

Residential Treatment Centers For Emotionally Disturbed Children 1973-74

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Introduction

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Residential treatment centers for emotionally disturbed children (RTC's) are defined as psychiatric institutions (exclusive of psychiatric hospitals for children) providing <u>inpatient</u> (residential) services usually under the supervision of a psychiatrist and primarily to persons under 18 years, who by clinical diagnosis are moderately or seriously emotionally disturbed. ½ Some mentally retarded children may be served in RTC's. However, those facilities which serve primarily mentally retarded persons are excluded.

This above definition is broad so as to include a wide variety of facilities which differ in terms of such characteristics as their origin, size, types of treatments used, problem groups served, admission policies, intensity of care, provision for educational services, relationship of staff to children and in terms of the age, sex, previous psychiatric treatment and length of stay of the residents. Many of these indepth differences between RTC's were studied in a report for 1971-72 which was derived from a special survey of RTC's conducted by the National Institute of Mental Health (NIMH) in August 1972.2/

The data for 1973-74 which are presented in this Statistical Note update some, but not all of the data reported in the August 1972 Inventory. The reason for this is that the August 1972 Inventory, which was sent only to RTC's, had a number of questions specific to RTC's not found on the January 1974 Inventory, a general purpose form sent to many types of mental health facilities including RTC's.

All data in this Note have been adjusted to include estimates for RTC's which did not report certain information. Table 17 shows the actual number of RTC's on which the data presented in tables 1 through 16 are based.

Comparison of RTC's and Psychiatric Hospitals for Children

In its January 1974 Inventory, NIMH identified 20 State and county and 6 private mental hospitals which were exclusively for persons under 18 years. These 26 hospitals represent 5 percent of the 506 (324 State and county and 182 private mental hospitals) that were surveyed.

Psychiatric hospitals for children are similar to RTC's in many ways but the "differences are accentuated by the hospitals deliberate focus on the design of psychiatric diagnosis and treatment." 3 In other words, these facilities

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as a group are more psychiatrically and medically oriented than RTC's and are usually licensed as hospitals by the State in which they operate.

Quantitative differences between RTC's and psychiatric hospitals for children are summarized in Table 1. The 26 hospitals which were largely State-owned in contrast to the private ownership that characterized the RTC's had on the average more additions, discontinuations and resident patients, a higher ratio of both professional and nonprofessional staff to residents, and spent proportionately more on salaries. These results are similar to those obtained for 1971. 2

Comparison of Selected Data on Residential Treatment Centers - 1971 and 1973

Between 1971 and 1973 the number of RTC's and the average number of beds per RTC each changed by 2 percent or less (Table 2). Almost all other measures showed increases of 10 percent or more. Average annual additions and average annual discontinuations per RTC increased 13 and 21 percent respectively; full-time equivalent patient care staff per 100 average daily residents increased 20 percent; average annual total expenditures per RTC 24 percent; and average total expenditures per patient day 23 percent.

In contrast to the average total expenditures per patient day which rose from \$31 to \$38 (23%), the average total expenditures per discharge increased from \$19,654 to \$20,389, an increase of only 4 percent. This is due to the shorter average lengths of stay experienced by the residents in 1973 as compared with 1971.

Characteristics of RTC's

As of January 1974 there were 340 RTC's in the United States which maintained a total of more than 19,000 beds, an average of 56 beds per facility (Table 3). There were 28 RTC beds per 100,000 resident population under 18 years (Table 3). Over 97 percent of the RTC's and 98 percent of the beds were under non-governmental auspices.

The facilities were highly clustered with regard to geographic region. $\frac{4}{}$ Region V, which is comprised of six Midwestern States, had the most RTC's (104 or 31%) and the most beds (4,447 or 23%) (Table 3). The fewest facilities and beds were located in Region VIII.

Region I (New England) and Region II (New York and New Jersey) maintained the most beds per 100,000 persons under 18 years residing in their regions; 5/Regions IV and VII maintained the fewest beds relative to population (Table 3).

By State, California had the most RTC's (42) and New York the most beds (over 2,750) (Table 4). Eight States had no RTC's. Wisconsin had the most RTC beds per 100,000 population under 18 years, 5 a total of 94 beds for each 100,000 children residing in that State.

On the Inventory form, the RTC's were asked if alcoholics, drug abusers, mental retardates and suicidal patients were eligible for admission. Over 93 percent of the RTC's stated that one or more of these groups would be excluded. Diagnostic groups mentioned as being ineligible for admission in the largest



proportion of RTC's included alcoholics and mentally retarded persons which were ineligible in 82 percent and 79 percent of the RTC's respectively.

In addition to "inpatient treatment" which was provided by all RTC's, other service modes and the percent of the RTC's maintaining each included day treatment (28%), outpatient treatment (14%), and emergency services (3%). Table 5 shows the percent of RTC's maintaining specified service modes by size (based on number of beds) and by geographic region.

Utilization of RTC's 6/7/

Patient movement and annual volume of service are shown by bed size and by geographic region in Table 6. The nearly 30,000 children under care in RTC's during 1973 received over 6.3 million days of care. 6/Of these, 11,620 or 39 percent were under care in RTC's in Region V (24%) and in Region II (15%).

The 17,697 residents in RTC's at the end of 1973 exceeded the 17,547 residents at the beginning of that year by approximately 1 percent (Table 6). This was because there were 101 additions of to RTC's for every 100 discontinuations (Table 7).

There were 12,179 additions to RTC's during 1973 (Table 6) or 18 additions per 100,000 U.S. resident population under 18 years. 2 By geographic region the rates of additions per 100,000 population under 18 years ranged from 6 in Region IV to 29 in Region IX (Table 7).

