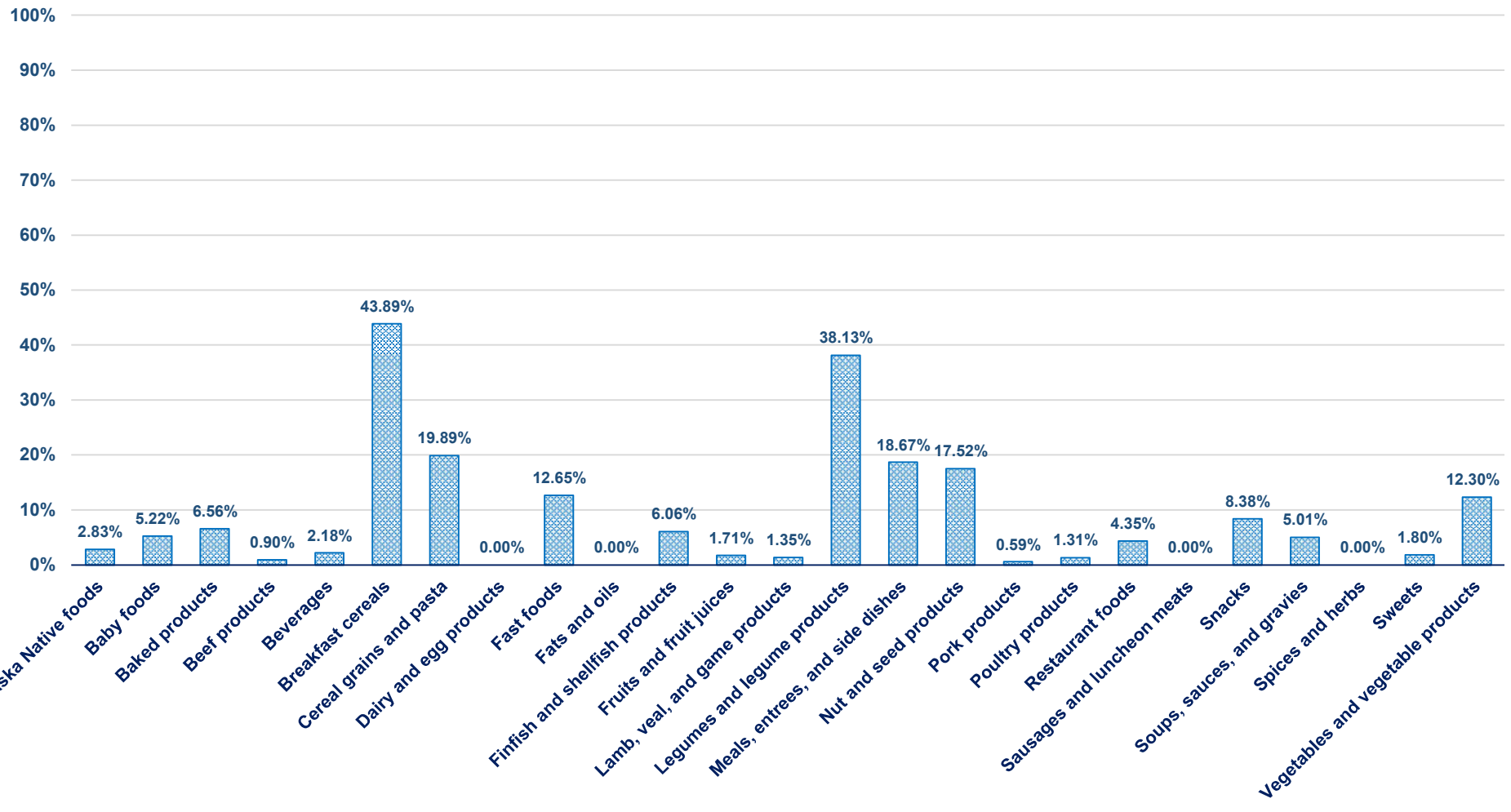


Iron - Manganese



Averages (%) of foods containing appropriate levels of iron and manganese (to achieve adequate intakes of iron and manganese) based on the proposed method in food groups

References:

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