned methods. Try Blue-jay on one corn—tonight.



B & B Blue-jay

The Scientific Corn Ender

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Stops Pain Instantly

Ends Corns Completely

25 cents — At Druggists

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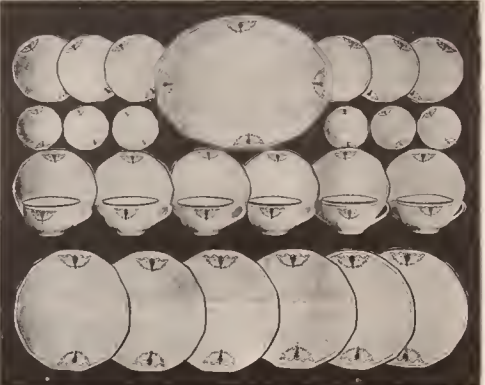
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A 31-Piece Service of Exquisite Beauty

Premium No. 2820 Given for Thirty-Six Subscriptions



One Meat-Platter
Six Dinner-Plates
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Six Cups
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Six Dessert-Plates

The set is sent to you, prepaid, and guaranteed against breakage. We want every club-member to have one of these Arcadia dinner-sets. It will be the best advertisement we know of. Hence our liberal offer.

**SPECIAL OFFER.** If you will send us a club of thirty-six subscriptions to The American Woman our special Club-Walshers' price of 35 cents each, we will send each subscriber this magnificent one-year and we will send you the Arcadia Dinner-Set, Premium No. 2820.

THE AMERICAN WOMAN, Augusta, Maine

# Cinderella's Younger Sister

Continued from page 5

**MADE TO ORDER \$85 SEND NO MONEY**

**YOUR ORDER**

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After these three days, you will be satisfied with the quality of our goods. We guarantee a full year's wear and a full year's satisfaction. If you are not satisfied, we will refund your money. **\$1.95**

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**THE AMERICAN WOMAN**

**THE AMERICAN WOMAN**

Augusta, Maine

to be dressed there; the auto is to come for you, and—"

Fellicity yawned and kissed the eager, flushed face.

"And how about you?" she asked. "Pray, how do you suppose you can manage without me for so long a time?"

But Josie had planned it all out. "Old Sarah can come and stay with me, she and I really rather like her. She's good-natured, and she just loves going to places. It's only a little way here for her."

"I wish you could come, too," said Felicity, surrendering to persuasion and the charms of the chifon gown.

"Perhaps I shall when I'm grown up," said Josie. "And one day you said you'd take me to the theatre. Do you think we can afford it?"

"It shall be done," said Felicity. "I wish the fairy godmother had thought of taking you to the theatre instead of to the ball. I shall not go unless your cold is better, and, of course, unless Old Sarah can come."

But the following Friday saw Old Sarah installed at the domestic hearth, and saw, too, the automobile drive off with Felicity and the cardboard box.

Josie watched the fast flash of the lamps; and a lump came into her throat as she leaned her head against the window-pane. She had practised great self-denial for Felicity's sake, and she had said nothing about the operation and sharp pain in her chest when she drew a long breath. Old Sarah meant well, and was kind, but Felicity was indescribably soothing when colds were about the neck and her throat as the weary Sarah contentedly clicked her knitting-needles.

"I think Felicity will be the belle," said Josie, leaning her chin on her hand, and looking into the fire.

"That I'm sure she will!" responded Sarah with a heartiness at which no one could cavil. "And perhaps the price will be there."

The prince! Why, I quite forgot the prince!" exclaimed Josie, "of course, who the price—wasn't there, Sarah?"

It was Monday afternoon. Felicity had lived for a few days in fairyland. And when she came to the ball, she had not failed to put in an appearance. The fairy godmother was charmed with Cinderella, who, in her dainty frock, had been the belle of the ball. She had danced everywhere—had danced until the pretty white satin slippers were frayed with much exercise.

The little note had come from Josie, saying that Sarah was kind and she was happy, and that Felicity was not to hasten home. And Felicity, in her little note, too, enclosing the dainty programme, which Josie had carefully studied all day and had kept under her pillow; for, truth to tell, Josie had been obliged to keep to her bed since Saturday. But she had hidden from Sarah that the pain was worse and worse, and that in the night she had cried for Felicity's gentle touch.

But the ball-programme, with its little pencil, was a great comfort under her pillow. She had tried to make out the initials, some of which had occurred in her own name. "It's really all waltzes P. R. D. likes," said Josie in a hoarse little voice, which at last she could scarcely hear.

On Monday morning early she sent a telegram to Felicity, not knowing her address until the note had fallen from Josie's hot, coughed hand.

And by Monday afternoon Cinderella and the prince were great friends.

Indeed, Cinderella began to wonder how she could go back to comparative ease and poverty that night. And then suddenly the prince put his hand into his pocket and drew out a telegram.

"I'm so sorry," said "I came for you this morning, and I quite forgot to give it to you."

Felicity's face changed. She was not used to telegrams, and the official envelope seemed to bore ill-tidings. She tore it open, and then sprang to her feet. All her pretty clothes had faded away.

"Bad news!" said the fairy godmother. "Very, very bad," said Felicity, with trembling lips. "It is Josie. I ought to have gone back long ago, and soars about me—turn back! He grins at me and says, 'how could you? I must go now—this moment! She is very ill. Perhaps by now—'"

The fairy godmother looked very distressed.

"She may be better, dear, not worse. Order the car, Phil."

And at another moment he and Felicity were driving through the brightly lighted streets of the city.

Felicity said nothing. She only sat with clasped hands, wondering dully what would be like without Josie. She hardly heard her own reproaches; and presently he lapsed into silence.

He handed poor Cinderella from the taxi, then put up his hand to the bell. Felicity caught his hand.

"Don't," she said quickly. "I have a key, and I might disturb her."

"I shall be back soon," said the prince, "with my own doctor; he's a shining light."

But Cinderella, with a pale face and eyes heavy with anxiety, only shook her head. She could not forgive the delayed telegram. And though the prince waited on the lower step, hoping for a backward glance, it never came. The door opened and shut. Cinderella had drifted from fairyland into the grim realities of the everyday world.

\*\*\*\*\*

Josie was lying on the little couch in the sitting-room, amid a veritable bower of blossoms. Violets and lilies of the valley, daffodils, and even a handful or two of roses decorated the little room. A bright fire burned in the grate, one or two magazines and books lay about, a dainty cushion was placed behind Josie's head, and a gaily striped, silk-covered lay across her feet. Josie loved pretty things, and she cherished it admiringly. Felicity sat in the easy chair opposite, and feasted her eyes upon her traxasia bed, which was very thin and pale, but now it was only a question of change and feeding up. Felicity's heart filled with gratitude as she thought of the love and self-denial of the fairy godmother. Then at another memory she sighed, and tears came into her eyes. She blineted them away, and stirred up the fire, but she could not drive Josie, who had a wonderful faculty for putting two and two together.

"Aren't the flowers lovely?" she said, stretching out a thin little hand toward the violets; "and how kind everybody is! The fairy godmother's a dear."

"She's just the best of friends," said Felicity, the coveted cousin found Josie's toes.

"And I think I'd like to see the prince next time he comes to know how I'm," said Josie.

Felicity started, and the color rushed over her face as she turned away.

"What do you mean?" she asked.

