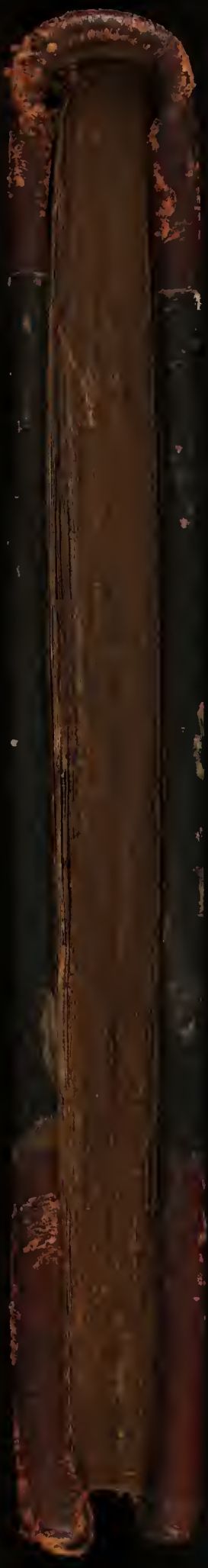


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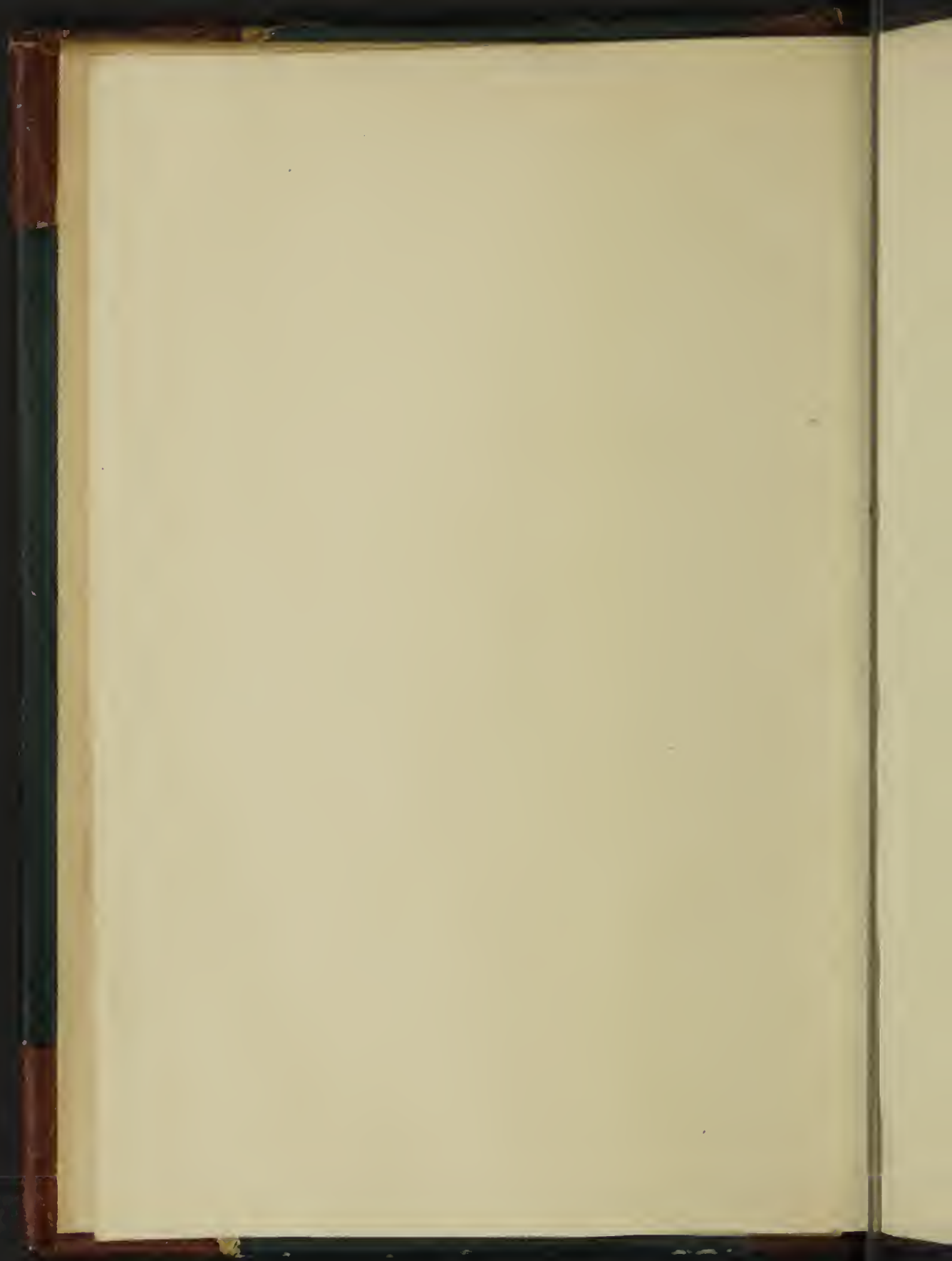
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*Prepositas his Practise,*  
**A Worke very ne-**  
**cessary to be vsed foꝛ the better**  
**preseruatiō of the Health**  
**of Man.**

Wherein are not onely most excellent and approued Medi-  
cines, Receiptes, and Ointmentes of great vertue,  
but also most pretious Waters, against  
many infirmities of the body.

The way how to make euery the said seuerall Medicines,  
Receiptes, and Ointmentes.

With a Table foꝛ the ready finding out of euery the Diseases,  
and the Remedies foꝛ the same.

Translated out of Latin into English by L. M.



L O N D O N

Printed by Iohn Wolfe foꝛ Edward White, dwelling at  
the little North doore of Paules, at the Signe  
of the Gunne. 1 5 8 8.

14





## TO THE READER.



Ere hast thou (gentle reader) a booke for thy profit, such as in English I know not the like; for heerein maist thou readily finde medicines for sundry diseases, and how thy selfe maist make the same, or cause them to be made: also thou maist here learne to know the vertue and operation, aswell of diuers hearbes with their seedes and stuites, as also of gunmes, spices, and other Apothecaries stuffe, and how thou maist apply them for thy helpe, either outwardly or inwardly. But as nothing can be of euerie man well liked: for such a confusednes is there of opinions, that rightly it may be said: *Quot homines, tot sententia:* and men in viewing of other mens bookes doe for the most part iudge partially, or els enuiously. *Homere* found a cauelling *Zotius*, *Cicero* and *Virgil* wanted not such as found fault with their workes, though most excellent: much lesse may I looke to haue this booke spared of all busse bodies, and that it should passe without gainsaying; Some peraduenture will object that it is preiudiciall vnto phisitions, Apothecaries, and such other, that such manner bookes as this should be diuulged in the English tongue, and that the secretes of phisicke ought not to bee participated vnto the common sorte, but onely knowne of such as be professors of the arte. Hereto may be answered; that as to preferre the insatiable gaine of a few, before the commoditie of the whole publike weale, were a thing against nature most iniurious and odious; so for to pleasure a few men, to deprive all other of such a benefit as concerne their health; yea, and their life also, for want of knowledge whereof many doe perish daily, were not onely great inhumanitie, but most opposite and contrarie to that which God in his law hath enioyned vs vnder paine of damnation; that is, *Love thy neighbour as thy selfe*: and in deede many of the heathen gaue to be obserued in generall, this, *Doe vnto others as thou wouldest be done vnto*. Neither can the learned phisitions (as I suppose) be hindred hereby: for as a man that hath attained vnto some insight and vse of learning, in what arte soeuer, is carried with more delight and willing cheare to seeke for to get some more perfection therein, then he was when first he begun rudely, and hauing

## To the Reader.

no perceyuance in the saide arte: so, no doubt, when men or women shall, hauing read this booke, see and vnderstand how that there are in hearbes, plants, gummies &c. such seuerall vertues, and that of them diuers so holosome conserues, confections, sirops and other like may be made, which they haue vtterly bene ignorant of vntill now, they will be the better perswaded to like and esteeme of phisicke than heretofore they haue done, and more readie to seeke helpe and counsell of the learned phisition, without whose aduise, if the vnlearned would in difficult matters take vpon them to deale as phisitions, they might in stead of helping the diseased, doe him much hurt. Hardly can the vnlearned in phisicke iudge rightly of his owne disease, much lesse of the diuers diseases of others: Onely for some diseases ordinarily knowne, for which some are not able, and some dare not to seeke remedie at the phisition, no reason is that such yet should be vtterly debarred of that ordinarie helpe which God hath appointed. And if the learned in times past had bene so straitely bent to keepe hidden their knowledge from participating to others, or rather so enuious of other mens weale, as many now a dayes are iniurious, not in hiding their owne skill, but in seeking to bereaue men of the fruition of that good benefit of conseruing health, which, sundry learned men haue giuen generally to be published; farre to seeke had all men now, bene of that perfection that they are come vnto. But, for that I hope the wise and learned will gaine say nothing that is beneficiall to the common weale; nor esteeme such a benefit, vnto them a prejudice, but rather a pleasure: I not waighing the vsfauoric speeches and contumelies of carping caellers, will leaue to commend those things which being tryed shall sufficiently praise them selues. *Vale.*

The signe

Graine.  
A scruple.  
A dramme.  
An ounce.  
A pound.  
A quarter.  
A halfe a pound.  
A handfull.  
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A pound.  
A quarter of  
A halfe a pound.  
An ounce.  
A dramme.  
A scruple.  
A halfe penny.

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The signes of the waightes, which the Potheccaries vse  
now a daies.

<b>A graine.</b>	} is thus wzitten.	<b>Gra.</b>
<b>A scruple.</b>		ʒ.
<b>A dramme.</b>		ʒ.
<b>An ounce.</b>		ʒ.
<b>A pounce.</b>		lib.
<b>A quarter.</b>		gr.
<b>Halfe a quarter.</b>		ʒ.
<b>A handfull.</b>		m.
<b>Aureus.</b>		aur.

**Aureus** doeth containe a dramme and a halfe.  
**An.** signifieth altogether, and thus is wzitten,  
**Aū.**

<b>A pound.</b>	} doth con- teine.	twelve ʒ.
<b>A quarter of a pound.</b>		thre ʒ.
<b>Halfe a quarter.</b>		ʒ. ʒ.
<b>An ounce.</b>		eight ʒ.
<b>A dramme.</b>		thre ʒ.
<b>A scruple.</b>		two ob.
<b>A halfe peny.</b>		thre siliques.

**One** graine of Siliqua is as much as sixe graines of Len-  
tieles, the which graine doubled sixe times, cometh to  
xxxvi. and then they make a scruple, thre ʒ. makes a ʒ.  
viii. drammes makes a ʒ. xvi. ʒ. makes a lib. ʒ. wheate  
coznes makes a scruple also.

1. A verie excellent medecine; taken out of Actuarius the Phisition, which the Apothecaries call Antidotum sincerum,

**T**Ake of myrrz  $\text{ʒ}ii$ .  $\text{ʒ}$ . of opium, the iuice of blacke popie  $\text{ʒ}iij$ .  $\text{ʒ}$ . of ammonum  $\text{ʒ}i$ .  $\text{ʒ}$ . of parsley  $\text{ʒ}v$ .  $\text{ʒ}$ . of the seed of smalage.  $\text{ʒ}ij$ . squinantum  $\text{ʒ}ix$ .  $\text{ʒ}$ . casia egyptia foure  $\text{ʒ}$ . white pepper foure  $\text{ʒ}$ . blacke pepper  $\text{ʒ}v$ .  $\text{ʒ}$ . of the best mustard  $\text{ʒ}ij$ .  $\text{ʒ}$ . of Rozar sixe  $\text{ʒ}$ . siler montaine foure  $\text{ʒ}$ . of the thickest part of the oyntment called hedicroy siue  $\text{ʒ}$ . of hony clarified as much as wil suffice in your iudgement, the quantitie of this which shalbe receiued at once, is one  $\text{ʒ}$ . take your Rozar with hony, sprinkle or cast on the oyntment dry, and sethe your opium with swete wine, and sodden to the third part, til it be as thicke as hony.

This is good against a quartaine, long aches of the head, the turning sickness, the falling euil, ouer much waking, francy, the paine of the eyes, the rumes, the toothache, shortnes of winde, sighing, old coughes from the lunges, the pluresie, and superfluous humoꝝ about the lunges, it causeth also the spittle to be thicke, and apt to auoyd, taken with idromel, which is made of hony and water sodden together, if a man doe spit blood, then it must bee taken with acetum multum, which is made of vineger and hony, or els it ought to bee receiued with vineger mixt with water, or els with two  $\text{ʒ}$ . of the iuice of knot grasse, or plantaine, how be it yee must adde or diminish according to the strength of the patient, it is also a present remedie for the stomake, for it consumeth superfluous humours, and causeth a good appetite, it cureth the hycup, and stoppeth vomiting, it auoydeth winde from the stomake and from the lower partes, it helpeth the paine of the liuer, the yelow saundize, and all diseases of melancoly, the griepe and heuines of the spleene, it engendꝛeth good choler, it purgeth downward steame and choler, it doth distribute the meat digested into his parts, it pꝛouoketh bzine, and causeth grauel in the reignes and bladder to

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auoide, it cureth ilica and colica passio, taken with drinke, it moueth a man to the stoule, and cureth inflamacions in short time, it doeth mitigate the gnawing and the paine of the belly, it doeth helpe and take away the ouer much stretching forth of the matrice, and when it cannot be easily taken in the mouth, then let it be ministred with the iuyce of fenicrike at the fundament, euen so it wll take away all the paine of the lower parts, it doeth cure all diseases of the matrice, it asswageth the paine of women which laboz of child, it cureth the mother and drawing bp of the matrice, and the stretching of it, it stoppeth vnnatural purgations, and purgeth fluxes of blæd from the matrice, if it be taken alone or els with wine hose, we may also vse this in the gout of the fete, and in arthritica passio, which is a weakenes in the ioynts of superfluous humours, a kinde of the gout, in the beginning of diseases, we may know best the vertue of this medecine, which doeth not onely remedie all inward griefs, but also the pallsie and those members which be weake and lose, if they bee therewith annointed, it doeth also recouer those which be in danger of life.

The verie wholesome medicine of Alexander the Phisition, called of the Pothecaries Aurea Alexandrina.

**T**ake of asara baeca, y seed of balme, the seed of henbane, aū. which is altogither two 3. ꝑ. of cloues, mirre, cypres, opium, which is in the iuice of the blacke popie, aū. two 3. the iuice of balme, cinamon, solium, indicum, setwall, ginger, coffe, curral, casia, fistula, the gumme of tragantum, spike, wilde fenel, frankencense, euphoze, scozar, calamite, cardamomum, siler montan, mustard: sarifrage, dill, anniseede, aū. 3. ligny aloes, the wharberha, the confection called alipta moscata, y stones of y otter, galanga, opponar, the fruit anacardine, masticke, byzinstone vnleeked, pione, knée holme, roses, time, gladian, penterial, both aristolochia, the long and the round gentian, the outer rinde of mandzagoza, germander, the berries of the bay tree, yelow

carrots, ammy, the roote of valerian, long pepper, white pepper, the wood of balme, called xylobalsamū, carawaies, ammonium, parfely, louage, the seede of rue, aū. ʒ. ʒ. fine golde and siluer, litle perls, litle fishes called of the Apothecaries bnguis odoratus, the bone in the heart of the red deere, the shauing of iuery, calamus aramaticus; pelliter of spaine, aū. nine graines of hony as much as your iudgement mete.

This is good against rumes of the head, which come of colde, the moyster and running of the eyes, the toothe ache, the head ache, if the head be therewith annointed, it doth also cure the falling euil, madnes, turning sicknes of the head, and to conclude al maner of diseases which be about þ head, it helpeth also those which be in a consumption, and those which be troubled with the cough, or haue superfluitie in the best of humors, the gnawing and griping of the mouth of the stomake, which the Grecians call συκοπην the Latines animideliquium, which is a fainting or sounding, it cureth spitting of blood, and sciatica passio, which is an ache in the hippe, or hmcull bone of humors, it allwageth also the cholicke, and scoureth the reignes, it prouoketh vrine, and cureth the strangurian, it bzeaketh the stone coniealed in the reignes or bladder, it taketh away all diseases of the belly, it cureth cotidians and tercian agues, taken with the iuice of Sicados in the beginning of the extreme fittes of the saide agues.

- 3 An odoriferous and pleasant medicine of Roses, made of Doctor Gabriell, called aromaticum Rosatum.

Take red roses fiftene ʒ. licozas eight ʒ. ligualoes, sanders, aū. two ʒ. cinamond five ʒ. mace, cloues aū. two ʒ. ʒ. gummy arabic, tragantum, aū. two ʒ. two ʒ. nutmegs, the greater cardamomū, galanga aū. ʒ. spinard grey amber aū. two ʒ. of muske, one ʒ. of sirup of roses as much as will suffice.

This helpeth the weakenes of the stomake, and doeth comfo:rt all the pꝛincipall parts, it hath been pꝛoued against super-

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superfluous humoꝝ of the stomake, it refresheth the bzaine and the heart, it causeth appetite and good digestion, both to those which be sicke, and also in health.

4 A pleasant medicine of Cloues made by Doctor Mesues, called Aromaticum gariophilatum.

**T**Ake of cloues seven ʒ. mace, setwall, galanga, yelow sanders, litle balles of roses called trochistes, diarodon, cinamond, ligny, aloes, spikenard, long pepper, the lesse cardamomum, one ʒ. roses, grated licozas, the confectiõ called gallia moscata, folium indicum, cubebes aũ. thre ʒ. of amber one ʒ. of muske ʒ. ʒ. of the sirup of pomistron, as much as you iudge sufficient inough.

This cureth the stomake and the heart, stoppeth vomiting, it doeth also consume the cozrupt humoꝝ in the stomake, and nourisheth all the pzincipall members, it causeth heat and dissolueth winde.

5 A confectiõ of muske made by Doctor Nicholas, called Aipta Moscata,

**T**Ake of the best gumme of leade, thre ʒ. of storax, calamitie, one ʒ. ʒ. ligni aloes, two ʒ. stacte oz the fattest part of mirbe, one ʒ. of amber one ʒ. camphyze one ʒ. ʒ. of muske ʒ. ʒ. of rose water as much as will suffice.

This doeth helpe childzen which be shozt winded, and the straines of the bzest, and soz them that cannot keep their milke, of this we may make very excellent perfume, which noble men be accustomed to vse, it is also oftentimes mixt with electuaries.

6 The making of Acacie.

**T**Ake the plant oz bzaunch of the bulles tree, with the fruit, and laie it in a vessell with water certaine daies, and so stand, then seth it vpon the fire, and strain sozth  
the

the liquor, when it is strained, seethe it againe vntill it bee thicke and keepe it in fine vessels like shels, and so drye it.

7.

## The making of Amili.

**T**ake good wheate and beat it lightly, not so small, and put it into a vessell of glasse, and let it in water, so that the water be aboue it two or three fingers, and so let it stand by the space of a night, in the morning presse it downe well vnto the substance, of the which amilly shal be made of, descending to the bottome, after ward straine it with a sieue, and cast away the bran which swimmeth aboue, then cast forth the water softly so that nothing remaine, then drye it with a litle cotten, let this be done in sommer, and also in wintre, least it waxe soure and so corrupt, and couer thy vessell with a fine cloth, that nothing fall in after ward, and when it is drye, then reserue it in a vessell with a strait mouth, so close stopped that nothing may enter in. If ye wil make this in winter, then ye must take hede that it bee not soure, we must also prouide that it be some drye in sommer and in winter by the sunne, or in the winde, or nigh the fire, and thus ye may make amilum of rice,

8.

## Aqua Odorifera, a sweet water.

**T**ake of rose water foure lib, ben swine, clozay calamitie, cloues au. one 3. of muske and ciuet twentie graines, and of camphire two 3. some put vnto this one 3. of ligny aloes, let them bee put into a vessell of glasse, covered with a couer hauing holes in it, and then let them boile in a vessell full of water, as it were in balneo mary, which is a glasse, or an other litle vessel, set within another, on the fire, this done, straine them with a fine linnen cloth, and so to be reserued in a vessell of glasse, wherein shalbe put fiftene graines of muske, tempered with the same water, and set in the sunne, the space of fiftene daies, and then it wil proue a swete and a odoriferous water.

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A medicine called *Benedicta* of Doctor  
Nicholas.

Take of best turbitih, suger aū. ten ʒ. diagridion b. ʒ. wilds  
liles, roses, aū. siue ʒ. cloues, spikenarde, ginger, saffron,  
sarafrage, long pepper, ammoni, cardamomium, the seed of  
smallage, salgem, galanga, mace, carrawaies, fennel, sper-  
rage, knéholme ʒ. bochers brome, gromell seed, aū. one ʒ.  
of hony as much as wil suffice.

This doth cure the weakenes of the ioynts of humoꝝs,  
which is a kinde of the gout in the foete of cold, it doeth also  
purge the reignes and the bladder.

A medicine called *Balsamum*, artificiall, because it is  
made with great art and cunning.

Take turpentine twelue ʒ. gummi elomi, siue ʒ. of rosen  
thre ʒ. let them be melted together, and when they bee  
melted mingle these pouders folowing, of aristolochia lon-  
ga, two ʒ. of dragons blood, thre ʒ. make these in great pec-  
ces. This medicine doth help both new and old wounds, and  
chiefly those that be about the head.

C. 11. A sweete confection of Muske, made by Doc-  
tor Mesues.

Take saffron, the swæte roote of dozonick, setwall, ligne a-  
loes, mace, aū. two ʒ. white perls, silke in powder, am-  
ber, red cozall, aū. two ʒ. ʒ. the confection which is called  
galia, aū. two ʒ. ʒ. galia moschata, basell aū. ij. ʒ. ʒ. ʒ. two  
rootes of behen both white and red, spikenard, solium indi-  
cum, cloues, aū. one ʒ. ginger, cubebes, long pepper aū. one  
ʒ. ʒ. muske one ʒ. two ʒ. make this with hony not clarifi-  
ed, the fourth part of the waight of all the other.

This doth cure the trembling of the heart, and diseases  
of melancholy, & those men which bee heavy without cause,  
it is a remedie also for diseases about the baine, as the tur-  
ning

ning sickness, the falling euil, the wyzthing or plucking of the mouth or necke on the one side, and all diseases of the lungs, and thortnes of wind.

12 A confection called Hamecke, made by  
Doctor Mesues.

Take the foure kindes of myzrobolance, foure ℥. rhu-  
barbe. aū. two ℥. agaricke, colouintida, polipodi of the  
oke. aū. eightēne ℥. woymewood, tyme, sene, aū. one ℥. vio-  
lets, fiftēne ℥. the flower of the harder tyme, two ℥. annil-  
sæde, roses, fenell, aū. sixe ℥. the iuice of semitoze one lib.  
pyunes in number threescore, of rasons, of currans & stones  
taken out, sixe ℥. to all these things poure in a sufficient  
quantitie of wheye, & put them into a vessel of glasse, which  
hath a strait mouth, and stoppe the mouth the space of fīue  
dayes, afterwarde, let them once boile againe, and then  
straine them, and dissolue into the straying threē ℥. of casta  
stūla, and of the fruite of the wilde date tree, called of the  
Bothecaries, thamarind, fīue ℥. of manna or wet dewe two  
℥. bzeake them with your hands, and straine them, then  
cast on suger one lib. ℥. Annimony one ℥. ℥. seeth them vn-  
till they be as thicke as honny, then cast on them the pou-  
der of all the fīue kindes of myzrobolance, rheubarbe, the  
sæde of fumytery, aū. threē ℥. annillsæde, spinard. aū.  
two ℥.

This cureth all diseases which come of salt fleame, cho-  
ler, and chisely the ringwoyme, scabs, lepze, cankers, and  
such other.

13 A confection for the stomacke called, cerotum  
stomaticum, of Doctor Mesues.

Take of red roses twentie ℥. the leaues of woymewood  
fiftēne ℥. of mastike twentie ℥. spinarde ten ℥. beate  
them small, then take of virgin ware foure ℥. the oyle of ro-  
ses one lib. ℥. and make your confection.

There

There be some that doe wash the oyle and the ware, and then resolue them with a gentle fire, and afterwarde mingle them with the other, and so it is iudged to bee the better.

This doth mittigate inflamations and hote impostumes which be in the stomacke and liuer.

14 A confection for the eyes, called Collirum album, of Doctor Rhasis.

Take of white lead washed ten ʒ. of ammyly, foure ʒ. of gummi arabike, the gummi tragantum, aū. two ʒ. of camphuri ʒ. ʒ. make those in powder which be fit to be made in powder, and dissolue them in rose water, and after warde make thereof litle balles.

15 A conserue of Buglosse.

Take the leaues of buglosse, one lib. beate them in a mortar of stone, and then cast vpon them thzee lib. of suger, make your conserue like to opiata, which is a thinne electuarie. This comforteth the stomacke, and helpeth diseases which come of melancholly, and wounding & troubling of the hart, it purgeth cholles also.

16 A conserue of the flowers of Rosemarie.

Take of the flowers of rosemarie, lib. ʒ. of suger one lib. ʒ. make your conserue.

This doth comfort a raiost byaine, and helpeth hard of stiffe members, it purgeth also melancholie and fleame.

17 A conserue of Borage.

Take of the flowers of borage foure ʒ. of suger twelue ʒ. make your conserue according to the same.

This doth remedie the trembling of the hart, and lound

ding, it purgeth also melancholie, and causeth a man to be merrie.

18

A conserue of Roses.

**T**Ake of the leaues of roses one lib. beate them in a moztter of stone, then cast vpon them suger thre lib. make your conserue after the fashon of opiata.

This doth comfozt the stomacke, the hart, and all the principall partes, it doth also mollifie those partes which be hard, it purgeth melancholie,

19

A conserue of Violets.

**T**Ake of the flowers of violets one lib. beate them in a moztter of stone, and cast vpon them thre lib. of suger, make your conserue accozding.

This doth cure inflamacions of choller, it quenbeth thirst, and moueth a man to the stole.

20

A conserue of Maidenhaire.

**T**Ake of maidenhaire one lib. beate it in a moztter, and put suger vnto it as in the other.

This helpeth the pluresie, and diseases of the brest, the lungs, and all diseases of melanchollie, and red choller.

21

A conserue of gladian.

**T**Ake of the roots of gladian one lib. seeth it in water vntill it be well sodden, afterwarde dze it, and search it through a seue, and then set it on the fire againe, and put in thre lib. of suger vnto it, make this conserue like the electuarie opiata.

This remedieth diseases of the bzaine, and the sinnowes and fleame.

22

A conserue of Enulacampana.

**T**Ake of the root of enulacampana two lib. seeth it wel, afterward dze it, then search it through a seue, and set it on



his practise.

on the fire againe, and put sixe lib. of suger vnto it, and reserve it.

This doth comfozt the stomacke and the principall members against fleame.

23 A conferue of Succory.

Take of the flowers of succory, one lib. and beate it in a moztter of stone, then cast vpon them thre lib. of suger.

This purgeth melancholis, and also it purgeth well choller.

24 A conferue of Sorell.

Take of sozel lib. .ʒ. and beate it as ye did the other, and cast then vnto them of suger lib. .ʒ.

This is good to helpe cholerike persons.

25 A concoction of Quinces.

Take of quinces as you shall thinke good, and seeth them, take of the decoction of them thre lib. of suger one lib. .ʒ. seeth them well, and reserve them: some Apothecaries put in the whites of egges when they be clarified.

An other way of making this confection of Quinces.

Take the seede or kirkels of quinces, soure ʒ. temper them by the space of halfe a day with thre lib. of the iuice of quinces, then boile them a litle, and straine them and cast vpon two lib. of suger, after ward seeth them well, and keepe them in boxes.

26 A conferue of the substance of the apple of the quince.

Take of quinces sixe lib. seeth them, and when they be sodden, put vnto them soure lib. of suger, and seeth them well, as you did befoze, and then keepe them in litle boxes.

