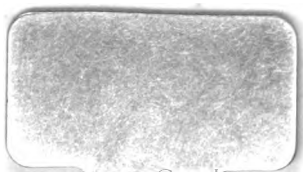






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# PRAYERS

FOR THE

## SEVEN CANONICAL HOURS:

TOGETHER WITH

DEVOTIONS, ACTS OF CONTRITION,  
FAITH, HOPE, AND LOVE,

*Chiefly from Ancient Sources.*



WITH

AN OFFICE

PREPARATORY TO AND AFTER HOLY COMMUNION.

“Seven times a day do I praise Thee.”—Pf. cxix. 164.

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## P R E F A C E.

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THE Prayers and Devotions contained in this book are mostly derived from ancient sources. Those following after "the Hours" are chiefly from St. Augustine and the works of our early English Divines; some are from the services of the Greek Church; a few are from other and private sources. Alterations have also been made in some where it seemed necessary in order to make them fitting for the present book. The Hymns are mostly taken, by the kind permission of their publisher, from the translations in "The Hymnal Noted."

There is one particular point in which this selection differs from many others of the kind, namely, in the setting apart a space of time in each Office for silent, mental, or unprecomposed prayer, any of which terms perhaps will sufficiently denote that which is here intended. And the strict compliance with this is strongly urged; for it has been often found, that persons have come so to lean on precomposed forms of prayer, that they have been unable to utter forth to God in their own words the wants of their souls. The diligent use of Mental Prayer is so constantly recommended by the Saints of God, that no opportunity should be lost for insisting upon it. The whole principle of this pause, which is here enjoined, is granted by the Rubric in the Service for the Ordering of Priests, wherein, before the singing the "Veni Creator," the Bishop is bidden to desire the congregation "secretly in their prayers to make their humble supplications to God . . . for the which prayers there shall be silence kept for a space." The use therefore of this, as enjoined in the present book, cannot be objected to.

The prayers, devotions, and intercessions, which follow

after "the Hours," may be added thereto according to the will of those who use them. They are mostly expressive of the warm love and earnest devotion of the heart which consciously loves God, and is loved by Him, which rejoices in the personal knowledge of reconciliation and forgiveness through the meritorious Sacrifice of God's dear Son; others give vent to the penitence which the soul feels at the perception of her own short comings, or are intercessions with God on behalf of various objects.

On Fridays and during Lent, the "Prayers commemorative of the Passion and Work of our Blessed Lord," and "for Obedience to the Will of God," may be used; the Acts of Contrition and of Faith will be useful for penitents; in the Acts of Love the soul aspires to perfect union with God. Let care be had that the HEART go along with the words of the lips.

To the use of faithful and loving souls this book is commended, with the earnest prayer that it may be blessed to the peace, and encouragement, and sanctification of many.

**Thanks be to God.**

St. Andrew's Day,  
1855.



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# DAILY PRAYERS.

FOR

THE SEVEN CANONICAL HOURS.

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## **Mattins.**

(After Midnight and before 6 A.M.)

---

IN the Name of the FATHER, and of the SON,  
and of the HOLY GHOST. Amen.

Blessed be the Holy and Undivided Trinity,  
now and for evermore. Amen.

Our FATHER, Which art in heaven, &c.

I believe in GOD the FATHER ALMIGHTY, &c.

O LORD, open Thou our lips :

And our mouth shall shew forth Thy praise.

O GOD, make speed to save us :

O LORD, make haste to help us.

Glory be to the FATHER, &c.

**HYMN.** *Nocte surgentes vigilemus omnes.*

Let us arise, and watch by night,

And meditate always ;

And chant as in our Maker's fight

United hymns of praise.

So, singing with the saints in bliss,  
 With them we may attain  
 Life everlasting after this,  
 And heaven for earthly pain.

Grant it to us, O FATHER, SON,  
 And SPIRIT, GOD of grace ;  
 To Whom all worship shall be done  
 In every time and place. Amen.

PSALM 63. *Deus, Deus meus.*

O GOD, Thou art my  
 God : early will I seek  
 Thee.

My soul thirsteth for  
 Thee, my flesh also longeth  
 after Thee : in a barren  
 and dry land where no  
 water is.

Thus have I looked for  
 Thee in holiness : that I  
 might behold Thy power and  
 glory.

For Thy loving-kindness  
 is better than the life itself :  
 my lips shall praise Thee.

As long as I live will I  
 magnify Thee on this man-  
 ner : and lift up my hands in  
 Thy Name.

My soul shall be satisfied,  
 even as it were with marrow  
 and fatness : when my mouth  
 praiseth Thee with joyful  
 lips.

Have I not remembered  
 Thee in my bed : and thought  
 upon Thee when I was wak-  
 ing ?

Because Thou hast been  
 my Helper : therefore under  
 the shadow of Thy wings  
 will I rejoice.

My soul hangeth upon  
 Thee : Thy right hand hath  
 upholden me.

These also that seek the  
 hurt of my soul : they shall  
 go under the earth.

Let them fall upon the edge  
 of the sword : that they may  
 be a portion for foxes.

But the King shall rejoice  
 in God ; all they also that  
 swear by Him shall be com-  
 mended : for the mouth of  
 them that speak lies shall be  
 stopped.

Glory be, &c.

PSALM 103. *Benedic, anima mea.*

Praise the LORD, O my soul: and all that is within me praise His Holy Name.

Praise the LORD, O my soul: and forget not all His benefits;

Who forgiveth all thy sin: and healeth all thine infirmities;

Who saveth thy life from destruction: and crowneth thee with mercy and loving-kindness;

Who satisfieth thy mouth with good things: making thee young and lusty as an eagle.

The LORD executeth righteousness and judgment: for all them that are oppressed with wrong.

He shewed His ways unto Moses: His works unto the children of Israel.

The LORD is full of compassion and mercy: long-suffering, and of great goodness.

He will not always be chiding: neither keepeth He His anger for ever.

He hath not dealt with us after our sins: nor rewarded

us according to our wickednesses.

For look how high the heaven is in comparison of the earth: so great is His mercy also toward them that fear Him.

Look how wide also the east is from the west: so far hath He set our sins from us.

Yea, like as a father pitieth his own children: even so is the LORD merciful unto them that fear Him.

For He knoweth whereof we are made: He remembereth that we are but dust.

The days of man are but as grass: for he flourisheth as a flower of the field.

For as soon as the wind goeth over it, it is gone: and the place thereof shall know it no more.

But the merciful goodness of the LORD endureth for ever and ever upon them that fear Him: and His righteousness upon children's children;

Even upon such as keep His covenant: and their

upon His commandments to do them.

The LORD hath prepared His feat in heaven: and His kingdom ruleth over all.

O praise the LORD, ye angels of His, ye that excel in strength: ye that fulfil His commandments, and hearken unto the voice of His words.

O praise the LORD, all ye His hosts: ye servants of His that do His pleasure.

O speak good of the LORD, all ye works of His, in all places of His dominion: praise thou the LORD O my soul.

Glory be, &c.

*Antiphon.* — Praise the LORD.

(For Anthems see p. 36.)

I said, LORD have mercy upon me:

Heal my soul, for I have sinned against Thee.

Turn Thee, O LORD, at the last:

And be gracious unto Thy servants.

O think upon Thy congregation:

Whom Thou hast purchased and redeemed of old.

Send them help from Thy holy place:

And strengthen them out of Sion.

O LORD, hear our prayer:

And let our cry come unto Thee.

Vouchsafe, O LORD, to keep us:

This day without sin.

Alleluia. Praise the LORD. Alleluia.

PSALM 148. *Laudate Dominum.*

O praise the LORD of heaven: praise Him in the height.

Praise Him, all ye angels of His: praise Him, all His host.

Praise Him, sun and moon: praise Him, all ye stars and light.

Praise Him, all ye heavens: and ye waters that are above the heavens.

Let them praise the Name of the LORD: for He spake the word, and they were made; He commanded, and they were created.

He hath made them fast for ever and ever: He hath given them a law which shall not be broken.

Praise the LORD upon earth: ye dragons, and all deeps;

Fire and hail, snow and vapours: wind and storm, fulfilling His word;

: Mountains and all hills: fruitful trees and all cedars;

Beasts and all cattle: worms and feathered fowls;

Kings of the earth and all people: princes and all judges of the world;

Young men and maidens, old men and children, praise the Name of the LORD: for His Name only is excellent, and His praise above heaven and earth.

He shall exalt the horn of His people; all His saints shall praise Him: even the children of Israel, even the people that serveth Him.

Glory be, &c.

*Antiphon.* — Praise the LORD.

Blessing, and glory, and wisdom, and thanksgiving, and honour, and power, and might, be unto our GOD for ever and ever. Amen.

Then shall a short space be kept for Mental Prayer; after which may follow Bp. Andrewes' Morning Prayer (if that book be used), and then the Prayers of the Association, by those who are Members.

O LORD, we give Thee thanks for that Thou hast kept us this night from all evils, both bodily and spiritual; and we beseech Thee, for Thy mercies' sake, to awaken those who sleep in the sepulchre of sin. Give us grace to cast off the works of darkness, and to walk as children of light; and do Thou preserve us this day from all sin, from all perils and dangers, for JESUS CHRIST'S sake. Amen.

O GOD, whose nature and property is ever to have mercy and to forgive, receive our humble petitions; and though we be tied and bound with the chain of our sins, yet let the pitifulness of Thy great mercy loose us; for the honour of JESUS CHRIST, our Mediator and Advocate. Amen.

Into the hands of Thy blessed protection and unspeakable mercy, O LORD JESUS, we commend this day our souls and our bodies, with all their faculties, powers, and actions, beseeching Thee to be ever with us, to direct, sanctify, and govern us in the ways of Thy laws and in the works of Thy commandments. Amen.

*Note.*—If these Early Morning Prayers have not been used at their appropriate time they may be said together with those of the following hour (the First Hour), beginning these last thus—

*Alleluia.* Praise the LORD.

The LORD'S Name be praised.

Our FATHER, &c.

and then proceeding as directed in the Office, omitting the Versicles "O GOD make speed, &c.," and "O LORD, &c."



# The First Hour.

(7 o'clock, A.M.)

---

OUR FATHER, &c.

O GOD, make speed to save us :

O LORD, make haste to help us.

Glory be to the FATHER, &c.

HYMN. *Jam lucis orto sidere.*

Now that the daylight fills the sky,  
We lift our hearts to GOD on high,  
That He, in all we do or say,  
Would keep us free from harm to-day :

Would guard our hearts and tongues from strife:  
From anger's din would hide our life :  
From all ill fights would turn our eyes :  
Would close our ears from vanities :

Would keep our inmost conscience pure :  
Our souls from folly would secure :  
Would bid us check the pride of sense  
With due and holy abstinence.

So we, when this new day is gone,  
And night in turn is drawing on,  
With conscience, by the world unstained,  
Shall praise His Name for victory gained.

All praise to GOD the FATHER be ;  
 All praise, eternal SON, to Thee ;  
 All praise for ever, as is meet,  
 To GOD the HOLY PARACLETE. Amen.

PSALM 119. *Beati immaculati.*

Blessed are those that are undefiled in the way: and walk in the law of the LORD.

Blessed are they that keep His testimonies: and seek Him with their whole heart.

For they who do no wickedness: walk in His ways.

Thou hast charged: that we shall diligently keep Thy commandments.

O that my ways were made so direct: that I might keep Thy statutes!

So shall I not be confounded: while I have respect unto all Thy commandments.

I will thank Thee with an unfeigned heart: when I shall have learned the judgments of Thy righteousness.

I will keep Thy ceremonies: O forsake me not utterly.

Glory be, &c.

*In quo corriget ?*

Wherewithal shall a young man cleanse his way: even by ruling himself after Thy word.

With my whole heart have I sought Thee: O let me not go wrong out of Thy commandments.

Thy words have I hid within my heart: that I should not sin against Thee.

Blessed art Thou, O LORD: O teach me Thy statutes.

With my lips have I been telling: of all the judgments of Thy mouth.

I have had as great delight in the way of Thy testimonies: as in all manner of riches.

I will talk of Thy commandments: and have respect unto Thy ways.

My delight shall be in Thy statutes: and I will not forget Thy word.

Glory be, &c.

*Retribu servo Tuo.*

O do well unto Thy servant : that I may live, and keep Thy word.

Open Thou mine eyes : that I may see the wondrous things of Thy law.

I am a stranger upon earth : O hide not Thy commandments from me.

My soul breaketh out for the very fervent desire : that it hath alway unto Thy judgments.

Thou hast rebuked the

proud : and curfed are they that do err from Thy commandments.

O turn from me shame and rebuke : for I have kept Thy testimonies.

Princes also did fit and speak against me : but Thy servant is occupied in Thy statutes.

For Thy testimonies are my delight : and my counfellors.

Glory be, &c.

*Adhæsit pavimento.*

My soul cleaveth to the dust : O quicken Thou me, according to Thy word.

