

The OAK LEAF



Vol. 33, No. 1

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 8 January 1971

28 Staff Officers Get the Word —PROMOTION

Word of their selection for promotion came to 28 members of the staff just in time for Christmas.

Medical Corps officers selected for commander are Sandro Sandri, Michael A. Harris, Walter W. Hurman, Jr., and Rainer S. Schmidt.

Dental Corps: Lathe L. Bowen, Joseph P. McMahon.

Medical Service Corps: Martha J. Springer, Henry D. Gobbel.

Nurse Corps: Alvina M. Harrison.

Selected for promotion to lieutenant commander are the following:

Medical Corps: Paul J. McKee, Richard A. Pratt, II; George H. Mollett, Robert F. Brewer, Ronald A. Lewis, Edward J. Barvick, Dennis A. Rhyne, Steven T. Knee, Roy E. Redmond, Gary L. Almy, Patrick T. Malone; Corder C. Campbell, and Donald S. Douglas.

Medical Service Corps: Richard A. Payton.

Nurse Corps: Marion C. Dexter and Dorothy A. Walker.

Chaplain Corps: Conall R. Coughlin, William D. Aders, and William E. Underhill.

EM Wives Net \$125 On Gift-Wrap Project

EM Wives' Club members met Tuesday night in the CPO Club dining room (their regular meeting place) to rejoice over the success of their first money-raising venture and make plans for the future of the newly-formed club.

The Christmas gift-wrapping service netted \$125, thanks to the CPO Club, which donated the paper; Navy Exchange, which provided boxes; and to good customers and friends.

The club expects to receive its charter in March, and in the meantime meetings will be held the first and third Tuesday of each month. Many interesting activities are being planned.

Mrs. Leroy Kohn, president pro tem, stresses that the club is not only for wives of enlisted Navy personnel at this command but is also for wives of active and retired Marine Corps and Coast Guard personnel living in the area. For further information call Mrs. Kohn at 635-8712.

Turn to Page 3 for the first EXEC-Line Report, Page 5 for the SEA's discussion of Z-Grams.

Meet Miss Spence —First Baby of 1971



Michele Francine Spence, daughter of BT3 William L. Spence and wife Frances, took First-Baby-of-the-Year honors at this hospital. Arriving at 1551 on 1 January, the Spences' firstborn weighed in at 7 lb. 14 oz. She and her parents live in Daly City. Her dad is stationed at Treasure Island.

Pantsuits are IN, but Ladies, Please Conform to the Regulations!

Pantsuits are IN for female employees, that is, if they conform to certain standards of good taste. They must be of double knit jersey or other suitable material of comparable weight. The top must be tunic (overblouse) style, fingertip length, with either short or

long sleeves. The pants must be properly proportioned to allow freedom of movement. No jumpsuits, please.

Top Foreign Navy Medical Officers Tour Hospital, See PMT and NPRL



Two top-ranking medical officers from foreign navies toured the hospital in mid-December. At left, Commodore Soetrino, Chief of Medical Services, Indonesian Navy, with his acting assistant, MAJ Gerardus Paat, visit the Preventive Medicine Course, where HMC Thomas C. Lesage demonstrates the jet immunization guns, as HMC Melvin Harper, and CDR Norman C. La Chapelle, MSC, look on. At right, CPL Shun Yui Chan, USMC, works out between the walking bars at NPRL for RADM H. C. Lu, Surgeon General, Chinese Navy.

Captain Duerk, NNC Director Visits Members of Her Corps

CAPT Alene B. Duerk, Director of the Navy Nurse Corps, paid an informal visit to the hospital Tuesday—her first since she relieved CAPT Veronica Bulshefski as Director of the Nurse Corps 1 May 1970.

During her brief stay here she conferred with the CO and with CAPT Sue Smoker, Chief of the Nursing Service, and spoke informally to members of the nursing staff.

A native of Toledo, Ohio, Captain Duerk graduated from the Toledo Hospital School of Nursing and earned her BS Degree from Western Reserve University in 1948.

Captain Duerk entered the Navy Nurse Corps in 1943. During WWII she had a variety of assignments, including duty aboard the hospital ship USS BENEVOLENCE. She returned to civilian life to attend college but was recalled to active duty in 1951 and has been on active duty since that time. She moved up to her present post from NH, Great Lakes, where she was Chief Nurse. Just prior to



CAPT Alene B. Duerk, NC, USN

that assignment, she was Assistant for Nurse Recruitment in the Office of the Deputy Assistant Secretary of Defense for Health Affairs.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMI R. C. Bishop, HM1 M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

A CHRISTIAN VIEW OF TIME

LCDR W. Kurt Wohlert, CHC, USNR*

As we finish another year, it is customary to review the past and speculate on the future. The Apostle Paul suggests a valuable spiritual exercise for such a time as he figuratively describes life in terms of "running a race!"

PAST—"... forgetting those things which are behind..." Remembrance carries the twofold danger of 'despondency' and 'complacency.' As one dwells upon his faults and failures, sins and shortcomings, he is apt to become despondent, lose courage, and give up. Thus, he is no good to himself and consequently no good to others about him. The other danger is that of basking in the glory of recent achievements, resting on past laurels, and thus hampering spiritual progress by our complacency. What is the remedy? We must confess our sins of pride and passion to God and through the sacrifice of Christ on Calvary obtain forgiveness and receive strength to live a purposeful and productive life.

FUTURE—"... reaching forth unto... things... before..." Without a vision people perish! We must look to a future, but what kind? Well, I don't know what the future holds, but I do know WHO holds the future. Faith makes a difference! Therefore, our future can be as glorious as our God and as prosperous as His promises.

PRESENT—"... I press toward the mark of the prize..." The thoughtful person is always humbled by the contrast of "what he is" and "what he desires to be." So with renewed dedication he pushes forward toward new gains in personal growth, service to others, and love for God.

Remember, the present of today is the past of tomorrow. Therefore, so live today that there will be less to regret and make restitution for tomorrow. God is standing by to strengthen you in your noble resolves to make 1971 a thrilling adventure. Claim God's promise, "As your days, so shall your strength be." Happy New Year!

*Chaplain Wohlert, pastor of the Linda Mar Baptist Church in Pacifica, California, is currently on two weeks ACDUTRA at our hospital.

O' Wives to Hear Mrs. Hanton Wednesday— Tour Japanese Cultural Center 20 January

A January luncheon in two parts is the first 1971 event on the Officers' Wives' Club calendar. This coming Wednesday, when members of the executive board will be hostesses, Mrs. Ann Hanton will be the speaker. Mrs. Hanton, an associate member of the Alameda O' Wives' Club, has just returned from a tour of Japan and is most knowledgeable on Japan and oriental art.

The second part will be an excursion to San Francisco's new

JANGO Jingles . . .

By Kathi Popenoe

A new class of 20 girls recently completed 24 hours' training and began the 76 hours of ward experience needed for capping. There are now 46 JANGOs working in the hospital.

For Christmas the girls made stockings filled with candy and toys for children on the Pediatric Service. They also made plates of Christmas cookies and candies for patients on the 6th, 8th, and 9th floors. As they served the goodies, they sang cheery Christmas carols. Some of the girls dressed as elves, and there was a Santa and Mrs. Claus.

JANGO of the Month for October and November was Roseann Hayden.

Japanese Cultural Center on Wednesday, 20 January, for the first 40 who sign up. Those unable to attend the luncheon, where reservations will be taken, may sign up for the tour by calling Mrs. J. C. Courtney at 829-0510. Tour hostesses are wives of MSC officers.

State Navy Mothers' Club Offering \$250 Scholarship

The California State Navy Mothers' Club announces that it will award a \$250 scholarship this June to the son or daughter of a member of the Navy, Marine Corps, or Coast Guard, either active duty, retired, or deceased.

The scholarship winner will be selected on the basis of his schol-

Another Birthday

"Spoils System" Spoiled Everything Until Passage of Civil Service Act

The two men you see here are not competing for prizes in the hospital's beard-growing contest. But they are relevant to the hospital and other government installations around the world.

The man reaching skyward is James A. Garfield, 20th President



of the United States. The gunman is Charles J. Giteau, an angry, disappointed job seeker who slipped up behind the President in a Washington, D.C. railroad station and shot him in the back.

That shot, fired 2 July 1881, triggered studies that led to Civil Service as we now know it.

The Federal Civil Service Act, finally passed 16 January 1883, provides for employment on the basis of merit alone, without discrimination with regard to race, religion, national origin, sex, or politics.

For 50 years preceding passage of the act, getting a Federal job was something else.

"To the victor belong the spoils"

was the accepted principle. The winning presidential candidate appointed his supporters, promptly ousting those who had worked faithfully for the previous administration. The "spoils system" reached such proportions that in 1841 when William H. Harrison was inaugurated, 40,000 office seekers swarmed into Washington to claim 23,700 jobs that made up the Federal executive service.

By 1853 it had become the custom to stop all regular activities for a month to allow a new President and his department heads to settle the multitudinous claims of the "spoilsmen."

During the Civil War a vigorous movement was begun to change the method of appointments, which had been a source of deep anxiety to President Lincoln.

As swarms of job seekers tramped the White House corridors in the early 1860s, he said: "There you see something which will in the course of time become a greater danger to the Republic than the Rebellion itself."

On another occasion, bedded in the White House by a smallpox attack, President Lincoln told his attendants: "Tell all the office seekers to come in at once, for at last I have something I can give to all of them."

It took the shock of President Garfield's assassination to point up the necessity for the legislative action taken 88 years ago. That legislation has stood the test of time. The Civil Service Act has been strengthened since 1883, and the life of every American is touched directly or indirectly every day by the services Federal employees perform.

—usn—

Navy Exchanges operate more than 30,000 vending machines at Naval installations. Products available range from cigarettes, candy, and soda to sandwiches and soap.



Congratulations are in order for these eight staffers, who were promoted Monday morning. They are, from left, new HM2s Lloyd J. Dempsey and Alfred P. Heard; HM3s Gary L. Hufford, Steve V. Grandstaff, Mark D. Fisher, James D. Reed, Beverly S. Spight, and Clifton W. Wright.



SN Robert Billinger had plenty of help to trim his bedside tree—his mother, at left, sister Mary, and father, Lewis, at right. Earl Arehart, secretary of the Alameda County Men's Bowling Association, and Mrs. Margie Holmes, president of the Alameda County Women's Bowling Association, also had a hand in the project. Their organizations brought the family here from Wichita, Kan., to spend Christmas.

Alameda County Bowlers Play Santa By Bringing Patient's Family Here

SN Robert L. Billinger of 7N, severely wounded while serving with an underwater demolition team in Vietnam, was aboard for Christmas, but it was a very spe-

cial one. His parents, Mr. and Mrs. Lewis Billinger, and his 16-year-old sister Mary were flown here from Wichita, Kan., by the Alameda County Men's and Women's Bowling Associations. The two organizations not only supplied the plane tickets but also brought a tree for the family to trim, took them sightseeing, and made it a most happy eight days for the 22-year-old seaman.

Billinger recently received the Bronze Star for meritorious achievement as an underwater demolition team operator and driver of a four-man mini-sub while attached to Navy Underwater Demolition Team Eleven, Detachment Charlie, beginning last February 15. His service ended abruptly on August 29, when he stepped on a Viet Cong booby trap while setting an explosive charge in the process of destroying a heavily-fortified enemy bunker.

Despite the fact that he suffered loss of his left leg and other severe injuries, Billinger is already making plans to become a marine biologist—an interest that developed during the 18 weeks he spent at the Navy's Underwater Demolition Training School at Coronado.

Promotion



Two staff nurses who recently sewed on new half-stripes are LTJGs Tonya Donaldson, left, and Penelope Trueb. Miss Trueb now outranks her mother—who served as an ensign in the NNC at NH San Diego during WWII.

EXEC-LINE



Many problems in today's world can be attributed to a "communications gap."

It is imperative that each of us at this command use the available lines of communication, for example, the SEA (Senior Enlisted Advisor) and your chief of service or division. In addition "EXEC-Line" has been instituted to aid in "repairing" communications breakdowns and offer each of you the opportunity to voice your criticisms and offer solutions to problems cited. Again, we urge EXEC-Line users to speak slowly and distinctly and spell out your names. We appreciate your help and your ideas. Keep 'em coming.

The following are some recent EXEC-Line questions and answers:

● In the interest of ecology, could the Navy Exchange Service Station cease dumping oil, solvents, and other waste products into the creek.

The Navy Exchange manager assures us that service station personnel do not dump wastes into the creek. During heavy downpours, a certain amount of surface drippings from vehicles does wash into the creek. The ground around some fuel tanks outside the heating plant is also saturated with old oil, some of which might wash into the creek; but a new storm drain has been installed around the heating plant to reduce the infiltration of oil. There is no intentional dumping, and if fuel lines should rupture accidentally, we have a detergent solution to break down the oil.

● I would like to complain that there is not enough fresh fruit on the chow line in the mornings.

Food Service has been notified of this problem, and it is being corrected.

● There has been a great deal of confusion as to the new regulations regarding haircuts and sideburns. It would be a great help if a directive were issued to clarify this matter.

A hospital instruction is forthcoming that will clearly define appropriate beard and hair styles. Pictures have been posted in the barber-shops of Bldgs. 500 and 38 showing standards of hair length and sideburns. Hair should be no more than three inches long on top and should be evenly graduated on the sides and in back. Beards and moustaches must be neatly trimmed and not eccentric. Sideburns may extend to the bottom of the ear but must be straight. **The key is to be neat in appearance.**

● A group of us got together last night and were discussing the possibility of having music, such as a juke box, in the BEQ lounge. Can this be arranged?

There is no objection to having a jukebox in the lounge. Cost is the main problem. A jukebox belonging to Special Services is located in Bldg. 71A, and it has been recommended to the Chief, Special Services, that a usage study be made, with a transfer of the jukebox to BEQ if feasible.

● Would it be possible, as they do in foreign commands, to have civilian employees clean the quarters (not the personal sleeping areas but public areas, heads, and hallways)?

The command would very much like to answer this in the affirmative; but, regretfully, it must be pointed out that because of budgetary limitations and a reduced civilian ceiling, we have had to eliminate some of our positions. We have requested BuMed to increase the civilian ceiling points to provide janitorial service to the BEQ, but there has been no answer to date. Because of Navy-wide restrictions, this may very well be denied.

There would be no objection to the occupants hiring their own janitor, as is done in some foreign ports, but the cost of labor here in the states is so much more that it would be burdensome.

The best system for maintaining your quarters in a habitable condition would seem to be a sort of "buddy system." Every man should clean up after himself. If he is unwilling to do this, he hurts his fellow man. The BEQ is YOUR "home away from home." Every effort should be made to keep it clean and comfortable.

\$350 Scholarship For Civil Employee's Child

This year the Federal Personnel Council and Federal Executive Board will offer six \$350 scholarships to outstanding high school students who are children of Federal employees employed in Northern California and who will graduate in January or June 1971.

Applications are available in the Civilian Personnel Office and must be completed and mailed before 1 April.

Reenlistment

HMC Donald J. Skaggs of the Radioisotope Laboratory reenlisted 3 December for another four years, which will take him up to 19. As of last Monday, the well-known chief had been a member of the staff for three years.



From Judge Advocate

Seven states have authorized bonuses for servicemen who are domiciles of the state. To be considered a domicile of a state, a serviceman must have lived in the state prior to the commencement of his active duty service. A serviceman retains his status as a domicile regardless of where he is stationed while on active duty unless he takes steps to establish residence in a different state. Such steps include paying taxes, registering to vote, and establishing a permanent dwelling.

Connecticut, Massachusetts, and South Dakota offer bonuses to servicemen who have served on active duty in the Armed Forces during the Vietnam conflict. To be eligible for a bonus in one of these three states it is not necessary to have actually served in the combat zone. The amount of the bonus varies from state to state and ranges from a payment of \$10 a month to a lump sum payment of \$200.

Delaware, Illinois, Louisiana, and Pennsylvania offer bonuses to servicemen who are domiciled in the state and who, while on active duty, have served in the Vietnam combat zone. The amount of these bonus payments ranges from \$15 to \$25 for each month of service in the combat zone.

In order to receive these bonus payments, eligible servicemen must apply for them. More detailed information regarding eligibility and the amount of the bonus payment in particular states may be obtained from the Staff Judge Advocate's office.

Christmas 1970 WAS . . .

. . . the Veteran Hospitals' Christmas Committee's John Gabel with Dolores Johnson and Kay Thompson trimming the tree in the lobby (1) . . . VHCC President Larry Rodriggs, with Santas Emil Mary and Angus MacIver, (2) pushing one gift-laden guernsey, while YNSN Jerry Duval manned the other . . . S/SGT Stanley Hronek (4) happy with his gift . . . Santa, Miss Anne Wright, Mrs. Robert Wildman, and QMC Dick Baldwin (5) gifting and greeting SA Alfred Wells . . . Sy and Sadie Keiser of VFW and VHCC (6) hanging garlands . . . It was AEAN Ron Wilds (3) happily accepting a Christmas stocking from pretty PSA stewardesses . . . San Leandro office of California Highway Patrol



spending their Christmas card money for gifts they delivered with help of rugged Raiders, including Jim Otto (7) whose presence seems to have dazzled LCPL Edwin J. Busby . . . ANS3 Roger Vinz (8) collecting autographs from CHP officers and pretty girls . . . the PSA Party-in-the-Sky (9) . . . and LTJG Karen Peltola (10) having a good time too. It was the Christmas Cantata in the Chapel (11) . . . the annual Food Service staff party (12) . . . the Young Californians and the Abert Family . . . the Kasmer Rhythm Revue . . . Red Cross Christmas Eve

parties throughout the hospital . . . the Ampex Christmas party . . . Communications Workers of America placing free phone calls home the Sunday before Christmas . . . IBM Corporation bringing surprises for the children's unit . . . Shakley Products of Hayward bringing gifts . . . Mini-skirted Santa girls from Western Electric distributing goodies and gifts . . . and many other friends happily doing their thing to make it a happy day for all aboard.





And Christmas was CPL Gerald L. Montoya quickly supplying BGEN A. Bowen, USMCR, Ret., with a sprig of mistletoe when pretty Judy Outman came along. Judy was one of the TWA hostesses the Marine general brought to the hospital to serve eggnogs, rumballs, and other goodies.

Scuttlebutt

ON THE SUBJECT OF CARDS, and who isn't? LCDR mes W. Bethel was first to signify his intention of entering his card in the current competition. He thinks it will fit into the brute category. . . . Second was CDR Lee Sheffer, who is definitely in the red category. . . . Meanwhile a corpsman who refused to be identified was overheard to say he stroked his jowls before the error in the men's room:

"Mirror, mirror, on the wall,
Who's hirsutest of us all?"

OF PEOPLE, PLACES AND THINGS: Easily the most toothsome bit of the season was the Dental Office Christmas tree. . . . Norman Norman, new last week on the CIC staff, was a long time member of the good Bank staff during his active duty days. . . . Gloria Robillido usually pushes gear around as she works to keep the Third Floor shipshape. Tuesday afternoon, she was being pushed around in a wheelchair as she went home after a short hospitalization for treatment of a fractured ankle, suffered in a fall at home. . . . HN G. C. Wisbauch of Staff Sick Call not only owns a Spiro Agnew watch, he also has his own Spiro Agnew clock, which he designed for his office wall, with the help of a TIME Magazine cover. CAN YOU TOP THIS? SGT Bruce MacDonald, USMC, of 7W is 6 ft. 11 in. tall.

ATTENTION, PENURIOUS PURMET: Alleviate our anxiety. Are you ill—perhaps from testing—tasting—the food at a restaurant you cannot recommend?

LIFE BEGAN 21 December for Annette Michele Fenlason, 8 lb. 10 oz. daughter of HM2 P. Fenlason of NP Service and his wife Marie. . . . 22 December for Michael Thomas Manjerovic, 9 lb. 10 oz. son of LT Richard M. Manjerovic, USN, and wife Mary Kathryn. . . . 22 December for Jessica-Ann Humann, 4 lb. 8 oz. daughter of SFC Ronald F. Schumann of Special Services and wife Sharon Ann. . . . and on 24 December for the



"... and a benign fibroadenoma, a leiomyoma, and if it won't put you out of shape—a dermato myofibroma protuberans."

Twenty Years Ago

(From the OAK LEAF files)

Lionel Hampton and his band played, shuffled, marched, sang, and shouted their way into the hearts and feet of 1,000 patients in the first show held in the amphitheater since the close of World War II. Introduced by CAPT S. S. Cook, the band took off to a flying start and within a few seconds every piece of timber in the outdoor theater was vibrating.

twin daughters of LCDR Corder C. Campbell of Pediatrics and his wife Karen. Appropriately named Holly Lynn and Noel Lee, the baby girls arrived in that order. Holly weighed 5 lb. 6 oz., and Noel 4 lb. 13 oz.

WEDDING BELLS rang in the Chapel of Hope 12 December for HMI James W. Walls, PMT Course grad, and Miss Victoria Conkle. The bridegroom is on duty at Naval Supply Center; the bride is a secretary at the Military Sealift Command, Pacific.

From the Desk of the SEA

"Z-GRAMS"—What they're all about.

Since July 1970, the term "Z-GRAM" has become extremely well-known throughout the Naval Service. The following is a summary of those "Z-Grams" which most affect enlisted men and women:

Z-2—1 July 70: Assumption of Duties as CNO—Specifies "improvement of many aspects of the Naval career" as the "first task."

Z-4—30 July 70: 30-day leave authorization for all permanent change of station orders (PCS). Exception permitted under "extenuating circumstances."

Z-5—30 July 70: Pilot program for civilian clothes aboard ship for PO1's. Program may eventually be extended to embrace the whole crew.

Z-6—11 Aug. 70: Pilot Program for Dependent's Air Charter Program to arrange charter air transportation for Navy dependents to "overseas liberty points frequented by deployed Navy units."

Z-9—14 Aug. 70: Meritorious Advancement in Rate of Superior Performing Career E-5's and E-6's—Pilot program to permit meritorious advancement of consistently outstanding performers.

Z-11—21 Aug. 70: Enlisted Requests to Remain on Sea Duty: Implements a policy whereby career sailors on sea duty may request successive sea tour extensions in increments of two years.

Z-12—24 Aug. 70: Civilian Clothing at Naval Shore Establishments: Relaxes uniform requirements to permit all enlisted personnel to wear civilian clothing in all base facilities when off duty or outside normal working hours.

Z-16—2 Sept. 70: SWAPS: Establishes a centralized exchange of duty program at the Bureau of Naval Personnel.

Z-21—9 Sept. 70: Compensatory Time Off: Directs that "when the operational situation permits," personnel shall normally be given compensatory time off following in-port duty on a holiday.

Z-23—12 Sept. 70: CPO Advisory

Board to CNO—establishes a Senior CPO Advisory Board to "provide recommendations and act as a sounding board 'to the CNO' on ideas and policy proposals of interest to the enlisted man."

Z-24—14 Sept. 70: Wives' Ombudsman: Requests selection of a wife by each local wives' organization who would have direct access to the Commanding Officer, in order to give Navy wives "an opportunity to present opinions, viewpoints and suggestions."

Z-32—23 Sept. 70: Reenlistment Ceremonies: Encourages COs to grant special liberty and/or reenlistment leave and to make other appropriate recognition of personnel reenlisting.

Z-35—25 Sept. 70: BOQ/BEQ Conveniences: Encourages installation of beer vending machines in BOQs and Senior BEQs.

Z-57—10 Nov. 70: Demeaning or Abrasive Regulations, elimination of: The longest, most detailed and by far the most publicized of all the "Z-Grams" eliminates or improves a long list of so-called "Mickey Mouse" or "Chicken" regulations which have caused much dissatisfaction among military personnel.

The Chief of Naval Operations has taken a giant step towards improving and enhancing the environment of Naval personnel; however, it must be noted that nowhere in Z-57 or any other "Z-Gram" does the CNO condone a slovenly military appearance. Hair length for male personnel still cannot exceed three inches on top; sides and back of hair must still present an evenly graduated appearance. Sideburns must be straight and cannot extend below the bottom of the ear lobe, and moustaches and beards, if worn, must be neatly trimmed.

Our chosen line of work revolves around patient care, and there is still no substitute in the eyes of a patient for a well-mannered, professionally dedicated, neat, and well-groomed hospital corpsman. It is the responsibility of all staff military personnel to insure that these patients do not leave this command disappointed.

—HMCS Jack C. Dickens
—usn—

The bachelor never quite gets over the idea he is a thing of beauty and a boy forever.

Computer Course At Project Transition

Project Transition is offering a Computer Operator Course, Monday through Friday, 0800-1630, at 77B. The minimum training is six weeks, maximum 24 weeks. It is open-ended so that a trainee may start any Monday morning.

During the first six weeks the student learns to operate computer peripheral equipment, to wire a control panel and verify its operations and to correct errors for validity. The next six weeks gives the trainee sufficient knowledge to write, assemble, and test program segments in basic assembler language. The following six weeks includes basic concepts, methods, and techniques of report program generator, and the last six weeks provides the student with practical experience in the preparation of complete programs in COBOL, involving data movement, editing, arithmetic and logical operations.

For further information call Project Transition's James White or Becky Pappas at 639-2237.

Looking For A Reserve Unit?

Staff officers who plan to remain in this area after being detached from active duty are invited to join the Medical Reserve unit that meets each Monday at Alta Bates Hospital in Berkeley. For further information, contact Dr. Charles Graham, at 845-1827.



FLASH! Hot Wheels vs. Golden Spokes Game Coming 2 February

Two basketball teams in wheelchairs—the East Bay Hotwheels and the San Jose Golden Spokes—will tangle in an exhibition game in the hospital gym Tuesday, 2 February, at 2000. All hands are urged to turn out for this spectacular. Ron Brown, athletic director, has issued a special invitation to wheelchair patients, with the hope of interesting some of them in forming a team for league competition.

NH Varsity Loses To Army 111-68

Naval Hospital Oakland ran into a buzz saw last Monday as they dropped a one-sided decision to Oakland Army Base by a score of 111-68.

This was the first game after a long holiday vacation period and the team's timing and shooting were considerably off par. The only bright spot of the game was Brian Baker's 18 points on seven field goals and four free throws.

The two teams meet again 25 January at the Army Base. The Hilltoppers hope to reverse the decision at that game.

Naval Hospital Box Score

Player	FG	FT	TP
Larrabee	5	0	10
Fisher	0	0	0
Fouts	2	5	9
Nail	3	2	8
Ferguson	4	1	9
Baker	7	4	18
Payne	1	0	2
Dufner	2	0	4
Powell	0	2	2
Horton	0	0	0
Diaz	2	2	6
	26	16	68

Fouls: Army 27
NH 20
Fouled out: Covington (Army)
Officials: Harrison—Schofield

Senior Life-Saving To be Taught Here Beginning 19 January

A senior lifesaving course, open to all interested personnel, will start 19 January at the station swimming pool.

Dates of the class are 19, 21, 26, 28 January and 1, 2, and 4 February. Hours on these dates—1830 to 2030.

Now is the time to renew your expired senior lifesaving card. Special Services always needs lifeguards for part time work at the pool, and this course will enable staff members to qualify.

Contact Ron Brown, Ext. 2350 for further information.

—usn—

There are 198 Enlisted Men's Clubs around the globe under the management of Navy Exchanges.



THE PREVENTIVE MEDICINE TECHNICIAN COURSE graduates its 56th class 11 December with CAPT Kenneth A. Borchardt, Chief of Microbiology at the U.S. Public Health Service Marine Hospital, San Francisco, as guest speaker. The class spokesman was HM1 J. R. Goss, and the honor-man valedictorian was HM1 David H. Goss. HM1 Goss is pictured at left, front row. Others, reading, left to right, are HM2 E. J. Deats, HM1 R. D. Cox, HM2 T. M. Urganowicz. Second row: HM1 S. W. Hutcheson, Jr.; HM2 C. O. Love, HM1s N. A. DeSalzler, T. P. Zugsay; F. L. Gutierrez. Third row, HM2 T. H. Chung, Jr.; HM1s D. B. Willa and E. E. Rippeth, Jr.; HMC F. V. Pomeroy. HM2s J. H. Monroe and D. Fishel.

A special feature of the printed program was its dedication by students and staff to CMSW-4 John V. Reische, "because of his exceptional professional ability, initiative, and loyal dedication to the Preventive Medicine Technician Course." Mr. Reische, a member of staff from 2 June 1966 to 29 September 1970, was recently detached to Marine Corps Air Station, Iwakuni, Japan.



RECENT GRADS of the Laboratory Assistant School posed for a picture with those responsible for training before they complied with orders to new assignments. In the photo, first row, from left, are Richard W. Poley, Officer in Charge of the Lab School; HNs Jerald A. Kopp, Kristen Johnston, Charles Thomas, and Michael A. Lente, and CDR Melvin Borowsky, Chief, Laboratory Service; back row: HM1 Uel Henderson, instructor, HM3 Robert J. Corner, HN Joseph M. Galant, HM2 Richard J. Superneau, and Raymond G. McGuire, HM1 A. C. Short, instructor.

Movie Schedule

- 8 January
THE BRIDGES AT TOKO RI—Starring William Holden and Grace Kelly. Drama.
- 9 January
BEAU JAMES—Starring Bob Hope and Vera Miles. Drama.
- 10 and 11 January
TARZAN'S JUNGLE REBELLION—Ron Ely and Sam Jaffe. Drama. Also a short—Bugged by a Bee.
- 12 and 13 January
THE GRASSHOPPER—Jim Brown and Jacqueline Bisset. Drama.
- 14 and 15 January
THE LADY IN A CAGE—Olivia De Havilland and Ann Southern. Drama.
- 16 January
PAPA'S DELICATE CONDITION—Jackie Gleason and Glynis Johns. Comedy.
- 17 and 18 January
DARKER THAN AMBER—Rod Taylor, Theodore Bikel. Drama. R.
- 19 and 20 January
THE ANGEL LEVINE—Zero Mostel and Harry Belafonte. Fantasy. GP.



Hail & Farewell

OFFICERS REPORTING: Nurse Corps: LT Johana D. Christensen reported from Marine Corps Air Station, Iwakuni, Japan.

Chaplain Corps: LT William E. Underhill from PHIBRON 9.

OFFICERS DETACHED:

Medical Corps: LCDR Philip J. Vogt was detached to USS SANCTUARY; LCDR Robert Ansel and Michael T. O'Neil were released from active duty; LCDRs A. A. Birch, Thomas C. Brown, and William B. Wood resigned.

Nurse Corps: LCDR Fay S. Johnson was detached to NH, Guam; LCDR Julia E. Pickering was ordered to COM 12 for duty under instruction. She will attend nearby College of the Holy Names, where she has been working toward her BS Degree in nursing on her own time while stationed here. LTJG Michele A. Papale resigned.

ENLISTED REPORTING: HM1 Jack W. Cummings from Mobile Inshore Undersea Warfare Unit 12; HN Anthony E. Dallalio from NHCS, Great Lakes; HM3s Alfred W. Berry and Richard B. Koch and HNs William R. Boyd, III and James Jamison from NHCS, San Diego; HM3s Terrence L. Bethel and Steven R. Bassett and HN Roland L. Rodell from NavSta, TI, San Francisco.

ENLISTED DETACHED: HMC Ronald D. Atwood to USS NAVASOTA (AO 106); SD3 Bernardo L. Valdez to USS HUNLEY (AS 31); PN1 Frank G. Melton to NavSta San Francisco; DN Gary L. Starks to Force Troops, FMF PAC, homeported at 29 Palms, Ca.; HN Patrick J. Ferguson to NH, San Diego; HN Fred P. Baker, Jr., to USS AJAX (AR6).

HM2 Donald E. Maner was released to inactive duty in the Naval Reserve.

Aliens Must Report Addresses This Month

If you have an alien registration card and were in the United States or one of its possessions on 1 January, you must report your address during the month of January. To do this, go to the Post Office and ask for an address report

card. Fill it out and return to the clerk. If you are outside the United States or its possessions, report your address within 14 days after you return.

Penalties for not complying with this requirement may include deportation!





CAPT John C. Courtney, MSC, not only received regulation shoulderboards but also a king-size, much-autographed one—probably the biggest ever seen at NH, Oakland. At the ceremony in the CO's Office, Mrs. Courtney and son Darrell pinned on the former. LCDR Henry D. Gobel, Chief of Patient Affairs, presented the latter, while fellow MSC officers lined up to offer congratulations.

Another First

CAPT John C. Courtney, AO, Dons New Shoulder Boards 7 January

Administrative Officer John C. Courtney, on 7 January became the first MSC officer to attain the rank of captain while serving at this hospital. Promotion to captain is an honor accorded to few members of his corps.

The new four-striper's promotion climaxes 30½ years of active duty, which has encompassed three wars. Early in his career the young sailor from Oklahoma City, Okla., became a qualified parachutist. A highlight of his World War II experience was his service as Pharmacist's Mate with the 1st Marine Parachute Battalion, First Marine Division, FMF, participating in the assault and capture, occupation and defense of the Southern Solomon Islands in August and September 1942.

In October 1950 the new Captain made the switch from rate to rank, and since then he has filled almost every type of administrative billet to which members of his corps can

be assigned. He reported here as Administrative Officer 12 June 1970 after two years at BuMed as Assistant to the Inspector General, Medical—an assignment in which he earned the Navy Commendation Medal.

Prettiest Sweetheart To Be Chosen During Valentine Day Event

Attention, patients! Here's your chance to show off that girl or wife you're so proud of. To celebrate Valentine's Day, Red Cross will sponsor a sweetheart contest starting 8 February. Pictures of your sweethearts will be displayed in the main lobby, and a panel of judges will choose the prettiest girl.

For further details, ask the Red Cross recreation staff member assigned to your ward.

HM2 Fenlason of NP Is Newest Sailor of the Month

Consistently superior performance in all areas of the Neuropsychiatry Service has earned HM2 John P. Fenlason Sailor of the Month honors for December.

After graduating from the January 1969 NP Technician class, Fenlason was assigned to the locked unit of the Acute Treatment Service and soon became Senior Corpsman. Last May, despite his preference for direct patient care, he accepted assignment as Neuropsychiatry Master-at-Arms.

According to the CO's letter, Medical Officers have come to rely on Fenlason as a resource for solutions to administrative problems. He has displayed exceptional professional ability in working with severely disturbed patients and brought about innovations that have enhanced the morale of all corpsmen assigned to the service.

The schedule he proposed for in-service training was so stimulating and comprehensive that it was ap-



HM2 John P. Fenlason

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 33, No. 2 Friday, 22 January 1971

Patients Answer SOS To Clean Birds & Bay After Giant Oil Spill

Patients and staff from the Neuropsychiatry Service were among the many volunteers who answered the SOS to clean birds and Bay after the disastrous oil spill from the tankers that collided under the Golden Gate Bridge Monday.

Armed with sheets, towels, corn meal purchased from funds contributed by interested staffers, olive oil from the Pharmacy, and socks to cover the birds' heads while they were being de-oiled, a crew of eight men from Project 49 rushed to the bird-cleaning facility in Richmond.

"Working from 1000 to 1700, we cleaned 30 birds, helped unload supplies, directed traffic, and helped in every way we could," LCDR H. Wayne Tobin, reported.

Wednesday a busload of 40 patients and eight staff members from 5W, 5N, and 5S went to the shore near Presidio of San Francisco and worked through the day pulling oil-soaked straw from the water as part of the gigantic effort to clean the Bay.

Calling All Golfers

Golfers are wanted for 12ND Men's Golf League competition, which will begin 23 February. Anyone interested in trying out for the team is urged to call Ron Brown, Ext. 2350, immediately.



QMC Richard Baldwin

QMC Baldwin Named Minority Group PO For This Command

QMC Richard Baldwin has been appointed Minority Group Petty Officer to serve as special assistant to the CO for minority affairs. He has direct access to the CO and will be consulted on all matters involving minority personnel.

The new job is concurrent with the chief's regular assignment as Recreation Coordinator for Special Services.

QMC Baldwin came to NH Oakland in September 1969 when he wanted a break from continuous duty in diesel submarines USS SPIKEFISH, GRENADIER, PADDLE, and BLENNY and nuclear subs NATHAN HALE, THOMAS EDISON and WILL ROGERS. He had helped commission the NATHAN HALE and the WILL ROGERS.

The chief is very pleased with his new job and happy about the turn the Navy is taking—back to the camaraderie and relaxed atmosphere he enjoyed as a submariner.

"It's good to know the so-called establishment respects one's complaints and has provided a legitimate avenue for expressing them. Like I've always said, 'Don't just grumble about the books—Join the PTA.' So . . . if you have a gripe or a problem and are black, brown, or tan, I'm your man. Call me at Ext. 2477. See me, topside, Bldg. 38."

Chief Baldwin was born and reared in Orange, N.J., is married and the father of four children.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HM1 R. C. Bishop, HM1 M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

OPPORTUNITIES '71

For as long as we can remember it has been the custom for men to "ring out the old year, and ring in the new." Joy and gladness always keynote the welcome we give a new year. True, there have been and always will be those people who artificially stimulate feelings of joy as the new year is born. But even these people who seek this joy at the bottom of a bottle are unknowingly, unwittingly expressing the universal desire of man to let "bygones be bygones," and to "make a fresh start." For every man instinctively realizes that a new year offers new opportunities.

So if you are wise, you will begin this new year of 1971 by putting out of your mind that "saddest word of tongue or pen: It might have been," and substitute for it a cheerful, confident "It's going to be!" For each day of this new year offers you a million opportunities.

If you really care to look, you can clearly see that God is constantly giving us opportunities: opportunities to make others happy through our labor—on the job, at home, at school; chances to give someone a moment of joy by cultivating the sunny side of our own characters, by curbing an unpleasant tongue; occasions to bring love into the world by seeing God in all our fellow men; and so on ad infinitum.

Be wise. Face each new day of this year with the calm determination: "I shall avail myself of the rich opportunities offered me." The lazy person does not wait for opportunities to knock; he waits for them to knock him down! He does not want to seize his opportunities. He expects that opportunity will hunt for him! But the wise man knows each day offers a hundred opportunities and acts accordingly.

As one great spiritual writer put it, "We have only one trouble: we are the sons and daughters of a too generous Father!" He has given us too many opportunities! So be wise today and every day of the year 1971. Use some of the millions of opportunities that are constantly slipping through our fingers, our days, our lives.

LCDR Edwin V. Bohula, CHC, USN
Catholic Chaplain

Results of Federal Women's Program Questionnaire Still Under Study

Several months ago, civilian women employees were given questionnaires to complete. This was a part of the Federal Women's Program's attempt to learn current attitudes toward employment of women, specifically at Naval Hospital Oakland.

Of the almost 400 questionnaires

given out, 56 percent were completed and returned. This percentage is considered by the questionnaire experts to be a fine response.

Highlights of the responses will soon be published in the OAK LEAF. At this point, however, it is important to note that the Commanding Officer has seen the tabulations and carefully perused a sampling of questionnaires. Admiral Mahin has strongly stated that this study will not, as one participant speculated, "end up in the trash can." He is concerned about the feelings of personnel and their working conditions. He is interested in pursuing the ideas and feelings expressed.

Even before the results had been compiled in their entirety, a need became apparent for regular meetings of civilian supervisors. The CO encouraged the immediate institution of this program. It is now underway with monthly meetings planned by the Civilian Personnel Officer both to pass on factual information and to discuss personnel needs for understanding and recognition.

Other results of the questionnaire and discussions of them will be forthcoming. Watch for them!

Quotable Quote:

Ours must be a Navy family that recognizes no artificial barriers of race, color, or religion. There is no Black Navy, no White Navy—just one Navy—the United States Navy.

—Admiral Elmo Zumwalt
Chief of Naval Operations

Governor Reagan Signs Bill Making 5 March Black American Day

Governor Ronald Reagan recently signed a bill setting 5 March as Black American Day in California.

The law designating the special day states: "5 March of each year, the anniversary of the death of Crispus Attucks, the first black American martyr of the Boston Massacre in 1770, is designated and set apart as Black American Day to direct attention to the development of black people in the United States of America. All public schools and educational institutions shall observe this day with suitable exercises."

According to State Senator Mervyn M. Dymally, California is the only state in the nation that has passed a law setting aside a day for the honoring of black Americans.

Well-Filled Calendar For EM Wives' Club

Once the enlisted wives organize—Whish! Watch them go.

At their first 1971 meeting 5 January, Mrs. H. P. Mahin, wife of the CO and sponsor for the club, was the guest of honor. This was the first meeting held in the CPO Club dining room, which is to be the club's regular meeting place.

Saturday night the local ladies attended the installation of officers for the Navy Wives Clubs of America #108, Alameda, in the Air Station's Shannon Chapel.

Sunday afternoon Southwest Regional President, NWCA, was honored at a coffee in the home of Mrs. Dennis Hoffarth. And Tuesday evening Mrs. Mahin was hostess at a social meeting in the CO's quarters.

Letters have been sent to more than 200 wives of enlisted personnel attached to the hospital to let them know of the club's activities and invite them to attend its next business meeting, scheduled for 1930 Tuesday, 2 February.

Messing Around...

If you like the pota roasta You should go to BALABOSTA. They got lotsa pota roasta At this place called Balabosta. Also they got bouillabaisse, Venison and watercress, Snails & cheesecake, soups & rabbit And Aunt Sadie's apple habit. Real Maine lobster for under five Dollars (and they are alive!) Special dishes on different nights Call them, and please your appetites. Berkeley—University Ave. The place is kind of Yugoslav. If you dig urology, They have a statue you've got to see.

P. G. says the place is kicks And rates Balabosta three point six.

Scuttlebutt

SIGN OF THE TIMES: The Civilian Employee Bulletin's OAK LEAFLET concluding with this suggestion: Buy your girl a pantsuit and watch her beam with pleasure!

INCIDENTAL INFO: HA Gary Hasselblad of Surgical ICU uses a Minolta. . . HM3 Herb Kissling of PhotoLab is believed to be the only corpsman-parachutist aboard (except Captain Courtney). Herb made 100 jumps with the 5th Force Recon Bn during two tours in Vietnam. A spinal fracture he suffered in an automobile accident last May is keeping him behind the camera, at least for now. . . An ill wind blew the 3 off the "welcome aboard sign," leaving Irving Coombs with 0 years' Federal Service instead of 30. . . LCDR Richard D. Tenney of Outpatient Service looks specially sporty in his shiny brown Pinto.

AND HOW ABOUT THIS? HM3 Robert Parmentier is descended from a search pharmacist who "discovered" the potato during a junket to South America, took it back to his native France, was imprisoned for selling a plant suspected of being poisonous. Marie Antoinette, slumming in the jailyard, inquired about the lovely blue flower of the pomme de terre Parmentier was tending. Just the opportunity he'd been waiting for! "The root is something else," he told Marie, yanking the plant from the ground and devouring it before her very eyes. Now, since this girl had slapped him into prison, she was not going to lose face by letting him out, but he had her convinced. She directed her flunkies to plant a secret garden, which they guarded night and day. Just before the harvest, she removed the guards. The peasants rushed and gathered the tubers. Suddenly potatoes were the IN thing on everyone's table. Parmentier forgot pharmaceuticals and became a famous chef. Once he served a banquet, with Lafayette and Ben Franklin among the guests and a menu entirely of potatoes cooked every which way. "These," said our own HM3 Parmentier, biting into a snackbar French-fry, "are my cousin's greatest monument."

REVENGE WAS SWEET—AND STICKY—for a well-known chief who paid off his Super Bowl bet to Bob Bristol with five hundred pennies in a jar of Karo syrup!

LIFE BEGAN 5 January for James Warren Douglas, 10 lb. 7 1/2 oz. son of LT Donald Douglas of Laboratory Service and wife Frances. . . 7 January for Melanie Leigh Morisoli, 7 lb. 6 oz. daughter of HN Walter F. Morisoli of Central Supply and wife Jean Marie. . . 10 January for Troy Gary Hosick, 7 lb. 15 oz. son of HN Gary Hosick of the NP Technician School Staff and wife Kathy. . .

HURRAY, THE PENURIOUS GOURMET is eating out again and reporting his findings in rhyme yet. Read him right over there.

Spring Weather Driving Requires Extra Caution

Spring weather too often means inattentive walkers and drivers. This is a big reason why traffic casualties rise with good weather. To admire the scenery, get off of the road. Driving needs all of your attention!

Hail & Farewell

ENLISTED REPORTING:

HM1 Warren L. Shepherd from First Marine Aircraft Wing; HM3 Michael K. H. Stuckey from NavMed School, Bethesda; HM3 Amoroso M. Ledina, HN Charles R. Hendricks, and HA Charles Oslund, III, from NHCS, San Diego.

ENLISTED DETACHED:

HM1 Harrison L. Lee to USS LEXINGTON; HM2 Timothy A. Misfeldt and HM3 Herbert Hollinshed to USS SANCTUARY; HM2 Richard C. Hoage to NH, Lemoore; HN Everett L. Campbell to NNMC, Bethesda; YN3 Rex D. Spaur to Nav Schools Command, Treasure Island.

HM3 Kathleen Boland was released from active duty; HM1 William E. Dickson and HM3 Arsenio B. Kalugdan were discharged.

OFFICERS REPORTING:

Medical Corps: LCDR John D. Conger reported from USS SANCTUARY.

Medical Service Corps: LT Raymond H. Vickerman from NavHosp, Long Beach.

Nurse Corps: CDR Anna L. Fogarty from NavHosp, Portsmouth, and ENS Duane R. Haenfler from Newport.

OFFICERS DETACHED:

Nurse Corps: LTJG Elizabeth A. McLaurin was detached to the NavSta, Adak.



Mrs. Thomas E. Carson, left, Mrs. Leroy A. Kohn, and Mrs. Robert Pierce are official ombudsmen for staff wives' groups.

Staff Wives Now Have Ombudsmen With Direct Access to the CO

Wives of staff members now have their own ombudsmen, officially appointed to present their views, complaints, or suggestions directly to the Commanding Officer. Newest member of the trio is Mrs. Robert Pierce, who will represent minority group wives. Others are Mrs. Thomas E. Carson, who represents wives of officers, and Mrs. Leroy A. Kohn, who will speak for the wives of enlisted personnel.

The Navy wives' ombudsman concept is part of a new program that recognizes the importance of the Navy wife as a member of the

Navy team. The welfare of wives has always been of great concern to the Navy, but this is the first time they have had official representatives to express their views.

Mrs. Pierce works at the Navy Exchange Beverage Shop. Her home telephone number is 562-3019. Mrs. Carson may be reached by calling 581-5703, Mrs. Kohn by calling 635-8712.

"We've each been getting good advice from our own wives. Let's listen carefully to an official representative," the CNO said in directing establishment of the program at all shore-based activities.

Welcome Visitor From Washington



A WELCOME VISITOR on 5 January was CAPT Alene B. Duerk, Director of the Navy Nurse Corps, pictured here with CAPT Sue Smoker, right, and Admiral Mahin. Her informal visit gave her an opportunity to meet many of the staff nurses personally and to let them know what goes on in the Nursing Division of BuMed. Captain Duerk is attempting to personalize assignments for young nurses and to give every possible consideration to individual career planning.

Presidential Prayer Breakfast Set For 2 February—All Hands Invited

Local observance of the 1971 Presidential Prayer Breakfast will be held in the Main Dining Room 2 February from 0700 to 0750.

The event is sponsored in Wash-

ington by the U. S. Senate and House of Representatives. Its purpose is to bring together the leadership of the United States in recognition of the moral and religious values upon which the nation is founded.

The local observance will include a flag ceremony by the Marine Color Guard and an inspirational message by LCDR Edward L. Hughes, CHC, USN. The historic prayer by General Washington for the Nation and the singing of "God Bless America" will be included in the program.

Cost of the breakfast is 35 cents. All hands are encouraged to participate.



EXEC-LINE



● I would like to encourage the formation of car pools between staff—corpsmen, doctors, nurses, and civilians—which would improve the parking problem and add to the credibility of the hospital's concern for ecology.

I know there are some staff who "car-pool" and I'm certain that no one could disagree with the caller's plea for more cooperation in this area.

● I want to protest the fact that the civilian lounge (Room 3-54-1) is locked up all day.

This lounge was at one time open all day; but due to fires in wastebaskets, burning cigarettes being dropped on the deck and on tables, soda sprayed on deck and bulkheads, patients and visitors using the lounge, litter of soup cans and parts of sandwiches, the lounge was closed except for the hours from 1100 to 1300. We will now open the lounge on a trial basis from 0900 to 1500 during the normal work week.

● There is only one ramp for wheelchair patients to get off of from the hospital, and that is by the emergency exit. There should be one at the end of the sidewalk by the Exchange.

There is a ramp from the crosswalk to the sidewalk on the Exchange side of the street. As you have suggested, one will be installed at the end of the sidewalk from Bldg. 500, plus a new crosswalk.

● I am a corpsman on 70-A. During the winter months, it's really cold out here, and I think we should be able to wear undressed blues.

NAVHOSPNOTE 1020 Ch-1 dated 12 Jan 71 states that male enlisted personnel assigned to outlying patient care areas may wear undress blue with technician jacket while on duty during periods of cold or inclement weather.

● I would like to say that while I was working in the Cardiology Clinic I noticed the same taped music being played over and over, ad nauseam. While it may not be aggravating to patients who spend a short while there, it becomes annoying to the staff.

Normally these tapes are switched every two weeks on a one-for-one basis from the San Francisco distributor. Recently, however, the distributing point was moved from SF to Los Angeles, resulting in a period of time when we received no replacements. We have now made arrangements to add another tape to our inventory and will be able to have one on the player, one standby, and one in the mail.

● I think it would be nice if all clocks on the base were synchronized at the same time.

Clocks in Bldg. 500 are currently synchronized. Installation of additional cables, plus replacement of all clocks in the outlying buildings would cost in excess of \$10,000 and would require Bureau funding. A good idea but incompatible with existing financial constraints. For the moment it would be less costly to dial "POP-CORN."

● When a staff member comes into the ER after working hours we have trouble getting someone to let us get the chart from Staff Sick Call area.

At the close of the regular work day the CPO in Staff Sick Call will deliver the key to the watchstander in the Outpatient Chart Room, who will keep the key until 0030 when he will deliver it to the Emergency Room Nurse Corps officer.

● Why can't we have our color TV in the new barracks? Those sets have been gone too long. If they can't be repaired, why not buy new ones?

As of the first of the year we have in our TV repair shop three color sets belonging to the BEQ. One was from the WAVES' old barracks and is being repaired. The two from the male enlisted barracks were so obviously abused and vandalized that it has been difficult to effect their repair. On one the top of the set was caved in, all knobs were gone, several spindles broken, back torn off, and several circuits shorted out. The other was not as bad but still had all knobs missing, back torn off, several spindles broken and circuits shorted. That intelligent, mature, well-trained personnel would allow this childish vandalism in their own "home" is difficult to comprehend. To find a qualified repairman from the civilian community has been difficult and the cost is high. The Recreation Fund is not so healthy that it can afford an out-of-hand purchase of two new color sets simply to provide additional targets for vandalism. Our Special Services Officer assures us that the current sets will soon be "healed" from their last assault and will again be placed "on the altar." We hope there will be more pride shown at the new barracks.

● There is still some problem with reveille. Why can't we do away with it altogether?

As of 15 Jan 1971 a temporary change has been made in NHOAKINST 11101.1B in that there will be, on a trial basis, no general reveille in the staff BEQ. Each person will be held individually responsible for arising in time to perform his assigned cleaning details and for reporting on time at his appointed place of duty.

Diaz Splits Net for 25 as Toppers NEARLY Win Over Hunters Point

By Ron Brown

Beating an "A" Command is like breaking the sound barrier, but Naval Hospital almost did that last Tuesday on their home court as they fell short on the scoring end 104-91 in their game with Hunters Point Naval Shipyard.

In the first meeting earlier in the season, Hunters Point defeated the hospital team 98-56. The comparison of scores indicated the great improvement the team has shown as the season progresses.

Diaz of the NH Varsity team got into the limelight with his 10 field goals and 5 free throws for a total of 25 points. Many of his baskets were key throws and kept the team in the game right till the end.

Nail and Baker each contributed

14 points to aid the NH cause.

Following is the box score:

Name	FG	FT	TP
Larrabee	4	4	12
Ollison	2	0	4
Fouts	2	1	5
Nail	7	0	14
Powell	0	2	2
Diaz	10	5	25
Baker	5	4	14
Fisher	0	0	0
Dufner	0	0	0
Garner	6	1	13
Peters	0	0	0
Ferguson	1	0	2
	37	17	91

Fouls:

NH 15 HP 20

Fouled out: None

Officials: Harrison, Lewis.

Dufner Stars As Hilltoppers Whip Concord 100-42

The NH Varsity Basketball team is one win away from wrapping up the 12ND "B" Championship for the 1970-71 season as they humbled the five from Naval Weapons Station, Concord, 100-42.

Earlier in the season the Hilltoppers defeated Concord 98-67.

HN Dave Dufner got into the spotlight as he pumped through 12 field goals and two free throws for a total of 26 points. A balanced attack was the key factor as the hospital had three men in double figures with two more near the double figure bracket.

Rich Garner netted 20 points on nine field goals and two free throws. Fouts followed with 13 points, and Fisher and Baker made eight each.

BOX SCORE

Player	FG	FT	TP
Heiser	3	0	6
Fouts	6	1	13
Garner	9	2	20
Baker	3	2	8
Nail	3	0	6
Powell	3	1	7
Fisher	4	0	8
Payne	3	0	6
Dufner	12	2	26
Ferguson	0	0	0
Peters	0	0	0
	46	8	100

Fouls:

NH 14 Concord 6

Fouled out: None

Dont miss the East Bay Hot Wheels vs. San Jose Golden Spokes in their exhibition game here Tuesday, 2 February, at 2000.

Bargain Weekends Coming to Disneyland

Armed Forces Weekends at Disneyland again! On 20-21 and 27-28 March active duty and retired personnel may enjoy \$17.20 worth of pleasure for \$5.25. Ticket books, good on either weekend, contain two admissions (Saturday and Sunday) and coupons for any 12 attractions of your choice. They may be obtained through Special Services.

Only active duty and retired per-

Recent Reenlistments



QMC Richard Baldwin, left, Special Services Recreation Coordinator and newly appointed Minority Group Petty Officer Representative to the CO, signed on the dotted line 6 January for another two years in the service. A week later, on 13 January, HM1 Billy W. Conner of Pharmacy reenlisted for four more years.

12ND Handball Tournery Coming Up

Anyone for handball? The 12ND Men's Handball Tournament will be held at NAS Alameda 8-12 February. A single-loss elimination tournament will be in effect. Awards will be given for first and second place winners in the singles and doubles competitions.

Call 2350 if you wish to enter.

Ladies, Do You Need To Slim and Trim?

Wives of officer and enlisted staff members are invited to join the "swim and trim club" at the hospital pool on Monday and Thursday mornings from 0930 to 1030.

The hour begins with exercises and ends with a dip in the pool. Mrs. Michael E. Williams directs the exercises.

sonnel and their families are eligible for the passes. Uniform is not required. Ticket books must be purchased here. They'll not be sold at Disneyland.

The Anaheim Visitor and Convention Bureau has worked out special rates for lodging, food, Angel baseball tickets, and other attractions. Find out more by calling Special Services.



Scouts present when Troop and Pack 412 received their charters were from left, back row, Joe McCall, Louis Young, Russ Bryan, and Art Nicowander; front row: Teddy Young, Bill Trapp, Jeff Wallner (holding troop charter), Bill Saylor (displaying pack charter), Leroy Robl, and Ray Merrill.

Scout Troop and Pack 412 Chartered; Will Hold Honor Court 1 February

A big event for members of Boy Scout Troop and Pack 412 was the recent arrival of their National Charter. LCDR William D. Aders, CHC Institutional Representative, presented the charters to Admiral Mahin, who accepted them for the command and in turn presented them to HM1 Jim Saylor, Scoutmaster, and HMC Jerry Trapp, Cubmaster.

Mr. Ken Lorber gave an interesting talk on the merits of safe boating. He invited all who are interested to attend the boating safety classes being held on Tuesday evenings at 1930 in Bldg. 105.

Troop 412's first Court of Honor is scheduled for 1 February at 1930. At that time the following awards will be presented: **Bill Saylor**—advanced to Life Scout and will receive the Scholarship, Citizenship in the Nation, First Aid, and Pioneering Merit Badges. **Jeff Wallner**—advanced to First Class Scout and will receive the Camping, Hiking, and Cooking Merit Badges. **Louis Young** will be advanced to Second Class.

Art Nicowander, advanced to Tenderfoot as of November 1970, and will be advanced to Second Class Scout. **Joe McCall, Bill Trapp, Leroy Robl, Teddy Young, Russ Bryan, Ray Merrill** and **Chris Kohn** will be advanced to Tenderfoot Scouts.

All boys in the troop will be presented the Totin' Chip for completing their Knife and Axe requirements.

All interested personnel are invited to attend the Court of Honor. It will be held in Building 133.

Women Volleyball Players Wanted

Athletic Director Ron Brown is seeking volleyball players to form a team to enter the 12ND Women's Volleyball Tournament to be held 16 February at NAS Moffett Field. Call him today if you wish to play.

Assistance Sought For Medical Explorer Post

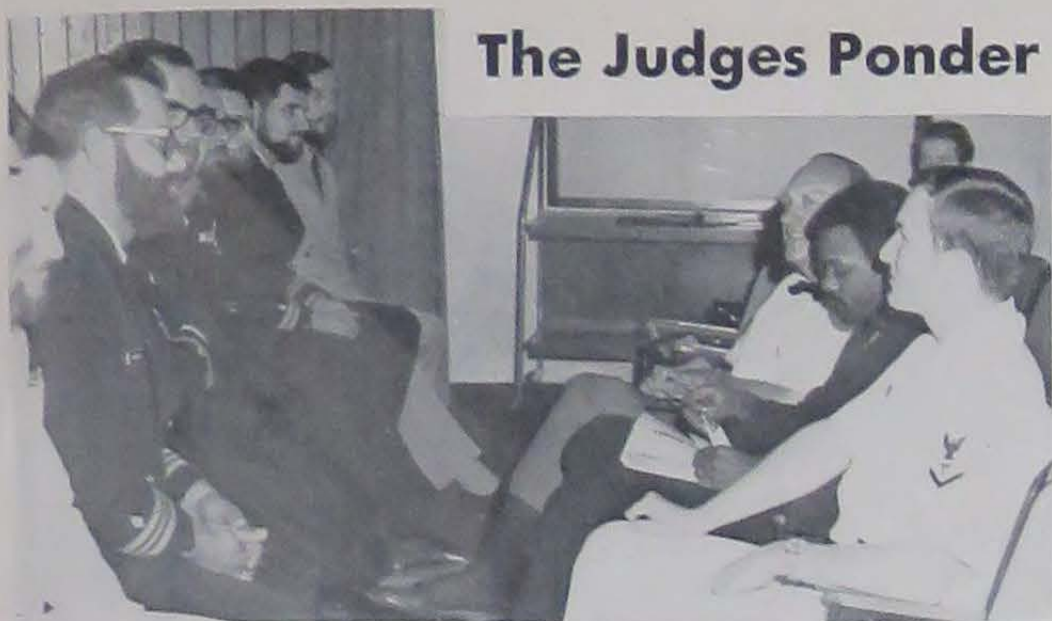
Anyone interested in assisting with a Boy Scout Medical Explorer Post is asked to contact the Administrative Officer.

Movie Schedule

- 22 January
HATARI—Starring John Wayne and Red Buttons. Adventure drama.
- 23 January
A NEW KIND OF LOVE—Paul Newman, Joanne Woodward. Comedy.
- 24 and 25 January
FLAP—Starring Anthony Quinn and Claude Akins. Comedy.
- 26 and 27 January
THE LANDLORD—Beau Bridges and Pearl Bailey. Drama. Restricted rating.
- 28 and 29 January
ON A CLEAR DAY YOU CAN SEE FOREVER—Barbra Streisand and Yves Montand. Musical. G.
- 30 January
LOVE WITH THE PROPER STRANGER—Steve McQueen, Natalie Wood. Drama.
- 31 January, 1 February
THE JAYHAWKERS—Jeff Chandler, Fess Parker. Drama.
- 2 and 3 February
KASHMIRI RUN—Pernell Roberts, Alexandra Bastedo. Drama.
- 4 and 5 February
WHO'S GOT THE ACTION—Dean Martin, Lana Turner. Comedy.



The Judges Ponder



The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 33, No. 3 Friday, 5 February 1971



Molendyk Conkey Kerr Bendele Miles Sheffer Schillaci Waldron Baker

Civilian Personnel Inspection Coming

The U. S. Civil Service Commission will conduct an inspection of the hospital's civilian personnel program starting 16 February.

Employees who wish to talk to the inspectors may arrange to do so through Mrs. Amy Lacy, Ext. 2118. Also, the inspectors may be reached by writing: U. S. Civil Service Commission, 450 Golden Gate Avenue, Box 36010, San Francisco, Ca. 94102, Attention: William W. Haines.

Prettiest Sweetheart Will Win a Prize

At the ready with your sweethearts' pictures!

This coming Monday Red Cross staff and volunteers will begin collecting photos of patients' favorite girls to be entered in the Valentine Sweetheart Contest. To enter, give your girl's picture to the ARC representative who'll be on your ward during the week to collect them. Pictures should be wallet size. All will be returned when the contest is over.

Deadline for entering your favorite in the contest is 1200 Thursday. Photos will be displayed in the main lobby, and a panel of five judges, all patients, will pick the prettiest sweetheart. Her prize, wherever she is, will be a box of candy.

Mrs. Saylor Elected Prexy of "Seabags"

Suzanne (Mrs. James L.) Saylor was elected president of the newly-organized Navy Wives Club of America No. 160 at its meeting Tuesday night at the CPO Club.

Other officers elected by the club, whose members happily refer to themselves as "The Seabags," are as follows:

Vice-president—Ann (Mrs. Robert) Hill; Secretary—Maryhawes (Mrs. Dennis) Hoffarth; Treasurer—Marcine (Mrs. Robert) Danz; Parliamentarian—Jan (Mrs. Fred) Mathews; Chaplain—Rickki (Mrs. Leroy) Kohn.

Name Winners in Hospital's Most Hair-Raising Event

It wasn't easy for the judges—Navy Exchange barber Claude Hubbell, HM1 Bob Henderson of Patient Affairs, who sometimes "moonlights" as a barber, and HM3 John Hielt of 6N. They pondered, shook their heads, and stroked their smooth-shaven jowls. Once or twice Captain Hubbard had to ask the audience to break a tie vote, like between happy-faced HN John G. Bendele, Jr., and the handsome, somewhat sinister CDR Richard F. Schillaci.

But on to the results!

For best of brunette beards the prize went to LCDR John M. Molendyk, whose luxuriant growth neatly framed his features and put

him out in front of his class by many a whisker. Top winner in the blond category was CDR G. A. Conkey, who won by a hair over HN John S. Miles, then hurried home to his trusty Gillette. Champion red beard was entered by SK3 John M. Kerr of Fiscal. Each received a \$20 Navy Exchange merchandise order.

Second-prize beards were worn by the aforementioned Bendele, brunette; the aforementioned Miles, blond; and LCDR Lee Shef-

fer, red, who blushed attractively throughout the judging and when he accepted his prize—a \$15 merchandise order.

Third prizes of \$10 each were awarded to Dr. Schillaci, brunette; HMC Robert Waldron, blond; and HN Max Baker of Patient Affairs, red.

Statisticians may be interested to note that of the 37 beards entered in the contest, brunettes outnumbered blonds four to one, and reds eight to one.

The Serendipity Singers Are Coming!

HMCM
Scott
Is
Piped
Ashore



HMCM Robert L. Scott was piped ashore Monday after 30 years in the Navy. For his service as Senior Enlisted Advisor to the CO and Assistant to the AO during the last of four tours of duty at this hospital, he was awarded the Navy Achievement Medal. Admiral Mahin made the presentation at a special ceremony attended by staff member of all rates and ranks who gathered to wish him "smooth sailing" in civilian life. HMCM Scott was the first to hold the post of SEA at this command. In 1969 he earned the Semi-Annual Leadership Award, one of the many honors he received during his three decades of service. Even before his Naval service ended, Chief Scott had begun a new career with the State of California Public Health Service.

The new "Mr. Scott" and his wife Blanche will continue to live in Castro Valley — an easy commute to his new office in San Jose.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMI R. C. Bishop, HMI M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

"Today is the first day of the rest of my life" is a thought from Corita Kent that is quite at home in my reflections. Wherever I am and whatever has happened up to now, we'll take it from here. That's easy to say when everything's going my way but it has much more impact on my life when I've failed, been rejected or had permanent and supposedly adverse changes affect me. It is at just such a time when life in my world seems hopeless and worthless that I insist within myself that now I am valuable, those strengths and emotions that are most me are being put to the test and there is something of special importance to me to BE to myself and to my brothers. I can honestly insist on such a reality because I know that God in whose image I am made never intended anyone, even me, to be wasted even for a moment regardless of what I or they may have been. With Him, "Today is always the first day of the rest of your life."

LCDR W. E. UNDERHILL, CHC, USNR
Catholic Chaplain

Special Services Has Beachcomber Tickets

The 1971 Santa Cruz Boardwalk Beachcomber Club membership cards are now available for all military staff, patients, and civilian employees.

The Beachcomber Club is all new for 1971! Club members can now purchase \$7 value books for only \$4. Each includes ride tickets, bonus coupons good for free rides and special discounts—even a free bumper sticker!

Beginning 12 February the boardwalk will be open Saturdays, Sundays, and all school holidays.

See Lucy Baird in Special Services for membership cards. They are free.

Hail & Farewell

ENLISTED REPORTING:

HM3 Ralph D. Boomer from NavSta TI San Francisco; HM3 Louis H. Wood, HM2 Weston C. Brown, and HNs Lawrence A. Wilcox and Richard C. Hedstrom from NavHosp Corps School, San Diego; HAs Judith A. Lasecki, Marilyn D. Baker, Hazel J. Culver, Susan J. Titland, and Helen Sullivan and Dolores M. Pendris from NavHosp Corps School, Great Lakes; DT2 Raymond R. Killian from 1st Marine Aircraft Wing, Danang; HM2 David S. Knierim from NavHosp San Diego; HM1 Jose A. Herrera from 1st MarDiv; MM1 James Q. Crabtree from USS CHIPOLA (AO-63); HM2 Ida M. Young from NavSta Pearl Harbor, Hawaii; and HM1 Jose F. Santiago, Jr. from NavHosp Camp Pendleton California.

ENLISTED DETACHED:

HN Raymond S. Horgen to NavHosp San Diego; HN Edward L. Merritt to 1st MarDiv; HM3 Joseph A. Guerra to Naval Med School, Bethesda, Maryland; HN Cynthia L. Hagensick was discharged.

OFFICERS REPORTING:

Nurse Corps: LT Marguerita A. La-Flamme from NAF, Sicily.

OFFICERS DETACHED:

Chaplain Corps: LCDR James P. Regan to 1st MarDiv.

Nurse Corps: LT Mary P. Nicholas and LTJG Steven E. Day released from active duty.

—usn—

Tension doubles traffic troubles.
Control your car—and yourself.

O' Wives to Hear Drug Abuse Program

A talk on "Drug Abuse" by Mr. Jack Levitt will provide the program for the 10 February meeting of the Officers' Wives' Club.

A social hour from 1130 to 1200 will be followed by luncheon, the menu to include a hot roast beef sandwich, salad, and dessert. Wives of Officers in the Dental, Dermatology, and Anesthesiology Services will be the hostesses.



Food Service friends cut a cake and the XO said goodbye with a letter and a warm handshake when Orange Fleming retired 21 January. Mr. Fleming had been a member of the hospital staff since 24 January 1951. His Federal Service began in 1941 with a five-year hitch in the Army. Under Civil Service he was employed by Pacific Overseas Air Technical Service Command, Port of Alameda; the Sacramento Air Material Area at McClelland Field; and at San Francisco Port of Embarkation, Fort Mason, before coming here.



A Portrait A Month

"It should be in color," QMC Baldwin of Special Services said when he brought this photo to the OAK LEAF. The patient and portrait are LCPL Rueben "Sugar Bear" Johnson, USMC, of 7N and Houston, Tex. The artist is Eva Sikorski, who does a portrait of a patient each month at her Berkeley studio.

What's New in Crew's Library

Fiction

Marry me! Marry me!. Claude Berri.

Agotime, Her Legend. Judith Gleason.

The Smile on the Face of the Tiger. Douglas Hurd & Andrew Osmond.

They Don't Make Them Like That Anymore. James Leasor.

This Perfect Day. Ira Levin.

Master and Commander. Patrick O'Brian.

The Flower of Adonis. Rosemary Sutcliffe.

Detective Stories

Act of Fear; Corpse, Candle & Blacklight. Michael Collins, George Bagby & Bill Knox.

An Easy Way to Go; Picture Miss Seaton; A Howling in the Woods. George Harmon, Heron Carvic, Velda Johnson.

Woman on the Roof; A Man in the Middle; Who Saw Maggie Brown. Mignon G. Eberhart, M. E. Chaber, Kelley Roos.

The Case of the Careless Cupid; If Two of Them are Dead; To Save His Life. Erle Stanley Gardner, Stanton Forbes, Kelley Roos.

The Amazing Mrs. Polifax. Dorothy Gilman.

The Conspirators; The Trash Stealer; Iron Sanctuary. William Haggard, Jean Potts, Robert MacLeod.

Maigret's Pickpocket; The Jackal's Head; Murder Most Fouled Up. Georges Simenon, Elizabeth Peters, Tobias Wells.

Non-Fiction

The Hall of Magic Mirrors. Victor A. Endersby.

The Living New Testament Paraphrased.

Your Investments. American Research Council.

Warfare. Robert Leckie.

To Kill a Messenger—Television News and the Real World. William Small.

Lasers, Tools of Modern Technology. Ronald Brown.

Fundamentals of General Chemistry. C. Sorum.

Fundamentals of Analytical Chem-

istry. Douglas A. Skoog and Donald M. West.

What Can You Do About Drugs and Your Child. Herman W. Land.

Greek Painting. Pierre Devanbez.

Roman and Etruscan Painting. Arturo Stenico.

Byzantine and Early Medieval Painting. Manolis Chatzidakis & Andre Grabar.

Romanesque Painting. Juan Ainaud & Andre Held.

Early Christian Painting. Pierre du Bourguet.

Medieval Manuscript Painting. Sabrina Mitchell.

Eighteenth-Century Painting. Vasily Photiades.

Gothic Painting. Genevieve Souchal, Enzo Carli and Jose Gudiol.

My Turn at Bat: The Story of My Life. Ted Williams.

The Book of Sumo, Sport, Spectacle, and Ritual. Doug Kenrick.

Mission Overseas, a Handbook for U.S. Families in Developing Countries. Harold D. Guither and W. N. Thompson.

—usn—

Reenlistment

HM1 Robert L. Pierce of X-Ray reenlisted 28 January for another three years, which will take him to 12 years, 7 months. This is Bob's second tour of duty here. Following his graduation from X-Ray Tech School in May 1966 he was attached to Naval Security Group Activity, Kami Seya, Japan, then served aboard USS SANCTUARY before coming "home." His wife Mary, a Navy Exchange employee, has just been appointed ombudsman for wives of minority group enlisted personnel.





CONGRATULATIONS WERE IN ORDER 19 January, when all these staffers donned new stripes. New CAPT John C. Courtney, AO, and LCDR Henry D. Gobbel, Chief, Patient Affairs Division, posed with fellow MSC Officers as they received their promotions. From left, they are CDR Martha J. Springer of Food Service; LCDR Richard A. Payton,

Chief, Data Processing Division; LT Conrad E. Langner, Pharmacy. In the photo at right, CAPT Henry E. Austin, left, and LCDR Edwin V. Bohula did the pinning as Chaplains William D. Aders, Conall R. Coughlin, and William E. Underhill became lieutenant commanders.



NURSES PROMOTED were LCDRs Marion C. Dexter and Dorothy A. Walker; LTs Patricia Howell, Cynthia Hughes, and Vera Wheeler.



NEW RATES were effective Monday for these young staffers. They are, left to right HM2 Joseph Ryan, HM3s George Maillard, Dennis Buros, William Trimble, Debra Heilshorn, and Gregory Rosales.

Can You Identify This Handsome Young SN?

PMT Course Welcomes Mr. Rice—Now From AID at Danang

The Preventive Medicine Technician Course on 25 January enjoyed a visit from an old friend—ChMedSerWrt Harold B. Rice, USN, Ret. Mr. Rice, a former Administrative Assistant and instructor in the course, spoke to the combined classes concerning Public Health problems in the Republic of Vietnam. He is currently working as a sanitarian for the Agency for International Development (CORDS) and is assigned to the Danang area.

Mr. Rice described his role in the National Plague Control Program, as well as commenting on an innovative training program designed to improve food service in the city of Danang.

—usn—

Veterans on the VA pension rolls who are so seriously disabled that they need regular aid and attendance are eligible to receive \$100 a month in addition to their pension, according to the VA.



He's been around a bit since he sat for a San Francisco photographer in early 1944 while en route from his home in Chicago to the South Pacific as a member of the crew of USS LST-830. His name may be found elsewhere in today's issue of the OAK LEAF.

When a man is completely out of his mind, there's probably a woman in it.

EXEC-LINE



● I'd like to complain that over at the EM Club the records haven't been changed in 8 months, or so it seems to me.

The record machine at the EM Club has 160 records on it. Five records are changed every two weeks. Specific records will be put on by written request to the manager. The records are left on for a minimum of 30 days in accordance with current Navy Exchange Policy. The records are metered—if they "sell," they stay longer.

● I would like to have the Senior Enlisted Advisor's ("SEA") office identified not only by the sign at the entrance of the Administrative space on third deck but also by a sign outside his office door. Many people don't realize he is also the Administrative Officer's Assistant and have trouble finding his office.

A sign has been made for Chief Dickens' office door.

● When I have the PM shift I have trouble finding a parking place during the 3 o'clock traffic tie-up.

When we spoke with you about this problem, we found that you were unaware of the staff parking lot in the rear of Bldg. 500 near the officers' quarters. Parking will improve generally when the replacement of steam lines have been completed and when the lot adjacent to Bldg. 501 has been finished.

● This is not a complaint, it is a compliment. On the two occasions I've had to use EXEC-Line, I got prompt action by Chief Dickens and yourself. I think EXEC-Line is handled very well and accomplishes a lot of things. Although some people do use this line hastily sometimes, I think for the most part, the comments are well-founded and handled very well. Thank you very much.

Thank you! It's gratifying to know that our efforts are appreciated!

● There are many gifts, such as magazines, games, and books, that are donated at the OOD's desk for patients. There should be some way for the command to let the donors know how much we appreciate their kindness.

When gifts are donated through the Red Cross or Special Services, a card or letter is prepared for the Commanding Officer's signature. Your suggestion is an excellent one. We will have a form for recording essential identification and instructions to be kept at the OOD's desk. When completed, the form will be forwarded to the Special Services Officer, who will prepare a suitable acknowledgement to the donor.

● I think it would be wise to raise several tables in the mess hall so patients with wheelchairs can get under them.

Our Food Service Officer tells us this subject was investigated in October 1969 as the result of a beneficial suggestion. Tables made high enough for wheelchairs would place the eating surface at shoulder height. Once a table is converted, it is no longer useful for other patrons. The number of wheelchair patients varies from 10-15 per meal. Since only two chairs could be used at each table, five to eight tables would have to be modified. Most wheelchair patients come to the dining room with friends who are not in wheelchairs. They would be unable to join their friends at such a table. We have been researching the feasibility of a slip-on tray for these patients, and to date this seems to be the most suitable solution. I feel we should continue in this direction rather than modify the tables.

Coming 23 February—The Serendipity Singers!!



Meet Your Red Cross Staff



INTRODUCING THE RED CROSS PROFESSIONAL STAFF: In the photo at left, standing, are Miss Ruth E. Armstrong, Hospital Field Director; Carol Sherman and Diane Antonsen, caseworkers; Philamena Russo, bookkeeper; Rita Hayes, casework supervisor; and Jeanette Klein, secretary. Seated: Marilyn Lager and Gay Curry, caseworkers; Helen Harris, secretary; and Jane Peters, caseworker. In the photo at right, seated, are Helen Strehlis, recreation supervisor; Diane Leach and Susan Baker, recreation staff. Standing: Ahava Lee Webster, Rosa Lampkin, Laura Montgomery, recreation staff; and Kris Rodrigues, secretary.



Frank Quezada

Ramona King

Lloyd Marshall

Three EEO Counselors Ready, Willing, and Able to Serve YOU

The Department of the Navy goal is a fully-integrated work force including minority personnel at all activities, in all organizational segments, in all occupations, and at all levels.

Under the Equal Employment Opportunity Program, any employee charging discrimination because of race, color, religion, sex, or national origin must arrange a meeting through his supervisor with an Equal Employment Opportunity Counselor prior to filing a formal complaint.

Serving as EEO Counselors for the hospital are three well-known civilian staff members — Frank Quezada of the Housekeeping Branch, Ramona King of Dental Service, and Lloyd Marshall of Fiscal and Supply.

Each will welcome the opportunity to talk with anyone who has a problem or a complaint and will try, through investigation and consultation with all persons involved, to resolve informally matters which might otherwise become formalized discrimination complaints. Experience has shown that a majority of discrimination complaints are due to misunderstandings or lack of information. Under this system the employee may raise questions, discuss them in the open, and get answers.

Telephone extensions for EEO Counselors:

- Mr. Quezada 2204
- Mrs. King 2258
- Mr. Marshall 2005

Women in Federal Service

By Helen Cupper

You've Come a Long Way, Lady . . .

Your position in Federal employment has come in for much attention in recent years. With the beginning of Federal Civil Service 88 years ago, it was not uncommon for a Federal executive to evaluate his success in terms of his ability to dodge the statutory requirement of the Federal Civil Service Act of 1883 involving the hiring of women. Now all that has changed.

Even in the 28 years since NH Oakland was commissioned, many myths and generalizations about women have been dispelled.

Your place is no longer just in the home.

Some people do like to work for a woman boss.

You are not too emotional to make a good supervisor.

You do not use more sick leave than men!

You are entering more career fields. The gap between men and women with college degrees is narrowing! In 1900 men had 80 percent of all college degrees; in 1965 they had 60 percent. You are now accepted for jobs long reserved for men. Occasionally you are doctors, lawyers, plumbers, electricians, and dispatchers. Your sex is much less often the reason you are refused employment or advancement. You have been slow to mobilize, perhaps because of your own lack of confidence. Have you been your own worst enemy?

Employment has become a reality of life. Nine out of ten of you work sometime in your lives—most of economic necessity, some for self-fulfillment. Momentum is gathering as you see the unfairness of discrimination based solely on sex.

But There's Still a Long Way to Go!

Many of you say men keep you out of things. Come now, do they really? It's time to stop telling your daughters they don't have aptitudes for certain fields or that certain work is unladylike. Why not a TV repair lady if that is her bent?

The largest major occupational group of you is still in the clerical field. In October 1969, Federal Civil Service statistics showed that 84 percent of GS-3s are women; 84 percent of GS-9s are men. Another way of looking at it: 92 percent of Federally employed women are GS-8 and below; 20 percent of the men are GS-8 and below. There is a concentration of women in the lower grade levels even though the total number of women employed continues to increase!

You are beginning to help yourselves. But some of you with great capabilities don't want to get involved—people might call you neurotic! There are ways of sincerely working toward equal employment of women without getting involved in a big feminist dispute.

Do you have the desire and courage to try?

Confused About Functions of ARC? Here's What it Does – and WHERE

"Does ARC really stand for Arc-angel? Do all those females in the blue uniforms have the same job? Why do you see some of them every day and others once a week? Are some paid or do they all volunteer their time? Just where are your offices anyway?" These are a very few of the questions asked the members of the American Red Cross staff and volunteers here at Oak Knoll.

Hospital personnel and patients alike are sometimes confused about the exact functions of this organization.

Actually there are 13 full-time professional staff, four clerical staff, and 121 trained volunteers who served a total of 1,639 hours

during the month of December alone. Professional staff, all college graduates, consists of two departments: case workers and recreation workers.

Case workers supervise personal service volunteers, handle emergency leave verifications, financial assistance, communications, assistance to relatives visiting at the hospital and general counseling. Case workers are on duty on a 24-hour-a-day for emergency situations only. One can be reached after hours by calling the OOD desk.

Recreation workers supervise recreation volunteers, organize daytime and evening ward recreation programs and parties, escort outside groups coming into the hospital for activities on the ward, sponsor monthly dances in the recreation lounge for patients, and organize off-post trips to the 49th football games and the Oakland USO. A diversional craft program is brought to bed patients by volunteers skilled in leather craft, copper tooling, etc.

Each patient care unit has both a case worker and recreation worker assigned to cover it regularly. You can reach them by dialing "7." Case work offices are located on the top deck of Bldg. 38, while recreation staff offices and the recreation lounge are in Bldg. 71A, which is open for patient recreation from 0830-1700 on weekdays. Three offices are located in Bldg. 500—two on 3rd floor across from the Chaplain's offices and a volunteer office on 4th floor, near the surgery clinic area.

Professional Red Cross staff are subject to transfer just as are military personnel. Hospital staff in the Western Area may be transferred to any of the military hospitals in the 12 western states, including Alaska, and overseas. This, plus the fact Naval Hospital, Oakland is a training hospital for new ARC staff, accounts for constantly changing faces.

FAST Announces 1971 Schedule of Tours to Orient

Federal and Service Travel, Inc., has announced its planned schedule of charter or group flights for 1971. Planned departures are from the West Coast to Tokyo, Seoul, Taipei, Okinawa, Hong Kong or Bangkok. All flights are on modern jet carriers, featuring first class meal service, beverages and free baggage up to 44 pounds.

Trips to Tokyo, Taipei, Hong Kong, and Bangkok are scheduled as follows:

DEPART	RETURN
22 March	6 April
5 April	20 April
17 May	1 June
4 July	20 July
8 August	25 August
26 September	12 October
21 November	19 December
17 December	5 January

Trips to Seoul will leave 20 March, 24 April, 15 May, 19 June, 24 July, 21 August, 25 September, 23 October, 20 November, and 18 December, and return 30 days later.

Approximate round trip fares are: Tokyo—\$395; Taipei—\$415; Okinawa—\$480; Hong Kong—\$515; Seoul—\$525; Bangkok—\$680; Manila—\$565.

Special rates for children and a limited number of one-way passages are available. A \$3 airport tax must be added to all fares. If large enough groups cannot be assembled to realize these low-cost fares, all your money will be refunded in ample time for you to make alternate arrangements.

For further information call 922-3853. For reservations write Federal and Service Travel, Inc., P.O. Box 9146, Presidio of San Francisco, San Francisco, Ca. 94129.

Movie Schedule

5 February
WHO'S GOT THE ACTION—Starring Dean Martin and Lana Turner. Comedy.

6 February
HUD—Starring Paul Newman and Patricia Neal. Drama.

7 and 8 February
THE WATERMELON MAN—Godfrey Cambridge and Estelle Parsons. Comedy.

9 and 10 February
TASTE THE BLOOD OF DRACULA—Christopher Lee and Linda Hayden. Horror Drama. Also a short—Phoney Pony.

11 and 12 February
WHO'S BEEN SLEEPING IN MY BED?—Starring Dean Martin and Elizabeth Montgomery. Comedy.

13 February
THE HONEYMOON MACHINE—Starring Steve McQueen and Paula Prentiss. Also a short—Hasty but Tasty.

14 and 15 February
PIECES OF DREAMS—Starring Robert Foster and Lauren Hutton. Drama.

16 and 17 February
TROG—Starring Joan Crawford and Michael Gough. Science Fiction.

HMCs Robert G. Brown



Admiral Mahin presents medals for outstanding service in previous assignments to LCDR Edward L. Hughes, CHC; LT Gerald E. Roets, MSC, LCDR David M. Knize, and LT William D. Bailey, MC; and to LCDR Francis A. Teague, Jr., MSC.

CO Presents Service Medals to Seven

Staffers Cited for Meritorious Performance at Former Stations

Seven staff officers have recently received medals for meritorious service at former commands. They are LCDR Edward L. Hughes, Chaplains Service; CDR Norman C. La Chapelle, MSC, Chief, Preventive Medicine; LCDR Francis A. Teague, Jr., MSC, Head Supply Branch; LT Gerald E. Roets, MSC, Chief, Security Division; LCDR David M. Knize, MC, Surgical Service; and LTs William D. Bailey and Terry Lewis, MC, both of Outpatient Service.

As chaplain for the First Reconnaissance Battalion, FirstMarDiv, Chaplain Hughes earned the Navy Commendation medal. "Completely disregarding his own safety, he frequently traveled through hazardous areas to provide worship services, religious counsel, and guidance for the myriad problems faced by men in combat. Later with the Fifth Marines he participated in Medical Civic Action programs, cultural tours, and programs to assist an orphanage in the area," the commendation stated in part.

Lieutenant Bailey, also earned the Navy Commendation Medal for service with the First Marines and later with the Fifth Marines. Initially assigned at Battalion Surgeon of the 11th Motor Transport Battalion, he coordinated medical matters and insured best possible medical service to assigned personnel. He developed an extensive Medical Civic Action Program and supervised medical projects in two local villages and at a nearby orphanage. With the Fifth Marines, he initiated construction of additional medical bunkers . . . insured that his corpsmen were well-trained and professionally competent, and repeatedly disregarded his own safety to aid Vietnamese civilians.

LCDR Knize and Lieutenant Roets earned Navy Achievement Medals for simultaneous tours in USS RANGER (CVA-61).

Doctor Knize's citation referred to his "great professional skill, broad medical knowledge, and willingness to work exceptionally long hours. . . His knowledge and abilities enabled RANGER to provide vital life-saving care of a type not normally available in a combat vessel," the citation stated.

Lieutenant Roets, as Medical AO and "H" Division Officer, supervised operation of RANGER's Medical Department. His planning, foresight, and coordination of the department's training program, predeployment stocking and stowage of medical supplies . . . enabled the department to carry out its assigned mission. His firm guidance and understanding provided his subordinates with inspiring leadership and materially contributed to the effectiveness of his unit, according to his citation.



Here the CO pins a medal on CDR N. C. La Chapelle, MSC, while LT Terry M. Lewis, MC, awaits to be decorated.

Lieutenant Lewis' Achievement Medal was for service as Division Medical Officer with Commander, Destroyer Division 32, during combat operations. He was cited for "extraordinary professional competence and superior administrative ability which contributed to the sanitation and medical administration of the division. . . His unceasing effort to inspect each ship and maintain close liaison with corpsmen resulted in increased combat readiness of all ships in the division. His prompt and skillful actions were credited with saving the life of a sailor on at least one occasion."

Commander La Chapelle earned the DOD Joint Service Commenda-

tion Medal for service with Desert Test Center, Fort Douglas, Utah, where he "served with distinction as Officer in Charge of Technical Operations, accomplishing many significant programs vital to the mission of this jointly staffed organization. His professional skill and knowledge in microbiology proved invaluable to the success of several test series and technological research studies."

Lieutenant Commander Teague received CINCPACFLT's Letter of Commendation for outstanding performance of duty as Assistant Fleet Medical Administrative Officer, a post in which he displayed outstanding initiative, imagination, and dedication to duty.



