
NAVAL HOSPITAL, MILLINGTON, TN 38054

June 1994



Happy 96th Birthday

Hospital Corps

17 June 1994



Captain's Corner

by:

M. A. BLOME'
Commanding Officer



Thanks to the many of you who commented on our vision, mission, and guiding principles of the Naval Hospital. It couldn't come at a better time. As I mentioned last month, I would keep you informed as to the fate of Naval Hospital, Millington as we become a smaller and leaner Navy Medical Department. We have that news known to us and we will begin working immediately addressing our role as a clinic vice Naval Hospital.

As I have mentioned before, we are not a clinic yet, and we all owe our patients the very best in outpatient and inpatient care until our mission changes. This explains why we will open an ICU on 06 September and why MRI capability is coming to Millington.

You will quickly discover how important our TQL training will become in the next few months. There is so much to plan for and yet so little time to accomplish all that must be done.

As downsizing throughout the Navy Medical Department occurs, our operational commitment will become more arduous. Many of us will find ourselves TAD to operation assignments in the next 12 months. I cannot emphasize enough to you to have your personal affairs in order. The time for preparation is today, not tomorrow.

We just celebrated the Nurse Corps Birthday. I can honestly say we have the Navy's finest. When our nurses have been sent to other commands, I always hear how great their contributions have been. As Nursing Service prepares for the opening of the ICU, this "Can-Do" attitude is prevalent.

June 17th is the celebration of our Hospital Corps. We have every reason to be thankful for our many "Docs" and don't hesitate to tell the corpsmen in your life "thanks." This enlisted corps has a truly enviable history.

In addition to the nurses and corpsmen TAD to operational units, let's not forget our physicians. As Dr. Whealton toils in Diego Garcia and Dr. Simms deploys with DESRON 26, we are well represented. These two fine physicians came from overseas assignments or shipboard prior to coming to Millington.

June is Captain's Call. Get those questions ready!

Master Chief's Messages

By:

R. L. FRANK
Command Master Chief

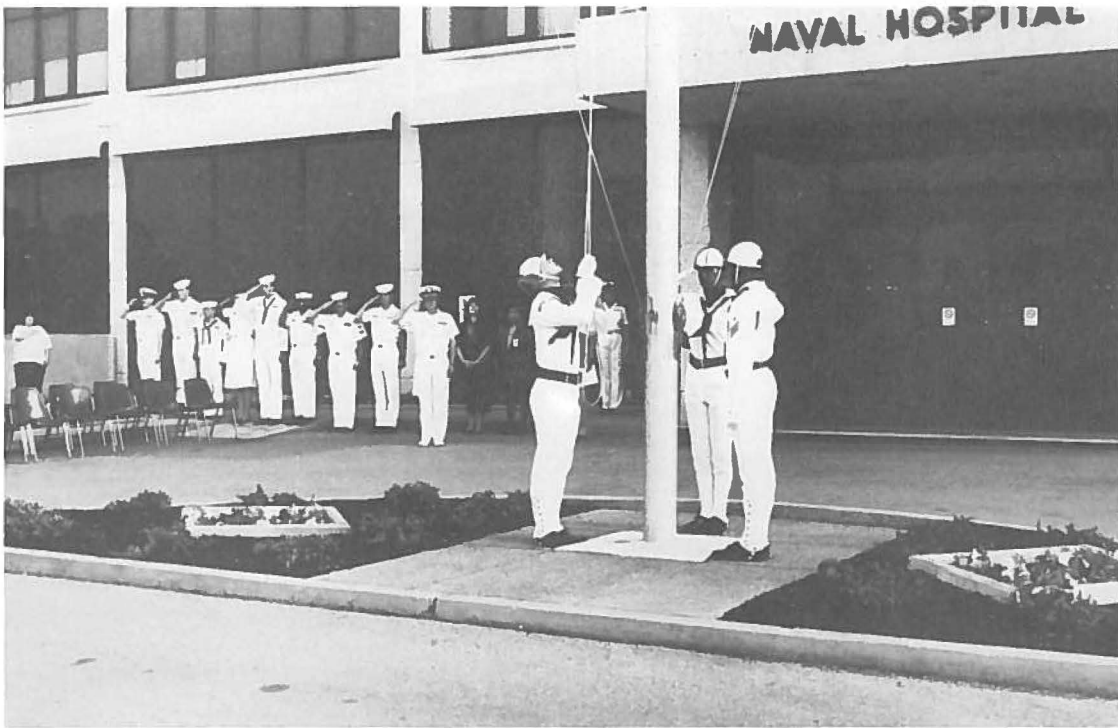


On 17 June 1994, the Navy Hospital Corps will be 96 years old. Officially the Hospital Corps was established 17 June 1898. No, that doesn't coincide with my enlistment date (maybe the Skippers - but, not mine.) You should be truly proud of your heritage - more Medals of Honor and decorations have been awarded to Hospital Corpsmen than any other enlisted rate in the Navy. When a shipmate or marine calls for "Doc," it's a feeling of pride that cannot be expressed in words. It's the same feeling you get when taps are called or the flag is raised. On 17 June, we plan on a big celebration. The "Hall of Honor" (recognizing all Hospital Corpsmen who were awarded the Medal of Honor) will be presented. A formation of all hospital corpsmen (for a group picture) and of course the Hospital Corps Birthday Picnic will take place. So be proud "Doc." There have been a lot of sacrifices to get the Hospital Corps to the position it's now. Some even sacrifice their lives.

