

INFANTILE PARALYSIS

DR. J. E. ECKLES TELLS SOMETHING ABOUT THIS DREAD-ED DISEASE

"Polio-myelitis, or infantile paralysis, which is at present prevalent in New York city, were a recrudescence of the outbreak caused 39 deaths in 24 hours, Friday of last week, is a germ malady which attacks the anterior horn of the spinal cord, composed of a bunch of nerve cells. The blood vessels of these cells become engorged so that they cannot function. This causes paralysis. It has been difficult to isolate the germ that causes infantile paralysis and consequently difficult to prepare a serum that would lend itself to the treatment of such cases. In spinal meningitis there is pain; in infantile paralysis there is no pain," said Dr. J. E. Eckles.

"The great cause of the spread of this disease is the fact that it spreads to the mucous membrane of the nose and throat through the lymphatics and to the brain and spinal cord. Thus it is easily conveyed to healthy persons through the secretions of the nose, throat and intestines. It has been found in the blood of monkeys. Thus it is easily communicated to others.

"The public can draw a good lesson from this. It is indispensable that all persons in an epidemic of this kind should watch the secretions of the sufferers from the disease. All secretions should be burned, or otherwise destroyed. Don't get into crowds. The germ can be carried into your nose or throat by someone who may sneeze in your neighborhood.

"See that flies are not allowed to breed in your vicinity. They are a constant source of infection. They crawl over and carry away portions of the secretions of poliomyelitis patients and carry them to healthy persons; onto their food and into milk and other articles of diet. Kill the fly wherever you may see one.

"Another fact about the disease is that many persons may be afflicted with it and the case may be quite mild and cause only a slight uneasiness and no paralysis; yet from such a case infection may be carried that might produce a fatal case. One cannot be too careful. This was abundantly proved in the experiments conducted by the famous Dr. Flexner of the Rockefeller Institute of New York City.

"Thus far the profession has not succeeded in finding a serum except in a limited amount and one which did not give satisfactory results. It is a difficult germ to isolate by ordinary methods.

"Cleanliness is the most potent factor in combating this disease. By cleanliness one can avoid it. Sunlight is the great enemy of the germ. People in any case should avoid indiscriminate spitting in public; especially spitting in dark places where the sunlight cannot reach.

"From a drug standpoint eurotropic (hexamethylamin) given early in the history of the case has good effects. It seems to penetrate the membrane of the spinal cord better than any other known drug. Serum therapy is of course a cure if the serum has been properly prepared.

"Avoid crowds; avoid fear. The death rate is not so high as is supposed. Many people take the disease and get over it without knowing it. The disease manifests itself within from two days to two weeks after exposure. Patients should be handled as little as possible. Twisting and moving irritates the spinal cord and increases the inflammation."

PLAYGROUND NOTES

The boys of the Intermediate Playground won in their game with the Central Avenue boys by the score of 32 to 10. Too many runs were allowed on both sides. The Intermediate team is a good team which has deteriorated because of lack of practice, and the Central Avenue team was composed of boys who had never played together before.

The boys' handball tournament starts today and will end Thursday. We would be glad to have any one enter who feels able to compete with our expert players.

FISHEL WINS GOLF CUP

After much interesting play the Golf Handicap came to the finals, Saturday, when the survivors of the various matches, Joe Fishel and C. W. Clark, were brought together on the links. Both men were in good form and the match was keenly contested at every hole. At the close Fishel was 1 up. The handsome cup offered for this handicap was presented to Fishel.

IN BIG BEAR VALLEY

DAN KELTY RETURNS FROM WEEK'S OUTING CHARMED WITH EXPERIENCE

"Next year," said Dan Kelty, of Cornwall & Kelty, "I am going to see if I can't arrange for a month's vacation, which I shall spend in Big Bear valley. I have never enjoyed anything so much as the five days I have just spent in that delightful spot. W. W. Hamilton of Tropicco accompanied me. We left Glendale at 10:30 a. m. and reached Big Bear lake at 6:30 p. m. the same day. That was pretty good time as the road, toward the latter part of the journey, is somewhat exacting. The distance is 140 miles.

"After leaving San Bernardino and getting on the real climbing part of the journey the grade is rather heavy; but any auto can negotiate it. It is necessary to stop at the water troughs, of which there are many along the road, and renew water. I would even advise parties making the trip to carry along a big canteen and fill it with water on the upper grade so as to be able to renew the water where the distance between the troughs is considerable.

"We reached the lake, which is a beautiful body of fine clear water, ten miles in length, and about two miles wide at its widest point, narrowing to about a quarter of a mile at the end where we camped. That was in the vicinity of what is known as Shea's cabin. The view from that point is extremely picturesque. Nothing can equal the wonderful peace of the mountains in this quarter. The air is laden with the scent of the pines and is vigorous and bracing.

"During our stay there was one storm of rain and hail but it soon passed away, leaving the air clear and crisp. We also had the excitement of an earthquake shock, which was quite distinct and sharp as long as it lasted. The earth tremors came in two periods and the sensation of the solid earth suddenly developing insecurity was rather bewildering.

"Of course we went to catch fish. We had all manner of necessary tackle and bait. The lake is full of trout, large fellows, weighing from 3 to 4 pounds each. The limit is ten pounds and one fish. We caught the limit three times and altogether caught 75 pounds of trout.

"Those who go to fish in the Big Bear lake will find salmon eggs as good a bait as any, but if they can find the grub of the dragon-fly, which is usually to be found in the rotting logs by the lakeside, they will have a bait of which the trout are inordinately fond. We were able to secure some of this bait. On one occasion we hooked a large trout, which speedily ran out sixty yards of line and then racing back toward the boat as we reeled him up he made a leap that flung him clean into our boat. When our vacation was up we came to the conclusion that five days is entirely too short for the thorough enjoyment of Big Bear valley and we left it with many regrets."

Mr. Kelty says that he will gladly give any information to anyone planning a trip to Big Bear Lake.

IOWANS TO PICNIC

The Iowa people all over Southern California are looking forward to and planning for their big picnic at beautiful Bixby Park, Long Beach, Saturday, August 12, 1916.

There are picnics and picnics, but only one Iowa reunion each summer. It is only necessary to announce the date and the eager Hawkeyes do the rest. Some 25,000 meet each year for this jolly summer outing by the sea.

All the features that make the Iowa gatherings such home-like, joyous affairs will be offered again this time. There will be the county registers, the picnic dinners under the trees, the coffee free to all who buy the badges, the brief informal program, and the thousands of meetings of old friends around the county registers and headquarters. Every Iowan who can should take a day off and join the happy Hawkeyes for this reunion and a visit to Long Beach.

NO CHARGE FOR OBITUARY NOTICES

The Evening News, unlike many other local newspapers, is ready to publish obituary notices of residents of the Glendale community without charge, and asks that relatives of the deceased one kindly furnish the Evening News with full particulars of the life of the one whose death has occurred.

WEATHER FORECAST—Cloudy tonight; fair Tuesday; westerly winds.

DARING AVIATOR CAPTURED BY GERMANS

ANTOINE MARECHAL, FRENCH AIRMAN, FLIES OVER BERLIN, ON WAY TO PETROGRAD

(Special Service to Glendale Evening News)

PARIS, July 24.—Antoine Marechal, a French aviator, who started on an aeroplane journey from Nancy to Russia, by way of Berlin, was captured this morning at Chorm, Poland, by the Germans. Marechal created a sensation in Berlin, by flying over that city and dropping large numbers of placards describing the war situation. Marechal was very much chagrined at being captured so short a distance from his goal.

CASEMENT REFUSED APPEAL TO LORDS

FORMER BRITISH OFFICIAL CONVICTED OF HIGH TREASON SEES ONE OF LAST HOPES VANISH

(Special Service to Glendale Evening News)

LONDON, July 24.—The Attorney-General today refused to certify the documents which would have enabled Sir Roger Case-ment, the former British official convicted of high treason recently, to take an appeal to the House of Lords. Case-ment is now under sentence of death and it is said that only his connection with several noble families has prevented his being shot before this. It is believed that his influential connections may yet secure a commutation of his sentence.