D. 27. A confection of Galanga of Doctor Melues,  
called Dia Galangz.

Take of galanga, lignum aloes, aū. ſire ʒ. of cloues, mace,  
louage, aū. thꝛē ʒ. ginger, long pepper, cinamond, white  
pepper one ʒ. ꝑ. of calamint dry, of dry mint, aū. one ʒ. of  
cardamomum, the lesse, spikenard, the ſeede of ſmallage, ſen-  
nel, annisēde, carawaies, aū. one ʒ. calamus aromaticus  
one ʒ. of the beſt ſuger ten ʒ. ꝑ. of hony clarified as much as  
wil ſuffice.

This doth cure diſeaſes which cometh of winde, and  
belching which ſeemeth to bee ſharpe in the mouth as vine-  
ger, it is pꝛoued to cauſe good digeſtion, it comforteth the  
functions of the ſtomake, and the liuer being cold.

28. A confection of Commin called  
Diacominum.

Take of comin laid in vineger, the ſpace of a day, and af-  
terward drye, eight ʒ. one ʒ. of cinamond, cloues, aū.  
two ʒ. ꝑ. black pepper and ginger aū. two ʒ. gra. ſiue, of ga-  
langa, ſauery, calaminte, aū. one ʒ. two ʒ. ammy, louage  
aū. one ʒ. xviij. gra. long pepper, one ʒ. ſpikenard, cardamo-  
mum, nutmegs, aū. two ʒ. ꝑ. of hony as much as ydu ſhall  
thinke meete.

This helpeth the ſtomake, and the pꝛincipall partes  
which be troubled with winde, it cauſeth good digeſtion, and  
bꝛingeth heat to the ſtomake, and to the pꝛincipall parts.

29. A confection of Ambre called, Dia ambre.

Take of cinamond, adoꝛonic, cloues, mace, nutmegs, the  
leaves of galinga thꝛē ʒ. the greateſt cardamomum and  
the leſſer aū. one ʒ. ginger, ſanders, ligni aloes, long pepper,  
aū. two ʒ. of amber one ʒ. ꝑ. of muſke ʒ. ꝑ. make it with  
the ſirup of roſes, and with the water of roſes.

This

This fortifieth the bryaine, the heart, the stomake, and all the principall parts of the members, it causeth good digestion, and maketh a man merry, and engendzeth heate in the principall parts, it is very comfoztable for old men, and to those which be colde of nature and of complexion, and to women it also cureth the diseases of the matrice.

30. A confection of Perles of Doctor Nicholas, Diamargaritum Calidum.

TAke of cloues, cinamond, spikenard, ligne aloes, galanga, licozas, litle balles of roses, called trokisti, diarodon, litle balles of violets aū. one 3. ꝑ. nutmegs, mace, the confection of muske, setwall, rhubarbe, storax calaminte aū. one 3. perles, ginger, the bone in the heart of the red deere, the shauing of iuery, litle fishes, which the Apothecaries call vnguis odoratus aū. 3. ꝑ. muske, amber, cardamomum, longage, the seede of basel aū. one 3. two gra. of camphire, sixe gra. of hony, rolatum, as much as wil suffice.

This doth cure the weaknes of all the bodie, sounding, and fainting, both of the stomake and the heart, it comfozteth the liuely parts of those which be pensful and sad, sighing, or haue the cough, or be in a consumption, it also recouereth those which be weake of long sickness.

31. An other confection of Perles, called Diamargaritum Frigidum.

TAke of all the kindes of sanders, the floures of roses, the floures of violets, the seede of millons, litle bales of roses called trokisti, diarodon, silke made in powder, aū. two 3. the bone of the heart of the red deere, spodie, doznonicke, the roote of both behen, the white and the red, spikenard, saffron, aū. two 3. perils, shauing of iuery, saphire, floure gentle, iacinct, emerode, seede of sozell, seede of endiue, ligni aloes, a graine of amber, aū. 3. ꝑ. of fine gold one 3. camphure one 3. of muske two grains, mire them and make thereof a powder.

## 32. A confection called Diacomeron.

Take of y<sup>e</sup> grosse lenis, ginger, aū. v. 3. one 3. sixteen grains, of cinamond, of the best cloues, aū. thre 3. one 3. sixtene graines, as much of the substance of dates, galange, spike nard, set wall, cost, the pellitorie of spaine, white cozall and red, of the gumbe fragantum, rha, spike, the fruit anacardim, the stones of dates, the seede of balme, annisced, iuniper seede aū. one 3. two 3. eight graines, shauing of golde, the bone of the heart of the red deere, aū. two 3. ʒ. shauing of iuery, of muske, aū. one 3. graine sixe of amber, one 3. of hony, roset, as much as you shal thinke best, this confection is not made of some Apothecaries, noz it is not greatly bled, yet other some chiefly do occupie it very much.

This wil recover a man from danger of death vnto life, it also helpeth those which be short winded, or haue any disease in the winde pipe, or the cough, or bee in consumption, it cureth all diseases of the brest and stomake, the dypisie, pain in the reigns, it bringeth mirth, & causeth a man to be lustie and fat.

## 33. A confection of Roses, called Diarodon Abbatis.

Take of sanders red and white, aū. two 3. ʒ. of gumbe, fragantum, gumbe arabicke, spodie aū. two 3. asarabacca, masticke, cardamomum, saffron, spikenard, the tuice of licozas, cloues, muske, annisced, fennel, cinamond, rhubarbe, and basel secd. barberies, secd of wilde succory, secd of purselin, secd of white poppie, secd of gozds, cowcumbers, millons, cytrons aū. 3. ʒ. perles, the bone of the heart in the red deere, aū. 3. ʒ. suger candie, roses, aū. one 3. thre 3. of camphyze eight graines, of muske one 3. gra. ʒ. make this with the sirup of rose water.

This doth helpe the yelowe iaundise, the weaknes of the liver, consumptions, & diseases about the hart, & those which be troubled with a heat about the stomake, lunges, or the whole bodie, and also those which recover from long and bose agues.

34 A confection of Calamintes, of Doctor Nicholas,  
Diacalamintes.

**T**ake calamintes, peniriell, hisope, blacke pepper, star  
motan, parsely, aū. thre ʒ. two ʒ. of louage one ʒ. one  
ʒ. of smallage, ammy, time, dill, annised, cinamond,  
ginger, aū. two ʒ. of hony as much as wil suffice.

This doth cure faultes of the stomake which come of  
cold, and causeth digestion, and chiefly in old men, it taketh  
away the cough which commeth of cold causes.

35 A confection of the three peppers, of Doctor Ni-  
cholas, called Diatrion Pipercon.

**T**ake of the thre peppers eight ʒ. ʒ. ginger, time, anni-  
seed aū. thre ʒ. spikenard, ammy, amomum, cinamond  
aū. aur. one cassia fistula, siler montan, enula campana,  
dy, aū. aur. ʒ. make it with hony clarified.

This doth engender heat in the stomake and the belly,  
it remedieth all paine of flegmatike causes, it purgeth the  
stomake of raw humors, and helpeth digestion.

36 A confection of hore hounde of D. Nicholas called  
Dia Prasium.

**T**ake of greene hoze hounde stue ʒ. ʒ. tragantum, piaples,  
swete almonds of fistici, which is a kinde of nuttes, the  
substance of dates, moist figges, raisons, of currants, the  
stones taken forth, aū. thre ʒ. ʒ. cinamond, cloues, nut-  
megs, mace, galanga, ligny aloes, spinard, ginger, setwall,  
licoras, rha, anacardin, kozar, calaminte, galbalum, turpen-  
tine washed, of masticke, mirhe, slowzedeluce, aristolochia  
rotunda, the roote of sipers, blacke pepper, annised, dyll, sen-  
nell, seede of smallage, parsely, sayefrage, aū. two ʒ. wilde  
lylies, organy, wormewood, squinantum, cardamomum,  
white pepper, carawates, louage, daisie, aū. one ʒ. ʒ. gra. two  
ʒ. pelitary of spaine, water mint, peneriall, dittan, colfe, sa-  
uery,

uery, basill, piony, long pepper, ammonium, orobus, aū. one  
 ʒ. two gra. thre ʒ. the wood of balme, casta fistula, cozall,  
 shauing of iuery, seed of baline, yelow carrot, aū. ʒ. ꝑ. muske,  
 amber, the bone in the heart of the red deere, aū. iij. gra. of  
 hony clarified as much as shall be sufficient, and make it af-  
 ter this foyme following: Put in foure lib. of clarified hony  
 five ʒ. of greene hoze hounde beaten, and yong piapilles  
 pared, put also vnto them thre ʒ. of the best old wine, and  
 let them boile togither, with a soft fire, vntill the wine bee  
 consumed, let your dry figges bee made cleane within and  
 without, dyesse likewise your dates, and let your raisons  
 bee picked, dyesse likewise your pineapples, your almonds,  
 and your nutter fistile, dry euerie one of them by them-  
 selues, afterward beat them in a moztar wherin they were  
 befoze, and mingle them with these spices which wee haue  
 spoken of befoze.

This doth cure the weaknes of the stomake, and chief-  
 ly rumes, and the bzaine of cold, the turning sicknes, the  
 eye sight, and the winde pipe which is troubled with grosse  
 fleame, it doth also mitigate the paine of the tothe ache.

37 A medicine of Floredeluce, called diaires  
 Simplexis.

**T**Ake of the flowredeluce one ʒ. suger candie, fragantam  
 cold, which is a roote, aū. thre ʒ. mingle them & make  
 them in powder.

38 An other medicine of Flowredeluce,  
 diaris Salomonis.

**T**Ake of flowredeluce, one ʒ. peneriall, isope, licozas, aū.  
 six ʒ. the gumme fragantum, almonds, pineapples, and  
 cinamond, ginger, pepper, aū. thre dry figges, the sub-  
 stance of dates, raisons, of cozants picked, aū. thre ʒ. ꝑ. sto-  
 rar red twa ʒ. one ʒ. of hony as much as will be sufficient  
 for your purpose.

This

This is good against the cough and shortnes of winde,  
and it also restozeth the speech lost.

39 A medicine of gumme Tragantum, called Dia-  
tragacantha Calida.

TAke of the gumme fragantum, and hisope, aū. foure ℥.  
pineapples, both the kindes of almonds blanchēd, linsēd,  
aū. sixe ℥. the seed of fenikrike, cinamond, aū. ℥. ꝑ. licozas,  
and of the iuice of it, ginger, aū. two ℥. make a powder of  
these.

This is ministred in the hardnes and straitnes of the  
brest, which commeth of grosse and cold causes.

40 A medicine of the roote of Traganti, called  
Dia tragacantha Frigida.

TAke of the white fragantum two ℥. gummy arabickie one  
℥. two ℥. annisi ℥. ꝑ. of licozas two ℥. of penidis three ℥.  
the foure greater cold seedes, pared and picked aū. two ℥.  
of camphire, ℥. ꝑ. of the sirup of violets as much as will suf-  
fice.

This doeth cure all diseases about the lunges, the brest,  
and chiefly those which bee in a consumption and ill liking,  
the pluresie, the cough, and those which be hote and dry, the  
roughnes of the tong and the throt, let the patient hold it in  
his mouth, and swallow it downe when it is melted.

41 A confectiō of Mulberries, of D. M. called  
Diamoron Posno.

TAke of the iuice of mulberries, lib. ꝑ. the iuice of blacke  
berries, one lib. of hony, lib. ꝑ. sodden in swete wine to  
the third part of three ℥. make it after this foyme, let your  
iuice boyle with your hony and swete wine, with a soft fire,  
in a vessell of brasse or tin, untill it be wel sodden, & to know  
when it is well sodden, yee must take a droppe of it and

laie it vpon a marble stone, if it will bide vpon the stone, and cleane like hony, the stone turned vpside downs, then it is well sodden, this done, straine it and keepe it in a vessell of sinne.

This is good against sores in the thoroate, and all kindes of swelling.

42 A confection of blacke Poppie,  
Dia Codion.

**T**ake ten heads of blacke poppie, not too great nor too small, nor too moist nor too dry, cast on them, two lib. .℥. of raine water, and if they haue moze moisture then dries, let them lie in the water a day and a night, but if they bee drier, then let them lie longer, then after this, seethe them vntill halfe the water be consumed, and so straine it.

This is ministred in all fluxes, and chiefly in the bloodie fluxe, with the decoction of raine water, in the which spodie hath been sodden in, or with rose water, it doth also stop the flux of meate vndigested, which the Physicians call lienteria.

43 A confection of Poppie white, D. M.  
Dia Papauer.

**T**ake of white poppie, siue and twenty 3. sweet almonds blanched, the graines or kernels of pineapple, and gum arabicke, gumme fragantum, the iuice of licozas, aū. ten 3. of ammili foure 3. the seede of purselin, the seede of lettuce, kernels of quinces, aū. foure 3. of saffron, one 3. of penides foure 3. take of the sirup of poppie as much as will bee sufficient.

This helpeth those which bee in a consumption, and those which cannot sleepe.

A



44 A confection of saffron called, dia curcuma.

**T**Ake of saffron asarabacca, parsel y, yealow carrots, aniseede, the seede of smallage, aū. foure ʒ. rhubarbe, and wilde fennill, spikenard, aū. sixe ʒ. cost, the berries of myrtle, tilltree, casia fistula, squinantum, the seede of balme, madder, iuice of wormewood, iuice of egrimonie, iuice of balme, aū. two ʒ. calamus aromaticus, cinamon, aū. one ʒ. ʒ. wilde garlike, ceterac, the iuice of licozas aū. two ʒ. ʒ. the gum fragantum, one ʒ. make it with clarified honny.

This cureth olde diseases, and the euil liking and deformitie of the bodie, when the meate being receyued, doth not nourish but is corrupt in the bodie, it also helpeth the dropisie, the diseases of the liuer, and the spleene when they be hard, or indurat, it purgeth the stomacke of corrupt humors, cold and windie, it purgeth and mitigateth paine in the raines and bladder, it prouoketh vyine.

45 A confection of the hearbe Saturion, dia Saturion.

**T**Ake the roote of saturion which is like stones, the garden parsnip, the nut of inde which is called of the Apothecaries, fisteci, stirwits, cloues aū. twelue ʒ. ginger aniseede, roket, of birdes tongue or stych worste, siue ʒ. cinamon, the tailles of small crocodilles in the riuer of Pylus of the same kinde that the crocodilles of the earth be on, crow garlike, two ʒ. ʒ. of siue gra. make it after this forme, put the roote of saturion in so much clarified honny as will suffice, let also your parsnips and stirwits be well beaten by themselves, then put them into the same honny, and stirre them well, and let it seeth a certain space, then mingle with them your principals, your nuts fisteci, first well stamped, when they haue boyled a litle while, then take them from the fire, and put vnto them the pouder of the spices, and at the last put in your muske with rose water.

This doth restore and fortifie the weakenes of the

raines of the bladder, it prouoketh vyne, and moueth a man to venere.

46 A confection of prunes Do. N. dia prunes:

TAke a hundreth of damsons, and put them in a vessel of tinne, with so much water as will couer them well, and let them boile till they be soft, then take them from the fire, then let them stand till the water be luke warme, then take them out of the water, and put them into a seue ouer a great vessel, and chafe the prunes so long with your hands that nothing remaine but the stones and the skinnes, then put into the water the which the damsons were sodden in before one ℥. ℥. of violets, and boile them, and make a sirrop with two lib. of suger, into the which sirrop, put the substance of the prunes, and let them seeth vntill they be thicke, then put into the same water one ℥. of casta fistula washed, put also thereto one ℥. of the fruite thamarinde dissolved and strained into the water, remember also that you boile in the same water of prunes, one ℥. ℥. of violets, and seeth them well, stirring them continually, and when they bee well sodden, then take them from the fire, and sprinkle on these pouders following: saunders, spody, rhubarbes, roses, violets, the seed of purselyn, the seede of succozy, barberies, the iuice of licozace, the gumme fragantum, an. two ℥. the foure gileter colde seedes, an. one ℥. if you will make it laxatiue, put vnto euerie pounce when it is taken from the fire, ℥. ℥. of Gammony, dia prunes, not loosing, is ministred in hote and burning agues, chiefly in sinocho which is a continuall feuer of cozrupt humozs, in this ague it may safely bee giuen in the beginning, increase, and at all times, and without diagredion it may bee giuen at all houres of the day, with diagredion, in the mozning, but circumspectly because it is verie laxatiue.

A con-

Take of  
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almonds bl  
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tho that

- 47 A confection of dates, of D. M. dia  
phenicon.

TAke of dates infused in vineger thzee dayes and thzee  
nights, sixe ℥. two ℥. of penidis which be litle wꝛithes of  
suger dissolued in a decoction of barley thzee ℥. one ℥. of  
almonds blanched, fiftēne ℥. of turbith two ℥. ꝑ. of scam-  
mony sixe ℥. ginger, long pepper, the flowers of reu dꝛy-  
ed, cinainond, mace, galanga aū. one ℥. graines fiftēne,  
beate them well, and make them with clarified honney.

This doth cure mixt agues of diuers humoꝝ, the chol-  
like, and the paine in the bellie, it also purgeth raw humoꝝ  
of colde.

- 48 A confection of garden Saffron, called  
dia cartamum.

TAke of the roote of fragantum ℥. ꝑ. the substance of quin-  
ces one ℥. the thickest of the chyues of saffron, foure ℥.  
of white ginger, two ℥. dia gridion thzee ℥. white turbeth  
sixe ℥. Hanna oz sweete dew, Helrosatum, which is a con-  
fection of Hony and Roses strained, one ℥. of Suger, eight  
℥. wilde lylies, foure ℥. and make a lectuary putting vnto  
it as much hony as will suffice.

This is good to purge choler and fleame.

- 49 A singular confection of corral, called  
dia corallium magistralem.

TAke of the spices of the confection diarsodon abbatis,  
which we did speake of befoze, foure ℥. of both corals,  
little peeces of perls aū ℥. ꝑ. beate them into fine powder,  
and put vnto them of suger resolued in water of roses, seuen  
℥. ꝑ. and make them into small peeces.

This doth comfort the heart, the stomacke, and chiefly  
those that haue beene long sicke and colde.

50 A confection of Casia fistula for glisters.

**T**Ake of the flowers of violets, the leaues of mallos, mercuri, pariatoꝝ, aū. m. of the common woꝝme wood, m. ꝑ. take all these greene and young, and make a decoction thereof, with a sufficient quantitie of water, then straine them and presse them with your hands, in the stirring you must dissolve one pound of casia fistula, and one lib. ꝑ. of the best honny. This purgeth and moueth a man to the scole, it is verie expedient soꝝ tender and delicate persons, because it is gentle in operation.

51 A confection of Sene, of D. N. called dia Sene.

**T**Ake of ligni aloes, cloues, galanga, notmegs, folium Indicum, mace, cinamon, aū. two 3. the stone lazare, the stone armenicke aū. two 3. ꝑ. take of sene twice so much as of all the other, of saffron one 3. of silke not dꝝyed noꝝ coloured, but as it cometh from the silke woꝝmes, made in powder, aū. two 3. of the shauing of Iuoꝝꝝ. spody, anacardine, the bone in the hart of the red Deare, litle fishes called ungris odoratus, aū. two 3. wilde lillies, one 3. the berries of myꝝts gentian, the berries of the bay tree, elleboꝝꝝ, niger oꝝ beare foote, aū. two 3. wallnuts made in powder, fiftene in number, of amber two 3. of honny as much as will suffice: and to heale the leꝝꝝe, some Physicians mingle with these serpents, flesh.

This both remedie all diseases of melancholy, and madnes, cardiaca passion which is a gnawing and a griping about the stomacke. it taketh away heauines, quartaines, and diseases of the spleene, this confection is not greatly vsed among Physicians.

52 A confection for the brest, called decoctio pectoralis.

**T**Ake of dꝝꝝ hysope, maidenhaire, figs, dates, sebesten, raisons, of coꝝꝝꝝ, barley, licoꝝace, aū. equall partes, boile

boyle these together with a sufficient quantitie of water, then straine them and reserue them.

This doth allwage all paines about the brest, it cureth also the cough and hoysenesse.

53

A common decoction called  
decoctio communis.

**T**Ake of pynes, wilde dates, rellons, of cozance, violets, liquirice, barley, aū equall parts, boyle them in a sufficient quantitie of water, so straine them and keepe them.

This is much vsed in hot agues and other hot diseases, and when the time is hot, and to temper medicines which be receiued in such hot agues and times, this decoction is chaunged according to the diuersitie of diseases, because some be hotter than other.

**E.** 54 An electuarie which the Pothecharies  
call Catholicum.

**T**Ake sene washed, cassia fistula washed, thamarind, aū. eight ℥. rhubarbe, violets, polipodi, anniseed, aū. foure ℥. of lichozas scraped, peuidis, sugercandie, aū. foure ℥. the fowze greater cold seedes, aū. one ℥. take a pounce of polypodi, and beate it and seeth it well in water, straine it, then make a syrope with eight. lib. of sugar, temper your cassia fistula and the fruite of the thamarind together, and when the decoction is almost made, put them in with the other spices, and make an electuary thereof.

This is ministred in hot and burning agues, because it doth mollifie, disperse, and comfozt, it doth also cure diseases of the liuer and the spleene.

D

An electua-

An electuary of the iuice of  
roses of D. M.

**T**ake of sugar and the iuice of roses, aū. one lib. foure ʒ. of ʒ thre saunders aū. six ʒ. of camphye, one ʒ. temper it after the forme of a lectuarie, with a sirroppe made of the same sirroppe of roses.

This both purge choller easily, and healeth hote diseases in the ioyntes, the head-ach, the turning sickness, the paine of the eyes, and it hath bene proued against the yellow jaundis.

An electuarie of fiwort, which the Pothe-  
caries call Psillum of D. N.

**T**ake of the iuice of buglosse, both the garden and the wilde, the iuice of endise, the iuice of smallage sodden altogether and fined, aū. two lib. cast vpon them the seeds of dodder, annised, the coddies of sene, aū. ʒ. ʒ. of maidenhaire, one m. the iuice of fumitoye thre ʒ. of asarabacca foure ʒ. spiknarde, two ʒ. let them lye a day and a night, and then set them on the fire, and suffer them once to boile, then cast vpon them thre ʒ. of violets greene or drye, foure ʒ. of the harder tyme, two ʒ. boile them once againe with a soft fire, then straine them, and when they bee strained, put vnto them thre ʒ. of fiwort, and let them stand all a day and a night, but yee must stirre them continually, this done, presse forth the Aynny sappe of them, and take foure lib. of it, and put vnto it two lib. ʒ. of fine suger, of scamony rolled in an apple, thre ʒ. ʒ. after this set it on the fire againe, seeth it a litle, and then put in litle balles of roses which the Potheccaries call trochiski diarodon, of litle balles of spody, and of rhubarbe, aū. one ʒ. balles of barberies ʒ. ʒ. then make your asarabacca into a grosse powder, that it may bee the more laxative, you may  
also

also pu  
saunders  
ʒ.  
ʒ. fines  
puno,

**T**ake of  
mace,  
liqui aloes  
peridis,  
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all these  
the iuice of  
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ry, vntill  
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in the loins

**T**ake of th  
ken finely  
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bers, the flower  
aū. one ʒ. ʒ.

also put vnto this confection, gréene violets, and Dye  
saunders.

This purgeth yelow choller, and it helpeth the turning  
sicknes of the heade, which comineth of a chollericke  
humoz.

57 An electuarie of D. N. called  
Inde maioris.

Take cinamom, cloues, spiknarde, roses, castia fistula,  
mace, cypresse, aū. foure 3. yelow saunders, two 3. ꝑ.  
ligni aloes, nutmegs, aū. two 3. turbith, one 3. of suger,  
penidis, aū. twentie 3. galanga, cardamomum, asarabac-  
ca, masticke, aū. one 3. ꝑ. of scammony, twelue 3. beate  
all these together with the oyle of almonds, then take of  
the iuice of quinces, pomgranades, of the iuice of smallage,  
fennill aū. one lib. ꝑ. seeth these iuces with clarified hon-  
ny, vntill they be thicke, and then make the electuarie with  
the other spices.

This doth purge superfluous humoꝝ, and chiefly  
flegmatike and coꝝrupt humoꝝ in the stomacke, and in  
the other principall partes, it dissolueth winde, and cureth  
those diseases that come thereof, as the paine of the sto-  
macke and of the inwarde partes: the chollicke and the  
paine in the raines, it doth also consume coꝝrupt humoꝝ  
in the iointes.

58 An electuarie to comforte the stomacke,  
called Electuarium conforta-  
tium stomachi.

Take of the graines or the stones of the myzte tree bro-  
ken finely, twelue 3. of roses, spody, manna, which is  
the flower of frankincense, of y thꝛee pepers, of yelow saun-  
ders, the flowers of y wilde pomgranad, gumme arabycæ,  
aū. one 3. ꝑ. the graines of the pomgranade made in pow-  
der

der seuen ʒ. of cozpander, infused in bynegger, and made in powder, foure ʒ. the seede of sozrel, plantan, the seede of roses, aū. two ʒ. bzeake them all well, and rubbe them with your hands, then put them into the water of sozrell, and so make your electuary.

This doth comfozt the stomake and the inward partes, it stoppeth the laske which commeth of too strong a purgation, it moueth a man to meate.

An electuarie of precious stones,  
electuarium de gemmis.

Take of white pearles two ʒ. little pèces of the saphyr, Jasynt, coznelyn, pomgranade, emeraude, aū. one ʒ. ʒ. setwall, the swete roote dozonicke, the rinde of pomcitron, mace, the seede of basell, aū. two ʒ. redde cozrall, amber, shaning of iuery, aū. one ʒ. two ʒ. the rotes of both behenes, both the white and redde, ginger, long peper, spiknard, folium inditum, saffron, cardamomum, aū. one ʒ. little balles of roses which the apothecaries call trochisti diarodon, ligni aloes, aū. siue ʒ. cinamon galinga, ʒ. ʒu ʒu beth a kind of setwall, aū. one ʒ. ʒ. tyme, peales of golde & siluer, aū. aur. ʒ. of gald muske ʒ. ʒ. make your electuary with honny of amblicozum, which is a fourth kind of myrobolance, and with roses strained with equall partes, as much as will suffice.

This helpeth colde diseases of the bzaine, the heart stomake, and the matrice, it is a medecine pꝛouided against the trembling of the heart, and fainting and souning: the weakenesse of the stomake, pensiuernesse, solitarinesse, kings & noble men haue vsed this for their great comfozt, it causeth them to be bolde spꝛyted, the body to smell wel, and engendꝛeth good colour.



60 An emplaister which the Pothecaries call, *Diachilum Album Commune.*

Take of fenigreeke, linsæde, the roote of holioko, presse out of all these the slimy sappe, and take of it one part, and of litharge beaten wel, and clenfed from the drosse, one part and a halfe, of old and cleare oyle, of oyle 3. parts: beate the litharge and the oyle long in a mortar of stone, with a pestle of yxon, then boyle them on the fire softly, stirring them vntil the litharge runne togither, then take it from the fire and suffer it to coole, after this take the slimy sappe and boyle it once, then cast by litle and litle the slimy sappe vpon the litharge and the oyle, and beating them well with a pestle til they be mirt togither, after ward seethe them on the fire till they bee thicke, you may put vnto this emplaister the fine powder of slowedeluce, and you may vse for your common oyle which is sallet oyle, the oyle of slowedeluce, some mingle with this, of the slimy sappe of melilote.

This emplaister is very good against impostumes and hardnes of the liuer, and the splene, the stomake, and swelling about the throat, and all hardnesse in any place.

61 An emplaister which the Pothecaries call, *Diachilum Paruum.*

Take of litharge five 3. of old and cleare oyle one lib. of slimy sappe, of slwort foure 3. the slimy sappe of henbane, one 3. ʒ. the slimy sap of linsæd, the slimy sap of the rootes of malloes, aũ. two 3. make your emplaister accordingly.

This emplaister doth resolue and ripe swellings which come of heat, and all impostumes.