The average daily census (ADC) per RTC, i.e. the average number of children resident on any given day per RTC was 51. The ADC per RTC was greatest in Regions III and VI, which had ADC's of 94 and 80 per RTC respectively and least in Regions VII and VIII which had ADC's of 33 and 30 respectively.

On the average, approximately 91 percent of the beds were occupied daily. This ranged from 82 percent of the RTC's with less than 25 beds to 94 percent of the RTC's with 100 beds and over.

Although RTC's are primarily residential institutions, many children are also served in other modes. Table 8 shows the average number of additions to these noninpatient service modes of RTC's--outpatient treatment, day treatment and halfway house modes--by geographic region. Of these three nonresidential modes, day treatment was available in 96 RTC's, halfway houses in 54, and outpatient treatment in 47. However, outpatient service modes had the heaviest volume, an estimated total of 10,993 additions or an average of 234 additions for the 47 RTC's.

Staffing Patterns 8/

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In inventories conducted in August 1972 and in January 1974, NIMH has collected information on the number of staff and staff hours worked in RTC's during a sample week. This information is available for specific staff disciplines by employment status, i.e., whether persons are employed full-time (35 hours or



more weekly), part-time (less than 35 hours weekly) or as trainees, residents or interns. These data enable comparisons in the number of full-time equivalent staff (FTE) and staff distribution by discipline between 1972 and 1974 to be examined and also permit a detailed analysis of staffing patterns in all RTC's in 1974. These two topics are discussed below.

Between August 1972 and January 1974 the total number of full-time equivalent staff rose from 17,024 to 17,918, an increase of 5.3 percent (Table 9). All of the increase was attributed to FTE "professional patient care staff" which increased 21 percent. In contrast the number of FTE "other patient care staff" decreased 1 percent and "administrative and maintenance staff" decreased 8 percent (Table 9).

Among selected professional staff disciplines the rate of change varied greatly. Staff disciplines which showed increases in FTE staff included schoolteachers (7%), psychologists (11%) and "other professionals" (56%) (Table 9). Professional staff disciplines which decreased in the number of FTE staff included social workers (4%), registered nurses (5%) and psychiatrists (11%).

The FTE staff to patient ratios increased at a much faster rate than the number of FTE between 1972 and 1974 because the number of staff increased more sharply than the number of residents. As a result, FTE "total patient care staff" to patient ratios rose 13 percent, "professional patient care staff" to patient ratios 30 percent and "other patient care staff" to patient ratios 6 percent. "Administrative and maintenance staff" to patient ratios decreased 1 percent, which was less than the 8 percent decrease shown in the number of FTE "administrative and maintenance staff" (Table 9).

The differential rate of change among the various staff categories resulted in different staff composition in 1974 as compared with 1972. "Professional patient care staff" comprised 46 percent of "total FTE staff" in January 1974 as compared with 40 percent in August 1972; in the same time interval, "other patient care staff" declined from 27 percent to 25 percent and "administrative and maintenance staff" declined from 34 percent to 29 percent (Table 10).

Residential treatment centers employed an estimated 20,907 persons during a sample week in January 1974 of which 76 percent were employed full-time, 19 percent part-time and 5 percent as trainees (Table 11). In terms of broad staff categories, the percent working full-time ranged from 68 percent of "professional patient care staff" to 84 percent of "administrative and maintenance staff" (Table 11).

Table 12 shows that the distribution of FTE staff by selected discipline varies according to size (based on number of beds) of the RTC's. In general the smaller RTC's employ larger proportions of "professional patient care staff" and smaller portions of "administrative and maintenance staff" than



larger RTC's. For example, 54 percent of total FTE staff in RTC's of under 25 beds were comprised of "professional patient care staff" as compared with only 37 percent in RTC's with 100 beds and over.

The smaller RTC's also have higher FTE staff to resident patient ratios than the larger RTC's. For example the FTE total staff to resident patient ratios ranged from 87 in the largest RTC's (100 beds and over) to 176 in the smallest (under 25 beds). The ratio of FTE professional patient care staff to resident patients ranged from 32 in the largest RTC's to 95 in the smallest RTC's. In general, for most specified professional staff disciplines (e.g., psychologists, psychiatrists, social workers) the ratio of FTE staff to resident patients decreased as the size of RTC (based on number of beds) increased (Table 13).

Expenditures

RTC's spent \$242.3 million during 1973. By geographic region, the total expenditures ranged from \$4.5 million in Region VIII to \$58.5 million in Region V (Table 14).

Of the total expenditures, 60 percent were allocated to salaries, 32 percent to other operating expenses exclusive of salaries which include maintenance and ordinary repair costs; and 8 percent for capital expenditures which include costs of construction of buildings, additions, and purchases of durable equipment.

The proportion of total expenditures in RTC's which were allocated to salaries varied inversely with size of RTC (based on number of beds). In RTC's with less than 25 beds, 65 percent of total expenditures were allocated to salaries as compared with a low of 55 percent in RTC's with 100 beds and over (Table 15).

Two indices, which are given in Table 16--the average expenditures per patient day and the average expenditures per discontinuation --- are useful in comparing relative expenditures in RTC's which differ as to size.

The two indices are related in that the average expenditures per discontinuation is a function of both the average expenditures per patient day and the average length of stay. Illustrative of this relationship is that RTC's with less than 25 beds spent \$46 per patient day as compared with \$38 per patient day in RTC's with 100 beds and over, but spent only \$18,341 per discontinuation as compared with \$31,133 per discontinuation in RTC's with 100 beds and over. This is because the average length of stay is 399 days in RTC's with less than 25 beds as compared with 819 days in RTC's with 100 beds and over.