Makes It To Thirty

Irving Coombs of Transportation on 11 January received his 30-Year Federal Service Award. Mr. Coombs joined Civil Service in 1945 after a hitch in the U.S. Army. He reported here 3 July 1956 from NH Mare Island.



"WHY DON'T YOU JUST FORGET YOU'RE A CHIEF AND LET'S HAVE SOME FUN?"

Hot Wheels Win-Brace for Game With "Odyssey"

The Eastbay Hot Wheels, who defeated the San Jose Golden Spokes 45-44 in an exhibition game here Tuesday night, have a new challenger.

On 11 March at 2000 they'll return to the local gym to battle it out with NH Oakland's own wheelchair team to be known as "The Odyssey."

The new team, organized in mid-January, practices every Monday and Wednesday from 1430 to 1600.

Captained by Greg Najera and coached by LCDR Patricia Brown and HM2 Greg Ford, who also referees, the team includes Nelson Bourque, Blanchard Banks, Al Buchanan, Ed Busby, Shun Yui Chan, Brian Egger, "Sugar Bear" Johnson, Eddie Lawrence, Ron Mounce, Don Paul, Ray Ramirez, and Joe Twogood. All team members are amputees.

"Sure we take a lot of spills, but we bounce back. Watch us whip those Hot Wheels," said one member of The Odyssey.

Hospital Bowlers Second in "B" League

Hospital bowlers are currently in second place in the 12ND "B" League competition, according to latest word from the league secretary.

Here are the individual scores for team members:

Bowler	Ave.	Games	Pins
Conner	163	18	2935
Townsend	139	15	2089
Bain	153	27	4133
Gobbel	168	21	3541
Hunter	157	6	945
Bauer	164	24	3951
Barvick	176	9	1586
Burrough	151	9	1364



In a practice game the Hilltoppers lost to NAS Alameda, 102-94, Rudy Nail goes up for a jump shot and two of the 20 points he scored in the game. At right, the camera caught Skip Ferguson in a jump ball as Diaz (20) and Nail (54) look on. The NAS Player is Lashutka. Ferguson scored 30 points in the game.

Hilltopper Tactics



More Women Needed For Volleyball Team

The hospital women's volleyball team has started practicing for the 12ND Women's Volleyball Tournament to be held at NAS Moffett Field 16 February at 1900. More players are needed. Call or see Ron Brown if you are interested.

Last Call for Volleyball

This is the last call for volleyball teams for the hospital intramural league, tentatively scheduled to start 18 February. More teams are needed. Call Athletic Director Ron Brown NOW.

Lab Easily Defeats NP as Dufner Sinks 18 Points and Diaz Makes 17

by Ron Brown

Dufner and Diaz Spark LAB to 62-43 Win Over NP

Lab, currently running second behind OPD, easily won over 5th place NP last Wednesday behind the sharpshooting of Dufner, who garnered 18 points on 9 field goals. Diaz was close behind in that department with 17 points or 8 field goals and 1 free throw. Powell aided his team's cause with 11 points. Bailey and Payne each had 8

points to round out Lab's scoring. Fenlason split the net for 13 points for the losers.

OPD Continues Win Streak

OPD is now on top of the League standings with an impressive 7-1 record as they defeated a stubborn five from OR; winless in 7 encounters. OR proved to be difficult in this game as it was tied several times before OPD finally pulled out ahead in the closing minutes of the game. Wilson led all scorers with 17 points, followed by Nail with 14. Sherrill and Ware each had 13.

Deutch and Starr led the losers with 13 points each.

ANES/DEN In 4th Spot

By virtue of a 45 to 34 win over Pharmacy, Anes/Den jumped from 5th to 4th spot in the standings last week as Dr. Quine paved the way with 11 points followed by Ferguson and McKenzie with 8 and 8 points respectively.

Porter led Pharmacy with 8 points.

Intramural Basketball Standings As of 28 January

TEAM	W	L	PCT
OPD	7	0	1.000
LAB	6	1	.857
MEDICINE	5	2	.714
ANES/DEN	4	3	.571
NP	3	4	.429
PHARMACY	2	5	.286
X-RAY	1	6	.143
OR	0	7	.000

What's Happening At the CPO Club

Reno Nite is scheduled for 13 February, when Mississippi slickers and other dudes will bring their dance hall hussies for an evening at the gaming tables.

Happy Hour is observed from 1630 to 1800 every Tuesday. Wednesday Happy Hours are from 1900 to 2100 with a Piano Bar "Sing Along" from 1800 to 2200.

Game night is every Friday. Come by 1900 to get a seat. Full dinners are served from 1800 to 2100, featuring New York or top sirloin steaks, deep fried chicken, prawns, scallops, and a variety of sandwiches.

The Club opens at noon Saturday with a Piano Bar beginning at 1900.

Don't forget the daily luncheon from 1130 to 1300 at the club.

And, says Manager Bob Bristol, "We're always open Sundays from 1200 to 1800 with the 'Big Boob Tube' in operation for sports specials."

Which One Has The Badge?

Would you believe HM3 James Kersey is in charge when he and SGT Bruce MacDonald, USMC, that little guy at right, perform their Security Division duties? The 24-year-old sergeant, detailed to Security while in patient status on 7W, is 6 ft., 11½ inches tall. "And still growing" according to the 22-year-old Kersey, to whom it may just seem that way. Kersey measures 5 ft. 7 in.



FOR SAFETY SAKE

BUCKLE UP BEFORE YOU DRIVE!

The OAK LEAF



Vol. 33, No. 4

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 19 February 1971

HN Karl Newton of Neurosurgery Named January Sailor of Month

HN Karl L. Newton, Senior Corpsman on the Neurosurgical Service, has earned Sailor of the Month honors for January.

Initiative, good judgment, outstanding leadership, and dedication are among the qualities noted in the CO's letter, which also related a specific incident testifying to Newton's astute observation of his patients. "While on-night duty, you observed a post-operative patient's color and consequently suggested and did a fingerstick hematocrit, which was called to the doctor's attention, with the result that the patient was given two units of whole blood," the letter stated.

Admiral Mahin praised the 19-year-old corpsman for being an excellent organizer, for being able to assume any assignment and maintain continuity and quality nursing care with little or no direction, and for maintaining composure under stress.

Newton reported here 17 March



HN Karl L. Newton

1970 via Boot Camp and Corps School, San Diego. His home is in Brooklyn, Ohio.

Hospital Fire Department Earns Third Place In 1970 National Fire Prevention Contest

The hospital Fire Department has received notice that it earned third place in the 1970 Fire Prevention Contest sponsored by the National Fire Protection Association.

Seventy-four Navy facilities competed in the contest by submitting reports of various fire-prevention activities carried out at their commands. The hospital competed in Group III (commands under 1500 personnel).

The first place winner in Group III was Naval Security Group Activity, Kamiseya, Japan; second place, Naval Supply Center, Cheatham Annex, Williamsburg, Va. This hospital was the only Naval Hospital to place in the contest and one of two 12ND activities mentioned in the association's report. The other was Naval Communication Station, Stockton, which

This Demonstration A Delicate One

CAPT Donald H. McLean, Head of Plastic Surgery and currently Acting XO, will be on the program at the National Hand Society meeting at the San Francisco Hilton 4 March.

With Dr. Harry Buncke he will demonstrate on closed circuit television a microsurgical arterial repair of the femoral artery of a rat, using saran-wrap technique, which they originated.

received an honorable mention.

Much of the credit for this recognition goes to Fire Chief "Smokey" Merrill, who personally prepares the entry each year and has won many similar awards for the hospital and at Naval Air Station, Alameda, where he served before joining the hospital fire department in 1963.

It'll Be a Happy Hundredth Birthday for Medical Corps

Judging from all reports, the Navy Medical Corps 100th Anniversary Party at the O' Club 6 March will be an event to make up for the 98 birthdays that had passed unnoticed; for it wasn't until last year that the date of the Corps' establishment—3 March 1871—was discovered.

Scenes from many of those lost years will be shown in photographs that will be a special feature of the evening. The history of the hospital will also be told in the gallery of photos being prepared for display.

CDR James Beeby, Chairman of the Officers' Club Entertainment Committee, expects some 500 active duty and retired medical officers living in the Bay Area, including staff Medical Corps Officers and their guests, to attend.

Cocktails and buffet will begin at 1900. Music for dancing will be provided by the versatile Jim Rousey Quintet.

Medical IG & Party To Arrive 8 March

RADM D. P. Osborne, Inspector General, Medical, will be aboard the week of 8-12 March to inspect the hospital.

Accompanying him will be Dr. George H. Reifenstein, Technical Director for Clinical Research and Medical Education, BuMed; CAPT R. K. Barton, MC, Director, Professional Division; CAPT J. W. Cox, MC, Assistant Head, Training Branch; CAPT C. R. Allen, MSC, Executive Assistant to the IG; CAPT Dolores Troskoski, NC, Assistant to IG for Nursing; CDR C. "B" Longest, MSC, Assistant to IG; CDR H. D. Littner, MSC, Special Services Officer, NNMC, Bethesda.

Officers from the local area representing the Chaplain, Civil Engineering, and Supply Corps will augment the team.

Miss Sandy Sheppard Is January JANGO

Meet Sandy Sheppard, JANGO of the Month for January.

On 6 December Sandy completed the 24 hours of classroom instruction required of each JANGO. Since then she has given 163 hours of service to the hospital!

Seventeen-year-old Sandy, a senior at nearby Skyline-High, also takes calculus and psychology at U. C., Berkeley, plays the guitar and skis. She is the daughter of CDR H. L. Sheppard, Jr., of NAR-TU, Alameda.



Coming Tuesday The Serendipity Singers

(See Story on Page 3)



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HM1 R. C. Bishop, HM1 M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

SUBSTANCE OR SHADOW

"So there's this dog, see" He's high-stepping home with a savory bone in his mouth.

But now he comes to this stream and, as he walks over on the footbridge, he looks down and sees a reflection. What a bone he sees beckoning to him! It's bigger and better than the one he has, no doubt about it.

The choice is easy. Quickly he drops the bone he's holding and quicker yet, he snaps at the reflection and comes up (you guessed it) with a mouth full of nothing.

This dusty old story with a modern twist has been around for a long time. Yet its age shouldn't detract from the wisdom it offers in this day of easy disenchantment and snap decisions.

Fortunately the life God gives offers many choices. Many are these because God has endowed the human mind with creativity. Splendid! Because of these, progress is possible and can bring great blessings with it.

But not all choices offer substance or value, nor are they all of God, or even God pleasing. For this reason, the moral of the story is still worth remembering, so that in making our choices as God's people, we don't come up with "a mouth full of nothing!"

Taken from South Pacific District-ALC-Tradewinds.

LCDR A. B. KOENEMAN, CHC, USNR

Negro History Week Brings Out Special Reading List at Library

During the week of the 7-14 February the Crew's Library, Bldg. 101, participated in the nationwide and navy-wide observance of Negro History Week. The theme, AFRICAN CIVILIZATION AND CULTURE—A WORTHY HISTORICAL BACKGROUND, featured a special bulletin board display as well as a special display of books about Black America and the culture and civilization of Africa. Included in the book display was a collection sent out by the Library Branch of the Bureau of Personnel. Below is a partial list of materials available about Black America and Africa.

The Fire Next Time. James Baldwin.

In Search of Bisco. Erskine Caldwell.

Soul on Ice. Eldridge Cleaver.

A Pictorial History of the Negro in America. Hughes & Meltzer.

The Impossible Revolution. Black Power and the American Dream. Lewis Killian.

Why We Can't Wait. Martin Luther King.

Beyond Racism. Whitney Young.

The Negro Revolution in America. Brink & Harris.

My Ups and Downs in Baseball. Orlando Cepeda.

From Ghetto to Glory. Bob Gibson.

My Life In and Out of Baseball. Willie Mays.

Soulscript. Afro-American poetry. June Jordan, ed.

The Collected Shorter Poems. Kenneth Rexroth.

Blues for Mister Charlie. James Baldwin.

The New Africa. Gatti, Ellen & Attilio.

Africa—Angry Young Giant. Smith Hempstone.

No Room in the Ark. Alan Moorehead.

Congo Kitabu. Jean-Pierre Hallet.

House of Bondage. Ernest Cole.

Nigeria: Background to Nationalism. James Coleman.

Southwest Africa and Its Indigenous People. Alice Mertens.

My Life with Martin Luther King Jr. Coretta Scott King.

I Have a Dream. Martin Luther King.

Hail & Farewell

OFFICERS REPORTING:

MEDICAL CORPS: LCDR William R. Applegate from COM9; and LT John H. Roediger from USS CORONADO (LPD-11).

NURSE CORPS: LTJG Penelope Hames from NavHosp Guam; ENS Miriam Velez-Marzan from Newport, Rhode Is.; and LT Lynn M. Aylward from inactive duty.

OFFICERS DETACHED:

MEDICAL CORPS: LT Arthur Gardikes to USS SANCTUARY.

ENLISTED REPORTING:

HM1 Robert E. Deunger from Nav Recruiting Sta, Denver, Colorado; SD3 Rogelio A. Reolegio from Fleet Air Sup Unit, Danang; HM3 D'Ann Shoemaker and HAs Diane Weyrauch and Bobbie J. Renshaw from NavHosp Corps School, Great Lakes; HM3 Michael R. Brush and HN Darlene King from Navy Med School, NMMC Bethesda; HM3 William J. Stone from NavSta Philadelphia; HNs Randall L. Milner and Marvin Walker, and HAs Dirk W. Deardorff and Glenn D. Kremer from NavHosp Corps School, San Diego; YN3 Diana K. Leaderbrand from NAS, Moffett Field; HN Harold E. Lawson from NavSta, TI, San Francisco; and HM1 George E. Cartmell from USS SANCTUARY (AH-17).

ENLISTED DETACHED:

MM1 Samson S. Manuel to USS WHITE PLAINS (AFS-4); HMC Donald J. Skaggs to USS MONTICELLO (LSD 35); HMC Carl L. Fausett to 3rd MarDiv; and HM3 Charles E. Logan to NavAuxiliary Landing Field, Monterey, Calif.

Scuttlebutt

SIGHTS & SOUNDS: Daffodils in flagpole circle struggling to spell out "U. S. Navy," and if you don't believe it, look down from the ninth floor. . . . Gertie Smith, after insisting, "NO CAKE" for her B-Day, being gifted by friends (??) with a box of chocolates. . . . alarm clock business booming at Navy Exchange as reveille is phased out. . . . LTJG Georgiana Banellis, snappy new dietitian, proudly reporting that her brother is a midshipman first class at Annapolis. . . . Jane Lippincott and her husband weekending in Hawaii. . . . Mrs. Joseph, laborer cleaner on 9NE, diligently cleaning her spaces AND brightening the day for patients with cheery and unique little notes.

IT WAS BEARDS FIVE TO FOUR among the contest victors at presstime. The three top winners—Doctors Molendyk and Conkey and SK3 Kerr are now handsomely smooth shaven, except that Kerr kept his moustache, which makes him look quite distingué. Chief Waldron's third place blond fringe has also gone down the drain. Still among the hirsute—Drs. Schillaci and Sheffer, Corpsmen Benedele, Miles, and Baker.

AN OAK LEAF CLUSTER to HM3 Robert Parmentier. He spent his evenings after the big oil spill giving first aid to bird and Bay cleaners whose involvement resulted in cuts, pecks, and bruises, and at least one fracture.

A VALENTINE'S DAY WEDDING at Temple Emanuel in San Jose climaxed a romance that developed, as many other good things do, through Project Transition. Sergeant Brown has been studying computer technology while recovering from Vietnam War wounds that resulted in loss of his left arm. His teacher—and bride—is Miss Leslie Ann Warner. The bridegroom is from Baton Rouge, his bride from South Bend. LCPL Reuben (Sugar Bear) Johnson served as best man at the wedding.

AT THE RISK OF SEEMING REPETITIOUS, we happily report that CDR Jean Heath's miniature schnauzers are still winning top honors in dogdom. On a recent trip to Florida where he appeared in shows in 12 cities, from Jacksonville to Miami and points between, "Champion Blackwatch of Blythewood," commonly known as "Willie," was rated No. 1 miniature schnauzer in the nation! And "Blythewood Barracuda, J.O.D. (Jean's Other Dog)" took 11 of 15 championship points.

CATS WILL BE GIVEN EQUAL SPACE ON DEMAND.

ATTENTION, PG! It was with deep regret that for reasons beyond our control, we can no longer "Mess Around" with you. And your colyum was so delicious.

LIFE BEGAN 22 January for Wren Dickinson Harris, 8 lb. 6 oz. son of LCDR T. M. Harris of OBGYN and wife Judith. . . . On 10 February for Renie Kae Paske-witz, 8 lb. 3 oz. daughter of LT G. I. Paskewitz of the NP Service and wife Anne Louise.

Easter Cantata, Special Lenten Services Planned

Lent begins this year on 24 February with the celebration of Ash Wednesday. Holy Communion will be offered for Protestants in the Chapel of Hope beginning at 1130. Chaplain Koeneman will celebrate the Communion, using both traditional and folk forms for the order of worship. This is an open Communion for all who wish to commune.

Roman Catholic Mass with the imposition of ashes will be said at 0730 and 1635 in the Chapel of Hope and at 1200 in the Clinical Assembly.

Special Lenten Services will be held each Wednesday evening beginning at 1800 in the Chapel of Hope. These 35-40 minute services will center on the theme "A Question of . . ." and focus on guilt, bewilderment, identity, etc. The Biblical basis will be Jesus before Pontius Pilate and the events of that Thursday night and Friday morning. These devotions are open to all who wish to attend.

Holy Week observances will begin with a special Palm Sunday Service. In the evening of Palm Sunday the ecumenical choir will present a special Easter Cantata "Behold Your King." Singers are needed for the cantata and persons interested may attend rehearsals commencing at 1930 each Wednesday evening at the Main Chapel. Singers from both Roman Catholic and Protestant congregations are needed.

Roman Catholic Mass will be said daily at 1200 in the Chapel of Hope during the Lenten Season.

A special Lenten service will be presented at the Protestant Worship Services each Sunday during the season. Centering on the theme "Placés of the Passion," the events that occurred in important locations such as the Garden of Gethsemane, the Upper-Room, etc. will lead the worshipper to important spiritual concerns in preparation for Holy Week and the Easter Festival.

The Chaplains encourage the entire hospital community to observe the Lenten season and participate in the special worship opportunities offered during this time.

Project Transition Offers New Course

A Transition Predischage Education Program (PREP) class beginning 19 April and ending 9 July will be offered as a part of the TRANSITION Program for men whose EAOS is after 1 August, but prior to 31 October 1971. The class, sponsored by the University of California Extension, will be held at the Extension Center at 55 Laguna at Market Street in San Francisco, five days a week, from 0900 to 1600.

This PREP class will offer college subjects such as English, Speech, Reading and Library Orientation, Math and Science, and Humanities. Those who successfully complete the 12-week program will earn 16 quarter hours or 12 semester hours of college credit.

No More Mending For Mrs. Howard

Friends and coworkers bid "smooth sailing" to Thelma Howard, seamstress in the laundry, on 5 February. Mrs. Howard retired after 15 years on the job here. She had previously worked at NAS, Alameda, and with Quartermaster Corps.



Clinical Assembly 1900

Serendipity Singers to Swing in Tuesday

The world-famous Serendipity Singers will swing in to the Clinical Assembly Tuesday for an evening of entertainment the like of which has seldom if ever been heard at NH Oakland.

A few of the Serendipity Singers' previous appearances have been at The Bitter End Cafe, New York City, where they played their first major engagement, the Rooster Tail in New York, the Ed Sullivan Show, Dean Martin Show,

Kraft Music Hall, Johnny Carson Show, and many other TV appearances, including their own special, aired this past Christmas.

They've played at 800 colleges, entertained in 49 states and 15 foreign countries. They travel 200,000 miles a year.

And now their path leads to this hospital! Curtain time is 1900.

The complete program was not available at presstime, but they're sure to sing their first big hit,

"Don't Let the Rain Come Down," and selections from their latest album, "Love is a State of Mind." Their songs will be interspersed with topical humor and sketches.

Serendipity? It's defined as the discovery of a new and happy event. As used in the colloquial sense, it is the ability or art of doing many things well at the same time. Both definitions reflect the essence of this refreshing singing group. Don't miss them!

MEDLARS to be Demonstrated 10 March at Special Workshop Here

MEDLARS, the Medical Literature Analysis and Retrieval System of the National Library of Medicine, produces bibliographies of journal articles from the computer data bank of the Index Medicus. Individual searches are provided free of charge for researchers, clinicians, and other health professionals. This service will be demonstrated on Wednesday, 10 March, from 1400 to 1500 in the Clinical Assembly.

Search requests from Arizona, California, Hawaii and Nevada are processed at the decentralized MEDLARS Search Station, which is part of the Pacific Southwest Regional Medical Library Service centered at the Biomedical Library, University of California, Los Angeles. The staff of this search station will present the workshop at the invitation of the Commanding Officer. Although primarily intended for doctors, any member of the scientific staff with treatment, training or research responsibilities is invited to participate.

Last year the Medical Library submitted fourteen MEDLARS

questions for individuals. Several searches contributed to published articles, and others were used to plan improvements in patient care or evaluate research programs. The computerized printouts provide a more comprehensive and relevant literature survey for the period covered than can be obtained by individual effort. The speakers at the workshop will be the search analysts who actually programmed these questions for Naval Hospital staff members.

The object of the workshop is to show the researcher how to make optimal use of the Index Medicus and the regional medical library networks from any area of the country, either through the closest hospital library or by individual application to the appropriate regional center.

During the afternoon the Medical Library will hold open house to demonstrate the Index Medicus and other reference resources. Doctors and professional health workers from the local community have been invited to attend the workshop and open house.

EXEC-LINE



Many calls are being answered personally when the caller gives complete name and service, division or address. Topics of general interest will be published in the Oak Leaf.

● Why can't the linen be delivered at night instead of during the day?

Because of the reduction in civilian positions during the past year it became necessary to close the clean linen supply room in Bldg. 500. All linen now used in Bldg. 500 is delivered directly from the laundry in Bldg. 8 immediately after processing.

● I would like to complain about the rundown condition of the hand ball courts in the recreational area.

A plan for repairing the handball courts has been at Public Works for a long time and is pending funding. When funds are received for this project, the walls will be enclosed and the interior lighted for late evening play.

● Many of us would like to have the bowling alley hours extended. The hours have been extended to 2200 on weekdays and to 2300 weekends and holidays.

● In the enlisted barracks it is a practice for the Master-at-Arms to inspect rooms even when the occupant is not there. I feel this is an invasion of my privacy.

Maintenance of good order is an inherent responsibility of Masters-at-Arms. The Barracks Master-at-Arms for Bldg. 501 in company with an assistant is required to inspect each room at least once weekly. In addition to judging the good order of the room he is alert to correct any fire hazards that may have been created and to give attention to structural or maintenance defects that may require correction.



THIS WAS THE LINE-UP when another class of NP Technicians was graduated 29 January. Standing, left to right, are HM1 Robert Carson, instructor; HM3s Stephen May, William J. Higgins, Gary Hosick, and Terry Ware; HNs William Jeffrey, Earl Smith, Larry Coles, and Jerry Marquardt; HM3 Modesto Bazan; HNs Robert Eastman and Mark Sayers; HM3 Eric Marquart; and HN Reynaldo Acacio. Seated, left to right, CDR Ann Kubicz, instructor; LCDR Ralph M. Reeves of NP Service, the speaker chosen by the students, CDR Victor M. Holm, Chief, NP Service; Admiral Mahin; CDR George A. Conkey, Assistant Chief, NP Service, and Doctor in Charge of the school; and LCDR Conall R. Coughlin, Chaplain.



LATEST LABORATORY ASSISTANT GRADS with instructor HM1 Samuel M. Henderson, at left, front row, are HNs Gail E. Fick, David Dufner, Robert W. Kukoski and Michael L. Storm, and HM3 Gary A. Dressler; second row, HM3 Craig A. Clark, HNs Lawrence E. Payne and Marshall R. Sramek, HM3 Scott C. Pealer; HNs Freddy Smith and William L. Fisher, and HM3 Douglas P. Bunkers.

Move-it-Yourself System Under Test

Commander, Naval Supply Systems Command, between now and 30 June is testing a new optional do-it-yourself moving procedure designed to expand the services available to Navy families.

During the test, rental trucks and necessary packing materials will be provided to Navy men who desire to move their own personal property between duty stations.

Newport, R. I.; Norfolk, Va.; San Diego, and Oakland are the areas in which the test is being conducted. Staff members who receive PCS orders between these areas who wish to avail themselves of this option should contact the personal property shipping officer at Naval Supply Center, Oakland, for details.

Do-it-yourself moving offers two major advantages to the Navy man. He will have the convenience of moving at his own specified time at no out-of-pocket expense, and he is assured his household goods will arrive at destination at the same time he and his family arrive.

Basketball

OPD Wins 64-49 Over NP; Proves It's Still the Team to Beat

By Ron Brown

With Wilson and Nail paving the way, with 20 and 17 points, OPD, winning 62-49 over NP, is still proving that they are the team to beat as they have extended their winning streak to 9 straight games. With only 5 games to go, it looks as though they are a shoo-in for a playoff berth. Also scoring well for OPD was Larrabee with 13 points.

Peters led NP's scorers with 20 points on 8 field goals and 4 free throws. Fenlason followed with 10 points on 4 field goals and 2 free throws.

In other games last week, X-ray defeated OR to spring out of the cellar with a commanding 61-49 score. Prohl and Crafton led the winners with 20 and 19 points respectively.

Starr led OR with 19 points followed by Deutsch with 18.

Lab barely squeezed by Pharmacy 48-42, as Diaz paved the way for Lab (and kept them close behind OPD) with his 20 points as Pharmacy proved to be stiff competition in last week's encounter.

Porter led Pharmacy with 17 points.

ANES/DEN took over 3rd spot in the standings with a surprising 65-38 win over Medicine. Skip Ferguson led all scorers with 20 points. McKenzie followed with 18 points for his season's highest single game scoring feat.

Antonelli led the losers with 13 points.

Station Volleyball League Shaping Up

The following teams are entered in the NH Oakland Intramural League:

- NP
- MSC
- Security
- Anesthesiology
- Surgery
- Pharmacy
- OR
- CSR
- Lab

Competition started Thursday, 18 February. Results of these games will be in the next edition of the OAK LEAF. This week's games pit the following teams against each other on 25 February:

Surgery vs. Security	1800
Pharmacy vs. MSC	1845
OR vs. NP	1930
CSR vs. Lab	2015

Eastbay Lacrosse Club to Play Here; Meets Stanford 7 March

Again this year lacrosse fans will be able to see East Bay Lacrosse Club home games right here on the hospital compound. Starting time for all games will be 1300.

Coming Sunday 7 March, the Club will fight it out with the Stanford Lacrosse Club. Other home games on the schedule are as follows:

Sunday, 14 March—Palo Alto

Following are the standings as of 11 February:

Intramural Standings			
Team	W	L	Pct.
OPD	9	0	1.000
LAB	8	1	.889
ANES/DEN	6	3	.667
MEDICINE	5	4	.556
NP	3	6	.333
PHARMACY	2	7	.222
X-RAY	2	7	.222
OR	1	8	.111

Next Week's Games

OR vs. Medicine	1800
LAB vs. X-Ray	1900
Pharmacy vs. NP	2000
Anes/Den vs. OPD	2100

Reenlistments



Two more well-known staff chiefs have signed on the dotted line for another four years. They are HMC Alex J. Lewis of Radiology Service, left, and HMC Melvin R. Harper, instructor at the Preventive Medicine School. Both reenlisted 5 February.

USO Military Ball To Honor Enlisted

The annual USO Military Ball honoring enlisted personnel will be held 26 February at Sand's Ballroom, 1933 Broadway, Oakland from 2100 to 2400. In behalf of Oakland's Mayor John Reading and the City Council, the Oakland USO Committee extends an invitation to members of the armed forces.

Invitations have been sent to all East Bay military installations and ships in port inviting them to attend this dance. Tickets may also be obtained by contacting Oakland USO, 518-17th Street, Oakland.

Three hundred young ladies have been invited to serve as official hostesses. The Marlins will play for dancing.



OR TECH GRADS of 5 February were, from left, third row, HM3 Darrel Beinkerhoff, who went to NH Long Beach; HN Dennis Contreras, NH Camp Pendleton; HM3s Kenneth Jones, Dispensary, Mare Island Naval Shipyard; James Richbourg, NH Whidbey Island; Michael McClintock, MCAS, El Toro. Second row, from left: HM3s Gary Dasch and Dennis Keane, both retained here for duty; HM2 Jamie Bell, MCAS, Hawaii; HM3s George Filmer, Dispensary, San Francisco; and Christopher Hendrix, NH Long Beach; HN Alan Upchurch, Dispensary, MCRD, San Diego; HM3 Joseph Pugh, NH Whidbey Island; and HM2 John Bendele, instructor. Seated, from left, are CDR Nancy Jacques, OR Supervisor; CAPT Gale Clark, Chief of Neurological Surgery, graduation speaker; Admiral Mahin; CAPT Vernon Fitchett, Chief of Surgery; and LCDR A. M. Harrison, OR Instructor.



NH OAKLAND'S EENT School graduated this promising group of technicians 5 February. In the front row, flanked by CDR F. J. Schmetz, Jr., Chief of Ophthalmology Service; and CDR T. F. Miller, Chief of EENT, are HM3s G. Rosales, T. Zundel, and R. Daniel. In the second row are HM1 F. J. Middleton, instructor; HM3 H. Watson, HNs G. Hass and C. Collins, and HM3 Rudy Nail, an on-the-job trainee. Daniel and Watson go to NH Charleston, S.C.; Hass reported to NH Bremerton; others in the class remain here for staff duty.

Modelers to Share Know-How and Models With Patients Wednesday Night on 7N

Calling all modelers and would-be modelers! Members of Golden Gate Chapter, International Plas-

tic Modelers Society of the U.S.A., will be aboard Wednesday at 1930 to share their skills and materials with patients.

The meeting will take place in the solarium of 7N, but interested patients from other patient care units are invited.

On display will be scale models of WWI, WWII, and modern aircraft and various military vehicles, as well as reference materials and tools. Best of all, the modelers will discuss their hobby, share their know-how with patients, and give them modeling kits to work with.

Jerry Smith, vice-president of Golden Gate Chapter, has arranged the session through Special Services.

Movie Schedule

- 20 February
CANNON FOR CORDOBA—Starring George Peppard and Giovanna Ralli.
- 21 and 22 February
MONTE WALSH—Starring Lee Marvin and Jeanne Moreau.
- 23 and 24 February
HELLO DOLLY—Starring Barbara Streisand and Walter Matthau.
- 25 and 26 February
BULLET FOR A BAD MAN—Starring Audie Murphy and Darren McGavin. Also shorts—The Air Force Academy and Charlie In Hot Water.
- 27 February
CAPTAIN NEWMAN, M.D.—Starring Gregory Peck and Tony Curtis.
- 28 February and 1 March
HOUSE OF DARK SHADOWS—Starring Jonathan Frid and Grayson Hall.
- 2 and 3 March
DIRTY DINGUS MAGEE—Starring Frank Sinatra and George Kennedy. Also short—Froggy Froggy Duo.
- 4 and 5 March
CRITICS CHOICE—Starring Lucille Ball and Bob Hope.

The OAK LEAF



Vol. 33, No. 5

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 5 March 1971



Centennial Gala at O' Club Tomorrow Night

History and gold braid will be interspersed with cocktails, buffet, and dancing—both rock and vintage—as staff doctors and their guests celebrate the “new” 100th Birthday of the Navy Medical Corps at the Officers' Club tomorrow night.

Everyone knows that Navy medicine is as old as the Navy and the nation it serves. Surgeons and Surgeon's Mates comported themselves with distinction in the Navy of John Paul Jones in 1775, say Navy annals. They served in the War with the Barbary Pirates

(Continued on Page 4)

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMI R. C. Bishop, HMI M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Often you have heard a retiring officer's nostalgic references to the delights of Navy life, reminiscences about past shipmates, pleasant experiences, debts of gratefulness which could not be adequately repaid. All this is present now, but other thoughts too are stimulated by a backward glance over the 28 years since I reported to 90 Church St. N.Y.C. as a probationary ensign. The chief feeling is one of awe that one was found acceptable to serve God through service to country in the Navy. Awe that the lives, the souls, the earthly and eternal happiness of God's children would depend upon one's action.

A vision of the many thousands of souls whose lives have been affected in some way by the most effective sermon we preach—our conduct—is frightening. Without conscious reflection we were counseling our men and their families merely by our presence in their midst.

I'm sure that every minister and every Navy Chaplain has often asked those soul-searching questions: "What has happened to those we baptized? Have the marriages been successful? Did those we instructed in the faith, continue to advance in knowledge and grace? Was the stern fatherly scolding an incorrect approach? Did generous, sympathetic even monetary assistance actually help the maladjusted serviceman? Did one "sound off" his personal frustrations upon those whom he is obligated to assist? Was the Lord ever in one's heart and always upon one's lips? . . . These are the uncertainties which always will dilute any self-satisfying contemplation of great deeds accomplished.

As we face the future, let us continue to pray for one another!

CAPT H. E. AUSTIN, CHC, USN, Ret.



Happy Reunion For French Family

Shortly after his admission 23 February ENS Jacques Camescasse of the French Navy braved a barrage of questions and cameras and became, for the moment, NH Oakland's most celebrated patient. Becoming an amputee is not news at this hospital. But when you're from the French training ship JEANNE D'ARC and it happens as the result of an automobile accident minutes after you first set foot on U. S. soil, and your wife and daughter are flown halfway around the world to your bedside—voilà, the press is there too—including the OAK LEAF. Two-months-old Sabine couldn't have cared less about the world-wide publicity that followed, and her parents took it in their stride—with the help of Miss Florence Prouverelle, French Vice-Consul and Press Attache, who came to interpret.

During Ensign Camescasse's period of hospitalization, his wife and daughter are staying with CDR and Mrs. Ronald Proulx, who both speak fluent French.



Chaplain Austin and his wife, Deen, surrounded by cake and souvenirs.

Chaplain Austin Retires to Start New Career as Probation Officer

CAPT Henry E. "Hank" Austin, Senior Chaplain, retired 1 March after 28 years in the Navy Chaplain Corps.

Born in Baltimore, Md., Chaplain Austin was graduated from Swarthmore College and Eastern Baptist Theological Seminary. He entered the chaplaincy in 1943 and, having requested Marine combat duty, soon found himself taking part in the assault landings on Saipan, Tinian, and Iwo Jima with the Marines of the Fifth Amphibious Corps. He earned the Bronze Star and Letter of Commendation for bravery under fire. He also served with combat units of the First Marine Division in the Korean War.

Peacetime assignments for the retiring chaplain included those of instructor at the Navy Chaplain School in Newport, R. I., sea duty with the cruiser LOS ANGELES and the aircraft carrier PRINCETON, and shore assignments at Moffett Field, with Marine Corps air units at El Toro, Calif., Cherry Point, N. C., and Kaneohe, Hawaii. He reported here in August 1967.

An accomplished violinist, one of the Chaplain's treasured possessions is the violin with which he waded ashore on hostile beaches in the Southwest Pacific and kept near him during the Korean campaign in order to entertain his fellow Marines whenever the opportunity offered. He frequently played for services in the chapel here.

Even before his retirement, Chaplain Austin was in training for a new job with the Probation Department of Alameda County. At a farewell party in his honor last Friday night Chaplain Austin expressed confidence that his 28 years of serving men and women of the Navy and Marine Corps . . . trying to help them when they've gotten into trouble . . . has helped to prepare him for his new work.

Captain Austin's wife Deen works in the Alameda County Welfare Department, conveniently located across the street from the Probation Department. They will continue to live in Piedmont. Their youngest daughter, Kathy, attends Piedmont Junior High. Their older daughter, Mrs. Ruth Martin, is studying for her master's degree in math at Cal Poly. They have two sons—Douglas, a senior in architecture at Cal Poly, and David, a sophomore in physical education at Cuesta College, San Luis Obispo.

Hemlines & Hotpants to be Spotlighted At O' Wives' 10 March Luncheon Meeting

If members of the O' Wives' Club have been in a quandary about the ups and downs of hemlines, pantsuits vs. hotpants, and such, they'll be less—or more—confused after the 10 March luncheon meeting at the Officers' Club.

The program is to be a show of fashions from Rodgers of Sun Valley, with Mrs. Clare narrating. Club members will model a variety

of fashions, ranging from casual-at-home wear to daytime ensembles and evening attire.

On the Wives' Club calendar for April is a luncheon and excursion limited to 40 members. The luncheon will be at Allied Arts in Palo Alto, with a trip to Sunset House of Sunset Magazine following. Sign-ups for this event will be taken at the 10 March meeting.

Scuttlebutt

GIRLS' DAY was Wednesday, and probably NPRL's Mary Takai was the only one on board who celebrated it. It's traditional in Japan to honor girls on that date, celebrated much as birthdays are here—with special foods and special dress. A unique part of the observance is a display of dolls—replicas of the Emperor and Empress and their ladies in waiting. These sets of dolls, beautiful and elaborate, are brought out each year as part of Girls' Day and are handed down from one generation to another. Yes, Mary, something of a doll herself, has a set.

MUSIC NOTES: David Cutter, an HM2 on duty in PT not long ago, is a civilian now, packing 'em in at the EM Club with his folk singing. Accompanying himself on the guitar, he entertains club-goers every Wednesday from 1900 to 2200. Only—on 17 March he'll take a break while the Enlisted honor St. Patrick at a party—complete with GREEN beer. . . . Captain Hubbard, whose musical education WAS classical, is now studying jazz piano. . . . And Mary Smith, attractive 9 West Ward Clerk, lives with a flautist—her husband, Raymon. A Cal State grad student in music education (and a computer operator at General Motors) Raymon's major is flute, but he also plays saxophone, trombone, and clarinet. "No, I don't have to polish the instruments—my job is to keep peace with the neighbors," says Mary, making musical sounds about how beautiful her husband is.

ON THE LITERARY SIDE: Florence Graham of Operating Services took a course in creative writing at Chabot, enjoyed it, and felt rather successful when her instructor graded a piece she wrote about Twiggy (Remember the flat-chested, hipless bird who nevertheless made good as a model?) Abandoning letter or number marks, he wrote on it "Wow!"

IF YOU'RE PLANNING A TRIP and "Fly CMAA" keeps flashing through your mind, don't try to make a reservation. What sounds like an advertising slogan is just the familiar signature of HMCS Floyd L. Young, Chief Master-at-Arms.

NEED A LIGHT BULB? Ask HN Marc Williams of Operating Services how to get one. On duty on the OOD's Desk he tried hard to obtain one for the movie projectionist through Red Cross. Marilyn Lager, who had the watch, could not fill the need but promised to do so. Two days later she turned up with the bulb, perfect but a bit hard to plug in. It was a yellow candle, exact replica of the real McCoy. Or should we say Edison. **LIFE BEGAN 21 February for**

Through Public Works

Seabees and Wives' Clubs Start Navy Self-Help Program Rolling

The Navy Self-Help Program for Personnel Support Facilities, authorized by Z-22, is gathering momentum here. The program is designed to benefit personnel by enhancing the habitability of bachelor living quarters and improving personnel support, welfare, and recreational facilities. It is being organized here by LTJG Ken Berry of Public Works.

As well as using Seabees on active and reserve training missions, the program is intended to allow personnel unskilled in the construction trades to improve their environment under the technical guidance of Civil Engineer Corps Officers and Seabee personnel.

One of the currently planned projects here is the painting of the interior of the Child Care Center through the combined volunteer efforts of the Officers' and Enlisted Wives' Club. Other projects for improvement of recreational facilities are being planned with the help of Special Services. These projects include, among others, the improvement of gymnasium spectators seating and locker rooms, several improvements at the outdoor playing field, and improvements to the handball courts.

The efforts of CBU-409 and RMCB-2, both from NAS Alameda, are readily visible here. CBU-409 has been working on the landscaping both in front of and behind the new EM/EW Barracks. On their quarterly weekend drills, reservists from RMCB-2 have been progressing on the new entrance to the EM Club, and it is planned to have local Seabee reservists working on this project in the near future during their monthly drills. RMCB-2 also recently completed the reconstruction of two wooden stairways to the new Family Housing area.

Two obstacles are slowing the progress of improvement projects. The program as a whole is presently limited by a lack of special funds for projects, and all projects must be funded from station Operation and Maintenance, Special Services, or special project funds. Locally the program is also limited by a lack of available personnel that can be assigned to projects during regular working hours. As a result Lieutenant Junior Grade Berry is interested in hearing from any group of personnel willing to donate off-duty hours to improvement projects. New project ideas are also being solicited. Call him at 2211 if you can help.

Teresa Ann Chase, 7 lb. 14 oz. daughter of CIC's HM2 Edward Chase and wife Marilyn. . . . 25 February for Robert Andrew Hill, 8 lb. 11 oz. son of EN1 Robert L. Hill of Security and wife Andrea.

Special Housing Benefits for RVN Service Detailed in Z-Grams 73, 74

Vietnam volunteers now receive "head of the line privileges" in government housing. Also, personnel already in government housing are authorized to keep their dependents in government housing while they are serving in Vietnam. Z-Gram 74 gives the details. In addition, the Vietnam volunteer pro-

gram has been expanded as outlined in Z-73.

The complete messages have been posted on the bulletin board outside the Military Personnel Office. For further information, please contact the Enlisted Personnel Office.

Latest and Last Word On CFC—\$11,234.58

A corrected final report of the staff's participation in the recent Combined Federal Campaign reveals that total donations added up to \$11,234.58 as compared with the previously announced \$10,420.83.

The total number of donors was 1,101.

SEA Promoted to Master Chief



Senior Enlisted Advisor Jack C. Dickens was promoted to Master Chief Hospital Corpsman 1 March, with Admiral Mahin's congratulations and a "well done" based on the new HMCM's performance of duty during his first three months aboard. In line to add her good wishes was Chief Dickens' attractive wife Esther. A veteran of 19 years' service, the SEA, who also serves as Assistant to the AO, reported here 17 November from Naval Station, San Diego.

EXEC-LINE



- I'd like to know if there are any people in Public works on the weekend. The reason I ask is because over a weekend we had no water at all in the EM Barracks, and it's a serious health problem when the heads can't be flushed.

We have a minimum of maintenance people on duty after normal working hours, but we call in any specialists needed for breakdowns that seriously affect lives or property. On the weekend you allude to, we did call in our plumbers as a water main outside the barracks burst. It was much too major a problem to solve on a weekend and so the water had to be shut off of one wing of the barracks and a temporary line attached to keep up pressure for the remainder of the barracks. Word was passed, but not all "got the word."

- There are wooded areas on the compound that are off limits, and I'd like to know why they are because it would be nice for staff enlisted personnel to take a walk and sort of get away from the barracks and stuff. Security keeps telling us we're not supposed to go up there and a lot of us would like to know why.

Two reasons for Security keeping people from wandering through the woods and upper hills are (1) The woods are full of poison oak, and (2) The upper hills are the married officers' quarters area. The Security road that winds behind the junior officers' quarters and up to the water towers at the hilltop is definitely off limits. The Security road behind the EM Barracks to the top of the hill directly behind Bldg. 501 is now free for you to use for pleasant walks. Be sure you know what poison oak looks like though!

- A board should be formed to revise the enlisted watch bill of the hospital, consisting of the Personnel Officer, the Administrative Officer, Senior Enlisted Advisor, plus the senior man from each pay grade.

We are planning to review the enlisted watch list upon completion of the IG inspection. At that time the Personnel Officer will receive any suggestions from senior men of each pay grade (and from anyone) and these ideas will be considered for implementation.

Birthday Greetings to Officers of the Navy Medical Corps

From the Secretary of the Navy

In the 196 years since the first naval surgeon went to sea, Navy doctors have served their country with skill and distinction.

Even before the Medical Corps was formally established on 3 March, 1871, the tradition of devotion to duty that is the hallmark of your Corps today was firmly established by the outstanding performance of those early Navy physicians. Today, this tradition rests safely in your capable hands, and I have every confidence that each of you will continue this record of exemplary service in a decade that has already brought new challenges and new responsibilities to every member of the Naval Establishment.

My best wishes for a most happy Centennial Anniversary celebration.

JOHN H. CHAFEE



From the Chief of Naval Operations

On the occasion of the centennial of the establishment of your Corps, I am pleased to extend particularly warm and meaningful greetings to each of you.

Throughout the years since 1775, when medical officers first served with the fleet, the tradition of selfless professional service to the men of the Navy and Marine Corps and their families has been a proud page in the Navy's history.

The contributions of Navy medical officers have spanned every field and specialty of medical practice, and have brought many new procedures and discoveries into use for the overall benefit of mankind. In peace and war, in combat, naval hospitals and laboratories throughout the world, you and your people have upheld the highest standards and the finest traditions of both military service and the medical profession.

I am confident that you will continue your efforts in a manner which will give even greater service to our people, and increased recognition to the outstanding professional work of your corps.

E. R. ZUMWALT, JR.
Admiral, U.S. Navy



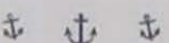
From Commandant, U. S. Marine Corps

From 1775 to 1971, wherever the Marines have served—at home or abroad—on land or sea—in peace or war—you have served with them, and your heroic devotion to duty has earned their eternal respect and admiration.

As you celebrate the 100th anniversary of the formal founding of the Medical Corps, it is a pleasure for me, on behalf of every Marine, to extend my greetings and best wishes to each of you.

We are grateful for your very excellent support. Happy Birthday from the United States Marines!

L. F. CHAPMAN, JR.
General, U. S. Marine Corps



From the Surgeon General, U.S. Navy

In the 100 years since our Corps was established, naval physicians have served with valor and distinction. As we celebrate our Centennial Anniversary, we have every right to be proud of our history, but we must also look to the future.

A new decade has brought new challenges, new responsibilities, and new demands on our time and talents. As we begin a second century of service to the men and women of the Navy and Marine Corps and their families—in an age of rapid technological advances in medicine—we must, in our daily performance, reaffirm to all that our purpose is to serve people. We have the skill, we have the knowledge, and we have the opportunity to add new luster to the tradition of devotion to duty that has been the hallmark of Navy medical officers for 196 years. I am confident that, with your continued dedicated support, we can reach this most important goal.

My very best wishes for a most Happy Birthday.

G. M. DAVIS
Vice Admiral, MC, USN

Bulkhead Gallery To Tell History Of Medical Corps

(Continued from Page 1)

and in the War of 1812. The Navy Bureau of Medicine and Surgery was established in 1842, and during the Civil War the barge-like hospital ship called the RED ROVER plied the Mississippi picking up casualties.

BUT it wasn't until 3 March 1871 that the Medical Corps was established as a separate staff corps, with definite standards and requirements. On the same date Dr. William Maxwell Wood became the first Surgeon General of the Navy and was elevated to the rank of Commodore.

An energetic search of the archives early last year uncovered the earliest known reference to the Navy Medical Corps in an appropriations act of the Forty-First Congress, dated 3 March, 1871. At last the corps had an official birthday!

These and other bits of history will be told at the party in a "bulkhead gallery" of photographs. Included will be pictures of the Surgeons General, from Commodore Wood, through Commodore P. M. Rixey, remembered for (among other things) his tart disapproval of requests for things like an extra horse to work the grounds at NH Annapolis—back in 1907. "Many of the naval hospitals of greater capacity have but one horse, and our largest establishments, such as the New York Hospital, have but two horses to take care of the grounds, do ambulance duty, and all other work connected with the institution."

The series will conclude with the present surgeon general, VADM George M. Davis, who was on duty here from January 1959 to July 1962, first as Chief of Medicine

Cost-Conscious Staff Earns SecNav Pennant

This hospital has been awarded the Secretary of the Navy Cost Reduction Award Certificate and Pennant, according to word from VADM George M. Davis, Surgeon General. The coordinated efforts of all departments made it possible for the hospital to achieve 276 percent of its fiscal year 1970 goal! "The pennant may be displayed for one year from date of receipt. Let it fly proudly," the Surgeon General wrote.

and later as Executive Officer.

Other photo displays will show early hospitals—including the old Mare Island Hospital in Vallejo, one of eight already existing when the Medical Corps became official, and their staffs of medical officers, some bearded and sideburned, even as now. Oakland Naval Hospital's own 29-year history will be reviewed from completion of the first rustic redwood building hastily erected on the site of the Oak Knoll Golf and Country Club in 1942, through construction and dedication of the new nine-story structure, where the medicine practiced today reflects the progress made during the Medical Corps' century of service to the fleet. (But that is another story.)

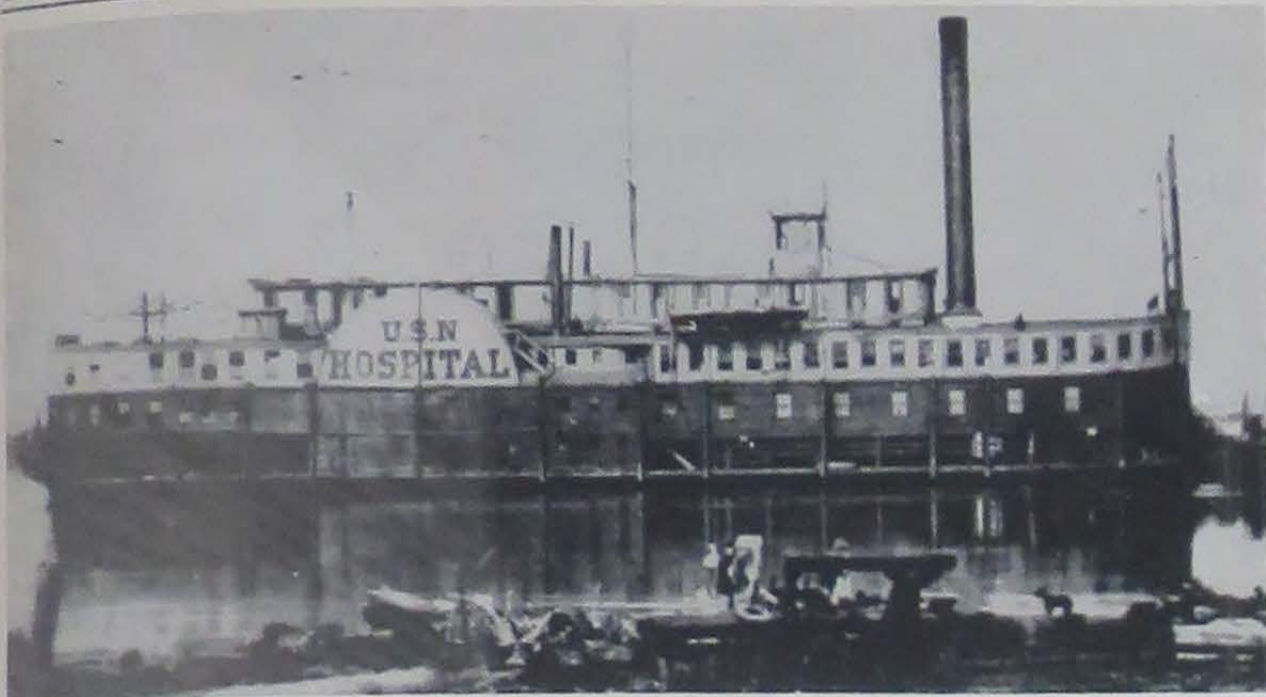
Among the honored guests at Saturday night's party will be RADM and Mrs. Thomas G. Hays of San Francisco (he was Commanding Officer from July 1958 to June 1963); VADM Frederick C. Greaves, former 12ND Medical Officer, and Mrs. Greaves, who will be up from Saratoga, and RADM and Mrs. Courtney Clegg of San Francisco.

RADM and Mrs. H. P. Mahin, CAPT and Mrs. Hampton Hubbard, and CDR James Beeby, head of the Officers' Club entertainment committee will greet the guests.



Another STAR Tar Sworn In

HM2 Robert B. Cattera on 25 February reenlisted for six years under the STAR Program, which guaranteed him the school of his choice. His reenlistment bonus amounted to \$1,807. Cattera, whose home is Santa Cruz, Calif., has been on the staff at Education and Training since 19 November 1969. He has chosen the new Medical Service Technique School and will go either to San Diego or Portsmouth—taking with him his wife Virginia.



QUICK! Call PMT. That's the thought on viewing this photo of the Navy's first hospital ship, RED ROVER. Long ago in Davy Jones' locker, she (?) treated Civil War casualties.



WHAT'S THIS—today's Navy doctors in antique uniforms? No—just medical officers of RED ROVER grouping for a picture more than a hundred years ago.

A Few Highlights & Lowlights Of Medical Corps' Early Days

The U.S. Navy had a hospital ship—USS PAWNEE—when the Medical Corps was established. She had a crew of 103 officers and men. Besides doctors, her complement included one apothecary, two nurses, and one cook. She carried an armament of two 24-pound howitzers, thirty 50-caliber Remington carbines, thirty 50-caliber Remington pistols, and thirty cutlasses. Her medical bills for the second quarter of 1872—for medicines and freight totaled \$50.52; laundry—\$4.07.

The first Register of Commissioned, Warrant and Volunteer Officers of the Navy including officers of the Marine Corps and others in 1871 listed 153 medical officers.

Fleet Surgeons on sea duty in 1871 received an annual salary of \$4,400.

The present Navy Medical Corps insignia—oak leaf and acorn—was first worn in 1886 against a background of maroon velvet. The velvet was eliminated in 1919, and the insignia has remained much the same since that time.

The Bureau of Medicine & Surgery antedated the Medical Corps by 28 years. Until its establishment 31 August 1842, medical affairs were administered by a Board of Commissioners consisting of three senior line captains.

The first Chief of BuMed, Surgeon William P. C. Barton, disliked the designation "Surgeon General," which was used by his Army counterpart. It wasn't until the fifth Chief—Dr. William Maxwell Wood—took office that the title Surgeon General was adopted.

Dr. Barton had one assistant surgeon in the Bureau; in addition, two clerks and one messenger, all civilians—a total of five persons. The Bureau chief's pay was \$2,500 per annum; assistant surgeon's, \$850. The two clerks and the messenger received a combined annual salary not to exceed \$2,700.

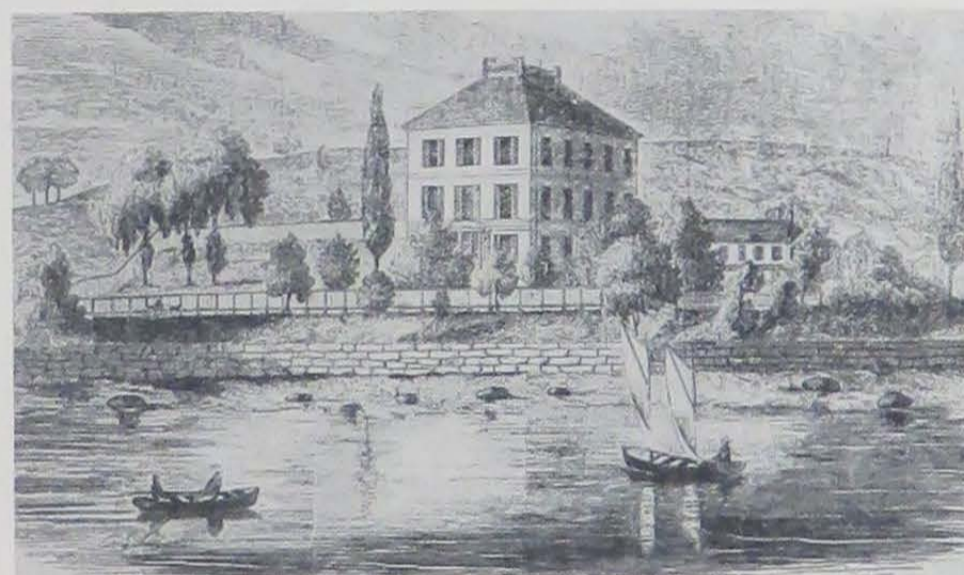
Eight Naval Hospitals existed when the Medical Corps was established: Chelsea, Brooklyn, Philadelphia, Washington, D.C., Annapolis, Norfolk, Pensacola, and Mare Island.

Some 300 new appointments were made in the Corps just before the turn of the century. A good many of the new officers were graduates of reputable medical schools, who brought with them some of the new ideas then introduced into the practice of medicine. One of these was the introduction of the microscope as an aid to diagnosis. This instrument met with considerable opposition, but by 1900 a few had been added to the equipment of some Naval hospitals.

In President Theodore Roosevelt's day there was a big hassle between the Old Line and the Medical Corps about command. The Line insisted hospitals be run by an officer "in charge," with everything going through channels. The President finally settled it when he wrote "The Line of the Navy must not make themselves ridiculous by being over-zealous in unimportant technical matters!" In 1904 Medical Officers were given authority to use the term "in command."



OH, NURSE! Help was short in those days too. Sketch shows the ward in RED ROVER. Nursing care was provided by Catholic Sisters.



IN ITS INFANCY, circa 1836, Naval Hospital, Chelsea, Mass., looked like this.



MAKING THE TRAVIS RUN in this vehicle would be an experience! A fairly modern U.S. Navy Ambulance, it was used in Strathpeffer, Germany, in WWI.

These and many other photographs, ancient and modern, will be on display at the 100th Anniversary Party at the Officers' Club tomorrow night.



When QMC Dick Baldwin deplaned carrying LCPL Nelson Borque, both were headed for a weekend of fun at Disneyland early this month. Others recognizable in the picture are HN Richard Cahill, SN Timothy Marz, CPL Jack Busby, and wearing the striped T-shirt—PVT Louis Lucido. Twenty patients and their escorts were guests of the Elks Lodges of Orange County, and in addition to tours of Disneyland, they were entertained at a special show starring Martha Raye and The New Generation, and taken on a yacht cruise in Newport Harbor. The outing was coordinated by the State of California Department of Veterans Affairs.

It'll Be The Odyssey vs Eastbay Hot Wheels Here Thursday Night

There'll be thrills and spills when The Odyssey of 61A battles it out on the basketball court with the East Bay Hot Wheels Thursday at 2000. The two wheelchair teams will play in the hospital gymnasium.

This will be The Odyssey's first public appearance, and all hands are invited to watch and cheer them on.

—usn—

This Russian and his wife were out walking when a few drops of moisture fell from the sky.

"Rain!" he said.
"No, it's snow," she said.
"Which he promptly replied. "The dolphin the Red knows rain, De"

Upset

OPD Loses First Game of Season

By Ron Brown

With Dr. Ferguson garnering 22 points, ANES/DEN dealt OPD its first loss of the Intra-mural Basketball Season to give OPD a 10-1 season record with three games left to play prior to the post-season play-offs.

Taylor contributed 12 points for ANES/DEN with Walsh and Quine each netting eight in a winning cause.

Larrabee ended up with 20 markers for OPD.

This was the week for upsets, as Lab blew their chance to move into a tie for first place with OPD as they were dealt a blow by X-Ray to the tune of 62-57.

Mike Prohl led X-Ray with 27 points, followed by Pierce with 15.

Bailey led the losers with 15 points, followed by Powell with 14.

In the other game played last week, Medicine barely squeaked by OR by a score of 48-46.

Houser led the winners with 16 points, with Deutsch leading all scorers for OR with 19 points. Starr followed with 12.

Standings as of February 25:

Team	Won	Lost
OPD	10	1
Lab	9	2
ANES/DEN	7	4
Medicine	6	5
NP	5	6
X-Ray	3	8
OR	2	9
Pharmacy	2	9

Hail & Farewell

OFFICERS REPORTING:
LT Robert F. Grothaus, CHC, from NH San Diego.

ENLISTED REPORTING:
HAs Patricia M. O'Reilly and Karin M. Wackernagel from HCS, Great Lakes.
HM3 Rolando T. Buenaventura, HN's Hugh M. Thompson, III, Larry Robertson and Gerald A. Grzechowiak, HAs Abie J. Castillo, Bertram M. Sagara, Harold J. Herbst, Jr. and Carlton W. Driskill all from HCS, San Diego.

HM3s Richard W. Meredith, Dale M. Wisby, Neil L. Sanders, and Calvin O. Walters, Jr., and HN's Richard C. Barr and Rodney C. Ward reported from Naval Station, Treasure Island.

ENLISTED DETACHED:
HM3 Martin J. Stefonic to NAS, Whidbey Island, Oak Harbor, Wash.; HM3 Gilbert C. Lujan to USS PONCE (LPD 15); and EM2 William L. Ferguson to USS LONG BEACH (CGN 9).
HM3 Patricia J. Lopez discharged.



Reactions to the Serendipity Singers' appearance here 23 February were varied—but without exception enthusiastic: "I liked the sound effects." "The girls were nice." "The Bonnie and Clyde song was my favorite." "Really peppy." "That finger-picking banjo player tried to drown out the guitar." "The girls' performance came all the way back." "They were the greatest." The world-renowned group was booked into the Clinical Assembly by their personal manager, David L. Stanton.

Surgery & NP Leading Intramural Volleyball

Intramural Volleyball is in full swing. The standings as of 26 February were as follows:

Team	Won	Lost
Surgery	2	0
NP	2	0
Lab	1	0
Pharmacy	1	0
OR	1	1
MSC	0	1
Anesthesiology	0	1
Security	0	2
CSR	0	2

No games will be played next week on account of the wheelchair basketball game Thursday, 11 March.

Games scheduled for 18 March are as follows:

CSR vs. MSC	1800
OR vs. Security	1845
Pharmacy vs. Anesthesiology	1930
Lab vs. NP	2015

Surgery draws a bye.

Movie Schedule

6 March
WOODSTOCK — Documentary. Restricted.

7 and 8 March
MACKENZIN BRAKE—Starring Brian Keith and Helmut Griem. War Drama. GP.

9 and 10 March
THE BABY MAKER—Barbara Hershey, Collin Horne. Drama. R.

11 and 12 March
CC & CO. — Ann Margret and Joe Namath. Drama. R.

Track & Field Coming Up

Twelfth Naval District Track and Field meets will start 21 April at NAS, Moffett Field. The time will be 1700. Contact Ron Brown for further information.

Table Tennis Players Wanted for 12ND Meet

Table Tennis Players are wanted to compete in 12ND Championships to be held 13-15 April at Hunters Point Naval Shipyard. Contact Ron Brown for entry information.



LATEST BENNY SUGG awards went to Paul S. Schultz, left, of Public Works, Garnetta Myers, Nursing Service; and Richard Silva, Public Works. Mr. Schultz earned \$50 for suggesting a method for refinishing vinyl walls in hallways, with resulting savings of \$404. Mrs. Myers' suggestion for a bathroom convenience for wheelchair patients paid her \$50. Mr. Silva received \$30 for his suggestion of color code zones to speed and facilitate location of areas where temperature adjustments are necessary. His idea, estimated to cut man hours on each trouble call by 50 percent, resulted in annual savings of \$268.

John VandenBos of Public Works was not present for the picture. He earned a \$25 award for a suggestion of an improved method of changing the oil in the hospital's emergency generator.

The OAK LEAF



Vol. 33, No. 6

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 19 March 1971



It Was a Happy Birthday For a Century-Old Corps

As the Medical Corps moves into its second century of service, memories of the first linger on — memories of professional achievements great and small and especially of the centennial celebrations that recalled them. Estimates of the number attending this hospital's festivities 6 March range from 500 to 700. However many, it was a great party that renewed old friendships, bridged generation gaps, and was fun for all who attended. Let the photos tell it:

At center, above, Rear Admiral and Mrs. Mahin are pictured with RADM Thomas G. Hays (CO 1958-1963), who, with Mrs. Hays, was a guest of honor. At right, above, LCDR William L. Gill greets LCDR and Mrs. Richard P. Von Buedingen at the door. Doctor Gill served on the party committee, headed by CDR James L. Beeby, who chats with his wife in the next picture.

Two young men who shared responsibility for the party's success are LTJGs Arthur W. Casper and Clyde T. Hardy, III, MSC, new co-managers of the O' Club. With them, posing prettily before the portraits of NH Oakland's 14 skippers, are Miss Debbie Muller and Mrs. Hardy. At lower left is the orthopedic contingent—Mrs. Stanley D. Harmon, Dr. Donald W. Rohren, former staff, present consultant, and Mrs. Rohren, with CDR and Mrs. Ira J. Woodstein. LTJG Barbara Foster, NC, snapped with Father Robert Grothaus, was among many feminine guests who came in elegant pantsuits. At upper left, LT Thomas Cravy, MC, of NAS, Alameda, and his wife, LT Betty Ann Cravy, a medical intern here, chat with Mrs. Richard Fraioli, whose husband is an anesthesiology resident.



First and last photos mentioned above are by Prentice Brooks of the OAKLAND TRIBUNE. Others are by HM1 Bob Bishop. For more Bishop photos, turn to Page 5.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMC John P. Ables, HMI R. C. Bishop, HMI M. L. Clark, HM3

Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Loneliness is a great big stick that bruises the human soul. But who is lonely?

Is it the 19-year-old kid huddled in the jungles of Viet Nam, scared to death and scared to admit it? Or is it his parents back home? Is it the widow who knows the painful silence of supper in solitude? Yes, they are lonely.

But I know others who are lonely too. A student in an apartment building with people all around; a housewife who feels misunderstood by husband and children; a man in a prominent position of leadership; a teen-ager who thinks her parents don't love her or understand her; a mature couple in their fifties who have seen their children grow up and become too busy to remember; an elderly lady whose children live a thousand miles away and whose friends are dead. All these are lonely.

Geography, death, leadership and a thousand other things can be blamed for loneliness. But the causes can be reduced to two basic reasons: (1) We are lonely because we feel we are not liked, not wanted, not loved, not appreciated or not accepted. And (2) we are lonely because we are estranged from God, our maker.

What can we do about loneliness? How can I banish its fearful grip? Here are five suggestions:

1. Face the fact. Admit that you are excluded and raise the question, "Why?" and deal with it ruthlessly.
2. Face a friend. Express your hurt feelings to someone you trust. "We either unload or we explode."
3. Face yourself. Probe into your upbringing, your relationships, your secret sins, your inadequate and inferior moods and see what makes you what you are.
4. Face nearby need. Stop waiting for some miracle worker to come and banish your loneliness. Start banishing someone else's and see what happens to yours.
5. Face God. A long time ago St. Augustine told us that man can never find rest until he finds that rest in God. Christians call the Gospel of Christ the "good news" because God is offering us His friendship.

LT R. R. HELVESTON, CHC, USNR

On the Reference Shelf at Crew's Library

The Crew's Library features a QUICK REFERENCE SHELF where up-to-date information can be quickly found. It includes:

- Who's Who 1970-71
- New York Times Encyclopedic Almanac 1970
- World Almanac 1970

Congressional Directory, 91st Congress

Book Review Digest, through December 1970

Bartlett's Familiar Quotations

Unabridged Random House Dictionary

All Hands Invited To Easter Cantata

All hands are cordially invited to hear an Easter Cantata Wednesday, 31 March, at 1900 in the Clinical Assembly or on Sunday, 4 April, at 1900 in the Main Chapel. A combined Catholic-Protestant Chapel group will sing John Petersen's "Hail Glorious King."

Federal Drivers Not Immune to Citations

According to a recent letter from the Regional Administrator, General Services Administration, Federal vehicle operators do not have automatic immunity from citations issued for parking in fire hydrant areas, loading or other restricted zones, for double-parking, or for non-payment of parking meter fees, etc. Neither do such operators have immunity for moving violations. Citations for such violations must be responded to as the personal liability of the driver.

Where citations involve an "impermissible burden" on the performance of a Federal function, such as carrying the mail, responding to a valid emergency, or where the parking meter fee has been held by a court to be a tax or revenue raising measure, the appropriate department or agency head should so notify the local court and provide an explanation of the circumstances. The courts can be expected to accept the explanations as the basis for dismissal of citations.

Retired Enlisted Invited to Meeting

Meetings of the Retired Enlisted Association, Inc., Chapter #18, are held the fourth Monday of each month in the Veterans' Memorial Building, 22737 Main Street, Hayward. Date and time this month—22 March at 1930.

Address inquiries to Harold W. Cowles, Secretary, at the above address.

The national organization, headquartered in Colorado Springs, Colo. consists of all retired enlisted military personnel. Chapter #18 is the only one in California.

Know Your Staff



Picture a brown-eyed third-grader selling paper cups of water for a penny to Great Lakes NTC recruits as they passed her North Chicago home going out on maneuvers, then buying Kool-Aid to sell for a nickel to the same recruits on their way back.

There you have CDR Martha A. Springer engaging in her first venture into the Food Service business. She never gave it up.

While in high school she was on the payroll of the North Chicago Tribune, contributing a weekly column of recipes and menu-planning hints for homemakers. After attending St. Mary's College, Notre Dame, Ind., she went to Rosary College, River Forest, Ill., for her BA Degree in Nutrition. Before completing her internship in dietetics at the University of Chicago in 1957 she had received her commission in the Medical Service Corps.

She had two tours of duty as a dietitian at NH San Diego with one at NH Yokosuka sandwiched between. Just before reporting here last May she served for a short time as Food Service Officer at NH St. Albans.

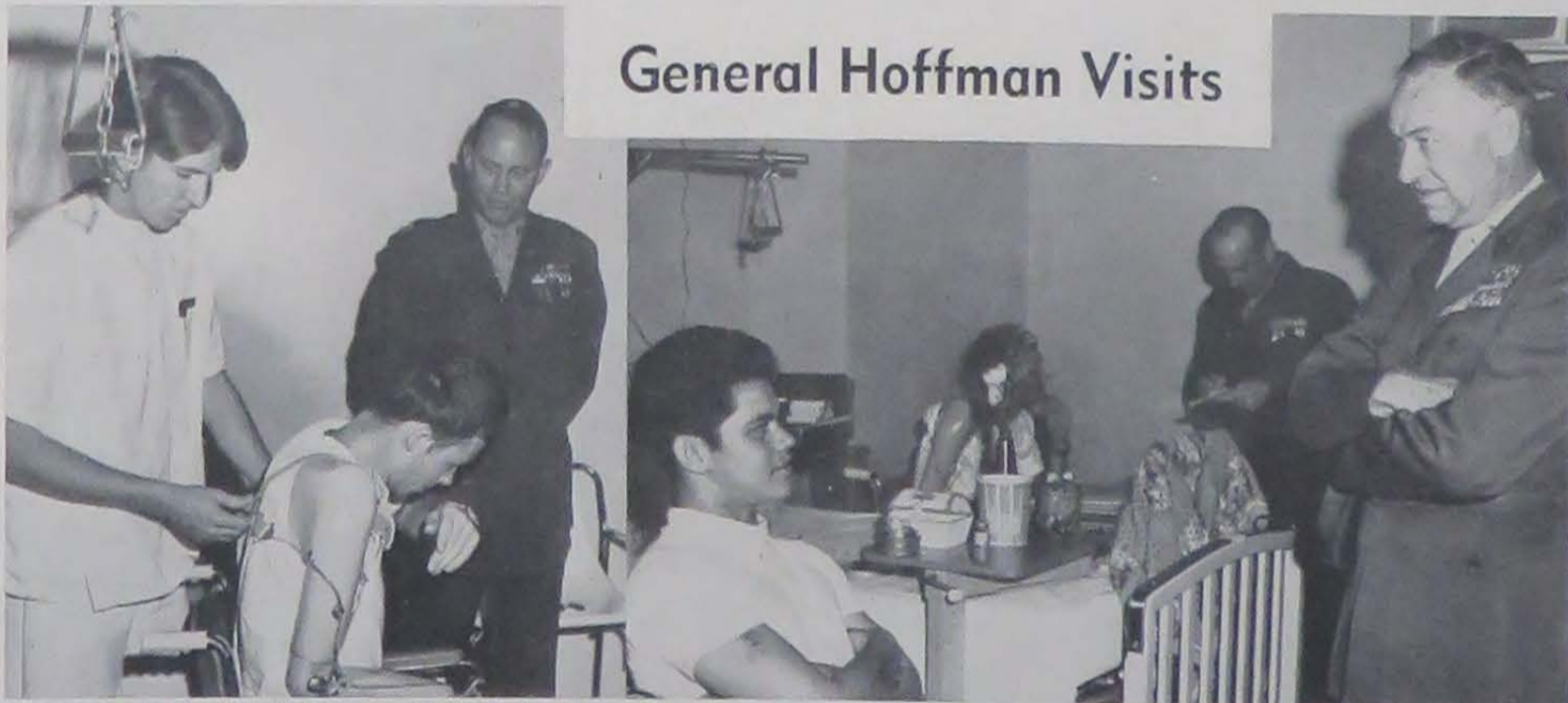
Now, hidden away behind the serving carts and soup kettles in the heart of Food Service, Commander Springer plans modified diets and supervises their preparation and serving. She directs educational programs to promote good nutrition, talks with patients about their dietary needs. In addition, she is responsible for training service to 300 patients served in patient care units three times a day.

As if all that were not a full-time job, she has collateral duty as WAVE Representative, guiding the activities of 48 enlisted WAVES with hardly a ripple.

Although recently promoted to CDR, she still prefers MRS—"rank" acquired in 1963 when LT Michael P. Springer, Jr., USNR was on duty at Headquarters Support Activity, Yokosuka, and she "crossed the street" at the Naval Hospital.

Now a civilian free-lance writer, Mr. Springer works in and out of their home in Pleasanton, where they both take delight in country (Continued on Page 4)

General Hoffman Visits



BRIGEN C. W. Hoffman, USMC, flew up from 29 Palms 19 February to visit Marines under treatment here. On 7N he watched LCPL Jerry A. Flannery demonstrate his prosthetic arm under the watchful eye of HN William Mangum and asked CPL Charles S. Alejo, a bilateral amputee, for a report of his progress. Recognizable in the background are CAPT Thomas F. Howard, Marine Liaison Officer recently detached from the hospital to report to a new assignment at Iwakuni, Japan, and MAJ M. V. Young, Public Affairs Officer for the 12th Marine Corps District.

February JANGO Is Lisa Fisher

Lisa Fisher has been named JANGO-of-the-Month for February. Completing the required 24 hours of classroom instruction 6 December, she has since served in patient care units regularly and as of last week had logged a total of 232 hours!

Fifteen years old and a sophomore at St. Joseph Notre Dame High School, Alameda, Lisa hopes some day to become a nurse, and she feels that being a JANGO is a step in that direction. When not engrossed in school activities or JANGO service, she enjoys listening to music and writing poetry.

February's JANGO is the daughter of CAPT R. D. Fisher, SC, USN, Executive Officer at Naval Supply Center, Oakland.

Another Top Honor For Captain Clark

CAPT Gale G. Clark, MC, USN, has been notified that he was elected into membership of the American Academy of Neurological Surgery at its meeting in Mexico City last November.

Captain Clark is the only neurological surgeon in the regular Navy ever to have become a member of this society.

New Working Blues Available 1 July

Beginning 1 July all enlisted personnel E-6 and below with more than one year obligated service remaining will be eligible to draw three new working blue uniforms as they become available in the Navy Clothing and Small Stores.

During the next two years, these blue working uniforms will replace the dungarees presently worn in the Navy. Voluntary purchase of the working blues is authorized for those who desire to buy them at their own expense.

Coast Guard Federal Credit Union Service Available to Military Staff and Dependents

Alameda Coast Guard Federal Credit Union service is available to active duty and retired military staff and their dependents.

Alan Hunzicker is here Wednesdays from 1200 to 1600, Bldg. 101,

Pathology Laboratory Earns Accreditation

The Pathology Laboratory, under the direction of CAPT Melvin Borowsky, has been accredited by the College of American Pathologists.

The good news came to the CO this week from Dr. C. A. McWhorter, president of the 5000-member organization. The Laboratory received three-year certification by the College's Commission on Inspection and Accreditation, when it successfully met the College's standards of performance and the criteria of an intensive, on-site inspection by an examiner of the College.

"This accreditation," emphasized Doctor McWhorter, "reflects credit on the institution and means assurance to patients and physicians of the accuracy and precision of the laboratory's services."

The inspection and accreditation program of the Chicago-based College is recognized as one of the most outstanding medical peer evaluation systems in the world. Its goal is to promote the best possible laboratory performance via a program which examines and evaluates all phases of a laboratory's operation.

12ND WAVE Officers Hear Wife of POW

Thirty 12ND WAVE officers were luncheon guests at the O' Club 5 March, with the hospital's MSC women acting as hostesses. The guest speaker was Mrs. Maerose Evans, district chairman of the National Organization of Families of Servicemen Missing or Prisoners in Southeast Asia. Mrs. Evans is the wife of Navy CDR James E. Evans, a prisoner in Laos for six years.

Following the luncheon the guests toured the new WAVE Quarters with HM3 Beverly Spight, master-at-arms, as their guide.

Arrangements for the luncheon were made by LTJGs Georgiana Banellis of Food Service and Deborah Anderson of OT.

for the convenience of those wishing to use the service. Hours at the main office at Government Island are 0930 to 1530 Monday through Friday. Call 532-2040 for further information.

HM3 Rank Named Sailor of Month In Recognition of Service in OR

HM3 William D. Rank has been named Sailor of the Month for February in recognition of his out-

standing performance of duty in the Operating Room.

As a section leader Rank supervises and assigns junior technicians and students to assist the surgeons in all types of surgical procedures. The CO's letter commended his teaching ability, willingness to devote much of his own time to his students, and his capability of scrubbing or circulating any type of surgical procedure, particularly thoracic, neurosurgical, and orthopedic cases.

The Coatesville, Pa. corpsman's enthusiasm and personal example contribute to the high morale and effectiveness of his coworkers, and his concern for the patients is one of his most outstanding characteristics, said the CO's letter, which also noted his maturity and meticulous appearance.

Rank reported here for OR Tech School more than two years ago, coming via Boot Camp at Great Lakes and Corps School in San Diego. He is 24 years old and has his BA Degree in history from Juniata College, Huntingdon, Pa.



HM3 William D. Rank

EXEC-LINE



● I would like to know why several weeks ago you denied the presence of petroleum products in the stream down by the gas station. If this is true, I would like to know why several bales of hay are dumped into the stream every few weeks or so.

We appreciate your concern for ecology, and again I assure you that no one to our knowledge is dumping petroleum products into our stream. As I told you some weeks ago, our Public Works Division is alert to any unavoidable spillage and reacts promptly to correct any problem that arises. What you saw recently was the prompt response to a break in the steam condensate line near the heating plant that spilled off onto the buried stand-by fuel tanks. This resulted in some "washing-off" of the petroleum coating of the tanks' surfaces, and so we prevented pollution by using hay and detergent.

● I would like to know if it would be possible to use a Master Charge card in the package store.

We have not provided this service here. The major reason is that to do so would result in an increase in purchase price since credit card companies are profit-making organizations and would charge a few percentage points for their service.

● Some of the junior officers and married enlisteds living in quarters on the base wonder if they might hold garage sales when they know they are going to be moving.

They have permission to hold garage sales. Notices for bulletin boards concerning such sales should be cleared through the Administrative Office.

● I was parking in a supposedly "no parking" zone one day with three other cars and I got a ticket and the three other cars didn't. I'd like to know what's happening.

Although not specifically marked "no parking," the area where you were parking has been defined as a "no parking" area by the notice posted in the barracks. Now that the parking lot is finished, there is no need to park along the street leading to the barracks.

● On weekends if the lifeguard doesn't feel like opening the swimming pool, he doesn't. We would like to have someone dependable down there. If they fail to report to duty they should be dismissed.

We do interview all prospective lifeguards as to competence and reliability. When they fail to report for work without good reason they are dismissed, as was the case with the lifeguard who failed to show up on the Sunday afternoon you missed your swim. The Special Services Officer appreciates all constructive suggestions and will make every effort to keep our recreation facilities in operation for the enjoyment of our staff and patients.



Up A Notch To HM3

Mark Wristen of Security, right, and Nicolas Kenery of Urology Clinic are the newest HM3s aboard. They sewed on their crowns 1 March.

Who's Been Doing What . . .



CDR Bettye Nagy, NC, was the speaker when the San Francisco East Bay Women's Council of Navy League met for dinner in the O'Club 1 March. And, said she, "They gave me a \$100 check (for the hospital) before I said a word." Making the presentation—Mrs. Janice Norbett, council president. LCDR Martha J. Meyers, NC, received the Navy Unit Commendation for service at NH Yokosuka—four years ago! LT Ruth H. Smith, NC, augmented to USN. HM3 Herb Kissling got his pay at bedside from DKCS R. O. Ferguson of Disbursing. On 7W after suffering a severe injury to his right leg in an automobile accident, Herb, who is usually on the other end of the camera, commented cheerily, "Well, it's one way to make the OAK LEAF." LCDR William D. Aders received a Meritorious Unit Citation for service in USS SYLVANIA (AES-2), and HM1 Teodoro Villaluna, who served in Security, received a plaque from the CO and staff as he transferred to the Fleet Reserve. Looking on is his wife Piler.



TN Federico Acain, left, of BOQ reenlisted 5 March for another four years, and HMCS S. S. Jose of Operating Services on 4 March signed on the dotted line for another two. Frances d'Angelo of Medical Board reached the 30-year milestone in her Civil Service career. Twenty of those years she has spent here at the hospital. James Phillips, Public Works gardener foreman, right, retired 12 February after 27 years' Federal service. Frank J. Williams of Operating Services retired 5 March after nearly 29 years' service. He is not pictured.

Doctors Reminded of Importance Of Expediting Medical Boards

Medical Officers are reminded that it is often monetarily beneficial to a member of the Armed

Forces not returning to duty because of physical disability to expedite his appearance before a medical board. For example:

1970 Sailor of Year Wears Ensign Stripes For Return Visit

HM3 Richard Silvers, Sailor of the Year at this hospital for 1970, came back to visit his alma mater this week. He is now ENS Richard Silvers, USN, having just graduated from Officer Candidate School, Newport, R. I., in the same class with another highly regarded American youth, ENS David Eisenhower.

The new officer served on 6S and 6NE during his tour of duty here.

CDR Ruth Cohen, NC Dies of Heart Attack

The many friends of CDR Ruth M. Cohen, NC, USN, Chief of the Nursing Service here from 9 February 1961 to 30 April 1964, were saddened to learn of her death late Tuesday as the result of a heart attack.

Her detachment from this hospital coincided with her retirement from the Nurse Corps, and she had since lived in North Hollywood, Calif.

Cub Pack 412 Holds Blue & Gold Dinner At Treasure Island

Cub Pack 412 held its Blue and Gold Dinner at the Treasure Island CPO Club 23 February, and a great time was had by all participating.

CAPT Hampton Hubbard, hospital Executive Officer, a former Boy Scout himself, was the guest speaker. He spoke to the boys about their heritage as Americans, of the greatness of America, the importance of having faith in America, of living up to its traditions, of protecting it.

Special guests were Bill Hester, Council Executive, and Mrs. Hester, Ray Haven, Neighborhood Commissioner, Chaplain Aders and Chaplain Underhill.

Webelo Awards were presented to David Wiegele and Ray Robl. Timmie Nicwander received the Denner Badge, and Charlie Trapp, Assistant Denner Badge. Aaron Matthews and Darryl Pierce received the Bobcat Pin and Darryl also received the recruiter badge.

Fifty-eight persons attended the dinner.

CDR Springer

(Continued from Page 2) living.

Mrs. Springer was surprised that anyone would ask her favorite hobby.

"It's FOOD—either preparing or consuming it! I especially enjoy French cooking, and on weekends when we are not having friends in for dinner, we eat out at one of the many interesting restaurants in the area," said the dietitian, whose waistline miraculously measures a scant 25 inches.

- Enlisted personnel in grade E1, E2, and E3 with less than four years active duty and personnel in grade E4 with less than two years' active duty will always receive greater disability benefits from the VA regardless of percentage of disability.
- A lieutenant junior grade with under two years' active service who is 100 percent disabled would receive greater disability payment from the VA.
- Any enlisted member in grade E4, E5, or E6 who is 100 percent disabled would receive greater disability payment from the VA.
- A CPO (E7) with less than two years' active service who is 100 percent disabled would receive greater disability payment from the VA.

Doctors who have questions in this regard, please call LCDR Henry D. Gobbel, Chief of Patient Affairs, Ext. 2422.

Doctors who have questions in this regard, please call LCDR Henry D. Gobbel, Chief of Patient Affairs, Ext. 2422.

Doctors who have questions in this regard, please call LCDR Henry D. Gobbel, Chief of Patient Affairs, Ext. 2422.

Doctors who have questions in this regard, please call LCDR Henry D. Gobbel, Chief of Patient Affairs, Ext. 2422.

Hail & Farewell

ENLISTED REPORTING:
HN Douglas W. Muir, Jr. reported from Naval Station, Treasure Island, HM3 Sandra F. Peterson from Naval Hospital, School, Great Lakes; and the following personnel from Naval Hospital, School, San Diego:

HAs Larry J. Mauch, Lonnie L. Stegeon, II, Anthony J. Glazewski, Donald McTier, Kenny M. Simpson, Richard Foulkes, Robert Valenton, William Grapes, and Joseph R. Haga, Jr.; HNs Ronald W. Poppe, David W. Eby, Gary S. Neely, Kim M. J. Klopp, Phillip A. Gonzales, Jack A. Maris, R. Ford, II, Sidney E. West, Jr., William R. Scofield, Bobby J. Parker, Shelley Gofstein, and Ira J. Diamond.

ENLISTED DETACHED:
HNs Lynn M. Showers, Judith A. Murphy, Aline M. Boisjoli, Maureen A. Donald to Moffett Field; HN Margaret Heiman to Naval Dispensary, TI; HN Dennis A. Buros, to NH, San Diego; Ronald L. Jordan to Naval Dental Center San Diego; HM3 David W. Downer Second MarDiv, and EN1 William Toler to MINSY, Vallejo.

HM1 Teodoro S. Villaluna was released to the Fleet Reserve; HM3s Rudy C. and Brian G. Baker, HM2s David M. Carter and Gregory G. Ford, and SA William P. Eisele, Jr., released to inactive duty.

OFFICERS REPORTING:
LT Ricky N. Hattori, MSC, from active duty; LTJG Charlene H. Wolf, from Marine Corps Air Station, Iwakuni, Japan; LT Wilbur E. Roberts, D.C., from Naval Support Activity, Saigon.

OFFICERS DETACHED:
LT Robert E. Black, MSC, released from active duty; LCDR Michael A. Ellis, MC, to Naval Dispensary, Treasure Island; LT Sandra S. Lindelof, NC, to NH Guam.

—usn—

Movie Schedule

19 March
TAKE A GIRL LIKE YOU—Hank Mills and Oliver Reed. Comedy. R.

20 March
IF A MAN ANSWERS—Sandra Dee and Bobby Darin. Comedy.

21 and 22 March
MACHINE GUN McCAIN—John Cavettes, Britt Ekland. Drama. GP.

23 and 24 March
THE PRIVATE LIFE OF SHERLOCK HOLMES—Robert Stephens, Col Blakely. Drama. GP.

25 and 26 March
THE BRASS BOTTLE—Tony Randall and Burl Ives. Comedy.

27 March
THERE WAS A CROOKED MAN—Henry Fonda, Kirk Douglas. Western. Comedy. R.

28 and 29 March
GIANT—Rock Hudson, James Dean. Drama. G.

