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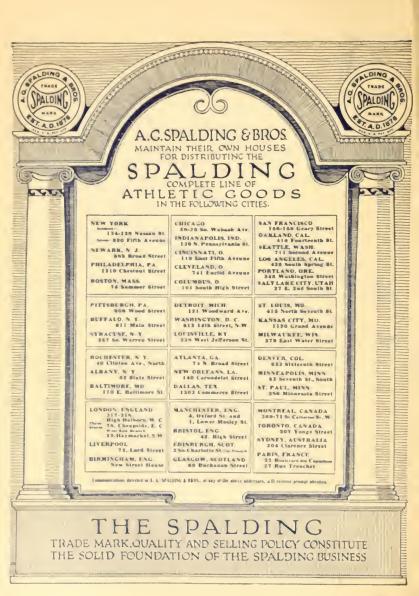
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Manly Sports



MADISON SCHOOL ATHLITTIC TEAMS-THEED DAY CHAMPIONS, JUNE, 1915.

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### Official Handbook

of the

# Newark Public School Athletic Association

1915



1916

Editing Committee:

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# The History of the Newark Public School Athletic Association

The Newark Public School Athletic Association was formed on April 26th, 1904. The first move towards such an organization was made by Arthur G. Balcom and Elmer K. Sexton, and at their invitation a number of the principals met together and decided to organize for the purpose of promoting public school athletics, and invited all the principals of the city to take part and assist in maintaining an active association.

#### REVIEW.

The first outdoor meet was held in June, 1904, and about five hundred boys competed in the different events. In 1905, the meet for the boys was carried out much the same as in the previous year, with a large increase in the number of entries. In 1906, the same program was carried out again; in addition, the girls were permitted to take part in competitive gymnastic drills, and large numbers participated. In 1907, the girls were allowed a separate meet, which was held in the assembly rooms of various schools. Besides the gymnastic events, the meet included races of various kinds. Much interest was aroused at these girls' meets, and large audiences aftended. Each year saw an enormous increase in interest and activity among the boys and girls. The third year, eleven hundred boys competed in various contests. In 1908, two thousand boys took part; in 1909, the number grew to four thousand, and 1911 over 6,000. This large number was handled on two days.

#### AIM.

The aim of the Newark Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, first because of the changed conditions of life in the home and the factory. Nowadays the available source of muscular development is very largely arrested by the adoption of machines and mechanical contrivances. A city boy does very little of the manual laber which enabled his father and grandfather to grow up strong and virile. Secondly, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in victory. The influence of these meets, moreover, extends throughout all the schools and has a strong, wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Newark have undertaken to help boys and girls to enjoy activities which, without some outside assistance, of a financial and administrative nature,

would be beyond their reach.

#### ORGANIZATION.

Very careful thought and attention have been given to the organization of the Association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and to prevent the evil practices which so often work their way into competitive athletics. The first rule of the Association provides that no girl or boy can take part in an athletic event whose class-room deportment and attention to study are not satisfactory. Thus the Association wields a very great influence over the disciplinary and mental qualifi-cations of its members. The Association has always had in mind its opportunity to wield a moral influence also, for fairness, gentlemanly conduct, and truthfulness in all matters pertaining to competition. Again, the men who have been in charge of this Association have taken great care that no strain of overwork should be put upon the heart, internal organs, or nervous functions of the body, and several rules have been made to prevent this grave evil.

It has been made a rule that every boy or girl who desires to take part in athletics shall undergo a physical examination by the school doctor. It has been made a rule that a boy shall not enter more than two events, one a racing event, and the other a field event. Still another rule divides the boys into age and height classes so that the smaller boys shall not compete

with the larger ones.

By far the most important regulation, however, is one devised to interest great numbers of pupils in all-round development. Standard contests they were called. This meant that the committee had set a certain standard of proficiency in different events for pupils to attain in order that they might rank as average normal children in feats of running, jumping, and chinning the bar. A button was given to every pupil who reached

a standard. More than ten thousand buttons have been given out already, thus testifying to the popularity of this phase of school work.

A new step was taken last year in the development of athletic

exercises as a part of school work.

Tests for physical efficiency are substituted for the former standard events for boys. Charts are given in this book showing how these tests are to be rated. Testimonials are to be awarded instead of pins, and records are to be kept from year to year

showing improvement in field and track work.

Although trial tests have been made and considerable work has been done along this line in one of our schools (Miller Street), the efficiency tests were in a somewhat experimental stage last year, and it is earnestly desired by the Executive Committee that criticisms and suggestions be noted in the various schools and submitted to the committee for its information and guidance in the development of this new and radical departure in the future.

It is the aim of the Committee that these tests be given at convenient times and places during the months of April and May in each year, followed by the big Feld Day for prize events.

A new special event for Junior Prize contestants, meeting special requirements as to height, offered last year, was: Special 440-yard Relay Race, for four boys, under 13 years of age and under 4 feet 6 inches in height.

The classification into Juniors, Intermediates and Seniors, made in 1910, is continued for prize events, with the addition of

the one Junior Midget Relay Race mentioned above.

The changes as outlined for the efficiency tests follow:

At a meeting of the Executive Committee, held February 26, 1915, it was voted that all standard events for boys be abolished, and in place of the former standard events an efficiency test be adopted.

(a) The boys will participate by school years, beginning with the third school year; provided, however, that the participants

are 9 years of age or over.

(b) This efficiency test is to be based upon the three events listed below, 50-yard dash, chinning the bar, running high jump, under the following conditions:

Boys are to be rated according to standards fixed for the different school years, as shown by the charts for the various school years. These charts are to be hung in the proper classrooms in order that the teachers and the boys may become familiar with the new method.

(c) A contestant securing an average standing in these three

### CHARTS OF PHYSICAL EFFICIENCY. THIRD YEAR. FOURTH YEAR.

THIRD YEAR.					FOURTH LEAR.					
Per	Ohin-	Run. High	50 Yard	Per		Per	Chin-	Run. High	50 Yard	7
Cent	ning Bar	Jump	Dash	Cent		Cent	ning Bar	Jump	Dash	Per Cent
100	12	4ft Oin	71/5S 72/5S	100		100	12	4ft Oin	71/5S 72/5S	100 97
97	11	3ft 11in	72/5S	97		97	11	3ft 11in	72/5S	97
94	10	3ft 10in		94		94	10	3ft 10in		94
91		3ft 8in	73/6S	91		91		3ft 8in	73/5S	91
88 85	. 9	3ft 6in 3ft 4in	74/6S	88 85		88 85	9	3ft 6in 3ft 4in	74/-	88
80	8	3ft 4in 3ft 3in	8s	82		82	8	3ft 4in 3ft 3in	74/5S	80
$\frac{82}{79}$	0	3ft 2in	03	79		79	0	3ft 2in	8s	70
76	7	3ft Oin	81/ <sub>8</sub> S	76		76 73 70	7	3ft Oin	81/68	76
76 73		2ft 11in	82/5S	76 73		73		2ft 11in	82/5S	73
70	6	2ft 10in	81/ss 82/ss 83/ss	70		70	6	2ft 10in	81/58 82/58 83/58	88 85 82 79 76 73 70
67	5	2ft 9in	84/5S	67		67	5	2ft 9in	84/68 94/68 93/68 103/68	67
64	3	2ft 6in 2ft 3in	9s 9³/ss	64 61		64 61	3	2ft 6in 2ft 3in	94/5S	64
61 58	2	2ft Oin	10 <sup>2</sup> / <sub>5</sub> S	58		58	2	2ft 3in 2ft 0in	103/68	61 58
		FTH YE.		1 00		- 00		XTH YE.		1 00
	Chin-	Run.	1 50	1	-		Chin-	Run.	50	
Per	ning	High	Yard	Per		Per	ning	High	Yard	Per
Cent	Bar	Jump	Dash	Cent		Cent	Bar	Jump	Dash	Cent
100	12	4ft 3in	64/88	100		100	13	4ft 6in	62/6S	100
97	11	4ft 2in	78	97		97	12	4ft 5in	68/8S	97 94
94	10	4ft lin	,	94		94	11	4ft 4in		94
91		4ft Oin	71/₅S	91		91	10	4ft 3in	64/58	91 88
88 85	9	3ft 11in 3ft 10in	72/8S	88 85		88 85	10	4ft 2in 4ft 1in	78	88
89 89	8	3ft 8in	73/6S	82		82	9	4ft Oin	18	85 82 79 76
82 79		3ft 6in		82 79		79	3	3ft 10in	71/sS	79
76	7	3ft 4in	7⁴/ <sub>δ</sub> s	76		76	8	3ft Sin	71/5S 72/5S	76
73 70		3ft 2in	88	73		73 70		3ft 6in		73 70
70	6	3ft Oin	81/ss	70		70	7	3ft 4in	73/6S	70
67	5 4 3 2	2ft 9in	84/58 91/68	67		67 64	6	3ft lin	74/6S 81/6S	67 64
64 61	4	2ft 6in	91/48	64		64	5	2ft 10ln	81/68	64
51 58	3	2ft 3in 2ft 0in	93/5S 101/5S	61 58		61 58	4 3	2ft 7in 2ft 4in	84/s8 91/68	61 58
		NTH YI		1 00		- 30		HTH YE		58
	Chin-	Run.	50	1			Chin-	Run.	50	
Per	ning	High	Yard	Per		Per	ning	High	Yard	Per
Cent	Bar	Jump	Dash	Cent		Cent	Bar	Jump	Dash	Cent
100	14	4ft 9in	6s	100		100	15	5ft	54/6S	100
97	13	4ft 8in	61/is	97		97	14	4ft 10in	68	100 97
94	12	4ft 7in		94		94	13	4ft Sin		94
91		4ft 6in	6 <sup>2</sup> /5S	91		91		4ft 6in	61/58	91
88	11	4ft 5in 4ft 4in	63/ss	88 85		88	12	4ft 4in	031	88
82	10	4ft 3in	64/ss	85		85 82	11	4ft 2in 4ft 1in	63/re	85
85 82 79 76	10	4ft 2in	0.788	79		79	11	4ft 1111	63/18	91 88 85 82 79 76 73
76	9	4ft lin	7s	76		76	10	3ft 11in	0 / 63	76
73		3ft 10in	71/88	73		76 73		3ft 10in	64/48	73
70	8	3ft 8in	72/58	70		70	9	3ft 9in	76	70
67	7	3ft 5in	74/68	67		67	8 7 6	3ft 6in	72/58	67
64 61	6 5	3ft lin 2ft 10in	81/6S 83/6S	64 61		64 61	7	3ft 2in 2ft 10in	74/58	64
58	4	2ft 6in	96	58		58	5	2ft 6in	88 81/58	61 58
.,,0	- 1	OIL	00	00		00		I WALL	0-/10	00

Participants must be at least nine years of age in any grade to take part.

events in the test will be entitled to a testimonial in Physical Efficiency as follows:

70—80 a testimonial with a red seal. 80—90 a testimonial with a blue seal. 90—100 a testimonial with a gold seal.

(d) These tests may be given at the convenience of the various

schools during April, May and the first half of June.

(e) As far as possible, these tests may be given in the gymnasiums, courts, school-yards, and, if necessary, the parks and physical training field may be used.

The prize events are as follows:

TUNIOR

50-yard dash. Running high jump.

Running broad jump.

440-yard relay race, 4 boys to a team.

440-yard midget race, 4 boys to a team. (Participants in this race must be of junior age, and

under 4 feet 6 inches in height.)

INTERMEDIATE

75-yard dash.

Running high jump. Running broad jump.

Standing hop, step, and jump.

600-yard relay race, 4 boys to a team.

SENIOR

100-vard dash.

220-yard dash (boys in this race not eligible for

the relay).

120-yard hurdle race (all hurdles to be left standing in order to make a record; more than 3 hurdles down constitutes a disqualification).

Running high jump.
Running broad jump.

Pole vault.

880-yard relay race, 4 boys to a team.

Putting the 12-lb. shot. Running hop, step, and jump.

The Public School Athletic Association offers four prizes for each of these events; a gold, a silver and a bronze disc with a

winged foot in raised design; a button for 4th place.

The rapid growth of the Association in nine years, from a meet of five hundred boys to an entry list of eight thousand boys and girls, indicates the growing necessity for athletic fields. The time is approaching when the attention of the Mayor must be called to the urgent need of an athletic field in the southern part of the city.

### Report of Efficiency Test, 1915

Public School Athletic Association, Newark, N. J.

Gentlemen: I have the honor to report that the Efficiency Test was given to forty-three (43) schools. Twenty-two (22) schools (gymnasium), and twenty-one (21) schools (non-gymnasium), and a girls' standard test was given to twenty-five (25) schools, seventeen (17) schools (gymnasium) and eight (8)

schools (non-gymnasium).

Every boy in the above-mentioned schools above nine (9) years of age was given the Efficiency Test. Of the eleven thousand five hundred and eighty-three (11,583) examined, five thousand four hundred and twenty-seven (5,427) passed the test. This means that six thousand one hundred and fifty-six (6,156) boys were not able to pass the test in the three (3) athletic events: chinning the bar, running high jump and fifty-yard dash. Most of the failure was due to chinning the bar, and this shows very clearly where our athletic training is at fault. Another year we will see much higher percentages of boys passing.

The Efficiency Test has one striking advantage over the old Standard Button Test, as formerly given on Field Day. By the old method, probably four or five thousand boys and girls together took the test in one, or, at the most, two events. Now see the comparison between the five thousand (5,000) children in the old way and the eighteen thousand five hundred and eighty-three (18,583) boys and girls who took the test this last year. In making this comparison, too, it must be kept in mind that eleven thousand five hundred and eighty-three (11,583) were compelled to take the triple test which is devised with the idea of training for all-around development, a feature lacking in the old method.

The Efficiency Test furnished the principal and the Athletic Association with a complete record of a boy's time and distance for his various events, which may be used by the physical directer in rounding out the boy's physical development from year

to year.

By the old way the boy did one event and got a button and it was quickly forgotten, so that when he came up for his standard

test the following year he did the same old stunt.

The Efficiency Test is valuable, too, because it enables the parent to keep in touch with the boy's development and many parents take pride in the certificates that their boys bring home.

The certificate has on it the record of the boy's achievement in the three events.

The fact that certificates are decorated with blue, red and gold seals has made the certificate more popular among the boys than the old button, and the saving in expense to the association is a

feature worthy of notice.

Of course, there are some criticisms in regard to the percentages now on the charts. This is quite natural, as a new experiment is bound to be faulty in some respects, especially as the data used for the charts was deduced from the experiments of a limited number of pupils representing one school in the city. This, however, is a minor point and can be easily rectified, from year to year. It has been suggested that the upper grades have more difficult tests in comparison with the lower grades. I would recommend that the Director of Athletics go over these upper grade charts carefully and make such changes as are necessary.

An Efficiency Test for girls is greatly needed. Our system cannot be complete until the girls are given the same standard of examination as the boys. It is absurd for the girls to continue on the one test idea. This means more work, but the results will pay for the added effort. I recommend that preparation be made this year for a girls' Efficiency Test, and would like to have the Athletic Association vote for its adoption.

#### RESULTS OF EFFICIENCY TEST, 1915.

#### BOYS.

#### Gymnasium Schools.

Per Cent	Per Cent
Webster	Ridge
Avon	Bergen
Warren	Miller
Newton	Cleveland
Central	West Side
Madison	Hawthorne
Boys' Industrial6096	Montgomery
Morton	Belmont
Abington	Hamburg Place
Garfield	Berkeley
Burnet	Seventh Avenue

SPALDING'S A	THLETIC LIBRARY. 18						
Non-Gymnasium Schools.							
Per Cent Per Cent							
Roseville	2 South						
Lawrence	1 Eighteenth						
Sussex							
Franklin							
Lincoln							
Fourteenth							
Washington							
Hawkins							
Chestnut							
Charlton	3						
STAND	ARD TEST.						
	GIRLS.						
Gymnas	ium Schools.						
Madison							
Webster							
Abington							
Miller 877							
Warren							
Morton							
Ayon							
Newton	9						
Non-Gym	nasium Schools.						
Roseville831							
Franklin							
Bruce	5 South Market 3805						
Sussex	0 Chestnut						
EFFICIEN	CY TEST, 1915.						
TESTIMON	TALS AWARDED.						
Red Blue Go	d Red Blue Gold						
Abington 117 28	1 Central 172 58 8						
Avon 189 83 2	25 Chestnut 80 22 4						
Bergen 137 56	6 Coes Place 13 11 3						
	. Charlton 138 26 1						
Burnet	5 Cleveland 133 38 2 1 Camden 59 12						
Belmont 96 24 Berkeley 36 2							
Derkeley 50 2	1 Eliot 58 7						

#### EFFICIENCY TEST, 1915—Continued.

#### TESTIMONIALS AWARDED.

	Red	Blue	Gold		Red	Blue	Gold
Eighteenth	95	34	3	Newton	212	61	8
Fourteenth	122	52	7	Roseville	52	32	4
Fifteenth	69	19		South			1
Franklin	190	70	11	Sussex	129	99	7
Garfield	91	30	5	State	8	8	6
Hawkins	49	19		Summer Ave	40	19	
Hamburg	66	14	2	South Market	89	24	2
Hawthorne	73	20	8	Seventh	87	8	
Lincoln	58	32	4	Summer Place	9		
Lawrence	32	16	7	Washington	74	29	2
Montgomery	46	11	2	Warren	62	34	6
Morton	147	85	15	Webster	132	39	1
Miller	131	28	5	West Side	91	16	
Madison	193	68	4	Boys' Industrial.	63	30	6

#### BOYS' PHYSICAL EFFICIENCY TESTS.

Gymnasium Schools.

FIRST PRIZE—CUP

Donor—N. P. S. A. A. Executive Committee
Won by Webster School

SECOND PRIZE—CUP

Donor-E. F. Guilbert

Supervising Architect of Board of Education Won by Avon Avenue School

Non-Gymnasium Schools.

FIRST PRIZE—CUP

Donor—Newark Public Schools Athletic Association Won by Roseville Avenue School

SECOND PRIZE—CUP

Donor—Newark Public Schools Athletic Association Won by Lawrence Street School

#### GIRLS' STANDARD TESTS.

Gymnasium Schools.

FIRST PRIZE—CUP Donor—Dr. David B. Corson First Assistant Superintendent Won by Madison School

SECOND PRIZE—CUP
Donor—Gaetano M. Belfotto
Ex-Member of Board of Education
Won by Webster School

Non-Gymnasium Schools.

FIRST PRIZE—CUP
Donor—Randall D. Warden
Supervisor of Physical Education
Won by Roseville Avenue School

Second Prize—Cup
Donor—Charles P. Taylor
Ex-Member of Board of Education
Won by Franklin School

### Trophy Winners Twelfth Annual School Meet, June, 1915

MAYOR THOMAS L. RAYMOND TROPHY
To the school scoring the most points in prize events,
boys and girls

Won by Madison School, 71 points

FREDERICK L. JOHNSON TROPHY

To the school scoring the second largest number of points in prize events, boys and girls

·Won by Central Avenue School, 42 points

R. C. JENKINSON TROPHY

To the school scoring the most points in girls' prize events

Tie between Madison, South Eighth and Central

Avenue Schools, with 18 points each\*

C. I. SHIRLEY TROPHY

To the school scoring the most points in field and track prize events, boys

Won by Madison School, 55 points

J. WILMER KENNEDY TROPHY

To the school scoring the greatest number of first places, boys and girls

Won by Madison School, 8 firsts

L. H. CARRIS TROPHY

To the school winning the intermediate boys' relay race Won by Central Avenue School

Dr. George Holmes Trophy
To the school winning junior boys' relay race
Won by Madison School

Samuel Gaiser Trophy
To the school winning midget junior boys' relay race
Won by Abington Avenue School

\* Trophies awarded to each school.

R. C. JENKINSON TROPHY

To the school winning girls' oat bag relay race Won by Fourteenth Avenue School

A. G. BALCOM TROPHY

To the school winning flag relay race for girls Won by South Eighth Street School

F. H. HANSON TROPHY

To the school winning girls' potato race Won by Central Avenue School

E. K. SEXTON TROPHY

To the school winning girls' 440-yard relay race Won by Madison School

SUNDAY CALL TROPHY

To the school scoring the most points in the senior boys' events

Won by Franklin School, 27 points

NATHANIEL P. KING TROPHY

To the school scoring the most points in intermediate boys' events

Won by Central Avenue School, 17 points

GEORGE W. KNIGHT TROPHY

To the school scoring the most points in junior boys' events Won by Madison School, 31 points

CHARLES MEYERS TROPHY

To the school scoring the most points in boys' field events
Won by Madison School, 23 points

CHARLES A. MACCALL TROPHY

To the school scoring the most points in boys' track events Won by Madison School, 32 points

R. D. ARGUE TROPHY

To the school winning the senior boys' relay race Won by Franklin School

#### BASE BALL, 1915 CUP

Northern Senior Base Ball League Donor—A. G. Spalding & Bros. Winner—South Eighth Street School

#### **CUP**

Southern Senior Base Ball League Donor—A. G. Spalding & Bros. Winner—Cleveland School

#### CUP

Western Senior Base Ball League Donor—A. G. Spalding & Bros. Winner—Boys' Industrial School

#### CUP

Northern Junior Base Ball League Donor—A. G. Spalding & Bros. Winner—Franklin School

#### CUP

Western Junior Base Ball League Donor—A. G. Spalding & Bros. Winner—McKinley School

#### CUP

Southern Junior Base Ball League Donor—A. G. Spalding & Bros. Winner—Bergen Street School

#### **CUP**

City Championship Senior Base Ball League Donor—A. G. Spalding & Bros. Winner—South Eighth Street School

#### CUP

City Championship Junior Base Ball League Winner—McKinley School

#### SOCCER FOOT BALL, 1915

#### CUP

Southern Senior Soccer League Winner—Hawthorne School

#### CUP

Northern Senior Soccer League Winner—Sussex Avenue School

#### CUP

Senior City Championship Winner—Hawthorne School

#### **CUP**

Southern Junior Soccer League Winner-Miller School

#### CUP

Northern Junior Soccer League Winner—Franklin School

#### CUP

Junior City Championship Winner—Franklin School

#### BASKET BALL, 1915-1916 CUP

City Championship—Senior Winner—Madison School

#### CUP

Intermediate Basket Ball League Winner—Belmont Avenue School

#### CUP

Junior Basket Ball League Winner—Morton Street School

# Records of the Newark Public School Athletic Association

#### JUNIOR

Junior 50-yard dash, 6 3-5 seconds. Launcelot Dixon, Central Avenue; Lloyd Dimsey, Chestnut Street.

