

# Spirit of the Mineral Kingdom

by

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## **Spirit of the Mineral Kingdom**

The mineral kingdom offers us the opportunity to discover a greater awareness of the energies inherent within and without ourselves. Created by the loving hands of angels they assist us in bringing light and love into our understanding and life journey.

**Star :** Soul level  
**Sun :** Mental  
**Moon :** Emotional  
**Earth :** Physical

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### **LIST OF MINERALS**

**Agate Amber Amethyst Aquamarine Aventurine Azurite Barite Boji Stone  
Calcite Carnelian Celestite Citrine Chrysocolla/Gem Silica Clear Quartz  
Diamond Emerald Fire Opal Fluorite Garnet Geode Gold Granite Hematite  
Herkimer Diamond Iolite Iron Jade Jasper Kunzite Lapis Lazuli Lava Rock  
Lead Lingam Malachite Mica Moonstone Obsidian Pearl Peridot Petrified  
Wood Picasso Stone Pyrite Quartz (clear) Rhodocrosite Rhodonite Rose  
Quartz Ruby Sapphire Selenite Shell Silver Smokey Quartz Sodalite Sugelite  
Tiger Eye Topaz (blue) Topaz (yellow) Tourmaline (black) Tourmaline  
(green) Turquoise Zircon**

## MINERAL GUIDE

### AGATE

colorful -protecting - stimulating

**Star** : A gift of balance and perceptiveness

**Sun** : The picture that you see in the Agate is a dream key.

**Moon** : A colorful aspect of your nature that protects and nurtures you emotionally.

**EarthEarth** : It is said toIt is said to strengthenIt is said to strengthen the sight, ,to diminish thirst. There are many o  
eacheach with additional qualities specificeach with additional qualities specific each with additional qualities  
(Bibliography).

### AMBER

mystery of life - attunement of nature strengthening - endurance - purify - protection

**StarStar** : A sign to take a clos A sign to take a closer look at y A sign to take a closer look at your present si  
within.

**Sun** : A gift of endurance - ancient wisdom and/or healing

**Moon** : A valuable and possibly ancient part of your being with good judgment and courage

**EarthEarth** : Promotes physical vitality. Creates a haven of safety, especially for childPromotes physical vi  
stimulates and protects the energy field.

### AMETHYST

value - royalty - protection - attunement - balance  
transformation - meditation

**StarStar** : Light Light at the end of the tunnel. You are Light at the end of the tunnel. You are on the right path.  
guidance of your spirit guides and teachers.

**SunSun** : A gift of ancient wisdom and/or -protection Transmutes lower energies A gift of ancient wi  
frequencies.

**MoonMoon** : A valuable and possibly ancient part of your being with good judgment and courage -  
possible warning to protect yourself

**EarthEarth** : helps transmute addictions and habits. Alleviates headaches. Helps ease epilepsy, dyslexia  
and aids visual coordination by balancing left/right brain relations. A natural tranquilizer.

### AQUAMARINE

clarity - compassion - expression - humility

**Star** : Be Simple and Simply Be .

**Sun** : Stimulate a greater awareness and understanding of the self.

**MoonMoon** : Aquamarine is the Aquamarine is the poetry of Compassion - the words between the thoughts emotion of light.

**Earth** : Calms the nerves - eases fluid retention - relieves irritations.

## AVENTURINE

heart - growth - nurturing - releasing - compassion

**StarStar** : Awareness of the joy of being on the physicalAwareness of the joy of being on the physical plane. Embodiment of a gift being physical is to the soul.

**SunSun** : An awarenessAn awareness of the good will and kindnessAn awareness of the good will and kindness of connection

**MoonMoon** : Helps to relieve worry andHelps to relieve worry and anxietyHelps to relieve worry and anxiety - everything all you need is LOVE!

**EarthEarth** : Stimulates and nurtures the muscle tissues of the heart and contains the element calcium, which is essential for heart contraction. Promotes all healing of the physical.

## AZURITE

healing - Spirit Guides - receptivity -rebirth - butterfly clan

**StarStar** : Known as the Stone of Heaven A Known as the Stone of Heaven A gift of guidanceKnown as the Stone of Heaven Conscious Dreaming - Intuition

**Sun** : A time of intense psychic opening and inspiration

**Moon** : Working with your intuition - inspiration - creativity

**Earth** : Healing to dissolve any disorder that manifests a blockage.

## BARITE

gentle - penetrating - realization

**Star** : It is said that Native Warriors, who shifted from the physical world to the spiritual world, returned at night and carved the barite roses.