Nearly all of the differences in total expenditures per patient day between RTC's which differed as to size were attributed to differences in salary expenditures per patient day which ranged from \$20 in RTC's with 75-99 beds to \$30 in RTC's with less than 25 beds.

The higher salary expenditures per patient day in the smaller RTC's was related to higher staff to patient ratios for professional patient care staff in these groups. As is shown below, in each bed size class, the change in salary expenditures was consistent with the change in the ratio of professional staff to average daily residents except in the largest RTC's (100 beds and over).

Size of RTC	Salary Expenditures per Patient Day	FTE Professional Patient Care Staff per 100 Average Daily Residents
Less than 25 beds	\$30	95
25-49 beds	24	58
50-74 beds	24	59
75-99 beds	20	40
100 beds & over	21	32

Footnotes

- 1/ According to the definition, psychiatric facilities which provide services solely in nonresidential settings such as day treatment centers and day schools are excluded. Also excluded are facilities which may provide some psychiatric treatment, but are established primarily for other purposes. These include general purpose children's institutions such as observation and receiving homes, special schools for the physically handicapped and children with learning disorders, training schools and detention homes for juvenile delinquents, homes and schools for the developmentally disabled and halfway houses for the mentally ill.
- 2/ National Institute of Mental Health. Residential Psychiatric Facilities for Children and Adolescents: United States 1971-72. DHEW Publication No. (ADM) 74-78, Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402, 1972.
- 3/ Day, Jackson R., M.D. Treatment models for adolescents: residential treatment center vs. hospital. <u>Journal of the National Association of</u> Private Psychiatric Hospitals, Vol. 4, No. 4, Winter 1972-73, pp. 25-29.
- 4/ For the purpose of classifying RTC's by geographic area, the States are grouped into ten geographic regions which are the same ones used by the Department of Health, Education, and Welfare. These are as follows:



Geographic Region	States Included
I	Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont;
II	New York, New Jersey;
III	Delaware, Maryland, Pennsylvania, Virginia,
IV	District of Columbia, West Virginia; Alabama, Florida, Georgia, Kentucky, Mississippi North Carolina, South Carolina, Tennessee;
V	Indiana, Illinois, Michigan, Minnesota, Ohio, Wisconsin;
VI	Arkansas, Louisiana, New Mexico, Oklahoma, Texas;
VII	Iowa, Kansas, Nebraska, Missouri;
VIII	Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming;
IX	Arizona, California, Hawaii, Nevada;
X	Alaska, Idaho, Oregon, Washington.

- 5/ The population used in calculating these rates was the resident population under 18 years as of July 1, 1973. Source: <u>Current Population Reports</u>, Series P-25, No. 518, June 1974.
- 6/ Terms relating to patient movement and annual volume of service are as follows:

Residents at Beginning of Year -- Includes persons receiving inpatient services in RTC's on the first day of the year or who were away on short visits but were expected to return to the inpatient service.

Additions During Year -- Includes admissions and readmissions as well as persons returned from long-term leave and persons transferred from non-inpatient components of the RTC's (e.g., outpatient treatment, day treatment).

<u>Patients Under Care During Year</u> -- Patients under care during the year is approximated by the sum of the "residents at beginning of year" and "additions during the year."

<u>Discontinuations During Year</u> -- Persons discharged from RTC's either alive or by death, persons placed on long-term leave, and those transferred to noninpatient components of the RTC's.

Residents at End of Year -- Persons who were receiving inpatient services in RTC's on the last day of the year.

<u>Average Resident Patients</u> -- The average of the "residents at the beginning of the year" and "residents at the end of the year."

<u>Patient Days</u> -- Days of inpatient care provided to persons in RTC's during the year. Excludes days for which patient was on overnight or weekend pass, or other short-term leave. Also referred to in this report as "days of care."



7/ Terms relating to utilization indices are as follows:

Average Daily Census -- The average daily number of persons resident as inpatients which is the total annual patient days divided by the total number of days in a year (365 in 1974).

Average Daily Census per RTC -- The average daily census (see above definition) for a particular group (e.g., RTC's 25-49 beds) divided by the number of RTC's in that group.

Average Percent Occupancy per RTC -- The ratio, expressed as a percent, of the average daily census per RTC (average number of residents occupying inpatient beds daily) to the number of beds available per RTC.

Average Annual Additions per RTC -- The total number of annual additions occurring in a group (e.g., RTC's in Region I) divided by the number of RTC's in that group.

8/ Terms relating to staffing are as follows:

<u>Full-time Employees</u> -- Persons employed 35 hours or more a week (excluding trainees).

<u>Part-time Employees</u> -- Persons employed less than 35 hours a week (excluding trainees).

<u>Trainees</u> -- Trainees including residents and interns regardless of the number of hours worked in a week.

<u>Patient Care Staff</u> -- All employees excluding administrative and maintenance employees (see definition below).

<u>Professional Patient Care Staff</u> -- Includes psychiatrists, nonpsychiatrist physicians, psychologists, social workers, registered nurses, other mental health professionals (e.g., occupational therapists, vocational rehabilitation counselors, schoolteachers and other mental health professionals requiring B.A. level training) and health professionals (e.g., dieticians, dentists, dental technicians, pharmacists, and medical record administrators).

Other Patient Care Staff -- Includes licensed practical and vocational nurses and mental health workers with less than a B.A. degree.