AIRCRAFT ACTIVE ON THE WAR FRONT

FRENCH AND GERMAN AVIATORS COMBAT INCESSANTLY OVER THE HOSTILE ARMIES

(Special Service to Glendale Evening News)

PARIS, July 24.—One of the features of the present Anglo-French drive on the German third defense line at Bapaumes and Peronne is the extraordinary activity of the airmen. A few days ago the French and British practically cleared their front of Teuton aircraft and destroyed a large number of observation balloons. The Germans have since then sent a fresh air flotilla to the front lines. There were many encounters between the opposing aircraft this morning and six German airships were destroyed. Several Allies' craft were lost.

RUSSIANS BREAK THROUGH GERMAN LINES

KUROPATKIN DRIVES FIVE-MILE DENT IN VON HINDENBURG'S LINES SOUTH OF RIGA

(Special Service to Glendale Evening News)

PETROGRAD, July 24.—Gen. Kuropatkin, after having attacked every section of Von Hindenburg's defense, south of Riga, found a weak spot, and drove through it to the distance of five miles. The Russians are consolidating their gains and bringing up more men to the attack. In Galicia the Austrian defense has been completely shattered and 27,000 Austrians have been captured within the past three days. In the Caucasus the Grand Duke Nicholas has forced the Turks to retreat.

POLICE AFTER AUTHORS OF BOMB OUTRAGE

AUTHORITIES IN SAN FRANCISCO HOPE THAT ACCOMPLICES WILL BETRAY CRIMINAL

(Special Service to Glendale Evening News)

SAN FRANCISCO, July 24.—The police hope that the bomb planter, who is responsible for the death of six persons and the wounding of many more in the Preparedness parade, will shortly be apprehended. They set their hopes on the effect of the large reward on the possible accomplices of the criminal. They also state that if the criminal acted alone that he is probably insane and that his vanity will possibly lead him to boast about his deed and betray himself. Hope is now entertained also that the specially appointed police squad will be able to get action on the matter.

GERMAN DESTROYERS FLEE FROM BRITISH

SIX TEUTON BOATS ATTEMPTING A RAID ON BRITISH COAST DRIVEN BACK THIS MORNING

(Special Service to Glendale Evening News)

LONDON, July 24.—Six German destroyers, which had started out to attempt a raid on the British coast, were detected early this morning by a few British destroyers. The British immediately engaged the Teutons, who fled precipitately, after having been badly hit several times. Two British sailors were wounded.

GERMANS SAY BRITISH BLOW NOT DECISIVE

BERLIN, July 24.—The British troops failed to obtain any decisive foothold on the Pozieres front by their last costly offensive, according to the statement of the war office today.

CHRISTIAN HOLINESS

HONESTY AND MORALITY ARE NOT HOLINESS, SAYS REV. EDMONDS

The sermon topic of Rev. W. E. Edmonds yesterday morning was "True Christian Holiness," text Zech. 14:20, "In that day there shall be upon the bells of the horses, Holiness unto the Lord."

"We are not concerned," said the speaker, "in regard to these words as a prophecy, but as to holiness as a part of the Christian life. The whole purpose of the Gospel is personal holiness, and the religion that fails in this is a failure, for 'Without Holiness no man shall see God.' We must grow in grace, for without growth no man can be a Christian. The forgiveness of sin is only the beginning, there must be a continuous growth in grace. Holiness follows the crucifixion, the Gospel is free, but we can keep holy only by sacrifice and the thing that is worth while is worth paying something for—we cannot pay too much for holiness.

"A man may be honest and entirely moral, but holiness is a different matter and is a gift of God's free grace. Holiness is to dwell with God, it is not natural to us for 'in sin did our mother conceive us.' To be holy therefore we must be changed. Every one should have something in his life resembling the 'Holy of Holies' of the Jewish temple, a place where dwells the Divine. We perhaps approach this most nearly when we partake of the communion in the proper spirit. There should be an altar in every home, it is not a home in the best sense if holiness is not there, it is only a stopping place, a house. It is a great fallacy to imagine that holiness is confined to any particular place. It was the thought of the prophet that Holiness be stamped upon the instruments of labor, but let us strive to stamp it on every tissue of our being.

BOY SCOUTS OUTING

Troop 2, Glendale Boy Scouts, returned Saturday evening from a two-day outing in the Big Tejuanga Canyon. Friends of the Boy Scout movement took them as far as Littlelands in autos, from which place the boys hiked five miles into the canyon and made their camp. The time was very profitably spent in scouting, tracking, signaling and athletic contests.

The Boy Scout movement is growing very rapidly in Glendale, and if parents knew the great good being accomplished by it undoubtedly more boys would make application so as to be able to get into the outings that are to be carried out during the summer.

The Boy Scout movement is not military in thought, form or spirit, although it does instill in boys the military virtues such as honor, loyalty, obedience and patriotism. Scouting means outdoor life, health, strength, happiness and develops a strong, manly character, and insures good citizenship.

They were accompanied by D. A. Lane, scout master of Troop 2.

HOUSE PARTY AND REUNION

Mrs. H. Plannette of Los Angeles, who is residing at present at Redondo, entertained as house guests last week a number of her many relatives, in honor of Mrs. Dr. E. J. Martin, of Covington, Indiana, who is visiting her sister, Mrs. McKee, of 1418 W. Colorado boulevard, Glendale. The house party culminated in a family reunion on Saturday, in honor of Mr. and Mrs. J. C. Plannette, 1534 Riverdale Drive, on the occasion of Mrs. Plannette's 79th birthday. Forty-nine persons were present altogether. They represented three sets of four generations. The party spent a pleasant day and enjoyed dinner in the park at Redondo.

WILBURS ENTERTAIN

Mr. and Mrs. L. E. Wilbur of 1464 Patterson avenue entertained a number of friends Saturday evening in a most delightful manner. The house was decorated throughout with banks of yellow flowers, coreopsis, Shasta daisies, yellow lillies and ferns being used in generous profusion in the rooms where the guests were entertained. Clever games had been arranged by the host and hostess, the winners in the contests being the recipients of dainty prizes. Music was also enjoyed and the evening passed all too quickly. The guests were Mrs. Miller, Miss Virginia Miller, Mrs. Harold Bond, Mrs. Clayton Bond of Pasadena, Miss Eleanor Heller, Miss Snyder, Miss Bendel, Mrs. Steed, Mr. Dowling, Mr. Harper of Los Angeles and Mrs. Palmer, mother of the hostess.

BRIDGE PARTY

MRS. J. L. FLINT ENTERTAINS FOR MISS WELLS AND MRS. MESEROLE

The home of Dr. and Mrs. James Luther Flint, 142 S. Central avenue, was the setting for an elaborate social affair Thursday afternoon when Mrs. Flint entertained with a bridge party in honor of her sister, Miss Harriett M. Wells, who is to be an early autumn bride, and Mrs. George Van Sant Meserole of Pueblo, Colo., who is spending the summer on the coast. The decorations throughout the house were a frenchy combination of pale blue, pink, Nile green and white. In the living room pink amaryllis and Duchess roses were used in delightful profusion, while the mantel was arranged to represent a miniature bridal party at the altar. In the den there was a very pleasing arrangement of pink and blue hydrangeas while pink and white sweet peas, lilies of the valley and maiden hair fern transformed the dining room into a bower of spring beauty. A very clever and novel arrangement of the punch bowl brought forth exclamations of delight from the guests. The bowl surrounded by sweet peas was almost buried in a mass of all kinds of fruit issuing from a cornucopia.

Receiving with Mrs. Flint and the two guests of honor were her mother, Mrs. Richard Harter Wells, Mrs. Edwin R. Collins of Los Angeles, Mrs. A. M. Beamon, Mrs. Gus H. Pulliam, Mrs. Jos. L. Stagner and Miss Edna Buggeln of Arizona. Other guests were Mrs. Leon Casper Long, Mrs. Arthur P. Hayt, Mrs. Lester Bennett, Mrs. Adam Underwood, Miss Pauline Sholz and Miss Cecelia Wilson of Los Angeles, Mrs. C. E. Lauer, Mrs. C. O. Pulliam, Mrs. William S. Rattray, Mrs. Edwin Stauffer, Miss Gladys Justema, Miss Lorraine Mitchell, Miss Barbara Mitchell, Miss George Duffet, Miss Elizabeth Phillips, Miss Athena Purd, Miss Olga Purd, Miss Gertrude Champlain, Miss Anna Woodberry, Miss Amy Bowerfind and Miss Myrtle Pulliam.

