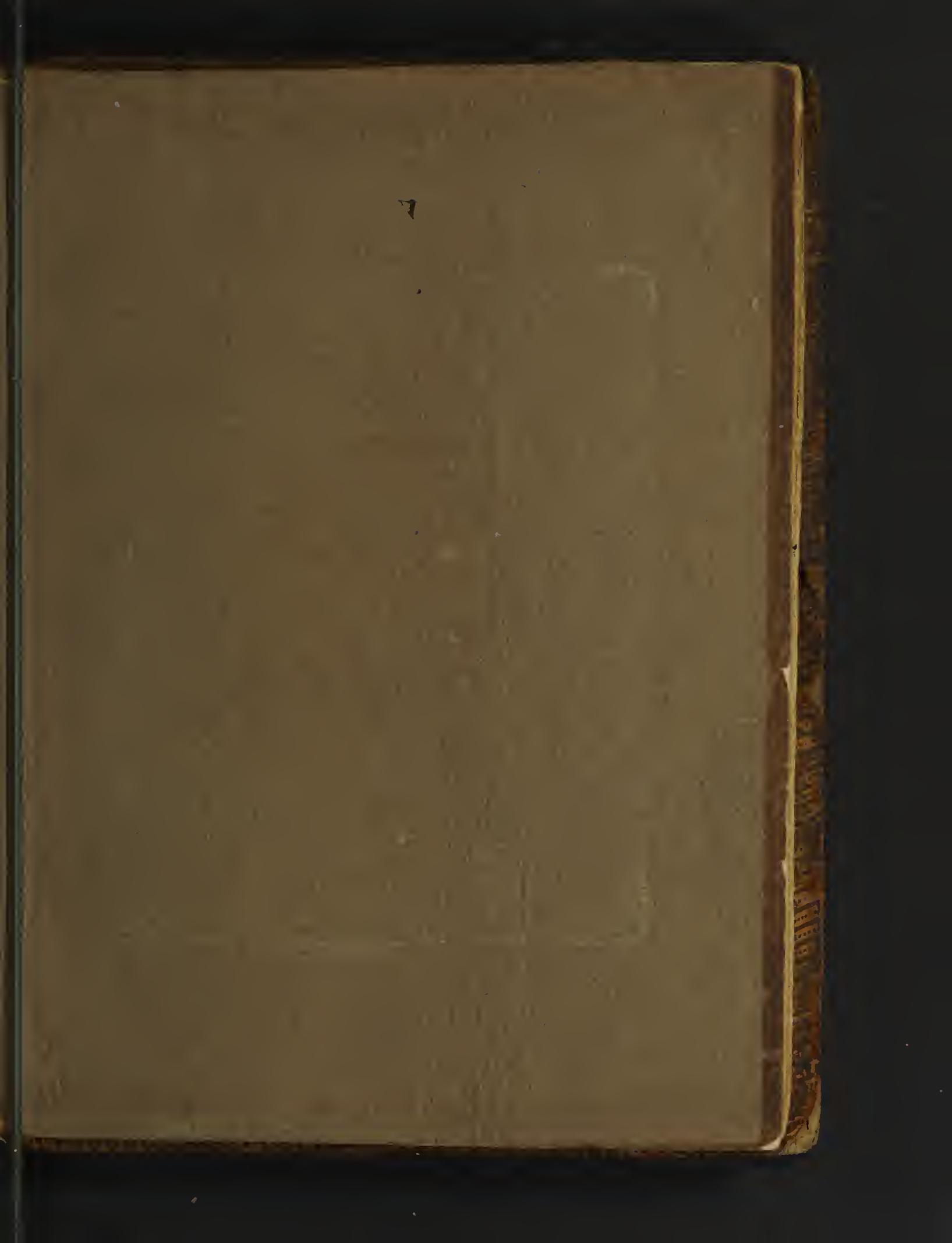




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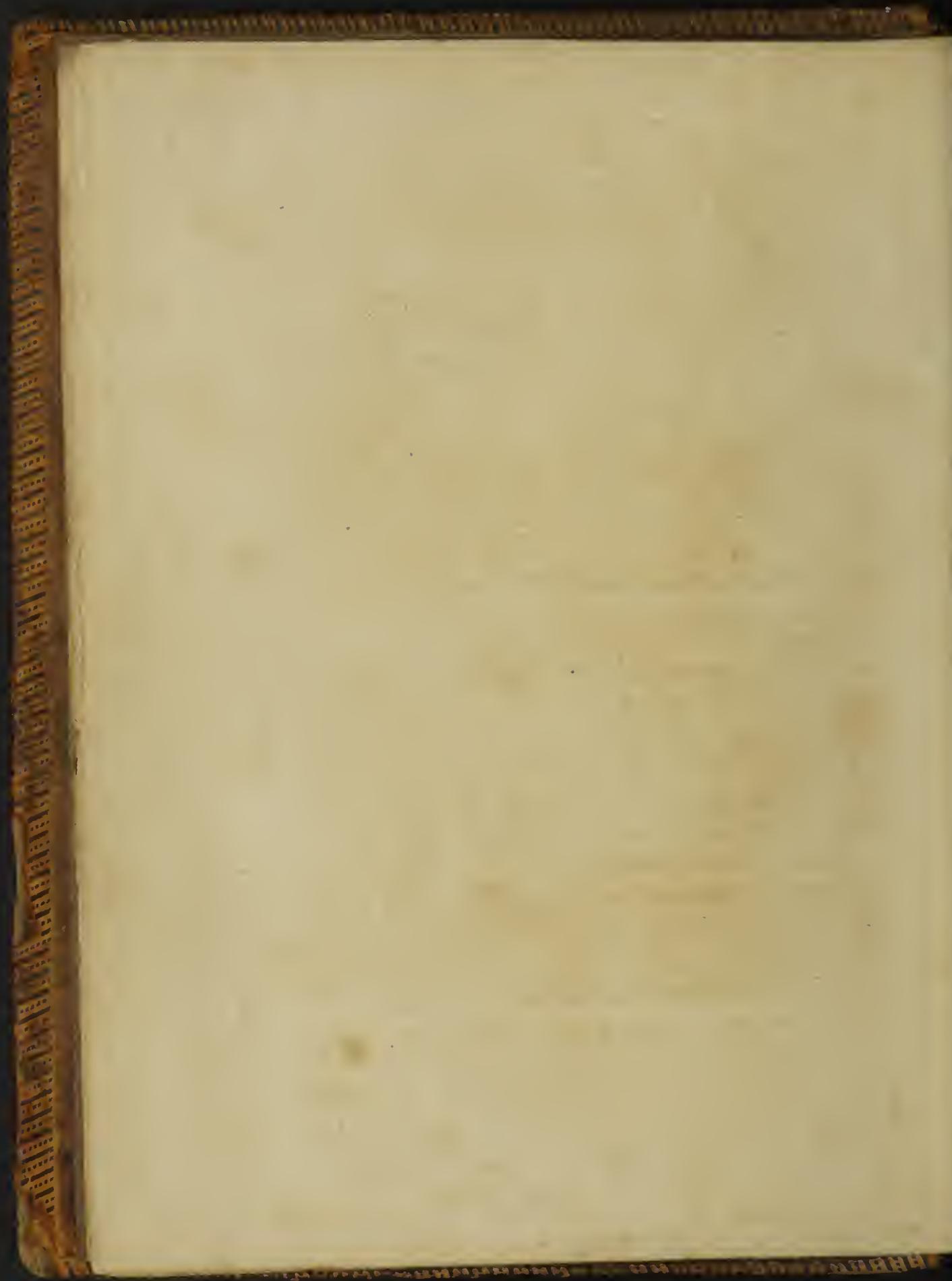
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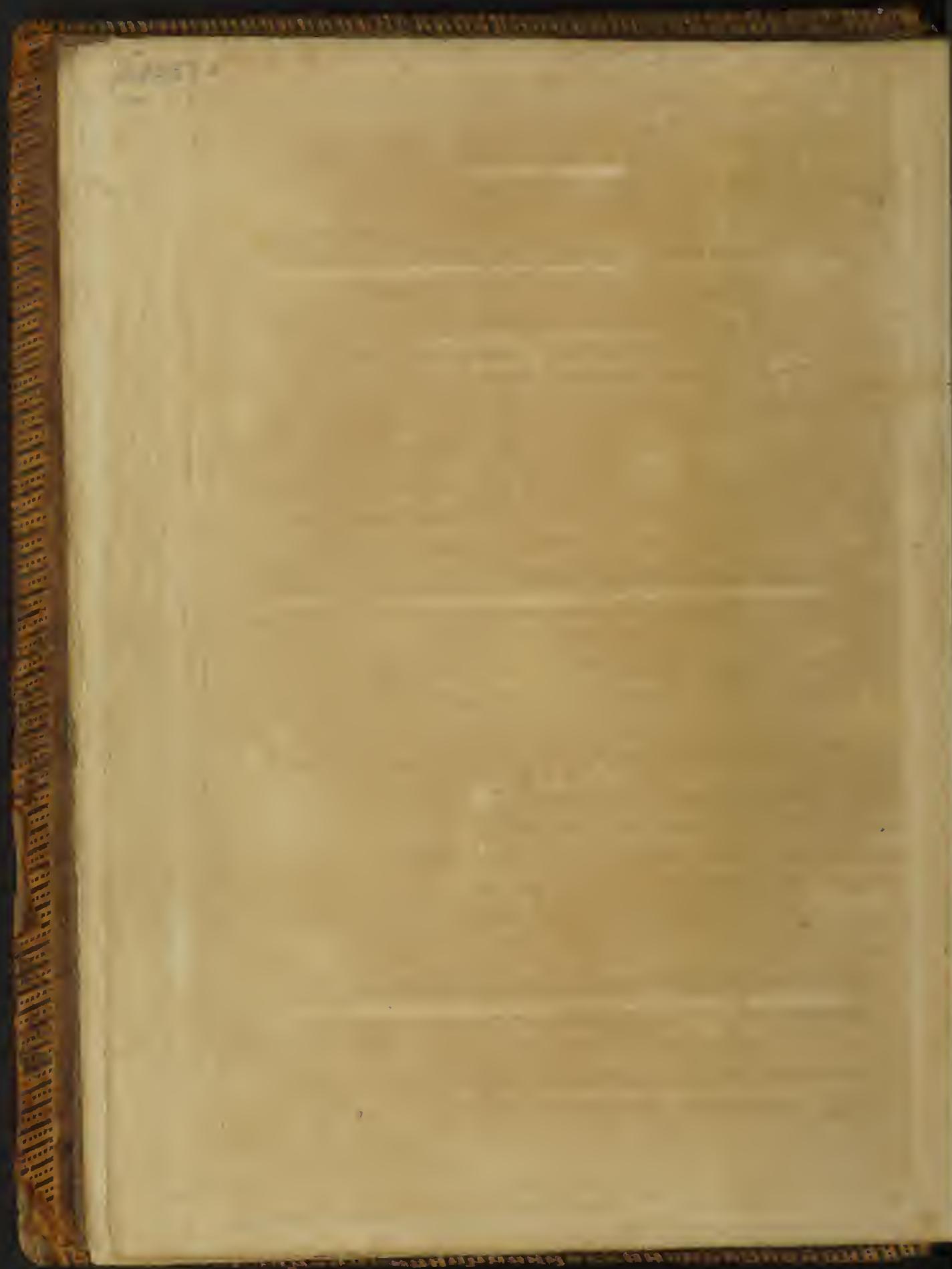
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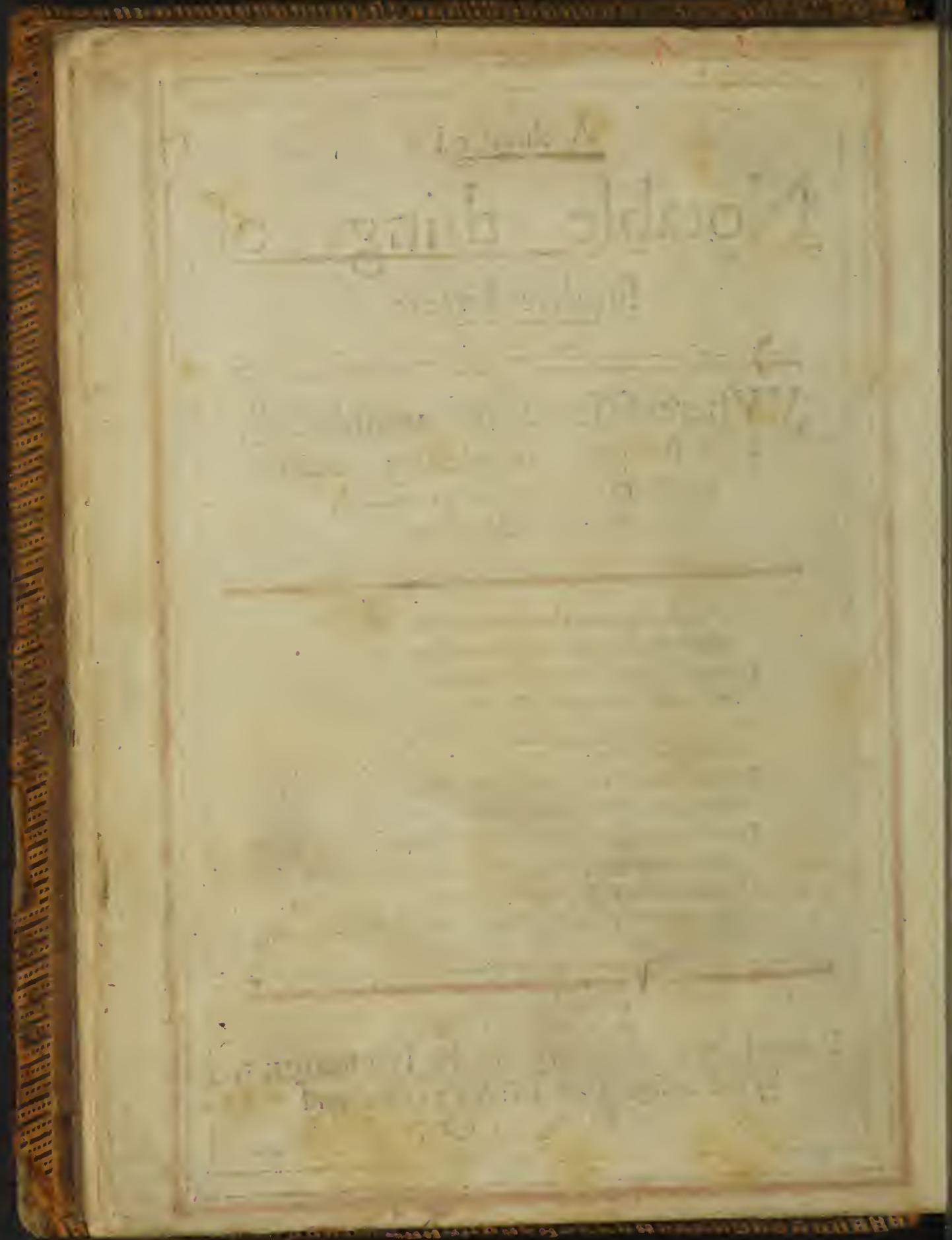


A thousand
Notable things of
sundrie sortes:

VVhereof some are wonderfull,
some strange, some pleasant, diuers
necessary, a great sort profitable,
and many very precious.

This Booke bewrayes that some had rather bide,
which who so buyes, their money snot lost:
For many a thing therein if truely tride,
will gaine much more then twenty such will cost.
And diuers else great secretes will detect,
and other more of strange and rare effect.
It is not made to please some one degree,
no, no, nor yet to bring a gaine to few:
For each thereby, how rich or poore they be,
may reape much good, and mischiefe great eschew.
The paines and trouall hitherto is mine,
the gaine and pleasure henceforth will be thine.

LONDON,
Printed by E. ALL-DE for N. FOSBROOKE,
by the Assignes of Io: WRIGHT and
R. BIRD. 1627.





The Preface of the Author to the Reader.

Fosome thinke no shame to dis-
pleasure many, for the pleasuring
of a few (gentle Reader) then I
need not to blush nor feare to
profit many by hurting of none:
which I hope I haue done by the
publishing of this my Booke
abroad, not pend without paine,
nor drawne without diligence, nor ended with ease:
Whereliu are such and so many notable, rare, plea-
sant, profitable and precious things, (meaning one
with another) as neuer were yet set forth in any vo-
lume in our vulgar English tongue, nay diuers of
them were neuer hetherto printed, nor written that
cuer I knew: but onely that I writ them at such
time as I heard them credibly reported. Thinking
them such rare things as was worthy to be regi-
stred. Marie I must confesse, I haue selected and
picked a great sort out of Latin writers: the Au-
thors and writers, whereof I haue named almost
commonly at the end of the same. And some nota-
ble and precious things I gathered out of some old
English written Bookes, & some also not long since
printed,

To the Reader.

printed vnworthy to be hid, and great pitty but they should be knowne : which purposely I haue placed herein, whereby I thinke verily, many will read them, heare them, and haue profit by them , that otherwise should never haue knowne them. For many (I suppose) will buy this booke for things whereunto they are affectioned , that never could or would haue bought or looked on the Bookes , wherein all they are. So that by this meanes , they are like to winne against their wils.

Perhaps you will maruell, that I haue not placed them in better order , and that things of like matter are not joyned together. Truely there are so many of so diuers and sundry sorts , and contrary effects, that it could not be altogether obserued. And in my iudgement, through the strangenesse and variety of matter , it will be more desirously and delightfully read ; knowing we are made of such a mould , that delicate daintinesse delights vs much : but we lothe to be fed too long with one foode : And that long wandring in strange , pleasant, and contrary places, will lesse weary vs, then short trauell in often troden ground.

This worke might haue beene framed with finer Phrases (more delectable to some, though not so meete for many) but that it is better to profit a great sort , then to feed the fancies of a few , well assured, that the learned eloquent can better perceiue plaine speeches , then the slenderly learned and common sort can vnderstand eloquent Discourses.

Therefore as I haue written it to all indifferently, so wish I to manifest the meaning thercof accordingly :

To the Reader.

ly : especially of such as are to be conceiued : Not ignorant that there are diuers and sundry Astrologi-
call Aphorismes, and some other practices besides in
this Booke, that many both wise , learned and elo-
quent , cannot attaine to the vnderstanding thereof,
(much lesse the common sort :) the meaning where-
of I commit to the learned therein . But because the
Planeticall power and effect in their houres , (where-
of I haue noted some meruellous matters in this
worke) should not be hid or vnknowne , I hope short-
ly there will be set forth such a rule or Platforme, that
they may be thought simple-witted , or slenderly lear-
ned , that thereby cannot finde out and know quickly,
both what houre or time any Planet doth raigne
or beare rule , and at what instant the same begins,
& how long the force thereof doth last : which once
knowne , the things that I haue written herein con-
cerning the same (being well marked and diligently
obserued) will not onely auoide much mischiefe and
harme, but also will procure great pleasure and pro-
fit. Vntill the publishing whereof , I referre you to
a little booke, intituled or called , A briefe Treatise
concerning many proper Tables,&c.

In which little booke is contained the Computa-
tion of yeares , with the raignes of the Kings of En-
gland : also a briefe , necessary and exact Table and
rule, whereby any may finde iustly and truely ; when
and how long any Planet doth raigne, especially such
as be of good capacity, and haue pregnant wits for to
conceiue the same : But as for the duller sort , whose
vnderstanding is vnable to reach the true meaning

A.3 by

To the Reader.

by short instruction, I thinke the same to be both
too briefe and too busie for them.

I haue deuided this into ten Bookes, euery one
whereof, containes a hundred of the intituled No-
tables things : which are in all a thousand. Wishing
that they may be accepted as thankfully and wil-
lingly, as I haue bestowed them friendly and freely.
Being bold to affirme this much, that a great deale of
gold cannot cōteruaile this guift: if but some twenty
. of the said thousand, be diligently marked, faith-
fully followed, and perfectly practised.

And thus few words, I bid
you farewell.

Thomas Lupton.

THE



THE FIRST BOOKE OF NOTABLE THINGS.

I

Pthe first beginning hereof, a rare and strange matter shall appeare, worthy to be marked, especially of such as lounes or vse Sage. A certaine man being in a Garden with his Loue, did take (as he was walking) a few leaues of Sage, who rubbing his teeth and gummes therewith, immediately fell downe and dyed: wherenpon his said Loue was examined how he dyed, she said, she knew nothing that he alled, but that he rubbed his teeth with Sage: and shee went with the Judge and others into the Garden and place, where the same thing happened: and then shee tooke of the same Sage to shew them how he did, and likewise rubbed her teeth and gummes therewith, and presently she dyed also, to the great maruell of all them that stood by: whereupon the Judge suspecting the cause of their deaths to be in the Sage, caused the said bed of Sage to be plucked and digged vp, and to be burned, least others might haue the like harme therby. And at the rootes, or vnder the said Sage, there was a great Toade found, which infected the same Sage with his venomous breath. Anthonius Mizaldus hath written of this maruellous matter. This may be a warning to such as rashly vse to eate rawe and unwash't Sage: therefore it is good to plant Rue round about Sage; for Toades by no meanes will come neare unto Rue, (as it is thought of some.)

2

A certaine Poet by the report of Mizaldus, did wear leaden soles vnder his shooes, least the wind should ouer-blow him, his body was so light and so little.

3

The first Booke

3

If any doe mildly or softly beat the plant or stalkes of an herbe called Mullen, some calls it Hedge taper, in the morning, when the flowers thereof begin to open, all the flowers by little and little will fall and come to one: as though the plant were withered, or blasted, which the ignorant haue thought to be done by Magicall arts, or by some enchantment: especially, if he that doth strike the same Mullen, doth seeme to mumble some words while he doth it. Mizaldus.

To increase
milke in
Nurles.

The houes of the foreshete of a Cow dried, & made in fine pouder, increaseth milke in Nurses, if they eate it in their pottage, or use it in their drinke: and being cast vpon burning coales, the smoake thereof doth kill mice, or at the least doth drie them away. This Mizaldus writes of the experiment of a certaine Spaniard.

5

Aqua vitæ being outwardly applied, doth helpe very well the sinewes and muscles, and all other parts of the body tormented or pained of a colde cause, with heating strength and swift penetration.

6

To make lippes
smooth. If one use to rub chapped or rough lippes with the sweate
behind their eares, it will make them fine, smooth, and well
coloured. Proved.

7

When infortunate Planets be in Angles, and the Sunne
or Moone applies vnto them corporally, or by opposition, it
signifies that the party then borne, will be either crook-backt,
or wil halt, or it signifies the destruction or losse of some mem-
ber, especially, if the Moone be with the Dragons taile in
these signes, Aries, Taurus, Cancer, Scorpius, or Capricornus, or
in the beginning or end of the signe. Iatromath. Guat. Ryff.

8

Against deaf-
nesse.

Earth Wormes fried with Goose greace, then straine, and
a little thereof dropt warme into the deafe or pained eare,
doth helpe the same: you must use it halse a dozen times at the
least. This is true.

9

For the
Spleene.

Anthonius Beneuinius an excellent Phisicion, doth glorie,
that he with the water wherein Smithes did quench their
hot and burning yrons, giuing the same often to drinke, and
with

of Notable things.

3

with the eating of Cappares, did perfect, ye heale a Citizen of Florence, that had the griesse and swelling of the Spleene seuen yeares.

10

Addars tongue wrapt in Virgin Mare, and put into the leſt eare of any Horſe, it makes the Horſe to fall downe to the ground as though he were dead: & when it is taken out of his eare, it doth not only waken him, or raise him, but also it maketh him more lively or quicke. Mizaldus writes this of the report of an English man.

11

If a water Snake be tyed by the tayle with a cord, and han- ged vp, & a velle full of water set vnder the ſaid Snake, after a certayne time, he will auoid out of his mouth a ſtone, which ſtone being taken out of the velle, he drinkeſ up all the water: let this ſtone be tyed to the belly of them that haue the Dropſie, & the water will bee exhausted or drunke vp, and it fully and wholy helpeſ the party that hath the ſaid Dropſie, Iacobus Hollerius.

12

Out Thunder doth turne and change Wines maruellously, but if the Wines be taken in Cellars being paued, and the walles of ſtone, they take leſſe harme then in boorded Cellars: Therefore it is good before ſuch Tempeſt or Thunder, to lay a plate of Iron with Salt, or flint ſtones vpon the ſaid velleſes with Wine. Leuinius Lemnius by Mizaldus report.

13

They will haue the Palsey, or be ſo that they cannot moue themſelues, or will be giuen to tremble, in whose Partiuities, the Moone is an Angle with Saturne: Saturne then being vnder the bearmes of the Sunne combult. Likewise if the ſixt house, and the Lord thereof be infortunate of Saturne, without the aspect of a good Planet. Iatromath. Guat. Ryf.

14

Make pouder of vnslackt Lyme, and mire it with blacke To take away Dope, and annoint any Wen therewith, and the Wen will a Wen fall away, and when the roote is come out, annoint it with oyle of Walme, and it will heale it perſealy.

15

If you will make wood of the colour of the wood Hebenus, ſpecially ſuch as be hard, as Wore and Pearē tree, and ſuch

B

like

The first Booke

like do as followeth: lars the wood you meane to colour in Alome water, so that it be couered with the said water, and let it rest so thre dapes, then lay the said wood against the hot Sun, or the fire, that it may only ware warme: then seeth the same wood in common Oyle, wherein put as much of Triuroll Romane, & Brimstone, as a Hasell Nut, let it be vissolued, the longer you seeth it the blacker the wood will be, so that you keepe a measure therin, and it will be faire and elegant. Mizaldus had this of an Italian a proesse^r of many experiments.

16

The iuice of Mullen leauos (of some called Hedgetaper, and of some Longwort) pnt to any part that is brused, or that hath had a stroke, & the stamped leaues thereof, then put vpon the same, & tyed fast on with a cloth: if you let it ly so a whole day & a night unremoued, it will heale it finely, yea though it be a wound, but the soare must be first washt with white wine a little warmed, and the iuice and the leaues must be put to it, and you will miuell at ths effect. Mizaldus had this of ons that prouedit.

17

If any wood or Iron be dñe in the flesh, and cannot well be gotten out, dip a tent in the iuice of Valerian, and put it into the wound or soare as dñe as you can, and tye the heach Valerian stamped vpon the same with some linnen cloath, that it remoue not away: and by this meanes, the wood, Iron, or other thing whatsoeuer, will not only be drawne forth, but also the wound will be healed. Mizaldus writes it vpon the report of an Italian. Alexis also affirmes it.

18

To make a
Vine beare,

A barren Wine will bear grapes, if you cast old and sovre Wine there on, or if you bury the lese of Wine at the rotes thereof: but you must take heed that you cast no soote that is swapt from Chimneys, or Lime, to the rote of the said barren Wine, which with their burning heate kills the Wine, & makes the same to wither before his time. Mizaldus.

19

To preserue
the teeth.

In the morning if salt be holden in the mouth vnder the tung, vntill it melte or consume into water, and teeth being rubbed therewith, it will preserue the teeth safe and sound: and it

of Notable things.

5

it will keape them from rotting , and that they shall not be worme eaten : proued.

20

The teeth of a Boore new killed, are so hot, that if one then put them to haires or bristles , they will burne them : which serues that the Boore is enflamed with ire against them that kill him, that he would be reuenged on them with his tuskis. Zenophon is the authour, and Mizaldus the reporter thereof.

21

There is no presenter remedy to cease the torment of the Gout, both in the hands & in the feete, then a young whelpe especially of one colour, if the same be put to the greese. Leuinius Lemnius But the whelpe ought to be cut out, or clouen in two partes through the mids of the backe, and the one halfe with the inner side hot, to be laid vnto the greued place : and this I know to be an excellent thing.

To ease the
paine of the
Gout.

22

Many stinking things doe drue away the contagious and pestiferous ayre, as Castorum, Galbanum, Sagapenum, Brimstone, (all which are to be had at the Apothicaries) the smoke of burned Lether, &t Hornes, and especially the smell of gunpowder. For saith Lemnius, the whole Citie of Tornace infected with the Plague , the Rulers of the Towre and Castle there, caused their Gunnes to be laide and leuelled at the Citie charged with Gunpowder, without pellets or shot , and then morning and euening in the twye light, they shot of the said pieces or Guns, so that through the stinking smeli of the said smoke, and the great and violent noise of the Gunnes, the infectious and contagious aire was quite put away , and the Cittie deliuered from the Plague.

23

Common Azvre is made as followeth , take of Salte Armoniacke, thre ounces of Verdigree, sixe ounces, let them be made in pouder, and mixe them with water of Tartar, so that it may be something thicke , then put the same into a glasse, & let it be well stopped that no airt may get sooth, & let it be laid in very hot horsedung, for the space of eight daies : & then when you take it out, you shall find it an excellent Azvre. Mizaldus.

B 2

F

The first Booke

24

It is to be maruelled at, that a Cocke or Cockrell which doth not feare a Serpent, or a Dragon, is so affraid of the shadow of a Gleade, when he is flying, that sodainely he seekes a place of refuge, and hides himselfe. Mizaldus.

25

Any kinde of Amber being sodden in the greace of a Howne that giues sucke to young Piggies, is not only thereby the clearer, but also much the better. Mizaldus.

26

If any carry about him the seed of Sowrell, gathered of a boy, being a virgin, his sparne or nature shall not goe from him, neither sleeping or waking: therefore it is said to be good against any pollution in the night. Gilbertus Anglicus.

27

A certaine Citizen of Padua, hauing Cantharides, that is to say, French Flies, applyed to one of his knees, did pisso aboue five unces of bloud: the like hapned to one, to whose great toe of the same sorte the same was applied, Bartholomius Monteganus, a notable phisicion affirmes this: theresoze Cantharides is perillous to be taken both inward and outward.

28

The lease of the greater Wurre, borne or laid on the top of the head, doth draw the Matrix upward: but laid vnder the sole of the foote, it draweth downward, which is a notable and excellent remedy against the suffocations, falling, and displasing of the Matrix. This Mizaldus writeth,

To helpe
sores & aches.

29

Alesod till it be thicke like a salue, helps all sores and aches applied thereto, maruellously: a thing often proued.

30

All kinde of docks haue this propertie, that what flesh or meat is sod therewith, though they be never so old, hard, or tough, they will become tender and meet to be eaten: hereupon it comes that they were so vsed in the old time, for that thereby the meate was more sooner concoct and easier digested, and the wound moze soluble. Mizaldus.

When

31

Whan the ascendent and the Moone are both impedit, and their Lords or Signifiers safe, then the sicknesse is in the body, and not in the minde. And if the ascendent and the Moons be safe, and their Lords or Signifiers impedit or hindred, then the sicknesse is in the mind, and not in the body. And if they all be impedit, then it signifieth both sicknesse of the body, and griefe of minde. Likewise if an infortunate Planet behold the ascendent and not the Moone, then the disease or griefe is in the mind, & not in the body. And if contrary, then the disease is in the body, and not in the mind. But if an infortunate Planet beholde them both, then the disease and griefe is in them both. Iatromath Guat. Ryff. 32

If one suspect himselfe to be infect with the Plurisie, let the party hold in his breath as long as he can, and then if he can let his breath goe without coughing, he hath not the Plurisie. If not, he hath the Plurisie, or is in danger thereof.