"There he is now," said Josie, leaning upon her elbow as there came the sound of a motor-horn and a knock and a ring at the door. "Felicity, don't let him go away. I do so want to see what he's like."

And Felicity disappeared. The next moment the prince had entered the room alone. He was very gentle and cheerful with Josie, greeting her like an old friend, and sitting down beside her couch. He was very tall and broad, and had the kindest face imaginable. Josie thought, glancing from him to the portrait on the mantelpiece.

He broke off a little bunch of grapes for Josie, and then he took her into the weak little grasp, and before long they were talking away like old friends. But Cinderella never came to see the prince.

"Are you initials P. R. D.," asked Josie, presently.

"Why, how did you know?" asked the prince.

"It doesn't matter," replied Josie, "but I wanted to make quite sure. Where's Felicity?"

"She hasn't come back while I'm here," said the prince. "She really might forgive me now you're better."

"Why is she angry with you?" asked Josie. "Please be first, as I'm sure."

"I'd—'you know—not got well," said Josie, sneezing. "There really would have been a reason, but that I'm not going well, she certainly might make friends again."

"That's what I think," agreed the prince, eagerly. "We were such friends before."

"You mustn't think, please, that Felicity got a bad temper," said Josie, anxiously. "I dare say she can't make up her mind to say she's sorry."

"But she must say she's sorry," said the prince, "but just to listen to me when I say I am."

"Won't she even do that?" asked Josie. "Even that? And it makes me very miserable."

And they could not possibly guess that she was ashamed of the many unkind reproaches she had heaped upon the prince.

"Would you like to stay to tea?" asked Josie, when the visitor spoke of departure.

"Please, if Fel—if your sister wouldn't mind, I would."

"Ring the bell," said Josie—"very quickly."

And, as she had imagined, Felicity came running, fearing something was the matter. "Tea went off better than might have been expected; and when the prince offered to come the following day Felicity raised no objection."

"He's dreadfully unhappy," said Josie, when the prince had gone, and Felicity had drawn up a little stool in order to put her face on the pillow beside Josie's.

"It's only what he deserves," said Felicity, with a heartlessness that bewildered Josie.

With all her wisdom, she could not be expected to know that Felicity's heart was aching as sorely as the prince's. Then suddenly Josie felt the soft cheek pressed against her own, become wet with tears, and, after that, she guessed a little and put two and two together in her scarce little mind.

"Will you tell the prince to-morrow, that you've quite forgiven him?" she asked presently. "What's the use of keeping things up?"

"If he'll let me I will," said Felicity, reluctantly.

It needed little wisdom next day to see how easily the quarrel had been cleared up.

"You were quite right, you see, Sarah," said Josie, later in the day; "there really was a prince. He says he's all going to live in fairyland, and that we shall very soon have the cottage and flowers, and a pony as well as a donkey, and heaps and heaps of gray rabbits, and sometimes an asparagus. Sarah. He says I can't make the butter myself but that I can if I like."

## THE HOMEMAKER

Continued from page 15

In placing them in the ice-box. Larger bags are double-seamed to prevent raveling and used for jelly-bags, pudding-bags, etc. We have the largest stock of all the little, handy, small articles for the laundry, pieces of string, wrapping-paper, etc., turning down the top and running in a cord to hang by. We have the best of the hardware, the storeroom or kitchen is a great help to keeping things tidy, and it is also a help to know just where to find a piece of twine, a bit of cloth, etc., when needed.

Mrs. Mary T. Richardson.

Will some one who has the song kindly send it "White Wings Revised," kindly send me the songs "Mother Knows," "Somebody's Boy" and "No Room for the Saviour"? I wish them for a scrap-book, or book of selections. Will return favor in any way possible. Please be first, as I wish but one copy of each. Mrs. John Savage. Natural Bridge, N. Y.

To prevent wallpaper from cracking, try the following method: Take strips of ordinary newspaper, good wrapping-paper, and cut with both sides straight, and lay the wall, taking care not to get it directly over the crack, then put on the paper, smoothing it down with the fingers. If the paper has already been tried this and it works wonders. Will some one who has the first issues containing the story "Boxes for Rachel"—previous to April 1917—send me a copy? Mrs. J. Becker. Box 184, Vulcan, Alta., Can.

## The Homemakers' Receipt-Book

Rhubarb-and-Orange Marmalade.—Cut enough unpeeled rhubarb into half-inch strips to fill a quart jar. Add 1 cup of sugar, the pulp and juice of four oranges and grated yellow rind of one and the juice, pulp and grated rind of half a lemon. Cover slowly in a porcelain-lined kettle until the juice will form a jelly when dropped on a cold plate. Pour into jelly-glasses, cover with waxed paper and keep in a cool place.

Orange Marmalade.—Take 1 lb. of rhubarb and 1 lb. of strawberries jam and find the result very satisfactory.

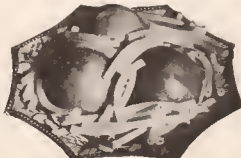
One cup of rhubarb, chopped and peeled, one half cup of chopped raisins, one cracked, rolled to a coarse powder, one cup of flour, one well-beaten

Continued on page 19

# The Value of the Tomato

By HARRIET MANNING

**T**OMATOES, either fresh or canned, appear on our tables in some form or other, nearly every day of the year. While they cannot be classed as among the nutritious vegetables, yet they are a valuable specific for rheumatism and we consider them partially responsible for the fact that when tomatoes are a feature of our diet during the winter and early months of the year, it is not necessary to take any "spring medicine." This is because they contain so much iron. Of course, as they lack muscle-building and heat-producing elements, they are not a complete food in themselves, but in combination with meat and fish, eggs, cheese, butter or oil, they form a well-balanced ration as well as an economical one. Then, too, they help to make the most expensive ingredients go further, as a salad.



Tomato Surprise

For soups they are an invaluable foundation, made into catchup, or pickle, they can be served as a relish, and when properly canned they keep well and retain their natural flavor. The one thing to remember in canning is to avoid overcooking, for this spoils the flavor and color of the tomato.

When peeling them, remember this task is very simple if they are first put in a bowl of boiling water and allowed to remain there for one minute. The skin then easily peels off. A frying basket is also useful for this purpose, and the tomatoes may be placed in the basket and the whole lowered into boiling water, producing the same effect.

Here are some tested fresh-tomato dishes which will merit a trial:

### Green Tomato Pie

As soon as the green tomatoes are large enough, make up a batch of tomato mixes. Though deliciously spicy, it is less rich and heavy than ordinary meat-meat, and therefore is better suited to warm weather. Chop fine and drain enough green tomatoes to make three pints of solid pulp. Chop without draining, two quarts of apples and one and one-half cups of suet. Add the juice and grated rind of one orange, one and one-half cups of raisins and currants, half a cup of vinegar, two and one-half cups of sugar (or more, if needed), and half a tablespoonful of salt. Season to taste with cinnamon, clove and allspice and simmer three hours. This will keep for some little time. In baking, use a "lattice" top crust.

### Venetian Tomatoes

Rub to a smooth paste the yolks of two hard-boiled eggs and two level tablespoonfuls of butter. Add one ounce of oil, one-half tablespoonful of vinegar, one teaspoonful of powdered sugar mixed with one salt-spoonful of dry mustard, a pinch of salt and a little paprika. Heat to the scalding point and stir in one beaten egg and rounded tablespoonful of grated cheese. Cook until it thickens and pour over tomatoes which have been pared, cut in thirds, drained and seasoned and broiled over a clear fire.

