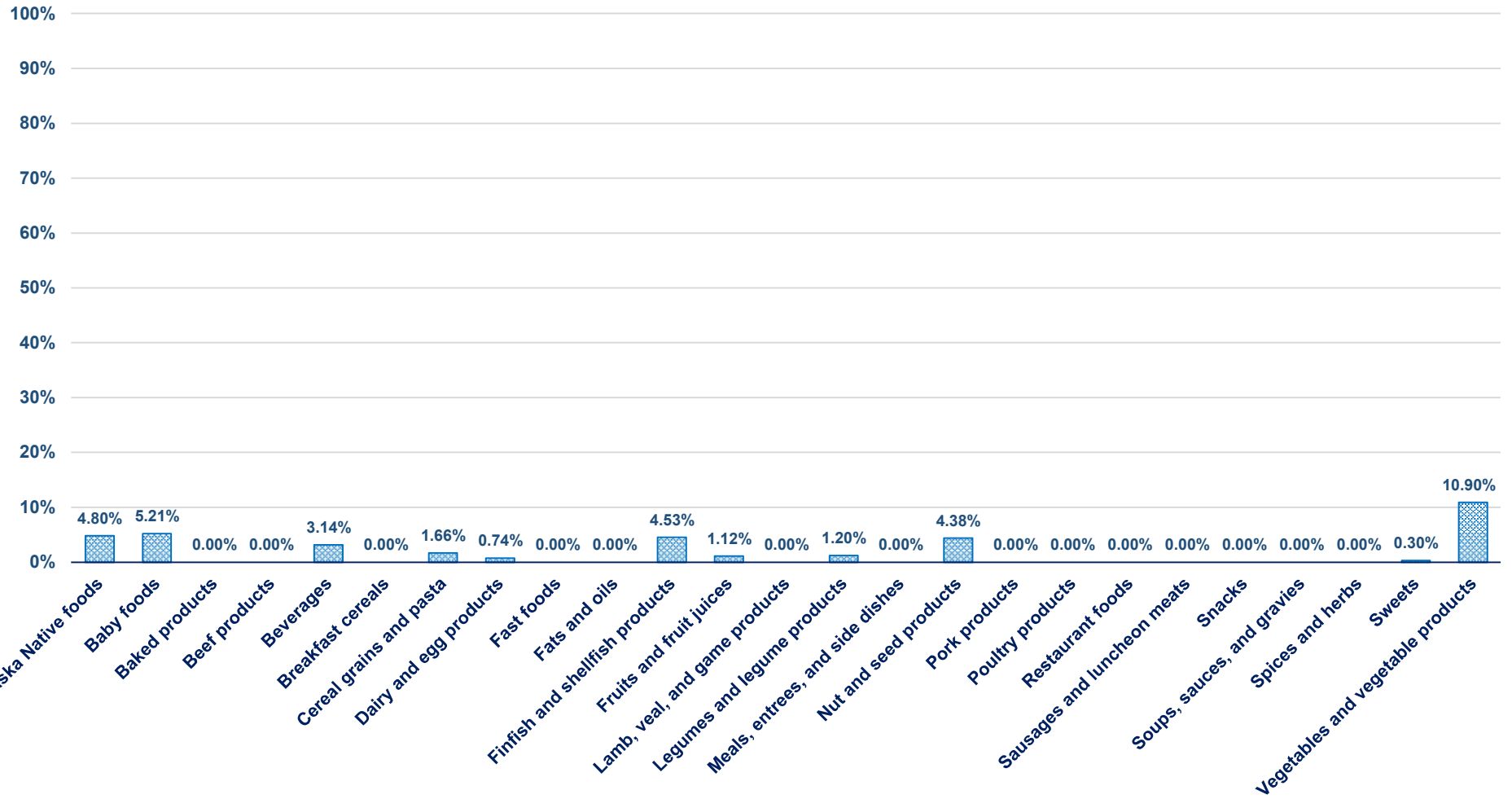


Energy - Magnesium



Averages (%) of foods containing appropriate levels of energy and magnesium (to limit energy intake and to achieve adequate magnesium intake) based on the proposed method in food groups

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