Bridge was enjoyed during the afternoon, the score cards being lady slippers of imitation leather in blue with pink bows. Mrs. Meserole and Miss Wells were the recipients of guest prizes while Mrs. A. M. Beamon won the prize for highest score. She gracefully presented the same to the bride-to-be. The pretty color scheme was carried out in the refreshments, the stems of the sherbet glasses being adorned with bows of pink and sweet peas while lilies of the valley accompanied the pastry.

During the afternoon the bride-elect was greatly surprised when a handsome rattan tea wagon was wheeled into the room piled with daintily wrapped packages with which she was showered, the tea wagon being one of the gifts.

This was the first of a series of social affairs that have been planned for Miss Wells, whose marriage to Mr. Robert Hugh Hopkins of Denver, Colo., will take place in the early autumn.

HURT IN AUTO ACCIDENT

Mr. Walter C. Rich, 412 S. Isabel street, and Mrs. Rich, were the victims of an auto accident from which they miraculously escaped without being killed. Their car was upset, turned completely over and much difficulty was experienced in getting them out of their temporary prison. When extricated Mr. Rich was found to have sustained a fracture of one of his ribs, while Mrs. Rich was badly cut and bruised.

The accident occurred Sunday afternoon at the corner of Western and Wilshire, Los Angeles. A car driven by Ethel Ames of San Dimas crashed into the Rich car. It appeared as though the driver of the Ames car had lost control. Mr. and Mrs. Rich were conveyed to the receiving hospital, where their wounds were attended. Afterward Mr. Frank Peckham of Glendale, their son-in-law, brought them home to their own residence, where they now are doing as well as could be expected. Their car was badly smashed.

FUNERAL OF MARY SHIVELY

The funeral of Miss Mary Shively, daughter of Edward Shively, of 319 Orange street, who died Wednesday, July 19, at Littlelands, took place Saturday at 2 p. m. Services were conducted in the Pulliam Undertaking company's parlors by the Rev. Wertenbaker and the Rev. Lechner, pastors of Dunkard congregations in Los Angeles. There was a large attendance of relatives and friends. The casket was covered with numerous beautiful floral wreaths and flowers, the gifts of the many sorrowing friends of this much lamented young woman.

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CONDITIONS IN BULGARIA

Bulgaria is a country that owes a great deal of the knowledge the world has of its existence to William Ewart Gladstone, the famous British premier, who was as well-known in the United States as in the British empire. Had it not been for Gladstone the Turks would have exterminated the Bulgarians just as they are exterminating the Armenians at present. Gladstone took up the subject of the Bulgarian atrocities and by arousing the conscience of the people of Britain succeeded in calling a halt to the "Sick Man of Europe's" plot of extermination.

It was then that Gladstone declared that the Sick Man must go out of Europe at least and cease to have any domination over Christians. Other considerations spared the Turks at that time; but the action of the British premier saved the Bulgarians. It, therefore, seems rather curious that the Bulgarians should be fighting against Britain at present. In almost every peasant's house can be found a portrait of Gladstone and the Czar of Russia—the two emancipators of Bulgaria.

However, Ferdinand, the czar of Bulgaria, overcame the common sense of his people by means of the German-drilled army and the consequence is that Bulgaria, after having delayed for more than a year, is now fighting on the side of the Central Powers. To tell the truth Bulgaria has not done much fighting as yet. The check given the Germano-Austro-Bulgarian plans by the landing of the Allies at Saloniki has held up Bulgaria in such manner that the war is brought home to its people every day in a most unpleasant fashion.

The French at Saloniki are waging a war against Bulgaria that is holding up a great deal of its food supply. The Bulgarian troops have recently been exposed to an epidemic of typhus and many of them have fallen victims of the disease. There has also been a revolt of part of the Bulgarian infantry and altogether Bulgaria, the people of which did not desire to side with Germany, have suffered many things on account of the infatuation of their foreign, half-German, half-French sovereign.

Bulgaria has 5,000,000 inhabitants, mostly ignorant of the conditions in the world outside of them. The Bulgarian peasant is like any other peasant of an isolated country. He thinks his own land is superior to that of any other nation. The tenth-rate city of Sofia he thinks the equal of New York and himself a more enlightened citizen than any American.

Now, however, the Bulgarians are regretting that they were dragged into the war on the side of the Central Allies by Czar Ferdinand. Conditions in Bulgaria daily grow worse. Should Germany manage to conquer in this war Bulgaria will be a mere item in the Germanized Europe that would be constructed out of the ruins of empires.

Bulgaria's national aspirations have no chance of being fulfilled by dragging after the kaiser, the Bulgarians say. They are now urging terms with Britain, France and Russia, who desire to see Bulgaria a buffer state between the East and West of Europe. Whatever may be the upshot of affairs Bulgaria is likely to suffer from her czar's ambitions and miscalculations.

HOW WAR DEVELOPS IMAGINATION

It is quite possible that this war in Europe will hold the record for fabrication of news that was formerly held by the Boer campaign. Those who remember the Boer war news will have no difficulty in recollecting how every now and then 100,000 British were killed off by the newspapers. The newsboys in Chicago and New York learned their new business with remarkable quickness. Once it became manifest that a large section of the public sympathized with the Boers the newsboys had little difficulty in providing sensation of the right kind by killing off 40,000 or 100,000 British every few days.

The Boxer war in China, in which the Chinese murdered the German minister plenipotentiary, brought out some choice fabrications. One of these that was produced with many variations and even with illustrations was the boiling in oil of the Russian minister and the "ling-chee" or death by a thousand cuts of the representative of France. These stories gave a pleasant thrill to the readers and sold the papers like wildfire.

Of course all these stories are afterward refuted but no one pays attention to the refutation, it is too tame. The glorious, red, rushing lie, vibrates and thrills in the soul and is remembered with delight when the pale, uninteresting truth is forgotten. The events of war one would think are horrible enough and shocking enough without being exaggerated, but the war fabricator does not think so. He falsifies the details of every fight. He invents "drives" that never took place; he exaggerates details in every manner possible and the lay mind is sometimes at a loss to wade through the slough of misrepresentation that usually masquerades as history for many years after any big war.

There are a great many so-called "war correspondents" who write for the daily press who are compelled to draw on their imagination for the truth which so large a section of the public would like to hear. Ever since Lord Kitchener shut down on the war correspondent in South Africa and the Japanese kept him dangling his heels in Tokyo when their armies were sweeping the Russians backward up through Manchuria, the war correspondent has been forced to invent details that he never saw or else lose his job.

To understand thoroughly what is going on it is necessary to have a thorough understanding of the geography of the various countries involved and to know their rulers and their system of living; their histories and their affiliations; their aims and aspirations. It is necessary to know their parliaments and the prime ministers with the history of both. To know something about their language in the main line at least is important.

With all this knowledge it is also almost imperative that an

Cash Must accompany copy for advertisements in classified column.

