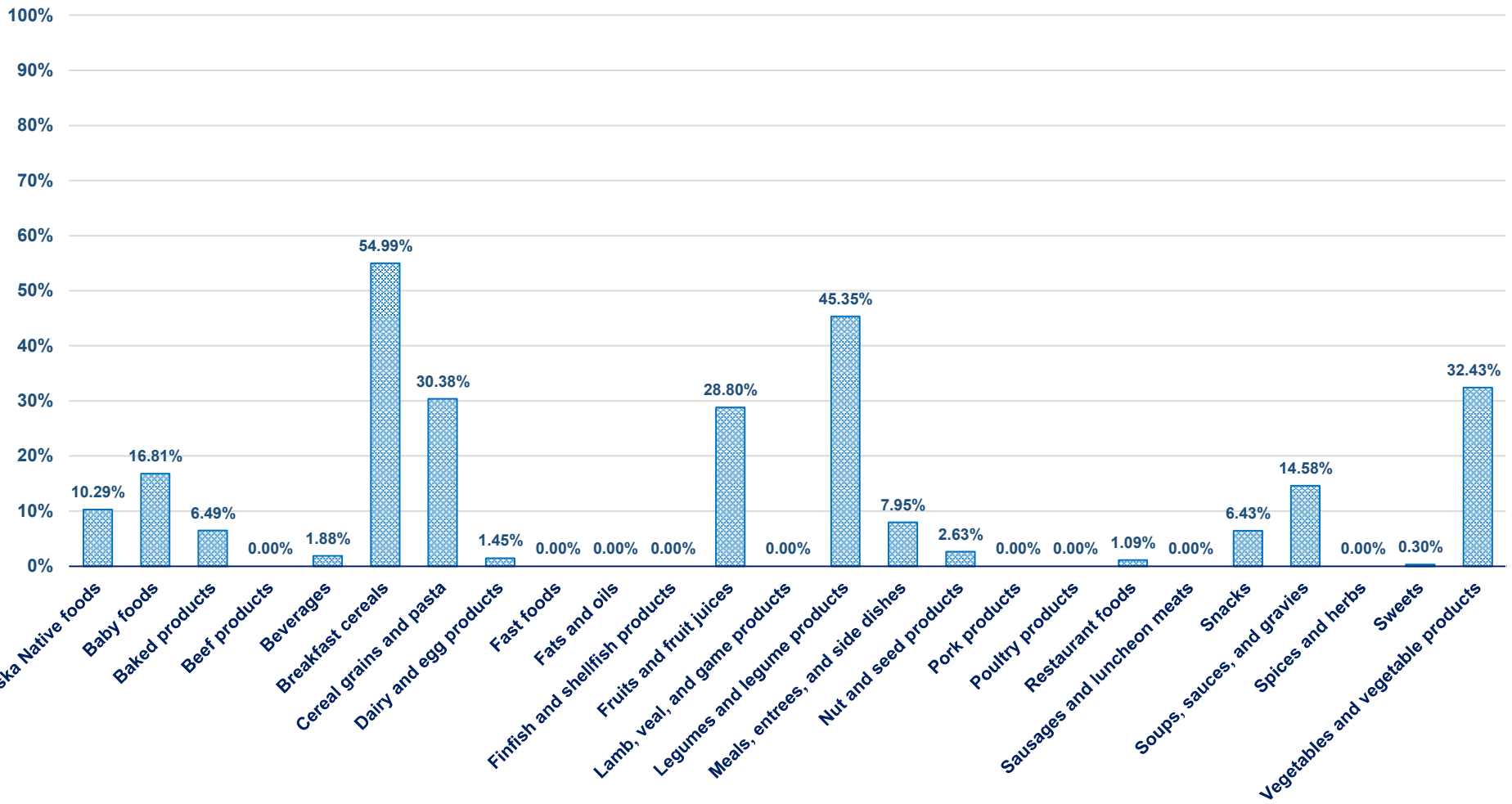


Dietary fiber - Saturated fat



Averages (%) of foods containing appropriate levels of dietary fiber and saturated fat (to achieve adequate dietary fiber intake and to limit saturated fat intake) based on the proposed method in food groups

References:
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