Junior 440-yard relay, 582-5 seconds. Madison School.

Junior running broad jump, 14 feet 2 inches. Raymond Campbell, Madison School.

Junior running high jump, 4 feet 3 inches. John Bauder, Bergen Street School.

#### INTERMEDIATE

75-yard dash, 84-5 seconds. Cosino Esposito, Franklin School. Running high jump, 4 feet 8 inches. Leo Wagner, Central Ave. Running broad jump, 16 feet 134 inches. Adelbert Bundy, Fourteenth Avenue School.

Standing hop, step and jump, 23 feet 4 inches. Leonard Watson, City Home.

600-yard relay, I minute 13 1/5 seconds. Hawthorne School.

#### SENIOR

Senior running broad jump, 19 feet 10 inches. Elsworth Wyre, Morton Street,

Senior running high jump, 5 feet 2½ inches. Rupert Mills, Franklin.

Senior putting 12-lb. shot, 39 feet 4 inches. Walter Schwinn, Summer Avenue.

Senior pole vault, 9 feet. Cyrus Hasbrook, South Eighth Street School.

Senior running hop, step and jump, 37 feet 2 inches. Morris Morganstein, Robert Treat School.

Senior 100-yard dash, 10 3-5 seconds. Fred Muenster, Sussex Avenue.

Senior 220-yard dash, 26 1-5 seconds. Frank Brown, Eliot St.

Senior 120-yard hurdle, 16 4-5 seconds. Clarence Markley, Boys' Industrial School.

880-yard relay, unlimited; 1 minute, 41 4-5 seconds. Franklin School.

Special Events for Pupils over 17 Years of Age.

100-yard dash, 12 seconds. John Reuter, City Home.

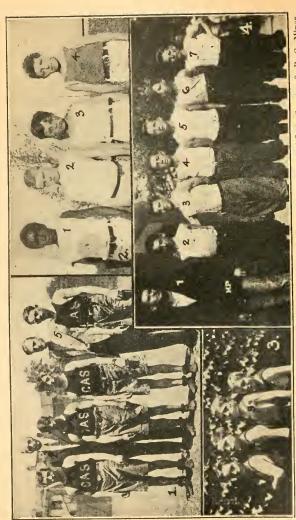
Putting 12-lb. shot, 31 feet. Enoch Mays, City Home.

440-yard run, 1 minute. Howard Stout, Boys' Industrial School.

Running high jump, 5 feet. Beverly Emery, Boys' Industrial

Note.—The Executive Committee of the Newark Public School Athletic Association decided to omit the records of discontinued events from this book. The records are those made under the present requirements as to age and height.

School.



FENUE SCHOOL INTERMEDIATE RELAY TEAM, Winners, June, 1915-1, Caputa; 2. B. C. Miner, Para, D. Costa; 5, I. Levin, Phys. Dir.; 6, Stoot. (2) ABINGTON AVENUE SCHOOL JUNIOR CAPA, Winners, June, 1915-1, Gary; 2, Kelly; 3, Vertano; 4, Silesia. (3) MADISON SCHOOL DIREAY TEAM, Winners, June 1915-1, Campbell; 2, Lewis; 3, Becker; 4, Schumacher. (4) MONOUND RASKET, BALL TEAM, City Champions, 1915-1, M. Henig, Trainer; 2, Handel; 3, Sobo; 4, Tropp; 5, Handler; 6, Seifer; 7, Mink. (1) CENTRAL Principal; 3, Pur MIDGET RELAY JUNIOR 440-YAF MOUTH

# Prize Records—Boys' Events 1915

Event No. 1.

50 YARD DASH.

First......Paul Schumacher (Madison School)
Time, 64-5 seconds.

Second...Raymond Campbell (Madison School)
Third......Kenneth Dunbar (Ridge School)
Fourth.....Clarence Smith (Cleveland School)

Event No. 2.

#### RUNNING HIGH JUMP.

First.......Charles Kuenzel (Madison School)
Height, 4 feet 2 inches.

Second....Paul Schumacher (Madison School)
Third...William Winkler (Washington Street)
Fourth....Herbert Bruda (Franklin School)

Event No. 3.

#### RUNNING BROAD JUMP.

First.....Raymond Campbell (Madison School)

Distance, 14 feet 2 inches.

(New record)

Second... Walter Schroeder (Washington Street)
Third...... Wallace King (Summer Avenue)
Fourth...... George Bradley (Ridge Street)

Event No. 4.

#### 440 YARD RELAY RACE.

Second Fourteenth Avenue
Third Morton Street
Fourth Central Avenue



(1) PRIZE WINNERS—1, Rowley, second in pole vault; 2, Rizzolo, third in pole vault and third in 120-yard hurdle race; 3, Tries, winner 12-lb, shot put; 4, Virginia Flelds, winner 50-yard hurdles; 5, Lalor, second in 120-yard hurdle race; 6, Rue, third in running broad jump; 7, Brown, fourth in running hop, step and jump. (2) SENIOR RELAY TEAM, winners, 1915—8, Brown; 9, Lalor; 10, Rizzolo; 11, Rue.

FRANKLIN SCHOOL,

#### INTERMEDIATE EVENTS.

Event No. 5.

#### 75 YARD DASH.

First Emanuel Kirchbaum (Montgomery School)
Time, 9 3-5 seconds.

Second.......Roland Shoemaker (Eliot Street)
Third..Isadore Wasserman (Fourteenth Avenue)
Fourth......Tony Pureca (Central Avenue)

Event No. 6.

#### STANDING HOP, STEP AND JUMP.

First.......William Howard (Madison School)
Distance, 22 feet 1 inch.

Event No. 7.

#### RUNNING HIGH JUMP.

First.......Joseph Weinert (Sussex Avenue)
Height, 4 feet 6 inches.

Second....Alfred Gunnerson (Boys' Industrial)
Third.....John Lynch (Sussex Avenue)
Fourth....R. Threthaway (Central Avenue)

Event No. 8.

#### RUNNING BROAD JUMP.

First.....Fred Pfitzner (Hamburg Place)
Distance, 15 feet 91-2 inches.

Event No. 9.

#### 600 YARD RELAY RACE.

Second Madison School
Third Bergen Street
Fourth Seventh Avenue



Downs; 2, Johnson; 3, H. H. Phillips, Principal; 4, Hudson; 5, Wickstrand;
 Ranger; 7, Eckerson; 8, Canham; 9, Bolden; 10, Sutton; 11, Greenberg.
 ROSEVILLE AVENUE SCHOOL JUNIOR BASE BALL TEAM.



(1) MILLER STREET SCHOOL JUNIOR SOCCER TEAM, Southern League Champions. (2) MADISON SCHOOL INTERMEDIATE RELAY TEAM, second, June, 1915—1, A. Roelke; 2, P. Everett; 3, H. Hanko; 4, L. Kemper.

#### SENIOR EVENTS. Event No. 10. 100 YARD DASH. First......Cephus Slatter (Hawthorne Avenue) Time, 11 2-5 seconds. Second......Miles Smith (Madison School) Third..... James Wier (Sussex Avenue) Fourth......Frank Prasch (Boys' Industrial) Event No. 11. 220 YARD DASH. First.........George Freibott (Madison School) Time, 27 1-5 seconds. Third......Peter Bufano (City Home) Event No. 12. 120 YARD HURDLE RACE. First......Robert Blaess (Boys' Industrial) Time, 182-5 seconds. Second.....Leo Lalor (Franklin School) Third....... Herbert Denenger (Avon Avenue) Fourth..... Charles Rizzolo (Franklin School) Event No. 13. RUNNING HIGH IUMP. First.....Louis Moran (Central Avenue) Height, 5 feet 2 inches. Second......Russel King (South Eighth Street) Third.......... Henry Bischoff (Boys' Industrial) Fourth......Raymond Hecker (Sussex Avenue) Event No. 14. RUNNING HOP, STEP AND JUMP. First.....Leroy Terhune (Miller Street) Distance, 37 feet 1-2 inch. Second......Oliver Walters (Boys' Industrial)

Third......August Steimle (Boys' Industrial)
Fourth.....Eugene Brown (Franklin School)

Event No. 15.

PUTTING 12-POUND SHOT.
FirstAlbert Treis (Franklin School)  Distance, 30 feet.
· ·
SecondFrank Prasch (Boys' Industrial) ThirdJulius Germanio (Fourteenth Avenue)
FourthFrank Taureyne (Sussex Avenue)
Event No. 16.
RUNNING BROAD JUMP.
FirstGeorge Freibott (Madison School)
Distance, 18 feet.
SecondWatson McClure (Burnet School)
Third
FourthCharles Pitts (Abington Avenue)
Event No. 17.
POLE VAULT.
FirstJoseph Tully (South Eighth Street)
Height, 8 feet 5 inches.
SecondFrank Rowley (Franklin School)
Third Charles Rizzolo (Franklin School)
FourthMichael Forte (Franklin School)
Event No. 18.
880 YARD RELAY RACE.
FirstFranklin School
Time, 1 minute.
Second
ThirdAbington Avenue
FourthCentral Avenue

# Prize Records—Girls' Events 1915

Event No. 1.

440 YARD RELAY RACE.
Seventh Grade, for Sexton Cup.

son, Bertha Zinn, Amelia Yeager, Lillie Clar, Rose Miller, Nora French.

Time, 1 minute 22-5 seconds (new record).

Fourth.....Franklin School

Event No. 2.

50 YARD HURDLE RACE.

First......Virginia Fields (Franklin School)
Time, 81-5 seconds.

Second. Emma Ludwig (Hamburg Place)
Third. Grace Miller (Miller Street)
Fourth. Ruth Kirchbaum (Miller Street)

Event No. 3.

OAT BAG RELAY.

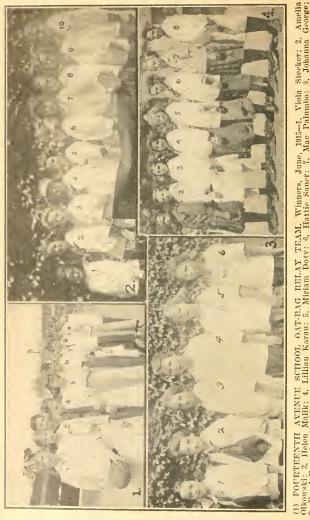
Eighth Grade, for R. C. Jenkinson Cup.

First Fourteenth Avenue
Mildred Campbell, Miriam Doty, Johanna
George Lillian Korn Helen Malea

George, Lillian Korn, Helen Maleq, Amelia Olkawski, May Palumbo, Georgina Seward, Viola Stecker, Elizabeth Zahn,

Second......South Market Street
Third.....Sussex Avenue

Fourth......Avon Avenue



1915-1, Viola Stecker; 2, Amelia ae Palumbo: 8, Johanna George; 7 TEAM, Winners, June, 1915-1, Fer, S. N. French; 4. F. Kopp; 5. E. Gilbert, 6. L. Clar, T. F. Harrison; S. E. Hennalt, 9. K. (3) MADISON SCHOOL FLAG RELAY TEAM—1. A. Kalas, 2. G. Fennelly; 3. V. Broberg; 4. undean; 6. M. Poh. (4) CENTRAL AVENUE SCHOOL POTATO RELAY TEAM, Winners, June. 6, Angelina De E, Heimall: 9, R. Mary Napolitana; 4, Anna Zoppa; 5, Catherine Britt; (2) MADISON SCHOOL 440-YARD REI eimeyer: 3, Costa: 7, Martha Schoene; 8, Dorothy Scott, 0. Mildred Campbell. 1915-1, Gertrude Scott: 2, Anna N 5. N. Amundson; 6 Miller; 10, B. Zinn. 9. Pearl Ferrarie; . Cohen: 2, A L. Krueger:

Event No. 4.

# POTATO RELAY.

Second Abington Avenue
Third Madison School
Fourth Morton Street

Event No. 5.

# FLAG RELAY.

Time, 44 seconds.

Second Central Avenue
Third Sussex Avenue
Fourth Madison School



1, Viola Walters; 2, Gertrude Barrett; 3, Agnes Powers; 4, Ruth Armitage; 5, Anna Doughtery; 6, Clara Kubach; 7, Helen Moore.

SOUTH EIGHTH STREET SCHOOL FLAG RELAY TEAM-WINNERS, JUNE, 1915.



1, Mildred Ennis; 2, Ruth Perry; 3, Carrie Gashlin; 4, Elizabeth Schiavone; 5, Loretta Del Russo; 6, Angelina Travasana; 7, Mary Sperdute; 8, Susie Travasana; 9, Regina Baer; 10, Gertrude Kopeloff; 11, Mary Matullo; 12, Emma Genull.

ELIZABELIN SCHOOL 10, VAND DEL VICTOR GINSBERG, Photo.

FRANKLIN SCHOOL 440-YARD RELAY TEAM, Fourth Place Winners,

# The Girls' Athletics Branch of the Newark Public School

Athletic Association

In 1913 a Woman's Advisory Committee was formed, to act with the Executive Committee of the Newark Public School Athletic Association on all matters pertaining to Girls' Athletics. The Committee consists of:

MISS JULIA HEALY
Contemporary Club

MRS. HENRY CRAMPTON

Civic Club

MRS. BEATRICE M. STERN
College Women's Club

DR. FLORENCE E. VOORHEES

Medical Department

MISS KATHERINE QUINN

Bergen Street School

# History of the Girls' Branch

The Girls' Branch of the Newark Public School Athletic Association was first inaugurated for the athletic meet in 1906, and its particular object was to give an opportunity to the growing girls of the city to develop bodily health and physical strength by out-

door exercise.

The first competition of the girls consisted of gymnastic drills and exercises taken from the course in physical training and was held on the Orange Oval in connection with the boys' meet on June 5, 1906. It was hoped that with this beginning enough interest would be aroused in the physical development of girls to make some form of permanent outdoor exercise possible for girls. This small beginning proved more successful than the committee had hoped for, though it was shown that the noise of the boys' meet interfered with the attention and interest of the girls' events.

The next year the scope of the athletics for girls was somewhat increased, and besides the classroom gymnastics, certain athletic events were included, and it was decided to divide the city into four general districts and to hold the girls' meet in a central auditorium of each district. About eleven hundred girls took part in these district meets, and the success was phenomenal. In some of the centers the public interest was so great that people had to be

turned away from the doors.

In 1908, the girls' meets grew in importance and popularity. Indeed many people consider the girls' meet in the armory to be more interesting than the boys' meet at Wiedenmayer's Park.

In 1900, a new feature was introduced in the shape of a standard event for the eighth year girls, and a standard pin equal in every way to the boys' button was given to any girl of the eighth grade

who could throw the basket ball 40 feet.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The committee recognizes that the question of girls' athletics must be handled in a very different manner from that of the boys' and in no case has it introduced competition which would do harm to the delicate organism of the growing girl.

The outgrowth of the meets compelled us in former years to separate the girls' athletics from their gymnastics and at the present time competitive gymnastics have been discontinued altogether.

In 1910 a decided innovation was made by the committee in establishing standard events for girls in four grades. The girls were given pins the same as the boys were given buttons when they made a standard.

A very liberal policy has been adopted and a girl is allowed to choose a standard from several open to members in her

grade.

Instead of a button, a testimonial, properly designed, will be presented to every successful participant.

# GIRLS' ATHLETIC MEET.

Held Annually at the Physical Training Field.

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

# EVENTS.

GIRLS' PRIZE EVENTS.

8-A and 8-B

Oat-Bag Relay (10 girls to a team).

7-A and 7-B

440 Yard Relay (10 girls to a team).

6-A and 6-B

Flag Relay (Flag to be without stick and to be at least 16 inches long, 6 girls to a team).

5-A and 5-B

Potato Relay Race (8 girls to a team).

Individual prize event, open to girls above fourth year.

50 yard Hurdle Race, four hurdles 22 inches high, 10 yards apart (5 entries allowed from each school).

# GIRLS' STANDARD EVENTS.

Seventh and Eighth Year May Choose One.

Throwing the basket ball for distance—40 feet (3 trials).

(Ball to be thrown over hand or under hand using one hand only.)

50 yard dash-7 3-5 seconds.

Running high jump, height 2 feet 8 inches (subject to adjustment).

# 6-A and 6-B

Throwing an indoor baseball 12 inches in circumference 65 feet (subject to adjustment). Girl must have both feet behind a base line and throw the ball over hand across a line 65 feet away.

# 5—A and 5—B 35-yard dash—5 3-5 seconds.

# 4-A and 4-B

Hand walk twice the length of a 16-foot horizontal ladder without touching the floor, over and back with a turn. Running broad jump—9 feet.



1, W. W. Shaffer, Principal; 2, Van Name; 3, Weiss; 4, Thomashefsky; 5, H. L. Bischoff, Phys. Dir.; 6, Ross; 7, Rubin; 8, De Groot. Ginsberg, Photo. AVON AVENUE INTERCLASS CHAMPIONSHIP TEAM.

# Oat-Bag Relay

For Girls in 8-B and 8-A Grades.

The oat-bag relay race consists of a competition of teams made up of ten girls from the eighth year, who take their places in the ten transverse 3-foot spaces, as shown in the diagram, facing the front line.

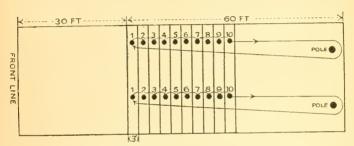
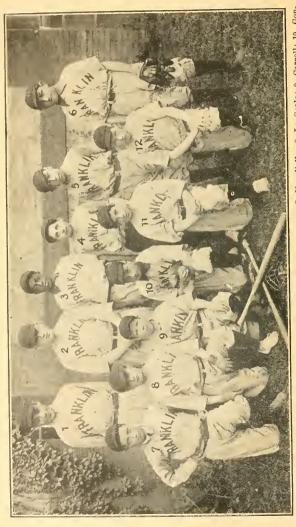


Diagram Illustrating Oat-Bag Relay.

No. I girl, standing in space I, passes a 4-lb. oat-bag, about 8 inches in diameter, at the signal, over her head with both hands, to No. 2 girl behind. Girl No. 2 passes to No. 3, etc., until it reaches girl No. 10, who turns and runs around the pole in the rear, grasping the pole in circling if she chooses to do so, and proceeds to the space formerly occupied by girl No. I (girls not running with the bag move back one space while the girl is running with the bag).

When girl No. 10 takes her place in the first space she passes the bag as it was passed in the first place. The race proceeds until girl No. 1 finally runs with the bag. She not only circles the pole but must proceed forward past the other members of her team and cross the front or finishing line, which is 30 feet

in front of first line of first space.



1. Siegel; 2, Wallace: 3, Ransey; 4, La Capra; 5, Vitale; 6, D'Andrea; 7, Napoliello; 8, La Scala; 9, Carroll; 10, Gonnelli, Capt.; 11, Alvine; 12, Cunningham. FRANKLIN SCHOOL JUNIOR BASE BALL TEAM-NORTHERN LEAGUE CHAMPIONS.

# 440-Yard Relay

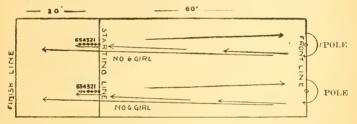
For girls in 7A and 7B.

Ten girls to a team; each girl stationed on a mark 44 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the 10th girl finishes across the finish line. (Each girl must hand next runner on team a baton twelve inches by one-half inch.)

# Flag Relay Race

For girls of the 6A and 6B.

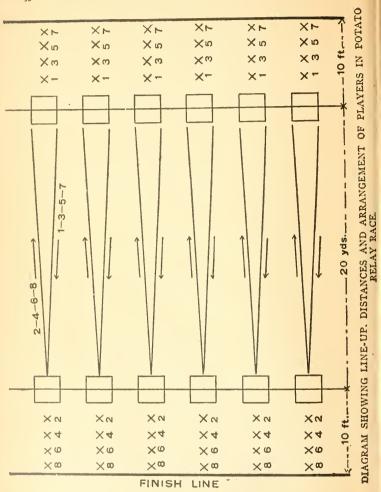
Flag relay race consists of a competition of teams made up of six pupils from the 6A and 6—B grades of each school. The



GIRLS FACE FRONT LINE OR POLE.

Diagram Illustrating Flag Relay Race.

teams line up as in the oat-bag relay race; that is, one behind the other, the front or No. I girl standing on the starting line and the rest of the team standing behind her. Sixty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line sixty feet in front a pole is set up. At the word of command the first or No. I girl, who holds a United States Flag, 16 inches in length, without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line, where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her team mates, she



hands the flag to the outstretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole and returns to the starting line, where she delivers the flag as above described, and then takes her place back of the line of standing team mates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race. Any girl may take hold of the pole as an aid to circling it.

# **Potato Relay Race**

For girls of the 5A and 5B. (8 in a team.)

The Potato Relay Race consists of a contest between teams of

eight girls from the 5A and 5B grades.

The competitors line up standing behind two stands, which are 20 yards apart. The 1st, 3d, 5th and 7th girls stand behind one of the stands and the 2nd, 4th, 6th and 8th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings one potato and places it on her own stand, which is empty; having placed this potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Flag Relay. After No 1 makes the touch off she takes her place on a line 10 ft, back of the starting line and sits down. The same order is followed by numbers 2, 3, 4, 5, 6, 7 and 8. No. 8 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 60 yards.)

The potatoes must be on the stand; if they roll off they must be put back by the one who makes the mistake, otherwise the team

shall be disqualified.

# Newcomb

A Game for the Gymnasium or Playground.

APPARATUS.

The game is played with an indoor base ball, and requires also a Division Line or "Rope" and "Posts." The Division Line is

supported by the posts, so constructed as to vary the height of the rope and adjustable as to length of rope required, to accommodate a different width of court or space. The official Newcomb Rope is 34 feet long and ½ inch in diameter. Where the walls form the Boundary Lines, a "Brace" should be used to secure the rope.

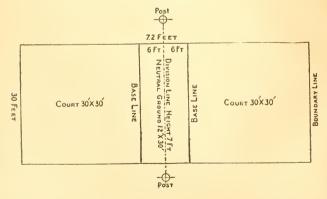
# HOW TO ARRANGE THE GAME.

# I. In the Gymnasium.

For the arrangement of the court, see diagram. Lines are made by painting them upon the floor. These lines should be about two inches in width. The posts for the rope should be at least one foot outside the Boundary Lines. The rope should divide the space into two equal parts. This rope is known as the Division Line. The space between is called the Neutral Ground. The height of the rope should be seven feet above the ground.