Administrative and Maintenance Staff -- Includes administrative and other professional (nonhealth) staff (e.g., accountant, business administrator) as well as clerical and maintenance staff.

Staff Hour -- A unit of one hour's work by one employee.

<u>Full-time Equivalents</u> -- The total staff hours worked by full-time employees, part-time employees and trainees in each staff discipline divided by 40 hours to indicate the number of persons working a 40 hour week to provide this many staff hours.

- 9/ The reader is cautioned that the average expenditures per patient day and per discontinuation shown in this report are probably overestimated since the numerator reflects expenditures provided in inpatient and in other service modes while the denominator reflects the days and discontinuations in residential services only. However, the expenditures in other services in RTC's are probably small relative to the expenditures made in the provision of treatment in residential settings. For this reason, the indices, although somewhat overstated, are reasonably accurate.
- 10/ Data in tables 1-16 of this Note have been adjusted to include estimates for RTC's which did not report certain information. Table 17 shows the actual number of RTC's on which the data presented in tables 1-16 are based.
- 11/ The number of RTC's by geographic region was known on an a priori basis.



Table 1. Comparisons of selected data on residential treatment centers and psychiatric hospitals for children: United States, 1973

Selected Measures for 1973	Residential Treatment Centers (N=340)	Psychiatric Hospital for Children (N=26)
Predominant Type of Ownership	Private Nonprofit	State and County
Average (mean) Size (in beds)	56	90
Most Frequent Minimum Admission Age	6 years	6 years
Most Frequent Maximum Admission Age	18 years	18 years
Average Caseload per Facility 6/		
Annual Additions	36	84
Annual Discontinuations	35	85
Resident Patients as of December 31, 1973	52	79
Addition Indices 6/		
Additions per 100 Beds	64	94
Additions per 100 Average Res. Patients	69	107
Additions per 100 Discontinuations	101	99
Additions per 100,000 U.S. Resident		
Population Under 18 Years	18	3
Full-Time Equivalent Staff \$/ per 100 Residents		
Total Patient Care Staff	77	143
Professional	50	67
Other	27	76
Expenditures		
Annual Total Expenditures per Facility.	\$7 1 2,788	\$2,208,724
Annual Salary Expenditures per Facility	\$425,847	\$1,870,902
Percent Salaries are of Total	60 percent	80 percent
Average Total Expenditure per		
Patient Day	\$38	\$82
Discontinuation	\$20,389	\$25,561

Table 2. Comparisons of selected data on residential treatment centers: United States, 1971 and 1973

Selected Measures	1971	1973	Percent Change 1973 vs. 1971
Number of Facilities	344	340	- 1.2
Average (mean) Size (in beds)	57	56	- 1.8
<u>Avèrage Caseload per Facility6/</u>			
Annual Additions	32	36	+12.5
Annual Discontinuations	29	35	+20.7
Resident Patients at End of Year	51	52	+ 2.0
Additions Indices6/			
Additions per 100 Beds	56	64	+14.3
Additions per 100 Resident Patients	63	69	+ 9.5
Additions per 100 Discontinuations	110	101	- 8.2
Additions per 100,000 U.S. Civilian			
Population Under 18 Years 5/	16	18	+12.5
Full-Time Equivalent Staff per 100 Average			
Daily Residents8/			
Total Patient Care Staff	64	77	+20.3
Professional	38	50	+31.6
Other	26	27	+ 3.8
Expenditures			
Annual Total Expenditures per Facility	\$573,000	\$712,788	+24.4
Annual Salary Expenditures per Facility.	\$348,000	\$425,847	+22.4
Percent Salaries are of Total Average Total Expenditures per	61%	60%	+ 1.6
Patient Day	\$ 31	\$ 38	+22.6
Average Total Expenditures per			
Discontinuation	\$ 19,654	\$ 20,389	+ 3.7



	Residential	ntial	Inp	Inpatient Beds		Beds per 100,000
Selected Facility	Treatment	ment	;		Average	U.S. Resident
Oldiactel 1811CS	Number P	Percent	Number	Percent	Number per Group	Population Under $18\overline{5}$
All RTC's	340	100.0	19,023	100.0	56	27.9
Size (Based on Number of Beds)			٠			
Under 25 Beds	88	25.8	1,472	7.7	17	2.2
25-49 Beds	129	38.2	4,588	24.1	36	6.7
50-74 Beds	69	20.4	4,033	21.2	2 8	5.9
75-99 Beds	5 6	7.5	2,251	11.8	87	3.3
100 Beds and Over	28	8.1	6,679	35.2	239	8.6
•						
Ownership Private/Nonprofit	330	97.1	18,543	97.5	26	27.2
State & County Government	10	2.9	780	2.5	87	0.7
Geographic Region4/						
Region I	41	12.1	1,779	9.4	43	7.97
Region II	36	10.6	3,039	16.0	84	38.3
	77	7.1	2,291	12.0	95	30.3
-	15	4.4	1,022	5.4	89	9.3
Region V.	104	30.5	4,447	23.3	43	29.7
Region VI	22	6.5	1,840	7.6	84	25.3
	20	5.9	759	7° 0	38	20.7
	15	7. 7	534	2.8	36	27.1
	47	13.8	2,645	13.9	26	34.6
Rapion X	7	7.7	299	3,5	77	30.4

Table 4. Number of residential treatment centers, number of beds and beds per 100,000 U.S. resident population under 18 years, by State: United States, 1974

