

THE HOSPITAL CLIPPER



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NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENN. 38054

JUNE, 1972

PHARMACY SERVICE HONORED

FILLS ONE MILLIONTH SCRIPT

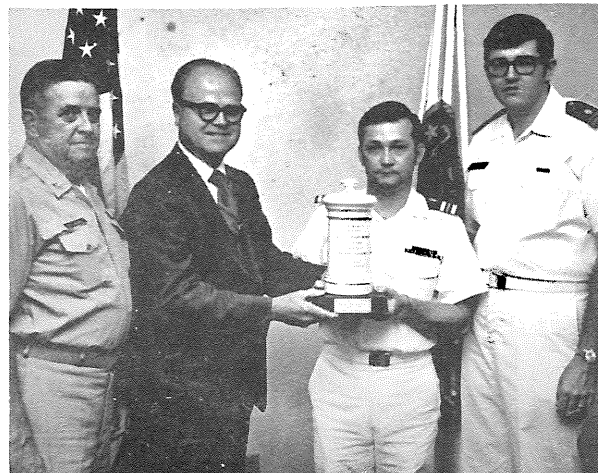
On June 15th, Eli Lilly and Company of Indianapolis, Indiana, presented to Naval Hospital Memphis an apothecary jar signifying the one millionth prescription filled by the hospital's Pharmacy Service.

Even though the feat was accomplished during February 1968, the award may be considered doubly significant in that the Pharmacy Service has filled approximately one and one half million more prescriptions since that time.

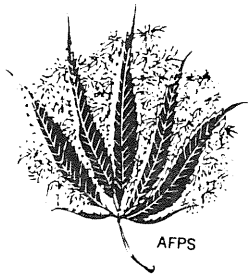
Mr. Eddie Edwards, sales representative of Eli Lilly and Company, presented the apothecary jar to LCDR L. L. Karch, Chief, Pharmacy Service, while RADM. R. D. Nauman, Commanding Officer of Naval Hospital Memphis and LtJg. R. D. Brandon, Assistant Chief, Pharmacy Service, looked on.

Also present at the ceremony were Capt. A. L. Davis, Chief Nurse, and CDR J. W. Young, Administrative Officer of Naval Hospital Memphis.

The Pharmacy Service is staffed by two Pharmacy Officers who are registered pharmacists, five pharmacy technicians and three general service corpsmen. The Pharmacy Service is responsible for the dispensing and distributing of all medications in the hospital and is the source of drug information for the medical staff.



During ceremonies held June 15, the Eli Lilly Company presented an apothecary jar to Naval Hospital Memphis honoring the one millionth prescription filled by the Pharmacy Service. Mr. Eddie Edwards made the presentation for the Eli Lilly Company to LCDR L. L. Karch, Chief, Pharmacy Service, as R. D. Nauman, Commanding Officer of Naval Hospital Memphis, and LtJg. R. D. Brandon, Assistant Chief, Pharmacy Service, looked on.



A COMPARISON — Marijuana and Hashish

CHAPLAIN'S CORNER



Most people equate hashish with marijuana, a mistake that may be dangerous to health and one that is definitely dangerous to liberty. Most of the marijuana obtainable on the street is a low-grade form of the Indian hemp plant. Possession, sale, or use is illegal and smoking the product may be dangerous to a person's health.

Hashish is 8 to 10 times more potent than marijuana and more likely to be physically dangerous to the user. Attributing similar effects to the smoking of a joint of marijuana or a bowl of hashish is like assuming that drinking a bottle of beer has the same effect as drinking a bottle of vodka.

Both marijuana and hashish provide the kick from the same substance since both come from the same family of plants.

The user's reactions come from two forms of tetrahydrocannabinol (THC). These intoxicants are contained in a sticky, yellow-gold resin produced by glandular hairs located on the flowers and leaves of the Indian hemp plant. Hashish is the concentrated resin from plants cultivated solely to produce it, marijuana, on the other hand, is the cut flowers, leaves, and stems of the plants.

