

A WORD OF ADVICE

To Those Coming to Alaska or the Klondike Gold Fields.

One thing should be impressed upon every miner, prospector or trader coming to Alaska, to the Klondike, or the Yukon country, and that is the necessity for providing an adequate and proper food supply.

These supplies must be healthful and should be concentrated, but the most careful attention in the selection of foods that will keep unimpaired indefinitely under all the conditions which they will have to encounter is imperative.

A book of recipes for all kinds of cookery, which is specially valuable for use upon the trail or in the camp, is published by the Royal Baking Powder Company, of New York.

Clever Woman. "There is no use trying to deny it," said one man to another. "Blums is badly married. I hate to say it, but it's so."

IT'S NOT EXPENSIVE. It's the quality that's high in TEA GARDEN DRIPS, TOBACCO MAPLE SYRUP and PELICAN LOUISIANA MOLASSES.

Thinking and Doing Right. It is much easier to think right without doing right than to do right without thinking right.

The royal Irish constabulary is the only police force in the Kingdom which is practically on a military footing.

Nero's eyeglass, through which the nearsighted tyrant watched the gladiatorial games, was an emerald, cut into the form of a lens.

Use only one heaping teaspoonful of Schilling's Best Baking Powder to a quart of flour.

You must use two teaspoonfuls of other baking powder.

CHILDREN TEething. Mrs. WINGLOW'S SOOTHING SYRUP always be used for children teething.

ASTHMA. TRIAL BOTTLE SENT FREE. DR. TAFT BROS., 3 Elm St., Rochester, N. Y.

INDIAN WARS 1847-56. Write for information important to survivors and widows of Indian war veterans.

S. F. N. U. No. 821. New Series, No. 12

Darkies of the Eastern Shore.

It is worth while to see them drive into one of the villages, say on a Saturday when the country people are gathering to do their shopping.

The Use of the Superlative. From Macaulay a very large assortment of bests, biggest and greatest might be culled; a few will suffice.

Yet we remember that Archbishop Whately could not sufficiently ridicule Emerson, and what the archbishop (quoting from Bishop Colleston) called "the magic lantern school."

Eye Remedies. One of the simplest and best remedies for inflammation or strain is to bathe the eyes in warm water.

There are various ways of arriving at conclusions as to the amount of time necessary for realizing any physical sensation or mental impression.

It has been found that we can hear far more rapidly than we can count, so that if a clock-ticking movement runs faster than ten to the second we can only count four clicks, while with twenty to the second we can only count two of them.

Use only one heaping teaspoonful of Schilling's Best Baking Powder to a quart of flour.

AVIVA OR NEW LIFE. Invigorates the delicate, feeds the nerves, enriches the blood, adds brilliancy to the intellect, produces cheerfulness, and prolongs life.

THE AVIVA COMPANY, Peralta P. O., Alameda Co., Cal.

PISO'S CURE FOR GOUT WHEN ALL ELSE FAILS. Best Gout Syrup. Cures Gout. Use in time. Sold by druggists.

RAM'S HORN BLASTS.

Warning Notes Calling the Wretched to Repentance.

LL dissipation is from the devil. Guilt has a hard pillow. Fanaticism is Faith turned sour.

A shaggy camel may bear a smooth burden. Purity opens the way to a world of gladness.

When you have nothing to do, never go after help. The devil never has to waste any bait to catch a loafer.

Praying is always easy, when we kneel on praying ground. Trying to love, is an absurdity; love is spontaneous combustion.

The United Kingdom has 1,700,000 factory operatives, France 1,780,000, Germany 1,530,000 and the United States 2,750,000.

A weak spot in a piece of timber may endanger a whole building, and certain it is that the man who suffers with Lumbago lets down the whole framework of his anatomy.

Scientists Are Now Experimenting on This Interesting Subject. Experiments regarding the time needed by the average man to think are now engaging the attention of scientists.

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Life In a Channel Island.

The land of Jersey is in the hands of a frugal and industrious people, worthy descendants of the rural populations of Normandy and Brittany.

Hopeless. Sir Charles—Not understand she difference between convex and concave? I will try to explain.

The League of American Wheelmen numbers nearly 2,000,000 now the 100,000 mark within the last few weeks.

A writer in The Medical Review maintains that coffee is responsible for the large number of blind men one sees in the streets of Moroccan cities.

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting feet and instantly takes the sting out of corns and bunions.

AN OPEN LETTER TO MOTHERS. We are asserting in the courts our right to the exclusive use of the word "CASTORIA" and "PITCHER'S CASTORIA," as our Trade Mark.

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies.

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Men and Horses Killed in Battle.

In regular battles the proportion of loss among men and horses is quite close, and in hand to hand combats of cavalry, as well as in sharp artillery engagements, for every man killed or wounded there is also a dumb warrior entitled to a place beside him on the roll of honor.

In the fierce charges of the German uhlans and cuirassiers at Vionville, Mars-la-Tour, in 1870, 1,400 men and 1,600 horses were killed and wounded.

A Standard of Fitness. He is a man of irascible impulses and a bluntness of speech which wins him many enemies.

Walter Baker & Co's Breakfast Cocoa. Absolutely Pure, Delicious, Nutritious.