**Sun** : The message that the energy of this rose : The message that the energy of this rose conveys that those in which ancient hatred has been transformed to present love.

**Moon** : Cathartic to the emotional self, allowing for the release trapped emotions and feelings.

**Earth**: Calming and soothing. Removes toxins from the body

## **BOJI STONE**

ancient wisdom - balance - grounding

**Star** : I claim the light as my mentor.

**Sun** : Awareness of your purpose for incarnating on Earth.

**Moon** : A gift of strength and stability of your inner core being.

**Earth** : Pulls pain and soreness out of the physical body.

## **CALCITE**

varied - crystalline - -purifying - empowering  
strengthening - opening - happiness illumination

**Star** : Meditate with calcite and hear the message it has for you.

**Sun** : Light that can cut through the darkness of ignorance to our true potential.

**Moon** : Common truths - simplicity - clarity

**EarthEarth** : Amplifies energy levels and polarizes Amplifies energy levels and polarizes all the chakras. Calcite

## **CARNELIAN**

acceptance - imagination - fun - love creativity

**Star** : Dance to the goddess spirit of love

**SunSun** : Nurturing any of the spiritually creative seeds is thNurturing any of the spiritually creative seeds is th  
memories

you will some day cherish.

**Moon** : Allow yourself to create your dreams and feel the inner smile radiate within you

**EarthEarth** : Enhances cellular assimilation ofEnhances cellular assimilation of nutrients,Enhances cellular ass  
organs.

Use it to relieve cramps and muscle spasms.

## **CELESTITE**

grace - listening - inner peace - friend

**Star** : Be still and know that I am the God-Goddess

**SunSun** : Celestite s legacy isCelestite s legacy is the awakeningCelestite s legacy is the awakening of our ability to  
inner wisdom of the soul

**MoonMoon** : It s calming energy strengthIt s calming energy strengthens oult s calming energy strengthens  
become confident in the messages we hear from within

**EarthEarth** : Essential for aiding in brain functionEssential for aiding in brain function and ceEssential  
complexion.complexion. It also reduces decay by strengthening the cellular structure and matricomplexion. It a  
and teeth.

## **CITRINE**

inspired - intent - action - success radiant - happy - directed

**Star** : Assists our inner voice in becoming a tool for our intellect

**Sun** : This balancing energy energizes us in the direction of accomplishing our goals

**MoonMoon** : A realization of how seemingly effortless our A realization of how seemingly effortless our end  
God.

**EarthEarth** : Citrine can guides in the awareness ofCitrine can guides in the awareness of what path we should b  
anxiety and moodiness. Aids in supporting pancreatic and liver function.

## **CHRYSOCOLLA/GEM SILICA**

sky - earth - connecting - breakthrough - peace

**Star** : Assistance in past life recall - connection to soul friends

**SunSun** : A gift of connection. Understanding the connection between Mother Earth and Father Sky.

Growth of consciousness

**Moon** : Balance - purification - beauty - encourages expression

**EarthEarth** : Helps regulate reproductive endocrine glands. Eases Helps regulate reproductive endocrine glands.  
Helpful in reducing the pain and swelling of arthritis.

## **CLEAR QUARTZ CRYSTAL**

amplifier - transmitter - strengthening

**Star** : A gift of revelation - You are the dance!

**Sun** : A gift of strength - revelation - the ability to perceive things differently

**MoonMoon** : A time of strength and vitality. Understanding A time of strength and vitality. Understanding of t  
skills.

Can be a warning to re-evaluate your views and let in new information - rigidity - hardness

**Earth** : Energizes and stimulatesEnergizes and stimulates on all levels by drawingEnergizes and stimulates on al  
within ourselves.



## DIAMOND

protection - purity - connection - brilliance - protection  
Tao - perfection

**Star** : Less is more. Initiation - Increase in Light Vibration

**Sun** : A gift of strength and Protection. Revelation about the level of your courage.

**Moon** : The complete faith and knowing that God is Love.

**EarthEarth** : After a healing of anyAfter a healing of any sort diamondAfter a healing of any sort diamond holds the  
by forming a matrix of light energy to protect.