# THE GAME.

The space between the Base Line and end of the field is known as the "Court." The players are arranged at irregular intervals over the court; the object being to cover this space as effectually as possible to prevent the opposing player making a "touch-down." The object of the game is to throw the ball over the rope and to make it touch any clear space in the enemy's court. This is called a "touch-down" and constitutes one point for the side sending the ball. A foul adds one to the opponents' score. The game calls for an equal number of players on each team. The official game calls for twenty players on a side.



### STARTING THE GAME.

Match games occupy two halves of ten minutes each. The game is opened by the instructor, or referee, who stands in the neutral ground and tosses up the ball as in Basket Ball. The Captains, or some players selected, stand at the middle of the field, and as the ball is thrown, they jump with the object of tapping it toward their respective courts. When the ball is secured by one team, both Captains or players return to their respective positions and thereafter must not play in the neutral territory. THE SIDE THAT SECURES THE BALL OPENS THE GAME. When the whistle is blown for the end of the first half, or the conclusion of the game, and a ball is in the air, its result shall be counted. For the second half of the game, the teams change courts. The game is begun as in the first half.

# RULES.

- I. A "touch-down" shall count one for the side sending the ball.
- 2. A foul shall add one point to opponents' score.
- 3. A majority of points decides the game.
- 4. The players must stand within the Boundary Lines.
- 5. No player shall step over the lines except to secure an "out" ball.
- 6. A ball thrown by a player and landing out of the Boundary
  Lines shall be counted a foul.
- The ball must be thrown with one hand. It cannot be kicked.
   No player shall catch, or throw the ball while down; but must be standing.
- 9. The ball must clear the rope and touch the opposite court to constitute a "touch-down."
- 10. If a ball is batted into the neutral ground by a player receiving it, it shall constitute a foul against the side receiving the ball.
- II. An "out" ball beyond the Boundary Lines, shall constitute a foul unless tapped by a player as it passes over the court. When it counts against side receiving the ball. It should be returned to play at the nearest point of its passage and exit from the court.
- 12. If, in passing the ball to another player on the same team, it should be dropped to the floor (ground) it shall constitute a foul.
- 13. A ball striking the wall and bounding into the neutral ground or court, shall constitute a foul for the team sending the ball.
- 14. There shall be no protests, except by the Captain; no talking, no general disturbance of the game.

The ball must not be thrown under the rope nor between 15. the Base Lines.

In match games unavoidable loss of time shall be deducted. 16.

When the question arises between teams as to whose ball 17. shall be used, each team may furnish the ball for one half of the game.

In the absence of a regular instructor the Captain shall 18.

decide the position of the players in the court.

The team shall change courts during the second half of the IQ. game.

### FOULS.

When the ball touches the rope.

When the ball passes under the rope. 2.

When the ball falls into the neutral ground—counts against 3. side sending the ball.

Tapping the ball over the lines-counts against side receiv-4.

ing the ball.

Deliberately hitting a player with the ball. 5.

6. Falling down with the ball.

Audible signals.

7· 8. Needlessly rough playing.

Unnecessary protests. Q.

TO. Talking, or any disturbance of the game.

Running all over the court. H. 12.

Stepping over, or on, the lines. Playing out of Boundary Lines. 13.

14. Needlessly high ball. Dropping the ball. 15.

16 Any violation of the rules of the game.

### TACTICS.

The object of the game is to secure the ball, guarding the ground on which you stand, as that will prevent the opposite team's securing a "touch-down." Learn to throw curved balls that will clear the rope, and that will be difficult for opponent to catch. Remember that "out" balls are simply a waste of time. Make a careful distribution of players. Do not put all the best players together. Look for the enemies' weakest defense and throw your ball in that direction. While the players do not have to stand in a given position, it is well to prevent general running over the field, as that confuses the players and obstructs the play. A limited radius should be understood for each player; and to secure the best team work, the player who receives the ball should throw it. Never look in the direction you intend to throw the ball. Remember it is skillful rather than violent playing that secures the game. Vary your plays; do not always aim in the same direction. Try to help your team by giving it your best effort; but do not get in to the way of other players, and DO NOT TRY TO DO ALL THE PLAYING YOURSELF. Again, remember, to win, the ENTIRE TEAM must work.

# Captain Ball

16 players on a team. Playground; gymnasium.

GROUND.—The ground is divided into two equal parts by a line through the center. In each half are marked 10 bases in the form of small circles two feet in diameter, outlining a large semi-circle or square open on one side. In the center of each half is marked a small rectangle or base, three feet long, two feet wide, for the captain,

TEAMS.—The players are divided into two equal teams, consisting each of: (1) a captain, (2) a baseman for each base in the outer circle, five guards. The guards belonging to a team are stationed in the opponents' field, and generally begin the game lined up near the central line that runs through the center of the ground. As the game progresses, the guards may scatter in any way that they choose. An umpire is necessary, and a scorer, timer and referee are needed for skillful teams.

OBJECTS OF GAME.—The objects of the game are (1) for the ball to be thrown and caught around the complete circle of basemen; (2) for the outer basemen to throw the ball to their captain in the center; the guards trying (1) to intercept the ball before it can complete a circle; (2) to prevent it being caught by the captain, and (3) to secure possession of the ball and send it to the basemen in their own (the opposite) field.

START.—The ball is put in play in the center of the field by the referee. He tosses the ball, as in Basket Ball. The guards may run anywhere they choose on their side of the central line. To touch the ball does not give a guard possession of it; she must hold it in both hands. In case of dispute the referee should again toss the ball. When a guard has secured possession of the ball, she throws it to one of her basemen in the opposite field. The ball is put in play from the center after every point scored, and after it goes afield.

Rules.—The guards are not allowed to step within the bases; they may not cross the boundary lines into the opposite territory. Basemen may not step outside of their bases, except with one foot. Should the captain, in catching a ball, step over her base, the catch does not score. A throw from a guard in the opposite field to her

own captain does not score. Striking a ball out of a player's hand is allowable. In trying to block a throw, guards may not touch basemen nor step within the bases. Guards will naturally be very watchful of the center, as successful catches by the captain score, but they must not step in the captain's base.

Fouls.—Transgression of any of the previous rules constitutes

a foul, penalized by the opposite side scoring one point.

Score.—One point is scored for a team every time that the captain catches a ball thrown by one of her basemen. Four points are scored for a team whenever the ball is thrown from base to base successively until it completes an uninterrupted circle. After every point scored, the ball is returned to the umpire and put again in play.

The game is played in two halves of ten minutes each, with a rest of five minutes between the halves. Teams change sides at the beginning of the second half, but they do not change players; that is, guards do not become basemen, and vice versa, as in some

other forms of this game.

The Referee shall have full charge of the hall as in Basket Ball. The Umpire shall call fouls and assist the Referee.

There shall be an official timer. There shall be an official scorer.

# **Dodge Ball Contest**

For girls in the 4A and 4B Grades.

To enter Dodge Ball girls must be under 4 feet 6 inches in

height.

A Dodge Ball contest consists of sixteen pupils on a side, arranged in the following manner: A circle 36 feet in diameter is drawn and one team takes its place arranged outside the circumference so that the spacing shall be equi-distant between the players. Another team takes its position scattered anywhere inside the circle.

A Spalding indoor base ball, 17 inches in circumference, is given to one of the outside players and at the signal, the ball is thrown in such a manner as to hit one of the players inside the circle. Should the ball hit a player in the circle that player becomes dead, and takes her place on a line which is assigned somewhere without the field of play. The play is continuous until the expiration of the time limit, which is three minutes.

In the second half the players reverse their positions and at the end of the time the team having the fewest number of dead

players wins the game.

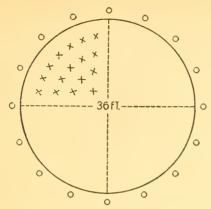


Diagram Illustrating Dodge Ball.

The ball is thrown by any player around the circumference. A player may leave the circle to get the ball, but the ball must not be thrown at the opposing side except from outside the line. A player shall be disqualified if she throws the ball standing on or inside the line. When disqualified she must drop out of the circle and remain on a line drawn on the opposite side of the circle to the dead players, until her team goes to the inside of the circle. A dead player counts one point for the opposing side; a foul counts one point against the side making it. A player, disqualified for throwing the ball either from on or inside line, forfeits one point in addition to being disqualified. A player of the inside team leaving the circle is dead. In case of a tie score, the game shall be awarded to the side making the fewest fouls.

# Rules Governing Girls' Athletic Contests

1. The competition shall be between girls of the same grade.

2. In case of mixed grades, the contestants shall be classed according to the grade of work in physical training done in the classroom.

3. The judges shall be selected by the Executive Committee of the Newark Public School Athletic Association.

4. The same rules in regard to deportment and application to study shall apply as to the boys.

5. First, second and third prizes, and a pin for the fourth place will be awarded for each event.

6. First place will count five points, second place will count three points, third place will count two points, fourth place one point.

7. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same could be purchased by the different schools or by the P. S. A. A.

### POINTS.

8. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

# SPECIAL TROPHIES FOR GIRLS' PRIZE EVENTS.

- 1. To the school winning the Oat-Bag Relay.
- 2. To the school winning the 440-yard Relay.
- 3. To the school winning the Flag Relay.
  4. To the school winning the Potato Relay.

# Girls' Standard Events

For 7th and 8th Year Girls.

50-yard dash. Time 7 3-5 seconds.

Throwing basket ball for distance. Distance 40 feet (3 trials). Throw with one hand only.

Running high jump, height 2 feet 8 inches (subject to adjustment).

For 4th, 5th and 6th Year Girls.

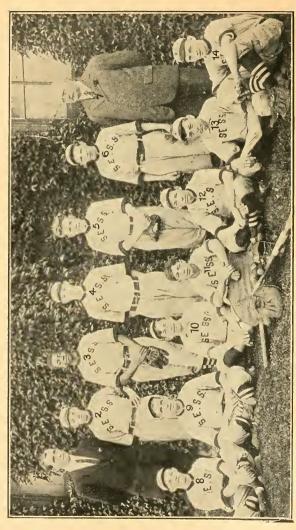
Throw a Spalding indoor base ball for distance, the distance to be 65 feet. Ball to be 12 inches in circumference. Three trials.

35-yard dash. Time 5 3-5 seconds.

Hand walk on 16-foot horizontal ladder.

The contestant shall place herself under one end of the ladder and without assistance jump and catch overgrasp the rungs, side or sides of the ladder. She shall then "walk" the full distance, moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder, and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward; or she may return, after turning round, on side or sides of ladder, using overgrasp if she chooses.

Only one trial shall be allowed.



1. Mr. Kraus; 2, Lynch; 3, Kline; 4, Monroe; 5, Lawn; 6, Franke; 7, Mr. Hoenemann; 8, Hill; 9, Smith; 10, Mutchler; 11, Giannettino; 12, Neal; 13, King; 14, Tully. SOUTH EIGHTH STREET SCHOOL SENIOR BASE BALL TEAM-CITY CHAMPIONS,

# Newark Public School Athletic Association

Athletic Rules of the Newark Public School Athletic Association

Constitution and By-Laws of the Newark Public School Athletic Association

Class Athletics and Class Events

School Records

Rules for Conducting an Athletic Meet

The Ethics of Competition

Hints on Training

# Athletic Rules of the Newark Public School Athletic Association

Rule I. The Public School Athletic Association of Newark, New Jersey, recognizes as athletic members all public school boys and girls, members of Newark elementary schools and

high schools.

Rule 2. Attendance of at least three months in the school system shall be required of all pupils before they shall be entitled to represent their school in athletics. No elementary school pupil coming from another city or town shall represent the school unless he has attended school for twelve school weeks. Only those pupils who in deportment and attention to study have been satisfactory shall be entitled to represent the school in athletics. The age limit for competition in events of the elementary schools shall be from nine to seventeen inclusive. No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Five boys are allowed from each school to enter a prize event. Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

RULE 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors.

# CLASSIFICATION FOR ALL EVENTS.

Adopted, January 29, 1910.

JUNIOR Boys must be over nine and under thirteen, and less than four feet ten inches in height.

INTERMEDIATE Boys under fifteen, and not over five feet three

and a half inches in height.

Senior Under seventeen, any height.

Note

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet ten and a half inches high, would be in the Intermediate class, or, a boy fourteen years of age, five feet four inches high,

would go into the Senior class.

Note Measurements to be made in Stocking Feet.

Rule 4. That five contestants be allowed to enter any prize

event from any school.

Rule 5. That each school as before be permitted to enter one relay team only in each of the three divisions (Junior, Intermediate, Senior), and one special Junior Midget team.

RULE 6. The following shall be a special list of championship

events for the elementary schools:

BOYS' PRIZE EVENTS.

IUNIOR

50-yard dash.

Running high jump. Running broad jump.

440-yard relay race (4 boys to a team).

SPECIAL IR.

440-yard relay race (4 boys to a team).

Note.—The special Junior Midget Relay requires Junior boys under 4 feet 6 inches in height.

INTERMEDIATE

75-yard dash.

Running high jump. Running broad jump.

Standing hop, step and jump.

600-yard relay race (4 boys to a team).

SENIOR

100-yard dash.

220-yard dash (boys in this race not eligible for

relay).

120-yard hurdle race (all hurdles to be left standing in order to make a record; if more than 3 hurdles are knocked down, contestant is disqualified).

Running high jump.

Running broad jump. Running hop, step and jump.

Pole vault.

Putting the 12-pound shot.

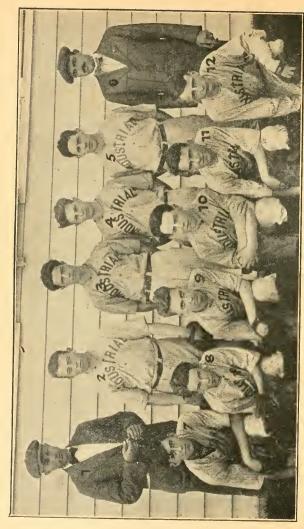
880-yard relay race (4 boys to a team).

RULE 7. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 8. Prizes will be the same as heretofore, viz., 1st, 2nd,

3d prize. A button will be given for fourth place.

Rule 9. Special trophies will be given as follows for prize events, irrespective of percentage:



1, Mr. Baumann, Coach; 2, Prasch; 3, Walters: 4, Forberger; 5, Jaeger; 6, Mr. Dougan, Principal; 7, Brasch; 8, Buchanan; 9, Raiph; 10, Murphy; 11, Bird; 12, Hasenzahl. BOYS' INDUSTRIAL SCHOOL SENIOR BASE BALL TEAM-NORTHERN LEAGUE CHAMPIONS.

To the school scoring the most points (boys and girls). ĩ.

2. To the school scoring the second largest number of points in contest (girls and boys).

To the school scoring most points in the senior boys' events. 3. To the school scoring most points in the intermediate boys' 4.

To the school scoring most points in the junior boys' events. 5.

To the school scoring most points in girls' prize events. 6.

To the school scoring most points in field and track events 7. (boys).

8. To the school scoring most points in field events (boys).

To the school scoring most points in track events (boys). O. To the school winning greatest number of first places (both TO. boys and girls).

To the school winning the Senior Relay Race (boys). II.

12. To the school winning the Intermediate Relay Race (boys). To the school winning the Junior Relay Race (boys). 13.

To the school winning the Special Junior Midget Relay Race. 14.

To the school having less than seven grades scoring most 15. points in the meet.

16. To the school winning the Oat-Bag Relay Race (girls).

To the school winning the Flag Relay Race (girls). 17. To the school winning the Potato Race (girls).

18.

To the school winning the 440-yard Relay Race (girls). 19.

# Efficiency Trophies to Be Awarded on Percentage Basis.

To the school securing largest number of efficiency testimonials—boys (gymnasium schools).

To the school securing largest number of efficiency testimo-21.

nials—boys (non-gymnasium schools).

To the school securing second largest number of efficiency 22. testimonials—boys (gymnasium schools).

To the school securing second largest number of efficiency 23.

testimonials-boys (non-gymnasium schools).

To the school securing largest number of testimonials-24. girls (gymnasium schools).

To the school securing largest number of testimonials-25.

girls (non-gymnasium schools).

To the school securing second largest number of testimo-26. nials-girls (gymnasium schools).

To the school securing second largest number of testimonials-girls (non-gymnasium schools).

RULE 10. In all relay races no more than five teams shall be run in a heat. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in

their proper position on the track.

RULE II. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission to the stands for pupils shall be ten cents, adults twenty-five cents.

RULE 12. All athletic meets shall be run according to the

rules of the Public School Athletic Association.

RULE 13. Points. First place shall count five points, second place three points, third place two points, fourth place one point. Those teams winning in the relay races are credited with double the number of points mentioned above.

RULE 14. There shall be an official physician in attendance. RULE 15. Relay teams will be allowed to enter substitutes in

each event.

2.

RULE 16. Outdoor track and field, base ball, foot ball and basket ball championship meetings shall be held annually at such times and places as may be decided upon by the executive committee.

RULE 17. The awarding of trophies shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule.

RULE 18. Boys in the senior class running in the 220-yard dash

are not eligible for the relay race.

RULE 19. The following rules are to be followed in determining the schools entitled to the various trophies, banners and cups:

 Use number of pupils in each school above the second grade as divisor (boys and girls) to determine the school entitled to the school banner.

(a) To determine the schools entitled to boys' banners and cups in efficiency tests. Use number of boys above the

second grade in each school as a divisor.

(b) To determine schools entitled to girls' banners and cups in efficiency tests. Use number of girls above the third grade in each school as a divisor.

> Note.—The number of eligible girls to be determined by the number of girls in the grades which are eligible to participate.

> Note.—The dividend in each case is the number of

testimonials won.

# Constitution and By-Laws of the Newark Public School Athletic Association

# NAME.

This Association shall be known as the "Public School Athletic Association of Newark, New Jersey."

# ARTICLE I.

# OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of the city of Newark, New Jersey; in connection therewith, to cooperate with and support athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

# ARTICLE II.

# MEMBERSHIP.

Section 1. Membership shall consist of all principals of the city of Newark, the director of physical training and his associates and the director of compulsory education.

Sec. 2. Honorary officers and members may be elected.

# ARTICLE III.

### DIRECTORS.

Section I. An executive committee of thirteen members shall have control and management of the affairs and funds of the Association.

SEC. 2. An executive committee shall be annually elected

by the Association.

Sec. 3. The executive committee shall have power to fill vacancies which may occur in their body from time to time until

the next annual election.

Sec. 4. Seven members shall constitute a quorum of the executive committee. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the treasurer.

# ARTICLE IV.

### MEETINGS

Section 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the second Wednesday in December in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

Sec. 2. At any meeting of the Association, fifteen members

shall constitute a quorum.

# ARTICLE V.

# OFFICERS.

Section 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant secretaries. All officers shall be on the executive committee.

Sec. 2. The officers of the Association shall be annually elected at the meeting of the Association held the second Wed-

nesdav in December.

SEC. 3. The president, vice-president, and treasurer shall

perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

Sec. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

# ARTICLE VI.

### COMMITTEES.

Section I. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, director of physical training, and six associate members, elected annually by the Association which shall have all powers of the Association when not in session. This committee must meet to transact such business as is necessary on the second Wednesday in January of each year and shall also meet at the call of the president or the vice-president. Seven of this committee shall constitute a quorum.

Sec. 2. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

SEC. 3. There shall be such other committees as may be authorized by the association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the

Association.

# ARTICLE VII.

# DISTRICT LEAGUES.

Section 1. Girls' and other auxiliary, associate or district leagues, may be established under regulations to be made by

the executive committee.

Sec. 2. The Public School Athletic Association of Newark, New Jersey, shall assume control of all district base ball leagues, basket ball leagues, foot ball leagues, or such other sports as may be established in the public schools of Newark or in outlying districts which may wish to share the advantages of this organization,

# ARTICLE VIII.

# AMENDMENTS.

These By-laws may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association. Also by a two-thirds vote of the Association at any meeting provided notice specifying the intended change shall have been given at a previous stated meeting or such notice shall have been served on each member at least five days before the meeting.

# ARTICLE IX.

# ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee and are subject to change when deemed expedient for the best interests of the association.

# Rules for Conducting an Athletic Meet

# RULE I.

# OFFICIALS.

Every athletic meet of the Public School Athletic Association shall be under the control of the following officials:

The executive committee. A field marshal. An assistant field marshal. A referee. An assistant referee. Three or more judges at finish. Four or more field judges. Three or more inspectors. Three or more time keepers. One starter. One assistant starter One clerk of the course with assistants. One announcer. One assistant announcer. One chief scorer. Two assistant scorers. Official reporters.

### RULE II.

# EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing or his attention and deportment must be referred to the executive committee.

# RULE III.

### REFEREE.

The referees shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise

covered by these rules. He shall disqualify for fouls. He shall disqualify for ungentlemanly conduct. He may decide the manner in which ties are to be settled. And the referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

# RULE IV.

# INSPECTORS.

The inspectors shall watch closely the conduct of all competitors during the meet and in case of a foul, they shall make a report at once to the referee. They have no power to make decisions.

# RULE V.

# JUDGES.

- The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

# RULE VI.

# THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referce. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the race or heat,

# RULE VII.

# THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course.

He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

I. "On your marks."

. "Get set."

3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt: in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 600 yards three yards for the first and three more for the second attempt; in races over 600 yards and including 1,000 yards four yards for the first and four more for the second attempt. In races over 1,000 yards and including one mile five yards for the first and five more for the second attempt.

# RULE VIII.

# THE CLERK OF THE COURSE.

The names and numbers of all competitors in each event shall be given to the clerk of the course who shall call them by name and check them off on the programme before the meet is begun. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

# RULE IX.

# THE SCORERS.

The scorers shall keep track of the order in which each competitor finishes and also the time for the event. He scores all points and announces the various winners and the schools who have taken the most points. The Assistant Scorers are

subject to the Chief Scorer and shall perform whatever duties are assigned by him.

# RULE X

# THE MARSHALS.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remaining therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee who may disqualify the offender. The marshal shall have general oversight of the boys and shall be the general director of the track and field.

# RULE XI.

# THE OFFICIAL ANNOUNCER.

The scorers shall make known to the official announcer the results of each event, and he shall announce them to the spectators.

# RULE XII.

### OFFICIAL REPORTER.

The official reporter shall receive from the scorers the order of finishing and the time and distance made by the competitors in the field and track events. This information he shall immediately make known to the representatives of the press.