The following is a modified version of a soliloquy I saw hanging in the office of one of our "Docs." I thought it was appropriate that we remember that anytime we, as Hospital Corpsmen, may be called upon to provide "the greatest good for the greatest number."

... Without sophisticated medical technology, without degree in psychology and philosophy, the corpsman has been required to function with the versatility of no other enlisted person. The corpsman has been the soul of the troops; their physician, their nurse maid, their conscience. Whenever the troops are engaged in combat, the ever-present corpsman -- sweat rolling down their cheeks, blood and bits of tissue splattered across their shirt and pants -- is physically exposed. Amid screaming and shouting, and crying, surrounded by death, they passionately tend to the injured and dying, even as the plasma bottle shatters in their hands. As warriors convulsed around him the corpsman, their throats swollen dry, gently cradles yet another shipmate in their arms. When the battle has passed and the battlefield becomes graveyard quiet, the warrior is at rest, while the ragged and dusty corpsman, their clothes reeking of blood and sweat, continues their battle against the angel of death, mending gaping wounds and consoling the aching hearts of their charges. And, unlike a movie or TV program, the blood never leaves a corpsman's boots; the stench never leaves their noses; the piercing screams never leave their ears; and the taste of war never quite leaves their souls.....

Picture this



COMMAND MORNING COLORS AND AWARDS CEREMONY



HM1 DOMBROWSKI AND HM2 DOMBROWSKI RECENTLY REENLISTED FOR FOUR YEARS BY LT SULLIVAN



LT DUNAWAY, LT SULLIVAN, LT SCHNEIDER AND LTJG ROBINSON WATCH AS THE CPO'S DEFEAT THE MSC'S IN SOFTBALL.



LT BIZET PREPARES TO TRY TO KNOCK ONE OUT OF THE PARK



HM3 SPRISSELER AND HA WADELL OF OPERATING MANAGEMENT WORK DILIGENTLY TO BEAUTIFY NAVAL HOSPITAL, MILLINGTON



CAPTAIN BLOME PRESENTS CDR(SEL) ALLRED HIS 40TH BIRTHDAY PRESENT

THE CIVILIAN COMMUNITY

By Cyndi Olson

QUOTE FOR THE MONTH.....

When opportunity knocks, remember - it's not a lengthy process.

* * * * *

THRIFT SAVINGS OPEN SEASON:

Open season for the Thrift Savings Program runs from 15 May - 31 July.

For new, changes or deletions see your civilian liaison.

* * * * *

DIET DILEMMA:

I've done real well on my diet and exercise program by making just a few simple substitutes.....

Instead of having a piece of cheesecake, I have a carrot.

Instead of watching TV, I do an hour of aerobics.

Instead of eating a chocolate donut, I jog around the block.

Instead of saying "Good Morning", I say "Get the hell out of my way!!"

Instead of opening the office door, I rip it off the hinges!!!!

* * * * *

ON THE HUMOROUS SIDE:

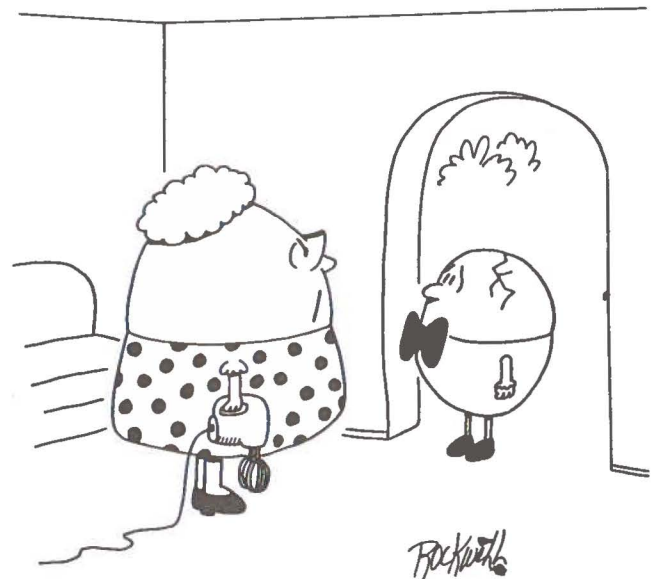
A taxpayer is someone who does not have to take a Civil Service exam in order to work for the government.