30 March
WHEN DINOSAURS RULED THE EARTH—Victoria Vetri, Robin Hardy. Drama.

1 April
MOVE OVER DARLING—Doris Day, James Garner. Comedy.

Scuttlebutt

More Scenes From the Centennial Celebration

SIGHTS & SOUNDS: LTJGs Debbie Anderson, MSC, and Elaine Patch, NC, happily discussing plans for a trip to the Orient. . . Security's HN Allen Kasperbauer and HM3 Jim Kersey and HM2 Robert Cattera of E & T beating a path to the Hilton Inn while they chauffeured the IG and his party back and forth to the hospital. . . The hills turning green for St. Patrick's Day, begorra, while the ceanothus trees turned their usual beautiful blue. . . HM2 Doug Hichman of OT driving a new Volkswagen camper, LT Arnold Friedman, same department zooming around in a shiny brown Plymouth Valiant. . . Ernie Sivertson and Frank Quezada cracking up at lunch over shared reminiscences of golf games they've played. . . Willie Mae Ford, hospital house-keeping aide finishing a year of employment without using a single day of sick leave. . . Danny Stankalis, 18-year-old Petaluma High School student, discovering at NPRL that it's possible to get back "on one's feet" even after losing both legs.

POWER OF THE PRESS: Remember 6 ft. 11½ in. Marine SGT McDonald's picture a couple of LEAFs ago? The same view appeared in Navy Times, and almost immediately the Sergeant was invited to Quantico to play with the USMC football team. It so happens that he played defensive end and right tackle at Mills High in San Mateo; so when last heard from he was contemplating with pleasure the possibility of getting back into the game.

WAS CHIEF BEISEN SURPRISED! He bet on Muhammed Ali—an amount too big to mention in this small paper. The morning after the fight a telegram arrived for him at the CPO Club: **YOU HAVE MY DEEPEST SYMPATHY STOP DISHWASHING JOB OPEN AT IRON GATE.** It was signed "Muhammed Ali."

"RICKIE-TICK" (Vietnamese for fast and quick) That's what they call HM3 Herbert Haynes, and maybe that's how he operates in Patient Affairs, but it does not describe his progress on the baby blue 1932 Ford roadster he's converting into a hot rod. "I've been working on it for nine months and figure the earliest I can have it ready for street use will be October." Just what is meant by "street use" was not determined, but since he keeps putting the motor together and taking it apart, some think he plans to drive it.

AS OF VALENTINE'S DAY Physical Therapy's LCDR Patricia Brown became the fiancée of LCDR Gary Hoggatt, USNR, of Norfolk, Va., whom she met during her tour of duty at NH, Yokosuka. They're planning a July wedding.

LIFE BEGAN 12 March for Elizabeth Katherine Nagy, 7 lb. 11 oz. daughter of LT Robert E. Nagy, ENT Resident, and wife Virginia.



Among the hundreds who packed the Officers' Club to celebrate the 100th Birthday of the Medical Corps (1) were CAPT Gale G. Clark, Chief of Neurosurgery, and Mrs. Clark, with their guests, Dr. and Mrs. Edwin B. Boldrey. Doctor Boldrey is professor of neurological surgery at U.C. Medical Center and a member of this hospital's consultant staff. Serving themselves at the lavish buffet (2) are LTJG Georgiana M. Banellis, MSC, of Food Service and her escort, LTJG Robert Hatch from the USS REAPER, which is homeported at Treasure Island. In (3) CDR William L. Meehan gets the almost undivided attention of LCDR Thomas E. Corley, Mrs. Meehan, Mrs. Thomas G. McGoey, and Mrs. Corley. (4) This picture proves there WAS a cake, and a handsome one, with both admirals wanting to cut it! In (5) the camera caught the beautiful swan carved in ice that seemed to wish all comers "smooth sailing." At left are CAPT Vernon H. Fitchett, Mrs. R. W. Spicher, whose husband is Medical Officer for the Military Sealift Command, and Mrs. Fitchett. In Photo (6) CAPT Hampton Hubbard, Executive Officer, greets Dr. and Mrs. Dwight L. Wilbur. Oldest and most widely known "old grad" attending, Dr. Wilbur served here from 16 November 1942 to 2 February 1946, part of that time as Chief of Medicine. From 1968-1969, he was president of the AMA. He is still a consultant in internal medicine here. In Photo (7) are members of the Medical Corps' younger set — LT and Mrs. George G. Edwards with Mrs. Lee B. Simmons, whose husband, like Doctor Edwards, is an intern. Photo (8) records the arrival of the Philip J. McNamaras and the Marvin Gerbers of Marin County. Captain McNamara is a former Executive Officer, Captain Gerber a former Chief of Surgery.



Playing basketball in Cupertino Saturday, The Odyssey won one game, lost two. At left Ed Busby is poised for a free throw in game against The Golden Spokes. At right in a relaxed moment the camera caught Ray "Spider Fingers" Ramirez and Jerry Goad in front row; in the background Charles Jackson, Brian Egger, Ed Busby, Team Captain Greg Najera, Tim Stanton, and Jim Kirkham. HM3 Jim Nader of PT is the coach.

Odyssey in Thrilling Upset Over East Bay Hot Wheels

By Ron Brown

Using speed and exceptional balance, along with a potent scoring attack, the wheelchair basketball players from NH Oakland, who have named themselves "The Odyssey," played their first game as a team and came out victorious over the "East Bay Hot Wheels" last Thursday night in the local gym.

The score was 36-26—a real shocker for the Hot Wheels, who have been organized for a couple of years and had many ball games under their belts prior to this encounter. But the "never say die" attitude of The Odyssey proved to be too much for the outclassed Hot Wheels.

Busby Stars

One had to keep a sharp eye out all night to find Busby, as he was all over the court in more ways than one. He ended a great game with four fouls and 15 points on six field goals and three free throws to lead his team in all departments although he was second in scoring to Geiser of the Hot Wheels, who garnered 18 points on seven field goals and four free throws.

This game in no way was an individual effort, as The Odyssey proved once again that team effort is the key to success, as they made many key passes to set up for the score.

The Odyssey trailed early in the game by a score of 7-5 but soon tied up the score and then jumped off to a 14-8 score and never relinquished the lead. The score at half-time was 16-13.

Box score:

ODYSSEY		FG	FT	TP
Player				
Ramirez	0	0	0	
Kirkham	2	0	4	
Chan	0	0	0	
Najera	1	0	2	
Stanton	1	0	2	
Egger	3	0	6	
Busby	6	3	15	
Goad	3	1	7	
Jackson	0	0	0	
	16	4	36	

HOT WHEELS		FG	FT	TP
Player				
Benson	0	2	2	
Welch	1	0	2	
Geiser	7	4	18	
Weaser	1	0	2	
Caton	1	0	2	
Gibson	0	0	0	
Kerr	0	0	0	
Parrott	0	0	0	
	10	6	26	

NAS Alameda Yacht Club Offers Course In Basic Sailing to Interested Personnel

The NAS Alameda Yacht Club is offering a practical course in basic sailing to begin Saturday, 3 April, at 1330 at the NAS Special Services boat house.

Principal objective of the course is preparation for the Novice Skipper's License issued by the Bay

Area Naval Sailing Association. Cost of the course is \$10 per person. Anyone interested should contact one of the following persons to reserve a place in the class: Fleet Captain LT Tom Cravy—869-2353; Paul Perona—869-2058 or LCDR Jerry Treber—869-2058



Bill Bunetta of the AMF Staff of Champions gave local bowlers tips on how to improve their skills during his visit here 23 February. At left he is pictured with HM1 George Cartmel, at right, he tells HM1 Leon Brady of USS MIDWAY and 8W how he does it. The 51-year-old champion from Fresno in 1968 was inducted into the ABC Hall of Fame—a bowler's greatest recognition. He has been a member of five world championship teams, has a 10-year average of 208 and has bowled 21 "300" games, four of them sanctioned.

Station Golf Festival First Match 22 April

An all-station golf festival open to active duty personnel—male, female, officer and enlisted, patients and staff will begin 22 April and continue through 14 October, one match per month.

Ron Brown, athletic director, asks golfers to form foursomes and register with him. All games will be played at Chabot. Tee-off time will be 1100.

Coming Attraction!

The MSC All-Star Softball Team is challenging the CPO All-Stars to a game in April, exact date to be announced soon. Watch for further word about this spectacular event.

—usn—

Check the vehicle, check speed, check accidents.



A good supervisor goes right to the bottom of a problem.

The OAK LEAF



Vol. 33, No. 7

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 2 April 1971



BIRTHDAYS ARE GETTING BETTER each year for SGT Rex Weigel, USMC, who spent his second one "in a row" as a hospital patient last Thursday. Well, anyway this year's was better than last. On his 22nd birthday he was in Naval Hospital Guam, a month and three days after taking an AK 47 round in the lower abdomen and upper right leg as his outfit was ambushed near Danang 22 February. His leg was amputated while he was at Guam. On his 23rd birthday 25 March the young Marine from Tacoma, Wash., felt fine, especially when the staff of 6 North surprised him with a cake. His only complaint of the day was that LTJG Barbara Foster, in preparation for the "party" insisted he neaten his space, which was littered with gift wrappings. "Do you want me to shine my sneaker too?" he wanted to know. Enjoying the "celebration" as much as the patient did were HM3 Ralph Boomer, left, LTJG Foster, LTJG Karen Smith, CDR Anna L. Fogarty, and FTM3 Larry Wolfe of 7W.

Said Sergeant Weigel, "I was really surprised, and I'm sure my next birthday is going to be even better!"

Clothing & Small Stores Now in Building 101

Clothing & Small Stores is now located in Bldg. 101, near the Post Office and Crew's Library. This new location is readily accessible to wheelchair patients. Hours of operation are 0930-1430 Wednesdays only.

"Operation Miniskirt" Heading This Way

"Operation Miniskirt" will be aboard 10 April to entertain and visit patients. The "operation" is made up of talented college girls from the Sacramento area, according to QMC Richard Baldwin, recreation coordinator.

National Library Week Observance Will Feature 12ND Art Contest

Crew's Library will celebrate National Library Week, 18 to 24 April not only with the traditional open house and special book exhibits but also by hosting the 12th Naval District Art Contest.

The observance will feature the library as a multi-cultural commu-

nity institution encompassing art, music, the traditional serious and leisure-time reading of books, the casual perusal of newspapers or magazines, or just a place of quiet relaxation.

The art contest is open to Naval, Coast Guard, and Marine personnel and their dependents within the 12th Naval District, both active duty and retired.

Entries should be framed or matted, ready for hanging. There is no limitation as to size, subject, medium, or number of entries.

Sculpture will be accepted for exhibition but will not be eligible for prizes.

Entries will be original renderings by the contestants.

Prizes will be gift certificates from Navy Exchange. Regulations require that prizes go only to military personnel, but dependents are eligible for honorable mention.

Civilian judges from the area will select the winners.

Deadline for entries is 12 April.

If you are interested, contact: Crew's Library, Bldg. 101, Ext. 2220 or Special Services, Ext. 2479.

Three Staffers Read Of NENEP Selection

Three staff corpsmen who read in Navy Times of their selection for the Navy's Enlisted Nursing Education Program are eagerly awaiting official notification of their good fortune. They are HM3s Edwin W. Denham, OR student; Robert A. Parmentier, CO's driver, and Ralph Ramirez of Emergency Room.

NENEP offers hospital corpsmen and dental technicians a chance to earn degrees in nursing with expenses paid by the Navy. They continue to receive pay and allowances, are eligible for advancement, and upon graduation are commissioned as ensigns in the Nurse Corps Reserve.

"The New Generation" to Entertain Here Tuesday at 1900 in Clinical Assembly

They call themselves "The New Generation." They are 50 energetic young singers and instrumentalists from 15 to 24 years old. Representing a variety of races, religions, and backgrounds, they are united by their love of music.

They've sung at the Hollywood Bowl, the Ambassador Hotel and

the Century Plaza in Los Angeles, The Palm Springs Riviera, the Hollywood Palladium. They've sung in the Mormon Tabernacle in Salt Lake City.

Next Tuesday they'll sing at NH Oakland!

Curtain time at the Clinical Assembly is 1900.

The IG Said "Outstanding"



On 15 March RADM J. P. Arthur, DC, Inspector General, Dental, and LCDR J. J. Kehoe, MSC, his Executive Assistant, arrived to complete the inspection. They are pictured with CAPT Robert A. Middleton, Chief of the Dental Service, left.



Pictured with RADMs H. P. Mahin, CO, and D. P. Osborne, Inspector General, Medical, are members of the BuMed team that inspected the hospital from 8-12 March and found it "outstanding." They are from left, front row, HMC C. C. Pitts, Assistant for Enlisted Affairs; CAPT R. K. Barton, MC, Director Professional Division; Dr. George F. Reifenstein, Technical Director, Clinical Research and Medical Education; and CAPT Dolores Troskoski, NC, Assistant for Nursing. In the second row: CAPT C. R. Allen, MSC, Executive Assistant to the IG; CDR H. D. Littner, MSC, Assistant for Non-appropriated Fund Functions; CAPT J. W. Cox, MC, Assistant Head, Training Branch; CDR C. "B" Longest, MSC, Assistant to IG; Mr. R. M. Hamilton, Assistant for Public Works; and CAPT Don M. Michael, CHC, Assistant for Religious Matters.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Who's Doing What . . .



LCDR Leonard Stefanisko, LCDR Elizabeth C. Jackson, and LT Dorothea Hamilton of the Nurse Corps augmented to USN. LCDR Connal R. Coughlin, CHC, completed his pastoral counseling residency and was detached to a new assignment in Washington, D.C. Mrs. Wildine Rice, who will soon resign to devote full time to homemaking and motherhood received a cash award from Captain Hubbard for sustained superior performance as secretary in the EENT Clinic. HM1 Raymond E. Gettys reenlisted for another four. Now in StaffPers, he will start PMT School in April.

+ + CHAPLAIN'S CORNER + +

INSTANT REPLAY

By now all of us are familiar with television's addition to the viewer's enjoyment of sports called "instant replay." The viewer is afforded the opportunity to study a part of the play in slow motion's agonizing detail.

It is easy to spot the good moves and the mistakes on the replay. The game seems to be the better for it.

Do we need something like the "instant replay" in everyday life? Well, for one thing, it could never happen. What is done is done and cannot be undone. The secret of life is not the replaying of any part of it but the thoughtful and good living of it. We need to learn from our mistakes.

A word said can never be unsaid. If we could see ourselves as we really are, much of life would be different. Of course some people say, "I would do it all over the same way." Since we do not have the advantage of "instant replay," we need to be alert to what is happening.

In military terms: "At Ease" with the past . . . "Attention" to the present . . . "Parade Rest" to the future. Shakespeare put it clearly when he wrote:

"There is a tide in the affairs of men,
Which, taken at the flood, leads on to fortune;
Omitted, all the voyage of their life
Is bound in shallows and in miseries.
On such a full sea are we now afloat;
And we must take the current when it serves."

LT WILLIAM D. ADERS, CHC, USNR

A Look Behind the Red Cross Craft Scene



Mr. and Mrs. William Marx help ET1 Walter Bice of 7S select his next project in the photo above. Below, Mrs. George Knudson cuts leather for patients' use; Mrs. Rosa Romer works on felt projects; Walter Leigh puts a finishing touch on leather kit, and camera-shy Mrs. Alfred Ayres selects leather lacings.

Behind the scenes in the craft shop in the Red Cross recreation lounge, Building 71A, are four busy Red Cross volunteers preparing craft projects for the bed patients. Every Thursday Mrs. Alfred Ayres, Mrs. George Knudson and Mrs. Walter Leigh cut and assemble leather kits such as key cases, wallets, squaw bags, belts and moccasins. Mrs. Rosa Romer specializes in cutting and assembling the more than twenty-five felt animals—Snoopy as a daring pilot, Marine and Navy dolls—all of which the patients find most appealing. By the time the kits are completed everything that is needed to make the project is ready for the patient.

Among the 10 to 12 volunteers who teach crafts on the wards are Mr. and Mrs. William Marx, a familiar sight in Building 500.

Beading, copper tooling, chip carving and huck towel weaving are other crafts with which the patients can while away those long hospital hours. Something new, "Macrame," will soon be added. Any old "salt" will recognize this as a fancy name for square knotting! Macrame has suddenly become the "in" thing to do, and we are fortunate enough to have a volunteer who can teach it.

If bed patients are interested in learning some of these crafts, any Red Cross staff members or volunteer will pass on the information to the craft volunteers. Ambulatory patients can come to the craft shop on Thursdays 1030-1500 hours Bldg. 71A.

Holy Week Services At the Chapel

ECUMENICAL

Cantata: "Hail Glorious King"
Sunday, 4 April Main Chapel

CATHOLIC

- Holy Thursday
- 1200 Eucharistic Celebration in Clinical Assembly
- 1635 Eucharistic Liturgy, Main Chapel
- Good Friday
- 1200 Liturgy and Adoration of the Cross, Clinical Assembly
- Holy Saturday
- 1900 Confessions, Main Chapel
- 2000 Easter Vigil Service, Main Chapel
- Easter Sunday
- 0830 Mass of Resurrection, Clinical Assembly
- 1215 Mass of Resurrection, Main Chapel

PROTESTANT

- Maundy Thursday
- 1200 Holy Communion, Chapel of Hope
- Good Friday
- 1200 Service in Chapel of Hope
- Easter Sunday
- 0930 Easter Service, Chapel of Hope
- 0945 Adult and Youth Study, Bldg. 133
- 1030 Main Chapel
- Latter Day Saints
- 1400 Palm Sunday, Chapel of Hope
- 1400 Easter Sunday, Chapel of Hope
- Jewish Observances
- 1830 Passover Seder Service and Dinner 9 April at Jewish Community Center, San Francisco, Call Ext. 2251 for information and reservations.

PMT Graduates Class 57



Class 57, Preventive Medicine Course, was graduated 19 March. Its 13 members and their assignments around the world are, from left, Front row: HMCs Robert L. Stratman, NAS, Bermuda; George R. Aldridge, NH San Diego; Karl L. Wayss, NAS, Brunswick, Me.; second row: HM2s David J. Fitzpatrick, Naval Station, Keflavik, Iceland; and Tommy R. Aldridge, NavSta Annapolis; HM1s James C. Arnett, NH Guantanamo Bay, Cuba; and Malcolm B. McGregor, ComNav Marianas, Guam; third row: HM2 Oscar A. Womack, USS INDEPENDENCE (CVA 62); HM1 Robert E. Cox, NavMinDefLab, Panama City, Fla.; HM2 Robert E. Westbrook, NavSta, Washington, D.C.; and HM1 Martin J. Myers, USS EL DORADO (AGC 11).

HM1 McGregor was the class valedictorian and HMC Wayss the class spokesman.

Guest speaker at the graduation was CDR H. W. LeBleu, MSC, USN, Ret., a former PMT staff member who is now senior sanitarian in the Environmental Health Division of Contra Costa County Health Department.

Project Transition Adds Welding Course To Its Ever-Expanding Curriculum

Project Transition is offering a 16-week welding course, which will begin 3 May 1971. The course, federally funded by Manpower Development Training Act (MDTA), is conducted daily Monday through Friday, 0800-1630 at the San Francisco Skill Center, 1485 Market St.

The course is programmed so that a trainee can start any Monday morning. The trainee will be awarded a certificate in welding

from the San Francisco Skill Center once he successfully completes the course.

For further information call Project Transition's James White or Becky Pappas at 639-2237.

Welcome Visitor



Among those attending the recent workshop that gave doctors and professional health workers an opportunity to see how MEDLARS, the Medical Literature Analysis and Retrieval System of the National Library of Medicine works, was Mrs. Alice Racicot, pictured here with CDR Victor N. Holm, Library Officer, and Mrs. Ilah Anderson, library technician. Mrs. Racicot, a former Medical Librarian here, brought about many improvements in the library in the "old days" in Bldg. 101. Upon reaching Civil Service mandatory retirement age, she promptly got a job with the VA Hospital Medical Library in Palo Alto, and later organized a medical library for the American College of Podiatry in San Francisco.

EXEC-LINE



● I'm a corpsman on the 9th deck and I had a patient who had a good suggestion. We ought to send the magazines and newspapers that flow through the hospital each day to San Francisco for recycling.

An excellent suggestion. I would advise sending the magazines to the various clinic waiting rooms for outpatient use, but the newspapers would be collected and sent to the various recycling centers. Your suggestion is being referred to the local Boy Scout Troop as they already are assisting in this endeavor. Perhaps you would volunteer to help the troop implement this worthwhile project.

● Since it takes the elevators so long to get from floor to floor, patients and others have to stand and wait. We should install benches on each floor in front of the elevators. This would benefit heart patients and such.

Chairs are available on several floors. We have ordered more seats for the remaining floors on the passenger side and near the Outpatient elevators. Thank you for your excellent suggestion.

● Could the enlisted people here on the base that are involved in Boy Scouts get authorization orders for summer camps or trips with the Scouts? If not authorization orders, how would it be possible to get some leave?

It is not possible to be granted authorization orders for summer camp or trips. Those involved may apply for leave during these periods and will be granted same provided they have leave on the books and can be spared from their division at the time requested.

● Due to the relaxed uniform regulations, I was wondering if it is possible to wear tech jackets as part of the traveling uniform.

The answer is "NO." To quote from the current U.S. Navy Uniform Regulations, "The uniform with its various insignia and devices is designed primarily to indicate on sight those belonging to the Naval Service and to show at a glance their grade, corps, or rating and hence the authority and responsibility imposed by law upon those wearing it." Tech jackets do not show grade, corps or rating and are to be worn only within the hospital spaces.

● In regard to the notice that came out 13 March about night shift not being allowed to park in the Outpatient Lot, why in the name of all that's holy do we have to park in the boonies and walk all the way up that hill and then have to wait for non-operating elevators to get to our time clocks at 2245?

Sorry about the elevators. We make every effort to keep them all working. As to parking in the boonies, we have solved your problem by allowing staff to park in the Outpatient Lot on non-working days and from 1630 to 0730 on workdays. Any staff car in the Outpatient Lot after 0730 or before 1630 on a work day will be subject to ticketing. Repeated violations may result in revoking this privilege for all.

Navy Relief Course To be Given Here In Month of May

Mrs. Kenneth Anderson, Navy Relief Field Representative from Washington, D.C., will be in the Bay Area in May and will give a Navy Relief training course here at the hospital.

The 24-hour course is open to ALL Navy and Marine wives and is offered by the Navy Relief Society as an educational service. It will cover things such as pay allotments, benefits available to dependents, the broad scope of Navy Relief activities, and much other useful information that will help each one who completes the course to be a better Navy or Marine wife.

A large volume of Navy Relief work is accomplished by volunteers. However, those who take this training course are under no obligation to work for Navy Relief immediately or at a later date.

For additional information, please call Mrs. Gordon F. Kellogg at 569-7052.

CPO Club Spotlight

Country and Western Nite is coming to the CPO Club Saturday evening, 24 April, when local cowboys and cowgirls will caper to real live Country Kickin' Music and enjoy a chuck-wagon menu including roast beef, ham, turkey, "later" salad, pork n' beans, hot rolls, and coffee—all for \$2.75 per hombre.

Tickets may be obtained from advisory group members or at the club. Ticket sales close 16 April.

And don't forget "Games" Night every Friday at 2000. Dinner served from 1800 to 2100.

Happy Hours are Tuesday from 1630 to 1800, Wednesday 2000 to 2200.

Piano Bar every Wednesday and Saturday evening.

Scuttlebutt

SIGHTS & SOUNDS: HN Warren Hendrickson of Special Services poring over a red, white, and blue, star-studded letter from HN Jacqueline "Miss Navy Relief" Winder, who recently returned to civilian life and is already working in the PT department of Ravenswood Hospital, Chicago—her home town. . . . LTJG's Philip B. Bailey and Michael Weaver, clinical clerks, assisting USS MIDWAY's Medical Department during the carrier's 20 March dependent cruise. . . . Mrs. Amy Lacy of CivPers leaving Friday for a new job with Freiden Branch of the Singer Company of San Leandro. . . . Easter gifts on sale at Navy Exchange. . . . Miss Pinter delivering to the Delivery Room—a stork carrying three small Easter rabbits in its bill. . . . Lorene Leung of StaffPers easing her shiny White Maverick into a parking spot. . . . StaffPers taking HMI Bob Kasunick to lunch at Jake's Lion Tuesday—last day before he left for San Diego. . . . Pharmacy's Judy Luckhurst gently showing a young brown bird the door after it flew into the third floor entrance and panicked when it couldn't find its way out. . . .

A WELL-NAMED SAILOR is HN Ronald W. Boatright of Salem, Mo., who reported for duty recently and is assigned to 9S.

AND SPEAKING OF NAMES: HN Tom Nixon of Salt Lake City and 6E is no relation to the Commander-in-Chief, even though his father's name is—Richard.

SO LITERALLY OUTSTANDING was the birthday cake Eleanor Avila and Ruth Mecchi made for Harold Hitz that a cameraman was sent to record the fiscal expert's first sight of it (or her). Those two cupcakes, topped by pink gumdrops, must have been too much for the photographer or the camera. The picture didn't develop.

OH SAY, DID YOU SEE in the SF Examiner the photo of BMSN Donald Icamen of 7S posing (in traction yet) with LTJG Yseldah Hall, NC, and future Navy Nurse Mau-



Ben Nelson's photos tell better than words the story of a good day on the golf course. At left, Emil Himango and CDR Tinker (in fancy golf hat) talk it over. EMC Jimmie Ward, in a relaxed moment, surveys the scene that includes Frank Quezada, Ernie Sivertson, George and Frank Manchester. Below, crouching for the tee-off, at left, is Tony Quezada. Others demonstrating their techniques are Dick Williams and Claude Rowe.



Good Time Had By All At NH Oakland "Invitational"

Even the weatherman conspired to make it a perfect day when a motley crew of hospital golfers turned out for the recent NH Oakland "Invitational" at Alameda Municipal Golf Course.

The low gross (81) winner was Wilfred Carmen. First Flight winners were Claude Moose, low net, LCDR Gordon Tinker, second low,

Dick Williams, third low net. Second Flight winners were EMC Jimmie Ward, Ernie Sivertson, and Claude Rowe.

Non-winners were Sam Dezamba, Bill Barnum, Frank and George Manchester, Tony, Frank, and Nick Quezada, Steve Goodiell, Ben Nelson, Pat Flinders, Cliff Mitchell, Harry MacAllister, Glenn

Pritchard, Emil Himango, Dr. Schneberger, Herman Williams, Jack Dickens, Morris Sheperd, Jim Phillips, Don Ness, and Emory King.

Ben Nelson was official starter and photographer.

The event was so successful that a similar one is being planned at an early date.

reen O'Connell? The new ensign was brought here to be pictured in the hospital setting. She will report to Philadelphia for her first assignment.

AND DID YOU KNOW that James Deering, Crew's librarian, and his wife Vangie, who is a nurse at St. Francis Hospital and working for her BSN at USF, make a hobby of importing jewelry and handicrafts from the Philippines to sell through boutiques in San Francisco?

WE STARTED SOMETHING IN THE LAST LEAF by announcing Willie Mae Ford's perfect sick-leave record for the past year. Now we learn that several others in Housekeeping Branch achieved the same fine record—Katie Tanner, Elnora Mixon, Ella Bell, Ambrose Carroll, and L. W. Whittington. Ernie Starks used less than eight hours. And isn't it good to know they read the OAK LEAF?

LIFE BEGAN 9 March for Celeste Marie Yuhas, 8 lb. 8½ oz. daughter of HM3 Ralph J. Yuhas of OR and wife Alberta. . . . 10 March for Angelic Ann David, 8 lb. 1 oz. daughter of SD1 Armando P. David of BOQ and wife Emilia. . . . 23 March for Jennifer Juliette Burg, 8 lb. 13½ oz. daughter of HM2 Larry E. Burg of OOD's Desk and wife Arlene. . . . 28 March for Kathleen Daly Cajacob, 9 lb. 2 oz. daughter of LTJG Stephen N. Cajacob, MSC, of the Eye Clinic and wife Sally. . . . 29 March for Eric Jude Gatcher, 8 lb. 10½ oz. son of HMC George W. Hatcher, PMT instructor, and wife Celeste.

Fish Story . . .



A deep sea fishing trip can be either a dismal failure or a whopping success as shown by the accompanying unposed photos. Taken on two different trips on a chartered boat that left Berkeley Pier and took the fishermen out beyond the Golden Gate in quest of salmon, they show HM3 Richard Johnson of Lab School on one of each kind. Hopefully, future Special Services-sponsored trips will be successful, but you pay your money (\$5 per person) and take your chances. Departments may arrange their own parties of from 15 to 20, and Special Services will charter the boat. The charge covers rod, reel, tackle and bait. Trips



are for active duty military at this command. Call QMC Baldwin or GM2 Roberts, Ext. 2477.

—usn—

Widows of deceased veterans now qualify for pensions from the Veterans Administration if their marriage had a duration of one year, or if a child was born to the couple, the Veterans Administration announces.

—usn—

Have you heard about the man whose favorite cat was run over by a steam roller? He couldn't say a word — just stood there with a long puss.



"Minor Traffic Violation"? There Just Isn't Any Such Thing

There is actually no such thing as a "minor violation" of traffic laws. Any violation is potentially a deathtrap and the driver who learns this early is the safe driver.

Every violation of the moving type is a potential accident and every accident is a potential injury or death.

Included in this group are such things as failure to give proper stop and turn signals, changing lanes without signaling, passing at intersections, accelerating when another vehicle is passing, follow-

ing too closely, and driving in the wrong lane.

One of the reasons for the mounting figures in death on the highways is the tendency for motorists to assume that "it won't hurt anything to disregard the law this once." The motorist who tries it once too often winds up dead or badly injured. Or worse still, his one moment of disregard for the rule brings death or injury to the innocent motorist who is obeying the regulations.

—D. C. Traffic Safety Reporter



A Medal For LCDR Pickering

LCDR James C. Pickering, MSC, AO to this hospital's Chief, Preventive Medicine Service, received from Admiral Mahin the Navy Achievement Medal for service as AO, Preventive Medicine Unit, Naval Support Activity, Danang, and Assistant AO on the Staff of Commander, Naval Forces, Saigon.

Recreation Accidents On Upswing

In the past three months the number of injuries and deaths attributable to recreational accidents within the Twelfth Naval District has shown a marked increase. In fact it has increased to a level nearly equal to the injuries and deaths suffered from automobile accidents, according to a recent message from RADM A. R. Matter, 12ND Commandant.

The spring and summer months, with improved weather conditions and increased time for sports such as hunting, hiking, and boating, are close upon us. It therefore behooves all of us to give serious thought to how we can make the best of our leisure time in the outdoors and still prevent accidents.

There are numerous safety rules and precautions of which we should all be aware, but all too frequently we ignore them, the basic philosophy being "It won't happen to me."



Eight Earn High School Diplomas

Eight NH Oakland patients and staff members received their high school diplomas at a special "commencement" 15 March at Education and Training. Twice a week over a period of eight weeks they had attended classes in U.S. Government taught by Robert Fuller, Oakland Evening School instructor. These classes, in combination with GED tests enabled them to qualify. In wheelchairs are SGT Raymond Ramirez and CPL Shun Y. Chan; standing, from left, HMC Lawrence Pangle, HN James Latham, GSGT Billie Jones, HN Charles Orindgreff, BMC Leo Hutson, and PVT Russell Reibesehl. Mr. Fuller is second from right, and at right is Edward Shands, Principal, Oakland Evening School, who was on hand to offer his congratulations, as was Admiral Mahin. Others who will receive diplomas in June as the result of study and testing at the hospital are HMC Carl Faucett, MMI Merle Goatcher, HN Ronald Jarrett, SGT Arnulfo Paz, HN Lane Scott, HN John Williamson, and CPL Rueben Johnson.



Mrs. James J. Evans, left, doesn't know whether she is the wife of a prisoner of war or the widow of CDR James J. Evans, who was shot down over Laos six years ago. In this photo, taken at an Officers' Wives' meeting, she tells Mrs. Donald H. McLean what the people can do to help. Last week—National Week of Concern for POW/MIA—she again asked hospital personnel to join the letter-writing campaign of the National League of Families of American Prisoners and Missing in Southeast Asia.

Week of Concern for POW/MIA Emphasizes Value of Letter Campaign

Last week was officially designated as a National Week of Concern for prisoners of war and service men missing in action.

It brought to mind the sad truth that 1600 Americans are still missing in action or prisoners of the North Vietnamese, Viet Cong and Pathet Lao. It pointed out once more the fact that North Vietnam signed the Geneva Convention in 1957 but refuses to accord American POWs the most basic requirements.

- It refuses to: Release the names of prisoners.
- Permit impartial inspection of prisoner facilities.
- Release sick and wounded prisoners.

Permit prisoners to communicate with their families and with each other.

It has become apparent that Hanoi is sensitive to world opinion. As many letters have been received from prisoners in North Vietnam since the National League of Families of American Prisoners and Missing in Southeast Asia started its letter-writing campaign last fall as had been received in the preceding five years.

Mrs. James J. Evans, who was aboard last week to bring information and publicity materials—including the bumper sticker that reads "POWs Never Have a Good Day," is District Coordinator for the National Families League.

Mrs. Evans is one of the many American women who, as the result of Vietnam, do not know whether they are wives or widows. Her husband, a Navy Commander, was shot down over Laos nearly six years ago. She has two children, who are now in high school.

She urges, not for the wives and children but for the prisoners, that everyone who possibly can, join the writing campaign.

Write to your Congressmen. Write to news editors and church leaders. Ask the organizations to which you belong for resolutions in support of humane treatment for prisoners of war.

Write to Mr. Xuan Thuy, North Vietnamese Delegate to the Paris Peace Talks, Paris, France.

A sample letter might read:
Your Excellency:

I am disturbed about the condition of American prisoners of war held in your country. I ask you in the name of humanity to show evidence of their humane treatment by listing their names, permitting inspection of the prisons, repatriation of the sick and wounded, and allowing them to write their families.

Big Game Friday MSC vs. CPO Softball All-Stars

As the MSC and CPO All-Stars warm up for the Big Softball Game Friday, 9 April, "Hammering Henry" Gobbel, MSC manager, is confident of victory. But "Doughty Dick" Dickens, CPO manager-mentor, vehemently disputing Gobbel's claim that his is the better team, is also flashing a victory smile. (This despite persistent rumors that Willie Mays and Reggie Jackson were once MSC Officers and could be called back for this event.)

Whatever the outcome, both teams will be open to future challenges from other teams.

The game will start at 1600, and all hands are invited. Refreshments will be served—for a price.

Scouts from the Oakland A's and San Francisco Giants are expected not to attend.

Intramural Softball

The Intramural Softball League is tentatively scheduled to open the week of 17 May. Pick up your entry blanks in the Athletic Director's Office or in the Gym.

30 Sign Up for All-Station Golf Festival

Some 30 golfers have already signed up for the All-Station Golf Festival, according to CDR Jean Heath, MSC, who is coordinating the event.

Tee-off time at nearby Chabot will be 1100 on 22 April and subsequent dates, which are as follows: 13 May, 17 June, 15 July, 19 August, 16 September, and 14 Octo-

Hail & Farewell

OFFICERS REPORTING:

LCDR Mary J. Crothers, NC, reported from Naval Training Command, Morocco; LTJG Gladys N. Reid, NC, reported from inactive duty.

LCDR James R. Perdew, CHC, reported from Marine Corps Air Station, Beaufort, S.C.

OFFICERS DETACHED:

LCDR Edwin V. Bohula, CHC, was detached to Commander Service Squadron Seven; LT Conall R. Coughlin, CHC, was detached to the Navy Department Bureau of Personnel.

LTJG Ellen M. Luckus, NC, departed for Naval Station, Adak, Alaska; ENS Patricia L. Grobusky, NC, was released from active duty.

CDR Henry E. Richter, DC, departed for a new assignment in USS CORAL SEA.

ENLISTED REPORTING:

HMC Severo Funetex from NH Long Beach; HM2 William H. Phillips, Jr., from USS SANCTUARY; PN2 Mark Nelson from USS PREBLE (DLG 15); HN Manfred L. Parker from Naval Station, Treasure Island; PNSA Susan D. Sanders from Service School Command, Orlando, Fla.

HN Anthony L. Nailor and Aaron W. Holmes from Naval Hospital Corps School, Great Lakes, Ill.

The following corpsmen reported from Naval Hospital Corps School, San Diego: HM3s James Desalvo, Rolando T. Farinas, Michael D. McCormick, Jon E. Veen, Alfredo Vasquez;

HNs Stephen M. McKechnie, Kenneth L. Williams, Ronald W. Boatright, Steven J. Hauser, Harold E. Durio, Jr., Kenneth W. Hughes, Frank R. Molver, Keith J. Mikelson, Finis H. Sutterfield, Jr., Gregory J. Lamm, David E. Bradley, David H. Arndt, William G. Valenzuela, and Robert E. Butzow;

HAs Richard M. Siordian, Walter S. Racutt, Thomas L. Adams, Anastacio B. Castaneda, Jr., Alton D. Edwards, Jr., Rodney Lindenmuth, Bill G. Kearns, and Richard L. Nesselin.

ENLISTED DETACHED:

HM3s Michael R. Johnson and Christopher M. Fabri to Naval Aerospace Medical Center, Pensacola, Fla., RD3 Raymond R. Byrd, Jr., to USS WHITE PLAINS (AFS 4); HM2 Kenneth L. Peters to U.S. Military Assistance Command, FPO San Francisco.

HNs Norine E. Britton and Jacqueline M. Winder were discharged from the service.

12ND Track Meet At Moffett 21 April

The 12ND Invitational Track Meet will be held at NAS Moffett Field 21 April beginning at 1700, according to Athletic Director Ron Brown, who is eager to field a team to represent NH Oakland. Call him at Ext. 2350.



Sparking the Varsity Basketball team to a tie with Skaggs Island for the 12ND "B" Championship were HM3 Leland Fouts, HNs Dave Powell and Gene Diaz, and LT Donald J. "Skip" Ferguson, DC, pictured with their individual trophies.

Bailey, Diaz Star as Lab Defeats Anes/Den in Basketball Playoffs

Bailey and Diaz starred Tuesday night as Lab reached the intramural basketball finals with a come-from-behind win over ANES/DEN.

The Lab players at one time in

the game had everything going their way. They led at halftime a score of 29-17. But midway in the second half they found themselves behind, as ANES/DEN fought back to even the score and eventually go ahead by five points.

In the closing minutes of the game, with the fine shooting of Diaz and Bailey paving the way, Lab pulled the game out, as with a one-point lead they managed to run out the clock and salvage a win.

Bailey led all scorers with 15 points, followed by Diaz with 11. Fraioli led the losers with 10 points, followed by Walsh with 8. The box scores follow:

LAB		
PLAYER	FG	FT
Garman	1	3
Savone	0	0
Powell	3	3
Stubbs	0	1
Bailey	6	4
Diaz	5	5
Clark	0	0
	15	16

ANES/DEN		
PLAYER	FG	FT
Walsh	5	1
Fraioli	3	6
Quinn	3	1
Ferguson	0	3
Tirrell	2	0
Taylor	0	0
Walker	0	0
McCarthy	1	0
McKenzie	2	2
Wagner	0	0
Hunter	0	0
	16	13

Lab was to meet the winner of the game vs. NP game Thursday. The results will be reported in the next issue of the OAK LEAF.

NP Wins 38-32 Over Medicine

By virtue of their 38-32 win over Medicine Tuesday night, NP became the next foe of the powerhouse five from OPD in the playoffs for the station championship.

NP and Medicine ended in a tie for fourth place in regular season play, which necessitated a playoff for fourth place.

The winner was to face OPD to see who will play Lab for the station championship.

Box score for Tuesday night game:

NP		
PLAYER	FG	FT
Heiser	2	3
Peters	1	2
Knight	1	0
Hughes	0	0
Criswell	1	0
Pintok	4	3
Horton	5	0
Fenlason	1	0
	15	8

MEDICINE		
PLAYER	FG	FT
Nierman	4	0
Fouts	2	0
Mockler	0	1
Houser	5	0
Antonelli	1	0
Martinez	3	0
Sanchez	0	1
	15	2

—usn—

Volleyball Standing

Intramural Volleyball standings as of 26 March:

Team	Won	L
Pharmacy	2	1
Lab	1	1
NP	1	1
OR	1	1
Surgery	0	1
Anesthesiology	0	1
CSR	0	1

ber. The festival is open to all active duty officer and enlisted personnel, male and female, patients and staff.

Additional players—the more the merrier—are asked to register with Commander Heath at Ext. 2272.

12ND Table Tennis Matches Coming Up

The Twelfth Naval District Men's Table Tennis Tournament will be held 13-15 April at Hunters Point Naval Shipyard, beginning at 1900.

The District Women's Table Tennis Tournament will be held 20-21 April at Naval Station, Treasure Island, also beginning at 1900.

Both tournaments will be a double-loss elimination type in singles and doubles competition. Four single entries and two doubles teams are permitted from each command.

Awards and tournament balls will be provided by 12ND.

Contact Ron Brown at Ext. 2350 if you wish to enter.



Lieutenant Ferguson, team captain, presented the "B" Championship basketball team trophy to Admiral Mahin.

Never Again

Never again will the OAK LEAF complain of the drabness of team names that appear on Page 4 week after week. The cure came when THE PULSE, NH Portsmouth O' Wives' publication arrived, listing the following bowling teams: Mary's Messes, Nameless Nuts, Pitiful Pearls, Comic Strippers, Blood, etc., and Foul Balls. Give us plain old ANES/DEN any day!

Movie Schedule

4 and 5 April
THE BIRD WITH THE CRYSTAL PLUMAGE—Tony Musante, Suzy Kendall. Suspense Drama. GP.

6 and 7 April
TORA! TORA! TORA!—Jason Robards, Martin Balsam. War Drama. G.

8 and 9 April
THE 300 SPARTANS—Richard Egan, Sir Ralph Richardson. Adventure Drama.

10 April
CRY OF THE BANSHEE—Vincent Price, Elisabeth Bergner. Horror Drama. GP.

11 and 12 April
DIARY OF A MAD HOUSEWIFE—Richard Benjamin, Carrie Snodgrass. Comedy. R.

13 and 14 April
CROMWELL—Richard Harris, Alec Guinness. Historical Drama. G.



The OAK LEAF



Vol. 33, No. 8

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 16 April 1971



The twin at left is believed to be Jon Austin Baker, the one at right, Jay Alan Baker, but who can say for sure?

10-Year-Old Twins in Identical Casts After Identical Femur De-Rotations

Identical twins, Jon Austin and Jay Alan Baker, were admitted to the hospital 29 March for a 9-day stay, during which they underwent identical operations and were placed in identical casts. They departed via gurney, ambulance, and plane for their home in Fallon, Nev., 7 April, shortly after this picture was snapped in Pediatrics, where normally they occupied two identical beds.

The handsome, happy 10-year-old sons of Air Force T/SGT and Mrs. Charles B. Baker are normal and healthy, but from the time they began to walk, it was apparent that their femurs rotated inward, causing them to toe in. Walking was not difficult, but how is a 10-year-old boy to run if he keeps tripping himself?

That was the twins' problem.

On 30 March they went to surgery, Jon first, then Jay. Orthopedists cut and de-rotated each boy's left femur, fastening it securely in its new position with three pins. The boys returned to Pediatrics in long leg spica casts that insure im-

mobility while the femurs mend.

The twins' temperature curves following surgery were exactly alike, as were their X-rays showing placement of the three pins, their doctors said.

Jon and Jay will be back in from eight to ten weeks to have their casts removed and again at some future time to undergo a pair of operations to de-rotate their right femurs.

—usn—

STILL TIME

There is still time to enter a team in the intramural softball league. Deadline for entries is 1200 10 May.

12ND Art Contest Draws 50 Entries For Viewing at the Crew's Library

Fifty entries have been submitted in the annual 12ND Art Contest from eight different activities including this hospital, according to latest word from Crew's Library. They will be on display throughout next week as a special feature of National Library Week.

Judges from the California College of Arts and Crafts will select the three prize winners.

Military and civilian staff and patients are invited to view the entries in the Crew's Library, Bldg. 101, between the hours of 0800 and 1630, 1800 to 2100 Monday through Friday, and 1230 to 1700 Saturday and Sunday.

A special invitation is extended for Wednesday, between the hours of 1200 and 1530 when cookies and punch will be served.

Navy Relief Training Course Begins 5 May For All Interested Navy and Marine Wives

The first of six sessions of a Navy Relief Training Course taught by Mrs. Kenneth Anderson, Navy Relief Field Representative from Washington, D.C., will be held 5 May in the Chapel Annex (Bldg. 133) from 0900 to 1300.

Subsequent sessions will be held at the same hours, same place, on 6, 12, 13, 19, and 20 May.

For additional information, please call Mrs. Gordon Kellogg, 569-7052.



IT WAS A FINE 1 April for new Senior Chief Hospital Corpsman Theodore L. Riddle of Military Personnel, whose wife June shared in the congratulations. Also promoted on that date were UTC Richard A. Vogelgesang of NavSupport, Seattle, who is currently in patient status, and for HMC Agnes E. West of the Laboratory Service, this hospital's fourth WAVE chief.

Two Who Met on the Mekong Have Surprise Visit

CAPT Nguyey T. Khanh, MC, Vietnamese Marine Corps, and HM3 Kenneth R. Dougherty, USN, had a happy reunion here 17 March, soon after the doctor arrived for six months as an observer in the Cardiopulmonary Branch and Dougherty for a two-week refresher course in the OR.

The two became friends aboard the USS BENEWAH (APB-35) on the Mekong River in Joint Forces action just prior to the U.S. entry into Cambodia. "We made several MEDCAPS together, two in Cambodia, four in Nam, and worked together setting up MEDEVAC. I called him 'Baesi' (doctor)," Dougherty recalled. When one of his own doctors was wounded, Captain Khanh went out on the field "to see his condition and provide necessary care. While doing so I was hit by one of the many explosives," the soft-spoken Dr. Khanh explained in perfect English—one of four languages he speaks. With severe abdominal wounds, he was taken to a field hospital for surgery, thence to a hospital in Saigon. Dougherty went looking for him but couldn't find him before returning stateside on leave. "I did learn that he would recover. Neither of us dreamed our paths would cross again



at NH Oakland," said Dougherty, who departed 2 April for a new assignment with AID in Taipei, Taiwan.



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark, HM3 Herb Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

HAPPINESS

Are you normally a happy person or better yet, have you found out how to be happy? At first, the answer might appear obvious, but give it some thought. All of us have experienced times of happiness, but rarely if ever were we consistently happy for a long period of time. Why? ? ?

Happiness does not consist in having what we want, but in wanting what we have. How many people in this world could benefit tremendously but go through life wanting what they have not instead of wanting what they have? With one it could be power, with another wealth, with still another social position, and with many it could be a special kind of car or home and so they make themselves miserable wanting what they do not have.

Man longs for complete happiness on this earth, but it will not be achieved; the closest approach will be contentment. Man has desires and only that object will make him happy which will satisfy his intellect's capacity for conceiving what is desirable. In other words, no matter what you give a man on earth, he can always conceive of something more desirable and therefore he cannot be completely happy. Only possession of God can make man completely happy, for then his intellect and will are at rest.

LT ROBERT F. GROTHAUS, CHC, USNR



SM1 Gaylon R. Wilcox, on TAD in Security, received the Bronze Star for meritorious service with River Division 594 on 23 February 1970, when the lead boat took a rocket and was stopped in the kill zone. Wilcox, captain of the cover boat, suppressed enemy fire until the wounded could be evacuated from the lead boat. HM1s Warren Shepherd of X-Ray and Robert Carson, NP Tech School instructor, and DT2 Raymond Kilian received the Navy Achievement Medal. Shepherd was in charge of the X-Ray department and of MedCap programs of the 1st Marine Air Wing, MAG 13, in Vietnam. Carson's medal recognized his efficient work as triage supervisor aboard USS REPOSE. Kilian was decorated for service as administrative assistant for the 11th Dental Company, 1st MarCorps Air Wing, in Vietnam.



PROMOTED TO THIRD CLASS 1 April were, front row, left to right, DT3 Shirley I. Jantz of Dental; HM3s John S. Miles, NP; Ray C. Martin, Legal Office; and Charles T. Wright of Operating Services; second row: HM3s Thomas E. Donahue, OR student; Robert F. Stanley, CSR; Daniel I. Owens, PMT, and Louis J. Peters, EEG.

Scuttlebutt

WEDDING BELLS rang 3 April when HN Ernest B. Mauk of OR School and Twisp, Wash., claimed Mary Ellen Freitas of San Jose as his bride in St. Francis Cabrini Church, San Jose. Miss Sandy Sanitate of San Jose was maid of honor, and HN Darwin Adreanon of NH Oakland best man.

IN OTHER NUPTIALS LT Marilyn Henry, MSC, exchanged marriage vows with HM2 John Tolonen in the Main Chapel 20 March. Chaplain Helveston officiated at the ceremony, which was followed by a reception at the Blue Dolphin. The bride, from St. John's, Mich., and the bridegroom, from Elmira, Wash., met in the Blood Bank here last November.

DESIGN FOR A HONEYMOON—That's what LTJG Carol Lee's fiance, Brookes Stover, a Stanford graduate student in product design, inadvertently created when he entered a recent PSA competition. His ideas for the PSA Jet-of-the-Future topped all others. His drawings were published in the PSA magazine, and he was awarded four round-trip tickets to Tahiti plus all expenses for a two-week stay. So he and Miss Lee's honeymoon plans are made! They will marry in Farmington, Mich., their home town, 2 October. On 8 October, they'll fly to Tahiti, and no sir, those other two tickets will not be wasted. They're taking another couple along.

SCENES FROM THE PAS-SAGEWAY PARADE: CPL Brian Egger, USMC, of Sacramento and 7N, handsome in his Dress Blues, heading for the Oakland Coliseum to pitch out the first ball at the A's opening game. . . . HM2 Robert Cattera back on the job at E & T after a trip to Canada. . . . HMC Agnes West being fined during initiation at the CPO Club for premature announcement of her promotion. (Through no fault of her own the new Chief was congratulated on the BIG BOARD four months early *!#?+). . . . HMCS James C. Macfarlane, in civilian life a Deputy Coroner of Alameda County, serving his two weeks of reserve training in the Decedent Affairs Office. . . . HM3 Jack Love playing the piano for the Easter Cantata. . . . Ruby Buck becoming oriented to her new job as secretary in EENT Clinic. . . . Security busily hunting for fingerprints and other clues to explain the 30 uprooted fenceposts lying around the softball field, only to find that Public Works, dissatisfied with a

Hail & Farewell

OFFICERS REPORTING:

LT Jaime R. Carlo, MSC, reported from Fort Douglas, Utah; LT Mary A. Franzino, NC, from USS SANCTUARY; LCDR David H. Fluharty, CEC, from Commander Naval Forces Vietnam.

LT Kwang Su Han and LTJG Dong Kwang Lee, MC, Korean Navy, reported for six months' observership, LT Han in general surgery, LTJG Lee in orthopedic surgery. LCDR Aaron Uabhaibool, MC, Royal Thai Navy, arrived for six months as an observer in orthopedic surgery.

OFFICERS DETACHED:

LCDR Gordon W. Tinker, CEC, was detached to Naval Facilities Engineering Command Headquarters, Washington, D.C.; LT James D. Crump, MSC, was released from active duty.

ENLISTED REPORTING:

HMC Cesar G. Arguello from Force Logistics Command, FPO San Francisco; HM1 Lawrence W. Kesselring from First Marine Aircraft Wing; HM1 William L. Killian from USS SANCTUARY; HM2 Willie S. Savone, Jr., from Naval Support Facility, Danang; HM3 Roberto A. Marquez, from Naval Medical School, Bethesda;

DA Kathryn M. Warner from Naval Dental Center, NTC, San Diego; HA Laura J. Hobbie from Naval Hospital Corps School, Great Lakes.

The following reported from Naval Hospital Corps School, San Diego: HM3 Leonardo V. Costales and Gerardo P. Nepomuceno; HN's Clarence B. Olde, Jr., Paul W. Bouldin, Glenn "D" Lemon; HAs David J. Deutmeyer, Daniel R. Mleczo, William R. Taylor, Steven P. Smith, Lawrence Flores, Jr., Scott R. Nelson, Charles W. Harris, Steve E. Hostetter, Charles Webb, Kenneth R. Blevins, and Dana L. Hendrickson.

ENLISTED DETACHED:

HN1 Robert W. Kasunick was detached to Air Anti-Submarine Squadron 35, NAS San Diego; HM2 Joseph R. Travis to NH Camp Pendleton; HM2 Thomas J. Lesnak to Mobile Construction Bn 71, Davisville, R. I.

HM2 Charles B. Lee to Naval Support Activity, FPO San Francisco; HM3 John B. Hanley to Third Marine Amphibious Force; HM3 Gregory F. Scott to USS SAN JOSE (AFS 7); HM3 James A. Olson, HN's Duane C. Price and Kirk A. Bonner to Mare Island Naval Shipyard, Vallejo.

HN's Michael L. Thomas, Ronald S. Rhyard, Christopher M. Salazar, Gregg D. Turner and Marc H. Williams to Marine Corps Recruit Depot, San Diego; HM3s Mark R. Kite and Randy L. Harris, HN's Kenneth E. Mosier and Roddy S. Peters to Naval Station, San Diego.

HM3 Daniel A. Gilbert and HN Gerard A. Greim to NAS Alameda; HM2 Robert H. Harding, HM3s Jack L. Stinson and William D. Rank to Third Marine Division; HN Jonnie Hargrove was discharged from USN, and HM3 Ray P. Lanier was released from active duty.

hasty job, had yanked the posts out at the end of the day, the better to start over in the morning.

IN THESE TIMES of Women's Lib & such, it was only mildly surprising to find three WAVE Chiefs—Wheeler, Pask, and Douglas—serving as presiding judge, prosecutor, and defense council at the recent initiation at the CPO Club. But wasn't it a little contradictory to see the same three listed in the CPO All-Star Softball team line-ups as—sex symbols?

LIFE BEGAN 9 April for Gary Scott Graham, 6 lb. 11 oz. son of LCDR Gary C. Graham of Eye Clinic and wife Glenda Kay. . . . 12 April for Mitchell Paul Wagner, 7 lb. 4½ oz. son of LCDR Richard P. Wagner of EENT and wife Karen. . . . 12 April for Hilary Jeanne Bendele, 6 lb. 11 oz. daughter of HM2 John G. Bendele, Jr. of OR and his wife Celia.

NH ALUMNOTE: Barry Richard, former Staff Judge Advocate, has been appointed head of the Miami Regional Office of the Florida State Attorney General, where in addition to representing agencies of the state in civil matters he will concentrate on the multitude of social problems in the state, including environmental control and consumer protection.

Who's Doing What .



The Nurse Corps' Carol L. Lee was promoted to Lieutenant Junior Grade, Mary Jo Hurray to Lieutenant, with Admiral Mahin administering the oath.



Gene Helmuth, model-maker machinist at NPRL, received a certificate for completion of a home study course in supervision and management, taken through the Naval Technical Training Center, Norfolk, Va. Presentation was made by LCDR William R. Applegate, with Don Strand standing by. DT1 John H. Cooper, Jr., on 31 March signed on the dotted line for another four years.



Chest Clinic's HM1 William Killian received a Letter of Commendation for service aboard USS SANCTUARY; LCDR John D. Conger, Medical Service, received the Navy Commendation Medal for service as Medical Director of the ICU in USS SANCTUARY, where he was also in charge of the artificial kidney program and cardiac arrest team. LCDR Robert B. Steiner completed his orthopedic residency, and HMC John B. Widener of OfficerPers transferred to the Fleet Reserve.



LENGTH OF SERVICE AWARDS were recently presented to George Manchester of Public Works Transportation Branch, who reached the 30-year milestone in his career. Marie Griffin, Food Service; Thelma Bonney, Patient Affairs, and Lois Capanich of Nursing Service made it to 20. Ten-year awards were presented by supervisors to Sylvia D. Howard, Military Personnel; Kathleen Wade, Nursing Service; and Roselle Dougherty, who works out of the CO's Office as roving secretary.

EXEC-LINE



Callers are reminded that anonymous calls will be disregarded.

● I was wondering if it were possible that enlisted duty nights could start on a Friday. This would take up two weekends instead of three. This would remedy the starting on a Saturday and coming off on a Saturday when you only have a Sunday to recuperate.

An excellent suggestion! This will start on the last Friday in April.

● The food handling and the condition of the curtains in the Exchange Snack Bar is not up to standards. With soot on the curtains and grease on top of the machines and on the bulkheads, it presents a health hazard.

The curtains are being taken down to be dry cleaned. This will be done at least twice a year, more often if needed. Personnel in the snack bar will continue to close daily after lunch for cleaning as they have been for quite some time. The area is inspected at least weekly.

● Two large garbage cans are chuck full of garbage and running over out on the ramp near the junior officers quarters. I'm sure I saw a rat run away from the cans.

The cans were not assigned to this area and have been removed. The "rat" proved to be a squirrel.

● I would like a command comment as to the reasons for the need of all enlisted staff personnel to hold a government driver's license. I can't see what the relationship is of getting a base sticker and getting a government driver's license.

The requirement that obtaining a hospital decal be contingent upon obtaining a government driver's license has been discontinued. The hospital instruction regarding this policy will be modified accordingly. Since licensed military ambulance drivers are still needed, eligible personnel (21 years and older) will be identified while in X-Division and will be required to obtain a government driver's license.

● It seems that every time we get a good movie it appears for only one night. This has happened at least four times that I know of, and it's going to happen again this Saturday. One time they had a second showing cancelled because of a special musical thing on a Tuesday night. Can Special Services change the movie rotation so more people would have a chance to see more current and good movies?

Movies are prescheduled by the Navy Motion Picture Service in Brooklyn, N. Y., and we have no control over the rotation other than spacing of the four films assigned each week. It is not possible to show a movie longer than two days since it is imperative that the next facility on the list receive the movie on schedule. We show a different movie on Saturday and Sunday since people who are unable to be away on those days are usually "stuck" here the other day and therefore would like to see a different movie. Occasionally a special event is scheduled for a Tuesday night, and we have had many compliments from staff and patients concerning this entertainment. We make every effort to announce showings at least a week in advance so that you can plan accordingly.

● I am a Third Class Petty Officer, and I want to know why, at the last moment, while we stand duty, that we cannot have somebody stand by for us without a chit being made out if it is mutually agreeable.

A special request chit must be made out when requesting a standby for the following reasons: (1) To establish responsibility. If the person standing by does not sign a chit, he can deny responsibility for errors, should they occur, or for work not completed; (2) To ensure that proper individuals are notified. Standby chits are routed through the Military Staff Personnel Office to make the change on the watch list and to the Chief of the Day. Please note that a last minute change may be permitted and approved by the Chief of the Day and the Administrative Officer after regular work hours; however, the request must be in writing and a copy forwarded to Staff Personnel.



WEARING NEW GOOD CONDUCT MEDALS are, from left, HM2 James Hogerson of the Chest Clinic, HM3 Herbert Haynes of Patient Affairs, HM2 Enrique Resultan, X-Ray student; HM2 Russell Alameda of X-Ray; and HM2 Douglas Garakian of Optometry.

The Victors & The Vanquished



HERE THEY ARE—the aging but agile chiefs posing with the presumably wiry, well-coordinated young MSC officers whom they out-hit, out-ran, out-scored, and out-shouted last Friday on the local softball diamond. In the front row, left to right, are Chiefs Coburn, Kohn, G/Sgt Morrison, Chiefs Bryan, Molleson, Wallner, Dickens, Case, Biesen, Caisse, and Young. Supporting each other in the back row are the Medical Service Corps' Gobbel, Zimmerman (JAGC), Russnogle, Ware, Drobot, Hardy, Woods, Mast, and La Chapelle. Chief Baldwin is at right.

Al Woods' OPDs Win Intramural Basketball Title

by Ron Brown.

Under the able leadership of Al Woods, the OPD Basketball Team compiled a seasonal record of 13 wins and one loss to go into the post-season playoffs and come out victorious, winning the final game over second place Lab by a score of 90-85. OPD had an overall season record of 15 wins, one loss.

Sherrill Scores 31

Dave Sherrill led all scorers in the championship game, as he did most of the season with 31 points on 14 field goals and three free throws.

Also scoring well for OPD were Wilson and Larrabee, each with 18 points, followed closely by Mike Ware with 16.

Cox and Diaz led Lab with 26 points each.

The box scores follow:

OPD			
Player	FG	FT	TP
Wilson	9	0	18
Ware	6	4	16
Larrabee	6	6	18
Porter	3	1	7
Sherrill	14	3	31
Mast	0	0	0
Woods	0	0	0
	38	14	90
LAB			
Bailey	10	3	23
Eastburn	1	2	4
Cox	12	2	26
Diaz	9	8	26
Powell	1	4	6
Garman	0	0	0
Johnson	0	0	0
Henderson	0	0	0
Clark	0	0	0
Savon	0	0	0
	33	19	85

Dates for 12ND Track and Field Meets Listed

Twelfth Naval District Track and Field meets are scheduled as follows:

- 21 April Invitational—NAS Moffett Field—1700
- 23 April Invitational—Vallejo High School—1700

Powerful Slugging of the CPOs Defeats MSC All-Stars 23-3!

Behind the powerful slugging of DTCS Joe Kohn, QMC Dick Baldwin, and HMC Vic Wallner, the CPO All-Star Softball team easily defeated the MSC All-Stars 23 to 3 to open pre-season softball play last Friday.

The hitting of CDR Norm La Chapelle and LT Al Zimmerman highlighted the MSC action.

HMC Tom Lesage was presented the game ball for his sterling performance and support from the sidelines. HMCM Dick Dickens was the winning pitcher.

The CPO team is open to challenge.

Regular intramural softball play begins 17 May. Personnel desiring to enter teams should contact Ron Brown, Ext. 2350, for entry blanks.

O'CLUB
Super-Duper Steak Nite
Friday, 23 April
Free Wine Tasting
Live Music for Everyone's
Dancing Pleasure
Reservations Are A MUST
— Call 2181

At The Movies

- 16 April
LAW OF THE LAWLESS—Dale Robertson, Yvonne De Carlo.
- 17 April
COVER ME BABE—Robert Forster, Sobdra Locke. R.
- 18 and 19 April
SUNFLOWER—Sophia Loren, Maria Mastroianni. G.
- 20 and 21 April
ADAM'S WOMAN—Beau Bridges, Joanne Merrow. GP.
- 22 and 23 April
TAKE HER, SHE'S MINE—John Stewart, Sandra Dee. G.
- 24 April
LITTLE FAUSS and BIG HALS—Robert Redford, Michael J. Pollard.
- 25 and 26 April
BATTLE OF NERETVA—Yul Brynner, Sergei Bondarchuk. G.



LATEST LAB GRADS: Pictured with their instructor, HM1 A. C. Short, left, and CAPT Melvin Borrowsky, Chief, Laboratory Service, right, Laboratory Assistants graduating 26 March are front row: HNs Peter L. Snoey and Michael L. Prohl, HM3 John R. Huff, HN Peter S. Baiko, and HM3 Romeo G. Hortalez. Second row: HM3s Daniel O. Burrough, Dean J. Axup, and Cletis R. Boan; HNs Kenneth R. Davis and Chestnut J. Wallace; HM3 Ralph R. La Fountaine.

Lab Leading Intramural Volleyball League

LAB is leading the Intramural Volleyball League with three wins and no losses. Standings are as follows:

Team	W	L
1. LAB	3	0
2. OR	3	1
3. Pharmacy	2	1
4. NP	1	2
5. Surgery	1	2
6. CSR	1	3
7. Anesthesia	0	4

Games scheduled for next Thursday night:

- CSR vs Pharmacy—1800
- LAB vs Surgery—1845
- NP vs Anesthesia—1930
- OR draws a bye.

New JANGO Class Starts 1 May

A new class of JANGOs will convene 1 May, according to word from the office of the Chief of the Nursing Service, where application forms may be obtained. Deadline for submitting applications is 26 April.

JANGO (Junior Army-Navy Guild Organization) is a nationwide service organization that provides opportunity for daughters of commissioned officers of the armed forces to acquaint themselves with the nursing profession and to develop a feeling for community service. JANGOs must be between 13 and 21 years of age. The girls receive 24 hours' classroom instruction from a registered nurse, followed by 76 hours' supervised work in the hospital's dependent wards.



The OAK LEAF



Vol. 33, No. 9

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 30 April 1971

Crew's Library Doubles as Art Gallery

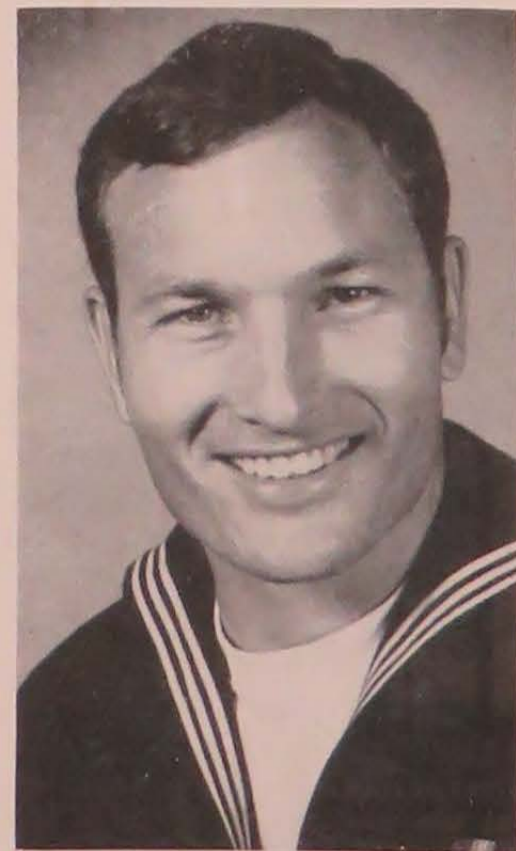


HM3 Hiett Earns Sailor of Month Title for March

HM3 John W. Hiett, Senior Corpsman on 6N, was named Sailor of the Month for March at a ceremony in the CO's office last Friday, just before being detached to the Navy Special Operations Technician (underwater diving) school, Key West, Fla. He will ultimately serve as a corpsman with a UDT or SEAL team.

Hiett reported to duty each morning at 0600, two hours prior to the time required. During those extra hours he reviewed patient-care plans and tailored each corpsman's assignment to his individual abilities. The CO's letter also praised his ability as an instructor, his awareness of the nursing needs of the unit, his leadership qualities, and his outstanding appearance—all of which were "an inspiration to your men and superiors alike."

The 24-year-old Sailor of the Month is from Delano, Calif. He earned his teaching credential in biology and physical education at Fresno State College just before entering the service. His wife Cheryl also has her secondary credential from Fresno State but is currently teaching sixth through eighth grades in Concord.



HM3 John W. Hiett

Inside You'll Find — A New Hospital Map

Included with this issue is an up-to-date map to point out to patients and staff the various hospital buildings and parking areas.

(Continued on Page 2)



Mrs. Gilbert Leblanc of NH Oakland and Mrs. William Bowen from Naval Weapons, Concord, view one of the 80 entries in the 12ND Art Contest. At right, HM3 Clay Clayworth displays the work of art that won first prize—his etched portrait of an Indian aesthete.

HM3 Clayworth First in 12ND Art Contest

HM3 Clay Clayworth of Pharmacy won the blue ribbon and a 15-dollar merchandise order in the recent 12ND Art Contest with his small portrait of an Indian aesthete.

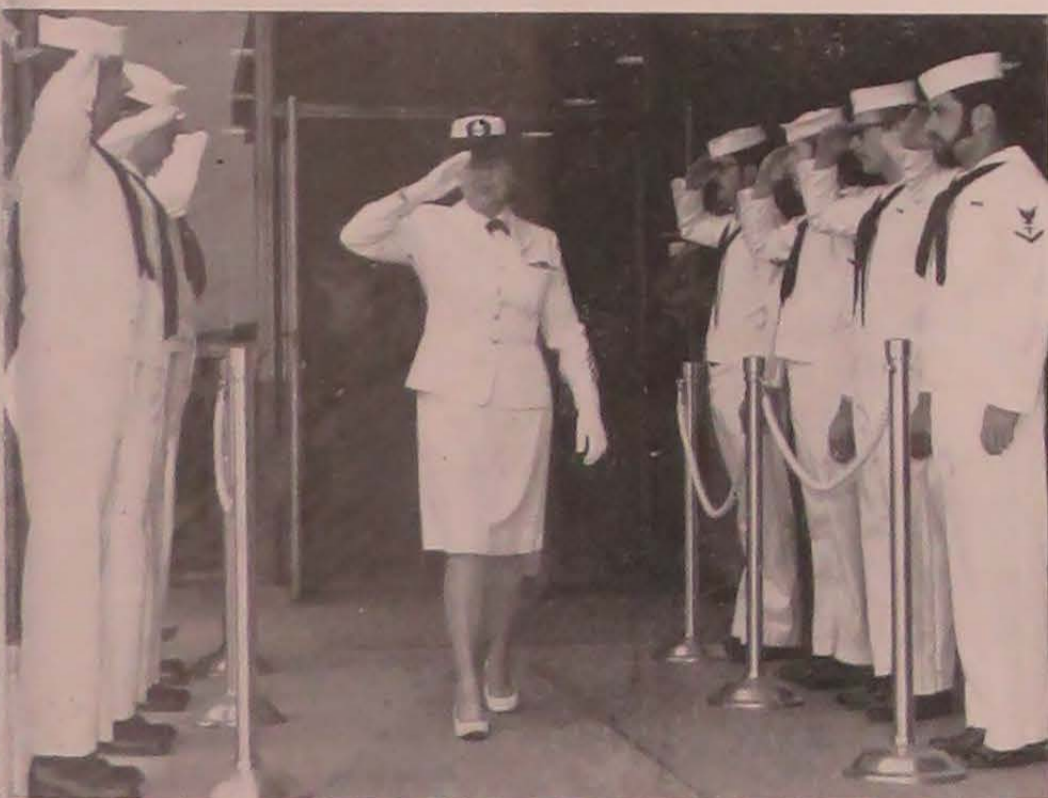
"I was going to give the picture to my Dad and just thought it

would be nice if it could have a ribbon of some kind attached," the 22-year-old artist said. "It was only my third try with scratchboard and India ink—a medium that was common 30 years ago, mostly in advertising art. The board is covered with a thin layer of chalk.

You apply the ink, then cut through it with a knife to get the white lines." Clay has had a year of art training and expects to become a commercial artist.

Second prize was awarded to FMSM Michael Gibson of Schools (Continued on Page 3)

HMC Wheeler Ends Career Where She Began It—In 1943



HMC Thelma E. Wheeler, who began and ended her 22½-year Navy career at this hospital, was piped over the side 22 April. Her sideboys were her coworkers in Physical Medicine.

Thelma Wheeler first saw NH Oakland as "a vast maze of buildings and muddy roads with a backdrop of green green hills." That was 3 December 1943 when she reported in from Boot Camp at Hunter College for Hospital Corps School and nine weeks later she was named honorman of her graduating class and promoted to PhM3. The view was very different when she transferred to the Fleet Reserve 22 April as an HMC with 22½ years' service.

She liked both versions.

"The greatest thing about the hospital and the Navy is the opportunity to meet so many outstanding people and to work in a team effort, to develop adaptability and self-confidence," said Chief Wheeler, looking back over her three tours of duty here. Her first ended in January 1945 and later that year she became a civilian. In October 1959 she served in Pa-

(Continued on Page 2)

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMC John P. Ables, HMI R. C. Bishop, HMI M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

CHARISMA

Charisma played a very important role in the life of the early Christians. Happily for us their continued presence is being rediscovered. In broad terms a charism signifies God's call to an individual to perform some particular ministry in the community. The call comes complete with his grace to fulfill the service-ministry. A charism then, is a gift from God.

Our very existence as unique individuals insists on our call being specially personal. Each of us has some personal gift to share or by which we can serve our brothers.

Just being here today is God's reminder that my gift is not yet depleted and that I am still needed.

LCDR W. E. UNDERHILL, CHC, USNR

Sandy Sheppard Earns Jango of the Month Honor for Second Time This Year

Sandy Sheppard has been named JANGO-of-the-Month for March, and if this news seems repetitious, it is because Sandy earned the same honor for the month of January.

Last month 17-year-old Sandy served the hospital for 78 hours, bringing her total to 277 hours since she completed her 24 hours of classroom instruction 6 December.

The March JANGO, daughter of

CDR H. L. Sheppard, Jr., of NARTU, Alameda, is a senior at Skyline High, studies calculus and psychology at U.C., Berkeley. In her spare time—besides being a JANGO—she plays the guitar and skis.

Navy Relief Course To Begin Wednesday

The first session of a 24-hour Navy Relief Training Course open to ALL Navy and Marine wives will open here Wednesday at 0900 in the Chapel Annex, Bldg. 133. Taught by Mrs. Kenneth Anderson, Navy Relief Field Representative from Washington, D.C., the course will cover things such as pay allotments, benefits available to dependents, the broad scope of Navy Relief activities, and much other generally useful information.

For details, please call Mrs. Gordon F. Kellogg, 569-7052.

Hail & Farewell

ENLISTED REPORTING:

HMC Fawn C. Douglass reported from NH Jacksonville, Fla.; HM2 Earl C. Downey from Naval Support Facility, Danang; HM2 Gary W. Joyce from USS SANCTUARY; HM3 William S. Elwood from NH Portsmouth, Va.; HN Donald R. Couts, Jr., from Naval Station, Treasure Island.

The following reported from Naval Hospital Corps School, San Diego: HM3 Darold L. Davies, HNs James B. Henshaw, Thomas M. Hickerson, Miles J. Hilderbrand, Jr.; Patrick M. Watt, Dennis C. Iles, HAs Charles C. Elkins, William E. Mack, Jr.; Ed R. Lauderback, Joseph H. Tabert, Michael L. Metee, Ronald W. Votaw, and Laurence L. Doyle.

ENLISTED DETACHED:

HM3 Henry R. McBride and HM2 Bonnie J. Swalley were detached to NH San Diego, HN Carlos M. Franco to Mare Island Naval Shipyard, HN Michael A. White to Third Marine Division; HA John C. Williams, Jr. to Fifth Force Service Regiment, Camp Pendleton.

OFFICERS REPORTING:

LT Ronald J. Faust, MC, reported from the First Marine Division; ENS Dennis Hsioire, MSC, reported from USS WHITE PLAINS; ENS Judith A. White and Kathleen N. Carey, NC, arrived from Officer Indoctrination at Newport, R. I.

Here for two weeks' active duty training are LCDR Linda J. Davis, MSC, CDR Lynne E. Leffler, MC.



Linda Morrison was among the wives of staff members who turned out the weekend of 17 April to give the Child Care Center a fresh coat of paint. The project will continue this weekend, and LTJG Ken Berry of Public Works hopes there will be plenty of girls on hand to wield the brushes tonight, tomorrow, and Sunday. This is one of many things that have been and can be accomplished through the Navy Self-Help Program.

Who's Been Doing What . . .



HM1 Robert W. Kasunick was commended for his outstanding work as senior enlisted man in the enlisted branch of Military Personnel for the past eight months. The presentation was made on the eve of his departure for a new assignment at NAS, San Diego. HM2 Earl C. Downey, who recently arrived for duty in the OR, received the Navy Commendation Medal for service in the operating room of Naval Support Facility, Danang, for the past year. HM1 Carole Lord of the Laboratory reenlisted for another four, as did HM1 Charles Estes of PMT.



HM1 Fred Matthews of Staff Sick Call received the Presidential Unit Citation for service with the 1st Marine Air Wing in Vietnam from September 1966 to December 1967—signed by President Lyndon B. Johnson! HMC Gerald Trapp, E & T, received the Navy Unit Commendation for service with the Naval Support Activity, Saigon, from February 1969 to February 1970. HMC Robert E. Waldron of Staff Sick Call collected two Meritorious Unit Citations, one for service with the 2nd Battalion, Third Marines, from 1 January to 31 May 1968, the second for service with the Seventh Regiment (REINF), First Marine Division (REINF), FMF Pacific from 4 May to 6 July 1968.



Two more well-known civilian women have joined the retired ranks. They are May Mullen, who came to the hospital 24 years ago to work first in the Disbursing Branch and later in the Collection Agent's Office, of which she had been in charge for the past twelve years, and Frances D'Angelo of the Medical Board. Fran had been in Civil Service for 30 years, 20 of them here at NH Oakland. May retired 17 April, Fran 16 April.



Expanded Opportunity for Career Personnel Now Being Offered Through BOOST Program

Broadened Opportunities for Officer Selection and Training (BOOST) is an opportunity to prepare for college, to earn a college degree, to be a professional. It is an opportunity for a career as a Naval officer and a leader.

BOOST is for young men of mi-

nority groups who have the potential for college level work and want careers in the Navy.

Applications must reach BuPers by 15 May. Interested personnel should contact HMC Gerald Trapp, career counselor, in Bldg. 105 immediately.

More About Chief Wheeler

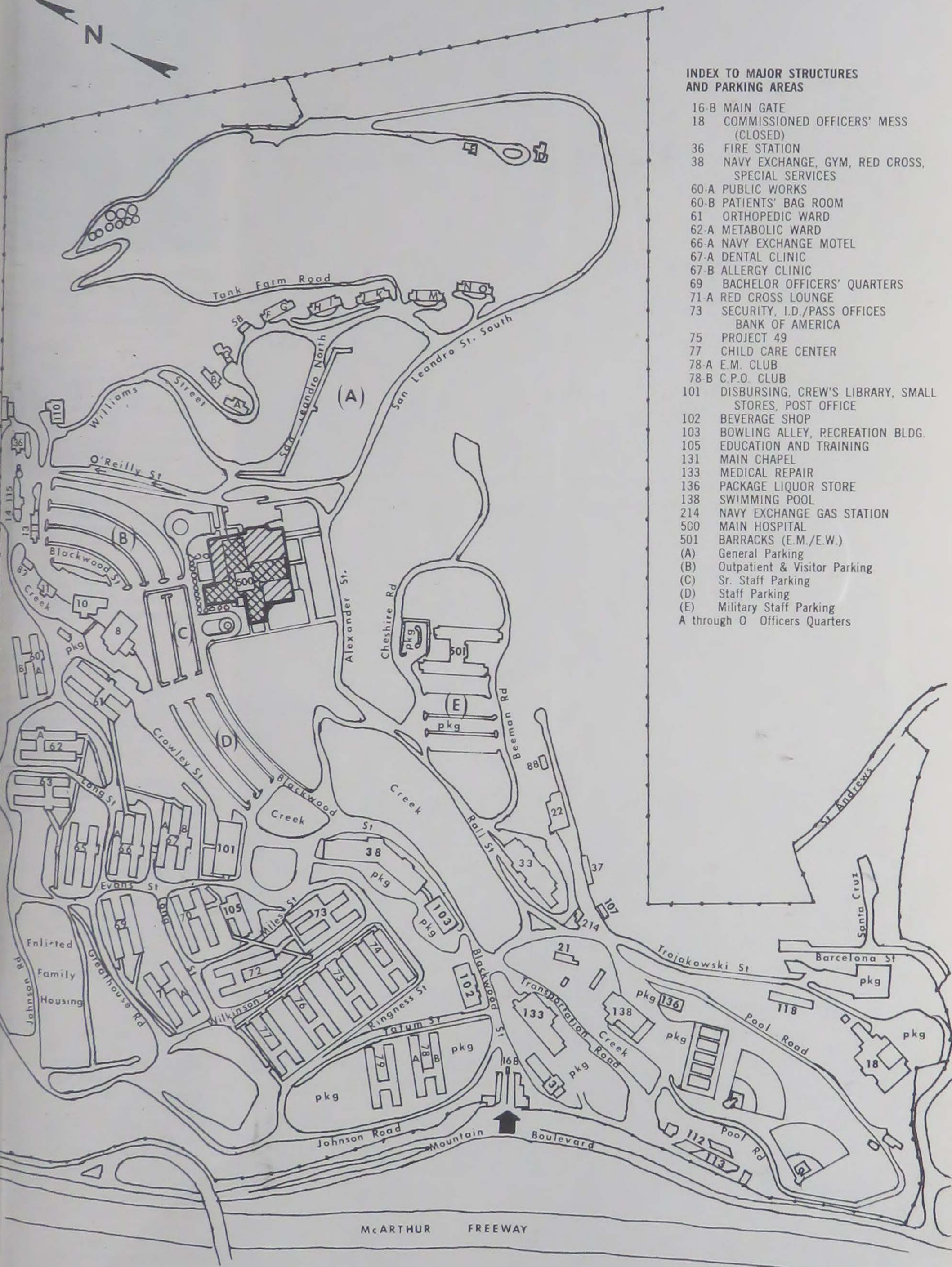
(Continued from Page 1)
Chief Wheeler for 15 months, then headed for NH San Diego's PT School and a four-year tour of duty there. In 1965 she was ordered to NH Philadelphia. She returned to "good old Oakland" in September 1969.

Other assignments took Chief Wheeler to Skaggs Island Dispensary, NH Charleston, MarCorps Recruit Depot, Parris Island, S.C.,

NAS Pensacola. She crossed the Atlantic 15 times with MSTs between New York and Bremerhaven, Germany.

Among the souvenirs Chief Wheeler collected at the time of her retirement was a glowing Commendation from the CO. Another was a miniature schnauzer pup, who will move with her to San Diego as soon as he is ready to travel.

NAVAL HOSPITAL—OAKLAND, CALIFORNIA



- INDEX TO MAJOR STRUCTURES AND PARKING AREAS**
- 16-B MAIN GATE
 - 18 COMMISSIONED OFFICERS' MESS (CLOSED)
 - 36 FIRE STATION
 - 38 NAVY EXCHANGE, GYM, RED CROSS, SPECIAL SERVICES
 - 60-A PUBLIC WORKS
 - 60-B PATIENTS' BAG ROOM
 - 61 ORTHOPEDIC WARD
 - 62-A METABOLIC WARD
 - 66-A NAVY EXCHANGE MOTEL
 - 67-A DENTAL CLINIC
 - 67-B ALLERGY CLINIC
 - 69 BACHELOR OFFICERS' QUARTERS
 - 71-A RED CROSS LOUNGE
 - 73 SECURITY, I.D./PASS OFFICES
BANK OF AMERICA
 - 75 PROJECT 49
 - 77 CHILD CARE CENTER
 - 78-A E.M. CLUB
 - 78-B C.P.O. CLUB
 - 101 DISBURSING, CREW'S LIBRARY, SMALL STORES, POST OFFICE
 - 102 BEVERAGE SHOP
 - 103 BOWLING ALLEY, RECREATION BLDG.
 - 105 EDUCATION AND TRAINING
 - 131 MAIN CHAPEL
 - 133 MEDICAL REPAIR
 - 136 PACKAGE LIQUOR STORE
 - 138 SWIMMING POOL
 - 214 NAVY EXCHANGE GAS STATION
 - 500 MAIN HOSPITAL
 - 501 BARRACKS (E.M./E.W.)
 - (A) General Parking
 - (B) Outpatient & Visitor Parking
 - (C) Sr. Staff Parking
 - (D) Staff Parking
 - (E) Military Staff Parking
 - A through O Officers Quarters

What's Your Hobby



HMI Richard Bulman of NPRL makes beautiful bunches of purple grapes, blue candleholders, and orange and black caterpillars — or whatever color caterpillar you might desire.

He uses plastic hobby resin, pours it into glass molds much like Christmas tree ornaments, which are broken off and discarded. Artificial grape leaves enhance the grape clusters, and pipe cleaners form the caterpillars' stripes.

The well-known limb and grape maker is pleased to report that he has sold a number of his objets d'art to an East Bay hobby shop. He's been making them for some time, but they are his first try with handicrafts.

If you have an interesting hobby, tell the OAK LEAF about it—bring us your picture or let us take one.

Art Contest

(Continued from Page 1)

Command, Mare Island, for a handsome surrealist oil; third place to PM2 Thomas R. Christiansen of COMFAIR, Alameda, for a bright abstract in oil.

Another hospital exhibitor who made good was Resurreccion E. Yoder, wife of BT1 Lawrence Yoder of Education and Training. She received an honorable mention for her beautiful crocheted bedspread. Other honorable mentions went to RMSA Starr Cavins of Naval Communications Station, Stockton; and SN Robert S. Holler, USCG, Government Island, Alameda.

Others from the hospital whose entries contributed to the success of the contest were HN Carlos Rodriguez Jr., of CSR; HM3 William White, 9W; HM3's Robert Boyt and James Havens of Orthopedic Clinic; HMC B. G. Wilmoth, NP Service; Mrs. Gilbert Leblanc, wife of the Chief of Urology; CAPT Hampton Hubbard, Executive Officer; Rande Ward, daughter of EMC(SS) James Ward of Public Works; and Debora Saylor, daughter of HMI James Saylor.

Judging the entries were George Clark, Sara Richardson, and Marianne Mancina—graduate students at California College of Arts and Crafts.

—usn—

What's the longest word in the dictionary?

Smiles—It's a whole mile between the first and last letters.

Scuttlebutt

BY FAR THE BRIGHTEST SIGHT of the fortnight is Claire Martini's beautiful diamond ring, gift of Frank J. Cepollina of Castro Valley. They announced the happy news of their engagement during an Easter week visit to Mr. Cepollina's son's home in Annandale, Va. The wedding date has not been set, since their penthouse atop an apartment complex the bridegroom-to-be is building in Castro Valley is only now out for bids.

OTHER SIGHTS & SOUNDS: Kris Clemens loudly lamenting the fact that last week was Nat'l Secretary's week and Mr. Corbett let it pass without so much as a flower on her desk. . . . PN1 Frank Melton being welcomed back to MilitaryPers from TI for a month. . . . Corpsmen in the chow line hungrily devouring their letters from home. . . . Security's Mr. Roets back from three weeks at Military Justice School in San Diego. . . . Captain Sue Smoker piloting "The Blue Max" at the first session of the station golf festival. . . . A patient in the dining room "sure hoping Miss Hall has the duty this weekend." . . . Karoline Gunter driving a shiny dark blue Chevy Vega. . . . Woody Robarge demonstrating his compact compact, a white Honda. . . . LT Zimmerman, JAGC, and wife Melissa serving stuffed mushrooms and other delectables to his staff in his Oakland apartment. Among those attending—the Forrest Taylors, HM3 Larry Clayton and YNSN Sue, HM3 Ray C. Martin, HNs John Herbold and Darwin B. Andreassen, and former staffer YN2 Rex Spaur, whose wife Kathy flew out from Kansas City for the evening!

GARDEN NOTE: Pest Control Expert Dave Beaver of Public Works had lunch the other day with Jack Rosebush, WestDivNav-FacEng Command entomologist, whose wife's name is Lily.

THOSE PMT PEOPLE WILL DO ANYTHING to get publicity! Old Grads HMC R. M. Felton, Class 33, and HMC C. E. Adams, Class 46, brought an 8 ft. 2 in. python named "Pythias" back from Danang and presented him to the Steinhart Aquarium in Golden Gate Park. Pyth was formerly mascot of the Preventive Medicine Section, First MarDiv.

BIRTHDAYS IN TRIPLICATE were celebrated with cake at the Pharmacy 20 April, when HM2 Bob Irmen and HM3 Lynwood Porter each reached the quarter-century mark and HN Tom Lacey made it to 21.