# RULE XIII

# THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle immediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accom-

pany the competitors on the track or in field,

# RULE XIV.

# THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the

consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such

offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

# RULE XV.

### PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet,

the referee shall decide the matter at once.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

# RULE XVI.

# THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

# RULE XVII.

### THE COURSE

In straightaway races, lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord

is attached. Each contestant shall run in his own lane.

In all championship races, position shall be drawn for, and the drawing shall be in the names of schools. The Clerk of the Course shall not allot positions. The school having the first choice shall have first position next to pole; the school having second choice, second position, etc. If possible there shall not be two contestants from one school in the same heat.

# RULE XVIII.

# THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

The finish of any race shall be counted when any part of a competitor's body except his hands and arms shall reach the

ninish line

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

# RULE XIX.

# RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event. There shall be judges of relay racing whose duties it shall be to see that all touches are properly made.

# RULE XX.

### THE SHOT.

The shot shall be put with one hand, and in making the attempt it shall be above and not behind the shoulder. puts shall be made from a circle seven feet in diameter. circle shall be a painted or whitewashed circle and on one side a stop-board four feet long and four inches high shall be firmly fastened to the ground. In making his put a competitor shall

rest his foot against, but not on top of the stop-board.

That put shall be considered a fair put when no part of the body of the competitor touches the top of the stop-board, the circle or the ground outside the circle, provided the competitor shall leave the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be considered foul if any part of the body of the competitor shall touch the ground outside the front half of the circle before the put is measured.

The field judges shall measure each put from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the center of the

circle.

Foul puts and letting-go the shot in making an attempt shall

be counted as trials without results.

Each competitor shall have three trial puts, and the first, second, third and fourth in the trials shall have three more trials each in the final.

The best put made by a competitor whether made in the trials or finals shall count as his best put, and the result will be

decided accordingly.

# RULE XXI.

# RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick one inch in width and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be

decided by the field judges.

The height shall be measured from the middle of the bar to the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each

height, and if on the third trial he shall fail, he shall be declared

out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing forfeits his right to jump again at the height

declined.

If, however, a competitor takes a trial at any height and fails

in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take before

attempting a jump.

#### RULE XXII.

#### RUNNING BROAD JUMP.

A joist eight inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall

count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three and four in the trial jumps shall each have three more trial jumps.

The competition shall be decided by the best of all the trial

jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

### RULE XXIII.

## STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump.

When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad

jump govern the standing broad jump as well.

# RULE XXIV.

#### POLE VAULT.

The height at which the vaulting shall commence and the height to which the bar shall be raised at each succeeding vault

shall be determined by the field judges.

The height of the bar shall be measured as in the running high jump. Each competitor shall have the same number of trials as in the running high jump. The method of making trials shall govern as in the running high jump. Displacing the bar counts as a trial.

Leaving the ground in an attempt shall constitute a try.

A line shall be drawn fifteen feet in front of the bar and parallel with it; crossing this line in an attempt shall be a balk.

Two balks shall constitute a try. A competitor may decline to vault at any height, but if he fails at the next height he shall not be allowed to go back and try the height he omitted.

If, however, a contestant takes one trial at any height, he shall

not pass the other two trials.

Any competitor shall be allowed to dig a hole not more than one foot in diameter at the take-off in which to plant his pole.

This pole shall have no assisting devices except that they may be wound or wrapt with any substance for the purpose of affording a firmer grasp and may have one spike at the lower end.

The pole shall be unlimited as to size and weight.

No competitor shall, during his vault, raise the hand which was uppermost when he left the ground to a higher point on the pole, nor shall he raise the hand which was undermost when he left the ground to any point on the pole above the other hand.

# RULE XXV.

In the 120-yard hurdle race ten hurdles shall be used; height of hurdles to be decided upon by the Executive Committee

(present height is two and one-half feet). They shall be placed ten yards apart with the first hurdle fifteen yards distant from the starting point and the last hurdle fifteen yards before the finish line.

In making a record it shall be necessary for the competitor to jump over every hurdle in its proper position, nor shall the performance be considered a record unless every hurdle is left

standing.

#### RULE XXVI.

#### CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

#### RULE XXVII.

#### RUNNING.

All runs are started by a pistol shot fired by the starter. The commands given by him preparatory to starting a race are:

I. "On your marks."

2. "Get set."

3. After a short interval the starter fires a pistol.

After the first command the contestants hurry to the starting line and take their places as assigned to them.

At the second command, all make ready for the start, each one assuming the position best suited to his style. Usually the "crouching start" is the better way.

The pistol shot comes next and is the signal to run. Should

anyone start before the pistol is fired he is penalized.

# RULE XXVIII.

## STANDING HOP, STEP AND JUMP.

The competitor shall stand with one foot toeing the mark, the other leg raised clear of the ground, and from this position makes his first hop, landing on the same foot from which the start is made. He shall then make the step to the other foot without pause, and then from this leg, jump landing on both feet. In all other respects the rules governing the Running Broad Jump will govern the Standing Hop, Step and Jump.

### RULE XXIX.

#### RUNNING HOP, STEP AND JUMP.

The rule governing the Running Hop, Step and Jump is the same as in the Standing Hop, Step and Jump, except that it shall be made from a running start.

# RULE XXX.

TIES.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

#### RULE XXXI.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.



MADISON SCHOOL INDIVIDUAL PRIZE WINNERS, JUNE, 1915—1, C. Kuenzel, winner junior high jump; 2, G. Freibott, winner senior broad jump and 220-yard dash; 3, M. Smith, second in senior 100-yard dash; 4, W. Howard, winner intermediate standing hop, step and jump; 5, P. Schumacker, winner 50-yard dash, second in high jump, member junior relay team; 6, R. Campbell, winner broad jump, second in 50-yard dash, member junior relay team.

# The Ethics of Competition

OBEDIENCE TO RULES.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to

the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opposing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may, also, lead to further infringement, which will spoil the game.

ABIDE BY THE DECISIONS OF THE JUDGES.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then, he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by

his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper

authorities for their decision.

#### GENTLEMANLY CONDUCT.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is

held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers guarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one an-

other.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another.

Games won by such foul means were better lost.

#### POSSESS GOOD NERVE.

Frequently, a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

#### TEAM WORK.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his posi-

tion might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

#### HONESTY.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keeping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

#### CHARACTER.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

# Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

#### RUNNING.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

#### RUNNING BROAD JUMP.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in

striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

#### RUNNING HIGH JUMP.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

#### SHOT PUTTING.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

#### GENERAL TRAINING.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

#### DIET.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding. Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

#### CLOTHING.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

#### TRAINING FOR SPRINTS.

Master the crouch start.

Don't look around or allow other competitors to worry you.

Don't run with the head up in the air or bending backward.

Don't throw the heels up in back; don't run on the heels;

don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race. Don't do too much distance work when training for the sprints. Use the crouch start for all sprints.

CROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run

straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

#### HURDLING.

Develop sprinting ability. Clear hurdle in a step and not a jump. Learn to skim the hurdle. Land as quickly as possible after each hurdle. Race between the hurdles. Always land running. Don't slow up when approaching the first hurdle. Take an odd number of steps between hurdles, thus taking off with the same foot. Work hard and progress slowly. Land directly in front of your take-off. Use one knock-off hurdle for practice first. Hurdle three times per week and the other two days practice sprints. Make the first stride between hurdles comparatively short as impetus is obtained here for the others. On the last stride shorten the length without lessening the speed.

#### POLE VAULT.

Develop muscles of the arms, shoulders, and back by gymnasium work. Hold the pole with both thumbs up and parallel to the straight of way. The impetus gained in running and the final leap give the necessary momentum to throw the body over the bar. Find the starting point and the take-off and mark them plainly; then practice until you can strike this spot every time without changing the stride. Hold the pole against the bar and note where it touches. Grasp just under this with the low hand, and if you take off with the left foot this will be the left hand. Now, grasp with the upper hand about eighteen inches above. Practice sprinting first without the pole and then with the pole until an even stride is acquired. When the vault is made, the point of the pole strikes the ground, and the spring from the left leg comes almost simultaneously. The routine of work should include three days at vaulting, and other days practice high jumping and springing. Don't attempt height until the form is thoroughly mastered. Fix the eves on the middle of the bar, and don't look at anything else until the body has been raised to it.

#### CHINNING THE BAR.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk

it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

### RUNNING HOP, STEP AND JUMP.

Rules for the running broad jump apply here. Don't make the first hop too long. Make the greatest distance in your final jump. Increase the speed from start to finish. In the hop, land on the foot used in taking off; in the step on the opposite foot; and in the jump on both feet.

## STANDING HOP, STEP AND JUMP.

In the standing hop, step and jump, the foot must be raised before the first hop is taken.

## STANDING BROAD JUMP.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

# **Outdoor Sports**

Base Ball Leagues of the Newark P. S. A. A.

Rules for Governing the Base Ball Leagues of the Newark P. S. A. A.

Pennant Winners of the Base Ball Leagues of the Newark P. S. A. A.

Rules Governing Basket Ball Leagues of the Newark P. S. A. A.

Pennant Winners of the Basket Ball Leagues of the Newark P. S. A. A.

Rules Governing Soccer Foot Ball Leagues of the Newark P. S. A. A.

Pennant Winners of the Soccer Foot Ball Leagues of the Newark P. S. A. A.

# Base Ball Leagues of the Newark Public School Athletic Association

At a meeting of the N. P. S. A. A. held April 1, 1910, the following action was taken:

I.—That there should be two Grammar School Leagues, to be known as the Northern and the Southern Leagues.

2.—That there should be two Primary School Leagues, to be

known as the Northern and Southern Primary Leagues.

In 1910, the number of schools entering was so large that the classification was changed to Northern Senior League, Southern Senior League, Northern Junior League and Southern Junior League.

In 1913, an increase in the size of the leagues made the organi-

zation of a Western Junior League necessary.

# BASE BALL LEAGUES AND TEAMS, 1916.

A total of thirty-two teams, divided into six leagues, represent the Newark Public Schools, as follows:

HERN SENIOR LEAGUE.	
Garfield Abington	Ridge Franklin
THERN SENIOR LEAGUE.	
Miller Madison	Bergen
TERN SENIOR LEAGUE.	
Cleveland	West Side
HERN JUNIOR LEAGUE.	
Summer Avenue Franklin	Ridge
HERN TUNIOR LEAGUE.	
Fourteenth Avenue Newton	Miller Bergen
TERN JUNIOR LEAGUE.	
Webster Central	Abington
	Garfield Abington  THERN SENIOR LEAGUE, Miller Madison  TERN SENIOR LEAGUE, Cleveland  THERN JUNIOR LEAGUE, Summer Avenue Franklin  THERN JUNIOR LEAGUE, FOURTEENTH Avenue Newton  TERN JUNIOR LEAGUE, Webster

# Rules for Governing the Base Ball Leagues of the Newark Public School Athletic Association

RULE No. 1. The City shall be divided into two districts for the present, and the names of the two leagues shall be the Northern District League and the Southern District League. And these leagues shall be divided into Juniors and Seniors. The Northern Juniors will be divided into Northern Juniors and Western Juniors.

Rule No. 2. The District League may have as officers a President, Vice-President, Secretary and Treasurer. The last two offices may be held by one man.

Rule No. 3. The President must be selected from the principals of the city schools. The remaining officers may be selected from the students.

Rule No. 4. A schedule of games, never more than two a week, shall be made by the presidents of the District Leagues and submitted to the Executive Committee of the Athletic Asso-

ciation for approval before the opening of the season.

RULE No. 5. The duties of the Presidents of the District Leagues shall be, beside those usually designated to this office, the selecting of umpires for the games, the providing and assignment of the base ball diamonds to the several teams, and the general oversight of the field of play during the contest.

Rule No. 6. The Vice-President, beside the usual duties of this

office, shall aid and abet the authority of the President and may assist the President in selecting the umpires and assigning the

diamonds.

Rule No. 7. The Secretary and Treasurer shall perform the usual duties of these offices.

Rule No. 8. All players must be eligible according to the rules of the Public School Athletic Association (See Rule 19).

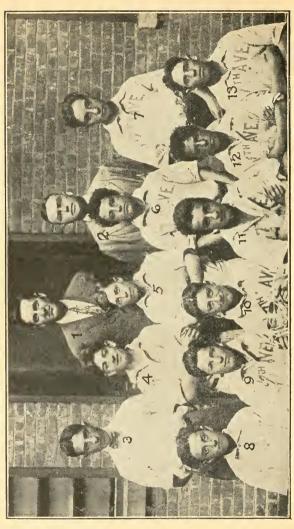
RULE No. 9. Any team playing ineligible members may be dropped from the League in consequence.

RULE No. 10. The official ball shall be adopted each year by the Association. For the year 1916 Spallding's "No. 1RC" Ball shall be used exclusively in all games by the Junior League teams, and the Spalding "Official National League" Ball in all games played by the Senior teams.

Rule No. 11. At least one principal shall be in attendance to

supervise each game.

RULE No. 12. On the field of play only the two captains shall



, Avallone, Asst. J. Mr. Greene, Principal; 2, Mr. Bauer; 3, R. La Torracca, Mgr.; 4, Rocco; 5, Nicoletti; 6, Corbo: Mgr.; 8, Malandi; 9, Marzulli; 10, Campione; 11, De Capua, Capt.; 12, M. La Torracca; 13, Cuozzoll. MCKINLEY SCHOOL JUNIOR BASE BALL TEAM-CITY CHAMPIONS.

be recognized and any dispute arising shall be settled between these two men and the umpire.

RULE No. 13. The official rules shall be the playing rules

adopted according to the national agreement for the year.

RULE No. 14. Before the opening of the game the balls must be submitted to the President of the League and to the umpire to be passed upon. A new ball is not required, but one satisfactory to these two gentlemen must be provided. Each team must furnish one.

RULE No. 15. All base balls must be purchased from the Sec-

retary of the Association on order.

RULE No. 16. All banners or cups shall be provided by the Newark Public School Athletic Association and shall consist of pennants or cups.

RULE No. 17. Each school shall raise funds for the support of its base ball teams, and shall own and supply all uniforms, bats,

balls and base ball paraphernalia.

RULE No. 18. All championship games of the Base Ball Leagues shall be played on the base ball diamonds of the Athletic Association, Branch Brook Park, Weequahic Park, or such other available fields as shall be approved of by the Executive Committee of the Association.

Rule No. 19. The senior team may be taken from any grade in the school. The junior team in Grammar and Primary Schools shall be made up of boys under 14 years of age. A junior boy when changed to a senior team can not play upon a junior team in any league game during the rest of the season, nor can a senior boy play on a junior team. All schools having more than six grades shall be classed as Grammar schools for purposes of base ball, soccer and basket ball. No boy may play on any two teams representing a school or schools unless such boy become ineligible through age during the playing season. In such case he may play on the next higher grade of team.

RULE No. 20. In Primary Schools the junior team may be taken from any grade of such school, but must be under four-

teen years of age.

RULE No. 21. Any boy who receives money for playing in any

sport shall be ineligible to play on the school teams.

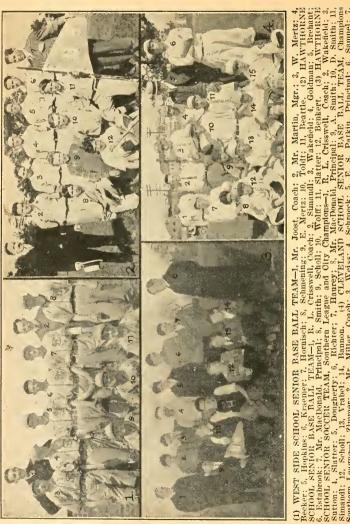
RULE No. 22. Boys playing on any team must have been a member of the Newark Public Schools twelve weeks previous to the games.

RULE No. 23. There will be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of purchasing trophies.

RULE No. 24. The names and ages of all players are to be sent

to the Secretary before the season opens.

RULE No. 25. The winner of two games out of three in the play-off for the City Championship shall receive the prize.



Samuel: 7. ; 15, Burns, Hurst 12, Fischman; 13, Benkert; 14, 4, Schroeck; 10, Orns; 11, Kraemer; Miller, Simandl: 12, Scholl: 13, Vrabel: Southern League—1, Zimmer: 2, Margolis; 8. Swirsky; 9, Ezina;

# Pennant Winners of the Base Ball Leagues of the Newark Public School Athletic Association

1906. Won by Franklin School,

1007.

Northern Championship—Newton Street Southern Championship—Bergen Street

1908.

Northern Senior Championship—Franklin Southern Senior Championship—Bergen Street Junior League Championship—Franklin

1909.

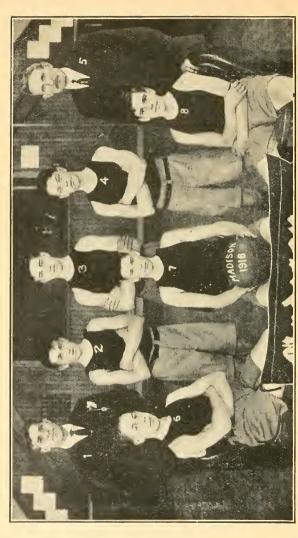
Northern Senior Championship—Franklin Southern Senior Championship—Miller Street Northern Junior Championship—Newton Street. Southern Junior Championship—Hawthorne Avenue

IOIO.

Northern Senior Championship—Alexander Street Southern Senior Championship—Bergen Street Northern Junior Championship—North Seventh Street Southern Junior Championship—Hawkins Street City Championship Senior—Alexander Street City Championship Junior—North Seventh Street

IOII.

Northern Senior Championship—Franklin
Northern Junior Championship—Elliott Street
Southern Senior Championship—South Market Street
Southern Junior Championship—Hawthorne Avenue
City Championship Senior—South Market Street
City Championship Junior—Elliott Street



1, E. F. Moller, Phys. Dir.; 2, Baker; 3, Seguin; 4, Hober; 5, S. H. McIlroy, Principal; 6, Orthenberger; 7, Wood, Capt.; 8, Schweickhardt.

MADISON SCHOOL SENIOR BASKET BALL TEAM-CITY CHAMPIONS.

1912.

Northern Senior Championship—Franklin Northern Junior Championship—Newton Southern Senior Championship—Hawthorne Avenue Southern Junior Championship—Bergen City Championship Senior—Hawthorne City Championship Junior—Newton

1913.

Northern Senior Championship—Boys' Industrial Northern Junior Championship—Central Avenue Southern Senior Championship—Miller Street Southern Junior Championship—Bergen Street Western Junior Championship—Franklin City Championship Senior—Boys' Industrial City Championship Junior—Franklin

1914.

Northern Senior Championship—Boys' Industrial Northern Junior Championship—Seventh Avenue Southern Senior Championship—Morton Street Southern Junior Championship—Morton Street Western Junior Championship—Franklin City Senior Championship—Boys' Industrial City Junior Championship—Morton Street

1015

Northern Senior Championship—South Eighth Street
Northern Junior Championship—Franklin
Southern Senior Championship—Cleveland
Southern Junior Championship—Bergen Street
Western Senior Championship—Boys Industrial
Western Junior Championship—McKinley
City Senior Championship—South Eighth Street
City Junior Championship—McKinley

# Rules Governing Basket Ball Leagues of the Newark Public School Athletic Association

RULE I. A. A. U. Rules shall govern play. Exception: - Junior halves shall be of 15 minutes duration; Senior halves shall be, one of 20 minutes duration, one of 15 minutes duration,

In November, 1912, an Intermediate Basket Ball League was

formed for boys under 15 years of age.

RULE 2. The rule for membership in senior and junior basket

ball shall be the same as in base ball and foot ball.

RULE 3. Rules of conduct shall be the same as those that govern all entries in the Newark Public School Athletic Association

RULE 4. Spalding's "Official" Basket Ball shall be used in all

games.

RULE 5. There shall be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of procuring trophies.

Rule 6. The names and ages of all players are to be sent to

the Secretary before the season opens.

RULE 7. The games of the League shall all be played before the opening of the February term.

RULE 8. The winner of two games out of three in the play-off

for the City Championship shall receive the prize.

Rule 9. No boy may play on any two teams representing a school or schools unless such boy become ineligible through age during the playing season. In such case he may play on the next higher grade of team.

RULE 10. A player injured may return to game at any time.

#### TEAMS OF 1915-1916.

SENIOR TEAMS. Boys' Industrial Hawthorne Morton Garfield Madison Sussex INTERMEDIATE TEAMS.

Milford Morton Belmont Boys' Industrial Monmouth Sussex

> IUNIOR TEAMS. Monmouth

Garfield McKinley Milford Morton

# Pennant Winners of the Basket Ball Leagues of the Newark Public School Athletic Association

## 1909-1910.

Senior Championship—Belmont Avenue Junior Championship—Belmont Avenue

## 1010-1011

Northern Senior Championship—Eighteenth Avenue Southern Senior Championship—Belmont Avenue Northern Junior Championship—Eighteenth Avenue Southern Junior Championship—Belmont Avenue City Senior Championship—Belmont Avenue City Junior Championship—Belmont Avenue

### 1911-1912

Northern Senior Championship—Boys' Industrial Southern Senior Championship—Belmont Avenue School Northern Junior Championship—Newton Street School. Southern Junior Championship—Hawthorne Avenue City Senior Championship—Belmont Avenue City Junior Championship—Hawthorne Avenue

## 1912-1913

Senior Championship—Boys' Industrial Northern Junior Championship—Morton Southern Junior Championship—Madison Intermediate Northern Championship—Morton Intermediate Southern Championship—Belmont City Championship Senior—Boys' Industrial City Championship Intermediate—Morton City Championship Junior—Morton

# 1913-1914

Senior Championship—Boys' Industrial Intermediate Central Championship—Morton Street Intermediate Southern Championship—Madison City Championship Intermediate—Madison Championship Junior—Morton Street



1, A. Jacobson, Phys. Dir.; 2, O. H. Schulte, Principal; 3, Rose; 4, Feizenbaum; 5, Herig; 6, Saslow, Capt.; 7, Kessler; 8, Rosenthal. MORTON STREET SCHOOL JUNIOR BASKET BALL TEAM-CITY CHAMPIONS.

# 1914-1915

Northern Senior Championship—Boys' Industrial Southern Senior Championship—Montgomery City Senior Championship—Montgomery City Intermediate Championship—Madison City Junior Championship—Belmont Avenue

# 1915-1916

City Senior Championship—Madison
City Intermediate Championship—Belmont Avenue
City Junior Championship—Morton



1. Zarra: 2. Napoliello; 3, D'Andrea; 4, Trivigino; 5, Vitale; 6, Carlson; 7, Smith; 8, Alvine; 9, Crumlisch; 10, Rabone, Capt.; 11, Ross; 12, Ford; 13, Mr. Balcom, Principal and Coach. FRANKLIN SCHOOL JUNIOR SOCCER TEAM-NORTHERN LEAGUE AND CITY CHAMPIONS,

# Rules Governing Soccer Foot Ball Leagues of the Newark Public School Athletic Association

Rule No. 1. A. A. U. rules shall govern the play.