## EMERALD

abundance - magnificence - heart - bliss - beauty

**StarStar** : Symbolizes the spiritual Symbolizes the spiritual journey of our heart center. A Gift of harmony through  
of our heart.

**Sun** : A loving reminder to give thanks for the many blessings in our lives

**MoonMoon** : Understanding of the cornucopia of universa Understanding of the cornucopia of universal abundance  
God to manifest his abundance in our lives. For he knows better than we what our hearts desire.

**Earth** : Calming and soothing. Assists in opening the petals of the heart. Releases disharmony.

## FIRE OPAL

hope - Magic - Sun - progress - change

**Star** : The message is Keep on keeping on All is well.

**Sun** : A gift of hope and of light coming at a time that might appear dark

**Moon** : Your ability to hope and believe - a magical time uniting your male and female side

**Earth** : Assists in maintaining while in stressful situations and faith in the self.

## FLUORITE

crystal - multicolored - flow - loving detachment

**Star** : An understanding of the purity of the Universe

**SunSun** : The ability to be The ability to be fluid The ability to be fluid in the dream state - ability to perceive  
things. To expand your thinking processes.

**MoonMoon** : Your ability to flow. Provides a stabilizing energy in relationships, Your ability to flow. Provides  
to flourish in the realm of that which is beneficial to all.

**EarthEarth :Earth** : Purification, cleansing. Is used to dispel states associated with colds, flu, infections. Purification

in the beginning states of tumor growths.

## **GARNET**

rhythm - vitality -connection to Earth - sexuality survival - Stamina

**Star** : Celebrate the unique role that you play in the divine dance of life.

**Sun** : Awakening to the awareness of the life energies within ourselves

**Moon** : Have fun just because fun feels good. Fun is an essential food for the soul. Have fun for choosing life in the physical realms.

**Earth** : Harmony within the self. Create movement through dance, Hatha yoga etc.

## **GEODE**

logic - decision making - will - sun

**Star** : A gift of seeing the overall picture before making any decisions.

**SunSun** : Assists one in attaining highly effective communication. Assists one in attaining highly effective communication with the sun and other stars.

**Moon** : Gives one the freedom to mold and to shape their future.

**Earth** : Assists in disorders of the hands, lungs and nervous system.

## **GOLD**

connection - sun - east - heart - life force purity - beauty

**Star** : A symbol of the purity and spiritual aspect of All That Is

**SunSun Sun** : helps in lessening the trauma associated with the situations experienced during the gain of knowledge.

**Moon** : Helps to access the intrinsic potential of the Self

**EarthEarth** : Helps to enhance mental faculties, to rebuild the body. Helps to enhance mental faculties, to rebuild the body to improve digestion, circulation and breathing. Arthritis, skin cancer, to improve digestion, circulation and breathing. Arthritis, skin cancer, to improve digestion, circulation and breathing. Arthritis, skin cancer, to improve vascular diseases, heart disease, eye problems, paralysis, rheumatism, skin disorder, tuberculosis, nightmares and spinal problems. A Master Healer

## **GRANITE**

grounding - perspective - discretion

**Star** : The gift of Knowing

**Sun** : Why see the puddle, when there is an ocean waiting

**MoonMoon** : Aids in enabling Aids in enabling one to nip disagreeable situations at the onset, defeating Aids in ease. **Earth** : Can be used in the treatment of disorders associated with hair, face and head.

## HEMATITE

grounding - shield - balancing - strengthening gentle - kind - warm

**Star** : The only limitations which exist are in the mind.

**Sun** : Reach for the Sun - the universal Light of Love!

**Moon** : Assists one toAssists one to get grounded and toAssists one to get grounded and to remain calm. Connects control and inner happiness.

**EarthEarth** : Assists in focusing the energy and emotions forAssists in focusing the energy and emotions forAssists Balances Yin / Yang energies. Aids with Balances Yin / Yang energies. Aids with nervous disorders and insomnia.

## HERKIMER DIAMOND

harmony - rebirth - awareness - blessings - sharing

**Star** : Awakening to the vast universal existence s, star systems.

**Sun** : A gift to draw from the higher planes of universal consciousness.

**MoonMoon** : A gift ofA gift of nuA gift of nurturing as our energy levels shift to higher levels from our understanding.

**EarthEarth** : LendsLends its therapeutic influenceLends its therapeutic influence over mucous and sperm and cur and drink.