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CLASSIFIED ADS

FOR SALE

FOR SALE—A beautiful piano, fine condition, \$150, easy terms. For Exchange—For Glendale property, 10 or 20 acres in peaches and olives with water, in Riverside Co., 5 miles from Banning, one mile from railroad station. Home phone 862 or call at 136 East Colorado street, Glendale. 278tf

BETTER THAN loaning your money. Investment on beautifully illuminated Glendale, Brand Blvd., pays over 6 per cent. You know the improvements and contemplated ones. Look the property over. Use business judgment—cinch it—it can never occur again on Brand for the price. 112 So. Brand, opposite city hall, south of Tropico avenue. Phone Glendale 472-W. 28213*

FOR SALE—Household furniture, cheap if sold this week. 1101 W. Seventh; phone Glendale 831. 28412

FOR EXCHANGE—1½ acres clear east San Gabriel \$1500. Want clear lot Glendale close to car line or will consider equity in improved not to exceed \$3500 value. Phone Glendale 1023-R. 28316*

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FOR SALE—Can't afford to give it away—but price is low. Only small payment necessary. Easy terms. No better built house in Glendale. 830 Columbus Ave. Lily & Whiting, agents. O. E. Von Oven, owner. 27916*

FOR EXCHANGE—Denver property, clear, for clear Glendale, Tropico or suburban. Address R. F. D. 12, Box 248, Los Angeles. 26616-Sat-Mon*

FOR SALE—Fine poultry shells, \$1.00 per cwt. in sacks, delivered, or 90 cents called for. Phone 867-R. Glendale. 2801f

SEWING MACHINES—\$3.00 up. Machines rented, \$1.50 per month. Needles and parts. All makes sold and repaired. White Agency, 522 N. Glendale Ave., Tropico. Phone Glendale 481-M. 203eod

BEST TIME of year to plant citrus trees, and rose bushes for late fall blooming. Lowest prices at Kelley & McElroy Nurseries, 422 S. Brand Blvd. Sunset 453-J; Home Main 17. 2481f

FOR SALE—White Leghorn baby chicks, fine strain husky little youngsters; also White Orpington eggs for setting. A. Barnes, 1014 Melrose avenue. Home phone 2023. 2191f

FOR RENT

FOR RENT—Nicely furnished rooms with excellent table board. 136 S. Jackson. Phone 361W. 206-tf

FOR RENT—Just a few new choice pianos to right parties. Call Tuesday and Wednesday. Salyer Piano House, 1112 Broadway. 28312

intelligent reader, in the course of this war in Europe, should understand how to denude a cablegram of all the coloring matter that has been added to it after it arrived in this country, for, on account of cable tolls, the matter reaches the United States sometimes boiled down to ten words, sometimes to four, and the amplifier makes up the rest. If he is an honest and honorable editor you may get a fair conception of what is going on. If he is prejudiced on one side or the other you will get the news with the color of the editor's subjectivity about it. Imagination is a great thing in editing foreign news.

PLENTY OF WEALTH IN WORLD

This old world of ours is teeming with wealth. On every side of us are indications of an abundance of everything that mankind needs in the way of food and clothing. Reports come in from all of the states in the union that crops are up to the average or beyond the average, and of course California is no exception when it comes to great productions of fruit, vegetables and grains. Who should worry about there not being enough for everybody to eat and wear in Los Angeles county or even in Glendale. The writer will venture to say that there was a sufficient amount of food cast aside after all had partaken to their satisfaction of their Sunday meal to serve an additional thousand people. So it is throughout the entire United States at the present time. There seems to be plenty of everything and a reckless waste of many things.

GEOGRAPHIC POSITIONS DETERMINED

As a part of its preliminary or "control" work in the making of accurate maps, the United States Geological Survey is obliged to determine the geographic positions of many points in each area surveyed. These determinations are dependent on astronomic latitudes and longitudes and on carefully executed triangulation or primary traverse. Incidentally, the true azimuths or bearings and lengths of the many lines measured are also determined. The Geological Survey advises and urges engineers and surveyors to connect their work by direct measurements with all available geographic positions; by so doing they are enabled to check many of their measurements and thus avoid the possibility of blunders or errors in their results. Such checks are especially useful in mining surveys, in surveys for county boundaries, and in extensive surveys of oil, coal, or timber lands. Besides the actual use of the geographic data in surveying of various kinds, they are of no little interest to the general public.

CORN-BLUEBOTTLE

Lively summer comes and mottles fields of corn with corn-bluebottles. Let men see them, let them scorn. Corn-bluebottles have their will in the shining ways of corn. Corn-bluebottles take their fill Of the velvet summer air, Else be sure they were not there; And their meed of velvet dew, Else they were not half so blue. Blue as hyacinth, blithe as iris, Lithe as poppy whose lush fire is Blazoned all the harvest over, Crested like the meadow clover, Plumed and tufted—and anew, As the clover is not, blue: . . . Staid amid the hanging barley Soft amid the crisping wheat— Blue upon the golden-barley, Blue upon the silver wheat. —William Renton.

SUMMER

There is a singing in the summer air, The blue and brown moths flutter o'er the grass, The stubble bird is creaking in the wheat, And perch'd upon the honeysuckle hedge Pipes the green linnet. Oh, the golden world! The stir of life on every blade of grass, The motion and the joy on every bough, The glad feast everywhere, for things that love The sunshine, and for things that love the shade! —Robert Buchanan.

A SUBTERFUGE

(By the Wife of the Poet Lariat) He lay in his bed in the morning, As the clock was striking the hour, Then he rose and grabbed that alarm piece With a face that was gloomy and sour. For it was time to go to the city, And take his copy along, But the night before, when he left the store, He had simply "drifted along." So he had no copy to carry, But he happened to think of the roof And the good old word of an English friend, So he tho't he'd give 'em a "spool." For he never has stood in the roof there, At midnight, at any hour; It is paper, but never has leaked In torrential downpour or shower. So for the sake of his copy, A writer, will perjure his soul To fill up his page in the paper, And get himself out of a hole.

CERTIFICATE OF BUSINESS

Fictitious Firm Name
The undersigned does hereby certify that he is conducting a manufacturing business at 108 East Pico street, Los Angeles, California, under the fictitious firm name of "E. E. System", and that said firm is composed of the following persons, whose names and addresses are as follows, to-wit:
Alfred L. Lawson, Los Angeles, California.
Witness my hand this 7th day of July, 1916.
ALFRED L. LAWSON.

STATE OF CALIFORNIA,) ss.
County of Los Angeles.
On this 7th day of July, in the year nineteen hundred and sixteen, before me, James E. Mahon, a Notary Public in and for said County, residing therein, duly commissioned and sworn, personally appeared Alfred L. Lawson, known to me to be the person whose name is subscribed to the within instrument and acknowledged to me that he executed the same.
Witness my hand and official seal. JAMES E. MAHON, Notary Public in and for said County and State of California. 27214Mon
Greek—Your wife's borrowing trouble again.
Guke—I wouldn't mind that if she didn't use me as collateral.

PROFESSIONAL CARDS

Residence, 1641 Stocker St., Glendale
Home: Call L. A. 60866, ask for Glendale 1019
Sunset, Glendale 1019
H. C. Smith, M. D.
PHYSICIAN and SURGEON
Office 1114 ½ W. Broadway, Glendale
Phone Sunset Glendale 1019
Hours 10-12 a.m., 2-5 p.m.

Dr. Frank N. Arnold
DENTIST
Bank of Glendale Building
Corner Broadway and Glendale Avenue
Hours—9-12; 1:30-5
PHONE 468-J

Dr. T. C. Young
Osteopath, Physician and Surgeon
Office, Filiger Bldg., 570 W. Broadway
Calls answered promptly night or day
Office Hours—8 to 12 a. m., 1 to 5 p. m.
Office Phone—Sunset 348. Residence
Phones—Sunset 348, Home 511

Telephones: Office, Glendale 1358; Residence, Glendale 1358

J. E. Eckles, D. O., M. D.
Osteopath, Physician and Surgeon
Office Hours 1 to 6 p. m.
Other Hours by Appointment
Office: 1125 N. Central Avenue, Casa Verdugo, Cal.
Residence, 1124 Viola Ave.



Res. Sunset 877-W
Office, Sunset 1255-M
J. CLARENCE KLAMM, O. D.
Optometrist and Optician
Lens Duplicated, Glasses Repaired
Watch and Jewelry Repairing
4218 ½ W. Broadway, Glendale, Cal.

Telephone Sunset 1201-W
Glendale Day Work Co.
ROY S. MAGO
All kinds of work by Japanese boy. We take good care by week or month. Call before 7 a. m. and after 7 p. m.


Smith, Walker, Middleworth
FORD AGENTS
Phone for Demonstration
Sunset 432 -- Home 2578

PHONE SUNSET 759-W
Japanese Day Work Co.
WM. KATSUKI, Manager
Work by the Hour or Day
We Take Care of Garden by the Week or Month—Housecleaning.
324 Chestnut Street, Glendale, Calif.