I have acknowledged my ways, and Thou heardest me : O teach me Thy statutes.

Make me to understand the way of Thy commandments : and so shall I talk of Thy wondrous works.

My soul melteth away for very heaviness : comfort Thou me according unto Thy word.

Take from me the way of lying : and cause Thou me to make much of Thy law.

I have chosen the way of truth : and Thy judgments have I laid before me.

I have stuck unto Thy testimonies : O LORD con-found me not.

I will run the way of Thy commandments : when Thou hast set my heart at liberty.

Glory be, &c.

*Antiphon.* — Praise ye the LORD.

Unto Thee, O LORD, do I lift up my voice :  
And early shall my prayer come before  
Thee.

O let my mouth be filled with Thy praise :  
That I may sing of Thy glory all the day  
long. —

Turn Thy face from my sins :  
And put out all my misdeeds.

Make me a clean heart, O GOD :  
And renew a right spirit within me.

Cast me not away from Thy presence :  
And take not Thy Holy Spirit from me.

O give me the comfort of Thy help again :  
And stablish me with Thy free Spirit.

Then shall a short space be kept for Mental Prayer.

O Almighty LORD and everlasting GOD, vouchsafe, we beseech Thee, to direct, sanctify, and govern both our hearts and bodies in the ways of Thy laws and in the works of Thy commandments ; that through Thy most mighty protection, both here and ever, we may be preserved in body and soul ; through our LORD and SAVIOUR JESUS CHRIST. Amen.

O LORD, we beseech Thee mercifully to receive the prayers of Thy people which call upon Thee ; and grant that they may both perceive and know what things they ought to do, and also may have

grace and power faithfully to fulfil the same ;  
through JESUS CHRIST our LORD.

Come, O Thou Sun of Righteousness, and  
Fountain of Eternal Light ! Come and illumi-  
nate those that sit in darkness and in the shadow  
of death ! Come and guide our feet into the way  
of peace !

See Note to previous Office.

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## The Third Hour.

(9 o'clock A. M.)

---

O Thou, Who at the third hour didst send  
down the HOLY GHOST upon Thine Apostles,  
take not away that same SPIRIT from us :

But renew Him daily in our hearts ; and save  
us.

Our FATHER, &c.

O GOD, make speed to save us :

O LORD, make haste to help us.

Glory be to the FATHER, &c.

HYMN. *Nunc Sancte nobis Spiritus.*

Come HOLY GHOST, with GOD the SON,  
And GOD the FATHER, ever One ;  
Shed forth Thy grace within our breast,  
And dwell with us a ready guest.

By every power, by heart and tongue,  
 By act and deed, Thy praise be sung;  
 In flame with perfect love each sense,  
 That others' souls may kindle thence.

O FATHER, that we ask be done,  
 Through JESUS CHRIST, Thine only Son;  
 Who, with the HOLY GHOST and Thee,  
 Shall live and reign eternally. Amen.

PSALM 119 (v. 33). *Legem pone.*

Teach me, O LORD, the  
 way of Thy statutes: and I  
 shall keep it unto the end.

Give me understanding,  
 and I shall keep Thy law:  
 yea, I shall keep it with my  
 whole heart.

Make me to go in the path  
 of Thy commandments: for  
 therein is my desire.

Incline my heart unto Thy  
 testimonies: and not to  
 covetousness.

O turn away mine eyes,

lest they behold vanity: and  
 quicken Thou me in Thy  
 way.

O stablish Thy word in  
 Thy servant: that I may fear  
 Thee.

Take away the rebuke that  
 I am afraid of: for Thy judg-  
 ments are good.

Behold, my delight is in  
 Thy commandments: O  
 quicken me in Thy righteous-  
 ness.

Glory be, &c.

*Et veniat super me.*

Let Thy loving mercy come  
 also unto me, O LORD: even  
 Thy salvation, according  
 unto Thy word.

So shall I make answer  
 unto my blasphemers: for  
 my trust is in Thy word.

O take not the word of  
 Thy truth utterly out of my  
 mouth: for my hope is in  
 Thy judgments.

So shall I always keep  
 Thy law: yea, for ever and  
 ever.

And I will walk at liberty :  
for I seek Thy command-  
ments.

I will speak of Thy testi-  
monies also, even before  
kings : and will not be  
ashamed.

And my delight shall be in

Thy commandments : which  
I have loved.

My hands also will I lift  
up unto Thy command-  
ments, which I have loved :  
and my study shall be in Thy  
statutes.

Glory be, &c.

*Memor esto servi Tui.*

O think upon Thy servant,  
as concerning Thy word :  
wherein Thou hast caused  
me to put my trust.

The same is comfort in my  
trouble : for Thy word my  
hath quickened me.

The proud have had me  
exceedingly in derision : yet  
have I not shrunked from  
Thy law.

For I remembered Thine  
everlasting judgments, O  
LORD : and received comfort.

I am horribly afraid : for  
the ungodly that forsake Thy  
law.

Thy statutes have been my  
songs : in the house of my  
pilgrimage.

I have thought upon Thy  
Name, O LORD, in the night-  
season, and have kept Thy  
law.

This I had : because I kept  
Thy commandments.

Glory be, &c.

*Portio mea, Domine.*

Thou art my portion, O  
LORD : I have promised to  
keep Thy law.

I made my humble petition  
in Thy presence with my  
whole heart : O be merciful  
unto me according to Thy  
word.

I called mine own ways to  
remembrance : and turned  
my feet unto Thy testimo-  
nies.

I made haste, and pro-  
longed not the time : to keep  
Thy commandments.

The congregations of the

ungodly have robbed me :  
but I have not forgotten Thy  
law.

At midnight I will rise to  
give thanks unto Thee : be-  
cause of Thy righteous judg-  
ments.

I am a companion of all  
them that fear Thee : and  
keep Thy commandments.

The earth, O LORD, is full  
of Thy mercy : O teach me  
Thy statutes.

Glory be, &c.

*Bonitatem fecisti.*

O LORD, Thou hast dealt  
graciously with Thy servant :  
according unto Thy word.

O learn me true under-  
standing and knowledge : for  
I have believed Thy com-  
mandments.

Before I was troubled, I  
went wrong : but now have  
I kept Thy word.

Thou art good and graci-  
ous : O teach me Thy sta-  
tutes.

The proud have imagined

a lie against me : but I will  
keep Thy commandments  
with my whole heart.

Their heart is as fat as  
brawn : but my delight hath  
been in Thy law.

It is good for me that I  
have been in trouble : that I  
may learn Thy statutes.

The law of Thy mouth is  
dearer unto me : than thou-  
sands of gold and silver.

Glory be, &c.

*Manus Tuæ fecerunt me.*

Thy hands have made me  
and fashioned me : O give  
me understanding, that I  
may learn Thy command-  
ments.

They that fear Thee will  
be glad when They see me :  
because I have put my trust  
in Thy word.

I know, O LORD, that Thy  
judgments are right : and

that Thou of very faithful-  
ness hast caused me to be  
troubled.

O let Thy merciful kind-  
ness be my comfort : accord-  
ing to Thy word unto Thy  
servant.

O let Thy loving mercies  
come unto me, that I may  
live : for Thy law is my de-  
light.



<p>Let the proud be con- founded, for they go wickedly about to destroy me : but I will be occupied in Thy com- mandments.</p>	<p>have known Thy testimo- nies : be turned unto me. O let my heart be found in Thy statutes : that I be not ashamed.</p>
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<p>Let such as fear Thee, and</p>	<p>Glory be, &amp;c.</p>
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*Antiphon.*—**GOD** is Love, and he that dwelleth  
in Love dwelleth in **GOD**, and **GOD** in him.

**LORD**, have mercy upon us.

**CHRIST**, have mercy upon us.

**LORD**, have mercy upon us.

Turn away mine eyes lest they behold vanity :

And quicken Thou me in Thy way.

Turn us again, Thou **GOD** of hosts :

Shew the light of Thy countenance, and we  
shall be whole.

The heathen shall fear Thy name, O **LORD** :

And all the kings of the earth Thy Majesty.

O pray for the peace of Jerusalem :

They shall prosper that love thee.

Peace be within thy walls :

And plenteousness within thy palaces.

Then shall a short space be kept for Mental Prayer ; after  
which may follow Bp. Andrewes' prayers for the day of the  
week (if that book be used).

[COLLECT FOR THE DAY.]

Almighty **GOD**, who as about this hour didst  
instruct and replenish the hearts of Thy faithful  
servants by sending upon them the light of Thy

**HOLY SPIRIT** ; grant us by the same Spirit to have a right judgment in all things, that we may both perceive and know what things we ought to do, and also may have grace and power faithfully to perform the same ; through the merits of our **LORD JESUS CHRIST**, who was also at this hour contented to receive the bitter sentence of death for us, and now liveth and reigneth with Thee in the unity of the same blessed Spirit, one **GOD**, world without end. Amen.

Almighty **GOD**, the fountain of all goodness, and the well-spring of all divine graces, who hast vouchsafed to regenerate us, being born in sin, by Water and the **HOLY GHOST**, in the blessed laver of Baptism, thereby receiving us into the number of Thy children, and making us heirs of everlasting life in the communion of Thy glorious saints. Strengthen us, **O LORD**, with that blessed **SPIRIT** of Thine, the Ghostly Comforter, and daily increase in us Thy manifold gifts of grace, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Ghostly Strength, the Spirit of Knowledge and true Godliness, and fulfil us, **O LORD**, with the Spirit of Thy holy Fear, even through Him who sent down the **SPIRIT** upon His Church, **JESUS CHRIST** our **LORD**. Amen.

See additional Intercession, p. 53.

## The Sixth Hour.

(12 o'clock. Noon.)

---

O Thou, Who at the sixth hour didst nail the  
sins of the world to the same Cross with Thyself :

Blot out the handwriting of our offences that  
is against us ; and save us.

O Saviour of the world, Who by Thy Cross  
and precious Blood hast redeemed us :

Save us and help us, we humbly beseech Thee,  
O LORD.

OUR FATHER, &c.

O GOD, make speed to save us :

O LORD, make haste to help us.

Glory be to the FATHER, &c.

*HYMN. Rector potens, verax Deus.*

O GOD of truth, O LORD of might,  
Who orderest time and change aright,  
And send'st the early morning ray,  
And light'st the glow of perfect day :

Extinguish Thou each sinful fire,  
And banish every ill desire :  
And, while Thou keep'st the body whole,  
Shed forth Thy peace upon the soul.

O FATHER, that we ask be done,  
Through JESUS CHRIST, Thine only Son ;  
Who, with the HOLY GHOST and Thee,  
Shall live and reign eternally. Amen.

PSALM 119 (v. 81). *Defecit anima mea.*

My soul hath longed for  
Thy salvation: and I have a  
good hope because of Thy  
word.

Mine eyes long sore for  
Thy word: saying, O when  
wilt Thou comfort me ?

For I am become like a  
bottle in the smoke: yet do  
I not forget Thy statutes.

How many are the days of  
Thy servant: when wilt  
Thou be avenged of them  
that persecute me ?

The proud have digged pits

for me: which are not after  
Thy law.

All Thy commandments  
are true: they persecute me  
falsely; O be Thou my help.

They had almost made an  
end of me upon earth: but  
I forsook not Thy command-  
ments.

O quicken me after Thy  
loving-kindness: and so  
shall I keep the testimonies  
of Thy mouth.

Glory be, &c.

*In æternum, Domine.*

O LORD, Thy word: en-  
dureth for ever in heaven.

Thy truth also remaineth  
from one generation to an-  
other: Thou hast laid the  
foundation of the earth, and  
it abideth.

They continue this day ac-  
cording to Thine ordinance:  
for all Things serve Thee.

If my delight had not been  
in Thy law: I should have  
perished in my trouble.

I will never forget Thy

commandments: for with  
them Thou hast quickened  
me.

I am Thine, O save me:  
for I have sought Thy com-  
mandments.

The ungodly laid wait for  
me to destroy me: but I will  
consider Thy testimonies.

I see that all things come  
to an end: but Thy com-  
mandment is exceeding  
broad.

Glory be, &c.

*Quomodo dilexi!*

LORD, what love have I unto Thy law: all the day long is my study in it.

Thou, through Thy commandments, hast made me wiser than mine enemies: for they are ever with me.

I have more understanding than my teachers: for Thy testimonies are my study.

I am wiser than the aged: because I keep Thy commandments.

I have refrained my feet

from every evil way: that I may keep Thy word.

I have not shrunk from Thy judgments: for Thou teachest me.

O how sweet are Thy words unto my throat: yea, sweeter than honey unto my mouth!

Through Thy commandments I get understanding: therefore I hate all evil ways.

Glory be, &c.

*Lucerna pedibus meis.*

Thy word is a lantern unto my feet: and a light unto my paths.

I have sworn and am steadfastly purposed: to keep Thy righteous judgments.

I am troubled above measure: quicken me, O LORD, according to Thy word.

