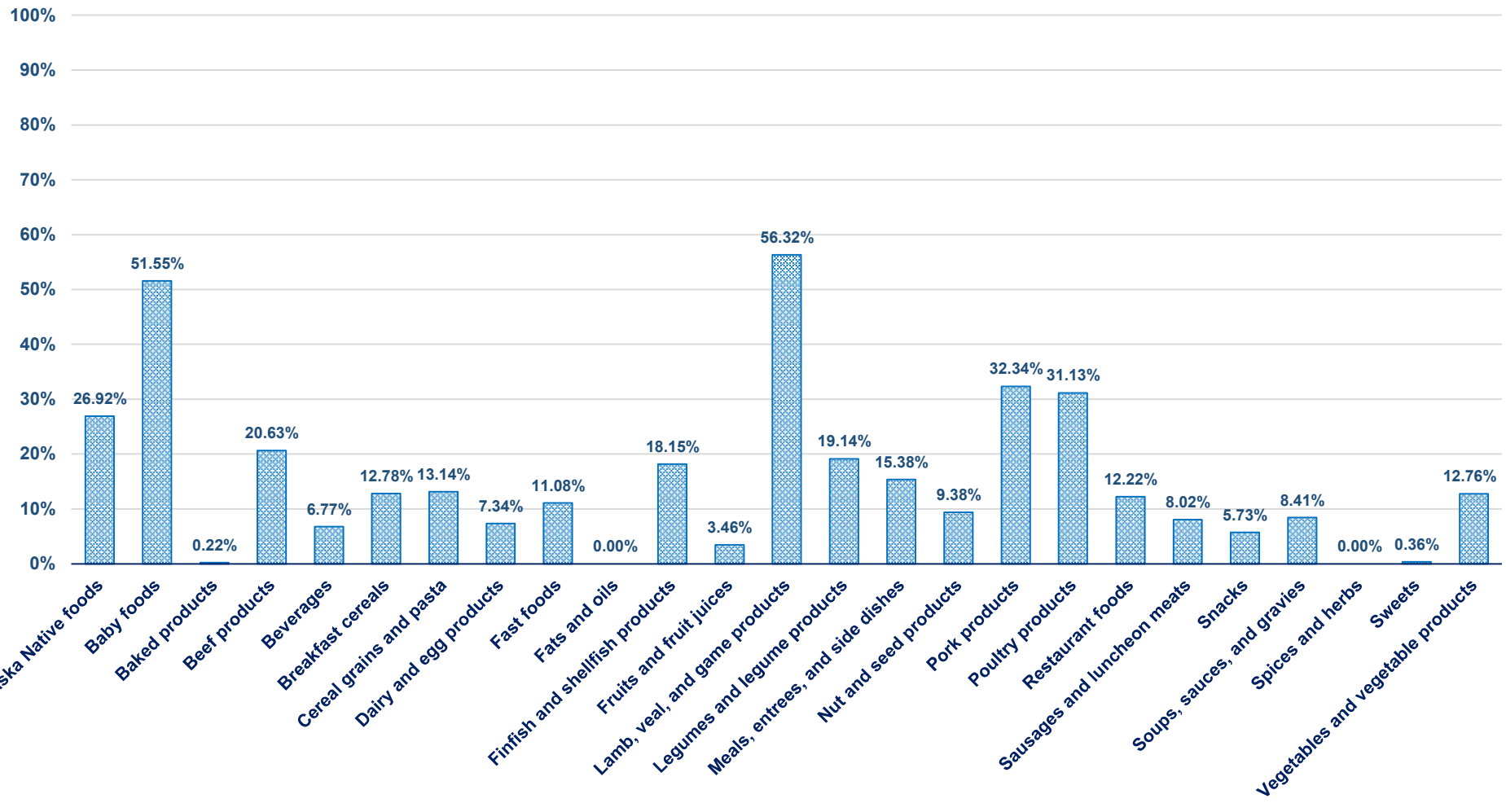


Copper - Pantothenic acid



Averages (%) of foods containing appropriate levels of copper and pantothenic acid (to achieve adequate intakes of copper and pantothenic acid) based on the proposed method in food groups

References:

- Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A, Zand E. A new method for calculating copper content and determining appropriate copper levels in foods. *Rev Chil Nutr* 2021;48:862–873.
- Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. A new method for calculating pantothenic acid content and determining appropriate pantothenic acid levels in foods. *SSRN* 2022. DOI: 10.2139/ssrn.4133416
- Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. Critical vulnerabilities of food selections based on nutrient content claims and reference amounts of food and creating a reliable procedure. *Food Prod Process Nutr* 2024;6:43.