



NAVAL HOSPITAL MEMPHIS RECEIVES NEW CO



During Change of Command Ceremonies on August 10 at Naval Hospital Memphis, Millington, Tennessee, CAPT Richard D. Nauman relieved CAPT Dean Schufeldt as Commanding Officer. The morning ceremonies were attended by naval personnel and Navy guests. This is the eighteenth change of

Command since the commissioning of the Hospital on March 17, 1943.

CAPT Nauman reported from Naval Hospital, Patuxent River, Maryland, where he served as Commanding Officer. Previous duty includes internship at Naval Hospital, Charleston, S. C.; Medical



Officer, Receiving Station, Charleston, S. C.; USS CATAMOUNT, LSD-7; School of Aviation Medicine Research, Pensacola, Florida; Flight Surgeon, VR-6 and VR-7, COMMATSPAC (Guam, M.I.); VR-6 at Rheinmain AFB, Frankfurt, Germany; VR-44 at Moffett Field, California; Flight
(Cont. on Pg. 2 , Col. 1)

CAPTAIN R. D. NAUMAN, MC, USN.....COMMANDING OFFICER
 CAPTAIN F. M. BARNWELL, MC, USN.....EXECUTIVE OFFICER
 COMMANDER M. D. BERGQUIST, JR., MSC, USN.....ADMINISTRATIVE OFFICER

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EDITOR-IN-CHIEF
 EDITOR
 MAKE-UP-CREW

LCDR B. C. ROBERTS, MSC, USN
 HN DON J. WILLIAMSON, USN
 MISS GEORGE ANN SOWDERS

Cont. from Pg. 1

Surgeon, NAF, Annapolis, Maryland; VR-7 and VR-8 with COMMATSPAC at Hickham AFB, T.H.; VR-1, Patuxent River, Maryland; USS INDEPENDENCE; Senior Medical Officer, NAS, Cecil Field, Florida and Senior Medical Officer, NAS, Jacksonville, Florida.

CAPT Nauman is from Richmond, Virginia. He attended the University of Virginia from 1937-45 where he was a Dean's List Student, member of Phi Beta Pi Medical Social Fraternity, and received his M. D. Degree on June 4, 1945.

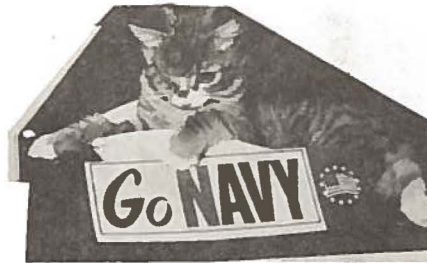
Mrs. Nauman is the former Helen Rosiecke of Philadelphia, Pennsylvania.

They have two children, a son, Steven, who is a Fourth Year Pre-Medical Student at the University of Virginia, and a daughter, Kathleen, 16, who will be a high school junior this year.

CAPT Schufeldt, from Nelson, Nebraska, will be assigned to the Naval Base, Newport, Rhode Island, following his highly successful command at Naval Hospital Memphis.

GUESS WHO

Pictured below is one of our hospital staff members during the early days of his naval career. Can you tell his identity? If you are not sure, call the Hospital Education Office at ext. 540.



Recently donations were taken for a small kitten that some ruthless individual had maimed. The kitten, which was found outside the Out Patient Clinic, was taken to the Cloverhaven Animal Hospital where its left eye was removed. Further examination revealed a protruding hernia which was repaired by the veterinarian at no extra charge.

The kitten has fully recovered and now has a home. Many thanks are once again expressed to the veterinarian, all those staff members, and other persons who gave freely to this cause. The remaining money will be donated to the Navy Relief Fund.