Let the free-will offerings of my mouth please Thee, O LORD: and teach me Thy judgments.

My soul is always in my

hand: yet do I not forget Thy law.

The ungodly have laid a snare for me: but yet I swerved not from Thy commandments.

Thy testimonies have I claimed as mine heritage for ever: and why? they are the very joy of my heart.

I have applied my heart to fulfil Thy statutes always: even unto the end.

Glory be, &c.

*Iniquos odio habui.*

I hate them that imagine evil things: but Thy law do I love.

Thou art my defence and shield: and my trust is in Thy word.

Away from me, ye wicked :  
I will keep the command-  
ments of my God.

O stablish me according to  
Thy word, that I may live :  
and let me not be disap-  
pointed of my hope.

Hold Thou me up, and I  
shall be safe : yea, my delight  
shall be ever in Thy statutes.

Thou hast trodden down

all them that depart from  
Thy statutes : for they ima-  
gine but deceit.

Thou puttest away all the  
ungodly of the earth like  
dross : therefore I love Thy  
testimonies.

My flesh trembleth for fear  
of Thee : and I am afraid of  
Thy judgments.

Glory be, &c.

### *Feci judicium.*

I deal with the thing that  
is lawful and right : O give  
me not over unto mine op-  
pressors.

Make Thou Thy servant  
to delight in that which is  
good : that the proud do me  
no wrong.

Mine eyes are wasted away  
with looking for Thy health :  
and for the word of Thy  
righteousness.

O deal with Thy servant  
according unto Thy loving  
mercy : and teach me Thy  
statutes.

I am Thy servant, O grant  
me understanding : that I  
may know Thy testimo-  
nies.

It is time for Thee, LORD,  
to lay to Thine hand : for  
they have destroyed Thy  
law.

For I love Thy command-  
ments : above gold and pre-  
cious stone.

Therefore hold I straight  
all Thy commandments : and  
all false ways I utterly  
abhor.

Glory be, &c.

### *Antiphon.*—Praise the LORD.

LORD, have mercy upon us.

CHRIST, have mercy upon us.

LORD, have mercy upon us.

I will always give thanks unto the LORD :

His praise shall ever be in my mouth.

The LORD is my Shepherd :

Therefore can I lack nothing.

He shall feed me in a green pasture :

And lead me forth beside the waters of  
comfort.

O LORD arise, help us :

And deliver us for Thy Name's sake.

Then shall a short space be kept for Mental Prayer.

[COLLECT FOR THE DAY.]

O LORD JESUS CHRIST, the Blessed SON of GOD, Who hast suffered death on the Cross for us, that we might thereby be brought to eternal life ; have mercy upon us, we beseech Thee, both now and at the hour of death ; and grant unto us, Thy humble servants, with all good people that have this Thy Blessed Passion in devout remembrance, a prosperous and godly life in this present world ; and, through Thy grace, eternal glory in the life to come, where, with the FATHER and the HOLY GHOST, Thou livest and reignest ever one GOD, world without end. Amen.

O LORD JESU CHRIST, the only SON of GOD, Who wast given both to be a sacrifice for sin and also an ensample of godly life ; who didst bid us take up our cross daily and follow Thee ; make, we pray Thee, the yoke of Thy commandments sweet, and the burden of Thy Cross light, unto our souls. Conform Thy servants, O LORD, to the likeness of Thy Passion. Give us grace, O Eternal FATHER, that we strive to keep the w

of the holy Cross, and carry in our hearts the image of JESUS crucified. Make us cheerfully resign ourselves to Thy Divine Will, that, being fashioned after His life-giving death, we may die according to the flesh, and live according to the Spirit of righteousness; through JESUS CHRIST, our only LORD and SAVIOUR. Amen.

See additional Intercession, p. 53.

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## The Ninth Hour.

(3 o'clock P.M.)

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O Thou Who at the ninth hour, for us sinners, and for our sins, didst taste death;

Mortify our members which are upon the earth, and whatsoever is contrary to Thy Holy Will, and save us.

Our FATHER, &c.

O God, make speed to save us:

O LORD, make haste to help us.

Glory be to the FATHER, &c.

HYMN. *Rerum Deus tenax vigor.*

O GOD, creation's secret Force,  
Thyself, unmoved, all motion's source,  
Who, from the morn till evening's ray,  
Through all its changes guid'st the day:



Grant us, when this short life is past,  
The glorious evening that shall last ;  
That, by a holy death attained,  
Eternal glory may be gained.

O FATHER, that we ask be done,  
Through JESUS CHRIST, Thine only SON ;  
Who, with the HOLY GHOST and Thee,  
Shall live and reign eternally. Amen.

PSALM 119 (v. 129). *Mirabilia.*

Thy testimonies are wonderful: therefore doth my soul keep them.

When Thy word goeth forth: it giveth light and understanding unto the simple.

I opened my mouth, and drew in my breath: for my delight was in Thy commandments.

O look Thou upon me, and be merciful unto me: as Thou usest to do unto those that love Thy Name.

Order my steps in Thy

word: and so shall no wickedness have dominion over me.

O deliver me from the wrongful dealings of men: and so shall I keep Thy commandments.

Shew the light of Thy countenance upon Thy servant: and teach me Thy statutes.

Mine eyes gush out with water: because men keep not Thy law.

Glory be, &c.

*Justus es, Domine.*

Righteous art Thou, O LORD: and true is Thy judgment.

The testimonies that Thou

hast commanded: are exceeding righteous and true.

My zeal hath even consumed me: because mine

enemies have forgotten Thy words.

Thy word is tried to the uttermost: and Thy servant loveth it.

I am small, and of no reputation: yet do I not forget Thy commandments.

Thy righteousness is an everlasting righteousness: and Thy law is the truth.

Trouble and heaviness have taken hold upon me: yet is my delight in Thy commandments.

The righteousness of Thy testimonies is everlasting: O grant me understanding, and I shall live.

Glory be, &c.

*Clamavi in toto corde meo.*

I call with my whole heart: hear me, O LORD, I will keep Thy statutes.

Yea, even unto Thee do I call: help me, and I shall keep Thy testimonies.

Early in the morning do I cry unto Thee: for in Thy word is my trust.

Mine eyes prevent the night watches: that I might be occupied in Thy words.

Hear my voice, O LORD, according unto Thy loving-

kindness: quicken me according as Thou art wont.

They draw nigh that of malice persecute me: and are far from Thy law.

Be Thou nigh at hand, O LORD: for all Thy commandments are true.

As concerning Thy testimonies, I have known long since: that Thou hast grounded them for ever.

Glory be, &c.

*Vide humilitatem.*

O consider mine adversity, and deliver me: for I do not forget Thy law.

Avenge Thou my cause, and deliver me: quicken me according to Thy word.

Health is far from the un-

godly: for they regard not Thy statutes.

Great is Thy mercy, O LORD, quicken me as Thou art wont.

Many there are that trouble me, and persecute

me: yet do I not swerve from Thy testimonies.

It grieveth me when I see the transgressors: because they keep not Thy law.

Consider, O LORD, how I love Thy commandments: O

quicken me according to Thy loving-kindness.

Thy word is true from everlasting: all the judgments of Thy righteousness endure for evermore.

Glory be, &c.

### *Principes persecuti sunt.*

Princes have persecuted me without a cause: but my heart standeth in awe of Thy word.

I am as glad of Thy word: as one that findeth great spoils.

As for lies, I hate and abhor them: but Thy law do I love.

Seven times a day do I praise Thee: because of Thy righteous judgments.

Great is the peace that they have who love Thy

law: and they are not offended at it.

LORD, I have looked for Thy saving health: and done after Thy commandments.

My soul hath kept Thy testimonies: and loved them exceedingly.

I have kept Thy commandments and testimonies: for all my ways are before Thee.

Glory be, &c.

### *Appropinquet deprecatio.*

Let my complaint come before Thee, O LORD: give me understanding according to Thy word.

Let my supplication come before Thee: deliver me according to Thy word.

My lips shall speak of Thy praise: when Thou hast taught me Thy statutes.

Yea, my tongue shall sing of Thy word: for all Thy commandments are righteous.

Let Thine hand help me: for I have chosen Thy commandments.

I have longed for Thy saving health, O LORD: and in Thy law is my delight.

<p>O let my soul live, and it shall praise Thee : and Thy judgments shall help me.</p>	<p>sheep that is lost : O seek Thy servant, for I do not forget Thy commandments. Glory be, &amp;c.</p>
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*Antiphon.*—Ye are bought with a price, therefore glorify GOD in your body and in your spirit, which are GOD's.

LORD, have mercy upon us.

CHRIST, have mercy upon us.

Lord, have mercy upon us.

O praise the LORD with me :

And let us magnify His name together.

I fought the LORD, and He heard me :

Yea, He delivered me out of all my fear.

Cleanse Thou me from my secret faults :

Keep Thy servant also from presumptuous  
sins.

Then shall a short space be kept for Mental Prayer.

[COLLECT FOR THE DAY.]

Hear us, O LORD, and remember now the hour in the which Thou didst once commend Thy blessed Spirit into the hands of Thy heavenly FATHER, when with a torn body and broken heart Thou didst shew forth the bowels of Thy mercy, and die for us. We beseech Thee, O Thou brightness and image of God, so to assist us by this Thy most precious death, that, being dead unto the world, we may live only unto Thee ; and at the last hour of our departing from this mortal life, we may commend our souls into

Thy hands; and that Thou mayest receive us into immortal life, there to reign with Thee for ever and ever. Amen.

Almighty and everlasting GOD, who of Thy tender love towards mankind hast sent Thy SON, our Saviour JESUS CHRIST, to take upon Him our flesh, and to suffer death upon the cross, that all mankind should follow the example of His great humility; mercifully grant, that we may both follow the example of His patience, and also be made partakers of His resurrection; through the same JESUS CHRIST our LORD. Amen.

See additional Intercession, p. 53.

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### Even-song.

(6 o'clock P.M.)

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O Thou Who in the evening didst institute the Mysteries of Thy Body and Blood, and after Thy death wast laid in the sepulchre.

Grant that, our sins being buried with Thee in Baptism, we may daily rise to newness of life, and be worthy partakers of Thy holy Mysteries.

Our Father, &c.

O GOD, make speed to save us :

O LORD, make haste to help us.

Glory be to the FATHER, &c.

HYMN. *O Lux beata Trinitas.*

O TRINITY of blessed light,  
 O UNITY of princely might,  
 The fiery sun now goes his way,  
 Shed Thou within our hearts Thy ray.

To Thee our morning song of praise,  
 To Thee our evening prayer, we raise;  
 Thy glory suppliant we adore  
 For ever and for evermore.

All praise to GOD the FATHER be,  
 All praise, eternal SON, to Thee,  
 All praise for ever, as is meet,  
 To GOD the HOLY PARACLETE.

PSALM 110. *Dixit Dominus.*

The LORD said unto my  
 LORD: Sit Thou on My right  
 hand, until I make Thine  
 enemies Thy footstool.

The LORD shall send the  
 rod of Thy power out of  
 Sion: be Thou ruler, even in  
 the midst among Thine ene-  
 mies.

In the day of Thy power  
 shall the people offer Thee  
 free-will offerings with an  
 holy worship: the dew of Thy  
 birth is of the womb of the  
 morning.

The LORD sware, and will

not repent: Thou art a Priest  
 for ever after the order of  
 Melchisedec.

The LORD upon Thy right  
 hand: shall wound even  
 kings in the day of His  
 wrath.

He shall judge among the  
 heathen: He shall fill the  
 places with the dead bodies:  
 and smite in sunder the  
 heads over divers countries.

He shall drink of the brook  
 in the way: therefore shall  
 He lift up His head.

Glory be, &c.

PSALM 111. *Confitebor Tibi.*

I will give thanks unto the LORD with my whole heart : secretly among the faithful, and in the congregation.

The works of the LORD are great : sought out of all them that have pleasure therein.

His work is worthy to be praised and had in honour : and His righteousness endureth for ever.

The merciful and gracious LORD hath so done His marvellous works : that they ought to be had in remembrance.

He hath given meat unto them that fear Him : He shall ever be mindful of His covenant.

He hath showed His peo-

ple the power of His works : that He may give them the heritage of the heathen.

The works of His hands are verity and judgment : all His commandments are true.

They stand fast for ever and ever : and are done in truth and equity.

He sent redemption unto His people : He hath commanded His covenant for ever ; holy and reverend is His Name.

The fear of the LORD is the beginning of wisdom : a good understanding have all they that do thereafter ; the praise of it endureth for ever.

Glory be, &c.

PSALM 112. *Beatus vir.*

Blessed is the man that feareth the LORD : he hath great delight in His commandments.

His seed shall be mighty upon earth : the generation of the faithful shall be blessed.

Riches and plenteousness shall be in his house : and

his righteousness endureth for ever.

Unto the godly there ariseth up light in the darkness : he is merciful, loving, and righteous.