33

Whosoever hath the Quartaine Ague, shall not be troubled with the falling sickenesse: for if one haue the falling sicknesse first, and after shall haue the Quartaine Ague, the falling sicknes will leau him. Hippocrates.

34

One may colour Ivory or any other bones with an excellent greene colour as followeth: take strong water called Aqua fortis, wherein dissolve as much copper as the said water is able: then let the bones that you would haue colored, lie in the same all night, & they will be like a Smaragdine colour. Mizal.

35

If Oyle be powred vpon Wine or any other licour, it maketh that the same shall not ware musty, or be corrupted. For it excludes or drives forth all ayre that may breed corruption, only with the outward ayre of the Oyle, as with a certayne couering. Notwithstanding, all stirps or Plants, whereon Oyle is powred or effuseth, doe putrefie, as Plinie reportes.

36

The Coales of a Birche tree made in powder, and put into a wound or great soze, healeth it perfectly without any other wounds.

thing. It was credibly told me that the Muscuites vse it much and esteemes greatly.

37

A Robin red brest finding the dead body of a man or woman, will couer the face of the same with Rose: And as some holds opinion, he will couer also the whole body.

38

An Italian, through the oft smelling of an herb called Basill, had a Scorpion bred in his breane, which did not only a long time grieve him, but also at the last killed him. Iacobus Hollerius a learned Phisition, affirms it for truth. Take heed therefore ye smellers of Basill.

39

Great care to be had in cutting a child's Naull string. If the Paull string of a Child after it is cut, doth chunce to touch the ground before it be burned, the same child wil not be able to keepe or hold his or her water, neither night nor day.

A thing very true and knowne

40

To help such as cannot hold their water.

A staine Mouse rostid, or made in pouder and drunke at one time, doth perfectly help such as cannot hold or keepe their water especially, if it be vsed three dayes in this order. This is very true and often proved.

41

The great loue of a Dogge.

It was credibly reported to me for a very trush, that a certaine Inképer in Ware dyed, which had a dog that loued him so well, that certaint dayes after he mourned & sought for his said Master without eating of any thing: And when he could not find his said Master, he laid himselfe among the hot coales in a chimney: who though he was pulled out of the fire, yet he went in againe & burned himselfe to death. A rare and strange thing as hath beeene heard of. I thinke it is hard to finde a servant so louing to his Lord, as this dog was to his Master.

42

As soone as the child is borne, (especially a boy) there ought to be great heed taken in the cutting of the Paull string: for the member of generation doth follow the proportion of the Paull string: and if it be syzed too short in a wench, it may be a hinderance to her in bringing forth her child. Therefore it is mate

of Notable things.

9

meete that Pidwines haue a great regard therein. This is gathered out of Mathias Cornace, an excellent Phisition.

43

For the helping of the Coddes or Stones that be swoles pained. The auncient learned did graue in a plate of Copper the figure of a Scorpion, in the houre of Saturne the third face of Aquarie then ascending or rising with Saturne, and so the Cowte, the scale of Pisces, and also so for the helping or bettering of memory they made a King of pure gold: wherein was clo- sed a Diamond vnder the Coniunction of Saturne and Jupiter in Aries. Hermes.

44.

Egidius Herthoge writes a strange maruell of a woman which carried a dead childe in her womb thirteen years, which was perceiued of many, that hadlod her belly: but he wris not what successe she had therewith: so whiles he wrot the same the woman was well, & did her businelle with her husband a- broad & also at home.

45

Witaney drunke with water or wine, doth cause a woman to be easely and speedily deliuered, yea, though the childe be dead, or if it be turned contrary to a right course: also it brings forth the after burthen: the like effect hath Veneryall, as some affirmes. And it hath beeue proued as saith Mizaldus.

46.

Pigions do so loue the Castrell: that if one close young Castrels in a pot, and stop and cover the same close, & shall hang them in soure corners of the Doue house, it will procure such a loue to the Pigions of that place, that for the desire of them being so inclosed in the said pots, they will never change that place; so much that they loue the Castrels their frends after their death. Collumella reports this as Mizaldus affirmes.

47

The Woorke leafe laid on the crowne of the head, draweth vp the Vuula, or the flap in the thoat. M. Cato by the report of Mizaldus,

48

If a pece of fine gold, or leagues of pure gold be bat into the iuyce of Lemmons, & taken out of it after it haue leine there- in a whole day, & the same iuice then giuen to one that is sickle of the Plague, with a little Wine, and the pouder of the roote

A Medicine
for the
Plague.

of

10

The first Booke

of Angelica, or of the decoction of the same root: it is maruell to be tolde what help it bringes them, yea, though they be past all hope, or thought past recovery. This Mizaldus writes as proued.

49

If a man be the first that a woman mettes after she comes out of the Church, when she is newly Churched, it signifieth that her next child will be a boy. If she mette a woman, then wench is like to be her next childe. This was credibly reported a to me to be trusa. But praise itas it proues.

50

To helpe a
Fellon.

A little bay Salt stamped small, mixt with the yolle of an egge and applyed to a Fellon, & so vsed diuers times, doth not only perfectly heale the same with sped, but also it drawes out all the paine of the arme, and ceases the swelling therof, if any such be by the means of the same. This is perfectly proued.

51

Children are not alwaies like unto their Parents, as it may appere in Helides, which did beget a Daughter of an Ethiopian, which Daughter was not of the colour of her mother: but after the said Daughter had a Sonne, which was blacke and like to his Grandmother. So Niceus the Poet did degenerate in colour from his Father and his Mother, and was like his Grandfather being an Ethiopian. Which thing ought well to be considered of such that suspect their wiues when they bring forth children unlike to either of them: so it happens many times that the child is like to the Grandfather, or Great-grandfather, and neither like the Father nor Mother. Mizaldus.

52

A Toade stone called Crapandina, touching any part benomed, hurt or stung with Rat, Spider, Wasp, or any other venomous beast, ceases the paine or swelling therof, Lemnius.

53

To kill Lice.

The iuyce of Broome mixt with the oyle of Kadish or of Mustard, is a very safe remedy for the killing or destroying of Lice.

54

If a woman annoit often her Dugges or Pappes with the iuyce of Succory, it will make them little, round, and hard. For if they be hanging or bagging, it wil draw them together, whereby

of Notable things.

11

wherby they shall seeme as the dugges of a maide. Mizaldus.

55

If you shall enclose within a peice of thyn silke, Galbanum made soft, and shall lay it to the mouth of the Matrix all a night, (the head of that woman haning then no soule or drinking clothes vpon it, but onely couered with a Caule, and a cleane or thin Kirchiese, without any kind of odors) in the morning when the same are losed from her head, if the crowne of her head smell of Galbanum, it is a sure token that the woman is apt to haue children. Hypocrates.

56

If a stone called an Hemetic, wherein a man is grauen with bended knees, girded about with a Serpent, holding the serpents head in his right hand, & his taile in the lefthand, be set in a gold ring, with one lease of an heath called Dragons put vnder the said stone, it doth make the bearer thereof safe from all poysone and plague. Hollerius a notable Phisition writes it.

57

The fasting spettle of a whole & sound person, doth take away all scuruines, sawsflame, or rednes of the face, ringwormes, Letters, & all kind of Pustules or wheales, by smearing or rubbing the infected place therewith. And likewise it cleane puts away therby all painful swellings by the meanes of any venomous thing: As Hornets, Spiders, Toades, and such like. Mizal.

58

New Chese wrapt or folded in the dry leaues of Dragons, preserues the same from being moloy, or from putrifying. Galien and Plinie.

59

It is certainly and constantly affirmed, that on Midsummer eue, that is, the day before the Nativity of Saint Iohn Baptist, there is found vnder the roote of Mugwort a coale; which preserves or keepest them safe from the plague, Carbuncle, Lightning, the Duarantine Ague, and from burning, that beates the same about them. And Mizaldus the writer hereof saith, that he doth heare that it is to be found the same day vnder the root of Planten. Which I know to be of a truth, for I haue found them the same day vnder the root of Planten. Which is especially and chiefely to be found at noon.

C

The

60

The dross, or that that is left after the passing out of the oyle of Linseed, is meruellous profitable for the feeding of beasts: if you shall let a handfull or two thereof steep a while in raine water, & therewith wash your hands, it will not only amend the spots or other deformity of the skin: but also you shall thereby perceiue that the same & other members, if they be likewise wash'd therewith, will be made much faire & more cleane. Mizaldus.

61

All things that comes out of the earth will swimme upon quicksilver, though they be heauy, except gold: & gold though never so little, will sinke into it and be swallowed thereof, & his colour will be turned into siluer, which cannot be reduced into the forme of gold againe, but with fire, nor cannot be gotten out. And the quicksilver, through the fire will be resolued in a smoake, with a perillous smell. Mizaldus.

62

Salt finely stamped and mixt with fassing spettle laid on a fillet (and applyed certaine times) to the place where superfluous haire is, doth cause that haire will grow there no more. A thing certainlye proued. Pigeons dung doth worke the like effect applyed in such sorte,

63

Against the
cough or
harshe nessse

Aqua vitæ mixt with white sugar candy finely powdred, so that it be not too thicke therof, but indifferent, & a spoonfull therof taken last at night for the space of thre or fourte nights, doth presently help the Cough & hoarseness, and breakes the cleane maruellosly, this is a tryed thing. The like effect hath the powder of the root of Enula campana mixt with the powder of Liquorice and of white sugar candy, if it be often vsed and eaten a spoonfull at one time. Which I haue often proued.

64

They are like to be Gowdy, or to haue the Sciatica, or paines in the ioints in whose nativity Saturne or Mars is in the sixt house, or in the twelfth house infortunating the Lord of the sixt house: especially if the signe of the sixt hause be Capricorne, Aquarie or Pisces. Iatromath. Guat. Ryff.

Whosoeuer

of Notable things.

13

65

Whosoever haue their feet smell strongly, if they put the scales of Iron, in their shooes wherin they vse to goe, it takes cleane away the euill smell thereof. George Fabricus.

66

You shall stay the blæding of the nose, if you write with the To stay bleed-
same blood in the sozhead of the party that bleeds, these words, ding at the
following. Consumatum est. A thing proued with many. Miz. nose.

67

If boyes or young men do vse milke and exercise from the
cradle, they are thereby more higher or taller of body, and of
more comely and beautifull stature. Mizaldus.

68

The pouder of the fowle of a Wore mixte with the oyle of To cure the
linsed, doth presently cure the Squinancie, (which is a paine Squinancie.
or swelling in the throte) if the grieved place be touched with
the end of a feather or pen, smeared with the same mixture.
Mizaldus.

69

The outward part of the Pestle, doth sting, prickle, or
burne, but the inward part (being the iuice) annointed on the
arteries, doth mitigate and amend the sauete heat of the heart.
Auicena, & Arnold de villa noua.

70

If the corners of the eyes be annointed with an ointment
of Saffron, if after the spetle doth sauuer thereof, the partie is
not barren : but apt to haue Chilcken. Plinic.

71

A Peticine made of a little Honey and of a coale made of a
Tine which never bare Grapes, if the teeth be often rubbed
therewith, doth so cleanse them, and make them so white, that
they will be iudged to be of Iuozie.

To make
teeth white.

72

The blood of a white Hen, smeared on a freckled or a spot-
ted face, & thereon suffered to dry, and afterward wiped away,
clearely taketh away al spots from the same. Mizaldus had this
of a certaine Italian.

73

Cantharides wapt in a Spiders webbe, & hanged ouer one
that hath the Quartaine Ague, it is said it cures of delvers
To help a
Quartaine
Ague.
him

C 2

74

The first Booke

him or her therof perfectly. Mizaldus.

74

For the Col-
icke.

The decoction of Holliecke, with Honey and Butter being
drunkes, doth meruellously easse the paine of the Colicke and
of the backe. I haue proued this to be very excellent and true.

75

A plaister made of the powder of burned Swallowes, and
of their nest, doth helpe effectually the swelling of the throat, or
the Squinancie.

76

If the pizzell of a Bull that is all red, be made in powder, & a
dram thereof (that is the weight of fyre, barley cornes) be givell
to a woman in adraught of wine, it will make her loth to haue
to doe with a man. (As Basis mythes.) And the same powder gi-
uen in meete medicines to a man, doth contrary stirre and
make him lust therein. Marcellus Empericus.

77

If dogs chane to find a cats skin, they will rub and roule
themselues upon it. And they will doe so likewise where it is
buried: they delight so much of the thing dead, which they ha-
ted alius. Cardanus.

78

You shall know good and pur'e Azure, from sofissiate and
naughtie Azure, if some of it be laid vpon a hote burning
yon, and if then it will not be burned, neither any little stome
is found therein, then it is pure and perfect. Mizaldus had this
out of an old written booke.

79

+ The white of an egge well & long beaten mixt with quicke
Lime, will ioyne surely broken Glasses, and broken earthen
Cups, and will make them hold fast and surely together. But
it would be the better if a little of very old Cheeze be well
mixt therewith. This is very true, and proued.

80

Planten is iudged by Hermes, to be the hearebe of Mars, and
therfore good against the deseases & paines of the head because
that the signe of Aries, which is one of the houses of Mars, doth
gouerne the head. And also Planten is very good against the
griese and diseases of the Stones, and the Ulcers of the blad-
de; and also Gonorrhia passio, and Hemerods, because Scorpio
the

the other house of Mars, doth rule that part of the bodye. Like iudgements may be had of other hearbs of the Planets. Mizaldus.

81.

If the right knee of a Bull be very streite tyed, he cannot bull a Cow, although before his eyes she allure him thereto with her moing. Mizaldus.

82.

If a married man be let or hindred through Inchantment, Sorcerie or Witchcraft, from the acte of generation, let him make water throught his mariage Ring; and he shall be loosed from the same, and their doings shall haue no further power in him. Guil. Varignana, and Arnoldus de villa noua affirmyes the same.

83.

Who so vse to rubbe their fingers betwene their toes of their feet when they goe to bed, especially, when they smell most; and then to smell the same at their nose: it is a perfect remedy to put away the cramp. This was affirmed to me as a tried thing.

For the
cramp.

84.

A candle burning; holden or put to a house or place wherein a peece of Salpeeter is put, the said candle will soddenly be blowne out. And the same candle immediatly put to another place wherein is Brimstone, will be light & burne againe, for the great meruell of them that stands by, if they be ignorant of the secret. Mizaldus. But the snuffe of the candle must not be cleane out.

85.

That writings shall not burne in the fire, take very strong Vineger, and the whites of egges and put them together and put thereto Quicke siluer, mixyng & stirring the Quicke siluer well therein, and with the same mixture annoyn Paper three times and after every time, dry the same well: and after that write what ye list on the same paper, & then cast the same writing into the fire it will not burne. This Mizaldus had out of an old booke.

86.

Cut or breake a white loafe in the mids when it comes hole out of the Ouen, and lay it to the eare of such as haue any quiche thing in their head, and it will bring it out, shifling it full with hot bread, vntill all the quiche things be come forth. This is proued to be true.

The first Booke

14

For the
Crampe.

87

The little bone in the knee joint of the hinder legge of an Hare doth presently help the Cramp, if you touch the grieved place therewith. Often proved.

88

A littile p̄ce of the tung of a Fox, being moistened & made softe in Vinegar, (if it be dry) draweth out a thorne or any other thing deep in the flesh, if it be laid vpon the place where it is. It is an excellent and true thing.

89

When the ſigne of the ſixt house is Libra, and Mars in the ſame house it ſignifieth grieſe and paines of the eye. Iatromathematica. Guat. Ryff.

90

Julius Viator a Knight of Romé, (Plinie being the Author) who in his childhood had the Dropſie, therefore ſoreidden of the Phisitions to vſe moist things, did ſo euercome Na- ture, through continuall & long vſe, that all the time of his life after he liued without drinking any thing.

91

To ſta ch
blood.

+

The thrie cornerd ſtone of a Corpe, which is to be found in the hinder part of the head, ne vnto the neck, beaten ſmall, & blowne into the noſe, doth ſtay the bleeding of the noſe, by his binding faculty: which may be perceiued by the tasting thereof. This hath beeene proved, and I know it to be true. Mizaldus.

92

The head of a Cat that is all blacke, burned in a new pot, a fine ashes or powder made thereof, & ſome of the ſame thrie every day, blowne out of a quill into the eye that hath either Web or pearl, or any other euil or grieſe in the ſame, is a moſt excellent helpe & remedy thereroe. But if the party ſeels any burning in his or her eye (especially in the night) let thrie or ſoure Dakē leaves ſteeped or moistened in water, be laid together vpon the ſore or grieved eye, and let the ſame be afterward turned and laid on againe. The Author of this ſecret, ſaid: that the ſight is reſtored with this remedy, after a whole yeares blinďneſſe. This was told to Mizaldus;

That

93

That Salt will helpe secundity, or make women more apt to bring forth Chi'dren. It may be an argument: because of the great number of Hise and Kats that are wont to býed in Ships of the Sea. And because women that are louers of Salt and salt meats, are more prone, and haue more children. Lemnius.

94

Ales that are much cumbered with melancholy, doe gladly eate Cisterach, or Scaleferne that they may mend & helpe the diseases of the Spicene: Gold finches Cibright, & Vipers Fen-riel, for the mending of their sight. So Goates by a certaine property of nature, doe hate or cannot abide mans spetle, nor they will eate any thir g'wh. iof man hath first tasted. But the nature of Lyzards is contrary: for they liske by the same gree- vily. Plinus Theophrast.

95

Annibal made a passage for him and his Souldiers through the hard rocks of the Alpes to passe into Italy. For by heating & burning the Stones with fire & sprinckling Vinegar thereon, he made them so softe, that they might fall easily in pieces, & that they might be sooner broken a sunder. Titus Linius. Plutarchus.

96

Here followes an excellent remedy for all wounds & easie to be made. Take gréke Pitch, Brimstone, & white Olibanum, which is a kind of Frankencense, of all a like quātity: let them be stamped & mixt with the whites of Egges, then (the wound being first wash't, and the lippes thereof well ioyned toghether) lay the same mixture on a linnen cloath, & apply it to the wound & tye the same fast on with cloathes, or broad bands: and let it lye so certaine daies unremoued, proued saith Mizal.

97

White Lillies will wax red, as Florentinus hath taught: if warily & diligently you open the clifts of the roots, and fill the same with any red colour: & so then set the same in a fat dunged earth. Mizaldus.

98

Women that use to lye and sleep on their right sides, seldom or never bring forth any wenches. Rasis writes this.

99

Whosoever is annoyncted for the Neapolitan disease
(com-

(commonly called the French-pox) if he hold in his mouth a Ring of gold, or else another peice of gold, & rowles the same about his mouth with his tongue, the Quicksilver that is in his body by the meanes of the ointment, is dyalorne of the said gold, & is so wrapt about the said ring or gold, that when the same is taken out of his mouth, it chalseme as though it were all siluer. And the same King or other gold will not be restored to his former brightnesse or colour, except it be put into the fire. Lemnius.

100

Snailes without their shels, or otherwise with their shelsamped &nd mixed sometimes with Cheslep or rennet, doe draw out thornes, or any other thing out of the flesh though neuer so deepe, if they be applyed to the place. And also being laid to the belly of them that haue the dropsie, they suck out the water. But the same must not be loosed from the belly, vntill all the humours or water be sweate forth, or else the same plater of Snailes goth fall away of himselfe. Iacob Hollerius.

The end of the first Booke.

The second Booke of Notable things.

I



When the Moone is in Conjunction with the Sunne, or in any euill aspect with him, and in any Angle, and behoden of euill Planets with an euill aspect, in any bodies nativity. It signifieth that the child then borne, shall haue inseparable diseases or grieses in the eyes. Iatromath. Guat. H. Ryff. Argent.

II

It is manifest by experiance, that the searenth Duke childe by iust ordet (neuer a Girle or Wench being borne between,) doth heale onely with touching, (through a naturall gift,) the Kings Quill: which is a speciall gift of God, giuen to Kings & Queenes. As daily experiance doth witnesse.

Erastatus

³
Erastratus a Phisicion, did perceiue by the felling of the pulse, that Antiochus the sonne of King Seloucus, did so pine for the loue of Stratonices his mother in law, that unlesse hee might haue his desire, with the good will and pardon of his Father, he would die. These are the Autors thereof, Valerius Maximus, and Galenus. Which also by the like, did knowe that Iusta the wife of Boetius, a Counsellor of Rome, did languish for the loue of one Pilas dauncing in the Theater. Mizaldus.

⁴
Telendine with the hart of a Mcont or a Mouldwarp, laid vnder the head of one that is greuously sicke, if he be in danger of death, immediatly he will cry with a loude voyce, or sing; if not, he will weepe. Mizaldus.

⁵
The iuice of Henbane, mirt whith the blood of an Hare, & sod within the skinne of a Hare, it is said that all the Hares will gather together, which be within that trace where it is buried. As the Matrix of a Witch will gather Dogges together. This was affirmed for trueth to Mizaldus.

⁶
Many women whic child of the sodaine or unlooked for, mæting, or sodaine seeing of an Hare, or for the desire or longing to eate of the same: do bring forth Children with a clouen overslip, and forked wise called an Hare lippe. Daily experience confirms it. Mizaldus.

⁷
That disease or sicknes will be great which takes one when the Moone is in that signe, wherein an euill Planet was in the time of his birth, either in a quartile or opposite aspect: and if an euill Planet doth then behold her, it will be very perillous. But then if the Moone be in a place where a good Planet was in the time of the birth, that sicknes wil be without any danger. Hermes Trismegistus, Ptolomeus, and Claudius Galenus, Authors.

⁸
An Egge layd in strong Vineger, threé dayes or a little longer: it makes the shel therof so tender and soft, that one may draw

draw it through a Ring. Cast the same into warme water, and let it lye therein, and it will be hard againe. Mizaldus.

⁹
A flint stone lying in Vneger the space of seauen dayes: may be reduced into powder by rubbing betwene the fingerz. Therefore it is no maruaile though Anniball did dissolve the stones of the Alpes with Vneger. Mizaldus.

10

Water wherein the leaues and seedes of Hempe is sedden: being cast or sprinkled on the earth will make the wormes to come out of the ground if any be there. Mizaldus.

11

Take the oyle of Tartar, made of the Læse of excellent wine, it doth take the spots from yron, the yron being cleasened from all rustinesse, and doth make him of an excellent brightnesse if the yron be rubbed therewith. Mizaldus.

12

Forth Gout. The roote of Henbane stamped, and applyed warme to the paine of the Colyte of the feete or Siatica. It is said that it helps maruelously, because the heathe belongs to Jupiter, which is enely Lord of Sagitarie, which gouerns the huckle-bone And of Pisces which challengeth the feete. Mizaldus. had this out of an old booke of secrets.

13

To keep Ink If some droppes of Aqua vitæ, be mixt with writing ink, from freezing the same ink will never be frozen. proued.

14

Whosoever is apt to any thing: hath certainly that Starre or Planet, by whome that thing is signified very strong in his birth. Mizaldus. As thus for example (I may saye by the way.) Hee that is apt to martiall scates, or martialle assayres, hath vndoubtedly Mars streng in his birth. And whosoever is apt or inclined to planting, drawing, writing, siphoning, or to the Science of Arithmetickie, or to any wittye or notable invenstions, without all doubt hath Mercurie very strong in his birth. Whiche by daylye profe is infallible. And so you may knowe of the rest.

The

of Notable things.

21

15

The wood of the Sycamore tree, is never dry in the Ayre or hye ground, and in the bankes of Riuers, and where waters run ouer, it dries very quickly. Mizaldus.

16

The soles of the feete anointed with the fat of a Deernoule doth procure sleepe. As Actius doth say.

17

They will haue paines in the Stomack, or be weak Stomackt, in whose Particularities, Mars and Saturne are in the first house: or in the twelfth house, infortimating the Stone, or the Lord of the Ascendent: especially if the signe of the first house be Cancer, Iatromath. Guat. Ryff.

18

This following is an edcellent remedy for them that be broken bellysed or bursten. Take nine red Snayles, and put them betweene two Tyle stones, so that they slide not away, and dry them in an Ouen, so that you make them in powder: then giue to the diseased the powder of one of them in white wine every other day in the morning, til all be done, which will be in eighteen dayes. The party must take it fasting, and neither eate nor drinke of two houres after. And if the disease bee so long rooted that these nine times will not suffice: then begin immediately againe with other nine Snayles, and do as before is declared in all pointes. I had this out of an olde Booke wherein was many Secrets, and I heard one affirme it to bee a true and tryed thing.

19

Hemp seede giuen to Hennes in winter, will make them To make lay Egges apace. Candalus. Hennes lay.

20

The Oyle of Tartar, doth take away cleane al spots, freckles, and filthy wheales, of the face, chin or forehead, with his cleansing strenght. This is proved.

21.

When thou wilte drine a waye Flies from anye place, that there shall none bee scene there againe, make the image of a Flye in the stome of a King: or as my booke saith Mizaldus, in a plate of Brasse or Copper, or of Tinne, make the image of a

D 2

Fly,

Flye, of a Spyder, or of a Serpent, the second face of Pisces, then ascending. And whiles you are making & grauing of them, say: This is the image which doth clean rid all Flyes for euer. Then bury the same in the mist of the house, or hang it in anie place of the house, (but if thou hast foure such plates, and burie or hang them in seuer corners of the house, or hide them within the walles, that no body take them away, it were farre better.) But this laying of them must be when the first face of Taurus doth ascend. And so no Fly will come in there, nor tarry there. Ptolomie saith, that he saw the triall heirof in the house of King Adebarus: who was very wise, and was maruaileous expert in naturall Magicke, in whose Palace or Place, there was neither Flye nor any other hurting worme. And that I might search it out sayth he: I brought in shifther lyue Flyes, which presentlie died. Mizaldus.

Sixe or seauen Whites of eggs put into troubled or thicke Wine, and the same being wel moued and stirred with a sticke makes the Wine fayre and clere.

It is dangerous to stricke: especially, to cut that part of the body, when the Moone is in that signe that gouerns the same: as daily experience sheweth by many, and a thing eury where feared and doubted, through the dangers that followes thereof. And it was credibly told me, that one that was by chance prickt in the finger with a thorne: the Moone in Gemini, died without any remedy thereof. And I knew a tall man and a stout, that in fighting had a little cut with a sword vnder the ancle, as it seemed to me, seeing the same, a thing of small harme, yet notwithstanding, he dyed within halfe an houre after the stroke was giuen. This may be verified by many examples. So that by this and by many other things, it is manifest that the Moone and other Celestiall bodies: haue maruaileous power in our earthlie bodyes. As in this Booke and in diuers and many places, the same is manifest.

If a Rat, Mouse, or Wesell, or any other thing, sodenlie leap or fal on the body of a woman with child: or els any Cheries

or a cluster of Grapes, or other thing whatsoeuer chance to fall or hit any part of her body, by and by it haps that the childe is marked with some speciall noat or marke on that part, whereon they did fall or hit: (except happily the woman on whose body the same did chance,) wipre whith her hand sodainly the part or member therwith touched, & lay her said hand on some other part further of. Lemnius. There are fewe women; but knowie this to be true, and many haue found it too true. As two or thre strange examples in this booke doe shew most wonderfully.

25

Burning water called Aqua vitæ, is of a meruaileous force, in preseruing of things and keeping them from putrifying. For flesh or meates whatsoeuer moistened therewith, will be safe from corruption and wormes.

26

If young beastes eate of the leaues of an Iuie tree, they die. But if they that chalve the cudde doe eate thereof, they feele no harme. This is the opinion of Theophrastus. But Plinie dooth ascribe it to the Ashtree. But the likelihood and nearernes of the words might deceiue him. For the Ashtree in the Greeke tongue is, Milean, and the Iuie tree is Millon. Mizaldus.

27

A maruaileous matter, and a thing worthy to be remembred is written by Aelius, that a great mighty Wolfe did come to a schole, and did snatch the writing Tables out of the hands of a boy, called Gelon of Syracusa. Whereat the sayd childe Gelon, rising from his seat, did diligently and sharply without any fear follow the said wilde beast, earnestly to plucke the sayde Tables from his mouth. But after that Gelon was out of the scholler, hee with a sodaine ruine fell vpon the rest of the schollers, and killed, & opprest with the Scholemaster, aboue a hundred boyes. Onely Gelon by Gods prouidence, of all his fellowes remayning aliue. And because hee was not killed of the Wolfe, but rather reserued, it cannot be without great admirations, partly foreshewing his kingdom and rule, and partly that he was preserued from so imminent a perill.

D 3

Uho.

28

Whosoever will preserue Chesnuttes, and keepe them safe
and sound, let them lay and mire them with Walnuts: for they
will drinke vp and consume such humors whereby they corrupt.
And they will not suffer them to ware nowdly. Mizaldus.

29

+ Knotgrasse is thought to be the heareb of the Sunne, wher-
upon it helpes greatly all the diseases of the heart, and the
mouth of the stomacke. Wheresof Leo the Lyon is gouernour,
which is the house of the Sunne. And it is very good against the
great greeves of the backe, the Stene and the Collicke, by drin-
king of it, or by infection. It was affirmed to Mizaldus, that it
was found true by experiance.

30

A hearbe called Houndsonge, ioyned with the Matrix of a
Wytch, beinh so tyed to the necke of a Dogge, that he can not
get it awaie: you shall see him turne about so long, that he will
fall downe and seeme to be halfe dead. Albertus.

31

When the Scithians were constrainyd to sustayne
hunger for any certaine matter or urgent cause: they girded in
their bellyes with broad bands that no emptynes left in they
belly or guttes, their hunger might the lesse greeue them. For
through the hard binding in of the belly, hunger is the more te-
lerable. Whereupon it is seene that they that eate much, doo loose
or unbutton their doublets, and loose their garters. Phauorinus.

32

The Elephant seeing a Ram is by and by tame, and leaues
his fiercenes. With which pollicy the Romanes caused the E-
lephants of King Pirthus to retorne and goe backward. And so
the Romanes obtained a worthy victory. Mizaldus.

33

+ The paring of an Apple cut semething thicke, the inside
whereof laide to hote burning or running eyes, at night when
the partye goes to bed, and tyde or bound to the same, dorth help,
the same very spedily, and contrary to expectation. An excellent
secret,

A

34

A certayne Priest having a louing Dogge, was killed for his mony, and thrown ameng bushes or some other priuy place. Whiche dogg so mourned for his said Master, that he would not depart from him, but howled: so that the deade body was found. Whiche dead body was brought afore certain men to be viewed, to which place divers people reuyed. Amongst whom the murderer must needs shewe himselfe (lamenting outwardly the matter, with the rest of the standers by, as though hee had beeene as guiltlesse as the best,) whom when the sayde Dog perceiued: he barked and did runne at him fiercely, and by no meanes would leue his barking, howling and running at him. And following after him, and at none other: shewing (in his maner) that that was he that killed his Master. Whereupon beeing suspected he was examined, who forthwith confessed his wicked fact: and therefore was executed. Saint Austin affirmes this, as I do remember.

35

If boþ the lights, (that is to say, the Sunne and the Moone) bee in the sixt house infortunate, they that be then borne without doubt will be blinde. And if but one of them be there and infortunate: then the childe will be blinde but of one eye. And likewise it will be, if either the said lightes be Lord of the sixt house infortunate. And uniuersally, their eyes cannot escape great hurt, in whiche partie the said lightes are impedit, latro.

