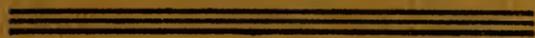
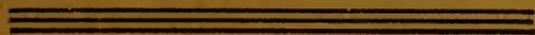
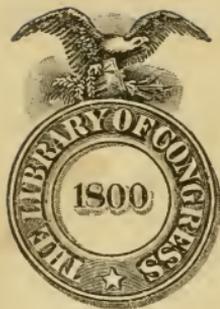


**WEST BEND**



**COOK BOOK**





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.... THE ....

WEST BEND

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# COOK BOOK

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COMPILED FROM RECIPES CONTRIBUTED BY LADIES OF  
WEST BEND; ORIGINALLY PUBLISHED FOR THE  
BENEFIT OF ST. JAMES' SOCIETY,  
WEST BEND.

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Good Cooking means much tasting and no wasting;  
English thoroughness, French art and Arabian  
hospitality; it means, in fine, that women are to  
be perfectly and always ladies—loaf givers.

—*Ruskin.*

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## PREFACE.

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RECIPES, like friends, must be tested before their worth is proved, and since "the proof of the pudding is the eating," the compilers of this little volume take pleasure in assuring their readers that the toothsome dishes herein described will bear that test. The descendants of the noble pioneer women of our state are worthy successors to their mothers and grandmothers in the art of domestic cookery, and it is to their generous co-operation that we are indebted for the choice recipes contained within these pages. German, American and French have given liberally of their store so that our West Bend Cook Book will be found to embrace a great variety. We do not claim that this little work is comprehensive in detail, for much has been omitted which is to be found in the ordinary cook book, but we have aimed to gather together some of the choicest recipes of our German-American and French-American cousins whose untiring efforts have helped in such great degree to make our beautiful Wisconsin the prosperous state it is to-day. With this explanation we beg that our readers will be

"To our faults a little blind,  
And to our virtues very kind."

—M. B. W.



## INTRODUCTION.

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IF I were asked the greatest need of the American housewife of to-day, I should answer without hesitation, "A wiser and more complete training for service in the home." This training should be given not only to the class employed as assistants, but to the mistress herself.

The feeblest judgment admits the necessity of training for every profession, for every trade, for every department of labor. No one pretends to question it; time and money are given and given freely to secure it. But in one department, and that the most elemental and important in its need, we seem to take it for granted that little or no preparation is required. The result is, the young married woman too often steps into her home to preside over its destinies ignorant of almost everything that can build its foundation deep and secure. She may know every other form of mathematics save that which will enable her to use wisely her husband's income.

It is unnecessary to touch upon more than one point of this important subject. I therefore select the room in the home on which beyond all others its comfort and well-being must depend—the kitchen. Here the food is to be prepared and on the right preparation depend the health and the prosperity of the family. I say health, because every particle of improperly prepared food is more or less indigestible and must sooner or later make its grim and relentless demand

upon the system. I say prosperity, because the most generous income may be squandered in waste; for alas! it may be said in passing, no department knows more of cruel waste than the American kitchen of the present hour.

While America has the finest food products in the world, these products are unquestionably the most abused in preparation. This is one of the reasons why two hundred millions of dollars find their way annually to the pockets of merchants and hotel keepers in foreign cities. The traveler must be dull indeed if he does not bring from his experience a desire to improve these conditions in his own land.

The first step toward this should be the establishment of a department of cooking in every young woman's school in this country. This essential art, with its essential text-book, should be mastered by every woman. We should surround such instruction with every appliance and every well-appointed equipment that science can bestow. When this is done we shall find that no investment is more secure in its reward.

On such investment depends the prevalence of successful and well ordered homes, and on the successful and well ordered home depend not only the well-being, but the higher life of a people; the truest spiritual uplift will come only when the people know that

“Not soul helps body  
More than body helps soul.”

—Mary M. Adams.

Madison, Wisconsin.

# Bread.

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“Here is bread, which strengthens man’s heart and therefore called the staff of life.”

## WHEAT BREAD.

About nine o’clock in the morning put a cake of Yeast-Foam to soak in warm water, enough to cover it; when it has dissolved stir in enough flour to make a batter. At noon, pour boiling potato water over a cup of flour, stir well, add two mashed potatoes and when cool stir in the yeast. The sponge may be set early in the morning or in the evening. For four loaves of bread take one quart of warm water and flour enough to make a batter that will drop from the spoon; add the sponge. When light, put in one tablespoon of sugar, one of salt, one large spoonful of lard, melted, and add flour enough to make a dough. Knead smooth, set to rise, and when light put into pans. When light enough to bake the dough will not retain the pressure of the finger. Bake one hour.

Mrs. P. W. Harns.

## WHEAT BREAD.

Save the water in which potatoes have been boiled at noon and pour boiling hot over three or four medium sized potatoes which have been boiled and put through a ricer. Add flour to make a medium batter. When this sponge is lukewarm stir into it one-half cake Yeast Foam, which has been dissolved in half a cup of warm water and let stand until the next morning. Do not keep in too warm a place or it will become too light and perhaps sour. In the morning take about two quarts of flour, heaping tablespoon of lard, table-spoon of sugar, heaping teaspoon of salt and a pint of boiling milk poured over the flour. Let stand until cool and then break in an egg; mix with the spoon, then knead stiff, let rise and knead again. Let rise the second time, knead and put into pans which it half fills. When light enough to reach the top of the pans bake nearly an hour. The above amount makes three good-sized loaves.

—Mrs. W. E. Wolfrum.

## BREAD.

At night dissolve one cake Yeast Foam in one-half cup warm water. Mash fine three boiled potatoes and pour over them one pint of the water in which they were boiled; while hot add flour enough to make a moderately stiff batter. When

lukewarm add the dissolved yeast cake and let stand over night. In the morning add three pints warm water, two teaspoons salt and as much sifted flour as can be beaten in with a spoon. Let rise and when light add one and one-half tablespoons each of lard and sugar. Knead stiff and let rise again, then mould into five loaves, let rise, and bake forty-five minutes in moderate oven. Milk may be used instead of water, but should first be scalded and added when lukewarm.

—Mrs. David Fletcher.

### FRENCH BREAD.

Wash three medium-sized potatoes, steam without removing the skins, mash thoroughly (skins and all) with half pint of flour; then add half pint of lukewarm water, and half ounce of salt. When well mixed let stand in a place where the temperature is about 78 degrees Fahrenheit for one hour; then add half pint of good yeast and let stand in warm place for about nine hours. It may require a little more or less than nine hours, but the time may be known in this way—the compound will, after awhile, gradually and slowly foam for some time and then begin to fall. As soon as it begins to fall, mix about a cup of lukewarm water with it and strain through a sieve; mix what is strained with two pounds of flour and sufficient tepid water to make an ordi-

nary dough. Knead thoroughly, let stand in a warm place until it cracks on the top, which will probably be about an hour; then put six pounds of flour in the bread pan and make a hole in the center, place in this some warm water and the cracked dough with two even tablespoons of salt. Knead well with water enough to make an ordinary dough. The more the dough is kneaded, the lighter the bread; then shape the loaves, let rise, and bake for about an hour in a quick oven. To shape loaves of French bread, divide the dough as soon as kneaded into as many parts as loaves required. Knead each part so as to form a ball, then by rolling and pulling give it an elongated, sausagelike shape. When the dough is thus lengthened take a small rolling pin or a round stick, place it on top of the dough lengthwise, press on it and roll a little to and fro, so as to make a furrow in the middle. Have a cloth well dusted with flour, and place the loaves upon it with the furrowed side under; let rise as for ordinary bread, and place in baking pans with furrows on upper side. Dust the furrows well with flour to prevent them from closing in baking and rub the rest of the loaf with a cloth dipped in milk, which gives the shine seen on French bread. The pans used for baking should be shallow and broad enough to hold the loaf without crowding so there may be as much crust as possible. Half of the above recipe will make four medium-sized loaves of bread.

—Mrs. C. A. Weil.

## BREAD.

Two quarts flour, one quart lukewarm water or milk, one cake yeast, little salt and sugar. Work all together one-half hour, put in greased dish, let rise three hours. Mould in two loaves, let stand one and one-half hours. Bake one hour.

—Mrs. C. Muellenbach.

## HOP YEAST.

Put a handful of hops in a bag, boil in two quarts of water with three good-sized potatoes. When the potatoes are cooked, mash fine, add hop water, half a cup sugar, two table-spoons salt and one of ginger. When cool add one teacup good yeast, put in a jar and keep in cool place.

## POTATO YEAST.

Boil twelve medium-sized potatoes until tender and then put potatoes and water through a sieve. Mix one pint flour smooth with water, then turn into one quart boiling water and cook until it is like thin gravy; while hot add three-fourths cup each sugar and salt, and the strained potato water. When lukewarm add four yeast cakes dissolved in water. Use one quart of this yeast to make four loaves of bread.

—Mrs. G. W. Jones.

## POTATO YEAST. (Fine.)

Cook six good-sized potatoes, mash fine, then add the water in which they were boiled and one-half cup sugar; when lukewarm add flour to make a thick batter, then add two cakes of dissolved Yeast Foam. One cup of this yeast will make six loaves of bread. Will keep four weeks.

—Mrs. Charles Bear.

## BROWN BREAD.

1 cup sour milk,	$\frac{1}{2}$ cup white flour,
$\frac{1}{2}$ cup sweet milk,	$\frac{3}{4}$ cup cornmeal,
$\frac{1}{2}$ cup molasses,	$\frac{3}{4}$ cup graham flour.
1 teaspoonful soda,	

Put in two one-pound baking powder cans and steam three and a half hours, then bake fifteen minutes. Very nice with pork and beans.

—Mrs. P. W. Harns.

## BROWN BREAD.

2 cups molasses,	1 teaspoon salt,
2 cups sweet milk,	1 cup cornmeal,
1 dessert spoon soda,	1 cup rye meal,
1 cup sour milk,	1 cup graham meal.

Sift the three kinds of meal together several times, add other ingredients, beat thoroughly, pour into a tin form, place in kettle of hot water and boil four hours; then remove the lid and set in the open oven to dry the top.

—Mrs. B. Fairbanks.

## BROWN BREAD.

2 cups graham flour,            2 cups sour milk,  
 1 cup cornmeal,                2 tablespoons melted  
 1 cup molasses,                butter.  
 1 teaspoon soda in

Steam three hours and then bake fifteen minutes.

—Minnie Wilmot.

## BROWN BREAD.

1 cup sour milk,                1 teaspoon soda,  
 1 egg,                             $\frac{1}{2}$  cup wheat flour,  
 $\frac{1}{2}$  cup sorghum,                2 cups graham flour.

Steam two hours. Bake twenty minutes.

—Gertrude Gross.

## BROWN BREAD.

3 cups graham flour,            2 tablespoons melted lard,  
 2 cups cornmeal,                2 teaspoons soda,  
 1 cup white flour,              1 teaspoon salt,  
 3 cups sour milk,                 $\frac{2}{3}$  cup molasses.

Steam two hours, bake fifteen minutes. Makes two loaves.

—Mrs. Wilber.

## BROWN BREAD.

1½ cups buttermilk,	1 cup graham flour,
1 teaspoon soda,	1 cup cornmeal,
1 teaspoon salt,	½ cup molasses.

Steam one and one-half hours.

—Mrs. Hamilton.

## BOSTON BROWN BREAD.

1 cup cornmeal,	1 cup sweet milk,
2 cups graham flour,	1 teaspoonful salt,
1 level teaspoon soda in	¾ cup New Orleans
1 cup sour milk,	molasses.

Steam three hours; put a cloth over top of steamer before putting cover on.

—Mrs. J. W. Horner.

## GRAHAM BREAD.

2 cups sour milk,	1 even teaspoon soda in
4 tablespoons sugar,	1 tablespoon hot water,
3 cups graham flour,	1 even teaspoon salt.
4 tablespoons melted lard	

Stir together well, and bake in slow oven nearly an hour.

—Mrs. C. A. Weil.

## GRAHAM BREAD.

1 cup molasses,                      2½ cups graham flour,  
 1 cup sour milk,                      ½ cup raisins.  
 2 teaspoons soda (level),

Steam two hours, then bake twenty minutes.

—Mrs. Austin.

## GRAHAM BREAD.

6 cups sifted graham,              1 teaspoon salt,  
 3 cups sour milk,                      1 heaping teaspoon soda,  
 ⅔ cup sugar,                              ½ cup lard.  
 2 beaten eggs,

Melt the lard and add last. Mould into two loaves and  
 bake about an hour.

—Mrs. Anna Corr.

## GRAHAM BREAD.

3 cups graham flour,              1 egg, beaten,  
 1 cup wheat flour,                      1 teaspoon salt,  
 2 cups thick sour milk,              1½ teaspoon soda,  
 ½ cup white sugar,                      1 teaspoon baking powder.

Sift the wheat flour, sugar, salt, baking powder, and soda  
 together several times; add graham, milk and egg, but do  
 not beat much.

—Mrs. John Conrad.

## GRAHAM BREAD.

Mix one quart of warm water and one yeast cake with enough wheat flour to make a nice sponge, let rise over night; in the morning add four tablespoons sugar, one-third cup butter, four tablespoons molasses and one-half teaspoon salt. Mix stiff with graham flour, let rise until light, then mould into loaves, let rise and bake one hour in moderate oven.

## GRAHAM NUT BREAD.

1 teaspoon soda,	1 heaping teaspoon baking
2 cups sour milk,	powder in
$\frac{1}{2}$ cup sugar,	1 cup flour
$\frac{1}{2}$ cup walnuts,	3 cups graham.

Stir the soda in the sour milk and add the rolled nuts last. Bake slowly about three-fourths of an hour.

—Mrs. G. A. Gross.

## KOLATSCHI.

In the morning dissolve a yeast cake in a little water, then stir in a little flour, let rise, then add—

1 cup sugar,	1 cup milk,
1 cup shortening,	1 cup mashed potato,
1 egg,	Nutmeg and salt.

Stir in flour to mix a little softer than bread, let rise, then mould into little balls, let rise, then make a little hollow in the top of each and fill with poppy seed boiled with sugar and milk; or they may be filled with cooked prunes sweetened and put through a ricer. Bake in a quick oven.

—Mrs. Thomas Wattewa.

## OATMEAL BREAD.

Boil two cups oatmeal ten minutes, when cool add one-half cup molasses, and one-half a yeast cake dissolved in warm water, let rise over night; in the morning add two tablespoons sugar and one-half teaspoon salt; mix stiff with wheat flour, let rise, mould into loaves and when light bake one hour and a quarter in a moderate oven.

—Nora O'Connell.

## MILK BREAD.

1 pint boiling milk, -	1 heaping tablespoon salt,
1 tablespoon butter,	1 yeast cake, dissolved.
2 tablespoons sugar,	

Mix into a sponge with warm water enough to make the required quantity of bread, then treat exactly like other bread. After mixing the dough stiff, pound it vigorously for ten minutes.

—Mrs. D. Gould.

## NORWEGIAN CHRISTMAS BREAD.

1½ quarts milk,	¾ pound sugar,
½ pound citron,	½ pound butter.

5 cents' worth cardamon seed. Cut the citron fine, mix all together and warm until the butter and sugar are dissolved (the cardamon seed, before adding, should be put in a cloth and pounded to a fine powder, or put through a fruit-grinder), then add one and a half cakes of compressed yeast and flour to make a sponge. When light, add one pound raisins and mix hard as ordinary bread, let rise, then mould into six loaves, and, when light, bake one hour.

—Mrs. Louise M. Parks.

## RALSTON'S HEALTH BREAD.

2 pints Ralston flour,	$\frac{1}{2}$ cup molasses,
1 pint wheat flour,	$\frac{1}{2}$ teaspoon soda,
1 pint warm water,	Little salt.
1 cup yeast,	

Stir all together, let rise, then knead into two loaves, using one more cup Ralston flour while kneading. Let rise, then bake one hour.

—Beata Hirth.

## RYE BREAD.

To set the sponge take about a quart or quart and a half of rye flour, mix well with two quarts of sour milk or buttermilk heated lukewarm with hot water, and one-half cup of yeast. When light, which will be in about an hour, add a tablespoon of salt and about two quarts of wheat flour; knead well and set to rise again for about an hour; then mould into three loaves, let rise and bake one hour.

—Meta Pick.

## RYE BREAD.

At noon mash two boiled potatoes fine, add boiling potato water until the mixture equals a pint, stir in wheat flour to make a thin batter and when cool add one cake of Yeast Foam which has been dissolved in a little warm water. Let stand until night to rise, then add one quart of warm water, one heaping tablespoon salt, two tablespoons sugar and shortening size of egg. Mix hard with rye flour. In the morning, knead into two loaves, let rise, then bake an hour.

—Mrs. G. Knoller.

## SALT-RISING BREAD.

Put one-half teaspoon each of salt, soda and sugar in a quart dish, add one pint warm water, and flour to make thick batter, cover and set in a warm place. In about five hours, or when the quart dish is nearly full, take the quantity of milk or water required to make the needed amount of bread, mix with the sponge and put in enough flour to make dough quite stiff; let rise, then mould into loaves, let rise again and bake. Milk makes whiter bread but water is nearly as good. This bread requires great care, but when properly made is fine grained and delicious. —Mrs. C. D. Dunlap.

## WALNUT BREAD.

$\frac{1}{2}$ cup sugar,	4 teaspoons baking
1 egg,	powder in
2 cups milk,	4 cups flour,
1 teaspoon salt,	1 cup rolled nuts.

One cup milk and one cup of water may be used in place of two cups of milk if preferred. Mix thoroughly, let stand twenty minutes to rise, then bake one-half hour.

—Mrs. Fred Greenwood, Green Bay.

## WHOLE WHEAT BREAD.

Yeast.

Part I.

6 mashed potatoes,	$\frac{1}{2}$ cup sugar,
1 cup hot potato water,	1 tablespoon salt,
1 cup hot water,	$\frac{1}{2}$ teaspoon ginger.

## Part II.

Soak one and a half yeast cakes in two cups warm water, then stir in five tablespoons flour; when cool, add to Part I, and let stand over night. In the morning take

2 cups yeast,	$\frac{1}{3}$ cup sugar,
2 cups warm water,	1 rounding teaspoon
1 teaspoon salt,	lard.

Equal parts of wheat and whole wheat flour; mix hard, let rise, then mould into five loaves, let rise again and bake. Graham bread may be made the same way by substituting graham for whole wheat flour. —Mrs. G. A. Gross.

## CORN BREAD.

2 cups Indian meal,	1 teaspoon salt,
1 cup wheat flour,	1 teaspoon soda,
1 cup sweet milk,	$\frac{1}{2}$ cup molasses,
2 cups sour milk,	$\frac{1}{2}$ cup sugar.

Steam three hours, then spread butter and molasses over the top and bake one-half hour. —Mrs. J. E. Adams.

## CORN BREAD.

2 cups Indian meal,	2 eggs beaten in
1 cup flour, little salt,	2 tablespoons hot lard,
3 tablespoons baking	Enough sweet milk to
powder dissolved in	make a soft batter.
boiling water,	

Put in a hot, shallow, greased tin and bake in quick oven. While serving, keep the bread hot in a napkin.

—Mrs. C. Muellenbach.

## STEAMED CORN BREAD. (Southern.)

2 cups flour,	1 cup raisins,
1 cup cornmeal,	$\frac{1}{2}$ cup sugar, little salt.

Stir in enough sour or sweet milk to make a thick batter; if sour milk use one even teaspoon of soda for every cup of milk, and if sweet milk use three even teaspoons of baking powder. Very nice with baked beans.

—Mrs. C. A. Weil.

## BISHOP WILLIAMS' JOHNNY CAKE.

1 cup yellow meal,	2 unbeaten eggs,
1 cup wheat flour,	$\frac{1}{2}$ teaspoon soda,
1 cup sweet milk,	1 teaspoon cream tartar,
$\frac{1}{4}$ cup sugar,	Pinch of salt. Bake 20
3 tablespoons melted	minutes.
butter,	

—Mrs. R. Hunter.

## JOHNNY CAKE OR CORN PONE.

2 cups cornmeal,	$\frac{1}{2}$ cup brown sugar,
1 cup flour,	1 egg, pinch of salt,
2 cups sour milk or	1 teaspoon soda dissolved
buttermilk,	in a little milk.

After it begins to brown baste with melted butter, which will be found a great improvement.

—Mrs. R. S. Lynch.

## JOHNNY CAKE. (Fine.)

$\frac{3}{4}$ cup cornmeal,	1 teaspoon soda (sifted
$\frac{1}{4}$ cup flour,	in flour),
1 cup sour cream,	Little sugar and salt.
1 egg,	

—Mrs. Henry Wittenberg.

## JOHNNY CAKE.

1 cup cornmeal,	1 teaspoon salt,
$1\frac{1}{2}$ cups flour,	1 pint sweet milk,
2 teaspoons baking	2 eggs,
powder,	1 tablespoon melted
2 tablespoons sugar,	butter.

Mix in the order given; pour into buttered pan and bake in moderate oven.

—Mrs. S. S. Barney.

## JOHNNY CAKE.

1 pint sour milk or	1 egg,
buttermilk,	1 teaspoon soda,
$\frac{2}{3}$ cup sugar,	$\frac{1}{2}$ teaspoon salt,
2 cups cornmeal,	Butter size of an egg.
1 cup flour,	

—Mrs. P. W. Harns.

## JOHNNY CAKE.

2 cups cornmeal,	1 heaping tablespoon butter,
1 cup flour,	1 heaping tablespoon lard.
$\frac{1}{2}$ teaspoon salt,	1 even teaspoon soda in
$1\frac{1}{2}$ tablespoons sugar,	2 cups sour milk,
1 teaspoon baking powder,	1 egg.

Sift the meal, flour, salt, sugar and baking powder together; melt the butter and lard in the baking pan and pour over the sifted ingredients, mixing it in very lightly with the finger tips; then mix in the sour milk, add the beaten egg, turn into the hot pan and bake.

—Mrs. C. F. North.

## AUNT FANNIE'S BISCUIT.

1 quart flour,	1 tablespoon lard,
3 teaspoons baking powder,	$\frac{1}{2}$ teaspoon salt,
	$\frac{3}{4}$ pint cold water.

Sift flour, baking powder and salt together several times, then rub in the lard as for pie crust, stir in the water with a spoon, turn on a well floured moulding board, cut into biscuit and bake in a quick oven.

## BAKING POWDER BISCUIT.

4 cups flour; little salt,	1 large tablespoon lard,
3 heaping teaspoons	Sweet milk enough to
baking powder,	make soft dough.

Mix little as possible. Bake in quick oven.

—Mrs. B. S. Potter.

## BAKING POWDER BISCUIT.

1 cup sweet milk,	3 teaspoons baking powder,
1 heaping tablespoon	Flour to mix soft.
lard,	

Put lard in mixing bowl with a pinch of salt, add a cup of flour, stir well together with a spoon, add milk, and flour enough to make a soft dough. Stir briskly, turn on floured moulding board, roll, cut into biscuit and bake in a quick oven twenty minutes. These biscuits should be made, and in the oven, in five minutes' time. This dough makes fine shortcake.

—Mrs. A. Rice.

## BAKING POWDER BISCUIT.

1 heaping cup flour,	1 heaping tablespoon
1 heaping teaspoon	lard,
baking powder,	$\frac{1}{2}$ cup milk,
$\frac{1}{2}$ teaspoon salt,	$\frac{1}{4}$ cup water.

Sift flour, baking powder and salt together, rub in the lard as for pie crust, stir in the milk and water, making a soft dough, put on a moulding board, press out with the

hands but do not roll. The quicker the process after the milk and water are in the better the biscuits. Bake in a hot oven. This makes eight good-sized biscuits.

—Mrs. Allan Bayley.

### BAKING POWDER BISCUIT.

1 quart flour,	2½ teaspoons baking powder,
1 teaspoon salt,	Sweet milk.
1 tablespoon melted lard,	

Sift flour, baking powder and salt together, stir in milk to make a soft dough, add the lard last. Make dough an inch thick, cut with a tumbler and bake in a moderate oven.

—Bertha Topel.

### CREAM BISCUIT.

1 quart flour,	1 pint sour cream,
1 teaspoon soda,	1 beaten egg.
1 teaspoon salt,	

Mix soft, using more flour if necessary in rolling out; bake in quick oven.

—Miss Johnson.

## CREAM BISCUIT.

6 ounces powdered sugar,	6 ounces flour, 6 eggs.
-----------------------------	----------------------------

Beat the yolks with sugar and flour; whisk the whites, and stir all together. Add whipped cream in proportion to the sugar and flour, stir carefully, pour into moulds or paper cases and bake.

—Miss Marie Klumb.

## CREAM OF TARTAR BISCUIT.

1 quart flour,	2 teaspoons cream of tartar,
1 pint milk,	Butter, half size of egg.
1 teaspoon soda,	

Rub butter and flour together, add the other ingredients and bake in a quick oven.

## CURRANT BISCUIT.

2 cups bread sponge,	1 cup sweet milk,
1 cup sugar,	$\frac{2}{3}$ cup shortening,
1 egg, beaten,	1 cup currants.
1 teaspoon cinnamon,	

—Mrs. D. Gould.

## DROP BISCUIT.

1 pint flour,                      1 large tablespoon lard,  
1 heaping teaspoon              1 teaspoon salt.  
baking powder,

Mix with milk to a batter, about as thin as for gems;  
bake in greased gem pans in a quick oven.

—Mrs. R. S. Lynch.

## RAISED BISCUIT.

1 rounded tablespoon butter melted in  
1 pint hot milk; when lukewarm stir in  
1 quart flour; add  
1 beaten egg, a little salt and  
1 teacup yeast.

Work into smooth dough. If winter, set in a warm place,  
if summer, in a cool one, to rise over night. In the morning  
work softly and roll out one-half inch thick. Cut into biscuit  
and set to rise for thirty minutes, when they will be ready to  
bake.

—Mrs. C. W. Williams.

## RAISED BISCUIT. (Fine.)

1 yeast cake dissolved in  
 $\frac{1}{4}$  cup warm water, then add  
2 tablespoons flour and let rise.

When light, add

1 pint warm milk,	$\frac{1}{2}$ cup sugar,
$\frac{1}{2}$ cup lard,	1 or more unbeaten eggs,
$\frac{1}{2}$ cup butter,	Pinch of salt.

Mix with a spoon and add flour enough to make a soft dough, let rise, add more flour and mix thoroughly (fifteen minutes or more), let rise, mould into small biscuit, let rise again, and bake ten minutes. —Mrs. A. Husting.

#### SODA BISCUIT.

1 cup sour cream,	1 egg, beaten,
1 cup sour milk,	$\frac{1}{2}$ teaspoon soda,
Little salt,	Flour to make drop batter.

Bake in gem pans.

—Mrs. F. J. Haas.

#### YEAST BISCUIT.

1 pint milk,	2 tablespoons sugar,
2 cents worth of yeast,	1 teaspoon salt,
2 tablespoons lard,	2 quarts flour.

Mix the yeast and milk with flour enough to make a soft sponge; when light add lard, sugar, salt and flour; let rise, mould into biscuit, let rise again and bake.

—Mrs. Matthew Regner.

## BREAKFAST ROLLS.

1 egg, beaten very light,	1 tablespoon sugar,
1 cup sweet milk,	$\frac{1}{2}$ teaspoon soda,
1 tablespoon melted	1 teaspoon cream tartar
butter, little salt,	1 cup flour.

Drop into hot gem rings and bake in quick oven.

—Margaret Ross.

## PARKER HOUSE ROLLS.

Boil one pint sweet milk, when partly cooled melt in it two tablespoons sugar and one tablespoon lard or butter, when lukewarm add one-half cup of yeast or two cents worth compressed yeast, mix in flour enough to make a thin batter and let rise; when light add more flour and knead from ten to fifteen minutes, when light again knead into biscuits, let rise, bake twenty minutes.

—Elizabeth Dunham.

## ROLLS.

2 quarts flour,	1 pint cold boiled milk,
1 tablespoon sugar,	1 yeast-cake dissolved in
1 teaspoon salt,	$\frac{1}{2}$ cup lukewarm milk,
1 egg,	Butter size of egg.

Melt the butter and after the yeast cake is dissolved stir ingredients together and let rise until very light. Roll out, cut round, spread with melted butter and lap half over the other side; let rise again and bake twenty minutes.

—Mrs. Joseph Ott.

## ROLLS. (Excellent.)

1 quart milk,	3 level teaspoons salt,
1 pint water,	1 cake compressed yeast,
3 tablespoons lard,	Flour.
2 level teaspoons sugar,	

Heat milk and water and pour scalding hot over the lard, sugar and salt, let stand until cool, then add the dissolved yeast and stir in flour with a spoon until the batter is stiff enough to pour out on moulding board; mould lightly ten minutes, using no more flour than is necessary; let rise, make into rolls, handling little as possible. This makes one hundred and nine rolls.

—Mrs. A. Rice.

## BRAN GEMS.

1 tablespoon shortening,	1 cup raisins (whole),
1 cup sugar,	2 cups cooking bran,
1 cup sour milk,	1 cup flour,
1 teaspoon soda,	1 teaspoon salt.
Nuts, if desired.	—Mrs. A. Ahrens.

## GRAHAM GEMS.

1 egg,	Graham flour to make
1 pint milk,	drop batter,
Pinch of salt,	1 teaspoon baking powder.
$\frac{1}{2}$ cup wheat flour,	

Drop in hot gem pans and bake quickly. Iron pans are best.

—Mrs. Geo. Thode.

## GRAHAM GEMS.

1 egg, little salt,	1 cup buttermilk,
4 tablespoons sugar,	$\frac{1}{2}$ teaspoon soda,
$\frac{1}{2}$ cup sour cream,	Graham flour enough

to make medium batter.

—Minnie Brecken.

## GRAHAM GEMS.

1 egg,	1 teaspoon soda in
1 tablespoon sugar,	1 cup sour milk,
$\frac{1}{2}$ tablespoon butter,	2 cups graham flour.

—Mrs. Charles Taylor.

## GRAHAM CRACKERS.

$\frac{1}{4}$ cup butter,	1 teaspoon cream tartar,
$\frac{1}{2}$ cup sugar,	$\frac{1}{2}$ teaspoon soda in
1 white of egg (beaten),	$\frac{1}{2}$ cup water.

Graham to roll thin.

## GRAHAM STICKS.

2 quarts flour,	2 cups water or milk,
$\frac{1}{2}$ cup butter,	Little salt.

Mix stiff with graham, roll thin as cookies. cut in squares and roll into sticks.

—Mrs. Miles.

## BREAD STICKS.

Melt one-quarter cup butter, one tablespoon sugar and little salt in one cup hot milk. When partially cool add one-quarter cake compressed yeast which has been dissolved in three tablespoons warm milk, the beaten white of an egg and about four cups flour. Knead until smooth, let rise, shape into small balls and roll into sticks a half foot long. Let them rise slowly and bake in moderate oven.

## SWEET CRACKERS.

2 cups sugar,	1 pint sweet milk,
2 whites of eggs, frothed,	5 cts. worth oil of lemon,
5 cts. worth of ammonia,	Flour to mix stiff (about
1 pint lard,	eight cups).

Pulverize ammonia, add to one cup of the milk and let stand over night. In the morning stir all the ingredients together, roll out, prick with a fork, cut like cookies or in any shape desired and bake in quick oven.

—Mrs. P. B. Craney.

## CREAM MUFFINS. (Southern.)

1 pint cream,	A little salt,
5 eggs,	Flour enough to make
1 teaspoon baking	like fritter batter.
powder,	

Bake in muffin tins or drop in large pan. To be eaten hot. Very delicious.

—Mrs. W. E. Wolfrum.

## GRAHAM MUFFINS.

$\frac{1}{4}$ cup sugar,	1 beaten egg,
1 tablespoon melted butter,	2 teaspoons baking powder in
1 teaspoon salt,	1 cup flour,
1 cup sweet milk,	1 cup graham.

Sift the dry ingredients together several times, then add, gradually, the milk, butter and egg. Bake in hot buttered gem pans twenty minutes.

—Mrs. Peter Baenke.

## MUFFINS.

1 cup milk,	3 teaspoons baking pow- der,
$\frac{1}{3}$ cup sugar,	
1 tablespoon melted butter,	3 $\frac{1}{2}$ cups flour, 3 beaten eggs.

Put in flour last and do not stir much. Bake ten minutes in a hot oven.

—Ida M. Helms.

## MUFFINS.

1 quart sour milk,	1 teaspoon soda,
2 eggs,	6 cups flour,
1 teaspoon salt	

Bake in a quick oven. Half this recipe is enough for a small family.

—Mrs. R. S. Lynch.

## MUFFINS.

$\frac{1}{2}$ cup butter,	1 cup milk,
2 tablespoons sugar,	3 teaspoons baking powder
1 egg,	in flour.

Cream butter and sugar, add egg, milk, and flour enough to make a gem batter. —Mrs. Geo. Thode.

## MUFFINS.

1 egg,	1 cup sweet milk,
1 tablespoon sugar,	2 cups flour,
1 tablespoon melted butter,	2 teaspoons baking powder.

Bake in hot oven. Makes twelve muffins.

—Mrs. O. B. Coombe.

## MUFFINS.

1 pint warm milk,	Little salt,
1 cup potato yeast,	Flour for soft sponge,
Butter size of large egg.	3 eggs, beaten light.

Melt the butter; stir in the eggs last. If for supper stir together at nine or ten in the forenoon, cover and let stand in a warm place. Do not stir down until time to bake in a hot oven. —Mrs. H. F. Shadbolt.

## OLD TIME MUFFINS.

$\frac{1}{2}$ cup butter,	$\frac{1}{2}$ cake compressed yeast,
2 tablespoons sugar,	A pinch of salt,
2 eggs,	Flour enough to make
1 pint milk,	drop batter.

Beat very thoroughly. Let rise; drop in muffin tins and bake from twenty minutes to half an hour in a very hot oven. This will make sixteen muffins. Mix before noon if wanted for supper or at night if intended for breakfast.

—Mrs. Mary Lewis.

## POTATO MUFFINS.

2 eggs, well beaten,	1 tablespoon lard,
3 small potatoes,	1 teaspoon butter,
1 cup scalded milk,	1 tablespoon sugar.

Little more than one-fourth cake of yeast and flour to knead not too stiff. Set at ten and roll out at three for six o'clock tea. Cut with biscuit cutter, put in tin, not very close together, let rise very light and puffy and bake fifteen minutes.

—Mrs. J. W. Foster.

## POP OVERS.

3 cups milk,	3 cups flour,
3 eggs,	A little salt.

Beat the eggs until light, add to the milk, and then add the flour, a little at a time. Two tablespoons to a puff.

—Mrs. P. W. Harns.



## WAFFLES.

1 quart sour cream,	5 eggs,
1 cup sweet milk,	1 teaspoon soda,
$\frac{1}{2}$ teaspoon salt,	Flour to mix soft.

—Mrs. Eliza Weil.

## WAFFLES.

1 pint sweet milk,	Flour for soft batter,
$\frac{1}{2}$ cup melted butter,	3 whites of eggs, beaten,
3 egg yolks beaten,	2 teaspoons baking powder.

Mix in order given, then beat hard and fast for five minutes.

## BUCKWHEAT CAKES.

Put into a large earthen pitcher, one quart of warm water or half water and milk, one teaspoon salt and enough buckwheat flour for rather stiff batter; then add a cup of yeast, stir until smooth and cover warm to rise over night. In the morning, add a small level teaspoon soda dissolved in a little warm water. Very nice if made with two-thirds buckwheat flour and one-third cornmeal, or with half buckwheat and half wheat flour.

—Mrs. Ada Tower.

## EGG PANCAKES.

Mix one pint of flour, three-quarters pint sweet milk and a pinch of salt. Separate three eggs, add the beaten yolks to the batter which must not be too thin. Just before baking stir in the whites of the eggs beaten to a stiff froth. This batter makes two pancakes the size of the skillet; bake in plenty of butter and serve with apple sauce.

—Mrs. Emma Wilkie.

## FRENCH PANCAKES.

3 eggs,	1 teaspoon sugar,
1 cup milk,	1 cup flour,
1 teaspoon butter,	Pinch of salt.

Beat the yolks and add milk, butter, sugar, flour, salt and last the beaten whites.

—Mrs. August E. Winkler.

## POTATO PANCAKES.

Fourteen large potatoes grated raw; after standing a few minutes drain off the liquid, then add a little salt, two well beaten eggs, one heaping tablespoon flour and a little baking powder; fry on a griddle greased with a mixture of butter and lard.

—Mrs. Charles Weber.

## POTATO PANCAKES.

Grate twelve large, peeled potatoes into cold water; when all are grated drain off the water and pour two cups boiling milk over them, stir in two eggs, salt, and three heaping tablespoons flour containing one teaspoon baking powder. Bake like other pancakes, allowing more lard and butter. Serve with stewed apples or preserved fruit.

—Mrs. George Kuelthau.

## POTATO CAKES.

To a cup of cold mashed potato add a tablespoon of milk, a small piece of butter, salt and pepper to taste, and flour enough to make a soft dough, roll out, cut with biscuit cutter and fry slowly on a greased griddle. Turn but once.

## PANCAKES.

One scant pint sour milk, sour cream or buttermilk, two eggs; sift one teaspoon soda and one-half teaspoon salt into one pint flour and mix thoroughly; beat flour and milk together well, add the beaten yolks and last the whites beaten stiff. One-half or one-third cornmeal or graham mixed with the flour makes a nice variety. Good flour or buckwheat pancakes can be made with sour milk and soda, or buttermilk and soda, without eggs.

—Mrs. R. S. Lynch.

## FRENCH TOAST.

Beat an egg well with one-half cup milk, add a little salt, dip slices of stale bread into the mixture and fry in butter.

—Mrs. C. A. Weil.

## GERMAN TOAST.

Dip slices of stale bread first in milk, then in beaten eggs and brown on a buttered griddle.

Dip thin slices of bread in a thin batter made of two eggs, one cup milk, one teaspoon baking powder, and flour; fry in hot lard.

## CAMPING SANDWICHES.

Butter slices of bread and spread with mustard; over the mustard place thin slices of cheese; over the cheese place a layer of minced sardines seasoned with salt, pepper and vinegar.

—Katherine M. Bowen.

## CHICKEN SANDWICHES.

Chop cold, cooked chicken and tongue very fine, add one-fourth the quantity of finely chopped, blanched almonds, a little seasoning and lemon juice. Spread on thin slices of buttered bread.

## DATE SANDWICHES.

Wash, dry and stone the dates, mash to a pulp, add an equal quantity of finely chopped English walnuts; moisten slightly with a little lemon juice; spread smoothly on thinly sliced brown bread.

## FRUIT SANDWICHES.

Roast, blanch and chop one-half cup peanuts, mix with one-half cup each fresh figs and raisins which have been cut fine. Moisten with orange juice and spread on thin slices of white bread.

—Mrs. C. A. Silberzahn.

## PEANUT SANDWICHES.

Chop peanuts fine as meal, mix with butter and spread on thin slices of bread; or spread the bread with butter, add a layer of finely chopped nuts and sprinkle with cheese and salt.

—A. Pries.

## PICNIC SANDWICHES.

4 hard boiled eggs,	1 can potted ham,
$\frac{3}{4}$ cup butter,	1 teaspoon mustard.

Spread slices of bread with a mixture made of the powdered yolks, butter and mustard. Chop whites very fine, mix with the ham and put between the slices.

## SANDWICHES.

Fill thin, buttered slices of rye bread with boiled or raw ham chopped fine with a little onion; or fill with salted sardines or herring freshened in water, chopped fine and mixed with sliced hard boiled eggs. —Grandma Pick.

## SANDWICHES.

Boil two pounds of beef and one pound of fresh pork together until tender, then put through a meat grinder, pack in a basin, cover with the liquor in which the meat was boiled, let cool, season with salt and pepper and spread on thin slices of white bread. This filling may be varied by seasoning with sage or celery salt or a little salad dressing may be added. A nice filling may also be made by preparing two pounds of fresh pork in the same way, seasoning only with pepper and salt. —Mrs. L. C. C.

# Soups.

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“Cheerful looks make every dish a feast,  
And 'tis that that crowns a welcome.”

## A PLAIN BEAN SOUP.

Put over one pint of beans in cold water. Let boil about ten minutes, then add a teaspoon of soda, let boil five minutes longer, then strain through a colander. Place the beans again on the stove, adding two quarts of boiling water, one-quarter of a pound of salt pork, and a small onion fried in a little butter but not browned. Add salt and pepper to taste. Boil three hours, or until beans are soft; then rub them through a strainer, let boil up again, and serve with croutons.

—Mrs. C. H. Miller.

## ASPARAGUS SOUP.

Cook two and a half pounds of soup meat and when the water is reduced to three pints of soup add a little parsley and onion, season with salt, boil till well done, then strain and add one bowl of asparagus cut up fine, a little nutmeg and a cup of sweet cream. Serve with croutons.

—Mrs. Joseph Merlach.

## BEAN SOUP.

Put one pint of beans in two quarts of cold water, let boil one-half hour, then strain through a colander. Place beans again on stove adding one and one-half quarts boiling water, one-fourth pound bacon, one large potato cut in small pieces, one small onion cut fine, and salt and pepper to taste. Let boil until beans are soft. Brown one tablespoon lard and flour, add to the soup. Add water if soup is too thick.

—Mary Bertram.

## BEEF TONGUE SOUP.

Wash carefully a fresh beef tongue and two pounds of beef or soup bone; cover with boiling water; add an onion, a carrot, three or four pieces of celery, two bayleaves, three peppercorns, a little salt, and enough tomatoes to color. Simmer four hours, strain, and serve. —Grandma Pick.

## BERRY SOUP.

Mash one quart of berries or stoned cherries, and bring to a boil in two quarts of water, then quickly stir into this four heaping tablespoons farina or sago. Boil ten minutes, then add sugar to taste, butter the size of a walnut, the yolks of two eggs, and pinch of salt. Serve warm or cold, with or without croutons.

Mrs. E. Hoyer.

## BOUILLON.

To a large shin of beef, cut in small pieces, allow five small dippers of cold water. Let come to a boil quickly, taking off the scum as it rises, then add one onion and a table-spoon of salt. Set back on stove and let boil slowly for four hours. A head of celery put in whole, after peeling, improves the flavor. It is best to cook the soup the day before needed.

—Mrs. William A. Pors.

## CHILI CON CARNI.

- |                          |                           |
|--------------------------|---------------------------|
| 1 lb. chopped beef,      | 1 cup spaghetti,          |
| 1 can tomatoes,          | 1 bay leaf,               |
| 2 large onions, chopped, | 3 small red peppers,      |
| 1½ quarts water,         | Salt and pepper to taste. |

Cook three hours; add water as required to make one and a half quarts when done.

—Mrs. G. W. Garvey.

## MEXICAN CHILI.

- |                                     |                       |
|-------------------------------------|-----------------------|
| 1 two-pound can of<br>tomatoes,     | 2 tablespoons butter, |
| 1 one-pound can of<br>kidney beans, | 2 quarts water,       |
| 1 pound Hamburger<br>steak,         | Salt to taste,        |
|                                     | 1 large onion,        |
|                                     | 1 large garlic,       |
|                                     | Flour to thicken.     |

Mash the tomatoes fine, put them in a kettle with the beans. Fry the Hamburger until crumbled fine, then add the sliced onion and garlic and fry again; add this to the mixture

in the kettle, add the water, as soon as it boils up thicken with the flour and flavor with a pinch of Mexican Chili pepper, if this cannot be obtained use a pinch of cayenne pepper. The can of tomatoes is usually marked 2 pounds and 3 ounces and the can of beans one pound and three ounces.

—Mrs. G. Neill.

### CREAM OF ASPARAGUS SOUP.

Cook one quart of asparagus, cut in pieces, in as little salt water as possible. When done, mash through colander, put back in kettle, add one and one-half quarts milk, let come to a boil, season with butter, pepper and salt.

—Mrs. R. S. Lynch.

### CREAM SALMON SOUP.

Remove oil, skin and bones from one-half can of salmon, rub to a paste. Scald one quart milk with a slice of onion and bit of bay leaf. Add salmon and two teaspoons each of flour and butter which have been rubbed to a cream. Serve with croutons.

—Mrs. Paul Rix.

### EGG SOUP.

1 pint water,	2 fresh eggs,
1 tablespoon butter,	Salt and pepper to taste.

Break the eggs in a cup and when the water boils pour them in slowly, beating briskly all the time with a fork till white and yolk look like shreds. Serve with salted wafers.

—Mrs. W. Howe.

## MILK SOUP.

Boil three medium sized potatoes and onions in one pint of water until tender, then put all through a colander. Brown one tablespoon butter and one tablespoon flour in the kettle, then turn the soup back into kettle, stirring slowly; let come to a boil, then add one pint sweet milk and season with salt and pepper. Butter stale bread, cut in squares, brown in oven, and serve with soup. —Mrs. H. Sievers.

## MILK SOUP.

1 quart sweet milk,             $\frac{1}{2}$  tablespoon butter,  
2 tablespoons sugar,        Pinch of salt.

Let come to a boil. Beat two eggs well and add to the soup. Serve with crackers. If preferred, use two spoons of rice or sago instead of the eggs. —Mary Bertram.

## MUTTON BROTH.

Cut three pounds of lean mutton into small squares, put in three quarts of water, cover, and boil slowly two hours; then add a quarter of a cup of rice which has been soaked in warm water enough to cover it, cook slowly an hour longer, stirring from time to time. Strain and thicken with a little flour; salt and pepper to taste. Particularly nice for invalids. —Mrs. James Friedlander.

## MUTTON SOUP.

To the broth of a boiled leg of mutton add one quart of milk, thickened with flour stirred smooth. Season with salt, pepper, a little parsley and celery root or celery salt. To this add three tablespoons of rice, which has been boiled soft in a little of the broth. Pour slowly over two eggs which have been well beaten in the tureen.

—Mrs. S. S. Barney.

## ONION SOUP.

Melt two tablespoons butter in a spider, when it bubbles add four large onions cut in slices; let them simmer, without browning, half an hour, then stir in a slightly heaping tablespoon of flour; when thickened, pour in gradually a pint and a half of boiling milk. Season with salt and pepper, press through a sieve and return to the fire. While it is getting hot beat together two egg yolks and half a cup of cream, remove the soup from the fire, stir the eggs and the cream into it rapidly, pour at once into a tureen and serve.

—A. Pries.

## OX TAIL SOUP.

1 oxtail,	1 ounce butter,
$\frac{1}{2}$ turnip,	1 ounce flour,
$\frac{1}{2}$ carrot.	$2\frac{1}{2}$ quarts water,
1 onion,	1 teaspoon browning.
4 cloves,	Salt, pepper and herbs.

Divide the tail into joints, remove the fat, melt the butter in a stew pan, and brown the pieces of tail in it. Cut the onion into slices, throw them into the pan to brown with the tail. Add the hot water, vegetables, herbs, cloves, salt, pepper, and the browning. Let all simmer slowly for two and a half or three hours. When the pieces of tail are cooked, take them from the pan, put them aside to keep hot; strain the soup; thicken it with flour, mixed to a smooth paste with a little cold water. Let the soup boil a few minutes, then pour into a tureen and add the pieces of tail. If the soup is preferred clear, omit the flour. —Grandma Pick.

### OYSTER SOUP.

1 quart oysters,	1 teacup cream.
2 quarts milk,	Salt and pepper.

Put all together cold, then cook until the oysters curl (do not allow them to boil). —H. Hunter.

### OYSTER SOUP.

Take one quart boiling water and one quart good rich milk; season with pepper and salt to taste; let come to a boil, then add one quart of oysters and a piece of butter the size of an egg; let boil up once, remove from fire and serve immediately. —Mrs. W. T.

## PLAIN SOUP.

Take three pounds of soup beef and a small bone from a leg of veal, cover with cold water and boil down half, then skim, season with salt and pepper, add a good sized carrot, a head of celery, and an onion cut in two parts.

—Mrs. F. Lauer.

## POTATO SOUP.

Boil one stalk of celery and six good sized potatoes in salted water until tender, then mash through a sieve and thin with one quart of milk. Season with one tablespoon of butter; pepper and salt to taste.

—Minnie Wilmot.

## POTATO SOUP.

Peel and slice six large potatoes and two good-sized onions, cook in a quart and a half of salted water until tender, then mash with a potato masher. Brown butter, the size of an egg, and add to the soup, also add pepper, a little parsley and more salt, if needed. Serve with toasted Holland rusk. This is a wholesome and inexpensive soup. Meat fryings may be used in place of butter.

—Mrs. G. Knoller.

## SPLIT PEA SOUP.

Soak a quart of peas in a gallon of lukewarm water over night. In the morning boil with a few potatoes, a celery root, a little parsley, and an onion two hours. When boiled down to half the quantity take out the vegetables and press through a colander. If the soup is too thin stir a piece of butter in a saucepan with a spoonful of flour; let it boil, stir in part of the soup briskly and add to the whole. Have some croutons ready in the soup tureen and serve. Season with salt and pepper to taste. It is nice after the soup is strained to boil some little sausages in it and serve as an entree.

—Mrs. James Friedlander.

## SPLIT PEA SOUP.

Put one cup of dried split peas on to boil in three pints of water, with a piece of ham or bacon to flavor. When the peas are soft, rub through a strainer, and put on to boil again; boil together a large tablespoon each of butter and flour and add to the strained soup while boiling; also add one teaspoon of sugar, and salt and pepper to taste. Let boil five minutes; then serve at once with croutons. —Mrs. C. H. Miller.

## STOCK FOR CLEAR SOUP.

Two pounds of shin of beef, one onion, one carrot, one turnip, half teaspoon peppercorns, three pints of water, one bunch of sweet herbs, and small piece of white part of celery. Cut the meat into small pieces, put into a saucepan and pour water over it. Let come to a boil, then skim carefully, add a saltspoon of salt, and after a few minutes skim the stock again. Let it simmer slowly for an hour. Cut the vegetables in pieces and add them with the herbs and peppercorns to the stock; then let all simmer together four hours longer. Strain the stock, setting it aside till cold. When wanted for use, remove every particle of fat, put the stock into the saucepan with two ounces of fresh meat, a small piece of carrot, the same of turnip, celery, and onion, and a small bunch of herbs. Let them simmer for a short time. This gives a fresher taste to the soup. Strain as before. For vermicelli, rice, sago, and macaroni soups it is sufficient to strain the stock through a clean cloth, but for clear soup it must be cleared as well as strained. —Mrs. F. Lauer.

## TO CLEAR SOUP STOCK.

Place the stock in a saucepan over a brisk fire. When boiling, add the white of an egg to each quart of stock, proceeding as follows: Beat the whites of the eggs well in a little water, then add a little hot stock, beat to a froth, pour

gradually into the pan, then beat the whole hard and long. Allow it to boil up once, and immediately remove and strain through a thin flannel cloth. Rice, sago, pearly barley, vermicelli and macaroni are desirable additions to meat soups; the first three are used in the proportion of one-half teacup to three quarts of soup; wash and soak. Rice requires one-half hour boiling in the soup. Sago cooks in fifteen minutes. Barley should be soaked over night, boiled alone in a little water till tender and added to the soup just before serving. Vermicelli and macaroni, broken and washed thoroughly, should be boiled in soup one-half hour. Rolled oatmeal is a good substitute for rice.

### TOMATO BISQUE.

1 quart tomatoes,	$\frac{1}{2}$ teaspoon soda,
1 teaspoon salt,	1 quart milk,
$\frac{1}{2}$ teaspoon pepper,	Little butter.

Stew the tomatoes, add the pepper, salt, and butter. When done, strain, turn back into the kettle, and let just come to a boil; stir in the soda and add the milk. Let the soup cook a few minutes and serve immediately.

—Mrs. Carrie L. Oliver.

## CREAM OF TOMATO SOUP.

To one can of tomatoes (or four large raw ones) add one quart of water and one medium sized onion, sliced fine. Let simmer twenty minutes, then strain. Cream together one large tablespoon of butter and one of flour, stir into the soup kettle and then add the strained tomatoes slowly, stirring constantly. Season with one teaspoon each of sugar, salt, pepper and celery salt. Just before serving, add one-half cup of sweet cream.

—Mrs. S. S. Barney.

## TOMATO SOUP.

Slice three potatoes, four tomatoes, add water, tablespoon of butter, salt and pepper to taste. Boil one hour; then stir in yolk of one egg and serve.

—Mrs. D. T. Keeley.

## TOMATO SOUP.

Simmer one can tomatoes, one quart water, one-half teaspoon salt, two cloves, two allspice and two peppercorns for one and one-half hours. Fry one tablespoon chopped parsley and one tablespoon chopped onion in butter, the size of an egg, until a nice brown. Add to the above, boil up and strain. Serve with a few dice of toast in each dish. Toast:—Butter a few slices of bread on each side, cut into dice, and brown in the oven while the soup is cooking.

—Mrs. Frances E. Ott.

## TOMATO SOUP.

$\frac{1}{2}$ cup butter,	$1\frac{1}{2}$ cups onions,
2 tablespoons flour,	1 pint raw potatoes,
1 quart boiling water,	1 tablespoon cider vinegar,
1 quart ripe tomatoes,	Pepper and salt.

Brown butter and flour, add water, tomatoes cut fine, onions chopped fine, and potatoes sliced; cook till tender.

—Mrs. J. A. S.

## VEAL SOUP.

Boil a couple of veal shanks and a piece off the neck in two quarts of water; add parsley, onion, and asparagus, cut into small pieces. Strain and thicken with yolks of two eggs. Very nice for the sick.

—Mrs. James Friedlander.

## VEGETABLE SOUP.

Put a soup bone in cold water at eight o'clock in the morning, and let it boil slowly for three hours, skimming occasionally, removing every bit of fat. At ten o'clock put over the vegetables, cut fine, in another kettle. Use cabbage, carrots, onions, one small turnip, a handful of green peas if in season, and a few celery leaves, or roots of celery. About half past eleven strain soup from beef into the kettle of vegetables, and put in a handful of oatmeal, or a few noodles or

dumplings. Cut meat in little squares, add to soup, and, just before serving, add the beaten yolk of one egg. About fifteen minutes before soup is done, add one tomato, cut up, and a few chopped parsley leaves. Season both, the soup and vegetables, with salt, pepper, and a dash of cayenne. Remove celery leaves before serving. This soup is very nice warmed over.  
—Mrs. F. Lauer.

#### WATER SOUP FOR INVALIDS.

Cut a little stale bread into thin slices, put in a bowl, add a lump of butter, the size of a walnut, and a little salt; pour boiling water over, cover closely for a minute, then add a tablespoon of sweet cream and serve.

—Mrs. C. H. Miller.

#### BREAD DUMPLINGS.

When bread is ready to mould into loaves, cut off pieces the right size for dumplings, and drop without moulding, into boiling soup. If not crowded in the kettle and the cover is kept on, they will be nice and light when done.

#### CROUTONS.

Cut two slices of bread into small dice. Have some butter hot in a saucepan, throw in the dice and brown nicely on both sides. Serve with split pea, bean, and potato soups.

—Mrs. James Friedlander.

## DUMPLINGS.

Boil one cup of milk with one big spoon of butter; then stir in, gradually, dry flour until the mixture cleaves from the pan in a ball; then add two eggs, a little salt and one teaspoon sugar. Mix well and drop from spoon in boiling soup.

—Mrs. Fred Haase.

## DUMPLINGS.

2 cups sour cream,                      2 teaspoons baking powder,  
1 teaspoon salt,

Flour to mix as thick as possible with a spoon; drop in boiling soup from a tablespoon.

—Mrs. G. W. Jones.

## DUMPLINGS (Fine).

2 eggs,                                      1 heaping teaspoon  
1 cup milk,                                baking powder,  
 $\frac{1}{2}$  teaspoon salt,                      Flour.

Stir very stiff with flour and drop, in little balls, from the spoon into boiling soup. Half this recipe will serve a family of four.

—Mrs. C. W. Smith.

## DUMPLINGS FOR SOUP.

Stir piece of butter, size of walnut, to a cream; add a little salt, little grated nutmeg and one egg. Beat well and add two good tablespoons toasted bread crumbs. Let stand for a short time, then mould to size of hickory nuts and put in boiling soup. Let boil fifteen minutes.

—Mrs. Arthur Franckenberg.

## EGG BALLS.

Mash the yolks of two hard boiled eggs, half as much hot boiled potato, one teaspoon chopped parsley, cayenne pepper and salt to taste, and one yolk of egg, raw; then flour the hands, mould into balls size of cherries, and drop in boiling soup just before taking from the fire.

—Cora Green.

## FARINA DUMPLINGS.

Boil one cup of soup, and one-fourth cup of farina; then remove from stove, add one egg and nutmeg to taste; drop into soup from a tablespoon and boil five minutes before serving.

—Mrs. D. T. Keeley.

## LITTLE CRACKER DUMPLINGS FOR SOUP.

Stir butter, the size of an egg, with two eggs, then add six soda crackers, rolled fine, a pinch of salt and a little grated nutmeg. Roll the dumplings with a little flour, drop into soup and boil from ten to fifteen minutes.

—Mrs. Henry Rolfs.

## LIVER DUMPLINGS.

To one calf's liver chopped very fine, add two beaten eggs, salt and pepper to taste, pinch of allspice and nutmeg (or a little parsley), flour or bread crumbs to stiffen. Drop in boiling salted water, a tablespoonful at a time. Serve with drawn butter sauce.

—Mrs. C. A. Silberzahn.

## MALLOW BALLS FOR SOUP.

Chop the marrow from a large soup bone, stir into it a well beaten egg, two tablespoons cold water or soup stock, a dash of nutmeg, a little chopped parsley, salt, and a large biscuit, or roll, soaked in sweet milk, and chopped; mix to the consistency of dumplings. Drop from a spoon into the hot soup, or they may be rolled in the hand first to give them a round shape.

—Mrs. F. Lauer.

## MEAT DUMPLINGS.

To five cents worth of chopped beef add beaten yolk of one egg, salt, pepper, one large boiled potato (grated), beaten white of one egg, and bread, soaked in water; form into balls, drop into boiling soup. When they come to the top they are done and must be served at once.

—Mrs. Herman Gerlach.

## NOODLES FOR SOUP.

Mix one or two eggs with flour until too stiff to stir with a spoon; then put the dough on the moulding board and knead until it is quite stiff. Roll out as thin as possible. When dry, cut into strips, place one above the other, cut as fine as possible and spread lightly to dry. Boil five minutes

—Hortense Weil.

## POTATO DUMPLINGS.

To two quarts of boiled potatoes, grated, add one egg, one cup farina, two cups of bread cubes fried in butter, and one-third of a small onion; form into balls and steam twenty-eight minutes.

—Mrs. Charles A. Silberzahn.

## POTATO DUMPLINGS.

To about a dozen cold boiled potatoes, grated, add four well beaten eggs, a little salt, pepper, and enough flour to form into round balls. Do not make dough too stiff. Boil in salt water about twenty minutes and serve with saurbraten or browned butter. Water must be boiling when dumplings are put in.

—Mrs. A. B. Liebermann.

## POTATO DUMPLINGS.

Boil six medium-sized potatoes in their jackets, when done, peel while hot, mash fine and season with salt and pepper. Cut one slice of bread in fine cubes and fry quite brown in pork drippings or butter; add the fried cubes and one unbeaten egg to the potatoes, stir thoroughly, then add flour until stiff enough to handle, mould into six dumplings, drop into boiling hot salted water or soup and boil twenty-five minutes. Be sure they do not stick to the bottom of the kettle and keep the water boiling. Nice served with browned roast-pork gravy seasoned with onions.

—Mrs. G. Knoller.

## SCALDED DUMPLINGS FOR SOUP.

Boil one cup of milk, one cup of flour, one-half teaspoon of butter, little mace, salt and sugar until it leaves the sides of the dish. When cool, add three eggs. Take pieces, size of a bean, and drop in boiling soup.

—Mrs. Chas. A. Silberzahn.

## SCHWAMM DUMPLINGS.

Melt butter, the size of two eggs, in a dish; stir in four tablespoons flour, a pinch of salt and one-half cup boiling water or stock; stir briskly until it cleaves from the sides of the dish; then add three eggs, one at a time, stir well, and drop from teaspoon in boiling soup. Boil about fifteen minutes.

—Mrs. F. Lauer.

# Salads.

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"Some cold salad is before thee set.  
Fall on and try thy appetite to whet."

## CREAM DRESSING FOR SALAD.

3 eggs (beaten),	1 teaspoon salt,
6 tablespoons cream,	1 teaspoon mustard,
3 tablespoons melted butter,	$\frac{1}{2}$ teaspoon pepper, 1 teacup vinegar.

Beat ingredients thoroughly, heat, and stir constantly until thickened; when cool, mix with salad.

—Mrs. Chas. A. Silberzahn.