## IOLITE

beauty - heaven - guardian - soul - mystery manna - mystical

**Star** : You are being asked to fulfill your purpose on earth

**SunSun** : **Sun** : Heed the holy unselfish mission of theHeed the holy unselfish mission of the dolphin brothers and toto teach us and guide us with their light. Into teach us and guide us with their light. In turn, we must fill the eyes the stars and let them bathe in the magical waters of the divine.

**MoonMoon** : When we choose faith over reason, heart over mind we willWhen we choose faith over reason, heart earth.

**EarthEarth** : BeneficialBeneficial in relieving pain, calmingBeneficial in relieving pain, calming metabolic processes

down fatty deposits. Is rich in magnesium making it an anti-stress crysdown fatty deposits. Is rich i headaches and cramps and relaxing muscles, especially muscles of the heart. Anti-toxin.

## **IRON**

balance - ideals - experience - openness abundance

**Star** : Understanding of the morality and purpose of the elders.

**SunSun** : Allows one to be tempered by experiences,Allows one to be tempered by experiences, facilitating sm

**Moon** : A gift of receptivity, tranquility and abundance.

**EarthEarth** : used in the treatment of blood disorders, muscular atrused in the treatment of blood disorders, stones, internal bleeding. Also used to strengthen the reproductive system.

## **JADE**

prayer - tranquility - balance wisdom - past life

**Star** : Appreciation of who you are: a beautiful and immortal soul, whose beauty is enriched by life experience and is never diminished by the elements of life.

**Sun** : A gift of discovering your spiritual path

**MoonMoon** : A gift of courage andA gift of courage and clarity - assistance withA gift of courage and clarity - as strengthen your situation by simply knowing who you are.

**EarthEarth** : Dedication to the simple and delicate balance ofDedication to the simple and delicate balance of our

## **JASPER**

magical - blessings - treasured nurturing - empowering

**Star** : Blessings and protection

**SunSun** : ProtectsProtects against negativity and helps one to be grounded toProtects against negativity and helps Earth.

**MoonMoon** : Helps one to unite theHelps one to unite the energy field of the physical with the ethereal in order t form and to direct one toward the goal.

**EarthEarth** : Used in the treatment of tissue deteriorationUsed in the treatment of tissue deterioration of the intern spleen, bladder, liver, and stomach. Soothes the nerves.

## **KUNZITE**

heart - awakening - maturity - truth

**Star** : Understanding of the path of the wise heart

**Sun** : Kunzite's clear mission is to cut away that which veils our heart center

**Moon** : Supports our awakening journey through the heart. Hold your

**Earth** : Shines a soft pink and loving energy, realigning thought patterns to encourage a healing heart and healthy cardiovascular system.

## LAPIS LAZULI

depth - consciousness - intuitive - past life

innate ability

**Star** : Represents the timeless wisdom that is your birthright to carry forward, the of

ascending consciousness **Sun** : Stimulates psychic energy and grounds the intuitiveness Stimulates the divine plan of cosmic earth.

**Moon** : An indication to awaken the innate soul powers of intuition

**Earth** : Represents your connections to the past, including illness or conditions from previous lives. Stimulates the energy meridians and should be used with respect.

## LAVA ROCK

molten - flowing - depth - intensity fire - earth connection - transformation

**Star** : A gift of awareness from the spiritual sun

**Sun** : The fire within - the depth of your earth connection

**Moon** : The leashing or unleashing of the volcano with you ridding yourself of unwanted spiritual debris

**Earth** : Warmth and purifying

## LEAD

beginnings - guides - direction - encouraging

**Star** : Know that your prayers are heard and answered

**Sun** : a gift of strength

**Moon** : Assistance in getting on the move

**Earth** : Helps to clear toxins from the cellular structures of the muscular tissue. It helps to clear toxins in the treatment of blood poisoning, disorders of the elimination system. Upset stomach in the treatment of systems.

(DO NOT prepare an elixir via the normal method.)

## LEPIDOLITE

trust - transition - safe - light - hope

**Star :** The ability to receive and transmit the energies of the universe

**SunSun :** A revelation about the powerful positive aspects of your love, A revelation about the powerful positive aspects of your love,

bringing a child-like love and acceptance allowing for trust to flourish

**MoonMoon :** Assists in the transformation of the energies of lesser spiritual ideals to the universal light, hope and acceptance. A stone of transition assisting us to move smoothly and with faith. Also help one with the transition from one life to another.