Marijuana, hashish, any drug in fact, affects the human body in direct relation to the amount of drug getting into the physical system, the speed with which it enters, the relationship between the drug and other substances in or entering the body, and the rate of deoxygenation by the body.

Once hashish or marijuana enters the body, the differences between the two become rapidly apparent. Hashish, from the studies made to date, irritates the lungs. X-ray studies and autopsies made over a span of several years indicate that there are often abnormal changes similar to the precancer conditions in the lung structure of chronic heavy cigarette users.

REAR ADMIRAL R. D. NAUMAN, MC, USN.....COMMANDING OFFICER
CAPTAIN C. R. HAMLIN, MC, USN.....EXECUTIVE OFFICER
COMMANDER J. W. YOUNG, MSC, USN.....ADMINISTRATIVE OFFICER

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS P-35 REV JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE. THE HOSPITAL CLIPPER SOLICITS NEWS ITEMS FROM ITS READERS.

EDITOR-IN-CHIEF
EDITOR

LCDR. F. D. SAINES, MSC, USN
HN M. W. PRAY, USNR

Both hashish and marijuana cause reddening of the eyes, a faster heart beat, hunger in some individuals, and a feeling of sleepiness after the first physical reaction. They may also cause some distortion in hearing and vision.

Researchers have found that hashish users may have reactions ranging from mild to severe anxiety in addition to paranoid ideation, disorientation as to persons or times or places, mental confusion, and delusions. These are not easily passed over reactions, but physical changes which can last from 30 minutes up to eight hours depending on the metabolic rate of the individual. Research has also indicated that chronic use of the milder marijuana can cause a specific psychosis.

In Europe, hashish is the most commonly abused drug among Service personnel. Its increased use has taken its toll. With essentially the same troop strength over the years of 1970 and 1971, Army units in Europe accounted for 4,510 psychiatric admissions in 1971 as compared with 2,495 admissions during 1970.

During 1971, there were 2,197 cases requiring immediate medical treatment for drug and alcohol abuse. In the same year, abuse resulted in approximately 490 medical evacuations from Europe to the United States for admission to Service hospitals. Of this number, 25 percent reported hashish use alone and more than 50 percent reported mixing hashish with LSD. That is, 75 percent were involved with hashish in one form or another.

In the three months, November 1971 to January 1972, there were approximately 214 cases admitted to hospitals from hashish use alone.

THE GENUINE LIFE

Luke 10:25-37, I John 4:19-21

By D. C. Alexander, Cdr.,CHC,USN

There are many forces at work in the "battle for the minds of men". Many voices cry out in our modern world, promising us everything from spiritual meaning to material success in return for our allegiance or patronage.

In one sense, the question being answered by all of these voices is the question of "eternal life". This is the only serious and ultimate question in the world. The Communist answers this question in terms of the dialectic of materialism. The American secularist answers in terms of consumerism and of increased leisure and pleasure.

What is the real meaning of life? In what does real pleasure and happiness consist? How does a man find meaning and significance in this brief and increasingly impersonal existence? Who am I and why am I here? These are contemporary ways of phrasing the question asked long ago by the young lawyer in his effort to test Jesus; "What must I do to inherit eternal life?" The question of "eternal life" is not merely a question about longevity or about "life after death". It is a question of life in here and now, life that by its very nature does not end with physical death.

The ultimate question, then, has to do with the quality of one's life. It has to do with genuineness of meaning and clarity of purpose. A man must be careful not to give a casual or thoughtless answer to this question for upon his answer rests the whole destiny of his God-given being.

The Christian answer is unmistakably clear. Genuine life-eternal life-consists in loving the Lord God "with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself".

This love of God will always be expressed in a genuine love of one another. The measure of one's love for God is directly the measure of one's love for those around him. This is the inescapable thesis of the Scripture before us.

TWO CHOSEN FOR COMMAND AWARDS

Selection of two Naval Hospital Memphis command award winners has been announced.