### Tomato Fancies

Scoop out the interiors of six large ripe tomatoes and put the pulp into a wire strainer to drain. Chop one small onion with one third of a cupful of chopped sweet peppers and a tablespoonful of chopped parsley, simmer in two ounces of butter until the onion is tender. Add enough bread-crumbs to absorb the surplus liquid, and when the tomato-pulp, together with about half of the tomato-pulp, is drained, fill the shells, cover the top with buttered crumbs and steam forty-five minutes. This palatable side dish can be converted into the main dish for luncheon or dinner by using less tomato and adding chopped beef, lamb, fish or liver. The leftover pulp can be stewed and utilized as a tomato-sauce, bisque, or bouillon, or merely chilled and served with lettuce as a salad.

### Tomatoes with Hashed Eggs

Butter as many ramekins as there are persons to be served and place in each, cut side up, half of a large ripe tomato. Allow for each person one hard-boiled egg, half a teaspoonful of chopped parsley and one sardine (a tablespoonful of any cold cooked fish may be substituted). Chop fine, season with salt, pepper and a few drops of Worcester-shire sauce and heap on the tomatoes.

Cover with crumbs, baste with melted butter and bake fifteen minutes in a quick oven.

### Tomato Surprise

Scoop the pulp from the inside of a large, firm tomato, being careful not to break the skin. Mash the pulp, working smoothly into it one teaspoonful of butter, one of celery-salt. Cook this five minutes, adding enough brown bread-crumbs to thicken. Let the shells stand in hot water just long enough to heat through without wrinkling, then fill with the hot mixture and serve at once with bottled macaroni.

Lintor, and one of cream, with salt, pepper and a dash of celery-salt. Cook this five minutes, adding enough brown bread-crumbs to thicken. Let the shells stand in hot water just long enough to heat through without wrinkling, then fill with the hot mixture and serve at once with bottled macaroni.

### Tomato-and-Baked-Bean Salad

Mix cold baked beans with French dressing in the proportion of one of lemon-juice. Surround with sliced tomatoes which have also been dipped in the French dressing, and serve cold.

### Tomato Salad

Cut tops from as many tomatoes as there are persons to be served. Fill with chopped cucumbers and celery, seasoned and blended with a good bottled dressing. Serve on crisp lettuce with a large spoonful of the dressing to each tomato.

A good bottled dressing is made as follows: One and one-half tablespoonfuls of oil; one and one-half teaspoonfuls of mustard, a few grains of Cayenne, two tablespoonfuls of sugar, four tablespoonfuls of vinegar, one cup of milk or cream, two eggs.

## HUMP Hair Pins

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You also receive a High Grade Freebie in each box, consisting of a 10 in. Wash Pan, 2 c. Soap Pan and a 10 in. Folding Fan FREE of all cost or work of any kind. If you wish to opt, we also have beautiful Premiums and they cost for the penny cents for you.

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### Floral Damask Tablecloth

Given for Twelve Subscriptions

No. 1888. This tablecloth measures 54 inches wide by two yards long. It is well woven, heavy weight, and fine close texture, bleached pure-white, and with the beautiful floral and figured effects. Each cloth is attractively finished with a hem-stitched border on four sides.



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### Table-Cover with Kate Greenaway Basket-Design

Given for Five Subscriptions

No. 1928. The lovely embroidery, simple and dainty, is enriched by four gemlike roses, to be worked in solid wreath and French knots. The introduction of the color in this design has the double virtue of adding brightness to the airy basket and appropriate balance to the handsome scalloped edge.

When you have worked the beautiful design and see how fascinating it is on your own center-table, you will be grateful to us for offering you this simple method of winning such a lovely premium to adorn your home.

The design is 36x58 inches with the same charming figure represented in each corner.

**SPECIAL OFFER.** If you will send us the required number of subscriptions to 'The American Woman' at our special **Club-Bakers'** price of 25 cents each, we will send each subscriber this interesting one year, and we will send you the premium of your choice.

THE AMERICAN WOMAN, Augusta, Maine





Popular Premiums for The American Woman

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Start a Club Today

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Given for Four Subscriptions

**No. 1810.** It is safe to say that no crochet-set ever introduced has an greater satisfaction than our combination outfit Number 1810. Holder for Crochet-Cotton is the most practical device. From an adjustable brace which is slipped on over the wrist a spindle with a celluloid disk depends. On this disk the crochet-cotton is held in such a manner that the thread runs off smoothly as you crochet. Aids entirely of white celluloid. Very light. **Three Needles**—large, medium, and small size—enclosed in a wooden holder, and a **Ball** of medium-size Crochet-cotton, are also included.



## 15-Inch Pearl Necklace

Given for Two Subscriptions  
**No. 1601.** Uniform in shape and truly a treasure about the closely resembles the genuine, this pearl necklace is wholly beautiful. You would hardly imagine it possible to imitate so perfectly. There is just as much pleasure in wearing them as there would be in displaying a string of originals.



## A Three-Blader for Men or Boys

Given for Seven Subscriptions  
**No. 1440.** Three blades and a safe handle make this knife a favorite with men and boys. Miller Bros. of Connecticut forgo strength and service into this surdurst of pocket-companions. Everything about it is correct. Blades are made of very best English Crucible cast steel, hardened and tempered by experienced workmen. It is full brass-lined, with brass rivets, has bright polished bolsters and shield. When closed knife is 3 1/2 inches long. Hard-ware-frees charge handsomely for a knife like this.



## Crushed-Silver Bonbon-Dish

Given for Four Subscriptions  
**No. 1026.** You must see this dish to fully appreciate it. It is all in shining silver and gold. The inside is lined coated with sterling silver and the inside is bright with a line deposit of gold.



## Dreamland Pencil-Set

Given for Four Subscriptions  
**No. 1109.** As a model of usefulness this set will take first rank among school-children and high folks alike. Every article is made on quality standard by the Eagle Pencil Company. See what a splendid assortment is sent in each box.

- 1 Pencil, Colonial No. 2
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Gift-Top Pencils all have erasers, and are enamel-polished in assorted colors.

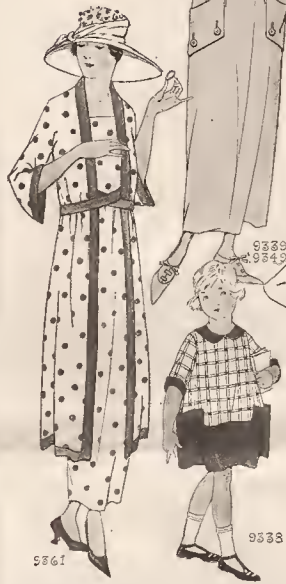
### SPECIAL OFFER

Select the gift that you would most like to have and send us the required number of yearly subscriptions to The American Woman at our special Club-Raisers' price of 25 cents each; we will send each subscriber one year, and we will send you, prepaid, the premium of your choice. (Price by name and number. Send all subscriptions to)

THE AMERICAN WOMAN  
Augusta, Maine



9334



9333  
9349

9361



## Ladies' and Misses' Tucked Waist

A SUMMERY waist of white handkerchief-line, No. 9339, has very fine tucks all the way across the front and a very attractive pointed collar. The waist is made to slip on over the head and fastens on the shoulders. Either the full-length or elbow-length sleeves may be used. The ladies' and misses' tuckered waist-pattern, No. 9339, is cut in sizes from 34 to 44 inches bust measure. To make the waist in the 36-inch size will require 21 yards of 36-inch material.