## DRESSING.

2 egg yolks,	1 teaspoon vinegar,
$\frac{1}{2}$ teaspoon mustard,	1 white of egg,
1 teaspoon sugar,	Little salt and red pep- per.
$\frac{1}{2}$ pint olive oil,	

Put yolks in cold soup plate; add mustard, salt, pepper and sugar; beat together well, then add olive oil, a few drops

at a time, until as thick as butter; while beating add vinegar, little at a time. A little Worcestershire sauce improves it. Add beaten white of egg last. Line bottom of salad dish with lettuce leaves, and serve on lettuce leaves.

—Mrs. C. A. Adams.

### EXCELLENT SALAD DRESSING.

Boil five tablespoons vinegar and stir into it the well beaten yolks of five eggs; take from the stove as soon as it thickens. While hot add a piece of butter, size of a small egg, and one teaspoon of a mixture composed of five teaspoons salt, one heaping teaspoon mustard, one level teaspoon cayenne. When cold, add one-half pint of cream, whipped stiff, and juice of half a lemon. This is most excellent for salmon salad composed of equal quantities of canned salmon and celery.

—Mrs. N. B. Lawson.

### MAYONNAISE DRESSING.

2 egg yolks,

1 lemon (juice).

$\frac{1}{2}$  pint olive oil,

Beat yolks thoroughly with egg beater, add lemon juice, then gradually add the oil (about half a teaspoon at a time) and beat thoroughly until all oil is used. This recipe makes about one pint of dressing. —Mrs. A. P. Chapman.

## MAYONNAISE DRESSING.

2 egg yolks,	1 teaspoon dry mustard,
2 saltspoons salt,	$\frac{1}{2}$ pint olive oil,
1 saltspoon pepper or pinch cayenne,	3 tablespoons cider vine- gar.

To prevent curdling beat with wooden spoon the yolks, salt, pepper, and mustard together before adding the oil, which must be stirred in gradually a few drops at a time, taking care to blend each portion with the egg before adding more, stirring constantly until a thick paste is formed and the mixture has a glossy instead of a velvety appearance; then add a few drops of vinegar, stirring all the time, until it is the consistency of thick cream; stir in more oil in drops until mayonnaise is stiff again, when a few drops of vinegar should be beaten in. So continue alternating until all oil is used, adding vinegar rather cautiously at last, so that when the mayonnaise is finished it will be stiff enough to remain on top of the salad. The dressing should be stirred one way to prevent curdling. Add a few drops of lemon juice with the vinegar. The oily flavor is entirely lost in combination with the raw egg. Fifteen or twenty minutes are required for putting the ingredients together. Care must be taken not to add too much oil at first or the mayonnaise will curdle. When this happens, beat the yolks of one or two eggs on another

plate, add to them the curdled mayonnaise by degrees, and finish by adding more oil and vinegar, or lemon juice. The danger of curdling is less if the addition of vinegar is begun when only a little oil has been used. After all ingredients are thoroughly mixed the addition of a cup of whipped cream enriches the dressing. This sauce keeps well if bottled and corked with a glass stopper, and it may be made at any time in advance when yolks are left over from baking. In summer, place oil and eggs in cold place half an hour before making. The well beaten white of an egg may be added to the dressing just before using. Butter may be used instead of oil in any mayonnaise dressing by first creaming it, and adding slowly a well beaten egg. This makes a nice dressing for fish.

—Mrs. H. D. B. Dustin.

### MAYONNAISE DRESSING.

2 egg yolks,	1 teaspoon powdered sugar,
2 tablespoons vinegar,	$\frac{1}{2}$ teaspoon salt,
2 tablespoons lemon	$\frac{1}{4}$ teaspoon cayenne,
1 teaspoon mustard,	1 pint olive oil.

Beat yolks of eggs well, add vinegar, lemon juice and other ingredients, lastly the oil, a few drops at a time.

—Mrs. A. M. Bowen.

## PLAIN SALAD DRESSING.

$\frac{3}{4}$ cup vinegar,	2 tablespoons sugar,
$\frac{1}{4}$ cup cold water,	1 teaspoon salt,
2 eggs (well beaten),	1 even tablespoon mustard,
1 teaspoon butter,	A dash of cayenne pepper.

Cook slowly until thick, then remove immediately from the fire to avoid curdling. —Mrs. C. A. Weil.

## SALAD DRESSING.

1 cup vinegar,	1 tablespoon mustard,
$\frac{3}{4}$ cup butter,	1 tablespoon salt,
$\frac{1}{4}$ cup sugar (scant),	Little red pepper,
8 yolks of eggs,	1 cup sweet cream.

Heat vinegar, sugar and butter in double boiler until butter is melted; add the well beaten yolks and seasoning; boil until thick, stirring constantly; then strain and when cold, just before using, add the cup of cream or enough to make the right consistency. Will keep several days before the cream is added. —Mrs. Emil C. Pors.

## SALAD DRESSING.

1 cup vinegar,	1 teaspoon salt,
4 tablespoons sugar,	Pinch of red pepper,
6 yolks of eggs,	1 cup butter,
1 teaspoon mustard,	1 cup sweet cream.

Put vinegar and sugar on stove to boil. Stir the yolks in a bowl with the ground mustard, salt and pepper. When vinegar boils pour over the yolks, beating constantly. Place on the stove and let boil until thick, stirring all the time. Take from stove, add the butter, while hot and the cream, when cold.

—Mrs. Ernst Franckenberg.

### SALAD DRESSING.

$\frac{2}{3}$ cup vinegar,	$\frac{1}{2}$ cup butter,
$\frac{1}{3}$ cup water,	4 yolks of eggs,
2 tablespoons mustard,	2 tablespoons sugar,
$\frac{1}{4}$ teaspoon cayenne,	1 tablespoon cream.

Put vinegar, water, Colman's mustard and cayenne pepper (made smooth in vinegar) over the fire in double boiler; add butter and when melted, add yolks, sugar and cream, then cook to the consistency of custard.

—Mrs. Joseph Ott.

### SALAD DRESSING.

2 eggs (well beaten),	2 saltspoons salt,
4 teaspoons olive oil or melted butter,	$\frac{1}{2}$ teaspoon sugar,
2 teaspoons mustard	4 teaspoons cream or milk,
mixed with the oil,	1 cup vinegar,
	Pinch of cayenne pepper.

Stir ingredients together and cook in a double boiler, stirring often. This dressing may be used for every kind of salad. The remnants of cold veal make a nice salad prepared with an equal quantity of celery or white cabbage; or the veal is nice alone served with the dressing.

—Mrs. R. S. Lynch.

### SALAD DRESSING.

2 tablespoons sugar,	3 eggs,
1 tablespoon mustard,	1 teacup vinegar,
$\frac{1}{2}$ tablespoon salt,	1 teacup cream.
1 tablespoon butter,	

Stir the sugar, mustard, salt and butter together, beat in the eggs half light, stir in the boiling vinegar, put on stove, cook and stir until creamy; when cool add the cream.

—Mrs. O. B. Coombe.

### SALAD DRESSING.

1 tablespoon butter,	1 tablespoon sugar,
1 tablespoon flour,	1 teaspoon mustard,
1 cup milk or water,	$\frac{2}{3}$ cup vinegar.
1 yolk of egg,	

Melt butter in stew pan, add flour; cook, but not brown, then add milk or water. Beat yolk, sugar and mustard together, add vinegar and stir into the sauce in the stew pan. When cool, pour over chopped potato and onion, salted and peppered well.

—Mrs. Hobson.

## SALAD DRESSING.

3 tablespoons melted butter,	1 teaspoon salt, 1 teaspoon mustard,
3 tablespoons sugar,	$\frac{1}{2}$ cup vinegar,
$\frac{1}{2}$ cup cream,	2 eggs.

Beat all together except the vinegar and eggs, cook in a double boiler; when done remove from the fire, add the well beaten eggs and while cooling add the vinegar.

—Mrs. Anna Corr.

## SALAD DRESSING.

9 egg yolks,	1 heaping teaspoon mustard
$\frac{1}{2}$ cup melted butter,	dissolved in
7 tablespoons olive oil,	$\frac{1}{2}$ cup vinegar,
4 teaspoons salt,	1 lemon (juice),
Dash of red pepper,	1 cup cream.

Stir all except cream together, cook in double boiler, stirring all the time. When ready for use add the whipped cream. Nice for chicken salad (to the chicken add an equal quantity of celery) and for fish salad.

—Mrs. W. J. Farnsworth.

## SALAD DRESSING.

$\frac{1}{2}$ cup vinegar,	$\frac{1}{2}$ teaspoon mustard,
1 teaspoon salt,	1 tablespoon flour,
1 teaspoon pepper,	1 tablespoon butter,
1 teaspoon sugar,	1 egg (yolk).

Boil vinegar, salt, pepper, sugar and ground mustard; then add the flour and butter stirred to a paste and boil all together. Remove from the fire and add well beaten yolk.

—Mrs. Victor Husting.

## SALAD DRESSING.

2 yolks (hard boiled),	$\frac{1}{2}$ teaspoon white pepper,
2 tablespoons white sugar,	2 eggs (well beaten),
1 teaspoon salt,	3 tablespoons melted butter,
1 teaspoon mustard,	$\frac{1}{2}$ cup vinegar,
	$\frac{2}{3}$ cup thick sour cream.

Mash yolks, add sugar, salt, mustard and pepper; when thoroughly mixed add eggs, butter and vinegar; cook in double boiler until it thickens, then remove from the fire and when cold add cream.

## SOUR CREAM DRESSING.

1 cup thick sour cream,	2 tablespoons vinegar,
1 teaspoon salt,	Little cayenne.
1 lemon (juice),	

Set cream on ice for several hours. When ready to serve, beat it with an egg beater to a stiff white foam, then add the other ingredients in the order given and beat two minutes longer. This is a nice dressing for vegetables.

—A. Pries.

### SALAD DRESSING.

$\frac{1}{2}$ cup milk,	4 egg yolks,
1 tablespoon butter,	$\frac{1}{2}$ cup cream,
1 scant tablespoon mustard,	$\frac{1}{2}$ cup lemon juice.

Boil the milk, butter and mustard together, then pour it over the well beaten yolks, mixing thoroughly; when cold add cream and lemon juice and pour over about two dozen boiled, sliced, salted potatoes.

—Mrs. H. J. Maitland.

### SALAD DRESSING.

1 tablespoon sugar,	$\frac{1}{2}$ cup vinegar,
1 tablespoon Colman's mustard,	6 egg yolks, beaten,
$\frac{1}{2}$ cup melted butter,	1 cup sour cream con- taining pinch of soda.

Stir the sugar and mustard to a paste in a very little water, add the other ingredients, mix thoroughly and cook in double boiler until thick. Do not cook too long.

—Mrs. Gilbert Huson.

## SUPERIOR SALAD DRESSING.

2 eggs beaten well with      4 tablespoons vinegar,  
 1 cup sweet cream,              Pinch of cayenne,  
 1 teaspoon raw mustard,      Salt and pepper to taste.

Beat all thoroughly and boil in a double boiler. This salad dressing is equal to any bottle dressing on the market.

—Mrs. C. A. Weil.

## SALAD DRESSING.

$\frac{1}{2}$  cup sugar,                      1 teaspoon mustard,  
 $\frac{1}{2}$  cup vinegar,                   $\frac{1}{2}$  teaspoon salt.  
 3 egg yolks,

Beat well together, cook until thick as custard. Will keep for months. When ready to serve, add whipped cream.

—Mrs. Louise M. Parks.

## SALAD DRESSING.

Mix four tablespoons sugar, one level tablespoon flour, one level tablespoon dry mustard, pinch of cayenne pepper, and one teaspoon salt together, then add one tablespoon butter, one well-beaten egg and two-thirds-cup vinegar; boil till thick.

—Mrs. Manley.

## APPLE SALAD.

4 large apples,                      1 cup walnut meats.  
 1 bunch celery,

Cut apples in small cubes and celery in small pieces, mix and serve with the following

## DRESSING.

$\frac{1}{2}$ cup sugar,	$\frac{1}{2}$ teaspoon white pepper,
$\frac{2}{3}$ cup vinegar,	1 teaspoon salt,
1 large tablespoon butter,	2 eggs, well beaten.
Boil till thick as cream.	—Mrs. A. L. Crump.

## BEET SALAD.

Cut into half-inch cubes equal parts of hot potatoes boiled in their jackets, and hot boiled beets, and pour over them a dressing made of the yolks of two hard-boiled eggs, mashed to a paste with two even teaspoons dry mustard, four tablespoons melted butter, vinegar to make the consistency of cream; salt and pepper to taste. Chop the whites of the eggs for the top and garnish with parsley.

## BEET SALAD.

Chop cold boiled beets and pour over them a plain salad dressing.  
—Mrs. C. A. Weil.

## CABBAGE SALAD.

2 quarts cabbage (chopped),	1 cup vinegar,
1 medium sized onion (chopped fine),	6 yolks of hard boiled eggs (chopped fine),
2 or 3 yolks of eggs (well beaten),	2 tablespoons melted butter,
	1 teaspoon mustard,
	Salt and sugar to taste.
	—Mrs. Chas. A. Silberzahn.

## CABBAGE SALAD.

One small head of cabbage, chopped fine, seasoned with salt to taste.

1 egg,	1 tablespoon sugar,
1 small cup thick sour cream,	$\frac{3}{4}$ cup (half vinegar, half water),
1 teaspoon mustard,	Pepper to taste.

Cook until the mixture just comes to a boil, then pour hot over the cabbage.  
—Mrs. C. M. R. Bedell.

## CABBAGE AND BANANA SALAD.

1 head cabbage; 4 bananas; 1 cup peanuts.	
$\frac{1}{2}$ teaspoon salt,	$\frac{3}{4}$ tablespoon sweet cream,
1 teaspoon flour,	2 tablespoons butter,
1 teaspoon mustard,	$\frac{1}{4}$ tablespoon vinegar.
2 tablespoons sugar,	
1 egg,	

Mix the dry ingredients with the butter, then add the beaten egg, cream and vinegar, cook over hot water until thick. Chop cabbage fine, cut bananas in small pieces, roll the peanuts, mix thoroughly, then add the dressing.

—Mrs. G. Rahm.

## CELERY SALAD.

Good sized celery roots,	$\frac{1}{2}$ cup water,
$\frac{1}{2}$ cup almond meats,	1 tablespoon sugar,
$\frac{1}{2}$ cup vinegar,	$\frac{1}{2}$ cup sweet cream.

Clean the celery roots and boil until tender. When cool, cut in small dice-like pieces and add the chopped almond meats. Pour the vinegar and water over the mixture, add sugar, and, just before serving, add the cream. Very nice.

—Mrs. A. B. Liebermann.

## CELERY SALAD.

Chop or cut white crisp celery, sprinkle with fine salt; line salad bowl with lettuce leaves, pile the chopped celery in the center and pour a mayonnaise dressing over.

—Mrs. C. A. Weil.

## CELERY ROOT SALAD.

Peel and slice root, one-quarter inch slices; place in granite pan with water (one-third), and vinegar (two-thirds) enough to cover; salt to taste; add one tablespoon sugar. Let boil, stirring occasionally. Do not let the celery become soft. Place all in a jar and let stand several days before using. Use juice for meats and salads.

—Mrs. Chas. A. Silberzahn.

## CHICKEN SALAD.

White meat of cold boiled or roasted chicken or turkey.

$\frac{3}{4}$ same bulk chopped	1 teaspoon pepper,
celery,	1 teaspoon made mustard,
2 hard boiled eggs,	3 teaspoons salad oil,
1 raw egg,	2 teaspoons white sugar,
1 teaspoon salt,	1 teacup vinegar.

Mince the meat well, removing every scrap of fat, gristle and skin; cut the celery into bits half an inch long, or less;

mix and set aside in a cool place while the dressing is prepared. Rub the yolks of eggs to a fine powder, add the salt, pepper and sugar, then the oil, mixing thoroughly, putting in but a few drops at a time. Add mustard, let mixture stand while the raw egg is whipped to a froth. Beat this into the dressing and pour in the vinegar, spoonful at a time, whipping the dressing well. Sprinkle a little dry salt over meat and celery, toss lightly with a silver fork, pour the dressing over, tossing and mixing until the bottom of the mass is as well saturated as the top; turn into the salad bowl, and garnish with whites of eggs (boiled hard and cut into rings or flowers), and sprigs of bleached celery tops.

—Mrs. Joseph Ott.

### CHICKEN SALAD.

1 chicken, salted and boiled tender,	Celery and lettuce,
2 large pickled cu- cumbers,	2 hard boiled eggs (sliced).

Let chicken cool in the water in which it is boiled. When cold, cut in half-inch pieces, rejecting all fat, gristle and skin. Use two parts chicken, one part celery and one part lettuce; the celery and cucumbers should be cut with a knife in same sized pieces as chicken, and the lettuce chopped fine. Olives may be used instead of cucumbers, if preferred. Mix ingredients together thoroughly and serve with the following

## DRESSING.

½ pint vinegar,	1 teaspoon white pepper,
Butter size of an egg,	1 teaspoon salt,
2 eggs,	Pinch of cayenne,
½ tablespoon mustard,	1 lemon (juice).
1 tablespoon sugar,	

Place a sauce pan on the stove containing the vinegar and butter. Beat the eggs thoroughly, add mustard, sugar, pepper and salt; when thoroughly beaten together pour slowly into the vinegar and stir until it thickens; be careful not to cook too long or the eggs will curdle. Both salad and dressing may be made the day before using. Just before serving, pour dressing over salad, mixing it lightly with silver fork, adding cayenne, lemon juice and more salt and vinegar as needed. The dish may be tastefully garnished with sliced lemons, boiled beets sliced and cut in fancy shapes, hard boiled eggs, and small lettuce leaves, celery or parsley, combining any two or more as fancy dictates.

—Mrs. H. D. B. Dustin.

## EGG SALAD.

Cut one dozen hard boiled eggs into quarters, lengthwise, and pour over them any preferred dressing. Serve on lettuce.

—Agnes M. Haase.

## FOR MAYONNAISE CHICKEN SALAD.

6 eggs (whites),	Celery and cabbage chopped
1 chicken boiled,	very fine.

Let the chicken cool in the water in which it is boiled. When cold, chop the meat and the hard boiled whites of the eggs moderately fine. Use equal quantities of chicken, celery and cabbage. Mix ingredients well, and serve with the following

## DRESSING.

2 tablespoons butter,	6 hard boiled eggs (yolks),
2 tablespoons sugar,	allow
1 teaspoon mustard,	2 tablespoons vinegar and
White pepper and salt	1 tablespoon salad oil to
to taste,	each quart of salad.

Mash the yolks fine, add butter, sugar, mustard, pepper and salt; mix well, then add oil and vinegar three or four drops at a time, alternating as in mayonnaise dressing. Mix salad with part of the dressing, arrange in a smooth mound on a flat dish, pour remainder of dressing over and garnish with a little bouquet of white celery leaves on the top, encircle with rows of capers and border with slices of hard-boiled eggs.

—Mrs. H. D. B. Dustin.

## HAM SALAD.

Chop some boiled ham fine, add the heart and inside leaves of a head of lettuce. Pour over it a dressing made as follows:

- |                      |                             |
|----------------------|-----------------------------|
| 1 tablespoon salt,   | $\frac{1}{2}$ pint vinegar, |
| 1 tablespoon butter, | 3 yolks of eggs (well       |
| 1 teaspoon sugar,    | beaten).                    |
| 1 teaspoon mustard,  |                             |

Boil until creamy; when cold, pour over the ham and lettuce and mix well; then stir in a cup of sweet cream.

—Mrs. G. A. Heidner.

## HANOVERIAN SALAD.

- |                                 |                        |
|---------------------------------|------------------------|
| 3 medium sized beets,           | 1 small onion,         |
| 2 cooked potatoes,              | Several stalks celery. |
| $\frac{1}{3}$ pound cooked ham, |                        |

Chop ingredients fine, mix with cream dressing; serve on a bed of lettuce and garnish with hard-boiled eggs.

—Mrs. A. M. Bowen.

## HORSERADISH SALAD.

- |                                  |                              |
|----------------------------------|------------------------------|
| 1 quart raw chopped<br>cabbage,  | 1 tablespoon salt,           |
| 1 quart boiled chopped<br>beets, | 1 teaspoon black pepper,     |
| 2 cups sugar,                    | 1 teaspoon red pepper,       |
|                                  | 1 teacup grated horseradish, |

Mix thoroughly, cover with cold vinegar and keep from the air. If preferred, the vinegar and sugar may be cooked together before adding to the salad. —Mrs. C. H. Schleifer.

## HERRING SALAD.

Take six nice Holland herring and soak over night. Clean well and put in a chopping bowl being careful to remove all bones. Add four large apples, peeled and sliced, one cup walnut meats, two boiled potatoes and enough tender boiled beets to give a red color. Chop all together very fine. Add one tablespoon sugar and enough vinegar and water, mixed, to thoroughly moisten the ingredients; garnish with hard-boiled eggs and olives. —Mrs. A. B. Liebermann.

## HERRING SALAD.

Soak four herring over night, then remove the skin and bones and chop the herring fine. Add

1 boiled chicken,	1 small apple,
$\frac{1}{2}$ pound boiled ham,	Several pickled cucumbers,
2 cups boiled potatoes,	Several slices boiled beets.
4 hard boiled eggs,	

Cut ingredients into very small squares. For the dressing take

1 teaspoon mustard,	Pinch of sugar,
1 tablespoon chicken oil,	Salt and pepper to taste,
Soft roe of the herring,	Vinegar to moisten well.

Reserve some of the egg, beet and pickle for decorating the salad, chopping them very fine. —Emma Pick.

## LOBSTER SALAD.

Put one pound of canned lobster into a colander and pour cold water over it until thoroughly washed. Pick into medium sized pieces and cut into it four hard-boiled eggs, a little lettuce, if you have it, add pepper, salt, and a very little vinegar. Mix well a few minutes before using, then cover with dressing.

—Mrs. C. A. Adams.

## MEAT SALAD.

Cook two pounds from leg of veal and one pound lean pork; when cool, add two pickles, two hard-boiled eggs, two lettuce leaves, two olives, salt, pepper and a little celery; chop together. Serve with mayonnaise dressing on individual lettuce leaves.

—Mrs. Gerlach.

## OYSTER SALAD.

Parboil the oysters in their own liquor, adding pepper and salt. Skim out, and when very cold, cut each into two or three pieces, according to the size of the oyster. Allow two cups of chopped celery to each cup and a half of oysters. Serve with a mayonnaise dressing.

—Mrs. Carrie L. Oliver.

## POTATO SALAD.

Two dozen small potatoes, boiled in jackets. When cold, peel and slice very thin and mix with them one onion minced fine. For the dressing let one cup vinegar and one large tablespoon butter come to a boil. Beat together yolks of two eggs, one teaspoon salt, one-fourth teaspoon black pepper, one teaspoon Colman's mustard, two tablespoons sugar; add a little vinegar if necessary. Pour the boiling vinegar into this, stirring well, so that it will look smooth, then add the whites of the eggs, beaten stiff, and pour over the potatoes. Garnish with slices of cold boiled eggs and parsley.

—Mrs. Frances E. Ott.

## POTATO SALAD.

Boil small potatoes in their jackets and, when cold, slice and moisten with vinegar. To a pint of potatoes add one small onion minced fine, salt, pepper and prepared mustard to taste; then pour over the whole thick sweet or sour cream.

—Mrs. C. A. Weil.

## POTATO SALAD. (Hot.)

6 tablespoons vinegar,	1 pint potatoes,
2 tablespoons water,	1 large onion,
1 tablespoon butter,	Pepper and salt.
1 teaspoon sugar,	

Slice cold potatoes and onion, add salt and pepper. Melt the butter in a frying pan, add vinegar, water and sugar; when it boils pour over the potatoes and onions and mix thoroughly.

## POTATO SALAD.

3 eggs (well beaten),	Pinch of cayenne,
6 tablespoons vinegar,	1 quart potatoes,
6 tablespoons melted butter,	1 onion,
6 tablespoons sweet cream,	6 stalks celery.

Heat eggs, vinegar, pepper and butter in double boiler, stir until it thickens, when cool add sweet cream. Boil the potatoes in their jackets, when cold, peel and cut in squares or dice. Chop the onion and celery very fine, season all with salt, pour over the cold dressing, mix well and serve in a flat dish garnished with lettuce leaves. If celery stalks cannot be obtained celery seed may be used instead.

## POTATO SALAD. (Hot.)

Boil six or eight large potatoes till done; slice while hot; peel and cut three large onions into small pieces and mix with the potatoes; cut into small bits enough breakfast bacon to fill a teacup and fry a light brown; remove the meat, and stir three tablespoons vinegar into the grease, making a sour gravy, which, with the bacon, pour over the potato and onion lightly. Serve hot.

—Mrs. Gillett.

## POTATO SALAD.

1 onion, medium size,       $\frac{1}{2}$  cup vinegar,  
12 good sized potatoes,       $\frac{1}{2}$  cup water,  
1 tablespoon lard,              Salt and pepper.

Chop onion fine, slice potatoes while hot, mix thoroughly, pour over the vinegar and water, add pepper and salt, and last pour over the hot lard.                      —Mary Petrie.

## POTATO SALAD.

3 or 4 egg yolks,               $\frac{1}{2}$  cup vinegar,  
Butter, size of small egg,       $\frac{1}{2}$  cup water.

Stir together and cook until thick, then mix with sliced potatoes and a sliced onion which have been mixed and salted and peppered to taste. Garnish with slices of hard boiled eggs.                      —Mrs. C. M. R. Bedell.

## SALAD.

Chop remnants of celery and cabbage together, season with salt, pepper, vinegar and a teaspoon of sugar.

## SALMON SALAD.

Drain off the oil and remove all skin and bones from one can of salmon; mix with an equal quantity of celery, cut fine; pour over it mayonnaise dressing and serve on lettuce leaves. Shrimp salad is prepared the same way.

—Mrs. James Friedlander.

## SALMON SALAD.

Chop fine one can salmon, three or four hard-boiled eggs, two small boiled potatoes and a little lettuce or cabbage. Season with salt, pepper, vinegar and a little salad oil. Serve on lettuce leaves.

—Ida Schottler.

## SUMMER SALAD.

1 medium sized head	$\frac{1}{2}$ dozen red radishes,
lettuce,	1 cucumber,
$\frac{1}{2}$ dozen young onions,	2 hard boiled eggs,

Place the lettuce leaves in salad bowl, and on them arrange the other vegetables cut in small pieces. Put slices of hard-boiled eggs on top, and over all pour any preferred salad dressing. Very nice and appetizing.

## TOMATO AND CUCUMBER SALAD.

Arrange equal parts of sliced tomatoes and cucumbers on lettuce leaves, then pour mayonnaise dressing over.

—Mrs. C. A. Weil.

## GRANDMOTHER'S SALAD.

Slice raw onions, cover with vinegar and season with salt and pepper. A most appetizing relish.

## WALNUT SALAD.

1 cup sour apple,                      1 cup celery.  
1 cup walnuts,

Chop ingredients separately, mix and serve with the following

## DRESSING.

3 yolks of eggs,                      1 teaspoon salt,  
 $\frac{1}{3}$  cup vinegar,                      1 tablespoon sugar,  
1 teaspoon mustard,              Butter size of walnut,  
 $\frac{1}{2}$  teaspoon black pepper,       $\frac{1}{2}$  cup cream.

Mix well all ingredients but cream, let just come to a boil. When lukewarm add the cream.

—Mrs. W. E. Bennet.

## CHEESE SALAD.

Season cottage cheese well, shape into small balls, place half a walnut on each and serve on a lettuce leaf with salad dressing.

—Mrs. C. A. Silberzahn.

## COTTAGE CHEESE SALAD.

Place little balls of cottage cheese on lettuce leaves; pour over each about a tablespoon of salad dressing and serve with salted wafers.

—Mrs. C. A. Weil.

## COTTAGE CHEESE.

As soon as cottage cheese is drained, put in a glass dish without seasoning of any kind, turn thick sweet cream over and serve.

—Mrs. A. Husting.

## COTTAGE CHEESE.

Let sour milk stand in a warm place until the whey separates from the clabbered milk; then drain through a cloth until the curd is quite dry, stir smooth, add salt to taste and sweet cream enough to dish easily with a spoon; then put it into a glass dish, pour thick sweet cream over and serve.

—Mrs. C. H. Miller.

## BOILED CHEESE.

Put one tablespoon of milk, butter the size of a nutmeg, and half a pound of good cheese, grated fine, in a saucepan over a slow fire until it boils; then add one egg, well beaten, stir well, turn into a dish and brown. Serve very hot.

—Mrs. Sophie Bordoe.

## HAND CHEESE.

Drain clabbered milk while warm through cheese cloth, press dry, add salt and caraway seed, mix well, make into balls, let dry, put in a jar and while curing wash thoroughly once a week.

# Pickles, Catsups, Etc.

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“Hunger is the Best Sauce.”

## BEET PICKLE.

Boil small beets, until tender, in a porcelain kettle. When cold, put in a jar and cover with cold vinegar, sweetened to taste. Add laurel leaves and caraway seed.

—Mrs. A. Husting.

## CHILI SAUCE.

12 large tomatoes,	$\frac{3}{4}$ cup sugar,
3 green peppers,	1½ cups vinegar,
3 onions,	Salt to taste.

Chop the tomatoes, peppers and onions; add the sugar, vinegar and salt; boil slowly about two hours. Bottle while hot.

—Mrs. C. A. Weil.

## CHILI SAUCE. (Uncooked.)

One peck ripe tomatoes, peeled, chopped and drained,  
 2 cups chopped celery,      1 quart vinegar,  
 3 green peppers,              1 cup sugar,  
 3 onions,                      2 ounces white mustard  
 ½ cup salt,                      seed.

—Mrs. Isham.

## CUCUMBER PICKLES. (Fine.)

Wash the cucumbers carefully and place in a jar. Make a weak brine of one handful of salt to one and one-half gallons of water; when scalding hot pour over the cucumbers until covered. Repeat this process three days in succession, taking care to skim thoroughly each time. On the fourth day have ready a porcelain kettle of vinegar to which has been added a piece of alum, the size of a walnut. When scalding hot, put in as many cucumbers as the vinegar will cover. Scald well, but do not boil (they change color when done), take out and replace with others, adding a small piece of alum each time. Throw away this vinegar and take some good cider or white wine vinegar, using one and one-half cups of sugar to a quart of vinegar. Add spices to taste, such as celery seed, mustard seed, pepper and stick cinnamon. Sort the pickles and place in jars; turn the spiced vinegar over them boiling hot and seal. The pickles will be hard at the end of a year.

—Mrs. George Kuehlthau.

## CUCUMBER PICKLES.

Soak small cucumbers in salt and water over night. In the morning drain and put in glass jar. Sprinkle over one tablespoon sugar and one-half teaspoon mixed spices. Cover with boiling vinegar.

—Mrs. Fred Haase.

## CUCUMBER PICKLES.

Gather small cucumbers, leaving about one-fourth the stem on. Wash very carefully so as not to remove the little black specks which cover the cucumbers, drain in colander, wipe and lay carefully in a quart can, adding two level table-spoons salt and five canary peppers to each can; fill with corn vinegar and seal cold.

—Mrs. C. A. Doyle.

## CUCUMBER PICKLES. (Sliced.)

12 large cucumbers,	1 teaspoon white mustard
6 onions,	seed,
1 pint vinegar,	1 teaspoon pepper,
1 cup brown sugar,	1 teaspoon cinnamon buds,
1 teaspoon celery seed,	1 teaspoon salt,
1 teaspoon ginger,	1 teaspoon tumeric powder.

Peel cucumbers and onions, slice fine, sprinkle with salt and let stand one hour; then drain and add remaining ingredients, let come to a boil and seal while hot.

—Mrs. A. L. Crump.

## DILL PICKLES.

To one gallon of rain water take one cup salt, one cup vinegar, one scant teaspoon alum; let this come to a boil and then cool. Put down a layer of cucumbers, then a layer of dill, two grape leaves and a few green grapes. Repeat the process until the jar is filled, then pour the liquid over, putting a layer of dill on top. Cover and put on a weight to keep the pickles in the liquid. —Mrs. Marie Pick.

## DILL PICKLES.

To six quarts of water add two quarts of vinegar, one pound of salt, five cents worth of Weinstainsaeure (tartaric acid), and spices as follows: Pepper, cloves, allspice, a good quantity of dill, horseradish, grape leaves and bay leaves. Place a layer of cucumbers in a stone jar, then sprinkle over some of the spices; continue until all are used, laying the dill and leaves between each layer. Put a tight, well-weighted cover over them. —Mrs. W. P. Rix.

## DILL PICKLES.

Boil one pail of water, let cool; then add one pint of salt and one pint vinegar. Fill a five gallon jar with alternate layers of cucumbers and dill, then pour the water over them. —Mrs. A. Bachhausen.

## DILL PICKLES.

Put dill in the bottoms of two quart cans, then wash medium-sized cucumbers and fill the cans; put alum the size of a hickory nut in each can. Let one small cup of coarse salt and nine cups of water just come to a boil; when cooled, add one cup of cider vinegar to every three cups of brine, pour over the cucumbers in the cans and seal. Will keep for years.

—Mrs. G. A. Knoller.

## DILL PICKLES.

12 quarts water,	1 quart salt,
1 teaspoon cream of tartar,	1 quart vinegar.

Heat water and salt, cool a little, then add vinegar and cream of tartar and pour over cucumbers and dill.

—Emmeline W. Smith.

## EAST INDIAN PICKLES.

200 small cucumbers,	1 root horseradish,
1 small head cabbage,	1 head cauliflower,
20 small onions,	6 small green peppers.

Slice the cabbage fine, soak all in salt and water twenty-four hours, then drain and put in vinegar prepared by boiling good cider vinegar with one-fourth pound whole black pepper, two ounces white mustard seed and one-fourth ounce ground tumeric bark. When cold stir in one-quarter pound yellow mustard.

—Mrs. E. C.

## FRENCH MUSTARD.

3 tablespoons mustard,      1 egg,  
1 tablespoon sugar,      1 teacup vinegar.

Work the mustard and sugar well together; add the egg, beaten light, and the vinegar, a little at a time; stir well together and set it on the stove; let it cook for a few moments, stirring all the time. When taken off, add a large spoon of butter or oil.  
—Mrs. B. M. Custis.

## FRENCH MUSTARD.

Soak a good-sized onion in vinegar over night; in the morning add salt and pepper to taste, a dash of cayenne, good teaspoon of sugar and stir in mustard to make a thin paste. Boil up well.  
—Mrs. C. A. Weil.

## GREEN TOMATO PICKLES.

Pare, cut once in two, flatwise, remove the little bunches of seed, salt and let stand twelve hours, then wash off the brine thoroughly with warm water. Place a layer of tomatoes (no more), in a fruit kettle or new flat pan, and pour on boiling water. Cook until tender, then remove at once and place carefully in a stone jar. Put a new layer into the hot water and proceed this way until all the tomatoes are cooked. (Keep jar on back of stove, well covered.) Meanwhile have sugar, vinegar and spices cooking together. Seven pounds of tomatoes will require three pounds of sugar, little more than a pint of vinegar and a bag of spices. When the tomatoes are

all in the jar pour over the syrup and set away until the following morning, then drain off the syrup, add to it another pound of sugar and half a pint of vinegar, heat and pour over the tomatoes. Prepared in this way the pickles will keep three years and grow better all the time.

—Mrs. John Conrad.

### GREEN TOMATO PICKLES.

One peck tomatoes and six large onions, sliced. Sprinkle with one cup salt and let stand over night. In the morning drain and add to the tomatoes two quarts water and one quart vinegar; boil ten minutes, then drain again and throw away this vinegar and water. Add to the pickles

2 pounds sugar,	2 tablespoons allspice,
2 quarts vinegar,	2 tablespoons ginger,
1 teaspoon cayenne	2 tablespoons mustard,
pepper,	2 tablespoons cinnamon.
2 tablespoons cloves,	
Boil fifteen minutes.	—Mrs. A. M. Wagner.

### MUSTARD PICKLES.

2 quarts green tomatoes,	1 pound Colman's mustard,
2 quarts small onions,	1 tablespoon tumeric,
2 quarts string beans,	1 gallon vinegar,
2 heads cauliflower,	2 cups sugar.
1 doz. small cucumbers,	

Slice the tomatoes, cut the cauliflower in small pieces, and salt vegetables over night. In the morning drain thor-

oughly; mix mustard with little vinegar. When the vinegar boils put all in and boil one-half hour. Bottle while hot.

—Mrs. A. P. Chapman.

### MUSTARD PICKLES.

1 quart cucumbers,                      1 quart green tomatoes.

1 quart onions,

Slice, salt and let stand over night. In the morning drain, pour scalding vinegar over and let stand three days.

Take

$\frac{1}{2}$  cup sugar,                                       $\frac{1}{2}$  cup flour.

$\frac{1}{2}$  cup ground mustard,

Mix with enough cold vinegar to make a paste, and stir into one quart of boiling vinegar; let boil for about three minutes, and then pour over the pickles. Mix well.

—Mrs. H. J. Wagner.

### OIL PICKLES.

100 small cucumbers  
(unpeeled, sliced  
round),

3 pints small onions  
(cut in two),

$\frac{1}{2}$  cup white pepper,

1 cup mustard seed,

1 cup celery seed,

1 lump alum, size of egg,  
dissolved in vinegar,

2 cups olive oil,

Cold vinegar to cover  
pickles.

Put cucumbers and onions in layers with salt and let stand three hours. Drain and put the seeds in small bags through the pickles; then cover with vinegar and olive oil.

—Martha von Syburg.

## OIL PICKLES.

100 cucumbers,	2 tablespoons celery seed,
3 pints small onions,	1 tablespoon mustard seed,
$\frac{1}{2}$ pint olive oil,	1 teaspoon white pepper.

Slice the unpeeled cucumbers round, cut the onions in two, let stand in separate dishes, in salt (using one cup of salt to a gallon) for three hours; then drain in colander, press out the water, add the other ingredients, mix thoroughly, and cover scantily with vinegar.

—Mrs. J. A. Strathearn.

## PICKLES.

Wash small cucumbers and a few silver-skin onions. Let stand in salt and water over night; in the morning put them in alternate layers in a jar, add a few laurel leaves, whole black peppers and dill. Cover with boiling vinegar which has been sweetened to taste.

—Mrs. A. Husting.

## PICCALILLI.

1 cup vinegar,	2 small tablespoons flour,
2 teaspoon dry mustard,	2 teaspoons sugar,
2 eggs,	Butter, size of a walnut.
Little salt,	

Boil vinegar, add mustard and flour, boil; add the other ingredients, cool, and mix with fine chopped cabbage.

—Mrs. P. O'Meara.

## PICCALILLI.

1 peck green tomatoes,	6 cucumbers (large),
2 heads cabbage (small),	3 quarts vinegar,
3 green peppers,	4 pounds sugar.
4 onions,	

Chop vegetables fine, sprinkle cup of salt over, let stand over night. In the morning drain, add vinegar and sugar; let boil thirty minutes. —Mrs. A. Zimmerling.

## SENF GURKEN. (Mustard Cucumbers.)

Peel, remove the seeds and slice lengthwise one bushel ripe cucumbers, sprinkle with a scant pint of salt and let stand over night. In the morning drain, wipe dry and cook, not too tender, in one part vinegar, two parts water and one-half cup sugar; then drain in colander and put in jars. Boil one part vinegar, three parts water, one-half cup sugar, a few pieces horseradish and yellow mustard seed; pour over the pickles and seal. —Mrs. A. Husting.

## SHIRLEY SAUCE.

6 large ripe tomatoes,	1 tablespoon salt,
1 large green pepper,	1 tablespoon sugar,
1 large onion,	1 tablespoon ginger.
1 teacup vinegar,	

Chop tomatoes, onion and pepper fine; stir all together; boil one hour and bottle while hot.

—Mrs. A. Zimmerling.

## SPICED CUCUMBER PICKLES.

2 ounces tumeric,	$\frac{1}{2}$ ounce cayenne pepper,
$\frac{1}{2}$ ounce pepper corns,	4 ounces black mustard seed,
1 gallon vinegar,	4 ounces white mustard seed,
Alum, size of walnut,	1 cup ground mustard.

Soak the cucumbers in salt and water, then scald them in the vinegar to which has been added all the ingredients except the mustard, then place in a jar and over the whole sprinkle the mustard and a little horseradish.

—Mrs. C. F. Stein.

## SPANISH PICKLES.

12 ripe cucumbers,	1 ounce white mustard seed,
2 heads cabbage,	1 ounce black mustard seed,
1 peck green tomatoes,	1 ounce celery seed,
6 small onions,	1 ounce tumeric powder,
$\frac{1}{4}$ pound Colman's mustard,	$1\frac{1}{2}$ pounds brown sugar, Vinegar to cover well.

Peel, remove the seeds and slice the cucumbers lengthwise the size of the finger; let stand in salt water over night. Chop the cabbage and tomatoes fine, sprinkle this mixture and the onions with salt in the proportion of one pint to a peck; let stand over night; squeeze all dry from the brine and place in kettle with remaining ingredients. Stir until it boils and put up air tight in cans or bottles.

—Mrs. J. J. Lutzen.

## SWEET PICKLED CHERRIES.

Wash, stone and stem cherries; cover with vinegar twenty-four hours. Pour off vinegar (bottle and save for mince-meat). Add one pound sugar to one pound cherries, let stand over night, and can cold. The cherries may be left with stones and stems if preferred. —Mrs. H. B. Hitz.

## SPICED GREEN TOMATO PICKLES.

½ peck green tomatoes,	1 tablespoon ground cloves,
1 quart water,	1 tablespoon allspice,
1 cup salt,	1 tablespoon mustard,
1 quart cider vinegar,	1 tablespoon cinnamon,
1 tablespoon pepper,	1 pound brown sugar.

Slice the tomatoes, let stand in the salt and water two hours; drain through a colander, pressing out all the brine; add the remaining ingredients; boil ten minutes, then simmer about an hour. Ready for the table when cold. Will keep indefinitely. —Selected.

## SWEET PICKLED PIEPLANT.

7 pounds pieplant,	1 stick cinnamon,
3 pounds sugar,	Cloves and nutmeg.
1 pint vinegar,	

Stew slowly until thick. Will make four quarts.  
—Mrs. H. Mead.

## SWEET PICKLED WAX BEANS.

Put beans into a kettle, add boiling salt water enough to cover them, boil until almost tender, then drain off water and measure same, to get the correct amount of vinegar. To one pint of vinegar, take one pound of granulated sugar and boil with a few pieces of stick cinnamon, to a syrup. Put in the beans long enough to heat them thoroughly, then can.

—Mrs. Marie Pick.

## SWEET PICKLED YELLOW CUCUMBERS.

6 pounds cucumbers,	1 lemon,
3 pounds sugar,	Cloves and mustard seed
1 quart vinegar,	to taste.

Peel and quarter cucumbers, remove seeds and soft parts, put in a porcelain dish and salt. Let stand until morning, then wipe and weigh them. Prepare the spiced syrup and let it come to a boil, then put in cucumbers and boil until clear. Put in cans, and if there is too much syrup cook it down until there is just enough to fill the cans.

—Mrs. Stephen Mayer.

## TOMATO CATSUP

1 gallon tomato juice,	1 tablespoon ground cloves,
1½ teaspoons black	1 tablespoon mustard,
pepper,	½ tablespoon vinegar,
1½ tablespoons salt,	1 large red pepper pod.

Boil three hours. When cold add one pint cold vinegar.

—Mrs. C. A. Weil.

## TOMATO CATSUP.

½ bushel tomatoes	1 teaspoon ginger,
(juice),	½ teaspoon red pepper,
1 tablespoon salt,	½ nutmeg,
1½ tablespoons cinna-	1 cup brown sugar,
mon,	1 quart vinegar.
½ tablespoon mustard,	

Boil four hours.

—Mrs. W. S. Doig.

## TOMATO CATSUP.

2 quarts tomatoes,	1 tablespoon pepper,
1 pint sugar,	2 tablespoons mustard.
1 tablespoon salt,	

—Mrs. L. Stultz.

## TOMATO CATSUP.

$\frac{1}{2}$ bushel tomatoes,	1 tablespoon allspice,
1 quart vinegar,	6 small onions,
$\frac{3}{4}$ coffee cup salt,	1 teaspoon cloves,
2 tablespoons pepper	2 pounds brown sugar,
(whole),	$\frac{1}{2}$ teaspoon cayenne.

Boil three hours, or until thick. When cool strain through a fine sieve, put in bottles and cork.

—Mrs. John Duernberger.

## TOMATO CATSUP.

1 gallon tomatoes,	8 teaspoons mustard seed,
3 teaspoons salt,	$1\frac{1}{2}$ teaspoons pepper,
1 teaspoon cloves,	1 pint vinegar,
1 teaspoon red pepper,	$1\frac{1}{2}$ cups sugar.
1 teaspoon allspice,	

Boil all except the spices, set aside until it ferments, then boil again three hours, putting in spices, either ground or whole. Strain and bottle.

—Mrs. Henry Krieger.

## TOMATO CATSUP. (Uncooked.)

1 peck ripe tomatoes,	1 tablespoon black pepper,
$\frac{3}{4}$ cup salt,	1 heaping tablespoon mus-
3 large stalks celery,	tard,
1 cup horseradish,	1 tablespoon white mustard
1 cup onions,	seed,
3 red peppers,	1 teaspoon mace,
1 pound brown sugar,	1 teaspoon cloves, ground,
1 tablespoon cinnamon,	1 quart white vinegar.

Peel and chop the tomatoes, not too fine, chop the celery and onions fine, remove the seeds from the peppers, dissolve the mustard in a little vinegar, stir well together and seal cold in pint cans. Will keep two years. Must be used after the can is opened or it will not keep.

—Mrs. Joseph Merlach.

## VINEGAR PICKLES.

1 gallon small cucum-	1 ounce ginger root,
bers,	$\frac{1}{2}$ ounce white pepper,
6 ounces salt,	$\frac{1}{4}$ ounce cloves,
$\frac{3}{4}$ pound pearl onions,	12 bay leaves,
$\frac{1}{4}$ pound horseradish	2 handfuls dill,
(sliced),	Green grapes.

Mixed spices may be used instead of these. Let cucumbers and onions stand twenty-four hours, sprinkled with the salt. Drain and put down a layer of cucumbers and onions, and then a layer of spices. Pour enough cold vinegar over to cover. Place a small bag filled with mustard seed on top.

—Mrs. Marie Pick.

#### YELLOW PICKLES. (Southern.)

1½ pounds white mustard,	4 ounces allspice,
8 pounds sugar,	4 ounces cinnamon,
8 lemons,	4 ounces celery seed,
6 nutmegs,	4 ounces tumeric,
1 quart garlic,	2 ounces cloves,
6 ounces white ginger,	2 ounces mace,
5 ounces black pepper,	3 gallons white wine vinegar.

Crush the spices, not too fine; soak the green cucumbers, beans, tomatoes, etc., two days, changing water four times; drain, roll in fine barrel salt and dry two days in hot sun, turning often to bleach them; then, after wiping off with a coarse towel, drop into the prepared vinegar and set in the hot sun several days. This vinegar can be used several seasons.

—Mrs. L. E. Harrison.

## CORN VINEGAR.

To one gallon of soft water add one pint of sugar, and one pint of green corn cut from the cob. Put in a jug and let stand in a warm place three weeks.

## POTATO VINEGAR.

To one gallon of water, drained from boiling potatoes, add two cups sugar and one-half cup yeast. Let stand a month in a warm place.

## WHITE WINE VINEGAR.

Wash ten pounds raisins; add five gallons rain water. Let stand a month in a warm place.

# Vegetables.

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“Peace hideth herself under the  
lid of the well managed pot.”

## ASPARAGUS.

When scraped and washed, tie in bunches of equal size, and put into plenty of boiling water, well salted. When the stalks of the asparagus are tender, take them out and place on a dish, the heads lying one way, and pour the sauce over them.

## SAUCE.

For three bunches asparagus take one teaspoon corn-starch, moisten with sweet cream and the beaten yolks of three eggs; then add one-half cup cream and a little grated nutmeg; boil with one pint of the liquid in which the asparagus was boiled, stirring constantly until it thickens; then remove from fire.

—Mrs. Marie Pick.

## BAKED BEANS.

Two quarts small white beans soaked over night. In the morning put in a baking dish with a piece of scalded salt pork. Cover with water, never letting them bake dry. Bake all day and evening, and let them remain in oven until next morning. —Mrs. Biggs.

## BAKED BEANS.

Put one quart of beans over in cold water; as soon as they boil up well add half teaspoon soda; pour off the water; add fresh boiling water and let them boil until they begin to get soft, but not break. Put in the baking dish a large spoon of molasses, a pinch of cayenne pepper, one-fourth teaspoon of mustard flour, pour the beans in and stir well; place two pounds of pork, which has been parboiled, in the center, and bake three or four hours. If they get too dry add a little water. —Mrs. P. W. Harns.

## BAKED BEANS.

To a four-quart basin of beans, after they are parboiled, add a coffee cup of thick sour cream, half a cup of butter, sugar and salt to taste. Bake two hours. —Mrs. Lake.

## LIMA BEANS.

A delicious way of serving lima beans is to fry them a golden brown in butter, after they have been boiled tender in salted water. —Mrs. C. A. Silberzahn.

## SOUR PICKLED BEANS AS A VEGETABLE.

Heat a large tablespoon of lard very hot, stir into it a medium sized onion, cut fine, and a large tablespoon of flour; let brown and add enough water to make a nice thickened gravy. Take the pickled beans from their juice, cut them once and put them in the gravy; add salt and pepper to taste. If they are not sour enough, put in a little of the pickle vinegar. Boil fifteen minutes. —Mrs. F. Lauer.

## STRING BEANS.

Cut beans lengthwise, heat some butter in a kettle, slice in it a medium sized onion, put in the beans and add enough boiling water to barely cover them. Boil two hours, replenishing water when necessary. Half an hour before serving add a little minced parsley, a very little thyme, salt, pepper and a little flour, stirred in cold water. Let boil two or three minutes. —Mrs. Emma Wilkie.

## BEET VEGETABLE.

Slice six cold boiled beets, add one cup of vinegar, one cup of water, heaping tablespoon of butter, one bay leaf, four cloves, four allspice, an onion and one tablespoon of sugar. Let simmer slowly, then add one teaspoon of flour to thicken.

—Mrs. Chas. A. Silberzahn.

## CABBAGE.

Cut cabbage as fine as it can be sliced. Cook in milk for one-half hour, then add butter, pepper, salt and a little flour to thicken.

—Mrs. P. W. Harns.

## BAKED CABBAGE.

Boil one head of cabbage fifteen minutes; pour off water, put on fresh boiling water, and cook until tender, then let cool, chop, add two beaten eggs, one tablespoon of butter, three tablespoons of cream, pepper and salt to taste. Mix and bake until brown.

—Mrs. R. S. Lynch.

## FRIED CABBAGE WITH EGGS.

Cut cabbage fine, boil in salted water until tender, drain, put piece of butter in pan and fry the cabbage about five minutes; season with pepper, then pour two beaten eggs over, stir thoroughly and serve at once.

—Mrs. Henry Hackendahl.

## FILLED CABBAGE,

Boil one cabbage head, whole, in a little salt water until half done then make little cups of the cabbage leaves using about four to a cup and fill each with one tablespoon of the following

## DRESSING.

$\frac{1}{2}$ cup lamb,	1 small onion, chopped,
$\frac{1}{2}$ cup pork,	1 small bowl bread crumbs,
2 well beaten eggs,	Parsley or celery, chopped,
3 tablespoons milk,	Pepper, salt and nutmeg.

Have the meat chopped together by the butcher; mix the bread, eggs and milk, add the other ingredients and mix well. After filling the cups with the dressing roll each closely together, place snugly in a baking pan with a little butter between, sprinkle with salt and pepper, pour over a cup of sweet cream and bake; when done, place each roll nicely on a platter and serve with parsley.

—Mrs. Joseph Merlach.

## HOT SLAW.

Cut a head of cabbage fine, heat a tablespoon of lard in the frying pan, put in the cabbage with two apples, sliced fine; season with salt, pepper and plenty of sugar. Fry until about half done, then add vinegar and water; cook until done; grate a small raw potato over it, stir quickly and serve.

—Mrs. A. Husting.

## HOT SLAW.

Cut two or three apples and a firm head of cabbage fine; cook a small onion in a tablespoon of lard, but do not brown; add cabbage, apple, and salt to taste. When almost done, or about twenty minutes before serving, add one cup of vinegar, sweetened to taste; sprinkle a little white pepper over and simmer slowly until time to serve. Cook without a cover.

—Mrs. Chas. A. Silberzahn.

## HOT SLAW.

Slice half a head of cabbage fine, season with salt and put in steamer over potatoes when they are put on to boil for dinner. When the cabbage is warmed through, remove from steamer, press out the water, season with pork gravy, pepper, an onion, sliced fine, and vinegar, mix thoroughly with a fork.

—Mrs. W. J. Eiting.

## MILK CABBAGE.

Chop one head of cabbage fine, boil in salted water until tender, drain and press dry in a napkin; then add one pint of milk and one heaping tablespoon butter; season to taste. Simmer slowly on back of stove.

—Mrs. C. A. Silberzahn.

## ROTHKRAUT (Red Cabbage).

Medium-sized head of red cabbage, cut fine, two sour apples sliced thin, a piece of butter about the size of a walnut, a little salt and sugar. Put the butter in a kettle and while it is getting hot mix the cabbage and apple together; season, then put in kettle, cover closely and let simmer for about five minutes. Add a little hot water and cook until nearly tender; then put in enough vinegar, sweetened to taste, to moisten the cabbage well, and just before serving grate a little nutmeg over the top.

—Mrs. Alfred H. Weil.

## SOUR CABBAGE.

Heat one large tablespoon lard or fryings and one-half cup vinegar, then add one head of cabbage sliced very fine, salt and pepper to taste and enough water to keep from burning. Cook about half an hour.

—Mrs. J. R. Diesterhaupt.

## SOUTHERN CABBAGE.

Turn water into a large kettle until it is two-thirds full, let come to a boil, add one tablespoon salt and a pinch of soda. Cut a cabbage head in quarters, break into smaller pieces, put into the boiling water and cook twenty minutes, then remove the kettle to the open air, strain the cabbage through a colander and throw away the water; prepared for the table in this way no disagreeable odor of cooking cabbage will be in the house.

—Mrs. Gilbert Huson.

## CREAMED CARROTS.

Slice three good-sized carrots thin and boil tender in salt water; drain, chop fine and stir in a tablespoon of butter; pour over a cup and a half of milk in which has been stirred a teaspoon of flour and a level teaspoon of sugar; add salt and pepper to taste; simmer slowly. Peas and cauliflower are nice prepared in the same way.

—Mrs. Chas. A. Silberzahn.

## MASHED CARROTS.

Boil carrots in salted water until tender, then drain and mash them, seasoning with butter, pepper and salt. Very nice.

—Mrs. C. A. Weil.

## PEAS AND CARROTS.

Shell the peas, scrape and wash little carrots, cut in small pieces; melt a tablespoon of butter in kettle; add peas and carrots and just cover with boiling water. Cook from one and one-half to two hours, adding boiling water as necessary. About half an hour before serving season with salt and pepper, a little minced parsley, a teaspoon of sugar, and thicken with flour mixed with cold water. Let boil a few minutes. Either vegetable may be prepared separately in the same manner.

—Mrs. Emma Wilkie.

## CAULIFLOWER.

Boil head of cauliflower in salted water until soft then drain, put into a dish and cover with bread crumbs browned in butter.

—Clara L. Kuechenmeister.

## CHEELES (Mexican).

Hold a green pepper on a fork over the coals until it can be easily peeled. Peel, cut the pepper down the side from the stem to the small end, remove the seeds and the three large veins, fill the cavity with a piece of cheese, close the two sides, covering the cheese, and place in a spider containing fried meat fat enough to fry nicely. Prepare about six peppers in this way and when they are in the spider ready to cook turn over them two well beaten eggs; when done on one side turn like a pancake and fry on the other. Another nice way to cook green peppers is to chop them fine after they have been peeled and the seeds and veins removed, and cook a few minutes in the gravy after the steak has been taken up; turn this over the steak and serve.

## BAKED CORN.

Grate the kernels from six ears of corn, mix with three beaten eggs, one-half pint milk, one tablespoon butter, teaspoon salt and a little black pepper. Bake forty-five minutes.

—Mrs. Boehm.

## ESCALLOPED CORN.

Half fill a buttered pan or pudding dish with alternate layers of fine cracker crumbs and green corn, cut from the cob, having the top layer of corn. Sprinkle each layer with salt and pepper, and add a few pieces of butter. Pour on sweet milk enough to nearly fill the dish and bake about an hour. Canned corn may be used in place of the green corn.

—Mrs. Cole.

## EGG PLANT.

Cut in slices and let stand in cold salt water over an hour; roll in cracker crumbs dip in egg and fry in butter.

—Mrs. P. W. Harns.

## ESCALLOPED PARSNIPS.

Mash one pint of boiled parsnips, add one tablespoon of butter, teaspoon of salt, a dash of pepper and two tablespoons of milk. Mix the ingredients, turn into a buttered dish, cover with bread crumbs, dot with butter and brown in the oven.

—Mrs. R. S. Lynch.

## PARSNIPS.

Boil in salted water until done then slice and fry in butter until both sides are browned; nice also if the slices are dipped in a mixture of egg and milk before frying.

## FRIED NOODLES.

For six persons mix three well beaten eggs, a teaspoon of salt and flour enough so the dough will not stick to the moulding board. Roll very, very thin, let dry, but not crisp; cut in strips about two inches wide. Place the strips one above the other, cut about a quarter of an inch wide, shake out, and let dry for about half an hour. Put them in boiling water and let boil five minutes; then put in a colander and let drain; heat a half cup of butter and a piece of lard the size of an egg in a spider and fry the noodles for about twenty minutes; put in a vegetable dish and sprinkle the top with bread crumbs fried brown. A dish of stewed prunes is generally served with fried noodles. —Mrs. Joseph Ott.

## GOLD AND SILVER VEGETABLE.

Wash and scrape two medium-sized carrots, peel two white turnips, cut all into dice, then put in a kettle with three pounds lamb roast; pour over one pint of water, add two ounces butter and salt and pepper to taste. Stew gently three hours, occasionally adding a little boiling water to retain enough juice. When done remove the meat, scattering over it a little dried parsley, and stir into the vegetable one tablespoon flour browned in one ounce butter, and place around the meat before serving. —Mrs. E. Hoyer.

## FRIED APPLES.

Wash, wipe and slice unpeeled sour apples, season with salt, pepper and sugar. Fry in salt-pork fat or butter until tender. —Mrs. Hunter.

## FRIED CUCUMBERS.

Peel large green cucumbers, slice lengthwise about one-quarter inch thick, put in cold water a few minutes, dip in egg, roll in cracker crumbs and fry in lard. Similar to fried egg plant. Green tomatoes sliced flatwise are nice fried in the same way.

—Mrs. C. A. Weil.

## MACARONI AND CHEESE CROQUETTES.

2 oz. macaroni,	3 oz. grated cheese,
1 oz. butter,	$\frac{1}{4}$ teaspoon pepper.
1 oz. flour,	$\frac{1}{4}$ teaspoon salt,
$\frac{1}{2}$ pint milk,	2 eggs.

Boil the macaroni (see next recipe) and chop it fine. Melt the butter in a pan, stir in the flour smoothly, add the milk, let it boil till the sauce leaves the sides of the pan, stirring carefully all the time. Add the macaroni with the cheese, pepper, salt, a small quantity of made mustard, and the yolk of one egg, to the sauce; stir all together; let it get hot, but not boil, after the cheese is in. Spread the mixture on a plate to cool. Beat the remaining egg slightly; when cold, make the mixture into croquettes with a little flour, dip them into the egg, roll in bread crumbs, and fry a golden brown in clarified fat. Place the croquettes upright on the broad end in the dish; stick a small piece of uncooked macaroni into the narrow end; serve on a folded cloth.

## MACARONI.

Put one pound of macaroni into boiling water, boil until tender, drain, put in about one cup of milk, boil a few minutes, grate in some American cheese, remove from fire, put in dish alternate layers of macaroni, and butter, pepper and salt. Use half a cup of butter. Cover with rolled crackers and brown. —Mrs. P. O'Meara.

## MACARONI.

Cook macaroni in water until soft, then put in a deep dish with alternate layers of rolled crackers and cheese, salted to taste. Fill the dish with milk and bake one hour. —Mrs. P. W. Harns.

## MACARONI CHEESE.

$\frac{1}{4}$ lb. macaroni,	Pinch of cayenne,
1 pint milk,	2 tablespoons cream,
1 oz. butter,	3 oz. cheese.
$\frac{1}{4}$ teaspoon salt,	

Break the macaroni into pieces, put into a pan with sufficient water to cover, let boil for ten or fifteen minutes, strain and add the milk, or half stock and half milk; let boil for twenty minutes or till tender, then put it into another pan with butter, salt, cayenne, cream and half the grated cheese; let get quite hot, but not boil; then turn into a flat dish, spread the rest of the cheese over and place in the oven or before the fire until the color is a golden brown. Parmesan is the best cheese for this dish. —Mrs. Eliza Weil.