**EarthEarth :** Assists in digestion and in the relief of tension and stress related to the nervous system, stabilizing the flow of blood and in calming the heart.

## LINGAM

individuality - connection - Shiva/Shakti divine dance - breath - sound

**Star :** A gift of divine spiritual blessing

**SunSun :** Brings memory of your soul family. Birthing this seed brings reunion with the of universal light, in body or otherwise, within your group soul.

**EarthEarth :** Lingam s are cooling, recommended for all overheated situations. Place them on acupoints and feel your body temperature lower.

## MALACHITE

dance - surrender - consciousness joy - winds of change

**Star :** I surrender to the dance of my heart self

**Sun :** Look deep within and allow malachite to reveal the secrets of a happy heart

**MoonMoon :** With Malachite the winds of change are welcome. With Malachite the winds of change are brought to us.

**EarthEarth :** Malachite is a well known stone for drawing out pain, assists with bruised and fractured bones. Be sure to cleanse the stone frequently. Increases vitality and endurance.

## MICA

reflective - clarity - gentle - release

**Star :** Assists in acknowledging truth with loving detachment

**SunSun** : The realization of how we all mirror each other. What I see inThe realization of how we all mirror each  
**MoonMoon** : Understanding that we are One with our brothers and sisters. That on the SoulUnderstanding that  
ARE the embodiment and beauty of LOVE.  
**EarthEarth** : Enhances flexibility in physical, emotional and intellectual situations. Provides for growth  
inin allin all areas of pursuit andin all areas of pursuit and can be used to diminish anger, tantrums and nervous ene  
whenwhen fasting, to treat insomnia andwhen fasting, to treat insomnia and thewhen fasting, to treat insomnia and th  
conditions of dehydration, to bring sparkle to the eyes, providing energy and purpose.

## MOONSTONE

dreams - depth - subconscious - water - intuition

**Star** : Honoring the messages received from your inner self

**Sun** : Tap into your subconscious and let intuition be your guide

**MoonMoon** : Heightens our emotional balance as well as our psychic gifts. Clarifies yourHeightens our emotion  
eases your over-attachments

**EarthEarth** : Moonstone embraces all aspMoonstone embraces all aspecMoonstone embraces all aspects of  
tensions. Helps with P.M.S. Also aids in relieving intestinal ulcers, diabetes.

## OBSIDIAN

catalyst - transformation - growth life force

**StarStar** : The mirror of our deeper self. The light and shadeThe mirror of our deeper self. The light and shade of o  
awareness with Obsidian

**SunSun** : Understanding of one s flaw s and the promotionUnderstanding of one s flaw s and the promotion of a  
necessary to eliminate the flaws.

**MoonMoon** : An excellent stone for protecting one from that which could bring physicalAn excellent stone for prot  
harm.

**Earth** : The clearing of stored toxins and the penetration of deeperThe clearing of stored toxins and the penetrat  
andand helps alleviate tension. Delves deeply into the subconscious psychology tand helps alleviate tension. .  
state of your health.

## PEARL

faith - charity - innocence - integrity purity - sincerity

**Star** : A gift of spiritual guidance

**Sun** : Enhances personal integrity, and helps to provide focus to one s attention

**Moon** : Is known as the stone of sincerity , bringing truth to situations and loyalty to a cause

**EarthEarth** : Used in the treatment of digestive disorders, and to relieveUsed in the treatment of digestive diso  
bloating, to treat the soft organs of the body and to increase fertility and ease childbirth.

## PERIDOT

forgiveness - healing - warm - gentle forgiveness

**Star** : The gift of joy, happiness and love

**Sun** : Your strength and compassion nurture strength and compassion in others.

**Moon** : Look within. Peace be with you!

**EarthEarth** : The lemon green ray of Peridot stimulates the brain,The lemon green ray of Peridot stimulates the the absorption of nutrients. Enhances the liver, kidneys, nervous system, intestines and flesh.

## PETRIFIED WOOD

strength - support - transformation perspective

**Star** : Assists advancement to ones highest chosen level, awareness of higher aspects of self.

**Sun** : Recognizing that all actions bring one to one s ultimate purpose.

**Moon** : Change what you can, and worry not about the rest

**EarthEarth** : Provides supportProvides support to one who is coming through the crisis period of a dis-ease; ins why why the suffering has occurred Used why the suffering has occurred Used in the treatment of atrophied p and dysfunctional ambulatory capabilities.