THE MIAMI
Power Bicycle
It Without Parallel—It Is SAFE, SILENT and CLEAN
PRICE \$125 CASH
\$140 ON EASY TERMS
Call and let us demonstrate what the MIAMI will do. New and second-hand Bicycles, Tires and Bicycle Supplies.
Smith's Cyclery
(Successors to Heinrich's Cyclery)
710 W. Bdwy., Opp. Sanitarium

SCHOOL OF SINGING
1533 RIVERDALE DRIVE
Mrs. Catherine Shank
Teacher of Voice, Repertoire and Coach. PROF. J. GAZZO, Teacher of Languages—Italian, French, Spanish; Classes \$3.00 per month. Home Tel 534.

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RUGS, FURNITURE
WINDOW SHADES, LINOLEUMS
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417 BRAND BLVD., GLENDALL, CAL.

Rubber Stamps
Kodaks, Kodak Finishing, Developing and Enlarging.
Picture Framing
Specialty of Engraving
The Glendale Book Store
SARA E. POLLARD,
Public Stenographer and Notary Public
Phone Sunset Glendale 219 or 173-R
413 BRAND BLVD., Glendale

DON'T ADMIT

Even to yourself that you cannot save money weekly—you brand yourself as a FAILURE if you do.

Instead, start a Savings Account at our Savings Department and TRY to deposit weekly. Once you get interested, you will become a SUCCESS instead of a FAILURE!

4 Per Cent Interest allowed.

The Glendale Savings Bank

SOUTHWEST CORNER BROADWAY AND BRAND
GLENDALE, CAL.

NO HARD RUBBING



on rough boards at this laundry. More clothes are rubbed out than worn out. Just the best soap and steaming hot water—oceans of it. We use ten times the quantity of boiling water used in home washing. Can you wonder why things sent here are returned so beautifully white?

The Public is Invited to Inspect Our Plant At Any Time

The Glendale Laundry

COR. ARDEN AND COLUMBUS
SUNSET 163 —BOTH PHONES— HOME 723

WHO MOST DESIRE INTERVENTION

MEXICANS, OR THE FOREIGNERS WHO OWN FIVE OF THE SEVEN BILLIONS OF MEXICO'S WEALTH?

Paperhanging, House Painting and Decorating in all of its branches

J. FLETCHER TATLOW

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MOVE

AND WE'LL DO THE WORK THAT'S OUR BUSINESS

TRANSFER and Moving

WORK OF ALL KINDS
SPECIALTY OF PIANO MOVING AND STORAGE

Daily Auto Truck Service To and From Glendale, Tropic and Los Angeles

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THE Dolly Varden

FORMERLY
Whitton's

LUNCHEONS, ICE CREAM,
CONFECTIONS
WATCH FOR OUR SPECIALS
Phone Your Orders—Free
Delivery

411 BRAND BLVD.
PHONE 1000-W

THE USE OF RUBBER

Rubber was not in use in Europe until about the middle of the eighteenth century. It was first used for pencil erasers and then in waterproofing clothing.

Not alone in paving is asphalt found to be of great value. Its range of usefulness in compounds devised by chemists is enormous. Asphalt is used in shoemaking, vat lining, waterproofing, linoleum, driving belts, rubber articles, cork flooring, protective paints, and asphalt putty.

The farmer is over taxed; for he pays the full amount on his holding, and by reason of his isolation he does not get the full benefit of the government for which he is paying.

Personals

Wilfred Long and Roscoe Puffer have just returned from a hike in the mountains.

Mr. T. J. Keleher, 228 N. Louise street, returned Monday from San Francisco, where he had been on business.

Mrs. Clara Moore of 1504 W. Fifth street, accompanied by her daughter, Ruth, has gone to Balboa for a week's vacation.

Mrs. Mary Nelson of El Centro and Mrs. Jennie B. Aldrich of Covina spent Sunday with Mr. and Mrs. A. C. Pert of 1512 Ivy street.

Miss Muriel Turner and Miss Margaret Lusby were dinner guests at the home of Miss Waunita Emery, 117 S. Kenwood street, Saturday evening.

Dr. and Mrs. C. R. Lusby, Miss Mabel Salisbury and Mr. Frank Parsons were guests at dinner at the home of Mr. and Mrs. C. R. Lusby Friday night.

Mrs. Mary Nelson of El Centro, formerly of Glendale, who has been visiting here for a few days, left Sunday night for Seattle to visit relatives there.

Ed. M. Lee, of the First National Bank of Glendale, with Mrs. Lee and the family, started by auto for Big Bear valley, Friday. They will spend a vacation there.

Miss Irene Jones of 1543 West Seventh street entertained in her home, Sunday. Miss Margaret Carroll and her brother Thomas Carroll of Los Angeles.

Mrs. R. L. Taylor and baby of 1318 W. Ninth street spent a delightful week end with relatives at Covina, while Mr. Taylor joined them Sunday morning.

Mr. and Mrs. C. A. Wilkinson of Harper came over Sunday to see Mr. Wilkinson's father, Fred Wilkinson, who was injured Saturday while operating a printing press.

Mrs. Edwin Kirby Harris, Jr., who has been confined to her bed since June 16, was taken to Thornycroft Hospital July 13, where she expects to remain for a month or more.

Mrs. J. W. Sanford and Miss Mabel Sanford, 117 N. Maryland avenue, left Saturday for Pine Crest, in the San Bernardino mountains, where they will spend a few days.

Mr. Frederick Baker, Mrs. Baker and their son Fred, 109 N. Maryland avenue, motored to Ontario, Cal., Sunday, where they spent the day visiting Mr. and Mrs. J. N. Hinshaw, former residents of Glendale.

Those who pass by the residence of H. M. McQuown, 134 Orange St., have noticed the fine hydrangea on their lawn. Some of the blossoms are very fine specimens and measure more than a foot in diameter.

E. M. Polley, physical instructor in the Intermediate school, has handed his resignation to Principal White, and will leave shortly for Oakland, where he has secured a position and will also attend the University of California.

Mrs. J. H. McElroy of Topeka, Kas., and her daughter, Miss McElroy, who is a teacher of botany in the Topeka schools, left Glendale last week after a visit at the home of Mr. and Mrs. C. D. Lusby, 104 N. Jackson street.

Mr. and Mrs. Wm. A. Brown, 913 San Rafael avenue, entertained at dinner Sunday, Miss Dora Fern, Odine L. Fern and Miss Jennie Hunt of Santa Barbara. Mr. and Mrs. Brown were former residents of Santa Barbara so there was ample occasion for swapping stories at the Brown home Sunday.

Mr. and Mrs. E. H. Kerker of the De Luxe apartments, Second and Brand boulevard, left this morning in their Dodge car for a week's outing at Big Bear lake. They were accompanied by Mrs. Chas. Grist and her son and daughter, George and Miss Ellene Grist, of 210 West Colorado boulevard. Mr. Kerker's Dodge negotiated the steep Mt. Wilson road with ease and he expects no difficulty in climbing the Big Bear lake trail.

Public notice is hereby given that the Board of Trustees of the City of Glendale did at its meeting on the 13th day of July, 1916, fix the time for hearing protests against the opening and widening of Sycamore Canyon Road, from Sinclair's Pumping Plant to South City Boundary line, as contemplated by Ordinance of Intention Number 295, for Thursday Evening, July 27th, 1916, at eight o'clock p. m. in the council chamber at the City Hall, Glendale. 28215

Public notice is hereby given that the Board of Trustees of the City of Glendale did at its meeting on the 13th day of July, 1916, fix the time for hearing protests against the opening and widening of Eighth Street, from the Easterly line of Glendale Avenue to the Westerly line of Verdugo Road, as contemplated by Ordinance of Intention Number 294, for Thursday evening, July 27th, 1916, at eight o'clock p. m., in the council chamber at the City Hall, Glendale. 28215

There will be a Y. P. B. meeting at the home of Miss Vivian Engle, 340 West Fifth street, Tuesday evening, July 25. An entertainment will be planned to be held some time before the state convention, which will be held in Glendale, August 24 and 25, at the Presbyterian church, corner of Cedar and Broadway. All young people are invited to these meetings. Tuesday evening's meeting begins at 8 o'clock. Please be on time.

We desire most cordially to thank our many friends and acquaintances who so kindly expressed their sympathy for us in our sorrow over the death of our daughter and sister, Mary E. Shively, and also to acknowledge the many beautiful floral wreaths and flowers sent by those who shared our grief.