62 An emplaister which the Pothecaries call, *Diachilum magnum.*

Take of litharge broken and sifted, swelue 3. oyle of slowedeluce, oyle of camomile, oyle of dill, aũ. eight 3. of the  
 D 3 slimy

slimy sap of linseed, & slimy sap of fenigreeke, & rootes of holi-  
hock, & slimy sap of moist figs, the slimy sap of raisons, of co-  
rants, the iuice of isope, the slimy fat of & belly of the great fi-  
thes, aū. twelue ʒ. ʒ. turpentine thre ʒ. the gum of the pine-  
apple tree, yelow ware, aū. two ʒ. make it after this fashi-  
ou, beate your litharge and the oyles which wee did speake  
of befoze, in a mazer of stone, with a pestle of iron, the space  
of halfe an houre, then let them boyle with a soft fire, stir-  
ring them continually till they bee thicke, then take it from  
the fire and let it coole, after ward take the slimy sappes and  
the other and boyle them vntill they bee hard, then take it  
off, and lais it vpon a marble stone, and make it in great  
pieces.

This emplaister is stronger in operation than the o-  
ther, and better to ripe and to resolue all hardnesse and in-  
flamations.

63 An emplaister of slimy sappes, called Empla-  
strum, de Mucilagibus.

Take of the slimy sappe of the seape of holihocke, linseede,  
of the inner rinde of an elme tree, of fenigreeke, aū. foure  
ʒ. ʒ. of the oyle of camomil, the oyle of lilies, oyle of dill, aū.  
one ʒ. ʒ. of ammoniacum, galbanum, oppopinar, serapium,  
aū. ʒ. ʒ. of new wax twentie ʒ. of saffron two ʒ. turpentine  
two ʒ. and make your plaister accordingly.

This emplaister mollifieth all hardnesse.

64 An emplaister for the stomake and  
the liuer.

Take of ligni aloes, woyme wood, gummi arabicke, ma-  
sticke, cypres, colfe, ginger, aū. ʒ. ʒ. calamus aromati-  
cus, of the finest franckensence, aloes, aū. thre ʒ. thre ʒ.  
cloues, mace, cinamond, spikenard, nutmegges, the confec-  
tion which the Apothecaries doe call gallia moscata, sqi-  
nantum,

nantum, aū. one thre ʒ. ʒ. mingle all these together with the confection which the Apothecaries call myra aromatica, which is made of quinces, peares, and such like binding things, laie all these vpon a cloath, and perfume them with the wood of aloes.

This emplaister doth comfort the stomake, the liuer, and encrease th heat.

65 An emplaister of Bayberries, of Doctor Mesues.

Take of fine frankensence, and masticke, mirrhe, aū. one ʒ. the berries of the bay tree two ʒ. of cipres, coste, aū. ʒ. ʒ. take of clarified hony as much as will suffice to make it thicke, then spread it vpon a cloth and so laie it to the soze.

This is a berie excellent plaister against the dropisie, and to assuage all swellings of winde, if yee will triple the quantitie of cipres, and put it vnto the plaister, also a little quantitie of colwes dung, or goats dung drie, doth also assuage all griefes which commeth of cold, winde, & chiefly the paine of the stomake and belly, the reines, matrice, and the bladder.

66 An Emplaister of Melilot.

Take of melilot, sixe ʒ. the floures of cammamille, the berries of the bay tree, the roote of holi hock, worme wood, aū. foure ʒ. the seed of smallage, wilde carawaies, flowerdeluce, cipres, spikenard, casia fistula, ammi, anniseede two ʒ. ʒ. margeram thre ʒ. ammonium ten ʒ. storax calanite, bdellium, aū. siue ʒ. turpentine one ʒ. ʒ. moist figges in number twelue, the fat of a goat bucke, rosen, aū. two ʒ. ʒ. waxe sixe ʒ. the oyle of margeram, the oyle of spikenard, as much as will suffice to beat them in.

This emplaister doth mollifie all hardnesse of the stomake, the liuer, the splens, and all the inward parts.

An

67 An emplaister of Waxe, of D. N. called Empla-  
strum Ceroneum.

Take of piche which is about shippes, pressed or strained  
through some thing, of ware, aū. ʒ. three ʒ. of serapinum,  
two ʒ. of ammoniacum, turpentine, dry pitch, saffron, aū.  
ʒ. three ʒ. aloes, frankensence, mirhe, aū. one ʒ. oppoponar,  
stozar calamine, galbanum, masticke, allom, fenigreke, aū.  
three ʒ. of the dryegges of stozar liquide, which the Botheca-  
ries call stact, bdellium, aū. three ʒ. of litharge, one ʒ. ꝑ. make  
it after this wise, first beat your serapinum, galbanum, the  
gumme oppoponar, ammoniacum a litle, and temper them  
with wine, then boyle them vntill the wine be halfe consu-  
med, then set it on the fire againe in a vessell of tinne, and  
when it shall begin to boyle, put vnto it your pitch, and  
stir it well vntill it bee melted, and when it is melted; put  
ware vnto it, & that being molten, put in of dry pitch which  
the Bothecaries call colophonia, then stozar beaten small  
with a hotte pestle, must bee put therēunto, after ward ma-  
stick, frankensence, mirhe, bdellium, and sone after these, put  
in turpentine, allom, litharge, and last of all fenigreke, when  
it is sodden, powze it vpon luke warme water, and incon-  
tinently take it forth againe, and presse it with your hands  
till all the water be forth, this done make your powder of a-  
loes, soft mingled with the oyle of lawzell vpon a marble  
stone, take and make of all mingled together, balles or great  
pieces, with powder of saffron, your hands to bee noited  
with the same oyle of lawzell.

This emplaister taketh alway all paine which caused in  
spitting, the griele of the stomake which commeth of cold, it  
both also disolue congealed humoers in the stomake, and the  
hardnes of the splens, it healeth the dryopsie which commeth  
of the coldnes of the liuer, and also the coldnes of the matrice  
if it be laid vpon it,

An

Take of  
colop  
ammonia  
three ʒ. ma  
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and make  
saffron, aū  
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Take of  
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tine, aū

68 An Emplaister of Vineger and Saffron, D. N.  
called Emplaistrum Oæicroceum

**T**ake pitch which is about ships, saffron, dry pitch or colophony, of waxe aū. foure ℥. turpentine, galbanum, ammoniacum, mirche, fine frankensence, masticke aū. one ℥. three ℥. make it thus, bzeake a litle your galbanum, and ammoniacum, then laie it in vineger the space of a night, in the morning set it on the fire and melt it, and when it is melted, straine them and seethe them till the third part of the vineger be consumed, then put in your pitch being pressed and strained befoze, & when it is melted put in waxe, the which also melted, put in the dry pitch or colophony, and turpentine, and some after, masticke and fine frankensence and mirche, stirring it alwaies from the beginning vntil the end, when it is sod, put it into cold water, and when yee take it forth, presse it with your hands till the water be forth, afterward wash it vpon a marble stone annointed with oyle, and make it soft and gentle, then cast vpon it the powder of saffron, and so make you it in great peeces.

This cureth broken bones, and allwageth all grieues in what part soener they be of the bodie, it also mollifieth hard impostumes in any part of all the bodie.

69 An Emplaister which the Pothecaries call,  
Iauua, D. M.

**T**ake of the iuice of ielofloures, the iuice of plantain, the iuice of smallage, aū. lib. of waxe, rosen and turpentine, aū. lib. ℥. make of this an emplaister.

Ⓒ

An

70 An Emplaister which the Potheccaries call, *Gratia Dei*, of Doctor Nicholas.

Take turpentine, one lib. rosen, one lib. white ware foure ℥. masticke one ℥. of veruen, gelosouces, pimpernell, aū. one m. beate these hearbes, and boyle them in strong white wine vntill the third part bee consumed, and then straine them and cast away the substance of the hearbes, then put vnto the iuice strained, ware, rosen, masticke, and let them boyle, stirring them till they be thicke, then take them off, and put in turpentine, and mingle all together, and make this your plaister.

71 An Emplaister against Ruptures.

Take of the pitch about olde ships, of aloes, aū. two ℥. of litharge, of redde ware, dry pitch or colophony, galbanum, ammoniacum, aū. two ℥. mistleto of an oke, sixe ℥. of chalke or plaister, of both aristolochia longa, and rotunda, mirrhe, frankensence, aū. sixe ℥. turpentine two ℥. of the common woormes of the earth, of oke apples foure ℥. of comphery, of the daisie, of bole armoniacke aū. foure ℥. the blood of a man, one lib. make it thus, put the mistleto in first to the water, and suffer it to boyle long, in a decoction wherein a rammes skinne was sodden in, and let it sethe the space of a day and a night, then take it from the fire and put vnto it turpentine, litharge, dry pitch or colophony, masticke, and white frankensence, mirrhe, galbanum, ammoniacum, and soone after camphory, and daises, chalke or plaister, bole armoniacke, after this, set it on the fire againe, & put in the blood of a man, & both aristolochia, and last of all, aloes, you must stirre it continually, when it is well sodden take it from the fire, yee shall see and know it to bee well sodden, when it will not cleaue nor sticke vnto your fingers, then  
lais

laie it vpon a marble stone annointed with oyle of violets, and make it soft with working and labouring it with your hands, and after this, yee must beate it in a moztar two daies or thzee continually, and then reserue it.

72 An Emplaister of D.N. which the Potheccaries call, Diuinum.

**T**Ake of galbanum ons ʒ. two ʒ. of ammoniacum, thzee ʒ. opponar, one ʒ. of litharge, one lib. ʒ. of new ware, eight ʒ. of oyle of lilies, one lib. ʒ. fine frankensence, one ʒ. one ʒ. of mirrhe, one ʒ. one ʒ. of greene brasse, one ʒ. of bdellium, two ʒ. of aristolochia longa one ʒ. of masticke one ʒ. of aymentes, a kinde of chalke, foure ʒ. mingle all these together, and make an emplaister.

73 An Emplaister for the Matrice.

**T**Ake of the roote of cinkfoly, one lib. of ligni aloes, yeloto sanders, nutmegges, barberries, of the floures of rosemary, or roses, aū. one ʒ. of cinamond, cloues, squinantum, the floures of camimile, aū. ʒ. ʒ. masticke, fine frankensence, a confection which the Potheccaries call, alixta muscata, and an other which they call galia moscata, of storax calamita, and storax liquida, which the Potheccaries call Racte, aū. thzee ʒ. fine muske, ʒ. ʒ. of ware one lib. ʒ. of turpentine lib. ʒ. the gumme of, lade, foure lib. of pitch about old ships, thzee lib. make an emplaister therof.

74 An Emplaister of red Leade.

**T**Ake of the oyle of swete roses, one lib. ʒ. the oyle of myrtle tree, the ointment populeon, aū. foure ʒ. of hennes grease, two ʒ. the tallow of an oxe gelded or of a colwe, aū. lib. ʒ. swines grease seuen ʒ. litharge of gold and siluer, aū. thzee ʒ. ʒ. of white lead foure ʒ. of red lead thzee ʒ. of turpen-

fine tenne ʒ. of ware as much as will suffice to make your plaister according to the art thereof, somewhat blacke.

This doeth heale great and olde sores as it hath been pꝛooued, by the auncient Chirurgeon, Iohn de Vigo.

75 An Emplaister of white Lead, Emplastrum de Cerusa.

**T**Ake of the oyle of roses, two lib. of white leads, foure lib. of white ware, sixe ʒ. make an emplaister thereof.

This is a very good plaister against all sores which come by reason of the heate of the Sunne, or by any other hotte causes, or against rubbings, gallings, or excoziations of heate.

76 An Emplaister of dates of D.M. Emplastrum Palmeum.

**T**Ake litharge of gold, three lib. of oyle oliue, the grease of a yong hogge, an. one lib. ʒ. of greene coppes four ʒ. buddes or toppes of date trees, see the them altogether on the fire, and stirre them continually with a stick of the same date tree, if yee cannot haue the buddes nor the tops of the same, ye may take the rootes of reedes.

This is a verie excellent plaister against woundes sefred with blood, and against grieuous impostumes, burnings, bꝛælings, shooting of humors.

77 An Emplaister of three things.

**T**Ake of oyle olius, foure lib. of litharge of gold, two lib. of vineger, lib. ʒ. make the emplaister accordingly.

This emplaister doth bzing new flesh againe in wounds: also doeth heale them.



78

A red emplasture to drye : Diacalium  
rubrum.

**T**ake litarge of gold, thre ʒ. oyle of roses, oyle of violets,  
aū. lib. ʒ. of ware twelue lib. the stone which the Po-  
thecaries call calaminaris, of terra sigillata, of redde leade,  
aū. foure ʒ. of camphure, one ʒ. make your emplasture.  
This doth drye byles, and drye sores which be cleansed.

H. 79

Hiera, pecra, galeni.

**T**ake of saffron, spikenard, the wood of balme, of casia fi-  
stula, cinamon, masticke, aū. sixe ʒ. of aloes, ʒ. C. take  
of honny as much as will suffice, beate them all, and worke  
in the iuice of coleworts, woyme wood, or wine, that they  
may be so mingled together, as leuen in dow, put vnto them  
scammony, that they may the better cleaue together, and al-  
so purge the body of cholter, if ye put agaricke and the in-  
ner parte of coloquintida, then it will purge steame, and if  
ye will mingle the flower of harder time therewith, then  
melancholly is purged: to make it moze gentle in operation  
and lesse noysome to the stomacke, the Apothecaries, doe put  
vnto this composition, twice as much of aloes as of all the  
other kindes, your aloes must be broken and washed, that  
it may the better goe to the bottom of the water, and the  
drosse which swimmeth aboue, to bee cast away with the  
water, this must be done twice or thrice. & when it is well  
washed, it will be an apte medicine for the stomacke, and  
nothing hurtfull to the inwarde partes: after this the other  
kindes of spices ought to be mingled, and so it shall be a ve-  
rie good purgation for weake stomackes.

This purgation which is made with aloes, doth reme-  
die yltiara passio, and consumeth superfluous humors in the  
stomacke, it doth amend the palenes of the face, the eyesight  
which is dimmy with grosse humors from the stomacke, it  
prouoketh a man indifferent to the stoule, working and pur-  
ging from the liuer, it doth hurt those which haue a hote  
liuer,

liuer, but the stomacke thereby is helped.

80 A Iulep of roses of doctor mesues.

**T**Ake of rose water, thzee lib. of fine suger sodden and clarified two lib. make your iulep with a soft fire.

This quencheth the thirst in hote agues, it doth aswage the heate both of the liuer and of the hart, it doth also resist coztuption of humors, and keepeth a man whole.

81 A thinne Iulep of Violets.

**T**Ake the water of the flowers of violets, foure lib. of fine suger sodden and clarified two lib. mingle them together, and seeth them with a soft fire.

This is a present remedie in all burning agnes, and to those which haue a hote liuer or thzoate, it helpeth also those which haue any roughnes in the wind pipe or thzoat, it helpeth the plurisie, and the dry cough.

82 A thicke sirrop of Pinaples, of D. M.

loch de pino.

**T**Ake of the graines or stones of the pinaples thirtie 3. swete almonds, wallnuts made in powder, the gumme fragantum, gummi arabicke, licozace, the iuice of amily, maiden haire, the rootes of lillies, aū. foure 3. the substance of dates five and thirtie 3. of bitter almonds, thzee 3. honny mixt with the iuce of great reions, fine sugar, fresh butter, aū. foure 3. of the best honny as much as will suffice.

This doth helpe old coughes, shortnesse of bzeath, and causeth a man to anoide grosse steame, and also spittle.

83 A thicke

33  
Take of  
and set  
This pu  
winde pipe  
shortnesse o  
14

Take the  
3. 3. of  
picked, dry  
fine 3. of ma  
flowerdeluce  
in foure lib.  
into this two  
seeth it till it  
a pine apple  
the gum frag  
of flowerdelu  
and white.  
This cureth  
which comm  
be in the bze

35 A  
Take the tu  
of sugar, hon  
A composi

Take the blan

83 A thicke sirope of squilla, loch  
de squilla.

Take of the iuyce of squilla, of honny clarified, aū. lib. ꝑ.  
and seeth it till it be thicke.

This pureth tough and grosse matter congeled in the  
winde pipe, and causeth spittle easily to auoyde, it cureth  
shoztnesse of winde, the paine of the brest and the side.

84 A very excellent thicke sirope  
of D. M. loch Sanum.

Take cinamon, drie hisope, the iuyce of liquirice, aū.  
ꝑ. of iniubes, sebesten, aū. thirtie: rasons, of cozans  
picked, dry figges, of moist dates, aū. two ꝑ. of fenegræke,  
siue ꝑ. of maiden haire, one ꝑ. of aniseede, folium indicum,  
flowerdeluce, camamile, of linsæd, aū. foure ꝑ. seeth al these  
in foure lib. of water till the halfe be consumed, then put  
vnto this two lib. of penidis, which is a confection of sugar,  
seeth it till it be as thicke as honny, then mingle with this  
a pine apple pared, siue ꝑ. of almonds blanched, lyquirice,  
the gum tragantum, of gummi arabic, of amili. aū. three ꝑ.  
of flowerdelyce, nine ꝑ. labour this confection till it be soft  
and white.

This cureth the cough, and the hardnesse of the wombe,  
which commeth of cold, and also hegmatike humors which  
be in the brest or in the longs.

85 A thicke sirope of Coleworts.

Take the iuyce of red coleworts one lib. of safron two  
ꝑ. of suger, honny aū. lib. ꝑ. make your sirope.

A composition which king Mithridates did vse,  
manardi mithridatum.

Take the bloud of a drake drie, bloud of a ducke, the  
bloud

bloud of a goose, the bloud of a Radoe, of wilde reio, fennel, dill, nauwen, aū. thre 3. the roote of gentian, tripholy, squinantum, frankinsence, Dye roses, aū. thre 3. white pepper, long pepper, cost, and valerian, annisseede, cinnamon, aū. two 3. myre, spikenard sire 3. benswoyn, asarabacca, animoniacum, aū. thre 3. mace, agaricke, aū. two 3. the seede of balme, one 3. of flowerdeluce, saffron, rha. mastic, aū. one 3. of Cicados siue 3. make a fine powder of all these, and put foure times so much honny as of the other, and make your mixtion.

87 A thicke sirrop of the lunges of a Foxe.

D. M.

**T**Ake of the lunges of a fore dyed, the iuice of lichozas, maidenhaire, fennelseede, aū. foure 3. make it with suger sodden in water as much as will suffice, some make it with the iuice of myrts, and then it is both laxatiue and a comforter of the stomacke.

This is a present remedie in all consumptions and diseases of the stomacke, it doth both comfort and cleanse the lunges.

M. 88 An other confection which the king Mithridates vsed, of doctor Nicholas.

**T**Ake of Stozae calamita, one 3. one 3. of cloues, spinard, the woode of balme, orobis, louage, the gumme fragantum, of mastic, galban, sandaric, the swete thorne aspalthus, of the oster stones, the gumme of Iuy, bdellium, terra lignea, melilot, the gumme of lade, oppoponar, ammoniacum, opium, bymstone vnlecked, lichozace, salte pæter, hipoquisses, acacia, roses, germander, saint Johns wort, sother wood, piony, hisope, organy, enulacampana, the leaues of sauy, y leaues of y bay tree, aristolochia longa, y flower of the harder tyme, wormeseede, rosemarie, centuarie, the

lesse

lesse seholine, the flower of the wilde pomgranad, the  
 skenne oz the inwarde rinde of the myztle tree, flowers  
 of pomgranads, the seede of a raddish, squilla, the seede of  
 balme, annisseed, giti, benbane, fennell, commin, cardamo-  
 mum, slermotan, white mustard seede, ammi, parlisæde,  
 reu, white poppi, smalage, yelow carrots, clarry, long pep-  
 per, basell, anomum, aū. one ʒ. gladian, the common  
 swines nuts, capzes, the flowers of tutsayne, of the hozne  
 of the redde deare, aū. two ʒ. of the iuice of the balme, oz  
 the iuice of myztle tree, cinamon, saffron, cost, squinantum,  
 ginger, solum indicum, oz in the stead of it, cloues, oz spic-  
 nard, turpentine, washed myzre, sine frankinsence, castia  
 stula, agaric, spica romana, rha, flowerdeluce, asarabac-  
 ca, dittan, hozehound, the inner rinde of coloquintida, stica-  
 dos, mugwozte, callamint, pelliter of spaine, ground pin,  
 blacke pepper, white pepper, seede of parlie, manna, oz  
 swæte dew, cresses, snckfoyle, aū, one ʒ. berries of the  
 bay tree, sive gra. ʒ. of strong wine and olde, one ʒ. of hony  
 as much as will suffice to make it.

This doth cure all diseases of the heade which come of  
 colde, and chiefly melanchollie persons, and fearefull, the  
 falling euill, the migran, running eares, and all diseases of  
 the eares, the tooth ache, and all griefes and sozes of the  
 mouth and iawes, if it be laide on the place infected, if any  
 rume distill from the heade, then it must be laide vnto the  
 temples after a fashion of a plaister, it cureth also the  
 quins and apopleccian, which is when a man can neither  
 feele, speake, nor moue, it helpeth the cough, and shortnes  
 of winde, and spitting of bloud, the lunges, and all inward  
 diseases, it cureth the chollicke, the bloudie fluxe, illiaca  
 passio, and the fluxe of meate vndigested, if it be ministred  
 with the decoction of the flowers of pomgranads, it cureth  
 also stiffness of members, when the sinewes be so stiffe, that  
 the party cannot moue, it helpeth the crampe, conuultions,  
 pallsies, diseases about the midrise, the raines, and blad-  
 der, it breaketh the stone, prouoketh the stowers stopped,  
 and helpeth all diseases of the matrice, it mollifieth all

hardnes, and cureth the goute, it is a chiefe remedie against  
poyson, and against the byting of a mad dogge, or any o-  
ther beast, if it be laide vnto the place, or drunke: it doth  
also cure quartan agues, and quotidianes taken with luke  
warme wine, an houre befoze the fit commeth.

89 A confection which the Pothecharies call  
Mycleta.

**T**Ake of the first kinds of myzrobolance dzedded and made  
in pouder, two 3. ʒ. commin, annisseede, solium indium,  
ammi, carawaies, aū. one 3. ʒ. cresses made in pouder  
two 3. ʒ. belliricum, and imblicum, the fourth and the  
fift kinde of myzrobolance made in pouder, aū. two 3. In-  
fuse all these in vineger a day and a night, afterward make  
them in pouder, then mingle them with spody, the flowers  
of wilde pomgranade, masticke, gumme, arabicke, manna  
or swæte dew, aū. one 3. fiftene gra. stampe them with  
the oyle of roses, and temper them with the strope of myz-  
tell tree.

This confection hath bene proued against the emrods,  
gnawing and gryping of the stomacke and the bellie, the  
bloodie fluxe, and also against lienterya which is a fluxe of  
meate vndigested, and finally, it is a present remedie a-  
gainst all fluxes of the bodie.

90 A confection which the Pothecharies call Aro-  
matica, or mixa simplex of  
D. Mesues.

**T**Ake of the iuice of quinces lib. C. put it in a cleane ves-  
sell of stone, and let it boile softly, scomming of it, till it  
bee halfe consumed, then strayne it, and let it stand foure  
houres, and then cast vpon it sixtie lib. of olde wine, this  
done, set it on the fire againe, and seeth it till it be thicke,  
some Pothecharies make it with these spices following, and  
some without, they take of the best cinnamon, cardamo-  
mum

mum the lesser, aū. thzee ʒ. of cloves two ʒ. of suger, ma-  
 ſicke, aū. one ʒ. ꝑ. of ſaffron two ʒ. of ligni aloes, mace.  
 aū. one ʒ. ꝑ. ſtampe all theſe, except your ſaffron, and  
 make them ſweete with muſke, one ʒ. and with two ʒ. of  
 the confection called gallia muſcata: there beſe alſo ſome o-  
 ther Apothecaries which do make this confection with suger.

This confection ſortifieth the ſtomacke, the liver, and  
 the principall members, it cauſeth good appetite and diſge-  
 ſtion, it ſtoppeth vomiting and fluxes of the body.

91 A confection of honny and roſes, called  
 Mell roſatum. D. M.

**T**ake of red roſes prepared and dyed as it is in the con-  
 ſerues befoze, aū. two partes, of good honny ſixe partes,  
 ſetth them with a gentle fire accordingly, ſome Apotheca-  
 ries put in equall partes, both of honny, and of the iuice of  
 roſes, without any leaues, other ſome put alſo vnto the  
 leaues one parte ꝑ. and of the iuice one parte ꝑ. of honny,  
 thzee partes.

This doth comfort the ſtomacke, and doth diſgeſt and  
 purge ſlegmaticke humoꝛs congeled in the ſtomacke, or in  
 the raiſes meſeraicis.

92 A confection of honny and violets, called  
 Mell violatum.

**T**ake of the flowers of violets one parte, of good honny  
 thzee partes, ſetth them with a ſoft fire.

This is a ſingular remedie in hote agues, becauſe it  
 maketh the body moiſt and alſo laxatiue, it alſwageth dꝛi-  
 nes of the ſtomacke and the bzell.

93 A confection of roſemarie and honny,  
 Mell authoſatum.

**T**ake of the flowers of roſemarie one parte, of honny  
 thzee partes, make it as ye doe the other.

**T**Ake of suger clarified and molted in water of roses. lib. ℥. seeth it together till the water be consumed, and the suger harde, in the ende of the decoction put in 3. ℥. of perles or pꛛecious stones made in fine poudꛛer, then lay it vpon a marble stone anointed with oyle of roses, or els violets.

Oximell, doctꛛor Mesues, called  
simple.

**T**Ake of good honny two partes, of vineger one parte, of well water foure partes, your honny and your water ought to be sodden together, so that no some be left aboue, then temper in your vineger, let it seeth well till your honny leaue foming.

This doth purge grosse and flegmaticke humors in making of them thinner, in dissoluing of them, in opening and breaking of them, it doth also digest the matter which commeth of long agues.

To cause a man to auoide vrine,  
Oximell diureticum.

**T**Ake of the rinde of the roote of smalage, fennel, aū. one lib. parslie, kneeholme, or butchers bꛛome, sperage, the seede of smalage, the seede of fengreke, aū. one ʒ. seeth these rootes and seedes in two lib. of water, and a pound of vineger, vntill it come to the halfe or litle more, then take as much honny as will suffice, and seeth it well, and make a sirope.

Oximell of squilla.

**T**Ake of faire water sixe lib. of clarified honny thꛛee lib. of vineger, squilla two lib. seeth them well and reserue them.

This



This doeth dissolve tough and flegmaticke humoꝛs, it doeth also cure belching which comineth of raw humoꝛs and not digested, it doeth also heale the bladder exulcerated, in mollifying of it.

99 A confection of suger and vineger, called Oxisacra Simplex, of Doctor Nicholas.

TAke of suger one lib. of the iuice of pomgranades eight ℥. of vineger foure ℥. see the it on the fire till it come to the fashion of a sirup.

This is very good in tertians, hot agues, and quartans, in the spring time it purgeth choler in the stomake.

100 A confection of suger and vineger, with other things called Oxisacra Compounde,

TAke of mayden haire, ceteracke, harts tong, liuer wort, violets, fennell, knéholme or butchers brome, sperage, stitch wort, añ. one lib. make it after this fashion. Laie your hearbes and rootes in the iuice of pomgranades the space of thre daies, on the fourth day boyle them a litle and straine them well, and afterward put vnto them suger as much as will suffice, and then see the them till they be thicke.

101 Oyle of sweete Almonds of Doctor Nicholas.

TAke almonds and blanch them, and take away the inner rinde, then stampe them well and make them in masse peeces like pastides, after this, laie them in a hote place, the space of fiftene daies, then beat and stampe them again, and then presse them so, that the oyle may passe forth, and if ye will, see the it againe in a vessell set within an other the space of an houre, and then presse it, it will bee the better to runne, and ye shall haue moze plentie of oyle, if ye fill bags

with almonds stamped, and then laie them vnder hot ashes  
oꝛ sand betwixt cloathes, and afterward pꝛesse them.