United Sta	ates, 1974		
	Number of RTC's	Number of Beds	Beds per 100,000 U.S. Res. Pop. Under 18 <u>5</u> /
U.S. Totals	340	19,023	27.9
Alabama	-	-	-
Alaska	-	-	-
Arizona	4	147	20.6
Arkansas	1	12	1.8
California	42	2,442	37.8
Colorado	8	343	47.8
Connecticut	11	556	57.1
Delaware	-	-	-
Dist. of Col	3	54	25.0
Florida	4	600	26.7
Georgia	3	164	10.0
Hawaii	1	56	19.8
Idaho	2	97	36.1
Illinois	16	689	18.8
Indiana	4	184	10.3
Iowa	5	130	13.7
Kansas	3	253	35.7
Kentucky	3	133	12.0
Louisiana	3	169	12.4
Maine	3	123	36.3
Maryland	. 6	210	15.6
Massachusetts.	19	800	44.2
	21	881	28.2
Michigan	12		
Minnesota		534	40.4
Mississippi	-	250	22.2
Missouri	11	. 350	23.2 ,
Montana	- 1	-	-
Nebraska	_	26	5.2
Nevada	-,	160	-
New Hampshire.	4	169	65.0
New Jersey	7	286	12.3
New Mexico	1	12	2.9
New York	29	2,753	49.2
North Carolina	2	50	2.9
North Dakota	•	•	-
Ohio	16	72 1	20.3
Oklahoma	3	131	15.8
Oregon	6	261	37.7
Pennsylvania	11	1,844	50.4
Rhode Island	3	111	37.5
South Carolina	1	16	1.7
South Dakota	2	42	18.2
Tennessee	2	59	4.4
Texas	14	1,516	37.8
Utah	3	. 74	16.7
Vermont	1	20	12.8
Virginia	4	183	11.7
Washington	8	309	28.1
West Virginia.	-	JU3	- -
Wisconsin	35	1,438	93.6
	33 2	1,436 75	63.0
Wyoming		-13 -	03.0

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Table 5. Percent of residential treatment centers maintaining specified types of services modes by size (based on number of beds) and by geographic region: United States, January 1974

Size (Based on			Types of Se	rvice Modes		
Number of Beds) and Geographic Region4/	Number of RTC's	Outpatient Treatment	Day Treatment	Night and/or Weekend Treatment	Halfway House	Emergency Service
		Percent		al Treatment Service Mode	Centers	•
All RTC's	340	14.4	28.2	-	15.9	3.2
Size (Based on Number of Beds)						
Under 25 Beds	88	19.3	34.1	-	10.2	4.5
25-49 Beds	129	14.0	27.1	-	13.1	1.6
50-74 Beds	69	7.2	27.5	-	24.6	2.9
75-99 Beds	26	11.5	15.4	-	11.5	-
100 Beds & Over.	28	14.3	21.4	-	25.0	-
Geographic Region						
Region I	41	7.3	43.9	-	14.6	4.9
Region II	36	13.9	30.6	-	11.1	2.8
Region III	24	20.8	45.8	-	-	-
Region IV	15	6.7	40.0	-	13.3	6.7
Region V	104	13.5	20.2	-	19.2	3.8
Region VI	22	13.6	31.8	-	13.6	-
Region VII	20	30.0	20.0	-	20.0	5.0
Region VIII	15	6.7	13.3	-	6.7	-
Region IX	47	10.6	27.7	-	27.7	2.1
Region X	16	37.5	18.8	-	6.2	-

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Patient movement and annual volume of services in inpatient service of residential treatment centers by size (based on number of beds) and geographic region: United States, 1973 Table 6.

Size (based on		Patient Move	Patient Movement During Year ⁶ /		Annual	Annual Volume of Service 6/	Service6/
number of beds) & Geographic Region	Residents at Beginning of Year	Additions During Year	Discontinuations During Year	Residents at End of Year	Patients Under Care	Average Resident Patients	Number of Patient Days
All RTC's	17,547	12,179	12,029	17,697	29,726	17,624	6,337,926
Size (Based on							
Under 25 beds	1,354	1,145	1,205	1,294	2,499	1,324	457.836
25-49 beds	4,231	3,199	3,142	4,288	7,430	4,260	1,514,614
50-74 beds	3,691	3,079	2,989	3,781	6,770	3,736	1,333,683
75-99 beds	2,084	1,874	1,877	2,081	3,958	2,083	739,866
100 beds & over	6,187	2,882	2,816	6,253	690,6	6,220	2,291,927
/4/							
Geographic Kegion-	1 617	85.0	405	1 668	2 575	1 643	580 907
Region II	2,820	1,676	1,589	2,907	4,496	2,84	1,012,828
Region III	2,331	850	866	2,315	3,181	2,323	824,187
Region IV	800	685	563	922	1,485	861	350,086
Region V	4,004	3,120	3,076	4,048	7,124	4,026	1,436,597
Region VI	1,826	1,067	1,210	1,683	2,893	1,755	642,283
Region VII	661	899	679	089	1,329	671	240,812
Region VIII	445	422	342	525	867	485	163,095
Region IX	2,439	2,203	2,295	2,347	4,642	2,393	875,120
Region X	604	530	532	602	1,134	603	212,011



Table 7. Utilization indices in inpatient service of residential treatment centers by size (based on number of beds) and geographic region: United States, 1973