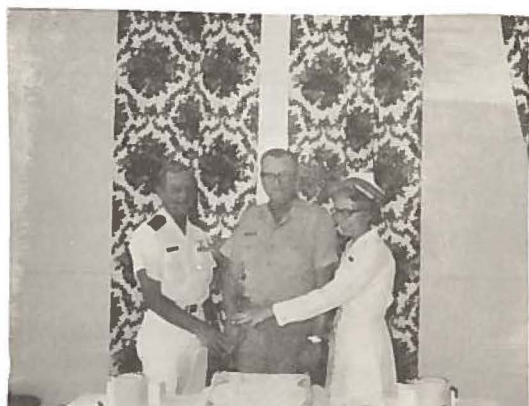
HM3 Candy YOUNG
 HM3 John JORDAN

LIBRARY NEWS

NEW NON-FICTION

- Reid, Ed. THE ANATOMY OF ORGANIZED CRIME IN AMERICA.
 CAREERS FOR THE COLLEGE MAN/70. Military edition.
 Marcus, A. BASIC ELECTRICITY.
 Wheeler, G. J. RADAR FUNDAMENTALS.
 Munson, K. HELICOPTERS AND OTHER ROTORCRAFT SINCE 1907.
 Harmon, A. J. THE GUIDE TO HOME REMODELING.
 Emanuel, J. A. DARK SYMPHONY, NEGRO LITERATURE IN AMERICA.
 Lieberman, L. THE UNBLINDING.
 Andretti, M. WHAT'S IT LIKE OUT THERE?
 Angelou, M. I KNOW WHY THE CAGED BIRD SINGS.
 Armstrong, N. FIRST ON THE MOON
 Barnard, C. CHRISTIAN BARNARD: ONE LIFE.
 Baron. CARD TRICKS FOR BEGINNER
 Bloomquist, E. R. MARJUANA.
 Drotning, P. T. UP FROM THE GHETTO.
 Fodor, E. SOUTH AMERICA, 1970.
 Lewis, A. H. CARNIVAL.
 Linton, R. M. TERRACIDE: AMERICA'S DESTRUCTION OF HER LIVING ENVIRONMENT.
 Lomax, A. THREE THOUSAND YEARS OF BLACK POETRY.
 Morris, D. FISHERMAN'S ALMANAC.
 Mowat, F. BOAT WHO WOULDN'T FLOAT.
 News Front. INCREDIBLE DECADE, 1960-1970.
 Owens, J. BLACKTHINK: MY LIFE AS BLACK MAN AND WHITE MAN.
 Peale, N. V. TREASURY OF COURAGE AND CONFIDENCE.
 Peterson, R. ONLY THE BALL WAS WHITE.
 Portsmouth, J. CREATIVE CRAFTS FOR TODAY.
 Rubenstein, R. E. REBELS IN EDEN.
 Russcol, R. FIRST MILLION SABBAS.
 Smith, W. FLAG BOOK OF THE UNITED STATES
 Townsend, R. UP THE ORGANIZATION: HOW TO STOP THE CORPORATION.
FICTION
 Brodeur, P. STUNT MAN.
 Dickson, G.R. MUTANTS.
 Harrison, H. STAINLESS STEEL BAT
 McComas, J. F. CRIMES AND MISFORTUNES.
 Rayner, W. WORLD TURNED UPSIDE DOWN.
 Wiesel, E. BEGGAR IN JERUSALEM.
 Caillon, A. BICHU THE JAGUAR.
 O'Rourke, F. THE SWIFT RUNNER. PRIZE STORIES, 1970.
 Stander, S. THE HORSE.
 Ulyatt, K. NORTH AGAINST THE STOUX.

HAPPY BIRTHDAY MSC



Pictured in the cake cutting ceremony at the recent Medical Service Corps birthday celebration are CAPT D. SCHUFELDT, MC, USN; CDR M. D. BERGQUIST JR., MSC, USN; and CAPT P. SCHMID, NC, USN. The Medical Service Corps is now 23 years old.