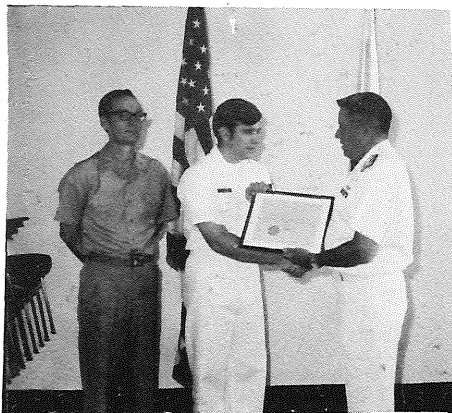
DTI G. D. Barger was the recipient of the "Semi-Annual Leadership Award" and HM2 R. I. Massey has been named the "Sailor of the Quarter".

The two were recently selected by the Leadership and Sailor of the Quarter Council and received commendations from RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis.

Originally from Eddyville, Illinois, DTI Barger entered the service in July of 1958. A graduate of many advanced service schools including the Dental Technician "B" school, he has been stationed at Naval Hospital Memphis since August of 1970. DTI Barger is married and the father of three children-- Tammie 6, Twania 5, and Marvin Wayne 4 months.

HM2 Massey entered the Navy shortly after graduation from the University of Illinois in 1969. Coming to Naval Hospital Memphis in June of 1970, he worked on the pediatric ward for three months. From that time until being transferred on June 5, HM2 Massey was assigned to the hospital Education and Training Office. HM2 Massey, whose wife is a registered nurse, was also honor man of his corps school company and RPOC of his boot camp company.

HM2 MASSEY



HM2 R. I. Massey, selected as the "Sailor of the Quarter", receives congratulations from RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis. LCDR F. D. Saine, Chief, Military Personnel Division, looks on.

Selection of the two awards is based on--outstanding performance of duty, participation in military, educational and social activities, interest in out of service activities, military bearing and moral character. Second class petty officers and below are eligible for the "Sailor of the Quarter" award and the leadership award recipients are selected from pay grades E-6 and above.

DTI BARGER



After receiving the "Semi-Annual Leadership Award", DTI G. D. Barger is congratulated by CDR J. W. Young, Administrative Officer of Naval Hospital Memphis, and Lt. W. A. Evanko, representing the Dental Clinic.

LCDR Karch Earns Masters Degree

On May 26, LCDR L. L. Karch, Chief, Pharmacy Service, was graduated from the University of Iowa with a Master of Science degree in Hospital Pharmacy.

Requirements for the degree include 31 hours of coursework and a thesis paper. Mr. Karch completed the coursework necessary while attending the university on a full-time basis from September 1969 to August 1970. Since that time he has worked on the thesis in addition to his duties at the hospital. Recent completion of the thesis enabled him to be graduated.

Shortly after receiving his Bachelor of Science degree from St. Louis College of Pharmacy in 1963, LCDR Karch entered the Navy. He has been on the staff of Naval Hospital Memphis since August 1970.

HN Mc GINTY COMMENDED

A Naval Hospital Memphis corpsman, HN L. D. McGinty, has been commended for his role in saving the lives of two persons who were involved in an automobile accident.

For his efforts, HN McGinty was presented with a letter of commendation by RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis, in ceremonies held May 25.

While driving home, HN McGinty, approached the scene of a head-on automobile crash, finding a serviceman and his wife seriously injured. After applying emergency first aid procedures to the couple, HN McGinty helped in the evacuation of the two to the hospital. For this action, HN McGinty is credited with being instrumental in saving their lives.



