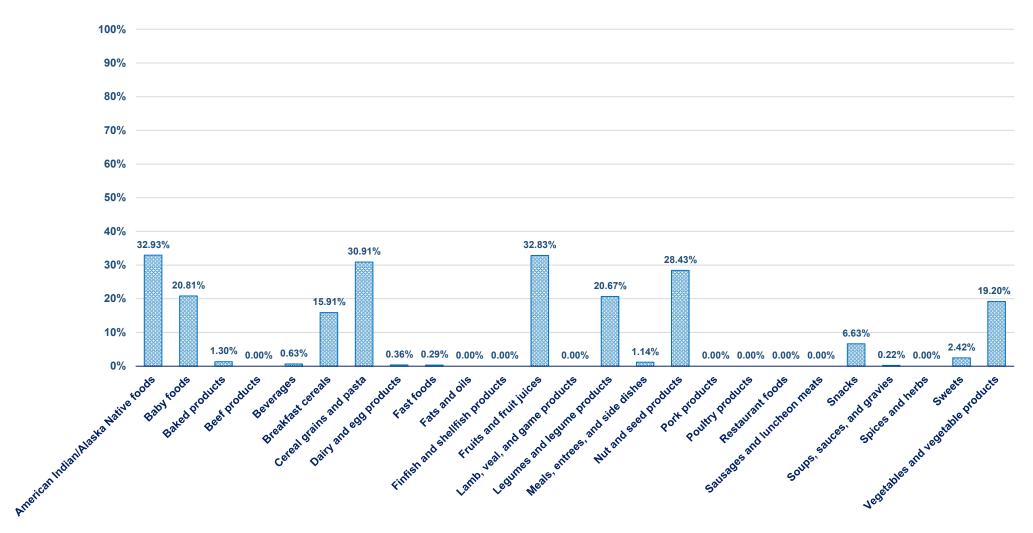
## Dietary fiber - Sodium



Averages (%) of foods containing appropriate levels of dietary fiber and sodium (to achieve adequate dietary fiber intake and to limit sodium intake) based on the proposed method in food groups

## **References:**

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