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(This is a summary of the Market Basket for January 3, 1940.)

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## THE 1940 FOOD BUDGET

According to the calendar, the time for making New Year's resolutions is over. But not all good resolutions are made on the first of January.

"Why not take 2 or 3 weeks in this month to check up on your food budget?"

asks \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.  
(Name) (Title) (Institution)

Start by keeping a record of the weight and cost of the food you buy.

Then check your record against the weekly market lists in a bulletin published by the Federal Bureau of Home Economics - Diets To Fit the Family Income. The market lists in the bulletin can be used by families of any size with any combination of children and adults doing different kinds of work. They also are planned at four different levels of cost.

Copies of this bulletin are free upon request to the Department of Agriculture, Washington, D. C. Ask for Farmers' Bulletin 1757.

Good news for the woman who is interested in food budgets also comes from the U. S. Bureau of Agricultural Economics, reports \_\_\_\_\_.  
(Name)

According to their estimates, the Nation's table will have an ample supply of most foods for 1940.

Egg supplies are expected to be ample. The quantities of dairy products are expected to be adequate. Fresh winter vegetables are plentiful, and there is a good supply of canned vegetables in storage. Fresh fruits are abundant, with the usual bountiful supply of oranges and grapefruit coming to the market. Plenty of fruit is also on hand in both dried and canned form.

Pork, with its great increase in production, also calls for special attention because it has raised the meat supply higher than it has been for several years. There is plenty of wheat, too, both for domestic and possible export needs.