DAWGS AGAIN! LCDR Nancy MacDowell's Standard French Poodle, Beau, won 1st place in novice obedience instruction at the Oakland Dog Training School 19 April, when he earned 151½ out of a possible 155 points.

IT ISN'T TOO LATE to CONGRATULATE HM3 William Elwood of the Lab. His trip west from his last duty in Portsmouth, Va., was also his honeymoon. On 19 March he and the former Miss Joy Lynn Oliver were married at her home in Bethesda.

A SCOUTING FAMILY is Chief Waldron's. He just received the BSA Certificate of Appreciation for Scout-er-of-the-Month. He is Pack 29 cubmaster, roundtable commissioner and



EXEC-LINE

● I would like to have an aquarium in my room at the barracks, and I wondered if I could have one if my roommates don't mind.

The command has no objection to residents of the Enlisted Barracks having tropical fish aquaria or small birds such as love birds or canaries. Other pets (dogs, cats, etc.) are not authorized. NavHospInst. 11101.1C will be revised accordingly. The individual privilege of keeping fish or birds may be revoked if it becomes evident that those pets are not being properly cared for.

● I imagine you get a lot of complaints. I just want to compliment whoever is responsible for the availability of the ticket service offered by Special Services. These reduced-price tickets being available is an outstanding feature. I took my wife and five children to a double-header and the seats were outstanding. Everybody should take advantage of this.

Thank you for your call. Your appreciation has been brought to the attention of all concerned.

● My complaint is the telephone courtesy practiced by some people at this hospital, or I should say "lack of." I think it would be appreciated if people would answer the phone in the standard Navy method, giving rank or title and name; also the person calling should state who is calling.

This subject is brought up periodically at the weekly Chiefs of Services and Divisions meeting and attempts to correct discourteous telephone habits are made repeatedly. I hope that the thoughtless people of whom you speak will read this and take heed.

● I have recurrently had problems with no linen being available when I have night duty and have to sleep in the barracks.

This problem has been brought to the attention of the Chief of Operating Services, who assures me that fresh linen will be available to watch-standers. If you have any further difficulties, be certain to check with the Barracks MAA. If he is unable to obtain clean linen for you, report the matter to the Chief of Operating Services.

● I would like to suggest that the OAK LEAF have a section where people could advertise things they want to sell when they are getting shipped out.

We could probably fill the entire OAK LEAF with ads were it permissible; however, Navy printing regulations do not permit us to use any advertisement by or for any private individual, firm, or corporation. We have a bulletin board near the third floor mail room on which notices may be placed, once cleared through the Assistant to the AO (SEA).

neighborhood commissioner for two packs and a troop. His wife Marni is a Girl Scout advisor, den leader coach for Pack 29, and a member of the council training staff. Then there are Robert, Jr., a Webelos; Corine, a Girl Scout; Jeffrey, Cub Scout, and Brownie Jennifer. And the Chief expects to become a Boy Scout executive on completion of his Navy career.

LIFE BEGAN 14 April for James Michael Campbell, 9 lb. 2 oz. son of HM1 Holly M. Campbell of X-Ray and wife Mary. . . . 16 April for Douglas Avery Naylor, 6 lb. 11 oz. son of HM2 George A. Naylor of Supply and wife Vivian. . . . 17 April for Kari Lyn Balderston, 6 lb. 5½ oz. daughter of LT Douglas B. Balderston, MSC, of the Laboratory and wife Charlene. . . . 20 April for Michelle Deean Brown, 5 lb. 9 oz. daughter of HM2 Mikeal D. Brown of X-Ray and wife Carol Lee.

LIKE JOHNWAYNE, LCDR Gobel knows just when to jump from his horse. Otherwise, he wouldn't be here—walking around so nimbly with the aid of cane and cast. The well-known Patient Affairs Officer was trying out a neighbor's horse when it took the bit in its mouth and raced toward a busy intersection, where trucks and all manner of other motor vehicles were speeding.

A Report of Local ARC Services

In the last half of 1970 the Oakland-South Alameda County Chapter of American National Red Cross assisted 2,445 active duty servicemen and their families, 364 veterans and widows, and 119 civilians.

These services consisted of counseling, assistance in arranging emergency leaves, referrals, and financial aid. In 197 cases, financial assistance totaling \$9,071 was given of which \$4300 was in grants, with no repayment required.

This report comes from the Serviceman's Family Committee for Oakland-South Alameda County Chapter, of which LCDR William Aders, CHC, of the hospital staff serves as a member.

Nuclear Med Course For Three Staffers

LCDRs Kenneth A. Scheidt and Martin E. McKenney of Radiology and LCDR James J. Houser of the Medical Service returned last Friday from Bethesda, where they took a three-week course in nuclear medicine.



FIRST PLACE TROPHIES in intramural basketball went to the intrepid OPD Team, captained by LT Al Woods, at right, front row. Other champs displaying their trophies are, front row: Mike Wilson and Dave Sherrill; back row: LTs Mike Ware, Michael Drobot, and Harold Mast. Not on hand for the picture—Gerald Larrabee.



SECOND PLACE LAB trophy winners were, front row: Murphy Clark, Dave Powell, and Eugene Diaz, and Sam Henderson, player coach. In the second row are HM2 Guy Bailey, LCPL Herb Stubbs, HM2 Willie Savone, and Gary Eastburn. Co-captains of the team were Diaz and Bailey. Not present for the picture—HN Lyman Cox.

Sports Shorts

By Ron Brown

Intramural Softball

The Intramural Softball season is just around the corner. So far there are 9 teams entered into the league. There is still time to form a team. Deadline for entries is noon 12 May 1971. Entry blanks can be obtained from the Athletic Director, EXT 2350.

Track

Runners and field event men are still needed for the 12ND Track and Field meets leading up to the 12ND finals being held at NAS Lemoore on Saturday, 15 May, 1971. Contact the Athletic Director for more information.

The next meet will be on 6 May at El Cerrito High at 1700. Transportation will be provided.

12ND Golf

Naval Hospital golf team is currently sporting a 4 and 4 record with defeats over Mare Island on 31 March, Concord on 6 April, Treasure Island on 20 April, and NSC on 27 April.

The team lost to NSC on 9 March, Moffett field on 16 March, NAS Alameda on 23 March and NAS Lemoore on 13 April.

Intramural Volleyball

Intramural Volleyball Standings with One Week Left to Play.

Team	W	L
Lab	5	0
OR	4	1
Pharmacy	3	2
NP	3	2
Surgery	2	3
CSR	1	5
Anesthesia	0	5

There will be a playoff between the top 4 teams on Thursday 6 May starting at 1800.



**Pride
in his
NEC**

PRIDE IN HIS NEC! There may be others as proud of their Navy Enlisted Classifications as HMCS Robert G. Brown, PMT School senior instructor, is of his, but so far he is the only one aboard who displays it to the world on his license plate. And he's justifiably proud. He and 729 other Preventive Medicine Technicians are preserving, protecting, and enhancing the health of men and women of the Navy by using preventive medicine techniques learned here.

Schnauzer Club to Hold Obedience Contest Here 15 May—Patients and Staff Invited

The Miniature Schnauzer Club of Northern California will conduct an obedience and conformation demonstration at the Special Services Baseball Field Saturday, 15 May, for the pleasure and information of patients and staff. The show will begin at 1230.

An obedience judge will explain the principles and procedures of

obedience training and competition. Immediately thereafter several club members will work their dogs in the obedience events. A conformation judge will explain how conformation dog shows are conducted and judged.

Bring your family and friends (but please, no dogs) and enjoy this unusual event.



TWELVE OR STUDENTS completed their course 3 April and all but one have been ordered to new duty stations. Standing, left to right, they are HM3 Randall Hendriks, HN Michael Day, HM3 Paul Diers, HN Gary Lamb, HM3s Edwin Denham, David Gelbach, George Scott, and William Trimble; HN William Critcher, HM3 Wayne Allen, HNs Paul Taylor and Craig Starr. At extreme right is HM2 John Bendele, OR instructor. Seated are CDR Nancy Jacques, OR Supervisor; LCDR Lee Sheffer, Anesthesiology, who spoke to the class; CAPT D. H. McLean, Acting XO; CDR Claude C. Atkins, Acting Chief of Surgery, and LCDR A. M. Harrison, OR Instructor. Only Honorman David Gelbach was retained for duty here. Hendriks, Denham, and Starr went to San Diego; Day to Camp Pendleton; Diers, Scott, Trimble, and Taylor to Long Beach; Lamb and Allen to Lemoore, and Critcher to Treasure Island.

Up The Ladder

Here are a few statistics for those interested in last February's advancement exam results.

Exam	Examined	Passed	Advanced
HM3	144	115	94
HM2	43	35	35
HM1	14	6	3
HMC	29	9	0
HMCS	12	10	*
HMCM	5	2	*

* Results have not been received. For further information refer to the advancement list posted outside of the Staff Personnel Office.

At The Movies

30 April
SPARTACUS—Kirk Douglas, Jean Simmons.

1 May
NO BLADE OF GRASS—Nigel Davenport and Jean Wallace.

2 and 3 May
MRS. POLLIFAX—SPY—Rosalind Russell and Darren McGavin.

4 and 5 May
I WALK THE LINE—Gregory Peck and Tuesday Weld.

6 and 7 May
THE TWELVE CHAIRS—Ron Moody, Frank Langella.

8 May
QUACKSER FORTUNE HAS A COUSIN IN THE BRONX—Gene Wilder and Margo Kidder.

9 and 10 May
ADAM AT 6 AM—Michael Douglas, Estelle Purcell.

11 and 12 May
FORTY POUNDS OF TROUBLE—Tony Curtis, Suzanne Pleshette.

13 and 14 May
THE MAGNIFICENT YANKEE—Louis Calhern, Ann Harding.



The OAK LEAF



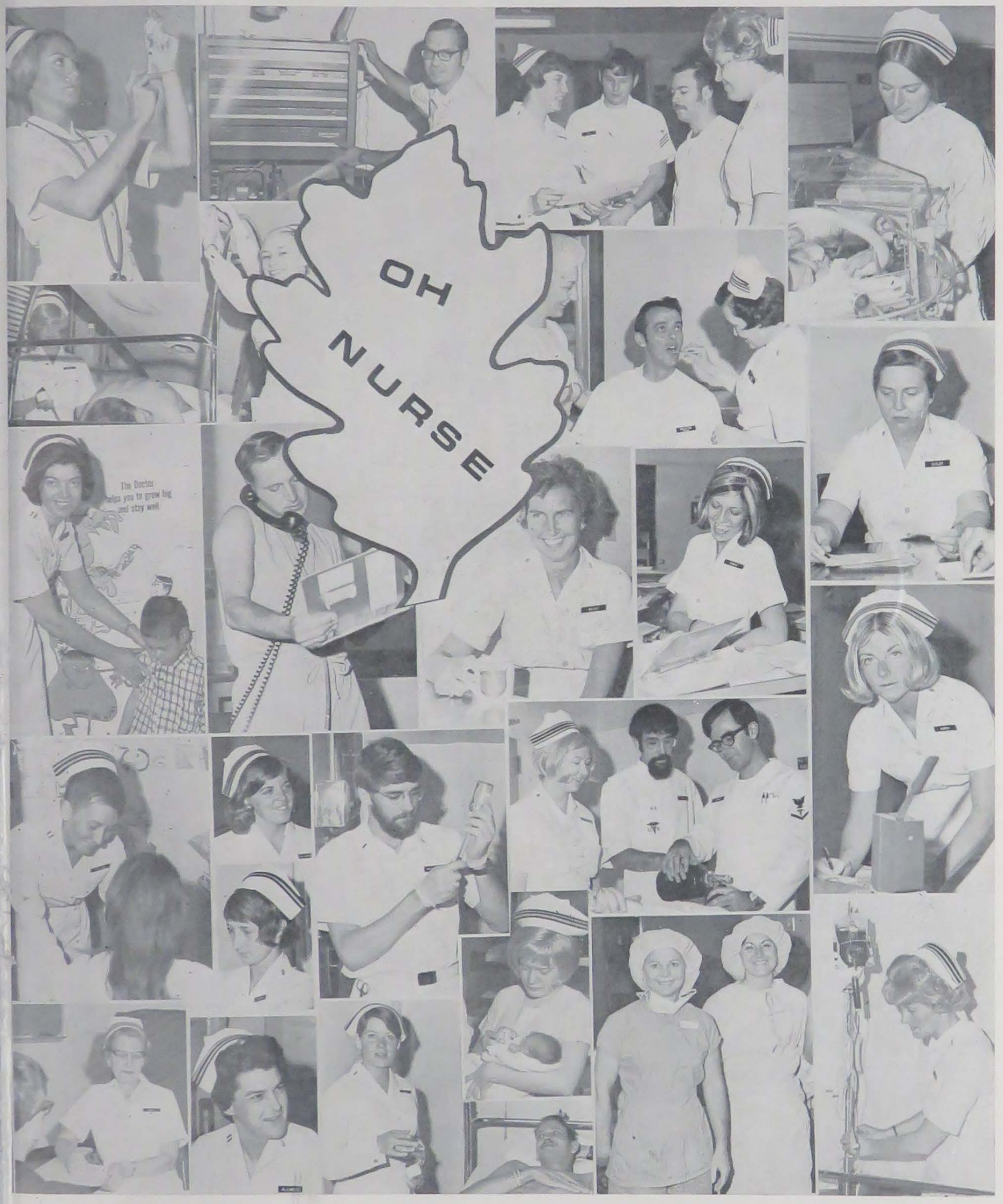
NAVY NURSE CORPS OFFICERS around the world paused yesterday, 13 May, to wish a Happy 63rd Birthday to fellow members of their corps. The 115 on duty here shared a cake with all hands, checked plans for their Saturday night party at the O' Club—and posed for the pictures in the anniversary montage below. Recognizable, reading left to right, are ENS Linda Darcy, LCDR Leonard T. Stefanisko, LTJG Susan Carlson and LCDR Marion Dexter with HNs Travis and Dye, LTJGs Tonya Donaldson and Caryl Lima, LCDRs Mary Crothers and Julia Pinter with their "patient," HMI Middleton, LCDR Lois Butler, LTs Dorothy Balkcom and James Mann, LCDR Sally Kiely, ENS Kathleen Pangle, LT Rosemary Murphy, LT Dorothea Hamilton, LT Mary Southerland, ENS Ralph Stark, LCDR Ann Reynolds instructing HN O'Neil and HM3 Ramirez, CDR Ann Kubicz, ENS Mary Facticeau, LTJG Linda Staley, LT Susan McCumber, ENS Deborah Evans, LCDR Alvina Harrison, LTJG Sharon Sanders, and LCDR Dorothy Walker.

—Photos by HMC John P. Ables

Vol. 33, No. 10

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 14 May 1971



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: Dorothy Thompson

Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

In the 1860's a bishop who had charge of a small denominational college made his annual visit and stayed with the president. The bishop boasted a firm belief that everything that could be invented had been invented. The college president thought otherwise. "In 50 years," he said, "men will learn how to fly like a bird."

The bishop, shocked, replied, "Flight is reserved for the angels and you have been guilty of blasphemy."

The name of that bishop was Milton Wright and back home he had two small sons—Orville and Wilbur.

LT R. R. HELVESTON, CHC, USNR

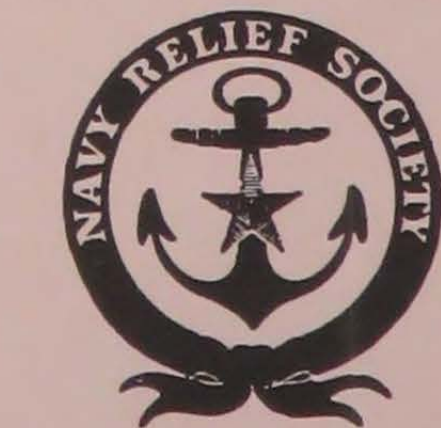
LCDR Tinker Reports To Camp Pendleton

LCDR Gordon W. Tinker, CEC, Public Works Officer here from June 1969 until late last month, is now on duty at NH Camp Pendleton, where he will serve as Resident Officer in Charge of Construction of the new hospital.

Prior to his departure coworkers and friends honored him at a luncheon at Vince's of East Oakland, where he received the CO's Commendation for his work here. His new CO, CAPT George H. Ricketson, was among those attending the luncheon.

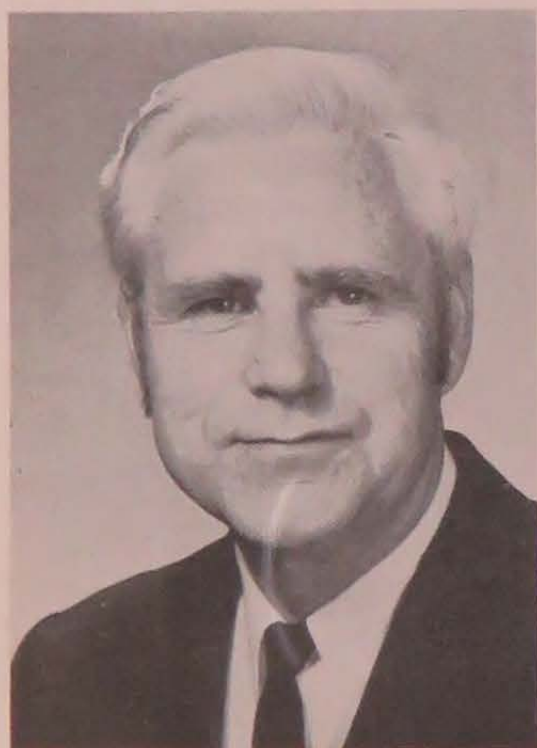
LCDR Teague Named To Head Current Navy Relief Drive

The Navy Relief Society has begun the 1971 campaign for contributions. Since its founding in 1904, the Navy Relief Society has been the Navy's own organization for the relief of distress among Navy and Marine Corps personnel and their families. With 54 auxiliaries



and 55 branches located at principal stations throughout the world, the society is able to offer readily available relief when misfortune strikes. NH Oakland's chairman for this year's campaign is LCDR Francis A. Teague, MSC.

from Nyack Missionary College, and among other degrees, has a Masters in Human Behavior from the United States International University. Mrs. Caldwell and their three school-aged children plan to move here from San Diego at the end of this school year. They also have two married sons living away from home.



CDR Ralph G. Caldwell

CDR Caldwell New Senior Chaplain

CDR Ralph G. Caldwell, CHC, has reported here for duty as Senior Chaplain from the U. S. Naval Support Activity, Saigon, via three months of Clinical Pastoral Education at NH Bethesda.

His service in Vietnam as Senior Staff Chaplain earned Chaplain Caldwell the Bronze Star Medal. According to the citation accompanying the medal "He continually sought means of support for his circuit riding chaplains, giving advice to junior chaplains in personal and professional matters. Because of his knowledge in the area of drugs and drug counseling, he helped to write and participated in a series of televised programs on drugs for servicemen in the Far East. Throughout his tour, CDR Caldwell was exposed to personal hazards due to the imminent threat of enemy terrorist actions and on at least six occasions was subjected to rocket and mortar attacks."

In addition to his tour in Saigon, Chaplain Caldwell also spent a year aboard the hospital ship REPOSE, which he considers his career's highlight, due to the teamwork and esprit de corps he witnessed.

The quiet chaplain graduated

500 Dollar Bettylu Young Scholarship Awarded To JANGO Linda Bookout

Linda Bookout is the recipient of the Bettylu Young Scholarship, a national award of \$500. She is the first NH Oakland JANGO to receive it.

Linda, who will graduate from James Logan High School, Union City, this June, will use the scholarship to help cover her expenses at the University of California, Davis, where she will begin pre-med studies this fall. She hopes ultimately to become a Navy anesthesiologist.

The 17-year-old scholarship winner was 1970 JANGO of the Year at this hospital. She has given a total of 1100 hours since she began her training here in June 1968, when Bettylu Young was JANGO Chairman. Mrs. Young, wife of CAPT James M. Young, a former staff doctor, gave a total of 11 years to JANGO, including the one she served as chairman here. The scholarship was named for her fol-



Linda Bookout

lowing her death at NH Boston 24 November 1969.

Linda is the daughter of Coast Guard Warrant Officer and Mrs. Joseph J. Bookout of Union City.

What's New at Crew's Library

Among the new books available for the asking at the Crew's Library are these:

FICTION

Mr. Sammler's Planet Saul Bellow
An Epic of Joy Donald Braider
Jim Kane J. P. Brown
Love Story Erich Segal
Forfeit Dick Francis
Shoot an Arrow to Stop the Wind Colin Suart
The Singapore Wink Ross Thomas
The Feuding Postmasters Neill Wilson

NON-FICTION

The Third Force Frank Goble
The American Woman, Who Was She? Anne Firor Scott
Many Shades of Black Stanley Wormly & Lewis Fenderson
The Odyssey of the Essex Frank Donovan
Heritage 70 Oriskany (Ship)
Dictionary of Naval Abbreviations Bill Wedertz
Panther! Roger Caras
Single and Pregnant Ruth Pierce
Sugar Ray Ray Robinson and Dave Anderson
With Eye to Ear Kenneth Rexroth
Twelve Cities John Gunther
The Home Book of Humorous Quotations A. K. Adams
The Two-ton Albatross William Anderson
Anatomy of Europe Anthony Sampson
California a Literary Chronicle W. Lee

Unaccustomed to Fear Roger Willcock

The Cactus Throne Richard O'Connor
Men Who Play God Norman Ross
Chilton's Auto Repair Manual John Milton
La Raza the Mexican Americans Stan Steiner

DETECTIVE STORIES

The Alias Man David Craig
The Girl With Six Fingers Hugh Pentecost

SCIENCE FICTION

Danger—Human Gordon Dickson

QMC Beisen Delivers Very Very Good Talk

When James Beisen, Jr., volunteered his daddy's services as a speaker for his fourth grade class at Alviso School, Fremont, the well-known QMC(SS) came through with flying colors, as indicated by the following thank-you letter he received.

April 19, 1971

Dear Mr. Beisen,
Your coming here was very nice. Your movie was very good. I hope we can go on a submarine on a field trip. I think you are a very very nice man and very very handsome. How are you feeling? "I am feeling just fine."

Sincerely
Wendy

Have DD Form 1580, Will Travel (At Reduced Fare)

Effective 1 June 1971 the commercial airlines will make mandatory the presentation of proof of eligibility, DD Form 1580, before reduced fare military leave travel rates are granted to military personnel. Even though military personnel are no longer required to sign out of their units for weekend travel, they must be ready to present a properly authenticated DD Form 1580 to each carrier used if air travel is contemplated.

If you plan to fly commercial at your own expense, be safe and get at least five copies of DD Form 1580 before departing your station. To get the reduced military fare, you must wear your uniform when you buy the ticket and while traveling. After 1 June, military personnel unable to produce the DD Form 1580 will be denied the reduced fare rates, and will have to pay full fare. Obtain these forms from your personnel office.

From the SECNAV . . .

An Armed Forces Day Greeting

As we observe this special day in 1971, I think it is important for our people to recognize the essential role of the men and women of our Armed Forces in the life of our nation, to realize that it is the dedication and sacrifices of those in uniform which help to preserve the freedoms we all value and enjoy, and to assure to every soldier, sailor, airman and marine the respect to which his service to his country entitles him.

The Navy Department is proud of the vital part it plays in assuring the continuation of freedom in America and the world. I ask that Navy and Marine men and women at sea and ashore everywhere today rededicate themselves to that momentous mission and that the citizens of the United States of America be duly grateful for what our servicemen and women are doing for us and for those who come after us.

JOHN H. CHAFEE
Secretary of the Navy

EXEC-LINE

● I have been wondering why we don't have the senior enlisted First Class on the base making up the Command Watch Bill instead of a Second or Third Class as we've had in the past.

The caller is misinformed as to who makes out the command watch bill for E-6 and below. Although a Third or Second Class does the typing, the watch bill is the responsibility of HMCS Riddle, Staff Enlisted Personnel Office, and is submitted to the personnel officer for approval. At a recent meeting of the SEA and HMCS Riddle with all staff E-5's and E-6's, the subject of the senior man in each of those two pay grades preparing the watch bills was entertained. A negative response was obtained.

● While the Exec-Line is a sincere attempt to allow enlisted people to voice complaints, a lot of people are shy and cannot talk to an officer. Why can't we set up an enlisted board to hear gripes? You have too many things to do than to listen to enlisted gripes.

In addition to the Exec-Line, our enlisted personnel have many areas for airing complaints. We still must maintain a proper chain of command in order to keep communications clear and to maintain orderly progress toward our major goal of health care delivery. One should not be "shy" where an important matter must be brought to the attention of an officer. In fact it would be prejudicial toward good patient care, since all our actions (including hearing gripes) are directed ultimately toward this end. The S.E.A. holds monthly meetings with all staff CPOs and periodic meetings with all staff E-5s and E-6s. He has direct access to the AO, XO, and CO, and is the point of contact with the Master Chief Petty Officer of the Navy. He maintains an open door policy for all enlisted personnel and their families and stands willing and able to assist in solving problems and hearing "gripes."

● There is often a hassel about house staff procuring films to study. A possible solution would be to have multiple view boxes so we can go down and observe films at a certain time every day. It would allow the radiologists more time since they wouldn't have to review films two or three times a day with various people and it would prevent procuring films before they are officially interpreted.

Your problem appears to be one of house staff themselves failing to organize their review plans, defining their needs and discussing possible solutions with their chief of service, who, in turn, should discuss the needs of the particular service with the Chief of Radiology. The alternators, or moveable illuminators ("multiple view boxes"), of which you speak, are priced at 5000 to 8000 dollars. Aquisition of these luxuries would not prevent procurement of films before or after interpretation nor would they prevent house staff from duplicating efforts of the radiologist. The latter can only be overcome by interservice communication and organized review plans. Since radiology completes over 60,000 examinations a year, it is difficult to have all films ready and waiting for all house staff at all times. Please discuss this with your chief of service.

● I would like the Plan of The Day to have outlined the basic regulations concerning motorcycles. I keep getting the run-around about getting a sticker and where I can park. I object to having to wear a helmet when it isn't even a state requirement.

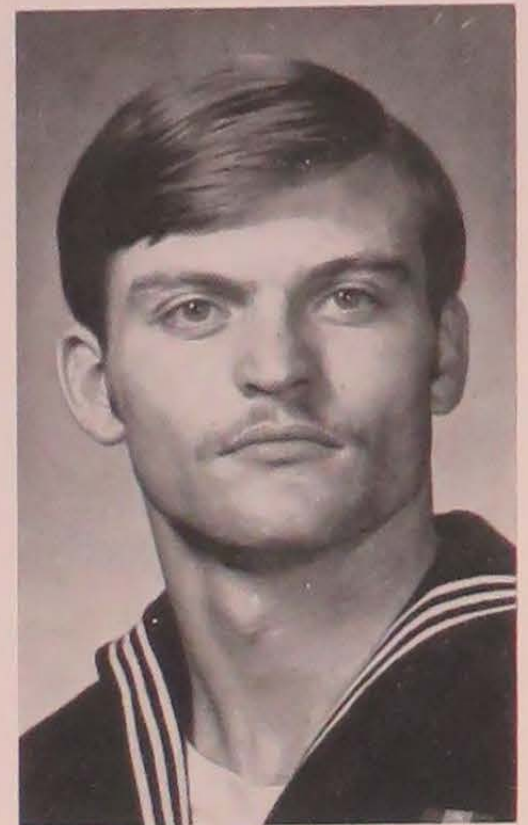
NAVHOSPINST 5560.3, dated 2 February 1971 very clearly outlines regulations concerning the operation of motorcycles on board this station. Security is making every effort to assist the command in the enforcement of this important instruction.

HM3 Lawrence Vincent Honored As Sailor of the Month for April

Sailor of the month honors for April went to HM3 Lawrence Vincent of Anesthesia and Recovery. His excellent initiative and industry, combined with his sincere willingness to learn were quoted as factors in his perfect 4.0 score in every category of his nomination.

The 20-year-old native Texan enlisted in the Navy 15 June 1969 and reported to Oakland Naval Hospital in February of 1970 via Boot Camp and Corps School in San Diego. Five months later he became Senior Corpsman of Surgical Intensive Care and "did an exceptional job of maintaining a well run unit." Since that time he was transferred to Anesthesia and Recovery in preparation for OR School, which he has just begun.

After completing his military obligation, Larry hopes to continue in medicine, and expects to enter premed school. Larry and his wife Martha live in the Oakland area and enjoy sports such as



HM3 Lawrence Vincent

fishing and water skiing in their leisure time.

Hospital Corpsmen to Celebrate 73rd Birthday at Holiday House 18 June

All Hospital and Dental Corps personnel are cordially invited to attend the 73rd Anniversary Hospital Corps Ball on Friday, 18 June. The festive occasion is to take place at the Holiday House, 29827 Mission Boulevard, Hayward.

Tickets may be purchased for \$1.50 in the dining room during

the noon hour, WAVES barracks from HM3 Spight, or from HM2 Garakian in EENT Clinic. Included in the price is a 10 ounce New York steak with baked potato, salad, and a choice of vegetables. Drinks may be purchased for 25 cents each, and wine is available with dinner. Dress is traditionally cocktail wear, and music will be provided by the Brass Bottle.

BUPERS Detailer For Hospital Corpsmen To Visit 27 May

HMCM Dorff, BUPERS Detailer for Hospital Corpsmen, will visit this hospital on the afternoon of 27 May. The purpose of his visit is to counsel enlisted personnel concerning future assignments, career planning and similar information essential to career planning and morale. The presentation will be approximately one hour in length and will be held in the Clinical Assembly. A question and answer period will follow. Specific questions from individuals will be answered afterward. All Chiefs of Services/Divisions should allow maximum attendance, consistent with departmental workload.

Movie Schedule

14 May
THE MAGNIFICENT YANKEE—Louis Calhern and Ann Harding. Drama.
15 May
A CANDIDATE FOR A KILLING—John Richardson and Anita Ekberg. Drama.
16 and 17 May
HOMER—Don Scardino and Tisa Farrow. Drama.
18 and 19 May
RIO LOBO—John Wayne and Jennifer O'Neil. Western.
20 and 21 May
MY SIX LOVES—Debbie Reynolds and Cliff Robertson. Comedy.
22 May
BURN!—Marlon Brando and Evaristo Marquez. Historical Drama.
23 and 24 May
R.P.M.—Anthony Quinn and Ann Margaret. Drama.

Spight In 'Fight' For Miss Armed Forces



Don't forget the Armed Forces Day Dance tomorrow, 15 May. HM3 Beverly Spight is representing the hospital in the Miss Armed Forces contest to be held at the dance. Candidates will be chosen only by those present at the dance; so let's help crown Bev Miss Armed Forces! The place to go is the Veterans Memorial Building, 200 Grand Avenue, Oakland from 2030-2330.

Long-Time Leaf Editor Tells Readers Goodbye

Today I write "30" to my long association with THE OAK LEAF. After contributing in at least a small way to approximately 1,000 issues over the past 26 years I am retiring to a life without deadlines.

Writing the news of NH Oakland has been fun—like when LT Ted Williams, USMC, returned from Korea to be ambushed here by Little Leaguers; when grizzly bears rode bicycles in the old amphitheater; when Dr. Huurman put a puppy in a plaster cast.

I shall miss such events, the hospital, the staff, the patients, foreign trainees, the flag flying outside my window, visitors — people from all walks of life whose paths crossed mine. I'll miss readers who called attention to our errors (assuring us we were read) and those who contributed information and encouragement.

I am grateful to you all and especially to Special Services for paying the bills, Photo Lab for pictures worth thousands of words, Lederer, Street & Zeus of Berkeley for an excellent printing job.

To each and all — until we meet again — best wishes for smooth sailing, good health, and good news.

Sincerely,
Dorothy Thompson

HM3 Terry Bethel Joins the Oak Leaf

As of this issue HM3 Terry Bethel joined the staff of THE OAK LEAF. As of the next issue, he will BE the staff of THE OAK LEAF.

Terry is from Hazelwood, Mo., a suburb of St. Louis. He studied briefly at the University of Missouri before coming on active duty and plans to major in English when he resumes his education. In civilian life he worked in a blood bank. Reporting here in mid-December via Great Lakes and San Diego he worked on 6 South and in Military Personnel before receiving his surprise assignment to the paper. He and his wife Mary live in San Leandro.

"We need all the help we can get," said Terry, testing the sound



Among the many Nurse Corps Officers aboard who rate special birthday salutes today are, from left, CDR Anna L. Fogarty, Sixth Floor Supervisor; CDR Ann Kubicz, NP Service Supervisor; LCDR Maxine Kowalski, CSR Supervisor; CAPT Sue Smoker, Chief of the Nursing Service; LCDR Julia Pinter, EENT Supervisor; and CDR Eva M. Gagnon, Assistant Chief Nurse. With other supervisors in daily sessions they plan the work of nurses throughout the hospital and cope with any problem that may develop in the Nursing Service of a large hospital such as this.

Times and the NNC Have Changed Since 1908

Pompadours and maxis were in, ankles were out in 1908 when President Taft on 13 May signed the bill that made the Navy Nurse Corps official.

Several other things have also changed since Dr. William P. C. Barton, the young Navy surgeon who was to become the first Chief of Bureau of Medicine and Surgery recommended to the Secretary of the Navy that hospitals be staffed by young women "of humane disposition and tender manner, active and healthy, without vices of any description . . ."

Doctor Barton's description was written nine years before the birth of Florence Nightingale and 97 years before the Nurse Corps came into being. It became badly outmoded in 1965 when the corps was opened for the first time to men. Besides the changes brought about by "men's lib," many other significant changes have taken place.

From its small beginning with 20 nurses, the Navy Nurse Corps grew to a peak of 11,054 during World War II. Today it numbers

of the "editorial we." "Call us at Ext. 2112. We'll welcome items of interest from throughout the hospital."

2200. Approximately 150 of this number are men.

Pay for Navy nurses has increased from \$40 a month to \$450.60 for the lowliest ensign. Opportunities have steadily increased for specialization, for training and education—both in-service and out.

Opportunities for travel and for assignments in foreign lands have increased. Naples, Italy; Yokuska, Japan; Rota, Spain; Adak, Alaska are among the far-flung stations where nurses serve. And then there's Southeast Asia. On this hospital's present staff are eleven nurses who have served in Vietnam—CDR Bettye Nagy, LCDRs Lois Butler, Martha Meyers, Margaret Higgins, Elizabeth Jackson,

Sally Kiely, Leonard Stefanis and Janet Wohlgemuth and LT Dorothea Hamilton saw service in DaNang. LCDRs Alvina Harrison and Ann Reynolds in Saigon. LCDR Vera Harris, LTs Jill Cibusier, Mary Franzino, Susan Cumber, and Mary Southerland treated Casualties in USS SANCTUARY. LCDR Marion Dexter and LTs Barbara Hughes and Nancy Hurd aboard USS REPOSE.

The first women in white were neither officers nor enlisted. "Nurse" or "Oh, Nurse!" was the usual form of address. Today Oakland's 115 nurses rank from ensign to captain, and in 1967 legislation made it possible for a Navy Nurse to advance to that rank.

Hail & Farewell

ENLISTED REPORTING:

HMC Paul Jones reported from USS FIREDRAKE (AE-14), HMC Oliver E. Peterson from Naval Support Activity, Saigon, HMC Stephen W. Brown from First Marine Division.

HM1 George O'Connor reported from USS RANGER (CVA-61), HM3 Michael M. McCormick arrived from NH San Diego, HM3 Dan A. Hawman from Naval Weapons Center, China Lake, HN Stephen F. Frederick, Jr., from Naval Station, TI.

Arriving from Naval Hospital Corps School, San Diego, were HNs Robert D. Massie, Michael McClure, Rick B. Thiriot, William A. White, Herman C. Garnett, Jr., and HA Craig W. Duffney; from NHCS

Great Lakes—HAs Lynne G. Merz, Thomas J. Parks, and Linda S. Hiemstra.

ENLISTED DETACHED
HMCS Robert G. Brown was detached to the Third Marine Division, DTC Edwards J. Marsden to USS CORAL SEA (CGC-43), and HMC Efran T. Tatad to USS TULARE (LKA 112).

HM1 David J. Hertling went to USS FLASHER (SSN 613), SD1 Armando David to USS OBSERVATION ISLAND (AG 154), HM3 John W. Hiatt to Naval School Underwater Swimmers, Key West, Fla., and PN3 Nathalie A. Allain to Naval Air Station, Alameda.

HMC John B. Widener, Jr., and HM Ronald F. Schumann were released to active duty.

New Class of JANGOs by Jingo!



A NEW CLASS OF JANGOs was graduated 2 May in ceremonies at the O'Club. Together they've served a total of 2,758 hours since their class convened in December. At the graduation not one but four girls received the Red Rose award usually given to the ideal JANGO in each class. From left, they are Lisa Fisher, Theresa Simoni, Sandy Sheppard, and Janet Cannon. They gave a total of 1,170 hours, Lisa Fisher's 360-hour contribution topping all others. At right is scholarship winner Linda Bookout. For her story, see Page 2. JANGO grads standing are, from left, Kathy Currin, Melissa Franek, Lisa Cannon, Michelle Walsh, Janice Zimmerman, Vicki Thomas, Lynn Petersen, Kathryn Byrd, and Elizabeth Ogden. Not pictured but also wearing new caps are Valeria Garrett and Robin McCuddin.

Scuttlebutt

SIGHTS & SOUNDS: Diane Charleton of 6W, (who way back in April 1969 was Sailor of the Month) wearing a crisp new cap, whose insignia tells the world she's a licensed LVN in the State of California . . . HM3 George Filmer of 62A snuggling home the two gray kittens left in the shed behind the ward by a negligent mother. . . . Evan Wolfe taking time off to tell his son Chris' sixth grade class what a psychologist does Workmen painting the lawn green with a spraygun! . . . Lucy Baird of Special Services and husband Bob packing for the week in Hawaii he WON in a company-sponsored sales contest. . . . HM3 David Ekaireb, his left arm swathed in bandages, thankful to be alive after "totaling" his YW in an accident near Santa Barbara en route back from leave.

AND SPEAKING OF VWs—The little green one that sports a topside luggage rack and a large flag on the hood logged 2800 miles bringing HM3 George P. Chaisson of Medical Library and his bride, the former Christine French, back from their 25 April wedding in Columbus, Ga. Says George, "We ran into a sandstorm and a hurricane, ran over a gopher, and picked up a ticket." Says Christine, "We're sure glad to be here."

POWER OF THE PRESS: HMC Lesage believes in it. He has asked Scuttlebutt's aid in getting HMCS Vic Wallner to return the whites he so graciously loaned him last August. P.S. Chief Cuisse also would like his.

DANGER LURKS—even in an innocent matchbook. HMCM Dickens reached for a light. Scratch, BANG! the match exploded, painfully burning the SEA's left eye.

NUPTIAL NOTE: A romance that began on an Alaskan cruise last summer culminated in marriage 1 May when Alma Smith of Data Processing became the bride of Maurice Watko of Vancouver. The marriage took place in the 1st Congregational Church of Oakland.

INCIDENTAL INFO: HM2 Phil Murphy of Military Personnel served four years in the Canadian Navy before joining USN.

NH ALUMNOTES with a WEDDING RING: HMCM R. L. Scott's daughter Deborah Ruth, a former ward clerk here, is heading for a wedding the evening of 28 May when she will exchange vows in Newman Hall Chapel, Berkeley, with James Michael Burgess of Fresno. . . . Invitations are also out for the marriage of Marilyn Jean King, daughter of CDR and Mrs. A. N. King, and Gary Arlin Juhl. They'll wed in the chapel at NH San Diego 29 May. Marilyn served as a JANGO here, as did her sister Beth, who is now Mrs. Dennis Wayne McDuffy of Nagadoches, Tex.

—usn—

Navy Exchanges made available over 45 million dollars to support recreation programs at Naval installations around the world during fiscal 1970. Recreation contributions from exchanges averaged \$56 per Navyman.

Staff Sick Call—Little Clinic With A Big Job

Diplomacy is Keyword Service its Function

Staff Sick Call—The Little Clinic With a Big Job!

Staff Sick Call, off the Outpatient Lobby on the second floor of Bldg 500, has many functions, including military sick call for staff personnel, military personnel in transit or leave status, and those from small Bay Area installations without medical facilities. Staff Sick Call also provides care for Civil Service personnel at this command by functioning as the industrial health center. With a military and civilian staff of approximately 1700 personnel, sick call in itself is an all-day job, in that patients must be seen and their health records maintained; treatment rooms kept shipshape, and reports filed.

The second purpose of this clinic is physical examinations. Although this may sound like a rather small function, it is really the largest, for some 400 exams are conducted monthly. Staff Sick Call processes 27 types of physicals, including all types of active duty and reserve exams, those for Federal service employees, and service academy applicants. Staff Sick Call also offers this service to military dependents on a limited basis. Persons requesting exams come from all over the 12ND and even from outside the district's command, for example, Panama Canal Zone, Oregon, Barstow. The clinic has processed many VIPs, most noteworthy being VADM Charles S. Minter, Deputy Chief of Naval Operations.

Personnel of Staff Sick Call try to provide each person passing through the clinic the best service possible. Diplomacy is the key word in the clinic. Service is its function.

The clinic's third major function is immunizations. All persons over 14 may come to Staff Sick Call for routine inoculations necessary for school or for overseas travel. Inoculation records of military per-



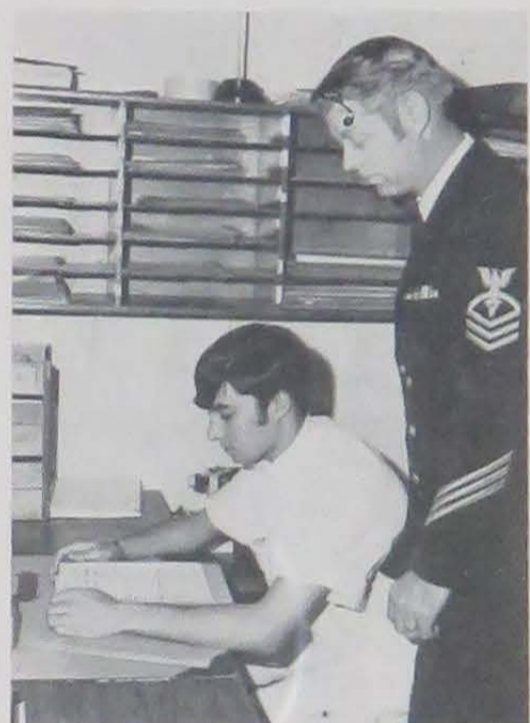
At left LT John E. Davis instructs HM3 Green and HN Michael Watson in how to read an X-Ray. At right, HM1 Fred Matthews reviews physicals while Millie Lumley types one of the more than 400 done each month.

sonnel are kept by the clinic and maintained on an annual basis; so beware, staffers; keep up to date, and your arm won't be sore when you transfer.

The clinic is a branch of the Outpatient Service, headed by CAPT Charles F. Climie. LT Allen O. Woods, his Administrative Assistant, is directly responsible for its operation.

HMC R. E. Waldron is division CPO. Chief Waldron, here on TAD from Military Sealift Command for the past ten months, is due to be transferred to the USS MARS sometime in July. The Petty Officer in charge of Staff Sick Call is HM1 Fred Matthews, who has been at this command since December 1967, coming to this assignment from the biochemistry lab. HM1 Matthews works as both coordinator and public relations man for the clinic. Millie Lumley, the clinic's secretary, does all typing and final processing of all but annual physicals and is always willing to do "just one more."

Other staff members are HM3 Gary Green, who is here on six



Checking over some of the endless details involved in the busy clinic—HMC Robert E. Waldron and HN Tommie Vanlandingham.

months' limited duty, HN Garnie Butisbauch, frequently seen escorting VIPs through the hospital as they complete their physicals. HN Mike White, processing annual physicals, will shortly be en route to Camp Pendleton for a tour of FMF Duty. Newcomers to the clinic include HN Mike Watson from 6NE, HM3 Thomas Hitchcock from 62A and HN Thomas Vanlandingham from 8S.

Doctors who work in this busy clinic are assigned on a monthly basis and are taken from the GMO pool. LT John E. Davis is presently assigned to the clinic. Among those who have served monthly tours are LTs David S. Whitney, William D. Bailey, Robert A. Rashti, George H. Mollett, and Steven T. Knee. Also serving a short tour was LCDR Richard D. Tenny.

Twenty Years Ago

Savings Bond representatives at the hospital include Harold Hitz, Finance Division; and Gus Matalas of Transportation.



Currently making up the Staff of Sick Call staff are, from left, front row: HN Thomas Vanlandingham, HM1 Fred Matthews, and Millie Lumley; second row, HM3 Gary Green, HN Mike Watson, and LT John E. Davis; back row, HN Garnie Butisbauch, HM3 Thomas Hitchcock, and HMC R. E. Waldron.

Naval Hospital Varsity Softball 1971 Season Schedule Announced

The Naval Hospital Varsity Softball Team opened its 1971 Twelfth Naval District travel league season on May 11 with a trip to Hunters Point to play the USS WHITE PLAINS, a new addition in the league. Results will be in the next Oak Leaf issue. The following is a schedule of the season for the NH team.

DAY	DATE	TEAM AND LOCATION	TIME
TUESDAY	MAY 18	SKAGGS ISLAND—THERE	1700
THURSDAY	MAY 20	MOFFETT FIELD—HERE	1700
TUESDAY	MAY 25	CONCORD—HERE	1700
TUESDAY	JUNE 1	COAST GUARD—HERE	1700
THURSDAY	JUNE 3	HUNTERS POINT—THERE	1700
SATURDAY	JUNE 5	NAS LEMOORE—HERE	1400
TUESDAY	JUNE 8	MARE ISLAND—THERE	1700
THURSDAY	JUNE 10	WHITE PLAINS—HERE	1700
FRIDAY	JUNE 11	NAS LEMOORE—THERE	1800
THURSDAY	JUNE 17	SKAGGS ISLAND—HERE	1700
TUESDAY	JUNE 22	MOFFETT FIELD—THERE	1700
THURSDAY	JUNE 24	CONCORD—THERE	1700
THURSDAY	JULY 1	COAST COORD—THERE	1700
TUESDAY	JULY 6	HUNTERS POINT—HERE	1700
THURSDAY	JULY 8	MARE ISLAND—HERE	1700

The regular season will be climaxed by the Twelfth Naval District Championship Tournament being held at NAS Moffett Field 26-31 July. Come out and support your team at the games.

Know Your Staff



The busy man behind the sea of papers is LCDR Myron (Mike) R. Corbett. Upon his shoulders rests the personnel responsibility for 1113 enlisted and officer staff personnel in the hospital. Mr. Corbett's official title is "Chief of Military Personnel Division," and he is one of the best men for the job because in the 21 year span of his Naval career he has stood in the shoes of both the enlisted man and the officer. He feels that having been a white hat greatly aids his communication with the men because it allows him "to speak their own language."

Mr. Corbett's career has taken him to such places as NH Bethesda, NH Guam, Camp Pendleton and Great Lakes, the highlight of his career being his last assignment at Moffett Field, in which he served as Medical Administrative Officer. While there he participated in a program which assisted ex-corpsmen in placement in civilian jobs. This program, sponsored by the Health Manpower Council of Santa Clara County, was the forerunner for MEDIHC (Militarily Experienced Directed Into Health Careers) and accounts for his interest in the various physician assistant programs offered.

Mr. Corbett and his wife Marion have four children, the oldest of whom is a FN on the USS MIDWAY. He has a bachelor's degree in pre-hospital administration and is a member of a local PTA board

Lab Wins Coveted 1971 Volleyball Championship

Spearheaded by team captain HM2 Robert McFadden, Lab Service won the station volleyball championship over Pharmacy for the third straight year last Thursday at the station gymnasium.

Taking third and fourth in the playoffs were NP and OR. Lab ended the season with six league wins and no losses and two playoff victories for an overall season record of eight wins and no losses.

Intramural Softball to Begin Season Monday

The 1971 Intramural Softball Season will start Monday, May 17, at 1700. Cardiology will face CSR in the league opener.

The rest of the week's schedule will go as follows:

Tuesday, 18 May, ER vs. Orthopedics.

Wednesday, 19 May, OR vs Radiology.

Personnel Office Seeking Advisors To Aid Vietnamization Program

In order to continue the very real and gratifying advances of Vietnamization, high caliber volunteers are needed in both advisory and general duty. Of particular importance is the need for advisors who will be ordered to a longer, more comprehensive training course, and who can elect one or two year tours of in-country duty. The additional sacrifices that are required have been recognized and are provided for by greatly increased advancement and reassignment benefits.

A Vietnam tour of duty offers a challenge unparalleled in our time. Whether serving in advisory or general duty, personal and professional satisfaction is particularly rewarding as are the other benefits such as field advancement, preferential reassignment and additional pay.

BUPERSNOTICE 1306 of 9 April of directors. In addition to his busy Navy life, Mr. Corbett also enjoys camping and bowling, not to mention perhaps his highest honor—Assistant Scout Master.

Who's Been Doing What . . .

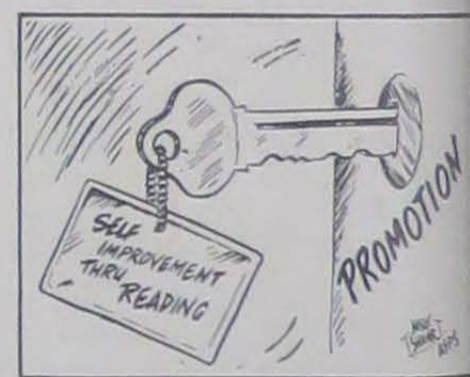


HM2 Wille S. Savone, Jr., received from the CO the Navy Achievement Medal for service at the Station Hospital, Naval Support Activity, DaNang, where he was Petty Officer in charge of the Inhalation Therapy Branch. "Later as advisor to Vietnamese Navy Coastal Groups 13 and 14, Savone aided in upgrading the level of medical service to the Vietnamese Navy. He conducted joint medical civic action missions and gave advice on base sanitation and modern medical procedures. He accompanied his counterpart on sick call and house calls for the Vietnamese Navy personnel and dependents," said the citation accompanying his medal.

Arthur M. Dela Huerta, PMT student, made HM1, Taylor V. Wallner, PMT instructor was promoted to HMCS. HM1 Jose F. Santiago Jr., of the Bowling Alley reenlisted for another four years, with wife Anacrita and daughter Joann looking on. The Dental Corps' Dr. Lathe L. Bowen was promoted to Commander. LT Mary Dutton, MSC, went on the temporary retired list after two years in the Occupational Therapy Branch. LCDR James J. Houser of the Medical Service received his residency certificate. Dave Beaver of Public Works received his new certificate of competency as a qualified pest control operator from LCDR David H. Fluharty, CEC.



ril 1971 contains all the pertinent information to assist you in submitting your Vietnam volunteer request. If you are interested in meeting the challenge and receiving the liberal benefits, see your personnel office for details.



Life Began at NH Oakland . . .

LIFE BEGAN 23 April for Shelly Anne Cordell, 7 lb. 15 oz. daughter of LCDR Larry D. Cordell of Orthopedic Service and wife Donna. . . . 24 April for Marlon Jay Reolegio, 6 lb. 13½ oz. daughter of SD3 Rogelio A. Reolegio of BOQ and wife Evangeline. . . . 27 April for Sean Patrick Hurman, 6 lb. 9 oz. son of LCDR Walter W. Hurman, Orthopedic Service, and wife Lindsay Anne. . . . 27 April for Donald W. Butler, 8 lb. 13½ oz. son of HN Donald H. Butler of Patient Affairs and wife Doris Jean. . . . 28 April for Sean Anthony Ford, 7 lb. 7½ oz. son of HM3 Clair A. Ford of NP Staff and wife Janice. . . . 1 May for James M. Murray, 5 lb. 12 oz. son of LCPL James

E. Murray, 61A patient, and wife Sylvia. . . . 5 May for Michelle Rae Wood, 7 lb. daughter of HM3 L. H. Wood of 70B and wife Ruth. . . . 6 May for Jennifer Leigh Crafton, 6 lb. 8 oz. daughter of HN Steven E. Crafton of Inhalation Therapy and wife Deborah Sue. . . . 6 May for Dennis Alfred Rhyne, 7 lb. 8 oz. son of LT Dennis A. Rhyne, Orthopedic Service, and wife Maurine. . . . 7 May for John Gabriel Zimmerman, 9 lb. 3 oz. son of LT Alan L. Zimmerman, JAGC, and wife Melissa. . . . 9 May for Elena Gabrielle, 8 lb. daughter of HM2 Julio R. Aguilar of NP Staff and wife Cheryl.

The OAK LEAF



Vol. 33, No. 11

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 28 May 1971



Among the souvenirs Dorothy Thompson, retiring Public Affairs Officer, took with her when she checked out 14 May were the hospital plaque and the Navy Meritorious Civilian Service Award and pin Admiral Mahin presented her in recognition of outstanding contributions to the Navy.

Dorothy Thompson Retires After 26 Years As Public Affairs Officer

As Public Affairs Officer and editor of THE OAK LEAF for most of her 26 years here, Dorothy Thompson was just about the senior plank-owner around—until 14 May when she retired to pursue some of her many hobbies after a most colorful career at NH Oakland.

This gifted journalist, photographer, and gardener arrived on board October 1944 as an enlisted WAVE with a degree in Journalism from the University of Southern California, and a teaching credential from UC, Berkeley. She had taught high school journalism and been advisor to school papers and yearbooks. Dorothy had also been a Red Cross Nurse's Aid, and with the war on she wanted to be a Corps WAVE. Aptitude tests revealed that she qualified to train as gunnery instructor or Link trainer instructor, but she "felt more like a Corps WAVE," and Oakland was her first choice of duty. If a billet in the Public Affairs office hadn't opened up three weeks after Dorothy was assigned to take care of ailing WAVES, who knows what might have happened.

With the war ending in 1945, Dorothy was discharged, but after five months she returned at the re-

quest of Captain Dearing to take over the duties of the departing Navy PAO.

Captain Dearing was promoted to Rear Admiral and relieved by

(Continued on page 2)



CAPT Hampton Hubbard, XO, reviews page proof with Dorothy before it goes to press and becomes history. Through her efforts THE OAK LEAF is recognized by the Bureau of Medicine and Surgery as the best of all hospital newspapers.

Oak
Leaf
Loses
Its Best
(Almost
Its Only)
Editor

Navy Relief Society Accents Availability To Those In Need

The Navy Relief Society is designed to help the Navy and Marine Corps man and his family in time of distress. It is a closed organization, based on the Navy and Marine Corps desire to help its own. A man on active duty or retired is automatically eligible for Navy Relief assistance, and if the need for help arises, he has a right to its services. Ability to repay a loan has no bearing on his eligibility. If he has a genuine need, Navy Relief is there to serve him.

Every cent contributed goes back to our shipmates, their families, or those they may have left behind. In the past year at this hospital Navy Relief loaned \$6,050 and issued gratuities of \$2,046, totaling nearly twice the amount collected last year. All administrative costs are paid by a reserve fund raised by civilian friends of the Navy and Marine Corps during World War II. The interest and dividends from this invested fund provide over a million dollars a year; thus insuring that your contribution will go to help some less fortunate Navy man or Marine, or his family.

Navy Relief assistance may be an outright grant, a loan without interest, or a combination of the two, depending on the degree of hardship involved in repayment of a loan. Layettes, thrift shops, and free budgeting assistance are only a few of the limitless services the Navy Relief provides.

This year's goal is 100 per cent participation. Misfortune has no timetable. It can strike anywhere at any moment; when it does, Navy Relief is ready to help.

—usn—



CNO Visits NH Oakland

Admiral Elmo R. Zumwalt, Chief of Naval Operations, visited the hospital 13 May.

Greeted at the front door by Admiral Mahin, the entourage went to a waiting elevator and proceeded to the hospital CO's third floor office. After a short talk between Admiral Mahin and the CNO, the party walked to a classroom crowded with amputees in wheelchairs and gurneys. Following a brief introduction, Admiral Zumwalt invited questions and comments in regard to problems encountered from the time the patients were wounded until the date of discharge.

The talk lasted only 30 minutes, but in that short time he stated he felt that special sacrifices should be made for Vietnam veterans, and that he has a deep concern for their welfare. In conclusion, the CNO said plans are being made to set up a board in Washington to deal specifically with hospital problems related to the service.

Of the 30 patients in attendance, approximately half were Navy and half Marine Corps men, with nearly all of them being wounded from service in Vietnam.

—usn—

11 June Is Deadline For Ticket Purchases To Hospital Corps Ball

All Hospital and Dental Corps personnel are cordially invited to attend the 73rd Anniversary Hospital Corps Ball on Friday, 18 June. The festive occasion is to take place at the Holiday House, 29827 Mission Boulevard, Hayward.

Tickets may be purchased for \$1.50 in the dining room during the noon hour, WAVES barracks from HM3 Spight, or from HM2 Garakian in EENT Clinic. The

deadline for ticket purchases is 11 June.

Included in the price is a 10 ounce New York steak with baked potato, salad, and a choice of vegetables. There will be a cocktail hour from 7:00-8:00 before dinner. Drinks may be purchased for 25 cents each, and wine is available with the meal. Dress is traditionally cocktail wear, and music will be provided by "The Brass Bottle" and "The Gentlemen."

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Contributor: HM3 David Haas
 Photography: HMC John P. Ables, HMI R. C. Bishop, HMI M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

"Today . . . is the first day of the rest of your life . . ." Corita Kent's little line is stimulating and thought provoking. It also reminds me of Linus in Peanuts, as Charles Schultz has him saying, "Life is difficult, isn't it Charlie Brown?" "Yes it is," responds Charlie. Linus continues, "But I've developed a new philosophy of life. I only dread one day at a time." At this we smile, but how close to home. . . .

Life is beautiful and vibrant, yet it is unlovely and dismal—depending upon one's perspective and circumstances. It is a wonderful day and age, but at the same time terrifying. What can we do about it? You'd be surprised. We really are in charge of our own destiny. The philosophy of life, by and large, is what we bring about by the choices and decisions we make. What choose you this day? "Today . . . is the first day of the rest of your life. . . ."

CDR R. G. CALDWELL, CHC, USN

Know Your Staff



Down in the catacombs most people refer to as Archives works lone but not lonely John G. Miller, civilian clerk GS4. Comparatively few people are aware of his presence, though his work in a remote corner of the first deck is a vital part of the hospital operation.

The friendly, graying employee, who left auto parts and machine shop work 12 years ago to enter Civil Service, is literally surrounded with patients' records. At present he finds (or loses) himself in 254 cubic feet of "active" records and 172 more cubic feet ready for "retirement" to the Military Personnel Records Center in St. Louis. They go there after five years. One year's records are shipped at a time; so Mr. Miller is usually busy packing as well as pulling charts for doctors' use, filing, searching, and answering the telephone. (For those who may wish to know, the records are kept in St. Louis for 20 years before they finally get the deep-six.)

Ask John Miller if either John Doe or his wife Jane was a patient here in 1945, and he can soon tell you; for his files of admission slips go back to the hospital's commissioning 1 July 1942.

F R A Sponsoring Memorial Day Service At Lake Merritt

Branch #10 of the Fleet Reserve Association San Leandro-Oakland, under the auspices of the General Memorial Day Committee, is sponsoring the Memorial Service at the Bandstand at Lakeside Park, Lake Merritt, Oakland on 31 May.

The main speaker will be LT Howard Koss, USN, instructor at University of California, Berkeley. Chaplain James C. Clift, USNR, will give the invocation and benediction. A wreath will be placed on the Lily Cross by a Gold Star Mother and Evelyn Warner, president of Unit #10 L.A.-F.R.A. before it is towed out on the lake. Taps and Two Bell Ceremony will follow.

Mr. Miller has all those shelves and four desks. The only piece of equipment he lacks that he longs for is a periscope through which he could view the outside world.

On emerging at the end of the day he goes home to Castro Valley, where he lives with his wife Pauline and enjoys frequent visits from his two children and three grandchildren who live nearby. Other pleasures for the archivist are cabinet making and travel.

Dorothy Thompson

(Continued from page 1)

Captain Broaddus. Impressed by her from the beginning, since she piped Admiral Dearing ashore with a three-column picture on the front page of the OAK LEAF, Captain Broaddus one day summoned her to his office and asked her to add to her responsibilities the job of CO's secretary. She accepted temporarily while still carrying on as PAO and editor—she had a staff in those days, and it was possible despite the fact the OAK LEAF was then a weekly, usually with eight pages. The "temporary" job lasted through Captain Broaddus' two-year tour of duty and for two more years with Captain Cook as CO. She also handled much of Admiral Bradley's correspondence.

Admiral Hays, like his predecessors, had great respect for the OAK LEAF, as the following tale will testify: The OAK LEAF reported that Captain Canty, head of NPRL at the time, would attend a meeting in Chicago. Admiral Hays called Captain Canty into his office to discuss the trip, only to be informed by the Captain that he was not going to Chicago—it was his associate who would make the trip.

"Captain Canty," replied an emphatic Admiral Hays, "You have to go to Chicago. The OAK LEAF says you're going."

As PAO Miss Thompson's dominion reached far beyond the OAK LEAF. Her stories of patients and events have had nationwide coverage by newspaper and TV networks. At least one of her stories was released world-wide, to her later dismay. A young amputee announced on arrival at this hospital that he was the fourth son in his family to lose a limb in combat. He named each one and told exactly where each was stationed. It went without saying that the story hit the wires in a hurry. Response to the tragic story was tremendous, but not the kind of response this command anticipated. The boy's father read the story in his mid-Western newspaper and promptly called the Associated Press to report that he had only one other son, who was with him, and who was NOT an amputee. The next day, Dorothy again made headlines around the world, such as "Embarrassed PAO Swallows Yarn" and "The PAO's Face is Red." Dorothy emerged practically unscathed, but a nurse pictured with the patient was recognized by

Roselle Retires



Roselle Dougherty, right, shared cake-cutting honors with Dorothy Thompson when the two were honored at a retirement luncheon served in and around the third floor classroom, with more than 100 attending. Roselle, going out on physical disability, worked out of the Administrative Division, her versatility enabling her to fill in for absent secretaries throughout the hospital. She probably knew more about the inner workings of various services and divisions than any other one civilian employee aboard. Mrs. Dougherty departed 19 May for a three-week visit with relatives in Lexington, Ky., and Omaha, Nebr., after which she will return to her home in San Leandro, where she lives with "the two Bills"—her husband and son.

an old boy friend it had taken her months to lose.

How will Dorothy fill the hours now that she has retired? She will write—of course—"A book titled 'Commanding Officers I Have Known' might sell at least 12 copies," says Dorothy, who served with that many. She'll dig in her garden in Berkeley. She'll travel and take pictures of children "doing their own thing," which has long been a favorite hobby.

By Anne Hubbard

—usn—



The Navy gained 12 new laboratory assistants with the graduation of class 33. Pictured from left to right, front row, are HMI Henderson, instructor, HNs Robert Taylor, Mark Glendinning, Kenneth Pittman, Michael Anderson, Jose Arevalo, Edgardo Mendoza. Second row, HNs Keith Hammond, Gregory Winnick, Charles Carroll, Keith Stephens, Mark Allard, Samson Salinas, and HMI Short, instructor.



EXEC-LINE

● I'm a senior corpsman on the 5th deck and would like to have an error corrected. On the 2nd deck there is a sign that says Urology and Orthopedics are on the fifth floor. People wander in up here when we are busy with group therapy. Any help would be appreciated.

The erroneous sign has been corrected.

● I'm a patient on 5-South and my mail has been taking 7 days to get to me, even when it has been mailed air mail. Sometimes when I mail a letter to my wife it gets there a half month late.

Your problem was referred to the administrative assistant on N-P. There was not as much of a problem as you initially thought.

● I'm a dependent on unit 9-NE and when I did some shopping in the little hospital exchange I wanted to cash a check. I showed my wrist band but the lady insisted on seeing my ID card. That's silly because I wouldn't be in the hospital unless I was a dependent.

ID cards are required for all purchases and cashing of checks in all Navy Exchanges. There are often patients in military hospitals who do not have exchange privileges, so the name band is not sufficient identification for Exchange transactions. There is an excellent article in the Spring 1971 issue of *Wifeline* on the subject of Navy Exchanges.

● Would it be possible for the CO to allow a man's fiancée to enter the Exchange to look at wedding rings if she does not have Exchange privileges?

Unauthorized persons being prohibited from entering Exchange is not a regulation formulated by the command. It is an Exchange System rule that is beyond the authority for a commanding officer to waive.

● I work in NPRL and I wondered if we could have a wider variety of greeting cards in the little hospital Exchange because we have a few amputees who can't get down to Bldg. 38 to pick out special cards like at Easter or Mother's Day.

There is a limit to how much we can place in the small Exchange. The manager tries to keep an abundance of appropriate cards available. The Red Cross volunteers are always available to do special shopping for those patients unable to go to Bldg. 38. Also, we now have a ward service cart from the Exchange that will periodically be brought to the patient care areas in Bldg. 500.

● I live in the barracks, Bldg. 501, and the MAA told my roommates and me that we could not have an antenna for an FM stereo receiver in our room and I don't see where it's hurting the window, the room, or anything, to have that antenna up there.

There is no objection to having an antenna if there is indeed a need for one. Most FM receivers work perfectly well with inside antennae in this area. The MAA's objection was having the antenna in the window covered with a symbol that is objectionable to some people.

● It would be worthwhile to put a big post-office type mail box near the barracks so that it would be easier to mail the bigger cards and packages.

A new wooden box is being constructed to accommodate your needs in this regard.

What's New At Navy Exchange . . .

With June busting out all over, so are bargains at Navy Exchange. Sunday, 20 June, is Father's Day. Make Dad "King For A Day" by selecting one of the many gift items featured for his special day. Power tools, sporting equipment, fishing rods and reels, golf balls, tennis rackets and a wide range of after-shave lotions are just a few of the selections from which to choose.

For the June bride, the Exchange is offering a wide assortment of household items, including toasters, irons and blenders. For a more personal gift there is bridal lingerie.

June graduates certainly would appreciate any of the handsome gifts available at the Exchange, including wrist watches, pen and pencil sets or cigarette lighters.

14 June is Flag Day; so show that patriotic spirit by displaying Old Glory. Flags and flag stands are on sale at the Exchange.

San Francisco Neurological Society Meets At NH Oakland

On 12 May, one hundred members of the San Francisco Neurological Society met at Oakland Naval Hospital for a buffet and a scientific meeting. Captain Gale Clark was host and moderator. Papers delivered included "Dandy-Walker Cyst and other Midline Teratologic Cystic Anomalies" by Don Prolo, M.D., of San Jose; "Problems in Shunt Revision for Hydrocephalus" by Robert Weyand, M.D. of Oakland; "Neonatal Seizures" by Bruce Berg, M.D. of UCSF; and "Acute Weakness Without Sensory Loss In a Child" by Ivan Diamond, M.D. of UCSF.

A do-it-yourself retirement plan that really works
U.S. Savings Bonds



Captain Sue Smoker and Ensign Judith White, newest Navy Nurse aboard, take part in the traditional cake-cutting ceremony held in the main dining room 13 May to celebrate the Navy Nurse Corps' 63rd Anniversary. Ensign White, who reported from Newport, Rhode Island on 26 April, is the junior nurse aboard. Admiral Mahin greeted members of the Corps, praised them for their outstanding contributions to the hospital, and presented LT Mary Southerland with a letter of commendation for her superior work as charge nurse of the Intensive Care Unit on the USS SANCTUARY.

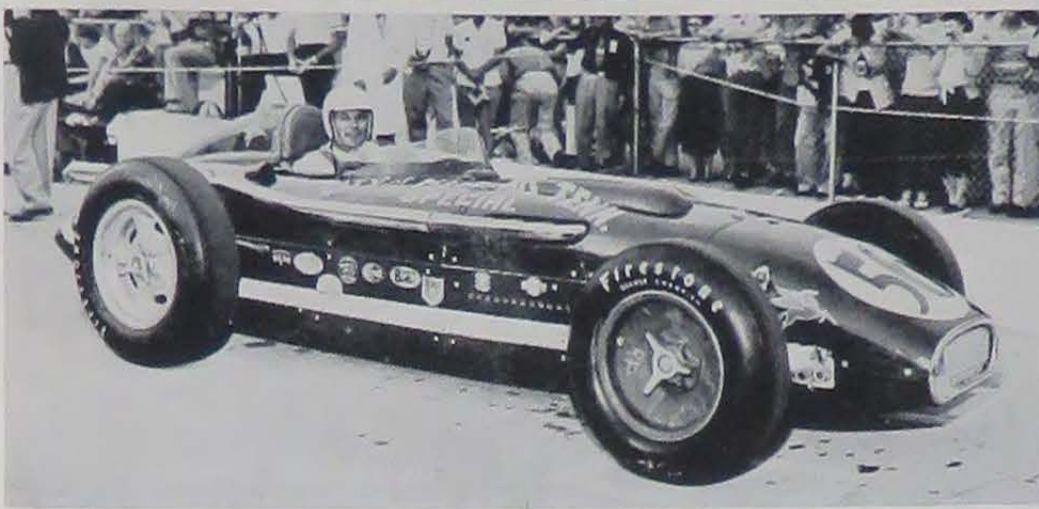
Who's Doing What . . .



HM1 Ronald Brunner, PMT student, received the Meritorious Unit Commendation and the Navy Achievement Medal for superior performance of his duties while aboard the USS SHENANDOAH. HM1 Efren Reyes signed on the dotted line for four more years, as did PMT instructor HMC Oliver Peterson for two.



Letters of appreciation were presented to hospital personnel comprising the staff of 5 East for their outstanding work with a new psychosomatic clinic and their assistance with special experiments on the unit. Pictured from left to right are: LT Cynthia Hughes, HM2 Roger Frederick, HM3 Harold Gerlt, HM3 James Youngblood, HM2 James Tisue, HM3 Doyle Dalke. Not pictured is HM3 Debra Heilshorn,



Fred Agabashian, 12 time veteran of the Indianapolis 500 race, learned a lot about driving safely while participating in a dangerous profession.

Cardiology Opens '71 Softball Season With Victory Over CSR

By Ron Brown

The 1971 softball season got underway as Cardiology humbled CSR 19-9 on our field 17 May.

The winners opened the scoring in the first inning with a two run homer by Dave Antonelli, followed by eight more big runs in the second thanks to triples by Montes and Kerr, coupled with a double by Antonelli.

Cardiology followed with four runs in the third and five in the fourth inning, to total their 19 runs. Stanley tripled in a losing cause, along with doubles by Porter, Munoz, and Peters.

In other games played, Orthopedics defeated ER 12-2 and Radiology lost to OR 13-1 to wrap up last week's action.

Sports Shorts

12ND Golf

The 12ND Men's Golf Tournament will take place at 0800 28 and 29 June at the Moffett Field Golf Course. The Finals will be held on 30 June-1 July for the lowest eight scores in the Senior Division and the lowest sixteen medal scores in the Open Division. The Senior Division is comprised of male golfers who have reached their forty-fifth birthday on or before 1 July 1971, while the Open Division consists of all men junior in age to the Senior Division.

Green fees and awards will be provided by the Twelfth Naval District. Contact Ron Brown in Special Services for more information.

June 21 and 22 are the dates set for the 12ND Women's Golf Tournament at Moffett Field Golf Course. Tee-off time is 0900. Green fees, awards and tournament balls will be provided by the Twelfth Naval District.

The four lowest scores will qualify to represent the 12ND in the West Coast All-Navy Women's Golf Tournament. See Special Services for details.

Blind Bogey Results

The Blind Bogey Golf Tournament, sponsored by Special Services, was held 20 May at Chabot

'Indy 500' Driver To Visit Hospital

The Champion Highway Safety Program, which features nationally known race drivers, will be presented in the Clinical Assembly 10 and 11 June at 1500 by Fred Agabashian, 12-time competitor in the famed Indianapolis 500-mile race.

In commenting on the program, Mr. Agabashian said, "On the race track or the highway, attitude is the biggest factor in safe driving. By keeping a car in good operating condition, being mentally alert and practicing common courtesy, all of which reflect the proper attitude, we could substantially reduce the annual traffic death toll."

Mr. Agabashian, of Alamo, California, one of the most talented and popular drivers in the history of the sport, is now retired from competition. In 1952 he earned the pole position at Indianapolis and subsequently led the race in the last diesel ever to compete there. Mr. Agabashian now confines his activities to highway safety appearances. He is a member and past president of the famed Champion 100 Mile-an-Hour Club, an exclusive organization of men who have completed the 500 miles at Indianapolis.

Swimming Schedule

Twelfth Naval District Swimming and Diving events are scheduled as follows:

- 2 June Invitational—NAVSHIP-YD—Mare—1930
- 9 June Invitational—NAS Moffett Field—1930
- 19 June Invitational—NAS Lemoore—1600
- 22-23 June 12ND Championships NAVSTA T. I.—2000

The following events will be included at all meets: Freestyle, 100 meters; Breaststroke, 200 meters; Individual Medley, 400 meters; Diving, preliminary; Medley Relay, 400 meters; Freestyle, 400 meters; Backstroke, 200 meters; Butterfly, 200 meters; Freestyle, 1500 meters; Diving, finals; Freestyle Relay, 400 meters.

Contact the athletic director at Ext 2350 if you are interested in participating in the above events.

Golf Course. Winners were CDR Eva Gagnon, LT Mitchell Page, and HN David Antonelli.

Watch the P.O.D. for date of next tournament. All staff members are invited to participate.

Fire Chief Says . . .

Do-it-yourself barbecue chefs should do their barbecuing out in the open. Otherwise, warns the National Safety Council, what starts out as a festive meal may end up a tragic disaster.

Many persons regard charcoal briquets as perfectly harmless to use indoors, never dreaming that large quantities of carbon monoxide can accumulate. The Council points out that you need plenty of air to get rid of the poisonous gases from burning charcoal. As with coal, the combustion process generates the odorless but deadly carbon monoxide gas that must have room to escape. Poisonings and even asphyxiations have been reported when briquets were burned indoors.

Don't use briquets in a garage or basement or any other enclosed area, such as a porch, tent, cabin or car.

The same caution applies to Japanese-type hibachis, sometimes used on dining room tables. Symptoms of poisoning from using hibachis in tightly closed houses have been reported.

If you absolutely must use a hibachi indoors, place it near an open window or door as a sensible precaution against accumulation of carbon monoxide.

When using briquets in a fireplace, make certain the damper is wide open and there is a good draft in the chimney. This is the only way to be sure the lethal gases can escape.

Hail & Farewell

ENLISTED REPORTING:

HMC Maximono D. Crisostomo, Jr., reported from Naval Support Activity, Saigon. HM3 John H. Kessel from Naval Station, Treasure Island.

ENLISTED DETACHED:

HMC Melvin R. Harper was detached to Naval Support Activity, Cam Ranh Bay. HM1 Harry L. Valente to USS GALLANT (MSO 489). HN Johnnie L. Herbold to NAS, Cubi Point, Philippines, and HN Bernard Kroeger was detached to Naval Hospital Corps School, San Diego.

OFFICERS REPORTING:

LTJG Mary Southerland reported from USS SANCTUARY, ENS Judith White, ENS Kathleen Carey, ENS Suzanne Redmond, and ENS Brenda Swinson, all reported from Newport, Rhode Island.

LCDR Philip Vogt reported from USS SANCTUARY and LT Donald Thorson from Naval Air Facility, Cam Ranh Bay. 6 and 7 June

COLD TURKEY—Dick VanDyke and Bob Newhart.

Movie Schedule

27 and 28 May
FIVE EASY PIECES—Jack Nicholson and Karen Black.

29 May
SARDINIA KIDNAPPED—Frank Nero and Charlotte Rampling.

30 and 31 May
EVERY MAN IS MY ENEMY—Robert Webber and Elsa Martinelli.

1 and 2 June
A MATTER OF WHO—Terry Thomas and Alex Nicol.

3 and 4 June
SECRET PARTNER—Stewart Granger and Haya Haraet.

5 June
THERE'S A GIRL IN MY SOUP—Peter Sellers and Goldie Hawn.

12ND Tennis

The 12ND Senior Men's Tennis Tournament will be held at the Naval Station, Treasure Island, on 15-16-17 June at 0930. All players must be 40 years of age or over by 1 August 1971. Competition will be held in singles and doubles matches, with the top four place singles winners representing the 12ND in the West Coast Tournament at the Naval Air Station, Alameda on 19-23 July.

Scuttlebutt

SIGHTS & SOUNDS: Captain Gale Clark on 18 May wearing a sign that read: "Be nice to me; it's my birthday." . . . LCDR Lois Butler proudly stepping into her shiny new Chrysler New Yorker with push-button everything, trying to find which button releases the brake, and NOT the hood! . . . LT Zimmerman and LTJG Ware walking on clouds with news that their early-outs were granted. . . . Ernie Sivertson getting seasick while fishing for salmon. . . . Admiral Mahin returning from Mt. Vernon, Iowa, where he attended his son's graduation from Cornell College. . . . Chaplain Helveston wondering why HIS appointment with Admiral Mahin was cancelled when Admiral Zumwalt visited the hospital.

THE NAVY WANTS ENS ANN McKELVEY of 75A. She received a letter from her recruiter asking if she is interested in joining the Navy Nurse Corps! She promptly responded, stating she would like very much to become a Navy nurse, but will have to wait until her present enlistment expires.

ANOTHER IMPORTANT COMMUNICATION was addressed to HN Garnie Butisbauch from Admiral Zumwalt, thanking him for the "Zumwalt clock" that Butisbauch gave him when he visited the hospital.

LOOK-ALIKES: ENS Brenda Swinson, of 7 West, and ENS Suzanne Redmond of 7 North ambling side-by-side down the hall.

NUPTIAL NOTES: Hope it's not too late to congratulate HN Fermin Montiel and his wife Denise, who were married 13 March. The ceremony took place in the Main Chapel with Chaplain Bohula officiating.

Karen Peltola became Mrs. John Snowden at a quiet service performed 1 May by Chaplain Underhill in the Main Chapel.

P.S.: Anyone notice the sign on the "DINNING" room door?

Life Began . . .

LIFE BEGAN 10 May for Jodi Lynn Ferguson, 7 lb. 14 oz. daughter of HN Richard Ferguson of Medical Repair and wife Mary. . . 12 May for Gene Paul Sturgeon, 7 lb. 9 oz. son of HN Lonnie Sturgeon of ward 7 North and wife Darla. . . 22 May for Mark Richard Lewis, 8 pound son of LT Terry M. Lewis of GP Clinic, and his wife Barbara.

USO To Sponsor Black Arts Program

The Oakland USO will sponsor a Black Arts program on Saturday, 29 May at 1900.

All military are invited to a "Soul Food" supper provided by the Oakland USO junior volunteers to be served from 1900 to 2000. The highlight of the evening will be a dramatic production by the very talented BLACK ARTS INC. The performance will commence at 2000, followed by a dance to the music of the Black Arts Band.

The program will be held at the Oakland USO Club, 518 Seventh Street.

The OAK LEAF



Vol. 33, No. 12

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Tuesday, 15 June 1971

You've Come A Long Way, Doc

Although your official birthday is 17 June 1898, your evolution began more than one hundred years earlier, when the first "loblolly boy" was recruited for the crew of the frigate *Constellation* in 1778. The loblolly boy, usually selected from the least necessary members of the crew, could be found in the "cockpit"—later known as the sickbay—attending to the needs of the sick and injured. Your job description included the grisly task of assisting the ship's surgeon with amputations (at that time, the common treatment for compound fractures) as well as serving gruel (known as loblolly) to the sick crewmen. Even in those early days, Doc, you distinguished yourself in battle through your acts of valor.

With time, you lost the name of loblolly boy and were subsequently known by the titles of male nurse and bayman. In 1898 you lost these names too, when an Act of Congress established the Navy Hospital Corps and provided for the assignment of grades and ratings.

Soon after, the first Navy Hospital Corps School was established at Naval Hospital, Portsmouth, Virginia. With the opening of the Corps School, Doc, you were no longer just another crew member, but a highly dedicated man with the skill and knowledge required to render professional aid to the sick and injured in any situation imaginable.

Then in 1916, and again between World War I and World War II, the Hospital Corps was remodeled and became more clearly defined as a separate Corps of the Navy. More schools were provided, qualifications for advancement in rating were raised, and a high degree of technical skill and knowledge was demonstrated by all members of the Corps. During World War II, Doc, you showed the world what a corpsman was worth. It is well known that of the fifteen Congressional Medals of Honor awarded to Navy enlisted men in that war, seven went to Hospital Corpsmen. Today fellow corpsmen are striving to save lives in Vietnam, compiling an unparalleled record of recovery. Yes Doc, 73 years have brought you a long way, and you can be proud of every step.



A Message From the Surgeon General

The 17th of June marks the 73rd anniversary of the founding of the Hospital Corps. Although growing old in years, the Corps has never had a brighter or more progressive future. The recently approved Physician's Assistant program leading to Warrant Officer and the inauguration of Navy Enlisted Classification distribution, among other innovations, assure not only improved utilization of our human resources, but the opportunity for the Hospital Corpsman to grow professionally in his chosen paramedical field.

I believe the Hospital Corps offers each of you an exciting and challenging future, in an honorable profession, of service to your country. I believe a career in the Hospital Corps will continue to be a rewarding life of helping to provide excellent health care in the devoted manner that has long been the "hallmark" of Hospital Corpsmen. As valued members of the Navy Medical Team, I believe the future will provide unparalleled opportunities for job satisfaction and professional growth for each of you. Best wishes on your anniversary and continued success in the tradition of the Hospital Corps these past seventy-three years.

G. M. DAVIS
Vice Admiral, MC, USN



Versatility is the key word in describing a corpsman. In the Orthopedic Clinic Lindsey Ashley gently pries a cast apart, while below in CSR Leland Fouts and Gerald Larrabee use careful wrapping procedures to insure the equipment's sterility. Harry Burns gently cradles his patient on Pediatrics. Harry Bovos uses the skill of a craftsman to construct Occupational Therapy aids. Louis Silveira is shown in CIC meticulously measuring each drop of solution. In another part of the hospital David Powell can be found performing a vitally necessary task in one of the patient care units. Chief John Ables and his photographic colleagues produce over 2500 slides and prints monthly for the hospital. In EKG Terlele Washington's talents assist doctors in "picturing" a patient's heart. Mike Stewart works to make a prosthesis in NPRI.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Contributor: HM3 David Haas
 Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

BARE WALLS AND EMPTY SYMBOLS?

In the parable of the sower Jesus describes four kinds of soil on which the seed falls. The first soil is too hard, the seed cannot penetrate. The second is too thin, the seed cannot root. The fourth soil is the good soil in which the seed takes root, grows and bears fruit. The third soil is perhaps the most common in our modern life. It is soil full of other seeds in which the seed of God's word is choked and crowded out. The soul of man isn't because frequently the seed has no place to grow.

I have spoken with many who earnestly seek the presence of God in their lives but lament that worship seems so sterile, so far away. And some times it is, bare walls and empty symbols.

On the other hand perhaps the bare walls and empty symbols are within more than without. Perhaps we have allowed the cares, the strategies, the movement, the noises of our modern life to become like weeds, pre-occupying the rich soil of our soul. Care and concern, fear and anger, pride and arrogance continue to frustrate the quest for peace and inner contentment to the point where we say "If God Is, I can't find Him."

Perhaps we have placed the emphasis on the seed rather than the soil. Even weeds will not grow on concrete. If God can't get into our souls, we will not find Him without.

The emphasis of the parable is not the sower or even the seed, but on the soil.

The person who truly desires the presence of God in his life can have relationship with Him. He doesn't have to be in his best form, best smile, best intentions, for God comes to him just as he is.

God simply requires some room in the soil of the soul, some room in the occupations of time and talents, care and concern where the seed of His word may take root and grow.

Bare walls and empty symbols then spring alive with the fruits of God's love and His grace becomes the storehouse of life's fullness, even for eternity.

LCDR ALVIN B. KOENEMAN, CHC, USNR

HRO Offers Help For Home Hunters

Looking for a place to live? There is an established housing referral office available to assist you in locating off-base housing. Listings of apartments and homes are on file at the HRO. For assistance contact the Housing Referral Office, Bldg. 60A, telephone 639-2309.

FIRE PREVENTION...



Saylor and Young To Lead Scouts of Troop 412 on 50 Mile Yosemite Hike

Troop 412 is planning a fifty mile hike this summer. The area to be covered is from the West Portal (Carlson Ranger Station) Yosemite, to the town of Oakdale. This will be a completely overland hike, utilizing fire trails and waterways. The troop will subsist on dehydrated foods and will carry all supplies and equipment on their backs. This is quite an undertaking for a troop that is only eight months old, and everyone at NH Oakland wishes them well. Scouts participating are: Joe McCall, Art Nicewander, Bill Saylor, Bill Trapp, Floyd Young, Jr., Leroy Robl, Teddy Young, Russ Bryan, Ray Merrill, Chris Kohn, Garry Young, Mike Webb and Richy Baldwin. Adult hike leaders will

be Jim Saylor and Floyd Young.

Congratulations are in order for Jim Saylor, Bill Saylor and Jerry Wallner, who were selected for the National Camping Organization-Order of the Arrow. The three scouts went through their order in April at Camp Los Mochas.

The troop also welcomes Explorer Post 412 to the hospital compound. This new group was formed to aid those interested in medicine, enabling them to get a first-hand look at various procedures involved in medicine. Dr. Howard Shute, backed by a well formed committee, is the institutional representative. More will be heard about the post as it grows and aids the medical areas in and around the hospital.

Who's Doing What



The two most recent Beneficial Suggestion award winners are Lela Whately, for her suggestion in the use of muslin restraints, and Frances Curry's idea to stamp social security numbers on the outside of service records. HM2 Gilbert Gonzales and HM1 Duane Bechthold reenlisted for four years. Dr. Tarassoly, a commander in the Iranian Navy, received congratulations from Admiral Mahin and Captain Hayes upon completion of a one year observership program in Pediatrics. Oscar Cunningham, of Public Works, and Verona Reeder of Housekeeping, received Length of Service awards and pins after reaching the 20 year mark. Before leaving for Camp Pendleton, HM3 Herbert Haynes was presented a letter of appreciation, as was CDR Gladys Madsen before her departure for the Marine Corps Base at 29 Palms. HM2 Roy Hancock was awarded the Air Medal on 19 May.

Hail & Farewell

OFFICERS REPORTING:

LT Rex Repass, from AEWRON; LTJG Patricia Robinson and ENS James Tobey from Newport, Rhode Island.

OFFICERS DETACHED:

LTJGs Jo Ames and Christine Campbell were released from active duty. CDR Madsen was detached to Marine Corps Base, 29 Palms. LCDR Richard Tenney and LT George Mollett were released from active duty.

ENLISTED REPORTING:

HNs Michael Hamilton, Robert Turbow, Jr., Gary Tapert, Larry Brooks, and HAs Jack Papazian, Jr., and Constantine Szeliga all reported from Naval Hospital Corps School, San Diego. HN Robert Downer reported from Naval Hospital, Portsmouth, Va.

ENLISTED DETACHED:

HM3 Travis Lyons, Jr. to Naval Aerospace Med. Inst., Pensacola, Fla. HM3 Henry Yostmeyer, Jr. was detached to Naval Hospital, Long Beach. HM3 David Sherrill and DT3 Daniel Spengler, Jr. were released from active duty in the National Reserves.



