Short-term benefit

Intended Consequence
Immediate compliance

Corporal Punishment (spanking)

Long-term costs

## **Unintended Consequences**

## As a child

- 1. More aggressive
- More antisocial behaviour
   (e.g. stealing, underage drinking)
- 3. Poor mental health (e.g. depression, lack of purpose in life)
- 4. More internalization
- 5. Poor quality of parent-child relationship
- 6. Victim of physical abuse

## As an adult

- 7. More aggressive
- 8. Poor mental health
- 9. Alcoholism
- 10. Use of abusive techniques in parenting one's own children
- 11. Criminal and antisocial behaviour (e.g. criminal record)