* * * * *

LET ME HEAR FROM YOU.....

Items of interest concerning civilian matters should be directed to Cyndi in room 238 for input in the newspaper.

* * * * *



"Humpty, I've told you a hundred times not to climb on that wall! Now I'm afraid I'll have to beat you."

JUNE JAMBOREE:

FUN, HEALTH AND SAFETY FAIR

Saturday, 11 June 1994, from 1000-1400, behind the Navy Exchange is the time and location for this year's Fun, Health, and Safety Fair. This year's fair is an all hands, base-wide effort with parades, dignitaries, drill teams, bands, clowns, health demonstrations and displays, health screenings (cholesterol, blood pressure, blood sugar, vision), bicycle safety course, games, static displays (fire trucks, planes, ambulance, patrol cars), and entertainment for all ages. The parade, starting at 0900, will kick off the fair this year. Tickets will be given out along the parade route for prize drawings.

In conjunction with the fair, a 5K Health Walk/Run will be held on Thursday, 9 Jun at 1530. The starting point will be the gym. Trophies will be given for the best effort in male/female under 35, male/female over 35 (run and walk), and team. Point of contact for the run is the PRT Office at ext. 5859. Pre-register or register on site from 1400-1515. This year's June Jamboree: Fun, Health, and Safety Fair plans to be an exciting and informative event. Don't miss out! You can contact the Health Promotion Officer, LCDR Winter at ext. 5654/7 if you would like more information.

CHAPLAIN'S

OR N E R III

This article was given to me by a dear friend that expresses my thoughts of heaven/parting as friends and shares some fantastic insight!

THE FATHER'S HOUSE

John 14:1-4

Jesus said, "There are many rooms in my Father's house; if there were not, I should have told you."

As we hear that, we envision the Father's house as being somewhere else, or in some distant future, or disconnected from where we are. But Jesus used the present tense form of the verb, to be, "There are many rooms in my Father's house." And we tend to forget that we, too, live in the Father's house. He has created and sustains the place where we are. This earth is one of the rooms in the Father's house, and so, we are living one of the room in the Father's house.

But here are also other rooms, not some day in some vague, tentative future, but now. Right now, the Father's house has many rooms and we live in one of those rooms. Others of us live in other of those rooms.

We can think, then, of all people of all time living in the house of our Father God. We do not see any longer the ones we have known here and who have gone from us. Neither do we see the ones not yet born, those who have not yet arrived in our room. But everyone is somewhere in our Father's house, in some room of His house.

And the whole house is our Father's. He is the Head of the house. We are His children and He has appropriate rooms for us as His children. And sometimes, at least once for each of us, our Father calls to us to leave this room where we now are, and go to be with Him in another room in His house.

We feel, at times, that death is a severe way for that to happen, for God to bereave us of one we have had in our room and have come to love and admire and rely upon. But, in the Father's house, all of His children are alive and all are in rooms appropriate to God's call to us.

Our Father is Lord of this room and the next room and, in fact, all of the rooms in His house. - John B. Danhof

Our new "room" in the Father's house will be in Okinawa beginning 10 June. Our thoughts and prayers will be with you as I hope yours will be with us. We would love to hear from you: Office of the Chaplain, 1st MAW-FMF, FPO AP 96603-8701.

In His Loving Service and Yours,

Chaplain Mike
Chaplain Mike

P.S. Enjoy LCDR Jim Ellis, CHC, USN! I believe he will be an asset to our command!



DEPARTMENTAL SPOTLIGHT

By: HMI Peggy Williams

The Departmental Spotlight this month falls upon the hospital library. The hospital library contains a variety of books on everything from, how to start a farm to how to recognize signs of a specific disease. Of course, we can't forget the wide array of magazines and newspapers.

Mr. Glendle Counts, the Library Technician, takes great personal pride in the library. Mr. Counts, who was originally from Kentucky, decided to sink his roots here in Memphis in 1971. While on active duty, YN1 Counts (what he was formally known as before he retired) got his start working in a library while stationed on the USS Suribachi. While on the USS Suribachi, he started a library for the ship's company and maintained it as a collateral duty until he transferred from the ship.

If you are ever out wandering around on your lunch time and looking for something to do, stop by the library and Mr. Counts will be glad to show you around. Mr. Counts parting advice is, "Take time to read."