•				- 1	Utilization Indices 2/			Rates per	er 100,000 U.S.	o u.s.
Size (based on number of beds) &	Aver	Caseload Indices per	Ices per RTC Average	C Aver.	Additions	Additions per	Additions	Reside Und	Resident Population Under 18 Years 2/	tion rs 2/
Geographic Region	Number Beds	Daily Census	Daily Percent Occupancy	Annual Addi- tions	100 Beds	Resident Patients	per 100 Discon- tinuations	Annual Addi- tions	Average Res. Patnts.	Annual Patient Days
All RTC's	26	51	81%	36	79	69	101	18	26	9,294
Size (based on										
Under 25 beds	17	14	82	13	78	86	95	7	7	671
25-49 beds	36	32	89	25	70	75	102	'n	9	2,221
50-74 beds	28	53	91	45	9/	82	103	4	9	1,956
75-99 beds	87	78	06	72	83	06	100	ო	က	1,085
100 beds & over	239	224	76	103	43	97	102	7	6	3,361
4/ Geographic Region-										
Region I	43	39	91	53	54	58	106	25	43	15,140
10	84	77	92	47	55	59	105	21	36	10,392
3rig	95	76	66	35	37	37	86	11	31	10,908
µina	89	7 9	76	94	29	80	122	9	œ	3,171
Region	43	38	88	30	70	77	101	21	27	9,582
	84	80	95	67	58	61	88	15	5 4	8,821
Region	38	33	87	33	88	100	103	18	18	6,574
Region VIII	36	30	83	78	79	87	123	21	25	8,266
Region IX	26	51	91	47	83	92	96	29	31	11,462
Region X	42	36	98	33	79	88	100	54	28	9.672

Selected data for selected noninpatient service modes of residential treatment centers, by geographic region: United States, 1973 Table 8.

	Outpat	Outpatient Treatment	atment		Day Tre	Day Treatment			Hal	Halfway House		
Geographic	Number	Additions	fons	Number	Additions	tons	Average	Number	Add1	Additions	Be	Beds
Region	of Fac.	Total	Average per RTC	of Fac.	Total	Average per RTC	Days per Addition	of Fac.	Tota1	Average per RTC	Total	Average per RTC
A11 RTC's	47	10,993	234	96	1,666	17	239	54	422	8	693	13
Geographic Region 4/												
Region I.	က	909	201	18	338	19	320	9	12	2	41	7
Region II	5	1,421	284	11	251	23	185	4	87	22	168	42
Region III	S	1,200	240	11	128	12	369	ı	•	•	•	•
Region IV	1	109	109	9	09	10	330	7	13	26	\$	22
Region V	14	2,008	143	21	419	23	149	20	148	7	214	11
Region VI	ო	1,355	452	7	159	23	220	m	24	18	30	10
Region VII	9	172	29	4	75	19	257	4	41	10	63	16
Region VIII.	1	40	40	7	4	7	260	1	_	7	9	9
Region IX	5	3,009	602	13	134	10	308	13	62	5	123	6
Region X	9	1,075	179	က	38	13	231	1	7	4	4	4

Table 9. Selected measures of change in the staffing patterns of residential treatment centers: United States, 1972 and 1974

Selected Staff Categories8/	of	nated Num Full-Tim valent St	_	p e :	rage FTE r 100 Ave ident Pa	erage g/
	1972	1974	Percent Change 71-73	1972	1974	Percent Change 72-74
Total All Categories	17,024	17,918	+ 5.3	96.5	109.2	+13.2
Patient Care Staff	11,299	12,671	+12.1	64.1	77.2	+20.4
Professional	6,737	8,169	+21.3	38.2	49.7	+30.1
Other	4,562	4,502	- 1.3	25.9	27.5	+ 6.2
Selected Professional Categories						
Psychiatrists	147	131	-10.9	0.8	0.8	0.0
Psychologists	354	394	+11.3	2.0	2.4	+20.0
Social Workers	1,653	1,590	- 3.8	9.4	9.7	+ 3.2
Registered Nurses	244	233	- 4.5	1.4	1.4	0.0
Schoolteachers-B.A. & Above	1,949	2,093	+ 7.4	11.1	12.1	+ 9.0
Other Professionals	2,390	3,728	+56.0	13.5	23.3	+72.6
Other Patient Care Staff						
LPN,LVN	118	122	+ 3.4	0.6	0.8	+33.3
Mental Health Workers						
(less than B.A.)	4,444	4,380	- 1.4	25.3	26.7	+ 5.5
Administrative & Maintenance Staff	5,725	5,246	- 8.4	32.4	32.0	- 1.2

Table 10. Percent distribution of full-time equivalent staff of residential treatment centers by selected staff categories: United States, August 1972 and January 1974

Selected Staff Categories8/		ibution of FTE Discipline
	August 1972	January 1974
Total All Categories	100.0	100.0
Patient Care Staff	66.4	70.7
Professional	39.6	45.6
Other	26.8	25.1
Selected Professional Categories		
Psychiatrists	0.9	0.7
Psychologists	2.1	2.2
Social Workers	9.7	8.9
Registered Nurses	1.4	1.3
Schoolteachers - B.A. & Above	11.4	11.7
Other Professionals	14.1	20.8
Other Patient Care Staff		
LPN, LVN	0.7	0.7
Mental Health Workers (less than B.A.)	26.1	24.4
Administrative & Maintenance Staff	33.6	29.3



Table 11. Percent distribution of staff positions by status for selected staff categories, residential treatment centers: United States, August 1972 and January 1974