36

This followinge will presentlie ease the paynes of the Toe aſceth Gout, fyre out the grace of Shoemakers spetches, 12 peices of Gouȝ Leather: and lay some of it vpon a browne paper, warming it a little at the fire: then apply the same to the grēfe, and it will take away the paines in one night. I had this of them that haue proued it often to be true.

37

If Sheepe chaunce to eate of an hearbe called Knotgrassie, it will make their bellyes swell: and they will anoyd cut of their mouthes a thyme stinking froth, therefore they must be let bleed vnder the tayle next to the buttocke. Columella.

38

There is many dō things in their sleepe, that they that bee awake vse to dō. For they will walke about the house and Chamber.

Chamber, and will goe to other folkes beddes, and dare do any thing without feare. Whereof there are many dayly examples. But one among all the rest, (which was credibly tolde me) was maruelous strange, & almost incredible. Which was: that two men lying in bed together, the one of them being fast asleep, tooke the keys and unlocked the doores, and the gate of the house, and so tooke his Bowes & Arrowes, and went to a wood or Chase about a myle from thence, and killed a Bucke or a Doe, and then did couer and hide the same in the Wood: and then came home againe, unlocking and locking the gates & doores agayne and layd the keyes where he had them, and so went to bed. The other man that lay with him being awake, followed him & did see all that he did. But he would not goe to bed, but stayde a while in another place, to see the ende thereof. And as soone as the other was in his Bed, he tooke his Dagger, stabbing and thrusting therewith in the Bed, whero the other man did lye, and by and by after awaking, sayde: alas what haue I done, I haue killed him. The other answered, nay, I am not kild yet, thankes be to God. Then saide he: for I was a dreamed that I killed a Bucke in such a place, and that thou didst see me where I did kil him, & hide him: & thing thou woldst bewray me I thought to kill thee. But I am glad said he, that it was but a Dreame. Then the other saide, if it were a Dreame thy Dreame is the true. For thou hast performed all thy Dreame, except the killing of me, which he would not beleue untill the next day: when he that lay with him arried him to the place where he himselfe tolde that he did hide the said Buck. Where indeede they found the Buck killed as he before told in his Dreame. A marueilous matter if it were true.

39

The Greekes and Romanes did keepe Snowe till Summer in Canes of the earth, couered with Oken bawes or chaffe. Which made Saint Austin say: who gaue Chaffe such a cold strenght to keepe and preserue Snowe, or such a hot strenght, to heate and ripen vriupe Apples.

40

Wine will bee pleasant in taste and in sauour and colour: it will much please thee, if an Orenge, or a Lymon (stukke round

round about with Cloaues) bee hanged within the vessell that it touch not the WINE: And so the WINE will bee preserued from soiftines and euill sauor, Mizaldus.

41

They will haue paines or diseases in their Liver, in whose nativitie Jupiter is Lord of the sixt house, being euill aspected of an insortunate planet. Iatromath.

42

If Shel Snayles be rosted and dryed at the fire or in an Ouen, and made in powder; and a spoonfull thereof drunke in Ale at one time and so taken nine or ten dayes together: it doth perfectly helpe and cure the black Jaundies, Proved.

43

If you stamp earth wormes, and then strain them through cloth, and then put to the same as much of the oyle of Rauish a roote, and betwene the beating or framing of swords, kniues, or Daggers, when they be hotte: you do quench them twise or thrise therein, the same shall cut Iron after, as though it were Lead. This Mizaldus had of a Phisition that was cunning in that Arte.

44

Stinking and corrupt WINE wil be marueilously mended, if according to the bignes of the vessell, a sufficient quantity of cleane Wheate in a bagge be hanged in the sayde vessell, and after bee taken out of the same. For whatsoeuer is uncleane, or naught in the WINE, the Wheate will draw the same to it, and so will leauue the WINE pure and cleare. Pistorius.

45

The vttermost or last ioynt of the tayle of a young whelpe, after he is forty dayes old, beeing writhen off: the same Dogge will never be madde. Besides that his tayle will be thereby of a comely length. Mizaldus.

46

If you boore holes in Bay berries, and put into euery hole the seedes of Artichokes, and wrappe them with dung: and sowput them into the earth, thou shalt haue so swete and pleasant smeling Artichokes: that nothing can be of a moze swet & pleasant smell. Varro. the same will happen, if you do stape seedes three daies in swete smelling water. Mizaldus.

E

Wetter,

For a stich.

46

Butter, Aqua vitez, and Beasts gall, of each a like quantite
mixt together. And any ache or stich annointed therewith some-
thing hot, every morning, and evening, for seven or eight, daisies
durst perfectly helpe the same. Proved.

48

All Wheate that is sowne in continuall moist grounde,
after the third sowing, will be come the purest Wheate & make
the fittest and best bread that can be made. Collumella.

49

Galen saith, that he knewe certaine men in his time, that
gave the pouder of mans bones burned, to them that had the fal-
ling sicknesse : they not knowing of it, least their minde shold
stand against the medicine, and many was cured with the same.
Geluerus hath proved it with the scull.

50

If the little Perue vnder a Whelpes dung, (commonly
called the greedy worme) be taken away, it keepest the same safe
after from being mad : and he will not be giuen somuch to bar-
king after. And also it is thought they will not be giuen to græ-
vines after.

51

If you prick the head of a Leake, with a Kede or a stich shar-
ped, and put within the same, the seedes of Rape, or of Cucum-
bers, the saide Leakes head will so swell; that it will seeme mon-
strous.

52

Ætites, called the Eagles stone, tyed to the left arme or
side: it brings this benefit to Women with Childe, that they
shall not be delinered before their time. Besides that, it brings
loue betwene the Man and the wife. And if a woman haue a
painefull trauaille in the birth of her Childe, this Stone tyed to
her thigh, brings an easie and light birth: but you must take it
away quickly after the birth. The same Stone as the Caldeans
report, if it bee mixt with meates enuenomed: it forbids or lets
that the same meat be swallowed downe: Euax. & Alb.

53

The people of Astomores (as Plinic reports) have no mouth:
and are cladde with a woolly molle growing in India, and live
only by smelling of Odours at their nose of Rootes, and
of

of flowers, and Apples that grow in the woods; which they carry with them in their long iournies to sustain and nourish them withall, lest they shold want thereof to smell.

54

The powder of Stone Pitch, drunke in small drinke once every day, for the space of four or five dages: is a very good remedie for them that are bruised through falling, or otherwaises. For a Bruise,

55

When the sunne is in the day time, and the Moon in the night, in a Natiuitye it is corporally conjunct with any evill planet: the Childe that is then borne will be blinde. And if this be in an Angle, or if the Lord of the Ascendent be with them then they will be blind in their youth. And if the said light so infortunate be not in an Angle, nor with the Lord of the Ascendent, then they will be blinde in their age. Iatromath. Guat Ryff.

56

Three Payles made in the vigill of the Natiuitye of Saint John Baptist, called Midsoner Cuse, and druen in so deep, that they cannot be seene, in the place where the party doth fall that hath the falling sicknes, and naming the saide parties name while it is doing: doo drive awaye the disease quite. Which Mizaldus writes of the reporte of one that proued it.

57

If you will presently turne Wine into Wineger, cast therein Salt with Pepper, mixt with sowe leuen and it wil perferme it quickly. Mizaldus.

58

The roote of Veruaine hanged at the necke of such as haue the Kings Cuill: it brings a marueilous and an unhoped help. Which is Venus hearbe, that hath power of the neck: because of Taurus the Bull, being her house. Mizaldus.

59

Whosoever falleth sicke in that yere wherein there is an Eclipse, and the Signifiers of the saide Eclipse bee in the Ascendant of the Natiuitye of him that so falleth sicke, or in the Ascendant of his Revolution, or in the place of his Hylech, or of the Signifier of his life. That disease then taken, will be very pernicious and deadly. Mizaldus.

60

Geese, Duckes, and other water Fowles, helpe their diseases with wall Sage, Hennes with Mithwind, Geese with Haritch, the Cranes with Squinant, the Panther with mans dung the Bores with Iuy, the Hartes with Arthecholos, the dogs with grasse. Also Plinie sayth: that the smell of Crabbes will kill Bees, especially: if one sette them nre unto their Hives. For they abhore stinking smelles. Therefore they followe them hercely that smell of stinking smelles.

To kil worms
in Children.

61

If Children eate Raisins fasting, that haue wormes without any other meale, it will kill and auoide the wormes. For as bitter things are noysome unto them: euен so is sweete things. For with the oft eating of sweete things; it makes them to swell and burst.

62

If the tender hornes of young Buckes, that is couered with a thin hairy Skume, be cut in pieces, and then put into a newe potte well couered, and set in an Ouen or other place that is hot wherby the same may be made into powder, & some of the same giuen with Pepper and Myrrhe, to them that are tormented with the Collicke, in good wine: it will helpe them maruelously of the same disease. Scribonius Largus.

63

Pellitory of the wall stamped, and so layde to the Coddes, and vnder the Payell. And so vied seuer or five times helpes the Collicke and the paines of the Bladder and Coddes. A thing often proued.

64

They will be diseased in the Spleene, in whose nativity the Moon is Lady of the first house, beeing Infortunate of Saturne. Or if the Lord of the Ascendent bee unfortunate in the seventh house: or if Saturne bee Lord of the Ascendent, and unfortunate of Mars: or if Saturne bee unfortunate by any meanes vnder the earth. Iatromath. Guac: Ryff:

65

Go rdes, Peares, Apples, Quinces, Cyfrons, Wardens or such like fruite: whereon you desire to haue some prettie, or other forme on the out side. If when they haue cast the flowers,

and

and begins to haue any forme or proportion: enclose them with in some wood, or other thing of stony, or of any other thing, and within of what forme you list: and tye the same fast about the said fruite. But make not the said instrument on the inside bigger, then the fruit will be within it. And when you thinke that the fruite is full ripe: take the lame with the fruit in it from the tree, and the fruit will be of that fashyon and forme as you desire. Mizaldus.

66

It is sayd that Alphons King of Castile, gave to certayne Mathematicians a hundred thousand pieces of golde: which were called or sent for out of Araby, Affricke, or other places for the making & framing of the Astronomicall Tables (which shewes the continuall course and place of the Starres and Planets) which work is to be had every where through his great liberality, to his perpetuall praise.

67

Galbanum made softer, and spred vpon a linnen cloth, and so applyed and layde vpon a plague sore: if the disease be curable, it wil so sticke & cleane to the same, that it cannot be pluckt away: vntille it bring away the roote of the soore with it. But if the disease be incurable, it will not cleave. Arnold de villa noua.

68

The little Sparrow hath a strength and vertue worthy of great maruaile. For if the Sparrow be condite or well powdred with salt and eaten raw, it doth expell and drise forth the stone by the vrine, and cures the disease so perfectly: that the same shall never brede againe: The Sparowes maye be condite very wel, if when their fashers be pluckt off: that then they be powdred and couered well with salt, and so dryed and eaten: if you haue many Sparowes, they maye be sodden as other birdes be. And also they may be burned in a pot close couered with the feathers and all: and the powder of one of them so burned with a little pepper and Sinenion, may be giuen to them that are greued with the Stone. There be which condite them (their feathers beeing pluckt off aline) with Salt, which is better. Some do eate them roasted whole, so that they cast nothing away of them but their feathers. They that will know more hereof: let them take counsaile of Actius and Paulus Egeneta, Mizaldus.

E3

M

69

To make ones
hands white.

If any will make their hands white, let them mire the dung of Sparowes in warme water, and wash them therewith: or let them seethe the rootes of Pettles in that water, and therewith wash their hands.

70

Elius writes, that the quilles or pennes of an Eagle, mixt with the quilles or pennes of other Fowles or Birdes, doth consume or waste them with their odour, smell or ayre.

71

To help the
rednes of the
face.

The rootes of Lillies sodden in water, doth take away the rednesse of the face: if certaine mornings and evenings, the same be wash't and rubbed therewith. This hath vsne often proved.

72

Beastes that bee stubborn or wilde, and also Horses, that will wince or kick, or otherwise be unruly: wil suffer themselves to be drest, or els to be shod. If you put into one of their eares a little round flint stome, and then hold the eare hard with your hand, and it will make them quiet, though they be fierce. But if you put into either eare one, you shall haue them as milde as a Sheepe. Mizaldus had this as proved, of one of the king of Navarres Stable.

73

Any stones will easily be made soft, if you lay them al night in the hot blood of an Ore, the fat of a weathur and streng Tinger mixt together. Iohau. Baptista porta, de Magia Naturali. As Mizaldus writes.

74

Apples that are frozen, if they bee put or cast into colde water and suffered to lye therein a while: will come to their nature againe. For thereby all their frozen congealing will be resolued. Lemnius.

75

When you see the Mulberrie tree begin to budde, then thinke that the cheese cold is past. Plinius as Mizaldus affirmes.

76

To separate golde from siluer, do thus. Anoint the siluer that is gilded with the Oyle of Linseed, and sprinkle thereon the powder of Roch Allom, and salte Armoniack mixt together; which being well heated in the fier, quench in water: and the separate gold will remaine therin. Mizaldus had this of a cunning Goldsmith.

A

77

A Greene Jasper storne hanged at the necke, dooth helpe and strengthen the stomacke, and the mouth of the stomacke very well. Which Galen affirmes by the reporte of Mizaldus. If they be hanged like a cheine about the necke : so that the same stones do touch the mouth of the stomacke.

78

If the head of a Wolfe bee hanged in a Doone house, neither Cats, Wesells, nor any thing that will hurt Pigionis, will enter therein. Rasis & Albertus.

79

They are like to haue paines or diseases in the Lyghtes, or Lunges: or will haue the Lysich, or bee short breathed: that haue in their Natiuity, the Moone in the Angle of the earth, (which is the fourth house) in coniunction with Mars or Saturne, or is infortunate by them. And likewise if Venus be the Ladis of the sixt house, and infortunate in a fierye signe, Iarromath, Gnat, Ryff.

80

If you stampe Yarisfe a little, and lay it in faire spring water for the space of 24. houers, and then wash any soore or scabbie place therwith: it will heale it wonderfully. This is proved true.

81

A Precious and a proved medicine, for the Stone. Hæfhe in white Wine, Tyme and Marcelli very well, then straine it, and into a god draught thereof, shauie a spoonfull of white sope, and giue it to them that are grieved with the stone: and it will make them make water with spedde.

82

The great number of Spyders doe foreshewe that the Summer following will be pestiferous and plague. Mizaldus.

83

There were seene two Wrethren at one birth in Austria, that if they did set the sides of their bodies to wardes gates or doores that were lockt, the locks would then open. Iohannes Langius.

84

Carduus Benedictus stamped, and then well sodden with swet or Swines grease, Wine and Wheate flowre, until it

The second Booke

34

it be like an oyntment:is an excellent medicine for sores and blisters whatsoeuer. Yea, though the bones therwith be bare: but you must anoint the sores twise euer yday : walking first the corruption from the sores with white winc. Arnoldus.

85

Saint Austine reportes, that he did heare,whiles he trauelled in Italy, that certain women were transformed into young Beasts of certaine trauellers, by the eating of Chese,that they might carry their burthens.

86

A present case
against
the Gout.

Take one handesfull of Mugwort, and seethe it in swæse Dyle Olyffe, vntill the third part of the Dy'e be consumed: then anoint therewith any part that is tormented or pained with the Gowte, and the paine thereof will bee quickly gone or put away. This is an experiment of a Kings Surgeon, against the Gowte of the feete and the handis. Mizaldus.

87

It is found by obseruation, that rats & Dormise, wil forsake olde and ruinous houses, thre moneths before they fall: for they perceiue by an instinct of nature, that the ioynts and fastining together of the postes and timber of the houses, by little and little will be loosed, and so therby that all will fall to the ground. Plinius, & Lemnius.

To cease blee-
ding at the
nose.

If one bleede on the right side of the nose, bowe and presse hard the parties right little finger, that bleed: if on the left side then the little finger in like case:for therewith the bleeding will cease. This is a common and proued remedy. Mizaldus.

88

If you giue halfe a scruple (which is the weight of 12. Barly cornes) of pure Currall, made first in fine powder, with the mylke, to a childe that is newly born, before it taste any other thing, the same child will never haue the falling sickness. Arnoldus de villa noua.

90

One Baldus of Trydent Doctor of both Lawes, as he was playing with a little Whelpe of his owne, the same did bite him a little in the neither lip, who being ignorant that his sayde Dogge

of Notable things.

33

Doggs was infected with madnesse : he himselfe within some moneths after, became mad, and at the last beeing past remedy did dye miserably. Andreas Matheolus in diascoridem, Which let them mark and consider that haue such pleasure in little puppets. Mizal.

91

Whosoeuer is tormented with the Sciatica, or the Goule, For the Gout let them take an hearbe called Speregrasse, and stampe it and lay a little thereof vpon the grefe : but put vpon it a Cockle or a Walnut shel, and tye something on it, that the hearbe be notremoued: and within sixe or eight houres at the most, it will make a great blister on the same place. Then lay a Clot lease, or else a Clost lease on the same : but first let the water out of the blister with a pinne, and it will draw out all the water that causeth the paine or grefe. This helpt one that was pained therewith twenty yeres.

92

Boetius after Oppianum doth assyeme, that Belles couered with the skime of a Wolfe, do drown the sound of other Belles that are couered with the skime of a Lambe,

93

Put two or more quicke Mice in a long or deepe Earthen pot, and set the same mye vnto a fire made of Ash wood : and when the pot begins to ware hot, the mice therein will cherpe or make a noyse : whereat all the Mice that are mye them will run towards them, and so will leap into the fire, as though they shold come to help their p^{ro}p^{ri}e imprisoned friends and neighbours. The cause wherof Mizaldus ascribes to the smoke of the Ash wood.

94

If you seethe the dregges or mother, or some of Oyle to the To Keepe halfe : and therewith anoint the bottome, corners, and feete of any Chest or Presse, the clothes that you lay therein, shal never Cloathes be hurt with Mothes. So that it be dray before you put therein from Mothes your clothes. M. Varro. and Cato.

95

If one aske the Astrologian which part of his life is like to be the most fortunate. Let him giue the first quarter of his lifets the Ascendent, the second quarter of his life to the tenth house : the third quarter to the seauenth house : and the fourth part of his life, to the fourth house. And marke in which of them there

F

is

36

The second Pocke

is Fortunate Planets, and the part Fortune, and the Sunne is from Infortunate Planets, and not unlike it. Judge then, that part of the life is or will be most fortunate. Haly Abenagel.

96

If you would not haue haire to grosse, pluck them first by the rates, then vse to rub the same place with A qua fortis divers times, a little at once: and it will stay the haire from growing there any more. A woman told me this for a great secret.

97

Take a Plaister of Potters clay mixt with Vineger, and the white of an Egge, and apply it to the Coddes of him that bleedes at the Nose, and straightway his bleeding will stay or cease. This is a sure proved medicine.

98

Cine to a woman, that suspects her selfe, to be with child, at night when she goes to bed; a cloue of Garlick to eat: and if she feele any saour thereof in the morning when she riseth then she is not with child. If she feele no saour thereof, then shre is with child. This I had out of an old written booke.

99

They will haue weake or fible harts, or will be much given to swounding, in whose nativitie the Sunne is Lord of the sixt house, or Lord of the part of infirmitie, baying impedit, or Infortunate. Iatromath. Guat. Ryff.

100

An excellent and appriued thing to make them slender, that are grosse. Let them eate thre or fourre cloues of Garlick, with as much of bread and butter every morning and evening, first and last, neither eating nor drinking of thre or fourre howres after their taking of it in the morning, for the space of fourteene dayes at the least: and drinke every day thre draughts of the decoction of Fennell: that is, of the water wherein Fennell is sod, and well strained, fourteene dayes after at the least, at moring, noon and night. I knewe a man that was marueilous grosse, and could not go a quarter of a mile but was enforced to rest him a dozen times at the least: that with this medicine tooke away his grossenesse, and after could journey very well on foote.

The end of the second Booke.

To make a
grosse body
slender.

The

The third Booke of Notable
things.

¹ The Eggs laid in the euening, in strong and tarte vineger, and taken out of the same the next morning: so that you perceiue their shelles therewith to be something soft, els let them lie longer therin: and then pat or thrust them downe into the thoate of a horse that hath the coughe, his tongue beeing holden all that while out of his mouth, will helpe him perfectly of the same.

² The Turtle Doves have such a loue one to another (beeing makes) that when one of them is dead, the other will never after haue any other mate. Aristo.

³ If one aske Astrologian, which part of the Land or Country is best for him. Or if one would go out of the place he dwells in, to dwel in another, and doth aske in what quarter or part were best for him to goe? Marke in what part of the heauens the good Planets be, from his Ascendent, and iudge that, that part where they are found is best for him: but consider that from the degeere ascending, to the beginning of the tenth house, is for the East part, and from the Cuspe of the tenth house, to the beginning of the seventh house, is for the South part: and from the Cuspe of the seuereth house, to the beginning of the fourth house is for the West part: and from the Cuspe, or beginning of the fourth house, to the Cuspe of the Ascendent, is for the North part. Haly Abenragel. And as these quarters and parts are good to remoue unto, where the good Planets are placed: even so those quarters whera euill Planets are placed, are euill to dwell in.

⁴ A certaine woman, a Florentine, was so pulled and gryped in her stomacke with such tormentes, that no Phisicion could helpe: which woman of a sodaine, did vomit long and crooked nayles, needles of brasse, with ware, and lumpes of haire, and at last

last he auoide out of her mouth, a great fleshie p̄ce, such a one as a Giant could not swallow. The Author hereof is Beniu-nius de admirādis morborum causis. But he saith, that the sayd woman was possēt of a wicked spirit. Mizaldus. (Which I believe was done by the devill.)

5.

Plinie reports, that men in ancient tyme, did fasten upon the gates of their Townes, the heades of Teales : thereby to put away witchery, sorcerie, or Enchantment. Which manie Hunters obserues, or do at this day, but to what vse they know not.

6

A Houle or Teal cont enclosed in an earthen pot, if you set ther the powder of Brimstone on fire, she will call other Houles or Teals to helps her, with a very mourning voyce. Mizaldus.

7

If you take an Dake Apple from an Dake tree, and open the same, you shall find a little worme therein, which if it doth flye away, it signissh warres : if it crepe, it betokenes scarcenes of Corne : if it turne about, then it foresheweſ the Plague. This is the Country mans Astrologie : which they haue long obserued for truth. Mizaldus.

8

If a man be sick, marke his eyes when he sleepeth: for if any white thing appeare betwix the eye-lids, and the Patient haue no great laxe, nor received any purgation before : it is a terrible and deadly signe. Aphor. Hippoci.

9

Whosoeuer is troubled with the Cough, or shortnesse of breath, let them drinke a good draught something warmed of this following, thrice euery day first and last, and one houre after dinner, for the space of seauen or eight daies: & it wil helpe them (God willing) for it is an excellent and often preserd thing. Take of the rotes of Emulacpana, cut in small p̄ces, of Hysop and Pennyall, & also of good scraped Liquorice, of each two handfull. Hēet hem all in a gallon of pure and faire waſer, vntill the watre come to one pottell, then straine it wel, and keepe it in a cleane vessell, close stopt or couered, and so vſe it.

10 Hōpe

10

Sope mixt with a little Salt, helpeth perfectly a Ffellow, Tuncome, or other sore or swolne finger, whith speed. I knowe that this hath bene well proued.

11

The white of an Egge well beaten and mired with the powder of Masticke, helps chapt hands: if they be annoynted therewith.

12

Deuseare, any maner of way ministred to Horses, brings this helpe unto them, that they cannot be hurt whiles the smith is shewing of them. Therfore it is called of many, Herba clavorum. The hearebe of nayles. Mizaldus.

13

If a Firre tree be touched, withered or burned with Lightning, it signifieth that the Master or Mistres thereof shall shortlie die. Seruius.

14

Galen sayth, that he hath found by experiences, (following the opinions of many) when any shall fall sick, and the Moone then be in the signe wherein a god Starre (or Planet) was found in the time of his birth, without doubt he shall escape from such sicknesse. If in the place of an euill Starre (or Planet) he will not escape. Iohannes Taymier.

15

Soeth the leaues of an Oak, and the middle rinde shereof in Water, and wash the head that is sore, or ful of Pustules therewith, and it will helpe it presently. This hath been est proued.

16

Ganiuctus sayth, that in the yeere of our Lord 1418. the 24. day of August, before foure a clock at afternoone, in the hower of Saturne, a certaine Priest called Iohanes Morterius, did aske him for a certain brother of his, which was sick: What should be the ende of his disease, death or health? Who after hee had erected the celestiall figure therefore, espying Mars within one degré of the ascendant in a moueable signe, beholding also the part forstue of a quartile aspect, with diuers other testimonies euil signes. And also Mercury being the Lord of the house of that Moone, in the 8. house, both retrograde and combust. Judged that the party woulde be madde, and so die within a day after:

F 3

which

40

The third Booke

which the messenger did declare vnto his friends, and to the master of him that was sick, being his brother. Which happened so. For about fourre of the cloke the next morning, he was so franticke, that he had like to haue killed his Master and others: But they were preserued through Gods speciall gift. And after, being close in a Chamber, did breake a poste, and so cast himselfe headlong downe, and dyed.

17

The Root of Pelleter of Spayne, chewed betwene the teeth a good while: will purge the head and gummes very well, and fasten the teeth. So that it will helpe the headache and toothache: if it be vsed fourre or five times in a day, two or thre daies together. It is very true and often preued.

18

Make that, that is shorne from Scarlet, into powder by drying it at the fire, or in an Ouen, and then gine to the party that hath the blouddy flur to drinke: halfe a spoonfull thereof in red wine. Use this fise or sixe times, and it will helpe him, or her shortly and surely God willing. This is well prooved.

19

The gall of a Partriche, anoynted once a moneth on the Artyzes of the temples of the head: So that it may penetrate and sinke in, doth profit very much, for the confirming of the memory. Simeon Sethi.

20

If the tayle of a Colse bee buried or put in the ground of any Towne or Village: no Colse will enter in that Towne or Village. Rasis. 21

Albertus makes mention of a Well, that whatsoeuer is throwne into the same: is turned into a stone. Whereof proufe was made by Frederick the first, who because hee would not bee deceived, he threw into the same one of his Gloves, whereto first he putt焉 and sealed it with his owne Ring, and the one halfe of the glove which was under the water, became stony: the other part aboue the water remained as it was before.

22

If one goe to any body, and doth aske them being learned in Astrologie, whether he shall finde him or speake with him, or not.

Patre

Marke the Lord of the seventh house, whom if then finde in an Angle : say that he is at hame. If in a Succedent house, then hee is nigh at home. And mark if between the Lord of the ascendent and the Lord of the seventh house, there be any application, or if there be any Planet beholding the seventh house, and carries the light of the one to the other, or that doth toyne their two lights, and it be thus : then tell him that he shall finde him. If not, then he shall not Haly Abenragel. Which is true, so that the party doth goe to his wife, or to his enemie or to any other common person. But according to Guido Bonatus: if he goe to a King, or to his master : then you must take the tenth house, and the Lord therof : if to a Priest, or a Prelate, or a Bishop, then you must consider of the ninth house, as Haly biddes you doe by the seventh house : if to your sonne or Daughter, then the first house, if your father, the fourth house : if to your brother, then you must judge as before, by the third house. And so of the rest, according to the significations of every house. Wherefore the learned in Astrology are not ignorant : and this is a very true rule thoroughly and many times obserued. And the Lord of the seventh house, or the house that the party travels unto, doth signifie be in the Cadent house : then the partie is farre from home, so that hee is not like to speake with him.

23

Many haue proued that a Saphire tied to the Artier doth put away the heat in an Ague. And the same stone born against the hart, doth preserue the bearer thereof from the Plague, and from venemous things. Rasis & Albertus. and other.

24

If one that hath eaten Garlick or Comynseed, breath on the face of a woman that is painted, the colour will vanish away straight, if not : then her colour remaines as it did before. Lang.

25

The Leaues of an Elme Tree, or of Peach Tree falling before their time: doth foreshew or betokens a murrierath of Cattell. Cardanus.

26

Tiberius Cæsar, who was Emperour of Rome when Christ suffered, when he awaked out of sleepe : did see in the darke as Cats do. Suetonius,

Philosophie

27

Whosuer eateth two Walnuts, two Figs, twenty leaues of Rew, and one graine of Salt, all stamp and mixt toge-
ther, fasting : shall bee safe from poysen and Plague that day.
Whiche Antidote King Methridates had vsed so much, that
when he drunke poysen purposed to kill himselfe : it could not
hurt him. Plinius.

28

If you will enclose seedes of divers kinde, either in Clær or
in some other fast matter, made something thynne or small, han-
ting out of length, (that is) as long as you would haue the saie
to growe, and then putting the same in the ground well dinged:
a merueilous hedge will spring therof. This is the workeman-
ship and experimēt of the Kings Gardiner. Mizaldus.

29

The Eliphants haue sence and understanding next unto
man and it seemis they know, and keepe the course of the Stars:
for at the change of the Moone they breake downe bowes
from the trees and holded them, then incouing them vp & downe,
and they are marueilous deable. Gellius, and Plinic haue left it
witnessed by Mutianus that was thysse Consull, also Plutarch:
that an Elephant did write the Greeke Letters. And Elianus
saith, that an Elephant did write all the Latin Letters in or-
der with other things incredible.

30.

Grind Mustard with Vineger, and rub it well and hard on
the plants or soles of the feete: and it will helpe and quicken for-
getfull persons. Petrus Hitpanus.

31

A most notable and proued water to clarifie the dimnes of
the eyes, or sight, dooth follow. Take the iuice of Fennell, of
Celedine, of Rewe, and of Cybright, of eache two ounces Hen-
ny one ounce and a halfe, Aloes, Tutte, and Sarcacoll, of eache
half an ounce: the gall of a Capon, chicken, or Cock, two drams:
Nutmegs, Cloues, and Saffron, of each one dram, Sugar candy
six drams, put all into a Limbeck of glasse, and distill it: and put
of this water into your eyes once in the day, two or thre drops
at a time. And there cannot be a more pretious thing for the eyes
then this. I know it by p̄fōse, and therfore I am the bolder both
ts

to praise it and publish it abroad to the great comfort of other.

32

The thre score and third yere of ones age is counted to be a daungerous and porilous time: soz that it doth passe seldom without daunger of life, or without some other great misfortune. And it is obserued in many examples. H[ec]c[etera] of Augustus Cæsar, (as Gellius reporteth) was marueilous glad, that he had escaped that yere of his age. The cause may be that the seuenth yere, and the nynty yere (being Anni climacterici & critici, which are Judicial yeres) multiplyed together: makes the said number of. 63. Mizaldus.

33

Seethe Iuy berries in Wineger, or in white Wine, and when they be well sodde, sup of the same hot licour, and when it is cold spit it out, and sup more thereof. Whosoeuer dooth thus, it helpeth the tooth ache.

34

They in whose Nativity Venus is impedit or infortunate of Saturne. Are like to haue paines or grieses in their stones, especially, if she be in the Ascendent. And likewise, if Venus be with Mars in the eight house: or if the Moone Venus and Mars be coniunct, or in the euil aspect of Saturne, Iatromath. Guat. Riss.