WELCOME ABOARD

OFFICERS TO REPORT

- CAPT RICHARD D. NAUMAN, MC, USN.....COMMANDING OFFICER
- LCDR JAMES B. LOCKHART, MC, USNR.....GENERAL SURGERY
- LT TOM J. MEEK, MC, USN.....GENERAL PRACTICE
- LT CARL W. KESNER, MC, USNR.....GENERAL PRACTICE
- LT SHARYL R. LIEBEL, NC, USNR
- LTJG LUTHER O DAIEL, NC, USNR
- ENS DEBORAH L. WATKINS, NC, USNR
- ENS LYNN D. TROAST, NC, USNR
- ENS CAROL L. SHEPARD, NC, USNR

ENLISTED TO REPORT

- McCLURE, D.C.....NAS, CHARLESTON, S.C.
- DONNELLEY, W.S.HCS, GLAKES, ILL.
- CAHILL, R.L." " "
- CARVER, C.H." " "
- HOGG, G.R." " "
- HANE, E.J." " "
- KIRBY, L.F." " "
- PRUDE, L.S." " "
- COBIN, A.R." " "
- CURRIE, W.H." " "
- BROWN, S.E." " "
- CARTER, T.M." " "
- McGHEE, C.E." " "
- DOYEN, S." " "
- RILEY, W.G.HCS, SDIEGO, CALIF.
- POSTON, K.E." " "
- SIMMONS, R.J." " "
- McCANTS, S.C." " "
- LONG, H.L." " "
- THOMAS, M.J." " "
- YOUNG, B.E." " "
- WATTS, HERBERTTHIRD MARDIV OKINAWA
- COOPER, V.A.HCS, SDIEGO, CALIF.
- POTTER, MYRTLENTC, SDIEGO, CALIF.
- HUTTO, J.E.THIRD MARDIV OKINAWA
- HUTCHISON, H.D.NS KEFLAVIK
- SELLS, R.E.SVS, GLAKES, ILL.

CIVILIAN AWARDS



(L-R) Miss George Ann SOWDERS, the Commanding and Administrative Officers' secretary, was awarded a Letter of Commendation; Mrs. A. K. GOOCH, nursing assistant, was presented a 20 year Length of Service Award; and Mrs. V. P. ARNETT, who carries out her duties in the Well Child Nursery, was awarded a Letter of Appreciation.



(L-R) Miss Lillian V. ANDERSON, Food Service Division, received a Letter of Appreciation; Mrs. B. P. TOLBERT, Food Service Division, was also presented a Letter of Appreciation; and Mr. Elmer HARRISON, Food Service Division, received a 30 year Length of Service Award. CAPT D. SCHUFELDT, MC, USN, C.O. of Nav Hosp Mfs, officiated in the ceremonies.

FAREWELL

OFFICERS DEPARTING

- CAPT DEAN SCHUFELDT, MC, USN.....NEWPORT, R.I.
- LCDR BARRY GOLDMAN, MC, USN.....RESIGNATION
- LTJG SANDRA F. McDANIEL, MC, USNR.....RAD

ENLISTED DEPARTING

- TUCKER, DAVID.....FIRST MARDIV HP:RVN
- ROSEBERRY, TERRY.....FIRST MARDIV HP:RVN
- LEE, THOMAS.....FIRST MARDIV HP:RVN
- McNAUGHTON, DONALD.....FIRST MARDIV HP:RVN
- HOPKINS, PAUL.....FIRST MARDIV HP:RVN
- SWEENEY, STEPHEN.....PHARMACY SCHOOL; PORTSMOUTH, Va.
- DESIMONE, DENNIS.....2nd MarDiv FMF LANE; CPLEJ, N.C.
- MURPHY, STEVE.....FIRST MARDIV HP:RVN
- THOMAS, S.H.FIRST MARDIV HP:RVN
- STAUFFER, JACK.....NavCruitSta, Indianapolis, Ind.
- MATHEWS, JAMES.....NavAeroSpMedTech, Pensacola, Fla.
- BURNSIDE, MICHAEL.....NavAeroSpMedTech, Pensacola, Fla.
- FAULDER, R.FIRST MARDIV HP:RVN
- STURGEON, RONALD.....EKG Sch., Portsmouth, Va.
- MUDGINS, FREDIE.....FIRST MARDIV HP:RVN
- KRAFT, STEVEN.....FIRST MARDIV HP:RVN
- BRUCE, LARRY.....EKG Sch., Portsmouth, Va.
- HOWELL, PAUL P.THIRD MARDIV HP:OKINAWA
- BERNARD, CHAS.LAB ASST ST. ALBANS, N.Y.
- SNOWDEN, W.T.USS BLUERIDGE LCC 19