Rule No. 2. The rule for membership in Senior and Junior

Soccer Leagues shall be the same as in base ball.

Rule No. 3. Rules of conduct shall be the same as those that govern all entries in the Newark Public School Athletic Association.

Rule No. 4. Rules of Organization for Soccer Foot Ball shall

be the same as those governing base ball.

RULE No. 5. Spalding's "Official" Soccer Foot Ball shall be

used in all games.

RULE No. 6. There shall be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of purchasing trophies.

RULE No. 7. The names and ages of all players are to be sent

to the secretary before the season opens.

Rule No. 8. In playing the Championship games the halves

shall be 20 minutes each.

Rule No. 9. Championship games will be decided in favor of the team winning any two of the first three; if other games are necessary the total number of points will be the determining factor.

Rule No. 10. No boy may play on any two teams representing a school or schools unless such boy become ineligible through age during the playing season. In such case he may play in the next higher grade of team.

# Pennant Winners of the Soccer Foot Ball Leagues of the Newark Public School Athletic Association

1008.

Championship won by Miller Street

1909

Senior Championship won by Franklin Junior Championship won by Bergen Street

1910-1911

Northern Senior Championship—Franklin Northern Junior Championship—Franklin Southern Senior Championship—Bergen Street Southern Junior Championship—Miller Street City Championship Senior—Franklin City Championship Junior—Franklin

1911-1912

Northern Senior Championship—Franklin Northern Junior Championship—Franklin Southern Senior Championship—Hawthorne Avenue Southern Junior Championship—Hawthorne Avenue City Championship Senior—Franklin City Championship Junior—Franklin

1912-1913

Northern Senior Championship—Franklin Northern Junior Championship—Franklin Southern Senior Championship—Miller Southern Junior Championship—Morton City Championship Senior—Franklin City Championship Junior—Morton

1913-1914

Northern Senior Championship—Franklin Northern Junior Championship—Franklin Southern Senior Championship—Hawthorne Southern Junior Championship—Miller City Championship Senior—Hawthorne City Championship Junior—Miller

## 1914-1915.

Northern Senior Championship—Boys' Industrial Northern Junior Championship—Central Avenue Southern Senior Championship—Hawthorne Southern Junior Championship—Hawthorne City Senior Championship—Boys' Industrial City Junior Championship—Central Avenue

# 1915-1916

Southern Senior Championship—Hawthorne Northern Senior Championship—Sussex Southern Junior Championship—Miller Northern Junior Championship—Franklin City Senior Championship—Hawthorne City Junior Championship—Franklin BOARD OF EDUCATION
OFFICE OF CITY SUPERINTENDENT
CITY HALL HEWARK, N.J.

April 8, 1916.

A. G. Spalding & Bros., 589 Broad Street.

Newark, N. J.

Gentlemen: -

At the meeting of the Executive

Committee of the Newark Public School Athletic

Association, the goods of A. G. Spalding & Bros.

were adopted as Official for the Newark schools.

Yours very truly.

Secretary, N.P.S.A.A.

# Part II

Newark High Schools
Athletic Association

# Officers of the Newark High Schools Athletic Association

President
WAYLAND E. STEARNS.....Barringer High School

Vice-President
THOMAS F. KENNEDY......South Side High School

THOMAS F. KENNEDY......South Side High School

ARTHUR W. BELCHER......East Side High School

Executive Committee

Wayland E. Stearns, Chairman, Barringer High School
William A. Johnson, Barringer High School
Thomas F. Kennedy, South Side High School
Ira Sheppard, South Side High School
William Wiener, Central High School
Daniel A. McMillin, Central High School
Eli Pickwick, Jr., East Side High School
Arthur W. Belcher, Sec'y, East Side H.S.

Director of Physical Education Randall D. Warden

Games Committee

Randall D. Warden, Chairman, Director of Physical Education Mathias H. Macherey, Secretary, South Side High School William G. Broadhead, Barringer High School Horace Butterworth, East Side High School Carl Anderson, Central High School

Physical Directors

William G. Broadhead, Barringer High School
Lewis Field, Barringer High School
Horace Butterworth, East Side High School
James A. Molloy, East Side High School
Carl Anderson, Central High School
Harry J. Sargent, Central High School
Mathies A. Macharay, South Side High

Mathias A. Macherey, South Side High School Guido Cavallaro, South Side High School Jos. A. D'Angola, Director of Athletic Field

# History of the Newark High School Athletic Association

In the spring of 1912, a meeting of the Public Elementary School Athletic Association and of representatives from the various high schools was called at the City Hall, through the instigation of the Director of Physical Education of the Newark Public School system. This meeting was called to consider the advisability of forming a joint athletic association which should include both the high and elementary schools.

The Elementary School Athletic Association had been in existence since 1904, but owing to the fact that previous to this time Newark had had but one high school, no such organization as existed in the elementary schools had been formed to control

high school athletics.

The consensus of opinion at this meeting was unfavorable to the project and nothing was done towards establishing a joint

athletic league.

The following year it became evident that there should be some controlling authority in the sports and athletics of the now four high schools of Newark. The Director of Physical Education, being the recognized agency for leadership in this movement, called a meeting of the principals of the various high schools together with their representatives, and a plan for forming a high school athletic association, which should be an organization apart from the Public School Athletic Association, was submitted. The project met with favor with the various high school representatives and committees were organized to draw up by-laws and rules and regulations, which were afterwards revised and re-drafted at many subsequent committee meetings.

In November, 1913, the Newark High Schools Athletic Association came into existence and organized with W. E. Stearns of the Barringer High School as its President, T. F. Kennedy of the South Side High School was elected Vice-President, A. W. Belcher of the East Side High School was made Secretary, while the treasuryship of the organization fell upon D. A. McMillin

of the Central High School.

According to the by-laws, the following Executive Committee

was elected:

Barringer High—W. E. Stearns, Chairman; W. A. Johnson. Central High—William Wiener, D. A. McMillin. East Side High—Eli Pickwick, Jr.; A. W. Belcher, Secretary. South Side

High—T. F. Kennedy, J. A. Hulse. Representing the Superintendent's office—Randall D. Warden, Director of Physical Education.

Following the election of an Executive Committee, a Games Committee was elected by each school, consisting of the following men:

Barringer High—W. Wallace King. Central High—D. A. McMillin. East Side High—W. A. Barnes. South Side High—J. C. Ware, Secretary. Superintendent's office—Randall D. Warden, Chairman.

There was a division of opinion among the schools as to whether the Games Committee should be represented by the Directors of Physical Training in the various high schools. It was maintained that it would destroy popular interest among the student body if no power in the direction of the athletic policies of the association were given to the physical directors. However, a Games Committee made up of men from the academic departments of the high schools was finally elected. This first Games Committee served for two years with the greatest harmony and success, but in the following year a sentiment arose in the high schools favorable to the greater professional control of the athletic activities coming under the jurisdiction of the Games Committee, and at a meeting of the Executive Committee on June 17, 1915, by a motion of Mr. Weiner of the Central High School, seconded by Mr. Johnson of the Barringer High School, the four high school physical directors were elected to the Games Committee.

In the draft of the rules and regulations it was thought wise to make the Director of Physical Education of the Public Schools a permanent member of both the Executive and Games Committees, and he serves on both committees by virtue of his

office, according to the rules of the association.

A strong effort has been exerted to make athletics in the high schools as general as possible. The Games Committee believes that athletics should be for the many instead of the few. Each year sees a decided progress made towards this end. It has also been the intention to make the athletics of the girls of the high schools of more and more importance, and the hope is held out that in the not too distant future the girls will have a set of events and a system of athletics which will be as beneficial to the women of our race as athletics have been in the past for the men.

# Constitution and By-Laws of the Newark High Schools Athletic Association

NAME.

This Association shall be known as the Newark High Schools ATHLETIC ASSOCIATION OF NEWARK, N. I.

#### ARTICLE I.

OBJECTS.

The particular object for which this Association is formed is to promote useful athletics and gymnastics among the attendants in the Public High Schools of the City of Newark, N. J., and in connection therewith to co-operate with the Elementary Athletic Association of the City of Newark, N. J., in providing athletic grounds, athletic instructors, and competent officials, and to organize games, offer prizes, and conduct competitions in said high schools.

# ARTICLE II.

MEMBERSHIP

Section 1. Membership shall consist of the Public High Schools of the City of Newark, N. J. Each school shall be represented by the Principal, the Director of Physical Training, and not more than two other members of the faculty, to be designated by the Principal.

Sec. 2. The Director of Physical Training of the City of

Newark, N. J., shall be a member of the Association. Sec. 3. The Director of the City Athletic Field shall be an honorary member of this Association. Other honorary officers and members may be elected.

#### ARTICLE III

DIRECTORS.

SECTION 1. There shall be an Executive Committee consisting of the President, the Vice-President, the Secretary, the Treasurer, the Director of Physical Training of the City of Newark, N. J., and four others. Of the members of this committee, two shall be from each high school.

Sec. 2. The Executive Committee shall have power to fill

vacancies, which may occur in their body from time to time, until

the next annual election.

Sec. 3. Five members shall constitute a quorum of the Executive Committee. An Auditing Committee appointed by the President, shall annually audit the books of the Treasurer.

### ARTICLE IV.

#### MEETINGS.

Section 1. The annual meeting of the Association for the election of officers and of the Executive Committee, and for such other matters as may properly come before it, shall be held on the second Tuesday in June, in each year, due notice of which meetings shall be sent by the Secretary to each member. Election shall be by ballot.

Sec. 2. At any meeting of the Association, three members

shall constitute a quorum.

### ARTICLE V.

#### OFFICERS.

Section 1. The officers of the Association shall consist of a President, a Vice-President, a Secretary, and a Treasurer.

SEC. 2. The President shall perform the usual duties of the office and shall preside at all meetings of the Executive Committee and of the Association. The President shall be ex-officio a member of all committees.

SEC. 3. The Vice-President shall perform the usual duties of

his office.

SEC: 4. The Secretary shall perform the usual duties of his office.

SEC. 5. The Treasurer shall be the custodian of all the moneys and securities of the Association. He shall collect and disburse all its moneys, keep accounts of his transactions and make a written report of the financial condition of the Association at its annual meeting and to the Executive Committee at such times as it may require. He shall pay no claims against the Association exceeding ten (\$10) dollars unless the same are first approved by the President. He shall deposit all moneys belonging to the Association to its credit in an account to be opened in its name and kept in a bank to be designated by the Executive Committee.

Sec. 6. The Association may at any time require the Treasurer to give security in such amount as they shall deem proper.

## ARTICLE VI.

## COMMITTEES.

Section 1. The Executive Committee shall meet to transact such business as is necessary on the second Tuesday of June of each year, and shall also meet at the call of the President or on the written request of three members of the Executive Committee.

SEC. 2. The Executive Committee shall upon its first meeting after the annual election elect a Games Committee which shall have charge of all athletic events authorized by the Association. The Games Committee shall consist of the Director of Physical Training of the City of Newark, N. J., and one member from each high school. It shall choose its own chairman.

SEC. 3. The Games Committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. The Executive Committee shall act on all appeals from

the decision of the Games Committee.

Sec. 4. The Games Committee shall, through the office of the Director of Physical Training of the City of Newark, N. J., assign all athletic fields, etc., and appoint officials for each

authorized event.

SEC. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the Executive Committee. The members thereof shall be appointed by the President, unless otherwise prescribed by the Association.

# ARTICLE VII.

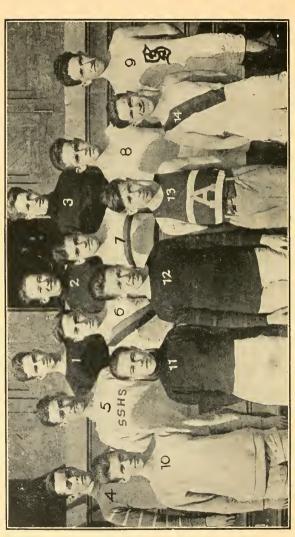
The Newark High Schools Athletic Association shall hereafter assume control of all intra-city inter-high school athletic contests.

# ARTICLE VIII.

This constitution may be changed or amended by unanimous vote or by written consent of the Association; also by a majority vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting or such notice shall have been served on each member at least five days before meeting.

# ARTICLE IX.

Athletic rules shall be made from time to time by the Executive Committee and are subject to change when deemed expedient for the best interests of the Association,



1, Henderson; 2, Lehmann; 3, Krogh; 4, Shodair; 5, Seaman; 6, Moore; 7, Zucker; 8, Cooke; 9, Bierman; 10, Swain; 11, Eble; 12, Dippel, Capt.; 13, August: 14, Silber.

SOUTH SIDE HIGH SCHOOL TRACK TEAM.

# Athletic Rules of the Newark High Schools Athletic Association

#### RULE I.

A pupil becomes ineligible to represent his school in sports or in any athletic activity if after the adoption of these rules (June 22, 1914) he:

(a) Enters a competition for money.

(b) Directly or indirectly accepts money for participating in any athletic event.

(c) Competes in any open athletic meet not sanctioned by

the Amateur Athletic Union.

(d) Teaches, trains or coaches in gymnastics or in an athletic sport or instructs or supervises in a playground for

(e) Issues a challenge to compete for money or its equivalent or bets directly or indirectly on the outcome of any

event in which he participates.

(f) Enters competition under a false name.

(g) Enters a competition open to a professional or competes with a professional. (Refers to track and field events.)

(h) During the school season of any sport competes in or with an outside organization. (Foot ball season: after opening school. Basket ball; after December 1. Base ball; after March 1, ending with last game scheduled by the Associa-

(i) At any time plays on a team any member of which is

receiving money.

(i) A boy ineligible to represent his school in any sport by reason of violating these rules may not participate with any outside team during the term of ineligibility without the permission of his principal and of the City Supervisor of Physical Training.

#### RULE II.

(a) No pupil under penalty of serious discipline shall be eligible to represent his school. The principal shall be sole judge.

(b) A boy is eligible to represent his high school upon

entering by promotion from a Newark Elementary School.
(c) A boy who has attended another Newark Public High School shall be eligible at the end of twenty (20) school weeks.

(d) A boy entering from any other school or by examina-

tion shall be eligible after twenty (20) school days.

(e) No boy shall be eligible to represent his school in athletics who is a part time pupil only and who did not have passing marks in at least 14 points of work at his last semi-monthly report. Two hours' work in shop work, mechanical drawing, freehand drawing, unprepared commercial subjects, gymnastics, and music shall count as one hour of prepared work.

(f) No boy who has been discharged from the school within fifteen (15) days of the date of the regular examinations in that school shall on re-entry represent that school without securing the approval of the Executive Committee.

(g) A boy shall not represent his school after his attendance in secondary schools shall have amounted to 4½ years.

(h) No high school boy who has reached the age of 21 shall be eligible to represent his school in any branch of athletics.

(i) No entry shall be accepted unless countersigned by the

principal.

(j) Any unusual question of eligibility (as transfer from one high school to another, etc.) shall be submitted to the

Executive Committee for action.

(k) A medical certificate of satisfactory physical condition of the boy is required in all sports. Such a certificate is good for one year only.

### RULE III.

(a) There shall be held annually at such times and places and with such schedules of events as may be decided upon by the Games Committee, championship meetings in the following sports: Outdoor track and field, base ball, foot ball, basket ball, and cross-country.

(b) There may be held annually at such times and places and with such schedules of events as may be decided upon by the Games Committee, championship meetings in the following sports: Indoor track and field, soccer, tennis, marksmanship,

swimming, and gymnastics.

(c) Indoor and outdoor track and field novice meetings may be held at such times and places and with such schedules of events as may be decided upon by the Games Committee.

(d) All entries shall be sent to the Games Committee, which

shall have power to reject any entries.

(e) The Games Committee shall decide all questions concerning the competitions.

## RULE IV

There shall be an entry fee of ten (10) cents for each individual entry in indoor and outdoor track and field events.

## RULE V

LIST OF CHAMPIONSHIP EVENTS.

#### Indoor-

60-yard dash-Junior.

60-vard dash.

440-yard run.

880-vard run.

1-mile run.

70-yard low hurdle.

70-vard low hurdle-Junior. Running high jump—Junior.

Running high jump—Senior.

Putting 12-lb. shot. Relay—Junior (4 boys, each to run 220 yards).

Relay—Unlimited (4 boys, each to run 440 yards).

## Outdoor-Senior-

100-vard dash.

220-vard dash.

440-yard run.

880-yard run.

1-mile run.

120-vard high hurdle.

220-yard low hurdle. Running high jump.

Running broad jump.

Putting 12-lb, shot.

Pole vault.

Discus, A. A. U. rules.

Javelin, A. A. U. rules.

Hammer throw.

# Outdoor-Junior-

75-vard dash.

880-yard run.

120-yard low hurdles.

Running high jump. Running broad jump.

Shot put.

Pole vault.

## RULE VI

(a) The value of the places in indoor and outdoor track and field events shall be: First place, 5 points; second place, three points; third place, two points; fourth place, 1 point.

(b) The points in the relay races shall count double.

#### RULE VII.

To compete as a junior the contestant must not yet have reached his sixteenth birthday on the day of the meet.

### RULE VIII.

All protests referring to the eligibility of the contestant save as to scholarship and discipline must be submitted in writing to the Executive Committee. All protests must be mailed to the Secretary of the Association within twenty-four hours after the time of the event or game protested.

## RULE IX.

All entries for the competitions held by the Association must be made on official entry blanks. There shall be no post-entries.

# RULE X.

Twenty per cent. of the net receipts of any contest carried on by this Association shall be turned over to the Treasurer of the Association, provided the net receipts equal or exceed \$10.

# RULE XI.

A statement of the receipts and expenditures of each contest made on a blank furnished by the Association shall be filed with the Secretary and Treasurer of the Association. This statement must be signed by the faculty advisers of the schools concerned.

## RULE XII.

The Executive Committee has the power to assess each high school any sum not exceeding \$10.

# RULE XIV.

# GIRLS' ATHLETICS.

The Newark High Schools Athletic Association recognized the importance of physical education for high school girls, and encourages certain kinds of organized athletics, which are an aid to physical development and afford training in alertness, intense application, vigorous exertion, loyalty, obedience to law

and order, self-control, self-sacrifice, and respect for the rights of others. It therefore recommends the adoption of certain forms of exercise and recreation suited to the needs of the girls in our high schools.

RULE I. Such events as may be hereafter determined shall be held at various times and places as the Executive Committee

may determine.

Rule 2. The Executive Committee is authorized to appoint a Girls' Games Committee, which shall have charge of the organization of suitable athletic events for girls.

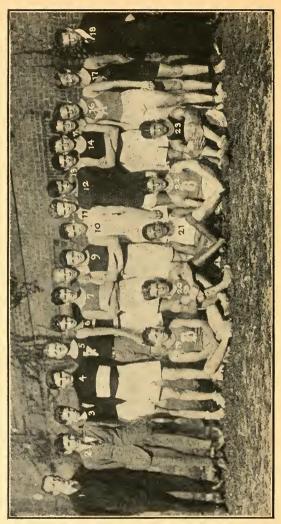
Rule 3. The underlying principles laid down by this Association to be followed in the organization of girls' athletics are:

1. That competition within schools rather than competition between schools shall be developed.

2. That team or class events rather than individual events be

selected.

3. That a girls' "badge test" be held annually.



BARRINGER HIGH SCHOOL CROSS-COUNTRY TEAM.

# Second Annual Field Day of the Newark High Schools Athletic Association May 15, 1915

OFFICIAL SCOPE

OT	L LC LTAIL	De OIL	13.		
P	oints				Points
Central High School	84 65			School	

#### TRACK EVENTS.

TRACK EVENTS.

100-yard dash, Senior—10 4-5s., F. Muenster, Central, won; C. Esposito, Central, second; G. Cook, South Side, third; L. Bugie, Barringer, fourth.

75-yard dash, Junior—8 3-5s., L. Llewellyn, Central, won; C. Opie, Central, second; O. Aratowsky, Central, third; Kieb, East Side, fourth.

20-yard dash, Senior—25-1-5s., F. Muenster, Central, won; M. Schaefer, Central, second; L. Bugie, Barringer, third; C. Dippel, South Side, fourth.

440-yard run, Senior—5s., W. Angus, Central, won; M. Zucker, South Side, second; J. Schaefer, Central, third; L. Granger, Barringer, fourth.

880-yard run, Senior—2m. 9-1-5s., W. Angus, Central, won; C. Allen, Central, second; Armstrong, East Side, third; L. Granger, Barringer, fourth.

1-mile run, Senior—5m. 4-3-5s., C. Allen, Central, won; W. Ellis, Barringer, second; B. Silverman, South Side, third; A. Schell, Central, Central, Courth.

120-yard high hurdles, Senior—18-1-5s., R. Terhune, Barringer, won; G. Strausberg, Central, second; G. Schmon, South Side, third; L. Ten Eyek, Barringer, fourth.

Barringer, second; G. Schmon, South Side, third.

Running high jump, Senior—5ft. 4in., A. Frey, South Side, won; A. Bundy,
Central, second; J. Pinkerton, Barringer, third; A. Frank, Central, fourth,
Running broad jump, Senior—20ft. 93-4in., C. Esposito, Central, won; F.
Wadsworth, Barringer, second; C. Dippel, South Side, third; A. Bundy,

Central, fourth.

Pole vault, Senior—9ft, 6in., F. Witsel, Barringer, won: G. Freggens, Central, second: T. Farrel, Central, third: P. Martin, Barringer, fourth.

Putting 12-1b. shot, Senior—41ft, 7in., J. Flockhart, Central, won: R. Lippin-cott, Barringer, second: M. McRoberts, East Side, third: A. Smethurst,

Barringer, fourth.

Throwing the discus, Senior—95ft, 5in., J. Flockhart, Central, won; A. Smethurst, Barringer, second; Berg, East Side, third; E. Makosky, South Side,

fourth.

Throwing the javelin, Senior—139ft. 1 1-2in., R. Lippincott, Barringer, won; Bien, East Side, second; H. Engelberger, Central, third; N. C. Searles, Barringer, fourth.