35

Whosoeuer is lame, & can neither goe nor stirre their ioynts: Let them take of good Aqua Composita, and oyle of Roseys, of either a like much, mire them both together, and anoynt the greened place therewith Morning and euening, vntill it be well. Which will be within a while after, but rubbe the place with warmed Cloathes well before. A thing often proued.

36

Whosoeuer hath Mars in the Horoscope, or the Ascendent at the time of his birth: certainly he will haue a speciall scarre or marke in his face. Pro. Which I haue tryed in many, and yet neuer haue found it false.

37

The circles of Cart whæles, empty Carts, and thecombe on a Cocks head: do maruelously feare a Lyon, (being a most hardy, or fierce beast:) but of all things he feares fier, Torches light,

The third Booke

44

lyght, or firebrands. Plinius, Aelianus & ali,

38

That Piggins qee not hunted or killed of Cats at the windows i a cuery passage, and at every Piggins hole, hang or put little bratches of Rewe: for Rewe hath a marueilous strength against wilde beasts. As Didimus dooth say.

39

If the taile of a Wulfe be hanged in a heuse, no Wulfe will enter therin, neither any flyes will slye into the same, Rasis.

40

If a mad man vse to laugh, it is a laudable signe, but if hee be very sad it is perillous. Aphor. Hipocratis.

41

This medicine following will procure a good stomake to meate. Take thre drammes of good Sinnamon, one dramme of Mastick, one dram of the parings of Pomegranets, and halfe a dram of Galengale, and stampe all these together, and temper it with clarified Honey: and then vse to eate as much thereof as a þut euery day during ten dayes, fasting: and it wil procure a god stomachke, and also preserue and keepe the same from any euill humors to breed therin. This is an excellent medicine and osten proved, and easie to be made.

42

If you marke whiche your right feate dooth stand at the first time that you do heare the Cuckoo: and then graue or take vp the earth vnder the same, wheresoever the same is sprinckled about: there will no Fleas breed. Plinic by Mizaldus report: And I knowe it hath proved true.

43

To make the counterfet Mandrag, which hath been sold by deceivers, for much money Do thus as followeth. Take the great double roote of Briony, newly taken out of the ground, and with a fine sharpe knife, frame the shape of a Man or Weman of the same, with his stomes and Todes, and other members there to. And when it is clean done, prick all these places with a sharpe sticke, as the head, the eye browes, the chin, and the priuities, and put into the saide holes the saedes of Myllet, or any other that brings forth other small roots, thaþ do resemble haire (which

(which Lækesedes will do very well) or else Barly, after this put it in the ground, and let it be couered with earth vntill it haue gotten vpon it a certaynelitle skin : and then thou shalt see a monstreous Idoll, and haire, which will bosome the parties well : if it be wyckmanly or cunningly made or figured. Mizaldus. Another curiouse way for the like, is in the naturall and artificiall conclusions Englished by Thomas Hill,

44

Whosoever anoints his feete or hands, with the grease of a Walpe : he shall not bee hurt with any cold of his hands or feete so anoynted. Mizaldus.

45

Fine leaued grasse, through Iupiter's force, doth resist venim or poysone. Whereof, if one leafe thrice every day, morning and euening be drunken with wine. It is said to put away the Nostidian ague. Three leaues the Tercian ague. And seuer leaues the Quartan ague. Marcilius Ficinus.

46

If in the beginning of the sicknesse, or at the tyme of asking of the question for the sickle : the Lord of the Ascendent, and the Moone, be in the fourth or eight house, Combust or Cadent, or coniunct with the Lord of the eighth house : they haue a certain testimony of death. And if one of them onely, that is the Lord of the Ascendent or the Moone be so, it is a testimony of death : as is before said. Ioannes, Canuet.

47

Varuin stampt and strayned with Wine, water or Vineger, and then giuen to a woman that travels, or is in her labour, and cannot be deliuered : it causeth spedye deliueraunce. Trotula de passionibus mulierum. And Gilbertus affirmeſ the like, if it be drunke with water.

48

A ſtrange medicine and a rare ſecret; for consuming the webbe in the eye: oftentimes proued. Take nine little wormes with many ſeete of ſome called ſwine lyce (if they bee thouched they become round as a button, they are to bee found betwene the bark and the wood of old Timber or Treas,) ſtampe them with a little iuice of Woodbinde, or Betony, then ſtraine the ſame

same well, and let the party that hath the web in his eyde, rynke it in a morning som thing warmed. Do this thre mornings together, and it will cure it perfectly, (God willing.) This was told me for a very truth, by one that had proued it diuers times.

This that followeth is a speciall medicine for them that swound, or are faint at the heart. Take Rosemary, Sage, betony, & Marjerum, of each one handful, and seeth them in a gallon or more of faire water till halfe the quarter be consumed: then take away the hearbes, and put to the said water a good pinte of Honey, and then skum it well, and then put thereto an ounce of Stycados, tyed in a faire linen cloth, and let it soeth a little while, and then take it out of the said water, and then put thereto an ounce of Dinamō, thre quarters of an ounce of Nutmegs, and as much of Ginger in powder: And use to drinke a god draught thereof twise every day something warme, first and last for the space of syxe or seuen dayes: And then it helps perfectly.

That childe will bee deafe, that is borne when Mercury is Lord of the sixt house, and infortunate by euill aspects with Saturne, cheefely if he be in the sixt house. Likewise they will haue great impediment in their hearing: in whiche nativitie Jupiter and Saturne bee both impedit or infortunate abone ihe earth. That is, if they bee Reti ograde, or Combust in euill places. Iatromach.

They that haue any paines, or swelling in the throate, let them take a Jewes eare, (which is to be had at the Apothicaries) and lay it to steepe in Ale, a whole night, and let the party drinke a good draught thereof every day, once or twise, vntill they perceiue themselves assynded: A proued thing.

A strangs matter and a thing followeth worthy of memory. Whosoeuer hath the Kings Quill, and looks vppon a certaine Bird, called Galgulus, of a marueilous sharpe and quick sight, by and by the same bynde doth draw to her the yellowe vapours of choler, and heales the party perfectly through a certaine great benefite of nature. But wheres as though a secret gift of nature

nature she doth perceiue or smel the diseased party to come toward her, she will close her eyes, & hide her head vnder her wings, not that she doth enuie the parties health, or loath to help him of his disease : But because she doth greatly feare the Sharpnes of the humor, whiche the neerer the party infected comes to her, the more it will paine her, and he the more eased. Therefore they were wont to sell this Birde to such as had that disease, in some close thing, or couered : least the party shoulde b̄e healed for nothing. The Authors herof are Hiliodus, Plutarchus, Elianus, Suidas, and Plinie, with other. And Kirannides, and after him Albertus reportes: that if this Birde refuse to looke vpon the diseased partie, it is a token that he shall dye therof. But if the look euē vpon him, she drawes the disease to her selfe, and then by and by or sone after, she flying against the Sunne, doth vomit it out of her. And thus she doth cure the sick party, and deliuer her selfe from the same, through a certayne marueilous benefite of pasture. But learned men do much dissent in taking of his Birde. Plinie contendes that it is Icterus, some do think that it is Chlorenus, or Chlorio, whiche the French men call Lorion & Loriot, the best part of the Phisicians defends that it is Charadrius : some affirmes that is Oriolus : others say that it is Galbulus or Galbula or Chloris whiche Gesner likes not. And Mizaldus leaues it to the iudgement of the Doctors or learned, vntill experience shall try the truth therof. Mizaldus in suis Mirabilibus seu arcana.

Orpheus and Archelaus affirme, by the report of Plinie, that if the lippes of them be smeared with mans blodd, that are fallen of the fallingsicknes by and by they wil be deliuered from the traunce or fitte, or if their great iawes be then next pulled or pincht.

54

The middle rinde of a Cherry tree, stamped and strayned, and the said iuice put into a little white Wine warmed, & then giuen to drinke to them that haue the stone, or cannot make wafer, it auoides the grauell or stome, and makes them to makes water presently. Use it thre or four times.

55

One may make beyonde sea Azure as followeth, and conserue it very well, Take common Azure, and beat or stamp

G 3

it

it well with vineger, and couint therewith a thin plate of pure siluer, and put the same ouer a vessell ful of brine, which set ouer hote ashes and coales, and let it be moued and stirred, until it be like beyond sea Azure. This is the best way. Mizaldus affirmes that he had this out of an old written Booke.

56

If you do put Quicksiluer into a pot amongst seething or hote Pease, the pease will leape out of the pot: except the bosome or mouth of the pot be too high, or the fire too small. Mizaldus sayth that this is proved.

57

If in the degree of the Ascendent, or ne unto it, within two degrees, there is an euill Planet. It is an argument of the death of the party that did fall sick at that time, or for whom the question is then asked, for the state of his sicknesse. And if it be in a moueable signe, it betokenes that the sick shall die within so many dayes, as the said euill planet is degrees from the degrees of the Ascendent, if in a fixed signe, then it signifies a long time: (that is, as I haue tryed, every degree a moneth,) if in a common signe, it signifies a meane time between both: (that is as I haue found, every degree a weeke,) Iohanes Canuetus. But you must beware, if the said Planet be direct, that he doth applie to the degree ascending.

58

If any doubt, or feare any thing whatsoever it be, and asketh thee having knowledge in Astrologie thereof marke and consider the Lord or Aliniten of the Ascendent, whome if thou dost finde pure and safe from insortances, and he beholding the Ascendent, the feare is needless. For no harme shall happen according to the feare. Haly Abenragel.

59

Sauoy beaten and sodden in Vineger, and layd in manner of a plaister to the hinder part of the head: dath merrely awaken those that are heauy asleepe.

60

Here followeth the making of a pleasant Oyle of Cloues. Take of Cleues one pound, which beate to powder in a bra-

of Notable things.

49

zen morter, then add thereto threé pound of Almonds scraped and beaten in a morter : and when they bee well mixed together, sprinkle thereon four ounces of the best white Wine : letting it so lie in a masse, for the space of eyght dayes at the least: after that stampe the whole ouer againe, and then put it into a newe Earthen pan, which heate ouer the fire so leng, that you cannot suffer your hand in it : then put it vp into square bagges, and wring the same hard in a Press, vntill all the whole substance of the Dyle be come.

61

Take a Frogge; and cut her through the middes of the back with a knife, and take out the Liver, and folde it in a Colewoort leafe, and burne it in a newe earthen pot well closed, and gyue the ashes therof unto him or her, that hath the falling-sicknesse to drinke with Wine, and it will helpe him, And if the partie be not healed at once : then doe so by another Frogge, and so doe still, and without doubt it wil helpe him, if he do it. This was told me for a sure experiment. And it is also affirmed by Petrus Hispanus.

62

A wonderfull thing, passing all credite chaunced in the Bishopricke, or Dyoces of them of Eistertence, in Germany : bry that it was sene of divers credible witnessses. A certayne Husbandman there called Ulricke Neucesier beeing tormented with cruell paines in one of his sides, sodainely tooke hold of a nayle that was vnder the skinne vnhut: : which cut by a Surgeon, he tooke out the nayle : yet for all that the paines did not cease. Wherefore the miserable man suspecting that there was no remedy to be had for his paine, but by death, he tooke a knife and cut his throatte. And the third day after, hee being carried to burying, there was threé present, one Eucharius, Rosenbader, of Wissemburge, and Iohn of Ettenstet, Surgeons, in the presence of many, which did cut or open the belly and maw of the saide dead Husbandman. Wherin was found being maruellous and prodigious, a long and round peice of wood, seure knives of Steele partly sharpe, and partly nickt like a Sawe, and two sharpe instruments of iron, that were longer then a span : and they had therein also haire rowled together as it were a round

Bowle

Bowle or Ball. This was laid or put into his Maw, by none other arte, but onely by the craft and subtiltie of the deuill. This hath Ioannes Langius written in the first part of his medicinall Epistles. Epistol. 38. de prodigijs & præstigijs dæmonum in morbis. Mizaldus reports it also.

63

In many Ponds, all the water and mudde taken out, by and by Cœles doe b̄ede, if raine water come into them, soz that with the dewe, they do live and are nourished. Arist. Plutarch. And other.

64

If the right knee of a Bull be tyed with a broade band, it will make him tame. Elianus.

65

Let the party that blēdeth, chaw the roote of a Petile in his mouth, but swallow it not downe: and without doubt the blood will stench: soz if one kepe it in his mouth, he can loose no blood. Petrus Hispanus.

66

If a man mad find ease in sleeping, it is good: but if his rage increase, it is to be feared. Hippocrates in suis Aphor.

67

If the Lord of the Ascendent or the Meane, or the Lord of the first house be Combust, or Retrograde, and the Lord of the Ascendent be in the eight house coniunct to Mars or Saturne: the sickle must die of that disease. Ioannes Ganiuetus. (But God can restore health past all hope.)

68

This medicine following, doth marueilously breake wind in the belly. Take Commin seede, Fennel seede, and Annis seede, of each a like much: beate them to powder, then seethe the same in WINE, and drink a god drāght thereof first and last, fourre or fve dayes together, and you shall finde a great helpe thereby: soz it hath bene often provued to their great ease and comfort that take the same.

69

Take a spoonfull of Aqua vitæ, and two spoonfuls of the water of Arsemart, and anoint any ache therewith twice euerie day, morning & euening: soz the space of fve or sixe dayes at the most,

of Notable things.

52

most, and it wil heale it for ever. I had this out of an old written Booke.

70

He will be weake in the acte of generation, in whose Matritie Venus is ioyned with Saturne, especially in the tenth or eight house: or that the Moone is ioyned with Saturne, is an evill aspect of Venus: or if Saturne be in the first or twelth house, in a moyst signe infortunat ing Venus. Iatromath.

71

This following is an excellent medicine for the stone. Wethe an handfull of Holly berries in a pinte of good Ale, till halse the Ale be consumed: then straine it, putting therin a little butter to it, and let the partie drinke thereof fwe or fire spoonfull: and within halse an hower after, the party will make water (if euer any medicine will cause it.) This was told me for a very true secret.

72

The learned and wise among the Persians affirme, that if sage be putrifid or laid to rotte in Horsedung, while the Sunne and Moone do both occupy the second face of Leo: thereon will breed a Bird like an Dusell, or Blacke Bird: the ashes whereof being burned, and strewed or cast into a burning Lampe, will make the house seeme to be full of Serpents, Hermes.

73

If the eares of Cats be stownd or cut off, it wil make them keepe home the better. For that then the water (which they cannot abyde) will drop into their eares being open. And if they be gelded, especially the male Cat, they will not onely be more tamer and fatter, but also therby they will range abroad the less, Mizaldus.

74

It is said that Cockles and Oysters in great Thunders, do vomit and cast out then pearles. Whereupon many are found in the Hands, Mizaldus.

When any drawes nre toward their death, and not their members lacke blood and vitall heate: then Fleas and Lice leauie them quite, or else draw to that part of the body where the said heate tarries the longest: which is in the hole in the necke vnder the chin. &c, This is a token that death is at hand, Lemnius.

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The

The third Booke

52

76

The leaues of Walwort sod with Wine, doth maruelous-
ly mitigate the paines of hem that are tormented with the
gout, if they be applyed to the place where the griefe or paine is.
There be that preferres and extolles with maruelous praises the
juice expressed out of the leaues and rootes thereof, sodden with
Wine and May butter : and in the steade of a Liniment, anoin-
ted still on the grieved member, that is, thre or fourte times
every day, Mizaldus learned this of one that proued it.

77

A Rush dryed and put into Wine, if there be any waier there-
in, drawes it to it, (the Wine left alone, or together:) Which is
good and profitable for trying of Wine. Mizaldus.

78

A notable medicine to heale lame members, doth fol-
lowe. Take of cyle Oliffe, Aqua vitæ, Oyle of Exeter, and of a
Beasts gall, of each a like much, mixt all together, and anoynt
the lame members therewith twice every day morning and eve-
ning, the space of a fortnight, beeing well rubbed before : and it
will helpe the same of a certainty. An old woman in Worcester-
shire did helpe many therewith.

79

If out of one pound of excellent Wine, with as much Salt as
you can holde in your hand, and the Loze of pure wine you doe
distill a water, you shall finde that it wilbe the hottest water of
all other. Mizaldus had this of a certaine Alchymist.

80

It is said that Harts in Crete, beeing stroken with darts
enuemomed, do eate of a certaine hearbe called Dittany : and
thereby the pricke or any other thing that stickes in them is dri-
uen forth. Mizaldus.

81

There was a certaine woman great with Childe in Pago,
not farre from Andernacus, a Towne of the Bishop of Cullen,
desiring or longing to eate or to feade on her husbands flesh, and
although she loued him intirely, shew killed him in the night, and
being satisfied with the half of his flesh, she powdred the rest with
Salt ; but after when her great longing did cease, and that shew
did

did repente the deede, she did confesse it to her frendes that sought for her husband. Iohannes Langius, in his medicinall Epistles. Therefore it is gud for the husbands to take heede, while their wifes haue such inordinate longing vpon them.

82

Many haue beeene helped that haue had soule and leprosous faces, onely with the washing the same with distilled water of Strawberries: the Strawberries first put into a close glasse, and so putrified in Horsc dung. Conradus Gelnerus.

83

If in the time of the birth of any, Mercurie bē Occidental from the Sunne, not vnder his light, or his beames: (except in Aries or Leo) nor Retregrade: beeing then in any of the feure Angles, strong, and well affected: doth shew that the childe then born, shal be hie minded, strong, and famed for his strenght, and liberality, and shewes also that he shall be an Astronomer. For Mercurie Occidental in Leo is woon to make Astronomers. And Mercurie Orientall of the Sunne, and strong, doth shew great knowledge, wisdome of handy werkis, cheesly if he be with the Moone, or in the house of the Moone that is Cancer, and if it be in a mouable signe: it signifies inconstancie both of deede and mind, but in a fixed signe constancy. Taismer.

84

Primrose leaues stampft, and laid in the place that bleedeth, stancheth the blood. This hath been proved.

58

Take Blacke Sope, and almost as much Ginger in powder, and mixt them well together, then anoynt therewith any Tetteres or Kinglowme every day, for the space of seuer, or fift daies together, and it will heale it, certainly Proved.

85

Take Alces Epatcum ferre drammes, Briony, Wasnick, Myrrhe, Ascarabacca, Seamen, of each a dramme mix: the same made in powder, with the iuice of Fennell, and a little clarified Honey to preserue them: take a dramme thereof, which is the weight of thre score and twelue Barly cornes at the most early in the morning, and neither eate nor drinke of thre or fourte houers after: If they bee given nine dayes together, they helpe

The third Booke

helpe marueilously : and they are very excellent for all maner of heat-ache, approued (though never so long rooted.) They purge all humors, they bring gladnes, they are good for the eyesight, they preserue the minde, letting or hindring the hoarinesse of haires : they helpe the swimming of the head, and the Negrim, and heale the sounding of the eares. But to the weaker persons giue the lesser quantity. Make it in fwe or fye little round pilis or balles, and swallowe them one after another at one tyme. They are proued to be very good, I found this in a very old written Booke.

87

If Mercurie bee impedit of Saturne in a Childes nativitie, it doth hinder the tung. But it is worse when they be corporally coniunct together, especially, in the Ascendent, or in the seventh house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be aboue the earth corporally coniunct with Saturne, or else in an quill aspect of Saturne, and in a dumbe signe called signum mutum, and also is infortunat : that is to say in an euill place, Retrograde or combust, and peregrine : That party then born, will haue great impediment in his tung, or else will bee dumbe, and cannot speake, Iatromath. Guat. Ryff.

88

Iohannes Langius an excellent Phisition saith, that he heard it reported of certaine Horsmen of the County Palentine, that they did see in Austria, a man, which with barking, and with swift running: contended and striued with Dogs, and was humbled of them vnhurt in the Woods.

89

The eyes of young Swallowes beeing in the nest, pricke with a needle or a pin, and so made blinde, within fourre or five daies after they will see againe: Which is very true, for I haue proued it. But how they recover their sight I knowe not. But divers write, if their eyes be hurt, the old Swallowes restore their sight againe with the iuice of Celendine.

90

White Poppy and Henbane seede, a little stamped, and tempered with the white of an Egge, and laid to the forehead prouoketh,

prouoketh kepe, This hath beene often proued.

91

This following will heale lame members. Siche Rose, and Rosemary, of each two handfulls, with common Dyle, and Malmesey, of either one quart together, for the space of halfe an houre: then let the lame member be wash't and bathed therewith, (but before the said member or greened place must be well chased with a hole cloth,) then when it is well bathed (which will be within halfe an houre, (wrap and keepe the member or place so bathed with a Lambe skinne, (the woll-side inward,) and doo thus euery nig't before or at going to bed, thre wickes at the least, and he will be whole and sound thereto. Doctor Owen helpt one therewith, and with none other thing, that coulde neither stand nor goe, but was very lame. They that sawe the pple thereof, told it me, which were persons of good credit.

92

It was a hainous offence with the Egyptians, either willingly or by chance to kill a Catte. And Diodours tells a pretty storie thereof, lest it might be thought to be a fable. In the time of Ptolomie, a league or amitie being begun betweene him and the Romanes: A certaine Romane then against his will, had killed a Cat: whereupon the Egyptians gathered together, and did beset the house where hee was, requiring to haue him to bee executed for his great offence, (no whit regarding the power of the Romanes, nor yet their league or friendship with them:) Then had not the King and Rulers beene, they wuld haue drawne him out of the house and killed him. Diodorus.

93

To keepe harnesse or any shing made of yron or Steele from rusting. Let the same be rubb ouer with Vineger mixt with Cerv'e, or the marrow of a Hart, (which is farre better then Dyle) and it will keepe them faire and bright.

94

If the Lord of the second house, bee in the first house, and fortunate, the Childe then borne shall possesse riches without laboz. And by the nature of the Planet thou maist knowe, wherby the riches will come. And if it be the Sunne, it will come to him by

y 3.

power.

Power, that is, the riches will happen by help or fauour of great Power : if Mars, then by warres or by theft, if Saturne, of the inheritance of the dead, if Jupiter, of faith (religion) or of Masters of faith, or of the Lawe and such like appertayning unto Jupiter, if Venus, by women, if Mercurie, by learning, wisdom or merchandize, if the Moone, by the workes of handes or by iourneyes, but if the Lorde of the second house (so placed) be not fortunate, and an evill Planet beholding him, he shall lose all his goods, Taisnier.

95

A notable Oyle or medicine for the Gowe and ioynt aches, very true and often proved. Take the juice of sage, of Aqua vitæ, of cyle Debay, of Vineger, Mustard and of a Beasts gall, of each a like much : put them all together into a great Bladder, and chafe it well up and downe with your hands for the space of an hower and a halfe, and keepe it then to your vse, and annoynt the grieved place therewith every morning and euening ; and you shall finde your selfe healed within a short time. This is a sure and often proved thing.

96

This precious medicine following, doth preserue and keep them that take it, safe from poyson or plague. Take of Juniper berrie s two drams, of earth of Lemnie, called the Phisitions Terra Lemnie, as much, and one scruple more which is the weight of 24. barley Cornes. When you haue made them in fine powder, mixe them with Honey, & keepe it to your vse in a cleane vessell : giue as much thereof at one time as a Hasell nut, in thre ounces of Aqua Mulsa, which is made with water and Honey, that is, of one pound of Honey, and eight pound of water sodden and skinned ouer an easie fier, vntill the fourth part bee consumed. This excellent Antidote did King Nicomedes vse, when any did bid him to Banquet or any other thare, that he did suspect. If there bee no poyson taken before it, it will remaine quietly in the stomacke : but if there bee any poison, it will procure vomit : so that thereby the poison and medicine will both come forth. Mizaldus.

97

A notable thing to cause one to sleepe immediately. Take of the juice of Henbane, of Lettice, of Plantane, of Poppie, of the

the leaues of Mandrag, of Iuie leaues, of Mulbery loaues, and of Hemlocke, of eache one dram, of Opium, and of Iuie berries, of either as much: Stampe the Iuie berries and the Opium together, and mire the iuices and them well together: then dip a Spunge into the same, and let it drinke it all vp, and then lay the same Spunge in the Sun to dry: after lay the said Spunge to the parties Nose whome you would haue to sleepe, and he will sleepe quickly. And when you will awake him, dippe another Spunge in Vinger, and hold it to his nose, and he will awake within a while after. This is an excellent thing and true.

98.

Beware that nothing binde thy body hard, when thou bleedest, and then hold thy hand full of Shepheards Purse, and stedfastly looke vp to the Sunne, and the bleeding will cease. This is proued.

99

To make a powder that will drawe out a tooth without any instrument. Take Spurge, Pelliter of Spaine, Smalledge, the dung of a Rauen, or of a Crowe, Galbanum, the brayne of Partridges, and also a Frogge, of each a like much: burne all these together in a newe Earthen pot all to powder, and with a little of the same powder touch the tooth that you would haue fal out: and doubtlesse within a quarter of an houre it wil fal out: But you must take heed that you touch none other tooth therewith. This I had out of an old written booke.

100.

Seethe Mallowes and red Pettles together in faire water, and let the party that is costiffe, or cannot goe to the stcole, sit close ouer the same, and receive the sunne thereof vp into his fundament: and it will helpe him certainly, and speedily, (God willing.) A thing often proued.

Here endeth the third Booke:

The

The fourth Booke of Notable
thinges.

1

Note Dwale as followeth, which maketh one to sleepe while he be cut or burned by Cawterizing, as followeth, Take the gall of a barrowe Swine, or the gall of a Boare, the juice of Hemlocks three spoonful, and of the juice of wilde Peppercornes full, of juice of Lettice, of the juice of Poppie, of the juice of Henbane, and Aisell, of each three spoonful: mire them together, and boile them well, and dry them in a Glasse vessele well stopped, and put three spoonfuls thereof in a quart of good wine or Ale, and mire them well together: and let him that shall be cutte or Cawterized sit against a good fire, and give him drinke thereof till he fall asleepe. This I had also out of an old written booke. Use it warilie, and proue it aduisedly: if you begin with a little quantitie, you may encrease it when you will: but if you give too much at once, you cannot diminish it when you list.

2

They will be hindered in their smell, or will haue diseases or greeves in their Poses, In whose Patiuitie Mars and Venus are impedit in the earth. Iatromath.

3

Dry the rootes of red Nettles, and make them in powder, and drinke a spoonfull of the powder thereof in a draught of white wine somthing warme, & it will breake the stone, though it be never so great, and that with spedde. Use it every day un-till the stone and grauell be all broken and consumed. A thing of small price, and great vertue.

4

A combe made of the right horne of a Ram, doth take away the head-ache, being on the right side of the heade, if the pained head be combed therewith. If the paine be on the left side of the head, then a Combe made of the left horne of a Ram, doth take it away: if the pained head be combed therewith. This I had

cut

of Notable things.

59

out of an olde Booke.

5

Thebet the Philosopher doth teach, that to get the vertue of any Starre, you must take a Ring, when the Moone dooth behold happily by a Tryne or Sextile aspect the same Starre placed in the middes of the Heauens, or in ths Ascendant: but the matter or substance of the ring must be made of that metall that belongs to that Starre: and likewise an hearbe ascribed to the said starre, must be included or put vnder the Ring.

6

Dippe a silken thred in the blood of a Mouse, and then let the Patient swallow it that hath the Squynancie, or swelling, or paines in the throate, and it will helpe him.

7

This following is a notable medicine for the Gowte. Take the roote of wilde Pepper, and the roote of the wilde Docke first sodden by themselves, then pare off the skinnes, and cut them into pieces, and stampe them both together, as small as can be: then put thereto a quantitie of Scoote of a Chimney, and temper them with the Milke of a Cow that hath the haire of one colour, then take brine of a man that is fasting, & make a plaister thereof, and boyle all together, and as hote as the party can suffer it, lay it to the place pained or greeued, and a day or a night without remouing, and then lay another plaister of the same to it, and let it lie thereto as long as the other. And do thus nine times, and it will helpe him on warranties (God willing.) Prooved.

8

If yron that is made cleane or polished, be tincted or rubbed ouer with Aqua fortis, wherein the filings or scrapings of brasse is dissolved: that yron will haue the colour of Brasse, Bap. Porta.

9

A horse that castts or holdes his eares back ward: for the most part is deaf. And that horse that doth not ney in the company of a great number of other Horses is dumb. Simoneta Cardinalis.

10

The best thing of all other to keepe harnesse, or any other thing made of yron or Steele from rustines, is this. Stampe the filing or dust of Lead, finely in a Leaden or yron morter, putting thereto

A

thereto

hereto a little Oyl of Spike (which besides makes it smel
finely) and therewith rubbe ouer the Harnis or any other thing
as is before said made of iron or Steele. By this meanes you may
carry your Harnis or other things so rubbed therewith, in water-
ry places, and in moyst ayres, safe from rusting. Mizaldus had
this of a turning Armoiror.

11

If one come to give thee counsaile, and thou wouldest knowe
whether he meane well, or bee a deceiver: Marke the tenth
house, and if a good and fortunate Planet be found there, his coun-
saile is good, and true. But if there be an euill or vnsfortunate pla-
net there, he is a deceiver and a lyar. Which (saith Haly, as
one that haue proued it) doo confirme, and doo say: if one come to
counsaile thee, and the Ascendent be of common signes, or the Lord
of the Ascendent, and the Moore be in common signes: doo say
that he is then a deceiver, and will deceiue thee: Therefore harken
not to him. Haly Abenragel.

12

One knot of the root of a Mullen, giuen to drinke, doth binde
the losenes of the belly. Proued.

13

He that wareth dease through an Ague and bleedeth at the
nose, shall recover his hearing. Hippocrates in Aphor.

14

This medicine following, is proued by experiance, and as
a certayne diuine thing, doth cure every plurisie, and doth releue
the sick from death: which ought not to be applied unto the sicke
party, vntill the fourth day be past. Take of Deattha two oun-
ces, (which is to be had at the Apothecaries:) the oyle of sweete
Almonds halfe an ounce, mire them together: with which oint-
ment (beinge warme) let the greued place bee anoynted: then
sprinkle vpon the anoynted place halfe an ounce of powder of
Cummin finely cearsed, (which doone) take a Colewort lease
made hotte vpon burning ashes, and anoint it with olde butter
(not salted) and lay it hot vpon the anoynted and powdred place
(wring it on with cleashes that it reuere not,) and a marueilous
effect will appere vnto you in the ceasing of the paine of the plu-
risie; and in resoluing of the matter of the impestume. This re-
medy

of Notable things.

6

Medy will bring hono^r unto thee, and great profit unto the sick person. And knowe that this remedy is good in any other great paine, in all the body, from the head vnder. Emperica benedicti victorij. And also I haue seene this proued, which helped one of the plurisie without letting of blood.

15

If a woman with Childe haue her Smocke that she weates, sittit at the neather end or Skirt thereof, or not sewed there round about, but that one side or seame thereof be a little left un-closed, or unsowen together: the same childe that shē then goeth withall, shalbe safe from having a clouen or Hare lip, yea though she chance to meet suddenly a Hare, or though a Hare doth leap ouer her, or suddenly touch her. Which happens to many Chil- dren by such meanes, as is mentioned in another part of this Book. This was very credibly told me for a trueth. Therefore I haue placed it here, as worthy the name of a notable thing.

