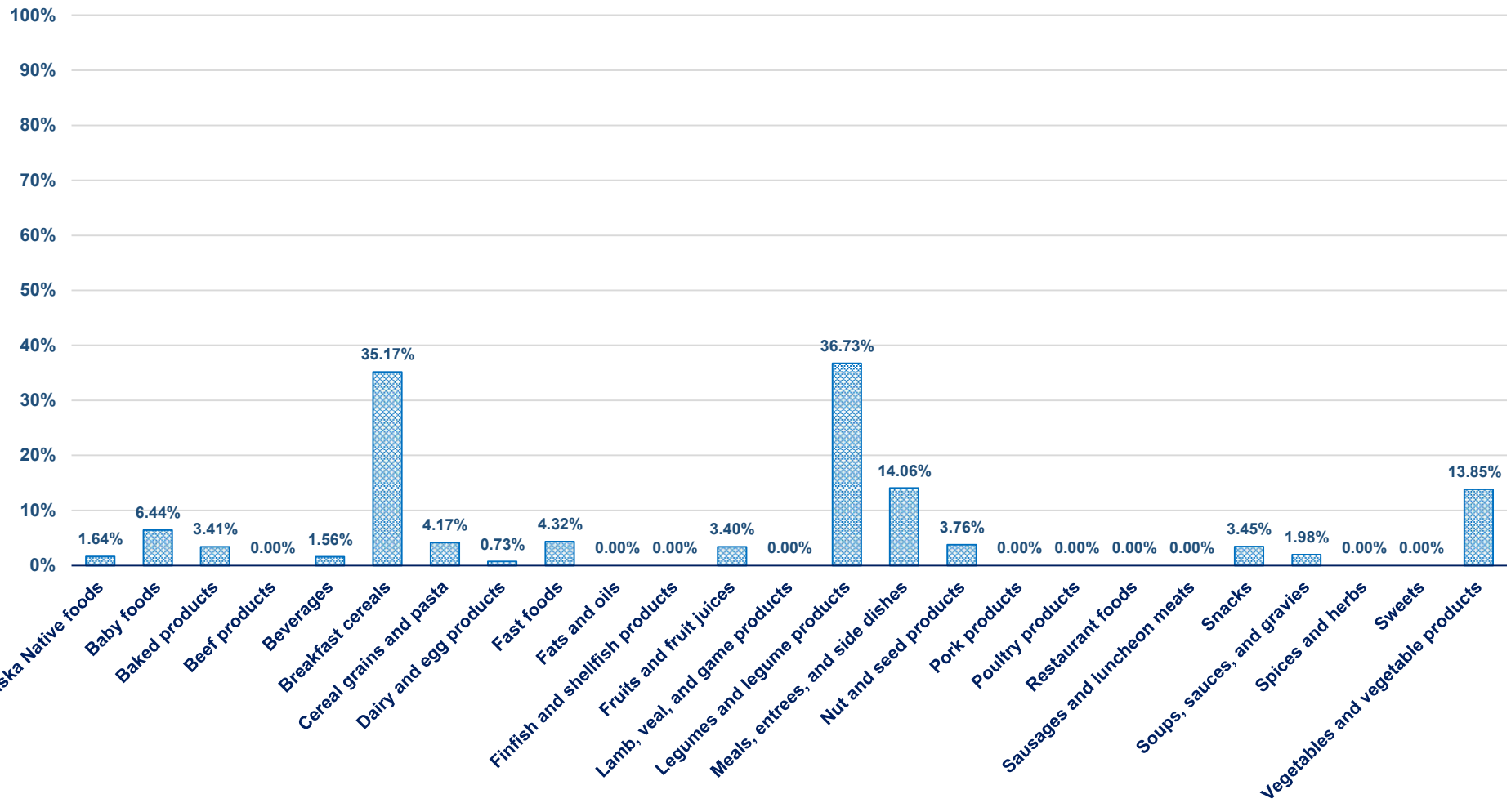


## Dietary fiber - Folate



Averages (%) of foods containing appropriate levels of dietary fiber and folate (to achieve adequate intakes of dietary fiber and folate) based on the proposed method in food groups

### References:

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