EDWARD SHIVELY & FAMILY.

"IN MEMORIAM"

Of J. WHITCOMB RILEY

Across the intervening miles,
Apostle of good cheer
And innocence and mirth and smiles,
A posey for your bier.
Use it upon your burial day,
Oh man of cheerful toil,
As thy "remains" are laid away,
Enriching "Hoosier" soil.

Scarce is a landscape anywhere
Of brooklet, flower and tree,
But thy bright genius has been there
And wakened melody.
How eloquent will be each flower,
In silent offering,
And from each leafy grove and
bower,
Oh, how the birds will sing!

No gloomy obsequies for thee
Who was so busy here
In teaching all so faithfully
The Gospel of "Good Cheer."
Though turf upon thy ashes close,
Onward shall march thy soul,
While "frost upon the pumpkin"
shows,
Or boys seek "swimmin'-hole."

From birth to limit of old age,
At every turn of life,
You sung its burdens to assuage
And smooth and end its strife,
And every child in all the land
Your memory will revere,
And age will praise to beat the band
Your helpful "songs of Cheer."
—SAMUEL PARKER.
Glendale, Calif.

DEATH OF EUGENE GLANE

Eugene Glane, who established the Broadway tailor shop some five or six years ago, died Sunday morning at 1 o'clock at the Jewish sanitarium at Duarte, Cal. Mr. Glane had been a sufferer for more than a year from tuberculosis. For many months he lived in a tent, hoping that a sufficiency of pure air might aid in restoring him to health. He was finally forced to remain at his home, 906 West Broadway, until he was removed by his brother Elks to the Jewish Sanitarium at Duarte about two weeks ago.

Mr. Glane before being stricken with the malady that caused his death was of a very ambitious make-up and worked hard to succeed in the business in which he was engaged, that of tailoring. He was first located at 1112 West Broadway, where he very successfully carried on his business for about four years. About eighteen months ago he built a two-story brick building at 906 West Broadway and carried on a tailoring business until his health failed him. The deceased leaves to mourn his loss his wife and a young son. Funeral services will take place in Los Angeles this afternoon.

"PLACE OF SMALL SPRINGS"

The history of the aborigines in Arizona is extensive, for on plains, on mesas, and in the cliffs there are many ruins of places occupied by the early people. Some of these ruins must be very old. However, it is believed that the number of people living in the region at any time may not have been great, for the aborigines frequently moved from place to place. The early expeditions of the Spanish explorers found many pueblos. The first Spaniard to enter Arizona was Marcos de Niza, a Franciscan friar, who crossed the southwest corner in 1539. A year later Niza led Coronado to the Pueblo country, and two small expeditions from this great exploring party visited the Hopi country. The present Indian population of the State is nearly 42,000.

The word Arizona is taken from the Papago language, in which it is said to signify place of small springs. U. S. Geological Survey.

MAKING A PORTABLE STOOL

Any boy can make a simple camp-chair out of two pieces of wood and a small strip of canvas or carpet. The wood should be ordinary planking, about half an inch thick, twenty-four or twenty-six inches long, and of a suitable width. Half-way up each piece we cut a rectangular slot, using for this purpose a sharp saw and a chisel, or a fret-saw. Then, at the bottom of each piece of wood, we saw out a wedge-shaped piece, so as to leave feet upon which the chair or stool can stand securely.

We provide the seat by nailing the canvas or carpet to the wood, says My Magazine. The material should be about 12 inches long, and one end is nailed to the top of one piece of wood, and the other end to the other chair leg. In doing this, it is well to turn in the edge of the canvas, and to use large-headed nails. The chair is now ready for use. All that we need to do to set it up firmly on the ground is to fit the two slots to one another, allowing the legs to open as wide as the canvas or carpet will allow them.

The wood may be stained or colored, and the camp-stool would make quite a nice present. In order that it may look neat when finished, it is important that the slots should be sawn at a point exactly half-way up the piece of wood, and that they should extend half-way through the width of the planking. Then, when the two legs are fitted together, each will fit exactly into each other. For folding up, the legs are disengaged and placed side by side.



IT IS TO THIS STORE YOU ARE DIRECTED FOR

Quality and Service

There has been left at the residences in Glendale a Free Sample Cake of BEN HUR SOAP. Plenty more of the same kind at

Johnson & Lyons

572 WEST BROADWAY
SUNSET 144 HOME 1441



ALL STOCK ARE GREEDY

for our feed. There is no getting "off their feed" when it is given to them. We have special feeds for every kind of stock and whatever kind you raise, you'll find it profitable to give them our feed. It means quick growth and quicker profits.

VALLEY SUPPLY CO.

306-308 SOUTH BRAND BOULEVARD
PHONE SUNSET 537; HOME 192



"Hello! When can I get a statement of my account, including today's deposits?"

"Your statement will be ready in five minutes"

This is real, up-to-the-minute bank service—the kind of service we are prepared to give you.

The Burroughs Book-keeping Machine used in our accounting department enables us to keep a statement of each customer's account with entries made right up to date all the time.

Any time you want a statement of your account in a hurry, it is ready for you.

Instead of leaving your pass-book to be balanced, a neatly-printed,

accurate statement (together with your cancelled vouchers) is ready for you not later than the first of every month. The statement shows all checks and deposits and a balance you know is right.

Your pass-book remains in your possession all the time—a permanent receipt for all deposits.

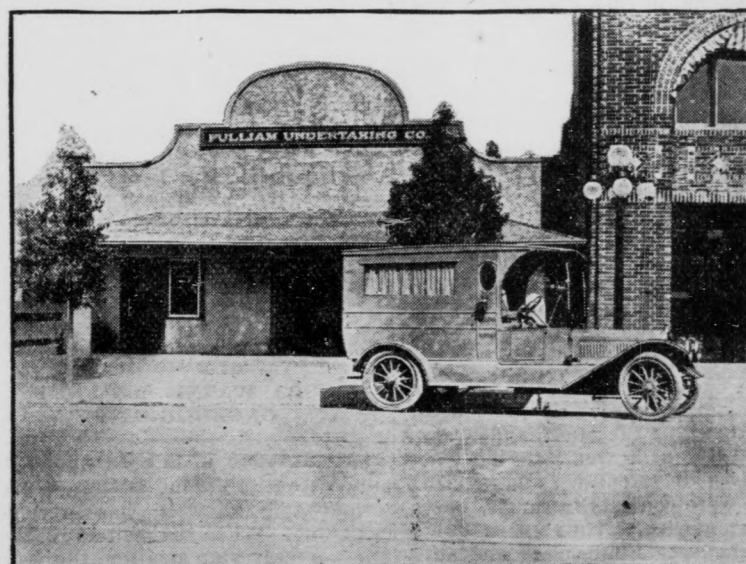
We are sure that this up-to-date service will meet with your approval.



BANK OF GLENDALE
Broadway and Glendale Avenue
BOULEVARD BRANCH
340 Brand Blvd.

Pulliam Undertaking Co.

SUNSET 201 919-921 WEST BROADWAY GLENDALE HOME 334



THE OLDEST ESTABLISHED AND BEST EQUIPPED ESTABLISHMENT IN THE SAN FERNANDO VALLEY

RAILROAD WAGES

Shall they be determined by Industrial Warfare or Federal Inquiry?

To the American Public:

Do you believe in arbitration or industrial warfare?

The train employes on all the railroads are voting whether they will give their leaders authority to tie up the commerce of the country to enforce their demands for a 100 million dollar wage increase.

The railroads are in the public service—your service. This army of employes is in the public service—your service.

You pay for rail transportation 3 billion dollars a year, and 44 cents out of every dollar from you goes to the employes.

On all the Western railroads in 1915, seventy-five per cent of the train employes earned these wages (lowest, highest and average of all) as shown by the pay rolls—

	Passenger		Freight		Yard	
	Range	Average	Range	Average	Range	Average
Engineers	\$1747	\$2195	\$1537	\$2071	\$1056	\$1378
	3094		3076		2445	
Conductors	1543	1878	1454	1935	1151	1355
	2789		2933		2045	
Firemen	1033	1317	751	1181	418	973
	2078		2059		1552	
Brakemen	854	967	874	1135	862	1107
	1719		1961		1821	

The average yearly wage payments to all Western train employes (including those who worked only part of the year) as shown by the 1915 payrolls were—

	Passenger	Freight	Yard
Engineers	\$2038	\$1737	\$1218
Conductors	1772	1624	1292
Firemen	1218	973	832
Brakemen	921	1000	1026

A 100 million dollar wage increase for men in freight and yard service (less than one-fifth of all employes) is equal to a 5 per cent advance in all freight rates.