16

Whosoeuer shall use daily to take in a draught of small Ale, a sponefull of the powder of Matfellon or Scabius: the same will destroy any impostume with them. It hath beene often pro- ued. And Antonius Musa doth praise it for the like effect.

17

If the Lord of the sixt house be in the Ascendent, or tenth house, it shewes that the disease is open and manifest, if in the seventh or fourth house, then the disease is priuy or hid: if in the ninth or eleuenth house, then it is openly and manifestly knowne: in the other places, the disease is priuy hid or vnknowne, Iatromath.

18

Cleopatra, the last Queene of Egypt, and wife to Marcus Antonius Consull of Rome, (a proud Princesse, and too dainty a dame) did drinke one so voluptuous a draught, as never any did before, nor I thinke will hereafter: for she dissolved in tart and strong Vineger, the greatest and beaufifullest pearle that ever was seene in the East part of the world: and drunke the same at one draught, to satisshe her proud presumptuous pleasure withall. Which pearle was worth two hundreth and fiftie thousand crownes, Plinius Macrob, and other.

A 2

Out

19

Out of the Figge tree, there comes such a Sharpe vapor, that if a Hen be hanged thereson, it will so prepare her, that shee will be soone and easly rost. Plus. And the like will be if the fethers be pluckt off from Fowles and Birds, and the skins pulled off from Beastes, and then layd or couerted a day or two in a heape of Wheate. It is confirmed by experiance, saith Mizaldus.

20

The professor of naturall Magickie affirms, that Marueine being taken vp or gathered, when the Sunne is in Aries, the Ram: and stampt with the seedes of Pyonie, and strained with white Waine and drunke, doth maruailously heale them then haue the falling sicknes. Oftentimes proved saith Mizaldus. Which he had out of a verie olde Booke of the seuen heabes of the Planets, written to Hermes.

21

When any of the thre higher Planets, and the Sunne is in any of the Angles, the childe then borne (being a boy) shall bee chiefe of his brethren. Or if there be any borne before him, they will die, and he shall holde the chiefe rule in his Fathers house. Taynuer.

22

Salt dissolved in water or Waine, presently with his strenght dooth put away the paines, and the heate of any burning, whether it be with gunpowder, or with oyle, pitch, scalding water, burning coles, burning yron, or any other meanes whatsoeuer, especially if it be bathed with linnen clothes, wet or dipt in the same, and a linnen cloth therein wet, and layd or applied to the place burned. Lemnius.

23

Take Sal armoniack, Koch Allom, Allom plumbe, Sal gem, Taytar, and Rourane Vitrioll, of each equall parts, all which severally made in fine powder, mixt together, and dissolve it in faire cleare water, then put siluer or siluer plate therein, and let it lie, and set it ouer the fire that it may be very hote: and you shall see that your siluer or plate will be maruailous white and faire. Mizaldus.

24

The roote of Zedorie (but be sure it be perfect & good) mixt with

With Keyfins, and a little Liquoris, champed with the teeth and swallowed, preserues them that doe so, vnhurt or without the danger of the plague, if they goe to any that are infected with the plague, or that are constrained to speake with them that have the plague. Mizaldus.

25

The roote of Pyonie, (which is the hearbe of the Sunne) being pulled out of the earth on a Sunday, in the heire of the Sunne, the Sunne then being in Leo called the Lyon, and the Moone increasing in light, (which is from her change to the full) deliuereþ them of the Falling sicknesse, that beare it vpon them. Marcelius Ficinus.

26

If at the first time of the falling sickle of one, or at the time of the question for the sick, the Moone be in the fourth house, with Mars, and good Planets be Cadent: It is signe of death. Iohannes Ganiuetus.

27

Let the woman that travels of her childe, (or is in her laboř) be girded with the skinne that a Serpent or Snake castes off, and then shes will quickly be deliuered. Tortula.

28

A maruailous rare secret, to draw out the oyle of Sinamon after an easie manner: which oyle preserueth the Stomacke from corruption, by taking it by the mouth, and applying of it to the Stomack. Take of Sinamon one pound, which stampe and beate finely: then mire and impast it with the oyle of sweet Almonds, unto the forme of an oyntment: then heate the same in an earthen pan somewhat, which after let stand (close couered) for fourteene daies, or twelue at the least: at the ende of which time, heate the whole againe sufficiently, (that is, vntil it be very hote) then put it into a bag, and wring out the oyle in a Presse, vntill the whole Sinamon remaine through dzye therein: then that which is come forth, will be of the colour, sauour and taste of the Sinamon. A secret knowne to fewe to be wrought in this order.

29

The powder of Pellyter of Spayne, mixt with the milke of Wartwoort or Spurge, and Galbanum, and a little thereof applied to any rotten or aking tooth: will breake it, or plucke it

o it, and the paine thereof will cease. This I had out of an old
written booke.

30

If you would knowe whether one shall escape or not, that is
infected with the Plague, (having the plague soze) giue the par-
ty some excellent Treakle with white Wine, (so that hee be not
trouled with an Ague, for then giue the Treakle with Scabius
or Planten water,) and also annoynt the Plague soze with the
like Treacle: and if the same bee dyed or burned, and remains
fixed, (the party thereby not reloued or eased) it is a very euill
signe: but contrary, if the party be eased, it is a great signe that
the party shall escape. Arnoldus.

31

In the common place where the Censors of Venice sit, there
neuer enter any Flyes. Gandeut. Merula. And in the flesh
Shambles of Toledo, a Cittie in Spaine; is not scene but one
Flie in all the whole yere. As Leo Papist. saith. And in West-
minster Hall, in the Timberwooke, there is not to be found one
Spyder, nor a Spyders webbe. Because (as it is thought) the
Timber wherewith the rofe is builded, was brought out of Ire-
land, and did grow there. In all which Countrey of Ireland, I
haue not onely heard it credibly tolde, that there is neither Spy-
der, Tode, nor any other venemous thing: but also that some of
the earth of that Country hath beeene brought hither, wheron a
Tode being layd, she hath dyed presently. Though this be mar-
ueilous and strange, yet it is true.

32

It is proued (saith Tayshier) if Jupiter be in the fift or in the
twelfth house, whether hee bee Orientall or Occidental, of the
Sunne, or whether hee bee in a Masculine signe or Feminine,
the first childe of him or her then borne, will be a boy.

33

The iuice of ground Iuie, snuft vp into the nose out of a
spoor or a sawcer, purgeth the head marueilously, and takes away
the greatest and eldest paine thereof that is. This medicin is
worth gold, though it be very cheape. I haue knowne them that
haue had marueilous paine in their head, almost intolerable, for
the space of a dozen yeres: and this hath helpt them presently,
and neuer had the paine since they tooke this medicin.

This

34

This medicine following will kill wormes in the belly. Take the gall of an Dre or of a Cowe, & so much of the flower of Lupynes (which are to be had at the Apothecaries) as will thicken the same, mixe them well together, and lay it on wull, and so plaister it to his belly where the grese is, and about the nauell, and after twelue houers lay thereon another plaister. Doe thus foure or five dayes and it will helpe him.

35

How greatly is the sick party to bee feared (or iudged) not to escape, if in the time of the question, or the first beginning of the sicknes, both the Luminaries are vnder the earth, &c. Iatromath M.Guat.Ryff.Argent.

36

If hote burning gelde be quenched in pure Wine, (the same Wine beeing drunke) it procures strength to the cheeze members, and to the vitall partes. And it makes strong the naturall faculties, and doth help the diseased part, with strength and vitall spirit. And this liquor is thought to be very good in the time of Plague. And if the same be mixt with a little Tarre, it doth quite put away from any place of the body, all spots though they be never so soule. Yea, it helpes a leprous face, a red nose, and any other deformity of the same, if the place infected be wash'd and rubbed oftentimes therewith. Leinnius.

37

The water that drops out of the Wine, or the gumme that is sound there, beeing drunke with white wine, doth break and expell the stones in the reynes maruaillously. And also being rubed upon Ringwormes, Letters and leprous places : it doth cure them, but they must bee rubbed before with Niter. This was tolde to Mizaldus, as a proued thing.

38

If his spetle which hath a consumption, beeing cast upon the coales doth stinke, and the haire fall from his head, it is signe of death. Hippocrates in Aphor.

39

There is a certayne Electuary of life, of Arnoldus de villa noua, in a little booke of his, of the putting backe of olde age : described

Described of the ffe kindes of Myrabolanes, made for the conser-
ving or keepeing of health, and prolonging of life. And it is a per-
fect and approued thing. For it doth not onely comfort, but also
it doth purge superfluous humors remaining of nutriment past:
And the vse thereof doth let or hinder gray hayres, and it makes
one come to the last olde age. It strengtheneth the Stomacke, and
the vse thereof makeh a god colour in all the body. And this
is the description thereof. Take of great Raspins cleased of their
stones and stalkes, two pound, Liquorice made cleane and bea-
ten, one ounce, let these be put into two pound & a halfe of faire
water, and let them sooth wel, and let them then be strained wel,
and in that that is strained, let there be put of Mirabolanes,
Rhubare, Citrine, and Indy, beaten in a morter, their stones ta-
ken away, of each two ounces, of Embelick, and Wellericke, of ei-
ther of them two drammes: Let them be sod, strayned & pressed,
or well wrung: then put thereto white Sugar, one pound, and
sooth all together to the thicknes of a Syrup, & in the ende, adde
thereto of good Synamon halfe an ounce, Cloues and Galengal,
of each two drammes, Nutmegs, Marioromi, and Anniseedes,
of either one ounce: and make thereof a Lectuary, and keepe it in
a pure vessell. In this Lectuary, be medicines of the principall
members (that is to say) of the heart, head, Stomack, Liver,
Spleene and of the generative members, and it is first hote, after
moist, then colde, and last dry. Ioliannes Ganiuetus also
describes it.

40

Certaine wormes that shone in the night called Glowormes,
being well stopped in a glasse, & couered within hote horse dung,
standing there a certen time, will be resolued into a liquor, which
being mixt with like proportion of Quicksiluer, first cleasd and
purged: which will be within halfe a dozen times washing in
pure Vineger, mixt with bay salt, which after every washing
and rubbing must be cast away, and then hote water put to the
Quicksiluer, and therewith washed, and then put and closed in a
fayre bright and pure glasse, and so hanged vp in the midle of a
house, or other place or roome: will giue such a light in the dark,
as the Moone doth, when shee shines in a bright night. Iohan-
nes Baptist,

A

41

A pæce of a childe's Hawell string, borne in a Ring, is good against the Falling sicknesse, the paines of the head, and of the Collick. Mizaldus.

42

Baptista Fulgosus reportes, that nye to Sirminum, a Cittie of Pamony, sometimes there hath beeне Tendralles of gold found in the vine : whereof there hath beeне mony coyned: Which many haue sciene, saith Gandeut. Meruba, in his time. And Alexander Neapolitanus saith : that he hath found in Germany, within Danubye, Vines, that did beare little nailes, and leaues of pure gold : which were giuen as presents to Kings and Dukes. Mizaldus.

43

If any droush aske thee (having knowledge in Aſtronomy,) whether that place where he dwells, is better for him, then that to which he means to goe : behold, and if thou drouſt finde the Moone ſeparate from Infortunes (that is from an euill planet, or from an Infortunate planet) tell him that his going is better then his tarrying : But if you finde the Moone ſeparate from a god or fortunate Planet, then it is better for him to tarry there till, then to goe from thence to dwell. And to be breefe, if one shall aske thee, ſaying thus : I muſt needes doe a certaine thing, or I haue certaine busines to doe, whether may I doe it or not? then marke thou the Lord of the Ascendant, and the Moone, and if thou finde them ſeparate from euill Planets, or euill fortunes, applying to god or fortunate Planets, bid him do that, that hee is determined to doe and ſpare not: But if thou finde them ſeparate from god Planets or fortunate, and applying to euill Planets, bid him that hee doe it not, neither take it in hand. Haly Abenragel.

44

That Woman is like to be barren, in whose Partiuallie the Moone and Venus beeing in barren ſignes, are infortunate of Mars and Saturne. Or if Saturne be in the ſeventh or tenth house infortunating Jupiter and the Moone : or if Venus be with Saturne, and the Moone then in the ſixt, or twelfth house infortunate. Iatromath. Quat. Ryff.

45

The ſeedes of Rooles with Mustard ſeede, and the ſorte of a Weſell, alltogether tyed in ſome thing, and hanged among the

bowes or braunches of a Treæ that beares but little fruit: It is said, that it will make the tree to beare well and to be maruelous fruitfull. Mizaldus.

46

Pare the nayles of one that hath the quartane Ague, which being put into a Linnen cloth, and so tyed about the necke of a quicke Ceele, and the same Ceele put into the water, thereby the Ague will be driven away. Geber & Alber.

47

If any list to sleep, & lay by him the branches of moist Hemp: Gnats will not trouble him nor come neere him. Mizaldus.

48

If the Lord of the twelfth house be in the twelfth hou'e, many debates and enormities will happen vpon the day belonging to that planet, to the child then borne. Taysnier.

49

Culuer dung stampt and vsed for a plaister with strong vineger, and applyed to the Nauell, bindeth incontinent all sures of the belly. Macer.

50

The roote of a Goyd, tyed to the ripenes of the backe of women that are in labour or trauell of childe, doth cause speedy deliuernance thereof. But let it be taken away as soone as the childe doth come foorth, lest the Matrix goe out after the childe. Tortula de passionibus mulierum.

51

Here followeth an Electuary of a wonderfull vertue in the time of Pestilence: this electuary is of so great vertue, in them that doe receive it once in xxiiij. houres, that they may bee sure from all euill infections of corrupt and contagious aires, all the day after. But in them that are infect already, and are taken with the Pestilence, if they drinke of it but one spoonful, as shall be laid hereafter, (especially after letting of blood, if it bee conuenient to the patient,) and lay him downe and sweate vpon the same, if the venome hath not utterly overcome the heart: he shall undoubtedly recover. It hath been lately proued, that after drinking of the same medicin, when the patient made his water in an vrinall, the glasse hath burst in pieces, by reason of the venome that it purged out. This is the making of the said Electuary.

tuary. Take Sinnamon elect, one ounce, Terra sigillata, sise drammes, fine Myrrh, thre drammes, Unicorns horne, one dramme, the seede and rinde of Citron, rotes of Wyptanhy, Burnet, Turnentill, Zedoary, red Currall, of each two drams, yellow Saunders, four scruples, red Saunders, two scruples, white Brem and red, flowers of Marygolds, of each one dram, Quory rased, Scabius, Vero incitum, seede of Basill, the bone of a Stagges heare, Saffron, of each two scruples, make a fine powder, & adde vnto it of bole Armoniacke preparate two ounces, white Sugar thre pound, and with a sirrup of Acetositate citri: make a good Electuary, and keepe it in a glasse. If the Pestilence commeth with great exesse of heate, drink it in Rose water and Vineger: but if you feele it cold, take it in a draught of Wine, and couer you with cloathes, so that you may sweate as long as is possible: for without doubt it is a p^re ent remedy, as I my selfe haue now of late proved. Thus much Thomas Phayre in his Treatise of the Pestilence.

52
The teefh of a mad Dogge, that hath bitten a man or woman, tied in leather, and then hanged at the shoulder, dooth preserue and keepe the party that beares it, from being bitten of any mad Dogge. Discorides, by the report of Mizaldus.

53
The S^cedes of Carduus Benedictus stamped, and drunke, doth helpe the grafe, paines, prickings, and stiches of the side, and the griping in the guts, and the lower parts of the belly. This is proued for trueth.

54
If any do sprinckle his head with the powder of the skinne that a Snake doth cast off, gotten or gathered when the moone is in the full, being also in the first part of Aries, the Ram, he shall see terrible and fearefull dreames: And if he shall haue it vnder the plant of his scote, he shall be acceptable before Magistrates and Princes. Cardanus.

55
Elthorsteiner begins their iourney in the howex of Venus, he shall haue good and profite on the behalfe of women or some such like thing. Haly Abenragel.

56

If wormes gnaw vpon or hurt the mouth of the stomacke, pat Honey combes into the mouth fasting, & hold them there, and the wormes will dral unto the Honey, and so voyd by the mouth. It hath beene proved.

57

If in the first begining of any sicknes, or at the time of any question for the sick, if the Hōne be Orientall, ne to the Sun, within twelue degrees, it is signe of death, and the nearer to the Sunne; and in Comibuton, the worse. Iohannes Ganiuetus.

58.

With this secrete following, Benedictus Victorius had alwaies good successe, in passions and greefs of the heart. Take of the iuryce of Buglosse, cleasened or purified at the fire, two ounces, of white Sugar two drams, mire them together, and let the patient or diseased party drinke it every night going to bedde: and there will not tenne daies passe, but the party will be cured of the passion or griefe of the heart.

59

This following is a notable tried medicine for the Colste, and for the swelling of ioynts, and for knobs and knots comming of the French pocks. Take Bay butter a quarter of a pound, halfe a pound of Commyn seede beaten in fine powder, a quarter of a pound of blacke Sope, one handfull of Herbegrāce, halfe a handfull of clarified sheepe snewt: stampe all these together in a Morter, then take the gall of an Ore, and a spouesfull of bay salt, and fry them all together til it be thick, then lay it on a Woollen cloth, and so apply it to the ache as hotte as may bee suffered: and let it lye vremoued a whole wāke: and then lay another plaister thereof to it, and let it lye vremoued as long: then lay the third plaister thereto, and let it lye thereto as long as the other, which will be the whole thre weekes, and without doubt it will helpe him. I haue sc̄ene it prooved. This I had out of a very old booke.

60

There be (and truly with prooved successe) that doe hang rootes of Horrell at their neckes for the Swine pocks; and also in like case of Planten. Mizaldus.

Wh-

61

Whosoeuer hath the bloody flire, (be it never so great or greeuous) let them drinke the wine wherein the rootes of Hollocks cut in peeces are sodden and strained: if the party haue an ague, then let the roots be sodde in water with some Plantain leaues, and so strained, which is an approued and sure medicine for that disease: whether the party haue an ague or not.

62

A ring made of an Oare or a Cowes horne; and worn or carried vpon them that haue the Cramp, it puts the same away. This is proued to be true of many. Mizaldus.

63

If the Lord of the seventh house bee in the third or ninth house, and any euill Planet behold him; he that is then borne, will fall from some building, or els he will die of something that shall fall vpon him. Ptole.

64

If you seeth Briony in water, and vsē to drinke the same, it helpes and cureth them that haue the Dropsie. Brownd.

65

Maruelous and notable vertues of the Cybright bee follow. Let the leaues, stalkes & flowres with the whole substance be distilled, when it beareth flowres, the water thereof distilled, dropped and streaked about the eyes, causeth cleere eyes, and sharpeneth the sight, & ceaseth the paines of the eyes, the water dropped into the eyes an hower before night, and striked about them, and drunke to the quantity of thre ounces at one time, comforteth, strengtheneth, and preserueth the sight, especially in aged persons, and in flegmaticke complexions. The hearbe dried and brought to powder, and eaten every day in a potched egge rere, for a certain time together, restoreth sight lost, the water mixed with halfe a dram of the powder, and drunke euery euening for a month or forty dayes together, recovereth a weake sight.

66

This precious medicine following, will bring forth a Cancer, and plucke it vp by the rootes, out of any sore where euer it be either in man or woman. Take Roseaglet, and make powder therof: then take Barrowes or Hogges greace, that is new and fresh (first melted and after colde) then mixe the powder there-

B 3

with

The fourth Booke

72

with very well: then put thereof vpon a piece of white leather, which may cover the soare: then sprinkle on the said plaister, fine flower of pure wheate: then vpon the same spread Henny, and then put vpon the said Henny womans milke: and when all this is done, put the said plaister vpon the soare, where the Canker is, and put the neather crust of a newe white loafe vpon the said plaister, and tye it fast vpon the same, that it remoue not: And in the morning thou shalt finde the canker dead on the said plaister. This is most true. This I copied out of an old written booke.

67

Let a woman make water in a Urinall that is faire and cleane, or rather new, vpon certayne Cornes of Barley: and set the same in a cold place for the space of eight daies; and if the sayd Barley Cornes will grow againe, or bring forth newes Corne, then the fault is not in the woman that shee conceives not, but rather in the man. If otherwise, then the let of conception is in her.

68

Stamp Christal in a stone morter of marble, and make therof a very fine powder, then put thereto so much of the white of an Egge that you may write therewith, mixe them well together with a little gumme or gumme water, then write therewith in paper what you will, then rubbe the same letters with what mettal you will, and the writing will be of the colour of that mettal wherewith you rubbed them. This I had out of an old booke, and Muzalus affirmes it without the gumme water.

69

The iuice of Lylly Rootes, and Vineger, of either like much mixed together, and the sautesleame or red pimpled face anointed therewith every euening for the space of nyne or tenuie daies, doth helpe it perfectly.

70

You shall know whether the Dropise be hot or cold by this that followeth: If the swelling begin first at the feete, and goe upward, then it comes of a hotte cause: If the swelling beginne first in the face, and goe downward, then it comes of a cold cause: This likewise I had out of an old written Booke, wherein were many things crediblē.

Cast

Cast the water of any sicke person newly made at night on redde Pettles, and if the Pettles be withered and dead in the morning after, then the sicke party is like to dye of that diseale; if they be greene still, then he is like to live.

72

A certaine wicked fellow that killed his Father, did sit in company with his companions, eating and drinking, ouer whose head there was a Swallowes nest, with yong Swallows in the same, at which time the said Swallows made a great noyse, and chattering, when suddenly the said wicked fellowe got a long powle, and burst the Swallows nest: whereby the Swallows fell downe, and he trode on them and crushed them in peeces. Being asked of one of them, why he did so: I haue good cause o to doe, sayd hee: for did you not heare, said hee, how they told that I killed my father. Whereupon he was suspected, examined, and so confessed, and therefore executed. Plutarchus.

73

Dry a Goates, Shepes, or Sheepes bladder, and make powder thereof, and let them drinke thereof with Wineger or wa- ter when they goe to bed, that cannot hold their water, and it wil helpe them. Galen affirmes this.

74

If the Sunne, the Moone, the Alumten, or the Lord of the As- cendent be all safe, and not with the Lord of the eight house, or in his aspect: without doubt the sicke person shall be ridde of his diseases, and recover the same. If two of them be so, he is like to escape likewise. If contrary, then he is like to dye thereof, Ia- cromathematica. M. Guat. Ryff.

75

To kill Serpents in your Dreame, signifies victory: to see Saines of Ships is euill, to dreame that all your teeth are bloody, it signifies the death of the Dreamer: but that the teeth is drawne out, signifies the death of another: that Birdes enter into a house, signifies losse, to weepe, betokenes joy, to handle mony, signifies anger, to see dead horses, signifies a lucky euent of things. Artemidorus.

76

You shall make a Sword, Knife, or any other Instrument to haue an excellent edge, if you doe as followeth. Put into a

pound

The fourth Booke

74

pound of the Wine of a yeng Man, as much Hawte as ye may take in your hand, putting thereto four ounces of the Oyle of Linseede: all being mixt together, let them seeth on the fire, and betweene the beating or Striking of the Sword or the Knife, whiles it is red or burning hote, quench in this mixture, and according to Art let it be well tempered. Mizaldus.

77

If you stampe Lupines (which are to bee had at the Apothecaries) and therewith rub round about the bottome or lower part of any tree, no Ants or Pysemayres will goe vp and touch the same Tree. Mizaldus.

78

If Mercurie (being Lord of the first house) be impedit of Saturne, it threatens to the child then borne, continuall blindness: and so much the more, if the Moone behold the Sunne & Saturne in that sort. Taisnier.

79

Rub the leafe of a Marigold betwene your fingers, and put the same into your nose, and let it stay there a little while: and it will bring forth abundance of humours out of your head, and it will help the rheume within a litle while, if you vse it. This I had of a friend as an excellent secret.

80

The eating of two drams of great Raisons (the stones taken out) in the morning fasting, doth profit for concerning youth, because they make better digestion, and slegme is diminished by them, they comfort the Liver, and make it fatte, because they are friends of the Stomack and of the Liver, and they encrease blood and make it thick, and when they are taken after meate, they strengthen and moythen the belly. Iohannes Ganiuetus.

81

The eyes be not onely instruments of enchantment, but also the voice and euill tonges of certain persons. For there are found in Affricke, as Gellius saith, Families of men, that if they chaunce exceedingly to praise faire fræs, pure seedes, goodlie children, excellent horses, faire and well liking Cattell, soon after they will wither & pine away, and so die. (No cause or hurt knowne of their withering or death.) Thereupon the custome came,

of Notable things.

75

carie, that when any do praise any thing, that we shold say, God
blesse it or keepe it. Aristot. in Prob. By the report of Mizaldus.

82

Stop bothe your eares with your fingers, and the hickop will
goe away within a while after. Proued.

83

Many that are born at that time, when the earth doth quake,
are alwaies fearefull: in the time of thunder, they are for the
most part faint and fearefull: in the time of the change of the
Moone, either they liue not long or else they bee weake and of-
tentimes, as Aristotle saith, haue Melancholike diseases, or else
are out of measure Melancholike: which makes them to be wai-
ward, fretting, and seldomie merry. Mizaldus.

84

There is a marueilous strength in Spermaceti, for if it be pure
and right, it will penetrate and goe through the bores or things
wherein it is kept, with a certaine moisture or sweating droppes.
Mizaldus.

85

If Mercury be coniunct with Saturne, or in an euill aspect of
him, and neither Jupiter nor any other god Planet doth behold
Mercury, it doth note, that they then borne, shall haue an impe-
diment in their tongue or shall stut: chiefly, if it be found aboue
the earth. Taisnier.

86

The rootes of Eldern sod and strained, and drunk thirty daies
together, thrice euery day, at morning, noone, and night: doth
cure the dropsie perfectly. Proued.

87

If the paps of a woman, which is with childe of two, doe
ware little, she shall lose one of them, and if it be the right pappe,
it is a man childe that will be lost; and if it be the left, a woman
childe. Hippocrates in Aphor.

88

Take Garlick, and Houslick, of each like much, and stamp
them both together, and plaister the same either to a hot or cold
gowe: and it will helpe and ease it marueilously. This was re-
ported to me to be excellent therfore.

L

The

90

The flowre of Dintmenta, called Flos voguentorum, is made as followeth. Take of Rosen, and Petrossin, of each halse a pound, Virgin waxe, and Olybanum, of eyther a quarter of a pound, Masticke one ounce, Hartes tallow, or Sheepe's tallowe, a quarter of a pound, Camphere two drams: make your gromis in fine powder, and seare them: then melt the waxe and tallowe, and mixe the powders therewith well, and boile them well together, then streine thorough a canvas bagg into a potte of White Wine: then let it keele vntill it be blnd warine, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, evermore stirring it well, till it be thorough colde: Then make it vp in rowles, and keepe it to your use, for the best salue for al shungs following, that euer was made, by the sufferance of God. Wherefore esteeme of this salue aboue any other, for it hath beene put in experiance and substantiallye proved: It heales wounds, old and new, it clenseth very well, and gathereth good flesh: It healeth headache, and impostume in the head, or in the body: It wolne eates or cheakes, sawfleams in the face, Hinewes cut, sterke or sprained in Travell: It drawes out iron and thorne: it helpest venemous biting and pricking, it healeth all manner of botch, all swelling and ache in the Cods, and all other members: it ceases the flur of the Enrods, and it is speciall good to make a seare-cloth, for all manner of grieses. This was written and cast into the Recluse or Anker, at the Red hill in Almaine, wherewith he wrought many maruels and neuer used other medicine but this. This I copied out of a very old booke: and I haue prued it many times to be precious.

91

When the Alumten or the Lord of the Ascendent is Infortunate in his fall, or combust with thre other testimonies or else two: It signifieth that the sick person shall dye: And it is so much the worse, if he be vnder the Beames of the Sunne. Iatromath. Guar. Ryff.

92

Whosoever hath the griefe or swelling of the Spleene neuer so much, and hath had it of a long time, and doth heate the ends of a paire of tonges in the fire, vntill they bee glowing and

and red hot, and then quencheth the same in halse a pinte of white Wine, and drinke the same Wine: It will helpe them thereof perfectly. This was credibly told me for very truth. But it is more certeine, if they be so heated and quenched five or sixe times and then dranke: and to take the same foure or five mornings together. Which I know to be excellent: the like vnto this is affirmed to be most true, and proued by Anth. Beneuenius.

93

It is a great token of health when the Stones or Ceddes begins to itch: though the other parts of the body be weate. But then take heed of Venericus actes, lest you pay for your pleasure. This out of Mizaldus.

94

Coriander saede made in powder, and mixt with Honny, and implastered upon a Carbuncle, or other grieuous Wiles, destroyes the same quite. Arnoldus de villa noua.

95

The blacke Sea-Cole, mixt with Dyle, will be made soft. Wherewith if one anoint Vines, it will destroy wormes which destroy or eat the buddes of the Vines. Seruerinus Gebelius.

96

The gome of a Cherry dissolved in white Wine; and so giuen to them that are grieved with the Stone: it will helpe them marueilously. Mizaldus affirmes that it is certainly proued.

97

It was credibly told me for a truth, that there was a very poore woman being brought to bed of a Childe, hauing many chilzen before, to whom a sister of hers(being rich, & that never as yet had any childe)came to see her, who said vnto her as followeth, Ah sister, sister, here are many mouthes and little meat. To whom her poore Sister answered, Content your selfe, Sister: God never sends mouth, but he sendeth meate. After it chaunst the rich Sister to be with childe: which, when it was born, had never a mouth. So that there was much meate, and no mouth. A worthy and rare example to make all covetous greedy and carefull worldlings to cast their whole care on the Lord, and not so to depend on their owne provision or worldly wealth. If it were

not for the great goodnes of God, we shold haue no more meate for our mouthes, then this womans childe had a mouth for meat. But if we haue both mouthes & meat, and lack god Stomackes for the same: what are we the neere? So that both mouth and meat and Stomacke, are not in our willes to haue when we list: but are Gods gifts to bestowe as he will.

Hermes saith, if in the nativitie of the Husband, Venus be combust, the wife shall dye before the husband. If in the Passivity of the wife, Mars be combust, the Husband shal dye before the wife.

Water or Wine wherein Walwort is sod (if a good draught thereof be drunke every day first and last, for the space of twenty dayes at the most,) doth perfectly helpe them that haue the drospie. It is an excellent medicine for the same.

Cast or instill certaine droppes of Baulme into cleere water, and then with a stick labour well the water, and if the water then be troubled, the baulme is not perfect. But if the water abide cleare, then the same is good and perfect baulme. For the good and true baulme, doth gather it selfe alwayes into one place. And thus you may try a true and good baulme from a false and sofferte baulme.

If the root of Piony (especially of the male Piony) be hang'd at the neck of a childe or a boy, that hath the falling sicknesse, it doth helpe very much. Likewise doth Pelleter, and the haire of a Dog that is all black.

The end of the fourth booke.

The fist Booke of Notable
things.