RECENT

PROMOTIONS



LCDR CO MILLER



LCDR BK RIZEN



LCDR RL KING



LCDR JS WILLIFORD



LCDR CL STRAND



LCDR PJ QUINN III



LCDR WE CHRISTIAN

REENLISTMENTS



HM2 Jack A. Stauffer, USN, recently reenlisted for a period of six years to complete his requirements for participation in the Navy Enlisted Nursing Education Program (NENEP).

HM2 Stauffer will attend Indiana University on a four year scholarship which will culminate in an BS Degree and a commission in the Navy Nurse Corps.



HM2 Robert E. Westbrook, USN, signed for a four year reenlistment in order to be able to attend a 22-week preventive medicine technician school located at the Naval Hospital, Oakland, California.

Editor's Note: I'm sure that all the hospital staff will join in wishing these two young men the best of luck.



HM2 J. E. CRIST, USN, recently signed for a two year reenlistment as LT G. D. MC CAMLEY, MSC, USN, witnessed the procedure.

NENEP

NAVY ENLISTED NURSING EDUCATION PROGRAM (NENEP)

Are you interested in receiving a four year scholarship to a university?

As an enlisted member of the Hospital or Dental Corps on active duty, you may be eligible to receive a four year scholarship to become a professional registered nurse and a commissioned officer in the Navy Nurse Corps.

Your education will take place in one of many nationally known universities offering an accredited Nursing Program leading to a Bachelor of Science Degree.

You will receive full tuition and fees.

You will receive the pay and allowances of your rate until the completion of your academic study.

You will then be eligible to take the licensure examination for a Registered Nurse.

You will be commissioned as an Ensign in the Navy Nurse Corps.

RED CROSS NEWS

HAIL: Our new class of Adult and Youth Red Cross Volunteers! Also: Miss Myrna Hardy, Recreation Supervisor, coming to us from Fort Polk Army Hospital, Louisiana, and Miss Betty Benton, Recreation Worker, formerly with Red Cross Youth at the Atlanta, Georgia Red Cross Chapter.

FAREWELL: Miss Lillian White, Recreation Supervisor, after a 27 month tour at Naval Hospital Memphis, is on her way to the U. S. Army Hospital in Wuerzburg, Germany, where she will have the same position.

On 25 June the Red Cross Volunteers gave a farewell reception in the Red Cross Lounge for Miss White. Hospital staff and personnel attended and extended to her many good wishes and good luck in her new assignment. Miss White will be missed by both patients and staff. Thanks for a job well done, Miss White.

A training class of 28 volunteers was completed on 5 June. This training prepared volunteers for services in recreation, personal shopping, crafts, air-evac runs, clinics and nurse's aides. The Certification Ceremony was 14 July in the Hospital Chapel, with a reception in the Red Cross Lounge following the program.

SOCIAL SECURITY AND YOU

What does Social Security mean to you? You owe it to yourself to check on benefits that cover a person from early childhood to retirement - literally from the "cradle to grave!"

Memphis Social Security Office personnel will gladly answer any questions, or help you with any Social Security matters. Phone number is 534-3631.

P. A. Rushton, Field Representative for Social Security, is at the Naval Hospital each Wednesday and may be contacted at the office on Ward 11, telephone extension 429.