## Ladies' Two-Piece Skirt

A GOOD model for business or general wear, No. 9349, is gathered at the back and sides at the slightly raised waistline. The ladies' two-piece skirt-pattern, No. 9349, is cut in sizes from 24 to 34 inches waist measure. To make the skirt in the 26-inch size will require 21 yards of 36-inch material and 21 yards of binding.

## Children's Rompers

THE coolest and most comfortable way to dress little tots in the hot weather is to slip on a pair of sensible rompers like No. 9354. The children's rompers-pattern, No. 9354, is cut in sizes from 1 to 8 years. To make the rompers in the 4-year size will require 11 yards of 36-inch material.



9333

## Ladies' Dress

POLKA-DOT foulard or voile makes up most effectively in this style, No. 9361, which has exceptionally good lines. The ladies' dress, No. 9361, is cut in sizes from 34 to 44 inches bust measure. To make the dress in the 36-inch size will require 51 yards of 36-inch material, with 11 yards of 32-inch contrasting goods, and 2 yards of ribbon for sash.

## Children's Dress

JUST the kind of dress that the little girl of eight years or less will feel the most comfortable to play in, is No. 9338. The children's dress-pattern, No. 9338, is cut in sizes from 2 to 8 years. To make the dress in the 4-year size will require 1 yard of 32-inch plaid material, with 1 yard of 36-inch plain material.

## Ladies' and Misses' Dress

YOUTHFUL in its simplicity, is this unusually charming frock, No. 9358, which is well adapted to the use of bordered material. The ladies' and misses' dress-pattern, No. 9358, is cut in sizes for 16 and 18 years, and from 36 to 40 inches bust measure. To make the dress in the 36-inch size will require 11 yards of 41-inch bordered material with 11 yards of 36-inch plain material, with 3 yards of 8-inch ribbon.

## Boys' Steam-Engine

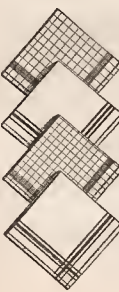
Given for Eight Subscriptions

**No. 1765.** With steam up and wheel turning, a boy has a toy that can't fall to omies and bustle. The Vanden engine, shown above, is one of the most powerful toy engines made. It is modeled after the common "donkey" engines and has fly-wheel with pulley, safety-valves, whirling shut-off, and glass water-gauge to indicate the amount of water in the boiler. It stands 9 inches high and is designed for running such toy machinery as a buzz-saw, tackler, etc. Many principles of engineering are thus taught in a practical way which may easily develop, in the young mind, a taste for life's vocation. Each engine is thoroughly tested and fully warranted. Full directions for operating are included.

## White Figured Handkerchiefs

One Dozen Given for Five Subscriptions

**No. 1522.** To women wishing something in handkerchiefs, without fancy frills which only make expensive, we recommend these assorted patterns which come in one-dozen lots. All are of bleached material, white-figured and 12 in. square, and have narrow hemstitched edges. They will give a satisfactory service and are the best value ever offered at terms comparable with ours. Neither mills nor dealers are ever overstocked with this grade, which just meets the needs of the average person. You will do well to slip in, in advance, for everyday use.



We will send patterns of any of the garments illustrated and described above, by mail, postpaid, on receipt of fifteen cents each. In ordering, give number of pattern and size wanted. Each number calls for a separate pattern. Address THE AMERICAN WOMAN, Augusta, Maine



**Men's Sport-Shirt**

A sport-shirt, No. 9340, showing several new features, is galteried to a yoke across the back.

The men's sport-shirt-pattern, No. 9340, is cut in sizes for 14, 14½, 15, 15½ and 16 inches neck measure. To make the shirt in the 14½-inch size will require 4 yards of 32-inch material.

**Ladies' One-Piece Apron**

IN order to appear as cool and as neat as possible during the warm days that remain, one really needs just such an apron as No. 9346, to slip on in the mornings. It is cut all in one piece and slips over the head.

The ladies' one-piece apron-pattern, No. 9346, is cut in sizes for 36, 40 and 44 inches bust measure. To make the apron in the 36-inch size will require 3½ yards of 32-inch material, with 1 yard of 36-inch contrasting material and 9½ yards of binding.

**Ladies' House-Dress**

MADE up of gingham with trimmings of white, this house-dress, No. 9348, becomes very presentable for morning or porch wear.

The ladies' house-dress-pattern, No. 9348, is cut in sizes from 34 to 42 inches bust measure. To make the house-dress in the 36-inch size will require 5½ yards of 27-inch material, with 1 yard of 36-inch contrasting material.

**Ladies' and Misses' Waist**

THE roll collar extends into broad revers at the front, which are daintily outlined with tiny crisp ruffles. The back of the waist, No. 9354, laps over the shoulders in yoke effect.

The ladies' and misses' waist-pattern, No. 9354, is cut in sizes from 34 to 44 inches bust measure. To make the waist in the 36-inch size will require 2½ yards of 36-inch material, with 2½ yards of ruffling.

**Ladies' Three-Piece Skirt**

A WELCOME change from the usual three-piece skirt, is No. 9346, and has the right gore cut much wider than the left, bringing the closing over on to the left-side front.

The ladies' three-piece skirt-pattern, No. 9346, is cut in sizes from 24 to 34 inches waist measure. To make the skirt in the 26-inch size will require 2½ yards of 36-inch material, with 6½ yards of binding.

**Girls' Dress**

SERVICEABLE as well as becoming is this little dress, No. 9345, of navy-blue challis, with relieving touches of white organdy.

The girls' dress-pattern, No. 9345, is cut in sizes for from 6 to 14 years. To make the dress in the 12-year size will require 4 yards of 27-inch material, with 1 yard of 36-inch contrasting goods.

**Club-Raisers**

This Is Your

**Opportunity**

**Subscription-Price Now Fifty Cents**

But if you are an American Woman Club-Raiser you can offer The American Woman for Thirty-Five cents a year. This is your opportunity. You can offer your neighbors and friends—or total strangers, for that matter—a fifteen-cent discount from the regular subscription-price as an inducement for them to give you their American Woman subscription, both new and renewal. If they subscribe through any other channel, the price is fifty cents. If they subscribe through you, an American Woman club-raiser, now, the price is only thirty-five cents. The subscriber saves fifteen cents, and you are enabled to raise a large club with very little effort. We do this for you because we realize the value to us of a large army of efficient club-raisers who always will be on the lookout for every possible new subscriber to The American Woman, who will be eager to take care of renewals, and who will at all times be ready to boost their favorite home magazine. By guiding new business to you we are in hopes of keeping your interest ever at topnotch efficiency, and that is why we have decided, for a time, at least, to keep the

**Special Club-Raisers' Price Still Thirty-Five Cents**

While this special club-raisers' price prevails, you cannot fail to score immense results if you diligently apply yourself to the task of boosting The American Woman. By securing only two subscriptions you are entitled to a premium. The larger the club, the better premium you will earn. Every one of our premiums is worthwhile, guaranteed merchandise; all articles of utility and decoration—often little luxuries one does not feel like spending from a regular income to secure, but obtained in this manner without the outlay of one single bill of money—they give the double satisfaction of possession coupled with true thrift. Several hundred thousand club-raisers have been securing, for their homes and for their families, many gifts each year by getting their acquaintances to subscribe for The American Woman through them. Now with this special club-raisers' price, everyone will be anxious to place the subscription through a club-raiser, because