120-yard hurdles, Junior—17 2-5s., J. Foster, Barringer, won; A. Lehman, South Side, second; V. Leibowitch, South Side, third; H. Henderson,

South Side, second; V. Leibowitch, South Side, third; H. Henderson, South Side, fourth.

80-yard run, Junior—2m. 24 2-5s., S. Bierman, South Side, won; R. Mead, Central, second; Kieh, East Side, third; I. Idler, Barringer, fourth.

Running high jump, Junior—5ft. 3 1-8in., A. Lehmann, South Side, won; B. Schaefer, Barringer, second; H. Henderson, South Side, third; C. Rocco, Central, fourth.

Running broad jump, Junior—18ft, Iin., I. Silber, South Side, won; D. Caprio, Central, second; D. Barratt, South Side, third; S. Bierman, South Side.

fourth.

Pole vault, Junior—8ft. 8in., D. Schaefer, Barringer, won; A. Kiefer, Barringer, second; J. Bander, South Side, third; L. Farrell, Barringer, fourth. Putting S-lb. shot, Junior—42ft. 6in., A. Schenkel, South Side, won; H. Gardner, South Side, second; Herman, East Side, third; E. Rodin, Barringer, fourth.

440-yard relay, Junior (not to count for point trophy)—Central, won; South Side, second; Barringer, third; East Side, fourth.

#### CENTOD

	1,137416	716.		
	Barringer	Central	East Side	South Side
100-yard dash	1	Q		0
220-yard dash	ຳ ຄຸ້	6	• •	4
440-yard run	1	9	• •	1
880-yard run	1		*:	3
1-mile rnn	1	8	2	* *
190-road bigh hundles	0	9	2	* *
120-yard high hurdles	<u>b</u>	3		2
220-yard low hurdles	8			2
Running high jump	2	4		5
Running broad jump	3	6		2
Pole vault	6	5	,	
Putting 12-lb. shot	4	5	2	
Throwing the discus	3	5	9	`i
Throwing the javelin	6	9	3	•
				-:-
	46	67	11	18

#### JUNIOR

o Citabili,								
Events	Barringer	Central	East Side	South Side				
75-yard dash		10	1					
120-yard hurdles	5	• •		6				
880-yard run	1	3	2	5				
Running high jump	3	1	• •	7				
Running broad jump		3	• •	8				
Pole vault	9	• •	* 6	2 8				
Putting 8-lb. shot	1	• •	2	8				
	19	17	5	36				
Seniors	46	67	11	18				
Juniors	19	17	5	36				
	65	84	16	54				

#### TRACK RECORDS.

100-yard dash, Senior-10 4-5s., Eisenstein, Central, 1914; F. Muenster, Central, 1915.

220-yard dash, Senior-24 3-5s., K. Atha, Central, 1914.

440-yard run, Senior-54s., K. Atha, Central, 1914.

880-yard run, Senior—2m. 6s., C. Boughton, Central, 1914. 1-mile run, Senior—4m. 54s., C. Boughton, Central, 1914.

120-yard high hurdles, Senior-18s., A. Lasser, Central, 1914.

220-yard low hurdles, Senior—29 4-5s., A. Lasser, Central, 1914.

Running broad jump, Senior-20ft. 9 3-4in., C. Esposito, Central, 1915.

Running broad jump, Senior—20ft. 9 3-4in., C. Esposito, Central, 1915. Running high jump, Senior—5ft. 7in., Hutchings, Central, 1914. Pole vault, Senior—9ft, 9in., A. Lasser, Central, 1914. Putting 12-lb. shot, Senior—42ft. 2 3-8in., Smith, Central, 1914. Putting 12-lb. shot, Senior—97ft. 11in., Smith, Central, 1914. Throwing the discus, Senior—97ft. 11in., Smith, Central, 1914. Throwing the javelin, Senior—130ft. 1 1-2in., R. Lippincott, Barringer, 1915. 75-yard dash, Junior—13s., G. Cook, South Side, 1914. 100-yard dash, Junior—11s., G. Cook, South Side, 1914. 120-yard low hurdles, Junior—16s., L. Ten Eyck, Barringer, 1914. 120-yard low hurdles, Junior—16s., L. Ten Eyck, Barringer, 1914. 880-yard run, Junior—2m. 2-5s., S. Bierman, South Side, 1915. Running high jump, Junior—5ft. 3 1-8in., A. Lehmann, South Side, 1915. Running broad jump, Junior—19ft. 8 5-8in., C. Esposito, Central, 1914. Pole vault, Junior—8ft. 8in., D. Schaefer, Barringer, 1915.

# CROSS-COUNTRY CHAMPIONSHIPS,

Weequani	e Park,	November, 1915,
Pos. Name and School.		Pos. Name and School.
1-W. Angus, Central.		17-W. Roller, East Side.
2-V. Woodruff, Central,		18H. Schwartz, South Side.
3-F. Millering, Central.		19-S. Jacobus, Barringer,
4-J. Manning, Central.		20-Kearns, East Side,
5-G. Werner, Barringer.		21-W. Rossy, Barringer,
6—II. Moore, South Side.		22-M. Condit, Barringer.
7—L. Granger, Barringer.		23—Pfitzner, East Slde,
8-T. Schneider, Barringer		24—Ammean, East Side.
9-W. Ellis, Barringer.		25-C. Cooper, South Side.
10-R. Rickles, Central.		26—Gordon, East Side.
11—A. Beattie, Central,		27—Semple, East Side,
12-Y. Chittick, Barringer,		28-M. McRoberts, East Side.
13-H. Morton, South Side.		29—C. Miller, South Side.
14-W. Small, Central.		30-H, Sax, South Side,
15-Horne, East Side,		31-A. Lehman, South Side.
16—A. Eschenfelder, Central.		32-H. Mersfelder, South Side.

Winner's time-17 minutes 55 seconds.

Points scored—Central II.S., 61, won; Barringer H.S., 103, second; East Side II.S., 180, third; South Side II.S., 184, fourth.

			FOOT BAI	A., 1915.		
	7	Von	Lost		Won	Lost
Barringer		. 3	0	East Side	1	2
South Side		. 2	1	Central	0	3

BASE BALL, 1915,								
Won	Lost		Won	Lost				
Barringer 5 Central 5	1	South Side East Side*	2	4 6				
Barringer won the play-off by								

Darring 1 www the par	J 011 11,	, 011	210 (1111)		
	BASE	ET BAI	.L, 1914-1915,		
	Won	Lost		Won	Lost
Barringer	4	2	Central	3	3
South Side	. 3	3	East Side	2	4



W. ANGUS, Central High School, Winner 440- and 880-yard Run.



CHARLES ESPOSITO,
Central High School,
Winner Running Broad Jump and Second in 100-yard Dash.

# Central High School Athletic Activities

Central High School of Newark, which at this time has been in existence just a little over four years, is a school where physical training has been greatly encouraged.

Not only have athletes taken a prominent part in the curriculum, but gymnastics and class games among girls and boys are

justly encouraged by the school authorities.

Central High School, like, of course, all the public high schools of Newark, requires every student to take two lessons a week

in the gymnasium.

Besides this, the physical directors have arranged for that every afternoon in the week, some form of physical exercises are practised by any number of pupils who so desire. Such activities as these occur in our gymnasium, tournaments in basket ball, indoor base ball for both boys and girls, a handicap meet in the fall and a gymnastic exhibition before Christmas are other provisions made to create competition among the many.

Athletics in the Central High School are governed by the athletic organization, consisting of boys and girls, under the super-

vision of the Physical Training Department.

The school recognizes the following sports: foot ball, basket ball, base ball, track and other athletic sports, as hockey and tennis. The first four are considered major sports and emblems

are given to successful aspirants for the 'varsity team.

Central High was recognized in athletics from its first entrance into athletic circles. Central High had a very good track team, hockey, swimming and cross-country teams in 1912. This probably was due, to a great extent, to the fact that many star athletes at the opening of Central High left their old "alma mater"

and joined the warriors at the new school.

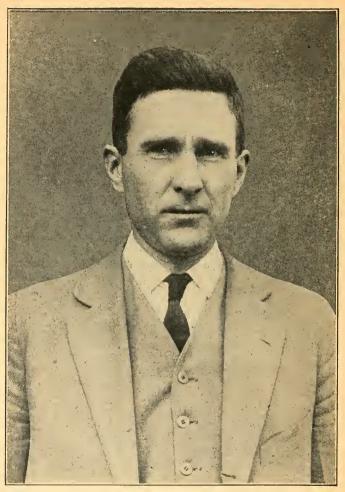
Years 1913-14 were the banner years for Central, starting in the fall with a fairly successful foot ball team and a remarkable cross-country team, which succeeded in winning every meet, finishing up with the victory in the National Interscholastic Cross-Country Championship at Philadelphia, November 24, 1914. The basket ball team won the city championship and also performed the noteworthy feat of defeating the St. Benedict's Prep School at the latter's court, which has not been accomplished in the last twelve years.

In the spring of 1914 the track team won the National Interscholastic Meet. It is said that Central stands foremost among the public high schools in track, cross-country and basket ball. In foot ball and base ball the school has not been so successful.

One of the features of the Central High activities is its annual indoor athletic meet in the First Regiment Armory, and it has been a complete success every time it was held. Star athletes, such as Kolehmainen, Meredith, Mel Sheppard, and others who have been prominent in A. A. U. athletics, have competed in special events, and such attractions together with schoolboy competitors have not failed to make the Central meet one of the biggest in Newark. The schoolboy athletes who won fame at Central are many, as J. Myer, holder of 1-mile American indoor record; Frank Lagay, winner of national interscholastic 440 and iunior Metropolitan 440-yard runs; Charles Boughton, 2-mile American interscholastic record holder, and others, like J. Gardner, K. Atha, L. Lasser, L. Hutchings, G. Smith, Charles Esposito, Charles Allen, J. Schaefer, W. Angus, D. Jones, I. Eisenstein, J. Flockhart, V. Woodruff, F. Muenster, Lehrhoff, Stanford, Wittpenn, Engelberger, Abramson and W. Schmitt, have made Central famous in athletics.

Many of these stars are attending college, where they have

made good athletically as well as academically.



HARRY SARGENT, Coach Central High School.



MR. CAVALLARO,

# The 1915 Base Ball Season of Barringer High School

The year of 1915 was a very successful one for Barringer High School in all athletic activities, especially so in base ball. The season was long and hard, consisting of fifteen games with the best high schools of this section of the State and three games with nearby preparatory schools. Barringer is the only school in this section which, besides playing games outside of league competition, is a member of two separate leagues, each of which are of high standard, namely, the New Jersey Interscholastic League and the Newark High School League. This circumstance makes the schedule still more difficult, because it necessitates two, or often three, league games a week besides an outside game. A defeat in any of the league games affects the standing of the league greatly, due to the small number of games to be played in each league, so it can easily be seen that the team must travel at top speed all season without any let up. Of the eighteen games on this hard schedule. Barringer was successful in winning thirteen, losing only one game with a school outside of league competition, one in the Newark High School League and three in the New Jersey Interscholastic League. Barringer's standing in the leagues at the end of the season was: second in the New Jersey Interscholastic League, due to a 1 to 0 defeat at the hands of Stevens Prep, and champions of the Newark High School League.

At the call for candidates, a large number of men responded, and the usual preliminary work, consisting of fielding ground balls, batting bunts and pitchers' workouts, was indulged in. The squad was then gradually cut down until about thirty remained, composing the first and second teams. With these men the first game was played at the City Field against Chatham High School. "June" Cummings was in the box until the seventh inning. Another pitcher, Puccillo, finished the game, which ended with the score 4 to 3 in favor of Barringer.

Rahway next met defeat at our hands, with Steadman in the box, by the score of 2 to 1. Next came Rutherford, who turned the tables on us, and we lost by a score of 7 to 5. Later Dickinson High School and then Newark Academy suffered defeats at our hands. These four games were all close, interesting and hard fought battles, and were characteristic of the Blue and White "pep."

The New Jersey Interscholastic League opened on April 16, with the East Orange High School team at Barringer. The batteries for East Orange were Congdon and Francke; for Barringer, Pope and Whitman. As the score, 2 to 1, indicates, the game was a hard fought contest, Congdon of East Orange not allowing any hits to be garnered from his delivery. Nevertheless the Barringer boys, by taking advantage of all opportunities,

came out on the right side of the score and won.

Montclair High School was the next game on the schedule in the New Jersey Interscholastic League. Here Barringer suffered her first defeat in a league contest, score being 4 to 2. Stevens Prep was next and the Barringer team suffered defeat to the tune of 4 to 2, at the hands of Bill Nelson, the Stevens pitcher. East Orange next succumbed to Barringer on her home grounds, Steadman pitching a wonderful brand of ball for Barringer. After this game it was found that all the teams were tied for first place, due to the fact that each had lost two games and won two games. East Orange was then defeated by Stevens Prep and Montclair by Barringer, Steadman again proving his worth, so that the championship had to be settled between Stevens and Barringer.

The score of this game was 1 to 0 after ten rattling innings, and with the game went Barringer's hope for a championship. Bill Nelson, the Stevens pitcher, deserves great credit for his wonderful work, allowing only two hits, both of which were secured by Diamond, Barringer's star third baseman. In the ninth inning Stevens, by means of hits, advanced men to second and third with none down, but Pope, pitching for Barringer, tightened up and forced the Stevens batters to knock three easy ground balls for the necessary outs. The tenth inning, however, was the fatal one for Barringer. The first batter bunted, but was forced at second by Cullen, the second batter, who later reached third on a wild throw to catch him stealing second. Clancy, the Stevens' captain, then finished the game by getting his third hit of the game, a single, which scored Cullen and gave

Decreits the champio		To a					
Stevens.	R.	Н.	E.	Barringer.	R.	Н.	E.
Woolen, ss	0	1	0	Diamond, 3b	0	2	0
Cullen, If	1	2	0	Hulmes, 2b	0	0	0
Clancy, cf	()	3	0	Steadman, 1f	0	0	0
Hollock, 1b			0	Halstead, cf	0	0	0
Hodgkiss, c	0	0	0	Whitman, c	0	0	1
Cotten, 2b	0	2	0	Terhune, rf	()	0	0
Reuhmann, rf	0	0	0	Bodenstein, ss	0	0	0
Nelson, p	0	1	0	Pope, p	0	0	0
Hayden, 3b	0	1	0	Foster, 1b	0	0	0
			_		_		_
Totals	1	10	0	Totals	0	2.	1

Stevens the championship. The line-up:

The Newark High Schools Athletic League was opened by South Side High School and Barringer at the City Field, April 27. It ended, as it should, with a victory for Barringer, which was followed by a victory over Central High School, Puccillo pitching for Barringer. South Side was again defeated, and Central and Barringer played eleven innings before Central could defeat Barringer, defeating the Blue and White through an opportunity given them by an error, score being 5 to 4. This caused a tie for first place between Central and Barringer.

The deciding game was played at the Federal League Ball Park, Harrison. The Barringer battery, Puccillo and O'Neal, worked wonderfully well and had little trouble throughout the game. The Barringer batters had a "swatfest" at the expense of Layton, the Central pitcher, netting them ten hits for a total of six runs against Central's four hits for two runs. Schroeber, the Central left fielder, played a good game, getting two of the four hits for his team. Diamond, Hulmes and Gardinier each scored twice for Barringer, besides doing good fielding work. Puccillo deserved great credit for his excellent pitching, which was largely accountable for the victory.

At a meeting held by the 'varsity men after the championship game was played, Gerald Hulmes was elected captain of the 1916 team because of his ability and the esteem of his team-

mates.

# South Side High School

Thomas F. Kennedy, Principal; Ira Sheppard, Faculty Athletic Adviser; Matthias Macherey, Director of School Physical

Training; Guido Cavallaro, Assistant Physical Director.

South Side High School, the youngest high school in the system, has a well equipped gymnasium, an improvised athletic field a short distance from the school, and a strong organized student

body known as the General Organization.

The General Organization has solved the problem of giving financial aid to the various athletic teams. Under its auspices the school has been able to place well equipped teams on the field. It has supported a losing base ball team for the last three years, and with the purpose of making athletics for the mass of students, rather than the few, it has accomplished wonders.

The school supports the following teams: foot ball, basket ball, base ball, tennis, hockey, track, girls' field hockey, girls'

basket ball.

The school has had class leagues in basket ball and base ball,

which has brought athletics nearer to the students.

In 1915, instead of class teams, grade teams were organized, and so great was the success that, from now on, inter-grade athletics will be a part of the athletic policy of the school.

South Side boasts of being the only school having grade coaches. Members of the faculty are appointed by the Athletic Council to coach certain grades. The policy has worked out efficiently. Great interest prevails throughout the school.

South Side rewards its athletes by awarding emblems. The "Pie" emblem is the highest honor given to an athlete. Next highest honor is a silver medal fob, specially designed for South Side, and is awarded to boys who have been awarded four "S."

South Side High School entered the athletic world in the fall of 1913. With small boys, few in number and an inadequate place for practice, the school was represented by a foot ball team, which played eight games, of which one was a victory. That victory was the first for Newark's youngest school.

That year the school was represented by its first basket ball team, which had a successful season, winning fourteen games

and losing seven.

In the spring the first base ball team made a very poor record, victorics being few and far between. Thus South Side entered the scholastic athletic world with nothing to boast but representation.

The following year, 1914. South Side, with a large school, larger boys and a well organized student body, called the Gen-eral Organization, began athletics in earnest, and started with a very successful team, which put South Side with the leading high schools of New Jersey. The foot ball team was given every possible material aid in the way of uniforms, trips and a good place to practice, namely, Weequahic Park.

During the 1914 foot ball season South Side's goal line was

crossed but once, quite a remarkable feat for a second year high

school team. The season's record was as follows:

	So.Side			So.Side
Battin H.S 0		1 01 01. 1111100 1 11101		81
Newton H.S 0	0	Barringer H.S	7	7
Central H.S 0		East Side H.S	0	9
St. Benedict's 0	26			

South Side and Barringer divided the honors for the championship of Newark for the 1914 foot ball season.

The second year of basket ball South Side made a good showing and won second place in the city championship, being nosed out by Barringer for the city title.

The 1914 record was as follows:

	So.Side		So.Side
Kearny H.S 13	34	Kearny H.S 34	27
Paterson H.S 12	48	Central H.S 20	35
Barringer H.S 27	28	Plainfield H.S 17	37
DeWitt Clinton 41	17	Glen Ridge 52	17
St. Benedict's 25	14	Central H.S 41	40
Glen Ridge 17	26	East Side H.S 15	41
East Side H.S 18	17	Barringer H.S 13	9

The 1914 base ball team showed a little improvement over the previous year and made a better record, as follows:

1						
			So.Side			So.Side
	H.S		11	Orange H.S		7
	ral College. nedict's Coll.		5 4	*Central H.S *Barringer H.S		0
	field H.S		3	Kearny H.S		13
	School			Bloomfield H.S	2	20
	nger H.S		1	Central H.S	1	0
Kearny	7 H.S	4	9			

<sup>\*</sup>N. H. S. A. A. Games,

In 1915 South Side with most of its veteran players lost through graduation, entered athletics with good raw material and good prospects.

The foot ball team played nine games, winning six and losing three. The team finished second for the city title. Notice that the team made quite a record for a third year high school and that it has been a contender for city title.

The record of 1915 team:

		So.Side			So.Side
Battin H. S	0	20	Plainfield H.S	14	0
Hasbrouck H.S	0	18	*East Side H.S	0	3
Rahway	28		Open		14
*Barringer			*Central H.S	0	14
St. Benedict's	7	25			
100 4 1 4 1					

\*City championship games.

The 1915-16 basket ball team made the best record on the court of any previous team. It went through a season of eighteen games, of which thirteen were victories and five defeats.

The team, by defeating Central High School, won the Newark City High School A. A. Championship. The season's record:

	So.Side		So.Side
Plainfield 19	19	Westfield H.S 19	39
Stevens Freshmen. 15	38	Paterson 25	41
Bayonne H.S 30	32	New Brunswick 23	24
Bayonne H.S 14	10	Stevens Prep 24	35
Orange H.S 30	40	St. Benedict's 18	17
Rutgers Prep 27		Kearny H.S 15	51
St. Benedict's 47	27	New Brunswick 36	31
DeWitt Clinton 23	21	Central H.S 31	44
Central H.S 17	34	Central H.S 24	42

#### TRACK ATHLETICS.

#### 1914.

Track athletics at South Side High School were first organized under very inauspicious circumstances in January of the year 1914. About twenty inexperienced youths responded to the call of the coach. Only a few of these boys had any previous training. Notwithstanding this fact the management of athletics attacked with a will the problem of developing this sport, with

the result that in due time a few good performers represented South Side High School in some indoor meets. The best showing made in this season was in the Barnard School meet for novices, when South Side won second place with 17 points. Hetzel won the shot-put, Dippel finished second in the 220 yards dash, Walkenberg did likewise in the quarter-mile, and Bitzig succeeded in earning second place in the half-mile run.

During the outdoor season our Junior and Senior track teams took part in four meets. Several boys qualified in the Stevens

Tech meet, but nobody won a place.

A better showing was made in the Princeton Club meet, held annually on the Newark Academy field. George Cook and Ed Cadmus won second and third place, respectively, in the Junior 100 yards dash, and Henry Moore ran second in the 300 yards run. Milton Zucker came home third in the quarter-mile run.

Our Senior relay team, composed of Zucker, Dippel, Bitzig and Walkenberg, finished second, a feat which the Junior team, with George Cook, Ed Cadmus, Henry Moore and Isidore Silber,

duplicated.

In the Newark High School Championship meet our Juniors surprised everybody by scoring 31 points, which was the highest number of points scored in the Junior events.

George Cook won first place in the 100 yards dash. 11 seconds, Henry Moore won second place in the 100 yards dash. Henry Moore won first place in the 600 yards run. 1m. 22s. Oscar Vincent won first place in the high jump. 4 ft. 11 in. Gustave Schmon, won third place in the low hurdles. Gustave Schmon won third place in the high jump. H. Griffith won third place in the 600 yards run. Isidore Silber won third place in the broad jump. Walter Marx won fourth place in the broad jump. George Cook won third place in the shot put.

The Seniors scored 10 points. Among the point winners were Milton Zucker, G. Bitzig, E. Makosky and H. Isenberg. Our team, both Juniors and Seniors combined, ranked third with 41 points. This was considered a creditable showing for a new high school.

In the Rutgers College Interscholastic meet our Senior relay team again won second place. George Cook covered the 100 yards dash trial heat in 10 3-5 seconds, thereby giving promise of becoming one of the best sprinters in this vicinity.