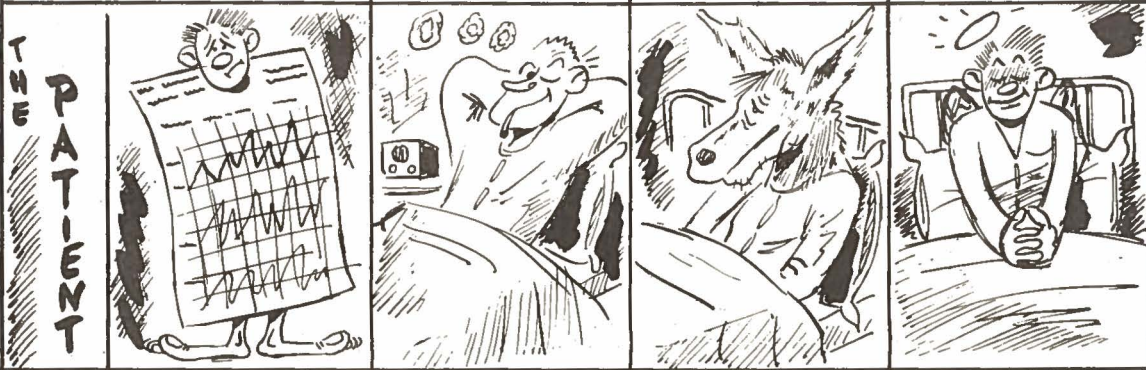
Answers to Puzzle No. 28

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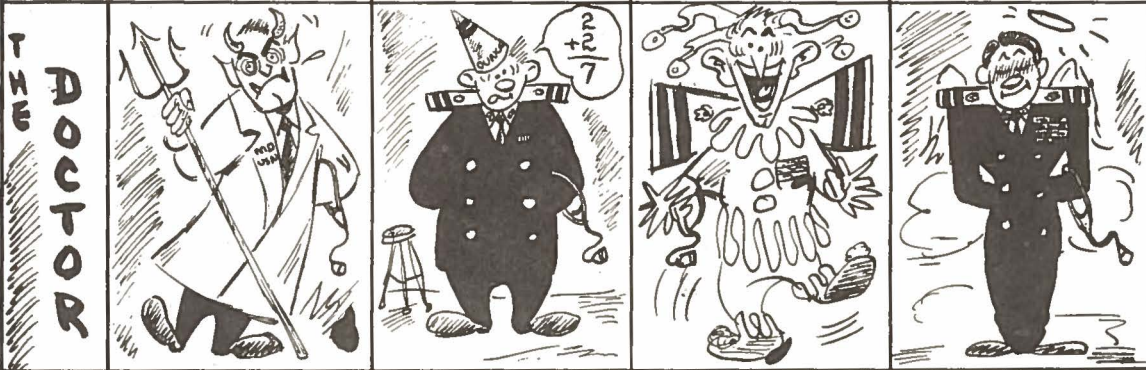
ALL DEPENDS ON HOW YOU LOOK AT IT! BY RAZ



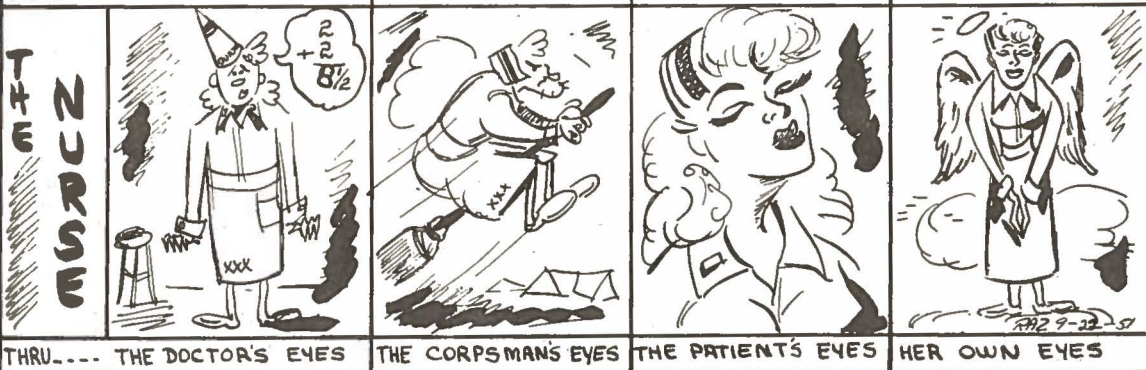
THRU.... THE DOCTORS EYES. THE NURSE'S EYES THE PATIENT'S EYES HIS OWN EYES



THRU.... THE DOCTORS EYES THE NURSE'S EYES THE CORPSMAN'S EYES HIS OWN EYES



THRU.... THE PATIENTS EYES THE NURSE'S EYES THE CORPSMAN'S EYES HIS OWN EYES



THRU.... THE DOCTOR'S EYES THE CORPSMAN'S EYES THE PATIENTS EYES HER OWN EYES

DEPARTMENT OF THE MONTH . . . STAFF PERSONNEL

Through the doors of Staff Personnel Division pass all personnel arriving and departing Naval Hospital Memphis. All service record administrative procedures, leave, identification cards and innumerable other routines are carried out in Staff Personnel.