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KIDNEY TROUBLES

Cured by Lydia E. Pinkham's Vegetable Compound.

"I have been a great sufferer from kidney trouble; pains in muscles, joints, back and shoulders; feet would swell. I also had womb troubles and leucorrhoea.

After using Lydia E. Pinkham's Vegetable Compound Blood Purifier and Liver Pills, I felt like a new woman. My kidneys are now in perfect condition."

My system was entirely run down, and I suffered with terrible backache in the small of my back, and could hardly stand upright. I had no appetite. Since taking Lydia E. Pinkham's Vegetable Compound, I have gained fifteen pounds, and I look better than I ever looked before."

For 14 cents. We wish to gain 150,000 new customers, and hence offer 14c for 1 doz. of our...

BUY THE GENUINE SYRUP OF FIGS. MANUFACTURED BY CALIFORNIA FIG SYRUP CO.

YOUR LIVER Is it Wrong? Get it Right. Keep it Right. Moore's Revealed Remedy will do it.

RODS for tracing and locating Gold or Silver Ore, lost or buried treasure.

Ferry's SEEDS. grow paying crops because they're fresh and always the best.

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STERN WHEEL OR PROPELLER. ALSO STERN WHEEL BARGES From 40 to 100 feet long.



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Oil Marine Engine, built from 2 1/2 to 200 Horse Power, are the safest, surest and most economical on the market.

Complete Outfits, or Engines sold Separately. 3,200 IN USE.

Largest Builders on the Coast.

HERCULES GAS ENGINE WORKS.

217 to 231 Bay St., San Francisco, Cal.

TO MANUFACTURERS

Who desire a location combining every feature conducive to prosperity, sufficiently near to San Francisco to enjoy all the privileges of a site in the metropolis, and yet sufficiently remote to escape the heavy taxation and other burdens incident to the city.

Where a ship canal enables vessels to discharge their cargoes on the various wharves already completed for their accommodation.

Where large ferry boats enter the large ferry slip now in use, and land passengers, freight and whole trains of cars.

Where an independent railroad system gives ample switching privileges to every industry.

Where a private water-works plant, with water mains extending throughout the entire manufacturing district, supplies an abundance of pure artesian water at rates far below city prices.

Where some of the largest industries in the State are today located and in full operation.

Where hundreds of thousands of dollars have already been spent in perfecting the locality for manufacturing purposes.

Where the South San Francisco Land and Improvement Company own **THIRTY-FOUR HUNDRED** acres of land and **Seven Miles of Water Front** on the San Francisco Bay, and on the main line of the Southern Pacific Railroad.

Where, in fact, rail, wharf and other privileges are unexcelled for manufacturing purposes by any other locality on the coast.

If you desire such a location come and see what we have in South San Francisco, San Mateo County.

For further information call or address

SOUTH SAN FRANCISCO LAND & IMPROVEMENT CO.

202 SANSOME ST., SAN FRANCISCO, CAL.

TO HOME-SEEKERS

The South San Francisco Land and Improvement Company, comprising many San Francisco, Chicago and New York capitalists, created in San Mateo county a new town site known as South San Francisco. This town site is situated on the main line of the Southern Pacific Railroad, and also on the Southern Pacific Bay Shore Railroad, soon to be finished; it is also at the terminus of the San Francisco and San Mateo Electric Railway.

South San Francisco was platted as a town just prior to the great financial panic of 1893 and 1894; during all that period of financial wreck and ruin, when almost every new enterprise and many old-established institutions were actually swept out of existence, she has held her own and is to-day a prosperous community with a population of nearly eight hundred people.

Upwards of \$2,000,000 in cash have been expended in laying the foundation of this new town. Most of the streets have been graded, curbed and sewered, miles of concrete sidewalk laid, trees planted along the main highways, and a water-works plant completed, giving an abundant supply of pure artesian water for every purpose. But the foundation laid in what is known as the manufacturing district of this town site constitutes above all others the most positive guarantee for the future of South San Francisco.

There is no stability nor permanency so absolute respecting real estate values, and the future growth of any community like that which is based upon industries giving employment to men. The facilities created by the founders of South San Francisco have already secured to her several large manufacturing enterprises, and will soon secure many more; this means not only an increase in population, but an enhancement in real estate values.

South San Francisco has passed the experimental stage, and is now an established town. Many of her lot owners who have properly improved their holdings are even to-day realizing from ten to twenty per cent net on their investments. How many communities as new as South San Francisco can make this boast?

An independent community in itself, with its own supporting elements, and at the same time close to the metropolis of California, and in the direction in which San Francisco must necessarily grow, already reached by some of the city's street car service, and certain to be on the line of any new railroad entering San Francisco, South San Francisco presents to-day opportunities for investment among the safest and best on the Pacific Coast.

Detail information cheerfully furnished. Address

SOUTH SAN FRANCISCO LAND & IMPROVEMENT CO.

202 SANSOME STREET.

SAN FRANCISCO, CAL.

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PORK PACKERS

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BEEF, SHEEP AND CALVES

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—PACKERS OF THE—

GOLDEN GATE —AND— MONARCH BRANDS

HAMS, BACON, LARD AND CANNED MEATS.

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PACKING HOUSE AND STOCK YARDS LOCATED AT

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