100% 90% 80% 70% 60% 50% 40% 30% 17.73% 20% 8.33% 7.23% 10% 4.12% 4.00% 3.69% 3.26% 1.99% 0.74% 0.83% 0.00% 0.00% 0.00% 0.00% 0.36% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% American Indian Anasta Native foods 0% Vegetables and vegetable products Fintshand shelftsh products Lando, yeal, and pame products Legunes and legune products Careal drains and pasta Dairy and eag products 5, entrees, and side dishes Hut and seed products Sausages and uncheon means Soups, sauces, and pravies Breaktast careals Baked products Beefproducts Portproducts Politry products spices and hards Babyfoods Beverages

Averages (%) of foods containing appropriate levels of dietary fiber and potassium (to achieve adequate intakes of dietary fiber and potassium) based on the proposed method in food groups

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