NP Grads of 21 May are, from left, HN Richard Villa, HM3 Kirk Winner, HM3 William Neirman, HNs Michael Mockler, Daniel Heydon, Steven Harfst, HM3 Michael Murray, HA Gregory Raile, and HM3 Gary Stanley. Seated are: CDR Ann Kubicz, CDR Victor Holm, Admiral Mahin, LCDR Jon Heisler, and Chaplain Edward Hughes.

Ecology Seminar At NAS Alameda

A seminar on Environmental Ecology and Pesticides, sponsored by the Navy Disease Vector Ecology and Control Center, was held at the Naval Air Station, Alameda, California on 25, 26 and 27 May. The military and civilian attendees numbered 335 and included entomologists, ecologists, biologists, physicians, veterinarians, engineers, sanitarians, chemists, preventive medicine technicians, supervisory pest control personnel and others who are in some way responsible for the use of pesticides. Those attending represented twenty-two states, the District of Columbia, Guam and Germany.

The purpose of the seminar was to make available to appropriate personnel from government and industry the most up-to-date information regarding the effects of pesticides on human health, wild-life resources and general environmental contamination.

The speakers who participated in the seminar undoubtedly represented the most distinguished group to assemble on the West Coast, and probably in the United States, to talk on this vitally important subject. In a day when it is more fashionable to condemn pesticides for all the harm they have caused, the speakers, instead, made it clear that the benefits of pesticides have exceeded the harmful effects by a considerable margin.

The topics included a professional ecologist's view of the environment in which he stated that even though man is drastically changing the environment, we are not in a disastrous state and we are not killing off all the wildlife with pesticides. The missions and functions of the Environmental Protection Agency were discussed as well as chemical contamination in food, water and the fate of these chemicals in the environment. Speeches on pesticide usage, federal and state legislation on pesticides and insect resistance to chemical control efforts were just a few more of the timely and highly informative topics presented.

—usn—



EXEC-LINE

● I was wondering the reason for not being able to leave on a Friday or Saturday night if we don't have duty weekend and our leave starts on Monday.

You would be permitted to check out on leave on a Friday or Saturday if your leave papers state that the leave began that particular Friday or Saturday. BUPERS Manual, Article 3030100 is quoted in part: "Liberty may not be taken in conjunction with leave . . . Liberty may be authorized for both officer and enlisted personnel and if so authorized the period shall be without charge to leave . . . Liberty shall not be used to extend leave periods." The recent change which authorized personnel to check out on leave via telephone is for personal convenience and is not intended to be used to extend leave periods.

● Can we do something about the high wattage of the Exit Signs in the Clinical Assembly? They certainly ruin a good movie.

The bulb size has been reduced.

● I don't have a problem at this time but I am anxious to find out what the ruling is on a short hair wig.

As long as the wig conforms to standards of appearance prescribed for natural hair, there is no objection to the wearing of wigs.

● I'm calling in regard to the note in the Plan of the Day of 25 May which says that Special Services Issue Room will be closed 25-28 May. I wonder if there is any way the Issue Room can be opened Friday so that we may check out gear for the long weekend.

It was necessary to close Special Services for a period of time to permit inventory; however, the Issue Room was cleared for opening from noon Thursday, 27 May, through Friday, 28 May for weekend checkout.

● When I stand the Main Gate Watch, I've noticed that the light is not enough to be able to see bumper stickers. Also the shack needs to be better heated.

Part of the problem was a broken window which has been repaired. The Main Gate Shack has an electric heater which does take the chill off the space. There are no steam lines in the vicinity and controlled electric heat would be very expensive. Light bulbs have been replaced with stronger ones and lighting now appears adequate.

● I'd like to complain about the lice in the john in the new Enlisted Barracks.

Prompt inquiry by PMT into this call elicited the following: The caller stated that he himself had no infestation; he said the lice were "flying around in the john." The caller knew of no one with an infestation. The call admittedly resulted from a rumor that there was an "epidemic" in the EM Barracks. Further inquiry revealed that 3 cases of pediculosis had been treated in staff sick call over 2 months previously. There have been no further cases and the "lice" proved to be gnats. Routine environmental health surveillance of barracks spaces will continue to be conducted by Preventive Medicine Service.

Life Began . . .

LIFE BEGAN 27 May for Wayne Gregory Morris II, 3 lb. 4 oz. son of HN Wayne Morris of Operating Services and wife Mary Frances. . . 5 June for Rachael Ann Esquivel, 6 lb. 5½ oz. daughter of HM3 Carlos Esquivel of EENT Clinic and wife Yolanda.

—usn—

Gerald Porter Named Grievance Examiner

Mr. Gerald Porter, of NPRL, was recently appointed Navy Department Appeals and Grievance Examiner for civil service employees in the Twelfth Naval District.

Appointed by the Secretary of the Navy, Mr. Porter will carry independent personal responsibilities for assuring prompt, capable reviews of employees' appeals and grievances. Under the new system, civilian employees are provided formal and informal avenues of making their cases known, offering quick, judicious resolutions to the problems.



Navy Wives Clubs Celebrate Birthday

Navy Wives Clubs of America celebrated its 35th birthday with cake and coffee at the 1 June meeting, and announced plans for its formal chartering ceremony next

Know Your Staff



HM3 Mader assisting Brian Eggar with the use of his prostheses.

Here lately, Jim Mader feels more like a coach than a Corpsman. Jim is the Physical Therapy Technician who was selected to work in the prosthetic training area in Building 61B, a section of the Physical Therapy Branch. Mader, who has more than three years experience in Physical Therapy, seems to have found his niche in planning and supervising exercise programs for amputees. In his job, Jim is able to combine his interests in athletics with a talent for teaching and motivating his patients. Sometimes, he is quick to point out, this may involve doing a number of push-ups or bar-dips as penalty for losing a basketball-shooting contest with the patients. "You can't be afraid," he says, "to do anything you would have the patients do." As a result, he is in the best physical shape he remembers since college days.

Jim works for LCDR Patricia Brown, the Physical Therapist in charge. They combine their talents in a vigorous team effort to get the amputees up on their prostheses and out into functional roles in society. For the patients, this may mean activities as strenuous as walking Mader's obstacle course, or as recreational as wheelchair basketball.

In mid-June, Jim will be leaving the Navy to return to his home in Auburn Hills, Michigan, and resume his studies at Oakland Community College, where he attended prior to enlistment in 1966. His field of study? Physical Therapy, of course.

month. The event will take place 10 July in the Chapel Annex when the club's charter will be presented by a national officer of the NWCA. Following the ceremony all local members will be initiated and new officers installed.

Sue Saylor attended a brunch on 26 May at the Presidio for the Military Wife of the Year. This year, for the first time, the honor has gone to a Navy enlisted wife.

NWCA 160 welcomes all wives of enlisted Navy, Marine Corps, Coast Guard; retired and active duty reserves, and widows. Business meetings are held on the first Tuesday of each month; social meetings on the third Tuesday—Chapel Annex at 1930.



Speakers for the Environmental Ecology and Pesticides Seminar at NAS Alameda were, left to right, Mr. Harold Russell, Dr. W. S. Murray, Dr. R. E. Johnson, Mr. G. L. Hutton, Dr. Hans Falk, Dr. Bartlett, Mr. D. J. Womeldorf, Admiral Mahin, Dr. D. A. Spencer, and CDR E. M. Fussell.



Once again LAB walked away with first place volleyball honors. Shown proudly displaying their trophies are: CDR Arthur Holmboe, LT Gary Quine, LCDR Daniel Kelly, HM2s John Tolonen and Robert McFadden. Not pictured are HNs Mark Glendinning and Charles Carroll, LCDR Fred Gerber, and HM2 James Russell.



Second place volleyball trophies were presented to members of Pharmacy's team. They are, left to right, front row: HM3s Richard Bair, Esequiel Trujillo, Cliff Wright, and HM2 Michael Townsend. Back row: HM2s Martin Ehresman and Pat Graham, HN Gene Haiar, and HM2 Linwood Porter.

Sports Shorts

Softball Standings

Intramural Softball Standings as of 10 June:

Team	Won	Lost
CARDIOLOGY	2	0
NP	2	0
C.P.O.	1	0
OR	2	1
ORTHO	2	1
CSR	1	1
MSC	0	1
ER	0	3
RADIOLOGY	0	3

All games are played at 1700 Monday through Thursday at the station athletic field.

12ND Softball

12ND Men's Softball League standings through 27 May:

	W	L
NAS Moffett Field	6	0
NAVSHIPYD Mare	4	0
NAS Lemoore	3	1
NAVSECGRUACT Skaggs Island	3	2
NAVHOSP Oakland	2	2
NAVSHIPYD Hunters Pt.	2	4
CGTRASUPCEN, Alameda	1	3
NAVWPNSTA Concord	1	4
USS WHITE PLAINS	0	6

Trophy Standings

Current 1970-71 Twelfth Naval District Commandant's Trophy standings are:

Group "B"	Points
NAVWPNSTA Concord	43
NAVHOSP Oakland	30½
NAVPGSCOL Monterey	21
NAVSECGRUACT Skaggs Island	15½
NAAS Fallon	8
NAVCOMMSTA Stockton	7
NSC Oakland	5

12ND Golf

12ND Men's Golf League standings through 26 May.

	W	L
NAS Alameda	10	2
NAS Lemoore	10	2
NAS Moffett Field	9	3
NAVSHIPYD Mare	7	5
NAVHOSP Oakland	6	6
NAVWPNSTA Concord	3	9
NSC Oakland	2	10
NAVSTA Treasure Island	1	11

The Twelfth Naval District Women's Golf Tournament will be held at the Naval Air Station, Moffett Field, commencing at 0900. All interested personnel should contact Ron Brown at extension 2350.

Meritorious Mast for GySgt D'Hondt



Gunnery Sergeant C. J. D'Hondt (right) Marine Liaison NCOIC, was presented a Meritorious Mast by his Commanding Officer, Colonel R. J. Lynch Jr., (left) at the Marine Barracks, NS, TI. GySgt D'Hondt was cited for his outstanding performance of duty as NCOIC of the Marine Liaison Section here.



With the end of May came the retirement of six of our civilians at NH Oakland. Posing with Captain Hubbard, XO, are Amy Bowman, Elsie Meredith, Patrick Miller, Charles Peralta, and Dorothy Williams. Not pictured is Jean Ledbetter. These six staffers have totaled 117 years of service to Uncle Sam.



OR Grads of 28 May are, left to right, HM3 Scott Weatherwax, HNs David Gradwohl and Kenneth Ward, HM3 Richard Blair, HNs Francis Gagne and Richard Lentz. At extreme right is HM2 John Bendele, OR Instructor. Seated are CDR Nancy Jacques, OR Supervisor, CDR George Metz, Captain Hampton Hubbard, Executive Officer, Captain Vernon Fitchett, Chief of Surgery, and LCDR Alvina Harrison, OR Instructor.

Five Complete Navy Relief Course At NH Oakland

The Navy Relief training course offered in May at NH Oakland has just been completed, with Mrs. Kenneth Anderson, Navy Relief Field Representative, as instructor. The following ladies received a Certificate of Graduation for successfully completing the formal training course: Mrs. J. C. Dickerson, Mrs. W. P. Hollingsworth, Mrs. L. Morrison, Mrs. W. A. Ollenburger, and Mrs. H. E. Shute.

Receiving awards for 600 hours of volunteer service were Mrs. C. Courtney and Mrs. M. J. Millard.

Awards for 300 hours of volunteer service were presented Mrs. G. F. Kellogg, Mrs. G. E. King, and Mrs. E. C. Noel.

One hundred hours of volunteer service awards were presented Mrs. R. M. Deaner and Mrs. P. E. Schroder.

—usn—

Movie Schedule

15 and 16 June
THE BUTTERCUP CHAIN — Hyatt Bennett and Jane Asher.

17 and 18 June
FBI CODE 98—Ray Danton and Jane Kelly.

19 June
I NEVER SANG FOR MY FATHER—Melvin Douglas and Gene Hackman.

20 and 21 June
THE GREAT WHITE HOPE—Jane E. Jones and Jane Alexander.

22 and 23 June
"JOE"—Peter Boyles and Dennis Patrick.

—usn—

The OAK LEAF



Vol. 33, No. 13

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 2 July 1971



**Taps for
Middy
Tops &
Bell
Bottoms
In 1975**

Navy Adopts New Uniform For All Enlisted Rates

The traditional bell bottoms with jumpers and white "sailor hat" will fade into U.S. Navy history July 1, 1975 when wearing of the enlisted dress uniform—a new lightweight blue uniform with a double breasted coat, white shirt, straight trousers, black tie, and Officer/CPO type caps with special insignia—becomes mandatory.

In effect, it will bring the Navy into line with its sister services by providing one uniform from seaman to admiral. Additionally, Admiral Elmo R. Zumwalt, Jr., Chief of Naval Operations, believes it will represent the concept of one Navy, united in purpose, striving for common goals.

In announcing the new uniform change, which will first be available and authorized for wear 1 July 1973, Secretary of the Navy John H. Chafee said the change was the result of a study by personnel throughout the rank structure over a prolonged period.

Besides the unique hat insignia, the lower rates will also have different arm insignia from chiefs and officers. Additionally, the new uniform will replace the undress white uniform, while present tropical white uniforms will be retained.

Officers will not be required to have the Service Dress Khaki uniform. Although tropical khaki and tropical white uniforms will be retained, a summer weight Service Dress Blue uniform will be authorized.

Chief Petty Officers will not be required to have either Service Dress Khaki or Service Dress White. They will also retain tropical whites and khakis and will have a summer weight Service Dress Blue uniform added to their seabags.

Although men will not be able to purchase the uniforms voluntarily from Navy uniform shops at this time, every effort will be made to introduce the uniforms as soon as possible. The reason for the delay is needed to reduce inventories of present uniforms and materials.

NWCA 160 to Receive Its Charter 10 July

NWCA 160 will receive its charter at a special ceremony in the Chapel Annex the evening of 10 July. The presentation will be made by a national officer of the service and social organization for wives of Navy, Marine Corps and Coast Guard enlisted personnel.

Many Happy Returns

Sky rockets and roman candles will light the sky 4 July to celebrate the 195th birthday of these United States. Another birthday occurred yesterday, without so much as a candle being lighted. It was the 29th anniversary of the commissioning of NH Oakland.

Staff Officers Host AMSUS Forensic Medicine Seminar

A Seminar on Forensic Medicine, hosted by Navy Medical Department members at the Naval Hospital, the 21st and 22nd of May on the occasion of the annual meeting of the Northern California Chapter of the Association of Military Surgeons of the United States, has been recognized by those in attendance as outstanding both in content and presentation.

The meeting was held at the Commissioned Officers Mess (closed) and commenced the evening of the 21st of May with a dinner and business meeting that brought together the chapter officers and speakers.

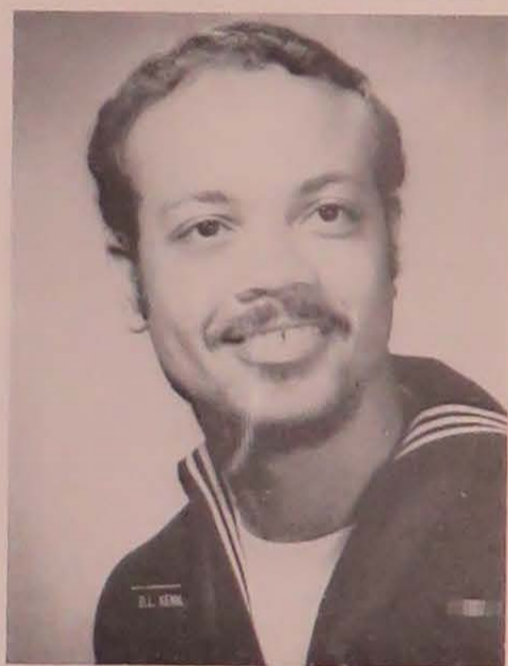
The following morning, CAPT Hampton Hubbard, President of the Chapter, opened the seminar followed by words of welcome to the more than 70 attending members by RADM H. P. Mahin, Commanding Officer of the Naval Hospital, and RADM Walter Welham, MC USN (ret.) Executive Director of AMSUS. CDR Angelo Petoletti, MSC USN then presided over the morning session and later acted as moderator for a panel composed of the morning speakers.

After lunch the afternoon session was chaired by Oren T. Skouge, M.D., Director of the Veterans' Administration Hospital in San Francisco, and the incoming President of the Northern California Chapter of AMSUS. Captain Hubbard presented the gavel to Dr. Skouge at the close of the seminar.

Among the many highlights of the seminar were the two addresses given by Dr. David Sharpe, Professor of Law at the George Washington University in Washington, D.C. Professor Sharpe is well acquainted with the field of forensic medicine having lectured and written extensively on the subject. His luncheon speech, "Getting Through to Each Other About Medical Malpractice," was an articulate masterpiece of information laced with humor. It dealt with the psychological and emotional communication barriers between the professions of Medicine and Law. Later in the afternoon, employing a more serious tone, but not without the use of his particular brand of wit, Dr. Sharpe zeroed in again with his presentation of the "Emergency Room and the Law." Assuming that a hospital has decided it must have an emergency room it then becomes a question of how best to staff it and to serve the public without forensic complications.

Dr. Harold Harper, Dean of the Graduate Division of the University of California San Francisco, in the morning session dealt skillfully and compassionately with the matter of human experimentation in medicine. Mr. Max Feinberg, Assistant Chief of the Division of Technical Operations Directorate of Medical Materiel, Defense Personnel Support Center in Philadelphia, was extremely informative on the many problems of drug

(Continued on Page 2)



May Sailor of Month Honors Go to NP's HM2-Dave Kennedy

HM2 David L. Kennedy is Sailor of the Month for May for his performance in Neuropsychiatry Service.

The 24 year old NP Tech was selected for his outstanding ability in applying the principles of good psychiatric and neurological nursing. The CO's letter also commended him for his exceptional leadership ability and genuine concern for patients and staff.

Dave reported here in August of 1969 via boot camp and corps school in San Diego. Prior to his enlistment, Dave graduated from Sierra Junior College in Rockland, California and attended California State College for two years.

A native of Los Angeles, Dave and his wife, Sandra, and their two children now plan to make Oakland their home. Leisure activities include golf, bowling, and tennis. Dave plans to continue in the field of psychiatry or psychology upon completion of his service.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Contributor: HM3 David Haas

Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

ON THE GLIDE PATH

"You're on the glide path." These are the words I heard as I listened in on a Ground Control Approach of the Navy aircraft in which I was a passenger. I was listening to Ground Control over an extra headset. Words like "above the glide path," and "below the glide path," were heard.

As the Plane Commander made his approach it was reassuring to hear repeatedly: "You're on the glide path."

One is simply fooling himself when he supposes that in spite of the fact that he is below the "glide path" morally that he will make a safe landing. He will land short of the mark and that is not good enough. Sometimes, we get that extra choice to go around and do the approach again.

Moral guidance, like Ground Control Approach, is simply saying, "You're on the glide path—Stay on it."

LCDR W. D. ADERS, CHC, USNR

More About AMSUS Seminar

(Continued from Page 1)

procurement in government medicine. CDR James T. Weston, MC USNR, who is the Medical Examiner for the State of Utah, gave two excellent papers: in the morning one on "Iatrogenic Disabilities and Therapeutic Misadventures," and in the afternoon, a very sobering dissertation on "Child Abuse Patterns."

The final presentation of the seminar was an interesting panel discussion of the "Social, Moral and Legal Aspects of Abortion." This difficult subject was dealt with tastefully and informatively by the moderator, CAPT Jack Wurzel, Chief of Ob-GYN Service, and the members of the panel: CDR Victor Holm, Chief of the Neuropsychiatry Service, Canon Fordyce Eastburn, Personnel Counselor for the Episcopal Diocese of California, Mrs. Blossom Pandit-Sakra, Medical Social Worker of the Gyn-

ecological Service of Harold D. Chope Hospital in San Mateo, CDR William L. Dunbar, JAGC USNR, an Oakland Attorney, and LT Alan L. Zimmerman, Staff Judge Advocate at NH Oakland.

Others who served with CAPT Hubbard for the year 1970-1971 were CDR Victor Holm, Secretary-Treasurer, CDR Thomas Carson, Program Chairman, CAPT Gilbert A. LeBlanc, Nominations Chairman, CDR Jean Heath, Membership Chairman and CDR Angelo R. Petoletti, Arrangements Chairman. Also assisting at the meeting were CAPT Sue Smoker, LCDR Pat Brown and Ensigns Suzanne Redmond and Brenda Swinson.

—usn—

Bell-bottomed trousers are worn so that they may easily be rolled up when scrubbing decks or jumping over the side to beach a small boat.



HMC
 Pangle
 Piped
 Ashore
 On 20½

HMC Lawrence Pangle was piped ashore last month after more than twenty and one-half years of military service. The Pharmacy crew prepared a luncheon the day before his retirement to wish him well and present him with a ship's clock and plaque suitably inscribed. The luncheon was given at Piper's Smorgasbord and was attended by such lovelies as Mrs. Pangle, Judy Lockhurst, procurement clerk, and Tina Radonich, guest of Kelly O'Donnell.

Chief Pangle will now move to Portland, Oregon, where he will work as an LVN in the summer and plans to attend college in the fall.

A Few Frolicsome Folk at the Ball



A good time was had by all at this year's Hospital Corps Anniversary Ball 18 June. Pictured left to right are HM3 Ty Webb and Admiral Mahin sharing cake cutting honors. HN Mike Wilson with his wife, LaTonna. LT Allen Woods, a previous HM1, is pictured sitting with his wife Tommie and HM1 Arthur Dela Huerta. No one can mistake the next "sea dog" saluting the camera. He's HN SNOOPY. HN's Ernie Ackerman and Monte Webb are shown dancing to music provided by "The Brass Bottle." HM1 Fred Mathews and his wife Jan smile for the photographer. HM3 Mona Callin and CPL Dee Darnell "sitting this one out."

—usn—

—usn—

Portholes were originally used as openings from which guns could be fired. King Henry VI ordered that the holes be pierced in the sides of his ships for that purpose, and they have been used ever since.

SICK BAY used to be the "sick berth," but when rounded bows were introduced in ship design the shape of the compartment effected the change of the name to sick bay.

Lab Grads



Laboratory Assistant Class 34 recently graduated these nine technicians. They are, front row, left to right, HN William Dennie, HM3 Richard Koch, HM3 Mark Fisher, and HM3 Virginia McLeod. Back row, HM3 Gary Weseman, NH Russell Juntunen, HM Charles Hendricks, HM3 Roland Almer, and HM2 Richard Johnson.

Know Your Staff



Some hospital staffers think LTJG Arthur Casper is the dietician who spoke to them in X-division about food service procedures, to others he is the Officers Club manager, and to still other staffers, Mr. Casper is the Assistant Chief of Food Service. Actually he has served in all three capacities, the latest being his position as Assistant Chief of Food Service.

This versatile dietician enlisted in the Navy in April of 1969 with a B.S. Degree in Hotel and Restaurant Administration from Oklahoma State University. After completing his dietetics internship at the University of Alabama Medical Center, Mr. Casper was presented a plaque honoring him as the "Outstanding Male Intern" (he was the ONLY male intern in his class). He then received a direct commission and proceeded to Rhode Island for indoctrination, before arriving at NH Oakland in November, 1970.

Mr. Casper feels that his most enjoyable experience has been his assignment to the Officers Club, where he and LTJGs Clyde Hardy and Michael Drobot worked to increase interest and participation in the Club by, among other things, initiating a "Club Newsletter" and "Schedule of Events." Now as Assistant Chief of Food Service, he will handle food quality control and other administrative duties.

In addition to working with the Officers Club Advisory Board and Entertainment Committee, Mr. Casper enjoys football, wrestling, gourmet cooking (and eating) and photography.

Scuttlebutt

SIGHTS & SOUNDS: Glowing tributes being paid to CAPT Middleton, long-time Chief of the Dental Service, by fellow officers and civilian colleagues at an Officers' Club dinner 18 June. Sharing the festivities—Captain Middleton's wife Eunice and his successor, CAPT Homer Samuels, with his wife Helen. . . . The name of LCDR David Knize being added to the list of board-certified specialists—he in General Surgery. . . . A fresh crop of ARC Volunteers arriving for summer service. . . . window washers at work. . . . Captain Hubbard carrying his right arm in a sling—"radial bursitis from shaking hands with the new interns."

EVERYONE IS TALKING about the interns' annual party at which Dr. Tom Joseph starred in a hilarious movie depicting life as it looked to the interns—a traditional part of the happy letdown that follows a rigorous year here. Dr. Novak played Johnny Carcinoma. Dr. Harris was Skitch Henderson. Various guests appearing on the show were John McCarthy as Admiral Mahin, Bob Johnston as Brainstem Hubbard, Stan Thompson as Captain Climax. One of the situations that try interns' souls was Mr. Woods' arrival at Staff Sick Call at 0300 with his nine children lined up for their camp physicals. No script was available; hence this limited coverage, which some may find preferable to a verbatim report.

INCIDENTALLY, does anyone want a turkey? There's one running loose in the hills above the hospital.

NAVY PEOPLE HAVE A WAY of filling their homes with reminders of their travels in foreign lands, but few have a livelier pair of souvenirs than have CAPT William K. Lawlor and his wife Viola. From 1966-69 Captain Lawlor was on loan from the Navy to the American University in Beirut, Lebanon, serving as lecturer in the School of Tropical Health and part of the time as acting chairman of the department. The Lawlors' life in Beirut was enhanced by the services of their Lebanese maid, and now their life in Oakland is enhanced by the presence of her children—Rudaina, 11, and Samuel, 10. The two

(Continued on Page 4)

PMT Class 58



Congratulations are in order for the eight graduates comprising PMT Class 58. Pictured in the front row, left to right, are SR To Minh Duc, Vietnamese Navy, HMC Ausberto C. Cruz, USCG, MSgt Nguyen Tan Ngai, Vietnamese Marine Corps, and HM2 Thomas B. Durfee. Second Row; honorman HM1 John D. Epling, HM2 Ted L. Wilson, SR Vuong Quoc Quyen of the Vietnamese Navy, and HM1 Jack C. Erdman. Dr. Nguyey T. Khanh, a captain in the Vietnamese Marine Corps, spoke at the graduation ceremony.



EXEC-LINE

• I am curious as to why Special Services do not supply enough letters of the same size for the "Welcome" Signboard at the Main Gate. Some letters are broken and it's hard to hang signs the way they

want them put up.

New letters have been ordered in sufficient quantity to give a more impressive appearance to our sign board.

• I'm here on TAD for training and I've noticed that some personnel who serve meals in the Enlisted Dining Room are very ill-mannered and rude. They make us feel we are inconveniencing them by our eating in the dining hall. This total lack of common courtesy ruins the meal before it's even tasted.

Your Food Service Officer is aware of this unfortunate attitude in certain individuals. In order to assist him in correcting the problem, he would like to know who said what and when it occurred. A memorandum of these facts or a personal visit to the Food Service Officer by the insulted party would help.

• I'm an ambulance driver and work at the OOD's Desk at night. I ran into a situation one night where we had a call and couldn't find how to get to the place of the call so we had to get a civilian ambulance to make the run.

Normally, there are maps for each vehicle. Drivers tend to misplace these maps after a run. The Public Works Officer is preparing maps of local area with hospitals and routes pre-marked. These and other road maps will be available in vehicles and at the OOD's desk to all drivers.

• I'd like to compliment the people in Security. I had a new I.D. Card issued and it was completed in just a little over 5 minutes while I waited. It was very pleasant and a credit to Security and to the Command, and I just wanted to thank you. (A Secretary).

Thanks for the call!

• I'd like to know why we can't have cats in the EM Barracks. They have birds and fish and everything else, and cats are cleaner and I wonder why we can't have them.

Only fish and small birds are allowed in the EM Barracks. All other pets, including cats, are prohibited. It is difficult to control the care of uncaged pets in a barracks milieu and it would be cruel to keep a cat or dog caged. From the unkempt appearance of the barracks and grounds surrounding the barracks lately, it seems that it is an insurmountable task for the occupants to care for themselves, much less cleaning up after pets! A Barracks Advisory Committee is currently being formed to discuss personnel desires, complaints, and to solve problems of understanding command requirements.

• I live in the EM Barracks and I think it's despicable the way litter, garbage, bottles and trash is being thrown out the windows by corpsmen.

See previous reply. One possible solution would be to create a clean-up detail list that would rotate every man in the barracks into this task. This matter has been brought to the attention of the S.E.A. and Chief of Security.

• Why is it necessary for a corpsman who accompanies the Friday Inspection Officer to go all the way down to Security to turn in the report? it costs more valuable time from the work area.

Escorts may now turn in their reports at the OOD's Desk.

• We're getting poor TV reception in Bldg. 62. There is an antenna on Bldg. 63. Can we get hooked up to it?

The TV had been connected but the lead was broken, possibly from moving the set or during careless cleaning. The proper place to call for such maintenance problems is not Exec-Line, but the Public Works Trouble Desk (extension 2307), or for items costing more than \$50.00 or greater than 16 manhours, by Work Request. If this fails to bring action, then call Exec-Line to bring the unsolved problem to the attention of the command. Exec-Line is not to be used to circumvent proper channels of action.

Hail & Farewell

OFFICERS REPORTING: CAPT Homer S. Samuels reported from NH Philadelphia to relieve CAPT R. A. Middleton, Chief of the Dental Service, who retired Wednesday. LT John F. Howard reported from Destroyer Division 93, headquartered at Long Beach.

OFFICERS DEPARTING: ENS Ervin Ames was detached to Naval Support Activity, Saigon, CDR Gordon Paulson to 2nd Marine Division, Camp Lejeune. LTJG Marlene Sanguinetti was ordered to NH Great Lakes, and LCDR Richard Tenney was separated from the service.

ENLISTED REPORTING: HMC John M. Blaul reported from USS MONTICELLO (LSD 35); HM2 John G. Davis came from First Marine Division, HN Roy J. Flora from Third Marine Amphib Brigade, HN Terry J. Mandarino from Naval Station, TI, and TN Rogelio S. Sarmiento from USS TICONDEROGA (CVS 14).

HM3 Alfonso P. Basco, HAs Debra K. Ouam, Katherine A. Heins, and Claudia L. Perry reported from NHCS, Great Lakes; and HM3 Howard K. Bonde, HNs Roger A. Schmidt, Paul R. Goetze, Michael J. McNett, and Leonard L. Pedrotti, HAs Dale A. Lindstrom, Otto C. Kooren, Matthew Sinclair from NHCS, San Diego.

ENLISTED DETACHED: QMC James H. Beisen departed for duty in USS CAIMAN (SS 323), PN1 Frank G. Melton for Naval Station, Washington, D.C., RM1 Billy J. Snelling for Naval Weapons Station, Concord, Calif., ETN2 for Naval Radio Station, Jim Creek, Oso, Wash, and HN Donald K. Robinson was detached to Naval Aerospace Medical Center, Pensacola, Fla.

Released to inactive duty were HM2s James R. Tisue, William M. Sorrells, John P. Fenlason, HM3s James H. Mader and Arthur E. Ferguson, Jr. HN Teresa M. Tomicich was discharged from the USN.

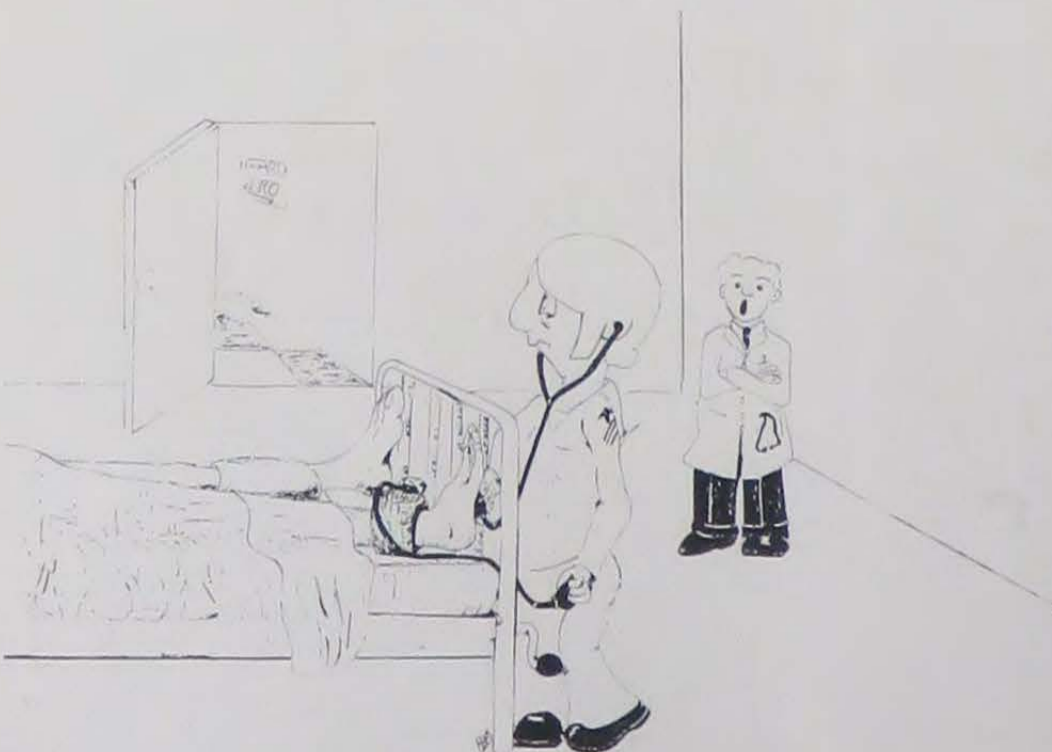
Who's Been Doing What . . .



Dr. Wilber Roberts was awarded the Navy Commendation Medal for service in the Dental Corps while stationed in Vietnam. HM2 Gary Joyce received a letter of commendation for his work in the USS SANCTUARY's Orthopedic and Physical Therapy departments. HM2s Lowell Brehmer, Charles Chase, and Robert McFadden received Good Conduct Medals, while Joseph Edwards and Richard Whitmer, construction inspectors for the hospital, were presented certificates and pins representing five years of service with Western Division, Naval Facilities Engineering Command. HMC Maximono Crisostomo was awarded the Navy Commendation Medal for service as Senior Medical Advisor for the Rung Sat Special Zone Naval Advisory Unit in Vietnam. HM2 John Fenlason received a letter of appreciation for his work in Psychiatric Service before his discharge from the Navy. HM1 Lawrence Kesselring reenlisted for four years.



Three of our patients were recently presented awards for service to their country. They are, left to right, EN2 Kenneth Temples, receiving the Navy Achievement Medal, BMC Leo Hutson, awarded the Gold Star in Lieu of Second Award of Navy Achievement, and EN2 John McClaren, presented the Navy Commendation Medal with Combat V.



Have a good time at the Corps Ball?

Associate Degree For Career-Minded

The Associate Degree Completion Program (ADCOP) is a two year junior college program for well motivated, career minded, petty officers Second Class and above.

The advantages are two years at a selected junior college with tuition paid and full pay and allowances of your rate, with receipt of an associate degree upon successful completion. Many naval personnel who successfully complete the program are subsequently selected to Warrant Officers and other officer programs.

The colleges presently participating are: Grossmont College, El Cajon, California; Palomar College, San Marcos, California; Southwestern College, Chula Vista, California; Del Mar College, Corpus Christi, Texas; Pensacola Junior College, Pensacola, Florida; Tidewater Community College, Portsmouth, Virginia (added this year).

Eligibility requirements:

Second class petty officers or above with five years continuous active naval service on second or subsequent enlistment.

Satisfactorily completed three years actual attendance at high school, and possess a high school equivalency certificate or diploma issued by a state department of education or an authorized high school, with an average score for all of the GED test areas in the upper 50th percentile.

Have a minimum of six transferable college credits from a regionally accredited institution and be a graduate of a Navy Class "A" or "B" school. Applicants serving in ratings not having Class "A" or "B" schools may qualify if they have passed the College Level Examination (CLEP) with an average score for all of the test areas in the upper 50th percentile in lieu of graduation from a Navy Class "A" or "B" school.

Maximum time in service: This year the requirement for maximum time in service has been dropped.

Obligation: Six years of obligation will be incurred by all selectees. Applications will be taken from 1 July until 1 November, the BUPERS deadline. See your career counselor in Building 105 for further details.

Movie Schedule

- 1 and 2 July
ADA—Dean Martin and Susan Hayward. Drama.
- 3 July
CROSSPLOT—Roger Moore and Michael Hayer. GP Drama.
- 4 and 5 July
A DRAMA OF JEALOUSY—Marilyn Mastroianni and Monica Vitti. R Comedy.
- 6 and 7 July
FRAGMENT OF FEAR—David Lanning and Gayle Hunnicut. GP Drama.
- 8 and 9 July
MAN'S FAVORITE SPORT—Robert Hudson and Paula Prentice. Comedy.
- 10 July
ELVIS: THAT'S THE WAY IT IS—Elvis Presley. G Documentary.
- 11 and 12 July
THE OWL AND THE PUSSYCAT—Barbara Streisand and George Segal. Comedy.
- 13 and 14 July
HOW TO FRAME A FIGG—Don Knotts and Joe Flynn. G Comedy.



QMC James Beisen (SS) was presented a letter of appreciation on 3 June at a surprise party in the Chapel of Hope. Admiral Mahin presented the letter commending him for his outstanding service as Assistant Patient Care Coordinator. The party, attended by his wife Dorothy, (see photo) and PCC personnel and friends, preceded his departure for USS CAIMAN (SS 323).

MORE SCUTTLEBUTT

(Continued from Page 3)

arrived a year ago to make their home with the Lawlors. "Having children in our home is a great pleasure, but said the retiring MSC captain, "sometimes I'm a little breathless after romp with Sammy."

LIFE BEGAN 14 June for Christopher James Reeher, 8 lb. son of HM2 George F. Reeher of OR and his wife Winola. . . Also on 14 June for James Alexander Kesselman, 7 lb. 9 oz. son of CDR A. Kesselman of ENT and wife Judith Ann. . . 16 June for George Anthony Munden, 6 lb. 9 oz. son of LCDR Frank A. Munden of Pediatrics and wife Arlene.

Latest X-Ray Grads



NEWEST X-RAY TECHS completed their course and posed for farewell picture 19 June. Flanked by HMC Alex Lewis, chief technician, left, and HM1 Robert Danz, instructor, right, they are, front row, HM3s Tony Gallegos, Diep Gia Dong, Vietnamese Navy, and Charles Kyle; back row, HM2s Russ Alameda, William Rouse, and Joseph Ray and HM3 Brian Aird. Alameda, the honorman, will remain at this hospital. Dong's request for an extension was approved so the Radiology Service will have his services for three more months before he returns to Southeast Asia.

The OAK LEAF



Vol. 33, No. 14

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 16 July 1971

Intern Class Graduates, Scatters to New Assignments

CAPT Pascoe Returns To Deliver Address

Three intangibles help to complete the contents of the Doctor's Bag: a sense of humor, the ability to change and the real you. In his address to the 1971 graduating intern class—"The Doctor's Bag—Getting It All Together"—CAPT Delmer J. Pascoe, MC USN Ret., suggested the need of these ingredients for any successful doctor in his practice today.

CAPT Pascoe was the former Chief of Pediatrics at this hospital. He now is the Assistant Clinical Professor of Pediatrics, UC, and Director of Pediatric Ambulatory Services at San Francisco General Hospital. He was warmly received by the graduating class of medical and dental interns, their families and members of the staff present as he spoke at the ceremonies in the Clinical Assembly on 30 June.

Following the presentation of diplomas to the class a reception was held in the patio of the Commissioned Officers' Mess (Closed). The day was bright on all counts, and there was a large, beautifully decorated cake congratulating the honorees. It was cut with the traditional Navy sword by LT Stanley I. Thompson, senior medical intern, and Mrs. Thompson, and by LT Gary D. Quine, senior dental intern, and Mrs. Quine. The Quines were ably assisted by their two-year old daughter.

There were 31 interns in the 1970-71 class. Graduation meant goodbye for many, but not for five who remained here for residency training. They are LTs Ronald C. Burton, OB-GYN; Richard M. Man-

(Continued on Page 2)



Lining up for a farewell photo, which will ever remind them of days spent at NH Oakland, were, front row, left to right, LTs Charles M. Owen, Michael B. Gavin, Marilyn M. Rymer, Betty A. Cravy, Robert G. Johnston, John E. Long; second row: LTs David A. Baab, DC, Bowen Asserson, Jr., Thomas J. Joseph, William J. Carter, Gary D. Quine, DC; third row: Ronald C. Burton, Arthur B. Kliefoth, Robert B. Sigafos, Bernard P. Novak, Michael M. Washburn; fourth row; LTs James R. Schneider, Byron W. Lee, Robert D. Harris, Wayne L. Wagner, DC, Donald J. Ferguson, DC, Stanley I. Thompson; fifth row: George G. Edwards, Richard M. Manjerovic, Lee H. Sarty, DC, John P. McCarthy, Tom H. Pepper, and Charles E. Winn, II. Not present for the picture: LTs Richard G. Lang, Lawrence A. Lisska, and Leo B. Simmons.

WAVES to Celebrate

All Corpswaves are invited on a birthday trip to Disneyland on Saturday, 31 July. Departure time is 0900 from NAS Alameda. A sack lunch will be provided. Interested Waves call LT Anderson at Extension 2370.

Enlisted & Families to Picnic 24 July; More the Merrier, says Rec Committee

Steaks, hot dogs, hamburgers, beer, soft drinks, and entertainment for all ages will be on the agenda when enlisted staff members and their families converge on the picnic area 24 July.

Hours for the picnic will be from 1200 to 1800. Come early, stay late. The more the merrier, says the Enlisted Recreation Committee, which is sponsoring the gala event.

NWCA #160 Gets Its Charter, Installs New Officers

The chartering of NH Oakland's enlisted wives group — NWCA #160 was held Saturday evening 10 July in the Main Chapel. Sue Saylor introduced the program.

After the invocation by Chaplain Underhill, a brief initiation ceremony for local members was conducted by NWCA past Jr. President, Ilah Glass. National Secretary, Nancy Johnson then presented the charter to club president, Bridget Smith, and token presentation of a gavel was made by Pearl Piercy, National Parliamentarian.

New officers installed were President, Bridget Smith; Vice President, Linda Morrison; Recording Secretary, Pat Bechthold; Corresponding Secretary, Ilah Anderson; Treasurer, Kay Roberts. Also in-

stalled were club sponsors Mrs. P. Mahin and Mrs. J. C. Courtney.

Admiral Mahin was guest speaker for the occasion.



Members of NWCA #160 were presented their club charter at a ceremony on 10 July. Pictured, left to right, are Judi Hollingsworth, Ilah Anderson, Jan Matthews, Linda Morrison, Bridgett Smith, Sue Saylor, Pat Bechthold, and Kay Roberts.



"Doctor's bag must contain a sense of humor."

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Contributor: HM3 David Haas
 Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

SUFFERING A DISASTER?

Could we look on Job in his sufferings with envy? See him as one particularly blest and loved by God? How about his prophet Jeremiah whose whole life appeared to be a failure, who suffered persecutions and finally died in exile. Might we envy the man born blind in John, chapter 9? How about the select care afforded Jesus Christ by an all-loving Father? Would we see Peter as specially chosen as he hung up-sidedown on his cross?

Such interferences in one's life strike us as so wasteful, so very wrong and evil. Certainly there is evil here but before we brand these people as "victims" or some other appropriate label let us ask a most important question: how did THEY end up evaluating their own life? Were they intolerant of suffering as an evil from which no good could flow? Were they forced to find God derelict in his care for his people, especially those who wanted to serve Him?

But the souls of the virtuous are in the hands of God, no torment shall ever touch them. In the eyes of the unwise, they did appear to die, their going looked like a disaster, their leaving us like annihilation; but they are in peace. (Wisdom 2/1-3)

Am I?

—LCDR WILLIAM E. UNDERHILL, CHC, USNR
 Catholic Chaplain

What's New At Crew's Library . . .

Activation of Energy. Pierre Teilhard de Chardin.

Marriage, An interfaith guide for all couples. Hathan, Raban, & Others.

Stillwell and the American Experience in China, 1911-1945. Barbara Tuchman.

Where Have All the Flowers, Fishes, Birds . . . and Air Gone? What ecology is all about. Osborn Segerberg.

The Year of the Whale. Victor B. Scheffer.

My Crowd. Charles Addams.
Best Cartoons of the Year, 1970. Lawrence Lariar, Editor.

Up Three Points, Please. Cartoons from the Wall Street Journal. Charles Preston.

The World of Soul. Black America's contribution to the pop music scene. Arnold Shaw.

FICTION

Smith's Gazelle. Lionel Davidson.
The Throne of Saturn—A Novel of Space and Politics. Allen Drury.

The Antagonists. Ernest K. Gann.
The White Dawn. James Houston.
Whom the Gods Would Destroy. Richard Powell.

She'll Never Get Off the Ground. Robert J. Serling.

Rich Man, Poor Man. Irwin Shaw.
A Friend of Kafka and Other Stories. Isaac B. Singer.

Last Things. Charles Percy Snow.
The Possession of Joel Delaney. Ramona Stewart.

Sledgehammer. Walter Wager.

DETECTIVE STORIES

Crime Without Murder, an anthology of stories by the mystery writers of America.

Dress Her in Indigo. John D. MacDonald.

Unexpected Death. Dell Shannon.
The Fire Engine That Disappeared. Maj. Sjowall and Per Wahlöö.

Death of a Dude. Rex Stout.

WESTERNS

Black Jack. Max Brand.



The Commanding Officer has appointed Mr. Weldon Miles as an Equal Employment Opportunity Counselor to replace Frank Quezada. Under current procedures, any civilian employee charging discrimination because of race, color, religion, sex or national origin must consult with Mr. Miles before filing a formal complaint. His telephone number is 2283.

"Johnny" Johnson Is Newly Appointed Assistant SecNav for Manpower

When NH Oaklanders read that James E. Johnson had been appointed Assistant Secretary of the Navy for Manpower and Reserve Affairs, they could proudly boast they "knew him when."

Mr. Johnson, then referred to as "Johnny," received a commendation from the CO and made page 1 of the OAK LEAF in November 1968.

As Director, Department of Veterans Affairs for the State of California, Mr. Johnson "worked continuously to develop recreation programs for hospitalized veterans, encouraging California citizens to host groups of patients on hunting and fishing trips and other weekend outings that greatly enhanced their morale." He also interested veterans' groups in making donations for television sets

for the new hospital, and came from Sacramento on several occasions to visit the patients.

All who knew him in those days look forward to future visits from their old friend in his new capacity. Mr. Johnson moved up to assistant SecNav 16 June from another high post—that of Vice Chairman, Civil Service Commission.

Interns Scatter

(Continued from Page 1)

Jerovic, Pediatrics; Robert G. Johnston and Stanley I. Thompson, Internal Medicine; Thomas J. Joseph, Pathology; Lawrence A. Lisska, Otolaryngology; Tom Pepper, Neuropsychiatry; and Michael D. Washburn, Ophthalmology.

LT James R. Schneider has an Orthopedic residency at Bethesda. Soon to head for Aerospace Medical Center, Pensacola, are LTs Byron W. Lee and Charles E. Winn, II.

Other grads and their assignments are LTs Bowen Asserson, Jr.; Marine Corps Supply Center, Barstow; William J. Carter, Third Marine Division; George G. Edwards, NAS, Moffett Field; Michael R. Gavin, and Charles M. Owen, NH Bremerton; Robert D. Harris, USS CONCORD (AFS-5); Arthur B. Kliejoth, Destroyer Squadron 13; Richard G. Lang, USS SPERRY (AS-12); Jon E. Long, Marine Corps Air Station, Kaneohe, Hawaii; John P. McCarthy, Service Squadron 6; Bernard P. Novak, USS SYLVANIA (AFS-2); Robert B. Sigafos, Naval Dispensary, Washington, D.C.; Leo B. Simmons, USS HEATON.

The two prettiest interns—LT Betty A. Cravy and Marilyn M. Rymer—were released from active duty.

Dental Officers and their assignments are LTs David A. Baab, USS ENTERPRISE (CVAN-65); Donald J. Ferguson, USS RANGER (CVA-61); Gary D. Quinn, Marine Corps Air Station, Iwakuni, Japan; Lee H. Sarty, Naval Station, Subic Bay, P.I.; and Wayne L. Wagner, USS CORAL SEA (CVA-43).

Scuttlebutt

SIGHTS & SOUNDS: CDR Gobel limping around the hospital without a cast on his leg . . . Nancy Clark wearing her Super-Afro . . . John Bendele trading in his car for a WHAT?? . . . Captain Hubbard introducing everyone to his newly-commissioned son and his newly-acquired daughter-in-law . . . Mike Harris, a patient on 7-South, quietly playing the organ and singing in the Chapel of Hope . . . Jackie Baldrige of Food Service every fourth Friday volunteering as information clerk in the main lobby of the new Oakland Museum.

WHAT HMCS SPENT the first three days of his vacation in Barstow, California melting in 108 degree temperatures waiting for a transmission? Have you thought about getting a horse?

REMEMBER HOW PROUD Woody Robarge was of his compact compact Honda? Evidently his taste for small things has changed. During the next two weeks he is moving into his new house, complete with a 30x40 foot living room.

IS IT TRUE that NH San Diego is allowing the wearing of pantsuits at the hospital by Navy Nurses?

NUPTIAL NOTES: Stephen McKechnie, a corpsman on 7-East, and Marleen Mease were married 30 May, at a ceremony in Moss Beach, California . . . Eric Marquart, an NP tech, and Sheila Richey were wed on 15 May in Springfield, Oregon in a ceremony for which the couple wrote their own vows.

OLD EDITORS DON'T RETIRE, they just sneak back and help under cover of darkness when new editors go on leave!

Deepest Sympathy

The "Oak Leaf" expresses the heart-felt sympathy of all members of the staff of Naval Hospital Oakland in extending condolences to LCDR and Mrs. James W. Bethel, Neuropsychiatry Service, upon the loss of their five year old son Michael on July 4th.



A tradition attendant on intern graduation each year is the medical interns' selection of "bests," and this year each received a plaque like the one pictured above to make it official.

CAPT Claude C. Atkins, Surgical Service, was named best doctor, LCDR Dorothy Walker of Medical ICU the best nurse. Best civilian nurse honors were shared by Martha Grabinski of Female Medicine and Edna Evans, Nursery. LCDR Michael E. Williams of Surgery was named best senior resident, LT Michael J. Hogan of Medicine best junior resident, HM3 Joe Guerra best corpsman. The plaque for best teaching department went to Pediatrics, headed by CAPT James W. Hayes.

The plaques were made by skilled craftsmen in NPRL, as was the movie shown at the intern party.



EXEC-LINE

• I'd like to complain about the sprinklers by the sidewalk between the barracks and main hospital. They start the sprinklers about 0600 and

a lot of people either get their uniforms ruined or we have to walk way around.

The command is aware of the inconvenience and steps have already been taken to correct the problem. The new sidewalk which was put in between the barracks and building 500 has necessitated moving those sprinklers involved. This will be accomplished in due time. In the meanwhile watering must continue or we will lose the fine growth of grass now present. We will avoid sprinkling in this area between 0600 and 0730.

• I'm a corpsman and I was wondering about the Z-gram that states in effect that if you work on a holiday you should get a day off and I want to know why it isn't being enforced.

If you read Z-21 carefully you will see that paragraph 2 states "When the operational situation permits . . . personnel shall normally be granted compensatory time off following in port duty on a holiday . . ." This Z-gram refers to operational billets and not Naval Hospitals ashore.

• I heard a rumor that there is no longer a barber available for an Afro haircut.

If you had inquired at the Exchange you would have found the rumor to be false. Due to recent illness and vacations, Alameda has been short of barbers, causing us to temporarily discontinue the training of our barbers in Afro styling. We now have a barber in Building 38 who can cut Afro styles.

• I'm on nights at the OOD's desk and we have had a lot of trouble with the paging system. The new interns are not phoning in when they go off the beeper.

This is an annual educational problem that I hope has now been solved by repetitive communication through Chiefs of Service, the Intern Advisor and the Oak Leaf. If further difficulties arise, you should contact the Medical Officer of the Day.

• I would like to complain about the time being used by Food Service on the back elevators. Could we have exact times as to when the elevators are going to be tied up so we won't have to wait with patients? I don't think Food Service should use more than one elevator.

Your statements have little basis for comment. Food Service personnel use only one elevator and do not use the elevator designated for patients at any time. The elevator used by Food Service is shared with Operating Services, Supply, and the general public. Refer to Nav-HospInst. 10110.1A series (which all patient care personnel should be familiar with). The hours stated therein are strictly adhered to, barring any mechanical failure.

Children 5-12 to Review Books, Earn Stars In Crew's Library Summer Reading Club

If you are the dependent of a patient or staff member from 5 to 12 years old, you may join the Crew's Library Summer Reading Club. All it takes is to read a book suitable for your age, bring it to the library, and tell the librarian what it's all about.

One book gets you into the club. After that, a star will be placed

after your name for each book you report. It may be your own book or one checked out of another library. No more than four books at each visit, please!

The five "bookworms" with most stars will have their names inscribed on the Readers' Roll of Honor in the Crew's Library.



Chief Case Retires

HMC Harry Case recently retired from the Navy after serving more than 19 years. Chief Case now resides in his new home in Pleasanton and works for an X-ray company in San Francisco, where he can implement his naval training in medical repair.

Introducing the New Captains . . .



CAPT Ira Woodstein smiles broadly as his mother, Betty, and wife Patricia, a former Navy Nurse, proudly pin on his new stripes. The new captain received his commission in February of 1957 after receiving his M.D. from the University of Louisville School of Medicine. He is now Chief of Orthopedics at the hospital.



Two more doctors donning new shoulder boards at ceremonies held in the CO's office are CAPT Claude Atkins, left, assisted by his wife, Rebecca, and CAPT Thomas Miller, pictured with his wife, Peggy. Captain Atkins is a board certified general surgeon, receiving his M.D. from Baylor University College of Medicine in Houston, Texas. Captain Miller, Chief of ENT, received his commission in January of 1957 after graduating from Bowman Gray School of Medicine, Winston-Salem, North Carolina, and is board certified in otolaryngology.



CAPT Victor Holm, Chief of NP, had lots of help getting his new shoulder boards in place. Assisting Admiral Mahin are Captain Holm's wife, Violet, while their children, Victoria, 19, Lawrence, 17, Steven, 14, Valerie, 11, and Jeffrey, 9, look on. Captain Holm received his M.D. from State University of Iowa, Iowa City.

Movie Schedule

- 16 July
THE PRINCE & THE SHOWGIRL — Marilyn Monroe and Laurence Olivier.
- 17 July
THE MAN WHO HAD POWER OVER WOMEN — Rod Taylor and Carol White.
- 18 and 19 July
RAID ON ROMMEL — Richard Burton and John Colicos.
- 20 and 21 July
SUDDEN TERROR — Mark Lester and Lionel Jeffries.
- 22 and 23 July
BUTTERFIELD 8 — Elizabeth Taylor and Laurence Harvey.
- 24 July
SCROOGE — Albert Finney and Alec Guinness.
- 25 and 26 July
THE TRAVELING EXECUTIONER — Stacy Keach and Mariana Hill.
- 27 and 28 July
THE WAR DEVILS — John Ireland and Anthony Steel.

The Hand Salute

The tradition of the hand salute can be traced to the days of knight-hood when men lifted their face guards to be recognized so that knights of different clans could be distinguished. For the sake of courtesy the knight of the lower social class lifted his face guard to the other. Today the junior initiates the salute.

The U. S. Navy's hand salute came from the British Navy, which borrowed it from the British Army. The earliest form of saluting was uncovering. The modern salute is the first motions of uncovering.



BT1 Larry Yoder and Indianapolis 500 veteran Fred Agabashian met at the hospital when Mr. Agabashian presented a talk on highway safety last month. Yoder works in Education and Training and is a National Safety Council certified Defensive Driving Instructor.

Varsity Softball Team Has 6-Win Record—So Far

On Monday, 26 July, the Naval Hospital varsity softball team will travel to NAS Moffett Field to enter the annual Twelfth Naval District Softball Tournament in hopes of advancing to the West Coast Regional Championships.

The varsity team boasts a 6 win, 9 lost league record for the tournament, which is good enough to give them second place in the "B" league. Results of previous games are as follows:

NH Oakland	Opponent	
26	USS WHITE PLAINS	0
1	Skaggs Island	4
3	Moffett Field	4
11	Concord	4
10	Coast Guard	11
0	NAS Lemoore	11
5	Mare Island	6
3	USS WHITE PLAINS	1
0	NAS Lemoore	7
4	Skaggs Island	2
0	Moffett Field	11
7	Concord	0
7	Hunters Point	0
1	Mare Island	9
0	Hunters Point	7

There is a make-up game left to play against the Coast Guard to wrap up the league play.

Intramural Softball

Intramural softball standings as of 8 July are:

Team	Wins	Losses
Cardiology	3	0
Ortho	5	1
CSR	3	1
NP	2	1
OR	3	2
CPO	1	2
Radiology	1	4
ER	1	5
MSC	0	3

Next week's games are scheduled as follows:

OR vs MSC	19 July
NP vs Radiology	20 July
Ortho vs CSR	21 July
MSC vs CPO	22 July

Hail & Farewell

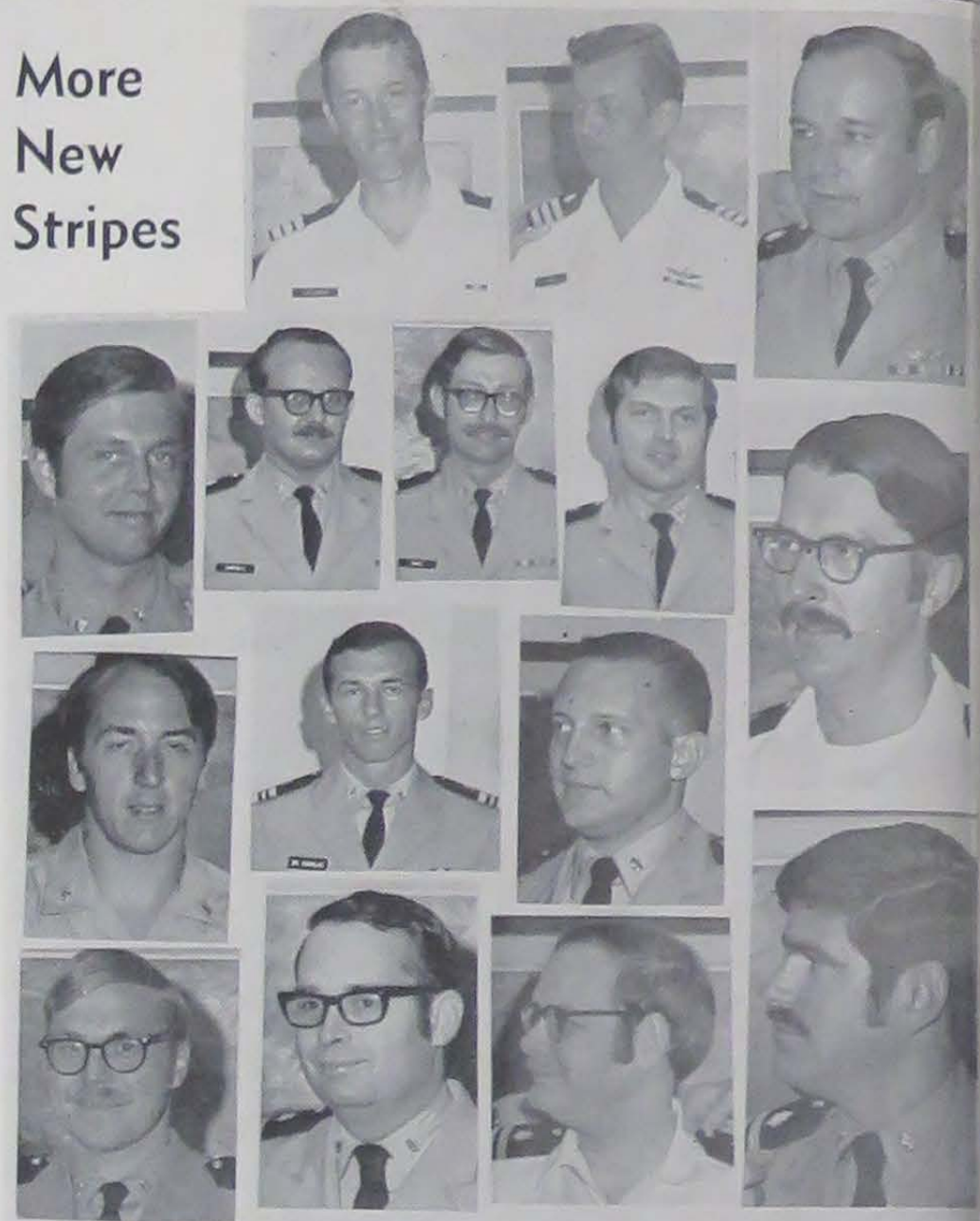
ENLISTED REPORTING: DT3 Michael Best from Naval Dental Center in San Diego; HMC Max Mendenhall reported from Third Marine Amphibious Brigade; HNs Walter Rice, Ronald Ross, Robert McLean, Jackson Sawyer and HAs James Tschannen, Buddy Goshorn and Ricky Bowen all reported from Naval Hospital Corps School, San Diego. HM3 Kenneth Mallory reported here from Naval Station, Treasure Island; SM2 Robert Rhodes from Naval Communication Station, Londonderry, N. Ireland; HN Tahmi Hall from Naval Hospital, San Diego; HM3 Guadalupe Lugo from Naval Station, Adak, Alaska, and HM3 Kathleen Boland from COM Thirteen.

ENLISTED DETACHED: HM2 Thomas Bell reported to the USS SYLVANIA (AFS 2); HM2 William Shryer to Naval Hospital San Diego; DT3 John Goldberger to USS ENTERPRISE (CVAN 65); HN Robert Elliott and HM3 Robert Hand, Jr. went to the First Marine Division; HM1 Terral Smith to Ophthalmic Supply and Training Activity, Williamsburg, Virginia; HM2 Gillert Gonzales and HM1 Billy Dawson went to Naval Hospital Corps School San Diego; HMCs Lawrence Pangle and Harry Case were released to inactive duty in Fleet Reserves; HM2 John Daun and DN William Butalla were released from active duty in the Naval Reserves.

OFFICERS REPORTING: Ensigns Karen Mertens, Sylva Eitel, and Janet Schmiege reported from Naval Schools Command, Newport, Rhode Island. LT James Gentry, MC, USNR, reported here from Spartanburg, South Carolina.

OFFICERS DETACHED: LT Barbara Hughes was detached to Keflavik, Iceland.

More New Stripes



Congratulations are in order for three new Medical Corps Commanders — left to right, top row, Sandro R. Sandri, Rainer S. Schmidt, Walter M. Huurman, and the dozen staff doctors recently promoted to LCDR. They are David S. Whitney, Corder C. Campbell, Steven T. Knee, Gary L. Almy, Paul J. McKee, Edward J. Barvick, Donald S. Douglas, Dennis A. Rhyne, Robert F. Brewer, Patrick T. Malone, Terry M. Lewis, and Roy E. Redmond.

"DUTY ROSTER"



Ten more staffers have sewn crow's on their sleeves as a result of February's exam. They are, left to right, Larry Thompson, Don Lang, Ronald Travis, Wayne Morris, Ellis Waddell, Steven Lohr, Marvin Walker, Danny O'Neil, Rodney Ward, and Doran Sanchez.



Forty-three staffers were advanced to Second and Third Class Petty Officers last month. Can you match their names with the picture? New E-5's are: Dan Hawman, Thomas Bell, David Ekairèb, John Fisher, Amor solo Ledina, David Kennedy, Richard Johnson, Patrick Graham, Martin Ehresman, Dallas Dupre, Richard Day, Doyle Dalke, Russell Crockett, Clay Clayworth, Robert Butler, John Bolther, William Elwood, Jack Love, Michael Lewis, Ralph Yuhas, Marvin Wollard, William Rouse, James Russell, Linwood Porter, Edward Movius, Gary Millert, Mikel McClain, Roberto Marques, Alfredo Hidalgo, Ralph Ramirez, Tommie McGinnis, Gary Green, James Kersey, and James Patten. New Third Class Petty Officers are: Rockwell Westlake, Larry Robertson, Randall Milner, Lawrence Wilcox, Lyman Cox, Lawrence Stearns, Charles Smith, and Charles Nixon.

The OAK LEAF



Vol. 33, No. 15

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 30 July 1971

Class of '72

New Interns Report for Duty

Medical



BARTEE BEATY BOOHER CAMPANA CLAY



COLEMAN CRESANTA DERRINGTON EMMONS ESHELMAN



GILBERT HO JAGGER KAZATO KIVES



LUTTENEGGER MCCOLE MCELREATH O'NEILL PARKER



PUSKAS RABALAIS STAFFORD TEPAS WAGNER

Dental



GERSTEIN NELSON OYLER VINTON WALLACE



ADAMS

HM3 William White June's Sailor

HM3 William White, senior corpsman on 9-West, has been chosen as Sailor of the Month for June. HM3 White was cited for his professional performance and compassion and diligence in performing patient care which have yielded his unit many personal notes of gratitude. The CO's letter further commended June's sailor for the skills in management and leadership he has developed, providing for a smooth, well-run unit.

The 22-year-old bachelor was born in Fayetteville, North Carolina, but grew up in Albuquerque, New Mexico, where he attended Eastern New Mexico University. He then added another year to his education at the University of Ten-

(Continued on Page 3)



HM3 William White



Captain J. C. Courtney, Administrative Officer, swears his son, Darrell Lance, into the Navy for four years. Darrell enlisted with a guarantee of assignment to Hospital Corps School on completion of Recruit Training.

Who's Who with the Interns . . .

Thirty-one new interns, 26 medical and 5 dental, have reported to NH Oakland for duty. The new officers, who will spend the next 12 months rotating throughout the hospital, represent 27 different universities around the United States.

Three of the Medical Corps officers graduated from the University of Colorado. They are: LTs Elliott Adams, Roy Bartee, and Thomas Luttenegger.

LT Kermit Booher represents University of Florida and LT Daniel Clay is from the University of Iowa.

Classmates from the University of Michigan are LTs Curtis Eshelman and Andrew Kives.

LTs Forrest Beaty, University of California; Paul Campana, Wayne State University; Robert Coleman, University of Kentucky; James Cresanta, University of Pittsburgh; Kenneth Derrington, University of Kansas; Carl Emmons, Vanderbilt University; Walter Gilbert, University of Louisville; and Thomas O'Neill, University of Virginia.

Other new medical interns are: LTs Ben Ho, University of Maryland; Robert Jagger, Medical College of Virginia; Ernest Kazato, University of Nebraska; James McCole, Hahnemann Medical College; Ricky McElreath, University of Oklahoma; Robert Parker, Emory University School of Medicine; Thomas Puskas, Philadelphia College of Osteopathic Medicine; Robert Rabalais, Louisiana State University; Sam Stafford III, Medical University of South Carolina; Joseph Tepas III, Georgetown University; and Kenneth Wagner, Kirksville College of Osteopathic Medicine.

Dental interns and their schools are: LTs Kenneth Gerstein, University of Illinois; Dennis Nelson, Georgetown University; Robert Oyler, University of Washington; Jeffrey Vinton, Creighton University; and John Wallace from the University of California, San Francisco.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Contributor: HM3 David Haas

Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Grant, we beseech Thee, merciful Lord,
To my faithful people, pardon and peace,
That they may be cleansed from all their sins
and serve Thee with a quiet mind; through
Jesus Christ our Lord. Amen.

Which words stick in your mind? Is it "pardon," "peace" and a "quiet mind"? Yes, that's what we all want. However, we often forget that we need to do certain things before we are given these gifts. First, we must be cleansed from our sin and also we must be willing to serve Him.

LCDR ALLEN PRICE, CHC, USNR-R



WHAT A HEAVENLY DAY -- BUT
THERE I GO TALKING SHOP AGAIN!

CHAPLAIN was originally a French word. St. Martin shared his coat with a poor beggar one cold winter day. As a Symbol of appreciation for the deed, the coat was preserved and became a sacred banner for the kings of France. The "chape" (coat in French) was kept in a room called a chapelle, and the man in charge of caring for it was the chaplain. When the Chaplain's Corps was formed in the Navy this story of religious devotion was used as a basis for the name.

Hail & Farewell

ENLISTED REPORTING: HM2 Bradley Robbins and HN Larry Thomas from Naval Hospital, San Diego. DT3 Norleen Fausnight reported from Naval Hospital, Orlando; HM3 Paul Habel and Robert Oxenford reported from Naval Hospital, Camp Pendleton.

HAs Godfredo Ibarra, Mark Pickett, Lyles Lips, Rogers Hill, Richard Soberanis, Gene Cone, Guy Dumont, William Jones, Robert Davies, Riando Penn, and Daniel Castanon reported from Hospital Corps School, San Diego. Others reporting from NHCS San Diego were HNs Steve Fury, Jeffrey Ho, John Stryker, Gerald Brown, Joseph Colis, John Demo, and HM3 William Davis.

ENLISTED DETACHED: HN Paul Duty went to the First Marine Division; HN Miles Smith reported to Naval Support Activity, FPO San Francisco; HNs Robert Broyles and Alejandro Gallego to First Marine Brig; HN Richard Van-severen went to Naval Hospital, Key West; HN Mason McCoy to Third Marine Division; HM2 John Tolonen was released to inactive duty in the Naval Reserves; YN3 Diana Leaderbrand and HM2 Willie Savone, Jr. were discharged from the USN.

OFFICERS REPORTING: LT William Darden, Jr., MC, reported from the USS TUTUILA; LT Mark Sapirstein, MC and LT Mary Milek, MSC reported to NH Oakland from Naval Hospital, Portsmouth, Virginia; LCDR Paul Cianci, MC, reported from Naval Hospital, Guam.

OFFICERS DETACHED: CDR Henry Gobbel went to Naval Hospital, Bethesda; LCDR James Houser to NH Bremerton; LCDR Paul McKee to NH, Long Beach; LCDR Gerd Rauter-Drolle to NH, Camp Pendleton, and CDR Richard Schillaci reported to Naval Hospital, San Diego.

—usn—

Who's Been Doing What . . .



HMC Stephen Brown was awarded the Navy Commendation Medal with Combat V for meritorious service while attached to the First Marine Division as Leading Chief of the Preventive Maintenance Section of the First Medical Battalion in Vietnam. HM2 Michael Stewart reenlisted for six years, as did HM1 Robert Danz for four. LT Bernice Spanier augmented to the Regular Navy. LTJG Caryl Lima was presented a letter of appreciation for her work on 8-South before her return to civilian life. HN Pamela Zsoka received her certificate of completion of Urology Technician School. Dr. Wilber Roberts, DC, was promoted to LCDR. DTC William Qitalig signed on the dotted line for four more years. Miss Deborah Anderson, an Occupational Therapy MSC officer, was promoted to Lieutenant.



Five NH Oakland staff doctors recently received residency certificates before their departures for new duty stations. LCDR Stephen Heisler went to Naval Hospital, Boston, LCDR Donald Robinson departed for Rota, Spain, LCDR Frederick Gerber reported to the University of Washington Nuclear Medicine School, LCDR Wendelin Schaefer went to Duke University for residency in Child Orthopedics, and LCDR Thomas Corley reported to the Naval Hospital, Camp Pendleton.



June 18th meant promotions for two staff MSC officers at NH Oakland. Admiral Mahin is helping LT Clyde Hardy with his new shoulder boards, while CDR Schmetz assists LT Stephen Cajacob with his bars. Admiral Mahin presented a letter of appreciation to LCDR Daniel Lee (far right) acknowledging his assistance in neuropathology. The letter preceded Dr. Lee's release from active duty.

Air Taxi Begins For Travis-S.F.

A civilian airline is now operating between Travis Air Force Base and San Francisco International Airport.

Regular fare for a one way flight on Golden Pacific Airlines is \$11, while military standby fare is \$5.50.

While construction of a public air terminal is in progress, Golden Pacific has placed a temporary passenger facility outside the Travis main gate and busses carry passengers to their flights. Military passengers can be picked up at the Travis passenger terminal.

Personnel can contact the airline by calling 588-1717, or by calling Travis at Area Code 707, telephone 437-9600.

Course for Waste Water Treatment

Project TRANSITION is offering a 12-week Waste Water Treatment Operator Course. The course, sponsored by the Environmental Protection Agency, is conducted all day Monday through Friday.

The course content includes 330 hours of classroom instruction in science and math courses at Contra Costa Community College, San Pablo, and 150 hours of on-the-job-training at the Waste Water Treatment Plant, Treasure Island.

For further information call Project TRANSITION, Education and Training Bldg. 105, extension 2237.



CDR Henry Gobbel's family was on hand when Admiral Mahin extended congratulations and pinned his new shoulder boards on. Assisting the CO is CDR Gobbel's wife Doris and their three children, Kim, John, and Don Jr.

As Chief of Patient Affairs for the past 17 months, CDR Gobbel coordinated administrative functions relative to the care of all in-patients at NH Oakland. He is now on his way to Naval Hospital Bethesda, where he will continue his duties as Chief of Patient Affairs.

Some "Cool" Ideas From BUPERS

"Operation Deep Freeze" for 73? You may feel that wintering over with the seals isn't your idea of good duty, but just glance over these benefits. You would be considered for one of your choices of duty for your new duty station; be eligible for the Program for Afloat College Education (PACE); after wintering over, be authorized 60 days leave before reporting to your next duty station; be eligible for the Savings Deposit Program with a rate of 10% interest compounded quarterly; wear the Antarctic Service Medal; and have an experience that only a select few have enjoyed. If selected, you would normally receive your orders in December or January for a March 1972 transfer.

Here are the requirements: You should have a clear record in your current enlistment, be recommended by your commanding officer, meet the physical requirements, and have obligated service to December 1973.

Interested officer personnel contact your Personnel Officer for further details. Interested enlisted personnel contact your career counselor in Building 105 for details. Application deadline is 15 October 1971 in the Bureau of Naval Personnel.

—usn—

Life Began . . .

LIFE BEGAN 14 July for Amy Michele Metz, 6 pound 8½ ounce daughter of LT Philip Metz, surgical resident and wife Dianne . . . 20 July for Kelly Sue Zucker, 8 pound 2 ounce daughter of HM1 Robert Zucker, a PMT student, and his wife, Alice.



EXEC-LINE

• In regard to the pneumatic tube system, it is irritating to send something through and have it constantly end up in the Emergency Room area.

As is the case with any mechanical device, the pneumatic tube system is not perfect; however, its mechanical dependability is really extremely good. The primary problem with the "dependability" of the system is with the failure of personnel to use the system properly. When a carrier is sent, the receiving station **must** return it. Otherwise the sender does not know if it was received. If not returned, the sender should be able to assume that it is in either of the following places: a. **At the reject station** (the Emergency Clinic); b. **At another station as a result of mis-dialing.** This is most often a one-letter or one-digit error. Therefore, if the carrier was sent to E6 and it was not returned, the sender should take these steps by telephone:

- (1) Check with station E6
- (2) Check with the Emergency Clinic
- (3) Check with station D6, F6, E5 and E7
- (4) Call Public Works, Extension 2307 (during normal work hours)

It must be noted that if all personnel are following proper system discipline, steps (1) through (3) are not necessary; the sender should get his undelivered carrier back. On many of the calls received in Public Works, the problem is solved by steps (2) and (3); c. **The carrier is stuck in the tube or the sorter.** Public Works must correct this. It must be noted that this is infrequent but it does happen (most often by a tube not properly closed). At the time the caller to "Exec" had trouble, the sorter was inoperative because several electrical parts failed. These were parts similar to the solenoid and electrical equipment in an automobile. A reject station is required as part of the protective features of the system. When a station is dialed, it is recorded in a computer. When the carrier is sent, it actuates a series of microswitches on its way to the sorter and to its destination. The computer monitors the progress of the carrier from the signals received from these microswitches so that it can provide the proper instructions to the sorter. If all microswitches are properly tripped, the carrier is sent as dialed by the sender. If a carrier became caught in the tube and the computer allowed more carriers to be sent there, the blockage could be impossible to correct without complete dismantling of the piping, obviously a major and expensive project. Therefore, if a carrier anywhere in a subsystem does not trip all of the microswitches, the computer will not send any more carriers to that substation. Because the Emergency Clinic is manned twenty-four hours a day, it is the logical choice to be the reject station.

• We need some sort of ruling on short hair wigs for work. A lot of people feel that we should be able to wear short hair wigs during work and take them off when we get out of our uniforms.

Natural hair and sideburns must be groomed to conform with standards set forth by BUPERS Instructions, wigs notwithstanding. Those individuals who state otherwise are misinformed.

• Could the third floor mail room be opened at 0700 for the benefit of the night corpsmen?

Mail room window hours as set forth in NAVHOSPINST 2710.1F are: Monday-Friday 0800 to 0830, 1000-1400, 1500-1630; Saturday 1000-1200. These hours accommodate the majority of personnel served. Considering present work load, manning level and number of personnel served, changing the hours would not be feasible at this time.

• There is poison oak growing on the retaining wall of the handball court. Several people around the base have caught poison oak. Since many people aren't aware of it, some emphasis should be made in classes.

Poison oak is prevalent throughout the hills in this area. Your call has been brought to the attention of the Public Works Officer and the Safety Officer. We will continue to educate newcomers to this poisonous shrub. Readers who do not know what this plant looks like should inquire at the Crew's Library, Education and Training Office or Public Works. We will look into the display of posters in strategic areas.

Marine World Offers Discount For Military

Marine World has announced special discount rates for servicemen. All military personnel presenting a green ID card which states "Armed Forces of the United States," and one guest will be admitted at \$2.00 each. Uniforms are no longer necessary. Additional guests will be admitted at the regular rate of \$3.50 per person. Regular admission for chil-

dren 5-12 is \$2.00. Children 5 and under will be admitted free.

The special rates include admission, free parking, all shows and attractions, and picnic facilities.

Only green active duty ID cards with a picture will be honored. No Reserves on active duty, National Guard call-ups, retired, or active duty temporary IDs will be accepted for the discount.

Know Your Staff



Mrs. Roberta Schmaljohann looks like a ballerina, and studying ballet for seven years has kept her more or less on her toes. Now, it's her fingers that dance — over the keyboards of various typewriters she uses in her job as roving secretary.

Bobbie joined the staff a few weeks ago, has filled in for absent secretaries in Anesthesia and Orthopedics, and at the moment is working in the Administrative Division — her home base.

At 17 Bobbie graduated from Clayton Valley High near Concord and took a job with Metropolitan Life in San Francisco. "It must have been fate that put me in the medical division," mused brown-eyed Bobbie. She went from that job to Kaiser Hospital, Walnut Creek, as a medical transcriptionist. There she took steno pool tapes in shorthand to improve her skills, and she met her husband, Jerry, a runner for the chart room, who was soon to go into the Army. She studied with him when he was in Special Forces Medical Training at Fort Bragg, N.C., and for three months at Brooke Army Hospital, San Antonio, treating burn patients. Jerry learned something new every day, and Bobbie learned with him, gradually absorbing the knowledge that qualifies her as a medical secretary. Now back at Kaiser, Jerry expects to enter the MEDEX program and specialize in urology.

Besides their work, Bobbie and her husband share two other major interests — their daughters Cindy, 4, and Carren, 1. They also water ski and bowl together. As for the name Schmaljohann, Bobbie's father-in-law tells her it means "Little Strawboss."

HM3 William White

(Continued from Page 1)

nessee, majoring in art education, before enlisting in the Navy in August of 1969. Following boot camp in Orlando, Florida, Bill attended corps school in San Diego, and in March of 1970 he reported to NH Oakland.

Future plans are uncertain, but Bill is considering returning to school after his enlistment to complete his degree in art.

NNC Promotions



New stripes came to three staff Nurse Corps officers at ceremonies in the CO's office. Receiving congratulations from Admiral Mahin are LT Barbara Foster, charge nurse on 6-North, LTJG Larry Laursen, and LTJG Joyce Abrams.



More To Offer

Yes, the base packaged liquor store has more to offer than ever with completion of its new wing. Nearly doubling the store's previous size, the new addition enables patrons to choose from a complete stock of domestic and imported wines and beers. Pictured in the new wing is "Miss Tuborg" displaying one of the seven imported beers and over 30 varieties of imported wines now available.



Congratulations are in order for the nine civilian employees pictured above, as they receive their Sustained Superior Performance awards in the CO's office. Pictured, left to right, are Kathleen Black, Josephine Jones, Judith Luckhurst, Mary Phipps, Fred Robinson, Mary Smith, Anna Mae Taylor, Lillian Winfield, and Evan Wolfe.



THIRTY YEAR certificates were presented to four civilian employees at ceremonies held in the CO's office. They are, left to right: Byron Harrison, Joseph Thomas, Albert Brownlow, and Claude Rowe.

Movie Schedule

- July 31
PUZZLE OF A DOWNFALL CHILD — Faye Dunaway and Viveca Lindfors.
- August 1 and 2
RED SKY AT MORNING — Richard Thomas and Claire Bloom.
- August 3 and 4
THE LAST VALLEY — Michael Caine and Omar Sharif.
- August 5 and 6
FOR LOVE OR MONEY — Kirk Douglas and Mitzi Gaynor.
- August 7
BREWSTER McCLOUD — Bud Cort and Sally Kellerman.
- August 8 and 9
VALDEZ IS COMING — Burt Lancaster and Susan Clark.
- August 10 and 11
THE HOUSE THAT SCREAMED — Lilli Palmer and Cristina Galbo.
- August 12 and 13
RIDE THE HIGH COUNTRY — Randolph Scott and Joel McCrea.
- August 14
THE BEGUILED — Clint Eastwood and Geraldine Page.

A cookie jar is fine for cookies—but it's a crumbly place to put your money. Money belongs in United States Savings Bonds.

Scuttlebutt

SIGHTS & SOUNDS Everyone brushing up on techniques and procedures in preparation for next week's advancement exams . . . Did Murphy Clark really get orders for Taiwan? . . . Chief Wallner's dramatic stumbling catch over second base during the CPO-MSA ball game last week; the Chiefs won, despite LT Hardy's two smashing hits . . . Medical Repair's latest means of transportation—a golf cart . . . a baby shower in Supply Dept. for SK3 John Kerr and his wife Marcia.

Bob Parmentier has had to use his first aid bag four times in the last week while traveling on the highway to and from school. Bob has always believed in pitching in and helping his fellow man. In fact, he believes in participation so strongly that one of those accidents included him.

After 30 years of letting off steam, the old incinerator stacks have been razed. The smoke stacks have been removed to make way for a new, non-polluting burner expected to arrive late next month.

Mrs. Paulyne Hamilton, a patient in the Renal Clinic at the hospital, is presently conducting a campaign to collect Betty Crocker Coupons to be used for the purchase of a kidney machine for Oakland area renal patients. Collection boxes have been placed in several convenient locations in the hospital where coupons may be deposited. Outdated coupons will be accepted. A total of 800,000 coupons are required.

NUPTIAL NOTES: HM3 Gary Hufford of Inhalation Therapy and Gail Brown were married in Portland, Oregon, 22 May . . . On 12 June HM3 David Barker and Margaret Elliott became man and wife. The service took place in the hospital's Main Chapel, with Chaplain Koeneman performing the ceremony . . . HN Allen Kasperbauer and Arlene Norton were wed on 19 June in Reno, Nevada followed by a honeymoon at Tahoe . . . HN Ronald McAdam and Katherine Garcia were also married on 19 June at a ceremony performed by Chaplain Aders in the Main Chapel.

—usn—

CRUISER is from the word "crusal" or fast, light vessel used by the pirates in the Mediterranean.

NAVY EXCHANGE NEWS

You've just finished shopping at the Exchange. You walk outside and the hot, muggy weather tempts your throat for a nice cool, refreshing drink. You walk up to the vending machine, drop in your coins and wait . . . and wait. No drink, no coins.

What do you do? Maybe bang in a few times with your fist? Maybe a few kicks will do the trick.

Venting your fury on a helpless machine causes further damage, usually resulting in expensive repairs. The repairs often reflect a higher operating expense for the Exchange which could mean a lower contribution to the station recreation fund.

So what do you do when you lose money in one of the vending machines? Contact the Navy Exchange Officer for a refund. It is the policy of the Exchange to refund all money lost in malfunctioning machines.

The highlight of Exchange activities this month is the August White Sale which is being held from 1 August to 31 August. Be sure to go through your linen closet and see what you need in the way of towels, bed sheets, pillowcases and other assorted linen. Prints and solids in a variety of pastel colors are being featured.

Don't let your backyard barbecue or family picnic be "bugged out." Take care of those little pests by using one of the spray insecticides and patio foggers now available at the Exchange.

Sports Shorts

Intramural softball standings of 26 July are:

Team	Wins	Losses
Cardiology	4	0
CSR	5	1
Ortho	5	2
OR	4	2
NP	3	2
Radiology	3	4
CPO	2	4
ER	1	6
MSC	0	6

Tennis, Anyone?

The Intramural Tennis Tournament is scheduled to begin the week of 23 August. The tournament is open to all active duty military men stationed at NH Oakland. Contact the sports director Ron Brown, at extension 2350 for details.

—usn—



MOST RECENT OR TECH GRADS are, left to right, HM3s Mark Roussopoulos, Gary Peterson, Robert Hodges, HN Daniel Pixley, HM3s Juan Saenz, Laurence Stearns, HN Rodney Early, HM3s Thomas Donahue, Richard Hall, Lawrence Cornwell, honorman, and HM2 John Bendele, instructor. Seated are CDR Jacques L. McKenzie, Admiral Mahin, CAPT Fitchett, and CDR Higgins. Hodges was ordered to MCRD, San Diego, Saenz to NAS Miramar, and Early went to NH Barstow. The remaining seven classmates were retained here for staff duty.

The OAK LEAF



Vol. 33, No. 16

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 13 August 1971

Retiring Procurement Officer Given Superior Civilian Service Award

Aubrey A. Scheid has received the Navy's Superior Civilian Service Award for outstanding achievement as Procurement Officer at NH Oakland—a job in which he spent many millions of dollars and saved some by stretching every dollar as far as possible.

The award from the Surgeon General, the first of its kind to be received at this command, was presented by Admiral Mahin, Commanding Officer, at a ceremony that also marked Mr. Scheid's retirement after 20 years in Civil Service.

A party attended by co-workers and business associates was given for the retiring Procurement Officer, where he received several mementos of his friends at NH Oakland. Among the gifts were the hospital plaque, a folder of appreciative letters from colleagues, a light switch from Captain Clark carefully taped in the "on" position, and a pool cue from his fellow workers in Supply, Fiscal, and Data Processing divisions.

The vigorous 70-year-old procurement officer came to NH Oakland from the Naval Supply Center, Oakland, in 1958. Among his major duties was the purchase of equipment for our new multi-million dollar hospital, which was dedicated in June of 1968. His business acumen "resulted in great savings for the Navy and contributed immeasurably to the efficiency of the command and its support of the Fleet and the Mil-



Aubrey A. Scheid

itary Community," according to the citation that accompanied his award. Through his efforts, the Purchasing Section supervised by Mr. Scheid is the most productive in the Twelfth Naval District.