Č	Number	En	Employment Status 8/	it Statu	/ <u>8</u> 61	Hours		Employme	Employment Status 8/	18 <u>8</u> /
Selected Staff Categories 2/	of Positions	Total	Full- Time	Part- Time	Trainee	Sample Week	Total	Full- Time	Part- Time	Trainee
		Perce Posit	Percent Distribution of Positions - August 1972	ributio August	n of 1972		Perc Staff	Percent Dist Staff Hours -	Percent Distribution of aff Hours - January - 1	n of: - 1974
Total All Categories	20,907	100.0	76.5	18.8	4.7	716,705	100.0	75.6		5.1
Professional	10,271	100.0	68.2 82.1	24.9 13.4	6.9	326,769 180,080	100.0	69.4	22.7 13.7	7.9
Selected Professional Categories Psychiatrists		100.0	2.9	89.7	7.4	5,238	100.0	4. 8	87.3	7.9
PsychologistsSocial Workers	652 1,919	100.0	42.0 74.0	45.4 17.6	12.6 8.4	15,745 63,600	100.0	43.1 71.9	42.6	1 4. 3 15.0
	337	100.0	58.9	34.9	6.2	9,313	100.0	50.4	37.1	12.5
Other Professionals	4,348	100.0	73.3	21.0	5.7	149,147	100.0	74.0	21.3	4.7
Other Patient Care Staff LPN, LVN.	158	100.0	80.5	17.3	2.2	4,885	100.0	65.2	20.9	13.9
than BAthan BA.	4,578	100.0	82.1	13.3	9.4	175,195	100.0	82.8	13.4	3.8
Administrative & Maintenance Staff	5,900	100.0	83.7	14.5	1.8	209,856	100.0	81.0	17.9	1.1

Table 12. Percent distribution of full-time equivalent staff or person-hours of residential treatment centers by staff discipline according to size (based on number of beds): United States, January 1974

9.4	A 11	Size	Size (based on number of beds)					
Selected Staff Categories ⁸ /	Facilities	Under 25	25-49	50-74	75-99	100+		
Total, All Categories	100.0	100.0	100.0	100.0	100.0	100.0		
Patient Care Staff	70.7	76.7	72.2	72.9	67.9	65.9		
Professional	45.6	53.9	47.0	51.8	42.0	37.0		
Other	25.1	22.8	25.2	21.1	25.9	28.9		
Selected Professional Categories								
Psychiatrists	0.7	1.9	0.6	0.6	0.7	0.5		
Psychologists	2.2	4.2	2.0	1.7	2.0	2.0		
Bocial Workers	8.9	12.8	11.0	9.5	8.5	4.7		
Registered Nurses	1.3	1.3	1.1	1.2	1.2	1.7		
Schoolteachers-B.A. & Above	11.7	11.6	10.1	12.9	9.7	13.1		
Other Professionals	20.8	22.1	22.2	25.9	19.9	15.0		
Other Patient Care Staff								
LPN, LVN	0.7	0.2	0.3	0.5	0.8	1.2		
Mental Health Workers	24.4	22.6	24.9	20.6	25.1	27.7		
Administrative & Maintenance Staff	29.3	23.3	27.8	27.1	32.1	34.1		

Table 13. Average FTE staff per 100 residents by selected disciplines and bed size of facility, residential treatment centers for emotionally disturbed children, United States, January 1974

2.4	A11	All Bed Size of RTC					
Selected Staff Categories $\frac{8}{}$	Facilities	Under 25	25-49	50-74	75-99	100+	
Total All Staff	109.2	176.1	123.9	113.4	95.1	87.4	
Patient Care Staff	77.2	135.1	89.4	82.7	64.6	57.6	
Professional	49.7	95.0	58.1	58.8	39.9	32.3	
Other	27.5	40.1	31.3	23.9	24.7	25.3	
Selected Professional Categories			•				
Psychiatrist	0.8	3.3	0.8	0.7	0.7	0.4	
Psychologist	2.4	7.5	2.5	1.9	1.9	1.8	
Social Worker	9.7	22.4	13.6	10.9	8.1	4.1	
Registered Nurse	1.4	2.3	1.3	1.4	1.2	1.4	
Schoolteachers-B.A. & Above	12.8	20.4	12.5	14.6	9.2	11.4	
Other Professionals	22.6	39.1	27.4	29.3	18.8	13.2	
Other Patient Care Staff:							
LPN, LVN	0.8	0.8	0.4	0.6	0.8	1.1	
Mental Health Workers	26.7	39.3	30.9	23.3	23.9	24.2	
Administrative & Maintenance Staff	32.0	41.0	34.5	30.7	30.5	29.8	



Table 14. Number and percent distribution of expenditures, residential treatment centers, by type of expenditure and geographic region: United States, 1973

		Operat	ing Expend:	ltures		
Geographic Region 4/	Total Expenditures	Total Operating Expenditures	Salaries	Other Operating Expenditures	Capital Expenditures	
	Annu	al Expenditures	in Thousa	nds of Dollars		
United States	\$242,348	\$222,550	\$144,788	\$77,762	\$19,798	
Region I	24,029	22,074	14,722	7,352	1,955	
Region II	45,217	43,495	28,618	14,877	1,722	
Region III	34,070	29,926	19,991	9,935	4,144	
Region IV	7,923	7 ,5 99	4,106	3,493	324	
Region V	58,537	55,089	35,916	19,173	3,448	
Region VI	19,647	15,990	9,271	6,719	3,657	
Region VII	7,284	6,568	4,551	2,017	716	
Region VIII	4,524	3 ,8 03	2,259	1,544	721	
Region IX	32,707	30,272	19,915	10,357	2,435	
Region X	8,410	7,734	5,439	2,295	676	
		Percent Distrib	ution of Ex	kp e nditures		
United States	100.0	91.8	59.7	32.1	8.2	
Region I	100.0	91.9	61.3	30.6	8.1	
Region II	100.0	96.2	63.3	32.9	3.8	
Region III	100.0	87.8	58.6	29.2	12.2	
Region IV	100.0	95.9	51.8	44.1	4.1	
Region V	100.0	94.1	61.4	32.7	5.9	
Region VI	100.0	81.4	47.2	34.2	18.6	
Region VII	100.0	90.2	62.5	27.7	9.8	
Region VIII	100.0	84.1	50.0	34.1	15.9	
Region IX	100.0	92.6	60.9	31.7	7.4	
Region X	100.0	92.0	64.7	27.3	8.0	