The managers of the railroads, as trustees for the public, have no right to place this burden on the cost of transportation to you without a clear mandate from a public tribunal speaking for you.

The railroads have proposed the settlement of this controversy either under the existing national arbitration law, or by reference to the Interstate Commerce Commission. This offer has been refused by the employes' representatives.

Shall a nation-wide strike or an investigation under the Government determine this issue?

National Conference Committee of the Railways

- ELISHA LEE, Chairman.
- P. R. ALBRIGHT, Gen'l Manager, Atlantic Coast Line Railroad.
- L. W. BALDWIN, Gen'l Manager, Central of Georgia Railway.
- C. L. BARDO, Gen'l Manager, New York, New Haven & Hartford Railroad.
- E. H. COAPMAN, Vice-President, Southern Railway.
- S. E. COTTER, Gen'l Manager, Washash Railway.
- P. E. CROWLEY, Asst. Vice-President, New York Central Railroad.
- G. H. EMERSON, Gen'l Manager, Great Northern Railway.
- C. H. EWING, Gen'l Manager, Philadelphia & Reading Railway.
- E. W. CRICE, Asst. to President, Chesapeake & Ohio Railway.
- A. S. GREIG, Asst. to Receivers, St. Louis & San Francisco Railroad.
- C. W. KOUNS, Gen'l Manager, Atchison, Topeka & Santa Fe Railway.
- H. W. McMASTER, Gen'l Manager, Wheeling and Lake Erie Railroad.
- N. D. MAHER, Vice-President, Norfolk and Western Railway.
- JAMES RUSSELL, Gen'l Manager, Denver & Rio Grande Railroad.
- A. M. SCHOYER, Resident Vice-Pres., Pennsylvania Lines West.
- W. L. SEDDON, Vice-President, Seaboard Air Line Railway.
- A. J. STONE, Vice-President, Erie Railroad.
- C. S. WAID, Vice-Pres. & Gen'l Manager, Sunset Central Lines.

CARE OF THE BODY

O. H. JONES SAYS PEOPLE MUST LEARN LAWS THAT GOVERN THEIR EXISTENCE

A complete human body—either child, man or woman—requires for its perfect formation and harmonious functioning, fifteen different kinds of earthly physical matter, called chemical elements, and in definite amounts. These elements can be supplied only in the food eaten. These fifteen elements are required by nature; nothing else will do. You cannot substitute something else in their place, nor omit them with impunity. If any of them are left out, or the quantity is insufficient, or the quality debased, there will be a defect in structure and in working power or vitality.

The life forces have just what you furnish them to work with, and nothing more; they cannot supply deficiencies. They require just those fifteen elements to work with in order to carry out to perfection the plans and specifications drawn by the great Architect; and if they do not have them, there will be a lowering of vital energy, and imperfections in the structure, just in proportion to the shortage of materials furnished. You cannot get something out of nothing. The human body has been organized and equipped to run in certain well-defined channels, and you have got to follow those channels or your bark will go to certain destruction. And I say it with the greatest of reverence and humility that the great Creator himself cannot create the human body, as it now exists, out of anything else than those fifteen elements of earthly physical matter of which it is composed. He might create the body and brain of angels or some other like being; but it would not be the human body as we now know it.

Not everything that is eaten as food contains body-building and life-sustaining substances. It has been demonstrated by actual occurrences, that a person will starve and die, in a period of about sixty days, who tries to subsist wholly on a diet composed of superfine white flour, sugar, and butter, and their products. Sugar and butter contain only carbon, hydrogen, and oxygen. White flour is mostly starch composed of carbon, hydrogen, and oxygen and a small quantity of mineral salts. While these elements furnish heat and energy, they contain no body-building material to speak of, neither do they furnish the elements necessary for the carrying on of the physiological functions of the body necessary to support life. Therefore it is absolutely necessary for the growth and repair of the body, that it should be supplied with a balanced dietary containing all the elements of which it is composed.

And that is why I wish to emphasize the importance of right living on the part of the mother, as upon that depends the life, health, vigor, beauty and the future well being and success of the child. It is the foundation upon which the future existence of the child rests.

In order to have healthy children, and strong, healthy, vigorous men and women that will retain their mental and physical vigor and efficiency until they have fulfilled their full and proper course in nature, we must begin at the beginning of life, and start the babies off right upon life's journey, and without being handicapped with either a diseased body or mind.

A failure on the part of the mother to live properly, and supply the life forces with proper and adequate materials for the formation of another being, and at the same time repair the wastes of her own body, is responsible for most of the ills and defects from which children suffer, such as malformation, dwarfs, idiocy, imbecility, inherited tendencies, degenerates, weaklings, and those with wheels in their heads that do not mesh.

I know that most people have labored under the belief that all these things are mere freaks of nature, with a big "N." That sickness, disease, premature death, and all the other ills with which humanity is afflicted, happen just because they happen. That is all. That they are simply the natural outgrowth of our existence, because mother Eve swiped the forbidden apple; and that there is no way of avoiding them. That it is simply fate. But we know better now. Science teaches us that all the things I have enumerated above come either from a non-compliance with, or from a violation of, the laws of Nature.

We have learned that, if the requirements of the life forces are complied with, all the functions of the animal body work together in harmony, and health and life are the result.

We have also learned that, when the requirements of the life forces are complied with, it is just as easy to raise a human child as it is to raise a calf; and a good deal more pleasant if you have to teach the calf to drink out of a pail. We have learned that it is folly to be sick.

The mother can live so as to impart vitality, health, beauty and strength to her offspring, or she can so live that the seeds of imperfection, disease and death will be the sole heritage of the child. You cannot escape the retribution which follows a violation of the laws of nature.

If you do not know how to live in

conformity to the life forces, it is your duty to learn. All the knowledge we acquire in this life we have to learn from others, or from experience. We are born into this world with a small amount of animal instinct, which we soon manage to dispose of. We have no inherited knowledge outside of that. We are born wild little savages, and become tamed and civilized—if that is what we call ourselves—from our environment. We have to learn everything we know. Knowledge is progressive. No one knows all there is to know.

The most important thing for us to learn in this life is to learn to know ourselves. Very few of us do—and what the life forces or the physiological laws of our being require for our creation and repair.

After birth the child enters upon an independent existence, and then has to depend upon its own digestive organs for the preparation of its food for circulation and assimilation in the body. But at the same time, the mother is wholly responsible for the kind, quality, and condition of the food furnished the child. And all that I have previously said applies equally as well to the care after birth as before.

While the child's sustenance and material for growth has been changed from the mother's blood to the mother's milk, yet it comes entirely from the food which the mother has consumed, after it has been changed into another form; but it is the same in kind and substance. Nothing has been added to or taken away from it. And the mother, and the mother alone, is still responsible for the life, growth, development and welfare of the child, both in mind and body. And the child will be just what the mother makes it. Just what the mother eats and drinks, molded into being under the mental influences and habits of the mother. If the mother poisons herself with drugs, narcotics, alcohol, tobacco, or other forms of hilarious living, all her physical sins will be visited upon her innocent offspring unto the third and fourth generation. If a child is raised on its mother's milk, it will have the nature and instincts of its mother.

When young America gets old enough to boss the ranch, and has to live on what the old man provides, I suppose we shall have to load a part of the responsibility for the lad's future upon father.

Of course, the responsibility of the parents for the life, health, and development of the youth continues till he arrives at the age of discretion and responsibility—if he ever does—and has been properly educated to care for himself. If he then makes a mess of it he alone will be to blame, if you have started him off right.

Oh, yes, I believe in eugenics. But I believe in the kind of eugenics that will eugene. And that is what I am trying to teach you. The eugenics of nature.