Mr. Scheid regards his retirement as a vacation and hopes to keep in touch with his fishing buddies at the hospital. He and his wife Viola will divide the rest of their time between their home in Fremont and their summer home in the redwoods at Brookdale. They have two daughters—Mrs. Alf Gant and Mrs. Charles Deogracia — and five grandchildren.

—usn—

Captain McLean Sails Seas To Study Marine Biology

A 76-year-old 52-ton Baltic Trader manned by three writers, a biologist, an illustrator, a doctor, and two 11-year-old boys may not be the Navy's idea of a cruise, but it certainly makes the *Josefine* crewmen no less salty, as Captain McLean will readily testify.

The voyage had its origin for Captain McLean last January when an old friend who had sailed to the Antarctic with him 25 years ago invited our Head of Plastic Surgery to join the crew. "After seeing the boat I couldn't resist the offer," he said, and on 1 June Dr. McLean and his son Craig departed on an unforgettable 45 day cruise from Del-taville, Virginia headed for Punta Gorda, British Honduras.

Barely underway, the problems began. Caught on coral heads, the 400 pound anchor was being manipulated into a stronger position when the chain broke, dropping it to the bottom. Quickly a buoy was dropped to mark the spot and diving for it was begun, yielding a foreign anchor that some other unfortunates had donated to the sea. Efforts were curtailed as night approached the *Josefine*, and the next day's labors produced the lost anchor.

Once again underway, the crew found time to make a few repairs, such as overhauling the pump that had not been used in twenty years. Next came mending the torn sails by working slowly, beginning with the jib, the staysail, then the mizzen, and finally the mainsail. The tears in all four of the sails were to be ripped apart again in a squall a few days later.

Additional minor problems developed throughout the voyage such as the fire in the smoke stack and a leaking stuffing box—a device built around the engine's



The 76-year-old ketch "Josefine," as she appeared anchored a short distance off shore.

driveshaft to prevent water from entering the boat — but nothing could dampen the crew's high spirits.

The primary mission of the *Josefine* voyage was to study Marine Biology, especially the Manatee (sea cow), who is the real mermaid of the sea, and to deliver equipment to a new settlement for Chinese refugees in Punta Gorda, British Honduras.

When not making repairs or standing watches, the crew enjoyed such activities as diving around old wrecks, shrimping, preparing and eating sevice — a marinated raw fish — or riding 200 pound sea turtles.

Captain McLean is now on a sation Valley, "taking it easy." packing trip with 24 scouts in Des-

Captains Retire



Two of our prominent captains retired from active naval service recently.

At the retirement ceremony in the CO's office, Captain William K. Lawlor and Captain Robert A. Middleton received Letters of Commendation and Captain Middleton was presented the Meritorious Service Medal for his work as Chief of Dental Service at NH Oakland since 1963. He is a graduate of U.C. College of Dentistry and a member of the American Dental Association.

(Continued on Page 4)

HRO Here to Serve You

"Sorry, no pets" . . . "No children" . . . "Unfurnished only" . . . All troublesome words for a serviceman reporting for duty in an unfamiliar area. Before roaming around a new city with a newspaper for a guide, many wasted miles could be saved simply by complying with OPNAV Directive 11101.21 cited on each man's PCS orders directing him to stop at the Housing Referral Office in the Public Works Building. There he would find a quick guide to different areas, price ranges, and owner rules, all within one office without the frustration of hunting for an apartment or house and learning too late that it does not meet his needs.

As an extension of the NAS Alameda Housing Referral Office, the on-base HRO is available to assist all military personnel in finding

adequate housing in the civilian community, often saving wasted steps and many dollars in time and realtor's expenses.

(Continued on Page 3)



Mrs. Jean Lange checks her files for a caller. With over 150 individual listings, the HRO encompasses the entire east side of the Bay, plus Livermore Valley.

Chemical Culture Day

All staff, patients, and dependents are invited to attend "Chemical Culture Day" August 25th. The program will run from 0800-1600 and consists of continuous films shown in the Clinical Assembly, with simultaneous RAP sessions and question-answer periods in the classroom opposite the Assembly.

Representatives from Synanon and the Berkeley Free Clinic will be present, offering an opportunity to speak with past and current drug users. CDR Petoletti, the hospital's Exemption Representative, will also be available throughout the day to answer any questions about the Navy and Marine Drug Abuse Exemption Program.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Contributor: HM3 David Haas
 Photography: HMC John P. Ables, HM1 R. C. Bishop, HM1 M. L. Clark,
 HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Remember when Our Lord said: "If anyone will be my disciple—let him take up his cross and come follow me." It's not a matter of being exempt from suffering—the cross will be in our life—one way or another. Our Lord plainly told everyone that they would have a cross to bear and the unknown quantity is what each person will do with it. Will he accept it or fight it?? The crosses in our lives may take many forms—physical sickness, mental suffering or spiritual trials. Whatever form and intensity they may take—you may be sure that a cross for you is within God's plan.

Following is a poem, written by a friend, and which can be applicable for the cross we bear.

God came into my room last night
 I offered Him a chair
 And then I poured from out my soul
 The things I had hidden there.
 He took each grief and wiped it off
 And held it in the light;
 He told me just what caused each one
 And how to make it right.
 And when He had cleaned off every one
 And placed them in a pile;
 We sat there quiet—just a bit—
 And thought on them awhile.
 Then He smiled, and I smiled back
 And picking up the load;
 He left me with a wondrous peace—
 A peace I had never known.

LT ROBERT GROTHAUS, CHC, USNR



Books For Patients

Airman Laurence Gall, a patient on 70-A, sits amidst a donation of paperback books and magazines given to the hospital by members of the Modesto Assembly of Rainbow Girls, sponsored by the Masonic Youth Organization. Pictured, but not in order, are Ellen and Ridgie Gulian, Sylvia Moe, Jo Anne Young, Denise Vient, and Carol Sturdivant. The group's Mother Advisor is Mrs. Louise Gulian.



CDR Billy Roberts, Chief of Food Service Division, retired on 1 August after 26 years in the Navy. He is pictured above with some of his fellow Food Service workers at a party given in honor of his retirement. Shown above are LTJG Georgiana Banellis, CDR Roberts, Miss Dorris Debro, CDR Martha Springer, Ernest Sivertson, and LTJG Arthur Casper. CDR Roberts now plans to return to school for his Masters degree in business administration.

Who's Been Doing What . . .



Captain Homer Samuels, DC, was presented a Letter of Commendation for his effective work as chairman of the NH Philadelphia Navy Relief Campaign. HMC Kay Douglass, HM1 James Saylor, and HMC Steve Grandstaff received letters from Admiral Mahin commending them for their efficient work while checking in the many new interns and preparing records for departing officers. Three Nurse Corps officers sewed new stripes on as Anne McKelvey, Pamela Book, and Helen Nelson were promoted to LTJG. Dr. Rex Repass was promoted to LCDR. Presidential Unit Citations were awarded to HMC Gerald Trapp of Education and Training, and HMC Jose Andalis, who works in the Lab.



Nine staff doctors received their residency certificates before leaving for new duty stations. Pictured at the top, left to right, are CDR Lathe Bowen, departing next week for Chief Naval Advisory Group in Saigon; LCDR David Walsh, transferred to NH Bremerton; LCDR Richard Wagner to NH Great Lakes; LCDR Frank Dwinell to NH Newport; LCDR Paul McKee and LCDR Martin McKenny were transferred to NH Long Beach; LCDR Michael Williams to NH Bremerton; LCDR Max Savin went to Camp Pendleton; LCDR Daniel Kelly was detached to NH Great Lakes.

Dr. Wilbur Chosen For New Defense Post

Dr. Richard S. Wilbur, a ward medical officer at NH Oakland in 1948, was nominated for the top health post in the Defense Department during the A.M.A. convention held in Atlantic City, New Jersey.

Dr. Wilbur, deputy executive vice-president of the A.M.A., was chosen by President Nixon to succeed Dr. Louis M. Rousselot as Assistant Secretary of Defense for Health and Environment. The selection is subject to Senate confirmation.

The new defense post designate is the nephew of Dr. Dwight Wilbur, also an alumnus of NH Oakland from 1942-1946. Dr. Dwight Wilbur is also a past president of the A.M.A. and is currently serving as a civilian consultant for this hospital.



HMC Severo Fuentes completed 20 years in the Navy on 2 August when he left NH Oakland and transferred to the Fleet Reserve. He plans to stay in the Stockton area and hopes to enter school soon.

Flying Sparks Set Hillside Aflame

A fire, ignited by a spark from a welding job, scorched one of the hospital's hillsides August 2nd. According to Fire Chief Ray Merrill's report, the blaze started on the hillside west of Building 77, bordering Mountain Blvd. Within minutes the fire crossed Johnson Road and was moving further up the hill toward Bldg. 77.

Firefighting was in progress on both sides of the hill when Chief Merrill called the Oakland Fire Department for assistance. Within thirty minutes the Fire Chief secured the area and a standby watch was posted.

Fire Chief Merrill said a crew of men were welding on the lower end of a stairway being constructed on the hillside from Johnson Road to Mountain Blvd., when sparks from this operation ignited grass in the area and immediate attempts to extinguish the blaze failed.

Chief Merrill extends a "well done" to Boy Scout Troop 412, the hospital Security Division, and all the volunteers assisting the fire fight.

Hail & Farewell

OFFICERS REPORTING: LT Adam Antonopoulos reported from NH Orlando; LT Charles Quest from Third MAB, Military Assistance Command, Vietnam; LT Miguel Saldana from NBG-1 San Diego; LT Robert Kahn, JAGC, from COM 12 Law Center, T.I.; LT Richard Ellis reported from inactive duty; LT James Conner from USS Denver (LPD 9); LCDR Lawrence Danto from USS Oriskany (CVA-34); LCDR Donald Palatucci from NH San Diego; LCDR Norman Hoger from CUSG-59; LT James Brinkley from USS White Plains (AFS-4); LCDR Walter Hiskett, CHC, from USS Sanctuary (AH-7); LT Arthur Jackson, from USS Puget Sound (AD-38); LT Douglas Folsom from NH Camp Pendleton; and CAPT Richard Labor from Third MAF, MCAS, El Toro, California.

OFFICERS DETACHED: LCDR Richard Wagner was detached to NH Great Lakes; LCDR Frank Dwinell to NH Newport; LTJG Georgiana Banellis to NH Memphis; LCDR Max Savin to NH Camp Pendleton; LT Gary Quine to MCAS, Okinawa; LCDRs David Walsh and Michael Williams went to NH Bremerton; LCDR Daniel Kelly to NH Great Lakes; LCDR Richard Bueding to Kaiser Hospital; LCDR Dyce Duckworth to NH Camp Pendleton; LTJG Dorothy Kline to NH Taipei; LCDR Stephen Heiser to NH Boston; CDR Sid Mauk, III, resigned; and LCDR Jon Heiser was released from active duty.

ENLISTED REPORTING: HM3 Elizabeth Bailey arrived from NH Corpus Christi; HAs Michael Coburn and Robert Jimenez reported from Hospital Corps School, San Diego; HM1 Joe Hampton from MCB, Camp S. E. Butler, Okinawa.

ENLISTED DETACHED: HM3 Charles Kyle reported to USS Concord (AFS-5); HNs Terry Larned and Abie



Thirteen staff corpsmen were advanced to HM3 for the month of August. Pictured, left to right, are HM3s Eugene Volz, Michael Watson, Donald Walker, Margaret Reinke, Michael Kelly, Tahmi Hall, and Leonard Fouts. Not pictured are William Boyd, Chester Collins, Thomas Lacy, Bruce Robinson, and Mark Roussopoulos.



EXEC-LINE

● I stand watches at the OOD's desk as ambulance driver and before I became a driver it was my understanding that the driver didn't have to stay at the OOD's desk for the whole watch but would be allowed to go to the barracks or to the movie, or what have you.

On 28 July 1971, a standard procedure was forwarded to all Administrative Watch Officers concerning the availability of the primary ambulance driver. The AWO is now charged to keep the ambulance driver immediately available, precluding his attending the movie, bowling, or going to the barracks. It is expected that he will sleep in the watch room near the Emergency Clinic after the night ambulance driver comes on duty at 2300.

● I'd like something to be done about the paging system in the barracks. I have nights up here and over 10 days ago they said a civilian contractor would repair it and so far nothing has been done. Is there a way to speed up the process?

The mechanical and electrical equipment, including the intercom system, are under warranty and the contractor has an obligation to repair these items for the warranty period. Any repair work performed by government personnel during the warranty period could void the warranty; then a major repair or replacement would be at government expense. The disadvantage is the slowness in contractor response in some cases such as the one you described. Many calls were made to the contractor who had difficulty in getting a third echelon subcontractor to respond. The system was repaired three days after your call (just over two weeks from the first indication of the problem). This is somewhat longer than normal.

● I would like to see if a system like the doctors have could be set up in the main hospital so corpsmen could get clean technician jackets without having to go to the laundry building. It's hard to get hold of clean ones.

To relocate the issue of jackets in the main hospital would require a full time person just on issue, and would lead to the high loss percentage that we had previously when issue was at the main building. An unattended exchange procedure similar to that for doctors coats is not feasible since not all corpsmen are authorized to wear tech jackets; 300 new jackets have been placed in distribution within the past few weeks.

Castillo went to NH Long Beach; HN Stanley Satchell to MCRD San Diego; HM3 Sandra Peterson to Naval Dispensary, T.I.; HM2 Ted Wilson to Military Sealift Command, Yokohama, Japan; HN Stephen Duff to NH Pensacola; HN Robert Williams to NH Bremerton; HM3s Randall Milner and Charles Flynn to Naval Admin. Unit, Idaho Falls; HN Keith Mikelson to NAFAC, El Centro, Calif.; HM3 Haywood Merricks to NH Long Beach; HM3 Arthur Santillan to NAS Kingsville, Texas.

Others leaving the hospital were: HM2 John Bolter to USS Ticonderoga (CVS-14); SR John McMullen to USS Coral Sea (CVA-43); HM3 Darold Davies to NH Yokuska; HM2 Elvin Brown to NavSta, Adak, Alaska; HN Barbara Henningsen to NAS Alameda; HM1 Marvin Gilpin to Navy Recruit Station, Los Angeles; HN John Brazelton to USS Higbee (DD-806); DT3 Donald Spinella to NAF, Sigonella, Catoria, Sicily; HN Anthony Glazewski to USS Tripoli (LPH-10); PC1 Johnny Lummus, FPO, S.F.; HN Hugh Green to First Marine Division, Camp Pendleton; SM1 Brice Horton to USS Ranger (CVA-61); HM2s Lowell Brehmer to NH Guam and Robert Irmen to Drug Rehab Center, Miramar; DT3 Michael Burch to NavSta, Subic Bay, P.I.; and HM3 Robert Hodges to MCRD, San Diego.

—usn—

Lab Assistant Exam Deadline 1 Sept.

Medical laboratory specialists in the military career field category of NEC 8412, who have only one year left of laboratory experience, and a high school diploma or equivalent are eligible for the Nov. 19 certification examinations for Certified Laboratory Assistant, CLA(ASCP), offered by the Registry of Medical Technologists of the American Society of Clinical Pathologists. September 1 is the deadline for applying for these examinations.

The national examinations will be given at centers throughout the country.

Certification exams are also being offered on Nov. 19 for the civilian categories of Medical Laboratory Technician, MLT(ASCP), Medical Technologist, MT(ASCP), and Histologic Technician, HT(ASCP).

Graduates of medical laboratory training programs totaling at least 12 months are eligible for the Medical Laboratory Technician, MLT(ASCP), examination if they have an associate degree or 60 semester hours of college credit.

The Medical Technologist, MT(ASCP), examination is open to those who have completed three years of college with 16 hours each in chemistry and biology, one semester in mathematics and a year of clinical education and experience in an AMA-approved Medical Technology Education Program. This examination is also open to those with a baccalaureate degree with the above required courses plus five years of acceptable clinical laboratory experience.

Candidates for the examination for Histologic Technician HT(ASCP), must have a high school diploma and one year of training and experience in histologic technique.

ASCP Certification is of special importance to military laboratory personnel who expect to transfer out of the services into civilian medical laboratories, most of which are directed by pathologists.

Applications for the examinations and further information may be obtained from the Registry of Medical Technologists (ASCP) Box 4872, Chicago, Ill. 60680. Applications must be returned to the Registry by September 1, with an application fee of \$25.

HRO (Continued from Page 1)

With over 150 separate listings, the referral office can offer housing in nearly any area desired, as well as provide brochures of locales. If unable to furnish a direct listing the HRO can provide names of reputable realtors in the chosen district.

Housing assistance is also helpful to a patient expected to have a long convalescence who desires to move his family closer to the hospital. In some cases the HRO is able to arrange a place for the family ahead of their arrival.

See Jean Lange, the Housing Referral clerk in building 60-A, Public Works, or call 639-2309 when you need a place to live. She is there to serve you.



Smiling faces accompanied the Alameda County Deputy Sheriffs Association's \$1,000 donation to the hospital last month. Sgt. Von Brown (right), president of the association, and Sgt. Bob Briggs, a retired Navy man, presented the check to Admiral Mahin for use in the patient recreation fund.



Scuttlebutt

SIGHTS & SOUNDS: The sugar-plum fairy visiting the personnel office . . . CDR Martha Springer of Food Service a finalist in the National Sandwich Idea Contest with her "California Wichcrab" . . . Allergy Clinic proudly displaying its new painting donated by Mrs. Eloise Smith, a patient of the clinic.

Chief Gerald Trapp of Education and Training just received his Selective Service classification. He is officially classified as 5-A, too old to serve! Congratulations, chief; you beat the draft.

WANTED: One four-legged "mus musculus," last seen running loose in the telephone operator's office.

Congratulations to LT Nathan Sessions for his selection as one of the "Outstanding Young Men of America."

WEDDING BELLS RANG last month for LTJG Rick Hattori of the Optometry Department and Eleanor Wong. The ceremony took place in Sacramento in his sister-in-law's back yard.

Carlos Rodriguez, an OR student, and Barbara Skvor of GPC, were married on 3 July in the Main Chapel by Father Bohula.

Life Began . . .

LIFE BEGAN 5 August for Jennifer Lynn Boardman, 7 pound 13½ ounce daughter of LT Sheffield Boardman of Internal Medicine Department and wife Jane . . . 6 August for Jennifer Joy Thriot, 6 pound 11 ounce daughter of HN Rick Thriot of 7-E and wife Sandra . . . 7 August for Travis Lamar Olson, Jr., 8 pound 1½ ounce son of HM2 Travis Olson of X-Ray Department, and wife Melody.



Members of NH Oakland's varsity golf team proudly display their championship trophy. Pictured are Woody Porter, Gil Cravalo, Dave Antonelli, and Jim Hogerson. Team members not present for the picture are CDR Joe Gregonis, CDR Tom Carson, LTJG Mike Ware and HM1 Fred Matthews.



Chief gave up trying to explain these matters to the new interns.

Movie Schedule

15 & 16 August
FOOLS — Jason Robarge and Katherine Ross. Drama. GP
 17 & 18 August
ONE MORE TRAIN TO ROB—George Peppard and Diana Muldaur. Western Comedy. GP
 19 & 20 August
WILD AND WONDERFUL—Tony Curtis and Christine Kauffman. Comedy.
 21 August
ROAD TO SALINA—Mimsy Farmer and Robert Walker. Suspense Drama. R
 22 & 23 August
ZEPPLIN—Michael York and Elke Sommer. War Drama. G
 24 & 25 August
SUPPORT YOUR LOCAL GUN-FIGHTER—James Garner and Susanne Pleshette. Western Comedy. G
 26 & 27 August
BACHELOR IN PARADISE — Bob Hope and Lana Turner. Comedy.
 28 August
RIVER RUN—John McLiam and Louise Ober. Drama.
 29 & 30 August
THX 1138 — Robert Duvall and Donald Pleasance. Science Fiction. GP
 31 August & 1 September
MEDIUM COOL — Robert Forester and Verna Bloom. Drama. X

NAVY EXCHANGE NEWS

Have you ever started packing the family picnic and suddenly remembered that you're out of potato chips, marshmallows and cookies? Be prepared, especially for the upcoming Labor Day Weekend by stocking up on these and many other snack-type packaged foods available at the Exchange.

The thought of Labor Day should ring a bell — the school bell that is. Yes, it's time for that annual event known as "Get-Ready-For-School." Make sure your children look "cool" in school this semester by selecting some of the latest boy's and girl's clothing now at the Exchange.

Remember also to pick up some notebooks, pens, pencils and other school supplies so that your youngster will be fully prepared for the new school year.

Sports Shorts

The Intramural Tennis Tournament scheduled to begin 23 August is still in need of participants from NH Oakland. Any interested active duty military personnel should contact Ron Brown, sports director, at extension 2350 for details.

Cross Country Runners are needed for the hospital's track team. Competition will begin 10 September. Anyone interested in participating should contact Dr. Barvick, team captain, or Ron Brown.

Intramural Flag Football competition is scheduled to get underway the 13th of September. Departments should start forming their teams now. A meeting will be held 8 September at 1630 to discuss rules and other pertinent information.

Bowling begins 4 October. Anyone who would like to participate on this year's team should call HM1 Jose Santiago, bowling alley manager, at extension 2120.

As of 6 August, the Intramural Softball Standings are:

Team	Wins	Losses
CSR	7	1
Cardiology	5	1
Ortho	6	2
OR	4	3
Radiology	4	4
NP	3	3
CPO	3	4
ER	1	7
MSC	0	8

Playoffs were held yesterday and today, too late for press time. Results will be in the next issue.

—usn—

HMCM Swartout New Med. Dept. CPO

The Surgeon General of the Navy has named Master Chief Hospital Corpsman Robert J. Swartout to be the Master Chief Petty Officer of the Medical Department. In the message received from BUMED the Surgeon General stated: "Master Chief Swartout brings to his new duties a vast amount of experience gained from service at a variety of medical facilities within the Fleet and with the Marines. I share the CNO's feelings that this dynamic management technique will do much to enhance our already active program of improved communications and increased sensitivity to the desires of our medical department personnel, our patients, and their families. I urge you to make use of his considerable talents."

Master Chief Swartout may be contacted by writing him at BUMED, Code 13-A, or by phone at autovon 294-4112; commercially 202 254-4112.

Football Quiz

Now that the 1971 pro football season is almost upon us, let's review last year. Who:

- kicked the longest field goal in the history of the NFL?
- is the oldest player in pro football?
- transferred to the American division, as the result of the realignment of the two leagues?
- had the season's best won-loss record (excluding playoff games)?
- had the season's worst won-loss record?
- was the first draft choice of 1971?

ANSWERS

- Tom Dempsey, New Orleans Saints, 63 yards on November 3, 1970.
- George Blanda, Oakland Raiders, 44 this year.
- Baltimore Colts, Cleveland Browns, Pittsburgh Steelers.
- Minnesota Vikings, 12-2.
- Boston Patriots, 2-12.
- Jim Plunkett, Stanford, to the Boston Patriots.

Captains Retire

(Continued from Page 1)

ciation of Oral Surgeons. Captain Lawlor was the first MSC officer to be Chief of PMT school here. He holds a B.S. degree from Cornell University and a Doctor of Science from Johns Hopkins University.



Sustained Superior Performance awards were presented to four staff civilians at recent ceremonies in the CO's office. They are, left to right, Thelma Bonney of Medical Boards, Donna Cruzan, Executive Officer's secretary, Marion Mooney of Security, and Mary Henemann of Patient Affairs.

Send Your Copy of THE OAK LEAF HOME!
 Place Stamp Here
 From: Naval Hospital Oakland, California 94627
 To:

(Fold in half and then in thirds and staple.)

The OAK LEAF



Vol. 33, No. 17

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 27 August 1971

Farewell Letter to a Friend

A Vietnamese Marine Corps physician, heading for home after special training in cardiopulmonary techniques, tells in the following letter the impressions of his stay that he will carry back to his people. The letter is addressed to his landlord, closest of all his many new friends, but the doctor wishes it also to serve as his "goodbye" to all who helped make his six months in the United States a pleasant and rewarding experience. The OAK LEAF takes pride in publishing the letter verbatim.

Dear Jack,

I am going back soon to the "plagued city" which is my homeland.

It is likely that people will ask me: "What is America?"

Should I tell them that it is a big country with beautiful mountains and rivers? How bad a geography teacher I would sound, for unfortunately, I am limited in the artistic abilities to translate into living images my perceptions of nature. (Whoever, for example, has enjoyed the panoramic view of the whole Bay Area seen above in the twilight from Berkeley's Rose Garden probably understands what I mean.)

Would I tell them of the colourful Hippies, of the interminable highways, of the big cities with huge skyscrapers and jammed traffic? They would probably laugh at me, out of simple disbelief—"What a lousy tourist he is!"—or they have seen all that on TV or in some movies (and besides, their own offspring probably are wearing long hair and odd clothes).

Finally, it would certainly appear out of proportion to talk with them about Mr. Cleaver's "soul" or Mr. Reich's "consciousness." Most friends of mine are "plowmen" by profession or by heart, and I think it is not their primary concern to seek "anything worthwhile or intelligent," because they agree with Nerzhin, who asks in Solzhenitzyn's novel, "The First Circle": "Why should a butcher try to be a therapist?"

I think I'll just tell them about you, Jack. Some months ago you accepted me in your home as a lodger, and now we depart friends.

We shared for a short lapse of time common experiences which I now cultivate as my "private American garden." To those simple-hearted who come wishing to know what America is to me, I'll tell them about you, an old gentleman of 82, all white hair and false teeth, deaf as a mule but with an ear always ready for a help request. I'll tell them about you as the one who introduced me to the world of popcorns and pancakes, apple pies and hamburgers, the Star Spangled Banner and the "Hee-Haw" jokes. I'll tell them about you as the one with whom I compared my war scars—our "hysterectomy," as we called them with our dry sense of humor—and yet with whom I never

had any discussions whatsoever about killing or politics.

But above all, I want to tell my friends that you are the one who drives every day 15 miles to visit his wife, bedridden in a convalescent hospital, and who never forgets to wrap with loving care a banana or other fruits for his beloved. I'll tell them about you as the one who is carrying out this burden with silence, accepting it as a challenge with courage, not with resignation, or as one who seems lost in this fast-moving and apparently indifferent world, you still look at humanity with compassion and mercy.

Yes, Jack, it has been a "groovy" experience to know you. You helped me to discover not only a nation and a people, but also a light to human source and identity.

Farewell, farewell, my friend; you always remain in my heart the "greening" America I am bringing home.

/s/ Nguyen Trung Khanh
Your Vietnamese friend

—usn—



A tired but happy crew heavily laden with souvenirs takes a break from Disneyland's excitement. The "crew" was 20 of NH Oakland's WAVES celebrating their 29th birthday on 30 July.

Special Services helped make the day a success by providing transportation to and from NAS Alameda and furnishing Magic Kingdom tickets. Recognizable in the above picture are Mary Nanna, D'Ann Shoemaker, Bobbie Renshaw (seated), Yvonne Como, and Judy Lasecki.

How It Works

Drug Exemption Program

On 9 July, 1971, the Secretary of the Navy issued Instruction 6710.2, establishing a Drug Exemption Program for the Navy and Marine Corps. Under this Instruction a man who is an illegal user of drugs or an illegal possessor of drugs for his own personal use may be exempt from disciplinary action and separation under other than honorable conditions.

The Exemption holds three requirements:

1) The request must be voluntary; a drug user must turn himself in before his apprehension and before being warned of his rights under UCMJ Article 31.

2) The request must be sincere; the man seeking Exemption must declare his intention to seek help to eliminate his illegal drug usage and stipulate his willingness to cooperate in a rehabilitation program.

3) The disclosure must be made to a command representative; CDR Petoletti is the Exemption Representative of the Drug Abuse Program for NH Oakland. He may be reached at Extension 2-4-6-8. Soon he will designate an alternate who may be contacted in his absence. Exemption request forms are available at the OOD's desk, Barracks MAA, Emergency Clinic, and all nursing stations.

The disclosure must include all illegal drugs being used, and the Exemption will pertain only to those drugs named by the user. If, for example, a man is granted an Exemption for his use of marijuana and it is later proven he was also using amphetamines, he would not be exempt from disciplinary action for the use of amphetamines.

Applicants for Exemption are not required to identify other drug abusers as a condition to obtaining Exemption. However, anyone named as a user by another man or disclosed by a testing procedure will be contacted by the command and told that he has been identified and will be given 24 hours to request an Exemption.

The information disclosed is in no way privileged and it may be used for any purpose other than nonjudicial punishment, court-martial action, or separation with an undesirable discharge. An example of this could be an incident such as corpsman using drugs and not properly caring for a patient. If the man was granted an Exemption he would not be penalized for the act of taking the drug causing his error, but he would still be held accountable for the correct care of the patient.

(Continued on page 2)

General Chapman Visits Fellow Marines



The Commandant of the Marine Corps, General Leonard F. Chapman, Jr., paid a brief visit via helicopter on 9 August to many of the Marine patients hospitalized here. During his short stay, General Chapman answered questions from the men and commended them for the job they did in Vietnam. Before greeting each man individually, the Commandant presented the Bronze Star with Combat V to SGT Pascacio Macalam and promoted CPLs Jose Luna and Thomas Placencio to their present ranks.

Among the many Marine Corps patients visited by General Chapman was CPL Gerald Montoya (pictured above), a Vietnam casualty wounded in June of 1970.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Contributors: HM3 David Haas and HM2 William Elwood
 Photography: HM1 R. C. Bishop, HM1 M. L. Clark, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Contrary to Popular Belief JOY IS CONTAGIOUS

Many Christians in today's institutional church are labeled "hypocrite" because their lives do not exemplify the teachings of Christ. One of the harshest criticisms comes at the point of "inner peace," because many of our contemporary Christians seem compulsive rather than free; they are slaves to work, to profession, to money, to sex, to status (some clergymen are even enslaved to the church) — rather than being at peace in their lives.

In our hospital, we are beginning to notice buttons which, though technicolored, have merely a smile upon them. "Happy Buttons," "Smile Buttons," call them what you will. They are a shining testimony of an individual's happiness. "Smile, Christ loves you!"

Joy IS contagious. You can share happiness much more easily than you can anxiety—try it. For some reason, the supply of joy (or peace) goes a lot further, to many more people, and makes the giver even happier than had he tried to keep the joy, peace or happiness to himself.

Make someone else joyous—expose him to your joy. You will discover, perhaps to your own amazement, that love is catching!



LT JAMES TRETT, CHC, USNR

NWCA Bake Sale

NH Oakland's enlisted wife's group—NWCA #160—will hold a Bake Sale on Wednesday, 15 September at 0900 in the Navy Exchange Lobby. Come by and take home some of the delicious pastries on sale.

When liberty destroys order, the hunger for order will destroy liberty.
 —Will Durant



Three more men signed on the dotted line in recent ceremonies in the CG's office. SM1 Gaylon Wilcox (upper left) reenlisted for four years. DT2 Raymond Kilian signed for four years with his choice of duty assignment. In February he will transfer to Support Activity, Taipei. HM2 Ralph Ramirez reenlisted for six years under the NENEP Program. He was also presented a Letter of Appreciation and next week will begin school at San Jose.

Life Began . . .

LIFE BEGAN 12 August for Christina Dawn Kersey, 8 pound 5 ounce daughter of HM2 James Kersey of Patient Affairs and wife Diana. . . 15 August for Amy Michele Kerr, 6 pound 5 ounce daughter of SK3 John Kerr of Fiscal, and wife Marcia. . . 15 August for Glenn Carter Blome, 7 pound son of LCDR Bruce Blome of Radiology, and wife Dorothy.

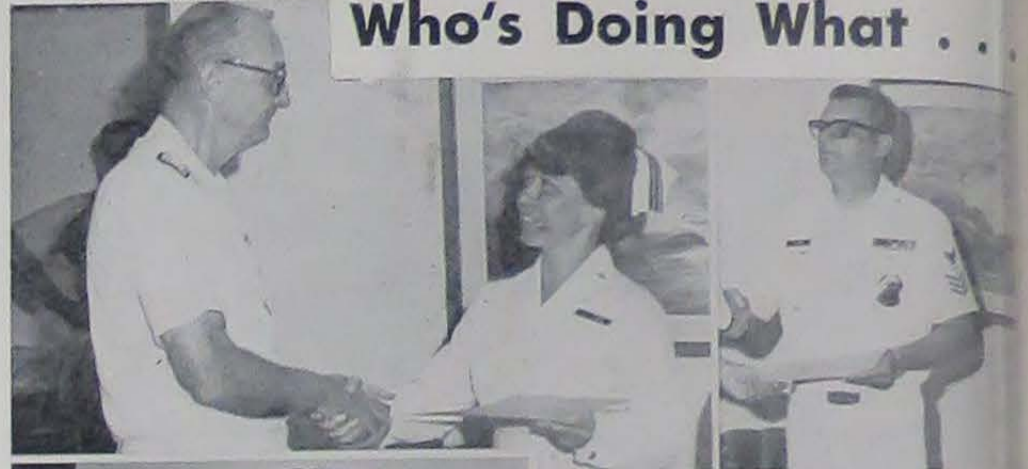
Exemption (from page 1)

The Exemption extends only to the drug use and possession incident to such use; thus a seller or supplier is not eligible for Exemption.

Finally, an Exemption can be granted only once. If a past user returns to drugs after receiving an Exemption, he may not be granted another. However, Commanding Officers will probably carefully weigh the extent of disciplinary action to be taken, if any, depending on the progress made during the man's rehabilitation program.

The Drug Abuse Exemption Program now offers the opportunity for drug users to come forth and seek medical and/or rehabilitative help which will assist them in breaking their habit without the fear of nonjudicial punishment, court-martial, or undesirable discharge. As CDR Petoletti summed it up, "It gives people a chance to start fresh again and not trip on the future by looking back at the past."

Who's Doing What . . .



Admiral Mahin congratulates LT Peggy Grigg upon her augmentation to the Regular Navy. HM1 George O'Connor received a Letter of Commendation for service while aboard the USS RANGER. LT Alan Zimmerman, JAGC, was presented a Letter of Appreciation upon being released from active duty. Mr. Zimmerman will stay in the Oakland area and has taken a position with a law firm in San Francisco. HM2s Travis Olson and Mikael Brown received Good Conduct Medals. Both men are X-Ray students.



CAPT Victor Holm, Chief of NP Service, stands by his newest NP staff medical officers to receive promotions. New LCDRs are, left to right, Drs. Jeffrey Houpt, Gerald Brownstein, Peter Olsson, and Russell Cain. Shown in the lower row is Dr. Dowd Yarborough of Medicine staff, Dr. Ronald Kalayta of Ophthalmology Service, and Drs. William Dolan and Ronald Yakaitis, both on Anesthesiology staff.

Residency

Certificates



Residency Certificates were recently presented to three staff medical officers. They are, left to right: LCDR Seth Anderson, a Medical Resident; LCDR Dyce Duckworth, NP Resident; and LCDR Roy Redmond, an Anesthesia Resident.

Judo-Karate Club Comes to Hospital

A new style of sport has come to NH Oakland in recent days. Cries of "k-a-i-y-h!", sounds of boards splitting and bodies hitting the floor prompted a dash into the gym prepared for the worst. Once inside there stood a dozen students garbed in white, happily throwing each other over shoulders, legs, and backs, issuing supernatural sounds as they landed. The students are members of the new judo club recently initiated.

The club was organized by HM2 William Elwood, a brown belt in judo and karate, who instructs approximately 14 students. In an interview with HM2 Elwood the "Oak Leaf" learned that the judo club has a three-fold purpose. First, it provides a place to work out for judo and karate enthusiasts who have had previous contact with the sport, and more importantly to teach other members some of the different techniques that they have learned. Second, and most important to Elwood, the club teaches people who have never come in contact with the Martial Arts the basis of judo and karate and how to apply them in self-defense. Third, it provides an atmosphere "whereby the people in the club can get together, share a common interest, and have fun while they learn."

The club holds a practice every Tuesday and Thursday in the Special Services gymnasium from 1700-1900. These hours allow maximum attendance since the practice begins immediately after work for most people, and ends early enough to avoid interfering with any plans members may have for the evening.

At present the club is open to all active duty personnel and their dependents twelve years of age or over. Beginning the first Wednesday in September a judo class for children under twelve will be held from 1500-1600. The club is open to both male and female members. "In fact," said Elwood, "Some of the world's best judo enthusiasts are women. Most men are able to take care of themselves if the situation arises, but very few women know how to defend themselves if someone tries to attack them. So I feel they would benefit most by joining the club," he added.



HM2 William Elwood (left) and his brother Gregg, sparring in karate.

BRIG is a contraction of the word "brigantine," a type of sailing craft. At one time this type of ship was used to keep prisoners of war so they would not be in the way on the fighting ship that captured them. Soon sailors called a prison of any type a brig.

How does one join the club? Simply come down to the Special Services gym any practice night, or contact HM2 Elwood in the Lab. The lessons are free and the only expense involved would be the purchase of a uniform worn by some of the members, if you desire one.



HM2 Elwood demonstrates a major hip throw, the "Ogoshi," with HM2 Dave Ekaireb.

Hail & Farewell

ENLISTED REPORTING:

HM3s Max Carroll and Joseph Lenet reported from Naval Station, T. I.; HM3 Elizabeth Bailey from NH Corpus Christi; HM1 Michael Hudlow from Naval Supply Center, Oakland; HNs Lloyd Fryer, Tommy Wright, and Charles Holton reported from NH Camp Pendleton; from NH Key West came HN Daniel Hall; HM3 Frank Chacon from NH Long Beach; HM1 Phil McDonald from NH Bremerton; HM3 Joyce Powers and HA Cheryl Larsen reported from NHCS Great Lakes; HNs Gregory Nichols and Robert Plant from NHCS San Diego; HM2 Lloyd Fansler from NH Memphis; HM2 Patricia Miller from NH Pensacola; HMC Donald Pickinpaugh from Second MAW FMF Cherry-point, NC; HMC Charles Johnston from Third Marine Aircraft Wing and HMC Donovan Hofer from Third Marine Amphibious Brigade.

ENLISTED DETACHED:

HN Elizabeth Conway was detached to NAS Alameda; HM1 Richard Bulman to NHCS San Diego; HNs William Mack, Augustine Fernandes, and David Antonelli to First Marine Division; HM1 James Saylor to USS CONSTELLATION (CVA-64); HM2 Ralph Ramirez to NROTC Unit-University of California; HMC Severo Fuentez was released to inactive duty in Fleet Reserve Class F-6; HM2s Donald Klein and Gary Joyce were released to inactive duty in the Naval Reserves.

OFFICERS REPORTING:

LT Donald Westbie reported from NH Philadelphia; LCDR Warren Hinchcliffe from inactive duty; LT James Tarpley from USNMC Morocco; LCDR Robert McCullagh reported from BUMED; LCDR James Hammel from Naval Station Dispensary, Pearl Harbor; LCDRs Lawrence Duane, Jr. from NAS Pensacola and James Geeslin from USS RANGER (CVA-61); LTs John Geren from NH Boston, Delbert Hahn from VT-7, NAS Meridian; and Keith McReynolds from NH Charleston; LCDR Ricci Laese from NROTC University of Minnesota, and LT Anson Wallace reported from NH Lemoore.

OFFICERS DETACHED:

CDR George Metz was detached to CG Third Marine Division; LCDRs Roy Redmond to NH Great Lakes and Patricia Brown to NH Portsmouth; CDR Arthur Holmboe, resigned; and LT Alan Zimmerman was released from active duty. LT James Mann was detached to the University of Washington; LTIG Dorothy Kline went to NH Taipei, and LT Charlene Wolf was released from active duty.

Movie Schedule

- 2 & 3 September
DEAR HEART—Glenn Ford and Geraldine Page. Comedy Drama.
- 4 September
SOLDIER BLUE—Candice Bergen and Peter Strauss. Western, R.
- 5 & 6 September
ALEX IN WONDERLAND—Donald Southerland and Ellen Burstyn. Fantasy, R.
- 7 & 8 September
THE HARD RIDE—Robert Fuller and Sherry Bain. Drama, GP.
- 9 & 10 September
FOUR HORSEMEN OF THE APOCALYPSE—Glenn Ford and Ingrid Thulin. Drama.
- 11 September
CATCH 22—Alan Arkin and Martin Balsam. Drama, R.



EXEC-LINE

● I'd like to know why dependents cannot get any kind of dental care at this hospital.

Dental care is authorized for dependents at this and most other armed forces activities to the extent of preventive dentistry, emergency treatment to relieve pain, and when inpatient dental treatment is considered by the dental and medical officers to be "Adjunctive to medical care." This care is subject to the availability of space, facilities and the capabilities of the professional staff. The following are some references where you may find details that will clarify the regulations governing dental care for authorized eligible dependents: SECNAVINST 6320.8D of 5 Sept. 1970; MANMED, Art. 6-98; BUMEDINST 6600.5; BUMEDINST 11330.1A; BUMEDINST 6320.43; NAVHOSPOAK DENTAL INST. 6600.2. Direct inquiries can be made at the Dental Service appointment desk by calling Extension 2255.

● I'm calling about washing machines for patients. There ought to be more about the base because patients are coming over here to the EM barracks and are using our machines.

The washing machines at the EM barracks are for the sole use of the occupants of the barracks. If you have knowledge of outsiders (including patients) who are using your facilities they should be reported to Security. We are looking into some way to improve on facilities available to patients.

● Every time I go to the movies in the Clinical Assembly it always appears that the movie is out of focus and nobody ever rectifies it. Also the bulb needs to be replaced.

Your inquiry and others have been referred to the Chief of Special Services, who assures me that the problem in the projector will soon be solved when the contractor answers our request for repairs. If the projectionist is not being helpful please go back to the booth and inquire. If there is still lack of cooperation speak with the Chief of Special Services during normal working hours and he will make every effort to solve the problem.

● I was playing in a golf tournament the other day and someone that played with us checked out golf clubs from Special Services and had to pay 50 cents. I don't think it's fair when they don't charge for other sports equipment like volley balls, basketballs, or footballs.

The "golf tournament" in question was a "get together" coordinated by CDR Heath and was not an intramural or varsity match as such. Therefore, all participants are charged rental whereas intramural or varsity teams are not. Golfing equipment is a high-dollar investment, procured mainly for the novice, since most avid golfers own their clubs. Consequently, our golf equipment is subjected to a high rate of "wear and tear" and the token charge helps defray expenses and encourages proper use. Green fees have been provided at reduced prices which adds to the substantial investment made per golf participant.



Graduation of the First Class in Hospital Infections Control Course conducted at Preventive Medicine Technician School took place on 13 August.

The intensive two-week course offered to Reserve Medical Department personnel was designed to orient the students to the various problems concerning the control of nosocomial infections.

Subject matter included such topics as Microbiological Surveillance of the Hospital Environment, Housekeeping Procedures, Legal Aspects of Hospital-Acquired Infections, and Infections Control Committees.

Members of the class pictured are, left to right, front row: CDR F. Shaffer, MC; CDR R. Moffitt, DC; CAPT E. Waldmann, MC; LCDR G. Taylor, MSC; LCDR M. Jones, NC. Back row: HMC T. White, HM1 J. Paulette, HM1 W. Yancy, HM1 A. Crawshaw, and HM3 A. Manno.

Scuttlebutt

A sigh of relief as Lorene Leung returns to her desk in the personnel office after a 2½-week trip to Hong Kong, visiting relatives. . . . LTJG Arthur Casper is anxiously awaiting the arrival of his 21-foot yacht expected to arrive soon from Catalina. He is now looking for foul-weather gear to go with it. . . . LCDR Sally Kiely has a new way to get around. The Surgical Intensive Care Unit Charge Nurse was given a new five-speed Schwinn bicycle for her birthday by fellow ICU staffers.

The will read: "And so being of sound mind, I spent every last penny I had before I died."

A certain MSC LTJG, who requested that his name be withheld from the paper, lost his office keys and could not recall WARE he had left them. Moments later they were found safely locked in his office. Request granted.

A naval base is where the sailors are full of life, happiness, and the pursuit of liberty.

CAPT and Mrs. V. Holm have gained a son-in-law with the marriage of their daughter Victoria Marie to Mr. Craig Prescott. The ceremony took place at St. James Lutheran Church in San Leandro, and was attended by Admiral and Mrs. Mahin and Captain and Mrs. Hubbard. After a honeymoon in Monterey, the newlyweds have made their home in San Mateo.

OTHER NUPTIALS: HN Catherine Heins became the wife of Alan Beebe on 31 July at a ceremony in Antioch. Alan is a Machinist's Mate stationed at Mare Island.

CONGRATULATIONS on the selection of the following staff officers for promotion to Lieutenant.

Medical Service Corps

LTJGs Arthur W. Casper, Jr., Michael D. Drobot, Lynn Hartung, Ricky N. Hattori, Walter A. Ollenburg, and Buddy T. Sparks.

Nurse Corps

LTJGs Jo Ellen Ames, Alice G. Deprima, Kathryn L. Gruben, Regina L. Merrill, Mary E. Meyer, Suzanne M. Morton, Mariana Rivera, Sharon A. Sanders, Karen E. Smith, and Rose Thiessen.

Sports Shorts

OR came all the way from fourth place at the beginning of station play-offs to defeat CSR twice and Ortho once, taking the NH Oakland Intramural Softball Championship.

Intramural Flag Football competition will begin 13 September. Interested departments should submit one of the entry forms distributed throughout the hospital or pick one up outside Ron Brown's office located over the Exchange. A meeting will be held 8 September at 1630 to discuss rules and other pertinent information.

Bowling begins 4 October. Anyone interested in participating on this year's team should contact HM1 Jose Santiago, bowling alley manager, at Extension 2120, or Ron Brown, Extension 2350.

Cross-Country Runners are needed for the hospital's track team. Competition will begin 10 September. Anyone interested in participating should contact Dr. Barvick, team captain, or Ron Brown.



"SAFETY FIRST" brought Safe Driving Awards to these five civilian transportation employees. Receiving their awards from LCDR Fluharty are William Adams, for 14 years of accident-free driving, Irving Coombs, totaling 19 years of safety, Lucius Moore with 10 years, George Hunter, 18 years, and Alec Bowater with 21 years of driving without an accident.

Latest News From Your Navy Exchange

As an added service to patrons, the Navy Exchange employs a liberal layaway policy for all retail merchandise items. Minimum dollar requirements, if any, are determined by the Exchange.

Under a policy which was expanded last year, it is possible to have any item put aside on the layaway plan. Payment for the merchandise that you select may be spread over 60 days, provided one-half of the full purchase price is paid within 30 days of the purchase and the balance is paid within 60 days.

Buying Christmas toys for the youngsters can run into a sizeable expense. For your convenience, the layaway plan includes a special payment schedule for these items. Payment for Christmas toys may be spread over 90 days provided that final payment is made by December 15.

The following schedule applies to Christmas toys:

Month of Sale	Amount To Be Paid		
	In Oct.	In Nov.	By 15 Dec.
September	1/3	1/3	1/3
October		1/2	1/2
November			full payment

The layaway plan can be useful for your Christmas shopping this year and it might be an incentive to start your shopping earlier. Check with the Exchange for specific details.

Once again the traditional "swan song" of summer is here—Labor Day Weekend. If you plan on having one final "barbecue blast," the Exchange has snack items, paper plates, cups, plastic utensils and other picnic and barbecue items in stock.

A final word on barbecues . . . why not check into the special clearance sales at the Exchange on portable barbecue grills, patio equipment and supplies. Get ready for next summer by cashing in on these savings.

Since you've undoubtedly begun to prepare the youngsters for the new

school season, don't forget to stock up on an essential part of their back-to-school wardrobe—underwear and hosiery, shirts, ties and skirts. See the selection in the Children's Wear Department.

College bound youngsters can always use luggage, radios, shaving kits and other traveling accessories. Shop at the Exchange now for these always-appreciated items.

—usn—

FATHOM comes from the Anglo-Saxon "faehom," which was the stretching out of both arms to measure roughly six feet.

FREDDY FREAK SAYS



"When you're a drug addict, that's all you are."

QUIZ

American Forces Press Service

1. In professional golf, the "Big 4" tournaments are?
2. Name the pro golfers associated with these gallery nicknames: "Arnie's Army," "Jack's Pack," "Lee's Fleas."
3. In pro golf, what is "wire-to-wire" victory?
4. What golfer won the most tournaments in 1971 through July?
5. What is a "hand mashie"?

ANSWERS

1. The Masters, U.S. and British Opens, and the PGA.
2. Arnold Palmer, Jack Nicklaus, Lee Trevino.
3. The eventual winner leading all four rounds of the tournament.
4. Lee Trevino, five.
5. A slang expression for a ball thrown onto the green when no one is looking (obviously illegal).



From the Judge Advocate

A recent message from the Secretary of the Navy notes that many discriminatory experiences of Navy and Marine Corps personnel who are seeking off-base housing are not being reported.

The proper people to be notified when such discriminatory experiences are encountered are the Housing Office at Alameda, which maintains a sanction list, and the State Fair Employment Practices Commission (FEPC). The FEPC will investigate complaints of discrimination in the sale, rental, or lease of property. It has the power to direct the sale or rental to the aggrieved person, or the sale or rental of similar accommodations, or the payment of up to \$50,000.

You are encouraged to contact the Staff Judge Advocate if assistance is needed in making your grievance known.

Make Safety an Everyday Effort

The ambulance stretcher shown at the right should not be used for transporting patients around the hospital when other means are available.

This lightweight collapsible stretcher is designed for efficiency during emergency ambulance use only, and although its use necessitates easy handling, the stretcher is not stable enough in the upright



position to allow safe handling of the patient.

If a patient is not placed in the proper position and strapped on the center of the stretcher, he will quickly be on the floor if he moves off-center or tries to sit up.

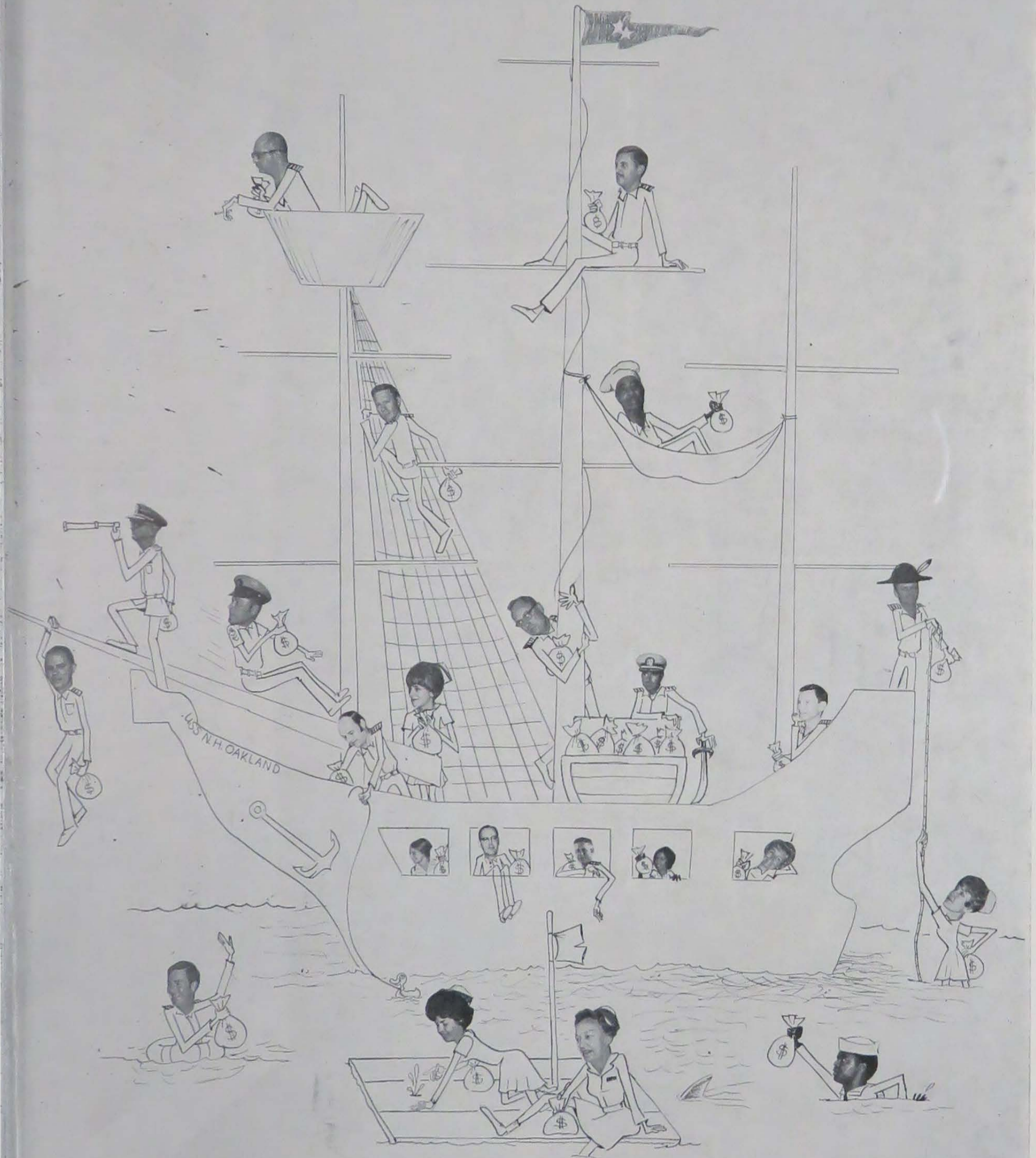
If the ambulance stretcher is to be used, it should be in the locked position at all times.



**COME ABOARD
GIVE TO CFC**

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 33, No. 18
Friday, 10 September 1971



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Contributors: HM3 David Haas

Photography: HMI R. C. Bishop, HMI M. L. Clark, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

One of the most devastating sins of spiritual pride is the sin of confessing someone else's sins. When we become preoccupied with the faults of others we are attempting to escape from our own shortcomings. Our concern for the failures of other people is often an attempt to ignore our own lack of progress in the Christian life.

We never become so holy that we do not need to confess our sins daily and to be reminded daily of the grace and mercy of God. Whenever we think that we are without sin, we are guilty of deceiving ourselves. Whenever we are critical of others and sensitive to their faults, we are merely trying to distract our minds from an honest confrontation with our own weaknesses.

Perhaps it would be a good idea when we get "up tight" with others that we take a good look at ourselves. We may see more need for correction on our part than on theirs.

LCDR WALTER HISKETT, CHC, USN

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex

HOLY COMMUNION: First Sunday of each month

Weddings and Baptisms: By appointment
Choir Rehearsals: To be announced

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital one day a week. For appointments call Extension 2251 or 2252 or 357-8505.

A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

Alcoholics Anonymous meets every Tuesday at 2000 in the Chapel Annex.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.



ETRSN John Gautschi, a patient here since last May, was presented the Navy Achievement Medal during recent ceremonies in the CO's office. Gautschi was cited for his outstanding duties performed repairing radar equipment during combat operations.

—USN—

To make freedom from mishap your goal,

Keep each step of your job in control!

A high price you may pay

If you let your mind stray.

Stay alert! It's your ace in the hole!



The latest staff medical officers to receive their residency certificates are Lcdr Frank Munden (left) of Pediatrics Service, and Lcdr Robert Mastin, of OB-GYN Service. Lcdr Munden has been detached to Barber's Point, Hawaii.

Sympathy

Funeral services were held 1 September for Roselle Dougherty, well known secretary for various services and divisions throughout the hospital. Mrs. Dougherty retired last May on physical disability. Her many friends on the staff of NH Oakland extend their deepest sympathy to her family.

To have striven, to have made an effort, to have been true to certain ideals — this alone is worth the struggle.

—Osler

Combined Federal Campaign Underway All Hands Participation Urged

The Combined Federal Campaign will be officially launched next Thursday, 16 September, with CDR Norman La Chapelle at the helm serving as chairman. Committee members assisting CDR La Chapelle are CAPT Homer Samuels, DC; CDR Richard Deane, MC; LCDR Richard Payton, MSC; LCDR Marion Dexter, NC; LT James Trett, CHC; HMCM Jack Dickens, Senior Enlisted Advisor; Mr. Woodrow Robarge, Civilian Personnel; and Miss Rita Hayes, Red Cross.

The goal again this year is 100 percent participation. Soon keymen from each service and division will be asking you to give your fair share. Through your generosity, the Combined Federal Campaign is able to help the poor, the aged, the troubled, and many others. Funds raised help support such agencies as the U.S.O., United Crusade, American National Red Cross facilities, YMCA, YWCA, Boy Scouts and Girl Scouts of America, United Bay Area Crusade, all important to the military. You may designate which of the many beneficiaries you wish to receive your gift.

Plans for NH Oakland, as stated by Admiral Mahin, include: A coordinator appointed by each Service or Division who will attend the organization meeting in the Clinical Assembly on Tuesday, 14 September at 1000; Coordinators will appoint key men; the key men will then solicit contributions from members of their services divisions and deposit contributions with the coordinator, who will turn in the collections to CDR La Chapelle.

The Campaign will run six weeks, with the final collection date 1 October. Remember, your gift doesn't have to be in one lump sum — you are encouraged to give the painless way, through the payroll deduction plan. Let's shoot for 100% participation!

NH Oakland Hosts Appreciation Tea For Fifty Red Cross Volunteers

The Officers' Club was the scene of an "appreciation" tea for the Red Cross "Volunteers" on 2 September. Fifty Volunteers gave 2575 hours of service in 18 areas throughout the hospital. These included Occupational Therapy, Pharmacy, Laboratory, Emergency Clinic, Crew's Library, Pediatrics, Medical Records, 6-West, and the following clinics: General Practice and Outpatient, Surgery, EENT, Speech, and Internal Medicine. Other Volunteers assisted in the Red Cross personal services, recreation, and crafts programs.

Why did they give up a summer of "fun and games" to come to work in the hospital? For most of them it was a way of helping other people and for those who were interested in future nursing careers or in other medically oriented fields, it was an opportunity to see what a hospital was like and how they would adapt to the setting.

The most numerous group was recruited by the Oakland-South Alameda Red Cross Chapter, which was represented by Lauren Bielawski, Barbara Blundel, Karen Brower, Maria Cabrera, Margie

Cahill, Karen Chilton, Carolyn Clayton, Connie Brooks, Debbie Davis, Lydia D'Moch, Claire Fest, Kathy Hanneman, Paula Herberich, Debbie Hoefling, Pat Hutcherson, Susan Hunt, Jan Jorgensen, Rita Koski, Vanessa Livingston, Marilyn Martin, Robin McGuire, Margaret Moran, Trudi Pedroni, Caroline Reese, Marianne Robert, Karen Sorenson, and Annette Vassel.

Volunteers from the Berkeley chapter were: Tika Benveniste, Luverta Cooper, Monica Frelew, Barbara Fraser, Linda Galvin, Melissa Gonden, Mari Hudgens, Sandra Kramer, Lisa Kronen, Janice Lopez, Anne Morgan, Janet Ralla, Gloria Rivas, Carol Uno, and Kathy Yamaguchi.

West Contra Costa chapter sent Teresa Amador, Kathy Blair, Jennell Johnson, David Whitney, and Jeanette Bettencourt. From Alameda came Cathy Howard, Thomas Howard, and Susan Stich.

The Volunteers were very honored to be addressed by Admiral Mahin and CDR Bettye Nagy, who commended them for their service during the summer months.



Red Cross Unit Chairmen are, from the left, front row: Janet Ralla from the Berkeley chapter; Cathy Howard, from Alameda chapter, and Mrs. Nina Patton, chairman for all NH Oakland Volunteers. Back row: Mrs. Bonnie Freund, from Oakland-South Alameda chapter, and Debbie Hays, from the West Contra Costa chapter.

Physicians Aid Course Underway at Bethesda

The first participants in the Navy's newly designed "Physician's Aid (Screener) Course" met in a classroom at the Naval Medical Center in Bethesda on 16 August to embark on a new field of responsibility in Navy medicine. HMC John Ables of the photo lab is among the first twenty classmen.

The ten-week course is the "initial step into the Physician's Assistant program," said Vice Admiral George M. Davis, Surgeon General of the Navy, who spoke to the class on its first day.

"We have always had physicians' aids," he said, "but the problem is that we need a better atmosphere to give more help to doctors. . . . You participants have been selected as our first line of approach."

The twenty hospital corpsmen, who were selected from naval installations all over the country, are graduates of the Class "A" Basic Hospital Corps School and, with the exception of two enlisted grade E-4's and one E-3, are all E-5's and above.

The course itself consists of four weeks of intensive didactic instruction at the Naval Medical School in Bethesda, followed by six weeks practical instruction at the students' previous duty stations.

At the end of the course, the new Physicians' Aids (Screeners) will then be qualified to assist Navy physicians in the outpatient clinics of naval hospitals in a more responsible capacity than ever before.

Their duties will include such diverse assignments and responsibilities as: (1) the taking of sufficient medical history to determine priorities of treatment, disposition and initial laboratory or X-ray work; (2) the ordering of indicated laboratory and X-ray examinations likely to be needed by the medical officer; (3) the preparing of prescription refill forms, and (4) the direct referring of patients to specialty clinics when appropriate.

The twenty Physician's Aid (Screener) Course members are: HMC John P. Ables (NH Oakland); HM1 Michael Barry (NH Long Beach); HM1 Thomas Barry (NH San Diego); HM1 Richard Beck (NH Camp Pendleton); HM3 Leland Calhoun (NH Memphis); HM2 Conrado Capito (Naval Regional Med. Center, Portsmouth, Va.); HM1 Gunnar Croll (NH Pensacola); HM1 Richard Dunford (NH San Diego);

HMC Frank Folio (NH Great Lakes); HM3 Thomas Grimes (NH Charleston); HM2 Sean Heron-Vanta (NH Orlando); HM2 William Joy (NH Bethesda); HM2 Richard Kilburn (NH Philadelphia); HM2 Michael Levin (Naval Regional Med. Center, Portsmouth); HM2 John Leroy (NH Cherry Point); HMC(SS) Jay Lockridge (NAVSUBMEDCEN, SUBASE, Groton, Conn.); HM2 Craig Mertz (NH Bethesda); HN Mark Milliken (NH Port Huene-me); HM1 Charles Quinn, Jr. (NH Camp Lejeune); HM2 Warren Smith (Naval Regional Med. Center, Portsmouth).



EXEC-LINE

● I'm a staff corpsman and work in a busy clinic and my complaint is that I have to wait in line everywhere I go, like X-ray and places like that.

If I have to wait 2½ hours to get an X-ray while our patients are waiting in the clinic I don't think we're benefitting our patients.

Your problem was compounded by your being unable to find the films that were taken of your foot the night before. Apparently someone had taken the films without going through the proper check-out procedure. Since the orthopedist wanted to see the films on the morning of your visit he asked that you have your foot X-rayed again. There was actually only about a forty minute wait, which is indeed a little long for staff personnel to have to wait. You could have left word at the X-ray reception desk that you would be in your clinic and to call you when the room was ready for you. This has been the policy for some time and is the agreed policy with all chiefs of service to minimize tying up our staff. The Radiology Service has a particularly difficult problem at present being very much below the optimum staffing level, yet with an increasing load of examinations.

● I work in the pharmacy and when I'm on the second floor at the outpatient pharmacy a lot of people come to the window and ask how to get to the lab or to GU or the GP Clinic. I'd like to have some colored tapes on the deck to direct the patients.

Hopefully, someday we will have an ombudsman in the outpatient entrance area every day to help direct people to the various clinics and laboratory. In the meanwhile the check-in desk at the chart room and at the GPC next to pharmacy will continue to help in this matter. The efforts put forth by the pharmacy in this regard are greatly appreciated. As to the tapes, there are white tiles in the center of the corridors on the 2nd and 4th decks leading from the elevator (next to second deck pharmacy) around to the lab and GU on the 2nd deck and to the surgery clinic on the 4th deck. When one turns to the right after leaving the elevator, they will see a blue tile which leads around to Peds, Orthopedics, X-ray and GYN on the 2nd deck and to Medicine, Physical Therapy, Cardiology, and NP on the 4th deck.

● I'm calling in regard to regulations concerning motorcycles on this compound. It's not required by the California State Vehicle Code to wear helmets and I'd like to know why we must wear them on this base. Also, are passengers required to wear them? Is there any way we can get this changed?

This question has been answered before in the 14 May '71 Oak Leaf. You are referred to NAVHOSPOAK INSTR. 5560.3 and 5560.1F (the latter discusses traffic point assessment). This regulation, which includes passengers, is the rule on board all 12ND naval installations. It is a reflection of the CNO's concern for the personal safety of all hands. The best way to change a regulation is to offer a better alternate. When over 90% of motorcycle fatalities are due to skull and brain injuries, I doubt if anyone would agree that no helmet is safer than wearing a helmet. Furthermore, the chance of having a fatal injury is 17 times greater in a motorcycle accident than an automobile accident.

● I was wondering why the barracks and old wards were shingled last summer and then six months or a year later they have been torn down.

The roof repairs on Bldg. 72 were completed in November 1968 and the siding and painting completed in December 1968. During the construction of the new barracks (Bldg. 501) it was necessary to refurbish Bldg. 72 for interim quarters. In June of 1970 it was declared excess when Bldg. 501 would be occupied. At the time repairs were made to the one ward that was removed we had a patient load for planning purposes of 1100 beds. We are now at 775 operating beds.

● I wonder if we can get a coin-changer in the barracks so people who want to get something to eat can have the right change. Also it would be real nice if you could put in a scuttlebutt with cold water down by the desk.

Judging from the regularity with which vending machines have been rifled lately I doubt that a coin-changer would have a very long useful existence. If you can suggest some fool-proof means of controlling the security of the machine we could reconsider the matter. As to the water cooler, a request was submitted right after your call and it should be installed very soon.

Life Began . . .

Life Began 27 August for Barbara Ann Mason, 6 pounds 13½ ounce daughter of HN Albert Mason of Patient Affairs, and his wife Angela. . . 29 August for Charles John Brunner, 7 pound 7½ ounce son of HM1 Ronald Brunner of PMT school, and wife Mary Ann. . . 7 September for Michael Steven Karfs, 9 pound 10 ounce son of HN Michael Karfs of 5 West, and wife Jo Ann.

About the Cartoon

Special thanks from the "Oak Leaf" to Michele Le Blanc, daughter of Captain and Mrs. Gilbert Le Blanc, for the excellent job she did with our front page cartoon. Michele, who has had no formal art training, is a Sophomore at Bishop O'Dowd High School and plans to attend the College of Arts in San Francisco.

ACCMA to Feature Stones, Bones, & Groans

A lecture titled "Stones, Bones, and Groans-Hyperparathyroidism Revisited" will be this year's highlight at the annual Alameda-Contra Costa Medical Association meeting to be held at 1830 on 27 September in the Officers' Club ballroom.

The talk will be presented by Dr. Richard Reitz, Assistant Director of the Clinical Investigation Center here. In his presentation Dr. Reitz will give an over-view of what CIC does and can provide, showing how the work in CIC relates to patient care at Naval Hospital Oakland. Following this, Dr. Reitz will discuss one of the more interesting aspects of calcium deficiency and some of the problems involved.

Cocktails will follow the program, with dinner scheduled for 2000. The cost of the dinner is \$5.50, and reservations must be made with LTJG Buddy Sparks, Admiral's Aide, in Room 3-1-22, third floor, administrative complex, Extension 2358.

Dress for staff officers will be Service Dress Blue.

Hail & Farewell

ENLISTED REPORTING:

HNs James Vermeulen and Daniel Holets reported from NHCS, San Diego; HN Steven Petree from Naval Medical Center, Bethesda, and HN Todd Boyd reported from Third Marine Division.

ENLISTED DETACHED:

HN Lewis Lawson was detached to Field Medical Service School, Camp Lejeune; HM3 William Summerheld to MCAS Iwakuni Japan; HM1 Carole Lord to NHCS Great Lakes; HM3 Mark Wristen to First Marine Division. Corpsmen going to the Third Marine Division were HNs Robert Valenton, Grady Wilhite, HM3s Charles Wright, Michael Vaneron, Gerardo Nepomuceno, and George Chiasson. HA Robert Stone, HNs William Mangum, Mark Cooper, and HM3 Wayne Morris went to Mare Island Naval Shipyard, Vallejo.

HM2 Scott Jones reported to MCAS Kaneohe, Hawaii; HM3 Robert Parmentier to Univ. of Rochester School of Nursing, New York; HM3 William White to USS FRANCIS HAMMOND (DE 1067); HM2 George Reether to USS HANCOCK (CVA 19); HM3 Barry Hudson to USS JONAS INGRAM (DD 938); HMC James Wilsey was released to inactive duty in the Fleet Reserves. HM2s Philip Murphy, Earl Downey, Jr., and Arthur Choy were released from active duty in the Naval Reserves.

OFFICERS REPORTING:

LTJG Carl Kardinal, MC, reported from NH Philadelphia; LT Robert Crapo, MC, from inactive duty; LTJG Buddy Sparks, MSC, reported from Third Marine Division, Okinawa; LT Roberta Graham, NC, came from Naval Station, Midway.

OFFICERS DETACHED:

LTJG Gary Graham, MC, and LCDR William Hoskins, MC, were transferred to NH NAVAEROMED Center, Pensacola. LCDR Wilbur Roberts, DC, was released from active duty; LT Deborah Anderson, MSC, and LTJG Michael Ware, MSC, were released from active duty; LTJG Tonya Donaldson, NC, was detached to NavSta Kodiak. LTJG Bonita Durst, NC, and LT Vera Wheeler, NC, were released from active duty.

Movie Schedule

12 & 13 September

LOLA — Charles Bronson and Susan George. Comedy-drama. GP

14 & 15 September

THE CAT O' NINE TAILS — James Franciscus and Karl Malden. Suspense-Drama. GP

16 & 17 September

DEAD RINGER—Bette Davis and Peter Lawford. Drama

18 September

ROBERT RABBIT—James Caan and Anjanette Comer. Drama. R

19 & 20 September

THE ANDROMEDA STRAIN—Arthur Hill and David Wayne. Science Fiction G

21 & 22 September

THE DESERTER—Bekim Fehmiu and Richard Crema. Western. GP

23 & 24 September

BOYS' NIGHT OUT—James Garner and Kim Novak. Comedy

25 September

BROTHER JOHN—Sidney Poitier and Will Geer. Drama. GP



From the Judge Advocate

The Consumer Protection Coordinating Committee (P. O. Box 700) is located in San Francisco and will process your complaints on local business practices. It has some twelve members including the District Attorney for Alameda County, the Department of Consumer Affairs, Consumer Fraud Division of the California Department of Justice, and the Federal Trade Commission, to which it will direct your complaints. The legal office has forms for filing with the CPCC and will render assistance in doing so.

For complaints about poor airline service, including such things as lost luggage, write: Director of Consumer Affairs, CAB, Universal Building, Washington, D.C. 20428.

Final Trophy Standings

Final 1970-1971 Twelfth Naval District Commandant's Trophy Standings are:

Group "A"	Points
NAS Lemoore	83
NAS Moffett Field	67
NAVSUPACT Mare Island	54 ² / ₃
NAS Alameda	32
NAVSTA Treasure Island	29 ¹ / ₂
NAVSHIPYD Hunters Point	26 ¹ / ₆
OGTRASUPCEN, Alameda	19 ¹ / ₆
Group "B"	Points
NAVWPNSTA, Concord	58
NAVHOSP, Oakland	56 ¹ / ₂
NAVPGSCOL Monterey	29
NAVSECGRUACT, Skaggs Island	23 ¹ / ₂
NSC, Oakland	9
NAAS, Fallon	8
NAVCOMMSTA, Stockton	7
RADTRANSFAC, Dixon	5

Intramural Golf Complete Season

Thirty-nine staff officers and enlisted personnel have participated in the monthly golf field days which started in April. This most successful season has been highlighted by blind bogey tournament play each month, resulting in thirteen different winners. The players donate 50¢ each round played toward the prize fund and the low two or three scores receive golf balls. Special Services pays the entire cost of green fees.

First place winners were: CDR Carson in April, CDR Gagnon in May, CDR Holmboe in June, CAPT Woodstein in July, and CDR Heath and HM2 Kennedy in August. Other winners were: CAPT Fitchett, LCDR Hughes, HN Antonelli, CDR La Chapelle, HN Cravalho, HN Porter, and LT Page.

The last two matches will be held on 16 September and 14 October and will feature a hole-in-one contest and a handicap tournament. Anyone who has not participated previously and is interested in playing is requested to contact CDR Heath at Extension 2272. Reservations for the September match must be made by 14 September.

Twelfth Naval District Looking For Talent

Can you sing? dance? do impersonations? NH Oakland is looking for talent to enter the Twelfth Naval District Talent Contest. Eligible participants include personnel of the Navy, Marine Corps and Coast Guard, as well as other branches of the service with personnel assigned to Naval Commands in the 12th Naval District.

Winners of local contests will be judged at the semi-final elimination to be held in the Rawlings Theater, Hunters Point Naval Shipyard, San Francisco, at 1000 on 5 October 1971. Acts may include singing, dancing, music, comedy, interpretations, drama and variety. An act may consist of an individual performer or group of performers who are able to present a performance in good taste and of an entertaining nature. Such groups will consist of not more than four performers, and the running time of the act may not exceed six minutes.

The finals of the District Talent Contest will also be held in the Rawlings Theater, Hunters Point Naval Shipyard, commencing at 2000 on 6 October 1971. Appointed judges will determine the winner and runner-ups.

Anyone having talent in singing, dancing, music, comedy, impersonations, etc., should contact Ron Brown at Extension 2350 for entry information.

Suitable awards will be presented to the winner, runner-up, third and fourth positions.



"Mr. B. A. Alameida, Electrician in the Public Works Division, was recently awarded his Certificate of Competency as an Elevator Inspector by Mr. R. M. Hamilton, Head, Maintenance Engineering Branch, Western Division, Naval Facilities Engineering Command. The certificate was earned by self study, successful completion of a formal two week course in elevator maintenance and inspection and passing a test. Mr. Alameida is only the eleventh person in the Navy to receive such a certificate."

—usn—

FLAG FOOTBALL

The 1971 seven man flag football league gets underway on Monday, 13 September at the station football field at 1700, with Pharmacy and NP getting the call to kick the season off. In other games this week the schedule finds OR pitted against Dental on Tuesday, and NP facing OPD on Wednesday, 15 September. Results of these games will be in the next edition of the Oak Leaf.

Team	Captain
Pharmacy	HM2 Townsend
OR	HM3 Crowe
Dental	LT Oyler
NP	HM3 Knight
OPD	SF2 Wallace

Who's Been Doing What . . .



CAPT LeBlanc presents HM3s Harlan Pose and Michael Houser their certificates of graduation after completing six months of training to become Urology technicians. Ensigns Lera Shadden and Michael Christner were promoted to LTJG on 30 August. Dr. Joseph McMahon, DC, was promoted to CDR on 30 August. Assisting CDR McMahon with his shoulder boards is his wife, Andrea, as their son Daniel and CAPT Samuels, Chief of Dental Service, look on. LCDR Susan Hanley, NC, retired from the Navy after completing 20 years of service. HMC Charles Johnston received a Letter of Commendation for outstanding duty as Navy Education and Training Petty Officer while serving with the Third Marine Aircraft Wing. HMC Paul Jones reenlisted for two years and HMC James Wildey transferred to the Fleet Reserve after 26 years. LT Gerald Roets was presented a Letter of Appreciation before departing for his new duty station in COM-3, New York.



NH Oakland said "Au-revoir" to two prominent MSC officers at retirement ceremonies on 31 August. In the upper picture is CDR Walter Andersen, Chief Fiscal and Supply while stationed here, with his wife Beverly and their daughter Susan, and son Michael. In the lower picture is LCDR Jasper Hassey, Assistant Chief Patient Affairs, with his wife Betty and their children, Daniel, Robert, Dennis, Diane, and Richard.

12ND Cross Country Schedule

- 17 Sept. (Friday) NAVSTA Treasure Island 1700 (3 miles)
- 23 Sept. (Friday) NAS Moffett Field 1700 (4 miles)
- 1 Oct. (Friday) NAVSUPACT Mare Island 1700 (4 miles)
- 6 Oct. (Wednesday) Golden Gate Park 1700 (4 miles)
- 16 Oct. (Saturday) NAS Lemoore 1400 (4 miles)
- 20 Oct. (Wednesday) McLaren Park, San Francisco 1700 (4 miles)
- 29 Oct. (Friday) Golden Gate Park 1700 (4 miles)
- 5 Nov. (Friday) 12ND Championships 1630 NAVSUPACT Mare Island

Have You Voted For Your Favorite Mr. and Miss CFC?

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 33, No. 19 Friday, 24 September 1971

Staff and Patients in Race for CFC

The Oak Leaf proudly presents the 1971 Combined Federal Campaign contestants for Mr. and Miss CFC.

Candidates for Mr. CFC are HM3 David Wolf, senior corpsman on 7 South. Dave hails from New Albany, Indiana and plans to go into commercial art upon his release from active duty next August. Next on the list is Mr. Carroll Jones, civilian galley cook, who has been at NH Oakland since 1947. CPL Augustine Guillen, alias "The Rat" is the contender for Mr. CFC representing the patients here. "The Rat" is a native of San Bernardino and plans to return there after his discharge. HMCS Vic Wallner is calling upon all PMT personnel and allchiefs at the hospital, especially the SEA to give him complete support in this campaign. Chief Wallner has been in the Navy over 21 years. He was born and raised in Oklahoma, and is the senior enlisted instructor at PMT school. Last, but certainly not least is LCDR James Roberts, representing the officers of NH Oakland. A native of Kansas, Dr. Roberts has been here since 1969, and is currently assigned to the Urology Clinic.

Representing the women civilians at the hospital is Judy Luckhurst, Pharmacy secretary and stock control clerk. Judy has been here 2½ years, and is the daughter of a retired LCDR. Dependent contributions will be in support of Miss Peggy Young. Peggy is the daughter of the hospital's Chief Master at Arms, HMCS Young. She will begin school at Cal State in Hayward this year. Assisting the WAVES is HN Janice Bykerk, sometimes referred to as "That WAVE." Janice is presently in OR school and has been at the hospital for one year. LTJG Mary Ellen Myers can usually be found earnestly at work on the sixth floor. Miss Myers is from Grayslake, Illinois, and attended St. Terese School of Nursing in Waukegan before entering the Navy. Backing up the Red Cross CFC drive is Miss Laura Montgomery. Laura was born in San Francisco. Her job with the Red Cross is to plan and provide personnel for patients' recreational activities.

Voting boxes are located in the second floor main lobby. Each vote costs five cents, and the Mr. CFC and Miss CFC candidates with the most votes on 20 October will each receive dinner for two at Trader Vic's.

So the race is on! Will the chiefs beat the corpsmen? or the patients go over the officers? Perhaps Mr. Jones will quietly walk away with the race. As for the ladies, it looks like a close contest. Good luck to all!

Combined Federal Campaign Needs YOUR Contributions

The annual Combined Federal Campaign got underway at Naval Hospital, Oakland on 16 September with much enthusiasm from the committee members, coordinators, and keymen. After the kick-off meeting on 14 September, CDR La Chapelle said of the response at the meeting, "This certainly demonstrates that the people at NH Oakland are concerned and desire to get involved in this important campaign which supports so many worthy organizations."

Each donor has the privilege of designating which of the many beneficiaries he wishes to receive

his contribution, and he may pledge his fair share through the payroll deductions plan. A little each month adds up to a generous gift in a year and means a great deal to the person in need of help.

Rear Admiral M. A. Whalen, USCG, CFC Military Chairman, summed it up when he stated "giving to the Combined Federal Campaign expresses PRIDE in self, PRIDE in organization, and PRIDE in helping the underprivileged to live and work happier and healthier."

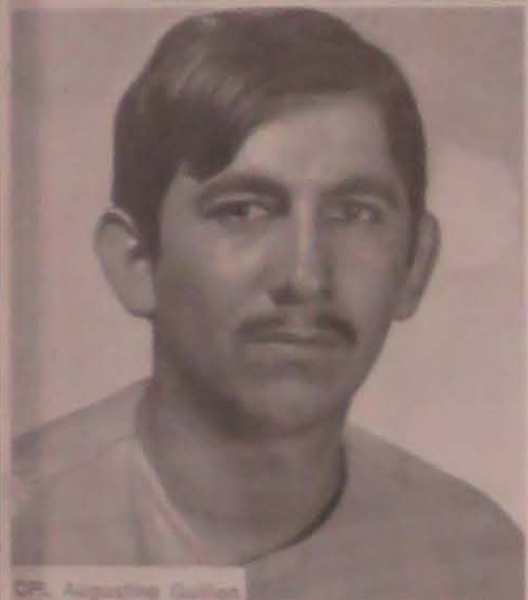
Be ready when your keyman calls on you.



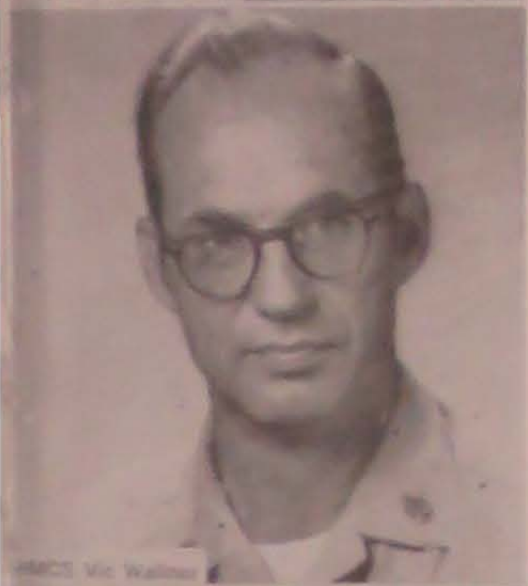
HM3 Dave Wolf



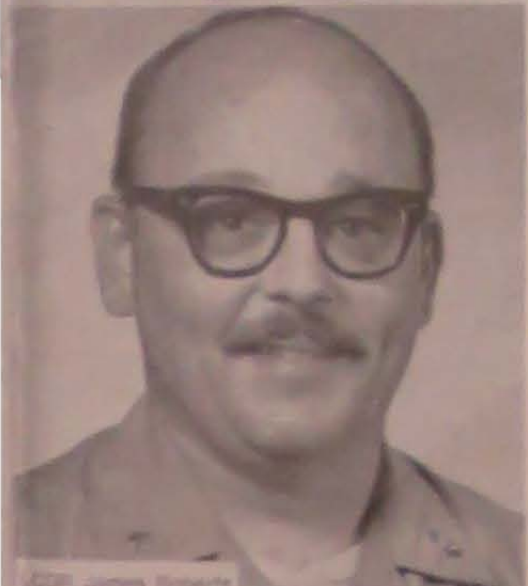
Carroll Jones



CPL Augustine Guillen



HMCS Vic Wallner



LCDR James Roberts



Judy Luckhurst



Peggy Young



HN Janice Bykerk



LTJG Mary Ellen Myers



Laura Montgomery

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM1 M. L. Clark, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

There is a delightful little book called "Children's Letters to God." which I feel reflects some of the burning concerns of people of all ages. Here are some of the letters:

Dear God,

Are you real? Some people don't believe it . . . If you are you better do something quick. Harriet Ann.

Dear God,

When you wrote the Bible you made up all the words and spelled them the way you like. That is great. Most of the time I do it like that, but I am not doing so good. Ron.

Dear God,

Your book has a lot of zip to it. I like science fiction stories. You had very good ideas and I would like to know where you found them. Your reader, Jimmy.

Dear Mr. God,

How do you feel about people who don't believe in you? Somebody else wants to know. A friend, Neil.

A group of Sunday School children were asked to write down their idea of what God is like. The descriptions, with very few exceptions, began with the phrase, "God is a very old gentleman living in Heaven."

I'm quite sure that this concept prevails with children because their superiors (parents, teachers) are always "old" to them, and God must then be the "oldest" of all parental-authority figures.

The Bible stories, you see, tell of God's activities a long, long while ago. It may be argued that there is no particular harm for children to carry this mental image, but unfortunately the concept of an OLD FASHIONED GOD is carried into adolescence and adulthood. I suppose many sophisticated young adults reason they have outgrown other childish ideas and concepts so now they have outgrown God.

The amazing thing is, God is contemporary. He always speaks to man where he is, in his language, on his level of understanding. Regrettably, some church leaders and theologians insist on a Middle Age, Elizabethan language, rear view mirror approach to religion. Please remember, Jesus was the most revolutionary person that ever lived. He shocked and frightened the "religious" people of the day, the Pharisees. He was contemporary with "new wine in new wineskins". He shattered the world of false values. His parables were living, vibrating, pulsating truths in action. God is contemporary!

CDR R. G. Caldwell, CHC, USN

Hail & Farewell

CDR Caliope Belezos, NC, reported from NH Sasebo, Japan; Nurse Corps Ensigns Ruth Grimes, Georgia Hammons, Leslie Laughlin, Nancy Norman, Kathleen Patusky, Mary Pekaar, Ricki Schapiro, and Dorothe Stands reported from WOS, Newport, Rhode Island.

LT Jonathan Dehner, MC, reported from NAS Keflavik, Iceland; LT Michael Klass, MC, from Third Marine Division, Okinawa; LTs Louis Halberdier, MC from USS KRISHNA (ARL-38), Gerald Carmazzo, MC, from ComDesRon 19, and Delbert Hahn, MC, from VT-7, NAS Meridian. LCDR Gary Taylor, MC, reported from NH Bethesda, and CDR Gerald Roling, MC, from NH Philadelphia. CDR Frank Gareis, MC, reported here from the University of Washington.

OFFICERS DETACHED:

LCDR Edward Hughes, CHC, was detached to MCRD, San Diego. Captain Nguyen Trung Khanh, RVNMC, returned to Chief, Naval Advisory Group, Military Assistance Command, Vietnam. LTJG Arthur Casper, MSC, was detached to NH Guam.

ENLISTED REPORTING:

HMC Paul Lightfoot reported from Naval Station, San Diego; HN Jack Schmidt and HM3 Michael Masia reported from NH Great Lakes; DT3 Vancio Bambico, Jr. from Naval Dental Clinic, Guam. From Naval Hospital Corps School, San Diego, came HN Martin Vanleave, HAS Abe Marques, Ronald Spencer, and Nicholas Dovik. DN Martin Decarie reported from Naval Dental Clinic, Norfolk, Va.

ENLISTED DETACHED:

HMC John Blaul was released to inactive duty in Fleet Reserves, and HM3 Charles Vancura, II was released to inactive duty in the Naval Reserves.

Navy Steel Band

Next Tuesday, 28 September, the Caribbean Sea Frontier Steel Band will play for patients and staff of NH Oakland. The musical program will be on the front lawn of Bldg. 500 and will run from 1445-1545.

The band has entertained record audiences at the Brussels and New York World's Fairs and has played for the Ed Sullivan, Mike Douglas, and Today shows, among others, on nationwide television.

The band is comprised of thirteen enlisted Navy musicians and a Chief Petty Officer band leader, under the supervision of an officer-in-charge. Each musician is skilled in playing at least one or two conventional instruments, in addition to several varieties of steel drums.

Originally, gun salutes were a friendly gesture whereby the ship rendering the salute made itself powerless for quite a while before the guns could be reloaded and ready to fire again.

Hospital Officers' Wives Club Welcomes New Members

The Oakland Naval Hospital Officers' Wives kicked off their new year with a welcome aboard champagne brunch on Wednesday, 8 September. Officers' wives who moved to the area earlier in the summer were special guests at the brunch.