Table 15. Number and percent distribution of expenditures, residential treatment centers, by type of expenditure and size (based on number of beds): United States, 1973

		Opera	ting Expendi	tures				
Size (based on number of beds)	Total Expenditures	Total Operating Expenditures	Salaries	Other Operating Expenditures	Capital Expenditures			
	Anı	Annual Expenditures in Thousands of Dollars \$222,550 \$144,788 \$77,762 \$19,798 20,862 13,801 7,061 504 52,549 35,730 16,819 4,800 50,094 32,415 17,679 1,973 23,707 14,726 8,981 1,105						
All Sizes	\$242 ,348	\$222,550	\$144,788	\$77,762	\$19,798			
Less Than 25 Beds	21,366	20,862	13,801	7,061				
25-49 Beds	57,349	52,549	35,730	16,819	4,800			
50-74 Beds	52,067	50,094	32,415	17,679	1,973			
75-99 Beds	24,812	23,707	14,726	8,981	1,105			
100 Beds & Over	86,754	75,338	-	27,222	11,416			
		Percent Distr	ibution of E	xpenditures				
All Sizes	100.0	91.8	59.7	32.1	8.2			
Less Than 25 Beds	100.0	97.6	64.6	33.0	2.4			
25-49 Beds	100.0	91.6	62.3	29.3	8.4			
50-74 Beds	100.0	96.2	62.2	34.0	3.8			
75-99 Beds	100.0	95.5	59.3	36.2	4.5			
100 Beds & Over	100.0	86.8	55.4	31.4	13.2			

Table 16. Average expenditures per patient day and per discharge in residential treatment centers, by type of expenditure and size (based on number of beds): United States, 1973

		Oper a	ting Expendi	.tures	
Size (based on number of beds)	Total Expenditures	Total Operating Expenditures	Salaries	Other Operating Expenditures	Capital Expenditures
		Average Expen	ditures per	Patient Day	
All Sizes	\$38	\$35	\$23	\$12	\$ 3
Less Than 25 Beds	46	45	30	15	1
25-49 Beds	39	36	24	12	3
50-74 Beds	39	37	24	13	2
75-99 Beds	34	32	20	12	2
100 Beds & Over	38	33	21	12	5
	4	Average Expendi	tures per Di	scontinuation	
All Sizes	\$20,389	\$18,795	\$12,198	\$6,597	\$1,594
Less Than 25 Beds	18,341	17,932	11,834	6,098	409
25-49 Beds	18,922	17,420	11,817	5,603	1,502
50-74 Beds	17,088	16,476	10,634	5,842	612
75-99 Beds	13,437	12,872	7,974	4,898	565
100 Beds & Over	31,133	27,239	17,351	9,888	3,894

Table 17. Distribution of residential treatment centers by response to specific items on the 1973 Inventory of Mental Health Facilities $\frac{10}{}$

	Number	Res	ponse	Nonre	sponse
Data Item and Group	of RTC's Surveyed	Number of RTC's	Percent	Number of RTC's	Percent
Number of Beds	340	314	92.4	26	7.6
kic s by Geographic Region	340	314	92.4	26	7.6
Type of Ownership	340	314	92.4	26	7.6
Type of Service Modes					
By Bed Size	340	314	92.4	26	7.6
By Geographic Region	340	314	92.4	26	7.6
Region I	41	37	90.2	4	9.8
Region II	36	33	91.7	3	8.3
Region III	24	24	100.0	-	-
Region IV	15	15	100.0	-	-
Region V	104	97	93.3	7	6.7
Region VI	22	20	90.9	2	9.1
Region VII	20	18	90.0	2	10.0
Region VIII	15	15	100.0	-	-
Region IX	47	41	87.2	6	12.8
Region X	16	14	87.5	2	12.5
Patient Movement & Volume of					
Service	24.0				
By Bed Size	340	292	85.9	48	14.1
By Geographic Region	340	292	85.9	48	14.1
Region I	41	32	78.0	9	22.0
Region II	36	29	80.6	7	19.4
Region III	24	21	87.5	3	12.5
Region IV	15	15.	100.0	-	-
Region V	104	92	88.5	12	11.5
Region VI	22	20	90.9	2	9.1
Region VII	20	17	85.0	3 ·	15.0
Region VIII	15	13	86.7	2	13.3
Region IX	47	40	85.1	7	14.9
Region X	16	13	81.3	3	18.7
Number of Staff & Hours Worked					
By Bed Size	340	312	91.8	28	8.2
Expenditures	010	005	00.0	5.5	. 16.0
By Bed Size	340	285	83.8	55 42	16.2
By Geographic Region	340	297	87.4	43	12.6
Region I	41	36	87.8	5	12.2
Region II	36	31	86.1	5	13.9
Region III	24	24	100.0	-	
Region IV	15	14	93.3	1	6.7
Region V	104	92	88.5	12	11.5
Region VI	22	18	81.8	4	18.2
Region VII	20	18	90.0	2	10.0
Region VIII	15	14	93.3	1	6.7
Region IX	47	37	78.7	10	21.3
-	16	13	81.3	3	18.7
Region X					
Expenditures per Patient Day &					
_	340				



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