Heading the division is LCDR B. C. ROBERTS, MSC, USN. His enlisted assistant is HMC R. J. MARKER (be ow).



HM3 M. J. BENTLEY handles the enlisted receipts and transfers and other correlative correspondence.



Three Civil Service women also play a large role in the function of Staff Personnel. Frances HAWTHORNE works in the enlisted staff service records section, including leave accounting, and keeping the enlisted diary up to date.



HM3 C. E. WEISER keeps the enlisted service records up to date by making various necessary entries, and musters the P.M. crew on Nursing Service.



Joyce GLADNEY handles the paper work involved with discharges and reenlistments.



HM2 F. A. NAACKE makes up the various watch bills, and handles the necessary paperwork for identification cards, general correspondence, leave and special request chits.



HN R. L. BAILEY works in the officer service records section, making all necessary entries to keep their records up to date.



Ellen OLIVIER is in charge of the civilian personnel employed by the hospital, and also works in the officer service records section.



HEAT WAVE SAFETY RULES

Slow down. Your body can't do its best in high temperatures and humidities, and might do its worst.

Heed your body's early warnings that heat syndrome is on the way. Reduce your level of activity immediately and get to a cooler environment.

Dress for summer. Lightweight, light-colored clothing reflects heat and sunlight, and helps your thermoregulatory system maintain normal body temperature.

Put less fuel on your inner fires. Foods (like proteins) that increase metabolic heat production also increase water loss.

Dont' dry out. Heat-wave weather can wring you out before you know it. Drink plenty of water while the hot spell lasts.

Stay salty. Unless you're on a salt-restricted diet, take an occasional salt tablet or some salt solution when you've worked up a sweat.

Avoid thermal shock. Acclimatize yourself gradually to warmer weather. Treat yourself extra gently for those critical two or three hot days.

Vary your thermal environment. Physical stress increases with exposure time in heat-wave weather. Try to get out of the heat for at least a few hours each day. If you can't do this at home, drop in on a cool store, restaurant, or theater—anything to keep your exposure time down.

Don't get too much sun. Sunburn makes the job of heat dissipation that much more difficult. (AFPS)

No Fishy Tale—Southern Fish Grow Larger

Old anglers' tales are like old wife's tales in that they are often true.

One such fishing adage is the belief that fish in southern states grow bigger than do fish in northern states. While, in many cases, this appears to be true, the angling experts say that it's not because Yankee fish are different from southern fish—it's simply a matter of environment.

Fish growth rates are more flexible than those of most other animals. If conditions are unfavorable, fish may live for years with little or no growth. Then, if conditions change, these same fish may grow again. Fish have the ability to grow rapidly whenever their environment is favorable.

Biologists say that the major cause of slow growth in a fish population is overcrowding. Too many fish in a lake or stream cause a shortage of food. The result is an abundance of small fish, with occasional large fish. Also, like animals, overcrowding has some psychological effect on fish.

A second important factor affecting fish growth is water temperature. Most fish do not grow in winter. Water temperatures must usually be over 60 degrees for bass and sunfish, at least in the upper 50s for pike and trout. And growth rates increase as water temperatures increase, up to certain limits. Bass will feed in nearly 80 degree water, while trout stop feeding at 70 degrees.

Because of longer growing seasons and higher average water temperatures, most fish grow more per year in the south than they do in the north. Despite this, say the experts, northern anglers can take consolation in the fact that northern fish live longer than do southern fish. (AFPS)



SUMMER REMINDER — There is no danger of drowning when Gloria Root is on the beach. With Gloria around, who wants to swim? (Photo courtesy Playboy)

Deathly Countdown



What happens when a car, traveling at 55 miles per hour, crashes into a solid, immovable object?