A good man is merciful, and lendeth : and will guide his words with discretion.

For he shall never be

moved : and the righteous shall be had in everlasting remembrance.

He will not be afraid of any evil tidings : for his heart standeth fast, and believeth in the LORD.

His heart is established, and will not shrink : until he see his desire upon his enemies.

He hath dispersed abroad,

and given to the poor : and his righteousness remaineth for ever ; his horn shall be exalted with honour.

The ungodly shall see it, and it shall grieve him : he shall gnash with his teeth and consume away ; the desire of the ungodly shall perish.

Glory be, &c.

*Antiphon.*—Praise the LORD, O my soul : and all that is within me praise His holy Name.

LORD, have mercy upon me :

Heal my soul, for I have sinned against Thee.

O think upon Thy congregation :

Whom Thou hast purchased and redeemed of old.

Wilt Thou not turn again and quicken us :

That Thy people may rejoice in Thee.

O LORD, shew Thy mercy upon us :

And grant us Thy salvation.

LORD, hear our prayer :

And let our cry come unto Thee.

*Antiphon.*—Let my prayer be set forth in Thy sight as the incense : and let the lifting up of my hands be an evening sacrifice.

Then shall a short space be kept for Mental Prayer.

O LORD our heavenly FATHER, almighty and



everliving GOD, by whose providence both the day and the night are governed; vouchsafe, we beseech Thee, as Thou hast this day preserved us by Thy goodness, so still this night to shadow us under the blessed wing of Thy most mighty protection, and to cover us with Thy heavenly mercy, that neither the princes of darkness may have any power over us, nor the works of darkness overwhelm us, but that we, being armed with Thy defence, may be preserved from all adversities that may hurt the body, and from all wicked thoughts which may assault and defile the soul; through JESUS CHRIST our LORD. Amen.

O Thou that art the Light eternal, and the Sun of righteousness, evermore arising and never going down, giving life, and food, and gladness unto all things; mercifully vouchsafe to shine upon us, and cast Thy blessed beams upon the darkness of our understandings, and the black mists of our sins and errors; for Thy only merits, Who art alone our Saviour, JESUS CHRIST. Amen.

O everlasting GOD, Who hast ordained and constituted the services of angels and men in a wonderful order, look mercifully upon us this night, and grant, that as Thy holy angels always do Thee service in heaven, so by Thy appointment they may succour and defend us on earth; through JESUS CHRIST our LORD. Amen.

Praise ye the LORD.

The LORD's Name be praised, from the rising up of the sun unto the going down thereof.

## At Night,

BEFORE GOING TO REST.

(9 o'clock P.M. or after.)



Brethren, be sober, be vigilant, because your adversary the devil walketh about as a roaring lion, seeking whom he may devour; whom resist steadfast in the faith.

But Thou, O LORD, have mercy upon us.

Our FATHER, &c.

O Almighty FATHER, LORD of heaven and earth, I confess to Thee all the secret and manifest sins which I have this day committed in thought, word, or deed, through my fault, through my own fault, through my most grievous fault, especially [*here use a form of self-examination*]. Wherefore I supplicate pardon from Thee, the just and merciful God, and grace that I may sin no more.

The Almighty God pity me, pardon and absolve me from all my sins, voluntary or involuntary, in word or deed, in knowledge or ignorance, by night or by day, in mind or intent, and bring me safe to everlasting life. Amen.

The Almighty and merciful God grant to us pardon, absolution, and remission of all our sins. Amen.

O GOD, make speed to save us :  
 O LORD, make haste to help us  
 Glory be to the FATHER, &c.

HYMN. *Te lucis ante-terminum.*

Before the ending of the day,  
 Creator of the world, we pray  
 That, with Thy wonted favour, Thou  
 Wouldst be our guard and keeper now.

From all ill dreams defend our eyes,  
 From nightly fears and fantasies ;  
 Tread under foot our ghostly foe,  
 That no pollution we may know.

O FATHER, that we ask be done,  
 Through JESUS CHRIST, Thine only SON ;  
 Who, with the HOLY GHOST and Thee,  
 Shall live and reign eternally. Amen.

PSALM 91. *Qui habitat.*

Who so dwelleth under the  
 defence of the Most High ;  
 shall abide under the shadow  
 of the Almighty.

I will say unto the LORD,  
 Thou art my hope, and my  
 strong hold : my God, in  
 Him will I trust.

For He shall deliver thee  
 from the snare of the hunter ;  
 and from the noisome pesti-  
 lence.

He shall defend thee under  
 His wings, and thou shalt  
 be safe under His feathers :  
 His faithfulness and truth  
 shall be thy shield and buck-  
 ler.

Thou shalt not be afraid  
 for any terror by night : nor  
 for the arrow that flieth by  
 day ;

For the pestilence that  
 walketh in darkness : nor for

the sickness that destroyeth in the noon-day.

A thousand shall fall beside thee, and ten thousand at thy right hand: but it shall not come nigh thee.

Yea, with thine eyes shalt thou behold: and see the reward of the ungodly.

For Thou, LORD, art my hope: Thou hast set Thine house of defence very high.

There shall no evil happen unto thee: neither shall any plague come nigh thy dwelling.

For He shall give His angels charge over thee: to keep thee in all thy ways.

They shall bear thee in

their hands: that thou hurt not thy foot against a stone.

Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet.

Because he hath set his love upon Me, therefore will I deliver him: I will set him up, because he hath known My Name.

He shall call upon Me, and I will hear him: yea, I am with him in trouble; I will deliver him, and bring him to honour.

With long life will I satisfy him: and show him My salvation.

Glory be, &c.

PSALM 134. *Ecce nunc.*

Behold now, praise the LORD: all ye servants of the LORD;

Ye that by night stand in the house of the LORD: even in the courts of the house of our God.

Lift up your hands in the sanctuary: and praise the LORD.

The LORD that made heaven and earth: give thee blessing out of Zion.

Glory be, &c.

*Antiphon.* — Have mercy upon me, O LORD: and hearken unto my prayer.

I believe in GOD the FATHER ALMIGHTY, &c.

Into Thy hands, O LORD, I commend my spirit :

For Thou hast redeemed me, O LORD, 'Thou GOD of truth.

Keep me as the apple of an eye :

Hide me under the shadow of Thy wings.

Vouchsafe, O LORD, to keep me :

This night without sin.

Preserve my lying down and my rising up :

From this time forth for evermore.

*Antiphon.* — The day is Thine and the night is Thine ; Thou art worthy, O LORD, to receive honour, and praise, and worship for evermore.

Then shall a short space be kept for Mental Prayer, after which may follow Bishop Andrewes' Evening Prayer (if that book be used), and then the Prayers of the Association, by those who are Members.

Merciful LORD, Who of Thine abundant goodness towards us hast made the day to work in, and ordained the night wherein to take our rest ; grant us such rest of body, that we may continually have a waking soul, to watch for the time when our LORD shall appear to deliver us from this mortal life. Let no vain or wandering fancy trouble us ; let our ghostly enemies have no power over us, but let our minds be set wholly upon Thy presence, to love, and fear, and rest in Thee alone ; that being refreshed with a moderate and sober sleep, we may rise up again with cheerful strength and gladness, to serve Thee in

all good works ; through **JESUS CHRIST** our **LORD**.  
Amen.

**JESUS CHRIST**, joyful Light of the holy glory of the **FATHER**, immortal, heavenly, holy, blessed, having come to the setting sun, and seen the evening light, we praise the **FATHER**, the **SON**, and the **HOLY SPIRIT** of **GOD**. Thou art worthy at all times to be hymned with holy voices, **SON** of **GOD**, Giver of Life ; therefore the world glorifieth thee. Amen. — (*From Greek Church.*)

*The Benediction.*

**GOD** the **FATHER** bless us ; **GOD** the **SON** defend us ; **GOD** the **HOLY GHOST** preserve us, now and for ever. Amen.

**Anthems of the Season.**

**TO BE USED CONTINUALLY, AND TO BE ADDED IMMEDIATELY AFTER EACH OF THE ANTIPHONS OF THE HOURS.**



*Advent.*

Let us praise Him that cometh with ten thousands of His saints to execute judgment upon all. Let us worship Him who shall appear unto them that look for Him the second time without sin unto salvation.

The following Hymn, "Trifagios," to be said after each of these Anthems.

## TRISAGIOS.

Holy God, Holy and Mighty, Holy and Immortal, have mercy upon us. (*From Greek Church.*)

*Christmas.*

Let us adore Him Who was born as at this time for us. Hail, King of angels, Prince of peace, Light of the Gentiles, Glory of Thy people Israel!

*Circumcision.*

Let us celebrate Him Who as at this time first began to shed His most precious Blood for us, and became obedient to the law, to shew us how we are in all things to obey His blessed Will.

*Epiphany.*

Let us adore Him Who as at this time was manifested to the Gentiles, and was worshipped by the wise men. Let us with them offer our gifts, even ourselves, our souls and bodies; and may He most mercifully accept us also.

*Lent.*

Let us adore, with contrite hearts, Him Who as at this time did fast forty days and forty nights in the wilderness, dwelling with wild beasts, and did not disdain to be tempted of the devil for our salvation.

*Holy Week.*

Let us praise, with humble thankfulness, Him Who suffered for us. For the chastisement of our

peace was upon Him, and with His stripes we are healed. May that precious Blood, then so plentifully shed, wash us from all our sins.

*Maundy Thursday.*

(And p. 76.)

Let us praise and glorify Him Who with inconceivable love did institute the holy Sacrament of the Eucharist, giving Himself to us in it. May we ever, eating this Bread and drinking this Cup, shew forth the LORD'S death till He come.

*Good Friday.*

Let us celebrate Him Who of His own free will was fastened to the Cross in the flesh, to deliver man from the curse, when he had tasted the forbidden tree: for glory is due to Him. (*From Greek Church.*)

*Easter Day.*

Now is Salvation come into the world; let us sing to Him Who rose from the grave, to Him Who is the Prince of our life; for He hath overcome death by His death, and hath given us victory and great mercy. (*From Greek Church.*)

*2nd Anthem.*—Let us glorify CHRIST, Who, being dead, rose from the grave, raised up fallen man with Him, and reconciled him to His heavenly FATHER. (*From Greek Church.*)

*Ascension Day.*

Let us celebrate our glorious JESUS, Who to-day



ascended into heaven, and sat down upon the right hand of GOD, and now ever liveth to make intercession for us.

*Whitsunday.*

Let us praise the HOLY SPIRIT of GOD, of one substance with the FATHER and the SON, Who as at this time came down to be the Comforter. May He shed abroad the Love of GOD in our hearts.

*Trinity Sunday.*

Glory be to Thee, O most Holy TRINITY, our GOD. O TRINITY, O UNITY, the author of light, grant to our souls the sweet draught of Thy Divine Love, which is full of light; and that heavenly sorrow which purifieth us, O LORD, most merciful to all Thy creatures. To Thee with Cherubim and Seraphim we cry, HOLY, HOLY, HOLY, LORD GOD of Sabaoth. (*From Greek Church.*)

*For Saints' Days.*

Let us adore our GOD, Whose glory shone forth in His servant St. ———, whom we commemorate to-day. May He grant us, with all His saints, an acceptable judgment at the last day, and make us all worthy of the incorruptible kingdom.

*On all other Days throughout the Year.*

Let us praise our GOD Who reigneth on high, and is ever worthy to be hymned by holy voices: even the FATHER Who made us, the SON Wh-

hath redeemed us, the HOLY GHOST Who sanctifieth us.

These Anthems follow the rules of the Collects in the Prayer Book for these seasons.

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## Pious Ejaculations, or Short Prayers.

WHICH MAY BE USED AT THE FOLLOWING TIMES.

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### *At our first awaking.*

In the Name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

Blessed be the Holy and Undivided Trinity, now and for evermore. Amen.

### *At our uprising.*

In the Name of our LORD JESUS CHRIST, Who was crucified for me, I arise from mine own rest to do Him service. He, by His Cross and Passion, save me, bless me, govern me, and keep me this day and for ever. Amen.

### *When we enter into our bed.*

In the Name of our LORD JESUS CHRIST, Who was crucified upon His Cross, and laid into His grave for me, I lay me down to rest. He bless me, keep me, and save me; raise me up again, and bring me at last to life eternal. Amen.

I will lay me down in peace and take my rest,

for it is Thou LORD only that makest me dwell in safety.

*At our apparelling.*

Clothe me, O LORD, with the ornaments of Thy heavenly grace, and cover me with the robe of righteousness.

Put ye on the LORD JESUS CHRIST, and make not provision for the flesh to fulfil the lusts thereof.

*At our going out.*

Shew me Thy ways, O LORD, and teach me Thy paths.

O give Thine angels charge over me, to keep me in all my ways.

*To be said hourly.*

O Blessed JESU, give us the gift of Thy Holy Love, pardon of all our sins, and grace to persevere unto the end. Amen.