**Club-Raisers Can Save Subscribers Fifteen Cents**

On each subscription. That is why we say this is, indeed, the club-raisers' opportunity. Heretofore you have been obliged to rely solely upon your own energies and resourcefulness in order to convince a would-be subscriber that the subscription should be placed through you. It has always been comparatively easy to make new friends for The American Woman by pointing out its particular merits to housewifely women, but who have not known The American Woman. Then came the necessity of getting the new subscriber to let you send in her renewal for her when the time for renewal came, and how she will be anxious to pay for the renewal through you because she will save fifteen cents by doing so. You have only to look to it, that you are the particular club-raiser who gets the business in your neighborhood. To do this is simple—*be the first on the field*. Start to-day and build a permanent club of subscribers, who will recognize you as their club-raisers. They will appreciate the help you can give them, and you can secure right along, without cost, many of our worthwhile premiums.

**How To Become a Club-Raiser**

Anyone can become a club-raiser, simply by getting new subscriptions and renewals to The American Woman. Your territory is not restricted, you can take subscriptions from anyone anywhere and at any time. Always have a sample copy at hand. We will furnish them free upon request. Collect thirty-five cents in advance for each yearly subscription and send the subscriptions and money to us. State in your order that you are a club-raiser. Your name will then be placed on our books as a club-raiser, and you will be given credit for the number of subscriptions sent. When you have sent the required number of subscriptions, uniting you to the premium which you have chosen, it will be sent to you, postage prepaid. Your next order will then count toward the next premium. Do not hold back your subscriptions. Send them in as fast as you get them. We will hold credits for you a full year. Start to-day. Many premiums are advertised in this issue of The American Woman. Others will be advertised each month. Address all orders to

THE AMERICAN WOMAN  
Augusta, Maine

We will send patterns of any of the garments illustrated and described above, by mail, postpaid, on receipt of fifteen cents each. In ordering, give number of pattern and size wanted. Each number calls for a separate pattern. Address THE AMERICAN WOMAN, Augusta, Maine

# Raise a Club of American Woman Subscriptions and Get One of These Premiums Without Cost



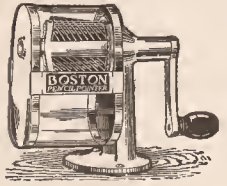
### "Rembrandt" Paint-Box

**Given for Four Subscriptions**  
**No. 2904.** This is a high-grade artist's color-color outfit with the widest range of color-possibilities. There are sixteen pans of regular colors and a tube each of black and of white most colors, and a camel-hair paint-brush. The outfit is of the famous White-Bread manufacture. All comes in a special partitioned metal box 8-2-23 inches.



### Baltic-Crash Scarf

**Given for Six Subscriptions**  
**No. 1991.** We wish you could see this ornamental design completed in colored embroidery, as we have. Outlining is done in black, and the straight stripes across the neck are done with double thread, of rose-color, in one straight stitch, as the striped design shows. Leaves are worked in green. We supply sufficient floss, of the colors mentioned, to completely work the design. Size 18x54.



### Boston Pencil-Pointer

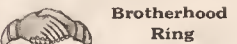
**Given for Seven Subscriptions**  
**No. 1979.** With a Boston Pencil-pointer even a child can put a new working-point on the dulllest pencil in half a minute. It is an article that should be in the home of every family, school or office. It will not rust, and the temper of those who use it, because it will not break the lead. And it saves buying many pencils, thus saving its owner much money. We send it by mail, postage prepaid.



### Daisy-and-Wheat Center

**Given for Four Subscriptions**  
**No. 1993.** Our Daisy-and-Wheat Center is very unusual, yet beautiful when completed. It comes stamped on 24-inch white paper-cloth, which will both wear and look well. The shell-like edges are for buttonholes. The rest of the work embodies solid, satin-stitch, and French knots. The design consists of five flower-and-wheat sprays with bowknots, which are connected together by branches.

We are very glad to be able to offer our readers such an opportunity as this to help all the "Hope Chests," or for immediate use.



### Brotherhood Ring

**Given for Five Subscriptions**  
**No. 1996.** Our beautiful Brotherhood Ring is of 120 gold stock, and is one of the very latest pieces of jewelry. We are sure that it will please you.

## Worthwhile Premiums for the American Woman Club-Raisers



### Tear-Drop Center

**Given for Five Subscriptions**  
**No. 1990.** Seldom do we find a center with so much beauty for so little work as is in this Tear-Drop Center. The deep edge, consisting of single and triple scallops, alternating immediately attracts your attention.

The design is stamped on 36-inch white Butcher-Cloth and is prettily grouped and well balanced. The work is for solid and eyelets. The only variation of the regular methods of work is given by the shaded eyes, or leaf-drops, which extend in a point toward the center from the larger rings. These are padded on one side, and the width gradually diminishes to the usual eyelid-stitches on the other side.



### Narrow-Band Wedding-Ring

**Given for Four Subscriptions**  
**No. 1852.** Even wedding-rings change in style, and that most in favor at present is the narrow, well-rounded ring, like our illustration. It is heavier and thicker than the old-style flat band ring, and for that reason does not chafe the finger. It is becoming very stylish and popular and is appropriate for either maid or woman. Paralyzed by a substantial gold filling in sizes from 6 to 12. It will give satisfactory service for many years. Be sure to give ring size.



### Large Gems 12K Filling

**Any Size Given for Four Subscriptions**  
**No. 1840.** One of the most recent developments in gem-rings is the oblong shape running across the finger. We offer choice of four perfectly imitated stones, Sapphire, Ruby, Emerald, or Garnet. Sizes 5 to 13. State stone and also size.



### Child's Belcher-Set Ruby

**Given for Two Subscriptions**  
**No. 1413.** Extra value and quality are apparent in this popular style. Illustration shows a ring with a central ruby stone. Stone is richly colored and true to original gem.



### Ladies' Jeweled Pin

**Given for Two Subscriptions**  
**No. 1978.** Here is a little pin that will appeal to all our lady readers. It is in the form of a circle surrounding a star, the outer edge being set with Rubies, Pearls and Sapphires, making the colors of our flag, Red, White and Blue, in a setting of gold-filled metal.

**No. 1784.** A woman has so many uses for such neat little pins as these. They are so handy for catching up frays in a waist, pinning a handkerchief, or for any place where a small but attractive pin is required. Forget-me-nots are hand-painted on filled gold.

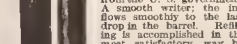
**No. 1975.** Liberty Silver is used for the underlying material, over which there is a 14k gold plate. We will engrave three initials or any name of not more than ten letters. The engraving cuts through the gold, showing the bright metal, making a very handsome pin.



### Combination Fountain-Pen and Pencil

**Given for Nine Subscriptions**  
**No. 1893.** If you have searched in vain for a satisfactory fountain-pen, here is the goal of your quest. Every pen must meet the exacting test of daily general use, or it may be returned. The rubber contained in it comes from Para, Brazil; the fountain point comes from Russia; the ink gold pen is made from gold procured from the government.