## MACARONI AND TOMATO.

Chop a good-sized onion and carrot fine, and fry in a tablespoon of butter; when brown add two cups of canned tomato and boil up well. Fill a baking dish with layers of the boiled macaroni, covered with the tomato sauce, seasoned with salt, pepper and butter. Bake in a quick oven until brown.

—Mrs. C. A. Weil.

## FRIED ONIONS.

Peel and slice, season with salt and pepper, fry in butter or pork gravy until tender, stirring constantly to prevent burning. Serve hot.

—Mrs. Owens.

## STEWED ONIONS WITH CREAM.

Pour boiling water over one quart of medium-sized onions, add one teaspoon sugar and boil until almost done; then add a teaspoon of salt, boil a few minutes longer, then put in a colander to drain. In the meantime, put an ounce of butter and one-half tablespoon of flour into a pan, stir two minutes, add one cup of sweet cream, then boil, being careful not to let the flour become lumpy; add a little pepper and salt and pour over onions after they have been placed in a warm dish ready to serve.

—Mrs. George Enger.

## STUFFED ONIONS.

2 Spanish onions,	$\frac{1}{2}$ teaspoon lemon rind,
Meat remnants,	$\frac{1}{4}$ teaspoon pepper,
2 tablespoons crumbs,	$\frac{1}{2}$ teaspoon salt,
1 tablespoon parsley,	Cold milk or stock.

Peel the onions, put them into a saucepan of boiling water, let boil till sufficiently soft to allow the middle part to be taken out; the time will depend on the size of the onions; a small onion will require about an hour, a large one an hour and a half or two hours. Take any kind of cooked meat, small pieces of ham, bacon or fowl; mince all together, add the bread crumbs and seasoning; chop and add the pieces taken from the onions, bind the mixture with a little milk or stock, fill the onion shells with it, put them into the saucepan, pour in sufficient hot stock to half cover them and simmer for little more than half an hour. Take the onions from the pan when cooked, put them on a dish, thicken the gravy with a dessertspoon of flour mixed with a little cold water and browning, pour it round the onions and serve. If the onions are small, use more than the number given. This dish can be varied by putting the onions in the oven and baking after they are filled and covered with buttered paper.

## POTATOES, AU GRATIN.

Put one pint of hashed cold boiled potatoes in a shallow pan, season with salt, pepper and bits of butter; sprinkle with grated cheese; pour over the whole one cup of milk and bake twenty or thirty minutes.

—Ida M. Helm.

## BAKED POTATOES.

Altogether, the most wholesome way to cook potatoes is to bake them. Select those as nearly of a size as possible, wash and scrub them thoroughly, wipe dry, cut off a slice from each end and bake in a hot oven about an hour. Serve as soon as done.

—J. B. Smiley.

## ESCALLOPED POTATOES.

Fill a baking dish with alternate layers of bread crumbs and sliced raw potatoes; to each layer of potatoes add bits of butter, salt and pepper, then add milk until the top is covered and bake one and a half hours

—Mrs. F. E. Owens.

## FRENCH FRIED POTATOES.

Peel and slice the potatoes lengthwise in slices about a quarter of an inch thick and let them remain in cold water for an hour or longer; dry in a cloth and fry in hot lard. Before they are quite done, and for the purpose of making them puff up, take them out with a skimmer and drain, return them to the lard and continue the frying until done. Sprinkle with salt and serve hot.

—Mrs. P. W. Harns.

## FRIED POTATOES.

Peel and slice raw potatoes, fry in butter, lard or beef-dripping, season with salt and pepper and serve hot. Very nice. Sliced boiled potatoes may be fried the same way. A very nice way to prepare potatoes is to boil them first in their jackets and while they are warm peel, slice and fry. In boiling potatoes the goodness may all be retained by boiling them in their jackets. —Mrs. Jones.

## CREAM SAUCE FOR POTATOES.

Rub two tablespoons of butter with one of flour until smooth; stir into one pint boiling milk; cook until creamy. —Mrs. C. A. Silberzahn.

## POTATO CROQUETTES.

Stir two cups mashed potato, two tablespoons cream, one of chopped onion, butter the size of an egg and yolks of three eggs, well together; roll in cracker crumbs, dip in egg, and fry in butter. —Mrs. Bettie M. Custis.

## POTATO STEW.

Peel and slice thin eight large potatoes; cut three thick slices of salt pork into little squares and put them in the bottom of the soup kettle, fry thoroughly, then add the potatoes and one large tomato peeled and sliced, season with salt, pepper and sage if liked; cover with water and cook until the potatoes break in pieces. Keep the kettle closely covered. Cheap and good. —J. B. Smiley.

## SARATOGA CHIPS.

Peel potatoes carefully, cut in very thin slices and keep in cold water over night; drain off the water in the morning and rub the potatoes between napkins or towels until thoroughly dry; then put a handful at a time into a kettle of very hot lard, stirring with a fork so that they may not adhere to the kettle or each other. As soon as they become light brown and crisp remove quickly with a skimmer and sprinkle with salt as they are taken up. —Mrs. F. Lauer.

## SARATOGA CHIPS.

Peel good-sized potatoes, slice as thin and evenly as possible, and soak in ice water an hour; have a kettle of very hot lard, as for cakes; put a few at a time into a towel to drain and dry, then drop them into the boiling lard, stirring them occasionally. When a light brown take them out with a skimmer and they will be crisp and not greasy. Sprinkle salt over them while hot. —Miss Thecla Pick.

## STUFFED POTATOES.

Select smooth potatoes as near the same size as possible. Roast them thoroughly; cut off an end from each, scoop out the potato and season with butter, salt and pepper; add also two tablespoons of milk for six potatoes, beating well. Return the potato pulp to the shells; stand each on end and bake for half hour in a hot oven. —E. E. Boden.

## COOKED RICE.

Wash one-half cup rice in five or six waters, then cover and cook in two and one-half cups salted water, very slowly, on the back of the stove, for one hour; then add one pint of milk and a little butter; cook slowly about two hours longer, then remove the cover, cook fifteen minutes, turn into serving dish, and, while still hot, cover with bits of butter, sugar and cinnamon.

—Mrs. A. Husting.

## COOKED RICE.

Put one-half cup well washed rice in granite pan. Add one quart of milk, three-fourths cup sugar, scant one-half teaspoon salt, mix and set in not too hot an oven. Bake slowly, without stirring, until tender; requires no sauce; dust with cinnamon when served.

—Mrs. C. A. Silberzahn.

## RICE (Southern).

Put half a cup of rice into a quart of boiling salted water, boil five minutes then put in a steamer for twenty minutes, then turn into a strainer, shake lightly allowing a stream of cold water to run over the rice; continue this treatment until the flakes become very distinct and white then put back in steamer until thoroughly heated.



### ESCALLOPED TOMATOES.

Fill a buttered pudding dish with alternate layers of sliced tomatoes and cracker crumbs, having the top layer, crumbs. Upon each layer of tomatoes sprinkle a little salt and pepper, and upon each layer of crumbs put several small lumps of butter. Bake. —Sara Barney.

### SAVOURY TOMATOES.

Four large tomatoes, half pound cooked meat, two table-spoons cooked rice, one tablespoon Worcestershire sauce, quarter ounce butter, one hard boiled egg, half a raw egg, pepper and salt. Bake the tomatoes; when nearly done, cut from the top a piece of the skin about the size of a quarter, take out some of the pulp, place the cases on a baking tin, greased with the butter; mince the meat, mix with the rice, pepper, salt, sauce and a half egg, beaten; fill the tomato cases with the mixture and bake for ten minutes. Remove and chop the yolk of the hard-boiled egg, chop the white separate. When the tomatoes are ready slip them on a dish and decorate with the chopped egg. —Mrs. R. S. Lynch.

### STEWED TOMATOES.

Stew one quart tomatoes and one large onion sliced until tender. Add one-half teaspoon sugar, and salt and pepper to taste.

## TURNIPS.

Peel, cut in slices and steam; when done, mash, add salt, one teaspoon sugar, two tablespoons milk or cream and a little butter. Very nice, also, cut in slices, cooked in boiling salted water and served in slices seasoned with butter and pepper.

—Mrs. Frances Owens.

## SAUERKRAUT.

In October, slice good firm cabbage heads, after the coarse outer leaves and large fibers have been removed; put a layer of cabbage about six inches thick in a jar, sprinkle with a handful of salt, pound down with a wooden potato masher, and so continue until the jar is nearly filled; cover with cabbage leaves and a cloth; then put in a board cover, with a stone on the top to keep the cabbage under the brine; when the kraut begins to ferment put it in a cool place, where it will not freeze. Will be ready to cook in four or five weeks. Sauerkraut may be served cold from the jar or may be cooked slowly about two hours in salt pork fat. A better way to cook kraut is to squeeze it from the brine and cook slowly about four hours with a piece of smoked ham or corned beef as preferred; kraut may also be served with a dressing made of one tablespoon of lard and one of flour browned together over the fire and mixed thoroughly with about one quart of the cooked kraut. Caraway seed may be added if preferred.

# Meats, Fish, Etc.

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“All the tributes land and sea afford”.

## BOBATEE.

$\frac{1}{2}$ pound cooked or raw chopped meat—beef, mutton or veal, or some of each.	1 cup milk, 1 good sized slice bread, soaked in the milk, 2 eggs beaten light, 6 or 8 almonds, ground fine, 1 tablespoon curry powder, Juice of one lemon,
1 ounce butter, 1 onion, sliced thin and fried in the butter,	

Stir together and bake in buttered dish half an hour.  
Serve with boiled rice in separate dish.

—Mrs. C. H. Miller.

## BEEF LOAF.

To one pound of raw chopped beef add one egg, well beaten, one-half cup cracker or bread crumbs, salt and pepper to taste, with a little sage or onion, if wished (good with neither), and mould into a loaf. Place several pieces of butter on top and put in a dripping pan containing a little water. Bake about two hours, basting often.

—Mrs. E. C. O.

## BEEF OLIVES.

1 pound steak,	2 ounces bacon,
1 egg,	$\frac{1}{2}$ ounce flour,
3 tablespoons crumbs,	1 pint stock or water
2 tablespoons sauce,	$\frac{1}{4}$ teaspoon pepper.
$\frac{1}{2}$ tablespoon salt,	1 tablespoon minced herbs,

Flatten the steak, cut into thin strips about three inches wide. Mince the bacon, which should not have much lean, mix it with bread crumbs, herbs, salt and pepper, and half the beaten egg; spread some of the mixture on each strip of beef. Roll up the strips and tie each with a piece of fine string. Dip the rolls into remainder of the egg and put into a stew pan, packing them lightly to keep the shape. Add the stock or water, cover the pan and let olives simmer for about an hour. When cooked, take from the pan; mix the flour with a little cold water or stock, stir it with a quarter teaspoon of browning into the gravy, boil two or three minutes, then add the Worcester sauce. Remove the strings, arrange the olives on a dish and pour gravy round them. Veal seasoning can be used to fill them, if preferred, or an onion, chopped fine, can be added to the seasoning given above.

## BROILED BEEFSTEAK.

All steak should be cut at least three-quarters of an inch thick, and should never be pounded, as it affords ready escape of all the juices. Heat the broiler well before putting on the steak; turn frequently, being careful not to burn. When the meat is cooked, place it on a heated platter, season with salt and pepper, and place a lump of butter on top; turn the steak and repeat this process, so as to have both sides seasoned.

—Mrs. A. Husting.

## BROWNEE BEEF (Pot Roast).

Heat a tablespoon of butter in a kettle, put in about three pounds of beef chuck, which has been seasoned on both sides with salt and pepper; add clove and tiny piece of onion; cover closely so the meat may cook in its own juice, to which should be added a very little water to keep from burning. Turn occasionally, and when tender—in about four hours—take out meat and make a gravy by stirring a tablespoon of flour in the drippings, adding hot water to make of proper consistency. The onion and clove may be omitted, if preferred.

Mrs. Chas. A. Silberzahn.—

## CORNEE BEEF. (Pressed.)

Put the meat in cold water, skim carefully while simmering slowly five or six hours; then remove the bones, pick the meat to pieces, mix in the fat so it will be marbled, pack in a granite pan, press with a heavy weight and serve cold in thin slices.

—Mrs. Micks.



## ROAST BEEF.

Put a three or four-pound roast in a dry pan with no seasoning of any kind; set pan on a brick in a smoking hot oven; as soon as the roast is well seared over, open the oven doors and decrease the heat to medium as soon as possible, then close the doors and cook very slowly until done. Beef roasted in this way is excellent, as it retains all its juices and flavor. Keep stock on hand for gravy, as there will be none in the pan. Seasoning extracts the juices, so season after it is served.

—Mrs. Knox.

## ROULADEN.

Take round beefsteak, press flat, season with salt and pepper, cut into three inch squares, spread a thin slice of ham (fat and lean) over each square, and sliced onions over the ham; roll and tie firmly with a string. Place a medium-sized kettle over a moderate fire and melt in it a good-sized piece of butter; roll the rouladen in this, pack closely together, cover well, and during the first ten minutes of simmering turn them; then pour on gradually enough boiling water for gravy; boil slowly forty-five minutes then add a little flour made smooth in a large tablespoon of sour cream; cook fifteen minutes longer, then remove the strings, place the rouladen in a serving dish and pour the gravy over.

—Clara L. Kuechenmeister.

## OLD FASHIONED BOILED DINNER.

Early in the morning put a four-pound piece of corned beef in a large kettle of cold water; simmer slowly; about ten o'clock put in a one pound piece of salt pork, a few small beets with unbroken skin, and a couple of large carrots; at eleven o'clock put in turnips cut in three or four pieces, parsnips and some good sized peeled potatoes; add salt and a pinch of red pepper. Serve the vegetables in separate dishes. A nice dessert with this dinner is boiled Indian pudding.

—Mrs. Micks.

## SPICED BEEF.

Season raw chopped steak with salt, pepper and spices to taste; add two eggs, half a pint of bread crumbs, five table-spoons cream and a small piece of butter; mix and make into a roll with enough flour to bind it together, put in a pan with a little butter and bake. Slice when cold.

—Mrs. R. S. Lynch.

## TO BOIL CORNED BEEF.

Put the beef in enough cold water to cover, let gradually come to a boil, and cook slowly until tender, skimming the grease from the top as it boils. May be much improved by boiling potatoes, turnips and cabbage with it. Allow about twenty minutes to each pound of meat.

—Rose Kuehlthau.

## TO ROAST BEEF.

Select a good rib roast and wipe with a damp cloth instead of washing. Put a dripping pan on the stove until it gets smoking hot. Put in the beef without seasoning or dressing of any kind, let it sear on both sides, then rub with salt, sprinkle with a little pepper and add just enough boiling water to keep it from burning. Place in a good hot oven to roast, allowing fifteen minutes to a pound and fifteen minutes for the pan. Replenish the water as it cooks away.

—Mrs. C. A. Weil.

## FILLET, A LA JARDINIÈRE.

Remove the skin and fat from a good-sized fillet of beef, lard with strips of bacon on both sides. Have a roasting pan ready in which has been browned a large piece of butter; brown the fillet on both sides, then gradually add one cup sour cream, and, if necessary, a little boiling water; baste often. Roast one hour. Serve on a large platter, garnished with different vegetables—peas, cauliflower, small potatoes fried whole, and mushrooms—each vegetable formed in fields.

## FRICADELLE.

$\frac{1}{2}$ pound beef,	$\frac{1}{2}$ cup cold water,
$\frac{1}{2}$ pound veal,	3 eggs,
$\frac{1}{2}$ pound pork,	Pepper and salt to taste.
1 cup bread crumbs,	

Chop the meat very fine, mix with the other ingredients, form into a loaf and roast two hours in plenty of butter. Slices of bacon on top improve the meat wonderfully. After the loaf is browned on top (it must not be turned) pour in a half or a whole cup of boiling water to prevent burning.

—Mrs. William A. Pors.

### MEAT LOAF OR HOCK.

1 pound beefsteak, and      2 beaten eggs,  
 1 pound pork, chopped      ½ small loaf bread crumbs,  
    fine together,

Season to taste with sage, salt and pepper. Mix into loaf and bake thirty minutes.

—Mrs. Lane.

### MEAT LOAF.

Take one-third pound each of beef, pork and veal, chopped together by the butcher. Add two eggs, pepper, salt, little nutmeg, one small onion, a little chopped parsley, and baker's roll, soaked in hot water and milk. Make into a loaf and bake one-half hour.

—Mrs. A. Husting.

### MEAT PORCUPINE.

Chop lean cooked veal, chicken or lamb fine; add one-fourth its quantity of cracker or bread crumbs, and a little chopped bacon; season highly with salt, pepper and

lemon juice; moisten with beaten egg and stock or water enough to shape it. Mould into an oval loaf, insert strips of fat bacon, put in shallow, well-greased pan and bake till brown. The bacon will baste the meat sufficiently.

—Mrs. Emil C. Pors.

### MEAT SHAPE (English).

$\frac{3}{4}$ pound cooked meat,	1 teaspoon minced parsley,
3 ounces cooked rice,	$\frac{1}{4}$ teaspoon pepper,
1 onion,	$\frac{1}{4}$ teaspoon salt.
3 tablespoons gravy,	

Mince the meat very fine; peel, scald and mince the onion, mix it with the meat, rice, parsley, pepper and salt. Bind the mixture with the gravy, and turn it into a buttered basin or moulded shape and steam for an hour. Thicken some stock with butter and flour, add a teaspoon of Worcester sauce. Turn out the shape and pour gravy, which should be a good brown color, around it. This is an economical way of using the remnants of cold meat, vegetables or pieces of bread. Cold carrot or any other vegetable chopped fine, may be mixed with the meat and improves the flavor. Pieces of bread, soaked a few minutes in a little stock or milk, beaten so that no lumps remain, or cold potatoes, mashed smoothly, may be used instead of rice. An egg makes the dish richer.

—Mrs. C. A. Weil.

## ROAST LEG OF LAMB (Sour).

Remove all skin and fat, place in a deep dish and sprinkle a little salt over, taking care not to use much, as it will toughen the meat; then add several small onions, or one large one, cut in slices, a scant tablespoon of whole pepper, three or four cloves, one bay leaf and several juniper berries; cover with vinegar, which if very strong, should be diluted with water. Leave in vinegar from two to four days; when ready to use draw narrow strips of bacon through the meat, pepper and salt slightly, place in a hot dripping pan, in which has been melted a piece of butter, the size of an egg, pour in a cup of boiling water, cover and put in a moderately hot oven, basting occasionally. In about two hours the roast should be done and a rich brown in color. If not sour enough add some of the spiced vinegar. A little sour cream may be used to thicken gravy, or flour and water if preferred. A slice of lemon and a little sugar improves the gravy. While in the vinegar the meat should be turned over every day. Beef roast (sour) may be prepared the same way.

—Rose Kuehlthan.

## ESCALLOPED MEAT OF ANY KIND.

Chop cooked meat fine, moisten with gravy, or if you have none, use water with butter, pepper and salt. Place in deep dish and cover with mashed potatoes mixed with a beaten egg. Bake until light brown.

## ESCALLOPED MEAT.

Fill a dish with alternate layers of mashed potatoes and finely chopped meat; season with salt, pepper and butter. Cover the top with bread crumbs, add bits of butter and bake until well browned. A very small quantity of meat serves in this way to make a palatable dish.

—Mrs. R. S. Lynch.

## POT ROAST OF VEAL.

Brown one-half cup butter in a kettle, then put in five pounds lean veal, and brown it well on all sides, being careful not to burn it. Add a large cup of thick sour cream; turn the meat until the cream is thoroughly browned, then add salt, one bay leaf, little pepper, and water enough to boil about two hours. Let the water almost boil out, then remove the meat; add water and flour to thicken the gravy, and strain. Very nice.

—Mrs. Frances E. Ott.

## PRESSED VEAL.

Boil two or three pounds of veal until tender; season with salt, pepper and butter; let cook a little longer, then take out the meat and chop very fine. Let the gravy cook down until thick, then pour over meat, press into mould and let stand in a cold place over night. —Mrs. Ralph H. Norris.

## VEAL LOAF.

Chop three pounds veal and three-quarters pound lean pork fine, remove all skin and shreds; add some soaked bread, pepper, salt and one beaten egg. Mix thoroughly and mould in form of loaf; roll in toasted bread crumbs, and roast in quick oven two hours; use plenty of butter and baste frequently.

—Mrs. Ernst Franckenberg.

## VEAL LOAF.

2 pounds veal,	3 eggs (well beaten),
1 pound pork,	$\frac{1}{2}$ cup cracker crumbs.

Chop the meat fine, season to taste with salt, pepper and sage. Bake nearly an hour, basting with butter and water.

—Rose Kuehlthau.

## VEAL LOAF.

3 pounds raw veal or	1 tablespoon salt,
beef (chopped fine),	1 teaspoon pepper,
6 soda crackers (rolled),	$\frac{1}{2}$ teaspoon sage,
3 eggs,	Butter size of walnut.

Mix thoroughly, pack in deep covered pan. Bake an hour.

—Mrs. Fred Wolfrum.

## VEAL LOAF.

2 pounds veal,	$\frac{1}{4}$ teaspoon allspice,
$\frac{1}{4}$ pound pork,	$\frac{1}{4}$ teaspoon nutmeg,
$\frac{3}{4}$ cup bread crumbs,	$\frac{1}{4}$ teaspoon cloves,
1 teaspoon salt,	$\frac{1}{2}$ lemon (juice),
$\frac{1}{4}$ teaspoon pepper,	2 eggs,
2 tablespoons melted butter.	1 teaspoon onion (chopped fine).

Have the butcher chop the veal and salt pork together fine, soak the stale crumbs in just enough milk to moisten and mix all the ingredients together well; put half the mixture in a deep, buttered tin and then lay lengthwise, close together, as many cold, hard-boiled, shelled eggs as there is room for in the tin (usually five); cover with the rest of the mixture, then cover the top with thin slices of salt pork, pour over four tablespoons of water and bake an hour or a little longer. When ready to serve slice crosswise of the loaf with a sharp knife and garnish with parsley.

—Mrs. James Toule.

## VEAL POT ROAST .

Brown a thick piece from the leg or breast of veal in a little beef suet, then add hot water and cook slowly one and one-half hours. Season delicately before serving.

—Mrs. F. E. Walbridge.

## VEAL POT ROAST.

Put a piece of butter, the size of a walnut, and three or four pounds of veal into a smoking hot iron kettle. Keep turning the meat until all sides are well seared, then sprinkle a tablespoon of flour over it, season with salt and pepper, and add a little hot water. Watch it carefully, as the flour has a tendency to make it scorch, and replenish the water as it boils down. Cook slowly about two hours. Twenty minutes before serving put in some peeled potatoes; when they are done place the meat on a platter and the potatoes around it; pour the thick brown gravy over the whole. Or, instead of the potatoes, add dumplings made of one cup flour, one heaping teaspoon baking powder, one-quarter teaspoon salt and milk to make a stiff batter. Drop in kettle a tablespoonful at a time and boil, closely covered, for twenty minutes.

—Mrs. C. A. Weil.

## MOCK TERRAPIN.

Cut a calf's liver in slices and fry in butter until nearly done; then chop coarsely, season with salt, pepper and a little onion; add four hard boiled eggs, chopped, one cup of hot water and a little sprinkle of flour. Cover closely and let simmer slowly.

—Mrs. Chas. A. Silberzahn.

## CALF'S LIVER AND BACON.

Slice the liver a quarter of an inch thick, pour hot water over it and let remain a few minutes to clear from blood; dry with a cloth. Cut about a pound of bacon into as many thin slices as there are of liver. Fry the bacon to a nice crisp and keep hot; then fry the liver in the same pan, having seasoned it with pepper and salt, and dredged it in a little flour. Serve with a slice of bacon on each slice of liver.

—Mrs. Victor Husting.

## CALF'S HEAD CHEESE.

Boil a calf's head in water enough to cover, until the meat leaves the bones; put in wooden bowl, chop fine, season with a teaspoon of salt and a teaspoon of pepper. Lay a cloth in colander, put meat into it, fold the cloth closely over it, cover with a plate and put a weight on it. Slice when cold.

—Rose Kuelthau.

## SAUR BRATEN.

Cover a rump of beef with vinegar and let it stand over night. In the morning take half the vinegar and as much water, add a few peppercorns, cloves, bay leaves, one onion, a little allspice, half cup raisins, and half cup sweet almonds. Let beef stew in this liquid until tender, then take it out and slice. Add to the gravy one tablespoon brown sugar, and two tablespoons flour browned in a piece of butter and stirred very smooth. If that does not thicken gravy enough add two

or three gingersnaps stirred to a smooth paste with hot water. Put the sliced meat back in the kettle and let it simmer slowly until ready to serve. Serve with potato dumplings.

—Mrs. A. B. Liebermann.

### SOUR FLEISCH.

Brown one tablespoon of flour in one tablespoon of lard; add a pinch of sugar, an onion cut fine and pepper and salt to taste. When the onion is cooked soft, add a tablespoon of cold water, then pour in slowly enough hot water to make a smooth gravy. Season with spices, cloves, allspice, nutmeg and vinegar to suit taste. Any cold beef or tongue, thinly sliced, can be used in this gravy. —Grandma Pick.

### SWEET AND SOUR TONGUE (French).

Boil a tongue in salt water until tender; then peel, cut in slices, and cook about half an hour in the following gravy; To one large tablespoon of flour and one of butter well browned together, add a good sized onion, about a pint of boiling water, three tablespoons vinegar, a few cloves, one bay leaf, half a teaspoon ginger, sugar to taste, a few raisins and two or three slices of lemon.—Mrs. Schlesinger Weil.

### TONGUE CUTLET.

Boil a beef tongue until very tender; when cold, peel, cut in slices half an inch thick, sprinkle with salt and pepper, dip in egg, roll in cracker crumbs and fry brown in butter.

—Mrs. Emma Wilkie.

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### THREE WAYS TO USE COLD MEATS OR FOWLS.

#### FRENCH TOAST.

Mince the meat fine, put in a stew pan with gravy left from day before roast or stew, season with chopped celery or parsley, salt and pepper; while this stews gently for ten minutes, toast and butter enough bread to cover a hot platter; spread a large spoonful of the stew on each piece of the toast and serve at once.

#### CROQUETTES.

To one pint of minced cold meat, add one teacup of bread crumbs, one beaten egg, salt and pepper; make into little pats and fry brown in drippings or butter.

#### BREAKFAST BACON.

Cover the bottom of a pudding dish an inch deep with well seasoned cold meat and enough stock or gravy to moisten well. Cover the meat with an equal quantity of mashed potatoes; put bits of butter over the top and bake a light brown in a quick oven. —Mrs. J. H. Williamson.

#### TO USE SMALL PIECES OF COLD HAM.

Chop the ham fine, add a few bread crumbs, a little milk and season with mustard, if desired; mix thoroughly; line gem irons with it, patting it in firmly; break an egg in each ring and bake quickly until the eggs whiten on the top.

—Mrs. Tippett.

## HASHED MEAT NO. 1.

$\frac{1}{2}$ pound cold meat,	$\frac{1}{2}$ ounce flour,
$\frac{1}{2}$ ounce butter,	$\frac{1}{2}$ pint stock or water,
$\frac{1}{4}$ teaspoon salt,	1 onion,
$\frac{1}{4}$ teaspoon pepper,	3 cloves.

Cut meat into slices, trimming off the outside brown edge and any gristle. Peel and slice the onion; melt the butter in a stew pan; fry the slices of onion a light brown, stir in the flour, add the stock or water. Let the sauce boil a few minutes then add the cloves, pepper and salt, lay in the slices of cold meat, put on the back of stove where it can simmer very gently, but not boil, or the meat will be hard. If the sauce is too thick, add a little more stock or water before putting in the meat. Let it simmer ten or fifteen minutes; serve with sippets of toasted bread or a wall of mashed potatoes. If the sauce is not brown enough, add a little brown flour or a teaspoon of mushroom catsup.

## HASHED MEAT.

Slices of cooked meat,	2 tablespoons crumbs,
1 teaspoon parsley,	$\frac{1}{2}$ teaspoon salt,
$\frac{1}{2}$ teaspoon thyme,	1 egg,
$\frac{1}{4}$ teaspoon pepper,	1 teaspoon lemon juice.

Trim the slices of meat; mix the chopped parsley and thyme, pepper and salt with bread crumbs; break the egg on a plate, beat slightly; dip slices of meat in the egg, then into bread crumbs covering both sides of meat. Put about an

ounce of butter or very good dripping into a pan; let it get hot and fry the meat a light brown. Make a sauce of butter and flour, as directed for hashed meat No. 1, add the lemon juice after sauce is taken from the fire; arrange the meat on a serving dish and pour sauce around it. This dish can be varied by laying the slices of meat on a bed of vegetables, such as peas, mashed potatoes, French or haricot beans.

—Mrs. C. A. Weil.

### FRENCH STEW.

Put a tablespoon each of butter and flour in a kettle, cook until brown, add a small minced onion and three pounds of veal, cut in small pieces. Cover with a quart of water, add salt and pepper, and cook slowly for two hours.

—Mrs. W. S. Doig.

### HUNGARIAN STEW.

Put a piece of butter, half the size of an egg, in a kettle and add a sliced onion; let it brown, then put in about three pounds good round steak, cut into pieces half an inch square, season with salt, pepper and a pinch of cayenne; dredge well with flour. Let all brown together, then add boiling water, a little at a time, and cook until tender. The gravy must be a rich brown. Serve with dumplings.

—Mrs. A. B. Liebermann.

## CROQUETTES.

To make appetizing croquettes from the remnants of meat, poultry, etc., it is necessary to use the same discrimination that is requisite in making good soup—that is, care must be taken that one seasoning has not undue prominence over another—all being so finely blended that they shall seem as one to the palate. Take any pieces of cold meat, add egg cooked in any way, if it be on hand, and mince fine. Into three cups of meat thus minced, chop two level teaspoons of sage and a piece of onion, the size of a small nutmeg. Next add half cup cracker or bread crumbs, for the above amount of meat, a well beaten egg, one cup or less of good gravy, salt and pepper to taste. The gravy may be omitted by substituting a piece of butter the size of a walnut, one tablespoon flour and enough hot water to make the croquettes moist. Roll a heaping tablespoon of the mixture in the hands to a flat cake and fry in butter in a frying pan; or it may be moulded into round or cone-shaped croquettes and fried in deep fat, like doughnuts. These croquettes are very nice made small and served on a platter of scrambled eggs, garnished with parsley.

—Mrs. C. A. Weil.

## BAKED SWEETBREADS.

Put three sweetbreads into warm water to draw out the blood. Let them remain little more than an hour, then put into boiling water and let simmer ten minutes to make firm. Drain, brush over with beaten egg, roll in bread crumbs, dip in egg again, sprinkle with fresh crumbs, pour a little melted butter over them, put into a moderate oven and bake for about three-quarters of an hour. Place sweetbreads on toast, and pour a good brown gravy around but not over them. They may be prepared in the same manner and fried instead of baked.

## STEWED SWEETBREADS.

1 sweetbread,	$\frac{1}{2}$ ounce flour,
$\frac{1}{2}$ pint white stock,	$\frac{1}{2}$ teaspoon parsley,
$\frac{1}{2}$ pint milk,	$\frac{1}{2}$ teaspoon salt,
$\frac{1}{2}$ teaspoon lemon juice,	Pinch of pepper.
1 ounce butter,	

Wash, trim, blanch and divide the sweetbread, melt the butter in a sauce pan, stir in flour, rub smooth, add the stock, milk, pepper and salt; let boil, put in the sweetbread and simmer thirty or forty minutes until tender; then add the lemon juice and sprinkle in the chopped parsley. Serve on toast.

## FRICASSEED RABBIT.

Cut the rabbit in pieces, put into a stew pan and season with salt, cayenne pepper and a little chopped parsley; pour in a pint of hot water (or veal stock if you have it), and stew slowly until tender; when about half done, add some bits of butter, rolled in flour and just before taking from the stove add half a cup of thick cream with a dash of nutmeg. Stir well, but do not boil after the cream is in or it will curdle.

—Rose Kuehlthau.

## LUNG SAUSAGE.

Use recipe for filling for poultry or veal's breast, given in book, omitting the apple and using calf lungs. Fill casing, not too stiff, and boil ten minutes. Very nice to have on hand; will keep a week. Prepare the sausage for the table by frying in butter.

—Mrs C. A. Silberzahn.

## PANNHAUSE OR PENNSYLVANIA SCRAPPLE.

Clean a hog's head well; cut into four or five pieces and soak in cold water over night to remove blood. Boil until the meat falls from the bones; use three gallons of water for a whole head and keep that amount until meat is done. Let stand until cool, then take off the fat that rises and put away to use in frying the pannhouse. Put the meat over the fire

again; when warm, remove all bones and cut the meat into small pieces, without chopping. Then put meat and liquid over the fire, and when boiling stir in equal parts of Indian meal and buckwheat flour until the consistency of ordinary mush, or until the spoon will stand erect in it. Season well with salt and pepper and pour into pans to cool. The next day it can be placed on boards to keep until wanted for use. When wanted, slice and fry brown on both sides and it is ready for the table.

—Mrs. R. S. Lynch.

### SOUP MEAT.

Pick the meat in pieces, add a small bowl of the broth, season well, press with a heavy weight and serve in thin slices. Another nice way is to slice an onion fine, mix with the meat, put through the chopper, season with butter, pepper and salt; add cracker crumbs, form into balls and fry in butter.

### BAKED HAM.

Get the best in the market, not too salt, cut the outside and shank off. Mix flour enough in one quart of cold water to make a stiff dough. Roll the dough out, lay the ham in it and pinch together like a turnover. Bake a thirteen pound ham four hours in a moderate oven. Leave the cap on until cold.

—Mrs. W. R. Lyle.

## PICKLED PIGS' FEET.

Cook a leg of veal and three pigs' feet, until tender, in water to which has been added salt, pepper, one-half a bay leaf, three onions sliced, and one-half a lemon sliced; when nearly done add three-fourths cup of vinegar. When done remove the bones, cut the meat into coarse pieces and strain the gravy over it. When cold slice and serve.

Mrs. Marie Pick.

## EIER KUCHEN AND SOUR GRAVY.

Cut one and one-half pounds of ham into two-inch squares, fry on both sides and spread in flat tin, then turn the gravy over it. Beat four eggs, add pinch of salt, a little pepper, and a pint of milk; turn this mixture over the ham and bake brown. Serve with mashed potatoes and sour gravy.

—Mrs. Frank Zimmerling.

## CATSUP GRAVY.

Cut meat remnants into small pieces; add enough water to cover; season with salt, pepper, little sugar and one-half cup catsup. Slice and add one large onion and one apple. Simmer one-half hour.

—Mrs. Gerlach.

## GRAVY FOR COLD MEATS.

Brown together a tablespoon of lard and a tablespoon of flour; add a small finely minced onion and a heaping teaspoon of sugar. Stir together until a nice brown, then take from the fire and add one-fourth cup vinegar, and water, a little at a time, until it has consistency of gravy. If any meat gravy is left over add it and season the whole with a little allspice, cloves, pepper, salt and a bay leaf. Put in a few raisins, and lastly, the slices of cold meat. Let boil up thoroughly and serve hot. The browned sugar may harden when liquid is poured in, but it will soon dissolve.

—Mrs. F. Lauer.

## SWEET SOUR GRAVY FOR MEATS.

Two cups water, one big spoon each molasses, vinegar, and flour made smooth with water. Nice served with potato dumplings.

—Mrs. Fred Haase.

## SAUCE FOR BOILED TONGUE.

Brown one tablespoon of flour in one tablespoon of lard and butter mixed. Add to taste, vinegar, sugar, salt, spices and laurel leaves, and pour over tongue about twenty minutes before serving. Serve with prunes. —Mrs. A. Husting.

## DRAWN BUTTER SAUCE.

Heat one-half cup butter to golden brown; add two tablespoons flour, salt, pepper and one pint hot water or stock.

## MINT SAUCE.

2 tablespoons chopped mint,	1 tablespoon sugar, $\frac{1}{4}$ pint vinegar.
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The mint should be freshly gathered. Wash it well; pick leaves from the stalk, chop them very fine, put the vinegar in a sauce tureen, stir in the sugar, let it dissolve, add the chopped mint. Serve with roast lamb.

—Mrs. F. L. Maryon.

## CURRY SAUCE.

1 tablespoon onion,	2 tablespoons flour,
1 tablespoon butter,	1 pint milk.
1 tablespoon powder,	

Cook the chopped onion in the butter five minutes, mix the curry powder with the flour stir it slowly into the butter being careful not to let it burn, then add the hot milk gradually. Nice served with fish and chicken.

## CHICKEN PIE.

Boil chicken until tender; remove the bones; line a dish with crust made of sweet cream, little salt, flour and baking powder, rolled to the thickness of half an inch; place the chicken and gravy in the dish, season with salt, pepper and butter, sift a little flour over the top, put on the crust for the cover, spread with a thin layer of butter, slit in several places, close firmly around the edge and bake until a nice light brown. One chicken will make a pie in a three quart dish, three chickens will make two pies in four quart dishes.

—Mrs. C. T. Tracy.

## CHICKEN CROQUETTES.

To one three-pound chicken add

1 pair sweetbreads,	1 teaspoon parsley,
chop together; to	1 teaspoon onion juice,
1 pint meat take	1 teaspoon salt,
$\frac{1}{2}$ pint milk,	$\frac{1}{4}$ teaspoon pepper,
1 large spoon butter,	$\frac{1}{4}$ teaspoon nutmeg,
2 tablespoons flour,	Pinch of cayenne.

Chop the parsley, mix ingredients well, make into fourteen croquettes and dip in a mixture of one egg, and one tablespoon of hot water. Roll in cracker crumbs and fry in hot fat.

—Mrs. J. J. Williams.

## CREAM CHICKEN.

Boil a four-pound chicken and four sweetbreads until tender. When cold cut up, as for salad, in a sauce pan; put one quart of cream in another pan to heat; stir five even tablespoons of flour into four large tablespoons melted butter, and pour into the hot cream, stirring until it thickens; flavor with half a small onion, grated; season with red and black pepper. Put chicken, sweetbreads, one can of mushrooms and dressing in baking dish, cover with bread crumbs and pieces of butter and bake thirty minutes; mushrooms may be omitted if they cannot be obtained. —Mrs. Col. Lake.

## FRIED CHICKEN.

Cut up a chicken and sprinkle with a little salt, then fry a nice brown in two tablespoons butter. Keep adding a little water while frying until chicken is done. A young chicken will fry in about an hour.

—Mary Bertram.

## PRESSED CHICKEN.

Boil two chickens in as little water as possible until meat is tender; remove the bones and skin, pick the meat into fine pieces, season with pepper and salt, mix with the liquid in which the chicken was boiled, place in a porcelain dish, cover with a cloth and press with heavy weight several hours. When served cut in thin slices.

—Mrs. M. R. Adams.

## SCALLOPED CHICKEN.

Divide the chicken into joints and boil until the meat leaves the bones readily, then thicken the water in which the chicken was boiled with flour and season with butter and salt. Fill a deep dish with alternate layers of toasted bread crumbs, shredded chicken and slices of hot boiled potatoes, having crumbs on top; moisten well with gravy and bake slowly three-quarters of an hour. —Mrs. J. F. Tearnan.

## CHICKEN LOAF.

2 chickens,	1 cup chicken broth,
1 tablespoon melted	3 tablespoons crackers,
butter,	2 eggs beaten.

Put the cooked meat through the chopper, add the hot broth, butter, cracker crumbs and eggs; mix into a loaf, put in buttered tin, cover top and sides with bits of butter and cracker crumbs and bake thirty minutes, basting often with some of the broth. —Mrs. Dennett.

## ROAST TURKEY.

Select a plump young turkey weighing about ten pounds, clean and soak in salt water over night; in the morning sprinkle inside with salt and pepper, stuff with dressing pre-

ferred, sew up with cord, sprinkle outside with salt and pepper, lay in a pan, breast down, cover with slices of fat salt pork and bake slowly four hours. Serve with cranberry sauce or currant jelly. Another nice way when turkey is prepared for the oven is to cover with a thick paste of flour and water instead of the pork, and baste often with the drippings; the bottom of the pan must be kept well covered with water. Cook the neck, liver, gizzard and heart until tender, chop and add to the gravy. Any fowl may be roasted the same way, but in roasting goose put it in the oven in a dripping pan on a rack, and when it begins to fry, prick thoroughly with a meat fork several different times to extract the surplus fat. Remove the goose when dry (in about an hour), dredge with flour and salt, put bits of butter over the top and bake three hours longer. Another very nice way to cook a fowl is to boil it slowly in a kettle with very little water, or steam in a steamer an hour before putting it in the oven to roast.

—Selected.

#### ALMOND DRESSING FOR TURKEY.

$\frac{1}{2}$ cup almonds,	2 yolks of eggs,
5 ounces butter,	2 whites of eggs, beaten,
2 cups grated bread,	Little nutmeg.

Pound the almonds, mixed with a little water, to a paste.

Amanda Franckenberg.

## DRESSINGS.

Moisten soft bread or cracker crumbs highly seasoned with salt, pepper, thyme and sage, with melted butter and hot water. Mashed potato seasoned with onions, sage, salt and pepper, either alone or mixed with bread or cracker crumbs, makes a nice dressing; equal parts of bread crumbs, chopped apples and boiled onions, seasoned with salt, pepper and sage, makes an excellent dressing for roast goose or duck. Chopped oysters, celery, raisins or dates, when added to moistened bread or cracker crumbs, makes a pleasing variety. Toasted bread is nice to use in dressing. —Mrs. M. Adams.

## FILLING FOR CHICKEN.

Chop the liver and gizzard fine and cook in a little butter; when done, add two slices of bread which have been soaked in sweet milk, two beaten eggs, a little chopped onion, a little butter, allspice and nutmeg.

—Mrs. Henry Wittenberg.

## FILLING FOR POULTRY OR VEAL'S BREAST.

Soak bread in milk or water; fry a small onion, cut fine, in butter the size of an egg, add the liver, heart and gizzard, chopped fine, stir until cooked. Squeeze the bread, add two well beaten eggs, one apple, chopped fine, pinch each of nutmeg and sage, teaspoon of salt, a little pepper, one-half teaspoon of sugar. Stir all together. With veal's breast use calf's liver. —Amanda Franckenberg.

### TURKEY FILLING (Fine).

Cut wheat bread in small squares and roast in a little butter in a frying pan, then add the liver of the turkey chopped fine, two beaten eggs and some fine cut parsley. Mix well and fill the turkey. —Mrs. Matthew Regner.

### JEWISH DRESSING.

Brown a large onion, sliced, in one tablespoon butter; add one gizzard, chopped; brown nicely, season with salt and pepper,, then add stale bread, dipped in water, and one beaten egg. Five cents worth of chopped beef and pork may be used instead of gizzard, if preferred. —Mrs. H. Gerlach.

### TO UTILIZE EVERY PART OF A DUCK OR GOOSE.

Take the head with most of the neck, the feet, the ends of the wings, the gizzard, heart and liver of a duck or goose. Remove the eyes and chop off the bill, being careful not to mutilate the tongue, as that is considered a very dainty morsel. Pour boiling water over the feet, draw off the skin and cut off the claws. Wash all thoroughly. Put a quart of salted water with a celery root, a parsley root and a little carrot into a kettle and add the duck trimmings. When the meat is almost tender add a cup of soup stock, or beef extract, and one cup of rice. Let it boil slowly until the rice is tender and the liquid nearly all absorbed. Serve with celery.

—Mrs. A. B. Liebermann.

## BAKED FISH WITH TOMATO SAUCE.

Place the fish in a dripping pan with salt, pepper, small lumps of butter, and two tablespoons of tomato catsup (or strained canned tomatoes) poured over the top. Just before baking add a little boiling water; baste frequently while baking. A four-pound fish must bake one hour. When tender and nicely browned remove carefully to a warm platter and make the following

## TOMATO SAUCE.

Add to the water in the dripping pan enough boiling water to make the required quantity of sauce. With a four-pound fish you will have almost enough to fill an ordinary sized gravy boat. Thicken with flour stirred smooth with water to the consistency of thin gravy, and add two tablespoons of strained canned tomatoes, two tablespoons tomato catsup, one of Worcestershire sauce, the juice of half a lemon, and salt and pepper to taste. The canned tomatoes may be omitted and more catsup used. Cook several minutes, stirring constantly, and serve very hot. —Sarah Barney.

## FISH WITH PARSLEY SAUCE.

After a fish has been cleaned, and salted for several hours, wash and put in boiling water with several small

onions, a few peppercorns, and one bay leaf; boil twenty minutes. Melt a good-sized piece of butter and stir into it two tablespoons of flour, add enough water in which the fish was boiled to make a nice thick gravy, salt to taste, a little vinegar, and some minced parsley. Boil up well, pour over the fish and serve with boiled potatoes. If preferred, a tablespoon of made mustard may be used instead of parsley.

—Mrs. Emma Wilkie.

### FISH, A LA RUSSIAN.

Remove the scales and eyes from a good-sized pike, then wash thoroughly and cut into about four pieces. Scrape the meat out of the skin and add to it one large soda cracker rolled fine, half an onion, one egg, salt and pepper to taste, chop very fine and fill the fish skin with it. Put into a kettle with one quart cold water, half a lemon sliced, half an onion, a few whole peppercorns, and boil until tender; add more water if necessary. The gravy will form a jelly. Serve cold with horseradish.

—Mrs. A. B. Liebermann.

### BAKED FISH.

After cleaning, salt the fish, baste with bacon, add pepper, bay leaf, onions, two tablespoons of tomatoes, and a little water. Bake one hour. Mrs. D. T. Keeley.

## BOILED FISH.

3 or 4 pound fish,	1 bay leaf,
1 quart water,	1 sliced lemon,
1 cup vinegar,	1 tablespoon cloves,
1 large onion,	2 tablespoons whole pepper.

Boil very slowly. For the dressing take one pint of cream and the yolks of four eggs, beaten together; cook in double boiler until thick, then remove from stove and add enough of the liquid in which the fish was boiled, to make a nice gravy. Place the fish on a platter, pour the dressing over, and garnish with parsley and sliced lemon.

—Mrs. G. E. Weiss.

## BROWN FISH SAUCE.

Three medium-sized trout, cut in pieces.

1 pint vinegar,	4 bay leaves,
1 cup water,	1 teaspoon whole pepper,
3 sliced lemons,	1 teaspoon salt,
1 cup raisins,	2 good sized pieces stick
$\frac{1}{2}$ cup sugar,	cinnamon.
10 cloves,	

Let come to a boil; add one-half cup cold water, let boil, then pour on enough cold water to stop boiling; add six or eight "store" gingersnaps, soaked in water. Let this come to a boil and then place in jar ready for use the second day.

—Mrs. Chas. A. Silberzahn.

## COD FISH BALLS.

- |                      |                                  |
|----------------------|----------------------------------|
| 1 cup raw salt fish, | 1 beaten egg,                    |
| 1 pint potatoes,     | $\frac{1}{4}$ salt spoon pepper, |
| 1 teaspoon butter,   |                                  |

Wash the fish, pick in half inch pieces, and free from bones; pare the potatoes and cut in quarters; put the potatoes and fish in stew pan, and cover with boiling water; boil twenty-five minutes or till potatoes are soft; be careful not to boil until soggy. Drain off all the water, mash and beat the fish and potatoes until very light; add the butter and pepper and when slightly cooled add the egg and more salt if needed. Shape in tablespoon without smoothing much and fry one minute in smoking hot lard; drain on soft paper.

Mrs. C. H. Miller.

## FISH BALLS.

Mix into balls equal quantities of chopped fish and potatoes, one well beaten egg, one tablespoon melted butter. Roll the balls in flour and fry with salt pork in lard until nicely browned.

—Mrs. B. Fairbanks.

## CROQUETTES OF FISH.

Separate any kind of boiled fish from the bones carefully; add chopped parsley, salt and pepper to taste; beat an egg with a teaspoon of milk and flour; mix thoroughly, roll into balls, dip in beaten egg, roll in cracker or bread crumbs and fry a light brown.

—Mrs. James Friedlander.

## FISH CUTLETS.

Boil one pound of any kind of fish; when done, drain and pick to pieces; mix with one teaspoon salt, a tablespoon chopped parsley and a quarter teaspoon of pepper. Stir two tablespoons of flour and one of butter in one-half cup of hot milk, cook a minute, add the yolk of one egg and then the fish; mix lightly and when cold, form into croquettes, dip in beaten egg, roll in crumbs, and fry in smoking hot fat.

—Mrs. J. J. Williams.

## PLANKED WHITE FISH.

Take a well-seasoned oak plank twenty inches long, ten inches wide and one inch thick, with a groove cut around the top one inch from the edge; heat and oil it thoroughly, then spread upon it, skin side down, a white fish, dressed, cleaned and split down the under side; brush over with butter or oil, bake about twenty-five minutes, basting often; when done place the plank upon a platter, spread the fish with three level tablespoons butter, creamed, and mixed with salt, pepper and a tablespoon lemon juice; garnish the edge of the plank with mashed potatoes and slices of lemon and parsley. Never wash the plank after using but wipe it well with a clean cloth and put it in a clean place until wanted again.

—Mrs. Hall.

## LOBSTER CUTLETS.

One lobster, one ounce butter, one ounce flour, one egg, three tablespoons bread crumbs, pepper and salt. Chop the lobster meat rather fine; if there is any coral, pound with one ounce of butter and press through a sieve: melt the butter in a sauce pan, add the flour, stir smooth, but do not brown. Add a quarter of a pint of cold water gradually, stirring all the time till the sauce boils; then take it from the fire, add the coral, pepper, salt, and if cream, one tablespoon. Mix the chopped lobster with the sauce; spread on a plate to cool before making into cutlets. Break an egg on a plate, beat slightly with a knife. When the lobster is cool, take a small quantity on a floured board and shape as much like a cutlet as possible. Put some very fine bread crumbs on a sheet of kitchen paper; dip each cutlet into the egg, covering well, roll in crumbs, put in frying basket, and fry a golden brown in a pan of boiling fat. Take out the cutlets, put on kitchen paper to drain, take pieces of the feelers (antennæ) of the lobster and stick a piece into each cutlet to imitate a bone. Milk may be used instead of water for the sauce.

## KEDGEREE (English).

$\frac{1}{2}$ pound boiled fish,	2 eggs,
$\frac{1}{4}$ pound rice,	$\frac{1}{2}$ teaspoon salt,
2 ounces butter,	Little cayenne pepper.

Wash and boil the rice; boil the eggs very hard; break the fish into pieces, carefully taking out the bones. Cut the whites of the eggs into small pieces. Melt the butter in a saucepan, add the rice, whites of eggs, fish, cayenne and salt; mix well, sprinkle the yolks of the eggs over and serve on a hot dish.

—F. L. M.

### PICKLED HERRING.

Soak twelve Holland herring over night. In the morning remove the skins and heads, cut each herring in three or four pieces, put in a jar with one sliced onion, two teaspoons whole allspice, three or four bay leaves, and pour cold vinegar over.

Mrs. J. J. Lutzen.

### PICKLED HERRING.

One keg of Holland herring; wash without removing the skin, take out inside; save two dozen milch. Soak herring in water twenty-four hours, changing the water six times; slice six onions and two lemons; place herring and onions in alternate layers in a jar, adding also the lemons and spices. Pour vinegar over the milch and press through a colander, add this to the herring and cover with vinegar. If the vinegar is very strong add some water. Cut the herring into pieces when served. If desired, apples may be added.

—Mrs. J. A. Albrecht.

## OYSTERS AND MACARONI.

Boil macaroni in salted water until tender; butter a deep dish, put in a layer of macaroni, over this a layer of oysters, seasoned with salt, pepper, a little lemon juice, and liberal bits of butter; cover with macaroni. Strew top with bread or cracker crumbs and butter. Pour over all two eggs and one cup of milk. Bake. —Mrs. Chas. A. Silberzahn.

## ESCALLOPED OYSTERS.

Fill a buttered dish with alternate layers of cracker crumbs seasoned with bits of butter, and oysters seasoned with salt and pepper, having the last layer of crackers. Strain the oyster liquor, pour on top, add milk until it can be seen on the surface. Bake about three-quarters of an hour.

—Mrs. Joseph Ott.

## SALMON LOAF.

Remove the bones, skin and oil from two cans of salmon; add two eggs, half cup of bread crumbs, salt and pepper to taste. Mix and chop in an earthen bowl. Pack in a buttered dish and steam three-quarters of an hour. When cold, run a knife around the dish and the loaf will slip out easily.

—Mrs. A. M. Bowen.

## SALMON LOAF.

Mix one can salmon, four eggs beaten light, four tablespoons melted butter and one-half cup cracker or bread crumbs to a smooth paste. Steam one hour and serve with the following

## SAUCE.

One-half cup sweet milk, thickened with a small tablespoon of flour, one tablespoon of butter, one tablespoon of catsup, a little nutmeg or mace, a very little cayenne pepper and salt to taste. Just before taking up add a well beaten egg, boil a minute and pour over loaf. —Mrs. R. S. Lynch.

## ESCALLOPED SALMON.

Fill a shallow baking dish with alternate layers of canned salmon and coarse cracker crumbs, seasoning each layer of cracker crumbs with a little butter, pepper and salt, and pour over the top (which should be cracker) enough milk to moisten the whole. Bake in a quick oven until a golden brown. —Mrs. C. A. Weil.

## ESCALLOPED SALMON.

2 cups milk,

1 cup salmon,

$\frac{2}{3}$  cup flour,

Butter, pepper and salt.

Thicken the milk with the flour to the consistency of thick milk gravy; break up the salmon and mix slightly with the butter, pepper and salt, add to the gravy, put buttered cracker crumbs on top and bake. —Mrs. A. Gordon.

## SALMON IN A MOULD.

1 can salmon,	4 eggs,
4 tablespoons melted butter,	$\frac{1}{2}$ cup cracker crumbs.

Season with salt, pepper, minced parsley, and, if liked a little celery. Drain the liquor from the salmon, remove the bones and skin, chop fine, rub the butter into it until smooth, then add seasoning, the well beaten eggs and cracker crumbs. Mix thoroughly, steam one hour in a buttered mould and serve with the following sauce:

1 cup milk,	1 tablespoon corn starch,
1 tablespoon butter,	1 teaspoon catsup,
Salmon liquor,	1 egg.

Boil the milk and thicken with cornstarch; add salmon liquor, butter, catsup, and lastly, very carefully, the egg. Boil one minute. Turn salmon out of mould and pour sauce around it.

—Mrs. P. W. Harns.

## CREAM SAUCE FOR SALMON.

Let one cup of cream, sour or sweet, come to a boil, add yolks of three eggs beaten with half cup of vinegar, let come to a boil again, remove from the fire and stir until cold.

—Miss Lillian Dangers.

## SALMON TURBOT.

2 eggs,	3 cups milk,
$\frac{1}{2}$ cup butter,	1 small onion or parsley;
1 cup flour,	salt.

Stir together and cook till thick as cake dough. Use two cans salmon. Put alternate layers of dough and salmon in a baking dish, cover with bread crumbs, moisten with cream or milk, cover closely and bake; then remove the cover and brown slightly.

—Mrs. H. F. Shadbolt.

## TURBOT A LA CREME.

Parboil fish, remove skin and bones. Prepare a sauce with one quart milk, one-fourth pound butter, salt and pepper to taste, two yolks, little parsley and thyme and one small onion. After cooking strain, then put fish and sauce in a baking dish in alternate layers, grate a little cheese over the top and over the cheese put a layer of bread crumbs, then pour the remaining sauce over and bake one-half hour.

—Mrs. W. E. Bennet.

## TURBOT.

Boil a white fish or trout, weighing about four pounds; pick from the bones very fine; make a sauce of one quart of milk into which has been cut two small onions, a little parsley, celery or celery salt, a small piece of butter, salt and pepper, thickened with two tablespoons of flour; when well cooked in a double boiler, add the yolks of two eggs and strain; fill a pudding dish with alternate layers of fish and sauce, covering the top with bread crumbs and small pieces

of butter; set it in the oven until the top is browned, then serve at once. Any remnants of baked or boiled fish can be used in this way, making quantity of sauce to correspond with that of fish. —Mrs. S. S. Barney.

### BAKED EGGS.

Break eight eggs into a well buttered dish, season with pepper, salt, a little butter and two tablespoons sweet cream. Bake twenty minutes.

### EGG CUTLETS.

Boil eggs twenty minutes, and when quite cold, shell them and cut in two lengthwise. Have ready one tablespoon butter melted and on a hot plate, add to it a little salt and pepper; one egg beaten with one tablespoon cold water, on another plate, and fine dry bread crumbs on still another. Dip the egg halves first in the melted butter, then in egg, roll in crumbs, and fry in deep fat. Serve with currie.

### EGG TIMBALES.

Beat six eggs lightly with fork till well mixed; add one and one-half cups milk, one teaspoon salt, a little pepper, one teaspoon minced parsley, one-fourth teaspoon onion juice; stir all well; pour into well buttered moulds—this quantity will fill eight—set the moulds in pan of hot water and cook in moderate oven until firm, about twenty minutes. Serve with either cream or tomato sauce.

## MUSTARD EGGS.

Boil the eggs hard and shell them; brown one large tablespoon of sugar in a frying pan; mix one tablespoon of flour with one-fourth cup vinegar, one tablespoon prepared mustard, one-half cup cream, or one tablespoon of salad oil, and stir into the browned sugar; season with nutmeg, cloves and allspice and boil fifteen minutes. Pour over the eggs and serve hot.

—Mrs. A. Husting.

## PICNIC EGGS.

12 eggs, salt, pepper,	4 teaspoons vinegar,
8 tablespoons meat,	4 tablespoons catsup.
chopped very fine,	

Boil eggs hard, shell, cut across in halves, removing yolks; mash yolks, add the other ingredients. Worcestershire sauce may be used instead of catsup, if preferred. Mix well, fill the whites with the mixture and pin the halves together with a toothpick; serve as soon as the acid discolors the white—in a few hours. Place in glass jar to carry to picnic.

—Minnie Colwell.

## SCRAMBLED EGGS.

Break six eggs into a dish, season with salt and pepper, turn into a hot skillet containing one tablespoon butter and a little cream. Stir eggs briskly one way for four or five minutes, spread over toast and dish up.

## FILLING.

16 powdered yolks,                    1 teaspoon dry mustard,  
 2 teaspoons salt,                    1 teaspoon black pepper.  
 Fill, put halves together and wrap in tissue paper.

## OMELET.

Six eggs, six tablespoons milk, little salt. Give yolks twelve beats, add milk, salt and stiffly beaten whites of the eggs, pour at once into a very hot buttered spider and bake in quick oven about five minutes. If desired, lay jelly or grated ham or cheese over half of omelet, fold over, place on a hot platter, sift powdered sugar over and serve at once.

—Addie Seymour.

## OMELET.

3 eggs,                                    3 tablespoons milk,  
 Butter,  $\frac{1}{2}$  size of egg,                Salt and pepper.

Beat butter with the yolks, add milk and beat again, add salt and pepper; beat whites stiff and add last; place butter, size of walnut, in a frying pan, turn the mixture in and when just set, run knife round edge and fold one-half over the other; cook until it will slip out easily on a platter.

—Mrs. Charles Lyon.

# The Chafing Dish.

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“When art and nature join, the effect will be  
Some nice ragout or charming fricassee.”

---

## CHEESE TOAST.

1 cup cheese,	$\frac{1}{2}$ teaspoon mustard,
1 cup milk,	2 egg yolks,
$\frac{1}{2}$ teaspoon salt,	Little red pepper.

Put cheese, cut in bits, and milk over in double boiler; when cheese is blended with the milk, add beaten yolks and seasoning, cook lightly and serve at once on toast.

—Mrs. H. B. Hitz.

## OMELET.

1 tablespoon flour,	4 eggs,
$\frac{1}{2}$ cup milk,	Pinch of salt.

Stir flour and salt into the milk, add well beaten yolks, then the whites, beaten stiff; pour into a buttered skillet, cook five minutes and serve hot. One cup of milk may be used.

—Frances Dunham.

## CREAMED OYSTERS.

1 pint sweet cream,	1 tablespoon flour,
1 quart oysters,	Salt and pepper,
Butter size of walnut,	Celery salt or juice.

Put all except oysters in chafing dish, let oysters come to a boil in their own juice, then drain and turn them into the cream. Serve on slices of hot buttered toast. .

—Mrs. S. S. Barney.

## PANNED OYSTERS.

1 pint oysters,	3 or 4 stalks celery,
1 tablespoon butter,	Little cayenne pepper.
1 teaspoon salt,	

Fry slowly for a few minutes the butter, salt, pepper and celery (cut into small pieces), then add the oysters and their juice; after stirring well, cover closely and cook two or three minutes, or until the oysters are plump. Pour over buttered toast and serve at once.

—Mrs. Emil C. Pors.