*Often throughout the Day.*

GOD be merciful to me a sinner.

FATHER, I have sinned, yet for JESUS' sake forgive.

Glory be to GOD, JESUS died for *me*.

The Blood of the Lamb was shed for *me*.

Praise the LORD O my soul, and all that is within me praise His Holy Name.

Thy Will be done.

LORD, what wilt Thou have me to do?

Give, O LORD, what Thou ordainest, and ordain what Thou wilt. (*St. Augustine.*)

LORD, purify my thoughts, bridle my tongue, guide all my actions, guard all my senses, stop my ears and turn away mine eyes from sin and vanity.

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### Prayers, &c.

COMMEMORATIVE OF THE PASSION AND WORK OF  
OUR LORD AND SAVIOUR, JESUS CHRIST.

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#### *Exhortation.*

Look thou upon the Wounds of Him Who hangeth upon the Cross; the Blood of Him Who dieth; the price paid by Him Who redeemeth thee. His Head is bent to kiss; His Heart laid open to love; His Arms set wide to embrace; His whole Body laid out to redeem. Think thou how great things are these; weigh them in the balance of thy heart, that He may be fixed whole in thy heart, Who for thee was fixed whole upon the Cross. (*St. Augustine.*)

#### *Upon the several Points of the Passion.*

O God, Who for the Redemption of the world didst vouchsafe to be born, circumcised, rejected of the Jews, betrayed by the traitor Judas with a kiss, bound with cords, and led as an innocent lamb to the slaughter; Who wast shamefully exposed in the presence of Annas, Caiaphas, Pilate, and Herod, accused by false witnesses, tormented

with scourgings and reproaches, spit upon, crowned with thorns, buffeted, smitten with a reed, blindfolded, stripped, nailed to the Cross, lifted up upon the Cross, numbered among thieves, made to drink vinegar and gall, and wounded with a spear; do Thou, O GOD, by these Thy most holy pains, which I Thy unworthy servant call to mind; by Thy Cross and precious Death, deliver me from the pains of hell, and vouchsafe to lead me whither Thou didst lead the thief, who was crucified with Thee, Who livest and reignest with the FATHER and the HOLY GHOST, for ever and ever. Amen.

O merciful JESUS, by Thy most bitter Passion, and all the merits of Thy most sacred Humanity, I beseech Thee to pardon and blot out all my sins.

Wash me with Thy precious Blood, heal, purify, and sanctify me more and more.

O merciful Redeemer, Who didst suffer Thy sacred Hands and Feet to be pierced with nails and fastened to the Cross, and there didst with effusion of Blood suffer inexpressible torments; Grant that I may always with a faithful and thankful heart bear in mind Thy exceeding great Love, Who wouldest endure so great and grievous things for me. Purge and wash my soul with those streams of Thy most precious Blood from all uncleanness, and offer them to the FATHER for the full satisfaction of all my sins, and be merciful unto me. Amen.

Holy JESUS, Who wast lifted up upon the Cross, to draw all men unto Thee; by Thy Cross and Passion, both in Soul and Body, cleanse me from all filthiness, both of flesh and spirit; crucify this corruptible flesh of mine, with all the inordinate affections and unruly lusts thereof, that, being conformed to Thy Death, I may be partaker of Thy Resurrection, that suffering with Thee here, I may reign with Thee hereafter, where Thou livest. Amen. (*Sberlock.*)

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#### FOR OBEDIENCE TO THE WILL OF GOD.

O Holy JESUS, Who with all sweetness of patience and submission, didst give up Thyself wholly to the Will of thy Heavenly FATHER, endue me with the same spirit of lowliness and meekness, patience and contentedness in all conditions, submitting to the good Will of my God, both in prosperity and adversity, health and sickness, life and death. (*From Sberlock.*)

Mortify in me whatever is displeasing to Thee, adorn me with graces acceptable in Thy sight, illuminate my soul with Thy most pure and divine light, that I may clearly know Thee, ardently love Thee, be entirely united to Thee, and by a quiet enjoyment rest in Thee, to the glory of Thy great Name.

Therefore, O Holy JESUS, I desire and beseech Thee that Thy most perfect Will may be accom-

plished in me, and concerning me, and by me, in time and in eternity.

O LORD my GOD, Thou art to me whatsoever is good and gracious. And who am I, that I should dare speak unto Thee? I am Thy poor mean servant, more poor and contemptible than I can or dare express. Yet do Thou remember me, O LORD, because I am nothing, I have nothing, and can do nothing. Remember Thy mercies, and fill my heart with Thy grace. Thou willest not that Thy works should be void or in vain. Teach me, O LORD, to do Thy Will: teach me to live worthily and humbly in Thy fight; let Thy Will be mine, and let my will ever follow Thine, and agree perfectly with it. For Thou art the true place of my heart; Thou, its only joy; in Thee will I rest for ever. (*From the Imitation of Christ.*)

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### THE CROSS OF CHRIST.

#### *A Prayer in Trials and Persecutions.*

O LORD JESUS CHRIST, our only help in all trials and tribulations, Who hast not merely opened heaven to Thy people by the Cross, but Who hast planted the path of every one of them with such abundant crosses, that they may be continually reminded to look at their crucified LORD and live, and to turn away from that world in which there is no trace of Him; grant that I,

beholding Thee, may be transformed into Thine image, and may one day wake up in Thy perfect likeness. Help me never to forget that I am the foldier of a Captain made perfect through suffering, the member of a Mystical Body, whose Head was crowned with thorns, and Who expired upon the Cross.

And whither, O LORD, can I go to learn how I am to become Thy true disciple, and to follow Thee in the mystery of suffering, but to Thy Cross? that Cross whereon Thou sufferedst in the eyes of all men, not only to pay the ransom of all, but to leave us an example, in enduring Thy heavy Cross, how we should each bear our light one. (*Port Royal Memoirs.*)

Strengthen me then, O LORD, in my measure to walk in Thy path, so that the old man may be crucified within me, and that I may learn in all things to do Thy Will.

Hear and answer these my prayers, O blessed JESUS, Who with the FATHER and the HOLY GHOST livest and reignest ever one GOD, world without end. Amen.

#### CHRIST OUR SACRIFICE AND EXAMPLE.

Almighty GOD, Who hast given Thine only SON to be unto us both a Sacrifice for sin and also an Ensamble of godly life; give us grace that we may always most thankfully receive that His in-



estimable benefit, and also daily endeavour ourselves to follow the blessed steps of His most holy life ; through the same JESUS CHRIST our LORD. Amen.

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FOR HUMILITY.

Almighty God, Who resistest the proud and givest grace to the humble, mercifully grant that I may follow the example of the great Humility of Thy blessed SON, Who did humble Himself to take upon Him our flesh, and to suffer death upon the cross ; convince me that I am less than the least of all Thy mercies ; that, as I am vile in myself, so I may know that I am vile, and may therefore esteem every one better than myself ; through JESUS CHRIST our LORD. Amen.

FOR CONTINUAL ADVANCEMENT IN GRACE.

Grant me, even me, my dearest LORD, Who art the hope and delight of my heart, to know Thee, and love Thee, and rejoice in Thee. And if I cannot do this perfectly in this life, let me at least advance to higher degrees every day, till I can come to do this in perfection. Let the knowledge of Thee increase in me here, that it may be full hereafter. Let the Love of Thee grow every day, more and more here, that it may be perfect hereafter ; that my joy may be great in itself, and full in Thee. I know, O LORD, that Thou art a God of truth ; O make good Thy gracious promises to me, that my joy may

be full. And till it be so, let my mind meditate, my tongue speak, my heart desire and love, my soul hunger, my flesh thirst after it, and my whole nature gasp and pant most earnestly, till I actually enter into the joy of my LORD, there to remain for ever and ever. (*St. Augustine.*)

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### A Prayer to the Holy Spirit.

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O HOLY SPIRIT, Love of God, Who proceedest from the Almighty FATHER and His most blessed SON, infuse Thy grace most plentifully into my heart. Come Thou and dwell in that soul that longs to be Thy holy temple. Heal the lurking distempers of my heart; pierce me through with the dart of Thy love, and kindle in me such a holy fire, that it may flame out in a bright and devout zeal, and burn up all the dross of sensual affections, and possess and purify my whole spirit, and soul, and body. (*St. Augustine.*)

And Oh that it might please Thee to descend in Thy might upon the world and reprove it "of sin, of righteousness, and of judgment to come," that many may be recovered out of the snare of the devil, and be led to look for salvation to the Cross of JESUS, and find Thee as the ever-abiding Comforter of their souls. And may it also please Thee to take of the things of CHRIST and shew

them unto Thy people, that the Universal Church may be quickened to a high and holy life, and at last be presented unto the FATHER as the pure and spotless Bride of His well-beloved SON in the eternal glories of heaven.

Grant this, O blessed SPIRIT, for the sake of JESUS CHRIST, our only LORD and SAVIOUR. Amen.

FOR THE INCREASE OF THE HOLY SPIRIT.

O Eternal GOD, the great FATHER of spirits, the great lover of souls, Who didst send Thy HOLY SPIRIT upon Thy Church in the day of Pentecost, and hast promised that He shall abide with Thy Church for ever; let Thy HOLY SPIRIT lead us into all truth, defend us from all sin, enrich us with His gifts, refresh us with His comforts, rule in our hearts for ever, conduct us with His truth, and lead us in the way everlasting; that we, living by Thy SPIRIT, and walking in Him, may by Him be sealed up to the day of our redemption. O let Thy SPIRIT witness to our spirits that we are the children of GOD, and make us to be so for ever; through JESUS CHRIST our LORD, Who liveth and reigneth with Thee in the unity of the same SPIRIT, One GOD, world without end. Amen. (*Bp. Jer. Taylor.*)

These two prayers may be used especially at Whitfuntide.

## Intercessions and Supplications.



### *For the Bishops and Clergy.*

Most merciful FATHER, we beseech Thee to send down upon Thy servants, the Bishops and Pastors of Thy flock; Thy heavenly blessing, and especially upon —, the Bishop of this diocese, and the Clergy of the parish under whose charge Thou hast placed me; and so endue them with Thy HOLY SPIRIT, that Thy word spoken by their mouths may have such success, that it may never be spoken in vain. Grant that they may not only be earnest to reprove, rebuke, exhort with all long-suffering and doctrine, but may also be examples of the believers “in word, in conversation, in charity, in spirit, in faith, in purity;” that, fulfilling their course, they may at the last day receive the crown of righteousness laid up by the LORD, the righteous Judge. Grant this, O FATHER, for the sake of JESUS CHRIST, our only LORD and SAVIOUR. Amen.

### *For a Church and Parish.*

O Almighty and everlasting GOD, Who didst give to Thy holy Apostle (or Evangelist) St. — grace truly to believe and to preach Thy Word; grant, we beseech Thee, that in this Church, which is called by his name, many may be led to love that Word which he believed, and that here it may ever be faithfully preached and

meeily received by us and all Thy people, to the glory of Thy great Name.

We pray Thee, blessed JESUS, that Thou wouldest give us grace to follow Thee as did Thy holy Apostle (*or* Evangelist) St. — ; and grant that we also, being called by Thy holy Word, may forthwith give up ourselves obediently to fulfil Thy holy commandments. HOLY JESU, hear all our prayers for this Church and flock, and for those our brethren [*especially*] who unite with us in prayer to Thee, Who now livest and reignest with the FATHER and the HOLY GHOST, ever one GOD, world without end. Amen.

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#### A FORM OF INTERCESSION.

WHICH MAY BE USED AFTER THE WORD “ ESPECIALLY ” IN THE PRECEDING PRAYERS AND INTERCESSIONS.

◆

The creation,            the race of man,  
 all in affliction and in prosperity,  
     in error,            and in truth ;  
 in sin— especially those in this Parish,  
     do Thou convert their souls ;  
 and in grace—especially those in this Parish,  
     do Thou strengthen their souls :  
         the Church Catholic,  
         Eastern,            Western,  
                             our own ;  
 Rulers spiritual and temporal ;

the Episcopate, Presbytery, Diaconate,  
and Lay people.

States of the earth —

Christian, neighbouring, our own ;

the Queen, the Royal family,

the Nobles,

Parliament, Law Courts, Army, Police,

the Commons ;

farmers, merchants, artizans,

the destitute and poor.

Those who have a claim on me,

from kindred —

my father, my mother,

my brothers, my sisters,

and all other relatives ;

from benefaction,

ministration of things temporal,

charge formerly or now,

natural kindness,

Christian love,

neighbourhood ;

promise on my part, especially [*here name*]

those for whom I am sponsor ;

their own desire [*here name*],

their lack of leisure,

sympathy for their extreme misery,

any good work, any noble action,

any scandal from me,

having none to pray for them.

(*From Bp. Andrewes.*)

AT THE THIRD HOUR. (See p. 16.)