Oh, No! I do not believe in the kind of eugenics the fool legislature of Wisconsin cooked up for the lads and lassies of the Wolverine State. I believe in the kind that is all wool and a yard wide, that will not rip, ravel, or run down at the heel.

You cannot select and wed people in accordance with rules formulated by legislative enactment, and make them happy and agreeable to each other. Nature has her own way of selection—little Cupid, you know, does it.

You cannot change human nature by law. You cannot make people honest or righteous by law. While the law of God was being proclaimed from the hilltop the people were making golden calves in the valley; and are still doing it.

You may select and wed, according to legislative enactment, the most physically perfect man and woman that ever lived; and let them follow the usual haphazard slipshod way of living, and bring up their offspring in the same manner; the children will begin to degenerate, and go down with each succeeding generation.

We see examples all about us, where apparently healthy parents have weak, sickly, half-starved little wrecks of humanity. We also see an abundance of evidence of it in the small, weazeny, scrawny, sawed-off, frail, eleventh class specimens of man and womanhood, where the life forces were scrimped on material until the species has become hereditary.

We have plenty of examples in the vegetable kingdom. Where the trees and plants have become stunted and shrivelled for the want of the proper elements in the soil to promote growth. We see it in the nubbins in the cornfield, and the small potatoes, where the life forces could not marshal sufficient material to complete their growth. It is just the same in the animal kingdom, including all classes. Give the life forces what they need to work with, and they will create a strong, robust, broad-shouldered man.

We don't need any fool laws on the subject of eugenics. What we do need is more education. Education that will educate the people to know themselves; instruct them in the laws which govern their existence and how to live in conformity with those laws.

Man started off in the beginning with a perfectly equipped machine, that was good for a thousand years' run, with proper care. Where is it now? The tonneau is caved in, the chassis is wrecked so that the wheels don't track, the top is knocked over to the northeast, both hind tires are

FOR A VACATION TRIP



nothing in America surpasses that to Yellowstone and Glacier National Parks, the great American wonderlands, with their geysers, glaciers, waterfalls, canyons and mountain scenery.

Both are quickly reached via the Salt Lake Route through Salt Lake City. Round trip fares are low and tickets on sale daily.

To Eastern cities round trip on certain dates until September, from most points is only \$72.50 to Chicago, \$55.00 to Denver, \$40.00 to Salt Lake City, \$60.00 to Omaha, Kansas City, etc., \$76.95 to St. Paul, \$110.70 to New York and Montreal, and similar low fares to many other points.

Return limit 3 months (not later than Oct. 31st)

The Salt Lake Route has excellent through service to Chicago and other points.

Full information of all these trips, train service, etc., at all offices of the

SALT LAKE ROUTE

E. B. MURPHY, Agent
GLENDAL E



VOTE FOR
L. L. Lostutter
POMONA, CAL.
Regular Republican Candidate
For
CONGRESS
Ninth Congressional District
Delegate to Republican National Convention at: 1916, Chicago; Hughes and Fairbanks; 1900, Philadelphia, McKinley and Roosevelt; 1896, St. Louis, McKinley and Hobart.
Republican Assemblyman, 68th Assembly District of California, 1915-16.
PRIMARIES
AUGUST 29, 1916

punctured, the front axle is sprung, the steering gear is stripped, the cylinders are burned out, the spokes are loose, the carburetor has gone on a strike, the spark-plugs are carbonized, the ignition wires are crossed, the searchlights are obfuscated, the self-starter is flabbergasted, the whole blamed thing is wobbly, and ready for the scrap-heap; and we are singing "I want to be an angel." Huh! Eugenics by legislative enactment.
O. H. JONES, D. F. S.,
450 W. Broadway.
(To be continued)

A PUNISHMENT TO THE RABBIT

Do you know why the rabbit's ears are long? Listen, and I will tell you. It happened this way. Mother Nature went into the orchard to tell some of her secrets to the apple trees. She whispered into their ears, telling them how they could make the little green leaves come out and how they could turn their pretty pink blossoms into rosy red apples. She thought no one would hear her, but when she looked around there was the rabbit at the foot of the tree listening to all she said. She was so angry she caught poor Bunny by the ears and shook him well. When she let him go his ears were long and pointed.

"That shall be your punishment," said Mother Nature; "all the rest of your life you and all your family shall have long, pointed ears, so that everybody will know you are an eavesdropper."—New York Tribune.

MEADOW SWEET

Through grass, through amber'd cornfields, our slow stream—
Fringed with its flags and reeds and rushes tall
And meadow sweet, the chosen from them all
By wandering children, yellow as the cream
Of those great cows—winds on as in a dream
By mill and footbridge, hamlet old and small
(Red roofs, gray tower) and sees the sunset gleam
On mullion'd windows of an ivied hall.
—William Allingham.

POTASH REPORT ISSUED

The Geological Survey now has available for distribution its annual statement on Potash Salts for 1915, which also includes some simple tests to determine the presence of potash. The amount of potash salts imported for consumption into the United States during the year is given at 170,555,450 pounds, valued at \$3,765,224.

Land speculation makes 20 millionaires where manufacturing, store keeping, railroading or invention make one.

RE-ELECT



Thomas Lee Woolwine
DISTRICT ATTORNEY
At the Primaries Aug 29th
He Has Made Good

PANCAKES IN SUMMER

Some cool morning during the summer, surprise the family by serving batter cakes with sirup. After a few months vacation from the customary winter buckwheats, pancakes will be welcomes, as they have been almost forgotten.

Cornmeal pancakes make light and appetizing breakfast fare for summer. They are delicious when made from the following formula: One pint of yellow cornmeal, 2 eggs, a heaping teaspoon of salt, 2 tablespoons of melted butter, 2 tablespoons of molasses and 2 heaping teaspoons of baking powder. Beat the eggs, yolks and whites separately. Sift the salt and baking powder, with the cornmeal and flour, into a large bowl, ready to be added to the mixture of molasses, butter and egg-yolks, which should first be stirred to a cream. Next add the milk, stirring it through; then stir in the meal and flour, a little at a time, and last of all whip the whites of the eggs, which must be beaten to a froth, through the mixture. Bake on a hot griddle, which has been well greased with a piece of larding pork. They may be made with sour milk and a teaspoon of soda, instead of sweet milk and baking powder.

THE GREAT MAN

It is easy in this world to live after the world's opinion; it is easy in solitude to live after our own; but the great man is he who in the midst of the crowd keeps with perfect sweetness the independence of solitude.—Emerson.

Industry pays the increase in land values with nothing in return to industry.

THE GAMES OF THE GREEKS

The first and most celebrated of the national games of the Greeks were the Olympic, which were supposed to have been founded by Jupiter himself. The games were held at Olympia, in Elis, and great crowds attended there, coming from all parts of Greece as well as from distant Asia, Africa and Sicily. The games were held every five years and always lasted for five days. They gave rise, says Bulfinch, in his "Age of Fable," to the custom of reckoning time and dating events by Olympiads. The first Olympiad is generally considered as corresponding with the year 776 B. C. The Pythian games were celebrated in the vicinity of Delphi, the Isthmian on the Corinthian isthmus, the Nemean at Nemea, a city of Argolis.

The exercises in these games were of five sorts, running, leaping, wrestling, throwing the quoit, and hurling the javelin, or boxing. Besides these exercises of strength and agility, there were contests in music, poetry and eloquence. Thus these games furnished poets, musicians and authors the best opportunity to present their productions to the public and the fame of the victors was diffused far and wide.

MEDIAEVAL SURNAMES

The bearers of some of the surnames which appear in medieval documents must have been glad of an excuse to change them.

Apparently this was done, for the most grotesque have either vanished or been modified out of recognition, says the London Chronicle.

Among the former are such names as Alice Thepundersstepdoughtre, Mazelina Stabwourchman, Frethesancia Del Countynghouse, Godisman Atteseretesende and Thomas Wrankwishe, which certainly have no claimants nowadays.

SODA WATER 405 FEET UNDERGROUND

At the town of San Fernando, on one of the Philippine Islands, a marvelous artesian well has recently been dug. When the drillers reached the water-carrying stratum, the water rushed upward, forced by a heavy pressure of gas. The water is heavily charged with gas, looks and tastes much like ordinary soda water.