A2 Hare will bring forth a Foale of divers colours, if she be couered with a cloth of divers colours, whiles she is taking the Horse. For such colours as be before the eyes of the horse, whiles he dooth horse her, without doubt the Foale will bee of the same colours. The same may be proued with dogges and other Beastes. Mizaldus.

2 The berries of Halicacabus (called winter Cherries), bee-
ing stamp't, and the iuice prest or wrung out of the same, and
then dryed in the shadow: the same (if it be giuen to such as haue
the Stone, or cannot make water, and also to them that haue the
Dropsie,) it will prouoke urine, or draine soorth the water, and als
so expell the Hydropticall humors. Mizaldus.

3 Hortus Apollo dooth say that a woulfe dooth feare great-
ly stones: therefore when he is constrained to go by stony places,
he treades very demurely or softly. For being hurt with a very
little stroke of a stone, it breedes wormes, whereof at length he
is consumed, or brought to his death. Therefore hee doth flye from
a travellor, that layes wait to strike him with stones.

4 If the Moone and Venus be ioined together, and both be com-
bust: he that is then borne, sholl lack a wife, or never marry. Pto-
lomeus.

5 If the leaues of Elderne, first made hot betwene two Tile-
stones, and then applyed hot to the forehead and the temples, if
any paine lye there: it helpeth ths ach of the head marueilously.
This is very good and well prised.

6 H[er]e followeth a maruellous water to prouoke sleepe.
Take of Opium thibaicum, and Garlick heads pilled, of each

two oances, beate the Garlick heads in a morter with a wooden pestell, and put thereto the Opium grinded: incorporate these well together, that it may bee like a sawce. Distill this in a Retort, with a most soft and slow fire in ashes: with this water distilled, when neede shall require, anoint the temples, the fore-head, and pulses of the wretches. And beware you minister no vse this, but vpon a great necessity, and on frantick persons, (as you shall thinke it good,) 7

The iuice of the buddes, leaues, inner rinde, or of the yong branches of Elderne, (something warme) put into the eare, doth not onely breake the Impostume thereof within feure or fve times, but also doth marueilously helpe the drafenelle. This was told me for a great secret: and I haue tryed it to be an excellent thing in such a case.

8

To see Dunckes in ones dreame, doth pretend death or calamity: to see fat Dren betokenes plenty of things, to lose an eye or a tooth, signifieth the death of a friend, or of a kinsemann, or some other euill lucke, to dreame to be dumme, foreshewes speydy gladnesse: to see Dren plowe, betokenes gayne: to enter into waters, betokenes euill. Artemidorus.

9

This following makes a soft beard, and doth beautifie the chin with a fine haire. Take Butter without Salt, the iuice of a red Onyon, the greace of a Gray or a Badger, the roote of Wrio-ny, of Beetes, of Radish, and of white Lillies, whereof make a Liniment, and anoint the chin often therewith, beeing shauen, Mizaldus.

10

Put vp an old Gander into a house, and let him bee there thre dayes without meate, then cast vnto him peeces of an Eele newly killed, then gather the dung that esmes from him, after he hath eaten the peeces of the Eele: which dung being layde to any Impostume or Swelling: is a present remedy therfore,

11

He that sleepeth in a Soepes skinne, shall see tris dreames, or dreame of things that be true. Mizaldus.

The

12

The braine of a Wezell dryed, and drunke with vineget, doth helpe them that haue the Falling sicknesse. Mizaldus.

13

Jupiter and Venus or the one of them in the eight house, not Combust, nor Retrograde, doth signifie the childe then borne, shall dye naturall, and no violent death. Taysnier.

14

Take a little sticke, and fy about the end thereof old Oken leaues, then cut them something round, and hold the same leaues in your mouth as deepe and as farre in as you may suffer it well, (holding the sticke betweene your teeth) and so hold your mouth ouer a Poxxenger or a dish and there will great abundance of humors avoid out of your mouth: and within a while wash in faire water the said leaues on the sticke, and then hold it in your mouth so againe. Do thus for the space of halfe an houre, and vse this throe or four times a day, for throe or four daies together: or vntill you haue avoided as much watery humors as you thinke good. This is the best and the presentest remedie for helping of the Rewme, that euer I knew or heard of. I had it of a Gentleman, that esteemed it as a Treasure. And who soever proues it, shall finde it an excellent thing.

The rewme.

15

Mirabolanes ehebuli, preserved with his Hurrep, vsed dayly, and eaten: presermeth your mouth excellently well.

16

This following is an excellent Gargarisme to purge the head and the brest. Take of Sotatesacre, throe drammes, Peletter of Spaine and Mustard seede, of either two drammes, long Pepper, Ginger, and Allongem, of each one dram, make powder of them that are to be powdered, and stamp the rest, and mix all well together, and put as much thereof as a Beane in a little linen cloth, and fy the same fast with a thred, that it may be round: then hold the same in your mouth, and charipe it softly betweene your teeth: and it will bring forth water and sleame abundantly. Use this daily vntill you thinke your head be well purged.

Af

17

If the Lord of the Ascendent be in the eight house, receyued
of the Lord of the eight house, so that he receive not the Lord of
the eight house, it signifieth that the sick party shall escape with-
out all hope. Iatromath. Guat. Ryst.

18

Earth wormes sit and clenched, and wash from their sil-
my and earthly matter(halfe a dozen of them, at the least)and cut
in pieces or chopped, and a good messe of pottage made thereof
with Otemeale and water, and so much every day eaten by them
that hane the blacke Jaundies, for the space of twelve dayes or
longer: no doubt it will perfectly cure them thereof, though it bee
neuer so long rooted, or thought to be past cure. Or else a spoone
full of the powder made of them in March, or any other time,
when you can get them taken every day so long in a little draught
of any drinke: doth likewise perfectly cure the same. This is very
true, and hath bene oftentimes proued. It hath helpt some in
fower or five daies.

19

Olibenum (which is a kinde of Frankincense) in pos-
der mixt with as much of Swines greace, and boyled together,
wherewith if childrens heads that are full of lice, or that are gi-
uen to breede Lice, be annoynted, they shall afterwards be free
from Lice. This is better and more safe, then to vse oyntments
mixt with quicksiluer, which is very dangerous: therefore let
Mothers or Nurses rather vse this.

20

Wheras every Beast (the act of generation ended or don)
is wont to be sad: only the Cock reioycesth, for he sheweth his
gladnesse then by crowing.

21

If Mars be in the eight house, and in a humane signe, or in the
second face of Taurus, or in the first face of Leo: It doth shewe
the childe then borne, shall dye of iron. Taisnier.

22

It is proued by experiance, that to vse customably in the din-
ner, and immediatly before Supper, half an ounce of the flower of
Cassia newly drawne, doth forbid the engendring of the impos-
tumation of the stomacke. Truly I say unto the, that who
doth

doth use such taking of Cassia, shall be preserved from every euill affection of the Stomack. Emperica bened.

23

Wine of the decoction of tormentill, drinke daily without any other drinke, and the hearbe thereof sodden, and every evening plaistered ouer the eyes, the space of thre or four moneths or more, restoreth the sight, yea to those that haue their eyes as though they did see, and yet are blinde, and see nothing at all. Petrus Hispanus.

24

Andreas Mattheolus knew a woman, that euer y day for a whole yeres space, was greeuously troubled with the paynes of the Mother, which was helped very well of that disease, by drinking once a weeke at her going to bed, of white Wine, wherein an ounce of the roote of Briony was heated: and shē vsing this medicine a whole yere in such sort, she felte no more harme thereroft.

25

If you will destroy or put away warts, cut off the head of a quiche Cele, and rub the warts all ouer well with the same blod then as it comes from the Cele: then bury the head of the said Cele deepe in the ground, and when the head is rotten, then they will fall away. I thinke the Author hereof is Iohannes Baptista Porta. Mizaldus.

26

About the rising of the little Dog, (bearing in Summer) an old Cocke doth lay an Egge, round speckled, and of divers colours: whereof many do thinke that the Balyiske, or Cockatrice doth come (which is a most pernicious and venomous Serpent,) especially, if that Egge be sit vpon and hatched by a Toad: Which whether it be a fable or not, let others iudge. Mizaldus.

27

Mars in the eight house, with the head of the Dragon, betokens that the childe then borne, shall dye of a roape, or be hanged. Taisnier.

28

The juice of Cleworts, put or snuff into the nosethrilles: do purge the head maruelous well, and helps the ancient paine of the head. Often proued,

29

Blacke sieges like to filthy bloud, are wonderfull euill, whether they bee with an Ague, or without an Ague. And the darke-

W

colour

colour they haue, the worse they bee : but if these signes come through a Purgation, they be more landable. And although they be of divers colours, they be not euill. Hippocrates.

30

This following is an excellent and often proved thing for the Collickē, Strangury, and the Stone, take the seedes of Care away, Fennell seede, Spikenard, Annis seede, of Commyn seede, Sinenaten, and Galengale : of each halfe an ounce, Cromell seede, and Liquorice, of either of them an ounce, and beate them all to powder, and drinke halfe a sponefull of the same powder in Ale, a little warmed, and walke vp and downe an hower after, before you eate or drinke any other thing. Doe thus fiftie dayes together at the least, and you shall finde it of a notable operation. This was taken out of a learned practisers Booke : besides since it hath beeene many times proved.

31

Young children, whose gummures are a noynted with the braine of an Hare do breede their teeth easily. Mizaldus. And it hath beene proved with the braine of a currie.

32

A Walnut put fast in a Chicken, that it fall not out in the roasting thereof: it makes that the same Chicken will be the sooner roasted. Mizaldus.

33

If a round large vessell, with one hole in the top thereof, be filled full with quick Lime and Brimstone, of both equall portions, and then the hole well stop, that no ayre nor any thing may get out, and so put into some standing water, or a little pit of water or into some Cesterne full of water, it will keepe the said water hot a long time, or for many dayes. Prooved of many saith Mizaldus. And I found the same also in an old written Booke.

34

Herrings dung mixt with meate that is given to be eaten of mad Dogs, will take away their madnesse from them : (As it is thought,) Mizaldus.

35

If a worme that is found in the Grasse, before it touch the ground, bee hanged aliuie at a womans nekke that is with childe,

it

It is thought she shall keepe the childe vntill the due time of the birth. Plinius. As Mizaldus.

36

If one give any thing for Wartes, to them that haue them, he it never so small a thing, as thre or fourre haire, (a rag of linnen Cloth, or some other thing of no value the sooner it will rot, so much the better,) & let the party that would bee rid of the Warts, wrap the same in some thing, and put it into the ground and cover the same with earth againe. Truely, as the same thing doth rotte in the earth, so will the warts weare and consume away. This is perfectly proved.

37

If Mars be in Gemini, and the Sunne in Pisces, in a quartile aspect, in the day time, or the Moone in the night time: (it doth happen so) the childe then borne will be hangd. Taynier.

38

They that we to receive thre Pilles made of Aloes De succo citrino, made in powder, (whitch is to be had at the Apothecaries) and mixt with the juice of Colewantes of the bignes of a Beane; shall never be troubled with paine in the head. Petr. Hisp.

39

A strange medicine for the Gewte. Take a good handfull of Arfesmarke, and wrappe and tye the same in a Burke lease and lay it first in cold ashes, then compasse the same with hot embers and coales, and so rost the same well: then apply the same rosted Arfesmarke to the graued place, and do thus euening & morning for two or thre dayes: and thou shalt find a present help thereto. This was told me for a great secrete, and as a proved thing.

40

If you put or drop fast within a Nut, quick Brimstone, Salt peter, and quick siluer; the same being put into a loafe of bread; and then the same loafe of bread put into some hot place, where it may heat, as soone as it wareth heate, you shall see the loafe of bread so leape, that it will be very pretty spezt to them that sees it. Mizaldus had this of one that proued it.

41

A most excellent Oyle of Saint Johns Wort, is made as followeth. Infuse or keepe for the space of thre dayes the tops

of Saint Iohus Wort, in pure and excellent Wine, then in a double vessell let them heat easily ouer the fire, and then straine them easily: then againe put as many of the tops of Saint Iohns Wort in that strained liquor, as you had before, and let them steepe therein thre dayes or three nights as before, then heat and straine them as before, then adde thereto thre ounces of Turpentine, and sixe ounces of old Oyle, and of Saffron the weight of xiiij. Barly Cornes: mire all together, and then seeth all together in a double vessell, vntill the wine be consumed, and that that remaines, put into a glazed or leaded vessell, and keepe it safelye for your use. This Oyle is of a marueilous vertue and propertie, as well chescely against venemous Ulcers as many other diseases and cold grieses: well knowne to many Women. Mizaldus.

42

If you rub flichtly any kinde of Beastes or Cattell, with the iuice of Gordes, in hot weather, no kinde of Flyes will then hurt or molest them, nor yet annoy them. A thing desired of many and very necessarie for such as ride in the hot wether. Mizaldus.

43

If Mars be opposite to Jupiter, and the one of them be the Lord of the eight house: (it is like) the Childe then borne shall die by the commandement of the Judge. Taisnier.

44

The leaues of wilde Iry sod in wine, and layd vpon any carke, dooth kill and heale the same. Tortula.

45

This water following is very precious for frantike and mad men, proued very often. Take of the flowers of Rosemary, of Burrege, and of the rootes of Boglosse, of each halfe a pound, of Saffron two drams, of Quinces four ounces, of the best White Wine, two pintes, mire them all together, and then let them stand so the space of a naturall day: after that bury the glasse body wherin all the same is, in horse dung for fiftene dayes: and then take it out and distill a water thereof according to arte, two or three times ouer. Keepe this water as the apple of your eye, for it is very precious and well proued in all melancholy sickneses very effectuously, and in the paine and trembling of the heart the quantity to be giuen at one time is a dram, which is the weight of

of lxxiiij. barly cornes. If you proue it, you will praise it. And this is in the newe Jewell of Health, with many other mox excellent thungs.

46

They are not like to lose their sences, nor their understandyng, in whose Nativity the Moone doth apply to Mercury either by coniunction or by aspect. Iatromath. Guat. Ryff. Argent.

47

Set a round glasse full of water against the hot Sunne, that it may stand fast, and then hold some thing that is very dry, and will take fire easilly, nye to the same glasse, betwene the glasse and the Sunne, and it will set the same thing there holden, on fier. Which is very strange to behold. And the rather, because fire a hot & dry element, is procured out of water, a cold and moist element. Iohan. Baptist. Porta.

48

Didimus writes, that Shephe are wont to followe them that stoppe their eares with their wolle.

49

If any doth aske thee (having knowledge in Astrology) what he did see in his dreame: marke the Ascendent, when the question is made: and if thou doost finde Saturne in the Ascendent (or first house,) tell him that he did see in his dreame Religious persons: as Fryers, Hermites, or such like, or places of prayer, &c. But if thou finde Mars in the Ascendent, say that he saw in his dreame, Captaines, Knights, Murtherers, Theues, Harnessse or Battels, or such like. If the Sunne be in his first house, he did see Gardens, Trees with Fruites, Gold or a King. If Venus be in the Ascendent, he did see a faire Virgin, or some eating or drinking, or one lying with a woman, or that haue things wherin they are delighted, or els to play, or to walke abroad, or white or red garments. If Mercurie be in the first house, then he did see handsome and eloquent men reasoning, or Palaces decked with Curtains and ritch hangings or Cloathes, Bookes or writings of saluation, or of accomptes. If the Moone be in the first house, he did see Riuers or water, or precious stones, of some that did eate or drinke, or his Mother, or his Awnt, or his Mothers Sister. This saith Haly Abenragell. But Messanala, and Alhaylat and Abrier Fotsall haue said, Looke in the signe of the ninth

hous from t o Ascendit, and if thou d oſt finde in the ſame houſe any of the ſeven Planets, iudge that the viſion or dreame was of them as iſ before, when they are found in the firſt houſe. And adde to the ſignification of the Sunne, (that iſ, iſ the Sunne bee in the ninth houſe,) that he did ſee himſelfe flying betwene heauen and earth, or that he did looke a great light: and iſ there bee no Planets in the ninth houſe: then marke him that iſ in the firſt houſe, iſ none bee there: then marke who iſ in the thirde houſe: iſ none bee there: then looke in the fourth houſe, iſ none be there: looke in the ſeventh houſe: iſ none bee there, then looke in the tenth houſe. And iudge according to the ſignification of every pla- net and thou ſhalt be certified God willing, Haly Abenragell.

50

Against the quarter ague, take all the Wine that the party maketh at one time in his fitte, and kneade flower therewith: and when the ſame iſ baked, then give it to a Dogge of the ſame houſe. And when you haue done this thrice: the party will bee whole, and ridde of that diſease. And in his ſeade the Dogge will be ſick. But for a man that iſ ſicke, a Dogge muſt be chosen. If a woman, a Witch muſt be had. This was taken out of an often proued expeſtment of an Italian, by the report of Mizaldus.

51

Whosoeuer desires to ſee the Sunne Eclipted without hurting their eyes: Let them beholde the shadow thereof in a vefſell, wherein Oyle iſ put: Where they may beholde and ſee it without danger. For a fatty humor iſ not eaſily troubled. And what ſhapes or formes it dooth receiuſ, it repreſenteth the ſame truely. Mizaldus.

52

A Lamen, or ſhinne plate of Gold, borne on the ſeame of the braine, doth ſtrengthen the braine. The ſame hanged againſt the Region or place of the heart, doth helpe the beating of the hart and increaſeth gladnes. And iſ it bee put vpon the reines of the backe, it Strengthens the reynes, and eyles the ſame, and ceaſeth the paines of the backe. But Mizald wiſheth that the ſame plate be beaten and made of pure and fine Gold, when the Sunne iſ in Leo called the Lyon: And Jupiter and the Moon beholding each other happily. Herm. Arnoldus villa nouanus & alij.

36

53

If the Lord of the Horoscop be in the seuenth huse Com-
bust, and the Sun hath no essentiall dignity in the same:then he
(that is then borne,) shall perish by the hands of many, which
will rise agaynst him. But if the Sunne haue then any power in
the leuenth house:hee shall dye by the Kings commaundement.

Taysnier.

54

It is preued and a secret: that if thre graynes of Mastickē
be givenen to the patient to be swallowed every night at his going
to bed, it doth preserue him from the paines in the stomacke, and
doth cure him. Emperica benedicti victorij. I know by proufe, it
helpes the Stomack meruelously.

55

This water following, breakes the Stone in the bladder,
and in the Reynes. Take of the iuice of Saxifrage, two pintes,
of Cromell, and of the iuice of Parsely of either one pinte, of the
best Vineger of a pleasant Wine, eight ounces, distill all these
together, and let the liqueur distilled be kept in a Glasse with a
narrow mouth: Of which, minister in the morning one ounce
at a time, as much at noon, and as much at euening going to
bed. This is a p̄fumed water, as saith Fumanellus.

56.

To dreame that Eagles flye ouer your head, doth betoken
euill fortune. To dreame that you see your face in the water sig-
nifies long life. To follow Bees, betokens gaine or profit, to be
married, signifies that some of your kinssolkies is dead: to dreame
that you worship God, signifies gladnesse, to looke in a glasse,
doth portend some issue or a childe: to haue Oyle poured vpon
you: signifies ioy. Michal Scotus and Artemidorus.

57

If you would haue Copper to melt quickly, and runne easilly,
put the hooches of a Horse into the same, betwene the melting
and pouring out thereof. Mizaldus had this secret of an expert
Italian.

58

Goates will not stray nor wander, if you cut off their beards.
Florentinus.

If you put a Toade in a new earthen pot, and the same be co-
vered in the ground in the mids of a corne-field, it is said there
will

The fifth Booke

50

will be no hurtfull tempests or stormes there. As Archibius did write to Antiochus King of Syria. Plinio Authore.

50

If the Lord of the eight house be found in the twelveth house, with an euill Planet, or in his euill Aspect, (it shewes,) the child then borne, will die a captiue, (that is) in prison, or as one that doth fly away. Taisnier.

51

Whosoever anoints their belly with this ointment following, it easeth the paine of the head, it purgeth the stomacke, it comforteth the appetite, and clarifieth the eyes. Take of the iuice of ~~H~~mallege two ounces, of the iuice of ~~H~~ercury four ounces, of Goose greace and Hens greace, of either of them a pound, of Rose two ounces, of ~~H~~astick, and Frankincense, of either five drams, of Cassia fistula two drams, and put thereto iuice of Wallwort, and of the inner rinde of Elderne, and mire them all well together, and make thereof an oyntment. This if it be well made, is a very good thing.

52

The Squinancy, or any other paine of the throat will be helpt with this following. Marke where a Swine doth rub him, and then rubbe your hand on the same wood, post, or stone, with which hand rubbe your soze or swolne throat. And as some say that haue proued it: cut off a piece of the same wood, where the Swine did rubbe himselfe, and rub the swolne or grieved place therewith. But the rubbing of the Swines necke, is the best for the necke: the legge for the legge, and so that part of the Swine, for the like part of the person grieved or diseased. This is a very true and often proued thing.

53

Take a pinte of white Wine, one handesful of Woodbine leaues, or two or threé ounces of the water of Woodbine, and a quarter of a pound of the powder of Ginger, sare the them altogether vntill they be something thicke, and annoynt a red pimpled face therewith five or sixe times, and it will make it faire. Proued.

54

Ludouicus Viues doth write, that within the memory of his Ancestours or Fathers, there was a Sepulchre or Tombe pluckt

pluckt vp wherein a burning Candle was found , made (as was witnessed by writing) ffeue hundred yéeres besoore . And when it was touched or handled , by and by it was resolued into powder .

Iohannes Langius .

65

If you would haue a deepe Well made , it is best to digge the same when the Sunne is in the last parts of Virgo , before the Autumnall Equinoctiall , (which is about the beginning of September , or immediatly after ,) for then thzrough the great heat and drynesse of the Sommer the earth wants raine . Mizaldus had this of one that was skilfull in such things , which was a master Carpenter .

66

If any be bitten or stricken of a Scorpion , which shall eate Basill the same day , he shall be made whole therewith . Aphri. reports it .

67

If any fall sicke in the houre of the Sunne , he will haue a strong Feuer or Ague : And many times shall be vexed in his minde : which shall bring no small hurt unto him . Hali Abenragel .

68

The iuice of Coriander , giuen to them that haue the Falling Cough to drinke : will not suffer the humour to ascend into the head , and it worketh great helpe to the diseased . This was written in an old Worke .

69

Whosoever is brought weake , either by some grieuous sicknesse or disease , or long continuance , or by woundes received , or any other way , and thereupon haue a Siege of Melancholy , like to blacke blood , he shall doubtlesse dye the next day after . Hipocrates in suis Aphor .

70

A sawsbleame or red pimpled face , is helped with this medicine following . Take Enula Campana , scure ounces , and seeth it with vineger , till the vineager be sodden in , then stampe it small , and then put thereto quicke siluer & brimstone , of either four drams , and Barrowes greace ; four ounces , and beate them altegether , and make thereof a plaister , and lay it to the infected or spotted place in the face all night : and on the morrow wash it off with warme water . Doe thus sixe or seuen nights , and it will helpe it without doubt .

P

The

The fift Booke

71

The first seeds that the He, or Hale Piony bringes forth (being round and blacke,) doe maruelously recreate or helpe them that haue the falling sicknesse: If some thereof be stampf an taken with Oximell scilliticke, which is to be had at the Apothecaries: and with the Siccrop of Sticados, and a little Nutmeg whiche Lemnius doth witnesse for a very truth.

72

Whosoever is stricken or hurt of any venomous worme, other thing: or else bitten with a mad Dog, let them take haue diligently that the same thing that did hurt them, see them no vntill they be perfectly whole. For the Hebrew Phisitions say, that the party hurt, shall then dye, or else be in perill afresh: ye though they begin to ware whole when they see them. Mizaldus

73

One handfull of Basill, with ten Sea Crabs, stampf or beate together, doth make all the Scorpions to come to that place, there aby to the same. Aphria as Mizaldus saith.

74

If the Lord of the eight house, be afflicted in the fourth house it signifies, the child then borne, shall die in prison. Taynier.

75

Wine wherein the rinde of an Ash tree hath biene sodden drunke fasting, sise or seuen mornings together, doth perfect helpe them that are tormented with the paines of the spleen. (Which makes one to haue a great paine in the left side, an their most griefe is after meat.) And if you anoint the grieue place, so long with an ointment called Dethaea, euery mornynge and euening, it is an excellent thing likewise.

76

Behold a singular Oyle or baume drawne out of Ware an Turpentine, which drieth and mightily pearceth where the same is applied, taken out of the secrets of Fallopius. Take of the prettest and clearest Turpentine that can be gotten, one pound and two ounces, of new yellow Ware that is odoriferous, twelve ounces, of Nutmegs and Cloues: of either one ounce, of common Ashes, sixe ounces, beate all these well together, then pu the same into a Retorte, fenced with Lute of wisedome, an

sc

set in ashes, and distill it with a slow fire at the first, and after encrease the fire vntill all be distilled, which gathered, distill the secons time in a Glasse body with an head and receiver, putting vnto it before the distilling four ounces of the powder of Wicks or Miles. Which diligently luted in the ioynts, maintaine fire vnder it, vntill no more will come, then haue you purchased an Oyle of a Rubine colour, which worketh miracles in wounds, especially where sinnewes be harmed. This also helpeth any manner of Runne proceeded of a cold cause, it helpeth besides the cough, by annoynting the Region of the Breast therewith: and it is also of great importance vnto many other greeves, inuented and proued by the abovesaid Author many times. This excellent Oyle I had out of that worthy Booke, called the new Jewell of health: which many perhaps shall read in this my booke, that otherwise shoulde never haue seene that booke. Which makes me describe herein some notable things therein vttered.

77.

A notable and often proued plaister, to destroy any impostume swelling, and stich, in what place of the body soever it be: is now described as followeth. Take of the Root of Hollyocke, (cleane washed and cut in pieces,) two good handfull, and seethe the same in faire water, vntill the said root be something tender. Then take out the said root, and put into the same water, of Fenecreeke and Linsæde, of either one handfull, (something stamped and bruzed,) and seethe them together vntill the water be roping like birdlime: then stamp the said root of Holliocke before said. And put it to the said Fenecreeke and Linsæde, with an handfull of Barly meale, and cry them together with Bores greace, and Barrowes greace: and need be, you may take Shéepe suet, (then lay a plaister thereof to the sore, or grieved place, as hot as the party may suffer it: and let the same lie twelue houres unremoued at the least, and after apply another plaister of the same therefo, in such order, and within nine plaisters it will worke the full effect. It hath helpt and dissolved the Plurche, with the applying of thre or four plaisters. A thing of small cost, and great vertue.

78

When the Lord of the ascendent is impedit or infirmitate of the Lord of the second house: it signifieth that the Duke

Shall not be healed , and with great expences of money , or else
dye . And uniuersally , marke what Planet doth infortuniate the
Lord of the ascendant . The sicke is like to haue harme , or hind-
rance by such things , as that house doth signifie whereof that in-
fortunating Planet is the Lord or signifier . Iatromath . Guat .
Ryff .

79

Egge Shells dried and beaten to powder , and giuen in white
Wine , breaketh the Stone . It is a tyed medicine , as one affir-
med to me .

80

Sugar , (especially Galentia Sugar ,) made in powder and
put into a wound or cut , doth not onely cleanse all corruption
from it , and consumes all superfluous flesh or matter in it , but al-
so heales it maruellously . If you list you may mire a little fresh
butter therewith , whereby it will not be of the leſſe vertue . This
is a sure , excellens , easie , and a ready medicine , who list to try it ,
Shall finde it a singular thing .

81

A certaine wench was borne within x̄cene miles of Lon-
don , who within a yere and a halfe after her birth did begin to
eate earth , stones bricke , and grauell : and so continued therein ,
(hauing all her delight in eaking of such baggage) also she did
eate the woollen sleeves that were on her armes , besides that she
did eate a gloue . And on a time her mother did feed her with
milke : there chanceth to fall a great piece of sorte out of the Chim-
ney into the said milke , whiche scote , the said childe tooke out of the
dish with her fingers , and did eate it most greedily . She abhorred
then bread and butter , & other such naturall food . Whereby she
was maruellously consumed with a flure , and she yet liueth , ha-
uing nothing on her but skin and bone . I saue her in June 1577 .
She was borne in Charsey , within two or thre miles of Stanes ,
at which time she was full three yeres of age .

82

It is said , that Wisse dung , with the ashes of burned Wasps ,
and of Hasell nuts , and a little Wineger of Roses put thereto ,
doth trimly decke a bald place with haires , if the same place be
often rubbed or anointed the rewith . Mizaldus .

83

If any Beast of the female kinde dash pisse vpon the wine of a
Wolfe :

Wolfe newly made : the same Beast shall neuer conceiue,
Pythagoras.

84

Aetius giues counsell, that that Dog be buried or put into
the ground in any wise, which is dead by taking his disease
from a man : for it is certaine (saith he) that dangerous and ma-
ny effects (the man being escaped,) are turned or ouerpowred in-
to him.

85

The troublesome or vnplesant noyse of Frogs in the night,
will cease : if you set a Candle burning on the bancke-side ne-
the water where they be. Or else many lights according to the
greatnes of the place where they be. Africanus Geopon. And this
was proued at Paris, by the meanes of a President there, that
therewith was troubled. Mizaldus.

86

It is the opinion of many, that an hearbe called Leucanthus,
that is white Thorne (euen as the Bay træ,) is neuer stricken
nor touched with lightning, nor is not touched with any euill
from Heauen.

87

Zael saith, that he hath proued in many Particularities, where
the Moone is in Virgo, opposite with the Sunne : that the Child
then borne, hath beeene drownded.

88

Sixre eloues of Garlick stampet and strained into a draught of
Rhennish wine and so drunke : is a present remedy for the Col-
lick, Stone and Strangury. An excellent tryed medicine, if you
take it thre dayes.

89

Make pouder of the flowres of Elder, gathered on Midsummer
day, being before well dried, and use a spoonfull thereof in a god
draught of Borage water, morning and euening, first and last, for
the space of a month : and it will make you seeme young a great
while. This I had out of an old written booke, as proued.

90

Take Horseleashes, and lurne them to pouder, & mire them
with Cysell, then v'e to rubbe the place therewith where you
would haue haire grow no more : and there will no haire grow
in that place. This was a secret of a notable Practiser.

¶ 3

Whosoever

91

Whosoever uses to drinke butter milke, they will be latentes,
although they be very much bound, and cannot goe to stolle : pro-
ued.

92

They are like to haue the falling sicknesse, in whose Patiu-
ties the Mone and Mercury doe not behold the one the other. D
where neither of them doe behold the ascenoent : and where as in
the day time Saturne is the signifer of the qualites of the mind,
and then being in an Angle, and Mars in Patiuities of the
night.

93

That young Beasts be not hurt of their feters, or that being
hurt of them, they may be cured : Tie unto their neckes a Date
Stone boord therow. Mizaldus.

94

If you give to them that haue the falling sicknesse, this medi-
cine or antidote following thre dayes, whiles the Mone is con-
junct to Iupiter, it will helpe him. Take of Mace, the seeds of
Piony and the roots of the same halfe a dram, the leaues of Gil-
lislowes, and of Primroses, (which some takes to be Daisie)
one dram, stamp them and giue it to drinke with white wine, the
party being falling. Mizaldus.