## OYSTERS ON TOAST.

1 quart oysters,	1 tablespoon flour in
Butter size of egg,	1 teacup milk,
Salt and pepper,	1 egg (beaten).

Lay oysters on a cloth to dry, melt butter in a frying pan and when browned add the oysters; as soon as they begin to cook add milk containing flour, salt and pepper; let boil up, take from the fire, add the egg, and pour over hot buttered toast on a warmed platter.

## TOMATO RAREBIT. (English.)

- |                        |                                     |
|------------------------|-------------------------------------|
| 1 large tomato,        | $\frac{1}{4}$ teaspoon salt,        |
| 1 ounce butter,        | Pinch of pepper,                    |
| 1 ounce grated cheese, | $\frac{1}{2}$ teaspoon lemon juice. |
| 1 teaspoon catsup,     |                                     |

Cook the tomato and butter in a small stew pan until the tomato is tender, then press it through a sieve; return the pulp to the pan, add the other ingredients, stir together until the mixture is hot, but do not let it boil. Serve on buttered toast.

## WELSH RAREBIT.

- |                          |  |
|--------------------------|--|
| $\frac{1}{2}$ cup cream, | 1 pound grated cheese,                 |
| Salt to taste,           | $\frac{1}{4}$ teaspoon cayenne pepper. |

Put cheese, pepper and salt in the chafing dish, stir a few minutes, then add the cream, stir until smooth, but do not boil. Pour over toast or salted wafers.

—Mrs. Ralph H. Norris.

## WELSH RAREBIT.

- |   |                          |
|---|--------------------------|
| $\frac{1}{2}$ pound cheese (cut<br>fine), | 2 beaten eggs,           |
| $\frac{1}{2}$ cup cream,                  | 1 teaspoon made mustard, |
| 1 large spoon butter,                     | Pinch of cayenne pepper, |
|   | Little salt.             |

Boil all together and serve on hot toast.

—Mrs. Sophie Bordoe.



## Desserts.

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“Viands of various kinds allure the taste,  
Of choicest sort and savor.”

---

### APPLE CHARLOTTE.

1 quart apples,                      1½ cup bread crumbs,  
1 tablespoon butter,              1 lemon rind.  
½ cup sugar,

Stew the apples until soft, add the butter and sugar, then strain. Line a buttered pudding dish with browned bread and fill with alternate layers of bread crumbs and apples, having the last layer of crumbs. Grate the lemon rind over and after browning in the oven, serve with sugar and cream, or a hard sauce.              —Mrs. F. C. Winkler.

## APPLE DUMPLINGS.

1 pint flour,	$\frac{1}{2}$ teaspoon salt,
1 teaspoon cream	1 tablespoon lard,
tartar,	$\frac{1}{2}$ teaspoon soda,

Sift the flour, cream tartar and salt together, rub in the lard, add the soda dissolved in water, then add enough sweet milk or water to make a little stiffer than biscuit dough; roll out a little thicker than pie crust, cut into squares and put into the center of each a nice sour apple, pared and cored. Fill the hole left by the core with sugar, a bit of butter and a clove. Bring the corners of the dough together, pinching well to make a firm ball; tie in loose cloths which have been dipped in hot water and floured on the inside. Boil one hour. Serve hot with sweet cream, or butter and sugar. Nice also baked or steamed. —Elizabeth Dunham.

## APPLE DUMPLINGS.

Peel and core twelve tart apples, wrap each in biscuit dough and place in a dripping pan; heat one heaping tablespoon butter, one and one-half cups sugar and one-half cup water, pour over the dumplings, then grate over one-half a nutmeg and bake, basting often.

—Mrs. John Roob.

## APPLE DUMPLINGS.

Roll a rich biscuit dough a half inch thick, cover with sliced apples, sprinkle with cinnamon and a half cup sugar then roll like a jelly cake, put in a deep, narrow cake-tin with butter the size of an egg, half a cup of sugar and a cup of water, grate nutmeg over the top and bake about forty-five minutes. Use any preferred sauce. Will serve a company of six.

—Mrs. G. A. Knoller.

## APPLE PUDDING.

Pare four good-sized juicy apples, the more tart the better; cut into eighths, put into a pudding dish and pour in hot water to the depth of half an inch. Add enough sugar to sweeten the apples, a pinch of salt, a little grated nutmeg and butter, the size of a hickory nut. Put on the back of the stove to simmer while stirring a plain cake batter made of

$\frac{2}{3}$ cup of sugar,	$1\frac{1}{2}$ cups flour,
1 tablespoon butter,	1 heaping teaspoon
1 egg,	baking powder.
$\frac{2}{3}$ cup cold water,	

Pour this batter over the hot apples and bake in a quick oven. Serve with cream and sugar. This pudding is delicious, inexpensive, and a great favorite.

—Mrs. C. A. Weil.

## APPLE TAPIOCA.

1 cup tapioca,	$\frac{1}{2}$ cup sugar,
7 or 8 apples,	Raisins,
1 cup water,	Cinnamon.

Soak tapioca over night; in the morning pare and core the apples and fill the centers with raisins; add water and sugar to the tapioca, pour over the apples, scatter cinnamon over and bake till apples are done. Serve with cream sauce.

—Mrs. W. N. Hamilton.

## BERRY PUDDING.

3 tablespoons sugar,	1 pint fresh berries,
2 tablespoons butter,	1 even tablespoon baking
3 eggs,	powder sifted in
$\frac{3}{4}$ cup of sweet milk,	Flour to make stiff batter.
Steam forty minutes.	—Mrs. Cole.

## BIRD'S NEST PUDDING.

Pare and core four small apples, fill the cavities with sugar and put in a baking dish, then stir one egg and three tablespoons sugar together, add one-half cup milk and pour the mixture over the apples. Bake until the apples are tender. Will serve four people. Large apples may be used by cutting them in halves.

—Mrs. Knoller.

## BLACK PUDDING.

- |                      |                          |
|----------------------|--------------------------|
| 1 quart blueberries, | 1 five-cent loaf baker's |
| 1 pint water,        | wheat bread.             |
| 1 cup sugar,         |                          |

Stew the berries, water and sugar together; cut the bread into thin slices and spread with butter, then fill a pudding dish with alternate layers of the bread and hot berries. Serve with rich, sweet cream when perfectly cold. Any other small berries may be used. —Mrs. Sophie Bordœ.

## BREAD PUDDING.

- |                          |                             |
|--------------------------|-----------------------------|
| 1 pint bread crumbs,     | 1 teaspoon nutmeg,          |
| 1 quart milk,            | 1 tablespoon butter (soft), |
| 2 eggs,                  | 1 cup raisins,              |
| $\frac{1}{4}$ cup sugar, | 1 teaspoon salt.            |

Cinnamon may be used instead of nutmeg, and one square of chocolate instead of the raisins. Bake one hour and serve with the following

## SAUCE.

- |                            |                           |
|----------------------------|---------------------------|
| $\frac{1}{4}$ cup butter,  | Little lemon,             |
| $\frac{1}{2}$ pound sugar, | Vanilla or nutmeg flavor. |

—Mrs. Barbara Seevogel.

## BROWN PUDDING.

1 cup New Orleans molasses,	3 scant cups flour,
$\frac{2}{3}$ cup butter,	1 teaspoon soda,
1 egg,	1 cup seeded raisins,
1 cup sweet milk,	Pinch of salt and little grated nutmeg.

Steam three hours. Serve with a rich egg sauce.

—Mrs. J. H. Sinclair.

## CARMEL PUDDING.

Stir four tablespoons of sugar in a pan over a moderate fire until melted, being careful not to get it too dark; then divide into six parts, put each part into a cup, turning the cup until the bottom and part of the sides are covered with the caramel. Beat three eggs and four tablespoons of sugar, add one-half cup of milk and one tablespoon of vanilla; then divide it into six parts, turn each part into a cup containing caramel, set the cups in a pan of warm water and bake in a moderate oven until the pudding is firm. Turn out of the cups as soon as done. Serve cold.

—Marie O. Wehle.

## CARMEL PUDDING.

Brown one cup sugar in a spider, add one quart milk and thicken with two level dessert spoons corn starch made smooth in a little milk. Serve very cold with cream.

—Mrs. Howarth.

## CHERRY PUDDING.

2 eggs,	$\frac{1}{2}$ teaspoon salt,
1 cup sugar,	2 tablespoons lard,
1 teaspoon soda,	$3\frac{1}{2}$ cups flour,
2 cups buttermilk,	1 cup cherries.

Dissolve soda in buttermilk and use good measure of flour. Cherries may be fresh, or, if canned, drained from the juice. Steam three hours. Can be steamed in one hour in small cups.  
—Mrs. M. N. Seward.

## CHOCOLATE PUDDING.

1 pint milk,	2 tablespoons grated
1 heaping tablespoon	chocolate,
cornstarch,	$\frac{1}{2}$ teacup sugar.

Boil the milk, add the other ingredients, boil until it thickens, turn into moulds, and let cool. Serve with whipped cream sweetened and flavored to taste.

—Mrs. H. Rolfs.

## CHOCOLATE PUDDING.

1 quart sweet milk,	5 eggs,
3 ounces chocolate,	1 cup sugar.

Scald the milk and grated chocolate; when cool add the beaten yolks and sugar. Bake about twenty-five minutes. Frost with the beaten whites of the eggs and brown in the oven. Serve cold.  
—Amanda Franckenberg.

## CHOCOLATE BREAD PUDDING.

1 pint milk,	1 square chocolate (melted),
3 eggs,	3 thin slices bread,
$\frac{3}{4}$ cup sugar,	Vanilla.

Soak the bread in the milk, add the other ingredients, bake and serve with the following

## SAUCE.

$\frac{1}{2}$ cup butter,	$\frac{1}{3}$ teaspoon lemon,
1 cup powdered sugar,	$\frac{2}{3}$ teaspoon vanilla.
1 white of egg,	

Cream butter and sifted sugar, gradually add the white of the egg, beaten stiff, and flavor. Serve very cold.

—Mrs. Allen.

## CHOCOLATE CUSTARD.

1 quart milk,	8 eggs,
$\frac{1}{2}$ tablet French chocolate,	8 teaspoons white sugar, 2 teaspoons vanilla.

Beat the eight yolks and two whites of the eggs until light. Boil the milk; when boiling stir the chocolate, sugar and eggs into it, put it in a clear pitcher in a pot of boiling water, then stir it gently, one way all the time, until it becomes a thick cream. Strain when cold and add the vanilla, place in cups, beat the remaining whites of the eggs to a stiff froth, sweeten to taste, beat well and place some of the frosting on the top of each cup.

—Mrs. Sophie Bordoe.

## CITRONEN PUDDING. (German.)

1 pound sugar,	10 "platten" gelatine,
2 lemons	4 cups of hot water.
10 eggs,	

Dissolve the gelatine in the water, grate the lemons without the rind, stir the sugar, lemons, yolks of eggs and gelatine forty-five minutes, then add the beaten whites of the eggs gradually and beat fifteen minutes.

—Clara L. Kuechenmeister.

## CORNMEAL PUDDING.

1 quart milk,	3 tablespoons sugar,
3 eggs, salt,	3 tablespoons cornmeal.

Scald the milk and while it is hot add the beaten eggs and the other ingredients; stir until it boils, then bake one hour. Serve with butter and sugar. —Mrs. R. S. Lynch.

## CORNMEAL PUDDING.

5 tablespoons meal,	$\frac{1}{2}$ cup molasses,
1 scant quart milk,	2 tablespoons sugar,
$\frac{1}{2}$ teaspoon salt,	2 eggs, beaten,
$\frac{1}{2}$ teaspoon nutmeg,	$\frac{1}{2}$ cup raisins,
1 tablespoon butter,	Cinnamon and ginger.

Stir the cornmeal into one cup of the milk. Scald the remaining milk and add the other ingredients, stirring in the cup of milk containing the cornmeal just before putting in the raisins. Bake in a moderate oven one hour.

—Mrs. E. C. O.

## CORNSTARCH PUDDING.

1 quart sweet milk,            1 cup sugar; salt,  
3 tablespoons cornstarch,   5 eggs; flavoring.

Boil the milk, add the cornstarch made smooth in a little cold milk, salt, sugar, beaten yolks and flavoring, let boil a few minutes, then pour into a mould, frost with the whites of the eggs and a little more sugar, brown in the oven and serve ice cold.

—Mrs. Owens.

## COTTAGE PUDDING.

1 cup sugar,                    1 cup of sweet milk,  
2 eggs,                            2 teaspoons baking powder,  
3 tablespoons butter,        2 cups flour.

Bake a half hour. Sauce for same:

1 cup sugar,                    1 pint boiling water,  
1 tablespoon flour.            Butter size of hickory nut.  
1 tablespoon vinegar,        Lemon flavor.

Boil till clear.

—Mrs. G. D. Gould.

## CRACKER PUDDING.

Dip milk crackers in water, lay on a plate, cover with whipped cream, put on another layer of soaked crackers and cover with whipped cream flavored with vanilla.

—Mrs. John Meyer.

## DARK PUDDING.

- |                           |                            |
|---------------------------|----------------------------|
| 1 cup molasses,           | 1 teaspoon ginger,         |
| $\frac{1}{2}$ cup butter, | 1 teaspoon soda,           |
| 1 cup hot water,          | $1\frac{1}{2}$ cups flour. |

On no account add more flour. Bake half an hour and serve with the following sauce:

- |                               |                                      |
|-------------------------------|--------------------------------------|
| 1 cup sugar,                  | $\frac{1}{3}$ cup butter,            |
| 1 tablespoon corn-<br>starch, | 1 cup hot water,<br>Flavor to taste. |

Fruit juice in the sauce is very nice.

—Mrs. C. A. Weil.

## DATE PUDDING.

- |                                   |                              |
|-----------------------------------|------------------------------|
| $\frac{3}{4}$ cup powdered sugar, | 1 cup dates,                 |
| 2 eggs,                           | $\frac{1}{2}$ cup walnuts,   |
| 3 tablespoons of flour,           | 1 teaspoon baking<br>powder. |
| 1 teaspoon vanilla,               |                              |

Beat yolks, add sugar, flour and baking powder, cut dates and rolled walnuts; add vanilla and the beaten whites of the eggs last. Bake in a buttered tin from thirty to forty-five minutes in a very slow oven. Serve with whipped cream.

—Mrs. James Toule.

## DELMONICO PUDDING.

5 eggs,	3 tablespoons cornstarch,
6 tablespoons sugar,	1 quart milk; salt.

Beat the yolks, add the sugar and beat again until very light. Mix the cornstarch with a little cold milk, add to the eggs and sugar, stir all into the hot milk and add salt to taste. When it has thickened well pour into a serving dish and place in the oven until firm enough to bear the icing, then spread a layer of canned peaches over the top, beat the whites of the eggs to a stiff froth with ten tablespoons of powdered sugar, cover the peaches with this frosting and brown in the oven.

—Agnes M. Haase.

## ESTELLE PUDDING.

2 tablespoons butter,	1 even tablespoon baking
creamed with	powder,
2½ tablespoons sugar,	Flour to make consistency
3 well beaten eggs,	of pound cake,
¾ cup sweet milk,	1 cup finely chopped raisins.

Steam thirty-five minutes and serve with sauce.

—Mrs. A. Husting.

## ECONOMICAL AND FAVORITE DESSERT.

When the bread dough is ready to put into baking pans, pinch off enough at a time to make a common sized biscuit. Do not mix, but roll them into shape in the hand. Place on a buttered plate, let rise, then steam for half an hour. Serve hot with butter and maple syrup. —Mrs. E. W. Collins.

## FARINA PUDDING. (German.)

1 quart milk,	1 lemon. (juice),
$\frac{1}{4}$ pound farina,	$\frac{1}{4}$ pound almonds,
6 tablespoons sugar,	4 whites of eggs.

Heat the milk; when nearly boiling stir in the farina slowly and boil until thick; add the sugar, lemon juice, almonds (cut fine), and beaten whites of the eggs; mix thoroughly and serve cold with boiled custard.

—Mrs. Alfred Weil.

## FIG PUDDING.

$\frac{1}{2}$ pound figs,	1 teaspoon baking powder,
$\frac{3}{4}$ cup sugar,	$\frac{1}{2}$ teaspoon salt,
1 cup suet (chopped),	Sweet milk to make soft
$1\frac{1}{2}$ cup flour,	dough.

Cook the figs and sugar to a jelly with water enough to keep from burning. Stir the other ingredients all together, roll out, cover with the jellied figs, roll together like jelly cake and steam three hours. Serve with any plain pudding sauce. A most delicious dessert.

—Mrs. W. S. Doig.

## FIG PUDDING.

1 pint suet,	$\frac{1}{2}$ pound figs (chopped
1 quart bread crumbs,	fine),
(scant),	$\frac{1}{2}$ nutmeg,
4 tablespoons moist	1 egg, beaten,
sugar,	1 cup sweet milk.

Chop the suet fine, mix thoroughly with the bread crumbs and add the remaining ingredients in the order given. Steam four hours. Serve with sauce.

—Mrs. O. H. Ward.

## FIG PUDDING.

2 eggs,	$\frac{1}{2}$ pound figs and
1 cup sugar,	$\frac{1}{2}$ pound suet, chopped fine,
$\frac{1}{2}$ cup milk,	2 heaping cups soft bread
1 teaspoon salt,	crumbs.

Pour into well greased mould and steam three hours.

—Mrs. A. M. Bowen.

## GRAHAM PUDDING.

1 cup butter,	1 egg,
1 cup sweet milk,	1 cup stoned raisins,
$\frac{1}{2}$ cup syrup,	1 cup currants,
1 cup graham flour,	1 small teaspoon soda.
$\frac{1}{2}$ cup wheat flour,	

Steam three to four hours. Sauce for same:

$\frac{1}{2}$ cup butter,	Flavor to taste.
1 tablespoon flour,	1 cup sugar,
1 cup hot water,	—Mrs. Sophie Bordoe.

## GRAHAM PUDDING.

1 cup buttermilk,	1 cup graham flour,
1 egg,	$\frac{1}{2}$ cup raisins,
$\frac{1}{2}$ cup syrup,	1 small teaspoon soda.
1 cup wheat flour,	

Steam two hours without lifting the cover. Serve with sweetened cream. —Katherine M. Bowen.

## HARTFORD PUDDING.

$\frac{1}{2}$ cup suet; salt,	1 teaspoon soda,
$\frac{1}{2}$ cup molasses,	1 cup raisins in
$\frac{1}{2}$ cup sweet milk,	2 cups flour.

Mix in the order given, pour into a well greased pan and steam one and one-half hours. Sauce for same:

1 cup sugar,	1 teaspoon cinnamon,
2 eggs,	Butter size of a walnut.

Beat all together and cook half an hour in a double boiler. —Mrs. P. W. Harns.

## MARBLE PUDDING.

2 cups sifted flour,	$\frac{2}{3}$ cup sugar,
2 level teaspoons baking powder,	$\frac{1}{2}$ cup cold water,
$\frac{1}{2}$ teaspoon cinnamon,	4 tablespoons melted butter,
$\frac{1}{4}$ teaspoon salt,	1 $\frac{1}{2}$ ounces melted chocolate.
2 eggs,	

Sift the flour, baking powder, cinnamon and salt together three times; to the beaten yolks add the sugar, water and butter and stir into the sifted ingredients, add the beaten whites of the eggs, then divide the mixture into two parts and add the chocolate to one part. Dispose the two parts in a buttered mould to give a marbled appearance. Steam forty-five minutes. Serve with the following hard sauce:

Work butter the size of a small egg, one and a half cups powdered sugar and the juice of one lemon together. Because of the varying size of lemons, either a little more sugar or a few drops of water may need to be added.

—Mrs. G. A. Gross.

### OATMEAL PUDDING.

1 cup oatmeal mush,	Pinch of salt,
2 beaten eggs,	Nutmeg flavor,
$\frac{1}{2}$ cup sugar,	Rich milk.

Make thin batter and bake. —Mrs. John Gilmore.

### ORANGE PUDDING.

Put three sliced oranges in a granite dish, cover with two-thirds cup sugar; make a cornstarch pudding and while hot pour over the oranges; make a meringue with the whites of two eggs and brown in the oven.

—Mrs. W. N. Hamilton.

## PEACH DELIGHT.

Pare ripe peaches and cut in halves; leave in a few pits; put a layer of peaches in a granite dish, cover with a layer of sugar, put in another layer of peaches, dot with bits of butter, add a cup of water and a cup of sugar mixed with two tablespoons of flour; for the crust take one and one-half cups of sifted flour, one-half cup of lard, one teaspoon baking powder, one-third teaspoon salt and just enough water to mix the ingredients well; stir with a silver knife handle, little as possible; while rolling out make incisions for juice; place the dough over the peaches, bake and serve like pie but with the fruit on top; serve with cream.

—Mrs. G. D. Gould.

## PEACH PUDDING.

Put one pint canned peaches in a pudding dish, sprinkle with sugar, pour over this one quart of cornstarch custard, let cool and spread a generous supply of sweetened and flavored whipped cream over the top. Serve ice cold.

—Mrs. Cole.

## PEACH PUDDING.

Have a deep earthenware dish well buttered and sprinkled with sugar. Cut one-half loaf of stale bread into thin slices and butter them; fill the dish with alternate layers of bread and sliced fresh or canned peaches (sprinkle with sugar if fresh), having a layer of bread on the top and on the bottom. Pour over the whole the following custard:

$\frac{1}{2}$  cup sugar,

3 eggs,

3 cups milk,

Grated nutmeg.

Set the dish in a pan of water and bake one hour.

—Alma Happe!

## PEACH PUDDING.

Fill pudding dish with whole, peeled peaches, pour over them two cups of water, cover closely, bake until peaches are tender, then drain and to the juice when cooled add—

2 cups milk,

4 beaten eggs,

1 cup sugar,

 $\frac{1}{2}$  teaspoon salt,

1 teaspoon baking

powder in

1 small cup flour,

1 tablespoon melted butter.

Beat well together, pour over peaches and bake till brown.

Serve with cream.

—Mrs. Marsh.

## PLUM PUDDING.

1 cup suet, chopped,

1 cup molasses,

1 cup milk,

 $\frac{1}{2}$  teaspoon salt,

1 teaspoon soda,

1 teaspoon nutmeg,

1 teaspoon cinnamon,

3 cups flour,

1 cup raisins,

1 cup currants.

Stir part of the flour into the fruit before adding to the other ingredients, which should be mixed in the order given.

Steam three hours.

—Mrs. C. A. Weil.

## PLUM PUDDING.

3 cups flour,	1 cup chopped raisins,
$\frac{2}{3}$ cup molasses,	1 small teaspoon salt,
1 piece lard, size of egg,	1 small teaspoon soda, 1 coffee cup of milk.

Put in a form or bag made of thick cloth, and steam three hours. Serve with the following sauce:

One tablespoon of flour stirred smooth with cold water, a pinch of salt, butter size of a hickory nut, half a cup of sugar, a little maple syrup and enough hot water to make a pint of sauce; boil, and grate in a little nutmeg.

—Mrs. P. O'Meara.

## PLUM PUDDING.

1 cup molasses,	$\frac{1}{2}$ teaspoon soda,
$\frac{1}{2}$ cup sugar,	1 cup chopped raisins,
$\frac{1}{2}$ cup butter,	$2\frac{1}{2}$ cups flour,
1 egg,	All kinds spices and pinch of salt.
1 cup sweet milk,	

Steam two hours. Serve with sour sauce.

—Mrs. D. F. Bisbee.

## ENGLISH PLUM PUDDING. (Genuine.)

$\frac{1}{2}$ pound suet,	$\frac{1}{2}$ teaspoon salt,
$\frac{1}{4}$ pound bread crumbs,	$\frac{1}{2}$ teaspoon cinnamon,
$\frac{1}{4}$ pound flour,	$\frac{1}{2}$ teaspoon ginger,
$\frac{1}{2}$ teaspoon allspice,	$\frac{1}{2}$ pound apples,
$\frac{1}{2}$ nutmeg,	$1\frac{1}{2}$ ounces almonds,
$\frac{1}{2}$ pound currants,	$\frac{1}{2}$ pound sugar,
$\frac{1}{2}$ pound raisins,	1 lemon,
$\frac{1}{4}$ pound candied peel,	$\frac{1}{3}$ cup molasses,
$\frac{1}{4}$ pound figs,	4 or 5 eggs.

Stone the raisins, chop the apples, suet, peel, figs and almonds separately, grate the rind and strain the juice of the lemon. Mix the ingredients in the order given, boil in a well floured cloth or basin six hours. This pudding may be divided into two; half may be boiled four hours and put aside until needed, when it must be boiled again two hours more.

—Mrs. F. S. Maryon.

## PLUM PUDDING.

1 cup raisins,	4 eggs,
1 cup currants,	5 tablespoons molasses,
1 cup suet,	1 nutmeg,
1 cup bread crumbs,	1 teaspoon cinnamon,
1 cup sugar,	1 tablespoon flour.
$\frac{1}{2}$ cup sour milk,	

Chop the suet fine, stir the ingredients well together, put in a tin pail, set the pail in a kettle of hot water and boil four hours. Very nice.

—Mrs. C. H. Miller.

## CHRISTMAS PLUM PUDDING.

5 cups flour,	3 tablespoons shred citron,
$\frac{1}{2}$ pound suet,	$1\frac{1}{2}$ cups milk,
$\frac{1}{2}$ pound sugar,	6 eggs,
$\frac{1}{4}$ pound butter,	$\frac{1}{2}$ teaspoon mace,
1 pound currants,	1 grated nutmeg,
1 pound raisins,	$\frac{1}{2}$ teaspoon cloves.

After mixing well, pack in a greased mould and boil five hours. Decorate with holly. —Mrs. C. A. Silberzahn.

## PRUNE PUDDING.

20 prunes, stewed soft	1 cup of the syrup,
in rich syrup,	5 whites of eggs.

Remove the stones and chop the prunes fine, then add the syrup and the whites of the eggs, beaten stiff. Stir together lightly and bake about twenty minutes in a moderate oven. Serve immediately with whipped cream.

—Mrs. C. A. Weil.

## QUEEN OF PUDDINGS.

2 cups bread crumbs,	4 egg yolks, beaten,
1 quart milk,	1 grated lemon rind,
1 cup sugar,	Butter, size of an egg.

Mix and bake until well done; beat the whites of four eggs to a stiff froth and add one cup powdered sugar, into which has been stirred the juice of one lemon. Spread a layer of jelly over the pudding, pour the whites of the eggs over this and put in the oven to brown. Serve with or without cold cream.

—Miss Martha Miller Ott.

## RED GELATINE PUDDING.

4 "platten" (cakes)       $\frac{1}{4}$  pint berry juice,  
 gelatine,                       $\frac{1}{4}$  pound sugar.

Dissolve the gelatine in hot water, add the other ingredients, let cool, then beat one hour. Serve with cream sauce.

—Clara L. Kuechenmeister.

## RICE PUDDING.

$\frac{1}{2}$  cup well washed rice,      1 quart milk,  
 $\frac{1}{2}$  cup sugar,                      Little salt.

Mix, let stand one-half hour, then bake two hours or more, slowly at first, until the rice has softened and thickened the milk; then let it brown slightly. Serve hot or cold. Creamy and delicious.

## RICE PUDDING.

Boil the desired quantity of rice in milk, add the yolks of four eggs, sugar to taste, little salt, about a tablespoon of cocoanut, and butter, size of a walnut. Bake an hour in a moderate oven.

—Mrs. Lillian Dangers.

## ROLY-POLY.

Roll out a rich biscuit dough half an inch thick; spread with any fresh or preserved fruit; fold over the dough so the fruit will not run out; place in a steamer and steam one hour or a little more. Serve with sugar and cream, or a rich pudding sauce.

—Mrs. A. Husting.

## SNOW PUDDING.

1 pint boiling water,	1 lemon, rind and juice,
2 tablespoons corn starch,	1 cup sugar, 3 eggs.

Boil all together, except the eggs, until done, then add the whites of the eggs, beaten to a stiff froth, and stir until well mixed. Make a custard of the yolks and serve cold.

—Mrs. Sophie Bordoe.

## SNOW PUDDING.

1 pint milk; salt,	2 tablespoons sugar,
1 tablespoon cornstarch,	2 whites of eggs.

Boil the milk, stir in the cornstarch, made smooth in a little cold milk, the salt and sugar; when thickened add the beaten whites of the eggs, beat thoroughly, remove from the fire, turn into a mould and serve with the following custard:

2 yolks of eggs,	1½ cups sweet milk,
2 tablespoons sugar,	Flavoring; salt.

Beat the yolks with the sugar and salt, add the milk and cook in a double boiler until creamy; flavor and serve ice cold.

—Mrs. F. M. Schuler.

## STALE CAKE PUDDING.

Fill a pudding dish with different varieties of stale cake. About half an hour before serving pour hot sour sauce over, cover and let stand until ready to serve.

—Myrtle C.

## STALE CAKE PUDDING.

3 eggs,	1 teaspoon salt,
$\frac{1}{2}$ cup milk,	1 cup sugar,
$\frac{1}{2}$ cup melted butter,	1 cup flour,
$\frac{1}{2}$ cup raisins,	2 cups grated or broken
$\frac{1}{2}$ cup currants,	stale cake,
1 heaping teaspoon	Cinnamon, vanilla.
baking powder,	Pinch of cloves.

Put in a pudding dish or a small tin pail, leaving room for it to rise; then set it in boiling water and boil three hours or more.

—Mrs. Eliza Weil.

## STEAMED PUDDING.

$\frac{1}{2}$ cup milk,	$\frac{1}{2}$ teaspoon cloves,
$\frac{1}{2}$ cup molasses,	$\frac{1}{2}$ teaspoon nutmeg,
$\frac{1}{4}$ cup butter (melted),	$1\frac{3}{4}$ cups flour.
$\frac{1}{2}$ teaspoon soda,	

Steam in a greased pan one and one-half hours and serve with the following sauce:

1 white of egg,	1 cup boiling water,
1 cup sugar,	Nutmeg flavor.

Beat the white of the egg stiff, gradually add the sugar, and when well beaten pour into the boiling water and flavor.

—Mrs. G. Wenzel.

## STEAMED FRUIT PUDDING.

Cover the bottom of a pudding dish half an inch thick with any kind of canned or fresh fruit. Cover with a batter made of one pint of flour, two teaspoons baking powder, milk enough to make as thick as cake batter, and half a teaspoon of salt. Steam half an hour; serve with sweetened cream. Nice steamed in cups.

—Mrs. S. S. Barney.

## SUET PUDDING.

1 cup suet, chopped,	2 eggs; salt,
1 cup raisins,	3 cups flour,
1 cup sugar,	3 teaspoons baking powder,

Cut the raisins in halves, mix well and add enough sweet milk or water to make a soft dough. Roll in a cloth and steam two hours and a half. Serve with sauce preferred.

—Mrs. R. S. Lynch.

## SUET PUDDING.

2 cups suet, chopped,	1 cup sour milk,
1 cup molasses,	1 teaspoon soda,
4 cups flour,	1 cup raisins; salt,

Steam three and one-half hours. —Mrs. McCabe.

## SUET PUDDING.

1 cup suet,	1 teaspoon soda,
1 cup sugar,	1 cup raisins,
$\frac{1}{2}$ cup molasses,	Salt to taste,
1 cup sour milk,	Flour to mix medium.
Steam three hours.	—Mrs. Etscheid.

## TAPIOCA PUDDING.

$\frac{1}{2}$ cup tapioca in	Salt,
1 pint water,	6 eggs,
1 quart milk,	1 cup sugar,
$\frac{1}{2}$ lemon rind,	1 teaspoon vanilla,

Soak the tapioca in the cold water half an hour, then put it in a sauce pan and boil slowly twenty minutes or until transparent; if it becomes too thick add a little more water. Bring the milk, containing the yellow rind and salt, to the boiling point in a double boiler. Beat the yolks with the sugar, add to the milk, stirring until smooth and creamy, but not allowing it to boil; when thick remove from the fire, add the tapioca, blending thoroughly and pour into a pudding dish. Beat the whites of the eggs to a stiff froth with three tablespoons powdered sugar and the vanilla, then spread it over the pudding and brown lightly in the oven. Serve very cold. This pudding requires no baking and is delicious.

—Mrs. C. H. Miller.

## TAPIOCA PUDDING.

$\frac{2}{3}$ cup tapioca,	3 tablespoons sugar,
1 pint milk,	1 teaspoon vanilla,
2 eggs,	

Soak the tapioca over night in water enough to cover; in the morning heat the milk to scalding point, put in the tapioca and boil until it becomes transparent, then add the yolks, which have been beaten with two tablespoons of the sugar, boil about three minutes longer, then turn into a dish and when cool, flavor. Beat the whites of the eggs to a stiff froth with the remaining tablespoon of sugar, spread over the pudding and brown slightly; or, if preferred, cover with whipped cream, sweetened. Serve very cold.

—Anna Flynn.

## CREAM SAUCE.

1 egg,	2 cups whipped cream.
1 cup powdered sugar,	

Beat the white of the egg to a stiff froth, add the beaten yolk and sugar, beat well, flavor with vanilla and add the cream last.

—Miss Parloa.

## CREAMY SAUCE.

Butter, size of egg,	1 teaspoon flour,
$\frac{1}{2}$ cup powdered sugar,	1 cup water; flavor.

Beat butter and sugar to a light cream ; add flour (made smooth in a little cold water) to the cup of water and cook until like thin starch, then pour slowly into the creamed butter and sugar. If the beating be not stopped the whole sauce will rise and be like sea foam. —Mrs. Forman.

### EGG SAUCE.

2 cups sugar and	6 tablespoons boiling milk,
2 eggs beaten to a cream,	1 teaspoon vanilla.

Serve at once.

### EGG SAUCE.

$\frac{1}{4}$ pound butter,	1 yolk of egg,
$\frac{1}{4}$ pound brown sugar,	Little nutmeg.

Cream the butter and sugar and stir over boiling water until liquid, add the beaten yolk, stir until it thickens, then add the nutmeg.

### HARD SAUCE.

Peel an orange in six even parts toward the stem end, preserving it whole, extract the juice and mix it with a light, moist (Extra C) sugar to form into a ball, which place in the peel and serve. A lemon sauce may be prepared in the same way.

## HARD SAUCE FOR HOT PUDDINGS, RICE, ETC.

$\frac{1}{2}$ cup sugar,	$\frac{1}{2}$ teaspoon lemon, vanilla,
$\frac{1}{4}$ cup butter,	or little nutmeg.

Beat sugar and butter to a cream and add flavoring.  
Keep on ice till very hard. —Selected.

## JELLY SAUCE.

2 tablespoons jelly,	1 teaspoon butter,
1 cup of water,	Sugar to taste,
3 or 4 cloves,	$\frac{1}{2}$ teaspoon cornstarch.

Dissolve the jelly in the water, add cloves, butter, sugar and cornstarch dissolved in a little water, let come to a boil. Any other fruit jelly may be used.

—Mrs. C. A. Silberzahn.

## LEMON SAUCE FOR BOILED PUDDINGS.

2 lemons (juice),	1 teaspoon cornstarch,
$1\frac{1}{2}$ cups water,	2 yolks of eggs,
1 cup sugar,	

Boil all together, then add the beaten whites of the eggs.

—Miss Amanda Franckenberg.

## LEMON SAUCE.

$\frac{1}{2}$ cup sugar,	1 grated lemon rind,
1 tablespoon butter,	1 white of egg.

Cream the butter and sugar, add lemon rind and well beaten white of the egg last. —Mrs. E. Lyon.

## SAUCE.

1 cup milk,	1 cup sugar,
2 eggs,	Flavor to taste.

Pour the boiling milk over the creamed eggs and sugar; stir until thick and flavor.

## SAUCE.

2 tablespoons butter,	$\frac{3}{4}$ cup sugar,
2 even tablespoons flour,	Pinch of salt,
1 pint water,	Nutmeg, vanilla.

Melt the butter in a saucepan, take from the stove and stir in the flour to a smooth paste, add boiling water slowly, then the sugar and salt. Cook until smooth and clear, then flavor with vanilla and grate a little nutmeg over the top.

—Mrs. C. A. Weil.

## SAUCE FOR APPLE OR RICE PUDDING.

1 cup molasses,	Little salt,
1 tablespoon butter,	1 lemon (juice).

Boil ten minutes.

## SOUR SAUCE.

1 cup brown sugar,	1 tablespoon flour,
1 cup water; salt,	1 tablespoon vinegar,
1 tablespoon butter,	1 teaspoon lemon.

Boil enough to cook the flour.

## SUPERIOR PUDDING SAUCE.

1 tablespoon butter,	1 lemon (juice),
1 cup sugar,	1 glass of water.
4 yolks of egg,	

Cream the butter and sugar, add the yolks (beaten very light) and the lemon juice; beat briskly ten minutes, then pour in the water, stirring all the time; set the mixture in a saucepan of boiling water and stir until it becomes heated, being careful not to let it boil.

—Mrs. P. W. Harns.

## PIE CRUST.

2 cups flour,	1 egg beaten with
1 cup butter or lard,	2 tablespoons cold water.

—Mrs. W. A. Pors.

## PIE CRUST.

1 cup flour,	$\frac{1}{2}$ teaspoon salt,
2 tablespoons lard,	3 tablespoons water.

Mix flour, salt and lard together, then divide into two parts; mix the water into one part and roll it out, then put the dry material over the rolled part, fold up and roll again. This method makes a flaky crust. If a little water is put over the lower crust of any pie it will never soak.

—Mrs. Allan Bayley.

## PIE CRUST.

$2\frac{1}{2}$ cups sifted flour,	1 large tablespoon lard,
$\frac{1}{2}$ teaspoon salt,	Water to moisten.

Sift salt and flour together, rub in the lard thoroughly and then add just enough cold water to moisten the flour. This makes one pie with two crusts. It is an economy of time to rub enough lard, flour and salt together to fill a large jar. Prepared in this way it will keep from fall until spring. When needed take one handful for one pie crust, two for two crusts and moisten with water enough to roll out.

—Mrs. Baker.

## PIE CRUST.

1 cup flour,	$\frac{1}{4}$ cup cold water,
2 even tablespoons lard.	Pinch of salt.

Mix lard, flour and salt together with a knife and add the water last. Work dough little as possible. This makes one large pie, with two crusts.

—Mrs. Peter Baenke.

## BAKING POWDER PIE CRUST.

1 cup flour,	$\frac{1}{2}$ teaspoon baking powder,
1 tablespoon lard,	Ice cold water to make a
Little salt,	dough.

## CREAM PIE CRUST.

Mix pie crust, not with lard and water, but with real cream, and it agrees with the stomach and suits the palate.

## TO BAKE A PIE.

Place a pie in a very hot oven, so hot the hand cannot be held in it a moment, close the door for ten minutes, to raise the crust, then open the door and finish baking. Pies, baked ten minutes only, in this way, can be finished baking any day of the week and will taste like fresh pies. —Mrs. L.

## APPLE KUCHEN.

Roll coffee cake dough thin, pinch up the sides so as to hold filling, place in the tin, fill with apples chopped fine, sprinkle one cup sugar over the apples and pour one-half cup milk mixed with beaten yolks of two eggs over the sugar. Bake and when cool cover with whites of two eggs beaten stiff and sweetened; brown in the oven. Cream may be used in place of the milk and yolks.

—Mrs. Helen Simon.

## APPLE KUCHEN.

2 cups flour,	1 tablespoon butter,
2 teaspoons baking powder,	1 beaten egg,
1 cup sugar, salt,	1 cup sweet milk.

Stir together, spread in a shallow tin, cover with apples quartered and the quarters sliced in two, sprinkle with sugar and cinnamon and bake. Serve with cream.

—Mrs. W. N. Hamilton.

## APPLE PIE.

Line a pie plate with Mrs. Baker's pie crust, fill with sliced sour apples, mix one teaspoon of flour with one cup of sugar, sprinkle over the apples, put on the top crust and bake about a half hour. Another nice way is to cook the apples first, sweeten, flavor with vanilla, bake in one crust and frost.

—Anna Flynn.

## APPLE CUSTARD PIE.

3 egg yolks,	4 good sized apples grated,
1½ cups sugar,	Nutmeg; little butter.
1 cup milk,	

Bake and frost with whites of two eggs. This makes two pies.

—Mrs. F. J. Haas.

## BERRY PIE.

Pick over the berries and sprinkle slightly with flour; add about one cup of sugar to a quart of fruit. Do not spoil the fruit flavor by using spices. Bake with two crusts.

—Mrs. Lincoln.

## BUTTERMILK PIE.

1 cup sugar,	1 egg,
1½ cups buttermilk,	1 teaspoon butter,
1 tablespoon flour,	Nutmeg flavor.
Bake with one crust.	—Mrs. Westgate.

## CHEESE TARTS.

1 pint cottage cheese,	4 eggs,
½ cup currants,	2 tablespoons butter,
2 ounces almonds	Sugar to taste,
(chopped),	Lemon flavor,

Bake in tart shells. Nice also for pies. Bake with one crust.

## CRANBERRY PIE.

1 large cup split berries,	½ cup water,
1 cup sugar,	1 tablespoon sifted flour.

Stir well together and put into crust. Cover with an upper crust or with criss-cross strips of pastry.

—Mrs. Gillett.

## CREAM PIE.

Make a good pie crust and bake in a pie tin for under crust, and in a jelly cake tin for top crust. Filling: From one pint of milk take enough to moisten half a cup of flour, and boil the rest with two-thirds cup sugar, and beaten yolks of two eggs; then stir in the flour and boil three minutes. When cold, flavor with vanilla; fill bottom crust and cover with top one. Do not fill crusts until ready to serve. This makes two pies.

—Minnie Wilmot.

## CREAM PIE.

4 beaten whites of eggs, 1 teacup sugar.

1 pint cream,

Cook over boiling water. When cool enough, flavor and turn into baked crust.

## SOUR CREAM PIE. (Delicious.)

1 cup sour cream,

$\frac{1}{2}$  teaspoon salt,

1 cup sugar,

$\frac{1}{2}$  teaspoon cinnamon,

1 cup stoned raisins,

$\frac{1}{2}$  teaspoon nutmeg,

1 egg,

$\frac{1}{2}$  teaspoon cloves.

1 tablespoon vinegar,

Bits of fruit can be added, though the pie is very rich without. Bake with upper and under crust.

—Mrs. Ida Sexton.

## SOUR CREAM PIE.

1 cup sour cream,	A little nutmeg,
1 egg,	Raisins or currants,
3 tablespoons sugar,	Bake with two crusts.

—Sarah Lewis.

## CURRANT PIE.

1 cup ripe currants,	1 tablespoon flour,
1 cup sugar,	2 eggs.
2 tablespoons water,	

Mash the currants, add sugar, water, flour and beaten yolks. Bake with one crust and frost with the whites of the eggs and two tablespoons of sugar. Cherry pie is nice made in the same way.

—Miss Nina Hoag.

## CUSTARD PIE.

Line a deep pie plate with crust and add the following filling:

1 pint milk,	3 tablespoons sugar,
Pinch of salt,	Flavor to taste.
3 eggs,	—Mrs. C. A. Silberzahn.

## FRUIT CUSTARD PIE. (Fine.)

Line a pie tin with crust, cover with nice fruit of any kind, fill with a rich custard and bake. —Sarah Lewis.

## GREEN TOMATO PIE.

6 peeled, sliced tomatoes,	1 small piece butter,
$\frac{1}{2}$ cup vinegar,	Sprinkle with flour and allspice.
1 cup sugar,	

Bake with two crusts in moderately hot oven.

—Mrs. R. S. Lynch.

## JELLY PIE. (Southern.)

$\frac{1}{4}$ cup butter,	$\frac{1}{2}$ cup jelly,
$\frac{1}{2}$ cup sugar,	1 teaspoon flour,
2 eggs,	1 teaspoon vanilla.
$\frac{1}{2}$ cup cream,	

Cream butter and sugar, add the other ingredients in the order given. If jelly is sour use one cup sugar. This filling is for one pie and is very delicious. —Mrs. C. A. Weil.

## KAESE KUCHEN.

2 cups cottage cheese,	Pinch of salt,
1 cup cream,	4 eggs.
	Sugar to taste.

Stir well together. Roll out kuchen dough like thick pie crust, spread in kuchen tin, put in the above filling, grate cinnamon over the top and bake at once.

—Mrs. Lutzen.



Mix and bake. Take the beaten whites of the eggs, add powdered sugar to taste, and a pinch of salt, spread over the top of the pie and put in the oven to brown.

—Mrs. Chas. A. Silberzahn.

### LEMON PIE.

Line a tin with flaky crust, pricked with a fork, and bake. Then add the filling:

1 cup boiling water,	$\frac{1}{4}$ cup cold water,
1 cup sugar,	2 eggs,
Butter, size of walnut,	2 tablespoons cornstarch.
1 lemon,	

Boil the cup of water, sugar and butter together, then add the cornstarch wet with the cold water, the beaten yolks, the juice and a very little of the rind of the lemon. When thoroughly cooked, fill the crust and cover with a meringue made with the whites of the eggs, two tablespoons sugar, and a little lemon juice. Bake until a delicate brown.

—Frances E. Ott.

### LEMON PIE.

2 lemons, juice and	2 egg whites,
grated rind,	1 cup water,
1 cup sugar,	1 heaping tablespoon corn-
5 egg yolks,	starch.

When baked, cover the top with a frosting made of three egg whites and six tablespoons powdered sugar. Brown delicately.

—Mrs. A. Husting.

## LEMON PIE.

- |                      |                          |
|----------------------|--------------------------|
| 1 large lemon,       | 1 teaspoon butter,       |
| 1 cup sugar,         | 1 tablespoon cornstarch, |
| 1 cup boiling water, | 1 egg.                   |

Mix the large tablespoon of cornstarch with the sugar, pour the scant cup of boiling water over, boil five minutes, then add the butter, juice and grated rind of the lemon and the beaten egg. Fill a baked crust and frost.

—Mrs. Charles Handke.

## LEMON CRUMB PIE.

- |                                  |   |
|----------------------------------|---|
| 2 eggs,                          | $\frac{1}{2}$ tablespoon melted butter, |
| $1\frac{1}{2}$ pints cold water, | 1 pint bread crumbs,                    |
| 1 large lemon,                   | 1 cup sugar,                            |

Put the butter in a quart cup, add water, juice and rind of lemon, beaten yolks, the large pint of soft bread crumbs and the sugar; cook over water; fill a baked crust and frost with the whites of the eggs.

—Mrs. M. Gramlow.

## NELL'S LEMON PIE.

- |                    |                     |
|--------------------|---------------------|
| 1 egg,             | 2 tablespoons corn- |
| 1 cup sugar,       | starch.             |
| 1 teaspoon butter, | 1 lemon.            |

Moisten the cornstarch with as little water as possible, then pour over enough boiling water to cook it, add sugar and butter; then beat the yolk, add lemon juice, grated yellow, beat together well, add to the cornstarch mixture, fill a baked crust, frost with the egg white and one tablespoon sugar. Brown.

### MINCE MEAT.

3 pounds boiled beef,	1 ounce cinnamon,
1½ pounds suet,	½ ounce cloves,
2 pounds raisins,	½ ounce allspice ,
2 pounds currants,	1 lemon, juice and rind,
½ pound citron, sliced,	½ tablespoon salt,
2 quarts apples,	½ tablespoon pepper,
2 grated nutmegs,	1 pound sugar.

Chop separately, beef, suet, citron and apples fine, wash and dry the currants, mix thoroughly in a large pan, then put the following ingredients in a porcelain kettle:

1 pint boiled cider,	1 cup sweet pickle syrup,
1 pint sweet cider,	1 good lump butter,
1 pint molasses,	1 glass wild grape jelly,

Let come to a boil and pour over the mixture in the pan; stir well together, place on the stove and cook five minutes. This recipe will make enough mince meat to fill a two gallon jar.

—Ida M. Helms.

## MINCE MEAT.

2 pounds chopped, lean,	1 tablespoon cloves,
fresh beef,	1 tablespoon allspice,
1 pound beef suet,	1 tablespoon salt,
5 pounds apples,	1 nutmeg,
chopped fine,	1 pint molasses,
2 pounds seeded raisins,	$\frac{1}{2}$ pound citron,
$2\frac{1}{2}$ pounds brown sugar,	1 quart cider, or, better,
2 pounds currants,	syrup from crabapple or
2 tablespoons cinna- .	peach pickles.
mon,	

Add also liquid from the beef after being boiled down. Mince meat, canned hot, like fruit, and sealed in glass jars, will keep for months. —Hortense E. Mooers.

## MINCE MEAT.

1 pint beef,	2 pounds brown sugar,
1 pint pork,	1 pint cider vinegar,
2 quarts apples (sour),	Salt and pepper to taste,
1 pound seedless raisins,	Cinnamon flavor.

Chop beef, pork and apples, add the raisins whole and flavor highly. Cook about an hour; keep in a gallon jar.

—Mrs. Albert Story.

## MINCE MEAT.

6 pounds lean beef, boiled and chopped,	1 teaspoon cinnamon,
2 bowls chopped sour apples to each bowl of meat,	1 teaspoon nutmeg,
2 pounds raisins,	1 teaspoon cloves,
2 pounds currants,	1 teaspoon allspice,
1 pint molasses,	10 cents worth citron
1 cup vinegar,	2 pounds brown sugar,
1 cup cider,	1 glass of jelly,
Butter, size of egg,	1 pint mixed fruit juices,
	$\frac{1}{2}$ pound suet (chopped),
	2 lemons (juice and rind).

Boil very slowly three hours in the liquor in which the meat was boiled. This makes two gallons and will keep until July.

—Mrs. Fred Althaus.

## GREEN TOMATO MINCE MEAT.

1 peck tomatoes,	1 cup suet,
5 pounds sugar,	1 tablespoon salt,
1 pound raisins,	2 teaspoons nutmeg,
1 pound currants,	1 teaspoon ginger,
1 tablespoon cloves,	1 cup vinegar,
2 tablespoons cinnamon,	1 cup boiled cider.

Chop tomatoes fine, drain, put over fire in cold water, bring to a boil, drain, repeat the process, then cook tomatoes, sugar, raisins, currants, chopped suet and salt together one hour, then add cider, vinegar and spices, let come to a boil

and seal, while hot, in mason jars. This makes six quarts and is better than the old way of using meat and apples. Try it. —Mrs. Wm. Alton.

### MOCK MINCE MEAT.

5 pounds brown sugar,	1 tablespoon cloves,
2 pounds raisins,	1 tablespoon nutmeg,
3 lemons,	1 tablespoon cinnamon,
1 cup vinegar,	1 peck green tomatoes.

Chop the tomatoes fine, seed the raisins, stir all together, using the juice and grated rind of the lemons and cook until tender. —Mrs. Mayhew.

### MOCK MINCE MEAT.

1 cup sour cider,	6 soda crackers, rolled fine,
2 cups cold water,	1½ cups melted butter,
1 cup molasses,	1 cup currants,
1 cup brown sugar,	1 cup chopped raisins.

—Mrs. Sophie Bordoe.

### MOCK MINCE PIE.

1½ cups thick sour milk,	1 tablespoon molasses,
1 cup chopped raisins,	1 tablespoon vinegar or
1 cup brown sugar,	1 cup cooked cranberries,
1 egg, salt, pepper,	Spices; little butter,

Bake in two crusts. Makes two pies.

—Anna Gorgon.

## PEAR PIE.

Line a pie-plate with pie-crust and put a rim of pastry about it. Slice pears to heap the plate. Mix a half cup sugar, the grated rind and juice of half a lemon, a little candied ginger root, sliced thin, and sprinkle the mixture over the pears. Cover with a latticed crust and bake in a quick oven.

—Mrs. Lou. C.

## PIE-PLANT FOR PIES.

1 pound of figs, cut fine and cooked with	5 pounds of pieplant and 5 pounds of sugar.
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—Mrs. Ford Washburn.

## MOTHER'S PIE-PLANT PIE.

1 cup cooked pieplant,	2 yolks of eggs,
1 cup sugar,	1 tablespoon flour.

Bake with one crust and frost with the whites of two eggs. Uncooked, chopped pie-plant with one egg and two cups sugar makes a nice pie.

## PIE-PLANT PIE.

1 cup milk (scant),	1 cup cooked pieplant,
3 eggs,	1 tablespoon flour,
1 cup sugar,	Butter, size of hickory nut.

Bake in one crust and frost.

—Mrs. Adolph Laubenstein.

## PRUNE PIE.

Stew one pound of prunes until tender, pit and mash to a pulp, add one-half cup sugar and one teaspoon ginger. Bake in one crust. When ready to serve, cover with whipped cream.

—Mrs. Knoller.

## PUMPKIN PIE.

3 cups pumpkin,	1 teaspoon salt,
stewed dry and	2 teaspoons cinnamon,
mealy, sifted,	2 teaspoons ginger,
1½ cups sugar,	2 eggs, well beaten.
1 quart milk,	

Stir the pumpkin, sugar, salt, spices and eggs together well, then add the milk. This makes two pies.

—Miss Hortense Weil.

## PUMPKIN PIE.

1 quart pumpkin,	1 quart rich milk,
1 pound brown sugar,	6 eggs,
Salt; cinnamon,	Ginger.

Put in a very hot oven, bake six minutes, then check the heat, let the oven cool off a little and finish baking moderately. This makes two pies.

—Mrs. G. D. Gould.

## READY FRUIT PIES.

Bake pie crust on a flat plate; when cold, spread over any kind of fresh or spiced fruit, preserves or jam. Cover with whipped cream to which has been added the well beaten white of one egg, sugar and flavoring. Bake the crust and keep for use at any time.

—Mrs. Chas. A. Silberzahn.

## STRAWBERRY PIE.

Bake a rich pie crust; when cool fill with crushed strawberries, sweetened. Frost and brown in the oven.

## VINEGAR PIE.

1½ cups water,	½ tablespoon flour.
1 cup sugar,	1 teaspoon cinnamon,
½ cup vinegar,	½ teaspoon butter.

Boil till thick and bake in one crust.

## SHORTCAKE.

Sift one scant quart flour with one teaspoon soda and one-half teaspoon sugar, several times. Add butter or lard, the size of an egg. Mix thoroughly, moisten with sour milk, spread on two pie tins and bake. Slice one or two quarts of strawberries, sweeten to taste, spread between the layers and on top. Cover with sweetened whipped cream to which the beaten white of an egg has been added. Serve with plain cream.

—Mrs. C. A. Silberzahn.

## SHORTCAKE.

1 pint flour,	2 tablespoons sugar,
Sweet milk,	4 tablespoons melted butter,
$\frac{1}{4}$ teaspoon salt,	2 teaspoons baking powder.

Sift dry ingredients together, add butter and enough milk to make soft dough. Bake in two tins, fill and cover with fruit and serve. —Mrs. M. P. Harrison.

## STRAWBERRY SHORTCAKE.

$\frac{1}{2}$ cup milk,	1 large tablespoon butter,
1 large cup flour,	1 large tablespoon sugar,
1 egg.	1 teaspoon baking powder.

Beat butter, sugar and egg together well, then add the other ingredients and bake in buttered pie dish; cut open while warm; when cool spread on thick layer of crushed fruit, sprinkled with sugar; replace the top and sprinkle with powdered sugar. Serve with sugar and cream.

—Marie O. Wehle.

## WINTER SHORTCAKE.

$1\frac{1}{2}$ cups flour,	Sweet cream for dough,
$1\frac{1}{2}$ teaspoons baking powder,	Salt as for biscuit,

Bake in buttered pan, setting a tin over which does not close it entirely. When done, cut in pieces, open each piece and put in a large spoonful of canned black raspberries, close nicely, and cover each piece with the berries.

—Frances E. Ott.

## A DAINTY DESSERT.

Put a layer of bread crumbs, rye, brown or wheat, into a glass serving dish; sprinkle slightly with sugar and cinnamon; over this put a layer of whipped cream, which has been sweetened and flavored; on this put little dots of jelly or jam, then bread crumbs again, and so on until the bowl is filled, having the whipped cream piled lightly on top. Set aside in a cool place until time to serve. Have at least three layers of each.

—Mrs. Emil C. Pors.

## ANGEL PARFAIT.

$\frac{1}{2}$ cup water,	1 pint cream,
$\frac{1}{2}$ cup sugar,	1 cup English walnuts or
3 whites of eggs,	1 cup candied cherries.

Boil the sugar and water until it threads, then remove from the fire and stir it into the beaten whites of the eggs, beat well and flavor; when cold gently stir in the cream which has been beaten stiff, and add the chopped nuts or the cherries. Pack in ice and salt four hours; do not turn the freezer. One-half cup cherries and one-half cup walnuts makes a delicious substitute for one whole cup of either.

—Mrs. Paul Rix.

## APPLE FLOAT.

Pare, remove the cores, and steam six large sour apples until tender, then beat until fine and light, add the beaten whites of two eggs and sweeten to taste. Serve ice cold with cream.  
—Miss Daisy Cooley.

## APPLE SHAPE.

1 pound apples,	1 pint water,
$\frac{1}{2}$ tablespoon lemon rind,	$\frac{1}{3}$ ounce gelatine, 1 or 2 tablespoons sugar.

Peel, core and stew the apples with the grated lemon rind, in a half pint of water; when soft, rub through a sieve. Dissolve the gelatine in the remaining water, add the apple and stir in the sugar. Fill a mould with cold water, turn out, let drain, put in the apple and when cold serve with cream or custard. The quantity of sugar used must depend on the sourness of the apples.  
—Mrs. George Enger.

## BAKED APPLES.

Wash and core apples, fill the cavities with sugar, put in deep cake tin with a quarter cup sugar and a cup of water, sprinkle over a teaspoon of cinnamon and bake until tender.

## BAKED PEACHES.

Ripe peaches, or peaches that are too green to eat, may be made delicious by being baked. Cover well with sugar and put a little water in the bottom of the pan. Baste often with the syrup. Serve either hot or cold with cream.

—Mrs. H. B. Hitz.

## BAKED PIE-PLANT.

Cut peeled pieplant in half-inch pieces, add one cup of sugar to each cup of pieplant, bake in granite dish, without water, until tender. —Mrs. Sawyer.

## BAKED PEARS, QUINCES AND BANANAS.

Pare and core the pears, fill the cavities with sugar, place in a pan containing a little water and bake in a moderate oven about four hours. Serve cold with whipped cream. Ripe quinces may be baked the same way, but require much less time. Serve hot with butter and sugar. Bananas should be peeled, cut in halves, sprinkled with sugar, put in a shallow pan containing a little water, and baked about twenty minutes in a quick oven.

## CARMEL TAPIOCA.

Soak one cup of pearl tapioca over night; in the morning cover with water an inch deep, add two cups light brown sugar and boil until transparent, then add two tablespoons vanilla and serve ice cold with cream.

—Mrs. N. Kegelson.

## CREAMED APPLES.

Bake four large apples, remove the skins and cores, add one cup sugar, one teaspoon lemon juice and beat over half an hour, or until creamy. Serve ice cold. —Mrs. Hazlitt.

## BANANA CREAM.

Mash bananas, take an equal quantity of cream and to one quart of the mixture use one-half cup sugar; beat all together until light, and serve ice cold.

## BANANA CREAM.

$\frac{1}{4}$ box gelatine,	5 egg whites,
1 cup sweet milk,	1 cup whipped cream,
$\frac{2}{3}$ cup sugar,	3 or 4 sliced bananas.
2 egg yolks,	

Soak gelatine in milk, then put in double boiler and cook till dissolved; beat sugar and yolks together, add to the milk, stir until cooked, then remove from fire and when cool add the well beaten whites, cream and bananas.

—Mrs. H. Hanson.

## BANANA DESSERT.

1 cup sugar,	$1\frac{1}{2}$ cups water,
1 heaping tablespoon corn starch,	1 tablespoon orange juice.

Cook until like custard. Place alternate layers of sliced bananas and custard in little glass cups and serve.

—Mrs. M. Rabideau.

## CHOCOLATE CREAM.

3 eggs,	1 quart rich milk,
4 tablespoons sugar,	2 teaspoons vanilla.
3 tablespoons chocolate,	

Beat the eggs and sugar, add the grated chocolate and stir into the boiling milk; when it begins to thicken remove from the fire, and when cold add the vanilla; then take

1 pint cream,	1 teaspoon vanilla,
2 tablespoons sugar,	1½ dozen macaroons.

Whip the cream, add the sugar and vanilla, spread it on top of the custard, and over this place the macaroons.

—M. L. Walthall.

## DELICIOUS CREAM.

1 pint whipped cream,	Bitter almond flavor,
1 cup sugar,	3 beaten whites of eggs.

Beat all together, pour into a glass dish and serve ice cold.

—Mrs. Osman.

## ITALIAN CREAM.

1 pint cream,	½ package gelatine,
6 egg whites,	1 cup water.

Whip cream very light, add the stiffly beaten whites; dissolve gelatine in the water and add to the whip, mixing very lightly, flavor with vanilla, stir until it begins to harden, then put in mold and let stand on ice until ready to serve.

—Mrs. W. North.