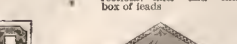
A smooth writer; the ink flows smoothly to the ball from the barrel. Filling is accomplished in the most satisfactory way by the dropper filler. To increase the usefulness of this superb writing-article, the end opposite the gold pen is equipped with a propelling ball-peg. A few turns of the screw force the ball into writing-position or return it to its protective socket. Each pen is equipped with a safety clip to insure against loss and is mailed in a box with directions, filler and extra box of leads.



### New-Idea Crochet-Needle

**Given for Four Subscriptions**  
**No. 2002.** Those who have used this new crochet needle, including members of Needlecraft's Staff, say that, once you adopt this needle, you never will go back to the old one. The flat handle enables one to hold the needle easily and securely between the thumb and finger without cramping the hand, thereby giving a uniformity to the work which cannot be secured by any other shape of handle. It is being adopted by the best crochet-workers. The handle is French Ivory.

The needle comes in a handsome plush-lined, ivory-finished case, making it exceptionally appropriate for a gift. Sizes 8 (medium) to 14 (fine). State size when ordering.



### Your Name or Initial Pin

**Given for Two Subscriptions**  
**No. 1973.** Here is a little pin that will appeal to all our lady readers. It is in the form of a circle surrounding a star, the outer edge being set with Rubies, Pearls and Sapphires, making the colors of our flag, Red, White and Blue, in a setting of gold-filled metal.

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### SPECIAL OFFER

Select the premium that you would most like to have and send us the required number of yearly subscriptions to The American Woman at our special Club-Raisers' price of 35 cents each; we will send each subscriber this magazine one year, and we will send you, prepaid, the premium of your choice. Order by name and number. Send descriptions to:

The American Woman  
Augusta, Maine



# The American Woman Calendar

**August 1. Friday**  
Turn from the past; let old regrets  
Harvest the wisdom and shut the door;  
Turn to the dawn when the sun is set,  
Turn from the chill of the morrow  
Learn to forget.

**August 2. Saturday**  
Let us now rest in the assurance that we are  
surrounded by health, happiness and prosperity,  
but put away our care, anxiety and belief in  
evil, and strive to realize our oneness with our  
Father.

**August 3. Sunday**  
Eternal life is here! That life is love!  
It is here in the love of the above.  
Eternal life is here! Rest in peace.  
And as I live in God, all joys increase.

**August 4. Monday**  
Greatness is usually a by-product. It comes  
to those who are so busy accomplishing some  
task that needs to be done that they have no  
time to think of their own glory.

**August 5. Tuesday**  
Who blesses others in his daily deeds  
Will find healing and his spirit needs;  
For every flower on earth's pathway thrown  
Conveys its fragrant beauty on its own.

**August 6. Wednesday**  
Do not think that what your thoughts deal  
with is of no matter. Your thoughts are making  
you and your environment and circumstances.  
Therefore think of all things as you wish to  
see made manifest in the visible realm.

**August 7. Thursday**  
If you want to be a success  
Take one with you all the while.  
I am saying that to you, for you know  
What you give comes back to you.

**August 8. Friday**  
Do not waste your time thinking about how  
people have wronged you. Forget everybody  
and start anew. Your rusty gear against a  
modern band will only bring hard circum-  
stances than can any deed that neighbor could  
possibly do to you.

**August 9. Saturday**  
Is there a past with a judgment-debt?  
Is that you can, then make me your debtor;  
And, turning away from the memory-foot,  
Live on the moment's brittle edge—  
Learn to forget.

**August 10. Sunday**  
The sense of God present—a very present  
help in time of trouble—removes all evil, all  
lack and disease of mind, body or affairs because  
of the sense of a wholly-true and boundless  
master—Fate. This sense of ever-present good-  
ness is satisfaction and success.

**August 11. Monday**  
There's a kindly creed of kindness, and it's just  
the creed for us;  
It is higher than the heavens, it is deeper than  
the sea.  
It can stand the test of acids and subdue the  
skeptic's sneer.  
For the kindly creed of kindness has no enemy  
to fear.

**August 12. Tuesday**  
Count your blessings and trust yourself in  
building up your health, happiness and prosperity  
by thinking about good. You can never attain  
to your desires while you are using your time  
and energy in foolish worries and grudges.

**August 13. Wednesday**  
Someone is sad; then make a word of cheer;  
Someone is lonely; make him welcome here;  
Someone has fallen; help him from despair;  
Someone is poor; then's something you can  
share.

**August 14. Thursday**  
In blessing others that give a well-earned rest,  
In blessing others, too, thyself art best.

**August 15. Friday**  
All that really is, all that exists, is good; that  
which we call evil is lack of good. If God is all,  
then that thing which we call evil is how we  
are not being really in poverty and sickness;  
Such things seem very real, but just lack of  
your heart the truth that all that is not good—  
or God—is nothing, and see how quickly your  
troubles will be seen to disappear.

**August 16. Saturday**  
Putting love and interest into any work you  
do will do it, in the most sure way to graduate  
from it into the work you are longing for.

**August 17. Sunday**  
Be still, dear heart, and know  
The life, the peace, the satisfaction  
That thou art striving for.  
Be, my baby, longing vainly to possess,  
Are thine arising.

**August 18. Monday**  
Have faith in every circumstance, in every  
phase of environment, and these will give thee  
help to you. What the world does not address en-  
vironments will trouble you no more; they will  
on the other hand, become open gates to pas-  
tures good.

**August 19. Tuesday**  
Taking it all together, this world is hard to beat.  
If there is a turn that ever comes, the roses  
all are sweet.

**August 20. Wednesday**  
Stand porter at the door of consciousness; be  
no doubt, fear, worry nor anxiety may your  
rest. Stand firm in the knowledge of the  
absolute good. Remember that health is your  
divine birthright.

**August 21. Thursday**  
If it you and I who can bring world-peace  
By seeing God's truth each day,  
By the thought that we may have  
With love's illumining ray,  
Then let us try to bring that peace will come.  
Nor will it follow the sword;  
But as you and I show forth in our lives  
The love and peace that we receive.

**August 22. Friday**  
So it comes to pass that the only way not to  
be hurt is to be so sure that you have no  
as to know there is nothing to worry about.

**August 23. Saturday**  
There is no way to find a magic ring—  
The ring of faith-in-prose, life's gold of gold;  
Remove it, nor, lest all life be taken wing.

The Lord Jesus has and keeps these: the Lord  
made His face to shine upon thee and be gra-  
tified with thee; the Lord sits up, to coun-  
terpane upon thee and give thee peace.

**August 25. Monday**  
When spurred by this unreason or undone  
You would seek rest afar,  
And think that it is rightly woe to  
Rest where you are.

**August 26. Tuesday**  
Nothing so increases the power of spiritual  
energy as the glow and ardor and joy of doing  
some little service for another. In this lies the  
real blessedness, the real luxury of life.

**August 27. Wednesday**  
Let us rest ourselves a bit!  
Worry? Wave your hand to it—  
Kiss your finger-tips, and smile  
It farewell a little while.

**August 28. Thursday**  
When we exercise faith, all doubt, all fear and  
all anxiety are absent; should those undesirable  
mental states appear, we may know that our  
minds are dwelling on the surface of things in-  
stead of the spirit of things.