*For the Peace and Unity of the Church.*

Vouchsafe we beseech Thee, Almighty God, to grant unto the whole Christian people, and especially to Thy servants in [N.], and all for whom our prayers are desired, unity, peace, and true concord, both visible and invisible; through JESUS CHRIST our LORD. Amen.

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AT THE SIXTH HOUR. (See p. 22.)

*For the Conversion of sinners and awakening of the listless.*

Almighty God, we beseech Thee to hear our prayers for such as sin against Thee, or neglect to serve Thee, especially those in [N.], and others for whom our prayers are desired, that Thou wouldst vouchsafe to bestow upon them true repentance, and an earnest desire to serve Thee, through JESUS CHRIST our LORD. Amen.

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AT THE NINTH HOUR. (See p. 27.)

*For the advancement and perseverance of the faithful.*

Vouchsafe, we beseech Thee, O LORD, to strengthen and confirm all Thy faithful, especially those in [N.], and all others for whom we are desired to pray, and to lift them up more and

more continually to heavenly desires, through  
**JESUS CHRIST** our **LORD**. Amen.

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FOR THE CONVERSION OF SINNERS.

*(To be used very often.)*

O Holy SAVIOUR, Who savest all them that come unto Thee, have mercy upon all those who are called by Thy Name, but who are now wandering far from Thee, in the ways of error and destruction; grant them the gift of true Repentance and hearty Faith, that they may seek Thee, and find Thee, and having found Thee may never go away from Thee, but ever rejoice with that joy which no man can take away, and love Thee with that Love which is shed abroad in our hearts by the HOLY GHOST, and that so persevering unto the end they may attain eternal life. Blessed JESUS, hear all our prayers for them for whom Thou didst once die upon the Cross, and now livest and reignest with the FATHER and the HOLY GHOST for ever and ever. Amen.

O ever blessed SAVIOUR and Redeemer JESUS, the Bright and Morning Star, Who alone canst give light to them that sit in darkness and the shadow of death, shine with Thy bright radiance upon all those in whose hearts Thou hast not yet arisen, [*especially* I pray Thee for *N.* and *N.*, and all others to whom Thou hast bound me by the ties of kindred or affection, whose names, O LORD, Thou knowest]. Dispel the clouds of



darkness with the brightness of Thy presence. Let the shadows of earth flee away, and do Thou appear with healing in Thy wings. Enlighten their eyes that they may no longer sleep in the death of sin, but may arise and shine with the light of Thy Divine Love, which is shed abroad in the hearts of Thy faithful people, O ever Blessed SAVIOUR and Redeemer, JESUS. Amen.

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#### A GENERAL INTERCESSION.

*(To be used frequently.)*

O Almighty and most merciful GOD, Who didst accept the intercessions of Thy servant Moses for Thy people Israel, and by Thy Holy Apostle St. Paul didst command that "supplications, prayers, intercessions, and giving of thanks be made for all men," look down in mercy upon all those for whom I ought to pray; replenish them with the Gifts and Graces of Thy HOLY SPIRIT, assist them in all dangers, ghostly and bodily, may they feel truly Thy Love shed abroad in their hearts, and so be drawn to love Thee fully Who didst first love them.

Look especially upon those for whom, whether from causes known or unknown to me, I have been desired to pray [*here name, if this be so*]; if they need strength, do Thou assist them by Thy grace; if they need defence and comfort, be Thou their shield and consolation; if they need to be

awakened to a sense of their danger, do Thou quicken them by Thy HOLY SPIRIT; whatever or how great soever their wants may be, do Thou supply them all according to Thy boundless loving-mercy.

And upon every object that concerns the Peace and Unity of the Church, the Conversion of sinners and awakening of the listless, the advancement and perseverance of the faithful, especially [*here name*], for which also my prayers have been desired [*if this be so*], do Thou most mercifully send down Thy Heavenly blessing, and bring it in Thy time to good effect.

And upon Thy whole Church do Thou be pleased to pour out a larger measure of Thy Grace, that we all being one, and partaking of that One Bread, CHRIST our LORD, may have an acceptable judgment at the last day, and be permitted to dwell with Thee for ever in Thy eternal and glorious kingdom.

Hear and answer these prayers and intercessions, O most merciful FATHER, for the sake and merits of JESUS CHRIST, our only Mediator and Advocate. Amen.

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### Acts.

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#### *Of Contrition.*

Behold me, O LORD, behold me a miserable

finer. And what shall I now say? what shall I answer, when I am guilty, guilty, guilty? I will go over my sins unto Thee in the bitterness of my soul? Like a crane or a swallow, so will I lament; I will mourn as a dove. I beseech Thee, O LORD, by all Thy mercy, let Thy most righteous indignation and fury be turned away from me, because I have sinned, and that grievously.

O FATHER of mercies, I beseech Thy Fatherly loving-kindness, despise me not. Yea, rather regard me, O LORD, regard me with those eyes wherewith Thou didst regard Magdalene in the banquet, Peter in the hall, the thief on the Cross; that with Peter I may weep, with the thief may confess, with Magdalene may love; may love much, yea, very much, for that many sins are forgiven me. Spare me, O LORD, spare me, a penitent, at the least desiring to be a penitent and preparing thereto, recollecting my sins with bitterness, indignant with myself concerning them, remembering and laying hold of Thy most bitter Passion. Spare me, O LORD, have mercy, Spare me.

To Thee, O LORD, I confess my many, my very great sins. I profess also to grieve, as Thou knowest. But I need more grief. I can sin much; I cannot repent much. My leanness! my leanness! woe unto me! Thou, O LORD, increase the fountain of tears that I have; supply that I have not; give me a melting heart, unutterable groans.

After so many backslidings, what is my hope? that Thou wilt extend Thy mercy to seventy times seven; for that measure Thou hast enjoined to us. I then trusting in Thy mercy that forgivest at the least seventy times seven, say and repeat, again and again, "God be merciful to me a sinner."

Shall God forgive, and thou not repent? God forbid! I do in a sort repent; I grieve that I can no more. I confess that my very grief is to be lamented, and I grieve that it is thus to be lamented. And who will give me to lament it more?

Do Thou, O LORD, give me power; if Thou wilt, Thou canst; Thou canst turn even the hard rock into a pool. Give tears: give a fountain of waters to my head. Give the grace of tears. Drop down ye heavens from above, and bedew the dryness of my heart.

O LORD hear; O LORD forgive; O LORD hearken and do; defer not for Thine own sake, O my GOD; for Thou hast found a Ransom for me. Let not the price of His precious Blood perish; but visit me in Thy goodness; forgive me every sin; deliver me from eternal punishment; sanctify my spirit, soul, and body, and give me grace to worship and to please Thee, in piety and holiness of life, until the very end of my days.

Now unto Him that is able to do exceeding

abundantly above all that we ask or think, according to the power that worketh in us, unto Him be glory in the Church, by CHRIST JESUS, throughout all ages, world without end. Amen. (*From Bp. Andrewes.*)

*Another.*

O my God, I confes against myself all those transgressions and pollutions, which render me unworthy of the least of Thy mercies. I have done many and grievous things against Thy laws, and my own good intentions. Instead of amending and forsaking my sins, I have added greatly to their number. Though Thou wert once pleased to wash and sanctify me, I have defiled myself anew with greater and more inexcusable sins.

Behold, O LORD, my wickednesses are gone over my head, and are like a fore burden too heavy for me to bear. And unless Thou, Whose property is always to have mercy and to forgive, be pleased to put forth Thy hand, I shall be lost for ever, and swallowed up in the great deep. Hearken, O LORD, to my cry, look down and behold my misery, O save me for Thy mercies' sake; have compassion upon Thy child, though he be rebellious and full of transgressions.

Consider, therefore, O my LORD and FATHER, that though I am a sinner, I am still Thy son; I cannot cease to be so by a double title, for

Thou art the author and giver, not only of my first and natural, but also of my second my spiritual and better life. Thou hast declared that Thou wilt not forget Thy children; forget not me, then, O my FATHER.

I confess, O LORD, that I am a sinner, a great and grievous sinner; my conscience reproaches me with guilt continually, and sets before mine eyes that Hell and condemnation which are the deserved wages of my evil doings. What shall I do? and whither shall I flee, but unto Thee? and therefore I take sanctuary in Thy mercy alone, in that mercy which can never be overpowered by any greatness or number of offences.

Thou, O Blessed JESUS, willest not the death of a sinner, but rather that he should be converted and live; suffer me not, then, to die, since Thou, O Blessed LORD, hast died for me. Thy death hath killed the death of sinners, and from that instant Thou didst their life commenced. Under the shelter of this mercy I dare approach the throne of grace, and thus protected and encouraged, I run, I call, I cry for pardon, and knock importunately, incessantly, till Thou open and take pity upon me. For if Thou didst of Thine own free love call us to a pardon, which we never sought, how shall we not much rather obtain a pardon upon our own request, and that request grounded upon encouragements, and commands, and promises, which Thou Thyself hast given us?

For what is JESUS but a Saviour? By the import and goodness of Thy Blessed Name, arise, I beseech Thee, to help me, and say unto my soul "I am Thy Salvation." Raise me, then, and quicken me, O LORD my GOD, that for the future I may serve Thee, live to Thee, and entirely devote myself to Thee. I know that the whole of what I am is Thy due as my Creator; I am sensible that more than I am is Thy due as my Redeemer. And had I it, I should owe Thee as much more than I am, as Thou, who gavest Thyself to be Man for my sake, art greater than the man for whom Thou wert given. But this poor self is all that I have to offer in return; and even this I could not offer without Thee. Accept me therefore, I beseech Thee, and draw me to Thyself, that I may from henceforth be Thine by imitation and resemblance, by obedience and love, who am already all Thine own as Thy creature and Thy purchase—even Thine, O sweetest Saviour, who livest and reignest for ever and ever. Amen. - (*St. Augustine.*)

Almighty and eternal God, the author of pardon, of life, of salvation, I confess that I am in Thy sight a polluted person; my conscience does accuse me, and Thy HOLY SPIRIT is grieved by me. But my Saviour JESUS died for me, and Thou pitiest me, and Thy HOLY SPIRIT still calls upon me, and I am willing to come; but I can-

not come unless Thou draw me with the cords of love. Draw me, and I will run after Thee, O GOD, my GOD. (*From Bp. Jer. Taylor.*)

*An Act of Self-oblation.*

Blessed be Thy Name, O LORD GOD, who hast set before me life and death, and hast bidden me choose life. Behold, LORD, I do with all my heart choose life; I choose Thee, O my GOD, for Thou art my life. Save, LORD, and hear me, O King of heaven, and accept my sacrifice, even the sacrifice of my whole heart, which I now give Thee. O my GOD, I offer Thee my senses and passions, and all my faculties; I offer Thee all my desires, all my designs, all my endeavours, all the remainder of my life; I offer Thee my memory, my understanding, my will; all that I have or am, I offer up all entirely to Thy service. LORD, sanctify me wholly, that my whole spirit, soul, and body may become Thy temple. O do Thou dwell in me, and be Thou my GOD, and I will be Thy servant. Amen. (*Bp. Ken.*)

*An Act of Faith.*

O blessed LORD JESUS, I do from my heart believe that Thou art the propitiation for my sins, and that Thou didst upon the Cross make an Atonement for all my transgressions. Thou didst then offer up Thyself a willing Sacrifice on my behalf; and by Thy death I live. Thou didst



shed Thine own most precious Blood for me, even for me, that I might be made pure and clean from all sin. By paying thus the ransom for me, Thou hast bought me for Thyself, that I may from henceforth live wholly unto Thee. Thou, O dearest SAVIOUR, art alone my trust, Thou art alone my hope, Thou art alone my salvation, Thee only will I love; for whom have I in heaven but Thee, and there is none upon earth that I desire in comparison of Thee.

And to my FATHER Which is in Heaven I come pleading Thy merits, as my sole ground of acceptance, trusting only in Thy Cross for salvation both in this world and in the world to come, beseeching Him to let me be more and more thoroughly washed in Thy most precious Blood. Thou, O blessed Saviour, hast paid all for me; therefore I come boldly to the throne of grace, trusting in Thy all-prevailing merits. For who can condemn, since Christ hath died? who can despair of salvation, since such a redemption has been wrought out for sinners? All that I could do for salvation, all my own merits, which are nothing out of Thee, I entirely renounce; and I throw myself wholly upon Thy mercy, being assured that Thou wilt most graciously accept me, since Thou hast so loved me.

And do Thou most mercifully grant, that as I now with heart-felt love accept Thy Cross and Passion as the ground of my acceptance, so I may

henceforth learn to follow Thee as my Example. May I willingly take up that cross which Thou shalt give me, and thus, crucifying the old man, die unto self and live unto Thee, O blessed JESUS, Who didst bear all my sins in Thine own Body on the tree. Grant this, O holy SAVIOUR, for Thine own dear Name's sake. Amen.