#### 1915.

Although a few very good athletes had in the previous season been developed, it was obvious that South Side was lamentably

weak in Seniors. To remedy this deficiency strong efforts were made, with the result that a much better all-round showing was made in 1915. Some of our excellent Juniors had in the meantime become Seniors, thereby adding considerably to the strength of the Senior department. The future prospects of our track athletics were much brighter than ever before. The squad had increased in numbers, about fifty boys taking advantage of the training, and the available material gave promise of wonder-

The first few indoor track meets in which our team participated demonstrated the fact that our boys were still too young and immature to compete successfully against the veterans of the

New York and New Jersey high schools.

Age, strength and experience were still lacking; time alone could correct that. The members of the team, however, improved steadily and managed to give a fairly good account of themselves.

In the indoor meet given on Washington's Birthday at Jersey City by the Dickinson High School, our midget relay team won its race, breaking the old record by 11 seconds. The team was composed of Walter Marx, Sidney Pick, Raymond Cohen

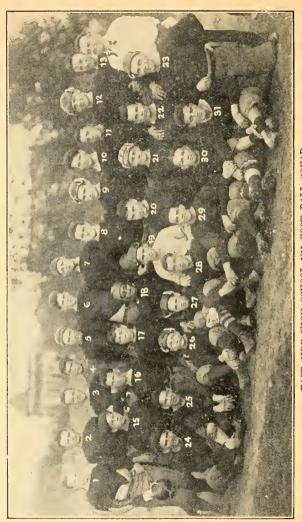
and Isidore Silber.

For the purpose of encouraging track athletics a dual indoor track meet was arranged between South Side High School and St. Benedict's Preparatory College. The meet was held on Saturday, March 18, 1915, in the First Regiment Armory and was won by South Side. The final score was: South Side 68 points, St. Benedict's 53 points. Midget, Junior and Senior events were included in the programme. The meet was a great The rivalry between the two schools was very keen. This brought out some strong competition, and as a result the score was very close. The records were creditable in consideration of the fact that both schools were practically new in track athletics. Besides winning the point trophy, South Side also won the trophies offered for winning the Midget and Senior relay races. St. Benedict's easily won the Junior relay race.

A fair showing was made in other indoor meets.

The spring of 1915 found South Side prepared for better deeds. athletically speaking. The team which was sent to the Stevens Institute was able to score 7 points. Cook and Zucker winning third place in the 100 yards dash and in the quarter mile, respectively, against the fastest competition. Makosky won second in the discus throw.

A good high jumper came to the front in the person of Adolph Lehmann, who won the Junior high jump in the Princeton Club meet, clearing the bar at 5 feet 2 inches. Henderson



EAST SIDE HIGH SCHOOL 1915 FOOT BALL SQUAD.

received third honors. Sidney Bierman won fourth place in the

300 yards run for Juniors.

Our Juniors again demonstrated their superiority by winning the championship in the Newark High School Championship Track and Field meet. They scored 35 points. The Seniors made 21 points, which brought our total up to 56 points, a gain over the previous year of 24 points. As a team it finished a close third. Adolph Lehmann broke the previous Junior high jump record, and Abe Schenkel did the same in the shot put.

The point winners were:

#### JUNIORS.

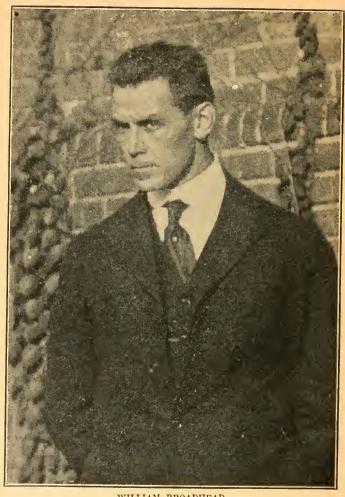
Adolph Lehmann, first, high jump. 5 feet 3 1-8 inches. Abe Schenkel, first, shot put. 42 feet 5 inches. Isidore Silber, first, broad jump. 18 feet 4 inches. Sidney Bierman, first, half-mile run. 2 minutes 24 seconds. Harold Henderson, third, high jump. Harold Henderson, fourth, low hurdles. Adolph Lehmann, second, low hurdles. Victor Leibowitch, third, low hurdles. Herbert Gardner, second, shot put. John Bauder, third, pole vault. Henry Barratt, third, broad jump.

#### SENIORS.

Austin Frey, first, high jump. 5 feet 4 inches. Milton Zucker, second, quarter-mile run. George Cook, third, 100 yards dash. Gustave Schmon, third, high hurdles. Gustave Schmon, third, low hurdles. Carl Dippel, third, broad jump. Carl Dippel, fourth, 220 yards dash. B. Silverman, third, one-mile run. E. Makosky, fourth, discus throw.

# 1915-16.

Knowing that dual meets furnish excellent training to the boys of South Side, a fall indoor track meet was arranged with Dickinson High School, Jersey City. This meet was held on Saturday, December 19, 1915, in the Jersey City Armory and afforded splendid opportunity for practice to all participants. South Side was handicapped by not having practiced on any armory floor and was at a decided disadvantage against the Dickinsonians, who had the privilege of using the armory during their training period. South Side was defeated by 75 points to 57. This



WILLIAM BROADHEAD, Director of Physical Education Barringer High School.

score would have been reversed had not George Cook, our sprinter and hurdler, slipped at the start of both races. South Side showed to advantage in the midget events, in the distance runs and in the high jumps, while Dickinson was superior in all the sprints and hurdles.

During the following indoor season a few boys only were

sent to represent South Side.

On Washington's Birthday, in the meet held by Dickinson High School, our midget relay team succeeded again in winning the relay race. Walter Marx, Earl Eble, Wm. Kleinman and Paul Shumacher were the members of the team. Walter Marx also won the 50 yards dash for midgets. In all, 12 points were scored by South Side.

Nine and one-half points were scored in the Central High School meet. Cook, Henderson, Goldsmith, and the relay team composed of Dippel, Moore, Bierman and Cook, were the point

winners.

The South Side High-St. Benedict's dual meet has now become an annual affair. In point of attendance and competition the standard of the meet has been raised considerably. This year's meet was held on Wednesday, March 13, 1916, in the First Regiment Armory. Seventy-two points to 44 was the final score, and St. Benedict's team was victorious. The midget events had been eliminated. A few other junior events had been added instead. Most all previous records were broken. Cook took one-fifth of a second off in the 100 yards dash, and Adolph Lehmann raised the high jump mark to 5 feet 7 inches, which is a remarkable performance for a boy who only recently had been promoted from the junior ranks. Other records were broken in the quarter-mile run, half-mile and mile runs by boys from St. Benedict's School. Our juniors did not show their usual strength and our defeat can be attributed to this fact, Wm. Seaman, Earl Eble, Samuel August, Freeman Hopwood and E. Goldsmith showed up well.

The following South Side athletes hold records in the Newark

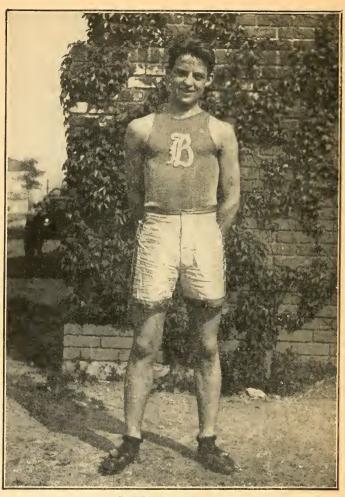
High Schools Athletic League:

1914—George Cook, 100 yards dash, junior. 11 seconds.

1914—Henry Moore, 600 vards run, junior. 1m. 22s. 1915—Sidney Bierman, 880 yards run, junior. 2m. 24s.

1915-Adolph Lehmann, high jump, junior. 5 ft. 3 1-8 in.

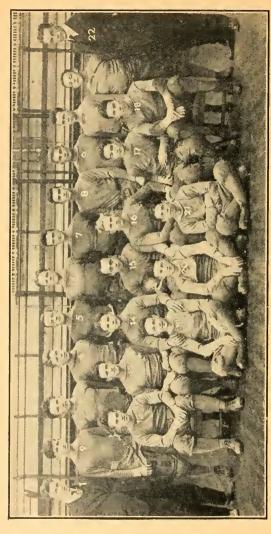
1915—Abe Schenkel, shot put, junior. 42 ft. 5 in.



RAYMOND TERHUNE, Hurdler, Barringer High School.



WARREN ELLIS, Barringer High School, Second in One Mile Run,



1, D. Agge, Mgr.; 2, Ginbano; 3, Golinsky; 4, Simnous; 5, Ritchie; 6, Robin; 7, Cummings; 8, Stringer; 9, Kaiser; 10, Cairns; 11, Ebagrield; 12, D. Noble; 13, Hopkins; 14, Hummal; 15, N. Noble; 7, Cart: 16, Ecker; 17, Dothert; 18, Foster; 19, Duncan; 29, Dempsey; 21, Rihiebart; 22, W. G. Broadbacd, Phys. Dir. and Coach.

BARRINGER HIGH SCHOOL FOOT BALL TEAM, 1915. Newark City Champions.

New Jersey Interscholastic League Champions.

# The 1915 Foot Ball Season of Barringer High School

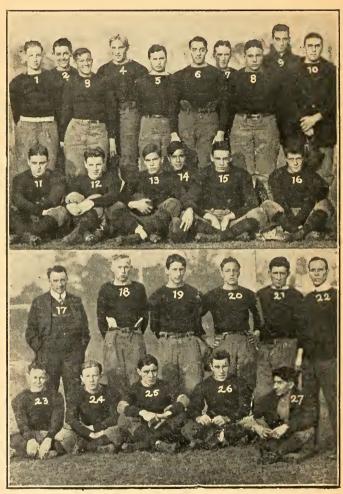
The team that represented Barringer in 1915 was probably the lightest that ever represented the school. Out of the ten games played, Barringer won seven, tied one and lost two. The season opened with Phillipsburg, at Newark, the result being the same as in the two years preceding, a tie, 0—0. Next came what was left of the State champions, Rahway; they were defeated in the last minute of play by a pretty forward pass, Foster to Hummell. Barringer suffered her first defeat, but no disgrace, at the hands of Lawrenceville, being outweighed twenty-five pounds to a man. Barringer resorted to a kicking game, with the result that it held its rivals to a 12—0 score. Next came the first Interscholastic League game with Stevens, which was defeated, 23—0. In the same week South Side met

defeat at the hands of an irregular team, 23-14.

On Election Day, Central High School was defeated easily by a score of 25-0. Hummell, who was shifted from end to the back-field, gave a good exhibition of line plunging, scoring three touchdowns in the last quarter. Three days after, Barringer journeyed to Montclair, and there defeated the mountain town team, 12-0. Barringer next tackled the undefeated Rutherford High School team, but was unable to blemish its record, although the latter was held scoreless for three periods. East Side came next, and was defeated, 12—0. The score would have been larger had not the game been played in rain. The big game now came, with East Orange, which Barringer had not defeated in five years. The game was played before 8,000 people. At the end of the first half the score was 0-0. In the third quarter, Le Quin of East Orange put over a field goal. In the fourth quarter, Dempsey of Barringer went over for a touchdown, and a few minutes after the kick-off Hopkins of Barringer intercepted a forward pass and ran thirty yards for a touchdown. The goal was kicked, making the score 16-3. A few minutes later the whistle blew, giving Barringer the championship of the Interscholastic League.

During the season the best work was done by Captain Noble and Hummell on the line, both men being chosen for the All-State positions. In the back-field, Rhinehart and Schneider did

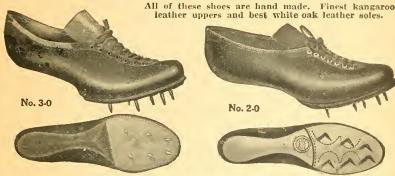
the bulk of the scoring.



SOUTH SIDE HIGH SCHOOL 1915 FOOT BALL SQUAD.

# CEPT NO THE SPALDING (((C))) TRADE MARK GUARAN BY THE SPALDING ((C))

# Spalding "Olympic Championship" Running and Jumping Shoes



Spalding "Monitor" Sprint Running Shoes Patent applied for.

3-0. Lightest running shoe Hand made spikes. Especially for 100 and 220 vards races. Strictly bench made throughout. Pair, \$6.00



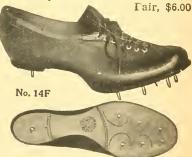
Spalding "Olympic Championship" Long Distance Running Shoes

No. 14C. For long distance races on athletic tracks. Electric heels. flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair, \$5.00



Spalding "Olympic Championship" Short Distance Running Shoes

No. 2-0. Extremely light and glove fitting. Hand made steel spikes. For short distances, especially 440 and 880 yards and one mile races.



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No. 14F. Made on same last as our Sprint Running Shoes. Hand made steel spikes. Perfect shoes for hurdling. To order only. Not carried in stock. Pair. \$6.00

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Spalding "Olympic Championship" Running and Jumping Shoes





Spalding "Olympic Championship" Pole Vaulting Shoes

No. 14VR. High cut special last. Same as we supply to the record holders. Hand made steel spikes in soles; one spike in heels. Rubber heel inside to take off jar. To order only. Not carried in stock. Pair \$7.00. On special orders we will supply Pole Vaulting Shoes with one high and one low cut shoe at no extra charge.

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No. MH. High cut but light in weight. Well finished inside so as not to hurt the feet in a long race. Special leather soles, will not wear smooth; light leather heels; black calfskin uppers. Hand sewed. Pair, \$5.00 No. MO. Low cut. Blucher style. Otherwise same as No. MH. "5.00



Spalding
Outdoor Running Shoes
p. 10. Fine quality calfskin; ligh

No. 10. Fine quality calfskin; light in weight. Bench made. Steel spikes. Pair, \$5.00 \(\psi \)\\$54.00 Doz.

Spalding Outdoor Jumping Shoes

No. 14J. Calfskin; machine made. Satisfactory quality; durable. Steel spikes. Pair \$4.50 ★ \$\frac{1}{2} \\$\frac{1}{2} \\$\frac{1

The uppers of all Running and Jumping Shoes should be kept soft and pliable by using Spalding "Dri-Foot" Preparation. Can, 15 cents.

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen pairs or more. Quantity prices

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Juvenile Outdoor Running Shoes
12. Leather, good quality, complete with spikes.



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No. 111. Calfskin, special corrugated rubber soles, with spikes.

Pair. \$4.50



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No. 210. Hand made. Calfskin uppers; rubber tap soles, rubber heels. . . . . . . . . . . Pair, \$5.00

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#### Spalding Indoor Running Shoes





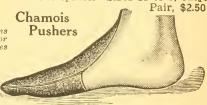
No. 112S. Good leather uppers and leather soles, short spikes.

Pair, \$4.00 \ \$42.00 Doz. No. 112. Good leather, rubber tap soles. No spikes.

Pair, \$3.50 \ \$39.00 Doz. No. 114. Leather uppers; rubber tap soles. No spikes.

Pair, \$3.00 + \$33.00 Doz.

he prices printed in italics opposite items arked with \* will be quoted only on orders for ne-half dozen pairs or more. Quantity prices NOT allowed on items NOT marked with ★ Juvenile Indoor Running Shoes No. 115. Leather, good quality, without spikes. Sizes 12 to 5, only.



Grips lo. 2. Best quality cork,

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No. 5. Fine Chamois skin. Should be used with running, walking, jumping and other athletic shoes, especially in long races or during all-around competition. Pair. 25c. No. L. Specially prepared leather; suitable for use with all athletic shoes. Pair. 25c.

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No. 114

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#### Spalding Athletic Hammers

No. 16BH. Spalding "Official Olympic"
Brass Shell Head
16-lb. Hammer (Pat'd
Aug. 20, 1912), including ball-bearing
swivel (Pat'd May 15,
1900). Supplied regularly with double
triangle wire grip
(Pat'd Dec. 22, 1914).
Each, \$7.00

No. 12BH. 12-lb.Brass Shell Head Hammer, otherwise same as No. 16BH. Ea., \$6.50



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No. 81H. 8-lb. Solid Iron Head Hammer without ball-bearing swivel. Double triangle grip. Ea., \$2.50

#### Extra Handles for Athletic Hammers



No. MG. Single Grip Style (see cut). Used by many prominent throwers. Supplied separately with wire handle. Each, \$2.00 No. FH. Double Triangle Grip, complete with iron handle, furnished separately. Each, 75c. Any regular Spalding Hammer listed above furnished with No. MG grip instead of double triangle style on special order, at an extra charge of \$1.25

#### Leather Case for Athletic Hammers

No. L. Leather Case, to hold either 12 or 16-lb. hammers. . . . Each, \$2.00

#### Spalding "Official Olympic" Circles



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	No	. 16BS	Spa	ldin	g "	'Of	fici	a] (	Oly	m	pic	" I	3ra	SS	Sh	ell	Shot.	:6-lb.
		(Patente	d Au	gust	20	, 19	912	).									Each,	\$6.00
	No	. 12BS.	. 12-l	Ь.	Bra	ass	Sh	ell.		٠							4.6	5.00
	No	. 16IS	. 16-	b.	So	lid	lro	n.				۰					44	1.75
No. 121S.	12-lb.	Solid l	ron.														64	1.50
No. 24LS.	24-lb.	Solid I	Lead.														6.6	6.00
No. 24IS.	24-lb.	Solid I	ron.														6.6	5.00
	8-lb.																6.6	1.25
	5-lb.																46	1.00
No. 26.		Leathe																5.00
No. 5.		Leathe															4.6	4.00
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#### Regulation 56-lb. Weight

No. 2. Used and endorsed by all weight throwers. Lead. Packed in box, guaranteed correct in weight.

Complete, \$15.00

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No. 1. Required when throwing 56-lb. weight for height.

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#### Spalding Indoor Athletic Shot—Rubber Covered

Patented December, 1905



Scientifically made; perfectly round; gives fine grip; has proper resiliency when it comes in contact with floor; wears longer than ordinary leather covered; lead dust will not sift out; always full weight.

#### Spalding Indoor Shot—Leather Covered

Method of construction prevents loss of weight even when used constantly.

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			covered.					
2 100	.0-100	Leather	corcica.					



Spalding Athletic Implements are best—First, because we have decided that no trouble or expense will be spared in their manufacture. Second, because we really know how to make them to give best results, and Third, because we have the special skilled workman and the machinery, tools, etc., necessary in the manufacture of special implements of this description.

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#### The Spalding "Official Olympic" Discus No. 5



Made in accordance with I. A. A. F., A. A. U., and Intercollegiate A. A. A. A. specifications.

This is a duplicate of the original sample submitted to the I. A. A. F. Congress at Lyons, France, June 19th, 1914, and which was so favorably commented upon and unanimously adopted for use in all future Olympic games.

No. 5. Spalding "Official Olympic" Discus, wood center. Each, \$5.00

#### Spalding Practice All-Steel Discus

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#### Spalding "Youths' Official" Discus

Wood center. Official for Junior Discus Competitions.

No. Y. Spalding "Youths' Official" Discus, wood center. . . . Each, \$4.00

#### Spalding "Official Olympic" Javelin

Made in exact accordance with I. A. A. F., A. A. U., and Intercollegiate A. A. A. A. specifications.

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SPECIAL NOTE—Specifications in the Official Rules covering Javelin throwing are such that in complying with them the Javelin is necessarily quite frail; hence, if it is not thrown with the proper degree of skill it is easily broken and this through no fault of material or workmanship. We are unable, therefore, to guarantee Javelins against breakage while in use. We guarantee only against defective material or workmanship, and in 95 cases out of a 100 where a Javelin shaft is broken we have found it was the result of faulty manipulation or awkwardness on the part of the performer.

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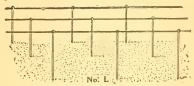
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Patented December 22, 1914



Three adjustment style. Exclusive Spalding model. This hurdle is made so that it is instantly adjustable to the three different heights required in hurdle races under various rules: 2 feet 6 inches, 3 feet, 3 feet 6 inches.

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No. 2.	1 to	75.	.38	3.75	No. 5.	1 to 200.	1.00	10.00
No. 3.	1 to	100.	.50	5.00	No. 6.	1 to 250.	1.25	12.50

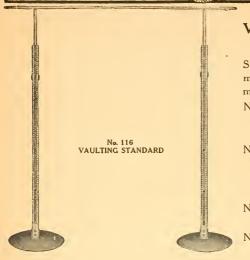
For larger meets we supply Competitors' Numbers, on Manila paper only, in sets as follows:

No. 7	1 to	300.		Set,	\$1.50	No. 16.	1 to 1200.		Set,	\$6.00
No. 8	. 1 to	400.		6.6	2.00	No. 17.	1 to 1300.		6.6	6.50
							1 to 1400.			
							1 to 1500.			
No. 11	. 1 to	700.		64	3.50	No. 20.	1 to 1600.		4.4	8.00
							1 to 1700.			
No. 13	. 1 to	900.		44	4.50	No. 22.	1 to 1800.		6.6	9.00
							1 to 1900.			
No. 15	. 1 to	1100.		66	5.50	No. 24.	1 to 2000.		66	10.00

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS

A.G. SPALDING & BROS
STORES IN ALL LARGE CITIES

# ACCEPT NO THE SPALDING (TRADE-MARK QUARANTEES QUALITY



#### SPALDING VAULTING AND JUMP STANDARDS

Substantially built and measurements are clearly and correctly marked.

No.116. Graduated in half inches, adjustable to 13 feet.

Complete, **\$15.00** 

No. 111. Inch graduation, 7 feet high. . . . Complete, \$9.00

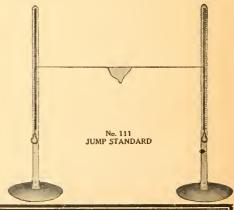
#### Cross Bars

No. 212. Officially correct.

Hickory. . Dozen, \$6.00

No. C. Cord, with Weight Bags at either end, for use on Vaulting Standard. Each, \$2.00

We supply everything needed to fit out an athletic field in proper shape, in addition to everything needed by officials in charge. Write us about anything required but which is not shown in this catalogue. We are the "official outfitters" for all organized athletic bodies in the United States.



PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

## ACCEPT NO THE SPALDING (TRADE-MARK QUARANTEES QUALITY)

#### SPALDING VAULTING POLES

SPECIAL NOTE—It is our endeavor always to supply Athletic Equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Shoes for Indoor Jumping, Hurdling and Pole Vaulting are made with insiderubber heel to take up the jar.

Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.