Do You Know

The first U.S. warship launched under provisions of the U.S. Constitution?
**the frigate
United States**
(May 10, 1797)

The man who supplied the copper bolts and spikes for the USS Constitution (Old Ironsides), launched Oct. 21, 1797?
Paul Revere

The inventor of a multishot rifle used extensively in the Civil War?
Christopher M. Spencer

The earliest animal man domesticated and put to work—some 7,000 years ago?
the reindeer

A medical operation performed for the first time by Air Force doctors Brig. Gen. James W. Humphreys and Col. Daniel Campbell—on a Vietnamese farmer, May 15, 1965?
removing a live grenade

The first colony to issue paper money in America?
Massachusetts
(Feb. 3, 1690)

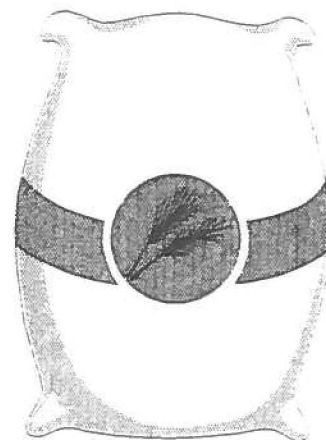
The first chaplain to serve in the American Revolution?
William Emerson
(April 19, 1775)



"I didn't have a hair transplant. I grew out my eyebrows and combed them back."

CHICKEN CONTINENTAL

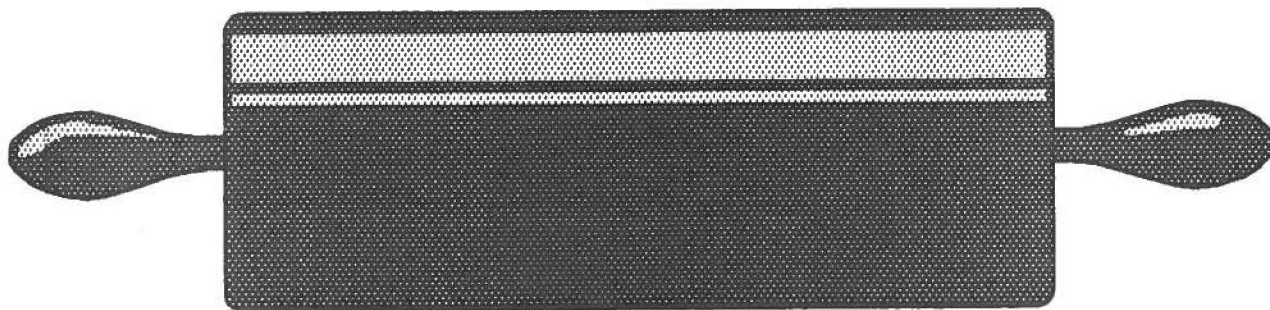
By: Chef Ricardo



Frying Chicken

1/4 cup flour
2 tbsp oil
1 4 oz can mushrooms
1 16 oz can whole tomatoes chopped
1/3 cup soy sauce
1 clove garlic minced
1 onion sliced
1/4 cup (or more) sliced black olives

Cook chicken with flour - brown in oil. Drain mushrooms (save liquid the liquid). Combine mushroom liquid with chopped tomatoes, soy sauce and garlic. Add sliced onion to chicken with liquid and stir to combine. Cover and simmer 45 minutes or until chicken is tender. Stir in mushrooms and olives. Bring to boil. Serve over rice.



POTPOURRI DEPT

Have you noticed LCDR Luka's mysterious Philodendron lately? I mean, besides the fact that it has taken over his office. Just why are the leaves so green? Is it jealous of Freddy Pugh's Philodendron? Is it green with envy or could it be... something else? Is this seemingly innocent plant sneaking out at night for an illicit rendezvous? Nancy Kent's tree knows but isn't speaking. What really happened to the potted palm that used to stand so gracefully in the Quarterdeck area? Could it now be permanently planted somewhere? Perhaps the Philodendron isn't as innocent as it appears. What about the missing bottle of Ortho-Gro from the Pharmacy? Could something have altered the requisition for Jobst stockings to Jobe's plant spikes? Why does Lola's potted plant look so smug? What about the new Spider plant in the Emergency Room? What does Freddy's Philodendron know... and when did it know it? There's something strange going on here! Some dark night, when you're standing the midwatch, listen carefully for the rustle of little green leaves. If you catch one of these mysterious plants wandering the passageways, report it to Security at once. It could be armed and dangerous. Don't say you weren't warned!

WHAT IS LYME DISEASE?

By: HM1(AW) Tim Gough

Lyme disease is an illness that is spread by the bite of deer ticks carrying certain bacterial strains. The disease was first recognized in Lyme, Connecticut in 1975. Since then, cases have now been reported throughout the country. Lyme disease may cause arthritis, heart problems, and central nervous system disorders. Deer ticks are very small, normally no bigger than the head of an ink pin. They feed mostly on mice and deer but can also feed on mammals. These ticks normally are capable of transmitting the disease in late spring, summer, and early fall.