95

A certaine Country man did sleepe open-mouthed in the fields,
a Serpent crept in at his mouth, and so into his body : but after
the same man cured himself thereof with eating of Garlick. But
he infested his wife with poysen, by haing to doe with her car-
nally, whereof she dyed, which was very rare and strange. Volan-
teranus.

96

Powder made of the bone of a Swallow, given to drinke to
them that haue the falling sicknes, healeth them without doubt,
for it is a sure experiment. Petrus Hispa.

97

If you would know whether a Woman be conceiued with
Childe or no : giue to her two spoonfuls of water, and one spoon-
full of clarified Hony, mingled together to drinke, when shē^e
goesh to sleepe : and if she feele gripings and paines in her belly
in the night, she is with childe, if she feele none, she is not. This
is very true and often proued.

The

98

He will never be poore, of whose Nativity Jupiter is ruler, or
Lord Gelenarrant: the Authoz of which worke is unknowone.

99

This following will take spots out of the face, & beautifis the
same. Put seuen whole Eggs in most pure and streng Vineger,
and let them lye therein so long, vntill their shells be as soft as
their inward skins, and mire thereto foure ounces of Mustard
seed, before made in powder (or stamp't) then stamp or grinde
them together, and therewith let the face be anointed. This
hath bene proued. And Torrula affirmes it also for the like pur-
pose.

100

Greene Pettles layd in the brine of one that is sicke, and so
keepe therein for the space of xviij. houres, if after the same
time they be taken out green and fresh, it betokens the sickle par-
ty will recover of that sicknesse: if they be withered, it is a great
token of death. Mizaldus.

The end of the fift Booke.

The sixt Booke of Notable things.

¹ If you would haue any Beast, or any part of the same, (of
what colour soever he be) to be turned into white, haue off the
haires, and smoak the same that is shauen with the fume of brim-
stone, and white haires will grow there. You may proue the
same in flowres. Mizaldus.

2

The Berries of white Thorne, taken with white Wine, is
of great force, for destroying or expelling of the Stone. It is
knowone by the practice or experiance of the Country men. Mi-
zaldus.

3

In a question of a vision or dreame, marke the Lord or the
Alumeten of the Ascendent, and the Moone, and consider if
thou findeſt either of them in the ninth, or third house: but if
you finde none of them there, then marke, if thou finde either of
them in

Hem in the Ascendent or first house, or in any of his angles: and if you so find either of them, and the same be separate from a good Planet, and applyed to a good Planet: It signifieth that the dreame is good and pleasant, and of a god signification, and is of the condition of that god Planet, to whome he applyes: and the profit or commodity of his dreame, shall be of the condition of the house where he is in the figure, and of the condition of that house which he doth behold with a god aspect. But if it be separate from an euill Planet, and applies also to an euill Planet: then the vision or dreame is euill, and wil be feared, and is of an euill signification. Which euill and harme shall be according to the nature of the Planet, to whom the same applies, and according to the nature of the house wherein he is in the figure, and according to the nature of that euill Planet. But if it be separate from a god Planet, and applyes to an euill Planet: say that the vision or dreame was good and pleasant, but he hath an euill signification. But if it be separate from an euill Planet, and doth apply to a god Planet: say that the vision or dreame was sole and euill, but it hath a god signification, and the profit or succeſſe thereof, will be according to the nature of the Planet, to whom he doth apply, and according to the nature of the house wherein he is in the figure, (As we haue said) Therefore according to this way and rule, consider the visions or dreames: and conſerue one to another, and thou shalt be certified, God willing.
Haly Abenragel.

4

It is proued, and a ſecret; that if you giue to them that haue the Hickoy, euery morning thre houres before meate, one roote of greene Ginger, and immediatly after drinking two draughts of Palmeſey, you ſhall ſee that he will be ſone cured. Emperici benedicti victorij.

5

A ſword wherewith a man is killed, the blood being cleane wipt from it, and put into a hot fire, which being taken out of the ſame doth manifestly ſhew the murder: foſo farre as the ſword was in the wounded person, ſo farre it will be of a contrary colour to the ſword. It was told me that a Bishop did try it to be true, by one of his men.

6

If the blood of a Cocke be dryed, and made in powder, and mixt in Wine, wherein there is water, it makes the water swim a bove. This was the relation of a learned Monk. Mizaldus.

7

Planten hath a maruelous vertue, to deliuer them of the plague that are infected therewith: giuen any manner of way. Proued.

8

The more lively and quicke that a Horse is, the more deeper he will thrust his nose into the water, wher he drinkes. Plinius.

9

Hvines & Elephants doe hate white garments, Bulls and Oxeen hate maruelously garments that be of purple colour, which many vnder such apparell haue sometimes proved to their great griefe. Plinius.

10

If the Lord of the eight house, be in the eight house, or behold the same happily: the childe then borne will die in his Country, or aby the same. Taynier.

11

The white of an Egge, and the iuice of Pelitory of the wall, well beaten together, and skinned: and then one drop of that liquor put into the eye, doth heale the web in the eye. This is true and proved.

12

A provid Oyle which is very good for the Dropse, called Ascites, if all the belly or paunch be anoynted therewith. Take of Turpentine one pound, of Frankincense, Mastick, Hirib, of each two drams, Landanum, one dram, Nutmegs, Cleues, Sa'engal, Zeduary, of each one dram and a halfe, of the iuice of Walwort, and the iuice of Cucumber, (called Cucumis asinus) of either one ounce: Let them be powdred, that are to bee powdred, and let them be mixed together, and put them in a Limbecke, and let an Oyle be distilled thereof, and it is a most secret thing, not enely to take away the swelling of the belly in the Dropse, called Ascites, but also any sigrmaticke swelling of any other member of mans body, and it is maruelous for the paines of ioynts, and members of a cold cause. Emperici benedicti.

D

A ceraine

13

A certaine Butchers wife being with child, as she was Cut-
ring the blood of a Beast newly killed, a little thereof did
chance to sprinkle, or spurt on her face: which she with her hand
suddenly wiped off, and then wiped the same hand on her left
thigh: Who after being brought to bed of a Boy, the same Boy
had, and hath the like marke, or blood- pat on the left thigh. They
that knew both the Father, Mother, and the Child, told this for
a very truthe. Therefore it is not good to hit a weman suddenly,
being with child, on the face, or otherwise: lest the child she is
withall, be so marked, as is declared in other places of this booke.

14

The sicke person cannot escape, when the light of the time,
(that is) the Sunne in the day, and the Moone in the night, and
the Alumeten of the Ascendent, are both impedit, or euill affected
of the Lord of the eight house, or of the Lord of the fourth house.
Iatromath. Guat. Ryff.

15

If you will take the haire from any place of the body, & wold
have it to grow there no more: stampe Ants Egges with the
juice of Henbane and Hemlocks, or with the blood of a Bat, or
Keremouse: and anoint the place therewith. Mizaldus.

16.

If you cut the liuer of a Beast in pieces, and put into the same
pieces, the powder of Nux vomica, called the Spuing Nut,
(which is to be had at the Apothecaries,) the same pieces being
strowed or laid in an open place, where Rauens & Crowes may
resort thereto: the Crowes or Rauens that eate thereof, cannot
fie away: whereby you may take them easily. This I know to
be certaine and true.

17.

The little Bird called Linaria, begins to leane singing, and
also to be sicke. When the Starre called the little Dog, doth
rise, and will plucke off her feathers. Which chanceth about the
middest of July: as we haue proued by one another, (saith Mi-
zaldus) the space of ten yéeres: And thereupon haue shewed so
many, that then that Starre did surely rise. And in a Larke wee
haue obserued the same, (saith he,) in the rising of Arcture with
the

To catch
Crowes.

the Sunne. And it is not to be doubted, but that other Birds, and All living living things, have their peculiar Starre, whereby they are things haue moued to sing, or to hold their peace, to sadness or gladnesse, their starre. Which I desire the diligent searchers of secrets to obserue. Thus much Mizaldus.

18

The Lord of the Ascendent in the twelfth house, in a humane signe, without the beames of god Starres: the Child then borne, will be impriloned. This is true and often preued: and also Taynier affirms it.

19

This following is a sure and proued Medicine for the Teeth-ache. Take a handfull of ground Ivy, as much of Spere-mint, and as much of Salt, stamp them all a little together, then put all the same into a pint of Vineger, and seethe all well ouer the fire, then straine it well, and put the same into a close glassen vessel, or bottle: and when you will occupy it, take a spanefull thereof, and put it into the side of the mouth that aketh, and hold downe your cheeke, that it may descend to the rotes of the aking teeth, and it will take the ache and paine away presently. This was taught me by a woman, to whom many resorted for helpe, who vied onely this medicine therefore.

20

An Oynment made of the Oyle of bitter Almonds, Honey, the rotes of Lillies and of Mare: is an excellent thing to anoint the face withall, to get away wrinkles, spots, and other deformities of the face. Mizaldus.

21

You may take Foxes with this Oyle following. Anoint A Trayne for
th soles of your shooes, with a piece of fat Swines flesh as broad a Foxe.
as your hand, newlly rosted, or a little broyled at the fire, when you
goe out of the wood homeward. And in every of your steps,
cast a piece of the Liver of a Swine rosted, and dipt in Honey,
and draw after your backe the dead carkas of a Cat, and when
the Foxe following thee, comes neare unto the steps, be sure
to haue a man nye thee with Bow and Shafts to shoot at him:
or by some other meanes to hit him. Mizaldus had this of an ex-
pert Hunter.

22

Women that haue double apples in their eyes, or strales, doe euery where hurt with their looking. Which is called of

some overlooking. Cicero.

²³
Bodies that are strucken with Lightning, doe remaine vnco-
rupt: therefore in ancient time they did neither burne nor bury
the bodies of such as were strucken or killed with Lightning:
Whereupon it is plaine to all men, that the same bodies are not
corrupt as others. Mizaldus.

²⁴
If the Lord of the eight house, be in the third or ninth house: it
signifies, the child then borne, shall dye among Strangers, or
out of his nature soyle. Tayinier.

²⁵
Wormeword newly stamped with the white of an Egge, and
laid over the eyes, taketh away the blood and rednesse thereof: of
what humour soever it come. This hath bene often proued.

²⁶
If one doe take this confection following fasting, he shal never
fall into the paines of Collicke nor Illiac. Take the outward
rindes of Radishes, being taken or pared thick, two pound: white
Hunny fourte pound: let them boile together, vnto the consum-
ption of halfe the Hunny: then put thereto of the powders of Sina-
mon, Cleues, Nutmegs, Mace, blacke Pepper, of each two
drams: mixe them together and let them be put vp in a clear-
bessell, and let the Patient take and eat every morning halfe an-
ounce of the said rindes of the Radishes. Benedictus victorius.
Fauentinus.

²⁷
If you take the powder of Brazel, & mingle it well with milke,
but so that it be very red, and put therein either stasse, wood, or
bone, letting it lye therein eight dayes: it will make the same
wood or bone red for ever. I had this out of an old written booke.

²⁸
To dreame that you goe ouer a broken bridge, betokenes feare:
to haue your head cut off for a hainous offence, signifies the death
of friends: to make cleane the hands, betokenes trouble: to see
hands filthy or soule, doth signifie losse and danger: to see
Lambs, signifies griece or paine: to take flies, signifies wrong or
hurty. Mizaldus.

A Garla

29

A Garland made of Ivy leaues, and laid vpon wemens paps, or dugs, that hangs flagging downe : it gathers them together, and makes them round. Ivy leaues stamp't and applyed thereto, workes the like effect. Mizaldus.

30

A Tode being strucken of a Spider, or of a Serpent, doth holpe her selfe by eating of Planten. Plinius. For confirmation whereof, a Tode being on the ground, hard by a wall, a Spider did suddenly strike the said Tode on the backe : Whiche when the Tode felt, beginning to swell, did eat of Planten nye unto the place. Whereof being well, the Spider againe did poysone the Tode with her venome as before. Whiche done, the Tode preserued her selfe with the said Planten as before : but one that chanceth to behold the same, did then cut vp the said Planten, and tooke it away from that place. Whiche Tode the third time being strucken or rather poysoned of the Spider, as before, imme- diately searched for the said Planten, (for as it shoulde seeme) there was no more Planten nye to that place, which when she could not finde, did swell so sore, that soone after shee did breste withall. The party that did take away the same Planten, & did see this strange and maruelous matter, did tell me this for a verie truth. Whose credit I know to be such, that I am bold here to place the same, hauing such god occasion. And I heard that a noble man of this Realme, did see the like.

31

Whosoever is sore grieued with the Stone, and cannot make water, let them drinke a sponfull of the powder called Puluis quiriticus, in a draught of white wine, (which you myd haue made at the Apothecaries) a. vse it thre or four mornings together, or something lesse if you list. Gine halfe so much to a child, and without doubt it will make them auoid the Stone, & to make water presently. I haue proued it oftentimes to be a soueraign thing in this case. And there was one from whom I had it, that got therewith aboue a hundred pound by the yeere. If it be truly and well made, you will praise it well as I haue done, & because it is such a notable thing, I would haue it better knowne, and more vsed.

32

Take Dyle of Paper, by burning faire paper on a cleane
pewter dish or salucer : or hold a piece of faire paper folded in a
knives point, and set fire on the nethermost end thereof, and hold
the same nye unto the salucer, & out thereof wil come a little moist
Dyle, and be on the salucer. Take a little thereof on a cleane sea-
ther, and put it into the eye that is sore or dimme of sight : and
it will helpe the same maruelously. It hath bene proued in many
to be excellent. And Euonimus doth praise it therfore.

33

If the Lord of the Ascendent be in the eighth house infortunate
it signifieth that the sick party will kill himselfe through euill
guiding him, lat.

34

A Spirit came nye vnto M. Brutus, leading an Army of men
from Asia ; when Brutus asked him who he was : he answered, I
am thy euill Angel, whom thou shalt see in the fields of Philoppis
in Thessaly, and there Brutus dyed in conflict. Plutarchus.

35

Agrimony sod in red wine, wherewith if woundz bee walht,
it cleaseth all filth and corruption from them. And the leaues of
Agrimony beaten, or stampf, and tyed on wounds that be ill ioy-
ned or knit together, by and by doth open them. A Spaniard told
this to Mizaldus.

36

He that receiueth a summe of money in the houre of Venus,
he will spend the same with women, in pleasures and wanton-
nesse.

37

The juice of Rew mixt with Honey, that hath bene skummed,
and a little thereof put into the eye at once, riddeth them that ha-
ve it, of an ancient dimnesse of the sight. Prooued often.

38

If a woman hath not conceiued, and thou wilt know whether
she shall conceive or not, let her be well couered with cloathes,
and beneath let a fumigation be made of hot things, and odori-
ferous, or sweet smelling : for if the smell come vp thorow her
body to the nose, and mouth : be sure that she is not barren of
her selfe. Hippocrates Aphor.

39

Whosoever is grieved and tormented with the Stone,
let

Let them take an ounce of the rutes of Radish, cut in slices: and lay the same to stoepe in halse a pint of good white Wine i night, then straine the same well, and put thereto of the Eleuary, called Lithontriphon, of the description of Nicholas: and also Iustinum, one dram, mixe them with the said white Wine, wherein the Radish was infused, and let him that is grieved with the Stone, receive all the same at one time, and you shall see maruelous worke thereof. If need be, let him receive the like quantity ther eof three or fourte dayes together. This is proved to be iuste and an excellent thing, for breaking and auising the stone, and Grauell. Be sure that the Apothecaries make it of good stuffe.

40

A head of Garlike. (the skinnes pulled off, and a little bruid) laid by equall parts to the hollow parts of the soles of their feet, that are grieuously tormented with the Tooth-ach, especially if it come of a cold cause, and be on the nether iaw, it will helpe them with speed, by drawing the humors out of the les of the feet. I haue knowne them that haue taken this Medicine, and haue not bene troubled with the Tooth-ach of seuen yeres after.

41

That man is like to haue few children, in whose Nativity Saturne is in the Ascendent, opposite to Venus, or if Venus be in a errane signe, unfortunate of Saturne: or if Venus be in the house of Saturne, especially, unfortunate of him. Iatromath. Guat. Ryff.

42.

If you rub or touch Warts with the leaues of a Figge tree, the Warts will consume and vanish away: so that the said warts be buried within the earth, or ground: Some ascribes the same to the heart of a Pigeon. Mizaldus.

43

Elephants of all other beasts, doe chiefly hate the Mouse: So that if they shall see, or perceiue that a Mouse hath once touched their meat that is before them, they loath the same, and will not eat a bit thereof. Plinius.

44

If the Lord of the Ascendent be Combust in the twelveth house, hee that is then borne, will dye in prison or captivity. Aysnier.

The

45

The powder of the Berries of Briony, drunke in the water wherein Water-Cresses are sod, doth maruelously heale the Strangury.

46

If any Woman great with child shall take this drinke following, every other day in the morning, thre houres before she eat any meat, beginning the same about ten dayes, or a fortnight before the time of the birth, the birth shall not onely be made more easie, but also she shall bring forth her child without paine. Take of the great Treacle one scruple, (which is y^e weight of 24. barley cornes, the powder of Licorice, and the powder of Sūmamon, of either thre graines: of good white wine one ounce and a halfe: mire all together, and make thereto a drinke, & let it be giuen to the woman with child, in such manner as is before said. Benedictus Victorius Fauentinus, in his booke called Emperica.

47

This following will stop the bloody flur. Take Yarrow and Plantain, of either a like much, stampe them wel together, & put thereto red Vaine, and straine it well, and drinke a gret draught thereof first and last, thre or fourre daies together: and certainly it will stay it. It is an easie and precious thing.

48

If you will proue whether a Woman be with child or no, let her make water in a Copper or Brazen Vessell, and let a Needle lie therein a whole night, that is bright and cleane, and if she be with child, the Needle will haue red spots on it: if not, then it wil be blackish, or rusty. It is proued, as Mizaldus was informed.

49

If a Crow chance to eate of the rest of the flesh wherof a Wolfe hath eaten before: the same Crow will die sone after. Aelianus and Philes.

50

Neither falling sicknes, neither Devill, will infect or hurt one in that place where as a Bay tree is. The Romanes call it the Planet of the god Angel, &c. Mizaldus.

51

Wring Inke tempered with water, wine, or vineear, wherein Womewod hath beene steeped, Spise will not eat the Papers,

or Letters written with that Inke. And also clothes wherein
Wormwood is layde or wrapt, is safe from moths: and if there
be any there, it will drine them away. Dioscorides.

52

The houre of Mars is to bee abhord in all things, both in
the beginning, and when the thing is done. Haly Abenragell.
Therefore you were best to take haede, that you take no notable
thing, or great matter in hand, or begin any long iourney in the
houre of Mars; if you can by any meanes know when it is. But
whosoeuer puts their whole trust in God, and guides their life by
the rule of his holy Word, (be hee never so simple and unlearned)
he will so guide them, and so instruc them, that they shall auoide
all such dangers, and perillous times. And contrary, the wick-
ed learned, (yea though they knowe the times) shall not haue
power to auoid them, as I haue seene in many: which after-
ward they did well consider, though too late. And as I haue sayd
of Mars, so I say of Saturne: For there is never a god of them
both. Yet do I not thinke, that Saturne or Mars shewes such
harme to them, in whose Natiuities they are Signifiers, or beare
rule in the Ascendent: but chiefly to such in whose Natiuitythey
are Lordes of the 12. 7. 5. or 8. house. But surely I haue markt
it long, and yet I never sawe any notable thing begun in the
houre of Mars or Saturne, that came to a good end. Which they
shall well finde, that begin to set forward towards the Sea, in
Saturne's houre. I speake by tryall as well as Haly doth: which
I shold not haue considered so much, but by his counsaile and
profe.

53

Oren, Pine, Bullockes, or Horses, shall not be troubled with
any disease, if you hang a Harts horne vpon them. Absyrtus.

54

If you ioyne a Lyons Skyn, to the Skyn of a Wolfe or any
other beast, it will make them without haire, or cause their haire
to fall or consume awsy. Mizaldus.

55

Colewoordes, and Rue (called hearbe Grace,) are so con-
trary in nature the one to the other, that they ought not to bee
solwe nigh together. Fracassorius.

56
If any Shewe, or else hairy Beast, or else Man or Woman
be full of wormes in any wound or soze, take of the wolle of the
same Shewe, or haire of that Beast, or some of the haire of
the Man or woman, and hide the same before the ryng of the
Sunne, vnder the barkie of a Tre, called Trembla, (which is a
kinde of blacke Poplar tre.) Doe thus certaine dayes; and thou
shalt see the wormies fall out of the wound or soze miraculously;
or else they will dye or leue that place. There bee that ascribe
the same to the Birch tre, and also to the roote of wilde Succory
hanged at the neck in manner of a Crosse. Which Mizaldus saw
observed in a Dog, one of whose eares was almost eaten off with
wormes. 57

It is reported oftentimes by experimēt, that many being born
in Coniunction of the Sunne and Moone, doe dye in the op-
position: (that is, in the fall of the Moone:) and they that be born
in the full of the Moone, are dead in the coniunction, (that is in
the new Moone.) Taynier.

58
Put two or thre of the stedes of Oculus Christi into your
eye, and within a while after you shall not feele them. Whereby
you will think they are not there. But at the last they will drop
or fall out of themselves, compassed about with hymy matter,
which hinders the sight. Which if you use, they will cleanse and
clear your eyes maruelously. This I know to be very true.

59
If one doth buy Warts of them that haue them, and gine them
a pinne therefore; if the party that hath the Warts, pricke the
same pin vpon some garment that he weareth dayly, or common-
ly, the Wart or Warts without doubt will diminish and weare
away priuily, and be cleane gone in short time. This was told
me for an often tryed and proved thing: yea, and by such a one
as had scene the experiance thereof. Also Warts rubbed with a
piece of raw Beefe, and the same Beefe being buried within
the ground, the Warts will weare and consume, as the Beefe
doth rotte in the ground. Prooved.

60
Salt Armoriack stampf, and mixt with water, doth make
white

White Letters, nothing differing from the colour of Paper, but if you hold the same Paper to the fire, the Letters will waxe black. Mizaldus.

61

A thing to be maruelled at, and wroghte to bee remembred doth follow, declared by Iouianus Pontanus. A certaine Caetane woman, (saith he) was married to a Fisher, whom he did use as his wife, according to the order of Marriage, many yeres (as Anthonius Panthormita, being a friend of the same Fisher, was wont to tell to the said Iouianus Pontanus, when he was young:) which woman after she had been married fourteen yeres, did become to be a man, and suddenly there sprung out the members of man, in the naturall place of the Woman. Which being so ashamed of her condition, as one that thought she should be mockt or laught to scorne both of Men and women, became a Religious woman, and liued in a Monastery, where she knew her the rest of her life. And she was buried at Rome, in the Temple of Marie or Minerua. And another woman called Aemilia, was married to one Anthony a Citizen of Epula, and after she was married twelve yeres, she was changed into a Man, and was conversant with men, using then the artes and trades of men, in that Country, and married a wife. This writes he in the tenth booke De rebus coelestibus, &c. Mizaldus.

62

If the Lord of the Ascendent be Combust in the Ascendent, or in the first house, it signifieth short life to the childe then borne, Taysnier.

Take the inner rinde of an Oak tree, and seethe it well in faire water, and then bathe any soye old or newe therewith, halfe a dozen times together, twice every day, and at euery time when it is thus bathed, then anoint it with Butter, and Winistone mixt well together, and within nine or ten dayes, it wil be whole, (God willing.) A true and tryed medicine.

63

This following will helpe the yellow Jaundies with speede. Take a Burre roote; the greater the better, scrape it cleane: then take a pot of new Ale, and put your roote thererin, and the Ale will boyle, and let it be thererin one day and one night well stopped, then let the patient drinke a good draught, two or three times, and he

The sixth Booke

110

will be whole certainly. Proved.

65

The sick is much to be feared, if in the Ascendent, or in the eighth house, or with their Lords, there be evill Starres or Planets. But if good Planets be there, it is safe enough. Iatromath. Guat. Ryff.

66

If Aristotle and Auncen do affirme, that of the round and short Egge, the Cocke chicken doth come, of the long and harpe Egge, the Hen chicken. Mizaldus.

67

If you put yellowe Amber into hot melted ware, (before wel scimmed) it will be then as soft as clay, so that you may make things thereof, in what forme or fashion you will, it will be so tractable and soft. Mizaldus had this secret of a certaine cunning Lapidary.

68

There is nothing better to drine away Serpents or snakes, then the smoke of olde Leather, or olde shoies burned, or else to bring them out of ones body, before crept into them by sleeping open mouthed. Therof Marc. Gatinatica an excellent Physicion doth write, that the like did happen to a certain man in his time: to whom when many medicines were giuen in vaine, the said man receiued the smoke of old Leather at his mouth by a funnel so that it went into his body, and as soone as the venemous thing in his body felte the saide smoke, it came out at his fundament. Which was a marueilous great Wyper, to the great maruel and feare of all them that were present.

69

See the the inner rinde of the yong branches of a Yasell tree in small Ale, untill halfe be consumed, and let them that haue the Strangury drinke a good draught thereof first and last for the space of eight or nine dayes together, and it will helpe them certaintely, for it never failes. Therefore proue it and praise it.

70

In the first beginnning of any sicknes, or at the time of a question for the state of the sick person, if the Moon be corrupt or afflicted of Saturne in the thre first degrees of Scorpio, it betokenes death, Iohannes Ganiuetus.

71

A notable medicine for the Siatica doth follow. Take Dre dung and Pigeons dung, of either one pound, and mix them well together, with one pottle of white wine, and let them boyle together until half the wine be consumed, then straine it thorow a kinne cloth : then put thereto halfe a pound of Hunny, & twelue yolkes of Egs, and halfe a pound of melted Ware : and mire all together with as much Barley meale as will suffice for the making of it in a plaister, and put it hot to the painefull place. This was proued by King Henry the fist, as the writing did witnesse, out of the which I had this. Besides it hath beeene since proued.

72

Let the Physcion take heed of his first visiting of the sicke in the houre of Saturne and Mars : if he come to him in the houre of Saturne, either the sicke will dye, or else the Physcion shall haue great labour, doubts, and slacknesse in the curing of him. Neither shall he helpe him, except it bee euен to desperation, or out of all hope. And if he be sent for, or gee to him first in the houre of Mars, there will be chidings and brawlings betwixt him and the sicke party, and small gaine. The houres of Iupiter and Venus are much praised. The houres of the other Planets are indifferent. Iacromathematica. Guat. Ryff.

73

A grone Lizard hath a great delight to behold a man in the face, for he will louingly fawne upon him as a Dogge, with the mouing of his tayle. And as much as in him lyes, will defend him from a Serpent that lyes lurking in the hearbs to hurt him. Lemnius.

74

The iuste or water strained out of Radish rootes before stamed, mixt with white wine, and the powder of Turpentine burned, or dyed in the Sun, and so received, is an excellent medicine to break and draine forth the stone. And it is giuen with happy successe. A thing proued, much better then gold. Mizaldus.

75

If the Lord of the Ascendent be found in the ninth house, he that is then borne, shall of his owne will, goo farre and long tourneys. And if there be a good Planet in the same ninth house with him, or else doth behold him with a happy Aspect, then it shall

bapped bole to burne in his chamber. If an evill plant, then con
stant. The 16. 75

Let a sygne piece of rado Meale be the fortheare of your bole
burne in your bosome, and let it by reason all evile humours
and all bullishnes therin yelawing, in as soone as you may fynd of few
seuerall appassions. 76

Take the roots of Meale which be founde in the fields, an
onych of them, because they be yre, therefore, and let them be
well brokene, then soone betake you to the foyne, then put them
into a good Casserole wylde bole, and let them boyle long, a
garden fyre for that foyne shalbe, whereaboute aboute the garden
a plaine, of habellious certeyn cresses, cressons, and cressell to be yeld. 77

First, Bet, Sengbore, Celandine, and the like rootes
of Celandine, as wylde leach, marsh, wall, and beds, celandine, and
the like, dance or floure a day for night soone beynge together
and the party greate well be made hyske. This 3 hys and as
one weytes 15 to be, hyskenesse many of a fayre thinge. 78

If you myndis the poyson of Salteroun about the herte
before the 2dy in a feme gresse and bright Example of Celandine
and leach leane bones, so that there be none other leche in the
same Chamber; it will heale for all things in the same place
with a fayre yelde colour. You may prove it by other celer
herbys. 79

The dung of a Cattell, beinge hiden in a bottell or herte
before Cattell bee, especiallye a yonge, it will not only make
them leane from eating of their meat, but also it will cause them
to stour by an extreme, and to bleare, as to make a sore, and also
to speake and trouble, as though they destrouing one out the
Cattells bole ther plesur. Another wyl they crafe from doing
this, brull they soleynesse, that the said dung is taken a
day. Meale. 80

There is nothing better to draw forth Chernes, yches or
any other thinge whatsoevir, in any parts of the body whiche
ever it be, fyer bladdis to the eye applied to the place, drawing the same
by thenselues without remouing the same. 81

82

A certayne noble Dame in the parts of Spain, had a strong imagination of a great Ethiopian, painted in her chamber, with other, in the time of the xx of generation. Which Lady afterward was delivred of a Boy, like to the great Ethiopian painted, before named. Which child being borne, many did beweare, that she had layne with some one of the Daues of the Saracins, for that the child was like none of his Parents. Whereupon the ministrers of Justice, with consent of her Husband, and other, did decree, that she shold be burned after the moneths end. But before the ministracion of this Justice execucion, certaine wise men were called, wherof one deuided, that he might see the place where the Child was begot: which when he had seene, he considered that that generation was by the strength of the imaginative vertue: And then he said, that that great Ethiopian was the Father of the child: Lvinging forth for the confirmation thereof, that place of the Bible, whereto Iacob put speckled kids before the Shepe: by which imagination the Daues brought forth speckled Lambs, wherupon bee had speken, the Lady was delivred from burning. Wherefore as I haue witten in other places of this Booke, men ought not easilly to mislike their Wives, (having none other occasion,) because their Children are unlike to their Parents. For as you see here and in Iacobs Lambs, Imagination is of innumera fxe in the time of generation, which doth not only worke in men, but in Beastes. Canticus writes thus h[ab]it[u]m, who as it shalbe saime, hath it out of Lyra.

83

The foliages of Marigoldes, as also of Damer, and of evill faire other heathes doe begin to open at the rising of the Sunne, but more they are fully and wilily opened, but they are closed, or are shut, when the Sunne doth set. Therefore some call it, and such other, Spangles Solis, the Spangle of the Sunne. Because they sleepe, and are awakened with him, as Iazzach. And the Rayn triall thereof affirms it.

84

If Beates doe eat much of Hemlockes, they will be cast therewards into a dead and darke steep, that shal seeme to bee dead.

Canticus

The sixth Booke

114

which hath deceived the Countrymen being ignorant thereof: for as they haue beeне slaying off their skins, (thinking that they were dead) the silly Asses haue stirred and wakened out of their sleepe; to the great terror of them that did slay them, or cut off their skinnes, and to the great laughing of them that did behold them, as Andreas Matthiolus, (that learned Physician,) hath written in his commentarie vpon Diuersorides.

85

Put the ashes of a burnt ſ. naile, vpon the ſpot in the eye: and within thre dayes it will take it away. Barth.