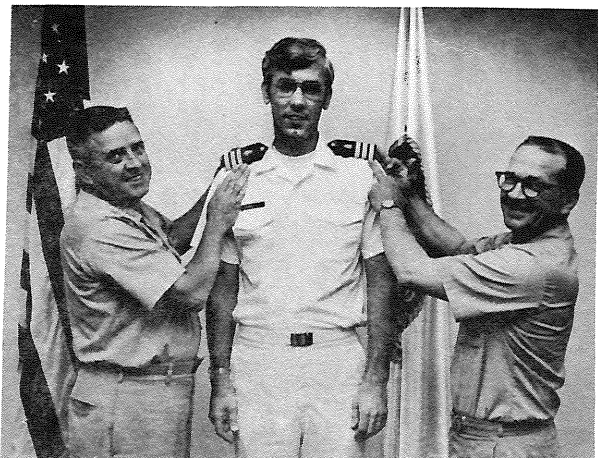
After being presented a letter of commendation by RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis, HN L. D. McGinty receives congratulations from CDR H. J. Walker, Nursing Service Division Officer, and LCDR J. J. Frederickson, Charge Nurse of Ward 3-East.

POLICY CONCERNING TRANSFERS FOR DUTY WITH HUSBANDS HAS BEEN MODIFIED

(NAVNEWS) The policy concerning requests for transfers by married enlisted women for duty with their husbands has been modified.

An enlisted woman who desires separation from the naval service by reason of marriage must first request a no-cost transfer to the homeport or general area of the duty station or residence of her husband. If such a transfer cannot be accomplished, consideration will automatically be given to discharge from the service.

If discharge is approved, the effective date will not be earlier than six months from the date of submission of the written request and in no case earlier than the date of completion of minimum service requirements.



Dr. T. F. Connally, Jr., an orthopedic surgeon, was promoted to the rank of Commander during ceremonies June 12th. Tacking on his new shoulder boards are RAdm R. D. Nauman, Commanding Officer of Naval Hospital Memphis, and Capt. E. M. Hemmess, Chief, Orthopedic Service.

PROMOTIONS



Dr. J. R. Akers, an anesthesiologist, signs papers promoting him to his present rank of LCDR. Watching the signing, held June 12th, are RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis, and Dr. Akers' wife, Thelma.



On June 14th, Dr. S. D. Sides, Assistant in Internal Medicine, was promoted to LCDR. CDR W. H. Wolfe, Chief, Medical Service displays LCDR Sides' new collar insignia as RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis watches.



Dr. D. A. Bruce, a pediatrician, signs papers promoting him to LCDR on June 19th. Watching are RAdm. R. D. Nauman, Commanding Officer, Naval Hospital Memphis, and Capt. C. R. Hamlin, Executive Officer of Naval Hospital Memphis.

MORE

PROMOTIONS



On June 19th, Dr. R. S. Fennell, was promoted to LCDR. LCDR Fennell, a pediatrician, has his new shoulder boards tacked on by LCDR J. A. Barnshaw, Chief, Pediatric Service, and by his wife, Eileen.



Dr. W. E. Pearson, Ob-Gyn Service, was promoted to his present rank of LCDR during ceremonies held June 19th. Tacking on LCDR Pearson's new shoulder boards are LCDR R. W. Witt, Chief, Ob-Gyn Service, and Capt. C. R. Hamlin, Executive Officer of Naval Hospital Memphis.



A Naval Hospital Memphis anesthesiologist, Dr. R. W. Burner was promoted to LCDR on June 26. Displaying his new shoulder boards are Capt. C. R. Hamlin, Executive Officer and Chief, Surgical Service at Naval Hospital Memphis, and LCDR Burner's wife, Carole.



Miss M. E. Dunkel signs papers promoting her to her present rank of LtJg. on June 26. Watching the ceremony were Capt. A. L. Davis, Chief Nurse, CDR H. J. Walker, Nursing Service Division Officer, CDR N. L. Happ, Nurse Corps Detail Officer, and CDR L. G. Robinson, Assistant Chief Nurse.



Upon his separation from the Navy, LCDR P. J. Quinn, Chief, Urology Service, is thanked for a job well done by CDR J. W. Young, Administrative Officer of Naval Hospital Memphis. Also pictured is RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis.