There are three stages of Lyme Disease. In stage 1, symptoms include: a red rash that is usually circular and blotchy and that expands around the bite; headache, fatigue, fever, pain and stiffness in the joints and muscles, swollen glands, and other flu-like symptoms. In stage 2, symptoms usually appear within a few days to within a few weeks. They include dizziness, poor coordination, weakness, severe fatigue, joint pain, headache, memory loss, irritability, and facial paralysis. Stage 3 can occur weeks to years after stage 2. The most common symptom of this stage is arthritis, often in the knees. This condition can disappear but can recur many times. The stages and symptoms may vary. Some people may not go through all stages and have symptoms that overlap between stages. It is important that you seek medical attention if you notice any symptoms of Lyme disease and that you inform the physician that you may have been exposed to ticks. Prompt attention and treatment with antibiotics is usually successful in preventing complications. The longer treatment is delayed the more difficult it becomes to treat.

Of course, using some preventive measures is important to reduce the likelihood of contracting the disease. If you are going camping, hunting, or venturing into a tick-infested area, you should wear a hat, long-sleeved shirt, long pants which are tucked into socks, and shoes. Also, use a tick repellent. Some companies are now using advertising gimmicks which lead you to believe that their product is the only one that will work. These repellants do work; however, they contain very high percentages of an active ingredient called "DEET" which may cause skin rashes. Any brand of repellent with "DEET" will work. So as a word of caution, you may be better off applying the repellent to only the clothing. After returning home from your outing, check your body for ticks. If you find one, use small pointed tweezers and grasp as close to the mouthparts as you can and pull the tick away from you. Avoid grasping the tick by the body and twisting the tick off. The use of petroleum jelly, motor oil, hot matches, etc. for removal is not recommended. For further information on Lyme Disease, contact the Occupational Health/Preventive Medicine Department at 873-5654/5657.

OFF-THE-WALL DEPARTMENT

Once upon a time, in a galaxy far, far away, Jean-Luc Piccard puzzled over a time-space anomaly. How could Bob Barker do such a thing? ... and at his age yet! Mr. Data, your analysis, please. Captain, it is obvious that Mr. Barker has secretly discovered a way to reverse time. Such a discovery could be of great benefit to aging, bald-headed men, who, well, just don't perform at the high level they once did. Yes, I see your point, Mr Data. Navigator... set a direct course for the Scorpio Sector. Captain! Yes Mr Worf? Captain... our long range scanner has just detected another ship heading toward the Scorpio Sector.

The Millennium Falcon abruptly slowed as it came out of hyperspace. How much longer before we reach a rest stop, asked Princess La. There you go, Luke. That's why I don't like traveling with women...always wanting to stop. Well, gee whiz Han! I could use a stop too. Ok Ok! We're almost there anyway. Hey! Someone's tracking us!

I have you now, young Skywalker. One blast from this Death Star and you will trouble me no longer. Darth Vader was in an evil mood, as usual. He had tracked the Falcon all over the galaxy before finally reaching it near the Scorpio Sector. He too was interested in finding out more about the amazing Mr. Barker, and using the time device for his own devious purposes. He knew Luke would try to stop him if possible. But what was this? The Enterprise? How could that be?

Meanwhile, Buck Rogers had troubles of his own. The old Battlestar Galactica was slowing with age, despite recent cosmetic repairs. Buck tried everything he could to coax a bit more speed out of her. Perhaps when he got to the Scorpio Sector, he could see about getting the engines replaced. He finally remembered to check the scanner and was shocked to see that he was not alone.

Flash Gordon was excited. He had finally brought Ming the Merciless to well-deserved destruction, and had married Gail. They were off to the Scorpio Sector for their honeymoon. He hadn't a care in the world until he noticed he was being followed.

Captain Kirk... I think you need to see this. Spock! What the heck is going on? What are all those ships doing here? And who's the old guy with the smile? Captain...this is highly illogical but he appears to be an aging game show host with delusions of grandeur. Is he dangerous? Look! He's getting younger by the minute. Scottie, we need more speed. Sorry Captain... it's the engines. They're overheating again. What do we do, Captain? Well, get Hoss and Little Joe and the boys and let's ride. Sorry... wrong series! Hey Beavis! Where's that remote?

Poor Bob. Surrounded by every TV starship he could ever imagine, he feared for his life. OK Barker, said Darth Vader. We want the anti-time device. Thinking quickly, he said OK, but it's behind one of these three doors. Is it door number one, door number two, or door number three? If you guess wrong, you don't win the prize. Come on down, Darth! Darth really didn't like the odds but chose door number two. Wait, said Bob. I'll trade you for whatever is behind that door for this crisp one hundred dollar bill. Psssst! Monty Hall? Wrong show? Hey, don't worry about it. A game show is a game show! So... back to the story. Darth wasn't much of a gambler, so he took the money, changed his name to Darth Brooks and became a Country & Western singer. The others were laughing so hard at Darth that they forgot all about Bob, who quietly made his escape. When last seen, he was headed for Vegas with a blonde lawyer. But what does it all mean?, said Elvis, as he walked into the story. Could this be confirmation of Einstein's special theory of relativity? Was this a sinister plot by the BRAC Commission? Elvis had no idea as he was deeply concentrating on Roseanne's theory of burgers. Be sure to stay tuned next month when Kermit the Frog candidly discusses extra-species marriages.