*An Act of Hope.*

O Almighty and most merciful FATHER, I firmly hope through the merits of Thy most dearly beloved SON, and for the sake of the Atonement which He made once for all for me, that Thou wilt at the last day receive me with Thy people into eternal glory. Trusting in His merits alone, I look for the time when He shall appear again in power and great glory, hoping that I may then be made like unto Him in His heavenly kingdom. O may it please Thee to keep this my hope, as an anchor of my soul, both sure and stedfast, so that at last I may obtain the fruition of those things which now I hope for, and be admitted into that rest that remaineth for the people of GOD. Grant this, O FATHER, for the sake of JESUS CHRIST, our only Mediator and Advocate. Amen.

*An Act of Love.*

I love Thee, O my GOD, I love Thee, and more and more would I fain love Thee. O

**LORD** my **GOD**, Thou who art fairer than all the children of men, grant me to long for Thee and to love Thee as much as I would, and as much as I should. Thou art immeasurable, Thou must be loved without measure, especially of us whom Thou hast so loved, whom Thou hast so saved, and for whom Thou hast made so great and so goodly things.

O **LOVE**, Which burnest ever and art never quenched, O sweet **CHRIST**, O gracious **JESUS**, O my **GOD**, Who art love itself, set me on fire wholly with Thy love, with love of Thee, with Thy sweetness, with desire of Thee, with longing after Thee, with Thy charity, with joying and exulting in Thee, with Thy affection and sweetness, with the pleasure of longing for Thee, which is good, and chaste, and clean; that, being entirely full of the sweetness of Thy love, wholly kindled with the flame of affection towards Thee, I may love Thee, O **LORD** my **GOD**, most sweet and most beautiful, with all my heart, with all my soul, with all my strength, and with all my intent, with much contrition of heart and shedding of tears, with much reverence and fear, having Thee in my heart and in my mouth, and before mine eyes always, that there may be no room in me for any counterfeit or unclean love. (*St. Augustine.*)

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## Acts of Love

FOR EVERY DAY IN THE WEEK.



### *First Day.*

O my God, Thou beauty of mine eyes and comfort of my heart, what dost Thou not supply to him that loveth Thee? why wander we away from Thee? why seek we any thing else but Thee? why long we for any thing besides? Oh, I beseech Thee, wound my soul with the dart of Thy love; fill all my desires, so that nothing out of Thee may delight or affect me, that I may see Thee alone in every creature of Thine, may ever pant towards Thee with most ardent desires, and think of Thee always with the purest love. O LORD JESUS, inflame my heart with Thy most holy and constant love! O would that I might be afire with the love of Thee! O let me languish for love of Thee! O most loving JESUS, grant to me a constant flame of love for Thee. Draw me and I will run after Thee, and will not faint. Like as the hart desireth the water-brooks, so let my soul long after Thee, O God. Grant me, most gracious JESUS, such an insatiable and boundless longing for Thee, that no created thing may be able to console me. O most loving LORD JESUS CHRIST, Elect Spouse of my soul, I beseech Thee, by that Heart of Thine, both pierced by the spear and wounded with love, pierce, wound, and inflame my heart with so

fierce a flame of Thy love, that with my whole heart, that is, with full desire and perfect will, I may love Thee, seek Thee, and make Thee my end in all things and above all things. I will so love Thee, O LORD my GOD, with my whole soul, as to direct all my senses to Thee, and make Thee my sole end. I will so love Thee with my whole mind as to occupy my intellect and my memory with Thee only and Thy glory, and cling to Thee alone. I will so love Thee with all my strength as to spend the whole of it, both of mind and body, in Thy praise, and love, and well-pleasing. I will so love Thee, O LORD my GOD, that Thou alone mayest possess me wholly, that Thou mayest absorb me wholly, and transform me into Thyself!

*Second Day.*

O LORD JESUS CHRIST, SON of the living GOD, grant that I may with my whole heart and full desire aspire towards Thee with thirsting soul, and breathe only in Thee, Thou dearest and sweetest LORD, and that my whole spirit and interior man may pant for Thee, Who art the true blessing. Grant that every creature may seem vile in mine eyes, and that nothing may affect me, nothing please me, but Thee. O sweet JESUS, wound and inflame my heart with Thy most pure love. Draw all my desires after Thee, that after Thee alone my soul may hunger and thirst, may without ceasing sigh for Thee and run to Thee, may

languish for love of Thee, and loathe earthly things. O sweet JESUS, fill my heart with those pure desires with which the soul ever burns for love of Thee, and, thinking of Thee always, knows nothing beside Thee. Oh would that Thou wert the only sweetness in my heart, Thou the only pleasure, most sweet JESUS. Alas! O LORD GOD, when shall I love Thee perfectly? when shall I gently hold Thee, my life, in the arms of my soul? when shall every desire of my heart embrace Thee, Thou dearest Lover of souls? O LORD my GOD, would that I might despise myself and the whole world entirely for love of Thee! would that my soul were melted with Thy love! would that it were borne along by and absorbed into Thee!

*Third Day.*

O sweet JESUS, grant me only those riches, Thyself, and I may be well poor in every thing else; make me poor in spirit, so that I may seek nothing else but Thee, O Thou adorable, honourable, worshipful, omnipotent, everlasting GOD, Thou most ardent Lover of souls, Thou most faithful exacter of love. When shall I love Thee in return? when shall I wholly go out of myself and wholly enter into Thee? would that I might leave myself wholly and pour forth myself into Thee! Excite my heart, O LORD, that I may seek Thee; enlighten my heart that I may find Thee; possess my heart that I may

rest in Thee, and forget everything that is out of Thee.

*Fourth Day.*

O most glorious JESUS, how fair, how lovely, how beautiful, how sweet Thou art; blessed are they who love Thee. O most merciful and most loving JESUS, Thou only treasure and joy of my heart, grant that I may wholly go out of and leave myself, and ever aspire towards Thee with most fervent desires. O true light, O never-failing life, O love that ever burnest, grant that I may wholly die to the world and to the flesh, and entirely forget all temporal things, that I may neither joy nor sorrow for them, nor regard any thing else but Thee, Who art my love. O most highest, most powerful, most fair, most glorious, most sweet, most pleasant, most lovely, most to be desired, most dear LORD, make my heart like Thy Heart, that Thou mayest abide ever with me. Take me to Thyself, and give Thyself to me. Bind me fast to Thee by the most indissoluble bond of love, that neither death nor life may separate us for a moment. O LORD JESUS, make me to know my own vileness, and Thy majesty and goodness, that thence there may increase in me the most profound humility, and hence there may be kindled in me the most perfect love. O most merciful JESUS, since Thou commandest nothing else, and I desire that one thing alone, namely, that I should love Thee with

my whole heart, and please Thee in all things and above all things, why is this not fulfilled in me, O most loving JESUS, for I can desire nothing that is good, much less can I do, except that which Thy grace shall have inspired me to desire and do? What, therefore, Thou inspirest, and commandest, and praifest, do Thou pour into me, that I may will it and perform it. O most merciful JESUS, now I make again the same request; do not deny me that which Thou commandest, since it is pleasing to Thee, and most desired by me. Fill my heart with the most perfect and most ardent love, full of faith and constancy, that all that I am, and all my powers, and every thing which is within me, and about me, may worship, may seek, may thirst for, may love, may serve and please Thee fully and for ever.

### *Fifth Day.*

O LORD JESU CHRIST, shew forth Thy virtue and power in me, a most miserable sinner; shew that Thy goodness is greater than my wickedness; grant that I, who have been hitherto turned from Thee, and cold towards Thee, may now be wholly converted to Thee, and being set on fire by the flame of Thy love, may be transformed into Thee. My GOD, my Creator, how long I do not know Thee? how long dost Thou lie hid, and I do not seek Thee? yea Thou art near, and do I not find Thee? Thou art my only salvation, and do I not seek Thee? Therefore most loving, most faithful lover, Who when



I existed not didst love me, and that I might exist hast made me, grant that I may long after Thee, thirst for Thee, seek Thee, run after Thee, and for love of Thee loathe all things which are out of Thee.

*Sixth Day.*

**F** O most gracious LORD JESU CHRIST, grant that I may wholly love Thee most fervently. O most faithful LORD JESU CHRIST, grant that I may feel with how great a love Thou hast loved, and dost still love us! O sweetest LORD JESU CHRIST, how willingly would I love Thee! and since Thou hast granted that I might thus will, grant, therefore, that I may love Thee with my whole heart, for without Thee I can do nothing. Sweet JESUS, pardon my vileness and my boldness, bestow upon me what I seek, and give me what I ask; make me to be afire with the most pure and ardent love of Thee, to be drawn to and lost in Thee, and to forget all things which are out of Thee. O Thou Lover of my heart, grant that it may die for love of Thee.

*Seventh Day.*

O most lovely JESUS, grant me a most faithful, most strong, most chaste and pure love for Thee, which may feel Thee incessantly, may praise Thee, may thank Thee, may obey Thee, may thirst most ardently for Thy honour, and bestow itself wholly upon Thee. O JESUS, crucified for

me, transform me, I beseech Thee, into Thyself, and cause me to be crucified in Thee with the nails of love so that I may never be parted from Thee. Grant that I may please Thee wholly, always, and most perfectly. O most lovely JESUS, O most faithful lover, O most devoted lover, would that I might attain to be wholly satiated with the love of Thee! O when shall I see Thee face to face? O would that I might attain to be lost in Thy love! Would that I might attain to be afire in Thee by the flame of Thy love, to be united to Thee, and to be consumed in Thee! O JESU most to be longed after, grant me to long after Thee, so that I may not be able to live without Thee, but be sick of love for Thee. My soul hungereth and thirsteth after Thee, my soul liveth and subsisteth in Thee alone, my soul resteth in Thee alone. O holy JESUS. fill me full of Thy love and most perfect humility, May I ever so burn for love of Thee with most perfect charity, as at the same time I cease not to regard my own vileness. I am a sinner, Thou art my GOD, Thou art all to me, into Thy hands I commend my spirit and all that I am.

*For the Gift of Charity or Divine Love.*

O LORD, who hast taught us that all our doings without Charity are nothing worth, send Thy HOLY GHOST, and pour into our hearts that most excellent gift of Charity, the very bond of peace and of all virtues, without which whosoever

liveth is counted dead before Thee: Grant this for Thine only Son JESUS CHRIST's sake. Amen.

This may be added after any of the former.

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## An Office

PREPARATORY TO AND AFTER HOLY COMMUNION.

—♦—  
 “What the LORD Himself did make it,  
 That I will believe and take it.”

The Prayers and Devotions in this Office are arranged so as to bring before the soul the Holy Communion in its three-fold aspect; viz., first, as a Commemorative Sacrifice, pleading the one perfect Offering made once for all upon the Cross by our Saviour JESUS CHRIST; secondly, as a Sacrament composed of two parts, the one outward and visible, the other invisible and spiritual; thirdly, as a Eucharistic or Thanksgiving Service, an offering of Praise to God who so loved us.

Our FATHER, &c.

- O LORD, open Thou our lips:  
 And our mouth shall shew forth Thy praise.  
 O GOD, make speed to save us:  
 O LORD, make haste to help us  
 Glory be to the FATHER, &c.

HYMN. *O Memoriale mortis Domini.*

Blest be the sweet Memorial of our dying LORD,  
 Who living Bread to man from heaven doth afford!  
 O may my hungering soul, dear JESUS, feed on  
 Thee,  
 Who givest Thine own self my sweetest Food  
 to be!

Dear JESU, GOD and LORD, Thou fount of every good !

Cleanse me, unclean and vile, with Thy most precious Blood ;

Whose power is so tremendous, that one drop outpoured

From all transgressions could have this lost world restored.

Sweet JESU, Whom now veiled, my faith alone can see,

Oh when shall that I long for so be allowed to me ?  
To gaze in bliss for ever on Thine unveiled face,  
Blest with that glorious vision — filled with Thy grace ?

PSALM 116. *Dilexi, quoniam.*

I am well pleased : that the LORD hath heard the voice of my prayer ;

That He hath inclined His ear unto me : therefore will I call upon Him as long as I live.

The snares of death compassed me round about : and the pains of hell gat hold upon me.

I shall find trouble and heaviness, and I will call upon the Name of the LORD : O LORD, I beseech Thee, deliver my soul.

Gracious is the LORD, and

righteous : yea, our God is merciful.

The LORD preserveth the simple : I was in misery and He helped me.

Turn again then unto thy rest, O my soul : for the LORD hath rewarded thee.

And why ? Thou hast delivered my soul from death : mine eyes from tears, and my feet from falling.

I will walk before the LORD : in the land of the living.

I believed, and therefore will I speak ; but I was fore

troubled : I said in my haste,  
All men are liars.

What reward shall I give  
unto the LORD : for all the  
benefits that He hath done  
unto me ?

I will receive the Cup of  
Salvation : and call upon the  
Name of the LORD.

I will pay my vows now  
in the presence of all His  
people : right dear in the sight  
of the LORD is the death of  
His faints.