**August 29. Friday**  
Never mind what has been; fix your heart and  
hearting of happy days coming yours shall bring.

**August 30. Saturday**  
Many times we think the skies of life are  
clouded over, when the Lord sits up, to coun-  
terpane our head in the stream of our own sight-  
ing. The reverse is the truth.

**August 31. Sunday**  
Shine and shine! and shine and shine!  
Ah! today the splendor!  
Happiest of years and mine—  
God! but God is tender!  
I am not misled of my thinking  
Yesterday, in sorrow  
I was not misled of my thinking  
This for us to-morrow!

## THE HOMEMAKER

Concluded from page 19

ful each of salt, ginger and cinnamon, a half  
teaspoonful each of clove and allspice, and two  
teaspoonfuls of baking-soda, mix with the  
sugar, molasses and milk and beat thor-  
oughly, then add three tablespoonfuls of  
melted shortening and one and one-half cups  
of seed raisins. Bake in a hot oven to cook  
in squares. This is a delicious dessert  
served hot with whipped cream, and any  
pieces that are left until they become dry  
are steamed and served with liquid sauce as  
a fruit pudding.

**Corn Fritters.**—Two eggs, one can of  
corn, one cup of milk, a generous pinch of  
salt, two teaspoonfuls of baking-soda, and one  
half teaspoonfuls of baking-powder, and pour  
to make a rather thin batter. Fry in hot fat  
to a nice brown. Battered rice may be  
used instead of corn.

**Mrs. H. L. Peterson.**

**Blackberry Tart.**—When you are bak-  
ing make a few tart-shells and some strips  
of pastry; it is little extra work to make and  
keep them with other things, when the oven  
is heated, and you will find them very nice  
for an emergency dessert. Mash a pint or  
half box of blackberries, add a half cup of  
granulated sugar and set away for a half  
hour or so until the juice has risen and  
it begins to thicken, then add slowly one  
half cup of powdered sugar and a few drops  
of extract of vanilla. Bake in a shallow pan.  
When stiff combine with the sugar and ber-  
ries, fill the shells, lay strips across the top  
and serve at once.

**Cherry Pudding.**—Cream one table-  
spoonful of melted butter and one half cup  
of sugar, add to this a well beaten egg, a half  
teaspoonful of soda dissolved in a very little  
hot water and stirred into a cup of sour milk,  
and two cups of bread flour, mixed with one  
pint of sweet cherries, stoned. Bake three  
quarters of an hour in a moderate oven, and  
serve with liquid sauce or with sugar and  
cream. I have used blueberries instead of  
cherries and found the pudding equally good.  
Sometimes I bake the cake in gen-  
panes instead of a square tin and serve the  
cakes hot, with butter.

**Coffee Mousse.**—Dissolve one cup of  
sugar in two cups of good coffee, strong and  
rich, add a half teaspoonful of cream and  
gelatine which has been soaked until softened  
in a little cold water, set aside until the mix-  
ture cools and begins to thicken somewhat,  
then add a half cup of cream and a half cup  
of heavy cream whipped stiff and flavored  
with a teaspoonful of vanilla-extract. First  
beat the cream until it begins to thicken,  
then add the mixture gradually, stirring  
all the while. Pour all into a mold, cover  
with waxed paper and put in the lid, which  
must fit tightly, pack in ice and salt and let  
stand for three hours. These receipts are all  
tested, and good. Sister Sue,  
Haverhill, Mass.

## Here Are Some American Woman Premiums That YOU Want



**Bluebird Bread-and-Milk Set**  
Given for Ten Subscribers

**Ladies' Nightgown**  
Given for Six Subscribers

**No. 2022.** This bread-and-milk set will make breakfast an attractive meal for the younger folk, and even a supper of healthy milk will be enjoyed. The pitcher is 5 1/2 inches high, the bowl is inches in diameter and the plate in proportion, all made of best American china and decorated with the ever popular bluebird pattern in red-and-blue design, and blue-line borders. The background is pure-white, with embossed white decorations around bottom of pitcher and bowl. The whole effect is very attractive.

**No. 1704.** Our lady readers will readily see the advantage of getting this Nightgown because it is semi-made from a one-piece pattern, and the stamped design for embroidery is unusually good. The material is satin-look, and we give six skins of Embroidery-Cotton for the needlework. Any favorite shade of ribbon may be used, and attached pieces are in every color shade or may be bought cheaply, therefore we do not include that in our offer. It really makes a very economical way to get a beautiful supply of Nightgowns, for our terms are liberal.

### Our Offer

Send in the required number of subscriptions to The American Woman at our special Club-Women's price of 35 cents each, we will send each subscriber this magazine in one, and we will send you, free-paid, the premium of your choice.



The American Woman  
August, Missis

### Victory Chain

**No. 2024.** Now that the war is over, we can feel like putting on a little more style, and we are going in for pretty and cheerful colors. The chain means by this that we want loud or gaudy or cheap appearing jewelry.

### Fudge-Apron

**No. 1740.** This elegant design is stamped on National White Linen all ready to embroider. It passes over the head and shoulders as shown in the illustration, and a belt passes around the waist and fastens in front. While it is more particularly designed for fudge-or-candy-making, still it may be used for most any other purpose for which an apron is needed. We believe our lady friends will thank us for the opportunity now offered them to procure one or more of these handsome aprons on such favorable terms.

### Kewpie Ring

**No. 2025.** This is the very latest novelty in rings, and is bound to become very popular. Kewpie guarantees that this made of sterling silver and offered on such liberal terms that everyone can have a Kewpie Ring. To designate size wanted send a piece of string or slip of paper that will just fit around ring finger.

### Baby's First Set

**No. 2029.** Here is an ideal gift for baby's set of 25¢ guaranteed silver-plated ware, consisting of fork and spoon, tin-plate preserver, tin plate. The set is mounted on a prettily illustrated card with verse, all in color, and making an ideal gift. Every piece of this well-known ware carries the registered trademark and is guaranteed to have a base of 100% cent. nickel-silver, 999-1000 fine, with a heavy plate of pure silver, 999-1000 fine.

### Stemmed Junior

**No. 1502.** The box type possesses features characteristic of this character. It uses the slip-pack exclusively, loaded in daylight, and single exposures may be removed at any time for development. To load, open back, drop film-pack in place—close the back, and camera is loaded in daylight. Drop automatic shutter for time or snap-shots, two view-finders and two tripod-sockets. Takes a clear, sharp picture 2 1/2 x 3 1/2 inches.

### Baby's First Set

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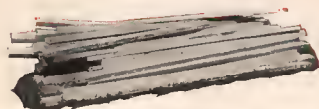
# Build Your Own Home

You Will Save:



Contractor's Profit  
Middlemen's Profit  
Architect's Fees  
20% Lumber Waste  
30 to 40% on Labor

## Read How the ALADDIN System Saves You This Money

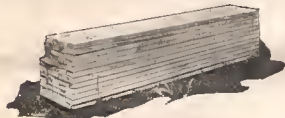


Above Lumber from Dealer  
Stock Lengths—Average Waste 18%

Why should you buy 1250 feet of lumber when you only need 1000 feet? Why should you pay four profits on the material to build your home when you can pay only one?

This is a straight shot at the "high cost of building." The much talked of high cost is not entirely due to the price of materials—a big part is the high cost of Waste.