The University of Washington, in cooperation with the National Safety Council, learned the answer in a study and came up with these results:

1/10th of a second—

The front bumper and chrome "frosting" of the grillwork collapses. Slivers of steel penetrate the object to a depth of 1 1/2 inches.

2/10th of a second—

The hood rises, crumbles, smashes into the windshield. Spinning rear wheels leave the ground. The fenders come into contact with the object, forcing the rear parts out over the front doors. The driver's body continues to move forward at the vehicle's original speed. At 20 times the normal force of gravity, his body weighs 3,000 pounds. His legs, ramrod straight, snap at the knee joints.

3/10th of a second—

The driver's body is now off the seat, torso upright, broken knees pressed against the dashboard. The plastic and steel frame of the steering wheel begins to bend under his terrible death grip. His head is now near the sun visor, his chest above the steering column.

4/10th of a second—

The car's front 24 inches have been demolished, but the rear end is still traveling at about 35 miles per hour. The driver's body is still traveling 55 miles per hour. The half-ton motor block crunches into the object hit.

5/10th of a second—

The driver's fear-frozen hands bend the steering column into an almost vertical position. The force of gravity impales him on the steering shaft. Jagged steel punctures lungs and intercostal arteries. Blood spurts into his lungs.

6/10th of a second—

The driver's feet are ripped from his tightly laced shoes. The brake pedal shears off the floor boards. The chassis bends in the middle, shearing body bolts. The driver's head smashes into the windshield. The rear of the car begins its downward fall, spinning wheels digging into the ground.

7/10th of a second—

The entire body of the car is forced out of shape. Hinges tear, doors spring open. In one last convulsion, the seat rams forward, pinning the driver against the cruel steel of the steering shaft. Blood leaps from his mouth, shock has frozen his heart. (AFPS)

SPORTS QUIZ

What player, players or teams carried these nicknames:

- "Big Train."
- "Sultan of Swat."
- "Galloping Ghost."
- "The Georgia Peach."
- "Manassa Mauler."
- "The Toe."
- "Gas House Gang."
- "The Bronx Bombers."
- "Mr. Inside" and "Mr. Outside."
- "Lippy Leo."

- ANSWERS
- Leo Durocher
 - Dave's Army, 1943-45
 - Doc Blanchard and Glenn Davis
 - The Yankees
 - The St. Louis Cardinals
 - Lou Groza
 - Jack Dempsey
 - Ty Cobb
 - Red Grange
 - Babe Ruth
 - Walter Johnson

CROSSWORD PUZZLE

Answers on Page —

- ACROSS
- Likely
 - Conjunction
 - Greek letter
 - Meadow
 - Vegetable
 - Be ill
 - Sponsor
 - Encircled
 - Measure of weight
 - Foot lever
 - Barracuda
 - Pronoun
 - Urn
 - Rocky hill
 - Strike
 - Sheets of glass
 - Bone
 - Headgear
 - Pigeon pea
 - Football position (abbr.)
 - Man's name
 - Chicken
 - Time gone by
 - Pertaining to an era
 - Church bench
 - Walk
 - Part of stap
 - Small bird
 - Fruit
 - Menace
 - Anger
 - Macaw
 - Music: as written
 - Sailor (colloq.)
 - Unadorned
 - Number



- Hostelry
- Symbol for nickel
- Centars
- Wife of Geraint
- Style of coat
- Fasten
- Ancient
- Decay
- Pertaining to the navy
- Fruit seed
- Retail establishment
- Puzzle
- Part of body
- Kind of fabric
- Bar legally
- Possesses
- Shallow vessel
- Eyelashes
- Condensed moisture
- Collect
- Pronoun
- Bear witness to
- Germ
- Title of respect
- Break suddenly
- Conjunction
- Tiny amount
- Macaw
- Prefix: three
- Devoured
- Sunburn
- Cooled lava

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