

## **Historic, Archive Document**

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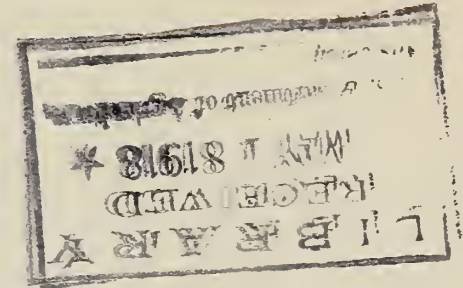
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UNITED STATES DEPARTMENT OF AGRICULTURE

STATES RELATIONS SERVICE

WASHINGTON, D. C.

OFFICE OF EXTENSION WORK IN THE SOUTH



HLW-FA

No. 1262.

May 14, 1918.

TO STATE AND COUNTY HOME DEMONSTRATION AGENTS:

In view of the very serious shortage of wheat which will be felt with ever-increasing pressure from now until the new crop is harvested, it is urged that every one reduce his consumption of wheat to the minimum. In so far as it is possible let us abstain totally from wheat for the next few months, in order that we may contribute all we can toward this vital need of our soldiers and our Allies. At the best their bread will be "war bread", but let us not be responsible for reducing their daily ration of bread at this critical period. Every loyal American will gladly do "his bit" in this connection when he realizes the seriousness of the situation.

To this end let us:

FIRST. Eat more potatoes, more fresh vegetables, more grits, rice and other cereals, all of which will largely take the place of bread.

Consult U. S. Food Leaflet No. 10 "Plenty of Potatoes".  
Department of Agriculture Circular 106, "Use Potatoes to Save Wheat."

U. S. Food Administration School Leaflet for Potato Campaign.

SECOND. Eat more breads made entirely of cornmeal.  
Consult Farmers' Bulletin, 565, "Cornmeal and Ways of Using It".  
U. S. Food Leaflet No. 2, "Do You Know Cornmeal".  
Farmers' Bulletin, 955, "Use of Wheat Substitutes in Bread Making."

THIRD. If other breads are required, use "hot" or quick breads in preference to yeast bread and make them entirely of other substances than wheat.

Enclosed find tested recipes for wheatless breads, etc., from Office of Extension Work, South.

Consult Department of Agriculture Circular 110, "Use Peanut Flour to Save Wheat."

Department of Agriculture Circular 111, "Use Barley - Save Wheat".

Department of Agriculture Circular, "Use Soy Bean Flour to Save Wheat".

Sincerely yours,

*Hannah L. Messling*  
Assistant Chemist

OFFICE OF THE ASSISTANT SECRETARY

WASHINGTON, D. C.

REPORT OF THE ASSISTANT SECRETARY

1917

REPORT OF THE ASSISTANT SECRETARY

The Assistant Secretary has the honor to acknowledge the receipt of your letter of the 15th inst. in relation to the matter mentioned therein. The same has been referred to the proper authorities for their consideration. It is the policy of the Department to maintain the highest standard of efficiency in the selection and promotion of its personnel. It is also the policy to give every individual an opportunity to be heard in his own defense. It is the hope that the above mentioned policy will be of service to you.

Very truly yours,

Assistant Secretary

Director

Assistant Secretary

Assistant Secretary

Assistant Secretary

Assistant Secretary

Assistant Secretary

Assistant Secretary

Assistant Secretary