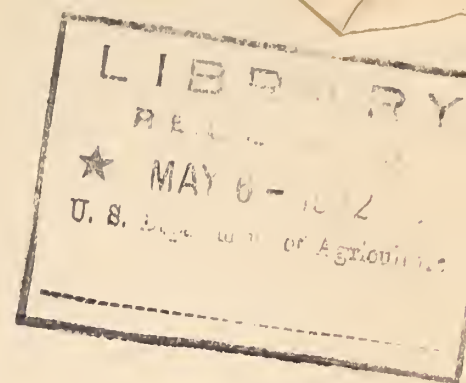


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UNITED STATES DEPARTMENT OF AGRICULTURE  
BUREAU OF HOME ECONOMICS



SELECTED LIST OF BOOKS ON NUTRITION

- American Red Cross text-book on food and nutrition. Ruth Wheeler and Helen Wheeler. Published by the American Red Cross. 1927.
- Chemistry of food and nutrition. H.C. Sherman. 3rd edition. Published by the Macmillan Company, New York. 1926.
- The elements of the science of nutrition. Graham Lusk. 4th edition. Published by W.B. Saunders Company, Philadelphia. 1928.
- Food, health, vitamins. R.H.A. Plimmer and Violet G. Plimmer. 3rd edition. Published by Longmans, Green, & Co., Ltd., New York. 1928.
- Food, Nutrition, and health. E.V. McCollum and Nina Simmonds. Published by the authors, Baltimore. 1928.
- Foundations of nutrition. M.S. Rose. Published by the Macmillan Company, New York. 1927.
- Fundamentals of biochemistry. T.R. Parsons. 3rd edition. Published by W. Heffer & Sons, Ltd. Cambridge, England. 1927.
- Newer Knowledge of nutrition. E.V. McCollum and Nina Simmonds, 4th edition. Published by the Macmillan Company, New York, 1929.
- Nutrition, W.H. Eddy. Published by Williams & Wilkins, Baltimore, 1928
- Nutrition and food chemistry, by B. S. Bronson. Published by John Wiley & Sons, New York. 1930.
- Nutrition and physical fitness. L.J. Bogert. Published by W.B. Saunders Company, Philadelphia. 1931.
- Vital factors of foods, vitamins and nutrition. Carleton Ellis and Annie L. MacLeod. Published by Van Nostrand Company, New York. 1922.
- The vitamins. H.C. Sherman and S.L. Smith. 2nd edition. Published by the Chemical Catalog Company, New York, 1931.



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A Selected List of References on

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Diet.

NUTRITION

Aykroyd, W. R.

Vitamins and other dietary essentials. Published by William Heinemann Ltd. London, 1933. 218 pp.

General discussion of the different dietary essentials with special emphasis on vitamins. Those who want facts without too much scientific data will find this book very useful.

Blunt, Katherine and Cowan, Ruth

Ultraviolet light and vitamin D in nutrition. Published by The University of Chicago Press, Chicago, 1930. 229 pp.

Summarizes important clinical research on vitamin D in nutrition, especially calcium and phosphorus metabolism. A technical reference.

Bogert, L. Jean

Nutrition and physical fitness. Published by W. B. Saunders Company, Philadelphia, 1931. 554 pp.

Good general discussion of nutrition. Includes meal plans and diets for children, nursing mothers, adults, and convalescents.

Bronson, B. S.

Nutrition and food chemistry. Published by John Wiley & Sons, Inc., New York, 1930. 467 pp.

Technical treatment of nutrition, chemistry of food and nutrition, and food products. Primarily a text-book.

Carpenter, R. S. and Hann, H.N.

Food for children. United States Department of Agriculture, Farmers' Bulletin 1674, Washington, D. C. 1931. 22 pp.

Practical information on child feeding, written for parents. Contains menus and a few recipes.

Infant care. United States Department of Labor, Children's Bureau, Pub. 8, 1929, Washington, D.C. 127 pp.

Contains a section on infant feeding, written for parents.

414R(H.E.M., C.C., R.S.C.)  
Oct. 15, 1934)

child from one to six years of age and training. United States Department of Labor, Child Labor Bureau, Pub. 30, 1931, Washington, D.C. 150 pp.

Contains a section on child feeding; practical and understandable.

Harrop, George A. Jr.

Diet in disease. Published by P. Blakiston's Son & Company, Inc., Philadelphia, 1930. 404 pp.

