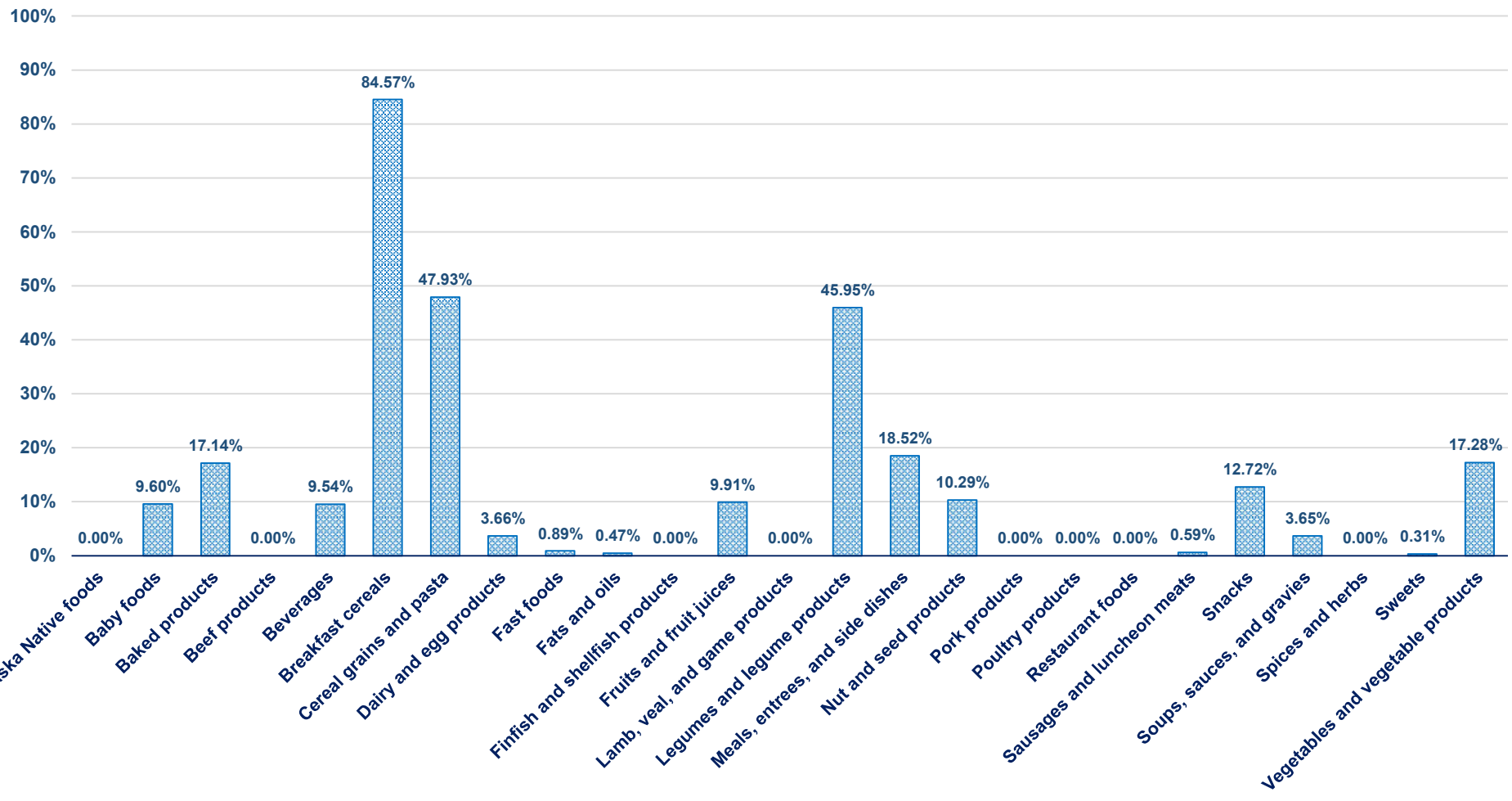


## Cholesterol - Thiamin



Averages (%) of foods containing appropriate levels of cholesterol and thiamin (to limit cholesterol intake and to achieve adequate thiamin intake) based on the proposed method in food groups

### References:

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