Upon his discharge from the service, Dr. J. P. Lee, Assistant in General Surgery, is thanked for a job well done by RAdm. R. D. Nauman, Commanding Officer of Naval Hospital Memphis. Looking on are Capt. C. R. Hamlin, Executive Officer, and CDR M. L. Fackler, Assistant Chief of Surgery.

HOSPITAL CORPS BIRTHDAY CELEBRATED



On June 23rd, Naval Hospital Memphis and the NAS Dispensary celebrated the 74th anniversary of the Hospital Corps with a banquet and dance in the CPO Club at NAS Memphis. Participating in cake cutting ceremonies at the party were Capt. G. W. Lotz, Medical Officer in charge of NAS Dispensary, HMCS J. N. Rogers, oldest corpsman in attendance, HN Bill Reynolds, the youngest corpsman present, and Capt. C. R. Hamlin, Executive Officer of Naval Hospital Memphis.

CHIEF HENDERSON PROMOTED TO E-9



HCMC D. E. Henderson receives congratulations from CDR J. W. Young, Administrative Officer of Naval Hospital Memphis, on his promotion to his present rank effective June 1. LCDR F. D. Saine, Chief, Military Personnel Division, looks on. Master Chief Henderson is the Assistant Chief, Military Personnel Division.



Red Cross Calendar

- JULY -

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						REC. LOUNGE OPEN 1230-1630
2 RECREATION LOUNGE OPEN 1230-1630	3 CPO WIVES CLUB <u>Coffee Call</u> 1900	4 HOLIDAY HOURS LOUNGE OPEN 1230-1630	5 FIRST METHOD-IST CHURCH <u>Coffee Call (am)</u> MONTE CARLO NIGHT IN THE LOUNGE	6 ATOKA PRESBY-TERIAN CHURCH <u>Coffee Call (am)</u>	7 HOSPITAL OFF-ICERS' WIVES <u>Coffee Call (am)</u>	8 REC. LOUNGE OPEN 1230-1630
9 RECREATION LOUNGE OPEN 1230-1630	10 NAVY WIVES CLUB <u>Coffee Call (am)</u> EAST ACRES BAPT. CHURCH <u>Coffee Call (pm)</u>	11 <u>HOMEMADE ICE CREAM PARTY AT NAVY LAKE (pm)</u>	12 "BINGO" SPON-SORED BY THE LANDMARK WOM-EN'S CLUB OF GERMANTOWN (pm)	13 <u>YAHTZEE TOURNAMENT (pm)</u>	14 GEORGIAN HILLS BAPTIST CHURCH <u>Coffee Call (am)</u>	15 REC. LOUNGE OPEN 1230-1630
16 RECREATION LOUNGE OPEN 1230-1630	17	18 GOURMET BINGO SPONSORED BY THE S. TIPTON COUNTY JAYCETTES (pm)	19 <u>PICNIC AT NAVY LAKE (pm)</u>	20 VFW AUXIL-ILIARY <u>Coffee Call (am)</u>	21 STAFF NCO WIVES CLUB <u>Coffee Call (am)</u>	22 REC. LOUNGE OPEN 1230-1630
23 RECREATION LOUNGE OPEN 1230-1630	24 <u>HOMEMADE ICE CREAM PARTY</u> in the lounge (pm)	25 NAS OFFICERS' WIVES CLUB <u>Coffee Call (am)</u>	26 CPO WIVES' CLUB <u>Coffee Call (am)</u> <u>USO GIRLS (pm)</u>	27 GEORGIAN HILLS METHODIST CHU-RCH <u>Coffee Call (pm)</u>	28	29 RECREATION LOUNGE OPEN 1230-1630
30 RECREATION LOUNGE OPEN 1230-1630	31 SKYVIEW BAPTIST CHURCH <u>Coffee Call (pm)</u>					



The Hospital Library is located in room 216 of the new hospital. It is open from 0800 to 1630 Monday through Friday.

FICTION

Carlisle, Henry. VOYAGE TO THE FIRST DECEMBER. Mutiny aboard a U. S. ship in 1842.