Behold O LORD, how that

I am Thy servant : I am Thy  
servant, and the son of Thine  
handmaid : Thou hast broken  
my bonds in funder.

I will offer to Thee the  
Sacrifice of Thanksgiving :  
and will call upon the Name  
of the LORD.

I will pay my vows unto  
the LORD, in the sight of all  
His people : in the courts of  
the LORD's house, even in  
the midst of thee, O Jeru-  
salem. Praise the LORD.

Glorify be, &c.

PSALM 84. *Quam dilecta.*

O how amiable are Thy  
dwellings : Thou LORD of  
hosts !

My soul hath a desire and  
longing to enter into the  
courts of the LORD : my  
heart and my flesh rejoice in  
the living GOD.

Yea, the sparrow hath  
found her an house, and the  
swallow a nest where she  
may lay her young : even  
Thy altars, O LORD of hosts,  
my King and my GOD.

Blessed are they that dwell  
in Thy house : they will be  
always praising Thee.

Blessed is the man whose  
strength is in Thee : in whose  
heart are Thy ways.

Who going through the

vale of misery use it for a  
well : and the pools are filled  
with water.

They will go from strength  
to strength : and unto the  
GOD of gods appeareth every  
one of them in Sion.

O LORD GOD of hosts, hear  
my prayer : hearken, O GOD  
of Jacob.

Behold, O GOD our de-  
fender : and look upon the  
face of Thine anointed.

For one day in Thy courts :  
is better than a thousand.

I had rather be a door-  
keeper in the house of my  
GOD : than to dwell in the  
tents of ungodliness.

For the LORD GOD is a light  
and defence : the LORD will

give grace and worship, and  
no good thing shall He withhold  
from them that live a  
godly life.

O LORD GOD of hosts:  
blessed is the man that putteth  
his trust in Thee.

Glory be, &c.

*Antiphon.*—I will wash my hands in innocency, O LORD: and so will I go to Thine Altar.

My soul is athirst for GOD:

Yea, even for the living GOD.

O send out Thy light and Thy truth:

That they may lead me;

And bring me unto Thy holy hill:

And to Thy dwelling;

That I may go unto the Altar of GOD:

Even unto the GOD of my joy and gladness.

Thou art my GOD and I will thank Thee:

Thou art my GOD and I will praise Thee.

Let Thy priests be clothed with righteousness:

And let thy saints sing with joyfulness.

Do well O Lord:

Unto those that are good and true of heart.

*Texts.* Come unto Me all ye that labour and are heavy laden, and I will give you rest.

The Bread which I will give is My Flesh, which I will give for the life of the world.

He that eateth My Flesh and drinketh My Blood, dwelleth in Me, and I in him.

Verily, verily, I say unto you, Except ye eat the Flesh of the Son of Man and drink His Blood, ye have no Life in you.

*Antiphon.*—He hath given Meat unto them that fear Him: He shall ever be mindful of His Covenant. (See also p. 38.)

O taste and see how Gracious the LORD is.

Then shall a short space be kept for Mental Prayer; after which may follow Bishop Andrewes' Prayers before receiving, where that book is used; then,

*For Purity.*

Visit I beseech Thee, O Thou GOD of mercy, and cleanse my conscience, that our LORD JESUS CHRIST, when He cometh, may find in me a mansion prepared for Himself, Who liveth and reigneth with Thee in the unity of the HOLY GHOST, one GOD, world without end. Amen.

*(Scudamore.)*

i. AS COMMEMORATIVE.

O Blessed SAVIOUR JESUS CHRIST, both GOD and Man, Who didst humble Thyself, even to the death upon the Cross, for us, miserable sinners, who lay in darkness and the shadow of death, that Thou mightest make us the children of GOD, and exalt us to everlasting life, and Who hast instituted and ordained Holy Mysteries, as pledges of Thy Love, and for a continual Remembrance of Thy Death; grant that, by Thy merits and most precious Death, and through Faith in Thy Blood, we and all Thy whole Church may obtain remission of our sins, and all other benefits of Thy Passion. Be pleased, also, mercifully to accept us, for we offer and present unto Thee, O LORD, ourselves, our souls, and bodies, to be a reasonable, holy, and lively sacrifice unto Thee,

since Thou didst suffer upon the Cross for our Redemption, and didst make there a full, perfect, and sufficient Sacrifice for the sins of the whole world. Amen.

Almighty LORD, Who hast of Thine infinite mercy vouchsafed to ordain this dread Sacrament for a perpetual Memory of that blessed Sacrifice which once Thou madest for us upon the Cross ; grant me, with such diligent remembrance, and such due reverence, to assist at the holy celebration of so heavenly and holy a Mystery, that I may be made worthy, by Thy grace, to obtain the virtue and fruits of the same, with all the benefits of Thy precious Death and Passion, even the remission of all my sins, and the fulness of all Thy graces ; which I beg for Thy only merits, Who art my only Saviour, GOD from everlasting, and world without end. Amen. (*Bp. Cosin.*)

May that which shall be offered up unto Thee, O LORD, be accepted for mercy upon the whole world, for all them for whom CHRIST offered up Himself a Sacrifice upon the Altar of the Cross, for the glory of Thy Name, and for the coming of the HOLY GHOST, that He may be pleased to visit and enlighten our hearts. Amen.

(*From Greek Ritual.*)

## ii. AS A SACRAMENT.

O sweet JESUS, the Redeemer and Comforter of souls, Who hast taken upon Thee our nature,



and hast made us to partake of Thine by the Laver of Regeneration, and dost continue to communicate it to us by the Holy Sacrament of Thy most precious Body and Blood; grant us, we beseech Thee, through the virtue of that Holy Sacrament, so to feed upon Thee as to become one with Thee, and temples of Thy Holy Spirit, so that being supported here by this Heavenly Food, we may live and die in Thy service, and hereafter enter into that bliss which Thou hast prepared for those that unfeignedly love Thee and ever rejoice before Thee with joy unspeakable and full of glory.

O merciful JESUS, let that immortal Food, which in this Holy Sacrament Thou vouchsafest me, instil into my weak and languishing soul new supplies of grace, new life, new love, new vigour, and new resolution, that I may nevermore faint, nor droop, nor tire in my duty. (*Bp. Ken.*)

I adore Thee, O Blessed JESUS, my LORD and my GOD, when I consider what that Sacrament is to which Thou invitest me, and of what parts it consists, of an outward and visible sign, and of an inward and spiritual grace. Help me, O my GOD, to look through the outward elements, and fix my faith on that which they signify, and which is the inward and invisible grace, even Thy own Blessed Body and Blood, which are verily and indeed taken and received by the faithful in this Sacrament. Amen. (*From Bp. Ken.*)

## iii. AS A EUCHARISTIC OR THANKSGIVING SERVICE.

Thanks be unto Thee, O Creator and Redeemer of mankind, Who to manifest Thy Love to the whole world hast prepared a great Supper, wherein Thou hast set before us to be eaten, not the typical Lamb, but Thine own most Sacred Body and Blood, rejoicing all the faithful with this holy Banquet, and replenishing them to the full with the Cup of Salvation. (*Imitation of Christ.*)

But what return shall I make to the LORD for this grace, for love so unbounded? There is nothing that I can give Him more acceptable than if I offer up my heart wholly to my GOD, and unite it closely to Him. Then shall all that is in me rejoice exceedingly, when my soul shall be perfectly united to my GOD. Then will He say unto me, If Thou art willing to be with Me, I am willing to be with Thee. And I will answer Him, Vouchsafe, O LORD, to remain with me, for I will gladly be with Thee; this is my whole desire, that my heart may be united to Thee. (*Imitation of Christ.*)

Great and infinite are Thy glories, infinite and glorious are Thy mercies; who is like unto the LORD our GOD, That hath His dwelling so high, and yet humbleth Himself to behold the things that are in heaven and earth? Heaven itself doth wholly minister to our salvation; GOD takes care of us; GOD loves us first; GOD will not suffer us

to perish, but employs all His attributes for our good. The SON of GOD dies for us; the HOLY SPIRIT descends upon us and teaches us; the angels minister to us; the Sacrament is our food; CHRIST is married to our souls; and heaven itself is offered to us for our portion. (*Bp. Jer. Taylor.*)

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*An Act of Oblation of ourselves after the Consecration.*

Thou, O Blessed SAVIOUR JESUS, hast given me Thy precious Body to be the Food of my soul; and now, O GOD, I humbly present to Thee my body and soul, every member and every faculty, every action and every passion. Do Thou make them fit for Thy service, so that, as I have given my members to sin and to uncleanness, I may henceforth walk in righteousness and holiness before Thee all the days of my life. Amen. (*Bp. Jer. Taylor.*) (*See also p. 62.*)

*An Intercession, which may be used in Church after the Consecration, in behalf of Friends, or any who may have desired our Prayers.*

O most merciful and gracious GOD, FATHER of our LORD JESUS CHRIST, the LORD of glory, Who hast given Thy Holy SON to die for our salvation, I humbly present to Thy Divine Majesty the glorious Sacrifice which our dearest JESUS made of Himself upon the Cross, and by a never-ceasing intercession now exhibits to Thee in heaven in the office of an eternal Priesthood, in behalf of

all that have communicated this day in the Divine Mysteries in all the congregations of the Christian world, and in behalf of all them that desire to communicate, but are hindered; and also in behalf of those near and dear to me\*; those who have asked an interest in my prayers\*; and all others for whom I ought to pray. [*\* Here name any that you desire to pray for.*] Grant unto them true repentance, lively faith, and perfect love; give them whatsoever they want, or wisely and holily desire; keep them for ever in Thy fear and favour; grant that they may never sin against Thee, never fall into Thy displeasure, never be separated from Thy love and from Thy presence, but let their portion be in the blessing and in the service, in the love and in the kingdom of God, for ever and ever. Give Thy grace speedily to all wicked and careless persons, that they may repent and live well, and be saved; to all good people give an increase of gifts and holiness, and the grace of perseverance and Christian perfection, that all may in the end rejoice before Thee with joy unspeakable and full of glory. Amen. (*Bp. Jer. Taylor.*)

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AFTER RECEIVING.

I praise and bless and glorify Thee, O heavenly FATHER, for that shedding of the precious Blood of Thy dear SON, by which we are redeemed, and for the holy and life-giving Mysteries of His Body and Blood, whereby Thy Church is daily

fed and washed and sanctified, and is made to partake of His Divine Nature. Blessed be Thy holy Name for Thy great and unspeakable love by which Thou hast so loved and saved us, who were so unworthy, by the means of Thy well-beloved SON. For Thou hast so loved the world as to give Thine only begotten SON, that whosoever believeth in Him might not perish, but have everlasting life. (*St. Augustine.*)

Grant, O LORD JESUS, that I may henceforth faithfully follow and serve Thee, Who hast at this time so lovingly vouchsafed to come to me; and because, through my infirmities, I cannot follow Thee as I would, be pleased to assist me with Thy power, and draw me after Thee. Let my soul be so strengthened by virtue of this Sacrament that it may esteem nothing pleasing or delightful in comparison of Thee; that it may lust after no transitory thing, nor be disquieted with any worldly cross; but, by Thy assisting grace, I may overcome all the difficulties of this life, and bless Thee for ever in the life to come. Amen. (*Bp. Andrewes.*)

O Blessed and Eternal High Priest, let the Sacrifice of the Cross, which Thou didst once offer for the sins of the whole world, and which Thou dost now and always represent in heaven to Thy FATHER by Thy never-ceasing intercession, and which this day hath been exhibited on Thy Holy Table sacramentally, obtain mercy and peace, faith and love, safety and establishment to Thy

holy Church, which Thou hast founded upon a rock of a holy faith, and let not the gates of hell prevail against her, nor the enemy of mankind take any soul out of Thy hand, whom Thou hast purchased with Thy Blood and sanctified by Thy SPIRIT. Amen. (*Bp. Jer. Taylor.*)

Grant, O Holy FATHER, that we and all Thy servants, who by faith and sacramental participation communicate with the LORD JESUS, may obtain remission of our sins, and be confirmed in piety, and may be delivered from the power and illusions of the devil, and, being filled with Thy SPIRIT, may become worthy members of CHRIST, and at last may inherit eternal life, through the same our LORD JESUS CHRIST. Amen. (*St. Clement's Liturgy, from Bp. Jer. Taylor.*)

We give thanks to Thee O LORD, the lover of mankind, the benefactor of our souls, for that Thou hast been pleased at this time to account us worthy of Thy heavenly Mysteries. Direct our way, strengthen us in Thy fear, protect our life, and uphold our steps. Praying that we may finish this day in holiness, peace, and without sin, we commend ourselves, and each other, and our whole life, to CHRIST our GOD. For Thou art our sanctification, and to Thee we offer up our praise; and therefore we glorify the FATHER, and the SON, and the HOLY GHOST, now and for ever. Amen. (*From Greek Ritual.*)

Any of the "Acts of Love" may be added in here.









