

**Corporal  
Punishment  
(spanking)**

Short-term  
benefit

Long-term  
costs

### **Intended Consequence**

Immediate compliance

### **Unintended Consequences**

#### **As a child**

1. More aggressive
2. More antisocial behaviour (e.g. stealing, underage drinking)
3. Poor mental health (e.g. depression, lack of purpose in life)
4. More internalization
5. Poor quality of parent-child relationship
6. Victim of physical abuse

#### **As an adult**

7. More aggressive
8. Poor mental health
9. Alcoholism
10. Use of abusive techniques in parenting one's own children
11. Criminal and antisocial behaviour (e.g. criminal record)