Christie, Agatha. NEMESIS. Mystery.

Nabokov, Vladimir. GLORY. A comedy of manners filled with the themes associated with Nabokov-the romance of emirges, sexual frustration, and the nostalgia of youth.

Kemelman, Harry. MONDAY THE RABBI TOOK OFF. David Small makes a private exodus to Israel and finds himself in the thick of a frightening incident involving Arab militants.

Maloney, Ralph. THE NIXON RECESSION CAPER. A happy tale of social down-loft when four executives, out of recession of desperation, decide to rob a bank and get away with it.

Higgins, George V. FRIENDS OF EDDIE COYLE. The life style, professional mortality of a small-time hoodlum friends are vividly portrayed in this very readable novel.

NON-FICTION

Lacy, Dan. THE WHITE USE OF BLACKS IN AMERICA.

Walton, Richard J. COLD WAR AND COUNT-ERREVOLUTION. The foreign policy of John F. Kennedy.

Seymour, Whitney N. THE YOUNG DIE QUIETLY. The narcotics problem in America.

Mooney, Michael M. THE HIDENBURG.

Ordway, F. I. DIVIDENDS FROM SPACE.

Simon, Ted. GRAND PRIX YEAR.

Pierce, Neal R. MEGASTATES OF AMERICA. People, politics, and power in the ten great states.

The 10 Commandments For Getting Along

1. Keep skid chains on your tongue; always say less than you think. Cultivate a low, persuasive voice. How you say it often counts for more than what you say.

2. Make promises sparingly and keep them faithfully, no matter what it costs you.

3. Never let an opportunity pass to say a kind and encouraging word to—or about—somebody. Praise good work done, regardless of who did it. If criticism is merited, criticize helpfully, never spitefully.

4. Be interested in others; interested in their pursuits, their welfare, their homes and families. Make merry with those who weep. Let everyone you meet, however humble, feel that you regard him as a person of importance.

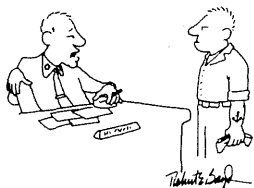
5. Be cheerful. Keep the corners of your mouth turned up. Hide your pains, worries and disappointments under a pleasant smile. Laugh at good stories and learn to tell them.

6. Preserve an open mind on all debatable questions. Discuss, but don't argue. It is a mark of superior minds to disagree and yet be friendly.

7. Let your virtues, if you have any, speak for themselves and refuse to talk of another's vices. Discourage gossip and make it a rule to say nothing of another unless it is something good.

8. Be careful of others' feelings. Wit and humor at the other fellow's expense are rarely worth the effort and may hurt where least expected.

9. Pay no attention to ill-natured remarks about you. Simply live so that nobody will believe them. Disordered nerves and poor digestion are common results of backbiting.



"Oh, come now, sailor . . . Don't you think 'Give me liberty or give me death' is overstating it a bit?"

Black History

Black Cowboys & Frontiersmen

By Ed Beasley

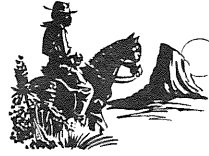
Five thousand black men were cowboys in the West but they were rarely mentioned in Western folklore. Billy the Kid, America's notorious outlaw, had a black man riding with him. During the Lincoln County Cattle War of 1877-78, Billy was in the center of this controversy. Black cowhands were also involved on each side of the struggle.

One particular occasion as the bloody struggle began, even more notorious black cavalry were called in and one group surrounded Billy the Kid during one of the most violent battles between the groups. However, Billy, knowing the terrain, managed to escape the ambush.

Later, a black Cavalryman delivered a proclamation issued by Governor Lew Wallace which declared an end to the hostilities and granted amnesty to all involved.

James Beckwourth, a black man, was a frontier scout and explorer, fam-

ous for the exaggerated stories he loved to tell about his adventures.