WELCOME ABOARD

HA Riggs	HR Woods
HR Ingemunson	HR Cockrell
HA Valverde	HA Drapal
HA Chadwich	HR Cooley
HA McKeon	LTJG Vanaacken
HA Grant	HA Hagedorn
MS3 Edwards	HR McIver
HR Cook	HA Mills
LCDR Jamali	HA Cajalcastaneda
HM1 Bailey	HA Hart
HM2 Niedert	MSSN Patterson
HR Gibson	HM3 Kraus
LT Reynolds	HR Kersh
HN Sells	HR Craig
HR Gautreaux	HN Caloe
HN Sheldon	



FAIR WINDS AND FOLLOWING SEAS

HMC Stedry	DT2 Palmer
HA Benson	HM2 Susa
HM3 King	HM1 Warren
HA Debord	HM3 Amaya
HA Ward	HN Moore
HN Davenport	HM2 Wandrych

LCDR Donald Ederly	June 01
LCDR Richard Gunovich	June 02
LCDR Richard Savoy	June 06
LCDR Mark Boyd	June 15
LT Shawn Smith	June 17
LT Charles Davidson	June 18
LTJG Kimberly Whisenant	June 01
LTJG Randall Mathis	June 19
HMC Jeral Carr	June 08
ICC William Dick	June 15
HMC Stanley Hall	June 19
HM1 Doug Flannery	June 09
HM1 Charlie Ricks	June 11
HM1 Donald Porter	June 11
HM1 Anthony Schmidt	June 28
HM1 Karl Compton	June 28
SK2 Dean Spencer	June 07
HM2 Jim Price	June 14
HM2 Rickey Conrad	June 25
HM2 David Halm	June 29
HM3 Joe Monsivals	June 05
HM3 William Warren	June 05
HM3 Anthony Royal	June 07
HM3 Neal Schroeder	June 08
HM3 John Finch	June 12
HM3 Ruben Morales	June 12
HM3 Kevin Bolden	June 16
HM3 Scott Brock	June 16
HM3 Felisa Buhlinger	June 20
MS3 Robert Mortimore	June 25
HM3 Jo Hardy	June 29
HM3 Cassie Reese	June 30
HN Kevin Peery	June 07
HN David Waddell	June 11
HN Robert Anthony	June 12
HN Noah Morrell	June 20
HN Roger Drake	June 24
HN Richard Untalan	June 27
HN Quazi Smith	June 28
HN Sharon Smith	June 28
HA Jeremy Romer	June 03
HA Lisa Schill	June 08
HA Raymond Goodwin	June 15
HA Kevin Lohrke	June 15
HA Justin Harris	June 15
HA Bryan Minchew	June 21
HA Jon Mooney	June 28
HR Steven Waddell	June 11
HR Tina Cole	June 18
HR Marla Slay	June 21
HR Kelly Kendrick	June 26
HR John Johnston	June 30
Karen Stanton	June 03
Linda Romero	June 03
Rick Cribbis	June 06
Virginia McGary	June 14
Joan Bernard	June 20
Jerri Richmond	June 30



Rockwell

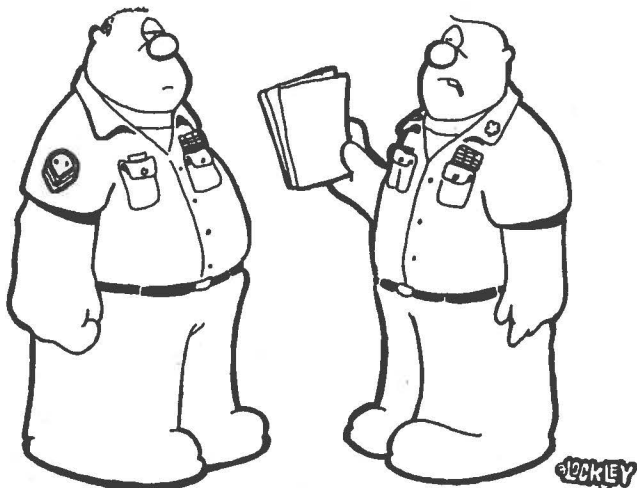
"Hold on there! What are you doing with an officer's club?"



BOWLING LEAGUE FINALE

The Hospital Bowling League concluded the season with an exciting position night on 20 April. It was a tough battle, with Desperate taking top honors with a convincing win over rival X-Rayted. Weevils finished the season third with a come-from-behind victory over the tough Cliffhangers. Desperate, with bowlers Curtis Wiedrick, Charlotte and Danny Dawson, and John Estes, came on strong in the second half of the season and proved to be too tough for the competition to catch.