This oyle doth mollifie the roughnes of the thꝛoat and  
hardnesse and dꝛinesse of the lungs, and of all the inwarde  
parts, it healeth consumptions, and encreaseth seed in a man,  
it allwageth the heate of the matrice, and of the pꝛiuy parts  
of a woman, and also the heate of the reines and of the blad-  
der if it be laide to the place.

122

## Oyle of bitter Almonds.

This oyle must bee made in all things like vnto the other  
befoze.

This oyle openeth obstructions, and opilations, and  
causeth winde to auoide, it allwageth the paine of the eares,  
the stinging and deafenes, it maketh the flesh smooth & faire,  
it doth also take alway spots and defoꝛmities in the face, the  
ache in the sinowes, and all other hardnesse.

103

Oyle of Bay, called Oleum  
Laurinum.

Take of the berries of the bay tree which be ripe, and stamp  
them well in warme water, and straine them when they  
be cold together, take of the fat which swimmeth aboue, and  
that shall be your oyle.

This oyle bzingeth heate and mollifieth, insomuch that  
those which be troubled with the scabbe, ring woꝛmes, oꝛ  
any such other soꝛes, be cured therewith, if they be annoin-  
ted when they bathe them, cholericke persons and all those  
which be suspect to haue the lepzie oꝛ any kind of it, must a-  
uoide and eschue this oyle, it is a singuler remedie against  
cold and moist complexions, and slegmatike, & those whose  
ioints be affected with cold, it cureth the paine in the hippes  
oꝛ huckle bone, it destroieth lice and vermine, and scoureth  
the head of all filthines, it cureth the falling of the haire, ta-  
ken with the water of salt pꝛeter, this done, yee must also  
wash

Wash your head with wine and hony, and with the floure of fenigreeke, howbeit if your head be bered with any grieffe of heate, then ye must vtterly eschue this oyle.

Oyle of the little grayne sesamum oleum  
sesaminum.

**V**Wash your little grayne sesamum from all filth, then sprinckle vpon it a little water with salte, and rub it with your hands, then cast vpon it againe till it be moist, afterward lay it forth to drye, then so dryed, ye must take it againe and dry it better by the fire, but moderately, then put it in a bagge of course cloth, and rub it againe with your hands till the hulke go of, and whē it is husked cleane, grinde it and presse forth the oyle, and make it after this fashon, take linseede the oyle, oyle of popisæde or lettis seede, your linseede may not be husked.

This oyle encreaseeth fatnes of the face, and seede in men, it mollifieth all manner of hardnes, and causeth the voice to be cleere in mollifying the thyoate, you maye also mingle this oyle with many other.

Oyle of spikenard oleum nar-  
dinum.

**T**ake of spicknard three ℥. of wine and water, aū. two ℥. ꝑ. the oyle of the grayne sesamum lib. ꝑ. seeth these with a double vessell that is one within an other with a soft fire, the space of fours houres, and styring it continu- ally.

This is a very good oyle against all diseases of colde, wind, against grieifes in the stomack, sinows, liuer, spleene, regnes, bladder, matrice, the head ach, and the migram.

Oyle

## Oyle of Coste of D. M.

TAke of coste dry, and butter two ℥. of casta Alula one ℥. the buddees and toppes of margeram eight ℥. of swete wine as much as wil suffice to late the stiffe in two nights, then take the oyle of sesamum thre lib. see the it as the oyle of spikenard befoze.

This oyle engendzeth heate in the sinowes and in all the parts of the bodie, it openeth abstractions, it fortiffeth the stomake and the liuer, it keepeth the haire from falling off, and the head from hozenes, it causeth good colour and saour in all the bodie.

## Oyle of Rue, of D. M.

TAke oyle of ripe oliues, thre lib. of the leaues and of the iuice of rue, au. thre ℥. make an oyle according, of the same.

This oyle doth heale and dry, and therefore it is present remedie against distillations and rumes, it allwageth griefes of the brest, and bringeth heate to cold members.

## Oyle of Dill of D. M.

TAke of the common oyle which is sallet oyle, two lib. foure ℥. of the floures of dill ten ℥. two ℥. late the floures of dill thre daies in oyle, and seeth them on the fourth day a litle with a soft fire, then take them forth, this done, put into the same decoction thre ℥. of the floures of dill, and set it in the sunne and keepe it.

This oyle allwageth griefes and aches, it openeth, lo- seth, and pouoketh a man to sweate, it doth mittigate the colde and shaking agues, if the backe bone be annointed, it causeth sleepe, and cureth the head ache.

TAke of  
lib. four  
the oyle of  
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This oyle  
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## Oyle of Camamile,

**T**Ake of swæte oyle which is the common sallet oyle, two lib. foure ℥. the flowers of camamile one lib. make it as the oyle of dill.

This doth mitigate all aches, it stoppeth fluxes of humours, because it doth a little bind, it is a present remedy against achss in sinewes. Galen the Physician doth iudge that this oyle doth loose and not bind, Paulus Ægineta, doth take two ℥. of dry flowers of camamile without the whites, and doth couer the vessel with a linnen cloth, so that the oyle may presse through, and then set it in the sunne by the space of forty daies, and after the month ought to be well stopped, and so kept, if ye cannot haue græne flowers ye may take dry, and seeth them in a double vessel, that is one set within an other, howbeit the oyle shalbe of lesse strength and efficacie.

This oyle, as Actuarius doth teach, annointed by it selfe or with some other temperate thing, doth open the pores, and causeth the skinne to be thinner, it cureth long agues, and all griefes in the body, if the place be nointed therewith, with swæte wine.

## Oyle of myrts.

**T**Ake of sallet oyle three lib. of myrthe stamped one lib. of the best wine two lib. mingle these together, and suffer it to boyle vntill the wine be consumed, then straine it, and reserve it.

This oyle doth refrigerate or maketh cold, and bindeth, and therefore it cureth the fluxe which cometh of weakenes of the stomach, burnings, principally, wheales, kybes, gallings, if the place therewith be annoynted, it healeth clifts about the fundament, and the broad piles, and it stoppeth sweating

**T**Ake of the rootes of flowerdeluce two ʒ. and of the flowers foure ʒ. of the decoction of roses one lib. the oyle of oliues two lib. let them boyle within a double vessell vntill the water be consumed, then strayne them, and change the rootes, flowers, and the water of the decoction, this ought to be done twice, and then straine them, and reserue it, the Apothecaries commonly make it after this fashion, howbeit yce shall read in Dioscorides an other forme of making of this oyle.

This oyle scoureth, purgeth, looseth, openeth, and allwageth aches of cold, it ripeth raw humours in the breast and lungs, it taketh away the paine in the ioynts, and mollifieth the hardnes of them, and hard impostumes and swellings about the necke, or in any other place, it doth allwage the paine of the matrice of colde, the crampe, the paine about the eares, the stinking of the nose.

**T**Ake oyle of oliues, or the oyle of the grayne sesamum, wash them oft with well water, then take a sufficient quantity of the leaues of red roses young, and beaten, and couer them with the oyle wherein they were washed, then stoppe the mouth of the vessell, and set it in the sunne the space of seuen daies, then seth it in a double vessel the space of three houres, then change againe the rose leaues, and take fresh, and set them in the sunne other seuen daies, after ward seth them againe, and change them as ye did befoze, then put vnto them of the infusion of roses, as much as of the oyle, and stoppe the mouth of the vessell, and set it in the sunne the space of forty daies, some Apothecaries do not set it in the sunne, but vnder the ground forty daies.

This oyle, as Doctor Helues wyrteth, doth comfort, loose, open, and allwageth ach, it is also good against infla-  
mati-

mations,  
drunken  
all other,  
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mations, and fluxes of humoures, and therefore being drunken it is a present remedy against the bloudy fluxe and all other, there be two kindes of this oyle, the one is made of rose leaues which be ripe, and the other is made of oliues and rose leaues not ripe, the first kinde doth mollifye and make the skinne thinne, openeth, and asswageth al manner of griefes, the second doth refrigerate or make colde, and bind, and therefore it cureth the head ach in agues, and of the heat of the sunne, it asswageth burning which is engendred of wind in a full stomach, and finally it cureth all aches of the head if the place therewith be annointed, it doth also resolue the griefes in the stomach, or in the bowels of sharpe humours, if it be mixt with two ʒ. of masticke, and with a little quantitie of waxe, it asswageth all inflammations of rednes, if the place be annointed therewith.

112

## Oyle of Violets.

**T**ake of the oyle of oliues two lib. of young violets stamped, soure ʒ. put them into a glasse, and set them in the sunne the space of seven daies, afterward boyle them in a double vessell the space of thre houres, then straine them, and reserue them: Paulus Aegineta doth call this oyle Zafon, and wyrteth that it is made of the purple violets, or els of the yealow violets, which many iudge to be hearts ease, he willethe also that violets shall stand ten daies in the sunne, and to be thre times changed, and the vessell to be so stopped that no ayze may enter in, and in the meane time, you may put vnto these, of dry violets.

This asswageth all inflammations in what part so euer they be, it mollifyeth exulcerations and stiffness of the breast and lungs, it mitigateth hot impostumes, and the pleurisie.

¶ 2

Oyle

**T**Ake of quinces with the rind halfe ripe, and stamp them and take of the iuice of them, añ. equall partes, of the oyle of oliue not ripe, as much as will suffice, put it into the glasse, and set it in the sunne by the space of fiftene daies, then seeth it in a double vessell, which is, one within an other, the space of foure houres, then chaunge your quinces and the iuice of them twice or thrice, and make it as you did the other, then straine it and reserue it.

This oyle fortifieth the stomacke, and the principall members, and the sinowes which be lose and weake, it doth restraine ouermuch sweating, it is also a present remedie against all fluxes. Dioscorides doth shew another way and a better of preparing this oyle, Paulus Aginæta, calleth this oyle, Helinon, and maketh it after this sorte, he taketh of quinces pared, with the rind thrée 3. of the oyle of vnripe oliues eightene ounces, he doth set it in the sunne fortie dayes.

114

Oyle of masticke.

**T**Ake of masticke thrée 3. oyle of roses twelue 3. of good wine eight 3. seeth it in a double vessell as the other.

This oyle (as doctoꝝ Helues doth write) is the second foꝝ his vertue, it doth comfozt the stomacke, sinowes, the liuer, the ioyntes, it doth mollifie hard impostumes, and aswageth aches.

114

Oyle of Otter stones, Oleum  
Castoreum.

**T**Ake one 3. of Otters stones, and seeth it in one lib. of the common sallet oyle, vntill the third part bee consumed, then keepe the oyle in the powder of the otter stones, which is good foꝝ the crampe.

Oyle



115

## Oyle of Euphorbe.

**T**Ake of euphorbe  $\text{ʒ. ʒ.}$  oyle of harts ease five  $\text{ʒ.}$  of sweete wine as much, seeth it till the wine bee consumed, and then reserue it.

This oyle is verie good against cold diseases of the sinowes, the ache of them, and of the iointes, the paine of the liuer, the spleene, the headach, the migram, ouer much sleeping, and the forgetfull disease. Galen doth make onely of euphorbe an oyle, increasing and diminishing the euphorbe accordingly to the porcion, as it doth appeare in the second booke of compositions of medicines.

116

## Oyle of a wolfe, D. M. Oleum vulpinum.

**T**Ake a wolfe whole except the bowels, and put him in a vessell, and poure vnto him well water, and salt water, eightene  $\text{ʒ.}$  of old oyle thre lib. ten  $\text{ʒ.}$  seeth this with a soft fire, with thre  $\text{ʒ.}$  of salt vntill the water be consumed, then put it in a vessell, and poure vnto it, of the sweet water wherein the hearbes haue bene sodden one lib., and of tyme one m. seeth them againe till the water be consumed.

This oyle is a chiefe remedie against the goutte in the ioyntes, which is called, arthritica passio, against the goutte in the feet, the paine in the raines, and the backe.

117

Oyle of the lyes of white wine called  
Oleum de tartaro.

**T**Ake of the lyes of white wine, two lib. oz els as much as you iudge best, and make it in pouder, and wrappe it in a linnen cloth, or in two, then mingle it againe with strong white vineger, after ward dye it againe vnder hote ashes, till it be very blacke, then make it in pouder againe, and set it in a vessell in a colde place, and so let it stand the space of eight dayes till it shall be resolued into an oyle, and runne, if it will not runne of it selfe, then presse it with

your hands into a glasse, with this oyle women doe annoint their faces to make them smoth and faire, it doth clense the face wonderfull well.

118

## Oyle of scorpion.

**T**Ake of scorpions twentie, moe or lesse according to their quantitie, put them into a vessell of glasse, and poure vpon them the oyle of bitter almonds two lib. stoppe the mouth and set it in the sunne thirtie dayes, then stampe it and vse it.

This oyle is the most present remedie to breake the stone in the raines or in the bladder, chiefly if the raines or the necke of the bladder or the places there about bee annointed therewith, or els if it be ministred in by the yarde, it is also made with olde oyle, and mixt with many other medicines which be good against poyson: it is also a present remedie against the pestilence, and all other poysons.

119

## Oyle of Lillies.

**T**Ake oyle of oliues one lib. of the flowers of white lillies foure ʒ. make this oyle as you did the oyle of camemamill, Paulus Aegineta doth shew an other way of making of this oyle.

This oyle is verie good against womens diseases, running sores in the head, scurfe or any other breaking forth, if the place therewith be annointed, it is also good against all diseases and aches of cold, and also inflamations annointed, with saffron, if it be dronken, it will purge choller, but it is noysome to the stomacke, it aswageth all curnels and knobbes.

120

## Oyle of flowers of poppie.

**T**Ake of the flowers and of the græne heades of popple stamped aū. thzee ʒ. of the oyle of oliues not ripe, one lib.

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121

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lib. three 3. make your oyle accordingly.

This oyle alwageth aches of heate, and causeth a man to sleepe when the occasion of waking commeth of heate, or of vapors ascending to the heade, if the temples, the nose, the eyes and the forehead be annointed therewith.

121

## Oyle of Nenufar.

**T**Ake of the oyle of oliues not ripe one lib. of the flowers of nenufar greene and stamped soure 3. keepe them in a vessell of glasse, and prepare it as ye did the oyle of violets, both to set it in the sunne, and also for the seething, the changing of the flowers, and mixing of the decoction.

This oyle hath almost the vertue of the oyle of poppie, but because it is not so cold, nor doth not so much dull the senses, therefore we may mingle with it the oyle of poppie to cause a man to sleepe the better, it doth alter a hoier complexion in what part soeuer it be laide.

122

## Oyle of Mints.

**T**Ake of the leaues of mints, and of his iuice an. soure 3. of the oyle of ripe oliues three lib. put these into a vessell of glasse, and set it in the sunne the space of fiftene daies, stopping the mouth close, this done, afterwarde boile them soure houres, and then straine them well, this must be done thrice, afterwarde straine them, and let them bee kept.

This oyle is good for a weake and a cold stomacke, it stoppeth vomiting and causeth digestion, it causeth appetite to meate, it molliffeth all hardnes in what part of the bodie soeuer it be.

123

## Oyle of wormewood.

**T**Ake of the buds of the tops of wormewood, and of the iuice, an. soure 3. of the oyle of oliues three lib. you shall make this as you did the other,

This

This doth comfort and bring heate into colde places of members, it comforteth the stomacke, and causeth good appetite, it openeth obstructions, and helpeth diseases which come of a colde cause, it killeth wormes, and doth bring them forth, if it be mixt with ointments and emplastures and laide to the place.

124 Oyle of wormes, *Oleum lumbricorum.*

Take of the wormes of the earth  $\text{℥. lib.}$  of the oyle of Oliues, two lib. of wine two  $\text{℥.}$  boyle them all together and make an oyle as it is of the other.

This is comfortable to the sinowes vexed with cold, and also for the ache of the ioyntes.

125 Oyle of hart ease, *oleum de Cheiri.*

Take of hart ease  $\text{℥. ʒ.}$  the oyle of Oliues two lib. the flowers of harts ease must be layd thzee dayes in oyle, on the fourth day seeth it well with a soft fire, this done put vnto the decoction thze  $\text{℥.}$  of the flowers of harts ease, then set it in the sunne, and keepe it.

This oyle openeth, loseth and aswageth paine of the sinowes, the ioyntes, the brest, the raines and the bladder.

P 127 Pouder of violets.

Take of flowerdeluce,  $\text{℥. lib.}$  of roses foure  $\text{℥.}$  of cypresse  $\text{℥. ʒ.}$  of margeram, cloues,  $\text{ā.}$  one  $\text{℥.}$  white saunders, beneswoine,  $\text{ā.}$  foure  $\text{℥.}$  of storax calamita one  $\text{℥.}$

128 A of Amber, *pomum ambre.*

Take storax calamita one  $\text{℥.}$   $\text{℥.}$  of benswoine two  $\text{℥.}$  of the gumme of lade  $\text{℥. ʒ.}$  of cloues, white saunders  $\text{ā.}$  thzee  $\text{℥.}$  of roses, margeram  $\text{ā.}$  two  $\text{℥.}$   $\text{℥.}$  of maske, of amber,  $\text{ā.}$  one  $\text{℥.}$  make your ball with the infusion or pouring in rose water.

A pou-

129 A powder against the plague, Pillulæ  
contra pestem.

**T**Ake of Sincfoly, dittan, tunis, scabios, the rootes of buglosse, aū. ꝑ. ʒ. kirnels of pomcitrons, the seede of sozrell, aū. foure ʒ. of cozvander two ʒ. red roses one ʒ. the seede of pufeline two ʒ. the shauing of Quozꝝ two ʒ. of white cozzall, of red cozzall aū. one ʒ. ꝑ. of terra sigillata, ꝑ. ʒ. of bole armoniac two ʒ. mingle all them together, and make a powder.

130 A powder of the electuarie of  
bolermeniac.

**T**Ake of the thre kinds of saunders, galanga, ligni aloes, cinnamon, red cozzall, red roses, the seede of melons, aū. ꝑ. ʒ. the roote of tunis, the roote of sinckfolly aū. thre ʒ. the shauing of Quozꝝ, of the harts hozne, aū. ʒ. ꝑ. one nutmege, of mace, of cubebes aū. one ʒ. of anniseede, of fennellseede, of ginger aū. gra. fiftene, of the seed of sozrell, of the kirnels of pomcitrons, the seede of iuniper, the seede of the silke woꝝme, of cloues aū. ʒ. ꝑ. of bolearmoniac two ʒ. make a powder thereof.

131 A powder against the wormes.

**T**Ake of woꝝmesede one ʒ. of lupines ʒ. ꝑ. of woꝝme-wood two ʒ. of the harts hozne made in powder one ʒ. ꝑ. mingle them and make a powder.

132 A powder called Bezcardicus.

**T**Ake of bolearmoniac two ʒ. of red roses, the seede of sozrell, of the kirnels of pomcitron, the red deares hozne made in powder, the seede of rue, the roote doꝝny, of amber, the seede of wollthistle, oz carduus benedictus aū. foure ʒ. of both cozzals, of ligni aloes. of silke not coloured nor

Dyed, but as it cometh from the silke woyme, of the free saunders, of perls, of the bone in the hart of the red deare, aū. one ʒ. of the emeraud two ʒ. of the pouder of perls, cinkfolly, dittan, tunis, scabios, coriander, of terra sigillata, aū. two ʒ. of camphure two ʒ. of saffron graines fifteen, of amber two ʒ. of muske foure ʒ. thus make it into a powder.

133 A confection made like suger writen like ropes, called Penidias.

**T**ake of the best suger one lib. or two, and at the most thre, put it in a vessell of brasse covered with tinne, or els in a vessell of earth covered likewise with glasse, hauing a wide mouth, the vessell of glasse is better for this purpose, melt your suger with such a quantitie as will couer it, and if your suger be verte good and strong, mingle with it, for euerie pound of it, one ʒ. of honny, then sprinkle vpon it oyle of swet almonds, if ye haue not this oyle, ye must vse some other in stead of it, and set your vessell on a fire of coales without smoake, and seeth it till the water be almost consumed, ye shall know if it bee well sodden or no, thus, take a droppe of it, and lay it on a marble stone, and touch it with your fingers, if it appeare like threds, and will cleave and sticke vnto your fingers, then take it from the fire, and lay it vpon the saide stone, and draw it abroad, after that ye haue mingled it with the oyle of swet almonds or sesamum, then gather it together againe as hote as your hands may suffer: afterwarde draw it forth againe with your hands as swete electuaries be drawne, and then strike a crooked naile very hye in the wall, and cast it vpon the naile, and so draw it so long, till it be white: ye must keepe it by the fire so long as you doe draw it, that it may be more hote and more gentle to draw, and when ye iudge it to bee white inough, then cut it with sheares in peeces, if yee make this in round confections long, or otherwise, then take of white annelum, bzeake and stamp it, and laye it

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It vpon a marble stone, then cast vpon it the past of penidis, and roll it, and cut it, and make it in what kinde so euer ye will, howbeit you must make it quickly, lest it be colde betwene your hands, this done, lay it in a scēue oz some o-ther like thing nye the fire for the space of an houre, then take it and reserue it for your purpose.

134 A confection which the Potheccaries call  
Pignolatum.

**T**his confection is made with suger dissolved in rose wa-ter, and well clarified, when it is sodden inough, put in pineaples pared, and let it stand and cole till it come to the forme of a hard confection, and then keepe it.

135 Pilles which a man ought alwaies to haue  
at hand, pillæ sine quibus. D.N.

**T**Ake of aloes washed twelue ʒ. of the five kindes of myrobolance, rheubarbe, masticke, wormelwood, roses, violets, sene, agaricke, dodder, aū. one ʒ. temper them with the iuice of fennell, into the which ye shall put sixe ʒ. ʒ. of scammony well broken, howbeit first mingle your scammony with the iuice of fennell, then presse forth you iuice with a strayner so much as will suffice for the decoction, then make your pilles with your hands annointed with the oyle of violets oz oyle oliue.

These be present pilles to purge choller, flegme, melancholie, and against euil sight which commeth of euil humors, against paines of the eyes, and iliaca passio.

136 Golden pilles, called pillulæ aureæ.

**T**Ake of aloes, diagridion aū. five ʒ. of roses, the seede of smallage, aū. two ʒ. ʒ. of anniseede, fennel seede, aū. one ʒ. ʒ. of masticke one ʒ. of saffron, of the inner parte of coliquintida, thus make your pilles with the infusion of gumme tragacanthum.

These be very excellent pilles to purge the head, and

to amend the eyesight, the wind in the stomacks, or the bowels, they purge without any paine.

137 Pilula rahie, of doctor Rhas.

**T**Ake of the powder of hierapiera ten ʒ. of coloquintida thre ʒ. one ʒ. of stammony two ʒ. of turbith, sticados aū. five ʒ. mixe it with the sirope of sticados, and thus make your pilles.

These pilles doe purge the head, and chiefly of grosse and cold humors meruailous well, it aswageth the headache and the mygram.

138 Pilles of eight things of D.N. called  
ex octo rebus.

**T**Ake of aloes diagredian, aū. two ʒ. the inner parte of coloquintida, of the flowers of the harder tyme, agaric, mastic, the third kind of myrobolance, wormewood, aū. one ʒ. temper them with the iuice of dwale,

139 Pilles of all the kindes of myrobolance.

**T**Ake the five kindes of myrobolance, agaric, diagridion, coloquintida, sene, aū. ʒ. ʒ. the flowers of harder tyme, turbith, annisseede, fennell, mastic, the stone lazure, aū. two ʒ. ʒ. graines five, of aloes one ʒ. make these pilles with the iuice of wormewood, and if ye will mingle a little ginger with them, your pilles shall be the better.

These pilles be very good against isiatica passio, which is an ache in the hippes or huckle bone: against the goute in the feete, the spleene, they doe cleare the sight, and purge burnt cholles.

140 Pilles of sweete powder, which the Pothe-  
caries call alefangene. D. M.

**T**Ake of cinamon, cubebes, ligni aloes, calamus aromaticus

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ticus, mace, nutmigs, cardamomum, cloves, asarabacca, masticke, squinantum, of spicknard, the fruit of balme, aū. one ʒ. of dry woyme wood, of roses, aū. v. ʒ. beat and strain theē, but not small, then put vnto them twelue lib. of water, then seeth them till two parts of the water be consumed, then rub them with your hands, and straine them, and presse forth the water, this done, take aloes cyatrine, one lib. wash it in some little panne or such like vessell of stone couered round about with glasse, ye must wash it, and with raine water, then dry it and cast vpon it two lib. of that which you did presse forth, so dry it in the sunne, then mingle with your aloes, of myrre, masticke, aū. v. ʒ. of safron three ʒ. beat them well, and cast vpon them the residue of that which was strained, and rub them with your hands vntill they be broken, many of the Pothecharies wash aloes with the infusion of rhowbarbe.

These pilles asswage the grieffe of the stomack which cometh of flegme, and purgeth the stomack verie well, the Brayne, the instruments of the senses from grosse and corrupt humours.

Pilles made of diuers things which the Pothecharies call pillula agregatiua. *Sive ipolimita*  
D. M.

Take of the first kind of myrobolance, of rhowbarbe aū. three ʒ. of the iuice of agrimony, the iuice of woyme wood aū. two ʒ. of diagridion. sixe ʒ. of the third kind of myrobolans, of agaric, of coloquintida or of polipodi aū. two ʒ. of the best turbithe of aloes aū. sixe ʒ. of masticke, roses, salgen, the flower of harder time, anniseede, of ginger aū. ʒ. of the electuarie of roses as much as will suffice to make it thicke.

These pilles be verie good against long agues, and those which be mixt with diuers humours, and ach of the head, stomack, liuer, they purge corrupt choller, melancholy, and flegme, they quicken and refresh the instruments of the of the senses.

## 142 Pilles of rhowbarbe of Doctor

Mesues.

**T**ake of rhowbarbe thre ʒ. of the iuice of licozas, the iuice of wormewood, masticke, aū. one ʒ. of the first kind of myzobolans thre ʒ. ʒ. of the seede of smallage, wild lillies, fennell aū. ʒ. ʒ. little balles of roses which the Pothe- caries call trochisci diarodon thre ʒ. ʒ. of hiera picra ten ʒ. make them with this water of fennell.

These pilles do cure long agues, and those which be en- gendred of diuers grosse humours, and they allwage the paine about the liuer, and chiefly they cure the dropsie. some Pothe- caries vse this in the end of a mixt terciā, ye maye make them stronger with other simples, and as yee shall iudge best for the patient, take this in the morning two ʒ. or one ʒ. ʒ.

## 143 Pilles of the gumme Sarcacolla.

**T**ake of the gumme sarcacolla thre ʒ. of turbit h foure ʒ. of colloquintida one ʒ. ʒ. of ginger one ʒ. ʒ. of salgem one ʒ. dissolve the sarcacolla in rose water, and mingle all together with it, and so make your pilles.

These pilles purge flegme, and helpe all diseases of flegme, howbeit few Physicians do vse them.

## 144 Pilles of Mesues, which the Pothe caries

call fedidæ maiores,

**T**ake of serapiam, ammoniacum, oppoponar, soft bdelli- um, coloquintida, aū. siue ʒ. of spurge, scammony thre ʒ. ʒ. of cinamon, spicknard, safron, the stones of the otter aū. one ʒ. ʒ. of turbit h foure ʒ. ʒ. of ginger one ʒ. ʒ. of euphorbe one ʒ. ʒ. dissolve your gumme in iuice of leekes, & thereof make your pilles.

These pilles purge grosse humours, and be very good a- gainst the ache in the iointes, and the gout in the fete, a- gainst

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the white leproie.

145 Pilles of euphorbe of D.M.

Take of euphorbe, coloquintida, agaric, bdellium, serapium  
aū. two 3. of aloes sine 3. make pilles with the iuice of  
lakes.