## PICASSO STONE

creativity - unique - expression - perseverance - strength - understanding

**Star** : Understanding of the destiny one has chosen.

**Sun** : Helps provide clarity to the inner sight, bringing peace by the removal of disturbing thoughts

**Moon** : Assists one in traversing change, attracting strength and perseverance.

**EarthEarth** : Stimulates the circulatory s Stimulates the circulatory system, red Stimulates the circulatory regulation, and metabolism. Promote weight loss.

## PYRITE

shield - protector - nourishing - sun

**StarStar** : Inspires the universal energies toInspires the universal energies to activate the nourishing energies with ofof the universe and the understanding thatof the universe and the understanding that the universe maintains of the the unfolding of impeccability.



**Sun** : Pyrite symbolizes the warmth and lasting presence of memories, of love and friendships. Assists one in seeing behind facade.

**Moon** : Activates the nourishing energies of the body restoring us to health.

**Earth** : It can be used in the treatment of bronchitis and disorders of the lungs. It has been used in the treatment of violent and/or highly infective disease, also to protect when working with those affected. Lessens fevers and reduces inflammation.

### **QUARTZ (clear)**

also known as Rock Crystal.

amplification - focusing - storage - transformation of energies - harmony

**Star** : Is said to bring the energy of the stars into the soul. Is said to bring the energy of the stars into the soul. Some minerals, plants, animals. All of the psychic abilities can be stimulated and amplified by the use of this mineral.

**Moon** : Assists one in retaining calmness and clarity in negative affectation which Provides for enhanced energy and promotes as well as for restful sleep. Crystals were used in Atlantis and Lemuria for rejuvenation.

**Earth** : Used to clear and to activate the energy centers (chakras) of the body. Wherever worked, carried, it acts as a physical and mental energizer; assisting to maintain balance, energy and protection.

### **ROSE QUARTZ**

calming - cooling - heart - gentle - self-love harmony

**Star** : Used for spiritual attunement to the true life force - LOVE

**Sun** : Known as the stone of gentle love restoring the mind to harmony after chaotic or crisis situations, sending the message that there is no need for haste in any situation.

**Moon** : Brings a calmness and clarity to the emotions. Brings a calmness and clarity to the emotions. Brings wounds with gentle energies of self love and acceptance

**Earth** : Provides for the balancing of yin-yang energy and can attune each chakra with, the proper frequency of energy vibration.

## **SMOKEY QUARTZ**

refinement - cleansing - alignment - grounding

**Star** : Spirit will lead you to your next opportunity!

**SunSun** : If you are dealing with energies that do not serve your hiIf you are dealing with energies that do not then let them go.

**MoonMoon** : Miracles can happen so stayMiracles can happen so stay clear! Are you willing to letMiracles can h your highest good?

**EarthEarth** : Use for all forms of detoxific Use for all forms of detoxification a Use for all forms of chemotherapychemotherapy in chemotherapy in cancer healing. This crystal holds particular benefits for people in used for such remember that the stone needs to be frequently cleansed. Is valuable in treating adrenaladrenal fatigue and stress and colon sluggishness. Call on Smokey Quartz when adrenal fatigue and stress a Clearing the unwanted energies opens a portal to the soul in need.

## **RHODOCROSITE**

awakening - relationship - joy - divine heart

**Star** : The stone of love and balance on all levels.

EncompassesEncompasses the presence of heavenly energies filled with thEncompasses the presence of heaven creating new worlds for the user - worlds filled with love and dreams.

**SunSun** : Assists attunement Assists attunement to the higher self. Reveals solutions to Assists attunement to the h duality of nature.

**MoonMoon** : AAssistsAssists one to understand and initiate relaxation, acceptance and balancing. Removes tendenciestendencies toward avoidance or dtendencies toward avoidance or denitendencies toward avoidance of the validity of living expression in all situations.

**Earth** : Used in the treatment of elimination problems, toto strengthen the walls of theto strengthen the walls of the intestines. Has been used in theto strengthen the wal to balance the energies of the heart and pulse rate.