Admiral Mahin welcomed everyone to the brunch and to Oakland Naval Hospital. Mrs. Shirley McLeod, president of the group, responded to Admiral Mahin's speech and also invited everyone to join the club the coming year. There will be many activities such as tennis, yoga, swimming, art classes, sewing groups, etc. offered to those interested. In addition, the entire group meets the first Wednesday of each month for a luncheon and special program. These meetings will be held at the Officers' Club.

All wives who were unable to attend will receive more information via the wives newsletter, the *Figleaf*.



Newly elected Officers' Wives Club officials are, from the left, Kay Fitchett, recording secretary; Shirley McLeod, president; Beverly Deaner, treasurer; back row: Marsha Dean, vice president; and Jo LaChapelle, corresponding secretary.



Recent Nurse Corps promotions included those of LT Helen Sell, assigned to the 9th floor, and LTJGs Samuel McDonnell, of 75-A, Roger Meinen, who works on Medical ICU, and Ralph Stark, currently working in the Operating Room.

Attention E-7s, E-8s

Start studying now for the E-8 and E-9 Navy-wide advancement exams which will be held on 3 November 71. Have you met all the eligibility requirements?

Senior Chief

Eleven years total service and 3 years as E-7 as of 1 November 72. Complete the Navy Regulations course and required practical factors by 3 November 71. Be recommended by your commanding officer.

Master Chief

Thirteen years total service and 2 years as E-8 as of 1 November 72. Complete the Military Justice in the Navy course and required practical factors by 3 November 71. Be recommended by your commanding officer.

Personnel who pass the examination will appear before a board of officers for a personal interview. For further information see BUPERSNOTE 1418 of 20 August 71, or contact HM2 Flynn at Education and Training.

Reenlistments



Recent reenlistments at NH Oakland were those of DT2 Jose Pasion (left), who signed for four years, and SN Rogelio Sarmiento, who received his Good Conduct Medal and reenlisted for two more years.

Photographic buffs interested in establishing a darkroom and photo lab at the hospital should contact HM2 Davis at Extension 2246.



EXEC-LINE

● I would like to know if it is possible for enlisted personnel to park their motorcycles closer to the hospital like the officers do.

The parking area for enlisted motorcycles is essentially the same distance from the center of the hospital as is the far corner of the officers parking area where one or two motorcycles are parked. Parking facilities will be expanded in the near future with more staff parking nearer to the hospital.

● I've noticed lately that the Plan-of-the-Day will say a certain movie will be playing and when I get there it was a different movie which for myself was undesired. I'm sure other people are disappointed. Can we have correct information?

Movie reels are forwarded from one command to another via U.S. Mail. Several areas of possible error may result in films not being received in time for showing on schedule: (1) personnel forwarding films could be late posting the films; (2) the postal system may be delayed processing and transporting; (3) failure of the local post office notifying Special Services that the film has arrived. If a film arrives late, it is too late to make a change in the Plan-of-the-Day; but the information desk is notified to inform personnel prior to paying and entering the theatre. In those instances a notice will be posted on the door of the Clinical Assembly.

● I was wondering if we can have a bicycle rack at the barracks. Right now we store them in the linen room and there's nothing to lock them to.

A suitable rack to which you can lock your bicycles is on order.

● Right now I'm on the main gate at night. Would it be possible to have two four-hour watches instead of a full eight-hour watch? Sometimes it's hard to keep awake. Also, I've noticed people coming in here who look very drunk and maybe we should get their license number or notify Security. Could we use rehab patients?

It would not be proper to utilize patients during a night watch and we do have a problem of numbers of staff available for the night watch. The best solution at this time is to have one week of just night duty and encourage the watch-stander to discipline himself to gain enough sleep prior to the watch so that he may remain alert to fire, drunks, illegal entry, etc. You should challenge anyone who may appear to be driving under the influence of alcohol at any time and report the occurrence promptly to the Chief of the Day. Except for people going to the Emergency Clinic, there should be no one asking for visitors passes after 2200 unless they are bona fide guests at married officers quarters or married enlisted quarters, or occupants of the motel.

JANGO Capping at 'O' Club

Miss Roseann Hayden received the JANGO 1000 hour star—highest honor the nationwide Junior Army Navy Guild Organization gives to its members—at an annual capping and awards ceremony at the Oakland Naval Hospital Officers' Club Wednesday evening, 15 September. She was also selected as the JANGO of THE YEAR as exemplary of her group in all areas of training and community service.

Roseann, the daughter of COL and Mrs. N. E. Hayden, is one of 38 JANGOS now serving the hospital as volunteer nurses' aides. She has accrued 1150 hours since starting her training in April 1970.

Miss Deborah Cornell, daughter of CAPT and Mrs. L. Cornell was the recipient of the Red Rose Award which has been acknowledged in the Oakland Hospital Guild since 1969. It is acknowledgment of the capped girl who best typifies the ideal JANGO.

Others capped were Annamarie Chaudoir, Diana Chin, Judy Elkins, Christine Kellogg, Jenny Lemon, Jennifer McNie, Karen Metz, Michele Miller, Nancy Shute and Gretchen Snyder.

Seventeen additional young ladies were awarded chevrons for hours devoted to this service as

their school and summer schedules allow. The number of hours served by the girls honored at this ceremony totaled 7,300.



Cutting the cake are Deborah Cornell and Roseann Hayden. Deborah received the Red Rose Award for best exemplifying the ideal JANGO. Roseann was named the JANGO of the Year and received the 1000 hour star, highest honor JANGO gives.

Project Transition Proficiency Exams For Lab Personnel

Project TRANSITION Office has a Bulletin of Information and Registration Forms for Proficiency Examinations for Clinical Laboratory Personnel. These new examinations will be administered nationwide by the Educational Testing Service for the National Committee for Careers in the Medical Laboratory, and for the first pilot testing only, there will be no fee. An important aim of the examinations is to equate military training and experience in terms of civilian employability, thus easing the transition of military lab specialists into civilian laboratory jobs.

The first examination will be held in San Francisco on Saturday, 20 November; deadline date for registration is 15 October 1971. Interested personnel can contact Miss Pappas at Extension 2237.

Deborah Cornell JANGO of Month For August

Meet JANGO of the Month for August—Miss Deborah Cornell. During August Debby gave 136



hours of service to the hospital, and has a total of more than 227 hours since completing training in May.

Debby lives at Yerba Buena Island and is a Freshman at Mercy High School in San

Francisco. Her many interests include swimming, music, badminton, and reading. She also assists with her school newspaper.

Debby is the daughter of CAPT L. Cornell, Chief of Staff, Twelfth Naval District.

Fire Chiefs Confer



The CPO Club was the site for the Twelfth Naval District Fire Chiefs' Conference on 8 September. Among the guests present for the bi-monthly meeting were Fire Chiefs Jack Tschida from Mare Island, Art Buss from Naval Communication Station, Stockton, Chief McNeil from NAS Alameda, and Mr. John Connolly, 12ND Fire Marshal.

Pictured above are Fire Chief Ray Merrill, Mr. Connolly, and CAPT Hubbard, welcoming the chiefs to NH Oakland.



Most recent OR technicians are those of class 7102, who graduated in the Clinical Assembly on 3 September. Left to right, they are: HM3 Chuck Smith, HN Ernie Mauk, HM3s Doran Sanchez, Ellis Waddell, John Proctor, Rocky Westlake, Jim Gullicksen, Ed Lackey, HN Michael Moss, honorman, and HM2 John Bendele, enlisted instructor. Seated are CDR Jacques, CAPT Andersen, Admiral Mahin, CAPT Fitchett, and CDR Higgins.

Scuttlebutt

SIGHTS & SOUNDS FROM THE OFFICERS' LUAU . . . First place award for the adult watermelon eating contest goes to Dr. Manjerovic, with our condolences to Dr. Taylor, who lost by a mouthful . . . LCDR Dick Payton monkeying around on the kangaroo bike, but unable to get off the ground . . . LT Nat Sessions winning the human wheelbarrow race . . . almost. The twenty dollar kangaroo award to LTJG Mike Drobot for winning the sack race . . . And who won the fifty dollar door prize? The Admiral's Aide, who else? . . . To CAPT LeBlanc goes the Oak Leaf "E for Effort" award for entering the most contests and winning the least.

Mr. Rose of Public Works has developed a slight limp in his walk. It seems a ten foot section of an antenna tower fell on him when the rope broke while erecting the tower in his back yard.

The Executive Officer and his Welsh Corgi "Nipper" participated in their very first dog show—Nipper won first prize in novice class, with CAPT Hubbard as handler!

DRS. LUTTENEGGER AND RABALAIS TO THE RESCUE! The rescued turned out to be Dr. Harrison, the senior medical resident. Upon completing some tests in the Cardiopulmonary Lab he suddenly realized that he was locked in. His rescuers said he sounded very sheepish about the situation when he called, but he looked even more sheepish when they discovered that he had the key with him, but could unlock only one side of the door. Free at last.

What dependent wife of an HMC does NOT plan to take up mini-bike riding as a hobby? Get well soon, Esther.

LIFE BEGAN 13 September for Jeffery Lee Lutman, 5 pound 11 ounce son of DT3 Gary Lutman of Dental, and wife Cheryl . . . 15 September for Miranda Lee Werhan, 8 pound 3½ ounce daughter of HN Douglas Werhan of NP Staff, and wife Marilyn . . . 17 September for Alisa Gail Messersmith, 6 pound 6 ounce daughter of HM3 Gary Messersmith of Orthopedic Service, and wife Doris . . . 17 September for Chad Mitchell Boomer, 7 pound 10½ ounce son of HM3 Ralph Boomer of 6 North, and wife Jeri . . . 21 September for Sharon Kimberly Hisoire, 8 pound 5 ounce daughter of ENS Dennis Hisoire of NP Staff, and wife Patricia.

NUPTIAL NOTES: Wedding bells rang for Katherine Heins and Alan Beebe on 31 July. The couple was wed in Antioch and they were not able to go on a honeymoon. In fact, Alan had to report to Mare Island at 0800 the next morning, where he is a Machinist Mate Third Class . . . EMC (SS) Jimmy Ward and Lois Moore were wed in Oakland recently and then honeymooned in Carmel . . . In other nuptials Becky Buth became the wife of Robert Kukoski in a ceremony in the Main Chapel officiated by Chaplain Trett on 3 September . . . Anthony Dallalio and Linda Applegate became man and wife on 27 August in Cincinnati, Ohio. The honeymoon consisted of one week on a houseboat, floating down the Ohio River and up the Kentucky River—a true Navy man!

Who's Been Doing What . . .



Dr. Nguyen Trung Khanh, a Captain in the Vietnamese Marine Corps, received a certificate of completion of 26 weeks of medical observership in cardiopulmonary Diseases. Dr. Khanh will return to Vietnam the end of this month. New Senior Chiefs at the hospital are ETCS Daniel Hull, a patient on 9 South, and HMC Donovan Hofer, PMT instructor. LCDR Gary Graham received his certificate of residency in ophthalmology before departing for the Aerospace Medical Center, Pensacola. Dr. Delbert Hahn augmented to the regular Navy, and LCDR William Hoskins was presented his residency certificate in OB & GYN on 7 September, before leaving for NH Pensacola. HMC John Blaul transferred to the Fleet Reserve on 1 September.

Movie Schedule

- 25 September
BROTHER JOHN—Sidney Poitier and Will Geer. Drama. GP
- 26 & 27 September
VANISHING POINT—Barry Newman and Dean Jagger. Drama. GP
- 28 & 29 September
DETECTIVE BELLI—Franco Nero and Adolfo Celi. Drama. R
- 30 Sept. & 1 Oct.
RIO BRAVO—John Wayne and Dean Martin. Western
- 2 October
GET CARTER—Michael Caine and John Osborne. Crime Melodrama. R
- 3 & 4 October
THE CROSS AND THE SWITCHBLADE—Pat Boone and Erik Estrada. Drama. GP
- 5 & 6 October
MY FAIR LADY—Audrey Hepburn and Rex Harrison. Musical. G
- 7 & 8 October
CHEYENNE AUTUMN—Richard Widmark and Carroll Baker. Drama
- 9 October
THE STATUE—David Niven and Virna Lisi. Comedy. R



First place softball championship honors went to members of the OR team: Mike McClaine, Dr. William McKenzie, John Bendele, Gerald Hunter, Joe Keane, Bob Crowe, team captain, and Steve Waskey. Not present for the picture were John Daun, Tom Bell, Herby Herbst, Ralph Day, Chuck Smith, Joe Downey, Ron Deutsch, and Ralph Stark.

NP Dental and OR Open Season With Impressive Wins

The 1971 Flag Football Season got underway last Monday, 13 September with NP jumping into the spotlight with an impressive 20-7 win over Pharmacy.

NP opened the scoring on an 18 yard aerial shot from Olsson to Knight, with the P.A.T. failing. Porter and Wright connected on a two yard pass play plus the P.A.T. to give Pharmacy a short lived 7-6 lead which was soon diminished as Olsson found Youngblood in the clear on a 25 yard pass play; good for six points. The combination of Olsson to Knight was good for the P.A.T., ending the first half with NP leading 13-7.

With little over one minute left in the game, Olsson unloaded a 59 yard pass to Knight to put the game out of Pharmacy's reach.

Dental Routs OPD

After leading at half time 7-0 on an 18 yard pass from Oyler to Jockocett, Dental went on to score two touchdowns in the second half on a well executed pass of 20 yards from Taylor to Evans.

Evans earlier intercepted an OPD pass and scampered 60 yards for paydirt. Both touchdowns came within the last two minutes of the game.

OPD had two scoring threats on two outstanding runs by Woods and a 22 yard pass play from Woods to Wallace, but all fell short of the goal line.

OR Bulls by EENT

OR opened their season with a commanding 22-13 win over a

highly spirited team from EENT. OR opened the scoring with an 18 yard pass and run play from McKenzie to Silvera. Later on the same period McKenzie found his favorite target, Silvera, again as they combined on a one yard pass play.

One of the highlights of the game was a 40 yard punt return by Powell of EENT in the first half to give them their only score in that half. With eight minutes remaining in the game, McKenzie again found Silvera in the clear as he unloaded a 23 yard aerial shot for six more points and put the game on ice.

Bendele added two points on safety as he trapped Weaver of EENT in the end zone and ripped off his flag before he could pass the ball.

The OAK LEAF

Vol. 33, No. 20

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 8 October 1971



Mr. and Miss CFC Contest Going Strong

Latest tally of votes for Mr. and Miss Combined Federal Campaign shows LTJG Mary Ellen Meyers in first place for Miss CFC; then comes Laura Montgomery, Judy Luckhurst, HN Janice Bykerk, and Peggy Young.

For the men it's Mr. Carroll Jones out in front with "Rat Guillen" and HM3 Dave Wolf in close contention for second and third place, followed by Dr. Jim Roberts and HMCS Vic Wallner.

Only twelve days remain for voting, so hurry to the voting boxes in the main lobby of Bldg. 500 and support your candidate.

Give to CFC

Employ The Handicapped Week

President Nixon has issued a proclamation designating this week, beginning 3 October, 1971, as National Employ the Handicapped Week.

His message, in part, read: "Our responsibility to help provide training, jobs, and real opportunity for those who are handicapped as a result of accidents, birth defects, or disease, is a continuing challenge. In addition, we bear today the special trust of redeeming the sacrifices of our disabled veterans of the Vietnam era by giving them the very best in rehabilitation and employment assistance."

As the Commanding Officer, I wish to express my continuing support on behalf of the Hospital of providing employment opportunities for the handicapped.

"It takes courage to face a deadly enemy in the heat of battle, but a person must be even more courageous to confront a serious handicap over many months, years, or a lifetime. The Hospital has approximately 21 employees who have demonstrated their courage in overcoming physical handicaps and contribute a wide range of abilities and skills toward carrying out our mission. To our own employees and to all handicapped persons, the Hospital joins the Nation in recognizing their efforts and abilities during National Employ the Handicapped Week."

H. P. MAHIN

CFC Launched But Lagging

Although only \$2384.00 has been turned in at press time, CDR N. C. La Chapelle, chairman of this year's Combined Federal Campaign, is confident that returns will come in rapidly as more personnel are contacted by their coordinators and keymen.

Again CDR La Chapelle stressed the need for all hands' support of the drive, which extends through 28 October. NH Oakland's military and civilian staff has a long history of helping the underprivileged in time of need. The CFC needs your help NOW. Each contributor has the privilege of designating which of the many beneficiaries he wishes to receive his donation.

Reno-Sparks Tour Planned for 6 November

Attention all gamblers! Your night is coming. A Reno-Sparks tour is planned for 6 and 7 November, and you're invited.

The bus will leave the CPO Club parking lot at 0730 on Saturday, 6 November, with arrival time set for 1300. Sunday at 1300 the bus will leave Reno for Sparks and from there head back to Oakland.

The cost of the trip is \$22.00 for double bed room (double occupancy) and \$23.00 for a twin bed room. Included in the cost are:

round trip transportation by bus, \$6.00 cash refund, ten free drinks and late night snack at Harrah's Club Saturday, breakfast at Cal Neva Club Sunday morning, and luncheon at the Nuggett in Sparks.

Reservations for the bus trip must be made by 15 October. Contact Jane Lippincott at Extension 2251, Gertrude Smith, Extension 2461, or Claire Martini at 2045, for further details. Bring your friends, husbands, and wives (and your own ice and refreshments).

New Navy Lodging On The Way

Recently received SECNAV message announces that a number of Navy lodges with modern motel-type accommodations have been placed under construction recently. These new facilities, of which the Navy plans to increase construction in future years, are designed to meet the needs of Navy personnel and their dependents traveling on Permanent Change of Station (PCS) orders.

Sites for the first 900 units are Norfolk, Little Creek, Newport, New London, Bethesda, Charleston, Memphis, Pensacola, Miramar, Lemoore, North Island, San Diego, and Alameda. Navy lodges are currently in operation at Alameda, Lemoore, Norfolk, and Little Creek, and can greatly reduce out-of-pocket expenses during moves.

All of the new units rent for \$8.00 per day regardless of family size. Personnel on PCS orders should make reservations well in advance and are accepted on an 80 percent-20 percent ratio between enlisted and officer personnel. Other authorized users, such as POW wives and dependents, active duty personnel not on PCS orders, retired personnel, unremarried widows, dependents of deceased military personnel, and official guests and visitors may utilize Navy lodges if there are vacancies after 1800 daily.

A current listing of Navy lodges with updated available facilities is kept at the Housing Referral Office in the Public Works Building.



On 28 September the hospital was honored with a visit by the U.S. Navy Steel Band (above), led by Senior Chief Max Flaig. This was one of the first stops of many to be made by the band during their one week tour of the Bay Area.

Originating in San Juan, Puerto Rico, the band has gained fame by entertaining people all over the world, including three White House performances.

Playing arrangements from pop rock to calypso beat, the 13 piece band is going on to New Orleans and Florida next month.

**We
Got
The
Deer**



Saturday at 1200, 23 October is the date for the fifth annual All-Hands Venison Bar-B-Que at the NH Oakland picnic grounds. Patients, staff and dependents are invited to an afternoon of entertainment, food and drink; all free. Volunteer Coordinator Johnnie White and Entertainment Coordinator Dick Baldwin of Special Services are at work to make it another success. Pictured above are ABH1 Wally Lemon, LCPL Lou Lucido, and Chief Dick Baldwin with some of the nineteen bucks bagged by patient nimrods last weekend during the annual Humboldt County Vets Deer Hunt coordinated through the Veterans Service Office of Humboldt County by Ervin C. Renner.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM1 M. J. Clark, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

"TURN ON THE LIGHTS"

A certain task force was underway in the Pacific during World War II. All the planes had been launched from the USS YORKTOWN. Darkness soon settled on the fleet. The planes still had not returned from their strategic missions. The entire task force was steaming under combat circumstances. Therefore the attack carrier YORKTOWN was darkened. The planes would run out of gas trying to find the carrier in the dark. The order went out—"TURN ON THE LIGHTS!" Just in time. The planes began to land. Some ditched close by and most were rescued. The men flying the planes that night never forgot the fantastic sight of seeing their carrier flight deck aglow with lights.

Today we need to turn on the lights spiritually speaking. Some people think that they can turn on the lights with drugs. That course of action is suicidal.

Let us turn on the lights of real hope for man. The light of love, peace and understanding. This light will never fail, so turn it on.

LCDR W. D. ADERS, CHC, USNR

Divine Services

PROTESTANT
 SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
 1030 Main Chapel*
 SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*
 HOLY COMMUNION: First Sunday of each month
 Weddings and Baptisms: By appointment
 Choir Rehearsals: Every Wednesday at 1930

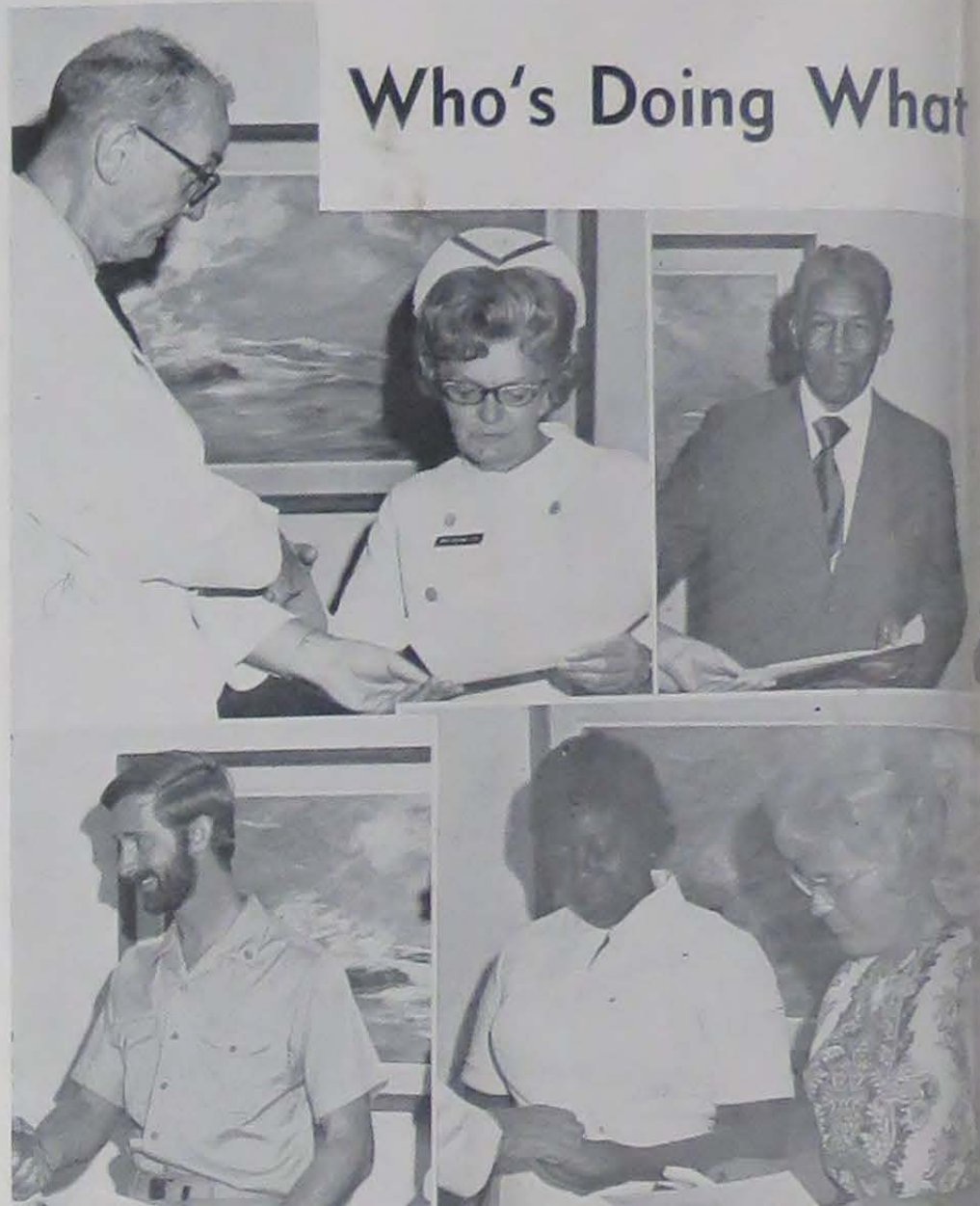
CATHOLIC
 SUNDAY MASS—0830 Clinical Assembly (Third Floor)
 1215 Main Chapel*
 DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)
 HOLY DAYS OF OBLIGATION
 1200 Mass, Chapel of Hope
 1630 Mass, Chapel of Hope
 Confessions: Before all Masses
 Baptisms: By appointment
 Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
 A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
 "The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Who's Doing What



Recent ceremonies brought the retirement of two NH Oakland Civil Service employees. Mrs. Doris Potvin, an LVN assigned to 8-East, Labor and Delivery, retired with 12 years and Mr. Frank Burris, a painter at the hospital, said good-bye after 21 years with NH Oakland. LCDR Lee Sheffer received his Certificate of Residency in Anesthesiology. Mrs. Dinah Barros and Mrs. Florence Sellars reached the 20 year milestone on 24 September. Mrs. Barros works on 8-East, and Mrs. Sellars works in the Medical Data Branch of Patient Affairs.

Who's Spending Your Recreation Money?

We thought you might like to know who is spending your money—that is, the money in the Enlisted Recreation Fund. The members of your recreation committee are: HMC George Hatcher, PMT, advisor, HM3 Monty Webb, Inhalation Therapy, Chairman, HM1 Robert Carson, NP Tech School, Co-chairman, HM2 Douglas Garkian, Eye Clinic, HN Helen Sullivan, 9-East, HM3 Michael McCormick, 62-A, YNSN Mary Nanna,

Officer Personnel, HM3 Harry Bevos, Occupational Therapy, HM3 Bev Spight, Bldg. 501 MAA, HN Robert Lewis, EKG, YN3 Sue Clayton, Legal, HN Bruce Phileas South, HM3 Frank Baumgartner, Dermatology, DT3 Gary Lutman, Dental, HM3 Ty Webb, Enlisted Personnel, HM2 Lou Rashkin, Orthopedics, HM3 Butch Walters, Admiral's Driver, HM3 John Ingram, 8-East, HM2 Rob Butler, 5 West, HM3 Diane Buhl, Pharmacy, HN Rob Gordon, NPRL, HN Shirley Sibley, Internal Medicine, HN Michael Kelly, 7-North, and HM Daniel Allen, 6-East.

The above individuals are the ones to contact when you have suggestions or complaints about the various recreation programs and functions going on about the base. Presently in the planning is a hayride scheduled for 8 October, and a Halloween masquerade dance on 30 October, with prizes for the best costume. All enlisted staff members are welcome to attend the meetings of the rec committee, which are held at 1500 every other Thursday in the EM Club.



Friday, 17 September, ended 16 weeks of studying for NP class 62. Class graduates, front row, l-r, are: HN Michael Hamilton, HM3 Richard Dinwiddie—honorman, HNs Charles Oslund, Luis Rodriguez, HM3s John Miles and Larry Dilldine. Back row: HM3s Leroy Waldrop, Rodney Stewart, HNs Douglas Werhan, Robert Renfro, Raymond Hoffman, and Steven Lohr. Seated are CDR Kubicz, CAPT Holm, CAPT Hubbard, LCDR Olsson, and Chaplain Perdew.



Scuttlebutt

Call overheard on 9-South:
"Bat Control #2 this is Bat Control #1. The unit has been successfully cleared—sustained no casualties on our side — one bat KIA. Call Morgue regarding preparation, encasement, and shipping of remains." Who gets the remains? Bat Control Central?? Bat Man???

A rumor is out that the Navy Exchange Manager, Harry McAllister, gets a special deal on those ties he wears—he buys up all the close-out sales at the Navy Exchange.

Overheard in the hallway: A certain Master Chief indicated that whatever amount of money HMCS Wallner was behind in the Mr. CFC contest would be donated by our SEA.

Mrs. Ellen Rose, a Red Cross worker, received a rather special call on 4 October. President Nixon called to wish her a happy 83rd birthday.

Life Began . . .

LIFE BEGAN 10 September for Christopher Ben Ho, 6 pounds 8 ounces, son of LT Ben T. Ho of OB & GYN Service and wife, Marjorie . . . 25 September for Derrek Christopher Westbie, 7 pounds 10½ ounce son of LT Donald K. Westbie of Medical Service and wife, Barbara Jane.

Movie Schedule

9 October
THE STATUE—David Niven and Virna Lisi. Comedy. R
10 & 11 October
PROMISE AT DAWN—Assaf Dadvan and Melina Mercouri. Biographical Drama. GP
12 & 13 October
THE VIRGIN AND THE GYPSY—Joanna Chirkus and Franco Nero. Drama. R
14 & 15 October
THE HANGING TREE—Gary Cooper and Maria Schell. Western.
16 October
THE CONFESSION—Yves Montand and Simone Signoret. Drama. GP
17 & 18 October
SHOOT OUT—Gregory Peck and Pat Quinn. Western. GP
19 & 20 October
BANANAS—Woody Allen and Louise Lasser. Satire. GP



EXEC-LINE

● The hospital has The Examiner and The Chronicle available to staff and patients; because a lot of people live in Oakland why can't we have a similar rack for The Tribune?

We called The Tribune several months ago after a similar Exec-Line call and were told by the Circulation Department that they would establish a coin box here. Another attempt was made after your call and we were told in effect that it wasn't worth the trouble to install since, in the words of a man in the Street Sales Department, "It's too far out of the way and too much trouble." He also said that according to the Union, the newsboy that delivers office papers could not stock the stand.

● My room in BEQ is being invaded by ants. This has been going on for two weeks and we've tried X but it doesn't seem to work. We need an exterminator of some kind.

Pest control is a Public Works function. Requests for this service could have been answered promptly had you inquired through your barracks master-at-arms or your supervisor. The number to call for Disease Vector Control, should your problem recur, is 2481; or you can always call the trouble desk, 2307.

● Recently I saw somebody stop his car by a large dumpster, open the trunk and throw several large bags of trash into the dumpster. I wonder if this is permissible?

The personal use of government trash collection services (which are paid for with appropriated funds) is a fraudulent act; furthermore, it increases the costs of our overall operation and thereby diminishes the amount of dollars available for patient care. It represents another of the many thoughtless acts that some of our people commit from time to time without considering the consequences of their actions. Any person, military or civilian, who is found guilty of such an act will be awarded appropriate disciplinary action.

● I would like to suggest that a stamp machine be put in the barracks. The one in the 3rd deck snack bar is broken or out of stamps many times.

Stamp machines are small and easily pilferable. The same problem existing with the one located in the Main Hospital would occur if one were located in Bldg. 501. The post office is easily accessible and stamps may be purchased there in book form, convenient for carrying in ones' billfold.

(Continued on Page 4)

Navy, Marine Corps, and Coast Guard Invited to Enter Enlisted Essay Contest

An annual enlisted essay contest has been announced by the Naval Institute. All active duty Navy, Marine Corps, and Coast Guard personnel may enter.

First prize of \$700, a Naval Institute Gold Medal, and Life Membership in the Naval Institute will be awarded to the author of the best essay submitted on any subject that pertains to the naval services, the naval profession, or the maritime environment.

A Silver Medal and \$500 will be second prize, and third prize essay award will be \$250 and a Bronze Medal. The winning essays will be considered for publication in the Naval Institute's monthly professional journal, the *Proceedings*. All essays will be considered for publication at the standard rate of payment for articles.

Rules

1. Essays must be original and may not exceed 5,000 words.
2. All entries in the Enlisted Prize Essay Contest should be directed to: Secretary-Treasurer, U.S. Naval Institute, Annapolis, Maryland 21402.
3. Essays must be received in the Naval Institute on or before 1 December 1971.
4. The name of the author shall not appear on his essay. Each author shall assign to his essay a motto in addition to the title. This motto shall appear (a) on the title page of the essay, with the title, in lieu of the author's name, (b) by itself on the outside of an accompanying sealed envelope containing the name, duty station address, and home address of the essayist; the title of the essay; and the motto. This envelope will not be opened until the Board of Control of the Naval Institute has made its selections.
5. The awards will be announced during the annual meeting of the Naval Institute on Thursday 17 February 1972.
6. All essays must be typewritten, double spaced, on paper approximately 8½" x 11". Submit two copies, each complete in itself.
7. The attention of contestants is invited to the fact that an essay should be analytical or interpretive and not merely an exposition or personal narrative.

Know Your Staff



Meet HM1 Robert Carson, enlisted Neuropsychiatric Technician Instructor here since July 1970. Bob and CDR Kubicz handle class schedules, arrange field trips, and guide the students as they work their way through the 16 week NP Technician course.

Bob's Navy career started over fifteen years ago when he left Fort Smith, Arkansas and reported to San Diego for Boot Camp and Hospital Corps School. From there he was sent to NH Oakland for NP school in 1956. Other stops along his naval career included NH Bremerton, NH Yokosuka, duty aboard the USS CARTER HALL, NH Bethesda and Guam, and finally the USS REPOSE, where he earned the Navy Achievement Medal for duties as Triage Supervisor.

When not working, Bob shares the company of his wife, Yoshiko, and their seven year old daughter, Paula. He also spends much of his leisure time in his garden, as well as painting, working with tapes, and playing the piano.

When he retires, Bob hopes to stay in California, "enjoying the liberal airs," and hopes to return to school, majoring in Sociology.

—usn—

AYE, AYE is old English for "yes." It was probably taken from the Latin verb "aio," meaning to affirm.

—usn—

Hail & Farewell

ENLISTED REPORTING:
From NHCS, San Diego came HAs George W. Wagoner, Fred M. K. Lucas Jr., Edward G. Valdez, Steven S. Reilly, Robert E. Johnson, Alan T. Bailey, Kevin W. Wills, HNs Vincent Duran, Gerald D. Parkinson, Jaime Reyna, Colin D. Smith, Donald C. Smith, Steven C. Trammel, James D. Lowrey, Thomas R. Robberson, Ralph W. Johansen Jr., Keith N. Connelley, HM3s Ronald L. Hug, Donald S. Syvrud, and Larry L. Salmon.

ENLISTED DETACHED:
HM3 Mona L. Callin was detached to NHCS San Diego, DN Randall R. Edwards to Naval Dental Clinic, Guam, Robert W. Bigford went to Naval Dental School, Bethesda, Maryland, HM3 Robert F. Stanley, to the First Marine Division, HN Shawn Singleterry to Naval Air Station, Moffett Field, HM2 Vernon E. Goss released from active duty in Naval Reserve and HN Maureen K. Downer was discharged from USN.

OFFICERS REPORTING:
CDR Ethel Carleton reported to NH Oakland from NH Lemoore, LT Dorothy Phillip reported from Western Australia, LTJG Ervin Ames from Saigon, and ENS Barbara J. Fischer from WOS Newport.

OFFICERS DETACHED:
LT Cynthia Hughes and LTJG Jerry Heilman were both released from active duty.



HN Roy Flora was presented the Navy Achievement Medal at ceremonies held in the CO's office on 22 September. As stated in the citation accompanying the medal, "particularly noteworthy were his actions on the night of 2 March 1971, when his platoon leader was wounded. Reacting instantly, Flora moved through the darkness to the side of the casualty, administered medical aid, and continued to assist and comfort him until he was medically evacuated the following morning."

HN Flora works in educational services in Education and Training, Bldg. 105.

Sports Shorts

NP Squeeks by Dental in Overtime: 14-13

It took NP an overtime period (first of the year) to defeat Dental last Wednesday as the two teams ended up in a 13-13 deadlock after regulation time. The overtime period is run according to national rules and calls for 8 alternating plays starting at mid-field. The team ending up in the other team's territory is declared the winner and is awarded the game deciding point.

NP led at half time 13-6 on passes from Olsson to Youngblood. The first touchdown came for NP with 14 minutes left in the first half, as Olsson's pass to Youngblood traveled some 30 yards in the air with Youngblood scampering in from the 15 yard line. The other pass was good for 20 yards with 2:30 left in the first half. Olsson also hit Youngblood on a short pass for the P.A.T. That was the extent of NP's scoring as Dental shut them out in the second half. The game might have turned out differently though, as NP had three TDs called back because of penalties.

Dental knotted the score with a single touchdown in each half, one on a 10 yard run by Oyler in the first half and a 40 yard pass and run play from Taylor to Evans with only three minutes remaining in the game. Taylor to Scofield was the combination for the all important game tying P.A.T.

The combination of Olsson to Youngblood proved too much for Dental as the final completed pass to Youngblood in the overtime period found NP on the Dental 26 yard line. Dental was unable to get the ball back into NP's territory on the final play of the game.

Give to CFC

EENT Trounces Interns 26-12

After playing eight minutes of scoreless ball, the Interns scored on a 40 yard run by quarterback Connors to take a short lived lead of 6-0. EENT returned with 5:20 left as Weaver knotted the score 6-6 on a 10 yard keeper. The Interns jumped back into the lead with what amounted to be their last score of the game as Connors threw a 1 yard pass to Eshelman with 1:12 left in the first half. With 28 seconds left, Weaver put EENT back into the lead for good as he ran another "keeper"; this one good for 15 yards and paydirt. Weaver also ran for the P.A.T. to give them a 13-12 lead at the conclusion of the first half.

It was all EENT in the second half, as they scored two more touchdowns on passes of 38 yards and 65 yards from Boyd to Powell and Weaver to Powell. On the 65 yard pass play, Weaver hit Powell on the 20 yard line and he scampered untouched into the end zone for the score. Boyd ran in for the P.A.T. Final score EENT 26—Interns 12.

EXEC-Line

(Continued from Page 3)

● I would like to know if we can hold reveille at 0600 in the BEQ so we can have a general clean-up of individual rooms prior to work. Also, people fail to use available trash receptacles and are abusing the TV lounge and the Geedunk room.

Reveille was discontinued in the barracks as the result of several previous Exec-Line requests. NAV-HOSPINST 11101.1C was revised to eliminate reveille on the condition that each resident of the barracks would assume individual responsibility for arising in time to perform assigned cleaning details and to report to his duty station on time. To date the Commanding Officer has not received information that this is not occurring.



Thirteen more corpsmen have sewn "crows" on their sleeves. Left right, new petty officers are: Ron Griffin, Charles Holton, Gerald Hunter, John Fullick, John Ingram, Larry Thomas, William Jefferson, David Wolf, and John Snowden. New HM3s not pictured are Dan Javar, Robert Owens, Johnny Walker, and Peter Shepherd.



PMT class 59 said good-bye to NH Oakland when graduation day came 10 September. Left to right are classmates HMC R. Ramsay, HM1s C. Estes, R. Zucker, A. Dela Huerta, R. Gettys, SR/RVN N. Dung, HM1 R. Hancock, HM1 H. Parks, HM2 I. Taylor, and HM1 R. Brunner.



MOST RECENT LAB GRADS are those comprising #36. Left to right, front row, they are: HM3s Larry Robertson, Rolando Buenaventura, HN Conrad Szeliga, HM2 Ervin Rowley, HNs Walter Morisoli and Robert Turnbow, and HM3 Richard Hedstrom.

Second row: HM3 Marvin Walker, HN Paul Goetze, HM3 Terry Reynolds, HNs Dale Unruh, William White, Gary Tapert, Jack Papazian, and Michael McNett. HN Larry Brooks was not present for the picture.

OPD Outlasts Pharmacy 12-7

OPD finally climbed out of the cellar on Monday, 27 September, as they defeated winless Pharmacy by a score of 12-7.

Late in the first half, Woods of OPD opened the scoring on a four yard pass from Wallace, providing the 6-0 lead at the half. Pharmacy came back and took a short lived lead of 7-6 as De Salvo was on the receiving end of a pass from Porter.

OPD came right back and scored the game deciding touchdown on a lateral from Woods to Wallace, who threw a 25 yard pass to Brinner.

The Naval Hospital Tennis Tournament is down to three men after a field of 14 started several

weeks ago. The three men remaining in the race for the coveted championship are Drs. William Dolan, Ed Barvick, and William Deignan.

Dr. Dolan, who is the only undefeated player in the tournament, will play the winner of the Barvick-Deignan game for the station championship. Results will be in the next Oak Leaf.

Cross Country Runners are still needed for the hospital track team. The average course is 3.5 to 4.5 miles. Anyone interested may contact LCDR Ed Barvick at Extension 2054.

The 1971-72 Intramural Basketball Season will get underway 1 December 1971, so start forming your teams now. Entry blanks will be distributed by the Athletic Di-

rector. If you don't get a copy of Extension 2350 and one will be sent to you.

Twelfth Naval District wrestling gets underway 1 December starting with an invitational meet at Hunters Point Naval Shipyard with six matches to follow weekly. The season will be culminated in the 12ND Championships at the Coast Guard Base on 4 March 1972. Contact Ron Brown at Extension 2350.

Varsity Basketball Players needed to represent Naval Hospital Oakland in the 12ND Tournament League, starting the week of 1 November. A meeting of all interested personnel will be held at noon on 20 October at the station gymnasium. Please contact Ron Brown at Extension 2350 any time prior to this meeting for sign-

The OAK LEAF

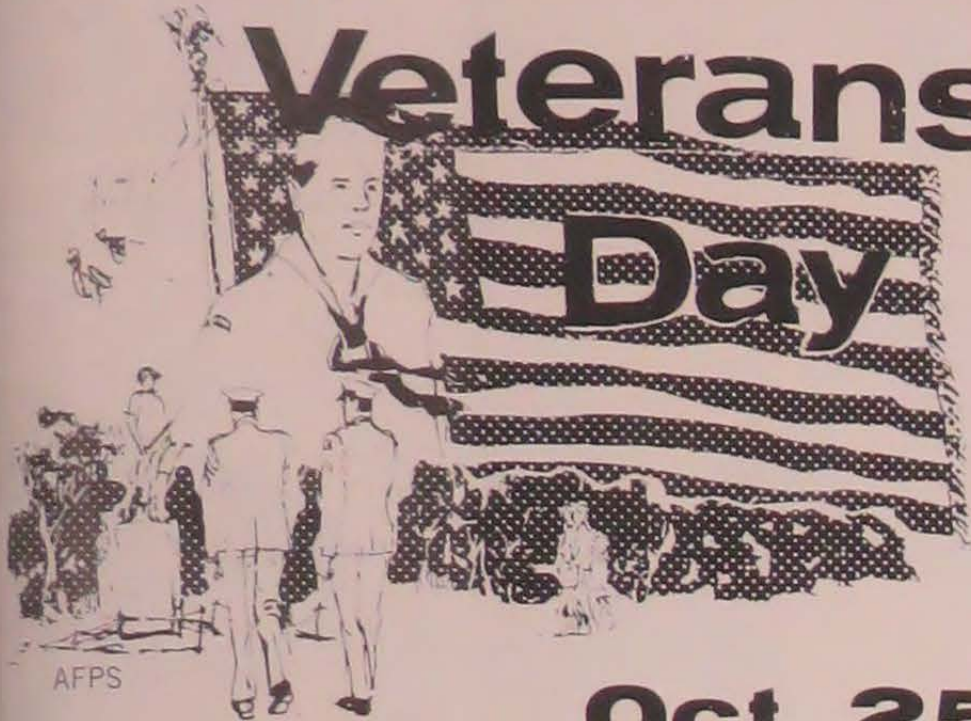


Vol. 33, No. 21

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 22 October 1971

Veterans Day



Oct. 25

CFC Drive in Final Week

The 1971 Combined Federal Campaign, the annual drive to help bring hope to thousands around the world, is now in its last week. Without the support of CFC, without your support, many organizations such as the Cerebral Palsy Foundation, Girl Scouts, the American Cancer Society, the Heart Association, March of Dimes, Muscular Dystrophy Association, USO, Project Hope, and

many more would not be able to provide the vital services being rendered to the needy right here in the Bay Area, as well as around the world.

Contributions to the Campaign as of Monday totaled \$4737.09, with 32 percent of the staff reporting. Some of the many Services and Divisions who have already achieved 100 percent participation

(Continued on Page 4)

Everyone's Pitching In for CFC



With less than one week remaining in this year's Combined Federal Campaign, final collections are coming in at a fast pace. Shown above helping with the contributions are HM3 Butch Walters, Nancy Clarke, YN3 Sue Clayton, and Laura Lindsay.

HM2 Ralph Ramirez Selected As July's Sailor of the Month

Latest recipient of Sailor-of-the-Month honors is HM2 Ralph Ramirez. The award was conferred upon him "in recognition of his outstanding performance as Senior Corpsman in the Emergency and Outpatient Clinics of this hospital." The accompanying letter further commended Ramirez for his "consistently demonstrated superior medical knowledge in the patient care rendered and in the orientation and teaching of corpsmen both in the Outpatient Service and in the hospital ambulance classes."

July's Sailor was born and raised in Oakland, and in May of 1968 he enlisted in the Navy and attended boot camp and Corps School in San Diego. In October 1969 Ramirez reported to the Third Marine Amphibious Force in Da Nang. The following June he was wounded in a fire fight and was subsequently evacuated to NH Oakland for rehabilitation. After a short stay, HM2 Ramirez received orders to remain here on staff and was assigned to



Outpatient Service, where he worked until this past August.

Ramirez is presently enrolled in San Jose State College, working toward his Bachelor of Science degree in Nursing under the Navy Enlisted Nursing Education Program.

Navy Day Message from the SECNAV

On this Navy Day of 1971 we find our Navy faced with new challenges and responsibilities.

In its quest for a full generation of peace our country has entered an era of negotiations unprecedented in history. Our responsibility is to provide at sea a solid basis of useable strength from which our representatives can negotiate effectively. And should negotiations fail, we must continue to provide a realistic deterrent to war at any level.

I ask all in the Navy, and all those associated with it, to work to achieve the full combat readiness we must have if we are to meet these important responsibilities.

In a very real sense, true peace for the future is synonymous with a strong and ready Navy. There is no goal more worthy of all our efforts than the assurance of that strength and readiness.

I proudly join the Navy League of the United States in deep appreciation of the dedicated and selfless service of Navy men and women at sea and ashore. Since the days of the great fighting frigates they have carried out the national policy with professionalism and success. Our country is fortunate to have such men and women in its service.

JOHN H. CHAFEE, Secretary of the Navy

NH Oakland Looking for JANGOs

Teen-age daughters of active or retired commissioned officers of the armed forces are wanted for JANGO service at Oakland Naval Hospital. (To establish her eligibility a girl must have an active identification card.)

The next class will convene 6 November, and applications must be in by 29 October. Application forms may be obtained by telephoning the office of the Chief Nurse at 639-2196.

JANGO (Junior Army-Navy Guild Organization), founded in Washington, D.C., in 1942, is a service organization that provides op-

portunity for girls 13 to 21 to acquaint themselves with the nursing profession and to develop a feeling for community service.

The girls receive 24 hours of classroom instruction from a registered nurse, followed by 76 hours of supervised work in the hospital's dependent patient care units. They are capped upon completion of 100 hours' training. From then on, serving as school schedules allow, the young volunteers earn pins and chevrons as they reach various milestones in their service.

(Continued on Page 2)

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT Hampton Hubbard, MC, USN, Executive Officer
CAPT John C. Courtney, MSC, USN, Administrative Officer
Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM1 M. L. Clark, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

THE PLAN

"I've planned for retirement all these years. I've saved and gathered and built my security just so I could enjoy life for a few years and now . . . Why me? Why me!"

"A rich man had land . . ." (Luke 12/16).

"I've tried so hard to do a good job but I always seem to fail myself, uh, I mean others."

"I try so hard to be liked, to be accepted. I've given of myself beyond my better judgment and I feel so empty, so lonely with only my own thoughts and desires to comfort me."

"Life is so drab. Nothing seems to go right. I hate it! I wish I were dead! I never seem to fit, to be in the center of anything."

"Don't be afraid . . ." (Luke 12/32).

Will I trust God and let Him into my real world of "I"? How does God measure my degree of success?

LCDR WILLIAM E. UNDERHILL, CHC, USNR

Divine Services

PROTESTANT
SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*
SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*
HOLY COMMUNION: First Sunday of each month
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*
DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)
HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope
Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.



Just a reminder that the two people pictured above stand ready and willing to help you. Mrs. Robert Pierce represents the minority group wives and the QMC Richard Baldwin is the Minority Group Petty Officer, serving as special assistant to the CO for minority affairs at the hospital. Both representatives have direct access to the CO and are consulted on all matters involving minority personnel here. So, if you have a problem or complaint, feel free to call either Mrs. Pierce, the Navy Exchange Cashier, at 562-3019, or Chief Baldwin at Extension 2477.

Who's Been Doing What . . .



LTJG Ervin Ames, NC, was promoted to his present rank on 6 October. HM1 Lawrence Wiegale, of Radiology, reenlisted for two years on 2 September. LCDR Ricardo Trevino received his Certificate of Residence in Otolaryngology. HM3 Robert Knight of NP was presented a Letter of Commendation in recognition of his "mature judgment in handling difficult situation with a patient."



LTJG Doo Kwang Lee, MC, ROKN, and LCDR Kwang Su Han, MC, ROKN, departed for their return trip to Korea recently, after completing six months' observership at Oakland Naval Hospital. Dr. Lee was assigned to Orthopedics while attached to the hospital, and Dr. Han observed and performed minor surgery while here. Standing with Dr. Lee (left) is CAPT Ira Woodstein, Chief of Orthopedics, and with Dr. Han is CAPT Donald McLean, Head of Plastic Surgery.

Officers' Wives' Club Sponsoring Bake Sale

Oakland Naval Hospital Officers' Wives' Club is sponsoring a bake sale next Wednesday, 27 October. The sale will be in the Navy Exchange lobby from 0800 until 1630.

JANGOs (from page 1)

JANGOs wear attractive blue pinafores with red and white trim. Their duties include bed making, giving bed baths, taking temperatures, assisting with admission and discharge of patients, running errands for patients, and aiding in many other ways to make the patients' hospital stay as pleasant as possible.

Drs. Weinstein and Reitz Highlight ACCMA Meeting

The Officers' Club Ballroom again was the scene of this year's Alameda-Contra Costa Medical Association meeting on 27 September. With over 125 guests in attendance, Dr. Charles Hudson, President of the ACCMA, introduced Admiral Mahin, who opened the program and welcomed the attendees.

Following his discussion of NH Oakland's new Toxicology Lab, Admiral Mahin presented Captain Hubbard who introduced Dr. Richard Weinstein, Director of the Clinical Investigation Center. Dr. Weinstein gave an account of the activities of the Clinical Investigation Center, outlining it from its youth in the early 1950s to its present applications in research and patient care. Dr. Richard Reitz, Associate Director of CIC, then presented a discussion entitled, "Stones, Bones, and Groans: Hyperparathyroidism Revisited," in which he described various aspects of the disease and the development of an amino assay of parathyroid hormone. The assay, which measures relative parathyroid hormone levels in veins of the neck and upper chest, enables the surgeons, with the help of the Radiologist, to locate and remove the tumor.

The professional program was concluded with a brief question-answer period, followed by cocktails and dinner.



Dr. Richard Weinstein (left), Director of the Clinical Investigation Center, and Dr. Richard Reitz, Assistant Director of CIC, who were speakers for this year's Alameda-Contra Costa Medical Association meeting.



EXEC-LINE

• I wonder if we could get a different branch or a different bank here. A lot of people have trouble, and I have tried to cash a check that I received from my folks and they won't cash it since I'm not a member of this bank.

The practice of not cashing two-party checks for non-account members is standard policy in the banking industry and changing banks would not alter this rule. I would suggest either opening an account or asking that funds be sent to you by postal money order.

• I've noticed over the past two weeks that the overhead lights in the Clinical Assembly have been getting progressively worse, more and more of them burning out. Someone should get Housekeeping to take care of this.

Replacing burned-out lights is a maintenance function. The trouble desk was called and action was taken.

• I'd like to know why the EM Club is not open during the noon hour. Because of lack of sufficient patronage during the noon hour the club was losing money; therefore, the Commanding Officer concurred with the management's request to close during the noon hour.

• I want to call to your attention that only ward corpsmen on PMs clean up the corpsmen's quarters. The only advantage to PMs is sleeping late and now this is denied. Techs, Senior Corpsmen, staff working at the desk, sick call, and mail room are all exempt from cleanup. Also, if you have a weekend off, you must be there at 0800 Monday to clean up when you used to be able to be back in time for duty at 1440.

Steps are being taken to correct this inequity.

• I want to complain about the snack bar on the third deck. I've noticed that the personnel are changing the dates on their pre-wrapped sandwiches.

Anyone observing this action should report it to the manager at once. The manager gives us his assurance that it is not their policy to change dates on sandwiches. Our base sanitarian will continue to make unannounced inspections at varied times. The reporting of discrepancies observed by patrons can serve to sharpen the attitudes of food personnel toward sanitation.

• My complaint is that on many occasions you cannot get change at the cafeteria to use in any of the vending machines around the hospital. Could the person that sells lunch tickets give us change for this or can we get a change-making machine?

The change-making machine was removed from the Bldg. 500 third deck snack bar because of repeated acts of vandalism to the machine resulting in exorbitant repair costs. These costs significantly reduced snack bar profits and thereby lessened the funds that are given to Special Services. Regulations of the Comptroller of the Navy prohibit handlers of government funds (meal ticket cashiers) from serving as change makers or check cashers. The Navy Exchange Manager informs me that the cashiers in the snack bar are permitted to make change for use in the vending machines but are not authorized to make change for newspaper vending stands or telephone calls.

In response to the Exec-Line in the last Oak Leaf, a newspaper stand for the Oakland Tribune has been installed on the third floor next to the collection agent.

Know Your Staff



You may not know it, but HM3 Ray Martin didn't always wish to become a corpsman, unless the Navy wanted a musical corpsman.

Born in Nashville, Tennessee, and raised in Pasadena, California, since the age of two, Ray was quite musically inclined even in his youth. When only ten years old, Ray was already versatile with the violin, trumpet, and coronet.

Perhaps the most unusual aspect of Ray's talents is that no one else in his family has any musical interests other than his mother, who sang with the Madrigals in high school, but lost interest and gave it up. "I could never sing as well as my mother," he states. "At Blair High School in Pasadena, the conductor would tell me to fake it because I sounded so bad."

Giving up singing, Ray returned to his only chance—instruments. "In junior high I got involved with what I love most: drums and all the other percussive embellishments."

Ray stayed with the drums all the way up until his enlistment in the Navy in July 1969. Even in boot camp in San Diego he kept up with music as a member of the drum and bugle corps and choir. After boot camp it was Corps School in San Diego and on to Oakland Naval Hospital, where he now works in the Legal Office.

Next month Ray returns to civilian life prepared for yet another experience. Immediately after his release from active duty he will fly to London to join his old group, "The Pasadena Ghetto Orchestra," to perform at the Palladium.

But as Ray puts it, "I'm glad I'm in the Navy . . . I've saved enough to buy myself a room full of drums."

Movie Schedule

- 24 & 25 October
WATERLOO—Rod Steiger and Christopher Plumer. Historical Drama. G
- 26 & 27 October
FRIENDS—Sean Bury and Anicee Alvina. Comedy Drama. R
- 28 & 29 October
B. S. I LOVE YOU—Peter Kastner and Joana Barnes. Comedy. R
- 30 October
WILLY WONKA AND THE CHOCOLATE FACTORY—Gene Wilder and Jack Albertson. Musical Fantasy. G
- 31 Oct. & 1 Nov.
THE BATTLE OF EL ALAMEIN—Frederick Stafford and George Hilton. Drama. GP
- 2 & 3 November
THEY PAID WITH BULLETS (and short) — Inarid Schoeller and William Bogard. Drama
- 4 & 5 November
LITTLE BIG MAN—Dustin Hoffman and Martin Balsam. Western Satire. GP
- 6 November
A GUNFIGHT—Kirk Douglas and Johnny Cash. Western. GP

Hemodialysis: A New Concept in Medicine

By HM3 Butch Walters

Hemodialysis is a relatively new therapeutic field in medicine. It provides an artificial means of clearing the blood of harmful metabolic wastes in patients with kidney failure. In addition to the removal of waste material, the hemodialysis machine clears fluid from the blood by filtering it much as the kidneys would if they functioned properly.

The process consists basically of removing blood from an artery of an extremity, pumping it through the machine's filtering coils, and returning it via a vein. Hemodialysis patients can be outpatients who commute from their home to the hospital. The therapy, which is done from two to three times a week, lasts six to eight hours. The patient is then free to return home and resume normal activities within his physical capabilities.

The hemodialysis center at Oak-



Shown above are LTJG A. DePrima and HN Paul Fleischmann watching over a patient undergoing hemodialysis therapy.

land Naval Hospital is one of three such units in the Navy and the only one on the West Coast. The dialysis staff at Oakland Naval Hospital consists of LCDR J. Conger, Head of the Nephrology Branch, LTJG A. DePrima, LT M. Southerland, and LTJG N. Anderson, nursing personnel; HN Paul Fleischmann, Nephrology-dialysis Technician and HN Brian Pfile, assistant technician. Fleischmann is the first corpsman to fill the recently established billet of Nephrology-dialysis Technician in the Navy.

There are plans to initiate an OJT program for training of qualified enlisted personnel in hemodialysis. The instruction would include the physico-chemical basis of dialysis, the technical aspects of dialysis operation and associated clinical information. The program is currently under consideration by the Bureau of Medicine and Surgery.

Scuttlebutt

SIGHTS & SOUNDS: Dr. Proulx requesting permission to kiss a "fellow" Captain selectee . . . and getting it! . . . the big bash at LCDR Paul Lorenzen's place for the Orthopedic staff. . . . LCDR Marion Dexter flying home to visit her father in Massachusetts to make plans for him to fly to Oakland to accompany her on a scenic trip across the Northern U.S. . . . HMC Kay Douglass seems to be developing good night vision as she's been working late for several evenings trying to whip her shop back into shape. . . . CDR La Chapelle seen busily going over the final paperwork of the Combined Federal Campaign . . . hurry and get your donations in.

On 8 October HN Larry Mauch's wife had a baby, or so they told him, but he couldn't see the new arrival because at the same time his wife and new daughter were in the hospital on the eighth floor, he was a patient on the ninth. The Happy Ending . . . they were both discharged the same day.

Among the many things provided on the EM hay ride the other night were hayburgers, beans, hay, potato chips, more hay, beer, charhaymallows (marshmallows), and lotsa fun.

The eyes have it! But these eyes have really had it. Anyone walking on the sidewalk below the CO's conference room on 14 October would have witnessed a strange sight: CAPT Courtney's eyeglasses flying out the window. We don't know whether he threw them at someone or was giving one of his famous gestures.

Remember the days when air was clean and sex was dirty? Well, Oakland Naval Hospital is doing its part: we're keeping the air clean. An ecologically oriented incinerator has been installed where the old one used to be. It meets the minimum standards for prevention of air pollution even while burning a load of old tires. . . . Saw a cloud of smoke hanging over the thing the other day—it turned out to be the Public Works Officer puffing on a cigar . . . could he have been thinking about the \$22,000 it cost to purchase clean air?

Soon to become one of the Navy's prettiest and youngest Nurse Corps Captains, our own Assistant Chief Nurse, CDR Eve Gagnon. Congratulations! Small wonder Dr. Proulx wanted a kiss!

Vivian Swofford, secretary to the Chief of Medicine, just returned from cavorting with the wallabies on a trip to Australia. Take me wallaby back, Jack . . .

Unbalance the budget . . . break out the dusty old pocketbook . . . do you know what? There are only 64 days 'til Christmas.

In spite of the Chiefs' secret tactics, they were unable to beat Mr. Jones in the CFC contest.

Proudly we salute HM3 Charles Adair of Physical Therapy for his honesty when he turned in a wallet containing cash and a Social Security card which he found in the theater.

LIFE BEGAN 2 October for Richard Craig Anderson, 7-pound, 2½-ounce son of LCDR Seth Anderson of the Medical Service, and wife, Karen. . . . 8 October for Cheryl Ann Clark, 7-pound, 13-ounce daughter of LCDR Thomas Clark of Surgical Service, and wife Gale.



September Nurse Corps promotions included those of LTJGs Linda Darcy, Duane Haenfler, and Susan Steele. Miss Darcy works in the Nursery, Mrs. Haenfler in the 9th floor Coronary Care Unit, and Miss Steele is presently assigned to 6-East.



NON FICTION

Fourteen Lessons in Yogi Philosophy and Oriental Occultism. Yogi Ramacharaka.

The Spirit of Medieval Philosophy. Etienne Gilson.

Contemporary European Philosophy. Innocent M. Bochenski.

Critique of Pure Reason. Immanuel Kant.

An Illustrated History of Black Americans. John Hope Franklin.

Our Land Too. Tony Dunbar.

The Trouble With Lawyers. Murray Teigh Bloom.

Man and Sea. Bernard L. Gordon.

African and Oceanic Art. Margaret Trowell & Hans Neverman.

Shakespeare. Anthony Burgess.

Julian Bond: Black Rebel. John Neary.

The Heartland. Stuart Legg.

Strange War Strange Strategy. A General's Report on Vietnam.

Lewis Walt.

No More Lies, the Myth and the Reality of American History. Richard C. Gregory.

REF *The Readers Advisor.* A Guide to the Best in Literature. 2 Vol. Winifred Courtney.

REF *The Atlas of the Universe.* Patrick Moore.

REF *Great Historic Houses of America.* Phyllis Lee Levin.

FICTION

The Twisted Wire. Richard Falkirk.

The Antagonists. Ernest Kellogg Gann.

Nameless Road. Simon Harvester.

The Great Chili Confrontation. Allen Smith.

SCIENCE FICTION

Nebula Award Stories Five. James Blish.

A for Anything. Damon Knight.

The Age of Pussyfoot. Frederik Pohl.

WESTERNS

Riders of the Rifle Range. Wade Hamilton.

Five Captain Selectees

Congratulations to the new Captain selectees, and to Dr. Frank Schmetz, who became CAPT Schmetz last week. The four other Medical Corps selectees are Dr. Richard Poley, Dr. Ronald Proulx, Dr. John Steffenson, and Dr. John Davis. CDR Eve Gagnon, Assistant Chief Nurse, was another happy recipient of the good news.

Hail & Farewell

ENLISTED REPORTING:

From NHCS San Diego came HAs Charles Marquardt, Kim Bybee, Richard Mainwaring, Randall Koller, Jack Papke, Floyd Newman, Hagin Collins, Forrest Colling, Jr., Brian Asay, Edmund Aikins, and Randy Haight. HM3s reporting are: Robert Hayden, Stanley Miller, John Jones, and Leslie Eaton. The HNs include Richard Bayne, Larry Reel, Walter Burgess, Jonathan Moor, Creigh House, Eugene Gassman, Fredrick Sinopoli, Robert Schuette, Kenneth Culbertson; reporting from NH Great Lakes are HN Velma Vannatta and HA Esther Perry; from the USS HANCOCK is BT1 Buddy Horgheshimer and from the USS WILLIAM M. HOOD came HMC Joseph Russo.

ENLISTED DETACHED:

HMC Thomas Lesage was detached to Naval Air Station, Cubi Point, P.I.

OFFICERS REPORTING:

LT Frank Heston, MSC, reported from NH Yokosuka; LT Kun Yung Lee, MC, ROKN from Joint U.S. Mil. Assistance Group; LT Ronald Moyer, MSC, from NH Bethesda; LCDRs Robert Cary and Lawrence Lazarus, MC, reported from inactive duty; LT David Gottfried, MC, from the USS OKINAWA; CDR Robert Leshner, MC, from NH Portsmouth, Va.; and LT Frank Walker, MC, from the USS BAINBRIDGE. Ensigns Marcia Smith, Mary Ann Barczak, Jane Holz, and Jacqueline Yackie are the latest Nurse Corps reportees.

OFFICERS DETACHED:

CDR Bettye Nagy went to Taipei, Taiwan; LTJGs Cheryl Scavron and Cheryl McCartney were both released from active duty.

CFC Contest Results

A last-minute bulletin has been received, stating that the Mr. and Miss CFC contest winners are Mr. Carroll Jones of Food Service and LTJG Mary Ellen Meyer of Nursing Service.

CFC Drive

(Continued from Page 1)

goal are Laundry, Data Processing, PMT, NPRL, Outpatient, Neurosurgery, Red Cross, Ophthalmology, Fiscal and Supply, and Dermatology. "This type of performance certainly indicates a high degree of concern among those contributors and shows outstanding management proficiency," the Campaign chairman said today.

This year's chairman, CDR La Chapelle, is confident that the total will substantially increase in the next few days as the Campaign draws to a close. All Chiefs of Services and Divisions are again invited to initiate renewed emphasis to ensure that each individual is afforded the opportunity to voluntarily contribute to this very worthwhile Campaign. Those key men who have not yet turned in their packets are reminded that contributions must be received no later than 28 October, final day of the Combined Federal Campaign.

OR One Game From Station Champs

Undefeated OR once again walked over their opponent by downing OPD in a 37-0 game. With 14 minutes and 30 seconds remaining in the first half, OR's opening touchdown was scored with a pass from Day to Deutsch. Six more points were added with a pass and run play totaling 39 yards from McKenzie to McLain. Then with only 32 seconds remaining in the half, an aerial shot from McKenzie to Deutsch was good for 20 yards and another touchdown, making the score 18-0 at the half.

In the second half, with seven minutes left in the game, McLain intercepted a pass on OPD's 10 yard line and ran it back for yardage. Still another pass play came with less than two minutes remaining when McKenzie found Day the clear for 10 yards and six more points. Down to 35 seconds in the game, McKenzie again unloaded a pass, this time to Larrabee, good for 60 yards with the pass and run. The PAT went from McKenzie to Day, making the final score 37-0.

Men badminton players are needed to represent Naval Hospital Oakland in the 12ND Tournament to be held on 20 November at NAS Lemoore, starting at 1000. The tournament is open to all active military personnel. Call 2350 for more information.

Women badminton players are also needed to represent NH Oakland in the 12ND Tournament being held at Naval Station, T.I., on 3 and 4 November at 1900. Contact Ron Brown for details.

Intramural Flag Football Standings as of 19 October:

Team	W	L	PF	PA
OR	5	0	143	27
EENT	3	1	52	40
NP	3	2	72	63
Interns	2	2	57	60
Dental	1	3	44	33
OPD	1	4	24	38
Pharmacy	1	4	32	64

Next week's games (final week) Tuesday, 26 Oct.—OR vs. Dental Wednesday, 27 Oct.—Pharmacy vs. EENT

Dr. William Dolan has defeated Dr. Ed Barvick in the Naval Hospital Tennis Tournament Championship, beating Dr. Barvick in the double elimination match with a score of 6-0, 6-0.

The 1971-72 Intramural Basketball Season will get underway 1 December 1971, so start forming your teams now. Entry blanks will be distributed by the Athletic Director. If you don't get a copy call Extension 2350 and one will be sent to you.

Twelfth Naval District wrestling gets underway 1 December, starting with an invitational meet at Hunters Point Naval Shipyard with six matches to follow weekly. The season will be culminated by the 12ND Championships at U.S. Coast Guard Base on 4 March at 0800. Contact Ron Brown at Extension 2350.

Cross Country Runners are still needed for the hospital track team. The average course is 3.5 to 4.5 miles. Anyone interested may contact LCDR Ed Barvick at Extension 2054.

The OAK LEAF



Vol. 33, No. 22

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 5 November 1971

Commandant Extends CFC Drive; Deadline Now Set for 10 November

The Commandant of the Twelfth Naval District has extended the 1971 Combined Federal Campaign to 10 November, and is striving to have all shore commands complete their collections by that date.

CDR LaChapelle, chairman for NH Oakland's CFC drive, happily reports the military and civilian staff has contributed \$10,353.00 as of 1 November. The 1971 Combined Federal Campaign total to date is the second highest amount collected in NH Oakland's history and is indicative of the outstanding effort of all hands.

With the Campaign extended to 10 November there is still an opportunity to surpass last year's CFC contributions. "Most of the Services and Divisions have shown great campaign management—an 85 to 100 percent contribution was



accomplished in many cases," this year's chairman stated. "Those who have not yet achieved the above percentage of contributions are urged to make a concerted final effort to insure everyone has the opportunity to give."

Movies to Increase By Fifty Percent

Military movie-goers have some good news in store. In order to improve motion picture service for fleet and shore activities, a new 16mm motion picture program is being implemented on 1 February, 1972.

Through the new program, the number of new prints available for Navy use should increase by 50 percent, and an additional 1000 older features will be available through the Navy Motion Picture Service. This means an increase of 50 percent in new movies distributed directly to the fleet with minimal delay. Ashore it means an average of four new movies per week. For CONUS stations, movies will be distributed over relatively small circuits using the best available means of transportation.

Drobot and Bradley—Health Benefits Team

Do you know who your Health Benefits Counselor is? Do you know where he is located? Do you know what he does? If not, you might be missing out on some valuable information about your health care benefits and their financing.

The hospital's Health Benefits Counselor is LTJG Drobot, Administrative Assistant, Outpatient Services. He is assisted by Mrs. Joyce Bradley. Together, LTJG Drobot and Mrs. Bradley form an information bank on military health insurance, including CHAMPUS. So . . . if you have a question concerning your health benefits or your dependents' health benefits . . . you know who to contact. The phone number is 639-2041 and the Health Benefits Office is located on the second floor (Continued on Page 2)

Dr. Schmetz Makes Captain



Congratulations to Dr. Frank Schmetz, who was promoted to the rank of Captain on 15 October. Helping CAPT Schmetz with his new shoulder boards are his wife, Marjorie, and CAPT Hubbard. Supervising the ceremony are CAPT and Mrs. Schmetz's children; Mark, 12, Karl, 14, Patricia, 10, and Judy, 15.

Board certified in Ophthalmology, CAPT Schmetz received his M.D. from the University of Vermont. He earned his commission as a Line Officer in 1944, and in 1955 the new Captain was commissioned in the Medical Corps.

Marines to Celebrate Birthday Wednesday

A special cake cutting ceremony for all Marine patients and guests will be held at 0930 in the Main Dining Room on 10 November 1971. COL T. E. Mulvihill, USMC, Naval Station, Treasure Island, will cut the cake.

Dental Plaque Control

Learning how to effectively keep bacterial deposits from accumulating on the teeth and causing tooth decay and gum disease is the only way to insure that you will keep all of your teeth all of your life. The Dental Service is providing instruction in dental plaque control for staff personnel from 0800 to 0830 daily. To take advantage of this opportunity call DT3 Lutman at Extension 2291.

Sailor of the Month For August

HM3 Terrence Bethel has received the August Sailor-of-the-Month award for his "outstanding performance of duty as Assistant to the Public Affairs Officer and as Editor of the command newspaper 'The Oak Leaf'." The letter also stated that his "efforts are reflected in the high quality workmanship evident in the command newspaper."

Born and raised in a suburb of St. Louis, Missouri, Bethel joined the Naval Reserves in April 1969. He attended boot camp in Great Lakes, Corps School in San Diego and has been stationed here since December 1970.

Terry and his wife Mary are currently living in San Leandro planning for the future addition to their family which is due next spring. Terry also hopes to be accepted into a Physicians Assistant



program upon release from active duty.

Captain Quigley Visits Waves



ley, USN, visited Oakland Naval Hospital on 28 October to meet with staff enlisted women and discuss problems related to their HM rating as well as those of individual personnel.

The Waves' Director held an informal "rap session" in the women's BEQ lounge. Issues discussed included additional opportunities for women of the Navy, uniform changes, and CAPT Quigley's concern for making female military personnel an integral part of the United States Navy rather than a separate branch.

CAPT Quigley's visit was one of several planned stops in the Twelfth Naval District.

Assistant Chief of Naval Personnel for Women, CAPT Robin Quig-

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel

Photography: HMI R. C. Bishop, HMI M. L. Clark, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

HEALING ARTS AND THE WHOLE MAN

How many civilian hospitals have Chaplains as part of the staff? If you said "None," you are wrong, but unfortunately you were not wrong by too much. More and more, those in the medical field are admitting that there exists a dimension connected to the physical and the psychological—the spiritual. These three parts comprise "The Whole Man."

The Naval Hospital Explorer Troop focuses its learning experiences on things they call the "Healing Arts." The artists in this medium are physicians, nurses, technicians, administrators, dentists, and Chaplains. Each of the artists has a special relationship to the whole man. Our contemporary society tends to divide and fragment men. We orient ourselves to specialties and sub-divisions within groups. Our Explorers are interested in learning about the whole range of healing artistry.

In several ways, the artists dealing with the physical and the spiritual are natural allies. They share important and critical moments when mental/physical/spiritual health hang in the balance. Both types of artist have reasonably regular contacts with the personality molders—parents. And yet, while they share so much, neither artist is trained to respond to all of the needs of the whole subject! Their artistry is complimentary rather than redundant or contradictory.

Oakland Naval Hospital enjoys several things which are essential to the teamwork necessary to "whole man art." Mutual understanding and appreciation of unique competencies, views, insights, and contributions to the helping-healing enterprise—each of these is present. Each of the artists needs a robust sense of professional self esteem, affirmed in inter-professional relationships. The willingness and the opportunity to communicate are crucial, as is the openness to learn from each other.

We practice "Whole Man Art" here in Oakland! Our formula might read something like this:

"MC + HN/M + DC + NC + MSC + CHC + TLC = Whole Man Artistry."

LT JAMES TRETT, CHC, USNR

Divine Services

PROTESTANT
 SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor) 1030 Main Chapel*
 SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*
 HOLY COMMUNION: First Sunday of each month
 Weddings and Baptisms: By appointment
 Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
 SUNDAY MASS—0830 Clinical Assembly (Third Floor) 1215 Main Chapel*
 DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)
 HOLY DAYS OF OBLIGATION
 1200 Mass, Chapel of Hope
 1630 Mass, Chapel of Hope
 Confessions: Before all Masses
 Baptisms: By appointment
 Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
 A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
 "The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Life Began . . .

Life Began 18 October for Devin Ashley Millert, 6 pound son of HM3 Gary Millert of ENT and wife Barbara . . . 23 October for Jason James Carroll, 8 pound 5½ ounce son of HM3 Max Carroll of 7 North, and wife Phyllis . . . 23 October for Bridgett Ellen Hogan, 5 pound 14½ ounce daughter of LT Michael Hogan of Internal Medicine, and wife Eleanor . . . 25 October for Jennifer Anne James, 7 pound 13 ounce daughter of SGT Clyde James, Marine Liaison, and wife Joyce . . . 27 October for Katherine Dawn McReynolds, 6 pound 11 ounce daughter of LT Keith McReynolds of ENT, and wife Nancy.

Movie Schedule

6 November
 A GUNFIGHT — Kirk Douglas and Johnny Cash. Western. GP
7 & 8 November
 MURPHY'S WAR — Peter O'Toole and Sean Phillips. War Drama. GP
9 & 10 November
 PLAZA SUITE—Walter Matthau and Maureen Stapleton. Comedy-Drama. GP
11 & 12 November
 INVESTIGATION OF A CITIZEN ABOVE SUSPICION — Gian Maria Volonte and Florinda Balkan. Suspense Drama. R
13 November
 ESCAPE FROM THE PLANET OF THE APES — Kim Hunter and Roddy McDowall. Science Fiction. G
14 & 15 November
 THE PURSUIT OF HAPPINESS — Michael Sarrazin and Barbara Hershey. Drama. GP
16 & 17 November
 BLUE WATER, WHITE DEATH — No cast listed. Documentary. G
18 & 19 November
 SEX AND THE SINGLE GIRL—Tony Curtis and Natalie Wood. Comedy.
20 November
 DOCTORS' WIVES—Dyan Cannon and Richard Crenna. Drama. R

Who's Been Doing What . . .



LT Charles Quest, MC, received the Navy Achievement Medal for services as Medical Officer of Marine Forces in Vietnam. Earning his Orthopaedic Residency Certificate was CDR Walter Huerman. LT Ronald Faust, MC, was presented the Navy Commendation Medal with Combat V for Service in Vietnam as Battalion Surgeon with the Fifth Marines, First Marine Division. LT Barbara Foster, MC, augmented to the Regular Navy, and HMCS Paul Lightfoot received a Letter of Commendation in recognition of outstanding administrative services rendered while attached to Naval Hospital, San Diego.



Graduation day came for the lab tech class above. Front row, left to right, they are: HNs Debra Carraway and Roger Schmidt. Back row: HN Laymon Johnson, HM3 Leonard Costales, and HN Finis Sutterfield.

Health Benefits

(Continued from Page 1)

in the Outpatient Services Administrative Office, across from the General Practice Clinic.

A series of articles from the Health Benefits Counselor will appear in the "Oak Leaf," discussing various aspects of health care programs offered to active duty and retired sponsors and their dependents. The column will also answer questions most commonly asked about CHAMPUS.

Captain Clark Speaks

CAPT Gale Clark, MC, delivered a paper on "Post-traumatic Hemispherectomies" before the Western Neurosurgical Society at Colorado Springs on 1 November, 1971.

A Special Thank You

Paulyne Hamilton wishes to thank the staff of NH Oakland for their part in the collection of 120,000 Betty Crocker Coupons for a kidney machine.



EXEC-LINE

● I've noticed that a few letters are missing from the stone sign in front of the hospital main entrance. It's been this way since I came in July 1970 and I wondered why it hasn't been repaired.

Replacement letters for these signs are not available commercially. The special manufacture of these letters would be too expensive for the aesthetic value attained. The sign at the main entrance will be removed.

● Why can't there be a shelter built for motorcycles, seeing that the rainy season is around?

Shelters for motorcycles are not practicable any more so than for automobiles, nor are funds available for such construction.

● Why can't the lights in the outside stairwells of the barracks be left on later in the mornings? It's dangerous to walk down those stairs in the dark.

Since we have changed to Pacific Standard Time the timer should have been readjusted to correct the problem by now. If you notice further problems call the Trouble Desk (Extension 2307).

● I would like to commend the gate guard for his pleasant and accommodating manner. I'm sure he has had many lonely nights (he is on duty at 0645 when I come to work), yet he always greets people with a smile and a "have a nice day." There are too few people like him around and I think he deserves a good word.

There should be more of your kind as well as his! Thank you for your words of praise—they have been conveyed to Chief, Security Division. Courtesy is contagious!

● I wonder why the Sailor-of-the-Month has not been kept up. There doesn't seem to be anyone who can give me an answer as to why it has stopped.

As you will note in your recent issues of "The Oak Leaf," we are behind in our Sailor-of-the-Month by about one month, but we will be current by the time the next issue goes to press. Our Editor, Terry Bethel, was the Sailor-of-the-Month for August. September's and October's Sailors will be chosen at the meeting 4 November. All Chiefs of Service and Divisions are encouraged to submit nominees each month. Thank you for your call.

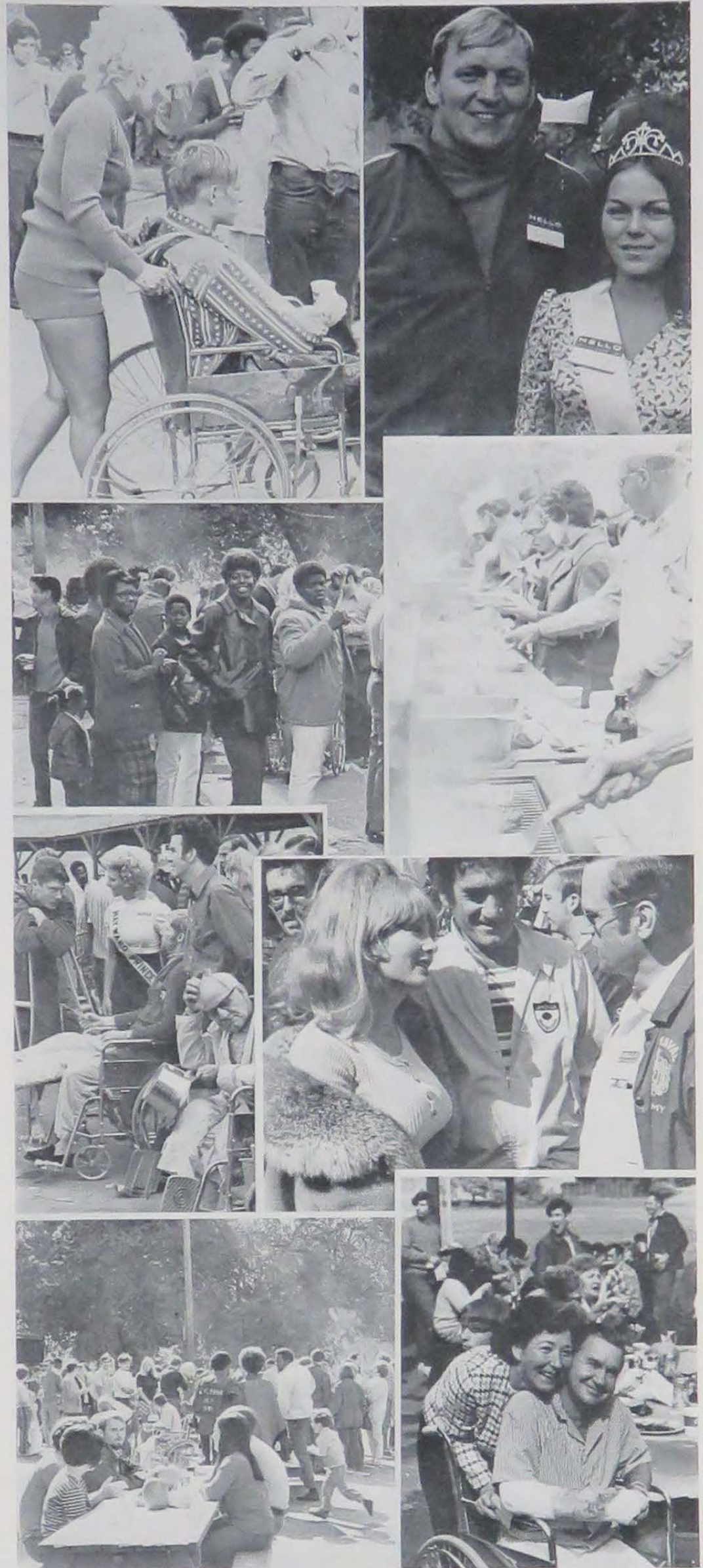
● How come the Mail Room isn't open on Saturdays? This Saturday I just came off nights and it was closed.

Mail Room hours as set forth in NAVHOSPINST 2710.1F are: Mon-Fri 0800-0830, 1000-1400, 1500-1630; Sat. 1000-1200 (Holiday weekends excluded). Your problem was on a holiday weekend. The stated hours accommodate the majority of personnel. Considering present workload, manning level and number of personnel served, changing the hours would not be practical at this time.



Graduation day came on 22 October for the X-Ray Techs pictured above. Front row, left to right: HM1 Lawrence Wiegale, HM3s Margaret Rienke and Michael Moldenhauer, HM2 Enrique Resultan, and CDR Robert Robl, Chief of Radiology. Back row: HM2 Robert Rosser, HM2 Dennis Underwood, HMC Alex Lewis, HM2s Michael Brown and Travis Olson, and HN Donald Lang.

Scenes From the All-Hands Bar-B-Que



Some of the scenes from the highly successful Naval Hospital's Fifth Annual All-Hands Venison Picnic presented by the citizens of Humboldt and Alameda Counties included, from the top, left to right: very attractive Helen Santucci giving SA Charles Cook a push; one of the biggest and one of the prettiest at the picnic were Jim "OO" Otto and Miss Hayward Fire Prevention; Military Personnel Office's Sylvia Howard and family awaiting their turn at the serving line; Some of the many who made it all possible and the fuel that made them move; Miss Hayward Princess helps lift the spirits of some of the patients; Carol Doda of the "Off Broadway Theater" and John Gutierrez, from the "On Broadway Theater" with our man on the scene, CAPT H. H.; The pumpkin crew and who else can you see?; finally, a patient from the 7th floor, DCC Avery Absher enjoying the fine sun, food, drink, and the company of one of the many volunteers.

Scuttlebutt

SIGHTS & SOUNDS: HM3 J. "Mouth" Bone receiving his "Nobody of the Year" award from his shipmates in EKG . . . Kris Clemens' secret lover . . . The #2 Hospital Ship, USS SANCTUARY, holding a reunion in the Officers' Mess . . . a pair of Chilly Chaplains were Chaplains Underhill and Trett during their recent camp-out . . . CAPT Fitchett's sister-in-law, ENS Frances Mullin, NC, reporting for duty . . . CDR Springer and CAPT Quigley getting lost on the elevator . . . 2nd floor, 1st, 2nd, Bingo! 3rd . . . Carol whOO? was at the All-Hands Picnic?

PARK PLACE and BOARD-WALK . . . Talk about the great job our NP techs do, how's this one—Rob Butler muttering upon leaving the info desk "Gotta rush, It's my turn at the monopoly board."

While assigned as nurse recruiter, LCDR Darby Reynolds was given a WHALE of an assignment—commissioning a porpoise. She is also one of four Navy Nurses who received the purple heart for wounds received in action in Vietnam.

On the subject of nurses, a certain friend has a parakeet named "A Boy Named Sue" who needs a new home, and Miss Spanier would like to give someone the bird. Anyone interested should contact her.

Eight new LTJG's having a bash at the "O" Club on the 10th—Hard Rock band—No Lawrence Welk—Casual—Should be a great wetting down—contact one of the Unholy Eight.

NewBee's at the last C.O.'s At Home were very happy leaving the Admiral's house . . . Mrs. Mahin makes a truly great punch.

New Bull Ensign reporting aboard the other day should be able to take the responsibilities of this important command position — he's a former HMCS . . . The next nice fresh Nurse Ensign that reports aboard will automatically become a what?????

All those young Med-Repairmen have a command sponsored Physical Fitness Program going—they ride a battery powered golf cart from the department to the main hospital . . . Have you seen those crazy looking sticks poking out behind when the cart is headed for the football field???

Hanging around the Special Services Division you can tell how beautiful the lady visitors are by the length of QMC(SS) B's giggle.

We thought we saw a flock of red breasted Robins Tuesday but it turned out to be someone wearing a p-r-e-t-t-y red shirt on a shortcut thru the trees—PX Mgr. Harry McAlister.

HM3 Bob Boyt says his wife will have a baby boy on his birthday—St. Patricks Day!

Quote from undercover reporter; "Hey did you hear that CDR Jean Heath had 6 Schnauzer puppies—all have ALNAV names.

Assistant Chief of Navy Personnel for Women is all for womens lib but a local Wave still prefers separate berthing arrangements.

Two nurses chatting on ward—"You should be able to handle them OK. If not, you have my permission to inflict moderate bodily harm."

Heard a rumor that ENS Hisoire had a party following his duty last week.

A special guest at the Chiefs



October meant advancement for eleven new Third Class Petty Officers. Left to right, they are: HM3s Roland Rodell, John Yost, Mike Munoz, YN3 Sue Clayton, HM3s Juan Juarez, Pam Zsoka, Kevin Hagen, Terry Iverson, Norman Anderson, John Hicks, and Lloyd Fryer.



October also meant advancement for the three men pictured with Admiral Mahin. Eduardo Bernal was promoted to HMC, James Moore is now an ASC, and James Hogerson was advanced to HML.

Sports Shorts

OR has captured the station flag football championship with an undisputed 6-0 won-lost record. Tomorrow there will be a playoff game for second place at 1200. NP will play Interns in the first game and the winner will then take on ENT for second place title.