These pilles be good to expell, driue out, & to purge flegme,  
and do mollifie, they cure the palsey, and purgeth grosse hu-  
mours which haue course to the iointes, and sinewes, they  
cure isciatica passio which is the ach in the hippes, or huckle  
bone of humours.

146 Pilles of D. Mesues, which the Pothecaries  
call lucis maioris.

Take of roses, violets, woyme wood, coloquintida, turbitly  
rubibes, calamus aromaticus, nutmigs, spicknard, the  
flower of harder time, the seede of balme, the wood of balme,  
siler montan, the seede of rebo, squinantunn, afarabacca, ma-  
stike, of cloues, cinamon, annisseede, fennell, of smallage, ca-  
stiastrula, safiron, of mace aū. two 3. of all the kinds of myzo-  
bolans, of rhubarbe aū. foure 3. of aloes cicatrine as much  
as of them all, of agaric, of sene aū. sine 3. of eyb:ight, sixe 3.  
make them with the iuice of fennell.

These be present remedies against euill sight, they purge  
the instruments of the senses, and superfluous humours,  
they keepe the body strong and in health.

147 Pilles which the Pothecaries call pillæ lu-  
cis minoris.

Take of the wood of balme, the seede of balme, aū. one 3.  
of celidon sine 3. of roses, violets, woyme wood,  
ayb:ight aū. thre 3. of sene, of the flowers of  
harder time, of all the kinds of myzobolans, of agaric,  
of

of colequintida, squinatam, of the Stone licius, of the Stone lazure aū. two ʒ. ʒ. of aloes cyratrine as much as of them all, make them with the iuice of fennell, or celidon.

These do purge melancholy better then doth the other.

Pilles of the stone lazure, of D.  
Mesues.

Take of the stone lazure washed, five ʒ. the flower of barber tunc, of spody aū. eight ʒ. of scammony, of the best salt aū. two ʒ. ʒ. of agarick, eight ʒ. make them with the iuice of endiue.

These be excellent pilles against long diseases of melancholy, and burnt choller.

149

Pilles of the gumme bdellium.

Take of bdellium twelue ʒ. of ammi, three ʒ. of all the kinds of myrrobolans, of amber aū. two ʒ. ʒ. mingle your bdellium with the iuice of lækes, and so make your pilles.

These pilles haue bene proued against running emroids, and the sores of them, and to stop the flowers in women.

150

Pilles of wilde lilies, of Doctor  
Mesues.

Take of wilde lilies, of aloes, of the yealow myrrobolans, which is the first kind of turbith, coloquintida, of soft bdellium, of serapium aū. five ʒ. the stones of the otter, which the Bothecharies call castoreum, of the gumme sarco colla, euphorbe, opoponar, wilde reu, smalage aū. three ʒ. of safron one ʒ. ʒ. mingle these with the iuice of colewozts, and make them in pilles.

Pilles

151 *One* Pilles against arthretica passio, which is the  
gout in the iointes, which be called  
pillulæ arthreticæ.

**T**Ake of wild lettice, turbit, of agaric aū. foure ʒ. of castia  
fistula, of spicknard, of cloues, the wood of balme, the seed  
of balme, ginger, masticke, fennell, anniseed, sarisrage, spe-  
rage, knæholme or butchers hrome, of roses, gromel seede,  
salgem aū. ʒ. ʒ. of aloes cicatrine as much as of them all,  
make them with the iuice of fennel.

These pilles do purge and cure arthretica passio, which  
is a kind of gout in in the ioynts, and in the feete.

152 *Two* Pilles for the stomach.

**T**Ake of aloes sixe ʒ. of masticke, of roses aū. two ʒ. make  
them with the iuice of diuale.

These purge the stomach, and the head.

153 Pilles to be taken before meate, called  
pillulæ ante cibum.

**T**Ake of ligni aloes, cloues, folium indicum, masticke, the  
wood of balme, the seede of balme, castia fistula, mace, nut-  
migs, cinamon, cubebes, safron, siler montan, spicknard,  
two ʒ. of rhubarbe, aloes cicatrine aū. as much as of them  
all, mingle them with swæte wine, and make your pilles.

These pilles cause good digestion, and doo distribute  
meate digested.

154 Pilles of agaric.

**T**Ake of Agaric, masticke, aū. three ʒ. the rootes of lillies,  
hozehound, aū. one ʒ. of turbit sixe ʒ. hiera picra, three  
ʒ. of coloquintida, the gumme sarcocolla aū, two ʒ. of  
myrthe one ʒ. make these pilles with the iuice of hearbs or  
fruites fined either in the sunne, or by the fire: this iuice so  
fined is called of the Pothecharies rob.

These pilles purge the stomach from grosse humours, and

they be verie good against the shortnesse of winde and olde  
roughes.

155

## Pilles of Fumitory.

TAke of the five kindes of myrobolance, aū. five 3. mingle  
them with the iuice of fumitory, then let them stand till  
they be dry, then sprinkle againe the iuice of fumitory, and  
suffer it againe to dry, and so do the third time, then let them  
stand till they be thicke, and so make your pilles thereof.

156

## Common Pilles of Doctor Rhas.

TAke of aloes two 3. of saffron, of mirrhe, aū. one 3. make  
them with swæte wine.

These pilles be much vsed of the apothecaries and phi-  
sitions, if you do take them in sommer, then your aloes must  
bee washed with endiue water, and if they bee taken in the  
plague time, then ye must put vnto them, as much bole aro-  
meniac as of aloes.

157

## Pilles which the Apothecaries call Assairet

Auicena.

TAke of hiera picra one 3. of mastic of yelow mirrobolance  
which is the first kinde of aū. 3. of the best aloes two 3.  
make your pilles with the iuice of scicados.

These pilles be a present remedie against the head ache.

158

## Pilles against the cough, called Pillulæ

Bichez.

TAke of the iuice of licozas, annily, fragrantum, gumme  
arabic, swæte almonds aū. one 3. of good suger three 3.  
and make them with the slimy sappe of the seede of quin-  
ces.

Pilles

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159. **Pilles imperiall, called Pillule imperiales.**

**T**ake cinamond, ammonium, annisæd, mastick, cardamomum, ginger, fennell, mace, nutmegs, cloves, saffron, cubebes, ligni aloes, turbith, manna oz swæte dew, agaric, the coddess of sene, spikenard, of the five kindes of mirrobolance aū. one ℥. of rhubarbe as much as of them all, of aloes as much as of all the other; make them with sirup of roses oz violets.

160. **Pilles of Hiera picra Simple.**

**T**ake of the ponders of hiera picra simple one ℥. make them with the conserve of roses as much as will suffice.

161. **A confection of fruit, called Pomatum.**

**T**ake of the grease of a young kid, one lib. temper it with the water of muske roses the space of foure daies, then take five apples and dresse them and cut them in peeces and larde them with cloves, then boyle them all together in the same water of roses in a glasse oz in a vessell within another, let it boyle on the fire so long untill all be white, then wash them with the same water of muske roses, this done, keepe it in a glasse, and if ye will haue it to smell better, ye must put vnto it a litle ciuet oz muske, oz them both.

These gentlewomen doe vse to make their faces smooth and faire with: it doth heale clifts in the lippes, oz in anie other place.

R. 162. **A confection of yoong Roses, called Rosata Nouella, of Doctor Nicholas.**

**T**ake of roses, suger, licozas, aū. ℥. one ℥. two ℥. of cinamond, ij. ℥. two ℥. ij. gra. of cloves, spikenard, ginger, galanga, nutmegs, setwall, Uozar calamita, cardamomum,

smallage an. one ʒ. gra. eight, make these into powder.

This powder stoppeth vomiting, and casting of the stomach, it fortifieth the body, it quenchem the thirst, it restoreth those which haue bene long sicke, & letteth ouer much sweating.

163. A sirope of the sower iuice of pomcitron.

Take of the sower iuice of pomcitron twelue lib. seth it in a vessell of glasse on the coales with a soft fire, till the third part be consumed, then straine it, and let it stande till it be cleere, then take of that which is cleere twelue lib. then peure vpon it of cleere and fined Zulop siue lib. seth it vntill it be thicke, if it be sommer, then let it stand in the sunne till the water be consumed.

This is a present remedy against all diseases which come of grosse and corrupt humours, it is good against the pestilence, and all poysons, it doth also quench the thirst.

164. A sirope of the iuice of sorrell.

D.M.

Take of the iuice of sorrell clarified three lib. of suger clarified two lib. make of this your sirope.

This sirope is good against cholericke persons, and certaine agues, the burning of the stomach, and the heart, it is a singular remedy against plagues, and agues of corrupt humours.

165. A sirope of the greene vnripe grape.

Make this as ye do the sirope of pomcitron, this cannot be made but onely in sommer, because the iuice that is gotten of the vnripe grape, it is not to bee gotten but at that time.

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## 166 A sirope of Calamintes.

**T**Ake of the garden and of the wilde calamintes aū two  
 ʒ. of louage, yelow carrots, squinauntis aū. fine ʒ. of  
 raisons, of cozans picked lib. ʒ. of honny two lb. make the  
 sirope, and when ye make this sirope ye must take six lib.  
 of water to boile your raisons in, then cast forth the water  
 and take as much againe, and let it seeth till the halfe bee  
 consumed, afterwarde put your honny vnto it and make  
 your sirope.

This sirope is a present remedie against all diseases of  
 Aegme, and chiefly if it be hardened; it doth comfort those  
 which haue their inwarde and principall partes colde, or  
 short windes, or the cough: it doth purge maruellous well  
 the stomacke, the bzeft, the bowels of grosse and corrupt  
 humoꝝ.

## 167 A sirope of mints, of doctor Mesues.

**T**Ake the iuice of quinces, of the iuice of sowber pomgra-  
 nads, cast vpon these the iuice of dyve mints one lib. ʒ.  
 of rose leaues two ʒ. let it stand a day and a night, and then  
 seeth it with a soft fire, with honny and suger, vntill the  
 halfe be consumed: mingle with your sirop the confectiō  
 called gallia muscata, to make it more pleasant.

This sirope is good for a colde stomacke, it stoppeth vo-  
 mitting, and the disposition vnto it: it taketh away the  
 hicup and fluxes of cold.

## 168 A sirope of wormewood, of doctor M.

**T**Ake of the common wormewood, lib. ʒ. of red roses two  
 ʒ. of spicknard three ʒ. of good olde wine and sweete, the  
 iuice of quinces aū. two lib. ʒ. let it stand a daye and a  
 night in a vessell of stone, then seeth it with a soft fire till the  
 halfe be consumed, with two lib. of honny, and so make  
 this sirope.

This is an excellent remedie to fortifie the Stomach, and to cause good appetite, to make strong the bowels, the liuer, and chiesely when it commeth of a cold cause, it helpeth also in hote diseases, if so be it bee tempered with colde things.

**A sirope of fumitory compound,**

Take of all the kindes of myzrobolance, an. twentie 3, of the flowers of bozage or buglosse, of violets, of worm-woode, of dodder, an. one 3. of licozace, of roses an. 3. the flowers of the harder tyme, polipody an. seven 3. of prunes a 6. of raisons, of corans picked, an. one lib. 3. the fruite of wilde date tree called thamarind, of cassiafistula an. two 3. let these boile in ten lib. of water till it come to thre lib. then make your sirope with the iuice of fumitozy, sodden and fined, and with thre lib. of suger, seething them accordingly. In this sirope making, ye must obserue this order in putting in your simples, because some require moze time, some lesse in seething, therefore first of all, put in polipody, then prunes, raisons, licozace, wormewood, dodder, roses, the flowers of bozage, then violets and myzribolance, the flowers of harder tyme, cassiafistula, thamarinde, the which after some phisicians iudgement, they should not boile, because it is verie tender, howbeit, it pleaseth other learned men to put in it at the latter end of the decoction, and suffer it to boile once that it may the better be mixed with the other: and if a man would contend, that soft and tender simples doe diminish in boyling their moisture, then wee must answer, that they diminish not their naturall moisture, but the vnnaturall and accidental, yee must also obserue this order which followeth, if yee wil make your sirope well, when your decoction is made, then clarifie your suger with well water, the which being sodden and clarified, then put vnto it the iuice of fumitozy when it commeth nye to the fashion of a sirope:

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The same decoction must bee sodden by litle and litle till it shall bee well and perfectly sodden, then put in your fruite thamarind, and cassiaflula, and so make an ende of your decoction.

This sirope openeth and taketh away all stoppings both of the stomach and of the liuer, and it comforteth all the members, it cureth all sores about the inwarde partes which cometh of salt and burnt water, as of the scabbe, the lepple, and the french pocks.

170

## A sirope of fumitory simple.

Take of the iuice of fumitory well fined, foure lib. of suger clarified two lib.  $\mathcal{P}$ . and make your sirope.

171

## A sirope of licorace.

Take of licoras two  $\mathcal{L}$ . of maidenhaire one  $\mathcal{L}$ . of dnye hisope  $\mathcal{L}$ .  $\mathcal{P}$ . call vpon this foure lib. of water, and let it stand a day and a night, then seeth it till it bee halfe consumed, this done, put these vnto the decoction, of suger, honny, penidis, aū. eight  $\mathcal{L}$ . of rose water sixe  $\mathcal{L}$ . make of these your sirope.

This is a present remedie against the plurisie, olde coughes, to purge the stomach and the lungs.

172

## A sirope of hisope.

Take of dnye hisope, of the roote of smallage, fennell, licorace aū. ten  $\mathcal{L}$ . of barley the huske taken off  $\mathcal{L}$ .  $\mathcal{P}$ . the seede of mallowes, the gumme fragantum, the kirkels of quinces aū. thre  $\mathcal{L}$ . of maidenhaire sixe  $\mathcal{L}$ . iulibes, scbeffen aū. thirtie in number, railons, of copans picked twelue  $\mathcal{L}$ . dnye figs, dates moist & sappy, aū. in number ten, of white penidis two lib. make a sirope. To this sirope making, take eight lib. of water, & seeth it till it come to thre, then presse it & let it boyle with penidis, vntil it come to the forme of a sirope,

and

and in making of it, ye ought to keepe this order for your simples, first take iunibes, sebeston, raisons, figs, dates, the rootes of smallage, fennel, then barley, the seede of malloes, and of quinces, the gumme fragantum, hisope, and maidenhaire.

This sirope cureth diseases of the stomache, the cough, the plurisie, shortnes of wind, and all griefes of the bodie, and here ye must note, that when soeuer ye reade take this hearbe or that dnye, it ought to bee vnderstand of those hearbes which be but superficiall or litle dnye.

173

## A sirope of horehound.

Take of young and greene horehound two 3. hisop, dnye maidenhaire, aū. sixe 3. licoriz one 3. of calamint, annisseede, the roote of smallage, the roote of fennell aū. five 3. the seede of malloes, fenigreke, flowerdeluce, aū. three 3. of linsede, seede or kirkels of quinces aū. two 3. of raisons, of cozans picked five 3. of dnye figs in number fiftene, of penidis two lib. of good honny two lib. make of this your sirope: ye must take to the making of this sirope ten lib. of water which shall boile till the halfe be consumed, because the honny and penidis require much seething.

This sirope doth cure olde coughes, long diseases of the brest and lunges, shortnes of winde, and chiefly in olde men if it come of flegmatike humoys, grosse, coyrup and hard to be dissolued.

174 A sirope of the flowers of harder Tyme.

Take of the flowers of harder tyme of the garden, twentie 3. of the two first kindes of myrobolance aū. fiftene 3. of dodder, of sumitorie aū. ten 3. of tyme, buglosse, calamint, of the fourth and fift kinde of myrobolance, of licorace, polipodi, agaric, of sticados, aū. sixe 3. of roses, fennell, of annisseede aū. two 3. p. raisons, of cozans foure 3. thamarind. two 3. p. of sugar foure lib. of roses two lib. And here

here ye must note, that when ye reade rob alone, that then it is taken for new wine boiled vnto the third part, of this make your sirope, and to the making of this, you must take ten lib. of water which must be sodden to thre lib. and this order ye must keepe as concerning your putting in of your simples: first take polipodi agaric, raisons, and licozace, fen- nell, anniseed, Cicados, sumitoy, roses, dodder, buglosse, of myzrobalance without the stones, the flowers of harder tyme, dissolue your thamarinde in one part of the decoct- ion, and let your suger boile with rob, and when your decoc- tion shall be as thicke as honny, yet seeth it a litle more, and in the end put in your thamarind, and let them boile once or twice, till they come to the thicknes of a sirope.

This is a proued medicine against the french pockes, cankers, falling of the haire, great wounds & deepe, lepries, and all diseases of melancholie, and against adust & burnt chollier: this doth purge marvellous well, if a man take ther- of a good quantitie: soz commonly wee ought to take from

175 **A sirope of Egrimony.**

**T**ake of the rootes of smalage, fennell, endiue, aū. two 3. of licozas, squinantum, dodder, wormewood, roses, aū. lixe 3. maidenhaire, bedegre, of the flowers of buglosse, or the roote, of anniseede, egrimony aū. siue 3. of rhubarbe, mastie, aū. thre 3. of spicknarde, asarabacca, folium indi- cum, seeth them in eight lib. of water, vnto the third part be consumed, and make a sirope with foure lib. of suger, and with a sufficient quantitie of smalage and endiue.

This sirope is good in long agues, and chiefly for to fortifie the weakenes of the liuer and the stomacke, it crieth the droopie and the euil liking of the bodie, of olde sozes almost incurable, it deliuereth the stomacke of winde and coldnesse, it aswageth the paine of the midrife, and the swelling thereof.

A sirope

176

A sirope of sticados.

**T**ake of the flowers thirtie ʒ. tyme, calamint, organie, aū. ten ʒ. of anniseede, pellitorie of spaine, aū. seuen ʒ. long pepper thre ʒ. ginger, two ʒ. raisons, of cozans foure ʒ. of suger five lib. put also vnto them these pouders following, cinamon, calamus aromaticus, saffron, ginger, blacke pepper, long pepper, aū. one ʒ. ʒ. bind them in a thinne cloth, and hang them in the sirope.

*vains* **T**his hath bene proued against all colde diseases of the sinowes, as y pallsie, falling euil, crampe, shaking, wrything of the necke on the one side, rheumes from the heade to the brest, it doth also comfort the stomacke.

177

A sirope of violets.

**T**ake of the infusion of violets five lib. of suger clarified foure lib. mingle them together, and seeth them with a soft fire, and so keepe them.

**T**his is a present remedie against hote agues, a hote liuer or hart, the plurisie, the drye cough, the roughnes of the winde pipe, and of the throat.

178

A sirope of poppie.

**T**ake of the heads of white and black popple aū. thre scoze ʒ. seeth them in foure lib. of raine water vntill it come to a pound and halfe, and with foure ʒ. of white suger and penidis.

**T**his sirope causeth a man to sleepe, and quenche thurst, it stoppeth rheumes comming to the brest, and doth mitigate the paine: this is not so cold as the compound.

179

A compound sirope of Poppie.

**T**ake of white poppie and blacke aū. fiftie ʒ. of maidenhaire,

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182

**T**ake o

haire fiftene ℥. of licozas five ℥. of iuiubes in number thirtie, of the seede of lettice fortye ℥. of the seede of malloes, the kirkels of quinces, aū. sixe ℥. seeth them in foure lib. of water, vntil the halfe be consumed, then make your sirope with eight ℥. of suger and penidis.

This compound sirope hath the same vertue which the simple hath, but it causeth greater colde, and alwayeth paine better. Doctoz Helues doth iudge it to bee good against a dyze cough, and a consumption.

180 A compound sirope of myrts.

Take of myrts twentie, of saunders white and red de, manna or sweet dew, flowers of wilde pomgranads, barberies, aū. fiftene ℥. of medlars, fiftie ℥. of well water eight lib. boile them all vntill they be halfe consumed, then straine them, and put into the straining, the iuice of pomgranads, the iuice of quinces aū. sixe ℥. of suger clarified thze lib. mingle these, and make them seeth vntil they come to the fashion of a sirope.

181 A simple sirope of myrts.

Take of the iuice of myrts twelue lib. seeth it in a vessell of glasse with a soft fire vntill the third part be consumed, then straine it, and let it stand vntil it be clarified, then take eight lib. of that which is clarified and put vnto it five lib. of honny, and seeth it till it come to the thicknes of a sirope, if it be in sommer, set it in the sunne vntil the water be consumed.

This fortifieth the stomach and all the inwarde parts, it cureth an olde cough.

182 A sirope simple of vineger called  
Acetosus simplex. D. N.

Take of good white suger five partes, and put it in a  
vessel

vesel of stone, then cast vpon it foure lib. of swete cleare well water, and then seeth it with coales, or els with a soft fire without smoake, allwaies scumming it, and seeth till it shall be cleare, and the water halfe consumed, then put vnto it of vineger, of white wine not very strong two partes, of berie strong vineger foure partes, of new and fresh vineger thre partes, seeth it vntill it be though.

This is a present remedie against all hote diseases, colde, subtil, or grosse matter.

183 A compound sirope of vineger and roots called acetosus compositus.

Take of well water ten lib. put vnto it the rootes of fenell, of smalage, endiue, an. thre 3. of anniseede, fenel seede, smalage seede, an. eight 3. the seede of endiue, ʒ. 3. seeth them with a soft fire vntill they shall come to foue lib. and then put vnto them thre lib. of suger. let it be clarified as befoze, and mingle with it a sufficient quantitie of good vineger according to the forme of the sirope befoze.

This sirope purgeth grosse choller and flegme, it scoureth and openeth opilacions and obstructions which bee about the liuer, the spleene, and the raines.

184

A sirope simple of endiue.

Take of the iuice of endiue fined eight lib. of suger clarified foue lib. ʒ. make your sirope, seething all things as in the sirope befoze, howbeit, first you must clarify your honny, and when it is clarified, put in your iuice.

This is a principall medicine to aswage the heate of the liuer, the hart and the other chiefe partes, and to cure the frensy.

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185

A compound sirope of  
endiue.

**T**Ake of the iuice of endiue, the iuice of liuer woort, aū. three lib. these iuices must be clarified, the take of roses, violets, lentils, tentewoort aū. ꝑ. ʒ. of maidenhaire, barley the huske taken of, the foure greater cole seedes, aū. on ʒ. of suger as much as will suffice, and make your sirope, and powder it with white and red saunders, barberies, the seede of quinses, of ligni aloes, cinamon, the rind of pomcitron aū. one ʒ.

This allwageth the great heat of the liuer, and of the heart, and of the other principall partes, it is very good for all hot complexiones, it loseth, openeth all opilations, and obstructions, it doth comfort weake members, which bee troubled with heate, it doth also digest cholles and sharpe matter.

186

## A sirope of cichorie.

**T**Ake of endiue both of the garden, and the wilde, of both cichories, aū. j. m. of gourds, liuer woort, white endiue, lettyce, fumitoy, lupines, aū. one m. barley not husked, and of alcakengy aū. foure ʒ. of licozas, maidenhaire, ceteracke, tentewoort, dodder aū. five ʒ. the rootes of fennell, and smalage, sperage, aū. two ʒ. boile them in a sufficient quantity of water, and straine them, and make your sirope with good suger, and so for euery pound of your sirope take three ʒ. of rhowbarbe, and foure ʒ. of spicknard, bound in a thinne peece, which shall be often times pressed till your sirope bee well sodden: the quantity that a man shall take one time is three ʒ. with the water wherin the foure common cole seedes were sodden in.

78

## Prepositas

187

A sirup of Quinces.

Take of the iuice of tart quinces fined and clarified tenne parts, of suger two parts, and make a sirup thereof.

This stoppeth vomiting, and quencheth the thirst, and it doth comfozt the stomake.

188

A sirup of Nenufar.

Take two lib. of the floures of nenufar, and seethe them once, then presse them, and put vnto the iuice pressed two lib. of suger, and seethe it till it come to the forme of a sirup.

189

A sirup of Barberries.

Take of the iuice of barberries fined, foure lib. of suger clarified, thre lib. and thereof make a sirup.

190

A sirup of tart Pomgranades.

Take of the iuice of tart pomgranades, two lib. .f. of suger clarified, foure lib. make the sirup as before.

This sirup is good against hotte agues of choller and flegme.

191

A sirup of Bizans.

Take of the iuice of endine, the iuice of smallage, aū. two lib. of hoppes, bozage or buglos, garden or wild, aū. .f. lib. boyle them once, and then straine them and fine them, this done, take foure lib. of the iuice clarified, of fine suger two lib. .f. so seethe it with a soft fire vntill it be as thicke as a sirup.

This sirup is very good against agues which come of obstructions, and of choller, flegme, and the yelow iauundize.

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192

A sirup of the infusion of yoong  
Roses.

Take of the infusion of yoong roses five lib. of suger foure lib. mingle them, and make a sirup.

This is good to quench the thirst in burning agues, and to allwage heate, it dooth comfort the stomake, the heart, the the liuer being troubled with heate, it p̄serueth the bodie from all coꝝruption, and from the plague, it resisteth poyson.

193

## A sirup of dry Roses.

Take of the infusion of dry roses & suger aū. two lib. mingle them and make a sirup accordingly.

This dooth maruellous well comfort the stomake, and also it bindeth.

194

## A sirup of the iuice of Roses.

Take of the iuice of roses fined, one lib. ꝑ. of suger clarified, one lib. ꝑ. and make your sirup accordingly.

195

## A sirup of the fruit Iuiubes.

Take of iuiubes in nomber thꝛēscore, of violets, the seede of mallowes, aū. five 3. of maydenhaire one 3. the sead oz kirnels of quinces, the seede of white poppy, the seede of melons, the seede of lettise, the gumme tragantum aū. thꝛē 3. of licozas, of barley hulked, aū. eight 3. see the them in foure lib. of well water oz els raine water, vntill the halfe bee consumed, then straine it, and put vnto the iuice strained, thꝛē lib. of suger clarified, and so make your sirup. see theing it accordingly.

This is verie good against hoꝝsenesse of the voice, the cough, the plurisie, and exulcerations of the bladder.

## A compound sirope of maidenhaire

**T**ake of maidenhaire two m. of tentwoort, ceteracke aū. one m. of iulubes, licozas aū. two ℥. make a decoction, putting vnto it thre lib. of suger, and make your sirope accordingly thereunto, but many learned men do vse this soyme following in making this sirope: they take of maidenhaire foure lib. of iulubes thre lib. of licozas thre ℥. of suger sixe lib. this sirope is iudged to be the better.

This purgeth grosse humours, it loseth, openeth obstructions, it scowzeth the reynes, and clenseth the brest of grosse humours.

## A simple sirope of maidenhaire.

**T**ake of the decoction of young maidenhaire thre lib. of suger two lib. and make your sirope thereof.

Another sirope of maidenhaire of  
D.M.

**T**ake of licozas scraped two ℥. of maidenhaire sixe ℥. cast vpon them foure lib. of well water, and let it stand a day and a night, then boyle them vnto the halfe, and straine them and put vnto the decoction eight ℥. of suger clarified, penidis, and maidenhaire, then seth it till it come to the soyme of a sirope.

## A sirope of mugwoort.

**T**ake of mugwoort two m. of calamint, folium indicum, saucry

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sauey, of organy, time, quickbeame, Cicados, aū. one m. camomile, melilot, margerain, roses, aū. one 3. of litle fishes called vnguis odoratus, calamus aromaticus aū. three 3. of spikenard one 3. germander, motherwoort, ielofloures, southernwood aū. ꝑ. m. gladian, hozehound; the leaues of the greater madder, siler montan, aū. one 3. asarabacca, squintantum, anniseeda aū. siue 3. fennell, anny, smallage aū. siue 3. boyle them in a sufficient quantitie of water according to the art; then put vnto them as much hony as will be sufficient, and make your sirope.

This is a present remedie to prouoke the flowers in women, which are stopped.

198

## A sirope of Lemmons.

Take of lemmons the iuice, one lib. ꝑ. of suger clarified, three lib. and make your sirope accordingly. This is very good to consume grosse and corrupt humours, or wormes, it allwageth heate in agues, it purgeth raw humours.