## MAPLE BAVARIAN CREAM.

1 cup maple syrup,	$\frac{1}{4}$ cup cold water,
$\frac{1}{4}$ package Knox gelatine,	3 egg yolks,
1 cup walnut meats,	$1\frac{1}{2}$ cups cream.

Boil syrup and pour gradually on the beaten yolks, beat and cook over hot water until thick, add the gelatine (dissolved in hot water) then add the nuts and put on ice until the mixture begins to harden; then fold in the whipped cream, let harden and serve ice cold. One cup sugar syrup flavored with mapleine may be used instead of maple syrup and the beaten whites of three eggs may be substituted for whipped cream.

—Mrs. G. A. Gross.

## PERSIAN CREAM.

1 quart sweet milk,	4 eggs,
$\frac{1}{2}$ box gelatine,	1 teaspoon vanilla.
1 cup sugar,	

Heat the milk in a double boiler and when almost boiling add the gelatine (dry). Stir until dissolved, then add the sugar and yolks beaten together. Cook to the consistency of custard, then remove from the fire, add vanilla and the beaten whites of the eggs; stir thoroughly, pour into moulds, and, the day after making, serve with cream.

—Mrs. P. W. Harns.

## PINEAPPLE CREAM.

$\frac{1}{2}$ box gelatine,	Sugar to taste,
1 pint water,	3 whites of eggs.
1 grated pineapple,	

Dissolve the gelatine in the water, add the pineapple and sugar and when it begins to jelly whip in the beaten whites of the eggs and set in a cold place to harden. Serve with whipped cream.

—Minnie Wilmot.

## SWEDISH CREAM.

Take one cup of raisins, cut each in two, cover with a half cup of hot water and let stand an hour. Put some stick cinnamon in three cups of hot water and cook ten minutes, then remove the cinnamon and add to the water

4 tablespoons vinegar,	$\frac{2}{3}$ coffee cup sugar,
2 tablespoons molasses,	Little salt.
4 tablespoons cornstarch,	

Cook until clear, then add the raisins and cook one or two minutes longer. Serve cold with whipped cream flavored with cinnamon. This will serve a company of twelve.

—Mrs. John Conrad.

## SWISS CREAM.

Flavor one quart of scalded cream with a teaspoon of vanilla and sweeten to taste. When nearly cold add the beaten whites of five eggs, boil up thoroughly just once and pour into cups.

—Mrs. Eliza Weil.

## VARIEGATED CREAM.

Whip sweet cream to a stiff froth, sweeten, flavor and put on a sieve to drain. Melt two cakes of Baker's chocolate in a dish set in hot water, stir lightly into the cream, put in the freezer and freeze without stirring. When ready to serve wrap a hot cloth around the freezer and the cream will come out whole. This is delicious and very pretty.

—Mrs. J. O. Boyle.

## DATE WHIP.

$\frac{1}{2}$ cup dates,	4 egg whites,
$\frac{1}{2}$ cup hot water,	$\frac{1}{2}$ cup powdered sugar.

Steam and chop dates and cook in the water to a smooth paste, beat the whites to a stiff froth, fold in the sugar and date paste; bake in a buttered dish until set, then serve with the following:

4 egg yolks,	4 tablespoons sugar.
2 cups sweet milk,	

Beat together and cook to a custard. —D. W.

## DATE WHIP.

Mix one pound of dates, stoned and cut into six pieces each, with one pint whipped cream, and serve ice cold.

## PEACH WHIP.

Beat one cup chopped peaches with one-half cup sugar, and the beaten white of one egg, for a half hour. Serve ice cold with whipped cream. —Mrs. P. W. Harns.

## PRUNE WHIP.

Cook one-half pound of prunes with a stick of cinnamon; remove the stones and cut the prunes fine with a wire potato masher; whip the whites of four eggs very dry, add one-half cup of sugar, stir in the prunes with a spoon, set in a dish of hot water and bake twenty or twenty-five minutes. Serve with whipped cream.

—Mrs. A. Husting.

## PRUNE WHIP.

Stew thirty prunes until tender and sweeten to taste; when cold remove the stones, cut the prunes into small pieces, and put into a baking pan; then whip the whites of four eggs to a stiff froth, stir a little at a time with the prunes until thoroughly mixed. Bake brown. Serve cold as possible with following sauce:

Boil one scant pint of milk in a double boiler, thicken a little with cornstarch, sweeten, and pour the boiling mixture over the four well beaten yolks; stir well and flavor to taste.

—Mrs. R. S. Lynch.

## FLOATING ISLAND.

2 eggs,	1 pint milk,
3 tablespoons sugar,	Pinch of salt,
1 tablespoon cornstarch,	Flavor to taste.

Beat the yolks of the eggs, and sugar, add the cornstarch dissolved in a little milk, and the salt; stir into the boiling milk and cook until it thickens; when slightly cool, flavor and turn into a shallow glass dish. Beat the whites of the eggs with a teaspoon of sugar and a pinch of salt, drop a spoonful at a time in slowly boiling water and let remain a few seconds until cooked; then remove one at a time with a skimmer and lay carefully on the dish of float; or, the whites of the eggs may be cooked altogether in the form of a pyramid, lifted with a plate and laid on the float. Serve ice cold.

—Mrs. C. A. Silberzahn.

### FRUIT JELLY.

1 cup boiling water,	$\frac{1}{2}$ cup sugar,
$\frac{1}{4}$ box gelatine,	3 oranges,
$\frac{1}{4}$ cup cold water,	2 bananas,
1 lemon,	4 figs.

Pour the boiling water on the gelatine, which has been soaked in the cold water, add the lemon juice and a part of the sugar, cut the fruit in pieces and arrange them in a glass dish, using the rest of the sugar; strain the gelatine over the fruit.

—Mrs. Eliza Weil.

## FRUIT JELLY.

6 oranges,	1 cup cherries,
6 bananas,	1 cup walnuts or hickory
6 peaches,	nuts.
1 can pineapples,	

Peel and slice the oranges, bananas and peaches; fill a dish which has been dipped in cold water, with alternate layers of fruit and sugar; then make a lemon gelatine as follows:

1 pound sugar,	4 lemons (juice), and a lit-
1 pint boiling water,	tle cherry juice.
1 box gelatine,	

Set the dish containing the gelatine on the stove and stir in the boiling water until dissolved, then add the sugar and juices; when cool, pour over the fruit and set in a cool place until it all becomes a solid mass. —Mrs. G. P. Boden.

## BANANA SALAD.

Cook two beaten eggs, one-half cup sugar, the juice of two lemons and the juice of two oranges, in a double boiler. When cold add whipped cream, cut bananas in halves lengthwise, place two on each individual dish, pour dressing over and sprinkle with chopped nuts.

—Mrs. C. M. R. Bedell.

## FRUIT SALAD.

3 large oranges,                      1 cup walnuts,  
4 bananas,                              1 cup sweetened  
 $\frac{1}{2}$  cup sugar,                              cream.

Cut the oranges in cubes, slice the bananas, mix, sprinkle with the sugar and let stand until ready to serve, then add the walnuts and whipped cream.

—Mrs. A. L. Crump.

## FRUIT SALAD.

Slice oranges, bananas and apples, add a few green grapes, make a dressing as for banana salad, but instead of sprinkling the nuts over, mix them with the dressing.

—Mrs. C. M. R. Bedell.

## GRAPE NUT SALAD.

1 large apple,                               $\frac{1}{2}$  cup sugar,  
1 banana,                                      1 cup grape nuts.

Chop the apple fine, slice the banana fine, mix thoroughly and serve with cream.

—Mrs. G. A. Knoller.

## MARSHMALLOW SALAD.

In the morning, pour one pint of canned pineapple (the juice may not quite all be needed) over one pound of marshmallows, let stand till night to soften the marshmallows. Serve in individual dishes, sprinkle rolled walnuts over and cover with whipped cream.

Mrs. Doty.

## HIMMEL FUTTER.

2 eggs, beaten,	1 teaspoon baking
1 cup sugar,	powder,
2 heaping tablespoons	$\frac{1}{2}$ pound dates,
flour,	$\frac{1}{2}$ pound walnuts.

Chop the dates and walnuts, mix all together thoroughly and bake one-half hour.

2 bananas and 2 oranges, sliced; sprinkle the oranges with one-half cup sugar and let stand one-half hour before serving. Break up the cake fine on a platter, place bananas and oranges over, then cover with whipped cream.

—Mrs. E. Weininger.

## MAPLE SYRUP PARFAIT.

4 yolks of eggs,	1 pint cream, beaten,
$1\frac{1}{4}$ cups maple syrup,	1 pound English walnuts.

Beat the yolks to a cream, add the maple syrup, put in a double boiler and cook to the consistency of custard, then remove from the fire and let get perfectly cold. (This part may be made the day before serving, if desired.) Add the cream and the chopped nuts. Pack in ice and salt four hours.

—Mrs. Paul Rix.

## ROTHE GRUETZE (German).

Boil five parts fresh berry juice, one part sago and sugar to sweeten, for thirty minutes. Serve with cream and sugar or any cream sauce.

—Clara L. Kuchenmeister.

## STRAWBERRY SPONGE.

$\frac{1}{4}$ box gelatine,	3 whites of eggs,
1 pint milk,	Pinch of salt,
$\frac{1}{2}$ cup sugar,	Flavoring.

Soak the gelatine in the milk half an hour, then dissolve by stirring over boiling water half an hour; remove from the fire and when cool add the sugar, beaten whites of the eggs, salt and flavoring; the strawberries may be added at this point and the whole placed on ice to harden, or the sponge may be made separately, dished in glasses, and the berries, well sweetened, placed on the top. —Mrs. Gilbert.

## ICE CREAM.

2 quarts fresh milk,	1 quart cream.
1 package Knox gelatine,	4 beaten whites of eggs,
2 cups sugar,	Vanilla.

Heat one quart of the milk and dissolve the gelatine and sugar, then strain and add the rest of the milk, cream and whites of the eggs. When fruit cream is desired put the above mixture into the freezer, turn until it begins to freeze then add crushed fruit or juice, sugared, instead of vanilla. Nice with one can pineapple, one pint of peaches, and one cup strawberry juice. —Mrs. Arthur Franckenberg.

## ICE CREAM.

Boil one quart of milk; when almost boiling add flour enough dissolved in milk, to make a thin milk gravy; then boil it twenty minutes, stirring constantly; add one and one-half cups sugar and let boil up, then strain and let stand over night. In the morning add more sugar if needed, one pint of cream, the well beaten whites of four eggs and two table-spoons of vanilla. Freeze. —Elizabeth Dunham.

## ICE CREAM.

1 quart milk,	2 yolks and 6 whites of
1 quart cream,	eggs, beaten separately,
	Sugar and flavor to taste.

Pack and freeze. —Mrs. Charles A. Silberzahn.

## ICE CREAM.

3 cups sugar,	1½ quarts milk,
2 eggs; flavor,	1½ quarts cream,

Freeze.

## ICE CREAM.

1 cup sugar,	1 quart milk,
4 eggs,	1 pint cream.

Beat sugar and eggs, stir into the boiling milk and when cooked strain; cool, add the cream and flavoring, then freeze.

—Mrs. A. Husting.

## ICE CREAM.

Cook three beaten eggs in a quart of boiling skim milk in a double boiler, sweeten, flavor and let stand over night; in the morning add one pint of cream. Freeze.

—Miss Clara Jones.

## ICE CREAM.

2 cups sugar,	1 quart cream,
5 beaten eggs,	1½ heaping tablespoons flour.
1 quart milk,	

Stir sugar and flour together, add eggs, stir into the boiling milk, cook till thick, add cream; freeze.

Two and one-half quarts cream and milk when frozen, makes one very full gallon. Three pints makes fifteen dishes.

—Mrs. W. Herrick.

## CHOCOLATE ICE CREAM.

3 pints milk; salt,	¼ cake Baker's chocolate,
5 eggs; sugar,	1 pint of cream; vanilla.

Heat the milk in a double boiler and add the yolks of the eggs beaten light with sugar, and salt; if it does not thicken readily add a very little cornstarch stirred smooth in milk. Stir the custard constantly to keep it smooth. When cooked, remove from the fire, stir in the melted chocolate and set away

to cool. Just before freezing, mix the custard, cream, beaten whites of the eggs and vanilla flavor. More cream may be used, but a pint makes it good and rich. Use only Baker's chocolate, as no other will mix smoothly with the custard. If not perfectly smooth, strain before adding the cream.

—Sara Barney.

### COCOANUT ICE CREAM.

1 quart cream,	1 large cocoanut,
1 cup sugar,	1 white of egg.

Whip the cream stiff, mix with the sugar and add the cocoanut, grated fine; when partially frozen, add the beaten white of the egg.

### COFFEE ICE CREAM.

1 pint new milk,	1 pint cream,
$\frac{1}{4}$ pound coffee ( $\frac{4}{8}$ Java and $\frac{1}{8}$ Mocha.)	1 heaping cup sugar, 2 whites of eggs.

Pour the milk into a double boiler, add the coffee, let come to the boiling point, remove from the fire and strain through cloth. Let stand until cold then add the whipped cream, sugar, and whites of the eggs beaten to a stiff froth. Pour in the freezer and pack.

—Lillian Dangers.



## LEMON ICE.

1 quart water,                      6 lemons.  
1 pint sugar,

Boil the water and sugar, then add the juice of all the lemons and the grated rinds of two, being careful not to grate the bitter part. Pack and freeze.

## ORANGE ICE.

3 pints water,                      6 lemons,  
1 pound sugar,                      6 oranges.

Boil the water and sugar to a syrup, then cool and add the juice of the lemons and oranges and the rinds of two lemons. Pack and freeze. —Amanda Franckenberg.

## STRAWBERRY ICE

Hull and wash two quarts of very ripe strawberries, put them in a large bowl with a large cup of sugar, mash and let stand half an hour, then add a quart of cold water and the juice of three lemons; strain and freeze.

—Mrs. Gilbert.

## LEMON MILK SHERBET.

2 large lemons (juice),    1 pint sugar,  
2 lumps loaf sugar,        1 quart milk.

Rub the lemons well with the lumps of sugar, then squeeze the juice over all the sugar and let stand one hour. Add the milk just before freezing. —Mrs. Gilman.

## LEMON MILK SHERBET.

2 quarts milk; sugar,       $\frac{1}{2}$  pint water,  
 1 tablespoon flour,      1 pint sugar,  
 1 pint cream; vanilla,      6 lemons (juice).

Boil the milk, thicken with the flour made smooth in a little cold water, sweeten to taste, remove from the fire and when partially cool add the vanilla and cream, then put it in the freezer and when it begins to freeze add the water, pint of sugar and lemon juice. If other fruit is added use only three lemons.

—Mrs. B. M. Custis.

## PINEAPPLE SHERBET.

1 quart grated pine-      1 quart cold water,  
     apple,      2 lemons (juice).  
 1 $\frac{1}{2}$  pounds sugar,

Stir over the fire until sugar is dissolved, then let stand one-half hour, strain and pour into the freezer; when it begins to stiffen add the white of one egg beaten with one tablespoon of fine sugar, and turn the handle of the freezer a few times, then pack and allow to stand a few hours.

—Amanda Franckenberg.

## STRAWBERRY NECTAR (Delicious).

1 quart strawberries,      3 pints water,  
1 lemon,                       $\frac{3}{4}$  pounds powdered sugar.  
2 tablespoons orange  
juice,

Mash the strawberries, add the juice of the lemon, orange juice and water, let stand three hours, then strain on the sugar and stir until dissolved. Serve ice cold. Cherry nectar may be made by substituting cherries for strawberries.

—Mrs. F. Lauer.



## ANGEL CAKE.

8 whites of large eggs,     $1\frac{1}{4}$  cups granulated sugar,  
 Pinch of salt,                      Flavor to taste,  
 $\frac{1}{2}$  teaspoon cream tartar,    1 cup flour.

Sift, measure and set aside, the sugar and flour; add the salt to the egg, whip to a foam, add the cream tartar, whip very stiff, add sugar, beat, add flavor, beat, then fold in the flour lightly.  
 —Mrs. W. E. Wolfrum.

## ANGEL FOOD.

$\frac{1}{2}$  cup sugar,                               $\frac{1}{4}$  teaspoon cream tartar,  
 $\frac{1}{2}$  cup flour,                              6 whites of eggs.

Sift large measure of sugar and small measure of flour with the cream of tartar several times; then fold in lightly the beaten whites of the eggs, flavor and bake forty minutes.

—Miss Nellie White.

## ANGEL FOOD.

11 whites of eggs, fresh    1 tumbler flour, sifted four  
 and very cold,                      times; add  
 $1\frac{1}{2}$  tumblers pulverized    1 teaspoon cream tartar to  
 sugar,                                      flour and sift again.

Measure flour after it is sifted the last time. Sift and measure the sugar. Beat the eggs to a stiff froth, add the sugar (lightly), flour and one teaspoon flavoring. Do not stop beating until the cake is in an ungreased pan to bake. When baked one hour, turn pan upside down to cool.

## ANGEL FOOD.

1 cup whites of eggs,	1 even teaspoon cream
1 cup flour,	tartar,
	1½ cups sugar.

Sift the flour and sugar separately, several times. Beat the whites of the eggs to a foam, add the cream of tartar and beat to a very stiff froth, then stir in the sugar thoroughly and fold in the flour very lightly, stirring little as possible after the flour is added.

—Mrs. Thomas Hughes.

## MOCK ANGEL CAKE.

1¼ cups flour,	1 cup boiling milk,
1 cup sugar,	¼ teaspoon salt,
2 teaspoons baking powder,	1 teaspoon flavoring,
	2 egg whites.

Add beaten whites last and bake forty minutes in a very slow oven.

—Mrs. G. W. Garvey.

## APPLE SAUCE CAKE.

1¼ cups sugar,	1 teaspoon soda,
½ cup shortening,	1 cup apple sauce,
1 teaspoon cinnamon,	2 cups flour; salt,
½ teaspoon cloves,	1 cup raisins,
½ teaspoon nutmeg,	1 cup nuts, rolled.

Cream the sugar and shortening, add the salt and flavorings, then dissolve the soda in a little water and stir thoroughly into the unsweetened apple sauce; mix all together and bake slowly about an hour.

—Mrs. Manley.

## APRICOT CAKE.

$\frac{1}{4}$ pound butter,	1 teaspoon baking powder,
$\frac{1}{4}$ pound sugar,	1 layer apricots,
2 eggs,	$\frac{1}{2}$ pound blanched almonds,
$\frac{1}{4}$ pound flour,	$\frac{1}{2}$ pound powdered sugar.

Cream the butter and sugar, add the eggs one at a time, and the flour, containing the baking powder, a little at a time, beating thoroughly. Bake one hour in a tin with removable sides. When cold, spread a layer of apricots, from which the juice has been thoroughly drained, on top; then cover with a mixture of the grated almonds and powdered sugar, and bake slowly one-half hour. —Mrs. Arthur Franckenberg.

## BEST EVER CAKE.

1 heaping cup	$\frac{3}{4}$ cup sugar,
flour,	1 teaspoon baking
1 tablespoon butter,	powder,
1 unbeaten egg,	$\frac{1}{2}$ teaspoon salt,
1 teaspoon vanilla,	Sweet milk.

Melt the heaping tablespoon of butter in a cup, when lukewarm add the egg and vanilla, then fill the cup with milk. Sift the flour, baking powder, sugar and salt together three times, then stir all together two minutes and bake.

—Mrs. C. M. R. Bedell.

## BISHOP'S BREAD.

1 cup sugar,	1½ teaspoons baking powder,
3 eggs, beaten,	1 cup unblanched almonds,
1½ cups flour,	1 cup seedless raisins.

Add the almonds and raisins whole.

Slice the entire loaf thin while warm and brown in the oven, if preferred. Will keep for weeks. May also be baked in two layers.

—Mrs. G. P. Boden.

## BRIDE'S CAKE.

2 pounds sugar,	1 teaspoon cream tartar,
1½ pounds butter,	Almond flavor,
2 pounds flour,	22 whites of eggs.

Cream the sugar and butter, add the beaten yolks, the flour into which the cream tartar has been sifted, the flavoring and the beaten whites of the eggs last. Bake in a six-quart pan.

—Mrs. Henry Wittenberg.

## BRISTOL CAKE. (English.)

9 ounces butter,	12 ounces currants,
9 ounces sugar,	1 ounce grated almonds,
6 eggs,	9 ounces flour.
2 ounces citron,	

Cream the butter, add sugar, beat the yolks with the butter and sugar, add the well beaten whites, citron, currants, almonds and flour. Bake about an hour in a pan lined with buttered paper; then beat nine ounces of pulverized sugar

with two or three eggs, spread on cake and bake a half hour longer. While baking stand the cake pan on a plate of salt to keep from burning. —Mrs. Frederick L. Maryon.

## BROWN CAKE.

1½ cups brown sugar,	Raisins to taste,
⅓ cup butter or meat fryings,	1 teaspoon cinnamon,
1 teaspoon soda,	½ teaspoon cloves,
1 cup sour milk,	2 cups flour.
	1 egg,
	—Mrs. R. N. Seward.

## BROWN CAKE.

3 cups flour,	2 teaspoons baking powder,
1 cup butter,	2 cups light brown sugar,
4 eggs; pinch of allspice,	¼ cup seedless raisins,
1 cup milk,	1 tablespoon chopped citron,
1 teaspoon cinnamon,	1 cup grated almonds,
½ a nutmeg,	1 lemon (juice).
	—Mrs. Alfred H. Weil

## CHERRY CAKE.

3 eggs,	1½ cups flour,
1 cup sugar,	1 teaspoon each, cloves, cin-
½ cup butter,	namon and nutmeg.
1 teaspoon soda in	1 cup canned cherries
3 tablespoons sour	drained from juice.
cream,	—Mrs. H. Roedtko.

## CHERRY CAKE.

2 tablespoons butter,	2 cups flour (scant),
1 cup sugar,	1 level teaspoon baking powder.
1 egg,	
1 cup milk,	

Place in coffee cake tin, strew with fresh cherries, stoned, and sprinkle freely with powdered sugar. Bake. Serve with sugar and cream.  
—Marie O. Wehle.

## CHOCOLATE CAKE. (Layer or Loaf.)

$\frac{1}{4}$ cup butter,	1 teaspoon soda in
1 cup sugar,	1 heaping cup flour,
1 egg,	$\frac{3}{4}$ inch Baker's chocolate,
$\frac{1}{4}$ cup sour milk,	$\frac{1}{2}$ cup boiling water.
1 teaspoon vanilla,	

Cream the butter and sugar, dissolve the grated chocolate in the water; mix in the order given, beating well. Batter should be thin.  
—Mrs. R. N. Seward.

## CHOCOLATE CAKE

2 ounces grated chocolate,	10 ounces flour,
6 ounces butter,	5 eggs, beaten separately,
10 ounces powdered sugar,	$\frac{1}{2}$ cup milk,
	2 teaspoons baking powder, Cinnamon and vanilla.

Bake slowly three-quarters of an hour in a pan lined with buttered paper.  
—Mrs. Ernest Franckenberg.

## CHOCOLATE CAKE

$\frac{1}{2}$ cup butter,	$\frac{1}{2}$ cup boiling water,
2 cups sugar,	1 teaspoon vanilla,
2 eggs, beaten,	1 teaspoon soda,
$\frac{1}{2}$ cup milk,	1 teaspoon cream tartar,
$\frac{1}{4}$ pound chocolate,	$2\frac{1}{2}$ cups flour.

Cream the butter and sugar; dissolve the chocolate in the water, let cool, then mix the ingredients in the order given and bake in a moderately hot oven. —Mrs. C. A. Weil.

## CHOCOLATE WALNUT CAKE.

$1\frac{1}{2}$ cups sugar,	$2\frac{1}{2}$ cups flour,
$\frac{1}{3}$ cup butter,	3 even teaspoons baking powder,
2 eggs and 1 yolk,	Vanilla flavor.
1 scant cup milk,	

Bake in square tin. Frost with a boiled icing to which has been added one-half bar grated chocolate and one-half pound chopped walnuts. —Mrs. F. Lauer.

## CHOCOLATE CAKE.

1 egg,	1 teaspoon soda,
1 cup sugar,	3 squares chocolate,
1 cup milk,	$\frac{1}{3}$ cup butter.
$1\frac{1}{2}$ cups flour,	

Stir egg and sugar together, add half the milk and all the flour; dissolve the soda in the remaining milk, add that and the melted chocolate. Melt the butter in the dish the chocolate was melted in and add last.—Mary Blueker.

## CITRON CAKE.

$\frac{1}{2}$ pound brown sugar,	2 tablespoons citron,
3 eggs; spices,	$\frac{1}{2}$ teaspoon baking powder,
5 cents worth almonds,	1 cup flour.

Cut the almonds in large pieces and the citron in small strips; mix the ingredients, spread on tins and bake; cut in squares while hot.

—Mrs. C. A. Silberzahn.

## COCOANUT CAKE.

2 eggs,	$\frac{1}{2}$ cup butter,
1 cup sugar,	2 cups flour,
$\frac{2}{3}$ cup milk,	2 heaping teaspoons baking powder.

Frost with eight teaspoons sugar and two whites of eggs beaten together and flavor. Sprinkle the frosting with coconut.

—Mrs. Fred Wolfrum.

## COFFEE CAKE.

1 cup molasses,	2 teaspoons soda,
1 cup sugar,	1 teaspoon each of spices preferred,
1 egg,	
$\frac{1}{2}$ cup cold coffee,	1 cup raisins.
1 cup lard,	Flour.

Do not mix too stiff.

—Mrs. Campfield.

## COFFEE CAKE.

1 cup sugar,	$\frac{1}{2}$ teaspoon cloves,
$\frac{1}{2}$ cup butter,	$\frac{1}{2}$ teaspoon cinnamon,
$\frac{1}{2}$ cup molasses,	2 eggs,
1 teaspoon soda in	2 cups flour.
1 cup cold coffee,	

Bake in a moderate oven. —Beata Hirth.

## COFFEE CAKE.

1 pint fresh milk,	$\frac{1}{2}$ lemon rind (grated),
1 small cup butter,	1 small cake compressed
1 cup sugar,	yeast,
1 egg,	Flour.

Set a sponge with the milk, yeast and flour; when light, add the other ingredients, mix into a stiff sponge, let rise, then roll quite thin, place in tins or pie plates and let rise again. When light, spread with melted butter, then sprinkle thick with sugar and cinnamon mixed with a little flour, and bake.

—Mrs. C. H. Miller.

## RAISED COFFEE CAKE.

2 cents worth yeast,	2 eggs,
$2\frac{1}{2}$ cups milk,	$\frac{1}{2}$ cup sugar,
1 teaspoon salt,	$\frac{3}{4}$ cup melted butter.

Soak the yeast in a half cup of warm milk for ten minutes; then add two cups of warm milk and enough flour to make a thick batter; let rise, add remaining ingredients, stir well and add flour enough so the sponge will drop from

the spoon. Beat thoroughly and spread about three fourths of an inch thick on buttered tins. When light, brush over with melted butter, sprinkle with sugar and cinnamon, strew almonds over the top and bake a light brown.

—Mrs. Emma Wilkie.

### TOASTED COFFEE CAKE.

Slice the coffee cake and cover with a white frosting, spread cocoanut thickly over the top and put in the oven to toast.

—Agnes M. Haase.

### KAFFEE KUCHEN.

Dissolve two cents worth of compressed yeast in a cup half filled with lukewarm milk; then add a tablespoon of sugar, a pinch of salt, and set it in a warm place to rise. Sift and warm slightly about two pounds of flour; warm one quart of milk, add a quarter of a pound of butter, also a quarter of a pound of rendered butter, a scant cupful of sugar, a teaspoon of cinnamon, and the grated rind of lemon. Make a hole in the center of the flour, put in the cup of raised yeast, stir in gradually the contents of the milk bowl, add three beaten eggs. When all is mixed, work the dough with the hand but do not knead it; guard against making it too stiff, work the dough until it leaves both the hands and the dish perfectly free from dough. Cover and set in a warm place until morning. Butter the cake pans, roll out enough dough to cover them, let stand about half an hour before baking,

then brush well with butter, sprinkle sugar, cinnamon, and some chopped almonds on top, or take a lump of butter, a very little flour, some sugar and cinnamon, rub it between the hands until it is like lumps of almonds, strew over cakes and bake.

—Mrs. James Friedlander.

### CREAM CAKE.

1 cup sugar,	1½ cups flour,
1 cup sweet cream,	1 teaspoon flavoring,
1 heaping teaspoon baking powder,	2 whites of eggs, beaten stiff and added last.

Mrs. B. W. C.

### CRUMB CAKE.

2 cups sugar,	3 teaspoons baking powder,
1 cup shortening,	3½ cups flour,
3 eggs,	1 cup milk,
½ teaspoon salt,	1 teaspoon flavoring.

Mix the sugar, shortening, baking powder, salt and flour together, like pie crust, until crumbly; take out one cup of the crumbs, then add to the remainder the beaten yolks, milk, flavor and the beaten whites last; put in a cake pan, cover with the cup of crumbs and bake in a moderate oven about three-quarters of an hour.

—Mrs. F. Greenwood.

## DATE CAKE. (Filled.)

1 cup brown sugar,	1 teaspoon baking powder,
1 level teaspoon soda,	2½ cups flour,
1 cup sour milk,	2 cups oatmeal,
⅔ cup shortening,	½ teaspoon salt.

Stir the soda in the sour milk.

## Filling.

Cook one pound of stoned dates, one cup of sugar and one-half cup water until thick.

Put one-half the dough in a cake pan, spread the filling over with a spoon, cover with the rest of the dough and bake an hour in a moderate oven. —Mrs. Wm. Bruce.

## DATE CAKE.

2 eggs,	1 teaspoon baking powder,
1 cup sugar,	1 cup sliced dates,
1 tablespoon flour,	1 cup grated walnuts.

Stir yolks and sugar to a cream, then add flour, beaten whites of the eggs, dates and nuts. Bake twenty minutes in a spring form. Serve with whipped cream.

—Meta Pick.

## DEVIL'S FOOD.

¼ cake bitter chocolate,	½ cup butter,
½ cup boiling water,	2 eggs,
1 level teaspoon soda,	½ cup sour milk,
2 cups brown sugar,	2½ cups flour (scant).

Mix the grated chocolate, water and soda and let stand while the other ingredients are mixed in the order given, then add the chocolate. —Mrs. P. B. Craney.

## DEVIL'S FOOD.

## PART I.

1 cup sugar,                      1 cup sweet milk,  
 1 cup grated chocolate,      2 teaspoons vanilla.

Boil sugar, chocolate and milk in double boiler, then let cool, add vanilla, and stir into

## PART II.

1 cup sugar,                      2 eggs,  
 $\frac{1}{2}$  cup butter,                    2 teaspoons baking powder,  
 $\frac{1}{2}$  cup sweet milk,                2 cups flour.

Bake in loaf or two layers.                      —Mary Bertram.

## DOUGH CAKE.

1 cup bread dough,                1 egg,  
 1 cup flour,                        1 teaspoon soda in  
 $\frac{1}{4}$  cup butter,                         $\frac{1}{2}$  cup warm water,  
 $\frac{1}{4}$  cup lard,                             $\frac{1}{2}$  teaspoon cloves,  
 1 cup brown sugar                 $\frac{1}{2}$  teaspoon cinnamon,  
 1 cup raisins,                         $\frac{1}{2}$  teaspoon allspice.

Bake one hour.                                      —Mrs. V. Wollner.

## DRIED APPLE CAKE.

3 cups dried apples,	1 cup butter,
1 cup molasses,	2 heaping teaspoons soda in
3 eggs, beaten,	1 cup strong coffee,
1 cup sugar,	4 cups flour; spices.

Soak the apples over night in warm water, in the morning chop, and simmer them in the molasses one hour, then add the other ingredients and bake in a moderate oven.

—Mrs. H. Mead.

## DUTCH CAKE.

Make a rich shortcake and spread on a square tin, sprinkle over this a cup of sugar and a little cinnamon, then pour over a cup of sweet cream and bake a half hour.

—Sara Lewis.

## EGGLESS, BUTTERLESS, MILKLESS CAKE.

$\frac{1}{4}$ cup lard,	1 teaspoon cinnamon,
1 cup sugar,	$\frac{1}{2}$ teaspoon cloves,
2 cups raisins (cut),	$\frac{1}{2}$ teaspoon salt.
1 cup water,	

Boil all together three minutes, then add the following:

2 cups flour,	$\frac{1}{2}$ teaspoon baking powder,
1 cup hickory nuts (rolled),	1 teaspoon soda, dissolved in a little water.

—Mrs. J. Maag.



## FRUIT CAKE.

1 cup butter,	1 teaspoon soda,
1 cup brown sugar,	1 pound flour,
$\frac{1}{2}$ pint molasses,	1 pound currants,
2 eggs,	$1\frac{1}{2}$ pounds raisins,
1 cup sour milk,	Flavor to taste.

—Mrs. Jennie Sackerson.

## FRUIT CAKE.

2 cups butter,	3 teaspoons baking powder,
2 cups sugar,	1 pound raisins,
1 cup syrup,	1 pound currants,
5 cups flour,	2 pounds dates,
1 cup sweet milk,	$\frac{1}{4}$ pound citron,
1 teaspoon nutmeg,	$\frac{1}{2}$ cup almonds,
6 eggs,	$\frac{1}{2}$ cup walnuts,
1 teaspoon cinnamon,	$\frac{1}{4}$ cup pecans,
$\frac{1}{2}$ teaspoon cloves,	$\frac{1}{4}$ cup Brazil nuts,
1 teaspoon allspice,	2 tablespoons rose water.

Seed the raisins, cut dates and citron in fine pieces, blanch and cut the almonds, dredge the fruit with flour. Makes two good-sized cakes.

—Mrs. Arthur Franckenberg.

## FRUIT CAKE.

1 cup sugar,	1 cup New Orleans molasses,
1 cup meat fryings,	1 teaspoon cinnamon,
1 teaspoon soda in	1 teaspoon cloves,
$\frac{1}{2}$ cup boiling water,	4 cups flour,
1 cup raisins,	3 eggs, beaten.
1 cup currants,	

Sift the cinnamon and cloves with the flour and add the eggs last. Nice baked in gem pans.

—Amy Wooldredge.

## BLACK FRUIT CAKE.

$2\frac{1}{2}$ pounds raisins,	1 pound butter,
2 pounds currants,	14 eggs,
$1\frac{1}{2}$ pounds citron,	$1\frac{1}{2}$ cups molasses,
1 pound almonds,	3 nutmegs,
$1\frac{1}{4}$ pounds sugar,	1 heaping tablespoon cinna-
1 pound flour,	mon.

Seed the raisins, cut fine, wash and dry the currants thoroughly, cut the citron fine, blanch and pound the almonds, dredge all the fruit with flour, beat the whites and yolks of the eggs separately, then stir them together; cream the butter and sugar, then stir into it gradually and alternately the other ingredients, pour into a well greased pan lined with paper and bake five hours in a slow oven, or divide into two cakes, and bake four hours. —Mrs. W. E. Wolfrum.

## WHITE FRUIT CAKE.

1 cup sugar,	2 cups flour,
$\frac{1}{2}$ cup butter,	2 teaspoons baking powder,
$\frac{1}{2}$ cup milk,	1 teaspoon lemon,
$\frac{1}{2}$ cup raisins,	4 whites of eggs, well
$\frac{1}{4}$ cup citron,	beaten.

Chop the raisins, cut the citron fine and add the whites of the eggs last.

—Mrs. W. L. Kissell.

## SYLVIA'S EVERY DAY FRUIT CAKE.

1 cup butter,	1 scant teaspoon ginger,
2 cups sugar,	$\frac{1}{4}$ nutmeg,
1 cup molasses,	1 teaspoon soda in
3 eggs,	1 cup sour milk,
2 teaspoons cinnamon,	6 cups flour,
1 even teaspoon cloves,	$2\frac{1}{2}$ cups raisins,
1 even teaspoon allspice,	$2\frac{1}{2}$ cups currants.

—Mrs. Chas. A. Silberzahn.

## GERMAN CAKE.

$\frac{3}{4}$ cup melted butter, stir	4 eggs,
until cold and creamy,	$\frac{1}{2}$ teaspoon baking powder,
1 cup granulated sugar,	1 heaping cup flour.

Strew almonds, cinnamon and sugar on top before baking

—Mrs. J. H. Sinclair.

## GERMAN DATE CAKE

9 eggs,	2 whole pieces sweet Ger-
$\frac{3}{4}$ pound sugar,	man chocolate,
1 large lemon (juice of	1 small teaspoon baking
half and grated rind	powder in
of whole),	8 soda crackers (rolled).
6 ounces dates,	

Stir yolks, sugar, lemon, dates and grated chocolate together from fifteen to thirty minutes; then add crackers and beaten whites of eggs. Bake three-quarters of an hour or longer. Frost with chocolate icing. Considered very fine.

—Mrs. A. B. Liebermann.

## GINGER BREAD.

2 eggs,	1 teaspoon soda in
1 cup molasses,	1 cup boiling water,
$\frac{1}{4}$ teaspoon salt,	2 cups flour,
1 tablespoon melted	1 tablespoon ginger.
butter,	

Bake in long tin thirty minutes, and serve hot.

—Mrs. A. H. Smith.

## GINGER BREAD.

1 cup sugar,	1 teaspoon ginger,
$\frac{1}{2}$ cup lard,	1 teaspoon cinnamon,
$\frac{1}{2}$ cup butter,	$\frac{1}{2}$ teaspoon cloves,
1 cup molasses,	3 eggs,
2 level teaspoons soda,	Flour to mix moderately
1 cup sour milk,	stiff.

In place of one cup sour milk and two teaspoons soda, one cup coffee and one teaspoon soda may be used.

—Mrs. John Conrad.

## GINGER BREAD.

2 eggs,	$\frac{3}{4}$ cup sour cream filled with
$\frac{3}{4}$ cup syrup, filled heap-	melted butter,
ing with yellow sugar,	Little cinnamon,
1 teaspoon ginger,	1 teaspoon soda stirred in
2 cups flour,	part of cream,

Bake slowly in two dripping pans and cut in squares.  
Very nice baked in patty tins.

—Mrs. Arthur Franckenberg.

## SOFT GINGER BREAD.

1 cup butter,	1 cup sour milk,
1 cup molasses,	4 eggs,
1 cup sugar,	$2\frac{1}{2}$ cups flour,
2 teaspoons soda,	1 teaspoon cinnamon.
1 teaspoon ginger,	

Excellent.

—Mrs. P. W. Harns.

## OLD FASHIONED GINGER BREAD.

4 tablespoons melted butter,	1 teaspoon soda, 1 teaspoon ginger.
4 tablespoons hot water,	

Put ingredients in a coffee cup, fill with molasses then stir enough flour into the mixture to make a dough, roll about an inch thick and bake in moderate oven.

—Mrs. S. De'Long.

## SOFT GINGER CAKE.

1 cup light brown sugar,	1 teaspoon cinnamon,
$\frac{1}{2}$ cup lard,	1 teaspoon allspice,
1 cup molasses,	$\frac{1}{2}$ cup raisins,
1 cup cold water,	$\frac{1}{2}$ cup currants,
1 teaspoon soda,	1 quart flour.
1 teaspoon ginger,	

Stir easy, bake slowly, frost if desired.

—Mrs. Oliver C. Johnson.

## GINGER CAKE.

$\frac{1}{2}$ cup sugar,	1 tablespoon ginger,
$\frac{1}{2}$ cup molasses,	1 teaspoon soda, dissolved in
1 egg,	$\frac{2}{3}$ cup cold water,
Butter, size of an egg,	$1\frac{2}{3}$ cups flour.

Bake twenty-five minutes. —Nora O'Connell.

## NELL'S GINGER CAKE.

$\frac{1}{2}$ cup shortening,	1 teaspoon soda in
1 cup molasses,	1 cup hot water,
1 cup brown sugar,	1 teaspoon ginger.

Flour to mix thick as pancake batter.

## GRAHAM CAKE.

1 cup sugar,	2 teaspoons baking powder,
2 eggs,	2 tablespoons melted
1 cup milk,	butter,
1 teaspoon vanilla,	1 cup graham crackers
1 cup flour,	rolled fine,
1 cup walnuts,	$\frac{1}{2}$ teaspoon salt.

Mix the butter, sugar, yolks, milk and vanilla together well, then add the crackers, salt, flour and baking powder, nuts and the beaten whites last. Bake in a slow oven and when done cover with the following uncooked frosting stirred together well:

2 tablespoons butter,  $1\frac{1}{2}$  cups powdered sugar, teaspoon vanilla and milk to moisten. —Mrs. J. Foley.

## GROOM'S CAKE.

2 cups sugar,	$\frac{1}{2}$ teaspoon soda,
1 cup butter,	$3\frac{1}{2}$ cups flour,
$\frac{1}{2}$ cup sweet milk,	1 teaspoon cream of
5 eggs,	tartar.

Flavor with lemon and add the beaten whites last.

—N. O'Connell.

## HICKORY NUT CAKE.

6 eggs, beaten separately,	1 cup hickory nut meats, or
1 heaping cup sugar,	$\frac{1}{4}$ pound blanched almonds,
2 cups farina,	1 teaspoon baking powder.

—Louise Silberzahn.

## HICKORY NUT CAKE.

1 cup butter,	3 cups flour,
2 cups sugar,	7 whites of eggs, beaten to
2 yolks of eggs,	stiff froth,
1 cup sweet milk,	1 pint hickory nuts, rolled
1 teaspoon soda,	and sprinkled with flour.
2 teaspoons cream tartar,	

—Mrs. Jennie Sackerson.

## HICKORY NUT CAKE.

1 cup sugar,	1 teaspoon baking powder,
$\frac{1}{2}$ cup sweet milk,	$1\frac{1}{2}$ cups flour,
2 eggs,	1 cup chopped nut meats.

Butter, size of walnut,

## HICKORY NUT CAKE.

2 cups sugar,	4 eggs,
1 cup butter,	3 teaspoons baking powder,
1 cup cold water,	2 cups hickory nut,
3 cups flour,	or mixed nuts.

—Miss Martha Miller Ott.

## HOT WATER CAKE.

$\frac{1}{2}$ cup butter (scant),	$1\frac{1}{2}$ cups sifted flour,
1 cup sugar,	2 eggs,
$\frac{1}{2}$ cup hot water,	2 teaspoons baking powder

Bake in moderate oven. Spread with chocolate icing;  
cut in squares. —Mrs. Dr. Evans.

## MARBLE CAKE.

1 cup sugar,	$\frac{1}{2}$ cup milk,
$\frac{1}{2}$ cup butter,	2 teaspoons baking powder,
2 eggs,	2 cups flour.

Divide batter into two parts and to one part add

1 teaspoon cinnamon,	$\frac{1}{2}$ nutmeg,
$\frac{1}{2}$ teaspoon cloves,	2 tablespoons molasses.

Drop alternate spoonfuls of dark and light batter into a  
buttered pan until all is used. Bake in a moderate oven.

—Nora O'Connell.

## MARBLE CAKE.

## LIGHT PART.

$\frac{3}{4}$ cup white sugar,	1 heaping teaspoon baking
3 whites of eggs,	powder,
$\frac{3}{4}$ cup butter,	Flour to make medium bat-
$\frac{3}{4}$ cup sweet milk,	ter.

## DARK PART.

$\frac{3}{4}$ cup brown sugar,	$\frac{3}{4}$ cup coffee,
$\frac{3}{4}$ cup syrup,	$\frac{1}{2}$ cup raisins,
3 egg yolks,	$\frac{1}{2}$ teaspoon cloves,
1 cup shortening,	1 teaspoon soda.

Drop a tablespoon of light, then of dark batter into a baking tin until it is filled. Bake in a moderate oven.

—Mrs. Wm. Lange.

## MOLASSES CAKE.

1 egg,	1 teaspoon soda in
$\frac{1}{2}$ cup lard,	$\frac{1}{2}$ cup boiling water,
$\frac{1}{2}$ cup molasses,	$2\frac{1}{2}$ cups flour,
$\frac{1}{2}$ cup sugar,	Flavor to taste.

—Mrs. H. Mead.

## MOSS CAKE. (Birthday.)

14 egg yolks,	1 teaspoon baking powder,
1 cup sugar,	$\frac{1}{2}$ pound almonds,
1 teaspoon cinnamon,	6 ounces citron,
$\frac{1}{2}$ teaspoon cloves,	3 whites of eggs.
1 lemon rind,	

Stir yolks and sugar fifteen minutes; mix the cinnamon, cloves, grated lemon rind, and baking powder with the ground almonds, chop the citron fine, then mix all the ingredients adding the beaten whites of the eggs last. Bake one hour.

—Mrs. John Herberg.

## MOTHER'S SOUR CREAM CAKE.

1 cup sugar,	2 eggs,
1 teaspoon soda in	2½ cups flour.
1 cup sour cream,	

## NOVELTY CAKE.

Bake a nice white cake about an inch thick; cover with a boiled frosting containing half a cup of chopped nuts. When nearly hard, strew half a cup of chopped pineapple over frosting and on that a thick layer of sweetened whipped cream.

## ONE EGG CAKE.

1½ cups sugar,	1 teaspoon soda and
1 cup butter,	2 teaspoons cream tartar in
¾ cup milk,	3 cups flour,
1 egg,	1 cup raisins or currants.
Bake one hour.	—Mrs. C. A. Weil.

## ONE EGG CAKE.

1 tablespoon butter,	1 egg; little salt,
¾ cup sugar,	2 teaspoons baking powder,
1 cup milk,	Flour to mix soft.

Bake in patty tins, when cool, cut each in two, fill with fig filling and frost.

—Mrs. Portz.

## ORANGE CAKE.

2 cups sugar and	1½ teaspoons baking powder
5 yolks of eggs creamed	sifted in
very smooth with	2 cups flour,
1 orange (rind and	4 whites of eggs, beaten to
juice),	stiff froth.
½ cup water,	

Mix in order given, bake and cover with orange icing.

—Mrs. P. W. Harns.

## PORK CAKE.

1 pint strong boiling	2 cups brown sugar,
coffee poured over	1 tablespoon cloves,
1 pound fat salt pork	½ nutmeg (grated),
(chopped fine).	5 cents worth of citron,
1 tablespoon soda,	6 cups flour,
beaten in	3 pounds seeded raisins,
1 tablespoon New	2 cups chopped nuts.
Orleans molasses until	
light,	

Bake one hour in moderate oven. Makes four loaves.

—Florence Krieger.

## PLAIN CAKE.

- |                           |   |
|---------------------------|---|
| 1 cup sugar,              | 2 eggs,                                 |
| $\frac{1}{2}$ cup butter, | $1\frac{1}{2}$ teaspoons baking powder, |
| $\frac{1}{2}$ cup milk,   | 2 cups flour.                           |

This makes a nice brown cake by adding two ounces of Baker's bitter chocolate, dissolved over hot water.

—Mrs. Chas. A. Silberzahn.

## POTATO CAKE.

- |   |   |
|---|---|
| 2 cups sugar,                             | 1 teaspoon cinnamon,                                    |
| $\frac{1}{2}$ cup butter,                 | 1 teaspoon allspice,                                    |
| 1 potato (boiled and<br>grated),          | 1 teaspoon ginger,                                      |
| 1 slate sweet chocolate<br>(grated),      | 1 teaspoon vanilla,                                     |
| 5 eggs,                                   | $\frac{1}{2}$ teaspoon cloves,                          |
| $\frac{1}{4}$ pound almonds<br>(chopped), | $\frac{1}{2}$ nutmeg,                                   |
| Bake one hour.                            | 1 teaspoon soda in<br>1 cup sour milk,<br>2 cups flour. |

—Mrs. Chas. Moser.

## POTATO CARAMEL CAKE.

- |                               |                            |
|-------------------------------|----------------------------|
| $\frac{2}{3}$ cup butter,     | 1 teaspoon cinnamon,       |
| 2 cups sugar,                 | 1 teaspoon nutmeg,         |
| 4 eggs,                       | 1 cup grated chocolate,    |
| $\frac{1}{2}$ cup sweet milk, | 2 teaspoons baking powder, |
| 1 cup mashed potato,          | 2 cups flour,              |
| 1 teaspoon cloves,            | 1 cup walnuts, chopped.    |

Stir butter, sugar and yolks of eggs together, then add milk, hot potato, spices, chocolate, baking powder, flour, beaten whites of the eggs and nuts.

—Mrs. Henry Schumacher.

### POUND CAKE.

1 pound butter,	1 pound flour,
1 pound sugar,	$\frac{1}{2}$ teaspoon mace,
3 tablespoons rose water,	1 nutmeg, grated,
	12 eggs.

Beat the eggs separately and add the whites last.

—J. B. Smiley.

### QUICK CAKE.

$1\frac{1}{2}$ cups flour,	$1\frac{1}{2}$ teaspoons baking powder,
1 cup sugar,	$\frac{1}{2}$ cup shortening,
2 eggs,	Pinch of soda,
$\frac{1}{2}$ teaspoon salt,	Sweet milk.

Pour the melted shortening in a cup, break in the eggs, then fill the cup with milk. Stir the ingredients all together quickly, adding a little more milk. Bake in a moderate oven.

—Mrs. J. Foley.

## RAISIN CAKE.

$\frac{2}{3}$ cup brown sugar,	$\frac{1}{2}$ teaspoon salt,
$\frac{1}{4}$ cup butter,	$1\frac{1}{2}$ cups flour,
1 egg,	$\frac{1}{2}$ cup raisin juice,
1 teaspoon cinnamon,	1 level teaspoon soda,
$\frac{1}{2}$ teaspoon nutmeg,	1 cup raisins.

Cook the raisins twenty minutes, drain off the juice. Cream the butter and sugar, add the beaten egg, sift the cinnamon, nutmeg and salt with the flour and add next, then add the raisin juice in which the soda has been dissolved and stir in the raisins last. Mix thoroughly, turn into a greased and floured pan and bake in a moderate oven. Cheap and good.

—Bessie Bayley.

## RODON KUCHEN.

$\frac{1}{2}$ pound butter,	$\frac{1}{2}$ lemon, grated rind,
6 eggs,	6 drops lemon juice,
$\frac{1}{2}$ cup sugar,	1 cake yeast in
1 pound flour,	2 cups lukewarm milk,
$\frac{1}{4}$ teaspoon salt,	$\frac{1}{2}$ cup raisins.

Cream the butter well; then add one egg, a little sugar and a little flour; beat thoroughly, then add another egg, little sugar and flour, and so on, until eggs, sugar and flour are all used. Add the remaining ingredients slowly, in the order given, beating thoroughly not less than an hour; let rise till light, then bake slowly in a tube pan.

—Mrs. C. Muellenbach, Milwaukee.

## SAND CAKE. (German.)

- |                |                            |
|----------------|----------------------------|
| 1 cup butter,  | 2 teaspoons baking powder, |
| 1½ cups sugar, | ½ pound potato flour,      |
| ½ cup milk,    | Lemon flavor.              |
- 11 yolks of eggs,  
Stir one hour and bake slowly. —Mrs. D. T. Keeley.

## SOUR APPLE CAKE.

- |                      |                              |
|----------------------|------------------------------|
| 1 cup sugar,         | 2 level teaspoons soda, dis- |
| ½ cup shortening,    | solved in                    |
| ½ teaspoon salt,     | 3 tablespoons water,         |
| ½ cup raisins (cut), | 3 tablespoons molasses,      |
| 2 cups flour,        | ½ teaspoon each of           |
| 1½ cups unsweetened  | cinnamon, cloves, all-       |
| apple sauce,         | spice and nutmeg.            |

—Mrs. Charles Holden, Montana.

## SPANISH BUN.

- |                         |                        |
|-------------------------|------------------------|
| 1 cup granulated sugar, | 1 teaspoon cinnamon,   |
| ½ cup butter,           | ½ teaspoon cloves,     |
| 2 eggs,                 | ½ cup sour milk,       |
| 2 tablespoons N. O. mo- | 1 level teaspoon soda, |
| lasses.                 | 2 cups flour.          |

Sift soda in the flour several times; stir sugar, butter and beaten yolks together well, add beaten whites last; bake in a square pan and frost with a boiled icing flavored with vanilla and containing one cup chopped raisins.

—Mrs. G. E. Knowlton.

## SPICE CAKE.

$\frac{1}{2}$ cup sugar,	1 teaspoon cloves,
$\frac{1}{2}$ cup butter,	1 teaspoon soda in
$\frac{1}{2}$ cup molasses,	$\frac{1}{2}$ cup sour milk,
3 yolks of eggs,	1 teaspoon cinnamon,
1 white of egg,	2 cups flour.
	—Mrs. P. W. Harns.

## SPICE CAKE.

1 cup sugar,	1 teaspoon baking powder,
$\frac{1}{2}$ cup butter,	$1\frac{1}{2}$ cups flour,
2 eggs,	1 cup raisins, chopped fine,
$\frac{1}{2}$ teaspoon soda in	Cinnamon and nutmeg to
$\frac{1}{2}$ cup sour milk,	taste.
	—Mrs. B. S. Potter.

## PLAIN SPONGE CAKE.

$1\frac{1}{2}$ cups sugar,	1 cup (not quite full)
3 eggs,	boiling water,
$\frac{1}{4}$ teaspoon salt,	1 teaspoon baking powder,
$1\frac{1}{2}$ cups sifted flour,	$\frac{1}{2}$ teaspoon vanilla.

Beat sugar, eggs and salt fifteen minutes, then add the flour very slowly, beating all the time, next add the water in the same way, then the vanilla; add the baking powder last, stirring only just enough to fold it in well. Bake an hour in a slow oven.

—Mrs. Fred Stuebe.

## SPANISH SPONGE CAKE.

2 cups white sugar,	$\frac{1}{2}$ teaspoon cloves,
$\frac{1}{2}$ cup butter (scant),	1 teaspoon baking powder,
1 cup sweet milk,	2 cups flour,
4 eggs,	1 cup chopped dates,
1 teaspoon cinnamon,	1 cup chopped walnuts.

Add the stiffly beaten whites of eggs last. Makes two long narrow loaves. Good cake to keep some little time.

—Mrs. W. N. Hamilton.

## SPONGE CAKE.

2 cups sugar,	1 teaspoon baking powder,
6 eggs, beaten separately,	2 cups flour,
$\frac{1}{4}$ cup warm water,	Add whites of eggs last.

Bake thin and break in pieces to serve. This makes a nice pudding served with fruit preserves.

—Mrs. W. E. Wolfrum.

## SPONGE CAKE.

1 cup sugar,	1 cup flour,
5 eggs,	1 teaspoon baking powder,
5 tablespoons hot or cold water,	Vanilla flavor, or grated rind of lemon.

—Mrs. A. Husting.

## SPONGE CAKE.

12 eggs,	1 lemon,
1 pound granulated sugar,	$\frac{3}{4}$ pound flour.

Beat yolks and sugar together for half an hour, then add the beaten whites of the eggs, rind and juice of lemon. Add flour last, very slowly, cutting it in with a knife. This cake requires a great deal of beating. If preferred, almonds may be used instead of flour. —Mrs. C. Muellenbach.

## SPONGE CAKE.

3 eggs, beaten light,	1 teaspoon baking powder,
1 cup sugar,	1 cup flour.
1 tablespoon cold water,	

—H. H. Sauerhering.

## SPONGE CAKE.

6 eggs,	1 lemon (rind),
1 cup sugar,	1 cup flour.
$\frac{1}{2}$ lemon (juice),	

Beat eggs and sugar together fifteen minutes; bake forty-five minutes in slow oven. —Mrs. T. Willert.

## SPONGE CAKE.

4 eggs,	2 teaspoons lemon juice,
1 cup sugar,	1 cup flour.

Beat yolks to a foam, add sugar and lemon juice, (not extract) beat ten minutes, then add the flour very lightly and fold in the whites of the eggs which have been whipped dry.

Bake in a slow oven.

—Mrs. Louis Kronitz.

## HOT WATER SPONGE CAKE.

4 yolks of eggs, and	1½ cups flour,
1¼ cups sugar, creamed,	2 teaspoons baking powder,
4 whites of eggs, beaten,	4 tablespoons boiling water,

Mix in order given, stirring well before adding boiling water. Bake in tube pan.—Mrs. Charles A. Silberzahn.

## STOLLEN. (Coffee Cake).

For three stollen take two cents worth of yeast, one quart of milk and flour enough to make a sponge. Let rise, then add

½ pound butter,	1 lemon, rind and juice,
½ pound lard,	1 pound raisins,
2 or more eggs,	¼ pound almonds,
1 cup sugar; salt,	¼ pound citron.

Chop all fruit before adding. Let rise and bake.

—Mrs. Herman Gerlach.

## CHRISTMAS STOLLEN. (German.)

2 pounds sugar,	$\frac{1}{4}$ pound citron,
2 pounds butter,	8 eggs,
2 pounds seedless raisins,	6 cents worth yeast,
$\frac{1}{2}$ pound almonds,	2 quarts milk,
$\frac{1}{4}$ pound bitter almonds,	$\frac{1}{2}$ lemon (juice and grated rind).
Flour to thicken,	

Set sponge with the yeast, milk and flour. When it rises add all ingredients except raisins, mix thoroughly, then add the raisins, let rise and bake in loaves.

—Mrs. Chas. A. Silberzahn.

## SUNSHINE CAKE.

11 whites of eggs,	1 teaspoon vanilla,
3 yolks, beaten,	1 cup flour,
$1\frac{1}{2}$ cups sugar,	1 teaspoon cream tartar.

Beat the whites of the eggs to a stiff froth, add the yolks, then stir in carefully the sifted granulated sugar and the vanilla; then the flour that has been sifted with a teaspoon of cream of tartar five times; add this a little at a time, and mix thoroughly. Bake in a moderate oven forty-five minutes.

—Mrs. G. A. Heidner.

## SUNSHINE CAKE.

1 cup flour (scant),	7 eggs,
1¼ cups sugar,	1 teaspoon vanilla,
Pinch of salt,	½ teaspoon cream tartar.

Sift, measure and set aside flour and sugar; add salt to the whites of the eggs and whip to a foam; then add cream tartar and beat to a very stiff froth, add sugar, beat thoroughly, add beaten yolks, vanilla and fold in the flour lightly. Bake in a moderate oven forty-five minutes.

—Mrs. V. Wollner.

## SWEET CREAM CAKE.

Break two eggs into a cup, then fill the cup with sweet cream and mix with one cup sugar and one and three-fourths cups flour containing two teaspoons baking powder. Beat together ten minutes. Makes nice loaf or layer cake.

—Mrs. Simon.

## TEA CAKE.

1 cup molasses,	1 cup butter and lard,
2 teaspoons soda,	1 cup cold tea,
2½ cups flour,	1 egg.

—Mrs. J. Fessenden.

## TEA CAKE.

$\frac{1}{2}$ cup sugar,	1 teaspoon cinnamon,
$\frac{1}{2}$ cup molasses,	1 small teaspoon soda,
$\frac{1}{2}$ cup butter,	$1\frac{3}{4}$ cups flour,
$\frac{1}{2}$ cup cold tea,	1 egg.
	—Mrs. L. A. Briese.

## WEDDING CAKE.

1 pound brown sugar,	2 lemons,
1 pound butter,	6 pounds raisins,
1 pound flour,	3 pounds currants,
12 eggs,	2 pounds citron,
1 cup molasses,	1 ounce cinnamon,
2 nutmegs,	1 ounce mace,
1 gill rose water,	$\frac{1}{2}$ ounce cloves,

Wash the currants, seed and chop the raisins fine, cut the citron into thin, small slices. Put only a quarter of the raisins in the chopping bowl at a time. Stir fruit carefully together, cream the butter and add all the spices as soon as you commence putting in the sugar. Add molasses, by degrees, with the sugar. If more liquid is needed to make it stir easily, add a portion of the rose water. Beat till very light, then add the beaten yolks, the juice and grated rinds of the lemons, what is left of the rose water, a little more than

half the flour, the beaten whites of the eggs and the rest of the flour, stirring but little. Lastly dust the fruit, a little at a time, with flour, and mix in thoroughly. This makes one large and one small cake. Line the pans with three thicknesses of paper, the last one buttered well. Bake four hours in a moderate oven. Be careful not to let it burn. Leave the cakes in the papers until ready to use. This cake should be made at least a month before using.

—Mrs. C. H. Miller.

#### WHITE CAKE.

1½ cups sugar,	2 cups flour, flavor
½ cup butter,	2 teaspoons baking powder,
1 cup sweet milk,	4 whites of eggs.

Bake forty minutes, beginning with a slow oven and increasing the heat. This is a standard recipe; may be baked in loaf or layer and by changing flavorings and fillings may be made into a variety of cakes.

—Mrs. H. M. Crump.

#### WHITE CAKE.

½ cup lard,	1 heaping teaspoon baking powder,
1 cup sugar,	1 teaspoon vanilla,
3 whites of eggs,	2 cups flour.
½ cup milk,	

Stir lard, sugar and unbeaten whites together ten minutes.

—Mrs. F. J. Haas.