## **RHODONITE**

balance - stone of love - clearing - grounding - potential

**Star** : Invites one to experience attunement and qualities with the spirituality of the universe.

**Sun** : Helps one to achieve his/her greatest potential.

Activates the energies of the heart chakra revealing the resonance of unconditional love.

**Moon :** Assists one in recognizing and in implementing further the brotherhood of humanity, stimulating the serving aspects of ones nature and encouraging generosity of spirit. dispels anxiety and promotes encouraging generosity of spirit. dispels and relationships.

**Earth :** Facilitates an impenetrable energy which stimulates alignment of chakras and removal of blockages bringing a loving, active and energetic environment to all actions.

## RUBY

bliss - joy - shield - balance - perfect

**Star :** Ruby reminds us that divine union is our destiny.

**Sun :** The stone of nobility , promoting and stimulating mental concentration, gentleness and discouraging violence. Protects on all levels.

**Moon :** Ruby guides us lifetime after lifetime while we journey through our resolutions.

**Earth :** Stimulates tissue regeneration, treats fevers and strengthens vitality and blood circulation, heart, ventricles, arteries and capillaries. Ruby medicine expedites the expulsion of toxins and residues from the blood and organs. Helpful remedy for pleurisy. Rudy heals deficiency.

## SAPPHIRE

beauty - intuition - joy - truth - understanding

**Star :** Sapphire contrasts our illusions into universal truth, uncovering the veils to our higher spiritual consciousness.

**Sun :** Regardless of your circumstances, the truth will win out. our thoughts and words are and how they create our reality. our thoughts and words true personal power, the magic mirror that never lies!

**Moon :** In India it is said, To practice the enlightened truth, to be loving enough truth, and tell the truth in such a way as to not do injury to you speak. Assists you in creating calm and an ability to handle stress.

**Earth :** aids in the digestive tract, balances the aids in the digestive tract, headaches, neuralgia and epilepsy. It is also helpful for and reducing fevers.

## SELENITE

teacher - knowledge - light - guides - communication

**Star :** With a heart full of love and kindness, you can help others illuminate the choices they face at their crossroads.

**Sun :** Before you lies the telepathic bridge, the nexus of communication for you, your higher self and your spirit guides.

**MoonMoon :** Although it may be easier to juAlthough it may be easier to just go onAlthough it may be easier to just go on something something meaningful something meaningful - you are here to share the knowledge experiences.

**EarthEarth :** Selenite functions best as aSelenite functions best as a bridgeSelenite functions best as a bridge that

## SHELL

ceremony - intuition - clarity - adaptability

**Star :** These vacated homes have been used to provide boundless growth in all areas of endeavor.

**SunSun :** Enhances clarity in the mentalEnhances clarity in the mental processes and to provide,Enhances clarity insight into which option to choose.

**Moon :** Promotes cooperation between the self and others and within the self.

**EarthEarth :** Used in theUsed in the treatment of hearing disorders,Used in the treatment of hearing disorders, ca spinal canal and nervous system. Assists in healing spinal canal and nervous system. Assists in healing enhancing the assimilation of Vitamins A and D. Also proenhancing the assimilation of Vitamins A and D from atrophy.

## SILVER

eloquence - moon - balance - culture

**Star :** Silver is the mirror of the Soul.

**Sun :** Silver assures us that we can always come home if we have drifted.

**MoonMoon :** It is kIt is known to enhanceIt is known to enhance to powers of the moon and is an excellent energizing other stones during the full and new moons as it retains and holds the energy.

**EarthEarth :** Silver helps to cleanse the body via the pores, Silver helps to cleanse the body via the pores, and to It can be used in the treatment of hepatitis, to increase the assimilation of Vitamins A and E, and to ameliorate disorders associated with unstable vision.



issues which induce mental battles and conflicts associated with willful pride.

**Earth :** Helps to prepare the systems of the body for the approach of the river of humanity toward the one. Used in the treatment of disorders of the reproductive system and diverticular constrictions.

### **TOPAZ (blue)**

love - joyful - inner beauty - blessings - soul

**Star :** the stone of true love. The light from Source is strong and constant. You can always be certain of its presence when you return from the radiance of your core.

**Sun :** Behold a mandala of light beaming from the radiance of the universal network of souls.

**Moon :** Love and Light have always been the true source of your beauty. You are beauty; walk in beauty, trust in your beauty. Let your love overflow upon the earth. Go to the place where it all began, your Soul.