199

## A sirope of Ceterac.

Take of ceterac, harts tong, of endiue, liuerwoort, wormewood, of cichozy aū. ꝑ. m. of dodder, linsced, one 3. the foure common great sedes, the floures of bozage, buglosse or langdebeese aū. one m. maydenhaire, rootes of fennell, parcely, kneeholme, or bochers-brome, aū. ꝑ. m. make your sirope accordingly; and cast on these pouders, folium indicum, spikenard, the gumme lacca, casia fistula, aū. two 3. binde these in a thin cloth; and boyle them in the sirope; and then reserue them.

This doth comfort the liuer; it scoureth the raines, and it deliuereth the splene from obstructions.

A

200

A sirope of Buglos.

Take of the infusion of the floures of buglos, oz laugde, beefe thzee lib. of suger two lib. make it accozdingly. An other way to make this sirope, take of the iuice of buglos fined, foure lib. of suger thzee lib. make your sirope accozdingly.

This sirope doth comfozt the stomake, it makes a man merry, it is also ministred against sounings oz fainting of the heart.

T. 201 A Muske ball which the Pothecaries call,  
Sapo Muscatus.

Take sope of venis foure lib. and cut it in small peeces with a knife, then put vnto it the powder of cloues, white sanders aū. two ℥. made in fine powder, of benswaine one ℥. of muske twentie gra. temper them with rose water, some Apothecaries put vnto them a litle quantitie of the oyle of spikenard, mingle all together and make your ball.

202. A confection which the Pothecaries call  
Theriaca Galeni.

Take of the litle balles which be made with squilla, which they call, thzochisti scilliticum two ℥. two ℥. long pepper two ℥. five oz sixe gra. litle balles of triacle which the Pothecaries call trochisti theriaci, litle balles of corall, aū. one ℥. one ℥. of the wood of balme two ℥. seven gra. the iuice of blacke poppie, agaric, seed of wilde rapes, cinamond, the iuice of balme, aū. one ℥. fourtee ne gra. of rhobarbe, saffron, spike nard, colfe, of squinantum, ginger, casta fistula, Rozar calamita, mirrhe, turpentine washed, the whiter frankensence, calamint dittan, Ricados, wilde time, the roote of cincoly, parfely, white pepper aū. one ℥. seven gra. folium indicum,  
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gummi arabick, copozas, serapium, terra lemnia, hipoqui-  
tis, spikenard, gladian, germander, of gencian, wilde fenn-  
nell, the seede of balmie, smallage, amomum, fennell, wilde  
carrowaies, siler montan, cresses, anniseede, saint Jones  
woort, pisa spalton which is a compound thing of pitch and  
lues lime, the stones of the otter which the Apothecaries call  
castoreum, oppoponax. Lues lime or pitch, galban, the lesse  
centuary aū. one ℥. of the best hony as much as will suf-  
fice.

This is iudged to be the chiefe and principall of all me-  
dicines, because it byingeth quietnesse, & doth cure the grea-  
test diseases and griefes in any part of the bodie, as the fal-  
ling sicknes, insensibilitie, which is a disease when a man  
can neither moue, seele, nor vnderstand, it helpeth conuulsi-  
ons, the head-ache, the grieue of the stomake, the migrain,  
hoisenesse of the voice, and straightnesse of the brest, & short-  
nes of winde, and diseases in the wind pipe, spitting of blood,  
the yelow iaundes, dysopsie, diseases of the liuer, ilaca passio,  
wounds, or exulcerations in the bowels, franzies, the stone,  
it prouoketh the flowes stopped in women, and deliuereth  
a woman of a dead childe, it cureth leprie, meafels, and all  
old diseases, it is a present remedie against cold, and all poi-  
sons, and the stinging of venomous beasts: and here ye must  
note and vnderstand, that the quantitie ought to be chaun-  
ged in the ministring of it, according to the quantity or qua-  
litie of enery disease, and this doth refresh and comfort the  
sences, the heart, braine, liuer and stomake, and it doth keepe  
all the bodie safe, strong, pure, from all diseases and corrup-  
tion.

203

## A confection called Trifera Magna.

**T**ake of the iuice of blacke poppie two ℥. of cinamond,  
cloues, galanga, spikenard, setwall, ginger, colts, sto-  
rar calamite, calamus aromaticus, cipres, spikenard, roses,  
pepper, anniseede, smallage, fennell, parsley, yelow carrots,  
henbane, of comin, basell, of hony as much as will suffice.

℞ 2

This

This is a present medicine against all inward diseases of a woman, and against the paine of the stomake taken with the decoction of the seedes of fennell, annised, mastick, it cureth all diseases of the matrice of cold taken with wine wherein mugwort was sodden in; also if you make a round pece of silke or woll to sew after the fashion of a finger, anointed with oyle of a weasell, or such other oyle, and put it into the matrice, it will moue the flowers of women which do not conceaue, and it is also a singular remedie for children which speake in their sleepe, or cannot sleepe, if it be taken with wine wherein mandragore, or elderne hath bene sodden in: it will also helpe them if it bee taken with womans milke, according to the quantitie of the litle graine cicer.

204. A confection of three Sanders, called Triandali. Take of white, redde, and yelow sanders, of suger aū. three 3. some Apothecaries do take sitwort for suger, which is thought to be better; Galen doth make this composition after this sort: He taketh of rhubarbe, of spody, the iuice of licozas, the seede of purslan, aū. one 3. of amilly, gumme arabic, fragantum; of the foure great common seedes, the seed of white endiue aū. one 3. of camphire one 3. some Apothecaries put vnto this foure thins as many of roses as of all the other, of the sirope of roses as much as will suffice.

This doth cure the paine of the liuer and the stomake, and those which bee in a consumption, or haue the yelow faundes.

205. Trochistes or litle balles of Roses.

Take of roses, ligni aloes two 3. of masticke one 3. the common wormewood, cinamohd, spikehard, casia fistula, the floures of squinantum aū. one 3. make your balles with old wine, and with the decoction of the common rootes, as smallage, parcelly, and bozage.

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These balles be verie good against olde agues, and those which come of diuers causes, against quotidian, and all agues by the which the beautie and forme is corrupt.

206

Litle balles of Violets.

Take of the young flowers of white violets, five ℥. of amygdly four ℥. the seede of white poppie two ℥. one ℔. of rhu-barbe five ℔. the seede of plantan one ℥. of balne one ℔. of rose water as much as will suffice, and make it after the forme of the balles afoze; and this is not vsed but when it is mingled with other compositions.

207 Trochistes or litle balles of Squilla. D.N.

Take one squilla whole, and bake it in paste well leuened, when it is baked, take it forth of the paste and cast away the outwarde rinde, and beate the substance of squilla in a mortar, and put vnto it as much of the fine flower of ozobus, and temper it with wine or honny, and if ye haue not ozobus at hand, then take as much bread well baken and finely broken, and make your balles, and dize them in the sunne; the Apothecaries doe make in this confection, one part of squilla, and two partes of barley flower.

208 Litle balles called theriaci, of D. N.

Take a young adder of the length of a spanne, with red eyes, a shaking tongue, hornes like the grame of wheat, cut away the head and the taile of either thre fingers, and the middelt to be dyelled, the skinne taken off, and the garbage cast away, then wash it oft in swete wine, and seeth it so long till the flesh fall from the backe bone, then beate the flesh well in a mortar, cast away the backe bone, then temper the flesh with the owne iuice, and put vnto it as much of the flower of ozobus or of baked breade, and make litle balles of the waight of one ℥. f. & dize them in y shadow.

These bee not bled but when they bee taken with o-  
ther great simples or compositions, except it be in curing  
of the lepzie.

209

Little balles of corall, of D. N.

**T**Ake of red corall, cinamon, of myzre, amomum, pop-  
pie aū. foure ʒ. of squinantum, saffron, aū. two ʒ. of  
calamus aromaticus, the wood of balme, castastula,  
folium indicum, mastick, wilde tyme, valerian, asarabac-  
ca, hearbe robart aū. one ʒ. this being first made in poudre,  
then soʒ to make your litle balles with wine.

This is a present remedie to staunch blood and to  
stoppe the bloudie sure, it doth also soʒtifie the stomach, and  
cauleth good digestion,

210

Trochistes of camphure.

**T**Ake of the leaues of roses foure ʒ. of spody two ʒ. of ye-  
low saunders two ʒ. ʒ. of saffron one ʒ. of licozace two  
ʒ. of the foure greater colde seedes, spicknard, aū. one ʒ. of  
ligni aloes, cardamomum, ammili, camphure, aū. two ʒ.  
of fine suger, manna or swæte dew aū. three ʒ. make your  
balles with the sappie part of flywozt and rose water.

This is verie good in hote agues, and to quench the  
thirst, and soʒ burning of red choller or blacke: it awageth  
the heate of the stomach and liuer, all the inward partes, it  
cureth the yelow iaundis and those which be in a consump-  
tion.

211

Litle balles of Alchakengi. D. M.

**T**Ake of the beries of alchakengi three ʒ. of ʒ foure grea-  
ter colde seedes aū. three ʒ. ʒ of bolearmonick, gumme  
arabick, white franckinsence, dragons blood, white poppie,  
bitter almonds, the iuice of licozacc, fragantum, ammily, the  
stones of the pineapples aū. sixe ʒ. the seede of smallage, am-  
bze, henbane, the iuice of blacke poppie aū, two ʒ. make  
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your balles with the sappie iuice which was pressed forth of the berries or graines of alchakengi.

This is a present medicine against exulcerations in the raines and bladder, and of the paine in pissing.

212 Litle balles of myrre of D. Rasis.

**T**Ake of myrre three ʒ. of lupins sine ʒ. the leaues of rue, of wilde mint, pennyryall, commin, madder, pellitorie of spaine, of serapium, opoponax añ. two ʒ. make your balles of the waight of two drams, of the which let the patient take one ʒ. in the day time with y water where in the seedes of iuniper were sodden.

This is so strong a medicine to purge flowers in women, that it will cause the childe to discend if they vse it often: also the flowers be moued verie well in boring of the crooking of the hamme, or in cutting the vaine which hath course by the ancle, ye may also vse boring about y thighes.

213 Trochists or litle balles of muske. D. M.

**T**Ake of the woode of aloes sine ʒ. of ambze two ʒ. of muske one ʒ. the gumme fragantum, with rose water as much as will suffice to temper them together, and so make your balles.

These doe comfort the stomach, the hart, the liuer, and be vled with great medicines.

214 Trochists of Rheubarbe. D. M.

**T**Ake of rheubarbe ten ʒ. the iuice of egrimony foure ʒ. of roses three ʒ. of spicknard, anniseede, madder, smalage seede, wormelwood, asarabacca, añ. one ʒ. bitter almonds foure ʒ. make your balles of the waight of one ʒ. ʒ.

This doth aswage the paine of the liuer, and deliuereth it from obstructions, it doth cure inwarde impostumes, olde griefes, the dzoopsie, yelow iaundis, and restozeth againe

Prepositas

aine good colour; the drinke of them is a present reme-  
die for those which be of euell liking or in a consumption:  
many phisitians doe vse them in hote agues, and when the  
body beginneth to fall in a consumption.

215

Trochists of Spodie.

Take of red roses twelue ʒ. of spody ten ʒ. the seede of soz-  
rell sixe ʒ. the seede of purselane, the seede of coziander  
infused in vineger, and afterwarde dzyed, the rinde of fran-  
kicense tree aū. two ʒ. ꝑ. of amply made in pouder; the  
flowers of wilde pomgranads, barberies, aū. two ʒ. gumme  
arabick made in pouder one ʒ. ꝑ. make these with the iuice  
of vnripe grapes.

These balles taken with the iuice or seedes of sozrell,  
be very good against agues of choller which haue a conti-  
nuall flure, they alwage the burning stomach; and the li-  
uer, and quench the thirst.

216

Litle balles of wormewoode. D. M.

Take of roses, wormewood, annisseede, aū. two ʒ. of rhu-  
barbe, the iuice of egrimonie, of asarabacca, smattage,  
bitter almonds, spicknarde, mastic, solium indicum aū. one  
ʒ. make your balles with the iuice of endiue.

These bee good in long agues; and deliuer the liuer  
and the stomach from obstructions and hardnes, and doe  
comfozt the same, they take alway paine in the principall  
partes, and doe cause good appetite; if they bee dronken in  
long agues, then they doe prout verie much.

217

Trochists of egrimonie.

Take of manna or swæte dew, the iuice of egrimonie aū.  
one ʒ. of roses ʒ. ꝑ. of spicknard thre ʒ. of rhu-  
barbe, asarabacca, annisseede, aū. two ʒ. of spody thre ʒ. ꝑ. make  
your balles with the iuice of egrimonie.

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These be necessarie against long agues, and the cold  
and shaking of them, and against obstructions, the yelowe  
iaundes, and the dropsie if they be taken at the beginning.

### 218 Little balles of terra sigillata.

Take of dragons blood, of gumme arabick made in pou-  
der, ciuet, rose leaues, seede of roses, ammyly made in  
pouder, spody, acatia, of hipoquistes, the stone which doth  
staunch blood, the flowers of wilde pomgranads, bolear-  
monicke, terra sigillata, hempsede, cozall, perls, ambze, aū.  
two ʒ. fragantum, blacke poppie, aū. one ʒ. ʒ. the seede  
of purseline made in pouder, franckinsence, the hozne of  
the redde deare made in pouder, oke apples, saffron, aū.  
two ʒ. and make your balles with the iuice of plain-  
taine.

These be excellent balles to staunch spitting of blood,  
and chiefly if they be taken with the water of plantane: if  
the forehead be therewith annointed, it stoppeth blæding  
at the nose, if the matrice be annointed therewith it stoppeth  
the flowers, and also for any flure.

### 219 Trochists of ambre, of doctor Mesues.

Take of ambze, auer sire, of the hozne of the redde deare  
made in pouder, gumme arabick, cozall made in pou-  
der, fragantum, acatia, hipoquistes, the flowers of the  
wilde pomgranads, of mastick, the gumme of lade washed,  
blacke poppie made in pouder, aū. auer two, franckinsence,  
saffron, opium, aū. auer one ʒ. make these with the slimie  
sappe of stie wort.

This doth staunch blood, from what place soeuer it  
commeth.

220

### Tela gualteri.

Take of the common oyle or sallet oyle one lib. of ceruse  
four

foure ʒ. of litharge two ʒ. myrre ʒ. ʒ. make of these like cerota which be made of ware.

This doth heale and dry vp olde sores.

V. 221 An ointment called Apostolicum.

Take turpentine, white ware, of rosin aū. fourtēne ʒ. opoponax, the powder of bzasse aū. ʒ. ammoniacum, fouretēne ʒ. aristolochia longa, white frankinsence aū. ʒ. ʒ. of myrre, galbanum, aū. foure ʒ. bdellium, ʒ. ʒ. of litharge nyne ʒ. infuse your bdellium in good vineger, and so dissolue it, and in sommer seeth it with two lib. of oyle, and in winter with thre.

This doth cure olde fistules easily, swellings and hard kirkels, it eateth away dead flesh, and it cleanseth also wounds.

222 An ointment of roses called Rosatum.

Take of young swines grease as much a you thinke best, and wash it in hote water nyne times, and as often in colde water, then stampe with it as greate a quantitie of young roses, and let them stande the space of seven dayes, then seeth them with a soft fire and straine them, then take againe as many roses and stampe them with the grease, and so let them stand the space of seven dayes, then cast vpon them one part of the iuice of roses, of oyle of almonds sixe partes, seeth them altogether with a soft fire vntill the iuice be consumed, if ye will put vnto the rose water a litle quantitie of opium, then it will proue a verie excellent medicine.

223 A singular good ointment called Basilicum magnum.

Take of white ware, rosen, tallow of a cow, dry pitch, fat of the bellies of great fishes, fine franckinsence, myrre, aū.

aū. ſire ʒ. of pitch liquid oꝝ moiſt thꝛee ʒ. and of all the other  
aū. one ʒ. ꝑ.

This is a preſent ointment againſt wounds inflamed,  
and woundes in the ſinowes, it doth purge them and doth  
bring fleſh againe. The learned ſozte of ſurgeans thinke  
this ointment not fit to be laid vnto hote ſozes noꝝ woundes  
becauſe it is of his nature hote, and ſo it ſhall cauſe greater  
inflamations, wherefoꝛe vſe it rather in woundes without  
all inflamations of heate.

224 An other excellent ointment called Baſi-  
licum minus, of D. M.

Take yelow ware ſire ʒ. good oyle two lib. ꝑ. turpentine  
two ʒ. roſen, dry pitch, aū. one ʒ. ꝑ. fine franckinſence,  
maſtick, aū. one ʒ. ſaffron one ʒ. make your ointment.

This hath bene pꝛoued to heale bzotes and ſtrokes.

225 A verie good ointment called Aureum.

Take of roſen, pitch, ware, oyle as much as will ſuffiſe,  
and make your ointment therewith accordingly.

226 An ointment that is called Populeon.

Take the buds of the populer tree one lib. ꝑ. blacke pop-  
pie, leaues of mandragora, the buds of the bzamble, of  
henbane, diuale, the leſſe houſeleeke oꝝ ſtoncrop, let-  
tis, houſeleeke, burre, violets, maidenhaire aū. thꝛee ʒ. of  
young ſwines greaſe not ſalted two lib. dry all your hearbs  
and boile them with your greaſe, and make your ointment.

This is good to anoint the temples, the pulſes, and  
palmes of the hands, & the ſoales of the feete in hote agues.

227 An ointment called Marciaton of D. N.

Take of white ware two lib. of oyle eight lib. of roſemary  
leaues, of lawzel aū. eight ʒ. of rue ſeuē ʒ. of quickberne  
ſeuē

seuen ℥. of sauin, of water mynt, sage, bassel, wilde tyme, calamint, mugwort, enulacampana, gelliflowers, bzanchur, sin, gosse grease, paritary, pimpernell, egrimonie, woyme-wood, pzinrose, curage, young buds of elder, oypin, mellifoly, houselike, germander, centuarie, strawberie leaues, cinckfoly, hearbe india aū. foure ℥. the roote of holyhooke, cummin, myrtle, aū. three ℥. of sennigrecke, one ℥. ꝑ. of fresh butter one ℥. two ℥. of nettles, violets, red poppie of the cozne, of balsamum, the third kinde of myrts, and of maidenhaire, wollthistle oz carduus benedictus, woodbinde, valerian, hearbe robart, sozrell of bosse, harts tongue, oreye, camphure, sozaxe, deare suet, aū. ꝑ. ℥. the fatte of a beare, oz henne, mastick aū, one ℥. of franckinsence ꝑ. ℥. oyle of spicknard two ℥. let all youre hearbes be gotten in Maye, within two dayes space if ye can gete them, and from thre of the clocke in the mozning vnto twelue kampe all your hearbes together, and infuse them in sweete wine seuen dayes, on the eight day seeth them with a soft fire, and when your wine doth beginne to consume, then put in your oyle and boile them altogether vntill your hearbes beginne to consume, then straine them, and cast away the hearbes and set the iuice strained on the fire againe, and when it boyleth, put in sozax, and soone after the butter and the grease, oyle of spicknarde, masticke, franckinsence, ware, when the ware is all melted, then take it from the fire, stirring it alwayes in boyling till it shall be thicke, and then reserue it.

This is a singular oyntment for the headach of colde, the grieue of the brest, stomach, and against hardnesse of the spleene and the liuer, it cureth iliaca passio, which is ache oz the goute in the hippes, the frensie, goute in the fæte, swellings, and to be shoyt, all aches of colde.

228 . An ointment called of D. N. Aragon.

Take rosemarie, margeram, & the rootes of wake robin, wilde

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aū. two ℥.



Wilde time, rue, the roote of wilde cucumbers, aū. thre ʒ. ꝑ. the leaues of the bay tree, sage, sauin, aū. thre ʒ. of hore-mint, of lawrel, nine ʒ. of byronia thre ʒ. of neppe, the leaues of wilde cucumbers aū. ꝑ. lib. of mastix, of frankensence aū. seuen ʒ. of pellitoz of spaine, and euphoꝛbe, ginger, pepper, aū. one ʒ. the oyle of a weasell ʒ. ꝑ. oyle which naturally runneth out of a stone, one ʒ. of the grease of a beare, the oyle of the bay tree, aū. thre ʒ. of butter foure ʒ. the common oyle oꝛ sallet oyle, fīue lib. of waxe one lib. thre ʒ. gather your hearbes in June, and use all other things as in the o-ther ointment befoze, stampe them well and laie them in a moꝛter of stone in oyle, the space of seuen daies, on the right day set it on the fire vntill the hearbes go downe to the bot- tom, then straine them, and set the iuice strained on the fire againe, and when it beginneth to boyle, put in your oyle of the bay tree, the butter, the grease of the beare, and wax, and when it is melted, then put in mastick, frankensence, and at last your ginger, pepper, pellitoꝛy of spaine, euphoꝛbe, when they be well sodden, then take all from the fire and reserue them.

This cureth aches of cold, if it be anointed after this fa- shion, take a shell of an egge, and warme the ointment in it at the fire, & annoint the places: when the places be annoint- ed, laie also to the place the shell wherin the ointment was warmed, and it healeth the crampe and conuulsions, and when a man is so stiffe foꝛ colde that hee cannot mooue his necke, it is good against arthritica passio which is a gout in the ioynts, and against the ache in the hippe, and against a quartaine, if so be the backe bone be therewith annointed be- foze the fit come.

229 An ointment of Holihocke, of D. N.

**T**ake of the rootes of holihocke, two lib. of linseede, seni- greeke, aū. one lib. of squilla, ꝑ. lib. of the oyle foure lib. of waxe one lib. of turpentine, the gumme of iuy, galban, aū. two ʒ. of oꝛy pitch oꝛ colophony, of rosen aū. ꝑ. lib. wash  
 your

your rootes well, and beate your fenigræke and squilla all together, then put them all into seuen lib. of water, the space of thre daies, on the fourth day boile them till they be thicke, then put them softly into a bagge and straine them, putting vnto them a litle faire hotte water, to cause the slimy iuice to straine the better; after this, take two lib. of that iuice and boile it with oyle vntill the iuice be consumed, then put in the ware, and when that is melted, put in turpentine & galbanum, the gumme of the iuy tree, the last, powder of rosin and dry pitch, and when it is thicke, then take it from the fire, and make your ointment.

This dooth allwaie paine of the stomake of cold, the pluresie; if ye annoint therewith the place, it dooth also purge heate, it mollifieth and causeth moistnes.

230

An ointment of Agrippe.

Take of byriony two lib. the roote of wilde cucumber, the roote of squilla fixe 3. of flower deluce, foure 3. the roote of serne two 3. the roote of wallwort, the roote of sethistle aū. two 3. wash your rootes twice or thise, then beate them in a moztar of marble stone, then put vnto them foure lib. of the oyle of massicke; or the common oyle, the space of two daies, howbeit if they lie fixe or fixe daies they will bee the better, because they encrease their heate, sauour & strength, boyle them on the third day vntill the rootes shall become soft, then straine them, and when they be strained, set them on the fire againe, and when it beginneth to boyle, take fifteene 3. of white ware, and when the ware is melted take it from the fire, and make your ointment when it is cold.

This is a present remedie against the dropsie, and all swelling, in what part soeuer it bee, it allwageth paine in the sinowes, it prouoketh byrnie, and causeth a man to bee laxatiue, and it cureth paines in the raines of cold.

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231

## An ointment of Pompholix.

**T**ake of the oyle of roses ten ℥. of white wax five ℥. of the  
juice of the berries of dwale eight ℥. of white lead, foure  
℥. of the common lead made in powder, of tutis a kinde of  
lead aū. two ℥. of frankensence one ℥. Make these simples in  
powder, which be fit to be made in powder, seth the iuice of  
dwale with oyle of roses vntill the iuice be consumed, then  
mingle the wax with the powders, and beate them in a moz-  
ter, and make your ointment.

## 232 An ointment of Enula Campana.

**T**ake of the roote enula campana, sodden in vineger, and  
dried well afterward, one lib. of swines grease and of  
common oyle aū. three ℥. of new wax one ℥. of common salt  
made in powder, ℥. of quicke siluer and turpentine wa-  
shed aū. two ℥. make this ointment accordingly, then take  
swines grease five ℥. oyle of the bay tree, of quicke siluer flec-  
ked, of wax washed, of frankensence made in powder aū.  
two ℥. of salt eight ℥. the iuice of plantane, the iuice of sumi-  
tore, as much as will suffice, and make it after this fashion:  
set your iuices with the wax on the fire, with oyle of bayes,  
swines grease, and let them boyle vntill all be melted, then  
put in salt, frankensence, masticke, and boyle them all vntill  
the iuice be consumed, then take them from the fire and put  
vnto them the quicke siluer flected, as yee did in the other  
ointment befoze, and so vse it.

This is a very strong ointment, therefore ye must take  
diligent hēde, lest ye touch any principall member with the  
ointment, because of your quicke siluer, and you must also  
mingle with it a great quantitie of masticke.

- 234 An ointment for children which  
be scabbed.

Take of turpentine washed foure ℥. of butter washed two  
℥. of salt one ℥. of the iuice of pomcitrons, the yolkes of  
egges aū. in number thre, oyle of roses ℥. doo them all togi-  
ther, and make your ointment thereof.

- 235 A red ointment to dry.

Take of the Stone which is called of the Apothecaries ca-  
laminaris, of terra lemnia aū. foure ℥. litharge of gold,  
of white leade, aū. thre ℥. camphire one ℥. of ware five ℥.  
oyle of roses, oyle of violets aū. sixe ℥. and make your oint-  
ment accordingly.

- 236 An ointment against Wormes.

Take of the oyle of bitter almonds one ℥. iuice of the leaues  
of peaches, the iuice of motherwort aū. ꝑ. ℥. of roses, the  
floure of lupines, of ꝑ. hozne of the red deere made in poudre,  
aū. one ℥. aloes cycatrine two ℥. some put vnto this two ℥.  
of oxe gall, also take a litle quantitie of vineger, & as much  
hony as will suffice.

- 237 An ointment called Resum  
Ptium.

Take of swines grease foure ℥. of hennes grease, of gose  
grease, of ducks grease aū. two ℥. of moist isope ꝑ. ℥. oyle  
of violets, oyle of camomill, oyle of dill aū. two ℥. of freshe  
butter one lib. of white ware sixe ℥. of tragantum, of the si-  
my sappe of the kirkels of quinces, the simy sappe of lin-  
seed, the simy sappe of holihock, the simy part of the gumme  
arabic aū. ꝑ. ℥. mingle them together & make your ointmēt.

An

238 An ointment of Rhasis, Vnguentum  
Album.

Take of the common oyle two lib. of fine white lead one lib. of white ware fire 3. some Apothecaries doe put vnto these two 3. of camphyrze, make this your ointment according to the same.

This is good against all inflamations of heate.

239 An ointment called Nutritum.

Take litharge of gold three 3. of the common oz sallet oyle, 3. lib. of vineger three 3. make your ointment in a mortar of lead accordingly.

240 An ointment called Egiptiacum.

Take of the floure of brasse six aur. of hony fourteene aur. of strong vineger, seven aur. seethe them vntil they bee thicke and make your siropes thereof.

This is a singular good ointment against olde woundes and fistules, which stand in neede of cleansing: it dooth also eate away dead flesh, and also it purgeth all corruption.

241 A yelow ointment called  
Citrinum.

Take of bozar a kind of salt pæter, two 3. of camphyrze one 3. of white corall 3. 3. of se glasse burnt one 3. of marbon stones, of the gumme fragantum, amili, marble, of fine frankensence, and white, salt pæter aũ. three 3. of white marble two 3. of serpentary, of white lead six 3. make it after this fashion, stampe your fragantum and the marbon stones in a mortar of marble with an yron pestle, and stampe the other alone in the same mortar, then sift them through a fine sieue.