#### Spalding Indoor Bamboo Vaulting Poles

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

**10BV.** 10 ft. Ea., \$4.00 | 14BV. 14 ft. Ea., \$6.00 | 12BV. 12 ft. "5.00 | 16BV. 16 ft. "6,00

#### Spalding Outdoor Bamboo Vaulting Poles

Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No. 100BV. 10 ft. Ea., \$4.00 | No. 104BV. 14 ft. Ea., \$6.00 No. 102BV. 12 ft. " 5.00 | No. 106BV. 16 ft. " 6.00

#### INDOOR POLE VAULTING BOARD

No. 117. Made up of sectional blocks of wood placed on end so that spike of vaulting pole will not split them. bound in by heavy wood frame.

Complete, \$16.00



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STORES IN ALL LARGE CITIES

## ACCEPT NO THE SPALDING ( TRADE-MARK QUARANTEES QUALITY



Spalding Take-off Board

The Take-off Board is used for the running broad jump, and is a necessary adjunct to the athletic field. Regulation size; painted white . . . . . . . Each, \$3.00

Spalding Toe Board or Stop Board

Spalding Sector Flags

Used for marking the sector within which shot, hammer, discus, etc., must be thrown.

No. S. Spalding Sector Flags, metal. . . . Each, 75c.

Snalding Referees' Whistles

No.	7.	Nickel-plated, heavy metal whistle.	Each,	350
		Horn Whistle, nickel-plated, heavy m		75c
		Nickel-plated, special deep tone.	. "	25c
No.	2.	Very reliable. Popular design		25c

Spalding Foot Ball Officials' Whistles

Potato Race Equipment

Potatoes, official specifications. . . Set of eight, \$2.50 Receptacle for potato race. . . . . . Each, 3.50

Official Harness for Three-Legged Racing Made according to official rules. Complete set of straps for

fastening men, and with extra straps for keeping fastenings at required height in long distance races.

No. 1. Official Harness for Three-Legged Racing. Set, \$2.50

#### Spatding Official Sacks for Sack Races

Strongly reinforced, will wear for a great length of time, and by their construction it is practically impossible for racers to work their feet free. These sacks are made in exact accordance with official regulations.

No MS. Men's Sack, reinforced, 3 ft. wide. Each, \$1.50

## Spalding Official Batons for Relay Races No.X. Hollow wood. Correct size, length and weight. Ea., 50c.

Patent Steel Tape Chain on Patent Electric Reel-For Measuring Distances in Athletic Competitions

Superior steel about ¼ inch wide. The reel allows the entire tape open to dry and can be reeled and unfeeled as easily as tapes in cases. Especially adapted to lay off courses and long measurements Last foot only marked in inches. No. 1B. 100 feet long. . . . . Each, \$5.00 No. 11B. 200 feet long. . . . . . . . . . 7.50

#### Official Athletic Steel Measuring Tape

No. 111B. 300 feet long; has etched markings throughout, feet, inches and eighths. Complete on reel, with convenient wood handle. . . . . . . . Each, \$16.50

Patent "Angle". Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles with patent automatic handle opener; all mountings nickel-plated. Accuracy guaranteed. No. A. 50 ft. long, §§ in. wide. . . Each, \$4.00 No. B. 100 ft. long, §§ in. wide. . . . . . . . . . . . 6.75

#### Spalding Stop Watches

No. S. Combined Chronometer and Stop Watch: Keeps good time and in addition to regular hands has split second hand. A very satisfactory time-piece as well as a useful article for athletes Supplied on special orders only. Each, \$15.00 No. 1. Stem winder, nickel-plated case, porcelain dial registered to 60 seconds by 1-5 seconds, fly back engaging and disengaging mechanism.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.

#### SPALDING GYMNASIUM SHOES

Gymnasium Shoes must be comfortable and easy, yet fit snugly and give the wearer a sure footing-they must also be durable. Spalding Gymnasium Shoes possess all of these good qualities and, in addition, are reasonable in price.



No. 15. High cut, kangaroo uppers, genuine elkskin soles. Will not slip on floor; extra light. The correct shoes to wear for boxing. . . Pair, \$5.50



No. 155. High cut, elkskin soles, and will not slip on floor; soft and flexible.

Pair, \$5.00



Spalding Special Bowling Shoes

No. 148. For bowling and general gymnasium use. Light drab chrome tanned leather uppers; electric soles.

Laces extremely low down. Pr., \$4.00



No. 166. Low cut, selected leather, extra light and electric soles; men's sizes only. . . . . Pair, \$3.50



No. 66L. Women's. Low cut, extra light, selected leather uppers. Electric soles. . . . . . . . . Pair, \$3.50



No. 21. High cut, black leather, electric soles. Sewed and turned, which makes shoes extremely light and flexible. Pair, \$3.00



No. 20. Low cut, otherwise as No. 21. Sewed and turned shoes. Pair, \$2.50 No. 20L. Women's. Otherwise as No. 20. Sewed and turned shoes. Pair, \$2.50

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ACCRESSED TO US A. G. SPALDING & BROS.

#### CCEPT NO THE SPALDING RADE-MARK GUARAN



SPALDING KNIT ATHLETIC SHIRTS



No. 600S. Each, \$1.75

No. 600S.

Spalding Sleeveless Shirts o. 600S. Worsted, with 6-inch-stripe

around chest, carried in stock in follow-

ing combinations of colors: Navy with

White stripe, Black with Orange stripe, Maroon with White stripe, Black with

Red stripe, Gray with Cardinal stripe.
Each, \$1.75 ★ \$18.00 Dos.
No. 700S. Worsted, light weight. Six

inch stripe around chest. Stock color

combinations similar to No.600S. Special

order only. Each, \$1.25★\$13.50 Doz. No. 6ES. Sanitary cotton, solid color

body, with 6-inch stripe around chest,

in same combinations of colors as No.

600S. . . . Each, 75c. ★ \$8.10 Doz.

Spalding Quarter Sleeve Shirts No. 601. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, Black.

Best quality cotton,

Each, \$1.75 \* \$18.00 Doz

STOCK SIZES: 26 to 46 inch chest.

> SPECIAL. ORDERS

All shirts listed on this page (except where noted) we furnish in any colors on special order, at no extra charge. No more than two colors in any striped garment.



No. 600D. Each, \$2.00

Spalding Shirts, with Sash o. 600D. Worsted, sleeveless, with No. 600D. woven sash of any color. Not carried in Each, \$2.00 \* \$21.60 Doz, stock. No. 6WD. Sanitary cotton, sleeveless, with woven sash. Same combinations of colors as No. 600S. Not carried in of colors as No. 0005. Not carried in stock. Each, \$1.25 ★ \$13.50 Doz. No. 6ED. Sanitary cotton, sleeveless, solid color body, with sash stitched on. Same combinations of colors as No. 600S. . . . Each, 75c. ★ \$8.10 Doz.

Spalding Full Sleeve Shirts No. 602. Good quality worsted. Solid in stock. Each, \$2.25 \ \$24 00 Dvz.
No. 3D. Cotton. Flesh, White, Black. Each, \$1.00 \* \$10.80 Dos.

Spalding Rowing Shirt

No.YR. Sanitary Cotton. Quarter sleeve. Supplied in White with any color silk binding around neck and sleeves and down front. On special order only. Each, \$1.25 \* \$13.50 Doz.



No. 600. Worsted. Carried in stock in Cray, White, Navy Blue, Maroon, and Black. Each, \$1.50 ★ \$7.5.00 Doz. No. 700. Sleeveless. Worsted. Light weight. Carried in stock in Cray, White, Navy Blue, Maroon, and Black, No spec-No. 6E. Sanitary cotton. Bleached White, Navy Blue, Black, Marcon or No. 0. Cotton. Colors same as supplied in No. 6E. . . . Each, 25c.

Woven Necklace on Shirts Nos. 600, 601 or 6005 Shirts, on special orders only, with necklace stitched on of different color to body of shirt, for an extra charge of \$1.00 per garment.



PRICES SUBJECT TO CHANGE WITHOUT NOTICE

No. 600 V. Eoch, \$1.50
No. 600 V. Worsted. Sleeveless, V-neck.
Supplied on special orders only, any
color. Each, \$1.50 \$ \$15.00 Doz. No. 600NV. Same as No.600V, but any two colors, stripiog around neck. Special orders only. Each, \$1.75 \* \$18.00 Doz. No. 600N. Same as No. 600NV, but round instead of V-neck. Special orders only. . . Each, \$1.75 \* \$18.00 Doz.



No. 601NV. Each, \$2.00

No. 601NV. Worsted. Quarter sleeves. V-neck. With stripes around neck and sleeves. Supplied on special orders only, one color body, two colors striping (any colors). Each, \$2.00 \* \$21.60 Doz. No. 601N. Same as No. 601NV, but round instead of V-neck. Special orders only. . . Each, \$2.00 \* \$21.60 Doz.



ita/ics

No. 1L. Each, \$5.00

Spalding Leotards
For Gymnasium Use, Wrestling, etc.
No. 1L. Combining athletic shirt and trunks, Best quality worsted. Any color. Supplied on special order only. Ea, \$5.00 No.10L. Good quality worsted, any color. Supplied on special order only, Ea., \$4.00 No. 12L. Worsted. Supplied on special orders only in any color. Ea., \$3.00

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STORES IN ALL LARGE CITIE

## CCEPT NO THE SPALDING ((CO)) TRADE-MARK GUARANT

Spalding Knee Tights



No. 10B. Best quality worsted. Stock colors: Gray, White, Navy Blue, Maroon, Black. Pair, \$2.00 \* \$21.60 Doz.

No.604. Good quality worsted. Stock colors: Gray, White, Navy Blue, Maroon, and Black. Pair, \$1.50 \* \$15.00 Doz.

No. 4B. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. Pair, 50c. \* \$5.40 Dz.

Spalding Full Length Tights. No. 1A. Best worsted, full fashioned. Stock colors: Black, Navy, Maroon. Other colors on

special order at no extra charge, Sizes: 28 to 42 . . . Pair, \$5.00 inch waist. . . . No. WA. Special wrestling full tights. Specially reinforced Supplied on special order only. Pair, \$6.00 No. 605. Good quality worsted. Stock colors: Gray, White, Navy, Maroon, Black. Other colors

on special order at no extra charge. Sizes: 28 to 42 inch waist. Pair, \$3.00 No. 3A. Cotton, full quality. White, Black, and Flesh. Pair, \$1.00 \$\times 210.30 Doz.

Spalding Y.M.C.A. Trousers

No. 1A

#### Spalding Worsted Trunks

No. 1. Best worsted. Carried in stock in Black, Maroon or Navy. Other colors on special order at no extra charge. Pair, \$2.25

\$24.00 Doz.
No. 2. Good quality worsted; carried in stock in Navy or Black, Other colors on special



order at no extra charge. Pair, \$1.00 \* \$10.80 Dz.

#### Velvet Trunks

No. 3. Fine velvet; Black, Navy, Royal Blue, Maroon. Special colors to order, no extra charge. Pair, \$1.00 \* \$10.80 Doz. No.4. Sateen; Black, White.

Pair, 50c. \* \$5.40 Doz.



Boys' Knee Pants No.2B.BlueFlannel.

Y. M. C. A. Knee Pants, stripe down side. . Pair, \$2.50 No.14B. Boys' Knee Pants, same quality as No. 4 Y. M. C. A. trousers, stripe down aide, Pair, \$1.00 \$\$10.80 Doz.



No. 2B



Nos. 61 and 62



No. 2. Men's Leaders. Blue or Gray flannel, stripe down No. 3. Flannel, of good quality. " 3.00 No. 4. Flannel. Pair, \$1.75 + \$18.90 Doz.

> Spalding Special Combined Wrestling Supporter and Belt No. WS. Mercerized silk elastic, strong and durable. . . . Each, \$2,00

> > Spalding Special Pads for Wrestling

No. 61. Cloth covered, padded. . . . . .

Spalding Running Pants-Fly Front, Laced Back Specify Size and Color When Ordering
No. 4D. White Drill. Specially recommended for indoor or
Y. M. C. A. ward. . . . Pair, \$ .75 \* \$8.10 Doz. Y. M. C. A. work. 1.25 \* 13.50

No. 1. White or Black Sateen. "No. 2. White or Black Sateen. "No. 3. White or Black Sateen. "No. 4. White, Black or Gray Twill. " 1.00 \* 10.80 \*\* .75 \* .50 ★ No. 6. White Muslin. Pair, 25c, No. 44. Same quality as No. 4, but in juvenile sizes only, not

over 26 inch waist. . . . Silk Ribbon Stripes down sides Silk Ribbon Stripe around waist of any of these running pants. on any of these running pants. Pair, extra, 25c. \* \$2.70 Doz. Pair, extra. 25c. \* \$2.70 Doz.

No. I Running Pants The prices printed in italics opposite items marked with \* will be quoted only on orders for one-half dozen or more.



ADDRESSED TO US

#### SPALDING OFFICIAL BASKET BALL

Cover is made in four sections, with capless ends and of finest and most carefully selected pebble grain leather, special tanned. Extra heavy bladder, made especially for this ball, of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail.

No. M. Spalding Official Basket Ball. Each, \$7.50



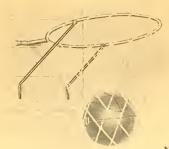
WE GUARANTEE this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Owing to the superb quality of our No, M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

A. G. SPALDING & BROS.

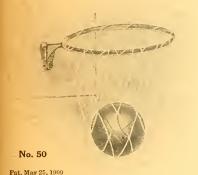
PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

#### SPALDING "OFFICIAL" BASKET BALL GOALS

No. 90. Official Goal. So far as we know this is the only drop-forged goal made. Neither pains nor expense has been spared to make it to withstand the roughest sort of usage and punishment. Will last for years-far beyond the commonly accepted period of guarantee as guarantee is understood. It is, in fact, practically unbreakable. Extra heavy nets. This style should be used in all gymnasiums. . . Pair, \$5.00



No. 90



interfere with other games or with general gymna-

Spalding Detachable Basket Ball Goal No.50. Detached readily

from the wall or upright, leaving no obstruction to

sium work. Same size Fitting on No. 50 Goals basket, and brace same length as on official . . . . . . . Pair, \$7.50

Spalding Practice Goal No.70. Japanned Iron Rings and Brackets. Complete with nets. . . . Pair, \$3.50

Spalding Nets, Separate, for Goals Heavy twine; hand knitted; white. The same as supplied with No. 90 Goals. Pr., 50c.



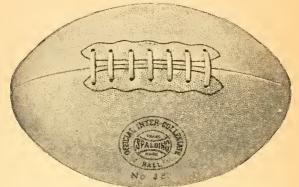
No.4. Horn Whistle, nickel-plated, made of heavy metal. . . . Each, 75c. No.3. Nickel-plated, special deep tone. Each. 25c. No.7. Nickel-plated, heavy metal whistle. The most satisfactory and loudest of No.2. Reliable; popular design. "

ANY COMMUNICATIONS ADDRESSED TO US

SEE INSIDE FRONT COVER

# The Official Intercollegiate Foot Ball

Patented September 12, 1911



HIS is the Only Official College Foot Ball, and is used in every important match played in this country.

Guaranteed absolutely if seal of box is unbroken. Each ball complete in sealed box, including leather case, guaranteed pure Para rubber bladder (not compounded), lacing needle and rawhide lace.

#### No. **J5.** Each, \$5.00

WE GUARANTEE every No. J5 Spalding Foot Ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Owing to the superb quality of every Spalding Foot Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims

under our guarantee which we will not allow.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

# SPALDING "OFFICIAL NATIONAL LEAGUE"

(REG. U. S. PAT. OFF.) **BALL** 

PATENT CORK CENTER
(Patented August 31, 1909)



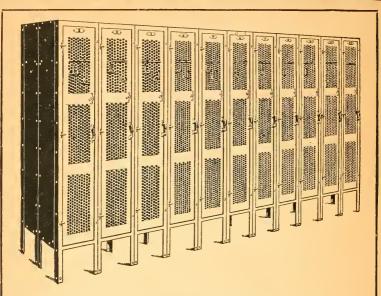
## THE OFFICIAL BALL OF THE WORLD SERIES Adopted by the National League in 1878



Is the only ball used in Championship games since that time and has now been adopted for twenty years more, making a total adoption of fifty-four years. Each ball wrapped in tin foil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

No. 1. Each, \$1.25 Dozen, \$15.00

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES



A. G. SPALDING & BROS., INC.

furnish and recommend the use of

### DURAND STEEL LOCKERS

having found their quality and workmanship to be in keeping with the class of work manufactured by them.

For prices, catalogues or other information, communicate with

A. G. SPALDING & BROS., INC. CHICOPEE, MASS.

#### STANDARD QUALITY

An article that is universally given the appellation "Standard" is thereby conceded to be the Criterion, to which are compared all other things of a similar nature. For instance, the Gold Dollar of the United States is the Standard unit of currency, because it must legally contain a specific proportion of pure gold, and the fact of its being Conuine is granafied by the Government Stamp thereon. As a protection to the users of this currency against counterfeiting and other tricks, considerable money is expended in maintaining a Secret Service Bureau of Experts. Under the law, chizen manufacturers must depend to a great extent upon Trade-Marks and similar devices to protect themselves against counterfeit products—without the aid of "Government Detectives" or "Public Opinion" to assist them.

Consequently the "Consumer's Protection" against misrepresentation and "inferior quality" rests entirely upon the

integrity and responsibility of the "Manufacturer.

A. G. Spalding & Bros. have, by their rigorous attention to "Quality," lor forty years, caused their Trade-Mark to become known throughout the world as a Guarantee of Quality as dependable in their field as the U.S. Currency is in its field. The necessity of upholding the guarantee of the Spalding Trade-Mark and maintaining the Standard Quality of their

Athletic Goods, is, therefore, as obvious as is the necessity of the Covernment in maintaining a Standard Currency. Thus each consumer is not only insuring himself but also protecting other consumera when he assists a Reliable Manufacturer in upholding his Trade-Mark and all that it stands for. Therefore, we urge all users of our Athletic Goods to assist us in maintaining the Spalding Standard of Excellence, by insisting that our Trade-Mark be plainly stamped on all athletic goods which they buy, because without this precaution our best efforts towards maintaining Standard Quality and preventing fraudulent substitution will be ineffectual.

Manufacturers of Standard Articles invariably suffer the reputation of being high-priced, and this sentiment is fostered and emphasized by makers of "inferior goods," with whom low prices are the main consideration.

A manufacturer of recognized Standard Goods, with a reputation to uphold and a guarantee to protect, must necessarily have higher prices than a manufacturer of cheap goods, whose idea of and basis of a claim for Standard Quality depends principally upon the eloquence of the salesman.

We know from experience that there is no quicksand more unstable than poverty in quality-and we avoid this quicksand by Standard Quality.



#### STANDARD POLICY

A Standard Quality must be inseparably linked to a Standard Policy.

Without a definite and Standard Mercantile Policy, it is impossible for a Manufacturer to long maintain a Standard Quality. To market his goods through the jobber, a manufacturer must provide a profit for the jobber as well as for the retail dealer. To meet these conditions of Dual Profits, the manufacturer is obliged to set a proportionately high list price on his goods to the consumer.

To enable the glib salesman, when booking his orders, to figure out attractive profits to both the jobber and retailer, these high list prices are absolutely essential; but their real purpose will have been served when the manufacturer has

secured his order from the jobber, and the jobber has secured his order from the retailer.

However, these deceptive high list prices are not fair to the consumer, who does not, and, in reality, is not ever

expected to pay these fancy list prices.

When the season opens for the sale of such goods, with their misleading but alluring high list prices, the retailer begins to realize his responsibilities, and grapples with the situation as best he can, by offering "special discounts," which vary with local trade conditions. Under this system of merchandising, the profits to both the manufacturer and the jobber are assured; but as there is

no stability maintained in the prices to the consumer, the keen competition amongst the local dealers invariably leads to a

demoralized cutting of prices by which the profits of the retailer are practically eliminated.

This demoralization always reacts on the manufacturer. The jobber insists on lower, and still lower, prices. The manufacturer, in his turn, meets this demand for the lowering of prices by the only way open to him, viz.: the cheapening and degrading of the quality of his product.

The foregoing conditions became so intolerable that, 17 years ago, in 1899, A. G. Spalding & Bros. determined to rectify this demoralization in the Athletic Goods Trade, and inaugurated what has since become known as "The Spalding Policy."

The "Spalding Policy" eliminates the jobber entirely, so far as Spalding Goods are concerned, and the retail dealer secures the supply of Spalding Athletic Goods direct from the manufacturer by which the retail dealer is assured a fair, legitimate and certain profit on all Spalding Athletic Goods, and the consumer is assured a Standard Quality and is protected from imposition.

The "Spalding Policy" is decidedly for the interest and protection of the users of Athletic Goods, and acts in two ways:

The user is assured of genuine Official Stendard Athletic Goods.

EIGN3.—Ine user is assured of genuine Utricial Stendard Athletic Goods.

SECOND.—As manufacturers, we can proceed with confidence in purchasing at the proper time, the very best raw
materials required in the manufacture of our various goods, well ahead of their respective seasons, and this enables us to provide the necessary quantity and absolutely maintain the Spalding Standard of Quality.

All retail dealers handling Spalding Athletic Goods are requested to supply consumers at our regular printed catalogue prices-neither more nor less-the same prices that similar goods are sold for in our New York, Chicago and other stores. All Spalding dealers, as well as users of Spalding Athletic Goods, are treated exactly alike, and no special rebates or discriminations are allowed to anyone.

This, briefly, is the "Spalding Policy," which has already been in successful operation for the past 17 years, and will be indefinitely continued.

In other words, "The Spalding Policy" is a "square deal" for every body.





separate book covers every Athletic Sport and is Official and Standard Price 10 cents each

GRAND PRIZE



GRAND PRIX



ST. LOUIS, 1904 SPALDING PARIS, 1900

THLETIC GOODS ARE THE STANDARD OF THE WORLD

MAINTAIN WHOLESALE and RETAIL STORES in the FOLLOWING CITIES CHICAGO NEW YORK ST. LOUIS

BOSTON MILWAUKEE KANSAS CITY

PHILADELPHIA DETROIT SAN FRANCISCO NEWARK CINCINNATI LOS ANGELES

ALBANY CLEVELAND SEATTLE

BUFFALO COLUMBUS SALT LAKE CITY INDIANAPOLIS PORTLAND SYRACUSE ROCHESTER

BALTIMORE WASHINGTON PITTSBURGH MINNEAPOLIS ATLANTA ST. PAUL LONDON, ENGLAND

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