**Earth :** Rejuvenates the etheric body and stimulates the center. Can soothe a sore throat. Acts as an internal pranicing dwelling spirit. Calms a nervous disposition. Balance.

### **TOPAZ (yellow)**

divine wisdom - manifestation - vision - clarity

**Star :** The golden fires of Topaz are symbolic of divine wisdom. Light will follow any direction to which you give your sincere attention and love.

**Sun :** Know that all manifestations are held up to the laws of karma and that which we create should be for the good of all - and at the expense of none. This is a golden universal law.

**Moon :** Support your dreams with love. You have it in you! Forge ahead!

**Earth :** Eases blood disorders, stimulates the nervous system and strengthens through all meridians and to the muscles and tissues. Reduces blood pressure. Gives strength to the liver and pancreas functions, fat metabolism and endocrine system. Recommended for sciatic nerve pain.

### **TOURMALINE (black)**

Shield - retreat - protective - Mother Earth

**Star :** Black Tourmaline shields and protects us by deflecting negative energies. The

of cleansing energy, a gracious dispensation from Mother Earth. Let us bless the earth in of cleansing energy, a g the protection she has given us.

**SunSun :Sun :** Find peace and seek solitude. Rest. Indicates a time when Find peace and seek solitude. Rest. Indi of it.

**MoonMoon :** Indicates a time when you need to be shielded Indicates a time when you need to be shielded from Ind may be what you need. Rest is healing.

**EarthEarth :** Stimulates the base/root Stimulates the base/root chakra. Especially Stimulates the base/root chakra arthritis:arthritis: pain, swelling and immobility.arthritis: pain, swelling and immobility. Alleviates lower back p spinal blockages. Anxiety disorders. We are reminded that the conflict existsspinal blockages. Anxiety dison We must bravely look within or the battle is never completely resolved.

## **TOURMALINE (green)**

courage - strength - leadership- - expression masculine

**Star :** Be open and seek counsel from the wise healing man.

**SunSun :** Green Tourmaline respects the strength of our divine masculine force as a pGreen Tourmaline resp directedenergy; a suitable completdirected energy; a suitable complement tdirected energy; a suitable complement conflictexists within our own selves and that we must bconflict exists within our own selves and that completely resolved.

**MoonMoon :** Radiates positive energy and imparts a many less Radiates positive energy and imparts a many understanding of our masculine and feminine polar expressions.

**EarthEarth :** A premium healA premium healer aA premium healer and immune booster. Works with sup StrengthensStrengthens immune activities, the thymus glands and whiteStrengthens immune activities, the thymus microorganisms, germs and bacteria. Lay over lungs or on the thymus gland to relieve infections.

## **TURQUOISE**

awakening - alignment - sacred knowledge - Father Sky

**Star :** Turquoise is a blessed gift from the Great Spirit.

It is of high spirituality emulating the Path of Honor.

**SunSun :** Turquoise keeps us grounded while we soar through Turquoise keeps us grounded while we soar th awakening,awakening, inawakening, in search of the sacred knowledge of our earth.awakening, in search of the s of our grandmothers and grandfathers.

**Moon :** It is theIt is the stone of Truth. It is the stone of Truth. It is time to be honest with yourself. Honor y only as long as they honor you.

**Earth :** Is a sacred earth stone. Assists one to gain a true picture of physical health. Because it is a truth stone, Turquoise can guide you to remember howa truth stone, Turquoise can guide you to remember h quest into your physical balance.

## ZIRCON

union - innocence - virtuous - constancy

**StarStar** : Zircon symbolizes theZircon symbolizes the centralZircon symbolizes the central deity , a force immu  
withwith thewith the recognition and with the understanding that we are all a part of All That Is . with the recog  
remind us of our goals upon the evolutionary spiral and within the human realm.

**Sun** : The stone of virtue Assistance in bringing ones  
virtuous nature back into the balance with the universal forces.

**Moon** : This mineral promotes unions: physical, mental,  
emotional spiritual etc., creating a dynamic illumination via the intuitive self.

**EarthEarth** : ProvidesProvides assistance in theProvides assistance in the treatment of disorders of the sciatic n  
awayaway from the spinal vertebraeaway from the spinal vertebrae. Increaseaway from the spinal vertebrae.  
mending of bones and muscles. It has been used as an antidote for poison.

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