Flag Football standings as of 1 November:

Team	W	L
OR	6	0
NP	4	2
ENT	4	2
Interns	4	2
Dental	1	5
OPD	1	5
Pharmacy	1	5

Male badminton players are needed to represent Naval Hospital Oakland in the 12ND Tournament to be held on 20 November at NAS Lemoore, starting at 1000. The tournament is open to all active military personnel. Call 2350 for more information.

Entries must be turned in by 12 November to arrange for transportation.

Intramural Basketball will play all home games at King Jr. High and all Varsity home games will be at NAS Alameda or the Coast Guard Base on Government Island this year. The first game will be played on 16 November against

Costume party was seen wearing an exquisite medium length coif—is that the reason for all of the SEA's special liberty?

Our sympathy to Kris' cat, who is ill.

Hunters Point at NAS Alameda at 2000.

Twelfth Naval District wrestling gets underway 1 December, starting with an invitational meet at Hunters Point Naval Shipyard, with six matches to follow weekly. The season will be culminated by the 12ND Championships at U.S. Coast Guard Base on 4 March at 0800. Contact Ron Brown at Extension 2350.

The 1971-72 Intramural Basketball Season will get underway 1 December 1971, so start forming your teams now. Entry blanks will be distributed by the Athletic Director. If you don't get a copy call Extension 2350 and one will be sent to you.

Hail & Farewell

ENLISTED REPORTING
Reporting from Naval Hospital Corps School San Diego were HM2 Michael Warnke, HM3 Larry Harris, HNs Jeffrey Smith, Harold Summitt, Kjartan Armann, Paul Westberg, and HAs Brent Scott, Thomas Deppe, Steven Stockwell, Stephen Thebaut, Larry Lint, Neal Harris, Joseph Jaber, Ronald Hooks, Michael Cossey, Eduardo Almodovar, Curtis Jones, Edwin Craven. Reporting from Naval Hospital Corps School Great Lakes were HM3 Sterling Walden, HN Linda Jackson, HAs Mary Chesnutt, Donna Terry, Nancy Hulvey, and Joan Kallberg. HM2 Robert Busey reported from Naval Air Station Alameda, and HMC David Curtis from Naval Hospital Guam.

ENLISTED DETACHED
Detached to Naval Air Station Miramar are HM3s Clair Ford, John Bradbury and HN Gregory Raile; to Naval Dispensary TI: HNs Hazel Culver and Eugene Diaz III; to Naval Med Research Unit went HM1 Murphy Clark. Discharged from the USN is HM3 Debra Heilshorn and Benito Sanchez was released to inactive duty in Naval Reserves.

OFFICERS REPORTING
Nurse Corps reportees include Ensigns Pamela Brown, Margaret Raines, Donald Phillips, Kathleen Shea, Francis Mullin, Cathrine Spangler, Judy Vian, Cristy Williams, and Gary Gantz.

OFFICERS DETACHED
LTJG Karen Smith, NC, was detached to Roosevelt Roads, Puerto Rico.



From the Judge Advocate

1. A new California statute permits purchasers from door-to-door (home solicitation) salesmen to rescind their contracts under certain conditions. The amount of the contract must be for more than \$50.00 and written notice of cancellation must be made within 3 days of signing. It is recommended that any such notice be made by registered or certified mail and any slip received from the Post Office be retained. The buyer must return any goods received by him in good condition, but the seller must pick them up at the buyer's home within 20 days.

Knowledge is what you learn from others.

Wisdom is what you teach yourself. You need both to live safely.

—usn—

The first step toward safety is yours—Make it count!

—usn—



The OAK LEAF

Vol. 33, No. 23

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 19 November 1971

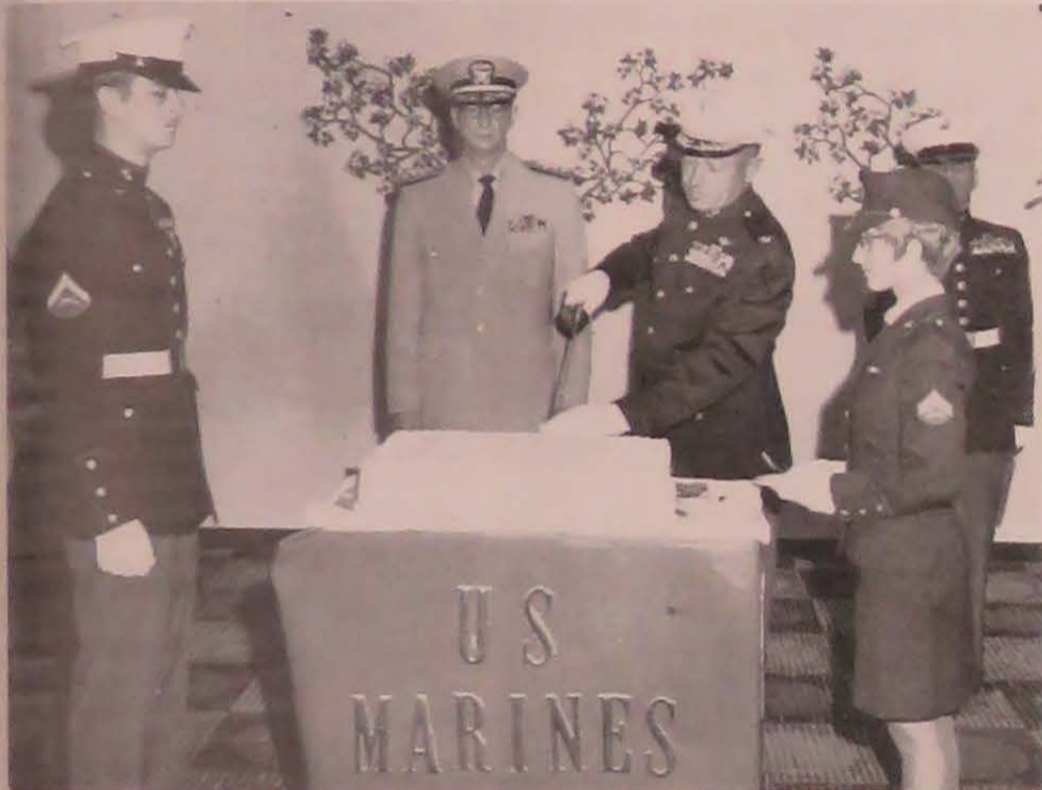


1971 CFC Contributions Break All Time NH Oakland Record

From the Commanding Officer

The contributions of well over \$11,000 to the United Crusade has topped all previous efforts. I wish to extend my personal thanks to all those who contributed and to all those who assisted in the Campaign. This marvelous effort of all concerned reflects the deep concern and the sense of community responsibility held by individuals in our hospital community. Thank you all for your contributions.

H. P. MAHIN, RADM, MC, USN



The traditional cake-cutting ceremony marked the 196th anniversary of the Marine Corps on 10 November. Speaker for the occasion was COL Thomas E. Mulvihill, cutting the cake in the photo above. Also pictured are LCPL M. Broddrick, CPL L. Capes, and SGTMAJ J. Jaunal.

Your Survivor's Assistance Fund

Do you know what the Survivor's Assistance Fund is? If not, you owe it to your family to learn about the program. The Survivor's Assistance Fund is an organization designed for Civil Service employees here, whereby the beneficiary of a deceased employee receives an immediate death gratuity.

As a member, a civilian employee contributes an initial membership fee of \$2.00 to the fund. Upon the death of a Civil Service employee who is in the Survivor's Assistance Fund, each member gives \$1.00, and the named beneficiary of the deceased receives one-half the amount in the fund THE NEXT DAY.

Representatives to contact for

Academy Appointments

Each year the Secretary of the Navy may appoint 85 enlisted men from the Regular Navy or Regular Marine Corps and 85 enlisted men from the Naval or Marine Corps Reserves (active or inactive) to the Naval Academy.

The United States Naval Academy offers an outstanding oppor-

(Continued on page 2)

more detailed information are: Mr. Frank Quezada, President, at Extension 2204; Mrs. Lillian Peterson, Vice President, Extension 2140; and Mrs. Nancy Russell, Secretary-Treasurer, at Extension 2177.

A special meeting of the Board of Directors is planned within the next month, and will be announced later. Everyone interested is invited to attend.

Dental's Raymond Kilian September Sailor of Month

Dental Technician Second Class Raymond Kilian, dental radiographic technician, has been chosen as Sailor of the Month for September. The native Texan was commended by Admiral Mahin for his "outstanding performance of duty in the Dental Service." Also noted in the letter accompanying the honor was Kilian's "exceptional aptitude, diligence and efficiency continuously displayed in professional day-to-day activities on the Dental Service."

Ray enlisted in the Navy in November 1967 after graduating from Giddings High School, Giddings, Texas. Following boot camp and Dental Technician School in San Diego, Ray received orders for Headquarters Support Activity, Taipei, Taiwan, where he met his wife, Charlene. Fifteen months later he left Taiwan for Field Medical School and a year in Vietnam.

Now at Oakland Naval Hospital



since last January, Ray attends evening classes at Merritt College and is making plans to return to Taiwan next February.

Mr. and Miss CFC Are Crowned



Mr. and Miss Combined Federal Campaign, LTJG Mary Ellen Meyer and Mr. Carroll Jones, received their crowns and congratulations from Admiral Mahin on 10 November. The two winners will each receive dinner for two at Trader Vic's Restaurant.

NWCA Offering Gift Wrapping Service

NWCA #160 will have Christmas Gift Wrapping available 11 December and continuing through 23 December on the second floor in the Navy Exchange, Bldg. 38.

HOURS:

Daily—11 a.m. to 5 p.m.

Saturday—10 a.m. to 1 p.m.

Prices will be posted at the gift wrapping booth.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HMI R. C. Bishop, HN Ira Diamond, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

ANOTHER 'COST OF LIVING INDEX'???

Some years ago, an editor of a leading magazine wrote: "It is a good thing to have money and it is a good thing to have the things that money will buy; it is good, too, to check up once in a while and make sure that you haven't lost the things that money can't buy."

How many things can you name that can't be bought with money? Actually, there are many. To name a few: Money can't buy happiness—happiness is a mental attitude. Money can't buy a clear conscience—honesty is the price tag. Money can't buy inward peace—peace is the result of a constructive philosophy of life. Money can't buy character—character is what we are when alone with ourselves.

In our era where we are accustomed to hear such titles as 'War on Poverty,' wouldn't it be a good thing to check up now and then to be sure we are not missing the above things???

LT ROBERT GROTHAUS, CHC, USNR

Divine Services

PROTESTANT
 SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
 1030 Main Chapel*
 SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*
 HOLY COMMUNION: First Sunday of each month
 Weddings and Baptisms: By appointment
 Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
 SUNDAY MASS—0830 Clinical Assembly (Third Floor)
 1215 Main Chapel*
 DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)
 HOLY DAYS OF OBLIGATION
 1200 Mass, Chapel of Hope
 1630 Mass, Chapel of Hope
 Confessions: Before all Masses
 Baptisms: By appointment
 Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.

A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.



It was good-bye to fellow chiefs and co-workers when HMC Billy G. Wilmoth walked out of the hospital for the last time as an active duty service man on 1 November. Chief Wilmoth transferred to the Fleet Reserve on that date after twenty years of service and will now live in San Ramon. From there he will commute to San Francisco where he will be the Administrative Supervisor at Erwin Memorial Blood Bank.



EXEC-LINE

● I'd like to know if the Barracks MAA can make us do field day after working nights. If so, can he make it later, like 1300 or 1400 instead of 0700?

It is required that each shift complete their field day at the end of their shift. This is only one day of the week and should be no burden.

● I'm the guard mail driver and have had a lot of trouble finding parking space by staff sick call where it's clearly marked "for official vehicles only" and it's always filled with unauthorized cars. It seems like Security hasn't been giving them tickets or anything.

Security drivers have been instructed to check the area by staff sick call more frequently. Please notify Security promptly if the trouble recurs.

● My complaint is that this base needs more than one branch of a bank. The service has gotten to be quite inadequate and inconvenient for people. If we could have another bank here it would inspire the present branch to improve its services.

If you have specific complaints about the bank please let them be known to the banking officer, LT Kahn in the Legal Office, 3rd deck, Bldg. 500. SECNAV instructions governing banking facilities on Navy installations state that only one such institution will be permitted except in most unusual cases. Any complaints regarding banking services which cannot be resolved by the branch manager should be referred to the Legal Officer (Staff Judge Advocate) for assistance.

● I'd like to complain about the TV being turned off in the barracks after 2300.

A change to Hospital Instruction 11101.1 series is being effected. There is no longer a time limit on the use of TV in the barracks as long as the privilege is not abused. Sound level must be kept low in order not to disturb those occupants who are sleeping.

Further comment on last issue's answer concerning lights in stairwells outside barracks: Public Works reports that many lights have been kicked out repeatedly and repaired continuously at considerable expense. This is a dangerous and irresponsible act of vandalism and should be reported by anyone witnessing such a destructive act.



CDR Jay Cox presents HM3s Gary Messersmith, Nick Aguirre, Jim Havens, and Danny Javar their Certificates of Completion of the Advanced Practical Course on Emergency Care of the Sick and Injured from the Committee on Injuries of the American Academy of Orthopedic Surgeons, as CAPT Ira Woodstein, Chief of Orthopedics, looks on. HM2 Lewis Rashkin was not present for the picture.

For the past three years Dr. Cox and Ortho Techs from NH Oakland have been instructing ambulance drivers, firemen, and other civilians in proper techniques of emergency care and splinting of fractures and dislocations.

Academy Appointments

(Continued from Page 1)

tunity for qualified young men to embark on a career as officers in the United States Navy or United States Marine Corps. Students at the Naval Academy are Midshipmen, U.S. Navy, receiving pay of one-half an Ensign's base pay per month, plus tuition, room, and board. Upon graduation they receive a Bachelor of Science degree, choosing one of 26 majors offered, and a commission in the Regular Navy or Regular Marine Corps.

Graduates are obligated to serve at least 5 years on active duty after graduation.

Basic qualifications:

- GCT/ARI of 120 or higher
- Age: 17 and not have passed 22nd birthday on 1 July 1972
- Never married
- U.S. Citizen
- Good scholastic record
- Excellent physical condition
- Member of the naval service since 1 July 1971
- See your Career Counselor in Bldg. 105 today!

Vet's Christmas Committee Meets

As constant as the need for them, the Veteran Hospitals' Christmas Committee met for the 48th consecutive year at an annual dinner on 8 November to bring the members together.

Senator Knowland, editor and publisher of the OAKLAND TRIBUNE, spoke for the 70 committee members in attendance when he said that the VHCC's purpose is to show the men who serve our country that they are not and will not be forgotten.



Mary Valle, Admiral Mahin, Senator Knowland, and Larry Rodriggs helped Santa get the Christmas season off to a good start at this year's annual Veteran Hospitals' Christmas Committee dinner.

Admiral Mahin hosted the annual dinner in which he thanked the members for their "fine efforts over the years and their many years of service."

Mary Valle, a member of the Christmas Committee since its origin 48 years ago, was given the center seat at the head table and dubbed "Miss VHCC" by Mr. Larry Rodriggs, committee president.

Also honored at the dinner was Mr. Joe Tofanelli, director on NH Oakland's committee for the last 20 years. Mr. Tofanelli begins the "day of decorations" at 6:30 in the morning and puts up trees, ornaments, sleighs and bells until the hospital is completely adorned for Christmas.

The excellent entertainment for the evening was coordinated by retiring president Larry Rodriggs and included a Barbershop Quartet, an Hawaiian duet, and a selection of serenades by Tony Fernandez.

Through the efforts of the VHCC, the patients and staff can expect to see such performers as Jerry Van Dyke and the Young Bloods plus many more popular entertainers to make this Christmas one of their fondest memories.

Movie Schedule

21 & 22 November
VON RICHTHOFEN AND BROWN—
John Phillip Law and Don Stroud. War
Drama. GP

23 & 24 November
POINT OF TERROR (& SHORT)—
Peter Carpenter and Dyanne Thorne.
Mystery Drama. R

(Continued on Page 4)

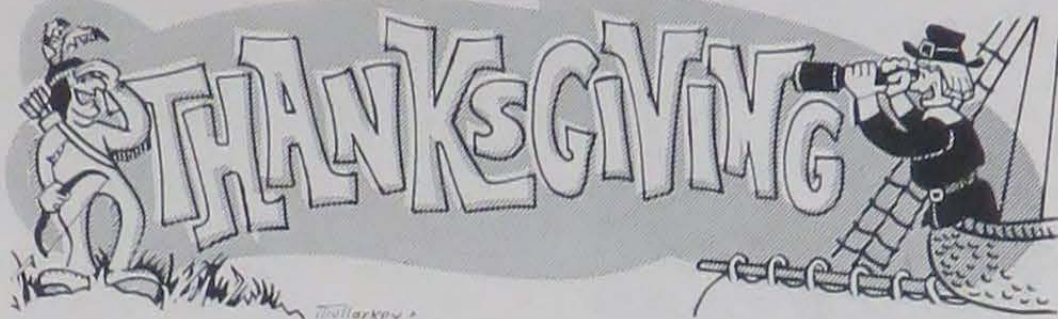
Life Began at NH Oakland . . .

Life Began 6 November for Sara Camille Howard, 7 pound daughter of LT John Howard, General Medical Officer, and wife Joan . . . 7 November for Thomas Ashley Weaver, 8 pound 9 ounce son of

HM3 Terry Weaver of X-Ray and wife Donna . . . 11 November for Eric Stewart Thompson, 8 pound 10 ounce son of LT Stanley Thompson of 9-NE and wife Gwendolyn.



The latest OR technician class, no. 7103, graduated on 29 October. The grads are, front row, left to right; HN's Robert Figueroa, Rodger Arriola, HM3 Lawrence Wilcox, HN's Karl Newton and Stephen Waskey, and HM2 John Bendele, instructor. Back row, HM3s Brant Erickson, David Brown, Lawrence Vincent, HN Charles Nixon, and HM3 Harold Herbst. Seated are CDR Nancy Jacques, CDR Richard Deaner, CAPT Hubbard, Executive Officer, CAPT Vernon Fitchett, and LCDR Wanda Kelly.



Traditionally we "observe" Thanksgiving Day each November; perhaps it is well to be reminded of the importance of "keeping" Thanksgiving which is more, much more. The spirit of the season is thankfulness and open gratitude for the blessings of the good life. What then would the "keeping" of Thanksgiving mean? Keeping conveys a sense of personal worth, continuing practice, it has a distinct quality of endurance. We want it so we keep it. As military and civilian staff, active duty and dependent patients, may we join together on this national day of observance and begin the "keeping" of Thanksgiving.

H. P. MAHIN, Rear Admiral, MC, USN

THANKSGIVING MENU

Chilled Fresh Fruitcup	Tomato Juice Cocktail
French Onion Soup/Croutons	
ROAST TOM TURKEY	
Oyster Dressing	Giblet Gravy
	Cranberry Sauce
STEAMSHIP ROAST OF BEEF	
	Mushroom Gravy
BAKED HAM	
	Fruited Sauce
ROAST LEG OF LAMB	
	Mint Jelly
Fluffy Whipped Potatoes	Candied Sweet Potatoes
Buttered Corn	Milk
Chef's Salad Bowl	Tea
Blue Cheese Dressing	Coffee
French Dressing	Ice Cream
Thousand Island Dressing	Apple Pie with Cheese Wedge
	Cherry Cheese Cake

Scuttlebutt

WHAT A WETTING DOWN!!! LTJGs Connie, Sam, Mike, Ralph, Jerry, Irv, and Larry were host and hostess—they all went early to get a head start on the partying—had a great wet time . . . CDR Eve Gagnon seen dancing in a nice blue pantsuit . . . really knows how to swing . . . hear she learned that in Philly . . . Ex-JG Jerry H. looking great in suede, gap-laced knee-length boots and beads . . . Two of NavHosp's Famous Foursome of D.O.M. were in attendance. Old Faithful and Eye-Full Tower. Long and short of it—Steve and Connie doing the Frug . . . AWO LT Wallace checking it out . . . Larry Laursen danced well and long, but don't ask him whom he danced with; we're certain he's not sure.

The CO laughingly told Mr. Jones, our Mr. CFC winner, that he had to

wear his crown all day . . . and he did! But why not; anyone who would come in off of leave to campaign deserves recognition. We need more like you, Mr. Jones.

Karate instructor at NH Oakland, HM3 Stuckey, spent a hum-drum leave in Washington, D. C. . . . breaking 22 concrete tiles and sparring with a Karate expert for four hours.

CDR Marty Springer, our dietitian, is seldom seen eating at the Mess Hall. The reason: her weakness for Big Mac hamburgers.

Our under covers reporter tells us a soon-to-retire officer has red white and blue P.J.s and scrambled eggs on his nightcap.

Miss Rita Hayes, ARC, says she is proud to have served aboard the #2 Hospital Ship, SANCTUARY. Who is #1?

Mrs. Winfry, poetic nurse of 9-NE says this about her cohorts: "Birds of a feather flock together; We're all dirty birds."

Jolly green LCDR M. Corbett served up a giant nine inch cucumber to his secretary in Personnel . . . Ho! Ho! Ho! Which valley was that one from?

Local Karate expert says he has a nine foot radius around his body in which he has complete control over his opponent—has he tried Ban?

One of the OR nurses seen bawling in the back room. Seems she tickles easily and cries when she laughs.

One late afternoon two deer were seen grazing on the hillside below the Admiral's quarters. Isn't it nice to see something that pollution hasn't wilted, clouded, or made smelly? One drawback—the Admiral's flowers are becoming a bit ragged after Bambi's munching.

Know Your Staff



It's not every fireman who can break down the door of a blazing room with his hand instead of an ax, but that is one claim Daniel Guieb can make. Since last August, four months after his discharge from the Marine Corps, Dan has been training as a member of the hospital's fire department.

Born in the Philippine Islands, Dan and his family came to the United States to live in San Francisco where he later graduated from Galileo High School and the following year he enrolled in City College. After his Freshman year Dan enlisted in the Marine Corps, working as a supply man at El Toro, Okinawa, and Vietnam.

Following his release from the Marines, Dan started his career as a Civil Service fireman for NH Oakland, which got off to a "blazing" start, with the hillside fire we had in August on his first day at work.

Dan's door breaking ability comes from his karate talents, which he has been working with since 1966. In August he took second place in the Amador Valley Karate Championships and last month Dan placed first in the All-American Championships held at the Oakland Coliseum. When off duty Dan instructs 30 students in the art of karate at a school in San Francisco.

A reminder to volleyball enthusiasts; Start warming up now. The season gets underway after the first of the year.

The following is a schedule of the 12ND Varsity Basketball games for Oakland Naval Hospital. All home games will be played at NAS Alameda with the exception of 18 November and 14 December games, which will be played at the Coast Guard station.

DAY	DATE	TEAM	TIME
TUESDAY	NOV. 16	HUNTERS POINT AT NAVAL HOSPITAL	2000
THURSDAY	NOV. 18	MIDWAY AT NAVAL HOSPITAL	2000
MONDAY	NOV. 22	CONCORD AT CONCORD	2000
TUESDAY	NOV. 23	SKAGGS AT NAVAL HOSPITAL	2000
THURSDAY	DEC. 2	ALAMEDA AT NAVAL HOSPITAL	2000
TUESDAY	DEC. 7	COAST GUARD AT COAST GUARD	2000
THURSDAY	DEC. 9	MARE ISLAND AT MARE ISLAND	2000
SATURDAY	DEC. 11	LEMOORE AT LEMOORE	1900
TUESDAY	DEC. 14	MARE ISLAND AT NAVAL HOSPITAL	2000
THURSDAY	DEC. 16	CONCORD AT NAVAL HOSPITAL	2000
TUESDAY	JAN. 4	MOFFETT FIELD AT MOFFETT FIELD	2000
THURSDAY	JAN. 6	HUNTERS POINT AT HUNTERS POINT	2000
TUESDAY	JAN. 11	MIDWAY AT MIDWAY	2000
THURSDAY	JAN. 13	SKAGGS AT SKAGGS	2000
SATURDAY	JAN. 15	LEMOORE AT NAVAL HOSPITAL	1300
THURSDAY	JAN. 20	ALAMEDA AT ALAMEDA	2000
TUESDAY	JAN. 25	COAST GUARD AT NAVAL HOSPITAL	2000
THURSDAY	JAN. 27	MOFFETT FIELD AT NAVAL HOSPITAL	2000

Hail & Farewell

OFFICERS REPORTING:
ENS Kenneth Shannon, MSC, reported from the Naval School of Health Care Administration, Bethesda, Maryland, and LT John Smith, MSC, reported from inactive duty.

OFFICERS DETACHED:
LCDR Richard Payton, MSC, was detached to Naval Postgraduate School, Monterey, California.

ENLISTED REPORTING:
From Naval Hospital Corps School, San Diego, came: HAs Michael Woods, Robert Billheimer, Stephen Owen, Gerald Graham, Clyde Smith, John Klabacha, William Wann, James Staker, John Cinkan, Dana Whittish, Monty Carter, Darwin Irvine, HNs William Pritchard, Edward Jameson, Alexander Smith, III, Ronald Turpin, Jim Coffman, Roderic Kemnow, Karl Heaton, John Rowles, and HM3s Bruce Mills and Wayne Donaldson.

HM2 Lee Lussier reported from Naval Ammunition Depot, Oahu, Hawaii.

ENLISTED DETACHED:
HM2 Jack Love was detached to Naval Hospital, Guam, and HM3 David Brown went to Naval Hospital, Lemoore, Calif.

Sports Shorts

NP has captured second place after defeating the Interns 18-12 in the first of a double elimination contest and by beating ENT in the second game with a score of 20-12. Scoring for NP in the second game started with a pass from Olsson to Youngblood for ten yards and the PAT going from Olsson to Carter. Touchdown number two came with Youngblood's interception on the 18 yard line that he ran in for six. The final TD was a ten yard run with Olsson carrying. Olsson to Youngblood was the combination for NP's PAT.

ENT's 12 points came from a four yard run by Combs in the first half and an interception and score by Lewis in the second.

The play-off games left OR in first place and NP holding second for the season's end.

Intramural Basketball gets underway on 1 December. Eleven teams have signed up for competition this year. They are; Pharmacy, Lab, Anesthesia, Orthopedics, Administration, GMO, OR, NP, Marine Liaison, Inhalation Therapy, and Internal Medicine. All games will be played at King Jr. High School, with the first game beginning at 1800 and the second at 2100. ROOTERS WELCOME!

The season will be culminated with a play-off series between the top four teams.

Twelfth Naval District Wrestling begins 1 December, starting with an invitational meet at Hunters Point Naval Shipyard, with six matches to follow weekly. The season will be topped off with the 12ND Championships at the Coast Guard Base on 4 March at 0800. Contact Ron Brown for entries.

CHAMPUS Corner

This is the first in a series of articles explaining benefits for eligible persons under the CHAMPUS program, courtesy of your Health Benefits Counselor.

ELIGIBILITY: The only credentials required to be eligible for CHAMPUS benefits are a valid I.D. card proving that you are the dependent of an active duty member of the Uniformed Services, a retired member of the Uniformed Services, or a dependent of that retired member, and that you are under the age of 65. Those over the age of 65 come under the MEDICARE program, and are no longer eligible for CHAMPUS benefits, but they retain the privileges of the use of Uniformed Services Medical Facilities.



Who's Been Doing What . . .



BM1 John Stumborg, a patient at NH Oakland, received the Navy Achievement Medal for his safe navigation of a treacherous channel in a small craft while serving in the Republic of Vietnam. Fire Chief Ray Merrill was presented third place honors in the 1970 Fire Prevention Contest sponsored by the National Fire Protection Association. The awards are presented annually to those activities that have achieved superior performance in their fire prevention efforts during the previous year. HM2 Robert Busey received a Letter of Commendation for service with a Battalion Aid Station, Third Marine Division, Vietnam. HM1 John Davis pinned on his first Good Conduct Medal on 8 November.

More Movies (Continued from Page 3)

25 & 26 November
DIAMOND HEAD — Charlton Heston and Yvette Mimieux. Drama
27 November
WHAT'S THE MATTER WITH HELEN? — Debbie Reynolds and Shelley Winters. Suspense Drama. GP
28 & 29 November
THE LAWMAN — Burt Lancaster and Robert Ryan. Western. GP

30 Nov. & 1 Dec.
HUSBANDS — Peter Falk and Barbra Streisand. Comedy Drama. GP
2 & 3 December
BORSALINO — Jean-Paul Belmondo and Alain Delon. Drama. GP
4 December
THEY MIGHT BE GIANTS (A SHORT) — Joanne Woodward and George C. Scott. Comedy Adventure.

The OAK LEAF



Vol. 33, No. 24

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 3 December 1971

1941—Pearl Harbor 30th Anniversary—1971



At 0800 on Sunday morning, 7 December 1941, a light northern trade-wind carried death to more than two thousand men at Pearl Harbor, beginning 1364 days of war for the United States. In only two hours, the United States Navy lost nearly three times as many men as it lost by enemy action in two previous wars; the Spanish-American and World War I. Today, thirty years later, America's Navy continues the vigil for peace, that the "day of infamy" is never repeated.

Three Month Wage Freeze Ends With Largest Pay Raise In History

With the end of the three-month pay freeze has come the biggest military pay raise in history. The new pay bill places most of the increase on the first-terminer pay. First enlistment basic pay has been raised an average of 68 per cent and entry basic pay has increased 100 per cent; from \$134.00 per month to \$268.00.

Some 50,000 junior officers and 1.4 million enlisted men on active duty will be affected by the basic pay raises.

The bill eliminates much of the inequity between the 1.6 million

servicemen living in government quarters and the 1.0 million members who are required to secure civilian housing. The new BAQ rates achieve 85 per cent of the Federal Housing Administration's standard for housing expenses, based on a Nationwide survey. The bill adds up to \$87 a month to the tax-free quarters allowances of officers and enlisted men, bringing the basic allowance for quarters up to the 85 per cent FHA-determined formula.

Turn to page four for a table of new pay rates effective 14 Nov.

PN2 Mark Nelson Named October's Sailor of Month



In the darkest of moments

A nation is wounded,

Rights herself

And pushes on.

Her wounds give her strength

And urge her to victory.

Time passes,

The wound heals

But leaves a mark.

The mark is her reminder

Of what has been and could be again.

She does not forget.

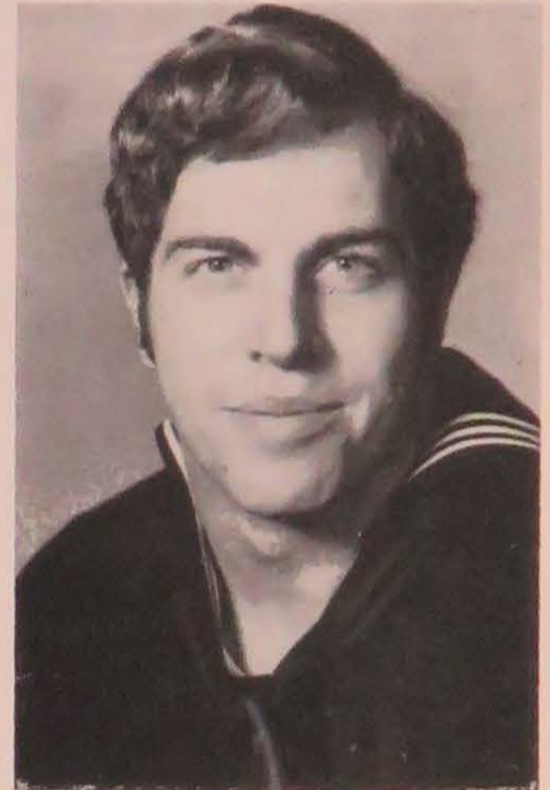
by JO3 Jim Deken, USN



Get Your Diploma: Enroll Now, Bldg. 105

Courses begin next Tuesday, 7 December, for anyone wishing to complete his high school education. The classes are held at 1300 every Tuesday and Thursday in Building 105 (Education and Training). The course is free to military and lasts eight weeks. Interested personnel should contact Mr. Robert Fuller, instructor, or Becky Pappas at Extension 2237.

Also coming to the hospital is a math class to begin in January. Basic math and algebra will be covered in the course, structured according to the student's progress. The course will cost \$3.00 for dependents and civilians and is free to military. The courses are not limited to personnel attached only to this command, but are open to the public. Anyone interested should call HMC Russo in Education and Training.



October's Sailor of the Month is PN2 Mark Nelson of the Enlisted Military Personnel Office. Mark, who was cited for his excellence in training and dedication to duty, was also commended in the accompanying letter for his "capabilities in planning workloads to complete an extremely heavy schedule and willingness to work many extra hours without being requested, greatly enhancing the effectiveness of the Enlisted Military Personnel Office."

Mark hails from Salt Lake City, where he attended Skyline High School and the University of Utah before enlisting in the Navy in May 1968. "I had a big choice," he said, "either Great Lakes or San Diego; so I completed boot camp at San Diego and reported aboard the USS PRICHETT as an FA." Seventeen months later Mark stepped off the PRICHETT as a PN3 and boarded the USS PREBLE. In March of 1971 October's Sailor reported to Oakland Naval Hospital, where he now handles almost anything except discharges, receiving, or transfers.

The 23-year-old sailor and his wife, Joan, enjoy bicycling, hiking, camping, and skiing. Mark hopes to return to civilian life next February and complete his education, majoring in Physical Therapy.

Why Pay More?

Why call out for that pizza when you can dial the EM Snack Bar, 2160? Service with a smile and you get what you pay for.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CAPT John C. Courtney, MSC, USN, Administrative Officer
 Editor: HM3 Terry Bethel
 Photography: HMI R. C. Bishop, HN Ira Diamond, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

VISITOR FROM OUTER SPACE

The hearts and minds of our generation are captivated by the advances of scientific research in exploring outer space—the visitations to the moon and now Mariner IX orbiting Mars. The aspirations of the astro scientific community are to plumb the depths, entering into the mysteries of the universe. This moment of time is exciting and breathtaking, a wonderful and remarkable technological age in which to live.

In the month of December we are reminded that CHRISTMAS is the anniversary of the greatest of all visitations FROM outer space. Nearly 2000 years ago the world entertained, in very humble circumstances, the most distinguished visitor from outer space. It was a day when eternity invaded time and creation encountered the Creator.

In the rush and pressure of activities associated with the holidays, take time to read and meditate upon the marvel of the Christmas story. It is found in the Gospel of St. Luke, Chapter 2.

CDR R. G. CALDWELL, CHC, USN

Divine Services

<p>PROTESTANT SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor) 1030 Main Chapel* SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex* HOLY COMMUNION: First Sunday of each month Weddings and Baptisms: By appointment Choir Rehearsals: Every Wednesday at 1930</p>	<p>CATHOLIC SUNDAY MASS—0830 Clinical Assembly (Third Floor) 1215 Main Chapel* DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.) HOLY DAYS OF OBLIGATION 1200 Mass, Chapel of Hope 1630 Mass, Chapel of Hope Confessions: Before all Masses Baptisms: By appointment Rosary: 1150 (Before Daily Masses)</p>
---	--

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
 A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
 "The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.



Thanks to the generosity of the California, Vallejo, and Alameda County Women's Bowling Associations, plus many others, the patients and staff of NH Oakland will have many hours of pleasant viewing with the three color television sets they donated to the hospital in the last year.

New Gold For Seven



Most recent MSC promotions are those of LTs Michael Drobot of Out-patient Service, Lynn Hartung of Physical Therapy, and LT Buddy Sparks, Admiral's Aide.

In the lower picture Admiral Mahin happily congratulates NH Oakland's newest Nurse Corps LTJGs. Left to right, they are: Kathleen Pangle, Suzanne Malloy, Claudine Coleman, and Elizabeth Myers.

Fire Chief Says . . .

Don't Scorch Your Christmas Holidays

Maybe you have snickered scornfully at the grand array of modern fire apparatus lined up in your city's streets to extinguish a blaze in some careless smoker's wastebasket. Before you choke with mirth or explode with indignation at "this waste of the taxpayers' money," remember that an overturned lamp in a cowshed started the great Chicago fire. That holocaust of flame could have been prevented, if mistaken directions had not delayed the first engines five minutes. So the fireman's motto is: "GET THERE FIRSTEST WITH THE MOSTEST!"

But that little ounce of prevention that Sam Slick advocated as being worth a pound of cure, really starts before that tiny blaze bursts forth. Sit back a moment and think hard about that most appalling statistic—three out of four of all the fires in America should not have happened!

That spells out over 300,000 homes ablaze every year due to carelessness. It also means that every year more than 3,500 American men, women, and children—most of them CHILDREN—are burned to death in their homes, needlessly.

Nearly 4,000 children die in fires every year. Thousands more are maimed or disfigured. Many of these deaths and injuries can be prevented by making homes safe from fire. But, to their everlasting ignominy, the parents of the little victims could not be bothered with such "nuisances."

Where children are concerned:
 Never leave matches where children can find them. Put them in a metal container out of reach of the young.

Never leave children in your home unattended. If you must be away, arrange for a mature, dependable baby sitter. Instruct the baby sitter explicitly as to what to do in the event of fire. Never use candles at a child's party.

If there is a fire in your home:

The first thing all fire authorities agree on is the importance of remaining calm. More lives have been lost by hysteria than by fire itself.

Children should be trained to act properly in the event of fire. They, and you, should know where the nearest fire alarm box is located and how to call the fire department by telephone.

You should not try to fight the fire. Concentrate on getting yourself and family to safety. Familiarize yourself with at least two escape routes out of the building.

Apparently it is all but impossible for a human being to profit by another's experience. We must each beat our brains out learning firsthand the lessons of life. When we have learned by direct, often bitter, experience, then it is often too late to profit from it.

Aikido: A New 'Twist' To Karate

NH Oakland has initiated a class in the art of karate, taught by two of our corpsmen, HM3 Stuckey, a fourth-degree black belt, and HM2 Elwood, who holds a brown belt in Karate. The two instructors have offered the following view of a particular form of unarmed defense; Aikido.

Aikido is a "mental" martial art. In describing the effects of Aikido it might be best to express it in the terms of utilizing "mind over matter" in throwing your opponent to the ground.

In Judo, for example, leverage is of prime importance, and despite what most Judokas (students of Judo) may say, strength is also required to achieve the end result; throwing one's opponent to the mat. Although minimal, force must be applied to a lever to cause the work of throwing to occur. In Aikido, the force which is "applied" is a natural force of nature. This force is represented as Ki (known to some as Tao).

Aikido teaches these laws of nature and the mental discipline necessary for control. It is the mastering of these mental disciplines which is the most difficult aspect of Aikido.

The one-point is approximately two fingers below the navel, or what is known as the center of balance for a human being. Once the one-point is reached, maintaining the mind there becomes progressively less difficult, allowing the flow of Ki to be manipulated.

In utilizing Aikido, the opponent is thrown by concentrating the



Elwood and Stucky demonstrate the wrist throw for the younger students.

flow of Ki and the mind in the direction the opponent must go, and then gently and with total relaxation following the flow with the movements of your body. If done properly, the opponent's Ki will follow yours, and his body will follow the movement of his Ki. The result; the opponent falls to the ground.



EXEC-LINE

● There are some of us here in BEQ who have been here 2 to 3 weeks and still do not have keys to the rooms.

Records at the BEQ disclose that you have never checked in at the quarters. Further inquiry disclosed that you had been sleeping in the duty watch room. You now have an assigned room and key.

● I want to complain about the third deck snack bar. After 10 a.m. you can't get bacon and eggs except as separate individual orders. You can have an egg sandwich or a bacon sandwich but you can't have it together as breakfast. I want to suggest that we have breakfast available all day.

As of 30 November, 1971 bacon and eggs will be served any time that the snack bar is open.

● I turned in a beneficial suggestion in December 1970 about putting rubber bumpers on door jams. They turned me down as not qualified for an award but in November 1971 a job order came through to do what I suggested. Why do they want beneficial suggestions if they turn them down and then turn around and use them? I've turned in a half dozen Bennies and they've all been turned down.

On the instruction sheet you used for the beneficial suggestions are statements that will clarify your situation. The current regulations provide that ideas related to services or benefits to employees, working conditions, buildings and grounds, housekeeping, or normal or routine safety practices will not be processed through the suggested program but rather through normal administrative channels. Also, suggestions which do not provide a minimum of \$250 savings are not awardable under the program. Your previous suggestions have been reviewed again and all, I'm sorry to say, fall into the above categories. I hope you realize our appreciation and gratitude for your continued awareness of the needs for improvement in our facility. Please do not be discouraged but rather continue to search for ideas that will affect greater efficiency and economy. Your efforts are appreciated by the patients, the staff, and the Command.

● I work on main gate at nights currently, and right now there is no light in the head and it smells foul.

Prompt action was taken on the date your call was received. A field day was held and light bulbs replaced. If this problem recurs, please notify the Chief Master-At-Arms. Thank you for your call.

In Judo, the opponent must be off balance before the move is made to throw him, and the defender must apply leverage. Leverage in Aikido is applied to the Ki of the opponent, and there is no choice as to whether he will fall. He is constantly off balance when he is not in the one-point, and can never be on balance.

In Aikido, once the principles



Darryl Pierce, a nine-year-old student in the Karate class, gives the instructors a taste of their own medicine with a two-handed throw.

are mastered, moving the one-point to any other part of the body or outside of the body is simple. Therefore, how can an opponent get below your center of balance (one-point) when your center of balance lies on the floor?

The importance of meditation cannot be stressed strongly enough. One must be able to completely relax before the one-point can be reached, and the only effective method of relaxation to the necessary degree is completely blanking the mind by means of meditation.

Elwood and Stuckey invite all criticism and comment on this article, and also invite all those interested to join them in their practice of this art before deciding that what has been said in this article is untrue.

Life Began . . .

Life Began on 19 November for Andrew Travers Ahr, 8 pound, 4 ounce son of LT Paul Ahr of Psychology and wife Deirdre. . . . 20 November for Wendy Sue Woodstein, 7 pound, 8½ ounce daughter of CAPT Ira Woodstein, Chief of Orthopedics, and wife Patricia. . . . 27 November for Mathew Mark Rowles, 7 pound, 11½ ounce son of HN John Rowles of Medical ICU staff, and wife Ann.

From the Desk Of the SEA

All enlisted personnel are again reminded of their prerogative to communicate with the Senior Enlisted Advisor, HMCM J. C. Dickens, USN.



As the SEA, HMCM Dickens has direct access to the AO, XO, and CO and liaison contact with the Master Chief Petty Officer of the Medical Department and the Master Chief Petty Officer of the Navy.

Master Chief Dickens assists the Commanding Officer in all matters pertaining to enlisted personnel and aids the Administrative Officer and the Commanding Officer in continual review of Navy policy governing enlisted personnel to insure that policy regarding equal opportunity and treatment of military personnel and their families is being followed.

The SEA's office, located in Room 3-1-20, 3rd deck, administrative complex, is always open to enlisted personnel and their families. Master Chief Dickens also welcomes correspondence from enlisted personnel or their families who may wish to make suggestions or recommendations or seek information.

Scuttlebutt

SIGHTS & SOUNDS: Lorene wearing a new Bumble Bee yellow vest—what else? She also missed her appointment Friday. Hmmm. . . . Mrs. K. C. made hers at 0400 Saturday. . . . Ida Y's drilling, spraying, sawing and swearing in the Corps quarters—making a tie rack??? . . . Passersby wondering if the LT doing an audit on the collection agent's office had taken his shoes off too??? . . . Laura Lindsay's old gold, emerald engagement ring. . . . Some pretty and Tall gals seen in the halls—Kathy, Mary Ann, Connie, Jill, Judy, Sylvia, Peggy, and D'Ann. . . . LT Nat Sessions' favorite saying, "Ah Rad-ishhh?" . . . The USS Butler alive and doing fine on the ninth floor.

Congratulations to Russell Bryan, son of HMC and Mrs. Gary Bryan. Russell, an Eighth grade student at King Jr. High, has been named a member of the California Junior Scholarship Federation Honor Role. He is the first to receive this honor since the new on-base enlisted housing was opened last year.

Some "Bull" Ensigns have it rough—movers literally folded, spindled, and mutilated one's furniture last week—then someone hit him in the rear . . . of his car.

What Corpsman is making Baby Bunk Beds?—Is this a prediction or just wishful thinking??

Then there's ENS Frank "Golden Flow" Hughes of the Laboratory Toxicology Unit.

What Chief makes bets with his wife in front of witnesses and doesn't pay up? . . . Wonder what the bet was for???

(Continued on Page 4)



Members of OR's flag football team proudly received their first place plaques after compiling a 6-0 season record. Left to right, they are: Dr. William McKenzie, John Bendele, Bill Walker, Frank Price, Jerry Larabee, Bob Crowe, Herby Herbst, and Mike McClain.



NP took second place by defeating the Interns and ENT in a three-way second place tie. NP teammates above are Bob Knight, Bob Oxenford, Dr. Peter Olsson, Marvin Wollard, and Mike Pintok.

More Scuttlebutt

(Continued from Page 3)

Is our dietitian spaced out? Having the Munchies, eating a Space Stick, and refusing to talk to the editorial staff about the qualities and benefits of it. . . . What does she think this is? 1984?

LTJG Hattori has his uncle here for two weeks ACDUTRA. . . . Welcome aboard, CDR.

Have you ever seen a person in Pre-Marital Neurosis? How about it, Jacobs?

Who on the Fifth floor just bought a new car? Pssst! We hear he has a new 8x10 foot people-sized sand box. . . . Hope he has an Anti-Feline device installed on the thing!

Hail and Farewell—great idea—

short notice—some old—many new—lotsa fun. Congrats, Andy.

Wanta drive a PT Tech out of his gourd? Call him a Physio Therapist. Hoo Boy!!!

And Finally, a plug for the O' bash: Why worry about the limited number of New Year's Eve Party tickets available—Just be first in line!!

NWCA Gift Wrapping

Stay ahead of your Christmas wrapping this year. The Navy Wives' Club gift wrapping service starts next Saturday, 11 December. The booth will be on the second floor of the Navy Exchange, Bldg. 38. Hours are 11 a.m. to 5 p.m. daily and 10 a.m. to 1 p.m. Saturdays, with service continuing through 23 December.

CHAMPUS Corner

INPATIENT BENEFITS FOR DEPENDENTS OF ACTIVE DUTY PERSONNEL

Inpatient Care: Inpatient care in civilian facilities is authorized for active duty dependents under the following conditions:

1. When residing apart from sponsor. (This means a geographic separation.)
2. When the admission to the civilian facility is certified by the physician and the facility to be a bonafide emergency. (When the patient is treated and released in the Emergency Clinic of a civilian facility, this does not constitute an admission, and falls under the provisions for outpatient care.)
3. When the patient has been issued a Statement of Nonavailability, DD Form 1251.

Under the above conditions, the charges to the sponsor will be \$25.00 or \$1.75 per day, whichever is greater, for the duration of the stay in the hospital. Also included in this fee are physician fees related to the admission in question, as well as charges for outpatient care received 30 days prior to the admission, and within 120 days of discharge, as long as this outpatient care is related to that admission.

Not included in claimable charges would be such items as private rooms, unless specifically ordered by the doctor, telephone bills, etc. It is important to remember that no physician or hospital is required to participate in the CHAMPUS program. All charges incurred are the sole responsibility of the sponsor unless the source of care agrees to be paid either in part or in total by the government. When the source of care does not so agree, the sponsor may be reimbursed upon proper submission of proof of payment.

Sports Shorts

Like to shoot? Anyone interested in joining a trap shooting team should contact HN Harold Lawson at Extension 2422.

An evening of basketball between the Intramural Teams will begin at 1800 on 8 December at King Jr. High. The first game will pit Administration against GMO. Game #2 will start at 1900 pitting Marine Liaison against Pharmacy, followed by a contest between NP and Lab, and the final game at 2100 when OR and Anesthesia step on the court.

NH Oakland's bowling team defeated league leader NAS Lemoore in a two-out-of-three series upset on 20 November. Series totals for the contest were: George Cartmell—609, Jose Santiago—534, Gary Bryan—483, Cliff Wright—478, and Richard Bain—487.

News of NH Oakland's Varsity Basketball team is not as bright. The Hilltoppers have been defeated in their first four games of the season with losses to Hunters Point, 74-71; USS MIDWAY, 108-68; Concord, 70-68; Skaggs Island, 87-77.

Movie Schedule

- 4 December
THEY MIGHT BE GIANTS (SHORT) — Joanne Woodward and George C. Scott. Comedy Adventure. GP
- 5 & 6 December
10 RILLINGTON PLACE—John Huston and Judy Geeson. Drama. GP
- 7 & 8 December
WHAT A NIGHT — Marissa Mell and Philippe Leroy. Mystery Drama. Non
- 9 & 10 December
SONG OF NORWAY—Florence Henderson and Toralv Maurstad. Musical. G
- 11 December
THE ABOMINABLE DR. PHIBBS—Vincent Price and Joseph Cotton. Horror. GP
- 12 & 13 December
NIGHT OF THE BIG HEAT—Christopher Lee and Patrick Allen. Science Fiction.
- 14 & 15 December
TAKING OFF—Lynn Carlin and Bud Henry. Comedy. R
- 16 & 17 December
BUNNY O'HARE—Bette Davis and Ernest Borgnine. Comedy. GP
- 18 December
PRETTY MAIDS ALL IN A ROW—Rock Hudson and Telly Savalas. Crime Comedy. GP

Hail & Farewell

ENLISTED REPORTING:
From Hospital Corps School, San Diego came: HAs Mark Buvala, Richard Juscelino, Richard Stem, David Hopper, John Crowell, Marc Earnshaw, Frank Harrison, III, Gary Marineau, David Mack Ellis, McCant, Gary Long, Stephan Petri, HNs Robert Kinsler, Clinton Larson, Benjamin Webb, William Kryschka, Kevin Titus, Theodore Balfield, Andrew Swanson, Kam Yin Ching, Phillip Ray, and John Knott.
HA Rochelle Johnson reported from Hospital Corps School, Great Lakes. HMs George Burris from Naval Support Activity, Saigon, HM3 Curtis Oswald and HM1 Joseph Leary from Naval Station Treasure Island.

ENLISTED DETACHED:
HN John Hendriske was detached to Naval Dispensary, Treasure Island. HNs Thomas Adams to Hunter's Point Naval Shipyard, HM2 Robert McFadden and HM3 Ray Martin were released to inactive duty in the Naval Reserves.
HMC Billy G. Wilmoth was released to inactive duty in the Fleet Reserves and HM3 Elizabeth Bailey was discharged from the USN.

OFFICERS REPORTING:
LT Charles Woertz, DC, reported from HSA Dental Dept., Taipei. LTJGs John Bradford, MSC, and Sharon Raczkiewicz, MSC, arrived from the Naval Medical Center, Bethesda. LCDR Albert Treibel, CHC, reported from the Third Marine Air Wing, El Toro, California.

From NH Corpus Christi came LTJG Marlene Coil, NC, ENS Francis Hughes, MSC, from NTC San Diego, and ENS Carol Hults, NC, reported from WOS Newport.

OFFICERS DETACHED:
CDR Walter Huurman, MC, was detached to Children's Orthopedics, Wilmington, Delaware; LTJG Connie Pickens, NC, departed for NH Taipei, and CDR Ann Kubicz, NC, retired from the USN.

BASIC PAY RAISES AS OF 14 NOVEMBER 1971

	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8
O-10						
O-9						
O-8						
O-7						
O-6						
O-5						
O-4						
O-3						
O-2	\$570.30					
O-1	495.00	\$515.40				
E-9						
E-8						
E-7	443.40					
E-6	382.80					
E-5	336.30					
E-4	323.40	341.40	\$361.20	\$389.40	\$405.00	\$405.00
E-3	311.10	328.20	341.10	354.60	354.60	
E-2	299.10	299.10	299.10			
E-1	268.50					

BAQ

Single	Married
\$230.40	\$288.00
230.40	288.00
230.40	288.00
230.40	288.00
211.80	258.30
198.30	238.80
178.80	215.40
158.40	195.60
138.60	175.80
108.90	141.60
130.80	184.20
122.10	172.20
104.70	161.40
95.70	150.00
92.70	138.60
81.60	121.50
72.30	105.00
63.90	105.00
60.00	105.00

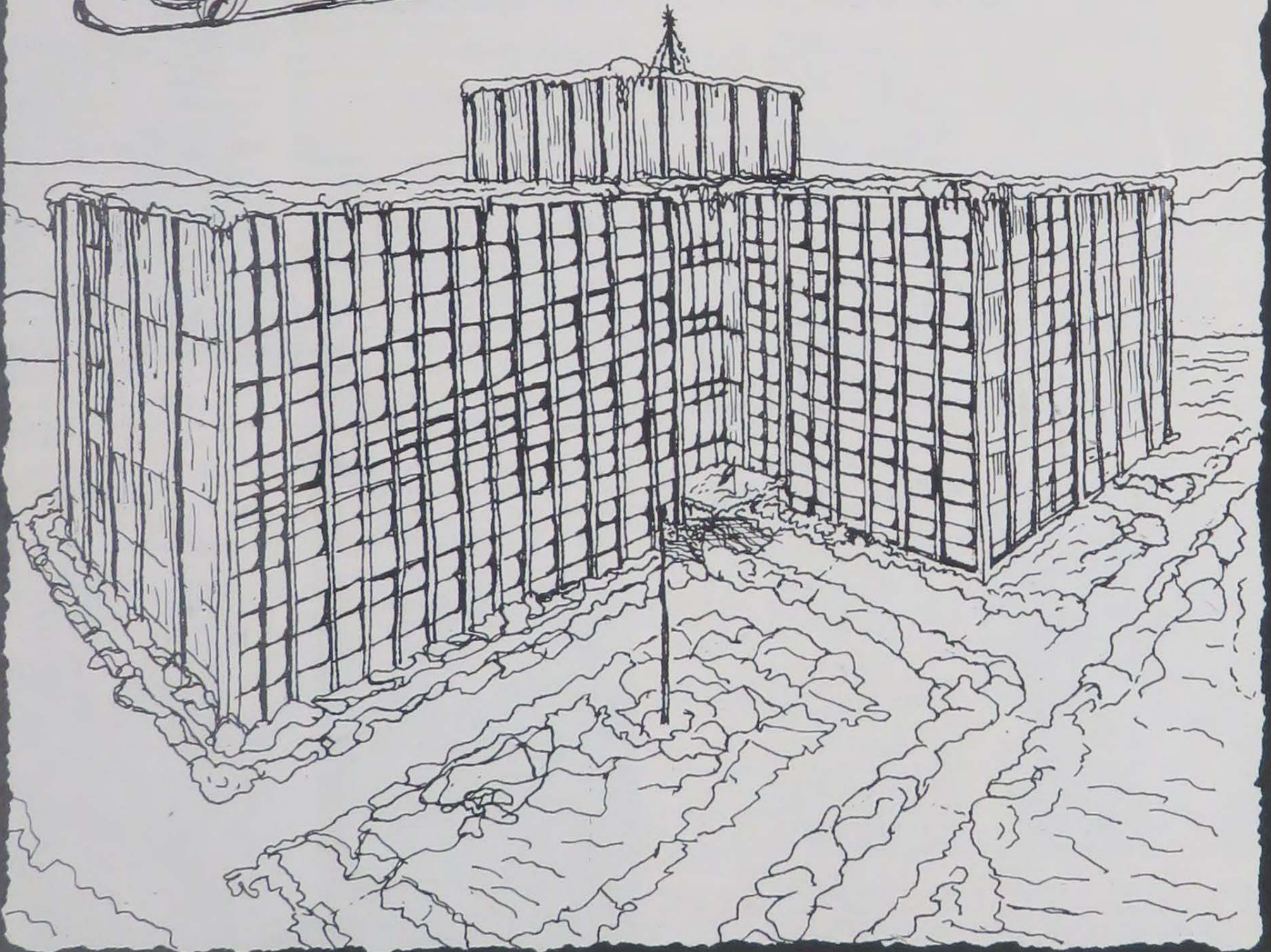
The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 33, No. 25

Friday, 17 December 1971

merry
Christmas



F. Baumgartner '71

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT Hampton Hubbard, MC, USN, Executive Officer
CAPT John C. Courtney, MSC, USN, Administrative Officer
Editor: HM3 Terry Bethel
Photography: HMI R. C. Bishop, HN Ira Diamond, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

GOD'S BLESSING

While visiting patients in our hospital I frequently give them a blessing, calling on the love and care of the Father, Son and Spirit for their needs. With such a priestly blessing comes a laying on of hands, a sign of the Holy Spirit among us, the spirit of unity who sanctifies each moment of our day.

This blessing reminds the person that he or she is redeemed by the death and resurrection of Christ, and as a brother in Christ is caught up in His redeeming effort to bring the whole of creation to glorify its creator.

Such a blessing intensifies or revives one's dignity and importance as a person, however helpless one may feel as a patient or meaningless in the work one does.

Is it appropriate to see each of us beginning and renewing our day by sharing such blessings with our husband, wife, children, or room-mate and fellow workers? Might it change what and who we see in our fellow man? in our self? — What a pleasant way to prepare for Christmas.

May the love of the Father, Son and Holy Spirit be with you this day.
LCDR. W. E. UNDERHILL, CHC, USNR

Divine Services

PROTESTANT
SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*
SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*
HOLY COMMUNION: First Sunday of each month
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*
DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)
HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope
Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.

Movie Schedule

18 December
PRETTY MAIDS ALL IN A ROW—Rock Hudson and Telly Savalas. Crime Comedy. GP
19 & 20 December
FLIGHT OF THE DOVES—Jack Wild and Ron Moody. Melodrama. G
21 & 22 December
SOME GIRLS DO—Richard Johnson and Daliah Lavi. Mystery. G
23 & 24 December
SUMMER TREE (& SHORT)—Michael Douglas and Jack Warden. Drama. GP
25 December
LITTLE MURDERS—Elliott Gould and Marcia Rodd. Comedy. R
26 & 27 December
CRIMINAL AFFAIR—Ann Margret and Rosanno Brazzi. Drama. GP
28 & 29 December
WALKABOUT—Jenny Agutter and Lucien John. Drama. GP
30 & 31 December
THE RECKONING—Nicol Williamson and Rachel Roberts. Melodrama. R
1 January
BED AND BOARD—Jean-Pierre Leaud and Claude Jade. Comedy. GP

—Jsn—

Ships bells are sounded according to the number of times the ancient hour glass has been turned during each watch.

Meet The New Captain



Captain Eva Gagnon joined the ranks of a select few when she was promoted to Captain in the Nurse Corps on 3 December. On hand to witness the big event was her mother, who recently moved to California from Florida.

A member of the Florida Nurses Association, the new captain entered the Navy 19 years ago after graduating from St. Vincent's Hospital School of Nursing, and received her Nursing Degree from Teachers College, Columbia University.

In January Miss Gagnon will return to the Naval Hospital, San Diego, to which she was assigned as a charge nurse 12 years ago, where she will now be the new Assistant Chief Nurse.

Jerry Van Dyke Highlights The Holidays



Christmas is always a special time of the year, and Christmas 1971 at NH Oakland will be no exception. A host of events highlighted by Jerry Van Dyke and the Young Californians (along with many others) will keep spirits glowing through the Yule when they appear on 20 December in the Clinical Assembly at 1900. Other festivities and dates to mark are:

- 18 Dec. Children's Christmas Party at 1330 in the gymnasium
- 19 Dec. Communication Workers of America placing free phone calls for patients
- 20 Dec. Jerry Van Dyke and the Young Californians entertain at 1900 in Clinical Assembly
- 22 Dec. Judges choose winner of decorating contest
- 24 Dec. Red Cross Party, featuring a six piece mariachi band at 1900



Completing 23 years of active duty in the Navy, CDR Ann Kubicz, NC, retired at ceremonies held on 30 November in Admiral Mahin's office. CDR Kubicz, an NP instructor at the hospital for the past year, now plans "to take it easy for a while" at her home in Oakland.



Latest Lab Grads are, left to right: Steve Fury, Herman Garnett, Joseph Wright, Michael McClure, and Leonard Pedrotti.

Hospital's First Decoration Contest

The first of hopefully many exterior Christmas decorating contests has been announced by Mr. Rose, the Housing manager. The decorating contest is being held to determine the best adorned quarters at the hospital.

Competition is open to all occupants of Officers Quarters A-C and F-O combined and the Enlisted Quarters P-W. Some of the prizes to be awarded to first and second place winners will be radios, professional drapery and rug cleaning by Kinney/Bernardi, Inc., gift certificates, and lunch at Vincè's Restaurant.

The judging will be based on best general appearance and originality, and will take place on 22 December, with the winners appearing in the hospital paper and possibly the Hayward Review. Judges will consist of one officer, one enlisted, and one civilian staff member who does not live on base.

Families wishing to participate should contact the Housing Office at Extension 2309.

New Year's Festivities

The Enlisted Men's Advisory Group announces a festive climax to 1971: A gala New Year's Party held in the Enlisted Men's Club. It will be limited to staff enlisted personnel and one guest. The doors open at 1830 with "The Good Old Days" starting at 2030. Heavy hors d'oeuvres from seven to nine and all the fun that you can possibly have. But remember: only 1 (one) guest per staff member. A committee man will be checking names as you join us through the patio entrance.

Keep Safety In Mind

The Christmas and New Year holiday periods lie ahead of us and the record number of vehicles that can be expected to be on the road for these occasions will greatly increase the hazards to traveling personnel.

Before putting the car in gear always check the tires, windshield wipers, front and rear lights, brakes, and buckle your seat belt. Always slow down in rain and fog and allow an extra margin for a safe stopping distance in inclement weather.

Motorcyclists are reminded of their extreme vulnerability. With fatality percentages increasing, statistics reveal that a cyclist involved in an accident has 120 times greater chance of dying and 40 times greater chance of injury than if he were riding in an automobile. Safety helmets and high visibility protective clothing will greatly improve survival odds.

If we don't slow down and constantly think safety, tragedy will replace festivity in many homes. Let's keep Oakland Naval Hospital fatality free during the holidays.

Front Page Art

A very special thank-you to HM3 Frank Baumgartner, our talented cartoonist who gave us our front page "Snoopy-Claus."

Frank works in Dermatology and volunteered his services to the "Oak Leaf."



EXEC-LINE

● I had weekend duty and when I went to the medical officers' watch quarters I found that Housekeeping had not cleaned any of the rooms, changed linen, or made the beds. There ensued considerable buck-passing and finally it was decided that the corpsmen on NP (same floor as watch room) would make up the racks with the aid of the duty ambulance driver. I think Housekeeping should be reminded of their responsibilities.

This incident is the first of its kind reported and it is regretted that an inconvenience occurred. I hasten to add that Housekeeping is to be commended on its outstanding record of keeping this hospital a clean, attractive and pleasant place for patient care. We receive many compliments in this regard in spite of the fact we have reduced our numbers of Housekeeping staff from 67 two years ago to 43 today. As an example of what can happen, today we have 4 employees off duty (regular days off), 3 on emergency annual leave, 3 on sick leave, 2 on regular annual leave, 2 vacancies, 13 on night shift, and 3 working outside of Bldg. 500. This means 30 out of 43 employees are not at work today, leaving 13 employees to take care of Bldg. 500. The cooperation of every person is needed to keep our system working at peak efficiency. I'm sure the isolated incident you described will not be a continuing burden. If you wish to discuss the matter further, please see the Chief, Operating Services Division.

● I'm married and live off base and have to stay on base every now and then in the duty room and there is no clean linen. The place is so dirty I wonder if we can take calls at home rather than stand watches on base.

The matter of standing watches on board is entirely between you and your Division Officer under existing regulations. As to linen problems, whenever we have an influx of new staff, as we do now, the shortage periodically occurs. Linen allowances for the barracks have been reviewed and the quantity increased.

● The men's head across from the OOD's desk is in poor condition. The writings on the walls are a disgrace.

Thank you for bringing this to our attention. Housekeeping has corrected the condition. Personnel at the OOD's desk should be alert to vandals and promptly report same.

● Recently Special Services sent out a questionnaire regarding things corpsmen would like to do. I would like to add that some of us would like to use some free time at night in the Occupational Therapy Department.

The use of clinical units for after hours hobby shops cannot be permitted. The equipment, storage, and space is allowed for patient care only. Suggest you discuss with your Recreation Committee representative the establishment of a ceramics or hobby shop.

● I think the policy at this hospital for acquiring BAQ and COMRATS is stupid. In order to get them you have to move off base first, but to move off base most of us need BAQ and COMRATS. I would like to suggest starting BAQ and COMRATS on the next feasible payday.

To live off base and draw BAQ and COMRATS under the terms prescribed by law is an individual, voluntary decision. An advance of pay or allowances is by law precluded except on permanent change of station orders. If you do not understand the terms for eligibility see your Chief of Service or Division after reading over the existing hospital instructions relative to BAQ and personnel living off base.

● The EM Club manager is now hiring bands of his own personal taste which do not appeal to the younger enlisted personnel that frequent the EM Club, such as country and western bands playing this Friday. I would like to know why.

(The caller was civilian staff who does not have club privileges unless as an invited guest.) If an enlisted member who rates club privileges has a complaint, consideration will be given to same. Any comments, recommendations, etc., should be directed to the Enlisted Recreation Committee or to the manager of the Navy Exchange.

Annual Ecumenical Christmas Cantata

The annual Ecumenical Christmas Cantata at the Navy Hospital will be presented at the Main Chapel Sunday evening, 19 December at 7:30 p.m. "Night of the Star," by Bruce Carleton, is directed by Mr. Roy Culbertson. Mr. Culbertson recently joined the music staff of the Chapel. He was Choir Director for the Northminster Presbyterian Church, El Cerrito, for seventeen years prior to accepting this assignment. Mrs. Olivia Dunn is the organist for the evening.

Participating in the cantata are members of both Protestant and Catholic congregations. The following personnel are singing in the cantata: Admiral Mahin, Dr. Zach Taylor, CDR Nancy Jacques, Cathi Culbertson, Rai Duane, Jackie Johnston, Sally Roskuskas, Kathleen Shea, Joyce Taylor, Mary Mackin, Dorothy Nelson, Susan Smith, Debbie Howell, Bruce Daniels, Ken Williams, Gene Gossman, and Chaplain Trett.

Cub Pack #412 members will usher at the service. Nursery care will be provided. All personnel and families are cordially invited.

Metz and Miller October's JANGOs



The October JANGO of the Month award has gone to two of our JANGO volunteers. Karen Metz and Michele Miller each worked 19½ hours in October, giving them both honors for the most hours.

Karen is the daughter of CDR and Mrs. George Metz, who was on the Surgical Staff at NH Oakland before his transfer in August to the Third Marine Division in Okinawa. Karen is a Freshman at Amador High School and plans to teach. She enjoys reading, swimming, and needle work.

Michele is the daughter of CAPT and Mrs. Thomas Miller, Chief of ENT here. She is a student at AB Morris Junior High School and enjoys the piano, outdoor sports, and camping.

Both of October's JANGOs trained last May and have given over 300 hours of service to the hospital.

Life Began . . .

Life began on 1 December for Daria Lynn Hepps, 7 pound 10½ ounce daughter of LCDR Robert Hepps of NP and wife Irene . . . 2 December for Nolando Salamat Banez, 7 pound 3½ ounce son of Norberto Banez, HMC in X-Ray and wife Amelia . . . 5 December for Brian Michael Hawkins, 7 pound 6½ ounce son of HM3 Patrick Hawkins of EENT and wife Laura . . . 10 December for Helen Esther Messier, 7 pound 3½ ounce daughter of HM2 Hervie Messier of PMT school and wife Marie.



Surgeon Rear Admiral James Watt, QHS, MS, FROS, of the British Royal Navy visited the hospital's Clinical Investigation Center, Animal Lab, and outlying units to gather information on various research projects at NH Oakland and other US Naval facilities.

A Fellow of the International College of Surgeons, British Society of Plastic Surgeons, Undersea Medical Society, and many more, RADM Watt is currently responsible for medical postgraduate education and medical research in the Royal Navy.

Christmas Services

Catholic

24 Dec. 2100	Christmas Eve Mass	Main Chapel
25 Dec. 0830	Mass	Clinical Assembly
25 Dec. 1215	Mass	Main Chapel
Confessions	24 Dec. 2030-2100	Main Chapel
	25 Dec. 0800	Chapel of Hope
	25 Dec. 1145	Main Chapel

Protestant

24 Dec. 1930	Candlelight Service	Main Chapel
25 Dec. 1100	Christmas Service	Chapel of Hope

Scuttlebutt

Whit Thomas of the PMT School has served at the school as HM1, HMC, HMCS, ENS, LTJG, LT, under the last seven Commanding Officers and has taught almost every single course at the school. Someday he expects to come back to serve as OIC, PMT, school.

Never before saw so many neat, cherry cheeked young people up so early on a Saturday morning. They hit the hospital at 0800 like a brood of baby chicks skittering about and chirping happily. Under the supervision of Veterans of previous years, this group left bright green, red, and silvery decorations in every nook and sundeck in the hospital. Their brand of Christmas cheer will warm us throughout the holidays and will be always welcome. Many thanks VHCC!!

Thud Parks getting married to Mike McCormick. The date is in February. There is still a chance, boys.

Last year on his way to a cocktail party one of our Captains got stopped by the local police after many trips around a block in one particular area of Pleasanton. He tells us he got lost and had to have the police guide him there. Well folks, that's his story . . .

Mickey Mouse wears a Popeye watch. One of the head men on the 9th floor has an unique office—in one of the unused bathrooms—No! No! his name is not Flush Gordon.

Note to person seen walking to his sports car wearing his khaki uniform and a knee length, London fog type, light brown raincoat with shoulder devices: You - did - it again, Sir, it's just not going to set well with ADM Zumwalt.

Is it really in LT H's contract that he doesn't have to come in if it is raining? Where were you Tuesday??

What Corpsman in the OR is culturing a new Afro? What kind of guy would ask a girl out for a pizza and then ask her if she is buying? How about that Stephanie?

Sexy Senior Citizen Charges for his (Medical) services . . . LCDR Corbett received a check made out to Dr. Corbett. He also likes to be referred to as a Sexy Senior Citizen.

Rumor has it that Rod W. has turned Military—last week he got a haircut and shined his belt buckle. Elaine P's fiance is in RVN and she

needs some ideas on what to send him to cheer him up. But, gang, its got to fit in an envelope.

Woody Robarge and Fred Taylor had to call to gain illegal entry to the projection booth yesterday—it seems that they left the keys inside and left the projector running. Rub those two together and you get a Chinese Fire Drill.

Dinner guests at ADM and Mrs. Mahin's were treated to a special sight—a small herd of browsing deer. Speaking of animals one of our security men saw a ghost white goat running loose on the compound. We don't know if he caught it or not but since then he's given up the sauce.

Jane S. making faces every time she enters the Officers Dining Room.

The night crew at the information desk received a call at 0300 asking "What time is it?"

Miriam V-M has her thumb up for a ride to Puerto Rico at Christmas time—all planes are booked.

The first appendectomy was performed in 1736 by an English surgeon. That operation was a success. Two and a half centuries of searching for McBurney's point!

HMC Kay Douglass has a new stamp collection. Have you seen her latest stamp??

Vivian S. has been seen so often in the halls that people are beginning to accuse her of hall walking.

Mary Nanna is starting a collection of wine bottles. She uses them to make tumblers, etc. Wonder who empties them for her?

Who was the new Corpswave at a party at Pinecrest Apartments?

One particular table in the Wardroom seems unusually boisterous . . . it's a bad influence on new Ensigns seen eating there. If laughter is good medicine why isn't this group well?

Congratulations to HM1 Danz and family as they received the first letter of Appearance issued at NH Oakland in over a year. The award was presented to the family on the occasion of Danz's transfer to the 1st MAW Iwakuni, Japan, in appreciation of the "immaculate condition and overall appearance of their quarters when vacated."

Congrats to H. Sullivan who is now chairman of the Enlisted Men's Advisory Group.

BOOK NOOK

NON-FICTION

- Born Black.* Gordon Parks
Cry Spy! True stories of 20th century spies and spy catchers. Burt Wilkinson
The Oil Barons, Men of Greed and Grandeur. Richard O'Connor
Chemistry, an introduction to matter and energy. Donald Hamm
Field Book of American Wild Flowers. F. Schuyler Mathews
A Field Guide to Shells of the Pacific Coast and Hawaii . . . Including the Gulf of California. Percy A. Morris
A Field Guide to Insects of America North of Mexico. Donald Borror & Richard White
The First to Fly, Aviation's Pioneer Days. Sherwood Harris
Motion and Time Study. Design and Measurement of Work. 6th ed. Ralph Barnes
The Complete Book of Building and Collecting Model Automobiles. Louis Hertz
Creative Crafts for Today. John Portchmouth
Total Picture Control. Andreas Feininger
Make Your Own Sports Gear. Patrick E. Spielman
Great American Race Drivers. Bill Libby
Imperial Tragedy, Japan in World War II. Thomas Coffey
The 900 Days, the Siege of Leningrad. Harrison Salisbury
Duel of Eagles. Peter Townsend
Hard Times, An Oral History of the Great Depression. Studs Terkel
Roosevelt: The Soldier of Freedom. James M. Burns

- REF *Guide to Reference Books.* 8th ed. Two supplements. Constance Mable Winchell.
The Conscience of a Majority. Barry Goldwater.
The Real Majority. Richard Scammon & Ben J. Wattenberg.
REF *Norman Rockwell, Illustrator.* Arthur L. Guphill.
Among the Animals Of Africa. Bernhard Grzimek.
Darwin and the Beagle. Alan Moorehead.
REF *The American West, a Natural History.* Ann & Myron Sutton.

FICTION

- The Sun Grows Colder.* Howard Berk
Taking Gary Feldman. Stanley Cohen
Nettochka Nezvanova. Fedor Dostoevskii
The Malcontents. Steve Franklin
The Child From the Sea. Elizabeth Goudge
Chocolate Days, Popsicle Weeks. Edward Hannibal
Enemy In Sight. Alexander Kent
The Paragon. John Knowles
Vandenberg. Oliver Lange
The Rock. John Masters
The Lost Fraulein. Richard Meade
Fireflies. Shiva Naipul
Fourth Street East. A novel of how it was. Jerome Wiedman
The Super Summer of Jamie McBride. Christopher Wren & Jack Sheperd

DETECTIVE STORIES

- The Kissing Gourami.* Kin Platt
Whim to Kill. Dell Shannon

WESTERNS

- Legend in the Dust.* Dwight Bennett

Know Your Staff



Bet you didn't know that the first bi-weekly pay checks for civilians came out on June 30, 1959, or that it rained April 19, 1971. Well, it did, and L. Hubbard, shown above in the upholstery shop, can prove it. Mr. Hubbard started working in the hospital in September of 1949 and has logged every day's work since that date in a book he keeps in his shop.

Mr. Hubbard, the only upholsterer and venetian blind repairman at the hospital, happily keeps NH Oakland's seams together with his skillful stitching, hammering and mending of chairs, carpeting, tabletops, benches, car seats, and venetian blinds. When asked if it seemed like a lot of work for one man, Mr. Hubbard simply replied, "It keeps me busy."

L. Hubbard started working in Civil Service on 11 May 1943 as a packer at Mare Island Shipyard. In 1949 he came to Oakland Naval Hospital as a laborer and now, 22 years later, Mr. Hubbard is the hospital's only upholsterer.

L. Hubbard and his wife Clemence have lived in San Mateo for the last 21 years, where they enjoy working in their yard and "fishing" every day the weather permits. Another of Mr. Hubbard's favorite pastimes is collecting poetry. The following, entitled "The Value of a Smile," he wrote while in high school:

It costs nothing, but creates much.
It enriches those who receive, without impoverishing those who give.
It happens in a flash and the memory of it sometimes lasts forever.
None are so rich they get along without it, and none so poor but are richer for its benefits.
It creates happiness in the home, fosters good-will in business and is the countersign of friends.
It is rest to the weary, daylight to the discouraged, sunshine to the sad, and Nature's best antidote for trouble.
Yet it cannot be bought, begged, borrowed or stolen, for it is something that is no earthly good to anybody till it is given away.



Christmas Spirit Alive In The OR

The Christmas season is upon us, and as we hang the holly and trim the trees, our OR staff offers its own clever version of "The Twelve Days of Christmas."

- On the first day of duty my OR gave to me a 4-0 Tycron atraumatic stitch.
- On the second day of duty my OR gave to me two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the third day of duty my OR gave to me three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the fourth day of duty my OR gave to me four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the fifth day of duty my OR gave to me five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the sixth day of duty my OR gave to me six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves, and a 4-0 Tycron atraumatic stitch.
- On the seventh day of duty my OR gave to me seven students scrubbing, six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the eighth day of duty my OR gave to me eight surgeons sewing, seven students scrubbing, six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the ninth day of duty my OR gave to me nine I. V.s flowing, eight surgeons sewing, seven students scrubbing, six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the tenth day of duty my OR gave to me ten rooms a running, nine I. V.s flowing, eight surgeons sewing, seven students scrubbing, six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the eleventh day of duty my OR gave to me eleven patients waiting, ten rooms a running, nine I. V.s flowing, eight surgeons sewing, seven students scrubbing, six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.
- On the twelfth day of duty my OR gave to me twelve Techs a skating, eleven patients waiting, ten rooms a running, nine I. V.s flowing, eight surgeons sewing, seven students scrubbing, six nurses counting, five laparotomy rings, four chromic ties, three French eyes, two sterile gloves and a 4-0 Tycron atraumatic stitch.

Hail & Farewell Gobbledygook Quiz

OFFICERS REPORTING:

CDR Peter Connole, DC, reported from Naval Advisory Group, Vietnam, CDR Mariam Ferguson, NC, from Aidak, LT Stanley Bagbey, NC, and ENS Esmerelda Hess, NC reported from Newport, Rhode Island.

OFFICERS DETACHED:

LCDR Marion Dexter, NC, was detached to the University of Pennsylvania, and LTJG Susan Steele, NC, departed for the Weapons Ordnance Depot at China Lake.

ENLISTED REPORTING:

HM3 Edward Dominguez reported from Naval Security Group, Skaags Island, HM1 James Rich from USS CORAL SEA (CVA 43), from the Naval Medical School, Bethesda, came HM3 Robert Cowden, and HA Connie Dollar reported from the Naval Station at Treasure Island.

From Hospital Corps School, San Diego, came: HM2 David Beck, HAs Stephen Wright, Karl Warren, Cecil Foret, James Katzenmaier, Dennis Rekedal, John Knaup, Everett Sullens, Jr., Walter Michajlyszyn, Adison Lowry, Jr., Thomas Brush, John Ingram, HNs Solus Terry, Gary Uveges, Lawrence Propp, Michael Smith, David Beeman, Richard Bachman, Vernon Peterson, Michael Tront, David McManaway, Halon Stewart, Jr., Eddie Kindred, Jr., and Ralph Landaburo.

ENLISTED DETACHED:

HN Miles Smith went to USS MISPLION (AO 105), HNs Thomas Shaban and Mark Rutledge were detached to the Naval Dispensary, Treasure Island, AN Theodore Payton and SFC John Frankenberg went to Naval Air Station, Alameda. To Hunter's Point Naval Shipyard went HA Jimmy McCrary and HN Philip Gonzales. HM1 Billy Conner went to First Marine Division, Camp Pendleton, HN William Grapes to Naval Weapons Station, Concord, HM3 Harry Watson to Naval Air Station, Cubi Point, ADJ2 Carl Stewart to NAS Miramar. HM2 Michael Stewart was transferred to Hospital Corps School, San Diego, HMC Verla Pask to Naval Communication Station, Stockton, and HM3 Gary Messersmith went to the Third Marine Division. RM3 Richard Bristol, HN Michael Cassidy, and SK3 John Kerr, Jr. were released to inactive duty in the Naval Reserve. HM2 Patricia Miller was discharged from the USN.



CO's Christmas Message . . .

The spirit of Christmas is always characterized by cheerfulness. Seasonal music, songs and carols accompany the festive occasion of giving and sharing gifts. This activity enhances a relaxed and warm relationship between persons and family members. It is a moment of such importance as to even dictate that tragic wars stop for a few hours or days. There is nostalgia, sentimentality and not a small amount of commercialization associated with the season. These are valuable ingredients to the traditional celebration of Christmas. In keeping with the holiday spirit, I wish for each of you a merry Christmas and may we hope and pray together that the drama of Bethlehem's story "Peace on earth and good will toward men" will be more meaningful to us all throughout the New Year.

H. P. MAHIN, RADM, MC, USN

Pre-Retirement Planning Seminars

The first of a series of Pre-Retirement Planning Seminars started on 4 November for employees who are eligible for retirement, and will conclude on 16 December 1971. The sessions cover such important subjects as preservation of health, financial aspects (budget matters), post-career employment adjustment, aspects of employment, legal matters, social security, and the Civil Service Retirement System.

Those employees who are fully informed about the benefits they are eligible to receive and who are made aware of the transitions they will have to make are much more likely to experience a happy retirement than those not so prepared. As a special benefit to employees, the seminars are being held during official duty time. Future seminars are expected to be held annually to reach those employees eligible for retirement within a five-year period.



Members of the Pre-Retirement Planning class shown above are William Burns, Hershel Rose, Henry Moser, Larry Osario, Carroll Jones, Donald Strand, Lillian Miller, Violet Shumpert, and Orpa Walker.

Who's Been Doing What . . .



HMC Stephen Brown signed on the dotted line for four more years on 30 November, and LT Rick Hattori was promoted to that rank on 8 December, as CAPT Schmetz assists with the honors.

Sports Shorts

After two weeks of games, the hospital's Intramural Basketball standings are as follows:

Team	Won	Lost
OR	2	0
Lab	2	0
Inhalation Therapy	1	0
Pharmacy	1	0
Marine Liaison	1	1
GMO Internal Medicine	1	1
NP	1	1
Ortho	0	1
Administration	0	1
Anesthesia	0	2

NH Oakland's wrestling team defeated Mare Island at the matches held at Moffett Field on 8 December. Darwin Irvine beat Gonzales, representing Mare Island, by a score of 7-1, and Chuck Bittle pinned Gomez in 1 minute and 45 seconds in the first round.



More good news comes from our bowling team, which defeated Treasure Island in competition held on 13 December. NH Oakland won the 2-out-of-3 matches with series totals as follows: Gary Bryan—222, Rich Baine—491, Jose Santiago—529 (with a 202 game), George Cartmell—634 (with separate scores of 220, 214, and 200), and Max Mendenhall, with a score of 546.

NOTES ON THE UPCOMING EVENTS: 12ND Handball begins in February, with singles competition on 11-13 February at NAS Lemoore at 1300 and doubles 18-20 February at Moffett Field at 1300. Twelfth Naval District Volleyball gets underway on 10 February, culminating at NAS Lemoore on 10-12 March at 1900, and it's not too early to start practicing with the golf clubs, as competition begins on 21 March.



Ryerson, apparently in self defense

QUIZ

American Forces Press Service

- Baltimore beat the Cincinnati Reds in the 1970 World Series. By what margin?
- Who did the Orioles and Reds beat in the playoffs to get to the World Series?
- Who wrote the controversial baseball book, "Ball Four"?
- This player set the record in 1970 for most games at short-stop. His name?
- How many no-hit games were there during the 1970 season?
- In 1970, two players became the 9th and 10th men in major league history to get 3,000 base hits. Their names?
- His fielding was so spectacular in the 1970 World Series that Cooperstown asked for his glove. Who was he?
- In 1970, this pitcher tied the major league strikeout record of 19 strikeouts in one game, and set another record by striking out 10 batters in a row. His name?
- This year, Vida Blue, Oakland Athletics pitching phenomenon, lost only three games to the All Star break. Which teams beat him?

ANSWERS

- Four games to one.
- Baltimore beat the Minnesota Twins and Cincinnati beat the Pittsburgh Pirates by the same margin, three games to none.
- Jim Bouton.
- Louis Aparacio (now with the Boston Red Sox), 2219 games.
- Eleven: seven in the AL, four in the NL.
- Willie Mays (San Francisco Giants) and Hank Aaron (Atlanta Braves).
- Brooks Robinson, third baseman for the Baltimore Orioles.
- Tom Seaver, New York Mets.
- Washington, Boston and Minnesota.

—usn—

On every side of us are men who hunt perpetually for their personal Northwest Passage, too often sacrificing health, strength and life itself to the search; and who shall say they are not happier in their vain but hopeful quest than wiser, duller folks who sit at home, venturing nothing and, with sour laughs, deriding the seekers for that fabled thoroughfare?

—Kenneth Roberts



you didn't listen class!

CHAMPUS Corner

The active duty sponsor is responsible for the first \$50.00 per person, or \$100.00 per family, plus 20% of remaining charges for outpatient care each fiscal year. (From 1 July through 30 June.) These charges are paid directly to the source of care, not to CHAMPUS. Once this deductible portion has been satisfied, a claim can be filed with the Fiscal Agent for the state in which the care was received, and a deductible certificate will be issued. From that point on, the sponsor can make arrangements either to pay only 20% of further charges, or to get reimbursed for 80% of those charges.

Those services NOT claimable are routine physical examinations, well baby care, routine immunizations, hearing aids, certain orthopedic appliances, and the services of chiropractors and Christian Scientists.



The newest second class advancements as a result of the August examinations are, left to right: Ty Webb, Charles Morelli, Leslie Eaton, Michael Ryerson, and Richard Lentz.

Advancement Exams Coming

Start studying now for the E-4, 5, 6, 7 Navy-wide advancement exams which will be held next February. Eligibility requirements are as follows:

HM3—Six months as E-3 as of 1 May 72; Complete the Military Requirements 3 & 2 course and pass the Military Leadership exam for E-4. Be recommended by your commanding officer.

HM2—One year as E-4 as of 1 May 72; Complete the Hospital Corpsman 3 & 2 course and required practical factors and pass the Military Leadership exam for E-5. Be recommended by your commanding officer.

HM1—Two years as E-5 as of 1 May 72; Complete the Hospital Corpsman 1 & C and the Military Requirements 1 & C courses and required practical factors. Be recommended by your commanding officer.

HMC—Three years as E-6 as of 1 May 72; Complete the required practical factors. Be recommended by your commanding officer.

Required courses and practical factors must be completed one month before the appropriate exam. All courses and practical factor sheets can be ordered through Education and Training. Personnel can be recommended for advancement on their Enlisted Performance Evaluations (NP 792) when they are submitted. Military Leadership exams for E-4 and E-5 are given the last Friday of every month at Education and Training, Bldg. 105, at 1300. These test times are also published in the P O D before each test.

Naval Academy Appointments

Each year the President may appoint to the Naval Academy 100 young men who are sons of career service personnel. The appointments are limited by law to sons and adopted sons (prior to their 15th birthday) of officer and enlisted personnel, Regular or Reserve, of the Army, Navy, Air Force, Marine Corps, or Coast Guard who either (1) are on active duty (other than for training) and have served continuously on active duty for the past eight years, or (2) are retired or who die while they were retired with pay or granted retired or retainer pay, other than those Reserves who retire at age 60.

There may be 40 young men in attendance at the Naval Academy who are sons of members of the Armed Forces who were either killed, died of, or have a service-connected disability rated at not less than 100 percentum, resulting from wounds or injuries received or diseases contracted in, or pre-existing injury or disease aggravated by active service.

Sons of both officer and enlisted personnel are eligible to apply.