## WHITE CAKE.

1½ cups powdered sugar,	2 cups flour,
⅔ cup butter,	½ cup cornstarch,
1 cup milk,	5 whites of eggs,
1 heaping teaspoon baking powder,	1 cup chopped nuts.

—Mrs. A. Husting.

## WHITE CAKE.

2 cups sugar,	2 cups sifted flour,
½ cup butter,	1 teaspoon almond flavor,
1 cup sweet milk,	6 whites of eggs, beaten stiff.
2 teaspoons baking powder,	

Put in greased pan and bake in a moderate oven one hour. When cold cover with icing. —Mrs. John Conrad.

## YEAST LOAF.

Mix one and one-half cups milk and a cake of compressed yeast with flour enough to make a nice dough; add salt and a little grated lemon peel. Beat one cup butter and one cup sugar to a cream, add six eggs, one at a time, beating thoroughly; then add to the dough and beat one-half hour; let rise until very light; bake in a tube pan.

—Mrs. Arthur Franckenberg.

## BROWN STONE FRONT.

## PART I.

$\frac{1}{2}$ cup grated chocolate,	$\frac{2}{3}$ cup brown sugar,
$\frac{1}{2}$ cup sweet milk,	1 yolk of egg.

## PART II.

1 cup brown sugar and	2 eggs, beaten,
$\frac{1}{2}$ cup butter, creamed,	1 even teaspoon soda,
$\frac{1}{2}$ cup sweet milk	2 cups flour.

Boil Part I. and, while hot, beat into Part II.; bake as a layer or in a square pan.

Frosting: Boil one cup granulated sugar and one-half cup sweet milk until thick, beat to a cream and add a little melted chocolate, poured in while hot. Put on the cake immediately.

—Mrs. Fred W. Winkler.

## CARAMEL CAKE.

2 cups sugar,	1 cup sweet milk,
1 cup butter,	2 teaspoons baking powder,
7 eggs (except four yolks),	3 cups flour.

Filling: Boil one pound light brown sugar, one-half cup cream and butter size of an egg, moderately fast for twenty minutes, and when cool flavor with vanilla.

—Mrs. W. E. Wolfrum.

## CARAMEL CAKE.

$\frac{1}{2}$ cup butter,	1 cup water,
$1\frac{1}{2}$ cups sugar,	2 cups flour.
2 beaten yolks,	

Cream the butter, add the remaining ingredients gradually, beat five minutes, then add

1 teaspoon vanilla,	2 teaspoons baking powder,
3 tablespoons caramel,	2 whites beaten stiff.
$\frac{1}{2}$ cup flour,	

Bake in two layers, fill and cover with boiled icing made of two whites of egg and one and three-fourths cups sugar, stir till cool then add two teaspoons caramel and one of vanilla. To make the caramel, brown one cup of sugar well in the frying pan, then pour one half cup water over and boil till clear; bottle for use. —Mrs. H. E. Haertl.

## CHOCOLATE CAKE.

5 eggs,	1 plate sweet chocolate,
1 cup powdered sugar,	1 teaspoon baking powder.
1 cup flour	

Cream the yolks and sugar ten minutes, then add the beaten whites of the eggs and the flour mixed with the grated chocolate and baking powder. Bake in three layers in a very hot oven. Use cream filling. —Mrs. Arthur Franckenberg.

## CHOCOLATE CAKE.

2 cups sugar,	1½ teaspoons baking powder,
1 cup butter,	3½ cups flour,
5 yolks of eggs,	2 whites of eggs.
1 cup milk,	

Bake in layers and put together with chocolate frosting.

—Mrs. P. W. Harns.

## CHOCOLATE CAKE.

½ cup butter (creamed),	½ cup sweet milk,
1½ cups sugar,	1¾ cups flour, containing
4 yolks of eggs,	2 teaspoons baking powder,
2 ounces chocolate,	1 teaspoon vanilla,
5 tablespoons water,	4 stiffly beaten whites.

Dissolve the chocolate in the boiling water, mix in the order given, adding yolks and sugar to butter gradually, and beating thoroughly. Put together with chocolate icing.

—Mrs. G. A. Heidner.

## CHOCOLATE SUGAR CAKE.

## PART I.

½ cake sweet chocolate,	1 cup sugar,
¾ cup milk,	1 yolk of egg.

## PART II.

- |                            |                          |
|----------------------------|--------------------------|
| 1 cup sugar,               | 2 eggs; beat separate,   |
| 1 small tablespoon butter, | 2 large teaspoons baking |
| $\frac{3}{4}$ cup milk.    | powder.                  |
| 2 cups flour,              |                          |

Grate the chocolate into the milk, cook to a paste in double boiler then add sugar and unbeaten yolk, stir well, let cool slightly then add to part II. Bake in four layers, put together with boiled frosting and cover with chocolate frosting.—Mrs. Thomas Newton.

## MRS. SWEETNAM'S CHOCOLATE CAKE.

- |   |                                   |
|---|-----------------------------------|
| 2 cups medium brown sugar,  | 1 egg,                            |
| $\frac{1}{3}$ cup butter,   | 1 yolk of egg,                    |
| $\frac{1}{2}$ cake Baker's chocolate dissolved in little hot water. | $1\frac{1}{2}$ teaspoons vanilla, |
|   | $\frac{1}{2}$ cup sour milk,      |
|   | $\frac{1}{2}$ teaspoon soda.      |
|   | 2 scant cups flour.               |

Spread white frosting, flavored with vanilla, between the layers.

## CHEAP CREAM CAKE.

- |                      |                            |
|----------------------|----------------------------|
| 1 cup sugar,         | 2 heaping teaspoons baking |
| 1 tablespoon butter, | powder in                  |
| 1 egg,               | 2 scant cups flour,        |
| 1 cup sweet milk,    | Flavor to taste.           |

Divide into three parts and bake in shallow tins. Filling:

1 cup milk,	2 yolks of eggs, beaten,
2 tablespoons sugar,	1 teaspoon cornstarch.

Let the milk and sugar boil, then stir in the eggs and cornstarch. When cool, flavor and spread between the layers, using the whites of two eggs for frosting.

—Mrs. H. J. Wagner.

### COCOA CAKE.

$\frac{1}{2}$ cup butter,	6 level tablespoons cocoa,
1 cup sugar,	2 teaspoons baking powder,
3 eggs,	2 cups flour,
$\frac{3}{4}$ cup milk,	1 teaspoon vanilla.

Add the stiffly beaten whites of the eggs last. Bake in two layers and fill with whipped cream.

—Mrs. Carrie Rose.

### CONFECTIONER'S CAKE. (Fine.)

1 large cup sugar,	$\frac{1}{2}$ cup milk,
$\frac{1}{2}$ cup butter,	2 cups flour,
3 eggs,	2 teaspoons baking powder.

Stir all together, then divide the batter into two parts; to one part add one-half cup raisins and one-half teaspoon each, cinnamon, cloves and nutmeg. Bake on four jelly tins and place in alternate layers, light and dark, with frosting between.

—Mrs. Mary Owens.

## CREAM NUT CAKE.

1 cup sugar,	1 cup flour,
$\frac{1}{2}$ cup butter (scant),	2 teaspoons baking powder,
$\frac{1}{2}$ cup sweet milk,	4 whites of eggs.
$\frac{1}{2}$ cup cornstarch,	

Filling:

1 cup sour cream,	1 cup sugar,
1 cup chopped nuts,	1 teaspoon vanilla.

Boil until thick.

—Mrs. Fred Althaus.

## CREAM ROSE CAKE.

1 cup butter,	10 whites of eggs,
3 cups powdered sugar,	5 cups flour (scant),
1 small cup cream,	3 teaspoons baking powder.

Cream the butter and sugar, add the sweet cream and beat until the mixture is like whipped cream; then flavor with vanilla and add the stiffly beaten whites of the eggs and flour alternately. Put half in three layer tins, color the remainder a delicate pink with fruit coloring and bake in three layers.

Frosting and filling:

$1\frac{1}{2}$ cocoanuts,	$1\frac{1}{2}$ cups powdered sugar,
4 whites of eggs,	2 teaspoons rosewater.

Pare and grate the cocoanuts and beat the whites of the eggs to a stiff froth. —Mrs. Arthur Franckenberg.

## CREAM SPONGE CAKE.

$\frac{3}{4}$  cup sugar,  $\frac{1}{2}$  teaspoon baking powder,  
 2 tablespoons cold water,  $\frac{3}{4}$  cup flour.  
 2 eggs,

Bake in a quick oven, split and fill with whipped cream which has been sweetened to taste. —Mrs. E. C. Pors.

## DEVIL'S FOOD.

## PART I.

1 cup brown sugar,  $\frac{1}{2}$  cup grated chocolate.  
 $\frac{1}{2}$  cup milk,  
 Dissolve over the fire, but do not boil. When cool add to

## PART II.

1 cup brown sugar, 1 cup chopped raisins,  
 $\frac{1}{2}$  cup butter, 3 yolks of eggs,  
 $\frac{1}{2}$  cup sour milk, 1 teaspoon soda, sifted in  
 2 cups flour, the flour.

## FILLING.

1 egg yolk, Butter size of walnut,  
 1 tablespoon flour,  $\frac{1}{2}$  cup boiling water,  
 $\frac{1}{2}$  cup sugar,  $\frac{1}{2}$  cup nut meats.

Mix yolk, flour, sugar, and butter together, then turn into the boiling water and cook; while hot add hickory nut or walnut meats and when cool put between the layers.

—Mrs. W. E. Bennett.

## DEVIL'S FOOD.

- |                              |                             |
|------------------------------|-----------------------------|
| 2 cups light brown sugar,    | 1 teaspoon soda,            |
| $\frac{1}{2}$ cup butter,    | 1 square chocolate, grated, |
| 2 eggs,                      | 2 heaping cups flour.       |
| $\frac{1}{2}$ cup sour milk, |                             |

Dissolve chocolate and soda in boiling water, bake in two layers and fill with boiled frosting.

—Hattie Whiffin.

## DEVIL'S FOOD.

- |                           |                      |
|---------------------------|----------------------|
| 1 cup sugar,              | 1 teaspoon soda,     |
| $\frac{1}{2}$ cup butter, | 2 squares chocolate, |
| 2 eggs,                   | 2 cups flour,        |
| 1 cup sour milk,          | 1 teaspoon vanilla.  |

Cream the butter and sugar, add the beaten yolks, sour milk, soda dissolved in a little hot water, melted chocolate, flour, vanilla and the beaten whites last. Cover and fill with the following:

- |                              |                         |
|------------------------------|-------------------------|
| 2 tablespoons melted         | $\frac{1}{2}$ cup milk, |
| butter,                      | 1 cup powdered sugar,   |
| $\frac{1}{4}$ teaspoon salt, | 1 tablespoon cocoa.     |

Boil until thick enough to spread.

—Dorothy B. French.

## FIG CAKE.

1 cup raisins,	1 cup boiling water,
$\frac{1}{4}$ pound figs,	1 teaspoon soda.

Chop the raisins and figs fine, stir in the boiling water and soda and add to the cake batter last.

1 cup sugar,	2 cups flour,
$\frac{1}{2}$ cup butter,	1 teaspoon cinnamon,
1 egg,	$\frac{1}{2}$ teaspoon nutmeg.
1 yolk.	

Fill and cover with boiled icing. Nice also when made in loaf. —Nellie C.

## FLAKE CAKE.

$\frac{1}{2}$ cup butter,	1 teaspoon cloves,
$\frac{1}{2}$ cup brown sugar,	$\frac{1}{2}$ cup N. O. Molasses,
$\frac{1}{2}$ cup sour milk,	3 egg yolks,
1 teaspoon soda,	$\frac{2}{3}$ cup flour,
1 teaspoon cinnamon,	1 teaspoon vanilla.

Fill with fig filling. —Nellie M. Foote.

## GERMAN TART CAKE.

$\frac{1}{2}$ pound butter,	1 even teaspoon baking
$\frac{1}{4}$ pound sugar,	powder in
2 eggs, well beaten,	$\frac{3}{4}$ pound flour.

Cream the butter and sugar, mix like cookies, roll out into two layers and bake. Use equal parts of jelly and cream for filling, and sprinkle powdered sugar on top.

—Mrs. C. A. Weil.

## HICKORY NUT CAKE.

$\frac{1}{2}$ cup butter,	1 teaspoon baking powder,
1 cup powdered sugar,	$1\frac{1}{2}$ cups flour,
$\frac{1}{2}$ cup milk,	4 whites of eggs.
$\frac{3}{4}$ cup nuts, chopped fine,	

Cream the butter and sugar, add the other ingredients in the order given and bake. Filling and frosting:

$1\frac{1}{2}$ cups powdered sugar,	$\frac{3}{4}$ cup hickory nuts (chopped fine).
$\frac{1}{2}$ cup water,	

Boil the sugar and water until it creams when a little is stirred on a saucer. Beat and when partly cool add the nuts, then beat until cool enough to spread between the layers.

—Mrs. Arthur Franckenberg.

## HICKORY NUT CAKE.

$\frac{1}{2}$ cup butter (scant),	2 teaspoons baking powder,
$1\frac{1}{4}$ cups sugar,	2 cups flour,
3 yolks of eggs,	3 whites of eggs, beaten,
$\frac{1}{2}$ cup milk,	1 teaspoon vanilla.

Sift the sugar twice, cream the butter and sugar, sift the baking powder and flour together, then mix in the order given. Filling:

$\frac{1}{2}$ cup sour cream,	1 white of egg,
$\frac{1}{2}$ cup sugar,	1 cup nut meats.

Beat together, adding the finely chopped nuts last and spread between the layers.

—Minnie Wilmot.

## HOLLAND CAKE.

1 cup sugar,	$\frac{3}{4}$ cup sour milk,
1 cup molasses,	$\frac{1}{2}$ cup coffee,
4 tablespoons butter,	1 teaspoon soda in
2 beaten eggs,	$2\frac{1}{2}$ cups flour,
1 teaspoon each, cinnamon, cloves and nutmeg.	

Bake in three layers. Fill with boiled icing to which two beaten whites have been added. If preferred add fruit and bake in a loaf. —Mrs. Mark Hopkins.

## ICE CREAM CAKE.

Make a good sponge cake, bake half an inch thick in jelly pans and let get perfectly cold. Beat a pint of thick sweet cream until it looks like ice cream, make very sweet, and flavor with vanilla; blanch and chop a pound of almonds, stir into the cream and spread very thick between the layers. This is the queen of all cakes.—Mrs. Jennie Sackerson.

## LEMON CAKE.

$\frac{1}{2}$ cup butter and	$\frac{1}{2}$ cup milk,
1 cup sugar, creamed,	2 teaspoons baking powder,
3 eggs and	$2\frac{1}{2}$ cups flour.
2 yolks,	

## Filling:

$\frac{1}{2}$ cup water,	1 teaspoon butter,
2 lemons (juice and rind),	1 cup sugar, mixed with 1 tablespoon flour.

Cook till thick enough to spread.

—Mrs. Ernst Franckenberg.

## MARSHMALLOW CAKE.

18 whites of eggs,                    2 teaspoons cream tartar,  
 2¼ cups powdered sugar.   1½ cups flour (sifted three  
 1 teaspoon vanilla,                    times).

Beat the eggs very lightly, cut the sugar and flour in with a broad knife, beat, add the vanilla and bake in three deep layer pans, ungreased. Filling:

2 cups sugar,                            ½ pound marshmallows,  
 1 cup water,                            2 whites of eggs.

Boil sugar and water until it feathers, add the French marshmallows (broken into bits), and pour gradually over the beaten whites of the eggs. —Elizabeth Dunham.

## MARSHMALLOW CAKE.

1 cup sugar,                            2 teaspoons baking powder,  
 ½ cup butter,                           1½ cups Swansdown flour,  
 ½ cup milk,                              4 whites of eggs.

Sift the baking powder in the flour and fold in the stiffly beaten whites last. Bake in two layers. Fill and cover with a boiled icing to which has been added marshmallows made soft in a slow oven. Very nice, also, filled with a boiled icing to which one pound chopped dates have been added, the date filling spread on the cake first and the marshmallow filling over that. —Mrs. H. Schwab.

## MOLASSES LAYER CAKE.

1 cup molasses,	$\frac{1}{2}$ teaspoon cloves,
2 tablespoons shortening,	1 teaspoon soda in
2 tablespoons sugar,	1 cup hot water,
1 teaspoon vinegar,	$2\frac{1}{2}$ cups flour.
1 teaspoon cinnamon,	

Fill with boiled icing, with one teaspoon vinegar added.

—Mrs. F. Griesbach.

## NOUGAT CAKE.

1 cup powdered sugar,	$1\frac{1}{2}$ teaspoons baking powder,
$\frac{1}{2}$ cup butter,	2 cups flour,
$\frac{1}{2}$ cup milk,	4 whites of eggs; vanilla.

Bake in two layers. Filling:

1 pound chopped almonds,	$\frac{1}{2}$ cup sour cream,
1 lemon (juice),	Sugar to taste.

Mix thoroughly and cook until it begins to thicken. Let stand an hour before using. —Mrs. Alfred H. Weil.

## OLD-FASHIONED CREAM CAKE.

1 egg,	1 cup sugar; little salt,
1 yolk of egg,	1 teaspoon cream tartar,
Cream to fill the cup containing the eggs,	$\frac{1}{2}$ teaspoon soda,
	$1\frac{1}{2}$ cups flour.

Mix the white of one egg with three tablespoons of sugar for filling between the two layers.

—Mrs. Catherine Vestey.

## PRINCE OF WALES CAKE.

1 cup brown sugar,	$\frac{1}{2}$ teaspoon cinnamon,
$\frac{1}{2}$ cup butter,	2 tablespoons Karo
2 eggs,	syrup,
$\frac{1}{2}$ cup raisins (chopped, boiled and cooled),	1 teaspoon soda,
$\frac{1}{2}$ teaspoon allspice,	1 cup buttermilk or
$\frac{1}{2}$ teaspoon cloves,	sour milk,
	1 cup flour.

Bake in layers, fill with custard filling and cover with white frosting.

—Katherine E. Foote.

## RAILROAD CAKE.

1 cup sugar,	$1\frac{1}{2}$ teaspoons baking powder
3 tablespoons melted butter,	$1\frac{1}{2}$ cups flour,
2 eggs,	$\frac{1}{2}$ cup sweet milk,
	Flavor to taste,
Mix, stir five minutes, bake in loaf or layers.	

—Mrs. C. H. Miller.

## RAISIN CAKE.

1 cup sugar,	$1\frac{1}{2}$ cups flour,
$\frac{1}{2}$ cup butter,	$\frac{1}{2}$ teaspoon baking powder,
2 eggs,	1 cup chopped raisins,
$\frac{1}{2}$ cup sour milk,	1 teaspoon cinnamon.
$\frac{1}{2}$ teaspoon soda,	
Bake in two layers.	—Mrs. Henry Schneiss.

## RIBBON CAKE.

1 cup butter,	1 cup milk,
2 cups sugar,	2 teaspoons baking powder,
4 eggs (beaten separate),	3½ cups flour.

Divide the batter into three parts; to one part add

½ cup raisins (chopped),	1 teaspoon cinnamon,
1 cup currants,	3 teaspoons molasses.
¼ pound sliced citron,	

Dredge the fruit with flour. Put the dark layer between the light layers, fill with currant jelly, and frost with plain boiled frosting.

—Miss Martha Miller Ott.

## SPICE CAKE.

2 cups brown sugar,	1 teaspoon nutmeg,
½ cup butter,	1 teaspoon cloves,
2 eggs,	1 teaspoon cinnamon,
2 yolks,	1 teaspoon soda,
½ cup sour milk,	2 cups flour.

Beat the sugar, butter and eggs together until smooth, then add the remaining ingredients, bake in three layers and put together with white frosting. —Mrs. P. W. Harns.

## THANKSGIVING CAKE.

2 cups sugar,	2 teaspoons baking powder,
$\frac{2}{3}$ cup butter,	3 cups flour.
3 eggs,	1 teaspoon vanilla.
1 cup sweet milk,	

Divide the batter and add to one part—

1 tablespoon molasses,	$\frac{1}{2}$ teaspoon cloves,
1 cup raisins (chopped),	$\frac{1}{2}$ teaspoon allspice,
$\frac{1}{4}$ pound citron	Little nutmeg,
(chopped),	1 tablespoon flour,
1 teaspoon cinnamon,	stirred in fruit.

Bake in layers and put together with currant jelly, alternating the light and dark layers. Cover with white frosting. Very nice. —Elizabeth Dunham.

## TUTTI FRUTTI CAKE.

$\frac{1}{2}$ cup butter,	2 teaspoons baking powder,
$1\frac{1}{2}$ cups sugar,	$2\frac{1}{2}$ cups flour,
1 cup water,	4 whites of eggs.

Cream the butter, add sugar, beat well, add water and flour, beat thoroughly five minutes, add baking powder, stir in carefully beaten whites of eggs, bake in moderate oven.

Filling: Chop fine ten cents' worth each of candied pineapples, cherries, green gages, walnuts and almonds. Make a boiled icing, and when cool add the fruit and place between the layers.

## WALNUT CAKE.

1 pound walnuts (leave out sixteen halves for the top),  
 1 cup powdered sugar,  
 $\frac{3}{4}$  cup crackers (rolled fine),  
 8 eggs,  
 1 teaspoon baking powder.

Cream the yolks of the eggs and the sugar, add the beaten whites of the eggs, crackers mixed with the finely chopped nuts and baking powder. Bake in three layers in a slow oven. Filling:

2 cups milk,  
 Cornstarch to thicken,  
 2 yolks of eggs,  
 $\frac{1}{2}$  cup sugar, vanilla.

Stir powdered sugar with a little water, spread on the top and put on the walnut halves.

—Mrs. Arthur Franckenberg.

## WHITE LAYER CAKE.

$\frac{1}{2}$  cup butter,  
 2 cups sugar,  
 1 cup water,  
 $2\frac{1}{2}$  cups flour,  
 1 teaspoon baking powder,  
 Flavoring,  
 5 whites of eggs.

Sift the flour and baking powder together, cream the butter and sugar, add the water and flour alternately, a little at a time, then add the flavoring, and whites of the eggs which

have been beaten very light. Bake in two layers and fill with the following cream filling.

$\frac{1}{2}$ pint sweet cream,	1 teaspoon cornstarch,
3 egg yolks,	$\frac{1}{2}$ pound almonds, chopped
1 tablespoon sugar,	fine.

Boil until thick, stirring continually, spread between layers, frost the top, then put on almonds split in two.

—Mrs. O. B. Coombe.

#### ALMOND FILLING.

$\frac{1}{2}$ pound almonds,	$\frac{1}{2}$ cup thick sour cream,
1 cup sugar,	2 teaspoons rose water.
Chop the almonds fine.	—Mrs. C. R. Schleifer.

#### APPLE FILLING.

1 white of egg,	1 large sour apple.
$\frac{1}{2}$ cup powdered sugar,	
Beat the egg stiff, add the sugar and stir the grated apple in slowly.	—Rose Kuelthau.

#### APPLE LEMON FILLING.

2 sour apples, grated,	1 cup sugar.
1 lemon, juice and rind,	
Cook till like jelly,	—Lena Brown.

## BANANA FILLING.

Peel and mash six ripe bananas to a pulp, sweeten, flavor with lemon and whip smooth.

## BANANA FILLING.

Stir two bananas, mashed fine, into a pint of whipped cream and flavor with orange juice.

## BITTER-SWEET FROSTING.

1 cup confectioner's sugar,	$\frac{1}{2}$ cup granulated sugar, 1 cup cream.
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Boil until thick, then beat and flavor with vanilla; spread on cake; then melt two squares of bitter chocolate and spread over the top.

—Mrs. E. Weininger.

## BOILED ICING.

1 cup granulated sugar,	1 white of egg.
4 tablespoons water,	

Boil sugar and water without stirring until it threads, then pour the boiling syrup over the beaten white of the egg in a fine stream, beating constantly until cool enough to spread. This is a foundation for many frostings, and when made right is very fine.

## CARMEL FILLING. (Fine.)

1 cup brown sugar,	1 egg,
1 cup white sugar,	2 teaspoons melted butter,
1 teaspoon vanilla,	$\frac{1}{2}$ cup sweet cream.

Beat all together until smooth, cook until thick enough to spread; let cool before putting on the cake.

—Mrs. A. Husting.

## CHOCOLATE FILLING.

Make a boiled icing and while hot add grated chocolate and one-half teaspoon vanilla; beat until cool enough to spread.

## CHOCOLATE FILLING.

$\frac{1}{3}$ cup milk,	$\frac{1}{3}$ cup chocolate.
1 cup sugar,	

Boil the milk, add the sugar and melted chocolate; cook until thick enough to spread.

Mrs. M. R. Ross.

## CHOCOLATE FROSTING.

$\frac{1}{4}$ cup sweet chocolate,	$\frac{1}{3}$ cup butter,
2 scant cups sugar,	$\frac{1}{2}$ cup hickory nuts.
1 scant cup milk,	

Chop the nut meats fine, stir together, boil till it will make a soft ball when dropped in cold water, remove from fire and stir until cool enough to spread.

—Mrs. A. A. Blandin.

## CHOCOLATE FROSTING.

1 cup powdered sugar,      3 tablespoons chocolate,  
1 teaspoon vanilla,      3 tablespoons hot water.

## CHOCOLATE FROSTING.

$\frac{1}{2}$  cup milk,      1 white of egg,  
1 cup sugar,       $\frac{1}{4}$  cup chocolate.

Boil the milk and sugar, add the chocolate stirred into the white of the egg, and beat until cold.—Mrs. Smith.

## CHOCOLATE FROSTING.

1 cake sweet chocolate,      4 whites of eggs, beaten.  
 $\frac{1}{2}$  cup powdered sugar,

Grate the chocolate, stir all together, spread on cake and put in the oven five minutes.      —Mrs. A. Husting.

## CHOCOLATE FROSTING.

Stir one egg, just enough to mix white and yolk, add sifted powdered sugar, a little at a time, until quite stiff; to this add, gradually, about three tablespoons melted chocolate. If too thick to spread on cake, thin with a little water. Spread on smooth with a knife dipped in cold water.

—Mrs. F. A. Whalen, Utah.

## COCOANUT FILLING.

$\frac{1}{2}$ pound cocoanut,	1 white of egg,
1 cup cream,	Little cornstarch.
Sugar to taste,	

Stir cocoanut, cream and sugar together, let stand on the back of the stove to simmer until soft, then stir in the beaten white of the egg and a little cornstarch.

—Mrs. Portz.

## COCOANUT FRUIT FILLING.

$\frac{1}{2}$ cup cocoanut,	$\frac{1}{2}$ cup chopped raisins,
$\frac{1}{2}$ cup almonds, ground,	1 white of egg, beaten.

## COFFEE CAKE DRESSING.

Cook one-half pound prunes and one-half pound apples (dried or green) until tender, press through a sieve, mix thoroughly, sweeten to taste, spread on coffee cake and bake.

—Margaret Ruhl.

## COOKED ICING.

9 tablespoons sugar,	1 white of egg,
1 teaspoon cornstarch,	3 tablespoons cold water.

Stir the heaping tablespoons of sugar and cornstarch together, add the water, stir well, boil two minutes, then, while hot, pour over the stiffly beaten white of the egg and beat until perfectly smooth and white.

—Mrs. Ralph H. Norris.

## CREAM FILLING.

1 cup sweet milk,	$\frac{1}{3}$ cup butter,
1 beaten egg,	1 tablespoon corn starch,
$\frac{1}{2}$ cup sugar,	1 teaspoon lemon extract.

Stir the egg, sugar, butter and cornstarch together, turn into the boiling milk and boil till thick; when cool add the extract.

—Mrs. A. A. Blandin.

## CREAM FILLING.

2 eggs,	Butter, size of half egg,
$\frac{1}{2}$ cup sugar,	1 pint milk.
$\frac{1}{4}$ cup flour,	

Stir eggs, sugar, flour and butter together, add to boiling milk, cook till it thickens, then cool, flavor and spread.

—Mrs. H. B. Hitz.

## CREAM FROSTING.

Into two tablespoons of cream stir sifted confectioners' sugar, a little at a time, keeping it very smooth. Keep adding cream and sugar until there is enough to spread thickly over the cake, making it just thick enough to spread. Flavor with vanilla. It will cut nicely without crumbling, when cold, and keeps well.

—Sara Barney.

## CUSTARD FILLING.

1 quart milk,                      4 tablespoons sugar,  
 2 tablespoons cornstarch,     $\frac{1}{2}$  teaspoon salt,  
 2 beaten eggs,                      Little butter.

Mix the cornstarch smooth with a little of the milk, flavor, heat the remainder of the milk to near boiling, add gradually a mixture made of the cornstarch, eggs, sugar, salt and butter, then boil two minutes, stirring briskly.

—Mrs. H. Gerlach.

## DELICIOUS CAKE FILLING.

1 pound seeded raisins,    1 pound blanched almonds.  
 $\frac{3}{4}$  pound figs,

Chop the ingredients together very fine, stir into boiled icing and spread thickly between two layers of cake, baked in a long or square pan.

—Mrs. W. P. Rix.

## FILLING.

Make a boiled icing and add:

$\frac{1}{2}$  cup raisins, chopped,    1 tablespoon cocoanut,  
 $\frac{1}{2}$  cup walnuts, chopped,     $\frac{1}{4}$  teaspoon vanilla.

—Mrs. Charles A. Silberzahn.

## FIG FILLING.

Beat whites of two eggs with one cup powdered sugar. Spread a thin coat of icing on each layer, then a layer of split figs, then more icing, another cake layer, etc., finishing by icing the top.

—Mrs. A. Husting.

## FIG FILLING.

$\frac{1}{2}$ pound figs,	$\frac{1}{2}$ cup cream.
$\frac{1}{2}$ cup sugar,	
Cook slowly till thick.	—Margaret Ruhl.

## FIG FILLING.

$\frac{1}{4}$ pound figs,	1 cup sweet cream,
$\frac{3}{4}$ cup sugar,	Little salt,
1 cup hickory nuts,	Pinch of cornstarch.

Cut the figs fine, soak them in cold water until soft or boil them until tender, then mash fine, add the sugar, nuts, salt and cream and boil about five minutes; while boiling add a pinch of cornstarch dissolved in water, or a tablespoon of lemon filling.

—Mrs. Portz.



## ICING. (Fine.)

1½ cups sugar,	1 teaspoon vanilla,
½ cup milk,	2 ounces chocolate.

Boil the granulated sugar and milk four or five minutes, stir till thick, add the vanilla, spread on the cake and when cold, cover with the melted chocolate.

—Mrs. H. B. Hitz.

## LEMON FILLING.

1 cup sugar,	1 beaten egg,
1 lemon,	1 tablespoon cornstarch.

Put the heaping tablespoon cornstarch in a cup and dissolve in a little cold water then fill the cup with boiling water. Stir the sugar, grated rind and juice of the lemon and egg together, add to the cup of cornstarch and boil up once.

—Mrs. C. E. Mermuys.

## LEMON FILLING.

1 cup sugar,	1½ tablespoons flour,
1 yolk of egg,	1 lemon, juice and rind.

Stir together and let come to a boil. —Mrs. Portz.

## MAPLE FILLING.

2 cups maple sugar,	3 tablespoons butter.
⅔ cup sweet milk,	

Boil together, then beat five or ten minutes.

## NUT FILLING.

1 cup milk,	1 teaspoon cornstarch,
3 yolks of eggs,	1 cup nut meats.
1 tablespoon sugar,	

Mix the eggs, sugar, cornstarch and nuts, stir into the boiling milk, cook until thick.

—Mrs. Rafferty.

## MARSHMALLOW FILLING.

2 cups sugar,	2 whites of eggs,
$\frac{1}{2}$ cup water,	16 marshmallows.

Make a boiled icing with the granulated sugar, water and stiffly beaten whites of the eggs, beat well and add the marshmallows, which have been baked in a slow oven until soft and puffy, but not brown; beat until smooth. When cool, place between layers.

—Hilda Wolfrum.

## MARSHMALLOW FILLING.

1 ounce gum arabic,	2 whites of eggs,
4 tablespoons water,	1 teaspoon vanilla,
1 cup granulated sugar,	$\frac{1}{4}$ pound macaroons.

Soak the gum arabic in the cold water, dissolve over a fire, strain, add the sugar and cook in a double boiler one-half hour or until thick as honey. Beat the whites of the eggs stiff, add the vanilla, and marshmallows softened in the oven until they mix without coloring; add to the mixture in the double boiler and beat until thick and spongy. When cold put between layers of cake.

## ORANGE FILLING.

1½ cups sugar,	2 whites of eggs,
½ cup water,	1 orange.

Boil the sugar with the water until it will form a soft ball in cold water, then pour slowly on the beaten whites of the eggs, heating briskly all the time, add the grated rind and strained juice of the orange and continue beating until the mixture is stiff and smooth enough to spread.

## ORANGE ICING.

1 white of egg,	12 tablespoons powdered
1 orange (rind and juice),	sugar.

Beat together without cooking. —Mrs. P. W. Harns.

## PRINCE BICKLER. (Fine.)

1 cup shelled peanuts,	1 cup whipped cream,
1 cup sugar,	Vanilla flavor.

Spread the peanuts on a platter; put the sugar in a spider over the fire and stir constantly until dissolved, then turn it over the peanuts and when the mixture is cold break it into small pieces, put through the almond grinder and mix with the cream flavored with vanilla.

—H. H. Sauerhering.

## RAISIN FILLING.

1 cup sugar,  $\frac{1}{2}$  cup chopped raisins,  
5 tablespoons hot water,  $\frac{1}{2}$  cup nuts.

Let the sugar and water come to a boil, then pour it over the raisins and nuts and when cool spread between layers.

—Mrs. Fred Althaus.

## SOUR CREAM FILLING.

1 cup sour cream,  $\frac{1}{2}$  teaspoon cornstarch,  
2 eggs, 2 squares Baker's chocolate,  
3 tablespoons sugar, 1 cup chopped walnuts.

Stir eggs and sugar together, add cream and corn starch, cook till thick, add chocolate which has been grated and melted over water, remove from fire and add walnuts.

—Mrs. Charles Fechter, Manitowoc.

## SOUR CREAM FILLING.

1 cup sour cream, 1 teaspoon vanilla,  
1 cup sugar,

Boil cream and sugar about an hour, cool, then add vanilla.

—Mrs. Wm. Hoyer.

## SWEET CREAM FILLING.

1 cup sugar, 1 bar chocolate,  
 $\frac{1}{2}$  cup cream,

Boil together and beat until cool enough to spread.

—Mrs. Simon.

## WHIPPED CREAM FILLING.

One cup thick sweet cream (ice cold) whipped until stiff, and flavored. Beaten white of one egg folded into whipped cream makes a nice addition.

## WHITE FROSTING.

Add confectioners' sugar to the unbeaten white of one egg until thick enough to spread. Flavor as desired.

## WHITE FROSTING.

4 tablespoons milk,                      1 cup sugar,  
4 tablespoons cream,

Boil until it threads then beat until cool enough to spread.                                      —Mrs. R. N. Seward.

## ALMOND STICKS.

8 eggs,    4 teaspoons baking powder,  
4 cups sugar,                                      Butter, size of egg,  
 $\frac{1}{2}$  pound almonds,                                      Pinch of salt,  
3 teaspoons ground anise                      Flour to mix stiff.  
 $\frac{1}{4}$  pound citron,

Blanch the almonds, then chop the citron and almonds together fine; mix all the ingredients except the whites of the eggs, thoroughly, then add the beaten whites, and work in as much flour as possible; mould into two loaves, each about fourteen inches long, four inches wide and two inches deep, cover with a cloth and let stand until morning, then slice thin, put in tin, not too close together and bake.

—Mrs. C. E. Mermuys.

#### BERLINER PFANNKUCHEN. (Raised Doughnuts.)

Make a batter of two cents' worth of yeast, one cup of water, and flour; let rise. Rub together half a pound of butter, half a cup of sugar and the yolks of three eggs; add this with one quart of warm milk and one tablespoon of lemon extract, to the raised batter, also the whites of the eggs, well beaten, and flour enough to make a soft dough like coffee cake. Beat well together with the hand for fifteen minutes; let rise. The balls are formed by taking a tablespoon of the light, soft dough and dropping it on a well-floured board; flour the top well, pat out a little to flatten slightly, drop half a teaspoon of jelly on it, gather the dough around the jelly to form a ball and turn upside down on a well-floured board; let rise for half an hour in a warm place, then drop in smoking lard and fry like doughnuts. It may need practice to make these satisfactory, but they are delicious when well made.

—Mrs. Henry Wahle.

## BLITZ KUCHEN.

1 pound sugar,	8 eggs,
$\frac{1}{2}$ pound butter,	1 pound flour.

Stir sugar, butter and yolks together well then add the stiffly beaten whites and flour. Bake in a long tin and cover with sugar, cinnamon and chopped almonds. Cut and serve while warm. —Mrs. A. Husting.

## BLITZ KUCHEN.

$\frac{1}{2}$ cup sugar,	4 tablespoons milk,
$\frac{1}{2}$ cup butter,	1 teaspoon baking powder,
4 egg yolks,	1 cup flour.

Sift baking powder and flour together, bake quite brown; cut while warm, then frost with the whites of four eggs beaten with one cup of sugar; sprinkle rolled walnuts over.

—Mrs. H. Schwab.

## CHEESE FINGERS.

1 tablespoon butter,	$\frac{1}{2}$ teaspoon baking powder,
1 cup flour,	$\frac{1}{3}$ to $\frac{1}{2}$ cup of water,
$\frac{1}{3}$ cup grated cheese,	Little cayenne pepper.
1 saltspoon salt,	

Chop the butter into the flour and when fine as meal stir in the other ingredients using water enough to mix to the consistency of biscuit; roll thin, cut in strips and bake a light brown in a moderate oven from ten to fifteen minutes. Nice to serve warm for luncheon or with salad. —Mrs. Paul Rix.

## CHEESE STRAWS.

- |                              |                          |
|------------------------------|--------------------------|
| 1 cup flour,                 | Pinch of cayenne pepper, |
| 1 cup grated cheese,         | Butter, size of an egg,  |
| $\frac{1}{4}$ teaspoon salt, |                          |

Add enough water to make a dough, roll thin, cut in narrow strips and bake from five to ten minutes in a hot oven. Usually served with lettuce or celery.

—Mrs. P. W. Harns.

## CHOCOLATE JUMBLES.

- |                           |                          |
|---------------------------|--------------------------|
| $\frac{3}{4}$ cup butter, | 1 teaspoon soda,         |
| 2 cups sugar,             | 1 teaspoon cream tartar, |
| 4 eggs,                   | Little salt in           |
| 2 cups grated chocolate,  | 3 cups flour.            |

—Mrs. A. M. Wagner.

## CINNAMON DROPS.

- |                        |                                  |
|------------------------|----------------------------------|
| 1 cup sugar,           | $\frac{1}{2}$ cup boiling water, |
| 1 cup lard,            | 1 teaspoon soda,                 |
| 2 cups N. O. molasses, | 7 cups flour.                    |
| 3 eggs,                |                                  |

Beat in the eggs one at a time. Drop from a teaspoon into one half cup sugar mixed with one tablespoon ground cinnamon and when covered with the mixture put in a pan and bake in a moderate oven.

—Mrs. T. F. Volk.

## CINNAMON STARS.

1 pound sugar,	1 tablespoon cinnamon,
8 whites of eggs,	1 pound almonds.

Stir the sugar, eggs, and cinnamon together one hour, then put six tablespoonfuls in a separate dish for frosting; to the remainder add the grated, unblanched almonds, mix well, roll out upon a moulding board strewn with flour and sugar, form with a star, frost and bake on buttered tins.

—Mrs. Andrew Pick.

## COCOANUT CAKES.

Stir the grated meat of two cocoanuts, their weight in loaf sugar, one cup of flour, and whites of two eggs together, shape into balls and bake twenty minutes.

## CREAM PUFFS.

$\frac{2}{3}$ cup butter in	$1\frac{1}{2}$ cups flour,
$\frac{1}{2}$ pint boiling water,	5 eggs,

Stir the flour in the boiling water; turn into a dish, add yolks without beating, and whites beaten dry, at the same time. Stir well, drop on buttered tins, bake half an hour in a quick oven. Fill with

2 eggs,	1 cup sugar,
$\frac{2}{3}$ cup flour,	1 pint milk.

Beat the eggs, flour and sugar together and stir into the boiling milk. When partially cool, flavor with lemon.

—Mrs. A. Husting.

## CREAM PUFFS.

1 large teacup hot water,    1 teacup flour,  
½ teacup butter,                4 eggs, beaten.

Stir the flour into the boiling water and butter. Set aside to cool and, when cold, stir in the unbeaten eggs, one at a time. Drop in muffin tins and bake in a fairly hot oven. When baked, fill with beaten cream, sweetened to taste and flavored with vanilla. —Mrs. Henry Krieger.

## CREAM PUFFS.

1 cup boiling water,            3 eggs, beaten,  
½ cup butter,                    Small pinch of soda.  
1 cup pastry flour,

Pour the water over the butter; as soon as it boils and the butter is melted, stir in the flour and keep stirring until it cleaves from the pan. Let cool, stir in the eggs and soda, drop on the buttered pans and bake thirty minutes; do not open the oven door for twenty minutes, for fear they will fall. Fill with whipped cream, sweetened and flavored.

—Mrs. P. W. Harns.

## CREAM PUFFS.

Beat the whites of four eggs stiff, add one cup of sugar, beat well, drop on paper and bake one hour in a slow oven. Fill with whipped cream. —Mrs. J. Wiley.

## CREAM PUFFS.

To the unbeaten whites of two eggs add powdered sugar to make very stiff, and three teaspoons baking powder; drop from a teaspoon on paper spread on the bottom of a tin and bake. Fill with whipped cream. —Mrs. Val. Wollner.

## COMFITS.

2 eggs beaten light,	1 teaspoon vanilla,
1 cup sugar,	2 heaping teaspoons baking
1 cup sweet milk,	powder,
$\frac{1}{2}$ teaspoon salt,	3 cups flour.

Beat all together until smooth. Drop one-half tablespoon at a time into hot lard. Roll in powdered sugar.

## CRULLERS.

1 cup sugar,	2 eggs,
1 teaspoon cream tartar,	4 cups flour,
1 teaspoon soda in	1 teaspoon vanilla,
1 cup sour cream,	Little nutmeg.

Cut round and fry like doughnuts. If preferred, one cup of sweet milk may be used in place of the eggs.

—Mrs. V. Schrap.

## DOUGHNUTS.

2 cups sour milk,	1 teaspoon soda,
2 cups sugar,	2 eggs,
4 dessert spoons melted	Flour to mix soft.
lard,	—Mrs. Ben Wheeler.

## DOUGHNUTS. (Fine.)

1½ cups sugar,	6 cups flour,
4 eggs,	1 teaspoon salt,
3 teaspoons baking powder,	Butter size half an egg,
	Milk to moisten.

Reserve one-half cup of the flour to use on the board in rolling out, then sift the salt and baking powder into the remainder of the flour, rub in the butter the same as for pie crust, beat the eggs and sugar together, rub into the flour and butter, and moisten with sweet milk (about one and one-third cups) until soft enough to mould. If preferred, only one cup of sugar may be used. —Mrs. E. Kirkham.

## DOUGHNUTS.

1 cup sugar,	1 teaspoon baking powder,
2 cups sour milk,	2 eggs,
1 small teaspoon soda,	1 tablespoon molasses.
Flour enough to roll out.	

—Mrs. A. H. Smith.

## DOUGHNUTS.

1 cup sugar,	4 dessert spoons melted lard,
1 teaspoon soda in	
1 cup sour milk,	Flour to mix soft.
2 eggs,	

—Mrs. F. Althaus.

## DOUGHNUTS.

- |  |                           |
|--|---------------------------|
| 1 cup sugar                                  | 3 eggs,                   |
| $\frac{1}{2}$ cup sour cream,<br>filled with | 1 even teaspoon soda,     |
| $\frac{1}{2}$ cup thick sour milk,           | 1 teaspoon baking powder, |
|  | Salt and nutmeg.          |
- Flour to mix soft; while frying turn the cakes often.  
—Mrs. Thomas Hughes.

## DOUGHNUTS.

- |   |   |
|---|---|
| $\frac{1}{2}$ cup sugar,  | 1 egg; salt,  |
| 3 tablespoons sweet<br>cream in a cup; fill<br>with sweet milk, | 2 cups flour<br>1 teaspoon baking powder,<br>Nutmeg flavor, |
- Makes twenty doughnuts.  
—Mrs. P. F. Goodrich.

## LITTLE DOUGHNUTS.

- |   |  |
|---|--|
| 2 eggs,                                 | 3 tablespoons melted butter,                                       |
| 6 tablespoons sugar,                    | 2 teaspoons cream tartar in<br>flour enough to make soft<br>dough. |
| 1 teaspoon soda in<br>1 cup sweet milk, |  |
- Cut round and fry.  
—Minnie Brecker.

## MOTHER'S DOUGHNUTS.

1 cup sugar,	3 tablespoons melted butter,
3 eggs,	3 teaspoons baking powder,
1 cup sweet milk,	Little salt,
Flour to mix soft,	Nutmeg flavor.

Mix very soft, then use one-half cup flour on the board in rolling out. After frying, roll in sugar.

## POTATO DOUGHNUTS.

2 eggs,	2 tablespoons melted butter,
1 cup mashed potato,	4 teaspoons baking powder,
$\frac{1}{2}$ cup sweet milk,	$\frac{1}{4}$ teaspoon ginger,
1 cup sugar,	Flour to mix soft.

Beat the whites and yolks separately, then beat them together, put the potatoes through a ricer, add the milk, then put through the ricer again, add the sugar, eggs, ginger and flour to which the level teaspoons of baking powder have been added.

—Mrs. Thomas Higgins.

## RAISED DOUGHNUTS. (Fine.)

1 cup sugar,	1 yeast cake,
3 cups milk,	Flour to make soft sponge.

Mix and let stand over night; in the morning add

1 cup sugar,	$\frac{1}{2}$ a nutmeg,
$\frac{1}{2}$ cup butter,	$\frac{1}{2}$ teaspoon soda,
3 eggs	Flour to mix stiff.

Let rise, then roll and cut in shape desired, or roll into long strips and twist into shape; let rise again while the lard is heating and then fry. Raised doughnuts require longer cooking.

—Mrs. Hortense Mooers.

### SOUR CREAM DOUGHNUTS.

5 tablespoons sour cream,	$\frac{1}{4}$ teaspoon cinnamon,
1 cup milk,	$\frac{1}{4}$ teaspoon nutmeg,
1 cup sugar,	1 teaspoon baking powder,
2 eggs, little salt,	1 pint flour.
1 teaspoon soda,	
Mix soft as possible.	—Mrs. B. S. Potter.

### FRIED CAKES.

1 cup sugar,	1 teaspoon soda,
1 tablespoon lard,	1 teaspoon baking powder,
2 eggs,	Salt and nutmeg,
1 cup sour milk,	Flour to roll soft.

Cream the lard and sugar, sift the soda, baking powder and flour together; mix in the order given and fry in very hot lard.

—Mrs. P. W. Harns.

### GERMAN ALMOND CAKES.

$\frac{1}{2}$ cup sugar,	1 teaspoon baking powder in
$\frac{1}{2}$ cup butter,	$1\frac{1}{2}$ pints flour.
5 yolks of eggs,	

Glaze with white of egg mixed with sugar and chopped almonds.

—Mrs. A. M. Wagner.

## GINGER DROP CAKES.

1 cup N. O. molasses,	$\frac{1}{2}$ teaspoon of salt,
$\frac{1}{2}$ cup butter or lard,	1 teaspoon ginger,
$\frac{1}{2}$ cup brown sugar,	1 teaspoon cinnamon,
$\frac{1}{2}$ cup boiling water,	1 teaspoon soda,
1 egg,	$3\frac{1}{2}$ cups flour.

Drop teaspoons of dough, two inches apart, in tins; when baked, roll in granulated sugar. —Mrs. F. M. Schuler.

## DROP CAKES.

$1\frac{1}{2}$ cups brown sugar,	1 teaspoon soda,
1 cup butter,	1 teaspoon cinnamon,
$2\frac{1}{2}$ cups flour,	1 pound walnuts, ground,
3 beaten eggs,	$\frac{3}{4}$ pound raisins.

Drop from teaspoon on outside of baking tin and bake in a slow oven. —Mrs. John Meyer.

## DROP CAKES.

1 cup sugar,	$\frac{1}{2}$ teaspoon nutmeg,
$\frac{1}{2}$ cup lard,	$\frac{1}{2}$ teaspoon salt,
1 egg,	1 teaspoon baking powder
$\frac{1}{2}$ teaspoon soda in	sifted in
1 cup buttermilk,	3 cups flour.

Bake in gem pans. Makes eighteen cakes.

—Mrs. G. A. Knoller.

## HIMMEL FUTTER.

6 eggs,	$\frac{1}{2}$ pound grated almonds,
$1\frac{1}{2}$ cups sugar,	1 teaspoon baking powder,
$\frac{1}{2}$ pound dates,	1 heaping tablespoon flour.

After dates have been washed and stoned, put them on a tin plate in the oven to heat, then smooth with a knife until mashed. Beat yolks, add sugar, dates, almonds, flour containing the baking powder and the stiffly beaten whites; bake in jelly tins, spring form. Spread custard between the layers and whipped cream on top.

## CUSTARD FOR HIMMEL FUTTER.

1 cup milk,	1 teaspoon cornstarch stirred
1 beaten egg,	smooth in water,
$\frac{1}{2}$ cup sugar,	1 lemon (juice and rind).
	—Mrs. P. W. Harns.

## HONEY CAKES.

3 pints molasses,	2 tablespoons soda,
1 pint honey,	1 pound rye flour,
4 eggs; spices to suit,	1 cup chopped nuts.

Stir the nuts into a part of the rye flour; mix in the order given and add wheat flour enough to roll out. Cut in oblong pieces and bake.

—Mrs. A. M. Wagner.

## HONEY CAKES.

3 pounds honey,	1 pound sugar,
$\frac{1}{2}$ pound butter,	3 teaspoons cinnamon,
3 teaspoons baking powder.	1 teaspoon cloves,
1 lemon (juice and rind),	2 cents worth anise,
	Little citron; nutmeg.

Put the honey, sugar and butter in a basin over the fire and stir till it boils, then stir in flour until it does not stick to the basin, add the dissolved baking powder and remaining ingredients and bake in a hot oven. —Mrs. Joseph Ott.

## LADY FINGERS.

16 eggs,	$1\frac{1}{2}$ pounds flour,
$1\frac{1}{2}$ pounds sugar,	Flavoring; salt.

Beat eggs and sugar stiff, then add the flour, flavoring and salt, pour into forms three inches long and nearly an inch wide. Bake in a quick oven. This mixture makes nice sponge drops if dropped on buttered pans and baked.

—Mrs. A. O. Norris.

## LEMON CHEESE CAKES. (A Pioneer Recipe.)

Squeeze the juice of two good sized lemons upon half a pound of boiling butter, then pour the mixture on the grated rinds of the lemons, add the yolks of five eggs and the whites of two, stir all together, while warm, with about half a pound of sugar. Bake in pie crust in small tins in a quick oven.

—Mrs. Catherine Vestey.

## MACAROONS.

$\frac{1}{4}$ pound citron,	1 pound powdered sugar,
1 cup almonds,	2 teaspoons baking powder,
4 eggs,	1 pound flour.
Drop on tins and bake.	Mrs. John Meyer.

## OATMEAL DROP CAKES.

1 cup sugar,	1 teaspoon cinnamon,
1 cup lard,	2 cups oatmeal,
$\frac{1}{2}$ teaspoon soda in	2 cups flour,
6 tablespoons sour milk,	1 cup raisins,
1 teaspoon cloves,	$\frac{2}{3}$ cup nuts. —May Bilstad.

## ORIGINAL PIE CAKE.

Line muffin tins with flaky pie-crust. Put in each a tablespoon of raspberry jam and cover with a spoonful of plain cake batter, made as follows:

1 cup sugar,	$\frac{1}{2}$ cup sweet milk,
1 tablespoon butter,	$1\frac{1}{2}$ teaspoons baking powder,
2 eggs,	$1\frac{1}{2}$ cups flour,

Bake twenty minutes in a moderate oven.

—Minnie Wilmot.

## PEPPER CAKES.

1 pound butter,	1 teaspoon ginger,
1 pound lard (scant),	1 teaspoon Katamung,
1 quart molasses,	1 teaspoon anise,
1 teaspoon cinnamon,	1 teaspoon nutmeg,
1 teaspoon cloves,	1 or more eggs,
1 teaspoon allspice,	$\frac{1}{2}$ teaspoon soda.

Melt the butter and lard in the syrup, take from the stove, add the spices and egg, then add the soda, dissolved in a little sour cream, and stir in enough rye or wheat flour to make a stiff dough. Roll thin, cut like cookies, and, after strewing with almonds and citron (chopped fine), glaze with white of egg, and bake in a moderate oven. Part of the dough may be reserved and one pound of blanched almonds and one-half pound of citron (cut fine) added. Roll out about an inch in thickness, cut in inch squares, and place close together in baking tins. Glaze with white of egg and bake.

—Mrs. W. P. Rix.

## PEPPER NUTS.

1 quart molasses,	2 tablespoons cloves
2 pounds brown sugar,	2 tablespoons allspice,
2 pounds butter,	2 tablespoons cinnamon,
1 teaspoon pepper,	2 teaspoons soda,
1 nutmeg,	Flour to make very stiff.

Boil molasses, sugar and butter together, then add the other ingredients. Keep the dough warm while moulding.

Roll into little balls, the size of a marble, in the palm of the hand and bake until brown. Will keep indefinitely and grow better all the time.

—Mrs. H. Sievers.

### PEPPER NUTS.

2 pounds sifted sugar,	1 nutmeg,
12 eggs,	2 teaspoons baking powder,
2 lemons (juice, rind),	$\frac{1}{2}$ cup raisins,
1 teaspoon cinnamon,	$\frac{1}{2}$ cup nuts, chopped,
$\frac{1}{2}$ teaspoon cloves,	Flour, not too stiff.
$\frac{1}{2}$ teaspoon allspice,	

Stir sugar and eggs together one hour.

—Catherine Duernberger.

### ROCKS.

$1\frac{1}{2}$ cups brown sugar,	1 teaspoon cinnamon,
$\frac{3}{4}$ cup butter (scant),	2 cups flour,
$1\frac{1}{2}$ pounds walnuts, dried in oven and chopped,	1 teaspoon soda, dissolved in warm water.
1 pound seeded raisins (chopped),	3 eggs, well beaten, 1 teaspoon cloves.

Drop on buttered tins and bake in a quick oven.

—Emma Borngruber.

## FRUIT ROCKS.

1 cup sugar,	2 eggs,
$\frac{2}{3}$ cup butter,	1 teaspoon cinnamon,
$1\frac{1}{2}$ cups flour,	1 teaspoon cream tartar,
1 cup currants,	$\frac{1}{2}$ teaspoon soda,
1 cup rolled nuts,	1 teaspoon flavoring.
Dissolve soda in water.	—Mrs. C. W. Smith.

## OATMEAL ROCKS.

1 cup sugar,	$\frac{1}{2}$ cup walnuts,
$\frac{3}{4}$ cup butter and lard,	1 teaspoon cinnamon,
2 cups flour,	1 nutmeg,
2 eggs,	1 teaspoon soda,
$\frac{1}{2}$ cup dates,	1 cup oatmeal.

Chop dates and walnuts, dissolve soda in a little hot water, stir together well, drop from teaspoon on pan and bake.

—Mrs. Kees.

## ROLL JELLY CAKE.

1 cup sugar	1 teaspoon baking powder,
4 eggs,	1 cup flour.
1 tablespoon cold water,	

Beat sugar and eggs together and sift the baking powder in the flour; then mix in the order given and bake quickly in long, shallow tins. Soon as baked, slip from the tins, spread jelly on the bottom, roll, and place napkin around until cool.

—Adele Silberzahn.

## ROLL JELLY CAKE.

$\frac{1}{2}$ cup butter (scant),	1 teaspoon baking powder,
$\frac{3}{4}$ cup sugar,	1 teaspoon flavoring,
3 large eggs,	Pinch of salt,
1 tablespoon cream,	Flour to mix soft.

Spread thin in large tin to bake. —Mrs. Gilbert.

## ROLL JELLY CAKE.

1 pound sugar,	$\frac{1}{2}$ teaspoon baking powder,
12 eggs,	$\frac{3}{4}$ pound flour.

Makes two cakes. —Mrs. Smith.

## JELLY ROLL. (Fine.)

3 eggs,	1 cup flour,
1 cup sugar,	1 teaspoon baking powder,
1 teaspoon salt,	12 tablespoons sweet cream.

Beat the eggs light, then add the level cup of sugar and beat with the egg beater until very light. Sift the flour, baking powder and level teaspoon of salt together twice, add to the eggs and sugar, beat, add the cream last. Spread thin and bake twelve minutes. —Mrs. G. A. Knoller.

## SNOW BALLS.

$\frac{1}{4}$ pound butter,	4 whites of eggs,
$1\frac{1}{2}$ cups sugar,	2 teaspoons baking powder.
1 cup sweet milk,	1 teaspoon vanilla.
3 cups sifted flour,	

Beat the butter to a cream, add the granulated sugar gradually, beating it in well; beat in the milk (or water) a little at a time; sift the flour three times more, add two cups of it to the mixture and beat five minutes; next add the stiffly beaten whites of the eggs. Sift the baking powder with the remaining cup of flour, add it lightly to the batter, flavor, pour into dripping pan lined with white paper, and bake in a moderately hot oven for about twenty minutes. Cut into squares. Have ready a soft icing, and ice each piece on the top and sides.

—Hortense E. Mooers.

### SUGAR CAKES.

6 raw eggs; yolks of	1 pound butter,
6 hard-boiled eggs,	3 cups sugar,
(mashed),	Flour enough to roll out.

Cut into small round cakes, then stir a little sugar into one egg, spread a portion of the mixture over each cake with a feather, then sprinkle with sugar, cinnamon and chopped almonds, and bake.

—Mrs. A. G. Winkler.

### SULTANS.

The weight of four eggs in sugar, the weight of two eggs in flour, four eggs, mix the eggs and sugar thoroughly, add the flour and a little lemon. Spread like little pancakes, on tins, strew with almonds, bake in a hot oven and roll while hot.

—Mrs. L. Schuchardt.

## TABLETS. (Iced.)

Cut any desirable cake into thin slices, put together with jelly and cover both sides neatly with icing.

## ALMOND TORTE.

$\frac{1}{2}$ pound butter,	$\frac{1}{2}$ pound grated almonds,
$\frac{1}{2}$ pound flour,	$\frac{1}{2}$ pound powdered sugar,
2 yolks of eggs,	6 whites of eggs,
2 teaspoons baking powder,	1 lemon rind, grated.

Rub the butter, flour and yolks of eggs together, line the bottom and sides of a tin with removable bottom with the dough, then fill with the remaining ingredients stirred together and bake.

—Amanda Franckenberg.

## ALMOND TORTE.

$\frac{3}{4}$ pound powdered sugar,	1 cup bread crumbs,
8 eggs.	2 teaspoons baking powder.
$\frac{1}{2}$ pound sweet almonds,	

Grind the almonds, brown the bread crumbs; stir the ingredients together adding the stiffly beaten whites of the eggs last.

—Mrs. H. P. Bohn.

## GERMAN ALMOND TORTE.

$\frac{3}{4}$ pound sugar,	$\frac{1}{2}$ pound bitter almonds,
12 eggs,	unblanched, ground fine,
1 lemon rind,	5 ounces flour.

Stir the granulated sugar with the yolks twenty minutes, then add grated rind, almonds, flour and beaten whites, lightly as for Angel Food. Bake slowly an hour in a drop rim pan lined with buttered paper.

—Mrs. Joseph Merlach.

## ALMOND TORTE.

1 pound almonds (ground),	$\frac{3}{4}$ pound powdered sugar,
9 eggs (beaten sep- parately),	2 teaspoons baking powder.

Sift the baking powder and almonds together and add the beaten whites last. Bake one hour.

—Miss N. O'Connell.

## ANGEL CAKE TORTE.

1 cup flour (scant),	1 cup walnuts (cut),
1 cup sugar (scant),	1 cup dates (cut),
1 teaspoon baking powder,	4 eggs.

Add the beaten whites last. Very nice.

Mrs. J. Wiley, Hartford.

## APPLE TORTE.

Line a spring form with rich pie crust rolled thin, put in a layer of sour apples sliced fine, over this a layer of a mixture of sugar, chopped raisins, chopped almonds or walnuts and currants; grate a little Zwieback over, put in another layer of apples and thus alternate layers until tin is full, then pour over about one cup of sweet cream beaten with three or four egg yolks, strew over a layer of Zwieback, bake and when cold serve with whipped cream. —Mrs. Amiel Vollendorf.

## BLAETTER TORTE.

6 yolks eggs,	6 tablespoons thick sour
1 cup butter,	cream.