At the end of the season banquet on 30 April, Jeannie Carlsen was elected President for next year, with Ron Luka as Vice President and Bobie Lewis as Secretary/Treasurer. Teams for next season will begin forming up in early August. We would like to have more participants next season. Get a team up and come on out and join the fun!



"You're right, chief. Discipline is a problem. But your suggestion to bring back flogging is not the solution."

AWARDS

By: HM3 Jo Hardy

The following awards were presented in May

NAVY COMMENDATION MEDAL

LCDR Mitchell

NAVY ACHIEVEMENT MEDAL

LCDR Olsen
LCDR Bishop
LCDR Ezell
MS2 Carr
RM2 Johnson
HM3 Thompson

GOOD CONDUCT MEDAL

HM3 Little
HN Q. Smith
HN Caldron
HM3 Lavery
MS1 Wroblewski

LETTER OF COMMENDATION

HN Denton
HA White
HM2 Arreola
HN Stablein

LETTER OF APPRECIATION

HN Moore
HN Beaulieu
HM1 Williams
HM1 Gauvain
HM2 Price
HM2 Conrad
HM3 Williams
HM3 K. Brown
HM3 Batiste
HM3 Boyd
HN Davenport
HN Peart
HA Arnold
HA Rengering
Roe Lewandowski-Sexton
Randy Ashley
Dr. Jeff May

SWAP SHOP

House for sale - 5210 Rolling Meadows. 3 bedrooms, 3 full baths, master bedroom w/2 extra large closets (13 ft. 9 in. x 11 ft.), 2 bedrooms (10 ft. x 10.6 in., 10 ft. x 9 ft. 6 in.), living room (18 ft. x 13 ft. 6 in.), Den w/FP and built-in bookcases (22 ft. x 13 ft. 10 in.), dining area (11 ft. 9 in., x 8 ft. 10 in.), Kitchen (14 ft. 3 in. x 8 ft. 10 in.) includes stove, refrigerator and dishwasher, foyer (13 ft. 6 in. x 7 ft.), security system, gas furnace, A/C, 2 + garage with work bench, attached extra large carport, garden tool storage building plus 2nd storage building, fenced backyard. City taxes \$620.90 per year and County taxes \$604 per year. \$85,000 For more information or a private showing, call 382-8377.

Hide-a-bed couch for sale for \$200; oak coffee table for \$30; 1990 Topps Baseball Complete Set w/Frank Thomas rookie \$20; 1971 Johnny Bench Card \$10; 1975 Hank Aaron Card \$10. Contact Thad Baker at 5927 or 353-1231.

18500 BTU window A/C unit for \$245; 6000 BTU window A/C unit for \$135. Call 837-6210.

Trek 10 Speed; 27", suntour components, aluminum frame, \$100 OBO. Benotto 12 speed; 26", shimano index, shifting great shape, low miles, \$200 OBO. Call Andy at 873-1850.

Whirlpool mini refrigerator w/freezer. \$50 works like new; two aquariums - 10 gallons for \$10. Call Scott at 873-1090 for more information.

Miniature Schnauzer (8 months old) for sale. Salt/pepper in color. \$200 OBO. AKC registered, has received all shots, wormed, great with kids. Requirements: Needs a good home. Payments arrangement negotiable. Must sell due to owner attending several schools over the next year. Call 873-1820 for more information.

Selling Gibson Chest Freezer 23 cu/ft for \$125. call 872-6237 or ext. 5836 and ask for Tom.

5 month old female Chinese Shar Pei puppy. Wrinkles head to toe and unusually flabby neck. Very playful, great for kids or small apartments. Color: light brown with black tongue. Selling because owners working most of the day and going to school half of the night. Cost: \$275 including food, toys, chain, collar and favorite bear. Half of puppy shots and dewormed. If interested, call HM3 Parker at ext. 5856 or 872-7395.

Sofa \$200, computer desk \$100, teak end table (2) \$100 each, Teak coffee table \$200, Teak drum table \$175, small pine table \$15, medium pine table \$25, large pine table \$35, extra large pine table \$45, book case \$85, small lamps \$10, large lamps \$15, dresser \$45, King Mattress/box springs \$100, Birch bedroom set/ 6 pieces \$300, cream floral rug 8'x11' \$60. Prices negotiable. For more information call HMCM Whitaker at 837-4663.

Military and civilian alterations. *Special* Ensign - Captain \$5.00 a coat (you supply gold). E-1 - E-6 \$1.00 per patch, 25 cent to remove. Chief's \$5.00 a coat. Call Tina Bell at 476-1552 for pick-up, delivery at hospital.

1991 Honda Civic LX, 5 speed, air, AM/FM cassette, cruise control, grey w/light grey interior, 4 doors, new tires, \$7,500 OBO. Call Tammy at 5814 or 837-3224.