℞

with

With a fine linnen cloath, with one lib.  $\mathfrak{f}$ . of fresh swines grease, goates grease, one  $\mathfrak{z}$ .  $\mathfrak{f}$ . hennes grease, one  $\mathfrak{z}$ . these greases must bee put in a skillet, or in some other such like vessell, the which vessell ought to hang in a caldron full of water on the fire, let the water in the caldron so boile, that the grease may melt in the skillet, by the heate of the water in the caldron, and when it is melted, straine it through a fine cloth into a dish, and put vnto it all the pouders, except camphye and bozar, stirring it continually, vntill all go together in a lumpe, this done, mingle with it two or more pomcitrons, stirring it alwaies, and when it beginneth to boile, put in your camphye and bozar, it must be continually well stirred till it be colde, when it is taken from the fire, the which done, make your ointment: and here ye must note, that one pound of pouder will require eight lib. of grease.

242

An ointment called Meapolitanum, by  
Iohannes de Vigo.

Take oyle of camomile, dill, of spikenard, lilies, aū. two  $\mathfrak{z}$ . of swines grease, the fat of a beale, aū. one lib. of euphorbe siue  $\mathfrak{z}$ . of frankensence, ten  $\mathfrak{z}$ . oyle of the bay tree one  $\mathfrak{z}$ .  $\mathfrak{f}$ . grease of a viper two  $\mathfrak{z}$ .  $\mathfrak{f}$ . of quicke frogges in number five, of woymes washed in wine three  $\mathfrak{z}$ .  $\mathfrak{f}$ . iuice of the rootes of wallwozt and of enula campana, aū. two  $\mathfrak{z}$ . of squinantum, of scicados, of motherwozt aū. one m. of swæte wine, two lib. boyle them all togither vntill the wine bee consumed, then straine them, and put into the straining litharge of golde, one lib. of turpentine washed, two  $\mathfrak{z}$ . make this ointment or serotum with white ware, putting vnto it when it is almost sodden one  $\mathfrak{z}$ .  $\mathfrak{f}$ . of fact, or of the fatteest and tenderest part of mirrhe, then take it from the fire, and stir it till it shall become luke warme, after this, put vnto it foure  $\mathfrak{z}$ . of quicke siluer flecked with your spittle, stirring it till the quicke siluer be run amongst the other simples euen like, on a lumpe.

243 An

243

An other ointment.

TAke oile of spikenard one ℥. oile of the lees of white wine, oile of the bay tree, petroloun, of swines grease soure ℥. of frankensence ꝑ. ℥. euphorbe one ℥. ꝑ. the ointment of hollhocke, the ointment of agrippa añ. one ℥. of quicksiluer soure ℥. mingle all together, and make your ointment.

244

An ointment of Galen.

TAke of white wax one lib. oile of roses, thre lib. let them be melted all together and washed well and oft with cold water untill they be white, the more this is washed, the better and stronger they will be, at the latter end wash them with a litle vineger.

245

Suger of Roses.

TAke fine suger and dissolue it with rose water, see the it well, then cast it on a marble stone till it bee colde and hard, afterwarde cutte it in great pæces, and reserue

it. Thus you maye make also suger, violet, and buglosse.

FINIS.

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243 An

Approued medicines, most of them practi-  
sed by the Translator hereof.

A good ointment and a precious, for all goutes and a-  
ches in the ioyntes.

**T**ake and haue a harts horn till it come to the innermost  
part of the hozne, then take that part and cut it in diuers  
small peeces, and put it into a pot with a pounce of common  
oyle, then fill it with wine, and boyle it till the wine be con-  
sumed, and then stir it well and let it stand a day & a night,  
then straine it thzough a cloth, and there shall come a blacke  
liquoz, which liquoz ye shall reserue, and therewith annoint  
your griefes in the morning and euening.

For the cold and griefes of the brest.

**T**ake pimpernell and sethe it in vineger and vse it, & thou  
shalt haue health.

For to draw teeth without any paine.

**T**ake the roote of cucumber and meddle it with vineger,  
but first sethe it and wash it well, make it in powder and  
then put thereto vineger, then put it on the tothe, but loke  
it touch none other but that.

For the palsie ouer all the bodie.

**T**ake castoreum, rue and sage, then sethe them together  
in wine, and giue it him to drinke.

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A notable medicine destroying flegme of  
the heade.

**T**'Ake pellitor, saxifrage, cichory, organy, hisope, and seeth  
them in wine, and vse to dzinke it.

For the webbe in the eye and darknes of sight.

**T**'Ake a quantitie of honny, in seething scumme it well,  
then take as much remnish wine, and boile them both to-  
gether till the halfe be consumed, then take it off the fire and  
keepe it, and with that annoint the eye, and doe it in the  
eye, and thou shalt bzeake it.

If thy stomach be ouer full, and to make good  
disgestion.

**T**'Ake a spoonefull of mustardsæde in a spoone, and re-  
serue it dzye, and so swallow it downe, and dzinke a  
spoonefull or two of water incontinent after, and thou shalt  
feele thy selfe well by the mozning.

To make thy face white.

**T**'Ake beanes and huske them, then lay them in vineger,  
or in wine a day and a night, then dzye them in the sunne  
and make thereof a pouder, with the lillie roote, and temper  
them together in luke warme water, and vse to wash when  
thou goest to sleepe, and also thy hands and necke, it maketh  
thée cleane, and doth away all time and spots.

For him that hath had long a quartaine ague.

**L**et him dzinke dayly alwaies first and last, and he shall  
be whole. Also for the quartaine, take woymelwood,  
sothernwood, and the middle pille fraxini, then seeth it in  
god wine, then put vnto it suger to make it swæte, and let

the sicke drinke thereof afoze meate and after meate, and without doubt it shall make him hole.

To breake a core without any perill.

**T**Ake an ounce of cantaradice, of oypement two dzams, make them in powder, and temper them with strong vinegar, then lay it to the soze in maner of a plaister.

For the crampe.

**O**ft bathing in the water in which linseed is sodden doth away the crampe. Also tye about thy arme or legge, the bone which lyeth in the heade of a house snaille, which bone shall preserue thee. Likewise for a thorne: a gander or goose dung all fresh taken and laide to the place where thou hast a thorne it shal helpe thee.

For the piles.

**T**Ake apostolicon and heate it at the fire, then annoint the place about: doe so thre or foure times when it commeth out, and bath him in the water in which peritorie called pericaria, and the leaues of the figge tree, and poyretis, or of the pericarie alone.

For milke that is erudded in the brestes.

**T**Ake and make pellets of wheate flower and water, and swines bloud, then lay them thereto, and that shal bying out all the filth.

For a fistilo.

**T**Ake powder of white lime, the powder of loxer sodden together in honny till it be thicke.

A sirope

A sirope for the same.

**T**Ake egrimony, veruaine, anniseede, bistony, piloselle, saxifrage, plimpernell, filipendula: take the iuice of these hearbes and suger together, and vse this sirope euerie day first and last, for it purgeth the matter and dryeth the fistils.

For the cough, and the brest.

**T**Ake the roote of enula campana, cinanon, pellitoz, bisope, cuminum marubium, seeth all in wine, or in good ale, and giue it him in his meate, also the pouder called dzedge pouder, to bee eaten first and last, as a soueraigne remedie.

For the aking of the teeth and gummes when they doe grieue thee.

**R**ubbe thy temples for the aking of the vpper teeth, and for the lower teeth, rubbe thee vnder iawes, vse this, and it will away anone.

For a sere cloth for paine in the ioyntes.

**T**Ake olibanum, masticke, and poys garsoire, boyle them each alike on the fire, and then spreade it on the cloth, and lay it on the grieue as hote as you may, if need be, put there vnto apostolicum cirurgien.

Another. Take poys garsoire and blacke pitch, and rosin, of each alike, then boile them together, and then lay it on the cloth, and as hote as you may receyue it.

For all aches of the heade, or if thou canst not sleepe.

**T**Ake oyle of mandrage, and anoint thy temples therewith.

with, when thou goest to bed, and vse it till thou seele ease.

To know if one shall liue or dye being wounded.

**G** iue him the iuice of pimpernel mingled with water, and if it goe out at the wound, he shall dye, or els not.

Another. Take cinckfoly, and giue him to drinke with water, if he cast it, he shall dye.

To staunch a vaine that is cut.

**T**ake a swines dung, and seeth it in wine, and it is good therefoze.

For red eyes, and watering eyes.

**T**ake catie, sarcocalla and womans milke, of each one ʒ. and water of roset.

For the webbe in the eye.

**T**ake oyle of wheate, water of rosh, iuice of bernine, of each alike, then boile it well in a bzasen vessel, and then put it in thine eye.

To make mustillage of hollihooke.

**T**ake hollihooke, and seeth it in water all day, and then straine it out all hote, also make mustillage of fenecreke or of linseede, take and pound it, and cast thereto a litle hote water, and let it stand then two dayes and so reserue it.

An emplaiature of Diaquilon.

**T**ake muscillagine two pound, of oyle foure pound, then put them all together in a vessel ouer the fire, and let them boile till the muscillage be wasted, then put therto a powder of alecargiry thzee pound, then stirre them till they be sodden like vnto pitch, but not too thinne, then straine it into a vessel

vessel of water, and so let it cole, then make thereof pellets,  
your miscilage shall be of fennygræke, and of the seede of  
linsæde, and of the roote of bismalue.

An emplaister for all woundes, and it closeth  
them also,

**T**Ake the iuice of pimpernell, iuice of beruine, iuice of bit-  
tonie aū. two ℥. rosin halfe a pound, turpentine, ware,  
aū. soure ℥. olibam one ℥. boile it with wine together, then  
put thereto the pouder olibam, of masticke, and womans  
milke of a man childe one ℥. then make thereof a plaister.

For noli me tangere, a spice of an ague.

**B**Eate the leaues of rue and straine it out, then anoint  
the place with the iuice, and after lay thereon the sub-  
stance of the rue, vse this and without doubt it shall be hole.

An emplaister for to cause a man or woman  
to sleepe.

**T**Ake henbane, opij thebaici of each thre ounces, iuice of  
poppie, the seede cicicte, of each two ℥. mingle them all  
with the white of an egge, and anoint thy fozehead there-  
with.

An emplaister to close woundes.

**T**Ake ware, rosin boales, tallow, of each thre ℥. and  
pitch.

A medicine to heale flesh woundes and to knit them,  
within eight dayes it shall be whole.

**T**Ake pitch thre ℥. litharge, red ware and white rosin, ar-  
moniaci, galbani, of each two ℥. oken glue sixe ℥. allain  
thre ℥. masticke two ℥. wedders tallow sixe ℥. giptianum  
sixe ℥. aristologia longa foure ℥. myre, franckinsence, of  
each sixe ℥. turpentine two ℥. thiscoli foure ℥. the roote  
galle.

galle one ℥. confond the more and the lesse of each two ℥. of mans blood a pound, then seeth a wethers skinne with the wolle in water, til the tallow melt that is therein: then take that water and straine it, and set it on the fire againe, and put your oken glue, and stirre it well till it be halfe sodden, then put in your white waxe and redde, and common pitch, soone after that, turpentine and litharge stirring it well for cleaying to the panne, then put in your massicke, rosin, olibanum and myrre, then take it off the fire & put in your gummes, then set it on the fire againe, and put there, to psulum and gipsium, and wedders tallow, and mans blood, then stirre it still for growing to, then put in aristologia longa, and rosin, and last put in aloes, then seeth it till the water be waisted: to know when it is well sodden, put a drop thereof in a cold vessel, and stirre it well with thy fingers, and if it hang rough thereon it is sodden inough, or els not.

For a wound or cutte.

**T**Ake white sope and shepes suet in like portion, then boile it together in a sawser, and vse it in tent or plaister and it shall heale.

For Sinnowes that be strained or broken.

**T**Ake in May the roote of the hedge vine which beareth redde berries, otherwise called the white vine, and doe vncouer his roote, then cut off the toppe thereof, and make a great hole with your knife in the middell, and then couer it with a tile stone, the space of thre or foure dayes, and ye shall see it full of water, take it out with a spoone, and put it in a close glasse, and couer the saide roote so long as any water wil come: reserue it, and when ye haue anie griefe, take of the saide water with a cloth, and lay thereon first and last, and vse to lay the wet cloth also thereon, and ye shall see wonderfull experience. *Probatum.*

For

For purging melancholie.

**I** Era rufini: also it is good for the scabbe of salte flegme, called Elephacia, which is nigh the leprose. Also diacene lectuarie purgeth the spleene and the hart. Trifera saraseni- ca, auoideth melanchollie out of the heade, stomach, liuer, and the stopping of the vaines, sinowes, the spleene, the jaundis of burnt choller.

To purge choller.

**D** Ja pyunes doth purge the stomach and liuer.

A bath against choller for women.

**H** Allibock, mugwort, elder flowers, willowes, violets, maidenhaire, valerian, senycreke, linsede, smallage, wilde tansie, wilde time, malloes, germander, hisope, woyme wood, marigolds, lauender, succory, bozage, langde, beefe and rosemary.

shad A

Against the stuffing about the stomach and hart  
in an ague.

**T** Take cinckfoly, auens, watercresses, harts tongue, a fen- nell roote, of each a quarter of a handfull, wash & brose them, and boile them with a quarte of ale, and ob. of rais- sons, of cozans foure, licozas sticks beaten, and boyled ther- in till halfe be waisted, straine it and put to suger and mace, and drinke warme foure spoonefuls thereof, euening and morning.

A plaister to comfort the stomach.

**T** Take redde mints, lauender, cotton, tansie, crummes of bzeade leuened, brose them and put them all in a frying pan with blineger, and parch it dry, and lay it warme in a bagge to your stomach, remoue it not off foure oz five daies.

To kill a tetter in your hands.

**B** Oile oates in water, & couer it close, leauing a small hole

open, which you shall hold ouer your handes so long as ye can suffer them, and cause them to sweate, then wash there, in till the saide water waxe colde, and this will heale it with once or twice.

For the piles.

**T**Ake of haire in an olde saddle which hath beene ouer the most sweating place of the horse backe, and let the patient sit ouer a close stoole, and burne of the same haire in a chafing dish vnderneath. Use this thzee or foure times euery mozning, and he shall be hole.

A potion against melanchollic.

**T**Ake of suger, hoppes greene, and fumitoye, of each a handfull, seeth them to the thirde part in faire water with a soft fire, straine it, and make it swete with suger or honny, drinke thereof euery mozning a draught fasting, and so befoze supper one houre.

A bath.

**T**Ake of fumiter and enula campana leaues, sage, fetter, therfue, rosemarie and woynewood, of each a handfull or two, seeth them in a sufficient quantitie of water til they be soft, and put as much as a wallnot of allam, and a litle bymstone in powder, and therewith bath the places of your bodie affected.

An ointment.

**T**Ake a handfull or two of docke rootes, scrape them and mince them, and beate them in a moyter with fresh butter, then boile them softly on the coales, in stirring them, when they are colde, put in befoze a quantitie of powder of bymstone, but straine it first, then stirre it well together, and keepe it in a boxe. Use this after ye haue bathed, or when ye goe to bed against a good fire, and wzap ye in a sheete, and sleepe.

Against the crampe.

**T**Ake the iuice of chickweed, and eate thereof with fresh beefe, or mutton, or in a sallet.

Mother



Mother Bowiers Medicine, a drinke to clense the stomache, to be gathered at Michaelmas.

**T**ake rutes, gallingale rutes, turmericke rutes, of pene-  
rial, hearbe grace, vnset time, the rutes of philipendula,  
the hearbe of oreall riall, of each a like quantitie, bzuise them  
and put them into a quart of malmesie, and let them boyle  
till a pinte; then take thereof so much as yee will drinke at  
once, warme it, and so at night blood warme, probatum.

To kill a pin and a webbe.

**T**ake twelue oz more of sowes that bzeedes in postes of  
houses, oz in the barks of trees, wash them in ale & bzuise  
them, then straine them with ale, & drinke it twice oz thise  
fasting and it will helpe it; and also helpe the yelow ian-  
des, probatum.

Against a Consumption.

**T**ake a pinte of muscadell, a quarter of a pound of blaun-  
ched almonds, beate them well in a moztter of stone, then  
put in a litle muscadell and straine it: so beate the almonds  
again, and put in the said wine as befoze: so long as any of  
your stuffe is left, then take the yolkes of two beaten egges  
new, and straine them with the said stuffe and stir it well,  
and put in so much of fine beaten suger, and giue it a boy-  
ling oz twaine in stirring of it still. Use this warme, eue-  
ning and mozning, soure spoonesfull, probatum.

An other excellent for the same.

**T**ake a quarterne of pure red rose water, put it in a pew-  
ter platter oz bason, set it ouer a chaffingdish of coles, take  
cleane anniseedes and bzuise them a litle in a moztter, put  
thereof into your rose water a good handfull, and put in also

of sliced licozas, bzuised and toze in péeses, thre or foure  
 stiches, and as much of parsely rootes, the pith taken out,  
 bzuised and sliced and put therein. Then last put in a good  
 sponesfull of the tender croppes of hisope, so let them boyle  
 from a quart to a pinte, still bzuising them with a sponne as  
 they boyle, and when it is sufficient boyle, straine it into a  
 glasse, and take therof euening & morning a pretie draught,  
 fast two houres after, and befoze meate fast two houres. ble  
 this, it hath done wonders, quoth Mistrresse Roger.

For any ache in a mans bodie gotten by a knocke  
 or by a wor bruise.

**R**ubbe thereouer with a handfull of redde nettles, so ble it  
 as ye see cause. **Against any**


**T**ake of bymistone, baie salt, elecampane, all made in fine  
 powder, euen portions, and put it into a litle bagge, and  
 laie it in a sawler, and put of sallet oyle vnto it, then warme  
 it, and ble to rubbe a litle on the itchyng place. **An other**

**T**ake bay salt, the powder of elecampane rootes finely bea-  
 ten, mixt with the oyle of flowerdelach, and so a nightes  
 rubbe and chase it in against a fire. **Proved true**; which is  
 also good for the crampe, taken of cold.

A declaration of certaine qualities of seedes, hearbes,  
 floures, rootes, and waters.

**T**he foure greater hotte seedes, anniseede, fennell seede,  
 comin seede, and carrowates.  
**T**he foure lesser hotte seedes, annisi animum, smal-  
 lage,

lage, yel  
 The  
 lons, and  
 The  
 parselain  
 The  
 bothoche  
 The  
 mm, pop  
 The  
 te wof, m  
 The  
 fennell, p  
 The  
 ro, y, scab  
 The  
 cury, h  
 and betes  
 The  
 well, ot  
 The  
 tes, bo, ag



lage, yelow carrots.  
The foure greater cold seedes, gozdes, cucumbers, mil-  
long, and citrones.

The foure lesser cold seedes, endiue, succoꝝy, lettise, and  
purselaine.

The foure hotte ointments, maciaton, the ointment  
yolihocke, ointment agaron, and agrippa.

The foure cold ointments. Unguentum album, citri-  
num, populeon, and resumptium.

The foure hearbes assembled to haire, harts tong, ten-  
tewozt, maiden haire, and ceterac.

The five common rootes which do open, smallage,  
fennell, parsely, and spozage, and butchers brome.

The foure waters soꝝ to comfozt the heart, endiue, suc-  
coꝝy, scabios, and langdebeeſe.

The eight hearbes which be laxatiue, mallowes, mer-  
cury, hollhock, paritarie, violets, colewozts, bzanckurſin,  
and betes.

The three common floures which be hotte, camomile,  
mellilof, and lillies.

The foure common floures which be cold, violets, ro-  
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FINIS.



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Comf  
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 Confecti  
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 Against  
 Myxa m  
 unise.  
 Conserue  
 Diatrage  
 Theriaca  
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 Electuari  
 Against  
 Antidote  
 Mithrida  
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 Pillule in  
 Rosata no  
 Sirope of  
 roses.  
 Theriaca  
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 Antidote  
 Aurea alex  
 Theriaca  
 Crochiste  
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 Against  
 Mithridate  
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 Oyle of a



# The Table.

Comforting a moist braine.		Against euil liking of the body.	
Conserue of rosemarie.	16	Dia curcuma.	44
Confection of hamech.	12	Dia tragacantha frigida.	40
Confection of hozehound.	36	Dia comeron.	32
Dia tragacantha calida.	40	Dyle of sesamum.	103
Electuarie inde maiozis.	57	Sirope of egrimony.	175
Pillule alephagine.	140	Crochists of rhubarbe.	214
Against paine of the brest.		Afwaging paine in all the parts of the bodie.	
Decoction for the brest.	52	Dyle of dill.	107
Lochisti de squilla.	207	Emplastrum oxicroccum.	68
Dyle of harts ease.	125	Against all inward diseases of the bodie.	
Oyntment merciaton.	227	Antidotum asincritum.	1
Against straitnes of the brest.		Aurea alexandrina.	2
Aipta muskata, confection of muske.	5	Against paine in spitting bloud, or other humor.	
Conserue of maidenhaire.	20	Emplastrum ceroneum.	67
Diatragacantha calida.	40	Against burning or scalding.	
Cheriaca galeni.	202	Emplaster of dates.	76
Oyntment marciaton.	227	Dyle of myrts.	109
The causing of boldnes.		Oyntment of roses.	222
Electuarie of pretious stones.	59	Against crushes or broofes.	
Against gnawing of the belly.		Emplaster of dates.	76
Antidotum asincritum.	1	Oyntment of aureum.	225
Mithridatum.	88	Against diseases of the brest.	
Keeping the bodie strong.		Dia comeron.	32
Pillule luis maiozis.	146	Dia tragacantha frigida.	40
Rosata nouella.	162	Sirope of hoze hound.	173
Sirope of the infusion of young roses.	191	Sirope of maiden haire com- pound.	195
Cheriaca galeni.	202	Against belching of raw humors.	
Against spitting of bloud.		Dia galanga.	27
Mithridatum.	88	Diatrion piperion.	35
Antidotum asincritum.	1	Dia tragacantha calida.	40
Aurea alexandrina.	2	Lochisti sanum.	84
Cheriaca galeni.	202	Drimel stilliticum	
Crochists of corall.	209	Sirope of calamints.	166
Crochist of amber or corall.	209	Against paine in the backe.	
Crochist of terra sigillata.	218	Oleum de cheiri.	125
Against byring of venemous beastes.		Pillule fetida maiozis.	144
Mithridatum.	88	To draw out broken bones.	
Cheriaca galeni.	202	Emplastr. oxicrocium.	68
Dyle of a scorpion.	118	Emplastr. contra rupturam.	71

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purging the bladder of grauel.		Against the cough in the lunges-
Antidotum asincritum.	1	Antidotum asincritum.
Benedicta.	9	Dia tragacantha frigida.
Dia curcuma.	44	Against coughes of superfluous
Orimell doreticum.	97	humors in the stomach.
Aswaging paine in the bladder.		Aurea Alexandrina.
Emplaister of bayberies.	65	Dia margariton calidum.
Mithridatum.	88	Dia comeron.
Sirope of iuiubes.	194	Dia calauintha.
Trochisks of alcachenge.	211	Diaries salamonis.
Oyle of sweet almonds.	101	Dia papauer.
Oleum de cheiri.	125	Loch sanum.
Against exulcerations in the		Sirope of calamints.
bladder.		Decoction for the brest.
Orimell stilliticum.		Loch of the lungs of a fore.
Trochisks of alcachenge.	211	Against the crampe.
Against the cholike.		Mithridatum.
Antidotum asincritum.	1	Oyle of castoreum.
Aurea Alexandrina.	2	Cheriacae galeni
Dia phaccion.	47	Sirope of sticados.
Electuarie inde maiores.	57	Oyle of flowerdeluce.
Pillule sine quibus.	135	Ointment merciaton.
Pillule auree.	136	Ointment aragon.
Cheriacae galeni.	202	Against conuultions.
Pillule fetide maiores.	144	Mithridatum.
Mithridatum.	88	Cheriacae galeni.
Emplaister of bayberies.	65	Ointment merciaton.
Against olde coughes of hu-		Ointment agaron.
humors.		Against the consumption.
Sirope of pineapple.	82	Aurea alexandrina.
Lochust sanum.	84	Dia margaritum callidum.
Sirope of hozehouud.	173	Dia comeron.
Sirope of myrts, simple.	181	Dia rodon abbatis.
Mithridatum.	88	Dia tragacantha frigida.
Pille of agaricke.	154	Mithridatum.
Pillule biche.	158	Triafandali.
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Against the drye cough.		Against the canker in any part
Julep of violets.	177	of the bodie.
Sirope of licozacc.	171	Compound hamechi.
Sirope of violets.	177	Against al aches & diseases of cold
Sirope compound of poppy.	179	Oyle of bay.
Sirope of iuiubes.	194	Ole of spicknard.
		Oyle of cost.
		Oyle