Cream the butter and yolks, add the cream and flour enough to roll out like thin pie crust. When baked, fill layers alternately with custard and jelly, having jelly on top layer.

—Mrs. Victor Husting.

## BLITZ TORTE.

$\frac{1}{4}$ pound butter,	4 yolks,
$\frac{1}{4}$ pound powdered	3 teaspoons milk,
sugar,	1 teaspoon baking
$\frac{1}{4}$ pound flour,	powder.

Beat well together, then divide into two layers. Beat the whites of four eggs, add six ounces granulated sugar, beat again, then spread over the two layers of dough, over this sprinkle one-fourth pound almonds (blanched and chopped), then bake thirty minutes with a low fire; do not open the oven door until the cake is done.

## Filling:

1 beaten egg,	1 teaspoon vanilla,
1 tablespoon corn-	1 cup sour cream,
starch,	3 tablespoons sugar.

Boil until thick and spread between the layers but not on top. —Mrs. W. E. Schmidt.

## BROT TORTE.

10 eggs,	$\frac{1}{2}$ teaspoon cardamon seeds,
2 cups sugar,	1 pint rye bread crumbs,
2 teaspoons cinnamon,	5 cents worth citron, chop-
$\frac{1}{2}$ pound sweet almonds,	ped very fine.
chopped fine,	

Beat yolks and sugar; add beaten whites and remaining ingredients. Butter the form well and sprinkle with bread crumbs before putting in the batter. Bake slowly in a moderate oven. —Mrs. Henry Krieger.

## BROT TORTE.

12 eggs; flavoring,                    1 teaspoon baking powder,  
 $\frac{1}{2}$  pound powdered sugar,     $\frac{1}{4}$  pound bread,  
 $\frac{1}{2}$  pound grated almonds,    1 tablespoon flour.

Break the bread into bits, roast in the oven, pound smooth in a mortar, then add the flour containing the baking powder, yolks and sugar which have been beaten together, almonds, flavoring and beaten whites of the eggs.

—Mrs. Hyer, Sheboygan.

## CHOCOLATE TORTE.

14 eggs,                                     $\frac{1}{2}$  teaspoon baking powder,  
 $\frac{3}{4}$  pound sugar,                         $\frac{1}{2}$  pound chocolate.  
 $\frac{1}{2}$  pound almonds,

Stir yolks and sugar until thick; grate the almonds (without blanching), add these next with the baking powder, then the chocolate, and lastly, the beaten whites.

—Mrs. Stephen F. Mayer.

## CRANBERRY TORTE.

3 eggs,                                      1 cup dates,  
 1 cup sugar,                            1 cup flour,  
 1 cup walnuts,                        1 teaspoon baking powder.

Beat yolks and sugar together, add the walnuts (not chopped), dates (chopped), flour containing baking powder and the beaten whites of the eggs. Bake in a moderate oven.

The day before serving cook one quart of cranberries with one cup of sugar and when cool spread on the cake. Just before serving the next day cover the cranberries with whipped cream.

—Mrs. Louis Kronitz.

### CREME TORTE.

1 tablespoon flour,	1 cup sugar;
4 egg yolks,	2 oranges (juice),
1 glass of water,	1 lemon (juice).

Stir well. Bake a pie crust first, fill with the creme and bake in a slow oven. Frost with the whites of four eggs sweetened. This makes a large pie.

—Mrs. Sophie Bordoe.

### DATE TORTE.

6 eggs,	1 cup walnuts, chopped,
1 cup dates, pressed full,	2 large tablespoons flour,
1 cup sugar,	2 teaspoons baking powder.

Chop dates and sugar together, beat eggs separately, mix ingredients thoroughly adding beaten whites last; bake in long flat tin in a moderate oven, cut in squares and serve with whipped cream sweetened and flavored.

—Mrs. E. Carns.

## DATE TORTE.

4 eggs,	1 teaspoon baking
1 cup sugar,	powder,
1 pound dates,	6 tablespoons bread
$\frac{1}{2}$ pound walnuts,	crumbs.

Stir eggs and sugar together. Mix the grated bread crumbs, baking powder, rolled walnuts and chopped dates, then stir all together thoroughly and bake in a slow oven.

—Mrs. E. Weininger.

## FARINA TORTE.

6 eggs,	1 cup nuts,
1 cup sugar,	1 heaping teaspoon baking
1 cup farina,	powder.

Mix the beaten whites of the eggs with the sugar, add the yolks, beat well, add the farina containing the baking powder, and the nuts, chopped fine. Bake and when cold cover with whipped cream.

—Mrs. George Enger.

## FARINA TORTE.

1 pound powdered sugar,	1 teaspoon baking powder,
6 eggs, beaten separately,	5 cents worth walnuts and
1 cup farina,	5 cents worth filberts, chop-
$\frac{3}{4}$ cup toast crumbs,	ped fine.

—Mrs. F. M. Schuler.

## FILBERT TORTE.

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| 8 eggs,                             | $\frac{1}{2}$ lemon rind,             |
| $1\frac{1}{2}$ cups powdered sugar, | 3 tablespoons bread crumbs,           |
| 1 pound filberts,                   | $\frac{1}{2}$ teaspoon baking powder. |
| $\frac{1}{4}$ cup almonds, grated,  |                                       |

Weigh the filberts in the shell; stir yolks and sugar to a cream then add grated filbert meats, almonds, dry bread crumbs, baking powder, grated rind and beaten whites of the eggs last; bake in moderate oven, serve with or without whipped cream.

—Mrs. E. Carns.

## FRENCH TORTE.

- |                         |                                |
|-------------------------|--------------------------------|
| 1 cup chopped almonds,  | 1 lemon rind,                  |
| 1 cup sugar,            | 4 whites of eggs, well beaten. |
| Rose or vanilla flavor, |                                |

Make a rich pie crust with two eggs, one teaspoon baking powder, a little sugar and flour enough to roll out. Fill and bake same as pie.

—Mrs. Fred Stork.

## FRUIT TORTE.

- |                                 |   |
|---------------------------------|---|
| 1 heaping tablespoon<br>butter, | $1\frac{1}{2}$ tablespoons sweet cream, |
| 2 tablespoons sugar,            | $\frac{3}{4}$ cups flour; salt,         |
| 1 egg, slightly beaten,         | $\frac{1}{2}$ teaspoon baking powder.   |

Cream the butter and sugar, add the other ingredients, then add more flour until the mixture can be spread on a large layer cake tin with the hand. Cover this thin layer of dough with sweetened fruit and bake. Cherries, plums, apples, peaches or gooseberries are delicious.

—Martha Von Syberg.

### FRUIT TORTE.

$\frac{1}{2}$ pound flour,	3 tablespoons sugar,
$\frac{1}{2}$ pound butter,	2 eggs.

Mix flour and butter like pie crust, add sugar, eggs one at a time without beating, mix with a knife, spread on bottom and sides of a spring form pan; then put three-fourths cup sugar and one-fourth pound grated almonds in a spider over the fire, stir until brown and spread on the dough; then mix any kind of fruit with four beaten eggs, one heaping tablespoonful cornstarch, one scant cup milk or cream; pour into the pan and bake. When using canned fruit, use juice of fruit in place of milk and add about one teaspoon corn starch to a cup of juice.

### HIMMEL TORTE.

10 ounces butter,	1 lemon rind,
4 tablespoons sugar,	3 large cups patent flour,
4 yolks of eggs,	2 teaspoons baking powder.

Mix, divide into three layers and spread with the un-beaten whites of three eggs, mixed with sugar, cinnamon and chopped almonds. Bake and spread the layers with raspberry jelly, then spread the jelly with the following custard:

1 cup sour cream,	1 teaspoon vanilla,
Sugar to taste,	2 tablespoons flour,
1 lemon (juice),	2 yolks of eggs.

Mix the cream, sugar, lemon juice and vanilla, boil, add the flour, remove from the fire and when cold add the beaten yolks. Whipped cream may be used in place of custard.

—Helen Simon.

#### MANDEL TORTE.

1 pound almonds,	1 dozen eggs,
1 pound sugar,	1 lemon rind.

Grate half the almonds very fine, the rest somewhat coarser. Stir the yolks and sugar one-half hour, add the almonds, lemon rind and lastly the well beaten whites of the eggs. Bake one hour in moderate oven and serve with whipped cream.

—Mrs. A. B. Liebermann.

## MANDEL TORTE.

14 eggs,	$\frac{1}{2}$ teaspoon baking powder,
$\frac{3}{4}$ pound sugar,	1 tablespoon flour,
1 pound almonds,	1 lemon.

Stir yolks and sugar until thick; add the almonds, grated without blanching, flour containing the baking powder, stiffly beaten whites, juice and rind of lemon, stir lightly and bake in a moderate oven.

Frosting—Juice of one lemon, one tablespoon water and powdered sugar enough to make smooth.

—Mrs. Stephen F. Mayer.

## MOCHA TORTE.

6 eggs,	2 teaspoons baking powder,
1 cup sugar,	3 teaspoons coffee
1 cup flour,	essence.

Beat eggs and sugar fifteen minutes, then add the other ingredients. Bake in layers and fill with the following uncooked filling. Put whole walnuts on the top:

2 heaping tablespoons butter,	2 tablespoons coffee essence,
$1\frac{1}{2}$ cups powdered sugar,	1 egg.

Mix sugar and essence, then add the beaten egg and beat in the butter last. This torte may also be baked in a loaf.

—Mrs. Larson.

## NUT TORTE.

9 eggs,	4 ounces bread,
6 ounces almonds,	$\frac{3}{4}$ pound sugar,
1 lemon rind,	Little citron.
Cinnamon, nutmeg,	

Stir yolks and sugar to a cream, add the sweet almonds, chopped lemon rind, spices, citron cut fine, grated rye bread and beaten whites of the eggs; bake in three layers. Stir together one egg, one yolk, juice of one lemon, three-fourths cup sugar and one fourth pound walnuts and fill the cake.

—Mrs. R. F. Kothlow.

## POTATO TORTE.

10 eggs,	1 teaspoon cloves,
1 pound powdered sugar,	1 teaspoon allspice,
$\frac{3}{4}$ pound potatoes,	$\frac{1}{2}$ pound almonds (chopped)
1 teaspoon cinnamon,	5 cents worth citron.

Squeeze the boiled potatoes through a ricer on to a napkin to cool; stir yolks and sugar together well, add remaining ingredients, stiffly beaten whites of eggs last. Bake in a spring pan three-fourths of an hour in a moderate oven.

—Mrs. C. Marth.

## POTATO TORTE.

2 cups sugar,	1 teaspoon nutmeg,
1 cup butter,	1 tablespoon cinnamon,
4 eggs, beat separately,	2 teaspoons baking powder,
$\frac{3}{4}$ cup milk,	2 cups flour,
$\frac{1}{2}$ bar chocolate,	1 cup grated potato,
1 teaspoon cloves,	1 cup chopped almonds.

Add beaten whites of eggs last.

—Mrs. T. W. Willert.

## RYE BREAD TORTE.

12 eggs,	$\frac{3}{4}$ cup rye bread (roasted),
$\frac{1}{2}$ pound sugar,	1 rind of lemon (grated).
$\frac{1}{2}$ pound almonds,	

Beat yolks and sugar one-half hour. Add lemon rind, bread, almonds and beaten whites. —Mrs. Herman Gerlach.

## SAND TORTE.

$\frac{1}{2}$ pound butter,	$\frac{1}{4}$ pound flour,
$\frac{1}{2}$ pound powdered sugar,	$\frac{1}{4}$ pound cornstarch,
6 eggs,	2 teaspoons baking powder.

Cream the butter and sugar, stir in the eggs one at a time, bake in four layers, in rather slow oven. Makes two cakes. Use any filling desired.

—Mrs. Arthur Franckenberg.

## SCHAUM TORTE.

6 whites of eggs,	1 tablespoon vinegar,
2 cups sugar,	1 teaspoon vanilla.

Beat the eggs to a stiff froth, add the sugar gradually, then the vinegar and vanilla, beating all the time. Bake in two layers in a very slow oven, one hour. Fill and cover with whipped cream. Serve whole on a platter with a spoon.

—Mrs. Henry Schneiss.

## ZWIEBACK TORTE.

$\frac{3}{4}$ pound sugar,	$\frac{1}{2}$ nutmeg,
12 egg yolks,	2 teaspoons baking powder,
1 lemon (juice),	$\frac{1}{2}$ pound Zwieback (grated),
1 teaspoon cinnamon,	$\frac{1}{2}$ pound almonds (grated).
$\frac{1}{2}$ teaspoon allspice,	12 egg whites, beaten.

Beat sugar and yolks together well, add remaining ingredients in order given, mix thoroughly, bake in a moderately hot oven. When almost done, put a little butter and sugar over the top.

—Mrs. Alfred H. Weil.

## CHOCOLATE WAFERS.

2 cups sugar,	$\frac{1}{2}$ cup sweet milk,
1 cup butter,	1 teaspoon baking powder,
1 cup grated chocolate,	1 tablespoon vanilla,
1 egg,	Flour to roll out.

—Mrs. Albert E. Gray.

## CHOCOLATE WAFERS.

1½ cups powdered sugar,   ¾ cup sifted flour,  
1 bar sweet chocolate,   4 whites of eggs.

—Mary Bertram.

## CHOCOLATE WAFERS.

1 cup brown sugar,   1 egg,  
1 cup white sugar,   1 tablespoon vanilla,  
1 cup butter,   Flour enough to roll out.  
1 cup grated chocolate,

Bake a short time. —Miss Amanda Franckenberg.

## ORANGE WAFERS.

4 ounces butter,   ¼ teaspoon salt,  
4 ounces sugar,   ½ teacup milk,  
8 ounces sifted flour,   1 tablespoon orange flower  
1 egg yolk,   water.

Put the butter in the warm milk; sift the sugar, flour and salt together, mix with yolk of the egg, add the milk and orange water gradually, mixing well. Heat and grease wafer-irons, fill with a spoonful of batter and close, return to the fire, turn occasionally until the wafer is cooked, then roll them on small, round sticks and dry on a sieve. Serve with ices.

## SUGAR WAFERS.

2 cups sugar,	$\frac{1}{2}$ teaspoon soda in
1 cup butter.	1 tablespoon sweet milk,
4 eggs, caraway,	Flour to mix stiff.

Stir the butter, sugar and eggs together well, add the remaining ingredients, roll thin, cut like cookies and bake in quick oven.

—Mrs. Geo. Dinkel.

## TEA LEMON WAFERS.

$\frac{1}{2}$ cup butter,	2 lemons,
1 coffee cup sugar,	1 nutmeg,
6 eggs,	Flour.

Cream the butter and powdered sugar, add the eggs beaten till creamy, grated rind and juice of lemons, nutmeg and flour enough to make a stiff batter; beat till smooth and light. Heat wafer-irons, grease lightly with butter, fill, close and turn over clear fire till brown. Dust with sugar, roll around a stick and remove carefully when cold.

## WHISTLES. (Fine).

$\frac{1}{2}$ cup butter,	6 eggs, beaten,
1 cup sugar,	Flour to make stiff batter.

Cream the butter and sugar, add the eggs and flour, drop little pats three inches apart on a buttered paper, spread thin, bake in a pan until a light brown, about five minutes, place on a sugared molding board and roll while warm on a smooth, round stick; when cold, fill with whipped cream, sweetened and flavored with vanilla.

## ALMOND COOKIES.

$\frac{3}{4}$ pound butter,	$\frac{3}{4}$ pound sifted flour,
$\frac{3}{4}$ pound sugar,	2 eggs; grated rind of
$\frac{3}{4}$ pound almonds,	$\frac{1}{2}$ lemon.

Blanch the almonds, and, when dry, chop fine; stir the butter until creamy, add the eggs, mix the sugar and almonds, add two-thirds of this mixture to the butter and eggs, setting aside the remainder for the top. Stir in the flour and grated lemon rind, roll out one-fifth of an inch in thickness, cut into diamonds three inches in length, spread over the top the white of an egg, and on this sprinkle the remainder of the sugar and almonds. Bake in a moderate oven to a golden brown.

—Mrs. William Peters.

## AMMONIA COOKIES.

6 eggs,	2 teaspoons carbonate of
2 cups sugar,	ammonia,
1 cup butter,	Flour enough to roll as soft
1 cup lard,	as can be handled.

Beat eggs and ammonia together in the evening and add sugar, lard, butter and flour the next morning.

—Mrs. Geo. Aulenbacher.

## AMMONIA COOKIES.

1 ounce ammonia,	4 cups sugar,
1 pint sweet milk,	4 eggs,
2 cups butter,	Flour to mix soft.

Dissolve ammonia in the milk and let stand over night; in the morning cream the butter with three cups of the sugar, add the eggs and flour, roll out, cut into cookies, sprinkle with the remaining cup of sugar and bake.

—Mrs. H. Mead.

## ANISE COOKIES.

4 large eggs,	$\frac{1}{2}$ cup cornstarch,
1 pound powdered sugar,	1 teaspoon anise.
1 heaping cup flour,	

Add eggs to the sugar one at a time, stirring briskly forty-five minutes; then add the other ingredients, stir thoroughly and drop from a teaspoon, four in a pan; bake in a moderate oven.

—Mrs. C. Marth.

## BROWN COOKIES.

1 cup lard,	2 eggs,
1 cup brown sugar,	2 teaspoons soda,
1 cup molasses,	2 teaspoons ginger,
$\frac{1}{2}$ cup sour milk,	2 teaspoons cinnamon.
Flour enough to roll soft.	—Mrs. P. W. Harns.

## CHOCOLATE COOKIES.

$\frac{1}{2}$ cup butter,	2 ounces chocolate,
1 tablespoon lard,	1 egg (well beaten),
1 cup sugar,	$\frac{1}{2}$ teaspoon soda in
1 teaspoon salt,	2 tablespoons milk,
1 teaspoon cinnamon,	$2\frac{1}{2}$ cups flour.

Cream the butter and lard, gradually beat in the sugar, then add salt, cinnamon, Baker's chocolate, egg, milk and flour. Bake in a quick oven. —Mrs. W. P. Rix.

## CHOCOLATE COOKIES.

1 cup light brown sugar,	$1\frac{1}{2}$ cups flour,
$\frac{1}{2}$ cup melted butter,	1 cup raisins and nuts,
$\frac{1}{2}$ teaspoon soda,	3 squares chocolate.
$\frac{1}{2}$ cup sweet milk.	

Dissolve the soda in a little buttermilk or sour milk, chop the raisins and nuts, melt the chocolate, mix in the order given, drop on tins, a small tablespoonful at a time and bake very slowly. —Mrs Allen.

## CHRISTMAS COOKIES.

- |                  |                           |
|------------------|---------------------------|
| ½ pound butter,  | 1 pint sweet milk,        |
| 1½ pounds sugar, | 1 lemon (juice and rind), |
| 6 eggs,          | 3 cents worth ammonia.    |
|                  | —Mrs. Thomas Jenner.      |

## COOKIES.

- |                         |                   |
|-------------------------|-------------------|
| 1 pound powdered sugar, | ½ ounce cinnamon, |
| 1 lemon rind,           | 1 pound almonds.  |
| 6 whites of eggs,       |                   |

Stir the sifted sugar, grated rind of lemon and stiffly beaten whites of the eggs fifteen minutes, then set aside one teacupful, and to the remainder add the cinnamon and grated almonds; roll one-quarter inch in thickness and spread with the sugar and eggs in the teacup. Cut with a star form and dip into granulated sugar each time before cutting.

—Mrs. H. Rolfs.

## COOKIES.

- |                          |                           |
|--------------------------|---------------------------|
| 4 cups white sugar,      | 6 whites of eggs, beaten, |
| 1 large bowl sour cream, | Vanilla or lemon,         |
| 1 teaspoon soda,         | Flour to mix soft.        |

Roll thin, cut in cakes, sprinkle with sugar and bake in a slow oven.

## COOKIES.

2 eggs, beaten,	1 heaping teaspoon soda,
2 level cups sugar,	1 cup sour milk,
1 nutmeg, grated,	1 teaspoon baking powder,
1 teaspoon salt,	Flour to mix soft.
1 heaping cup lard,	

—Mrs. C. L. Sawyer.

## COOKIES.

3 cups sugar,	3 eggs; nutmeg,
1 cup butter,	$\frac{1}{2}$ teaspoon of soda,
$1\frac{1}{2}$ cups sour milk,	Flour to mix soft.
	—Mrs. Sophie Bordoe.

## COOKIES.

1 cup butter,	$\frac{1}{2}$ teaspoon salt,
2 cups sugar,	$\frac{1}{2}$ teaspoon lemon oil,
3 eggs,	1 teaspoon baking powder,
$\frac{1}{4}$ to $\frac{1}{3}$ cup of milk,	Flour to roll soft.

Use as little flour as will make them stay puffed up in a very hot oven.

—Mrs. F. E. Walbridge.

## COOKIES.

1 $\frac{1}{4}$ pounds sugar,	3 pounds flour,
1 pound butter,	1 teaspoon soda, dissolved
$\frac{1}{2}$ pint cold water,	in hot water,
2 eggs,	Lemon flavor.

Rub the butter in the flour, dissolve the sugar in the water, mix all well with beaten eggs, and bake quickly.

—E. G. Boden.

## COOKIES.

2 cups sugar,	1 teaspoon soda; salt,
1 cup sour cream,	$\frac{1}{2}$ teaspoon baking powder,
1 teaspoon caraway,	Flour to roll soft.
Bake in a quick oven.	—Mrs. Mary Schuman.

## COOKIES (Snaps).

2 cups brown sugar,	2 teaspoons cinnamon,
1 cup syrup,	2 teaspoons soda,
1 cup shortening,	$\frac{1}{4}$ teaspoon cloves,
$\frac{1}{2}$ cup cold water,	$\frac{1}{4}$ teaspoon allspice,
2 teaspoons ginger,	$\frac{1}{4}$ teaspoon nutmeg.
Flour to roll not too stiff.	Very nice.

—Mrs. C. A. Silberzahn.

## CREAM COOKIES (Fine).

2 cups sugar and	2 eggs, beaten,
1 cup butter, creamed,	1 teaspoon salt,
1 teaspoon soda in	1 teaspoon flavoring,
1 cup sour cream,	Flour to mix soft.

—Mrs. H. P. Bohn.

## CREAM COOKIES.

1 bowl cream,	1 teaspoon baking powder,
1 bowl sugar,	1 teaspoon salt.

Mix sugar and cream, let stand an hour or two, until dissolved stirring occasionally then add flour enough to make soft dough. Sweet or sour cream may be used, if sour add one teaspoon soda.

—Mrs. S. W. Grinnell.

## CRUMPETS.

1½ cups sugar,	2 teaspoons soda,
½ cup butter,	1 cup chopped nuts,
2 eggs,	Flour enough to roll out. Cut
3 tablespoons cold water,	like cookies.

—Mrs. George Kuehlthau.

## EIER PLAETZCHEN.

4 yolks hard boiled	$\frac{1}{2}$ pound sugar,
eggs,	$\frac{1}{2}$ pound butter,
2 yolks of raw eggs,	1 pound flour.

Stir together, roll, cut with cooky cutter, spread with whites of two eggs beaten with one tablespoon sugar; over this spread chopped almonds. Bake.—Mrs. A. Husting.

## ENGLISH BUTTERTEICH.

Divide one and one-fourth pounds of flour into two parts. To one part add one pound of butter, work well and fast, then set aside in a cool place. To the other part add two eggs and two yolks, a little salt and enough sweet milk to make stiff as noodle dough; work this until it blisters then set aside one hour or longer after which roll very thin, spread the first part over, fold four times and roll very thin again; repeat the folding and rolling three or four times then cut in any desirable shape and bake in a moderate oven.

—Theresa Detling.

## FLOTT KLINGELN.

$\frac{1}{2}$ pound butter,	8 tablespoons sour cream,
2 tablespoons sugar,	1 pound wheat flour.

Knead into dough, roll thin, cut into half inch wide strips, shape into small "B," moisten the top with melted butter, sprinkle with sugar and bake.

—Clara Kuechenmeister.

## FIG COOKIES. (Filled.)

1 cup sugar,	1 teaspoon vanilla,
$\frac{1}{2}$ cup butter,	1 teaspoon soda,
$\frac{1}{2}$ cup milk,	2 teaspoons cream of
1 egg,	tartar.
$3\frac{1}{2}$ cups flour,	

## Filling.

$\frac{1}{2}$ cup sugar,	1 teaspoon flour,
$\frac{1}{2}$ cup water,	1 cup chopped figs.

Cook until thick. Cut out the cookies, spread a teaspoon of filling between each two and bake.

—Mrs. Mary House.

## FRUIT COOKIES.

2 cups brown sugar,	4 tablespoons sour milk,
2 cups raisins, chopped,	1 teaspoon cinnamon,
2 eggs,	$\frac{1}{2}$ teaspoon nutmeg,
1 cup butter,	Flour to roll.
1 teaspoon soda,	

—Mrs. Fred Baertschy.

## GERMAN CHRISTMAS COOKIES.

1 quart syrup,	1 good pint lard and
1 cup sugar,	butter mixed.

Warm all together a little, then add—

1 tablespoon cloves,	1 teaspoon allspice,
1 tablespoon salt,	1 teaspoon ginger,
1 tablespoon cinnamon,	2 eggs,
1 nutmeg,	$\frac{1}{2}$ cup sour milk,
1 tablespoon saleratus dissolved in a little hot water,	
5 cents' worth of anise seed,	
5 cents' worth of citron, cut fine,	
Flour to make very stiff.	

May be mixed at night and baked the next morning.

—Mrs. A. D. Woodward.

## GINGER COOKIES.

1 cup molasses,	1 teaspoon ginger,
1 cup sugar,	1 teaspoon cinnamon,
1 cup shortening,	1 heaping teaspoon soda,
1 cup buttermilk,	Flour to roll soft.

—Mrs. Nichols.

## GINGER COOKIES.

1 cup sugar,	3 teaspoons soda in
1 cup butter,	1 cup New Orleans molasses,
3 eggs,	1 teaspoon cinnamon,
1 teaspoon ginger,	6 cups flour.

—Mrs. H. Mead.

## GINGER CREAMS.

4 eggs,	1 teaspoon soda,
1 cup sugar,	1 cup New Orleans molasses,
1 teaspoon ginger,	1 tablespoon lemon extract,
1 cup butter,	Flour to mix medium.
	—Mrs. Charles Bear.

## GINGER CREAMS.

1 cup sugar,	1 even tablespoon soda,
1 cup lard,	1 cup New Orleans molasses,
1 teaspoon ginger,	1 teaspoon cinnamon,
1 cup boiling water,	1 teaspoon salt.

Dissolve the soda in a little water, stir well together and add flour to mix stiff enough so the spoon will stand upright. Let stand over night and in the morning cut into cookies and bake; when cool cover with boiled icing.

—Mollie Kelley.

## GINGER SNAPS.

1 cup sugar,	1 tablespoon ginger,
1 cup molasses,	4 tablespoons cold water,
1 cup butter,	1 teaspoon soda,
1 egg,	Flour to roll out.
	—Elizabeth Dunham.

## GINGER SNAPS.

$\frac{1}{2}$ pound butter,	3 tablespoons ginger,
$\frac{1}{2}$ pound lard,	1 tablespoon cinnamon,
$\frac{1}{2}$ pound brown sugar,	2 quarts flour,
1 quart syrup,	4 teaspoons soda.

Dissolve soda in milk; melt butter, lard, sugar and syrup together. When cool, add the other ingredients and more flour to stiffen; roll very thin and bake in a quick oven.

—Mrs. Arthur Franckenberg.

## GINGER SNAPS.

1 cup syrup,	1 tablespoon ginger
1 cup sugar,	1 teaspoon soda in
$\frac{3}{4}$ cup lard or butter,	1 tablespoon vinegar,
1 egg,	Flour enough to mix stiff.

Cut with cover of a round spice box. Very nice and look and taste just like those sold in stores.

—Mrs. Joseph Ott.

## HERMIT COOKIES.

$1\frac{1}{2}$ cups sugar,	$\frac{1}{2}$ cup thick sour cream,
2 eggs,	$\frac{1}{2}$ teaspoon soda,
1 heaping cup butter,	Flour to roll out.

—Mrs. A. H. Smith.

## HERMIT COOKIES.

2 cups sugar,	1 teaspoon cloves,
1 cup butter,	1 teaspoon nutmeg,
2 eggs,	1 teaspoon cinnamon,
1 teaspoon soda in	1 cup chopped raisins,
1 cup thick sour milk,	Flour to roll soft.

Sprinkle sugar on top.—Mrs. Catherine Duernberger.

## HERMIT COOKIES.

3 eggs,	$\frac{1}{2}$ nutmeg,
$1\frac{1}{2}$ cups sugar,	$\frac{1}{2}$ teaspoon soda in
$\frac{1}{2}$ cup butter,	2 tablespoons of water,
1 cup chopped raisins,	$\frac{1}{2}$ teaspoon cloves,
1 teaspoon cinnamon,	Flour to roll out.

—Mrs. Joseph Ott.

## HERMITS.

$1\frac{1}{2}$ cups brown sugar,	1 teaspoon vanilla,
1 teaspoon cinnamon,	3 eggs (unbeaten),
1 teaspoon cloves,	1 cup melted butter,
1 teaspoon soda,	1 cup currants,
2 cups flour (scant),	1 cup nut meats.
1 cup raisins,	

Drop from a spoon and bake two or three weeks before using.

—Mrs. Paul Rix.

## HICKORYNUT COOKIES.

1 cup butter,	$\frac{1}{2}$ cup sour milk,
$1\frac{1}{2}$ cups sugar,	2 teaspoons baking powder,
4 eggs, salt,	Flour to mix stiff,
1 small teaspoon soda,	1 cup hickory nut meats.

—A. Carl.

## MOLASSES CANDY COOKIES.

$\frac{3}{4}$ pound butter,	2 pounds flour,
2 pounds molasses,	1 teaspoon ginger,
1 pound dark brown sugar,	1 teaspoon lemon extract.

Melt the butter, stir in the ginger, add molasses, sugar, flour and lemon. Mix well and let stand over night. Drop on tins in the morning to bake; they will spread themselves in the oven.

—Katherine M. Bowen.

## NEW YEAR'S COOKIES.

4 pounds flour,	$\frac{1}{4}$ ounce ammonia and
$\frac{3}{4}$ pound butter,	1 small teaspoon soda, dis-
1 pint boiling water,	solved in hot water,
$1\frac{3}{4}$ pounds sugar,	2 tablespoons caraway.

Rub the flour and butter together, pour the boiling water on the sugar and let stand until lukewarm, then add the other ingredients.

—Mrs. Secor.

## OATMEAL COOKIES.

1 cup sugar,	1 teaspoon cinnamon,
$\frac{3}{4}$ cup butter,	1 cup currants or raisins,
2 eggs,	chopped fine,
1 cup sour milk,	2 cups flour,
$\frac{3}{4}$ teaspoon soda,	2 cups oatmeal.
1 small teaspoon salt,	

Drop from spoon and bake. —Mrs. R. N. Seward.

## OATMEAL COOKIES.

1 cup sugar,	3 cups oatmeal,
$\frac{3}{4}$ cup butter,	1 teaspoon baking powder,
2 eggs,	$\frac{3}{4}$ cup flour (scant),
1 cup dates, chopped,	Pinch of salt.

—Flora Sette.

## OATMEAL COOKIES.

1 cup sugar,	4 tablespoons sweet milk,
$\frac{3}{4}$ cup butter	1 teaspoon cinnamon,
2 eggs,	$\frac{1}{2}$ cup currants,
$\frac{1}{2}$ teaspoon soda,	2 cups flour,
1 teaspoon salt,	2 cups oatmeal.

—Mrs. John Conrad.

## OATMEAL COOKIES.

1 cup lard,	3 cups oatmeal,
1 cup sugar,	1 teaspoon salt,
$\frac{2}{3}$ cup water,	1 teaspoon soda.

Flour to roll thin; cut like ginger snaps.

—Mrs. H. F. Shadbolt.

## OATMEAL COOKIES.

1 cup sugar,	2 cups oatmeal,
1 cup shortening,	1 teaspoon cinnamon,
2 eggs; salt,	1 cup nuts, chopped,
1 teaspoon soda in	1 cup raisins, chopped,
2 cups flour,	7 tablespoons sweet milk.

—Mrs. F. L. Oliver.

## OLD-FASHIONED COOKIES.

1 cup butter,	1 teaspoon soda in
2 cups sugar,	1 cup sweet milk,
2 eggs (unbeaten),	Flour to mix soft.

Stir together lightly, roll, sprinkle sugar over, cut and  
bake.

—Mrs. J. Burckardt.

## OLD GERMAN COOKIES.

2 cups butter,	$\frac{1}{2}$ teaspoon soda in
4 cups sugar,	$\frac{3}{4}$ cup sour milk,
4 eggs,	Flour to roll soft.
	—Mrs. Fred Krueger.

## SOUR CREAM COOKIES.

2 cups sugar,	1 heaping teaspoon soda,
$\frac{1}{2}$ cup lard or butter,	Flavor to taste,
1 cup sour cream,	Flour to make stiff.
	—Mrs. M. C. Tolzman.

## SUNSHINE COOKIES.

3 eggs,	1 teaspoon baking powder,
$\frac{2}{3}$ cup sugar,	1 cup flour; flavoring.

Beat whites of eggs stiff on a platter, then add yolks, beat thoroughly, sift in sugar, beat, then add flour containing baking powder very lightly, drop from spoon on pan and bake.

—Mrs. W. N. Hamilton.

## SUGAR COOKIES.

$1\frac{1}{2}$ cups sugar,	1 cup sour milk,
1 cup lard,	2 teaspoons soda,
1 egg,	3 teaspoons baking powder.
Flour to roll soft as can be handled.	

—Mrs. Hobson.

## SWEET COOKIES.

1 cup sugar,	$\frac{1}{4}$ teaspoon soda,
$\frac{3}{4}$ cup butter,	$\frac{1}{2}$ teaspoon cream tartar,
3 eggs,	1 cup cornstarch,
1 teaspoon lemon,	Flour to roll soft.
Add beaten whites last,	—Mary O'Connell.

## VANILLA COOKIES.

1 cup butter and	1 teaspoon soda,
2 cups sugar, creamed,	1 teaspoon baking powder,
1 cup cold water,	2 teaspoons vanilla,
2 eggs,	Flour, mix very stiff.
	—Minnie Wilmot.

## WHITE COOKIES.

1 cup butter and	Nutmeg flavor,
2 cups sugar, creamed,	2 teaspoons baking powder,
3 eggs, beaten,	Flour to mix soft.

Put a raisin on the top of each cookie and bake in a hot oven.

—Mrs. W. P. Rix.



# Candy.

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“Sweets to the sweet.”

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## BUTTER SCOTCH.

1 cup sugar,	1 tablespoon vinegar,
1 cup molasses,	$\frac{1}{4}$ teaspoon soda.
$\frac{1}{2}$ cup butter,	

Boil together, stir frequently to prevent burning and as soon as the syrup will snap when tested in cold water remove from the fire and flavor to taste; pour one inch thick on buttered tins and check into squares with a sharp knife.

—Elva Sievers.

## CARAMELS.

1 cup syrup,	1 tablespoon flour,
1 cup white sugar,	1 tablespoon butter,
1 cup brown sugar,	4 ounces chocolate.
1 cup milk,	

Boil together one hour.

—Mrs. Eliza Weil.

## CARMELS.

1½ cups brown sugar,      1 even tablespoon butter,  
 ½ cup milk,                      2 squares Baker's chocolate.  
    —Miss Anna Klumb.

## COCOANUT CARMELS.

1 cup sugar,                      2 tablespoons flour,  
 2 cups cocoanut,                3 whites of eggs.

Mix the sugar, cocoanut and flour together, then add the whites of the eggs beaten very light. Grease white letter paper, drop the mixture on it, a tablespoonful at a time, and bake in a quick oven.  
    —Mrs. Sophie Bordoe.

## COCOANUT CANDY.

2 cups cocoanut,                2 tablespoons cornstarch,  
 1 cup sugar,                      2 whites of eggs.

Mould in little balls, place on buttered paper and dry in a slow oven.  
    —Harriet Harns.

## CREAM CANDY.

Boil two cups of cream and three and one-quarter pounds of granulated sugar until it waxes when tried in cold water; then take from the stove and put in bowls to cool. When it has cooled sufficiently to bear the finger in it, beat with a spoon until it creams and can be handled. Knead it on a

plate like bread; after this it can be divided, different flavors added, and used as the foundation of any kind of candy desired.

—Louise Silberzahn.

### CREAM CANDY.

3 pounds sugar,	1 teacup water,
2 tablespoons vinegar,	Vanilla flavor.

Boil granulated sugar, vinegar and water together until brittle when tried in cold water, flavor, cool and pull. —E. M.

### CREAM CANDIES.

Boil four cups granulated sugar and one cup water without stirring until it begins to thread; take from stove and let stand until it begins to thicken, then stir until white and too stiff to handle with a spoon. Add one teaspoon of vanilla while stirring, then knead like dough until cool. (To prevent the outside from crusting while moulding, cover with a napkin wrung out of cold water.) This is the foundation or fondant. Varieties:

1. Remove the stones from dates; fill with the fondant, press sides together and roll in granulated sugar.

2. On little balls (moulded by rolling in the hands) press an almond, the half of a walnut or pecan.

3. Knead into a part of the fondant as much shredded cocoanut as desired, then mould and roll in cocoanut.

4. Chop together dates and figs. Take part of the fondant and flatten on a plate (dusted with powdered sugar) until about six inches in length and three inches in width. Then mould enough of the chopped fruit to make a roll of the same length and the thickness of a pencil. Place on the strip of fondant, turn the edges together and roll until round and smooth. Then cut with a knife into pieces one-half an inch in width.

5. By mixing equal quantities of the fondant and chopped fruit little fruit balls may be made.

6. By pouring a few drops of water on one-half teaspoon red sugar, or on a few little red peppermint drops, and mixing a very little of this with the fondant, it may be tinted pink; also, by working in grated Baker's sweet chocolate a pretty brown may be obtained.

7. Take three portions of the fondant, color one brown and one pink, flatten the white portion on a plate, dusted with powdered sugar; on this place the pink and then the brown. Cut into squares.

8. For making chocolate drops, let the balls made of the plain or pink fondant stand over night. Then stick a toothpick or hatpin into each and dip into sweet chocolate until thoroughly coated. The grated chocolate is melted by placing it over a steaming teakettle. —Anna Gossel.

## COCOANUT PUFFS.

2 cups cocoanut,                      2 tablespoons flour or  
 1 cup sugar,                              cornstarch.  
 2 whites of eggs, beaten,

Drop on buttered tins and bake quickly.—Emma Pick

## FRENCH CREAM CANDY.

Add to the unbeaten whites of two eggs an equal quantity of cream, milk or cold water; flavor, then stir in sifted confectioners' sugar until stiff enough to mould into shape. This is a good foundation for all varieties of French creams.

—A. L.

## FRUIT CANDY.

1 cup molasses,                      1½ cups currants,  
 1½ cups sugar,                      ½ cup raisins,  
 ½ cup butter,                        1½ cups mixed nuts,  
 ½ cup figs,                            Little citron.

Chop the raisins, figs and citron together, chop the nuts, not too fine, wash and dry the currants. Boil the molasses and sugar together until it will harden in cold water, then take from the stove, stir in the butter, fruit and nuts and pour thick into buttered pans. Delicious if made right.

—Mrs. J. E. Brayton.



## COCOANUT FUDGES.

4 cups sugar,	2 cups cocoanut,
$\frac{1}{2}$ cup butter,	Vanilla flavor.
$1\frac{1}{2}$ cups cream,	

Boil sugar, butter, cream and vanilla to the soft ball degree; just before removing from the fire add the cocoanut, stir in a cool place until it hardens, then put an inch thick into buttered pans and cut into squares.

## DOUBLE FUDGE.

2 cups sugar,	2 squares chocolate,
$\frac{1}{2}$ cup cream,	1 tablespoon butter.

Boil seven minutes, beat well and pour into a buttered pan; then mix—

2 cups brown sugar,	Butter, size of walnut,
$\frac{1}{2}$ cup cream,	1 cup rolled nuts.
1 teaspoon vanilla,	

Boil ten minutes, then beat, pour over the fudge in the pan and cut in squares. —Minnie Stoffelen.

## SMITH COLLEGE FUDGES.

2 cups sugar,	$\frac{3}{4}$ cup milk or cream,
$\frac{1}{4}$ cup butter,	3 tablespoons molasses,
1 teaspoon vanilla,	2 squares chocolate.

Cook sugar, molasses, milk and butter till it comes to a boil, then add the chocolate, cut fine, and cook till it strings, stirring all the time; remove from the fire and when partially cool add vanilla, turn into well greased pan and cut in squares. —Dorothy Webster.

## VANILLA FUDGES.

2 cups sugar,	Butter, size of walnut,
1 cup cream,	Vanilla flavor.

Cream the butter and sugar, add the cream, boil until it will form a soft ball when dropped into cold water. Before removing from the fire add the vanilla. Stir in a cool place until it hardens, then put an inch thick into a buttered pan, and cut into squares. —Harriet Harns.

## MARSHMALLOWS.

1 pound gum arabic,	1 pound refined sugar,
1 quart water,	8 whites of eggs.

Dissolve the gum arabic in the water, strain, add the sugar, place over the fire, stir constantly until the sugar dissolves and the mixture becomes the consistency of honey, then add gradually the well beaten whites of the eggs, stirring all the time until it does not adhere to the fingers when touched; pour into a pan dusted with cornstarch and when cool divide into small squares. —Mrs. P. W. Harns.

## MARSHMALLOWS.

Pour sixteen tablespoons of water on one package of Knox gelatine. Boil four cups of sugar and twelve tablespoons of water until it threads, then pour slowly over the dissolved gelatine and beat twenty-five minutes. Let stand twenty-four hours, then cut in squares and roll in one tablespoon of powdered sugar and one tablespoon of cornstarch sifted together. —Mrs. C. W. Smith.

## MEXICAN CREAMS.

3 cups brown sugar,	1 cup nuts, chopped,
1 cup cream,	1 teaspoon vanilla.
Butter, size of walnut,	

—Mary Tetzlaff.

## MOLASSES CANDY.

Boil two cups New Orleans molasses and one cup of sugar until it threads from the spoon, add one teaspoon soda just before removing from the stove; pour on buttered tins and pull as soon as cool.

## MOLASSES CANDY.

1 cup molasses,	1 tablespoon vinegar,
2 cups sugar,	1 teaspoon vanilla.
Small piece butter,	

Boil ten minutes, then cool enough to pull.

## PEANUT CANDY.

Shell and grind one cup of peanuts, not too fine, turn them into the colander and sift the finer part onto the moulding board; then put one cup of sugar in an iron spider over the fire and stir constantly; when dissolved, add the coarser peanuts and turn the mixture onto the peanut flour on the moulding board, roll very thin with a well-floured rolling pin and mark in squares. —Harriet Harns.

## PEANUT CANDY.

Put two cups of white sugar into a porcelain kettle, stir constantly until dissolved, then add one cup of chopped peanuts, turn at once into a buttered dish and cut in squares.

—H. E. C.

## PEANUT CANDY.

2 cups sugar,	$\frac{1}{2}$ teaspoon cream tartar,
$\frac{1}{2}$ cup water,	1 teaspoon butter,

Boil the sugar and water, add the cream of tartar which has been dissolved in cool water, and cook until brittle when tried in cold water, then add the butter, cook four minutes more and pour over the peanuts in a buttered dish.

—Mrs. Brayton.

## PENUCHI.

2 cups light brown sugar,	1 cup sweet milk, Butter, size of walnut,
1 cup white sugar,	1 cup chopped walnuts.

Cook the sugar, milk and butter to soft ball degree, stirring constantly. Remove from the fire, beat two minutes, then add the nut meats and beat until stiff. Pour into a buttered dish and cut in squares. —Clarinda Sievers.

## PEPPERMINT CREAMS.

3 pounds granulated sugar,  
1 cup water,

$\frac{1}{4}$  teaspoon cream tartar,  
Peppermint flavor.

Boil the sugar, water and cream of tartar rapidly to the soft ball degree without stirring, then remove from the fire, let cool, add peppermint, wintergreen or any flavoring desired, and stir in the same direction with a wooden spoon until perfectly smooth and creamy; drop on oiled paper or glass. If the candy grains, add a little water, and boil again.

—Contributed.

## SAUER KRAUT CANDY.

Cook one pound brown sugar and enough milk to moisten, for about five minutes, stirring all the time, then add one-quarter pound cocoanut, stir well and turn on buttered paper.

—Isabella Burckhardt.

## SEA FOAM.

3 cups sugar,  
 $\frac{1}{2}$  cup Karo syrup,  
 $\frac{2}{3}$  cup water,

2 egg whites,  
 $\frac{1}{4}$  teaspoon salt,  
1 cup rolled nuts.

Boil sugar, syrup and water to the ball degree, then pour slowly over the egg whites (which have been beaten with the salt until frothy), stirring all the time; beat well, then add the nuts, beat until nearly cold, then drop from the spoon onto white paper.

—Mrs. G. Knoller.

## TAFFY.

1 cup brown sugar,                      Butter size of walnut.  
 $\frac{1}{2}$  cup water,

Boil until it hardens in water. —Adele Silberzahn.

## TAFFY.

1 cup sugar,                              1 tablespoon vinegar,  
 1 cup molasses,                         $\frac{1}{4}$  teaspoon soda.  
 $\frac{1}{2}$  cup butter,

Boil until it hardens in water and flavor to taste.

—Miss Anna Klumb.

## PULLED TAFFY.

3 cups granulated                       $\frac{1}{2}$  cup vinegar,  
       sugar,                                Butter, size of walnut.  
 $\frac{1}{2}$  cup water,

If vinegar is strong, use two-thirds water and one-third vinegar. Boil the sugar, water and vinegar together until half done, then add the butter and stir until mixed well. When it snaps when tested in cold water it is done. Pour on buttered tins, let cool, flavor and pull.—Elva Sievers.

## PULLED TAFFY.

2 cups sugar,                       $\frac{1}{2}$  teaspoon cream tartar,  
1 cup water,                        Vanilla flavor.

Boil the sugar, water and cream tartar until it hairs, then flavor, turn on buttered plates and when cool enough to handle pull. —Louise Silberzahn.

## MACAROONS.

1 pound almonds,                       $1\frac{1}{2}$  pounds powdered sugar,  
8 whites of eggs,                      1 vanilla bean.

Beat the whites of six eggs to a stiff froth, pound the bean and one teaspoon powdered sugar together fine; blanch, dry, grate and pound the almonds, moisten with the unbeaten whites of two eggs, then stir all together an hour, drop on tins lined with buttered or waxed paper and bake in a slow oven. —Miss Thecla Pick.

## ALMOND MACAROONS.

1 pound grated almonds,    7 whites of eggs, beaten  
1 pound sugar,                      stiff.

Roll in little balls in greased palms of the hands and bake on buttered tins. —Agnes M. Haase.

## HICKORY NUT MACAROONS.

1 cup hickory nuts,            2 eggs,  
 1 cup sugar,                    2 tablespoons flour.

Pound the nut meats to a paste, mix with the other ingredients, drop from a teaspoon on greased paper and bake.

—Miss Amanda Franckenberg.

## KISSES.

To the whites of two eggs, beaten stiff, add a cup of sugar, with a little flavoring; add chocolate for chocolate kisses. Bake on waxed tins. —Mrs. Thomas Bruhy.

## COCOANUT KISSES.

1 cup powdered sugar,        2 cups cocoanut,  
 2 whites of eggs, beaten,    2 teaspoons cornstarch.  
 Beat all together, drop on buttered paper and bake.

—Mrs. Val. Wollner.

## SUGAR KISSES.

1 pound powdered sugar,    5 whites of eggs, beaten  
 1 teaspoon lemon extract,    stiff.

Drop on white paper and bake about twenty minutes in a moderate oven. —Miss Amanda Franckenberg.

## CRACKER JACK.

$\frac{1}{2}$ cup syrup,	1 teaspoon soda,
1 cup sugar,	6 quarts corn, popped .
1 teaspoon vinegar,	

Cook the syrup, sugar and vinegar until it will crack when tried in cold water, then add the soda, stir well and pour the foamy mixture over the corn. Nice also with peanuts added.

—Mrs. Joseph Peine.

## POPCORN BALLS.

2 cups granulated sugar,	Flavor,
1 cup water,	8 quarts popcorn.

Pop the corn and remove all the hard kernels, boil the sugar and water until it hairs, add the flavor, pour over the corn and form into balls.

## SALTED ALMONDS.

Blanch the almonds by pouring over them boiling water, which loosens the skins so they may be easily slipped off. To one cup of nuts take one teaspoon olive oil and one teaspoon salt, stir through the nuts thoroughly and brown in a moderate oven. **Stir frequently** to prevent scorching. Peanuts and walnuts may be prepared the same way.

—Mrs. Gilman.



# Beverages

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“The cup that cheers.”

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## COFFEE.

One and one-half quarts boiling water, one-quarter pound best ground coffee, one egg. Break the egg into the coffee and stir until it is entirely absorbed, then put into the boiling water and let it boil three minutes. Strain through flannel and serve.

—H. Kinsley.

## COFFEE FOR ONE HUNDRED.

Five pounds ground coffee, six eggs, and cold water enough to wet it all. Divide into four parts, and put it into bags, filling the bags not half full. Put two of the bags into thirty quarts of boiling water. Keep at boiling heat for over half an hour, shaking the bags frequently; then bring to a boil, and let boil ten or fifteen minutes; remove these bags, put in the other two, and boil fifteen minutes; then put in a quart of cold water, keep it from boiling, and it is ready to serve.

## VIENNA COFFEE.

Use Mocha and Java coffee in equal parts (one tablespoon to each person), and mix well with one egg. Pour half as much boiling water over the coffee as needed. Let the coffee froth, then stir it down and let it boil five minutes; set it back on the stove five or ten minutes and add the rest of the water. To one-quarter cup of boiled milk add three tablespoons of whipped cream and fill with coffee. Or add the white of egg, foamed, to one pint of cream, and use the same quantity to a cup.

—Mrs. Gillett.

## TEA.

One teaspoon best tea to one cup water. Pour boiling water into the teapot till heated through, empty it, put in the tea, pour boiling water over it and serve in three minutes. Fresh water should always be used, and should never be boiled over three minutes before pouring on the tea or coffee.

## ICED TEA.

Steep the tea for a few hours in cold water, using a little more tea than for the hot beverage. Serve ice cold.

## RUSSIAN TEA.

Serve lemon juice instead of cream in the tea.

—H. Kinsley.

## CHOCOLATE.

Melt one-half cake Baker's chocolate in a double boiler, add slowly one pint of water and boil fifteen minutes, stirring continually. Add one and one-half pints of milk and, when quite hot, a pint of cream. When all is hot, stir in the foamed white of an egg and serve.

French Method—As a pint of water begins to boil, add one cup of grated chocolate, and as soon as it boils up, add one pint of good milk and boil. Serve with a spoonful of whipped cream on each cup.

## ICED CHOCOLATE.

Melt four ounces sweet chocolate and one-half cup sugar (scant) in one-half pint water, stir until smooth, then add gradually one quart hot cream; beat well. When cool, add one teaspoon vanilla. Strain and freeze.

## COCOA.

Smooth six tablespoons cocoa in a little cold water and stir into one pint of boiling water. Boil twenty minutes, add one pint milk and boil five minutes more, then add sugar to taste.

Another Way.—Put three tablespoons of cocoa in a pint of water, let boil slowly an hour, then pour it over sugar and serve hot with toast.

—Mrs. F. E. Scott.

## EXCELLENT TONIC.

Fresh milk, hot as can be heated without boiling. Drink while hot; a little salt may be added.

## GINGER DRINK.

A palatable beverage can be made by stirring one cup vinegar, three tablespoons sugar and one tablespoon ginger with one quart water. Cork tight in a jug and it will keep cool several hours.

## GRAPE JUICE.

Cover Concord grapes, after removing the stems and washing thoroughly in a colander, with cold water, then boil until tender. Press the juice through a wire sieve; then add one cup of sugar to every three quarts of juice and place over the fire just long enough to come to a boil. Do not let the grapes cook too long in the first place, or any more than boil up the last time, or the flavor will be impaired. Bottle hot. Bottles with patent stops can be procured. For invalids this should be diluted one-half. —Francis Dunham.

## UNFERMENTED GRAPE JUICE.

Cover grapes with water, boil until tender, strain, add one pint of sugar to three pints of juice, boil ten minutes and can while hot. —Mrs. Curtis.

## LEMONADE.

One large lemon, four tablespoons sugar, one quart ice cold water; peel and cut the lemon in two, extract all the juice with a squeezer, drop the pulp into a pitcher, stir well together, strain and add one firm lemon, sliced very thin. This makes four glasses.

## MILK SHAKE.

Beat one egg with a teaspoon of sugar for each person, add two-thirds goblet shaved ice and milk, shake thoroughly until the ice is nearly melted. When ready to serve, grate nutmeg over the top.

## NECTAR.

Juice of three oranges, juice of three lemons, one-half the juice of one small can of pineapple, sweeten to taste, add crushed ice and pour over the whole one quart of water.

## STRAWBERRY NECTAR.

To one quart mashed strawberries, add one lemon, two tablespoons orange juice and three pints of water; let stand three hours, strain on three-quarters pound of powdered sugar. Stir until dissolved. Serve ice cold. Delicious.

—Mrs. F. Lauer.

## OATMEAL DRINK.

Two tablespoons raw oatmeal to one quart of water; set two hours in a cool place, then drain off as it is wanted. A very nourishing drink.

—Susie Hawkins.

## ORANGEADE.

Boil four quarts of water with three pounds of loaf sugar, skim, let it get cold, then add the juice of eight oranges and the rinds of two rubbed in sugar. —Agnes Dawes.

## PINEAPPLE VINEGAR.

Cover sliced fruit with vinegar, let stand three or four days, then mash and strain through a cloth. To three quarts of juice add five pounds of sugar, and boil ten minutes. Skim well; when cool bottle. Any highly flavored fruit may be prepared the same way.

## RASPBERRY VINEGAR.

Put ripe red raspberries in a stone jar and cover with cider vinegar; let stand twelve hours; then pour the vinegar over a gallon of fresh berries, and let stand over night. Allow one pound of loaf sugar to one pint of the juice; boil three minutes, skim and bottle. When wanted, add one-half glass of juice to one glass of water.

## RASPBERRY SHRUB.

Cover three quarts of ripe red raspberries with one quart of cider vinegar; let it stand twenty-four hours or longer. Strain and add to each pint of juice one pound of white sugar. Boil half an hour, skim, bottle and seal.

—Mrs. S. S. Barney.

## SYRUP OF VINEGAR.

Two quarts of vinegar and one pound of sugar boiled to a clear syrup. Bottle. Add one or two tablespoons to a glass of water.

—Mrs. A. W.

# Fruit Canning, Etc.

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“Trifles make perfection, and perfection is no trifle.”

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## TO PRESERVE BERRIES WHOLE.

Fruit should not be too ripe. Pick over as soon as gathered; wash, if absolutely necessary, and put in glass jars, until each is two-thirds full. Put into a porcelain kettle one cup water and one pound of sugar, for every two pounds of fruit, and let come slowly to a boil. Pour this syrup into the jars over the berries, filling them to the brim; then set the jars in a pot of cold water on the stove and let the water boil and the fruit become scalding hot; then lift them out and seal perfectly tight.

## TO CAN FRUIT.

Make a syrup for all the fruit to can of two parts sugar and one part water. Skim well while boiling and pour into a crock, on back of stove, to keep hot. For one can put one and one-half cups of syrup into kettle. When it boils, add

the fruit, one and one-half boxes, heat evenly, and soon as ready to boil, can at once. Heat the glass jar and cover in hot water; put a silver tablespoon in the jar, set it on a plate, fill with hot fruit, let it overflow to remove the air bubbles, take out the spoon, and seal. This simple method has given satisfaction for many years.

### TO CAN FRUIT.

For the syrup allow one cup of sugar and one cup of water to each quart jar; put this on the stove and let just come to a boil; fill a jar with fresh fruit, then fill with syrup to the brim, and put on the covers without the rubbers. Warm some water in the boiler, put slats on the bottom, set the cans of fruit on the slats, let boil twelve minutes, then remove from the boiler, take off the covers, put on the rubbers, fill to overflowing with syrup or hot water, put on the covers, seal tight and let stand upside down over night.

—Mrs. Fred Althaus.

### FRUIT JELLY. (French Process.)

Allow one pound of loaf sugar to each pint of juice. Boil the juice separately. Put the sugar in shallow pans and heat in the oven, to prevent burning. When juice begins to boil, note the time, and in twenty minutes add the hot sugar, and stir rapidly until dissolved. Let come to a boil; then remove the kettle instantly from the fire. Roll the glasses in hot water and fill with the scalding liquid. The jelly will

form within an hour. When cold, lay on it a piece of writing paper, cut to fit jelly, first immersed in the white of egg, and paste (with white of egg) another paper over the glass. Keep in a cool, dry place, or in a dry current of air.

### FRUIT JUICES.

May be canned same as fruit; press the fruit, strain as for jelly, heat, add one pint sugar to three pints juice and can in pint cans. This is very nice to use in mince pies, sauces, fruit cake, plum puddings, etc. Two or three table-spoonsful, added to a glass of water, makes a delicious drink.

—Mrs. W. D. Evans.

### APPLES AND CRANBERRIES.

3 quarts water,	6 pounds apples.
5 pounds sugar,	8 pounds cranberries,

Boil the water and sugar to a syrup, add the peeled, sliced apples and cook until tender, then add the cranberries and boil five minutes. Seal tight in glass cans. Grapes may be put up with apples in the same way.

—Mrs. Jacob Haverkorn.

### CANNED PINEAPPLE.

1 quart pineapple	1 cup sugar,
(sliced and chopped),	1½ cups water.

Boil sugar and water ten minutes; put in fruit and let come to a boil.

—Agnes M. Haase.

## CANNED PEACHES.

1 cup vinegar,	4 cups sugar,
2 cups water,	20 peaches.

Wash the peaches in cold water (using a cloth); then cook all together until the peaches can be pierced by a broom splint; can carefully. Will keep several years.

—Mrs. G. W. Dellinger.

## CANNED PEACHES.

Peel, remove the pits, cut in halves, put on a plate in a steamer (the steamer may be half filled) and steam over boiling water until a straw will pierce them easily. In the meantime prepare a syrup by boiling sugar and water in the proportion of a quart of water to a pint of sugar. Let boil and skim. Fill the can with peaches, pour over the hot syrup until the can will hold no more, seal at once. Peaches, either whole, halved or quartered, may be boiled until tender, instead of steaming, if preferred.

## CANNED PEARS.

Steam or boil whole, halved or quartered pears until tender. (Steaming is preferable.) Prepare the syrup as for peaches and if the pears are steamed add to the boiling syrup a moment, then dip into cans, pour syrup over and seal.

—Mrs. Frances E. Owens.

## PIEPLANT AND BLACKBERRIES.

12 pounds blackberries,      9 pounds sugar,  
6 pounds pieplant,      4 quarts water.

Boil the sugar and water to a syrup, add the sliced pieplant, cook ten minutes, add the blackberries, boil five minutes, and seal while hot. Strawberries or blueberries are fine put up in the same way with pieplant.

—Mrs. Jacob Haverkorn.

## PIEPLANT AND PINEAPPLE.

Pare, slice and cook six pineapples until tender, cook pieplant separately, then put the pineapples and pieplant together in the proportion of two cups of pieplant to one cup of pineapple; add four cups of sugar and can while hot. No water should be used in cooking either the pieplant or pineapple. This makes four quarts and a pint.—Mrs. Orson.

## CRANBERRIES.

Put two pints of cranberries, two cups of granulated sugar and one cup of water in a granite stewpan; let come to a boil, then boil ten minutes, closely covered, without stirring; remove the scum. Will jelly when cool.

## CANNED STRAWBERRIES (UNCOOKED).

Wash eight cups of fresh strawberries, add six cups of sugar, mash together thoroughly with the potato masher and can without heating. Makes fine winter shortcake.

—Mrs. Fournier.

## CANNED TOMATOES.

Peel and cut small. Cook in a preserving kettle without water until done sufficiently for the table. Seal hot. Very nice for soups in the winter. —Miss Westgate.

## CHERRY RELISH.

5 pounds cherries,	2 pounds raisins,
5 pounds sugar,	2 oranges.

Pit the cherries, chop the raisins; boil the cherries one-half hour then add sugar and raisins and boil one-half hour longer; just before removing from the fire add juice and grated rind of the oranges.

—Mrs. John Hanchett, Sheboygan.

## CURRANT RELISH.

5 pounds fresh currants,	5 pounds loaf sugar,
2 pounds seeded raisins,	Spices to taste.

—Mrs. Frances E. Ott.

## CURRANT RELISH.

5 pounds ripe currants,	5 pounds white sugar,
5 oranges (juice and chopped rind),	1 pound chopped raisins.