Born a slave, he ran away from home in St. Louis at the age of 19. He married a Crow Indian woman and became Chief of the Crow Nation. Some historians say the Indians considered him the greatest horse thief around, and that he was a great medicine man.

In 1850, Beckwourth discovered an important route over the Sierra-Nevada Mountains which served as a gateway to California during the Gold Rush. To this day it's called Beckwourth Pass in his honor.

Mystery surrounds his death. Some say he was poisoned by the Crow Indians for refusing to stay on as their Chief. Regardless, James Beckwourth never had a dull moment.



RIGHT WORD — Playmate Jennifer Liano thinks you should step out boldly with a cost reduction suggestion. "It is a swell maneuver that pays off," says Jennifer (Photo courtesy Playboy)

Car Thievery — A Leading 'Industry'



Every 34 seconds in the United States a car is stolen. In numbers alone, this means that one out of every 99 registered cars in this country was stolen in 1971.

Auto theft, the nation's most costly crime involving property, is one of the biggest industries in the United States. It has become refined to the point that prospective "customers" order a desired make, model and color which is then stolen, repainted and delivered—often with forged title papers and with motor vehicle identification numbers changed or altered. This process often takes less than 24 hours.

Hottest Car

The "hottest" item in the catalogue seems to be the Chevrolet Impala. Based on percentages, this model was stolen more often than any other car in 1970. Chevrolet sedans and hardtops are the highest on the list and, in some major cities, the average life expectancy of unattended Corvettes on the street is approximately 30 minutes. Lincolns, Cadillacs and, to some degree, the Chevrolet Camaro are relatively conspicuous in appearance and are usually sold far from where they are stolen. Some wind up in Mexico and other Latin American countries and some in Canada.

Theft & Death

Stolen cars are involved in automobile accidents at a rate 200 times greater than the accident rate for cars driven under normal conditions. Further, stolen cars often are used in other crimes and, in many instances, they make other crimes possible.

Who Steals?

Individuals under the age of 18 are involved in approximately

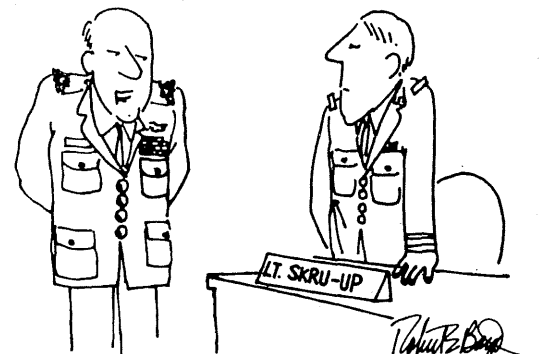
64 per cent of the automobile thefts in this country, according to the NATB (National Automobile Theft Bureau). Those under 21 years of age are responsible for nearly 80 per cent of car thefts. If the age group includes those 25 and under, it accounts for approximately 96 per cent of the cars stolen in the United States.

In too many cases—80 per cent as a matter of fact—stealing a car is not complicated, nor does it require sophisticated mechanical ingenuity or stealth. The thief simply gets in the car and drives away, because it has been left unlocked. In half of these cases, the owner has cooperated with the thief by leaving the keys in the car.

Authorities across the country agree that only 20 per cent of all cars stolen are stolen for profit or gain. If a car is stolen because of "malicious mischief" the chances of recovery with minimal damage are fairly good. If the car is stolen by a professional or an "order taking" theft ring—which is becoming increasingly frequent—the chances of seeing it again are slim.

In addition to "joyriding" or resale for profit, there is a third motive for auto theft which is becoming more and more commonplace—stealing a car in order to strip it for parts. This approach, whereby engine parts, radios, tires, etc., are removed shortly after the theft of the car, is gaining in popularity because it eliminates the need for forged or stolen papers and license plates.

What can be done? The basic precaution for a serviceman to take, according to the NATB, is a simple one—lock your car and pocket the keys anytime and everytime you leave your car.



"You've given the outfit a bad name."