Why does your carpenter and Lumber dealer agree that it takes 1250 feet of material to cover 1000 feet of space? Ask them. They'll tell you it takes more material for fitting, mitering and working. Of course you have to pay for this "extra" material and after the job is finished it makes up the "waste pile" of firewood that you bought by the thousand feet and at a big price, too. Besides you paid four profits on the material—timber owners, saw mill, lumber jobber and dealer.



Above are ALADDIN Joists  
Correct Size—No Waste

## One Profit and No Waste Cuts Down Building Cost

When you buy an Aladdin home you buy only the material required to build it. And that's all you pay for. The Aladdin system does not ask you to pay for extra material for mitering or fitting. The Aladdin system is the scientific method of using up both ends of the board—and knowing it before it is cut. As an illustration, take the sheathing for your Aladdin House. It is unloaded out of the car cut-to-fit ready for use. Possibly among other joists there are ten pieces thirteen feet long. These were cut from a sixteen foot board. You paid for only 13 feet. The other 3 feet from each board were used in another home.

Sheathing Lumber in  
Gable of Aladdin  
House

All Cut to fit, Saves  
Labor and  
Lumber



## Labor One of the Biggest Items in Building a Home--Reduce It 30% to 40%

It doesn't take near as long to nail a cut-to-fit piece of lumber in place as it does to measure, saw, and then nail it. There you have the difference between the Aladdin System and the old fashioned system of construction. It's not surprising that our customers claim savings up to \$500 on the cost of materials and the cost of building their homes. A carpenter's time is valuable. You can't expect to cut down your building cost if you waste his time.

Attractive Bungalow Design

"Stanhope"



## Build an Aladdin House--Save \$250 to \$850. There's an Aladdin Home Near You

A complete Aladdin Bungalow Home, all material cut-to-fit for less than \$1000. A hundred distinctive attractive homes in the Aladdin Book of Homes to select from. Each design erected several times—some near you. Owners claim savings of \$200, \$275, \$350, \$425, \$500 up to \$850. Send for name of owners near you—visit their homes, inspect the high quality materials and then ask them about their experience building an Aladdin. Send for the remarkable book "Aladdin's Homes" today.

## Aladdin Dollar-a-Knot the Strongest Guarantee Offered the Home Buyer

Aladdin materials are the finest obtainable. Every Aladdin Home shipped from our Bay City mills contains clear and knot-free inside finish, shingles and siding. The Aladdin Dollar-a-Knot Guarantee is proof of the high quality material included with every Aladdin Home. It is the only bona fide quality guarantee offered the home builder today.

Complete 5 Room House  
\$540 All Material Cut  
to Fit, Complete



## Send for Book "Aladdin Homes"--Save \$200 to \$800

It shows in color over 100 designs—Dwellings, Bungalows, Summer Cottages and Garages—all cut-to-fit—no waste of lumber or labor. The Aladdin price includes all materials cut-to-fit as follows: lumber, millwork, flooring outside and inside finish, doors, windows, shingles, bath and plaster, hardware, locks, nails, paint, varnishes. The material is shipped to you in a sealed box-car, complete ready to erect. Safe arrival of the complete material in perfect condition is guaranteed. Send today for a copy of "Aladdin Homes No. 718."

Send This Coupon NOW

The Aladdin Co., 719 Aladdin Ave., Bay City, Mich.

Enclosed find stamps for which send me the book, "Aladdin Homes No. 718."

Name .....

Street .....

City .....

State .....

# The ALADDIN Co.

719 Aladdin Ave. Bay City, Mich.

Southern Division: Hattiesburg, Mississippi

Canadian Branch: The Canadian Aladdin Co., C.P.R. Bldg., Toronto, Ont.



## 6-Piece Set Fumed Solid Oak

**00**  
**DOWN**

## A Room Full of Furniture

Send only \$1.00 and we will ship you this handsome 6-piece library set. Only \$1.00 down and then \$2.70 per month, or \$27.90 in all. A positively staggering value, and one of the biggest bargains we have ever offered. Look at this massive set, clip the coupon below and have it shipped on approval. Then see for yourself what a beautiful set it is.

If you do not like it, return it in 30 days and we will return your money. All you have to do is send the coupon with \$1.00. This magnificent library set is not shown in our regular catalog. The value is so wonderful and the demand so great that there aren't enough to go around, so send today sure. Either have set sent for you to see, or tell us to mail catalog.

### 6 Pieces

This superb six-piece library set is made of selected solid oak throughout, finished in rich, dull waxed brown fumed oak. Large arm rocker and arm chair are 36 inches high, seats 19x19 inches. Sewing rocker and reception chair are 36 inches high, seats 17x17 inches. All four pieces are luxuriously padded, seats upholstered in brown imitation Spanish leather. Library table has 24x34 inch top, with roomy magazine shelf below, and beautifully designed ends. Jardiniere stand measures 17 inches high with 12 inch top. Clip the coupon below and send it to us with \$1.00 and we will ship the entire set of six pieces, subject to your approval. No C. O. D. Shipped K. D. We ship K. D. so as to save you as much as one half of the freight charges. Easy to set up. Weight about 176 pounds. No discount for cash. Order by No. B5566A. \$1.00 cash, \$2.70 monthly. Total price, \$27.90. Pieces not sold separately.

## Act Now—While This Special Offer Lasts!

Don't wait a day longer. Sit down today and send in coupon for this 6-piece Fumed Solid Oak Library Set. For a limited time only are we able to offer you this stupendous bargain. Prices, as you know, on everything are going up, up, up. It is impossible to tell just what day it will be necessary for us to increase the price of this wonderful Fumed Solid Oak Library Set. So act, but act quickly. Fill out coupon, send it to us with first small payment and we'll ship you this wonderful 6-piece Fumed Solid Oak Library Set. Pieces not sold separately.

## Send This Coupon

## Easy Payments!

### Free Trial Coupon

STRAUS & SCHRAM, (Inc.)

Dept. C303, W. 35th St., Chicago

For a limited time only, clip special advertisement

and return Fumed Solid Oak Library Set. I am to have

30 days free trial. If I keep the set, I will pay

you \$27.90 monthly. If not satisfied, I am to return

the set within 30 days and you are to refund my

money and freight charges I paid.

6-Piece Library Set, No. B5566A, \$27.90

Name.....

Address.....

Post Office..... State.....

For  Furniture,  Jewellery,  Silverware,  Toys,  Books,  Stationery,  Linens,  Bedding,  Bathing,  Children's,  Men's,  Women's and Children's Clothing

Along with \$1.00 to us now. Have this fine library set shipped on 30 days' trial.

We will also send our big bargain Catalog listing thousands of amazing bargains.

Only a small first payment and balance in monthly payments for anything you want. Send coupon now.

Open an account with us. We trust honest people, no matter where you live. Send for this wonderful bargain above or choose from our big catalog. One price to all, cash or credit. No discount for cash. Not one penny extra for credit. Positively no discount from those sensational prices and no C. O. D.

**30 DAYS' TRIAL** Our guarantee protects you. If not perfectly satisfied, return the article at our expense within 30 days and get your money back—also any freight you paid. **Could any offer be fairer?**

### Free Bargain Catalog

Shows thousands of bargains in furniture, jewelry, carpets, rugs, curtains, silverware, clocks, porch and lawn furniture, women's, men's and children's wearing apparel.

**STRAUS & SCHRAM, Dept. C303, W. 35th St., CHICAGO**

below

The first picket line  
College Day in the picket line - Feb. 1917