Cook slowly one and one-half hours.

—Mrs. Mayhew.

## GRAPE CATSUP.

7 pounds grapes,	1 tablespoon cinnamon,
3½ pounds sugar,	1 tablespoon cloves,
1½ pints vinegar,	1 tablespoon allspice,
1 tablespoon salt,	1 saltspoon cayenne.

Boil the grapes, press through a colander to remove seeds and skins; boil the pulp with the remaining ingredients slowly until thick; then bottle and seal.

## GRAPE JELLY.

Cook crabapples ten minutes, then add an equal quantity of grapes, cook together until tender, then press through a sieve; to the juice add an equal measure of sugar and cook until thick.

—Mrs. John Roob.

## GREEN GRAPE JELLY.

Stem the grapes, cook in just enough water to keep from burning; mash with a silver spoon, strain, and, to every pint of juice allow three-quarters pound of sugar. Heat sugar very hot, then pour the juice over it, stirring well. Fill glasses.

## RASPBERRY JELLY.

3 boxes gooseberries,	1 bowl of sugar to
2 boxes raspberries,	1 bowl of juice.

Heat the berries together, mash and drain them, measure the juice and bring slowly to a boil; add sugar, boil fifteen or twenty minutes, then turn into sterilized glasses and put covers on.

—Mrs. C. L. Sawyer.

## RASPBERRY JELLY.

1 box raspberries,            1 cup sugar to  
2 boxes gooseberries,        1 cup juice.

Heat berries together, mash and turn into cheesecloth bag to drip (do not squeeze); measure juice, bring slowly to a boil, add sugar, boil fifteen or twenty minutes, then pour into sterilized glasses and when cool paste writing paper over the top.

## PRESERVED APPLES.

One-half pound sugar to one pound apples; pare, quarter and core apples, then place them in alternate layers with sugar in a jar. Boil the parings and turn the water over the apples, cover with plate and let stand over night; in the morning drain off syrup, heat to boiling point, pour over the apples and let stand twelve hours; repeat this process three times, then heat the apples thoroughly, add a few whole cloves and seal in glass jars. If sweet apples are used add one lemon to four pounds of apples.

—Mrs. J. N. Arveson.

## SPICED CRAB APPLES.

4 pounds sugar,	2 ounces whole allspice,
2 quarts cider vinegar,	Crabapples to fill a two-
1 ounce whole cloves,	gallon jar.
2 ounces stick cinnamon,	

Tie the spices in a muslin bag. Steam the crab apples. Boil the vinegar, sugar and spices one-half hour; then pour the liquid over the fruit and place the bag of spices on the top.  
—Mrs. E. L. Merwin.

## SPICED CRAB APPLES.

5 pounds apples,	3 tablespoons cinnamon,
3 pounds sugar,	1 tablespoon allspice,
$\frac{1}{2}$ pint vinegar,	1 tablespoon pepper.
$\frac{1}{2}$ tablespoon salt,	

Weigh the crab apples after quartering and coring, boil with sugar and a little water for two minutes, then add spices and vinegar and boil ten minutes more. Cherries may be spiced the same way.  
—Mrs. G. D. Gould.

## SPICED CURRANTS.

5 pounds ripe currants,	1 tablespoon cloves,
3 pounds white sugar,	1 tablespoon allspice,
1 tablespoon cinnamon,	$\frac{1}{2}$ pint vinegar,
1 tablespoon nutmeg	

Boil currants one hour, then add sugar, spices and vinegar; boil one-half hour longer.  
—Mrs. Joseph Ott.

## SPICED CURRANTS.

4 quarts currants, without stems,	1 teaspoon allspice,
1 pint vinegar,	1 teaspoon cloves,
2 pounds sugar,	Lemon rind,
	1 teaspoon cinnamon.

Boil together until consistency of jelly, and put in covered jars. Good. —Mrs. W. P. Rix.

## SPICED CURRANTS.

7 pounds currants,	1 tablespoon ground cin-
4 pounds sugar,	namon,
1 pint good cider vinegar,	1 teaspoon cloves.

Put into kettle and boil until the fruit is soft, then skim out, putting it on dishes until the syrup is boiled down thick. Turn the fruit back into the syrup again so as to heat it all through; then seal it hot in glass jars and put in a cool, dark place. —Mrs. Marie Pick.

## SPICED GRAPES.

5 pounds grapes,	1 tablespoon cinnamon,
4 pounds brown sugar,	1 teaspoon allspice,
1 pint vinegar,	Sprinkling of pepper.
1 tablespoon cloves,	

For this purpose the late Isabella grapes, not very well ripened, are the best. (Weigh before picking from the stems.) Strip the grapes, one by one, from the stems, "popping" the

pulp into one kettle and throwing the skins into another; put both kettles over the fire, adding just enough water to each to keep from scorching. As soon as the seeds loosen from the pulp, press through a colander, add the pulp to the skins, then add the other ingredients and cook slowly three or four hours, or until quite thick.

### SPICED RHUBARB.

2½ pounds rhubarb,	1 tablespoon cloves,
1 cup vinegar,	1 tablespoon cinnamon.
2 pounds sugar,	

Cut rhubarb into inch pieces, put all the ingredients in a preserving kettle and boil steadily one-half hour. If preferred, use less spices. —Mrs. Peter Baenke.

### SPICED TOMATOES.

1 pint cider vinegar	½ ounce cloves,
4 pounds brown sugar,	1 ounce cinnamon.
7 pounds green tomatoes,	

Tie spices in little bags; boil vinegar, sugar and spices until clear, then add the whole tomatoes (peeled), and boil two hours; put in cans and in each can put a bag of spice.

—Mrs. A. Zimmerling.

## RULE FOR SWEET PICKLES.

4 pounds fruit,	$\frac{1}{2}$ cup mixed spices—
2 pounds brown sugar,	stick cinnamon, cassia
1 pint vinegar,	buds, allspice and cloves.

Tie spices in a bag and boil with the vinegar and sugar. Skim well; add fruit, cook until tender; skim out and put in stone jars; boil syrup five minutes longer and pour over the fruit; for three mornings pour off the syrup, boil and pour over the fruit; keep the bag of spices in the syrup.

## RULE FOR MARMALADES, PRESERVES AND JAMS.

Marmalade is made of the fruit pulp put through a sieve and boiled with an equal quantity of sugar very slowly one-half or three-quarters of an hour.

Preserves are prepared with equal weights of sugar and fruit. A syrup is made by adding as little water as possible to the sugar; when it boils, skim until clear, then add fruit and cook until tender.

Jams are usually made with whole, small fruits. Mash the fruit and cook it in an equal weight of sugar.

## PLUM PRESERVES.

Cut one large, ripe tomato in three pieces, add to the plums, pour boiling water over and boil till ready to pit; then remove the tomato and pits and add to the plums an equal measure of sugar, stir until it boils, then skim out the plums, cook syrup till thick and pour over the plums in a jar.

—Mrs. G. D. Gould.

## GREEN TOMATO PRESERVES.

One peck tomatoes, cut each in two; mix well with six pounds sugar and let stand over night. Next day drain off juice and boil to a syrup. Add tomatoes and six lemons, sliced, and cook until transparent—about two hours.

## RIPE TOMATO PRESERVES.

Seven pounds ripe tomatoes, three-quarters pound sugar to one pound tomatoes. Let them stand together over night; in the morning drain off the syrup and boil it, skimming well; then put in the tomatoes and boil gently twenty minutes; take out the fruit with a skimmer and boil syrup until it thickens. Ten minutes before taking from the fire, add three lemons, sliced, and a little ginger root, if preferred; put the tomatoes into jars and fill with the hot syrup. Seal when cold.

—Mrs. B. Schallern.

## SUNSHINE PRESERVES.

Cook one pound strawberries and one pound sugar for one hour, then spread the strawberries on platters, cook the juice a little longer, pour over the strawberries and let stand in the sun for two days, then put in glass cans.

—Mrs. Nellie C.

## PEACH ROLL.

Peel Freestone peaches, stone, mash fine, put through a coarse sieve and to two quarts of pulp add one pint of brown sugar; mix and cook for two minutes, then spread on plates and let stand in the sun about three days or until it cleaves from the plates readily, then dust sugar over and roll up; keep in a dry place.

—Mrs. Owens.

## GOOSEBERRY JAM.

Pick the berries just as they begin to turn. Stem, wash and weigh. To four pounds of fruit add one-half teacup water; boil until soft; add four pounds sugar and boil until clear.

## QUINCE JAM.

Grate two quinces. Make a syrup of three pounds sugar and one pint water. Add quinces and cook ten minutes. This is nice for hot griddle cakes.

## STRAWBERRY JAM.

Take equal parts of pieplant and strawberries. Boil pieplant and if too juicy drain off a part of the juice, then add the strawberries, sweeten to taste and boil until thick.

—Dorothy B. French.

## TOMATO JAM.

1 peck ripe tomatoes,	4 pounds brown sugar,
5 big sour apples, sliced very thin,	4 pounds white sugar,
4 lemons, sliced,	1 heaping teaspoon cinnamon.

—Mrs. E. Weininger.

## QUINCE HONEY.

5 large quinces,	$\frac{1}{2}$ gallon water.
5 pounds honey,	

Grate the quinces and boil all together until pink. This tastes like natural honey and is nice for pancakes or dessert.

—A. Hunter.

## ORANGE MARMALADE. (English.)

7 large oranges,	1 gallon cold water,
4 lemons,	5 pounds sugar.

Cut the fruit in thin slices, let stand in water thirty-six hours, then boil quickly in the same water two hours; add the sugar and boil another hour, or until it jellies.

—Mrs. C. A. Weil.

## PIEPLANT MARMALADE.

3 pounds pieplant,                    2 lemons,  
3 pounds sugar,                     $\frac{1}{2}$  pound almonds.

Peel and cut the pieplant in small pieces, blanch and chop the almonds fine, then boil the pieplant, sugar, juice and grated rind of the lemons for thirty minutes, then add the almonds, boil twenty-five minutes more and put in jelly glasses.

—Mrs. S. E. Penney.

## APPLE BUTTER.

Boil new cider down one half, then add an equal quantity of pared, cored and quartered apples, boil until the apples are tender, sweeten to taste with light brown sugar, and boil, with constant stirring, until it is reduced to a smooth, buttery mass; keep in stone jars.

—J. B. Smiley.

## CANDIED ORANGE PEEL.

Cut the rinds of a dozen oranges into small pieces, boil about an hour and a quarter, changing the water three times; then drain thoroughly, add a cup of sugar and let stand on the stove until the sugar dissolves; then spread on plates, stir occasionally and when thoroughly dry, put in a glass can. Lemon peel may be candied the same way. Nice for a dessert, or for flavoring fruit cake.

## CANNED BEANS. (Fine.)

String and cut fresh snap beans as if for immediate use; fill a jar with alternate layers of the uncooked beans and salt, allowing a half cup of salt to each quart of beans; then fasten air tight with the salt at the top. Will keep crisp and green for months and taste almost as good as fresh; can also be taken from the salt and pickled at any time.

—N. H. White.

## TO PUT UP BEANS.

Cut off the ends and boil the beans in salted water until about half tender; then drain and drop into boiling water, salted in the proportion of two tablespoons salt to each quart of water. Boil about ten minutes, then put in glass jars, cover well with the water in which they were boiled, and seal. The jar should stand in hot water while filling.

—Lizzie Schottler.

## TO KEEP BEANS.

Rub five quarts of beans, one quart of salt and one pint of sugar together until juicy, then put in a jar with a weight over.

—Mrs. John Roob.

The following table will be found a great help in canning:

	Time to boil in minutes.	Suger needed for each quart of fruit.
Apples, sour, quartered..	10	6 ounces
Blackberries .....	6	6 "
Blueberries .....	5	4 "
Cherries .....	5	6 "
Crabapples, whole.....	25	8 "
Currants, ripe.....	6	8 "
Gooseberries .....	8	9 "
Grapes, wild.....	10	8 "
Peaches, halved.....	8	4 "
Peaches, whole.....	15	8 "
Pears, small, sour, whole	30	8 "
Pears, Bartlett, halved..	20	6 "
Pineapples, sliced.....	15	6 "
Plums .....	10	8 "
Quinces, quartered.....	25	10 "
Raspberries .....	6	4 "
Rhubarb, sliced.....	10	10 "
Strawberries .....	8	8 "
Tomatoes .....	20	8 "

—J. B. Smiley.

# Helps to Young Housekeepers.

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“Live and Learn.”

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Good yeast, good flour, good judgment and watchful care are essentials in bread making. Good flour is cream white, holds together in a mass when squeezed by the hand and retains the impression of the fingers. Learn to make good homemade yeast. Keep the sponge near the stove, where it will keep warm. Bread is “light enough” when it has doubled its bulk, and is ready for the oven when the loaves will not retain the dent of the finger. Bread should bake an hour; rolls and biscuits should bake quickly; baking powder and cream tartar biscuits should be made quickly as possible and baked in a hot oven. Pans, especially for gems, should be greased and heated before putting in the dough or batter. Flour should *always* be sifted before using, and in winter should be warmed. When fresh bread is made, a part of the dough may be set aside in a cold place and rolls made the next day. In winter, kept cold, yet not in danger of freezing, bread dough may be kept a week. Stale bread may be used in griddle cakes, omelets, dressings, scalloped dishes, toma-

toes, etc.; it may be dried in the oven, rolled fine and kept in a paper bag, or in a glass jar, for future use.

In adding eggs to custards, soups, sauces, etc., remember to add a few spoonfuls of the boiling liquid to the eggs before stirring them into the mixture. If this is done carefully, the eggs will not curdle as they have an annoying habit of doing when stirred directly into a hot mixture.

To separate fat from soups and gravy, thoroughly wet a clean white cloth in very cold water; pour soup or gravy through it; every particle of fat will remain in the cloth. Butter will blend better with soups if it is browned a little before adding.

To clarify beef drippings, place the drippings in a basin, slice into it a raw potato, let boil long enough for slices to brown, then cool, drain from the sediment and put in a cool place. When mixed with an equal quantity of butter it answers the same purpose as clear butter for frying and basting any meats, save game and poultry.

A piece of charcoal, tied in a muslin cloth, and put in the water in which cabbage, cauliflower, onions or ham is boiling will remove the unpleasant odor. Pepper pods answer the same purpose. A piece of bread tied in a cloth and boiled with strong vegetables will make them much milder.

In making soups put the meat over in cold water. Fresh fish, game, or meats of any kind, are improved by being salted

over night. Soups and stews should be cooked slowly; the more gently meat boils the more tender it will become; a tough piece of meat can be made tender by cooking for several hours in water at a simmering heat. Roast meats should be put into a smoking hot oven; after the surface is seared over, the heat should be diminished and the roast cooked slowly until done.

Chicken or turkey oil is very nice to use in place of salad oil or butter, in making salad dressings.

Fowls, especially water fowls, after removing the feathers, and singeing, should be thoroughly washed with soap and water, after which they should be well rinsed. Another very good way to cleanse chickens, turkeys, etc., is to rub them thoroughly with dry oatmeal. In summer, dressed poultry, should have a piece of charcoal placed inside to be removed before cooking.

Milk is curdled by salt, so do not add to milk dishes until they are nearly cooked.

In filling salt shakers, add a little cornstarch to the salt and there will be a saving of time and temper.

Wash egg shells when they come from the market, and then they may be used for clearing coffee, soup, etc.

To chop suet, break into small bits, sprinkle with flour and chop in a cool place.

To clean currants, put in a colander, sprinkle well with flour, rub until grit, flour, etc., have passed through the strainer. Place in a pan of water and wash until water is stand ten minutes, when seeds are easily removed.

To blanch almonds, remove shells, pour over boiling water and let stand until the dark skin rubs off easily; then put in cold water, rub off the skins and dry between towels.

To remove the skins easily from peaches, plums or tomatoes, dip them in boiling water a minute or two.

In mixing cake, where other methods are not given in this work by contributors, it would be well to observe the following directions: Beat the butter and sugar to a cream; add the beaten yolks, spices or flavorings, milk or water, flour, into which the baking powder has been sifted, and lastly, the beaten whites. When fruit is used it should be dredged with flour and added last. Cakes, made with butter, should be beaten long and vigorously after adding the flour, that they may be smooth and fine grained. Sponge cakes should not be beaten after adding the flour, but require much beating before. All cakes, except those containing yeast, should be baked as soon as possible after they are mixed. Cakes with fruit in should be mixed stiffer with flour than those without fruit. Cakes with molasses in will burn more quickly than others. Baking powder should be sifted into the flour, and soda dissolved in sour milk or in hot water. In making sour

milk biscuits, doughnuts or cakes, in addition to the soda required to sweeten the sour milk use a little baking powder in the flour. Thin cakes should bake from fifteen to twenty minutes, thicker cakes from thirty to forty minutes, very thick loaves about an hour, and large fruit cakes two to three hours. To prevent cake or pie from burning, place a pan of cold water on the upper grate within the oven. A cake will never be tough if a level tablespoon of cornstarch is sifted into the flour.

Doughnuts will not take up the lard if one level teaspoon of ginger is sifted into the flour.

What is left of a steamed pudding can be steamed over just enough to heat it through, and will be quite as nice as when first served.

Tea and coffee, made hot before water is added, are more fragrant and stronger.

To keep lemons fresh, put them in a jar and cover with water; in summer change the water twice a week.

In canning fruits see that the covers and rubbers are in perfect form.

Keep pieces of charcoal in the refrigerator, change them often.

## MEATS AND THEIR ACCOMPANIMENTS.

*With roast beef:* Tomato sauce, grated horseradish, mustard, cranberry sauce, pickles.

*With roast pork:* Apple or cranberry sauce.

*With roast veal:* Tomato, mushroom, onion or cranberry sauce; also horseradish and onions.

*With roast mutton:* Currant jelly, caper sauce.

*With boiled mutton:* Onion or caper sauce.

*With boiled fowls:* Bread sauce or onion, lemon, or cranberry sauce, jellies. Also cream sauce.

*With roast lamb:* Mint sauce.

*With roast turkey:* Cranberry sauce, currant jelly.

*With boiled turkey:* Oyster sauce.

*With venison or wild ducks:* Cranberry sauce, currant jelly.

*With roast goose:* Apple or cranberry sauce, grape or currant jelly.

*With boiled fresh mackerel:* Stewed gooseberries.

*With fresh salmon:* Green peas, cream sauce.

Pickles are good with all meats.

Spinach should be served with veal; green peas with lamb. Lemon juice is nice with all fish. Slices of lemon diced and brought to a boiling point in drawn butter are fine with fowls.

## WEIGHTS AND MEASURES.

Almonds or walnuts: 1 cup, shelled=seven ounces.

Butter: 2 rounded cups=one pound.

Coffee: 4 cups, ground=one pound.

Cornstarch: 3 cups=one pound.

Dates, figs, prunes or raisins: 2 cups=one pound.

Eggs: Ten, average size=one pound.

Flour: 4 cups, sifted=one heaping quart and weighs one pound.

Lard or suet: 2 full cups=one pound.

Meat, chopped: 2 solid cups=one pint and weighs one pound.

Rice or sago: 2 cups, heaped=one pound.

Sugar, granulated or dry brown: 2 heaping cups=one pound.

Sugar, powdered:  $2\frac{1}{2}$  cups=one pound.

Milk, cream, molasses, vinegar or water: 2 cups=one pint.

Yeast: One-half cup, liquid=one-half cake compressed.

One tablespoon butter, rounded=one ounce.

One gill=one-half cup.

Two cups or four gills=one pint.

Two pints=one quart.

Four quarts=one gallon.

Four level tablespoons of unmelted butter=one-half cup in this book.

The "size of an egg"=two slightly rounded tablespoons of butter.

"Pinch of salt"=one saltspoon full.



# Diet for the Sick.

BY DR. J. H. WEHLE.

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In serving a meal to an invalid, one cannot be too fastidious: too large a portion, a suspicion of grease on the broth, will often spoil the appetite. The linen, glass, dishes, etc., should be the best in the house; a tiny flower laid on the folded napkin will do much to render the meal pleasant.

## CALVES' FEET BROTH.

2 calves' feet,	1 egg,
2 quarts water,	Salt,
2 tablespoons milk,	Pepper.

Boil the feet to shreds and strain liquor. Add egg and milk; give one boil up and serve hot with toast.

## EGGS.

Boiled. Dip a heavy coffee cup in boiling water (by running a string through the handle) and heat for five minutes; then break an egg into it and cover cup. The heat of the cup will cook the egg sufficiently; season to taste.

## EGG LEMONADE.

4 lemons (juice of four,      6 ounces loaf sugar,  
    rind of two),              1½ pints boiling water.  
4 eggs,

Pare lemon rind thin; put into pitcher with sugar and pour the boiling water over. Let cool and strain, then add lemon juice and beaten eggs.

## JUNKET.

Take one-half pint of milk (lukewarm—100 degrees F.), sweeten with sugar, if necessary; add one teaspoon of Fairchild's essence of pepsin. Stir and divide into small cups or glasses and set aside until it jellies. It may be placed in ice before serving. This may be flavored with vanilla, nutmeg or cinnamon. If digestion is feeble, use liquid whey instead of the curd.

## EGG JUNKET.

Two eggs beaten to a froth and sweetened with four teaspoons of sugar, may previously be added to milk; heat lukewarm; add essence of pepsin and proceed as above.

## COCOA JUNKET.

Scald a teaspoon of cocoa and two of sugar with two tablespoons of boiling water. Rub to a paste, add one-half pint of milk and heat mixture lukewarm. Add essence of pepsin and proceed as above.

## COFFEE JUNKET.

Dissolve two teaspoons of sugar in two tablespoons of strong coffee and proceed as above.

STRAWBERRY, VANILLA AND BITTER ALMOND  
JUNKET.

Add one-half teaspoon extract of vanilla or bitter almond extract to above. Strawberry: One tablespoon of strawberry syrup to above.

## KOUMYSS.

Take a strong bottle (like champagne bottle) with a long neck and fill to lower end of neck with fresh, lukewarm milk; add two tablespoons of sugar and shake; then one-sixth of a cake of Fleishman's compressed yeast and cork. Wire or tie securely, as the Koumyss may pop. Set the bottle in temperature of 100 degrees F., for 8 or 10 hours; then place in cellar or on ice and use as needed. (Use champagne tap, or open carefully.)

## MILK.

As milk is disagreeable to many it may be flavored by boiling a stick of cinnamon in it; if it is not easily digested, lime water or a little bi-carbonate of soda may be added.

## PEPTONIZED MILK.

Take a quart Mason jar and pour into it a teacup of lukewarm water. Dissolve in this one of Fairchild's peptonizing tubes. Add one pint of fresh milk and shake. Place the jar for ten minutes in water so hot that the hand can be held in it for one minute (say 115 F.). Now bring it to a boil at once, or put on ice. If directions are not carefully followed the mixture will become bitter.

## SAVOURY CUSTARD.

Add yolks of two eggs to a cupful of beef tea; season with salt and pepper. Butter a cup, pour the mixture into it and let it stand in a pan of boiling water until the custard is set.

## SCOTCH BEEF BROTH.

Remove the fat from a pint of strained beef broth, season, add one teaspoon of oatmeal and boil gently for two hours.

## CHICKEN BROTH.

Cut chicken into pieces, cover with twelve pints water, add two ounces salt. Simmer gently three hours, skim off fat; make paste of flour and water, add to broth, and boil ten minutes.

## BEEF TEA.

Put one pound minced beef into a jar with one pint cold water. Let stand one hour, stirring occasionally; then place jar in a saucepan of water, over the fire, and allow water to boil gently for one hour. Strain the tea and add salt.

## SCRAPED BEEF SANDWICHES.

Place a piece of round steak on meat board and scrape out all the pulp with a dull knife, add salt, pepper and enough raw beef juice to make it into a firm jelly. Spread on thin slices of stale bread, without butter.

## FARINA PUDDING.

$\frac{1}{2}$ pound farina,	$2\frac{1}{2}$ ounces sugar,
2 pints milk,	4 ounces eggs,
1 pint water,	$\frac{1}{2}$ ounce nutmeg.

Put water into a stewpan, with a little salt. When it boils, stir in the farina. Boil twenty minutes, then stir in the milk, which must be hot. Beat the eggs and sugar together, and stir into the farina, add nutmeg. Put into moderate oven and bake one-half hour.

## PANOPEPTON PREPARATIONS.

Panopepton is a pre-digested wheat starch and beef preparation, and a good substitute for milk, where milk and other foods are disagreeable to patients.

## PANOPEPTON JELLY, WITH ORANGE

$\frac{1}{2}$  box gelatine,                      1 orange (juice and rind),  
1 tablespoon sugar,                1 pint cold water.  
6 tablespoons panopepton,

Put gelatine, orange peel (cut into small pieces), juice and cold water in a dish, and let stand one hour, then put in a double boiler over the fire, add sugar and stir until dissolved; strain through linen, add panopepton and stir well. Pour into jar and set near ice. Serve in small quantities.

## PANOPEPTON. (Hot.)

To a small teacup two-thirds full of boiling water, add one tablespoon panopepton, one teaspoon fresh lemon juice and a little sugar. Stir and drink immediately, sipping slowly.

## PANOPEPTON BOUILLON. (Hot.)

Put one tablespoon panopepton into a teacup; fill cup nearly full of boiling water, season with salt and pepper, stir and sip slowly.

## ARROW ROOT GRUEL.

One pint milk or water, one teaspoon arrow root, salt to taste.

## Miscellaneous.

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“They have gathered the scraps.”

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### AN EXCELLENT SUBSTITUTE FOR BUTTER.

Take six pounds of suet from the breast of beef (kidney suet will not do), and three pounds best butter. Cook each slowly for several hours. Remove the scum from the butter as it forms, and when done pour off from the sediment at the bottom, then turn the suet and butter together while hot and pour into a stone jar. Will keep sweet for months, and can be used with perfect satisfaction in place of butter, either in baking or cooking.

### TO KEEP BUTTER. (German Method.)

Put twenty pounds in a preserving kettle on the back of the stove to avoid all risk of burning, cook slowly seven or eight hours, stirring often. When done will be a pale yellow with brown sediment at bottom. Pour off the clear butter into stone jars, and set it in a cool place. Gives a fine flavor to meats and keeps six months or more.

## BAKING POWDER.

Eight ounces bicarb. soda, six ounces tartaric acid, two-thirds quart of flour. Sift at least twenty times (forty will be better), and do not throw away the pieces left in the sieve, but mash them and sift again. Must be kept in cool, dry place. Use like any other baking powder.

—Mrs. R. S. Lynch.

## BRINE FOR MEAT.

7 pounds common salt,      2 teaspoons saltpeter,  
1 pound brown sugar,      5 gallons water.  
1 pint molasses,

Let come to a boil, skim, and when cold pour over the meat. If dried beef is wanted leave in brine two weeks, then hang up several days to drain and smoke four days.

—Mrs. F. Althaus.

## BRINE FOR 100 POUNDS OF MEAT.

6 pounds rock salt,      2 ounces saltpeter,  
1½ pounds brown sugar,      5 gallons water.

Boil, let get cold and skim.      —Mrs. R. S. Lynch.

## RECIPE FOR HAMS.

Pack the hams in a barrel as closely as possible, putting on a little salt. For 100 pounds of meat take five pounds of brown sugar, one-quarter pound of saltpeter, and as much rock salt as will dissolve in five pails of water. Put in a boiler and let it come to a boil; skim well, while boiling hot pour over the hams and cover tight. Leave in the pickle six weeks, then drain and smoke. —Mrs. Sarah Sheldon.

## SWEET PICKLE FOR BEEF AND PORK.

2 gallons water,	2 pints salt,
1 pint sugar,	1 ounce saltpeter.

Let water, sugar and salt come to a boil, then skim and remove from the fire; while cooling add the saltpeter. Rub the beef with dry salt, let stand on its side to drain over night; in the morning pack tight in a jar, pour the brine over and in two weeks it will be ready to use. In cooking this pickled or corned beef, change the water at least twice and boil very slow not less than four hours. Add one cup soda to this brine and it makes fine pickle for pork. Leave the hams in the brine from four to six weeks, then remove and smoke.

—Mrs. Anna Corr.

## COUGH SYRUP.

2 lemons (juice),	$\frac{1}{2}$ cup vinegar,
1 pound loaf sugar,	1 tablespoon paregoric.

Boil the lemon juice, sugar and vinegar to a thick syrup; take from the fire and add the paregoric. An excellent cough remedy.

—Mrs. Catherine Vestey.

## COUGH SYRUP.

1 ounce thoroughwort,	1 ounce best stick licorice,
1 ounce flaxseed,	1 pint New Orleans molasses
1 ounce slippery elm,	$\frac{1}{2}$ pint loaf sugar.

Cook thoroughwort, flaxseed, slippery elm and licorice together in a small quantity of water, strain, then add molasses and sugar and cook until thick. Take one tablespoonful after every coughing spell. If persisted in this is a sure cure for an obstinate cough.

—Mrs. A. E. Ottstadt.

## ONION SYRUP.

Peel and slice one large onion, add one-half cup sugar and four tablespoons vinegar, boil to a syrup and strain.

—Mrs. Knoller.

## DANDELION TONIC.

Gather two quarts of dandelion blossoms entirely clear of stalks and let stand over night to wilt; the next morning pour four quarts of boiling water over them, let stand two days, then strain and drain; add three pounds granulated sugar to the liquid and heat until the sugar is dissolved; let stand three weeks in a jar covered with a cloth, when it will be ready to bottle. Dose: One tablespoonful three times a day. A valuable spring tonic.

## DANDELION TONIC.

Fill a gallon jar with dandelion blossoms and pour over them one gallon of boiling water; let stand three days, then drain and add three pounds of sugar to the water, heat until the sugar is dissolved; when cool add three oranges and one lemon sliced, and one dissolved yeast-cake; let stand three weeks, then strain and bottle. This is an excellent spring tonic.

—Mrs. R. Steinke.

## EXCELLENT REMEDY FOR SORE THROAT.

Cut a slice of fat salt pork, let stand a minute or two in hot vinegar, sprinkle with black pepper, and apply to the throat as hot as possible. When relieved and the pork is removed, bandage the throat with soft flannel.

## GARGLE FOR SORE THROAT. (Excellent.)

1 ounce tincture of iron, 1 ounce glycerine.

Dilute with water, when used. Do not touch the teeth with this preparation as it is very injurious to the enamel.

## LINIMENT FOR RHEUMATISM.

To one pint cider vinegar add all the saltpeter it will cut, then add as much turpentine as will mix; stir thoroughly.

—Mrs. Wheeler.

## ONION GRUEL.

Boil a few onions, sliced, in a pint of new milk, with a sprinkle of oatmeal and a very little salt, until quite tender; then sip rapidly and go to bed. Excellent for colds.

—Mrs. Herman J. Wagner.

## FLAXSEED TEA.

Cook a handful of whole flaxseed in a quart of water, strain, season with lemon juice and sugar. Drink one cupful before each meal. Will cure the most obstinate cough.

—Mrs. Henry Wesendorf.

## MULLEIN TEA.

A tea made from the leaves or blossoms of the common mullein plant is a remarkable healer of diseased lungs; its use must be persisted in for months, if necessary. This is a simple remedy, try it. The mullein leaves may be gathered and dried for future use.

## SLIPPERY ELM BARK TEA.

Break the bark into bits, pour boiling water over, cover and let stand until cold, then sweeten, ice, and take for summer disorders, or add lemon juice and drink for a bad cold.

—Mrs. Wagner.

## CAMPHOR ICE.

1 ounce spermaceti,	2 ounces almond oil,
1 ounce camphor,	$\frac{1}{2}$ cake white wax.

Melt together and turn into moulds.

—Mrs. Frank Smith.

## SAILOR'S DYSENTERY MEDICINE. (Excellent.)

Pour one cup boiling water over ten cents worth Turkish rhubarb, let stand till cool, then add one-half cup sugar, one teaspoon soda and one teaspoon peppermint essence.

Dose: One tablespoonful every hour in severe cases.

—Mrs. N. J. C.

## ECZEMA CURE.

Five cents' worth each of rosin, beeswax, lard and balsam of fir, mixed by a druggist; use as a salve. Has helped in many cases.

—Anna B Jenson.

## WASHING FLUID.

Dissolve one-half ounce salts of tartar, one-half ounce sal ammonia and one pound of Babbitt's potash in one gallon of boiling soft water. Soak the white clothes in cold water over night; in the morning add one cup of the fluid to five gallons of water and boil the clothes in it one half hour.

—Mrs. Sleyfield.

# INDEX.

## BREAD.

Bread, wheat .....	7-11	Johnny cake .....	22-23
Bread, Boston brown.....	14	Johnny cake or corn pone...	21
Bread, brown .....	12-14	Johnny cake, Bishop Wm.'s..	21
Bread, corn .....	20	Kolatschi .....	16
Bread, French .....	9	Muffins .....	33-34
Bread, graham .....	14-16	Muffins, cream .....	32
Bread, graham nut.....	16	Muffins, graham .....	33
Bread, milk .....	17	Muffins, old time .....	35
Bread, Norwegian Christmas.	17	Muffins, potato .....	35
Bread, oatmeal .....	17	Pancakes .....	39
Bread, Ralston's health .....	18	Pancakes, buckwheat .....	37
Bread, rye .....	18	Pancakes, egg .....	38
Bread, salt-rising .....	19	Pancakes, French .....	38
Bread, steamed corn .....	21	Pancakes, potato .....	38-39
Bread sticks .....	32	Potato cakes .....	39
Bread, walnut .....	19	Popovers .....	35
Bread, whole wheat .....	19	Rolls .....	29-30
Biscuit, Aunt Fannie's .....	23	Rolls, breakfast .....	29
Biscuit, baking powder ...	24-25	Rolls, Parker House .....	29
Biscuit, cream .....	25-26	Rye drop cakes .....	36
Biscuit, cream of tartar ...	26	Sandwiches .....	42
Biscuit, currant .....	26	Sandwiches, camping .....	40
Biscuit, drop .....	27	Sandwiches, chicken .....	40
Biscuit, raised .....	27	Sandwiches, date .....	41
Biscuit, soda .....	28	Sandwiches, fruit .....	41
Biscuit, yeast .....	28	Sandwiches, peanut .....	41
Crackers, graham .....	31	Sandwiches, picnic .....	41
Crackers, sweet .....	32	Toast, French .....	40
Fritters .....	36	Toast, German .....	40
Fritters, sweet corn .....	36	Waffles .....	37
Gems, bran .....	30	Yeast, hop .....	11
Gems, graham .....	30-31	Yeast, potato .....	11-12
Graham sticks .....	31		

## SOUPS.

A plain bean soup.....	43	To clear soup stock.....	52
Asparagus soup .....	43	Tomato bisque .....	53
Bean soup .....	44	Tomato soup, cream of.....	54
Beef tongue soup .....	44	Tomato soup .....	54-55
Berry soup .....	44	Veal soup .....	55
Bouillon .....	45	Vegetable soup .....	55
Chili con carne .....	45	Water soup for invalids....	56
Chili, Mexican .....	45	Bread dumplings .....	56
Cream of asparagus soup....	46	Croutons .....	56
Cream salmon soup.....	46	Dumplings .....	57-58
Egg soup .....	46	Egg balls .....	58
Milk soup .....	47	Farina dumplings .....	58
Mutton broth .....	47	Little cracker dumplings....	59
Mutton soup .....	48	Liver dumplings .....	59
Onion soup .....	48	Marrow balls .....	59
Ox-tail soup .....	48	Meat dumplings .....	60
Oyster soup .....	49	Noodles .....	60
Plain soup .....	50	Potato dumplings .....	60-61
Potato soup .....	50	Scalded dumplings .....	62
Split pea soup.....	51	Schwamm dumplings .....	62
Stock for clear soup.....	52		

## SALADS.

Cream dressing for salads... 63	Ham salad .....	80
Excellent salad dressing.... 64	Hanoverian salad .....	80
Dressing .....	Herring salad .....	81
Mayonnaise .....	Horseradish salad .....	80
Plain salad dressing..... 67	Lobster salad .....	82
Salad dressing .....	Meat salad .....	82
Sour cream dressing..... 71	Oyster salad .....	82
Superior salad dressing..... 73	Potato salad .....	83-85
Apple salad .....	Salad .....	85
Beet salad .....	Salmon salad .....	86
Cabbage salad .....	Summer salad .....	80
Cabbage and banana salad .. 75	Tomato and cucumber salad.. 86	
Celery salad .....	Walnut salad .....	87
Celery root salad..... 76	Cheese salad .....	87
Chicken salad .....	Cottage cheese salad..... 87	
Egg salad .....	Cottage cheese .....	88
For mayonnaise chicken salad 79	Boiled cheese .....	88
Grandmother's salad .....	Hand cheese .....	88

## PICKLES, CATSUPS, Etc.

Beet pickle .....	89	Spanish pickles .....	99
Chili sauce .....	89-90	Spiced cucumber pickles.....	99
Cucumber pickles .....	90-91	Spiced green tomato pickles..	100
Dill pickles .....	92-93	Sweet pickled cherries .....	100
East Indian pickles .....	93	Sweet pickled pieplant .....	100
French mustard .....	94	Sweet pickled wax beans.....	101
Green tomato pickles.....	94-95	Sweet pickled cucumbers ...	101
Mustard pickles .....	95-96	Tomato catsup .....	102-104
Oil pickles .....	96-97	Vinegar pickles .....	104
Pickles .....	97	Yellow pickles .....	105
Piccallili .....	97-98	Corn vinegar .....	106
Senf Gurken .....	98	Potato vinegar .....	106
Shirley sauce .....	98	White wine vinegar .....	106

## VEGETABLES.

Asparagus .....	107	Macaroni and tomato .....	120
Beans, baked .....	108	Onions, fried .....	120
Beans, Lima .....	109	Onions, stewed with cream..	120
Beans, sour pickled .....	109	Onions, stuffed .....	121
Beans, string .....	109	Parsnips .....	116
Beet, vegetable .....	110	Parsnips, escalloped .....	116
Cabbage .....	110	Peas and carrots.....	114
Cabbage, baked .....	110	Potatoes, au gratin .....	121
Cabbage, fried with eggs....	110	Potatoes, baked .....	122
Cabbage, filled .....	111	Potatoes, cream sauce for...	123
Cabbage, milk .....	112	Potato croquettes .....	123
Cabbage, sour .....	113	Potatoes, escalloped .....	122
Cabbage, southern .....	113	Potatoes, fried .....	123
Carrots, creamed .....	114	Potatoes, French fried .....	122
Carrots, mashed .....	114	Potatoes, Saratoga chips....	124
Cauliflower .....	115	Potato stew .....	123
Cheees .....	115	Potatoes, stuffed .....	124
Corn, baked .....	115	Rice .....	125
Corn, escalloped .....	116	Rice, Spanish .....	126
Cucumbers, fried .....	118	Rothkraut .....	113
Egg plant .....	116	Sauerkraut .....	128
Fried apples .....	117	Squash, Hubbard .....	126
Fried noodles .....	117	Tomatoes, baked .....	126
Gold and silver vegetables....	117	Tomatoes, escalloped .....	127
Hot slaw .....	111-112	Tomatoes, savory .....	127
Macaroni .....	119	Tomatoes, stewed .....	127
Macaroni cheese .....	119	Turnips .....	128
Macaroni croquettes .....	118		

## MEATS.

Almond dressing for turkey..	158	Fricadelle .....	135
Beefsteak, broiled .....	131	Gravy for cold meats.....	153
Beef, corned (pressed).....	131	Ham, baked .....	151
Beef, corned, to boil.....	134	Hashed meat .....	146
Beef loaf .....	129	Hungarian stew .....	147
Beef olives .....	130	Lung sausage .....	150
Beef, roast .....	133-135	Meat loaf .....	136
Beef, spiced .....	134	Meat porcupine .....	136
Bobatee .....	129	Meat shape .....	137
Boiled dinner .....	134	Mint sauce .....	154
Breakfast bacon .....	145	Mock duck .....	132
Browned beef (pot roast)...	131	Mock terrapin .....	142
Calf's head cheese .....	143	Pannhause or scrapple.....	150
Calf's liver and bacon.....	143	Pickled pig's feet.....	152
Catsup gravy .....	152	Pot roast of steak .....	132
Chicken, cream .....	156	Pot roast of veal.....	139
Chicken croquettes .....	155	Rabbit fricassee .....	150
Chicken, escaloped .....	157	Roast beef .....	133
Chicken, fried .....	156	Roast leg of lamb (sour)...	138
Chicken loaf .....	157	Roast turkey .....	157
Chicken pie .....	155	Rouladen .....	133
Chicken, pressed .....	156	Sauce for boiled tongue.....	153
Croquettes .....	148	Saur braten .....	143
Croquettes .....	145	Saur fleisch .....	144
Curry sauce .....	154	Soup meat .....	151
Drawn butter sauce.....	154	Sweet and sour tongue.....	144
Dressings .....	159	Sweetbreads, baked .....	149
Dressings, Jewish .....	160	Sweetbreads, stewed .....	149
Eier Kuchen .....	152	Sweet sour gravy .....	153
Escalloped meat .....	138-139	Three ways to use meats....	145
Filled pork .....	132	Tongue cutlet .....	144
Fillet a la jardiniere.....	135	To use cold ham.....	145
Filling for chicken.....	159	To utilize every part of duck.	160
Filling, turkey .....	160	Veal loaf .....	140-141
Filling for poultry.....	159	Veal pot roast .....	141-142
French stew .....	147	Veal, pressed .....	139
French toast .....	145		

## EGGS.

Baked eggs .....	172	Mustard eggs .....	173
Egg cutlets .....	172	Omelet .....	174
Egg timbales .....	172	Picnic eggs .....	173
Filling .....	174	Scrambled eggs .....	173

## FISH.

Baked fish .....	162	Kedgeree .....	166
Baked fish with sauce.....	161	Lobster cutlets .....	166
Boiled fish .....	163	Oysters and macaroni.....	168
Brown fish sauce .....	163	Oysters, escalloped .....	168
Codfish balls .....	164	Planked white fish.....	165
Cream sauce for salmon.....	170	Salmon in a mould.....	170
Croquettes of fish.....	164	Salmon, escalloped .....	169
Fish a la Russian .....	162	Salmon loaf .....	168-169
Fish balls .....	164	Salmon turbot .....	171
Fish cutlets .....	165	Turbot a la creme.....	171
Fish with parsley sauce....	161	Turbot .....	171
Herring, pickled .....	167		

## THE CHAFING DISH.

Cheese toast .....	175	Panned oysters .....	176
Creamed oysters .....	176	Tomato rarebit .....	177
Omelet .....	175	Welsh rarebit .....	177
Oysters on toast .....	176		

## PUDDINGS.

Apple Charlotte .....	179	Estelle pudding .....	190
Apple dumpling .....	180-181	Farina pudding .....	191
Apple pudding .....	181	Fig pudding .....	191-192
Apple tapioca .....	182	Graham pudding .....	192-193
Berry pudding .....	182	Hartford pudding .....	193
Bird's nest pudding.....	182	Marble pudding .....	193
Black pudding .....	183	Oatmeal pudding .....	194
Bread pudding .....	183	Orange pudding .....	194
Brown pudding .....	184	Peach delight .....	195
Caramel pudding .....	184	Peach pudding .....	195-196
Cherry pudding .....	185	Plum pudding .....	196-199
Chocolate pudding .....	185-186	Prune pudding .....	199
Chocolate custard .....	186	Queen of puddings .....	199
Citronen pudding .....	187	Red gelatine pudding.....	200
Cornmeal pudding .....	187	Rice pudding .....	200
Cornstarch pudding .....	188	Roly Poly .....	200
Cottage pudding .....	188	Snow pudding .....	201
Cracker pudding .....	188	Stale cake pudding.....	201-202
Dark pudding .....	189	Steamed pudding .....	202
Date pudding .....	189	Steamed fruit pudding.....	203
Delmonico pudding .....	190	Suet pudding .....	203-204
Economical dessert .....	190	Tapioca pudding .....	204-205

## PUDDING SAUCES.

Cream sauce .....	205	Lemon sauce .....	207
Creamy sauce .....	205	Lemon sauce .....	208
Egg sauce .....	206	Sauce .....	208
Hard sauce .....	206	Sauce for apple pudding.....	208
Hard sauce for hot puddings.	207	Sour sauce .....	209
Jelly sauce .....	207	Superior pudding sauce.....	209

## PIES AND SHORTCAKES.

Apple kuchen .....	211-212	Mince meat .....	220-222
Apple pie .....	212	Mock mince meat .....	223
Apple custard pie .....	212	Mock mince pie .....	223
Berry pie .....	213	Pie, to bake a.....	211
Buttermilk pie .....	213	Pie crust .....	209-211
Cheese tarts .....	213	Pear pie .....	224
Cranberry pie .....	213	Pieplant for pies.....	224
Cream pie .....	214-215	Pieplant pies .....	224
Currant pie .....	215	Prune pie .....	225
Custard pie .....	215	Pumpkin pie .....	225
Fruit custard pie.....	215	Ready fruit pies .....	226
Green tomato pie.....	216	Short cake .....	226-227
Jelly pie .....	216	Sour cream pie .....	214-215
Kaese kuchen .....	216	Strawberry pie .....	226
Lemon pie .....	217-219	Vinegar pie .....	226

## Desserts, Ice Creams and Sherbets.

A dainty dessert .....	228	Date whip .....	235
Angel parfait .....	228	Floating island .....	236
Apple float .....	229	Fruit jelly .....	237-238
Apple shape .....	229	Fruit salad .....	239
Baked apples .....	229	Grape-nut salad .....	239
Baked bananas .....	230	Himmel futter .....	240
Baked peaches .....	229	Italian cream .....	232
Baked pears, quinces .....	230	Maple Bavarian cream.....	233
Baked pieplant .....	230	Maple syrup parfait .....	240
Banana cream .....	231	Marshmallow salad .....	239
Banana dessert .....	231	Peach whip .....	235
Banana salad .....	238	Persian cream .....	233
Caramel tapioca .....	230	Pineapple cream .....	234
Chocolate cream .....	232	Prune whip .....	236
Creamed apples .....	230	Rothe gruetze .....	240
Delicious cream .....	232	Strawberry sponge .....	241

## Desserts, Ice Creams and Sherbets—Continued.

Swedish cream .....	234	Ice cream, hot sauce for....	245
Swiss cream .....	234	Ice cream, maple .....	245
Variogated cream .....	235	Lemon ice .....	246
Ice cream .....	241-243	Lemon milk sherbet.....	246-247
Ice cream, chocolate .....	243	Orange ice .....	246
Ice cream, cocoanut .....	244	Pineapple sherbet .....	247
Ice cream, coffee .....	244	Strawberry ice .....	246
Ice cream, excellent .....	245	Strawberry nectar .....	248

## LOAF CAKES.

Almond cake .....	249	Graham cake .....	271
Angel cake .....	250	Groom's cake .....	271
Angel cake, mock.....	251	Hickory nut cake.....	272
Angel food .....	250-251	Hot water cake.....	273
Apple sauce cake .....	251	Kaffee kuchen .....	259
Apricot cake .....	252	Marble cake .....	273
Best ever cake.....	252	Molasses cake .....	274
Bishop's bread .....	253	Moss cake (birthday).....	274
Bride's cake .....	253	Mother's sour cream cake....	275
Bristol cake .....	253	Novelty cake .....	275
Brown cake .....	254	One egg cake.....	275
Cherry cake .....	254-255	Orange cake .....	276
Chocolate cake .....	255-256	Plain cake .....	277
Citron cake .....	257	Pork cake .....	276
Cocoanut cake .....	257	Potato cake .....	277
Coffee cake .....	257-259	Pound cake .....	278
Cream cake .....	260	Quick cake .....	278
Crumb cake .....	260	Raisin cake .....	279
Date cake .....	261	Rodon kuchen .....	279
Devil's food .....	261-262	Sand cake .....	280
Dough cake .....	262	Sour apple cake.....	280
Dried apple cake.....	263	Spanish bun .....	280
Dutch cake .....	263	Spice cake .....	281
Eggless, butterless, milkless cake .....	263	Sponge cake .....	281-284
Farina cake .....	264	Stollen .....	284-285
Frankie's birthday cake.....	264	Sunshine cake .....	285-286
Fruit cake .....	264-267	Sweet cream cake .....	286
German cake .....	267	Tea cake .....	286-287
German date cake.....	268	Wedding cake .....	287
Ginger bread .....	268-270	White cake .....	288-289
Ginger cake .....	270-271	Yeast loaf .....	289

## LAYER CAKES.

Brown stone front.....	290	Apple lemon filling.....	307
Caramel cake .....	290-291	Banana filling .....	308
Cheap cream cake.....	293	Bitter sweet frosting.....	308
Chocolate cake .....	291-293	Boiled icing .....	308
Cocoa cake .....	294	Caramel filling .....	309
Confectioner's cake .....	294	Chocolate filling .....	309
Cream nut cake .....	295	Chocolate frosting .....	309-310
Cream rose cake .....	295	Cocoanut filling .....	311
Cream sponge cake .....	296	Coffee cake dressing.....	311
Devil's food .....	296-297	Cooked icing .....	311
Fig cake .....	298	Cream filling .....	312
Flake cake .....	298	Cream frosting .....	312
German tart cake.....	298	Custard filling .....	313
Hickory nut cake.....	299	Delicious cake filling.....	313
Holland cake .....	300	Filling .....	313
Ice cream cake .....	300	Fig filling .....	314-315
Lemon cake.....	300	Fruit filling .....	315
Marshmallow cake .....	301	Hickory nut filling.....	315
Molasses layer cake.....	302	Ice cream filling.....	315
Nougat cake .....	302	Icing .....	316
Old fashioned cream cake...	302	Lemon filling .....	316
Prince of Wales' cake.....	303	Maple filling .....	316
Railroad cake .....	303	Nut filling .....	317
Raisin cake .....	303	Marshmallow filling .....	317
Ribbon cake .....	304	Orange filling .....	318
Spice cake .....	304	Orange icing .....	318
Thanksgiving cake .....	305	Prince Bickler filling.....	318
Tutti frutti cake.....	305	Raisin filling .....	319
Walnut cake .....	306	Sour cream filling.....	319
White layer cake.....	306	Sweet cream filling.....	319
Almond filling .....	307	Whipped cream filling.....	320
Apple filling .....	307	White frosting .....	320

## Miscellaneous Cakes and Torten.

Almond sticks .....	320	Cinnamon stars .....	324
Berliner pffankuchen .....	321	Cocoanut cakes .....	324
Blitz kuchen .....	322	Cream puffs .....	324-326
Cheese fingers .....	322	Comfits .....	326
Cheese straws .....	323	Crullers .....	326
Chocolate jumbles .....	323	Doughnuts .....	326-330
Cinnamon drops .....	323	Drop cakes .....	331

## Miscellaneous Cakes and Torten—Continued.

Fried cakes .....	330	Torte, blitz .....	342
German almond cakes.....	330	Torte, brot .....	343-344
Himmel futter .....	332	Torte, chocolate .....	344
Honey cakes .....	332-333	Torte, cranberry .....	344
Lady fingers .....	333	Torte, creme .....	345
Lemon cheese cakes.....	333	Torte, date .....	345-346
Macaroons .....	334	Torte, farina .....	346
Oatmeal drop cakes.....	334	Torte, filbert .....	347
Original pie cake.....	334	Torte, French .....	347
Pepper cakes .....	335	Torte, fruit .....	347-348
Pepper nuts .....	335-336	Torte, himmel .....	348
Rocks .....	336-337	Torte, mandel .....	349-350
Roll jelly cake.....	337-338	Torte, mocha .....	350
Snow balls .....	338	Torte, nut .....	351
Sugar cakes .....	339	Torte, potato .....	351-352
Sultans .....	339	Torte, rye bread .....	352
Tablets .....	340	Torte, sand .....	352
Torte, almond .....	340-341	Torte, schaum .....	353
Torte, angel cake .....	341	Torte, Zwieback .....	353
Torte, apple .....	342	Wafers .....	353-355
Torte, blaetter .....	342	Whistles .....	355

## COOKIES.

Almond cookies .....	356	Ginger creams .....	366
Ammonia cookies .....	356-357	Ginger snaps .....	366-367
Anise cookies .....	357	Hermit cookies .....	367-368
Brown cookies .....	357	Hermits .....	368
Chocolate cookies .....	358	Hickory nut cookies.....	369
Christmas cookies .....	359	Molasses candy cookies.....	369
Cookies .....	359-361	New Year's cookies.....	369
Cream cookies .....	362	Oatmeal cookies .....	370-371
Crumpets .....	362	Old fashioned cookies .....	371
Eier plaetzchen .....	363	Old German cookies .....	372
English buttermilk .....	363	Sour cream cookies.....	372
Flott klingeln .....	363	Sugar cookies .....	372
Fig cookies (filled).....	364	Sunshine cookies .....	372
Fruit cookies .....	364	Sweet cookies .....	373
German Christmas cookies...365		Vanilla cookies .....	373
Ginger cookies .....	365	White cookies .....	373

## CANDY.

Butter scotch .....	375	Fudges, Smith College.....	381
Caramels .....	375-376	Fudges, vanilla .....	382
Cocoanut candy .....	376	Kisses .....	388
Cocoanut caramels .....	376	Macaroons .....	387-388
Cream candy .....	376-377	Marshmallows .....	382
Cream candies .....	377	Mexican creams .....	383
Cocoanut puffs .....	379	Molasses candy .....	383
Cracker Jack .....	389	Peanut candy .....	383-384
French cream candy.....	379	Penuchi .....	384
Fruit candy .....	379	Peppermint creams .....	385
Fudges .....	380	Popcorn balls .....	389
Fudges, chocolate .....	380	Salted almonds .....	389
Fudges, cocoa .....	380	Sauerkraut candy .....	385
Fudges, cocoanut .....	381	Sea foam .....	385
Fudges, double .....	381	Taffy .....	386-387

## BEVERAGES.

Chocolate .....	393	Nectar .....	395
Cocoa .....	393	Oatmeal drink .....	395
Coffee .....	391	Orangeade .....	396
Coffee for one hundred....	391	Pineapple vinegar .....	396
Coffee, Vienna .....	392	Raspberry shrub .....	396
Excellent tonic .....	394	Raspberry vinegar .....	396
Ginger drink .....	394	Syrup of vinegar .....	396
Grape juice .....	394	Tea .....	392
Lemonade .....	395	Tea, iced .....	392
Milk shake .....	395	Tea, Russian .....	392

## FRUIT CANNING, Etc.

Apple butter .....	412	Fruit jelly (French).....	398
Apples and cranberries.....	399	Fruit juices .....	399
Apples, preserved .....	404	Gooseberry jam .....	410
Beans, canned .....	413	Grape catsup .....	403
Canning, table for.....	414	Grape jelly .....	403
Cherry relish .....	402	Green grape jelly.....	403
Crabapples, spiced .....	405	Grapes, spiced .....	406
Cranberries .....	401	Green tomato preserves....	409
Currant relish .....	402	Orange marmalade .....	411
Currants, spiced .....	405-406	Orange peel, candied .....	412

## FRUIT CANNING, Etc.—Continued.

Peaches, canned .....	400	Ripe tomato preserves.....	409
Peach roll .....	410	Rule for marmalades .....	408
Pears, canned .....	400	Rules, preserves and jams...	408
Pieplant marmalade .....	412	Rule for sweet pickles.....	408
Pieplant and blackberries ..	401	Strawberries, canned .....	401
Pieplant and pineapple .....	401	Strawberry jam .....	417
Pineapple, canned .....	399	Sunshine preserves .....	410
Plum preserves .....	409	Tomatoes, canned .....	402
Quince honey .....	411	Tomato jam .....	411
Quince jam .....	410	Tomatoes, spiced .....	407
Raspberry jelly .....	403-404	To can fruit .....	397-398
Rhubarb, spiced .....	407	To preserve berries whole...	397

## HELPS TO YOUNG HOUSEKEEPERS.

Useful hints .....	415-419	Weights and measures.....	421
Meats and accompaniments..	420		

## DIET FOR THE SICK.

Arrowroot gruel .....	428	Junket, strawberry, vanilla..	425
Beef tea .....	427	Koumyss .....	425
Calves' feet broth.....	423	Milk .....	425
Chicken broth .....	426	Milk, peptonized .....	426
Eggs .....	423	Panopepton preparations ..	427
Egg lemonade .....	424	Panopepton .....	428
Farina pudding .....	427	Panopepton bouillon .....	428
Junket .....	424	Panopepton jelly with orange.	428
Junket, egg .....	424	Savory custard .....	426
Junket, cocoa .....	424	Scotch beef broth.....	426
Junket, coffee .....	425	Scraped beef sandwiches....	427

## MISCELLANEOUS.

A substitute for butter.....	429	Mullein tea .....	435
Baking powder .....	430	Onion gruel .....	434
Brine for meat .....	430	Onion syrup .....	432
Camphor ice .....	435	Recipe for hams.....	431
Cough syrup .....	432	Remedy for sore throat....	433
Dandelion tonic .....	433	Sailor's dysentery medicine..	435
Eczema cure .....	436	Slippery elm bark tea.....	435
Flaxseed tea .....	434	Sweet pickle for meat.....	431
Gargle for sore throat.....	434	To keep butter.....	429
Liniment for rheumatism....	434	Washing fluid .....	436







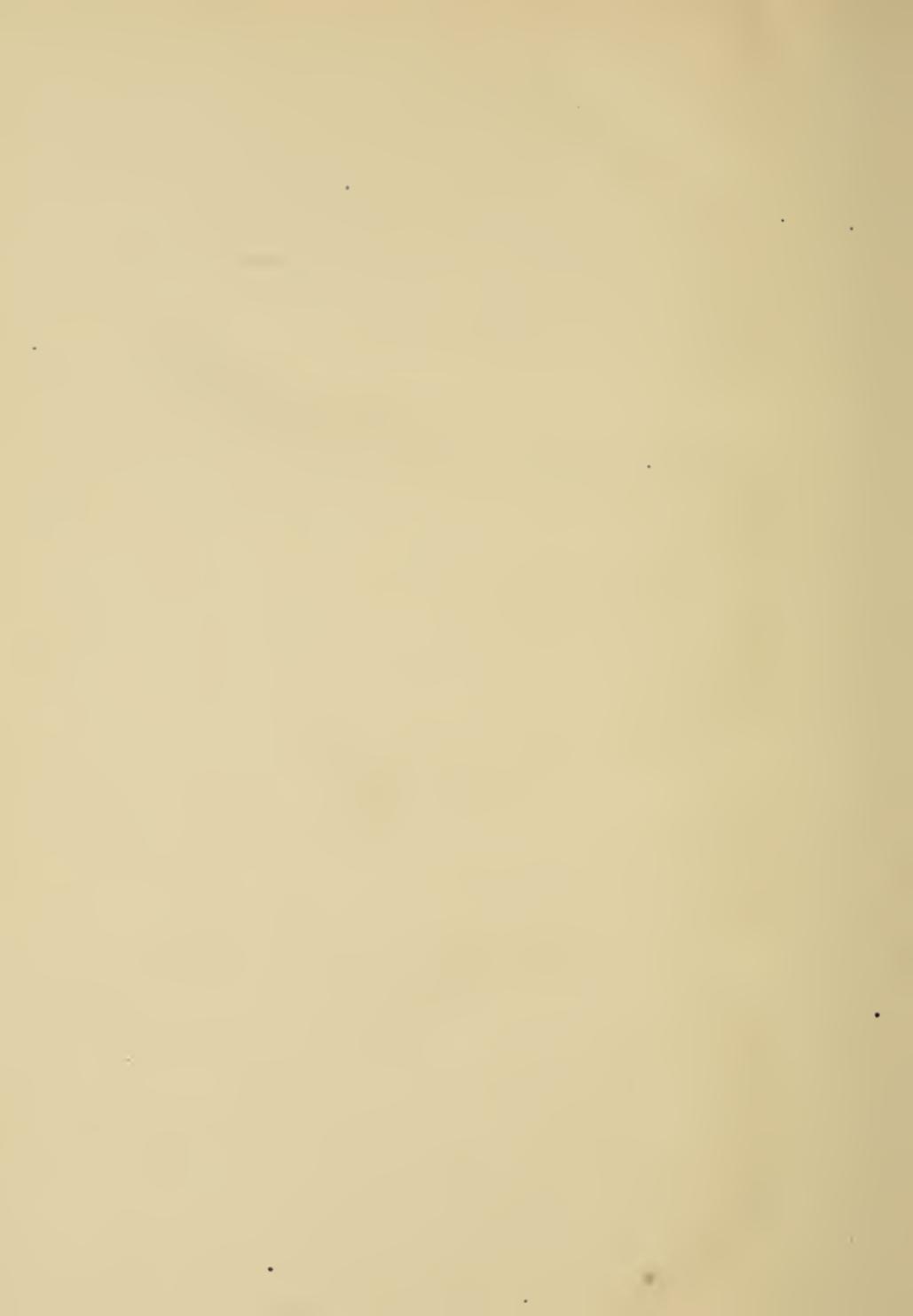


















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