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Dyle of flower deluce.	110	To cause good digestion.	
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Dyle of lillies.	119	Concoction of quinces.	25
Cheriaca galleni.	202	Dia galanga.	27
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Dyntment aragon.	228	Dia ambze.	29
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Against clifts about the fonda- ment or other places.		Diatrion pipereon.	35
Dyle of myzts.	109	Miua simplex.	90
Tomatum.	161	Pillule ante cibum.	
To deliuer a woman of dead childe.		Dyle of mints.	122
Cheriaca galleni.	202	Against the drop sic.	
Things which doe cause good coloure.		Dia comeron.	32
Antidotum asincritum.	1	Dia curcuma.	44
Electuary of pretious stones.	59	Trochists of egrimonie.	217
Dyle of cost.	105	Trochists of rhubarbe.	214
Trochists of roses.	205	Pilles of euphorbe.	145
Hiera pica galleni.	79	Cheriaca galleni.	202
Things purging choller.		Emplaister of sware.	67
Antidotum asincritum.	1	Emplaister of bayberies.	65
Compound hamech.	12	Sirope of egrimonie.	175
Confect. called dia curcuma.	44	Dyntment of agrippe.	230
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Conserue of bozage.	17	Curing the eyesight.	
Conserue of maidenhair.	20	Dia pracium.	35
Conserue of succozie.	23	Hiera pica galleni.	79
Conserue of sorrel.	24	Pillule sine quibus.	135
Oxifacra simplex.	99	Pillule auree.	136
Electuarie of roses.	55	Pilles of foue kinds of mirrobo- lance.	139
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Pillule sine quibus.	135	Against paine in the eyes.	
For cold complexions.		Antidotum asincritum.	1
Dia ambze.	29	Electuarie of roses.	55
Electuarie inde maioris.	57	Against fore eyes.	
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Dia tragacantha frigida.	40	Mithridatum.	88
Sirop compound of endiue.	185	Against all maner of exulceratiōs in what place soeuer they be.	
Trochists of rhubarbe.	214	Dyle of violets.	112
Sirop of tarte pomcitrons.	86	Emplaister of white leade.	75
Sirope of the iuice of sorrel.	164	Cheriaca galleni.	202
Sirop compound of sumitorie.	169	Trochist of aleachenge.	211
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Pillule sine quibus.	135	Sirope of the tarte pomcitron.	189
F		Sirope of myrts, simple.	181
Against the falling euil.		Oyle of myrts.	109
Antidotum asincritum.	1	Against the fluxe of meate vn- digested.	
Aurea alexandrina.	2	Sirope of calamints.	167
Compound of sweete maske.	11	Mithridatum.	88
Sirope of sticados.	176	Oyle of myrts.	109
Cheriacia galeni.	202	Crochists of cozall.	209
Against the frensie.		Against the bloudie fluxe.	
Sirope of endiue simple.	184	Diacodion.	42
Antidotum asincritum.	1	Mithridatum.	88
Cheriacia galeni.	202	Michea.	89
Oyntment marciaton.	227	Crochists of cozall.	209
Things purging of flegme.		Oyle of roses.	111
Antidotum asincritum.	1	Prouoking the flowers in wo- men.	
Diacartanum.	48	Mithridatum.	88
Compound hamech.	12	Sirope of woymewood.	168
Mel rosatum.	191	Crifera magna.	203
Conserue of rosemarie flowers.	16	Crochists of myrre.	211
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Pillule sine quibus.	135	Crochists of terra sigillata	218
Pilles of the gumme sarcocolla.	143	Crochists of ambze.	219
Pilles of euphorbe.	145	To stop the flux after a strong purgation.	
Pillule fetide maioris.	144	Electuarium confortatium sto- machi.	58
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To make a beautifull & smooth face.		Emplaster tripharmozum.	
Oleum de tartaro.	117	To consume dead flesh.	
Pomatum.	161	Ointment. Apostolicum.	221
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Dia coredion.	42	Against olde fistules.	
Mithridatum.	88	Ointment. apostolicum,	221
Michea.	89	Ointment. egiptiacum	240
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Against the  
Electuarie  
Pillule arth  
Oyle of sw  
Oleum de  
Against the  
Benedicta.  
Electuarie  
Mithridatum  
Pillule fetid  
Antidotum  
Oyle of bay  
Oyle of lye  
Oyle of flow  
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	<b>G</b>		
	Against the goute in the iointes of heate,		<i>Dia margaritum caldum.</i> 30
	<i>Electuarie of roses.</i> 55		<i>Diarodon abbatis.</i> 33
	<i>Pillule arthritice.</i> 151		In gendring heate in the in- ward partes.
	<i>Oyle of wozines.</i> 124		<i>Aromaticum gariophilatum.</i> 4
	<i>Oleum de cheirie.</i> 125		<i>Diacuminum.</i> 28
	Against the goute in the iointes of colde,		<i>Dia ambze.</i> 29
	<i>Benedicta.</i> 9		<i>Emplaister for the stomacke and the liuer.</i> 58
	<i>Electuarie inde maioris.</i> 57		<i>Oyle of rue.</i> 106
	<i>Mithridatum.</i> 88		Against trembling of the hart.
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	<i>Antidotum asincritum.</i> 1		<i>Electuary of precious stones.</i> 59
	<i>Oyle of bay.</i> 102		<i>Conserue of bozage.</i> 17
	<i>Oyle of spicknard.</i> 104		<i>Conserue of langdebeefe.</i> 15
	<i>Oyle of flower deluce.</i> 100		Against heate of the hart.
	<i>Oyle of masticke.</i> 114		<i>Julep of roses.</i> 80
	<i>Oyle of euphorbe.</i> 115		<i>Julep of violets.</i> 81
	<i>Oyle of a fore.</i> 116		<i>Sirope of violets.</i> 177
	<i>Pilles of euphorbe.</i> 145		<i>Sirope compound of endiue.</i> 185
	<i>Oyntment merciaton.</i> 227		<i>Sirope of the infusion of young roses.</i> 191
	<i>Oyntment aragon.</i> 228		<i>Sirope of the iuice of sorrel.</i> 164
	Against the goute in the feete,		Against horsenes.
	<i>Antidotum asincritum.</i> 1		<i>Oyle of sesanum.</i> 103
	<i>Benedicta.</i> 9		<i>Decoctio pectoralis.</i> 52
	<i>Mithridatum.</i> 88		<i>Loch sanum.</i> 84
	Pilles of the five Kindes of myr- ribolance.		<i>Sirope of iuiubes.</i> 194
	<i>Pillule fetide maioris.</i> 144		<i>Cheriacca galleni.</i> 202
	<i>Oyle of a fore.</i> 116		Against the hicup.
	<i>Oyntment merciaton.</i> 227		<i>Antidotum asincritum.</i> 1
	Against gallings or exulcerations.		<i>Sirope of mynts.</i> 167
	<i>Emplastrum de cerusa</i> 75		Against falling of the haire.
	<i>Oyle of myrts.</i> 109		<i>Oyle of bay.</i> 102
	Good for glisters.		<i>Oyle of cost.</i> 105
	<i>Dia cassastula magistratis.</i> 50		Against ache in the hips or huc- kle bone.
	<b>H</b>		<i>Iurea alexandrina.</i> 2
	To comfort the hart.		<i>Pillule fetide maioris.</i> 144
	<i>Dia caralium magistrale.</i> 49		<i>Pilles of the five Kindes of myr- ribolance.</i> 139
	<i>Electuarie of precious stones.</i> 59		<i>Oyle of bay.</i> 102
	<i>Sirope of the iuice of sorrel.</i> 164		<i>Oyle of a fore.</i> 116
	<i>Cheriacca galleni.</i> 202		<i>Oyntment merciaton.</i> 227
	<i>Trochists of gallia moscata.</i> 213		<i>Oyntment aragon.</i> 229
	<i>Aromaticum rosarum.</i> 3		Against all maner of hardnes.
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Dyle of sweete almonds.	191	Cerotum stomachicum.	13
Dyle of bay.	102	Against the yelow iaundis.	
Dyle of mints.	122	Antidotum asincritum.	1
Of hollihoke ointment.	229	Diozodon abatis.	33
Dyle of the graine sesanum.	103	Electuarie of roses.	55
Emplaister diachilon album.	60	Sirope of bizantes.	190
Emplaist. diachilon magnum.	61	Cheriaca galleni.	202
Emplaister de maculaginibus.	63	Crochists of camphure.	209
Emplaister of mellilot.	66	Crochists of rhubarbe.	214
Emplaister of occeroceum.	68	Crochists of egrimonie.	217
Dyntment apostolicum.	221	Cria sandali.	204
Dyntment marciaton.	227	Against illica passio.	
Dyle of flowerdeluce.	110	Antidotum asincritum.	1
Dyle of masticke.	144	Cheriaca galleni.	202
To purge the head.		Mithridatum.	88
Pillule auree.	136	Hiera picra galleni.	179
Pillule cochie.	137	Pillule sine quibus.	135
Against olde aches of the head.		Dyntment merciaton.	227
Antidotum asincritum.	1	Against inflammations.	
Pillule coche.	137	Antidotum asincritum.	1
Pillule agregatine.	141	Cerotum stomachicum.	13
Against the head ache of heat.		Dyle of roses.	111
Electuarie of roses.	55	Dyle of violets.	112
Dyle of roses.	111	Dyle of lillies.	119
Dyntment of roses.	222	Against hote impostumes in the throate.	
Dyle of flowers of poppie.	120	Potio dia morzon.	41
Dyle of nenufar.	121	Against inwarde impostumes.	
Against colde ache of the head.		Crochists of rhubarbe.	214
Mithridatum.	88	Crochists of egrimonie.	217
Aurea alexandrina.	2	Dyle of violets.	112
Dyle of dill.	107	To ripe impostumes.	
Dyle of spicknard.	104	Emplaister diachilon paruum.	61
Dyle of euphorbe.	115	Emplaister diachilon magnum.	62
Dyle of flowerdeluce.	110	Emplaister diachilon album.	60
Dyntment merciaton.	127	Dyle of flowerdeluce.	110
Against the hemerods.		Dyle of masticke.	114
Micleta.	89	Against insensibilitie.	
Pilles of bdellium.	149	Mithridatum nicholey.	88
To keepe thy haire from hoarines.		Cheriaca galleni.	202
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Against vermen or scurfe in the heade.		Conserue of violets.	19
Dyle of bay.	102	Dyntment of roses.	222
Dyle of lillies.	119		
	I		L
Against hote impostumes of the liuer and in the stomach.		Against the paine of the liuer.	

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<b>Dia curcuma.</b>	44	<b>Sirope compound of endiue.</b>	185
<b>Pillule aggregatine.</b>	141	<b>Sirope of the infusion of young roses.</b>	190
<b>Pilles of Euphorbe.</b>	142	Against coldnes of the lunges.	
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<b>Sirope of ceteracke.</b>	182	Conserue of maidenhaire.	20
Against heate of the liuer.		<b>Theriaca galleni.</b>	202
<b>Julep of roses.</b>	80	<b>Trochisks of woymewood.</b>	216
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<b>Trisandali.</b>	204	<b>Dyle of sweete almonds.</b>	141
<b>Trochisks of camphure.</b>	209	<b>Sirope of licozas.</b>	171
<b>Electuarie catholicum.</b>	54	Against the lepric.	
<b>Sirope of violets.</b>	177	<b>Hamech a confection.</b>	12
<b>Sirope compound of endiue.</b>	185	<b>Theriaca galleni.</b>	202
<b>Trochisks of spodie.</b>	215	<b>Trochiski theriaci.</b>	208
<b>Ointment of roses.</b>	222	<b>Pillule fetide maiozes.</b>	144
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Against coldnes of the liuer.		<b>Theriaca galleni.</b>	202
<b>Theriaca galleni.</b>	202	Against madnes.	
<b>Dia galanga.</b>	27	<b>Aurea alexandrina.</b>	2
<b>Dia rodon abbatis.</b>	33	<b>Dia sene.</b>	51
<b>Trochisks of gallia muscata.</b>	27	Against the mother.	
<b>Trochisks of woymewood.</b>	216	<b>Antidotum asncritum.</b>	1
<b>Emplaister for the stomach and liuer.</b>	64	Afwaging paine of the matrice.	
<b>Dyle of euphorbe.</b>	115	<b>Emplaister of bayberies.</b>	65
<b>Sirope of egrimonie.</b>	175	<b>Dyle of sweete almonds.</b>	101
<b>Sirope of woymewoodde.</b>	168	<b>Triaphera magna.</b>	203
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<b>Emplaister diachilon album.</b>	60	<b>Dia ambze.</b>	29
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To make a man laxatiue.		<b>Dyle of lillies.</b>	119
<b>Antidotum asncritum.</b>	1	<b>Emplaistrum seroneum.</b>	67
<b>Hiera picra galleni.</b>	79	<b>Dyle of flowerdeluce.</b>	110
<b>Conserue of violets.</b>	19	<b>Dyle of woymewood.</b>	123
<b>Dia castafistula.</b>	50	<b>Emplaister of bayberies.</b>	65
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<b>Antidotum asncritum.</b>	1	Against ouer much stretching of the matrice.	
<b>Dia comeron.</b>	32	<b>Antidotum asncritum.</b>	1
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<b>Dia tragacantha frigida.</b>	40		
<b>Dia rodon abbatis.</b>	33		
<b>Triasandali.</b>	204		
<b>Sirope of violets.</b>	177		
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<b>Dia comeron.</b>	32	Against the wrything of the neck	
<b>Dia sene.</b>	51	on the one side.	
<b>Electuary of precious stones.</b>	59	<b>Confection of sweete muske.</b>	11
<b>Conserue of bozage.</b>	17	<b>Sirope of sticados.</b>	176
<b>Sirope of bozage</b>		O	
<b>Sirope of langdebeefe.</b>	200	Against obstructions.	
Things purging of melancholie.		<b>Trochists of rhubarbe.</b>	214
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<b>Mithridatum nycoley.</b>	88	<b>Trochists of egrimonie.</b>	217
<b>Alipta moscata.</b>	5	<b>Sirope acetosus compositus.</b>	183
<b>Trochists of wormewood.</b>	216	<b>Sirope of bizantes.</b>	190
<b>Trochists of egrimonie.</b>	217	<b>Sirope compound of endiue.</b>	185
<b>Pillule sine quibus.</b>	135	<b>Sirope of maidenhaire com-</b>	
<b>Confection of sweete muske.</b>	11	pound.	195
<b>Dia sene.</b>	51	<b>Sirope of ceteracke.</b>	199
<b>Pillule agregatine.</b>	141	<b>Dyle of bitter almonds.</b>	102
<b>Pillule luis maioris.</b>	146	<b>Dyle of colke.</b>	105
<b>Pilles of the stone lazare.</b>	148	<b>Dyle of dill.</b>	107
<b>Sirope of the flowers of the har-</b>		<b>Dyle of camamil.</b>	108
der tyme.	174	<b>Dyle of flowerdeluce.</b>	110
<b>Conserue of roses.</b>	18	<b>Dyle of wormewood.</b>	123
<b>Conserue of maiden haire.</b>	20	<b>Dyle of cheirie.</b>	125
<b>Conserue of succory.</b>	23	Things causing good odor,	
<b>Conserue of langdebeefe.</b>	15	and saour.	
<b>Conserue of rosemarie.</b>	16	<b>Electuary of precious stones.</b>	59
<b>Conserue of bozage.</b>	17	<b>Dyle of colke.</b>	105
Against al diseases of the midrife.		P	
<b>Mithridatum nycoley.</b>	88	To comfort all the principall	
<b>Sirope of egrimony.</b>	175	partes.	
Against the migram.		<b>Aromaticum rosarum.</b>	3
<b>Mithridatum nicoley.</b>	88	<b>Aromaticum gariofilatum.</b>	4
<b>Cheriaca galleni.</b>	202	<b>Electuarium comfoztatum sto-</b>	
<b>Pillule chochie.</b>	137	machi.	58
<b>Dyle of spicknarde.</b>	104	<b>Dia ambze.</b>	29
<b>Dyle of euphorbe.</b>	115	<b>Dia margaritum callidum.</b>	30
Pilles to be taken before meate,		<b>Miua simplex.</b>	90
to cause good digestion.		<b>Sirope compound of fumito-</b>	
<b>Pillule ante cibum.</b>	153	rie.	169
Against forenes in the mouth.		<b>Sirope of buglosse.</b>	200
<b>Dia mozon potio.</b>	41	<b>Conserue of roses.</b>	18
<b>Mithridatum.</b>	88	<b>Conserue of enula campana.</b>	
N			22
Against bleeding at the nose.		<b>Electuarie inde maioris.</b>	57
<b>Trochists of terra Sillata.</b>	218	<b>Sirope of salaminia.</b>	196



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<p><b>Oyle of colfe.</b> 105</p> <p><b>Oyle of mallecke.</b> 114</p> <p><b>Oyle of quinces.</b> 113</p> <p>Against the drines of the principall parts.</p> <p><b>Oyle of sweete almonds.</b> 101</p> <p>To mollifie the principall parts.</p> <p><b>Conserue of roses.</b> 18</p> <p>Against the Palsie.</p> <p><b>Antidotum asncritum.</b> 1</p> <p><b>Confection of sweet muske.</b> 11</p> <p><b>Mithridatum nicolei.</b> 88</p> <p><b>Pilles of euphorbe.</b> 145</p> <p><b>Sirope of sticados.</b> 176</p> <p><b>Ointment marciaton.</b> 227</p> <p>Against the plurisie.</p> <p><b>Sirope of licozas.</b> 171</p> <p><b>Sirope of hisope.</b> 172</p> <p><b>Sirope of endiue.</b> 194</p> <p><b>Sirope of Zuzubes.</b> 194</p> <p><b>Dia tragacantha frigida.</b> 40</p> <p><b>Sirope of violets.</b> 177</p> <p><b>Loch of squilla.</b> 83</p> <p><b>Julep of violets.</b> 81</p> <p><b>Conserue of maiden haire.</b> 20</p> <p><b>Oyle of violets.</b> 112</p> <p><b>Ointment of hollshock.</b> 229</p> <p>Things purging the winde pipe of grosse humors.</p> <p><b>Dia prasum.</b> 36</p> <p><b>Cheriaca galeni.</b> 202</p> <p><b>Loch de squilla.</b> 83</p> <p><b>Loch sanum.</b> 84</p> <p><b>Sirope of licozas.</b> 151</p> <p><b>Sirope acetosus compositus.</b> 183</p> <p>Against the pestilence or poison.</p> <p><b>Cheriaca galeni.</b> 202</p> <p><b>Mithridatum nicolai.</b> 88</p> <p><b>Pouder contra pestem.</b> 129</p> <p><b>Sirope of tart pomeitron.</b> 189</p> <p><b>Sirope of the iuice of foxrell.</b> 164</p> <p><b>Sirope of the infusion of young roses.</b> 191</p> <p><b>Oyle of a scorpion.</b> 118</p> <p>Against pimples or wheales.</p> <p><b>Oyle of mirtes.</b> 109</p>	<p><b>Confection of muske.</b> 11</p> <p style="text-align: center;">R</p> <p>Against Rawnes.</p> <p><b>Antidotum asncritum.</b> 1</p> <p><b>Aurea alexandrina.</b> 2</p> <p><b>Mithridatum nicholai.</b> 88</p> <p><b>Dia prasum.</b> 36</p> <p><b>Sirope of sticados.</b> 176</p> <p><b>Sirope simple of poppy.</b> 178</p> <p><b>Oyle of rue.</b> 106</p> <p>Things purging the reines of grauell.</p> <p><b>Antidotum asncritum.</b> 1</p> <p><b>Benedicta.</b> 9</p> <p><b>Olimell diureticum.</b> 97</p> <p><b>Sirope acetosus compositus.</b> 183</p> <p><b>Sirope of maidenhaire, comp.</b> 195</p> <p><b>Sirope of ceterack.</b> 199</p> <p>Against paine in the reines.</p> <p><b>Aurea alexandrina.</b> 2</p> <p><b>Mithridatum nicholei.</b> 88</p> <p><b>Dia comeron.</b> 32</p> <p><b>Dia curcuma.</b> 44</p> <p><b>Electuarium inde maioris.</b> 57</p> <p><b>Oyle of a fore.</b> 116</p> <p><b>Oleum de cheirs.</b> 125</p> <p><b>Emplaster of bay berries.</b> 65</p> <p>Against Ring wormes.</p> <p style="text-align: center;">S</p> <p>Comforting the stomake.</p> <p><b>Cheriaca galeni.</b> 202</p> <p><b>Dia rodon magistrale.</b> 33</p> <p><b>Dia margaritum calidum.</b> 30</p> <p><b>Dia prasum.</b> 36</p> <p><b>Aromaticum rosatum.</b> 3</p> <p><b>Aromaticum gariophilatum.</b> 4</p> <p><b>Crochites of corall.</b> 209</p> <p><b>Mithridatum.</b> 88</p> <p><b>Miua simplex.</b> 90</p> <p><b>Electuarie comforting the stomake.</b> 58</p> <p><b>Electuarie of precious stones.</b> 59</p> <p><b>Electuarie inde maioris.</b> 57</p> <p><b>Sirope of mirtes, comp.</b> 180</p> <p><b>Sirope of sticados.</b> 176</p> <p><b>Sirope of woynewood.</b> 168</p>
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Sirope of quinces.	187	Pillule fetide maiores.	144
Conserue of langdebeefe.	15	Pillule agregatiue.	141
Sirope of dry roses.	192	Emplastrum ceroneum.	67
Conserue of roses.	18	Crifera.	103
Conserue of enula campana.	22	Against the diseases of the splene.	
Confection of quinces.	25	Antidotum asincritum.	I
Dyle of quinces.	113	Dia curcuma.	44
Dyle of coste.	105	Dia sene.	51
Emplaster for the stomake.	64	Pilles of the five kindes of mir-	
To purge the stomake of		robolans.	139
grosse humors.		Sirope of calamintes.	166
Hiera picra galeni.	76	Sirope acetosus compositus.	183
Pille fetida maioris.	144	Electuarium catholicum.	54
Pilles of sarcocolla.	143	Dyle of euphorbe.	115
Pillule ale-fagine.	140	Against hardnes of the splene.	
Pillule lufis maiores.	146	Trochistes of wormewood.	216
Pille stomachi.	152	Trochistes of egrimony.	217
Pilles of agarick.	154	Sirope of calamintes.	166
Cheriacia galeni.	202	Pilles of euphorbe.	145
Sirope of hisope.	172	Emplastrum diachilo album.	60
Sirope of horehound.	173	Ointment marciaton.	227
Sirope acetosus simplex.	182	Emplastrum ceroneum.	67
Orimell.	96	Against sighing.	
Orimell stilliticum.	97	Antidotum asincritum.	I
Sirope of maidenhaire.	195	Dia margaritum calidum.	30
Sirope of limons.	198	Things to cause the spiritie casly	
Emplastrum ceroneum.	67	to auoide.	
Against heat and burning of		Antidotum asincritum.	I
the stomake.		Sirope of pineapples.	
Trochistes of spodie.	215	Loch of squilla.	83
Crifandali.	204	To restore the speech.	
Sirope of the iuice of sorrel.	164	Diatrix salomonis.	38
Diarodon abbatis.	33	To breake the stone.	
Trochistes of camphire.	210	Aurea alexandrina.	2
Julep of roses.	80	Cheriacia galeni.	202
Ointment of roses.	111	Mithridatum nicholai.	88
Against hardnes of the stomake.		Dyle of scorpion.	118
Pilles of euphorbe.	145	Against the strangurie.	
Emplastrum diachilo album.	60	Aurea alexandrina.	2
Ointment marciaton.	227	Against founing or fainting	
Against coldnes of the stomake.		of the heart.	
Sirope of mintes.	167	Dia margaritum calidum.	30
Dyle of mintes.	122	Dia sene.	51
Dyle of wormewood.	123	Conserue of langdebeefe.	15
Ointment of holihock.	129	Sirope of langdebeefe.	200
Against paine in the stomake.		Conserue of bozage.	17
Emplaster of heather.	65	To trouble the	

# The Table.

<b>Dyle of dill.</b>	107	<b>Unguentum agrippe.</b>	230
To prohibite ouer much swea-		To increafe seed.	
ting.		<b>Dile of sweet almonds.</b>	101
<b>Rosata nouella.</b>	162	<b>Dile of fefanum.</b>	103
<b>Dyle of quinces.</b>	113	Against sleepe, or forgetfull	
<b>Dyle of mirtes.</b>	109	difeases.	
To caufe a man to sleepe.		<b>Dile of euphorbe.</b>	115
<b>Dia papauer.</b>	43	Against difeases of the finowes.	
<b>Sirope of poppie.</b>	178	<b>Sirope of fticados.</b>	176
<b>Dile of the floures of poppy.</b>	120	<b>Conferue of gladian.</b>	21
<b>Dile of dill.</b>	107	Against loofenes of the finows.	
<b>Dile of nenufar.</b>	121	<b>Sirope of fticados.</b>	176
Against children which cannot		<b>Dile of quinces.</b>	113
leepe, or fpeake in their leepe.		<b>Dile of maffick.</b>	114
<b>Crifera.</b>	203	<b>Dintment of agrippe.</b>	230
Against ftangling.		Against difeases in finowes which	
<b>Dia moxon potio.</b>	41	commeth of cold.	
Against the fcabbes.		<b>Dile of euphorbe.</b>	115
<b>Damech.</b>	12	<b>Dile of woymes.</b>	124
<b>Dile of bayes.</b>	102	<b>Oleum de cheirie.</b>	125
<b>Dintment for childzen.</b>	234	<b>Pilles of euphorbe.</b>	145
<b>Dintment againft the fca.</b>	223	Against shooting of humors.	
To purge the instruments of		<b>Emplaftrum palinetum.</b>	76
the fenfes.		Against great and cold fores.	
<b>Pillule ale-phagine.</b>	140	<b>Tela gualteri.</b>	220
<b>Pillule agregatine.</b>	141	<b>Emplafter of white lead.</b>	75
<b>Pille iulis maiozes.</b>	146	<b>Emplafter of red lead.</b>	74
<b>Cheriaca galeni.</b>	203	<b>Unguentum egyptiacum.</b>	240
Against the fquintie.		To drie fores and biles.	
<b>Withidatum.</b>	88	<b>Emplafter de ciccatrinum ra-</b>	
Against weakenes of members.		bium.	78
<b>Antidotum aliteritum.</b>	1	<b>Unguentum apofolicum.</b>	221
<b>Dia margaritum calidum.</b>	30	To queach the thirft.	
<b>Withidatum.</b>	88	<b>Trochiffes of camphire.</b>	210
<b>Dile of wormewood.</b>	123	<b>Trochiffes of fpodie.</b>	25
<b>Dile of mirtes.</b>	109	<b>Sirope of the intufion of yong</b>	
Against the ftifnes of the inward		rofes,	191
partes.		<b>Sirope of quinces.</b>	187
<b>Withidatum.</b>	88	<b>Sirope of white poppie.</b>	178
<b>Conferue of rofenary.</b>	16	<b>Sirope of the tart pomcitron.</b>	189
To mollifie & ripe all fwellings.		<b>Rosata nouella.</b>	162
<b>Diachilon paruum.</b>	61	<b>Mel violatum.</b>	92
<b>Emplaftrum of bay berries.</b>	65	<b>Julep of rofes.</b>	80
<b>Emplafter diachilon album.</b>	60	<b>Conferue of violets.</b>	19
<b>Dile of flowerdeluce.</b>	110	Against the turning ficknes.	
<b>Unguentum apofolicum.</b>	121	<b>Antidotum aliteritum.</b>	1
<b>Unguentum marifatou.</b>	127		

## The Table.

<i>Aurea alexandrina.</i>	2	<i>Aromaticum gariophilatum.</i>	4
<i>Confection of sweete muske.</i>	11	<i>Mina simplex.</i>	90
<i>Electuarie of roses.</i>	55	<i>Rosata nouella.</i>	162
<i>Dia pyzium.</i>	36	<i>Sirope of mintes.</i>	167
<i>Electuarie de spilio.</i>	56	<i>Sirope of quinces.</i>	187
Against the tooth ache.		<i>Dyle of mintes.</i>	122
<i>Antidotum asincritum.</i>	1	Curing the disposition of vomiting, which is when a man would vomit and cannot.	
<i>Aurea alexandrina.</i>	2	<i>Rosata nouella.</i>	162
<i>Nithridatum.</i>	88	<i>Aromaticum gariophilatum.</i>	4
<i>Dia pyzium.</i>	36	<i>Mina simplex.</i>	90
Against the roughnes of the tongue.		<i>Sirope of mintes.</i>	167
<i>Dia tragacantha frigida.</i>	40	Prouoking of vrine.	
<i>Dyle of violets.</i>	112	<i>Antidotum, asincritum.</i>	1
Against roughnes of the throat.		<i>Aurea alexandrina.</i>	2
<i>Dia tragacantha frigida.</i>	40	<i>Dia curcuma.</i>	44
<i>Dia mozon potio.</i>	41	<i>Dia saturion.</i>	45
<i>Sirope of violets.</i>	177	<i>Diureticum.</i>	97
<i>Juleppe of violets.</i>	81	<i>Ointment agrippe.</i>	230
<i>Dyle of sweete almonds.</i>	101	Prouoking Venus.	
<i>Dyle of sesanum.</i>	103	<i>Dia saturion.</i>	45
<i>Dyle of violets.</i>	112	Healing of woundes.	
Against shortnes of winde.		<i>Balsamum artificia.</i>	10
<i>Antidotum asincritum.</i>	1	<i>Emplastrum palmeum.</i>	79
<i>Nithridatum.</i>	88	<i>Unguentum apostolicum.</i>	221
<i>Diaries.</i>	38	<i>Unguentum bassicū magnū.</i>	223
<i>Sirope of calamintes.</i>	166	To scower and cleanse woundes.	
<i>Confection of muske.</i>	11	<i>Ela gualteri.</i>	220
<i>Confection of sweete muske.</i>	11	<i>Unguentum apostolicum.</i>	221
<i>Dia comeron.</i>	32	<i>Unguentum bassicum magnū.</i>	223
<i>Cheriaca galeni.</i>	202	223	
<i>Pilles of agarick.</i>	154	<i>Unguentum egyptiacum.</i>	240
<i>Sirope of hozehound.</i>	173	Against wormes in the belly.	
<i>Sirope of hisope.</i>	172	<i>Pouder of wormes.</i>	131
<i>Sirope of pineapples.</i>		<i>Sirope of limons.</i>	171
<i>Loch de squilla.</i>	83	<i>Ointment against wormes.</i>	123
To breake winde.		<i>Dyle of wormewood.</i>	123
<i>Antidotum asincritum.</i>	1	<i>Moc ciccatrinum.</i>	31. to purge,
<i>Aromaticum gariophilatum.</i>	4	to staie working, eate some broth.	
<i>Pillule auree.</i>	136	<i>Mellene</i>	31. doo purge gentlye,
<i>Dia galanga.</i>	27	taken with sacke fasting in powder.	
<i>Dia cuminum.</i>	28		
<i>Dia curcuma.</i>	44		
<i>Electuarium inde maioris.</i>	17		
<i>Sirope of egrimony.</i>	175		
<i>Dyle of bitter almonds.</i>	102		

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162  
pharum, 4  
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