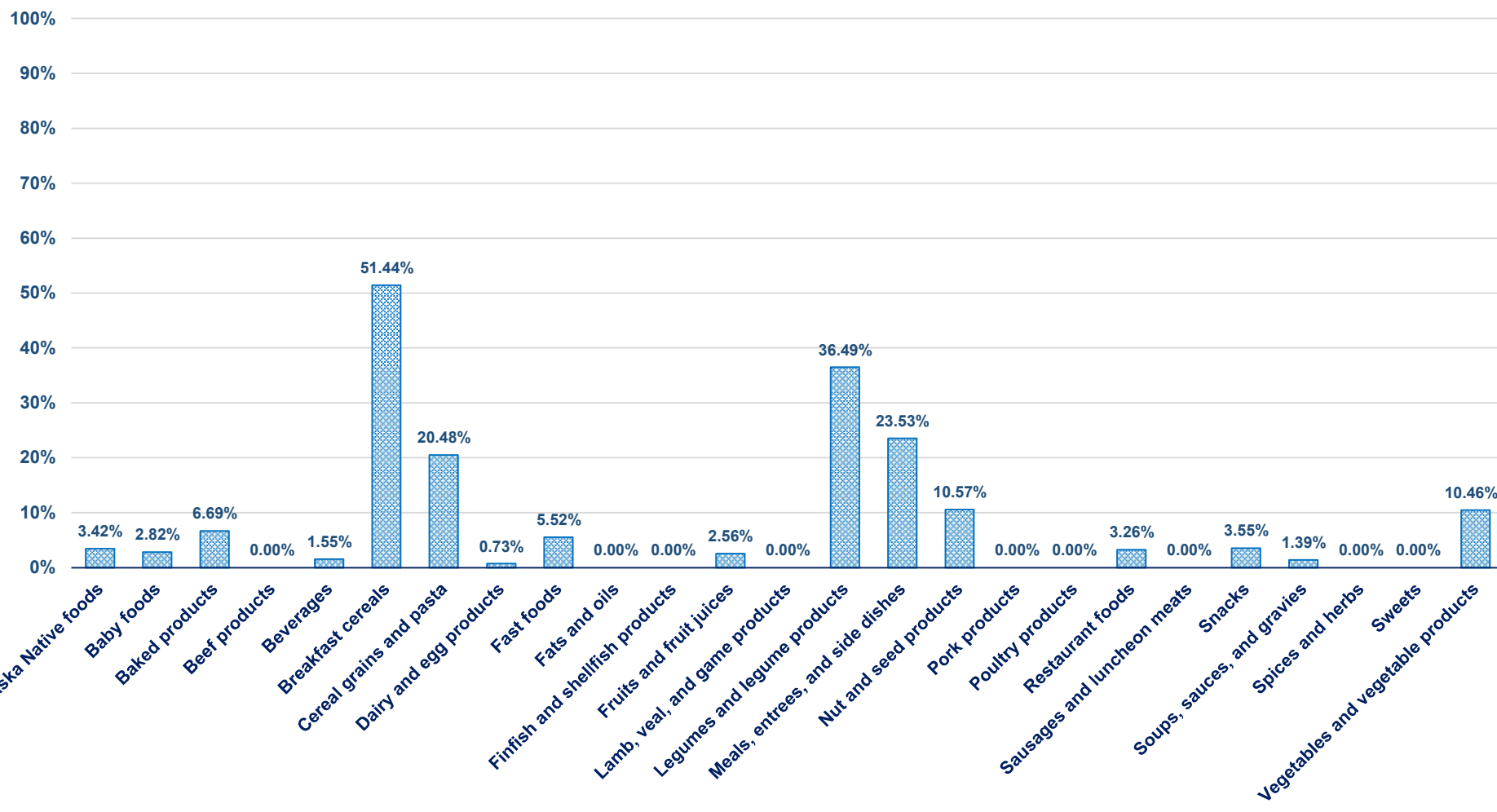


## Dietary fiber - Thiamin



Averages (%) of foods containing appropriate levels of dietary fiber and thiamin (to achieve adequate intakes of dietary fiber and thiamin) based on the proposed method in food groups

**References:**

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