--Matching sofa, love seat and chair, gloss grey color with small pattern, double stuff highback style, great condition. Asking \$250 for all. Contact HM2 Hansen at ext. 5923 or 872-0767.



"Naturally your men are anxious to go, considering that last week you mistakenly dropped them on a nudist colony."

SOFTBALL?

Singles and doubles, grounders and tricky pop-flies. We sacrifice our bodies to hear the spectator's cry. "Step back in the box" and "Hey keep your head in!" We give our all and then more just in hopes of a win. "Tag-up on the long fly ball" and "Watch out for the sun". Base hits are just fine but everyone wants to hit homeruns. "Stretch out that double", don't stop you can go for three!" Oh no, you've got to make a slide, don't worry about your knee. You know the count is 3-0, but somehow you just can't resist. Here comes that lazy low-flying "Meatball" and you swing for the fence. It is now the bottom of the fifth, and we know we are behind. We just might be able to win if only the umpire wasn't blind. You dive for that fast grounder, and sprain your thumb, but all is well, providing that they didn't score a run. We will sacrifice our bodies, we will dive left and right. Oh no, another bad call, I bet we're gonna have a fight! Scraped knees and scraped elbows, but still we play on. It's an unexplainable high, best feeling I've ever known. And the very next day, as we go slowly limping down the hall, "What happened?" we get asked, and our reply is simply SOFTBALL.

Darren Cawthon

Captain M. A. Blome'
Commanding Officer

Captain E. A. Ames
Executive Officer

HCMC(SW) Robert L. Frank
Command Master Chief

LT V. M. Sullivan
Editor

LCDR Ron Luka
HM1 Peggy Williams
HM1 Tim Gough
HM2 Rickey Conrad
HM2 Darren Cawthon
HM3 Jo Hardy
HM3 Cassie Reese
DT3 Ariston Jacks
RPSN Ranitra Hammonds
HN Allison Dunbar
Cyndi Olson
Carolyn Malone
Staff

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IF you find mistakes in this publication, please consider that they are there for a purpose. We publish something for everyone, and some people are always looking for mistakes.



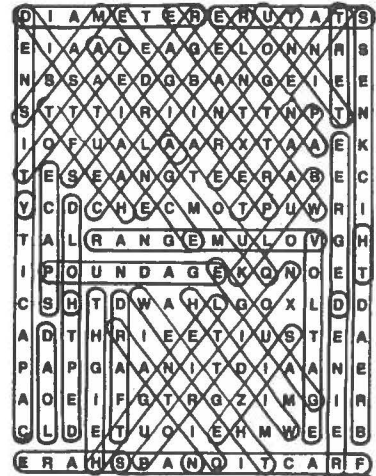
down the rabbit-hole

- A Judge
- Ball
- Bottle
- Cake
- Chase
- Cookies
- Dash
- Deck (Of
Cards)
- Diamonds
- Dodo
- Dreams
- England
- Fans
- Fish
- Foolish
- Glass
- Hole
- House
- Isolate
- Keys
- Knave
- Leaves
- Lizard
- Lobster
- Looking
(Glass)
- Lory
- Paint
- Pepper

W	Y	R	O	L	T	G	T	I	M	E	S	A	H	C
A	D	R	E	A	M	S	N	W	T	T	E	S	S	A
K	L	E	L	T	R	U	T	I	S	A	I	B	A	J
E	L	E	L	I	C	E	H	N	K	L	K	O	D	U
U	S	A	A	A	A	W	S	D	O	O	O	T	N	D
P	X	T	T	V	K	T	R	O	H	S	O	T	A	G
S	K	C	E	D	E	H	F	W	U	I	C	L	I	E
G	D	I	V	E	R	S	E	P	E	P	P	E	R	V
I	I	D	O	D	O	I	L	K	I	S	T	N	O	A
W	A	R	D	N	R	F	L	E	D	E	N	E	T	N
H	M	E	E	A	G	A	A	Y	E	R	I	C	C	K
T	O	V	E	L	O	H	B	S	E	P	A	S	I	P
O	N	U	A	G	B	D	A	B	N	E	P	Z	V	O
L	D	S	S	N	F	A	N	S	I	N	O	E	I	O
P	S	T	N	E	L	A	T	R	E	T	S	B	O	L

- | | | |
|---------|---------|-------------------|
| Plot | Table | Verdict |
| Pool | Tail | Verse |
| Rabbit | Talents | Victorian |
| Scene | Tales | Wake Up |
| Serpent | Talk | White
(Rabbit) |
| Short | Tall | Wigs |
| Sleep | Time | Window |
| Soup | Turtle | |

Answers to last month's
puzzle



Who am I?

You won't catch this guy
on the loading dock anymore

The handsome young man in last
month's paper was ... Captain Ames