General discussion of nutrition, food values, and diet in disease. Technical. Suitable for medical students.

Hawk, Philip B. and Bergeim, Olaf

Practical physiological chemistry; a book designed for use in courses in physiological chemistry in schools of medicine and of science. 10th edition. Published by P. Blakiston's Son & Company, Inc., Philadelphia, 1931. 929 pp.

Covers important facts of nutrition from physiological standpoint. Primarily a laboratory manual.

Hess, Julius H.

Feeding and the nutritional disorders in infancy and childhood. 6th edition. Published by F. A. Davis Company, Philadelphia, 1928. 566 pp.

Principles and practice of infant feeding in health and disease. Definite suggestions for diet of normal children 6 months to 6 years. Exhaustive discussion of modified milks. Written for doctors, teachers, and nurses; rather technical for general reader.

Lusk, Graham

The elements of the science of nutrition. 4th edition. Published by W. B. Saunders Company, Philadelphia, 1928. 844 pp.

Deals primarily with energy metabolism. Historical and technical.

Marriott, Williams McK.

Infant nutrition; a textbook of infant feeding for students and practitioners of medicine. Published by The C. V. Mosby Company, St. Louis, 1930. 375 pp.

Presents successful methods of feeding normal infants through second year. Also covers feeding in and management of various abnormal conditions. Practical application of principles given by specific example. Book aims to outline nutritive needs and indicate how to meet these needs. Written for physicians; rather technical for the general reader.



McCollum, E.V. and Simmonds, Nina  
Food, nutrition and health. 3rd edit  
Baltimore, Md., 1933. 146 pp.

Authors,

General dietary recommendations for good nutrit., presented in non-technical language. Last chapter describes the adequate diet.

McCollum, E.V. and Simmonds, Nina

The newer knowledge of nutrition; the use of foods for the preservation of vitality and health. 4th edition. Published by the Macmillan Company, New York, 1929. 594 pp.

Comprehensive treatise on nutrition. Review of literature on vitamins with an extensive bibliography. Technical.

Parsons, T. R.

Fundamentals of bio-chemistry. 3rd edition. Published by W. Heffer and Sons, Ltd., Cambridge, England, 1930. 308 pp.

Chemistry of digestion and metabolism. Some discussion of chemistry of food. Technical.

Rose, Mary S.

Feeding the family. 3rd edition. Published by the Macmillan Company, New York, 1929. 459 pp.

General discussion of foods and food requirements at all ages. Includes material on nutritional needs of mothers and babies, and feeding schedules for breast and artificially fed infants. Many food plans and diets for the family and individuals are given.

Rose, Mary S.

Teaching nutrition to boys and girls. Published by the Macmillan Company, New York, 1932. 198 pp.

Includes outlines of lessons, photographs, pictures, and charts. Demonstration with laboratory animals described. Written for teachers of elementary grades.

Rose, Mary S.

The foundations of nutrition. 2nd edition. Published by the Macmillan Company, New York, 1933. 630 pp.

Historical development of subject. Brief discussion of different food groups and the various dietary essentials. Detailed discussion of nutritional needs of different age groups. "Share" system of evaluating diets. Appendix includes many tables of food values.

Sherman, He  
Chemis  
Compa from one to si on. 4th edition. Published by the Macmill  
La<sup>SW</sup>, 1931. 614 pp.

Concise and adequate discussion of chemistry of digestion, metabolism, dietary essentials, nutritive requirements, and dietary standards. A well known text and reference book.

Sherman, Henry C.

Food products. 3rd edition. Published by the Macmillan Company, New York, 1933. 674 pp.

Descriptions of important food products with discussion of their place in the diet. Tables on calcium, phosphorus, iron, copper, and manganese in common foods.

Sherman, Henry C. and Smith, Sybil L.

The vitamins. 2nd edition. Published by the Chemical Catalog Company, New York, 1931. 575 pp.

Monograph on vitamin research. Comprehensive bibliography through 1930.

Stiles, Percy G.

Nutritional physiology. 7th edition. Published by W. B. Saunders Company Philadelphia, 1931. 313 pp.

Physiology of digestion and metabolism. Technical book useful for students.

Willard, Florence and Gillett, Lucy H.

Dietetics for high schools; a textbook in nutrition and food economics. 2nd edition. Published by the Macmillan Company, New York, 1930. 290 pp.

A textbook for teaching principles of nutrition, and food selection and preparation.