86

If one comes to aske or enquire the Astrologian, for any thing in the houre of an euill Planet, that is, of Saturne or Mars, it is a ſuſpition rather to euill then to good. And chiefly, if that euill Planet be anywhere impedit, Retrograde, or Combust, or in his fall, or Cadent from an Angle. And this is to bee vnderſtood likewife of the conning of any on the behalf of any that is ſicke, or bringing the vrine of the ſicke, or of any that doth aske conſaile, or enquire of the eſtate of the ſicke, (though the vrine be not ſeen,) it is a ſuſpition of euill for the ſicke, though it be not a full testimony thereof. Ganiuetus.

87

If a woman, that is too much weakened with her menthly course, doth cast the ſame, or let the ſame run into a hole made in the ground with a thre squared Stake, (the ſame Stake imme- diatly after being put or driven into the ſame hole, and ſo remaine therein vremoued:) her ſaid flaire will stay or ceafe, being thought before to be incurable. An honest woman reuealed this ſtrange ſecret to me, which proued the ſame to be true: and ſhe learned it of a poore Woman, that required almes of her at her doore,

88

In the Lake called Larius (which now is called Comensis), certaine fishers in the winter did draw with their nettes to the dry land, a great ſort of ſeamewes, ſeeming to be dead, which were torned together with their bills or nebs in one another's tayle or fundament: and being warmed with their guts, were found aliue. Garuas. Tibellesius.

The

89

The leaues of Docks doe loose the belly, and makes one laxatiue: but the seeds being taken, doe bind and are restitutive

90

If Wine haue taken any tartenesse, or sowlenesse, take a pot filled with god water, and let it be well couered, then set the same pot with water in the vessell with Wine, (so that the pot stand vnder, or within the Wine,) and at the thre dayes end, if the Wine haue gotten his former strength, the water will smel, and then the wine will like the. Tarentinus.

91

A piece of raw Beefe, not too thicke, nor too thin,) being layd or steeped all the night before in god Aqua Composita, and applyed to the temples of the forehead, without remouing all the night: and thus doing thre or foure nights, (dooth helpe the watering and paines of the eyes, and all distillations and rumes that come from the head or braine. One told me this, which had often proued it to be most true, as a great secret.

92

When Mercury is in the tenth house not impedit, the childe then borne, willbe mighty, wise, and a great Philosopher, Cœli enarrent.

93

Anoint young Swallowes with Saffron, and sauue after the old Swallowes will bring a Stone vnto them, wherewith the Dropsic will be cured. This I had out of a booke of secret.

94

An Egge laid on a Thursday, and emptied and filled with Salt, and so set it in the fire, remaining there vntill it may be made in powder, and then cankerd teeth rubbed with the powder therof, it both killles the canker, and the wormes that eate the teeth, and destroies them. Proued so true.

95

This following will destroy Kingwormes, Letters & Scales in the handes, Take white Copozice, the quantity of two Beanes, and put it into a pinte of cleare water, till it be resolued v^e melted: and with that water wash the place or hands, till they be whole. Proued.

96

Stamp Parsly in white Wine, then straine it well, & drinke a

D.

god

God draught thereof, and it will cause thee to make water, and
breake the stome, vse it ffe or sixe times. This hath bene well
prooved.

97

The wise and learned men in olde tyme did thinke, that a
Toade put into a new earthen pot, and set it within the ground,
and so couer'd with earth in the midle of a field, will drue away
Crows or Birds from Corne that is sowed there. But about
Harvest time they will that it be digged vp, and so cast forth
of the limits of the fieldes, lest the Corne bee bitter thereby.
Plinie.

98

A little piece of the Pauell-string of a childe, that is newig
borne, enclosed in a Ring, and so borne that it may touch the flesh
or bare skinne, is a most sure helpe and remedy, against the
great paines and tormentes of the Colliche, Mizaldus.

99

They whose haire of the eye-browes do touch or mette toge-
ther, of all other are the worst. They doe shew that he or she is a
wicked person, and an entiser of seruants, and given to vnlak-
full and naughty Artes: which Iohannes Indagnies saith, he
hath obserued in old women being Witches, which were led to
be burned, whose eye-browes were such. As Thaddeus Hagec-
cius hath also noted.

100

Saturne in the ninth house, doth signifie feares in tourneyes,
but more in the Sea chieflie, in a watry signe, and in Cancer the
house of the Moone. Taynier.

The end of the sixt booke.

The seuenth Booke of Notable things.

He water wherein the leaues of Plantain, y grovet
close to the ground, and neare the roote, is sod, being
drunk twice euery day, morning and euening, first
and last, halfe a pint at a time, for the space of four
or five dayes, helpes perfectly all grieses and dis-
eases of the bladder. A trus medicin, and often prooved.

A

2

A notable water for breaking of the Stone. Take of the
juice of Harifrage, two pound, of the juice of Gromell, and of the
juice of Parslie, of either one pound, of the juice of Betony, of
the juice of Nettles, and of the juice of Ransens, of each halfe a
pound, of strong white Vineger, ten cunces, of the flowres and
seedes of Broome, and of the Rootes of Radish, of each two hand-
fulls, stamp the last rehearsed well, then mixe the same with all
the iuyces before mentioned, and thereof distill a water, with a
gentle fire: of which water giue to them that haue the Stone,
one ounce at one time, with Drimell Diuriticke, (which you The best help
may haue at the Apothecaries,) vsing the same nine or ten dayes for the stone.
(if need be:) and it will breake and auoyde the Stone wonder-
fully. There cannot be a better medicine for the Stone: proue it
when you will.

3

In the Islands of Ireland, and Dzades, in certaine places
there, ther bee certaine Trees, much like unto Willow Trees,
out of which come forth certaine little haires, encreasing by
little and little into Birds, hauing shape of Duckes, hanging
vpon the bough by their nebs or bills: and when they are come
to full perfectnesse, they fly away of themselves, or fall into
the next seas, whiche Birds we call Barnacles. This is rela-
ted by the people that dwel there. Mizaldus.

4

If one be bewitched of any, put Quicksilver into a quill, and
stoppe it, or else into a hollow Nutshell, enclosed fast with waxe,
and lay the same vnder the pillow of the party bewitched, or un-
der the Threshold of the doore where he enters into the house,
or Chamber. Iohannes Weckerus.

5

Hee that will deliuere a summe of Money in the houre of
the Moone, he shall haue much adoe to get it againe: And at last
shall mistrust of the recovering thereof: but at length he shall re-
cover it, but not all. Abablez filius Zaed.

6

Betony stampyt and made in a plaister, and laid to the eye,
healeth a stripe in the eye. And if the eyes be washed with the wa-
ter wherein Betony is sodden, they will be whole without dim-
ness.

nesse or other blemish. And if you drinke a Dramme of the powder of Betony, with the water of Betony, it will bring downe and heale the clowdinesse and bloddiness of the eyes. And if betony be eaten, it dryeth vp the teares of the eyes. All this and more hath bene proued of Betony.

7

Marke on what day any doth fall sick, and number the dayes from the first Calends of July, (which is the 26. day of June) vntill the day when the party did first begin to be sick: and deuide that whole number by thre, and then if at the last, one remaine, he will quickly escape, if two remaine, he wilbe long sicke, if three remaine, then it is to be feared he will die of that sicknes. This I had out of a booke of secrets.

8

A maruaileus cure of a woman that was swolne, done by one John Ardern, whose words thereof were these: I John Ardern did see a certaine Woman at Newarke, whose whole body was suddenly swolne, and also the face, necke and legges, who did lye as though she were half dead: to whom I gaue the roots of Daf-fadill stampet, & mixt with water & saffern, which beeing drunke, she was quickly whole. I wrote this out of an old written booke.

9

Take heed in letting of blood or giuing of Purgations, or strong medicines, that the Lord of the eight house be not with the Moon or with the lord of the Ascendent. Likewise that the Mercurie nor the Lord of the Ascendent be in the fourth or eighth house, nor that the Lord of the eight house be in any Angle, and it is not good that the Moon be in the Ascendent. Iatromath. Guat. Ryfi.

10

A Winde rising in the North in the beginning of the night, or in the iwy-light, by and by her ceaseth, and leaueth his place. Therefore it is, that the Mariners (hauing iust tryall therof) wil not set forth in that winde, unles it hath continued thre dayes. The South winde is contrary, which if it rise or begin in the beginning of the day, it brings hope to the Mariners that it wil continue, and not quickly depart out of that place. Mizaldus.

11

The skin of the right heele of a Vulture laid to the right foote, a
of

of Notable things.

119

of the left heele, to the left foote, of them that are pained with
the Gout: It is said that it doth mitigate the grieve, and ease the
paines. Mizaldus. I2

Lute strings or Parpe strings cut in little pieces, and cast
vpon flesh newly sodden or rosted, will seeme to be Wormes.
Wherby they that know not therof, will refuse the same meat.
Mizaldus. I3

If the Pard doth swel and be greiuously pained, mingle ware,
Dyle, and the iuice of Purslane together, & apply it to the swolne
Pard, and it will helpe it. It is often proued.

I4

Iohannes Ganiuetus writes, that in the yere of our Lord, 1431
the seuensh day of August (vaeing Tuesday) about seuen of the
clocke in the morning, one Master Henricus Amici, a Doctor of
Physicke, borne at Burels in Brabant, did aske him for the
Lord Deane of Viennens. then being sick. whether he shold die
or recover that sicknes. In the figure of wherh question, he found
that the Moone was going in coniunction to the Sun, vnder the
beames of the Sun, which was a testimony of death with diuers
other liklyhoods of the same. But espying Mercury beginning to
be retrograde, within one degree of the Ascendent (corruption
the degree ascending) did iudge that he shold shortly fall into a
frensie, at the farthest within a naturall day: although he was a
very wise man: And so it came to passe, for within lesse then a na-
turall day, he became franticke, and dyed within two daies after.

I5

Take Cloues of Garlick, and burne them in a pot all to
powder, and if you vse to eat of that powder in your postage,
doubtlesse it will precure you to make water, if you are troubled
with the Stone.

I6

If you put the powder of Allom in water, whatsoeuer you write
therewith, the writing or letters will not appeare, vniuersall you put
the same paper in water, and then you may read it perfectly.
Bapt. porta.

I7

This that followeth is a most excellēt true and sure proued me-
dicine for a great and old grieve and paine in the head. Take of
bay Salt stamped by it selfe, as much Cowmī ſcde stamped by it
it ſelfe, as much browne Fennell, and then ſtamp them all together,

¶.3

theſt

Then with as much pure vineger and a little Rose water, mix and
Aire them all together in a diu, ouer a chafindish of hot coles, and
then lay some of the same hot vpon a cloth, and apply it so to the
hinder part of the head at night, and tye it fast thereto that it fall
not away. And also lay on another plaster thereof hot thereto the
next night, & so doe nine nights together, one after another: and it
will not onely helpe the same, (perhappes within three or four
times so dwing:) but also it will clere the sight, and drawe the
humors, cleane away, that comme out of the head into the eyes,
and dry vp the same. This ayedicine never failes. Therefore it is
a precious thing, and worthy to be esteemed.

18

A god way to get the stome called Cranpaudina, out of
the Tode. Put a great or ouergrowne Tode, (first brased in
diners places) into an Earthen pot, and put the same in an Ants
hilliecke, and couer the same with Earth, which Tode at length
the Ants will eate: So that the bones of the Tode and Stome
will be left in the Pot, which Mizaldus and many other (as he
saith) hath oftentimes proued. 19

It is said, that the female Viper doth open her mouth to
receiuе the generatiue sparme of the Male Viper, which he doth,
by putting his mouth into her mouth, which re ceiued, she doth
bite off his head. This is the manner of the froward generating
of Vipers. And after that, the young Vipers that spring of the
same, doe eate or gnaw asunder their mothers Belly, thereby
comming or bursting forth. And so they being revengers of their
fathers iniury, doe kill their owne Mother. Galen de Theriaca
ad Pisonem. You may see, they were a towardly kind of people,
that Christ called the generation of Vipers.

20

Bothe Sage, and drinx it, either stamp it, and lay it to the ma-
triç: for both waies it prouoketh the flowres and afterburthens.
Pet. Hisp. 21

The girdle worne of a Childe, being vnder seuen yéeres of
age, some sayes twelue yéeres of age, taken and tyed about the
middle of one that hath the falling sicknes, and then presently ta-
ken from the said party, and cut in nine pieces, and every piece
thowne nine severall waies, is a present and perfect remedy to
heale

heale and helpe the same party thereof, without saying of any words. They that told it to mee, did see it proued: a thing no doubt very strange, and almost incredible. Some thinkes that this will not pruaile, but at the first falling of the party.

22

The tongue of a Dog laid vnder the great Toe within the shooe, doth cease the barking of Dogs at the party that so weares the same. Mizaldus.

23

The skin of an Asse beeing tanned, and shooes made of that part of the Hide, wheron the burthens did lie that the Asse carried, they will never teare nor be worne. So although you goo continually amang stones and thornes, and with the oldnesse thereof, they will ware hard, that one canoут suffer to weare them, as Cardanus hath written.

24

To stop the bleeding of the Nose: take nine or ten fresh new Leekes, and put a thraede thorow the midis of them, but cut off the toppes of the Leaues, then hang them about the parties necke that bleedes, so that the leaues be vpward to the Nose, and the heads of them downeward. It is good also to smell to Camphire dissolved in vineger, and also to put the roote of Piony vnder the tongue. Iaco. Holle,

25

If you take of mouth glue and Alleme, equall parts, mixing them together, and then powze vineger to them, what thing soever you shall cast into the fire, being rubbed, or all ouer anointed therewith, it will not be burned. Mizaldus.

26

Mars in the Spynth House, doth threaten in long iourneys, chiefly on the land, feare and euill hap or successe: but net in Capricorne, seeing it is his exhalation. Taynier.

27

It is credibly reported, that whosoever is sick, and at the point of death, though they be marueilous old, lying or being in a certaine place in Ireland; the same party cannot dye, vntill hee or she shall be remoued out of this place: And many that haue been there, beeing very old and weary of their liues, haue earnestly desired to be remoued from thence: who as soone as they haue beeue out of the place, haue dyed presently. A very strange thing, if it be true.

Stampe

28

Stampē Kew with oyle of Rose, and lay the same someting thicke vpon the crowne of the head, of one that is sick the same being first shauen, and if the same party do nece within six houres after, he will escape that sicknes. If not, he will dye thereof.

29

To make a grēn that it will not vade away. Take the flow-
ers of fflowrcdeluse, stampē them and strain them, then put the
juice therof into gum-water, and dry it in the Sunne.

30

To make Letters of gold: Take gum of Almonds and tem-
per it with Vermilion finely ground, let the gum be dissolved in
the white of an Egge, then write therewith and it will be like
Gold. Proued.

31

If you will knowe in what yere Wheate will be deare or
cheape, and what time in the yere, and what money the same
will chance: Elect or chuse twelue faire Cornes of Wheate, in
the Kalends of January, which is the first day of January, then
sweepe the fire harth cleane, and make a fire: then take a yong
wench, or boy of the house, or else one that dwells nyē you, and
bid the same boy or wench lay one of the same Cornes on the same
being hot and made cleane: and when that is done, marke
diligently, whether the said Corne abide still in the place, or
leape: If it be still, then say that the price will continue: If it
leape a little, the price will abate a little: If it leape much, then
perswade thy selfe, that it will ware very cheape: if it leape to-
wards the fire, it will be dearer in the first month, and so more or
lesse, for the greater or lesser accessse of the same to the fire. Do so
with the second Corne, and it will presage for the second month,
that is for February: And so you may iudge all the rest. That
is, the third Corne for March: the fourth for Aprill, and so for the
other. Mizaldus hath heard that it hath bēne proued of many.

32

The Lyon is more fierce against Men, then women: for
Nature hath taught him that women are to be more mildlye vs-
ed then Men: as Plinie affirms. And Aristotle saith, that it is
more wicked to kill awoman then a man, &c. And the Poet saith:
Quod fœminea in pena nullū est memorabile nomen. Whiche is
true

of Notable things.

123

yne. A man also can get no praise nor honeste by beating of a woman. Whch let barchry beaters and cruell tormentors of their wifes marke well and consider. Mizaldus.

33

A sponefull or more of the powder of Pettle seed, dranke in good wine, doth all wage all pains of the matris, and takes away the windnes thereof, or the griefe of the other. Per. Hilq.

34

By this meanes following, you may put an Egge into a narrow mouthed glasse. Lay an Egge in strong Vineger, till it be tender: then fill the glasse almost full with water, then put the windie Egge into the Glasse: and anon it will be hard. Proved,

35

To roast a dish of butter. Take fine grated white bread, and mix the same well with Suger, then put a rumpe of butter vpon a Spit, and turne the Spit at the fire, & still cast the grated bread and the Suger vpon the butter, and it wil be a fine and frum dely of meat. Proved.

36

If a certain worme with many feet, which will become round like a pease if shee be touched, of soms called a Swine-loune, be prickt with a Peedle, and then any abing tooth touched with the same needle the paine therofe will cease immediatly. This I got out of an old booke.

37

They are possesst with diuels, that haue not in their Patinties Mercurie, with the Mone in some aspect. If neither of them behold the Ascendent: Whch is the moze certain, if Saturne be there in the Patinity of the day, and if Mars be there in the nightly Patinity: And if either of them be in an Angle, such is the Patinity of Diuele. Alpohazen. And they are or will be mad, that haue Mercury and the Mone in this sort, except that Saturne contrary must be in an Angle in the Patinity of the night, and Mars in an angle in a Patinity of the day. Iatromath.

38

There is a certaine well at Gratianapolis, whch although it hath not hot or warme water therein: yet oftentimes there comes out of the same together with the water flames of fire, two contrary Elementes at one time, out of one place flowing out together. Mizaldus writes this of the report of the Inhabitants of

N.

that

that place.

If you stamp Holliccks with the whites of Eggs, and therewith
anoint your hands, and throw them vpon the same the powder
of Allen, you may handle fire without any harme. Alber. Praise
it as it proues.

Drinke no medicise in the houre of Saturne, neither enter or
begin then any iourney on the See. Haly Abenragel.

White Cline, wherein Lapis Calaminaris is seuen times
quenched, first made very hot in the fire, doth maruilyously stop
the running of the eyes, and cleareth the sight, if you put a few
drops thereof into them, and vse to wash them therewith. This is
a tryed thing.

If you woulde allure or bring Pigionis to a Dovehouse, take
a fat Dog and slay him, and fill his belly full of the Seedes of
Cummin, then rost him dry, wash also the Pigion holes in the
Dove-cote with wafer wherewith the Cummin is sodde: but first
cleanse the said holes from all filthinesse, then lay the roasted
Dog vpon a broad stone in the Dovehouse, and hang a great
Glasse in the toppe of the Peacock, and three or four little looking
Glasses within the Dovehouse, by some of the holes. Also take
good clay and mingle it with bay salt and Cummin, and make
thereof a great lunge like unto a Sugre Loafe, then put it into an
Oven and make it hard, and set it by the dead Dog. Beware of
Dwles, Buzzards, and Starlings, see the house be close that no
vermine come therein, as Po'ecats, Wezels, or Ferrets, and you
shall haue Pigionis endow. Also make a shape by the Dovehouse,
Straw Chasse there, then lay therein a good quantity of Bar-
ley, but it must first be laid to stepe in Honey three dayes, and
then cast it ameng the Chasse, and then a great sort of Pigionis
will resort to the Dovehouse.

Linsede put into the rotes of Radish, and by and by put
into racte or dunged earth: it will bring forth an hearbe like
Dragens, whose taste will lieme like Vineger and Salt: there-
fore it is marueilously desired in Hawes: for haing this, you
narde neither vineger nor salt: as one that is chiche of the kings
Gardens told me, saith Mizaldus.

44

Fores being sed, or cut in pieces, and then given to Hens or Geese amongst their meat, it maketh them safe from being hurt of any Fores after, for the space of two monthys. Mizardus.

45

The seeds of Docks, tyed to the left arme of a weman, doth helpe barrennesse, sterilitie, Atricamus.

46

The Horne and the Ascendent, are generally Significers of the whole Ship, and of the state thereof: and the Lord of the Ascendent is the Signifier of them that sayle in the same, whereof if all they be infortunate, the Ship is broken, and they that sayled in her are drowned, vntille some one of them be received, that is of the said Signifiers, and then the Impediment will chance in the drowning, and some climers of the Ship will escape: but if all they be fortunate, all shall escape and be saued, that is, both Ship and men, chiefly if there be any reception. Furthermore, if the Ascendent and the Horne be both fortunate, and the Lord of the Ascendent infortunate, the Ship is safe, and the Sailers in her are destroyed: but if the Ascendent and the Horne be infortunate, and Lord of the Ascendent fortunate, the Ship is overwhelmed, or lost, and the Saylers in her are safe. Haly Abe.

47

Goates dung mingled with Vinegar and Bran, and applied as a plaister to a sore brest, loseth wonderfully all swellings of the brest. It hath bene proued.

48

Betony stampf and applyed to any wound of the head, doth not only draw out the broken bones, but also doth heale the same with speed.

49

A specia'l medicine to strengthen the backe. Take a quart of white wine, and the pith that runneth in an Ore backe, and halfe a quarter of a pound of Dates, and of Marigolds, Plaxten, Betony, Parsly rootes, and Fennell rootes, of all two handfuls: boyle all the c together, untill the wine be halfe wasted away: & then strain them thorow a cloth, and drinke nine or ten spoonfuls therof every nightning & euening for the space of nine or ten daies: and it will strengthen the backe prouerisly.

50

Fine-leaued grasse sod in water, which if it be drunke and golpe
vp and downe into the throat, is an excellent helpe for soze throats.

51

They are diuellish or possesse with Divels, in whose Particul-
ties Saturne is Lord o the place of the Sonne: and the Sonne
then vnder the beames of the Sunne: or if Mars be Lord of the
place of the Sonne opposite to the Sunne pecially in Sagittary. Haly
Abeurageli

52

To keepe Beasts safe that the blinde Moule called a Shrow
do not bite them. Enclose the same Moule quick in Chalke, which
when it is hard, hang the same about the necke of the beast that
you would keep safe from byting: And it is most certaine that
he shall not be toucht nor bitten, as it is aforesaid. Vegetius.

53

I heare (saith Mizaldus) that it is obserued and proued, that
a Cow a Cwe, a shre-Asse, a Wiche, a shre-Cat and such other do-
mesticall & tame Beasts of the ffemale kind, wil cast their Calf,
Lamb, Colt or that they goe withall, if the Male, by whom they
conceiued, be killed while they went with the same. Such a strong
and vehement concord or agreement of nature is betwene or a-
mong them.

54

If the ninth house begin in a fixed signe or if Saturn be sound
in the same (except it be Aries) they that be then borne, shall for
the most part see true Dreames, but if in a moueable signe, his
Dreames will be without effect. sc. Tailnier.

55

A notable oyntment for the head-achz, comming of anycause,
Wherewith you must anoint the pulses of the temples and all the
forehead. Take of the iuice of fresh Camomil fourre ounces, of the
iuice of fresh Roses two ounces, of the iuices of fresh Rew and Be-
sony, of either one ounce and a halfe, of the iuice of the roots of ho-
liock two ounces, of oyle Rosate Qinghacine, one pound & a halfe of
the best & purest Alabaster, thre ounces, powder of Alabaster fine-
ly beaten, then put into the oyle, and let it ly therin a day & a night,
then mix them all together, and with sufficient white ware: make
it into an oyntment, which oyntment, is god for any paine of the
head, proceeding of any matter or cause. And it may be used at a-

127

ny sime of the fit or paine except the beginning. Emperica Benedicti Victorij Fauenti.

56

An excellent distilled water for hearing followeth. Take of the juice of Betony, of the juice of Onions, of either of them fire ounces, of the leanes of Rosemary Staped one handfull, of the oyle of bitter Almonds three ounces, and one white Celerie grosse chopt and cut in small pieces: mixe them all together and distill them, and the liquor which cometh thereof, keepe in a glasse, drop two or thre dr. p[er]z thereof into your eare fourre or five nights together, and it will help the deafenes.

57

It is much to be marueiled at the little bird called a Wren, being fastned to a little sticke of Hasell newly gathered, doth turne about and roste himselfe. Cardanus and Mizaldus.

58

Thou maist make faire pictures, Vessels and many other fine thinge with small cost and expences as followeth. Seethe the bark of the Elm tree and the tops of the Poplar tree, and whiles they are very hot, put thereto most pure and fine Lime, vntill all the same be like Curds of milke. Afterwards put thereto the whitest Marble that is well and finely beaten into powder, & serced: and then cast the same in what forme you will: then dry them in the shadow. Hieronymus Cardanus.

59

Hermes doth say, that an euill Planet in Cancer, doth threaten short life and continuall sicknes to the mother of the Childe then borne.

60

Brimstone stampft with wine, and plaistered ouer the Dugs or Paps of Woxien, breakes the hardnes of them. Isac.

61

Water Mints stamped and laide to the midst of the brow, and to the nape of the neck of one that is mad, will much helpe and releeue him. But first tickle him on the brow, and it will dispose him to sleepe: and then apply it to him as is before said. But if he be far gone, that it will not helpe him then take a Leach and cleave it in the midst, and so warme, lay the one part to his brow, and the other to the nape of his necke: and without doubt it will helpe him, if ever he shall haue help. This I looke out of an excellent written Booke.

62

For burning with fire. Take Oyle Dill, and put it into cold water, and stir it well together, till it be well mixed: then anoint the burned place therewith, and lay a Vioort leafe vpon it, and it will helpe it speedily. Proved.

63

Stamp Hallowes and Garlike toghether, and mingle it well with white Wine, then straine it well, and drinke a good draught thereof nine times, and it will make thae make water, of what occasion soever the same is soopt. This is attested for truth.

64

If you will bring forth or hatch Egges without a Hen, couer your Egges in hot Horsc dung, (so that the bigger part of the Egge be vppward) but every fifti or sixt day, shif them with new Horsc dung, with a temperate heate as the heate of a Hen. But remembret that the egges must be turned, and about the time of the hatching or when they shoule come forth of the shell, put them vnder a Hen. Mizaldus.

65

Although the fruit of a Medler Tree by nature be restrieue or binding, neuerthelesse the powder of him doth vehemently breake the stenes in the reynes, and drives them forth. Whiche Anthonias Musa an exzellent Phisicion doth witness, that he hath proved with most happy successe on himselfe. Mizaldus.

66

The bloud of an hare dryed and made in powder, and thrown vpon fleshy newly rosted or wooden, makes the same fleshe seure to be bloody and corrupt. So that they that be present, and set the same, vntesse such as know the secret thereof, wil loath to eate therof. Mizaldus.

67

The ancient wise men haue said, that he that is taken prisoner in the houre of the Sunne, shall escape within the space of one moneth: and in the houre of Venus, he shall escape at the end of forty dayes: and in the houre of Mercury, he shall haue long imprisonment, and he that is taken prisoner in the houre of the Sunne, his busynesse and state shall be changed, according to the applications whiche the Sunne hath with fortunate and infortunat planets: whereby the easinesse and stownesse of his delivring shall be esteemed. Also, he that is taken prisoner in the houre

houre of Saturne, he shall indure long imprisonment: and he that is taken prisoner in the houre of Jupiter, he shall be delivered quickly. And they that be taken prisoner in the houres of Mars, many sorwes and troubles shall happen to them dicing their imprisonment. For he shall be put in fetters, and shall be beaten, and he shall suffer great sorwes and labours. Haly Abentagel.

68

This medicine following, will surely heale a scald head. Take syle Diffe, and put it into a dish with faire water, and beate or stirre them well together, as you would make Butter, then take it vp, and put it into a vessell, and put powder of brimstone and May Butter thereto, and make an oyntment thereof, wherewith to anoint the sozehead, and doubtlesse it will heale it.

69.

Wodbinde leaves stampyt, and laid vpon warts, (using the same halfe a dozen times,) wil quite destroy them.

70

Frauncis Marques of Mantua, did so instruct or teach a Dog, that he vsed him as a very good servant, in calling of such of the Court as he would. Blondus.

71

Abenzeor an excellent phisicion among the Arabians, declares that once there was such a famine in the Country, that the people was driven to plucke the dead bodies out of their graues, and did suck the marrow of their bones. A thing horribble to be heard, but more horrible to be done: from which need or hunger, I beseech God keepe vs.

72.

If the seedes that are found in the round knobbes of the lester. Barre leaf, be made in very fine powder, and so giuen with a little gree and pure White Wine, it purgeth the sand maraschins effectually from the reynes, but more spedily, if it be drunke with Aqua vita. Mizaldushad this of one that proued it.

73.

If you see the Mugwort in water, and plaister it hot vpon the Pauell and thighes of a woman labouring with childe, it causeth both Child birth and the after burthen also: but if it tarry long thece, it will cause the Matrix to follow. Rogerius.

Fob.

47

For scalding and burning that it be not scene. Take shēpes
suet, and shreves dung, and the inner rinde of Elde, ne, and boyle
them al tog ther, then traine them thorow a coo: e canvas cloth,
Scalding and
Burning. and so keepe it in some cleane vessell, which when you use vse, you
must melt in a Saucer, or some other thing, and lay it in the tur-
ned place with a feather. Preued.

75

To draw out a tooth, fill an earthen pot with Emets e: Ants
and their egs, and let the same pot in hot emets so long, until all
be burned into ashes: and when any deth ake, which you would
draw forth without paine, then take of the same powder, and
touch the tooth therewith, and it will fall out.

76

Anoint the freckled face with the bloud of a Hare or of a
Freckled face. Bull, and it will doe them away, and make the skinne faire. Pro-
ued.

77

This following will helpe the hardnes of the side, called the
Escarke. Take the roote of Gladens, and make powder thereof,
and give the diseased party halfe a sp. nesfull thereto to drinke in
white Wine, and let him eat thereof so much in his puttage at
one time, and it will helpe him within a while. This was told
me for a very trath.

78

Hugwart steeped in Roewater, doth helpe trembling or
shaking hands, if they be wash't therewith. Mizaldus.

79

The Stone in
the Toades
head.

You shall know whether the Toadstone called Crapandina,
be the right and perfect stone or not. Hold the stone before, a Toad
so that he may see it, and if it be a right and true stene, the Toad
will leap toward it, and make as though hee woulde iatch it
from you: hee envieith so much that a man shoulde haue that stone.
This was credibly told Mizaldus for truth, by one of the French
Kings Physicons, which affirmed that he did see the triall therof.

80

Garlicke being sowne when the Moone is vnder the earth,
and plante up when the Moone is aboue the earth, it is said, that
then his stinking smell wil be gone, Sotion Gr̄ecus, and Palladius
report, that Garlick will be made the swēter, if in the planting
thereof

Hereof, you do set the stones of Oliues round about it, Or else if you set the Garlike brused.

81

Lay a Spunge vpon any ache Gowte, dipt in warme Wine of the decoction of Cummin, and it will draw out the hurtfull humors. It hath bene proued. Pet. Hisp.

82

Take the iuyce of Elder berries, and anoint Warts therewith, and it will destroy them.

83

If you take the outward rinde of the Radish root, and the heareb Mercury, of either one ounce, of Saffron thre graynes, of Cassia Lignia, finely powdered, one dram, the iuyce of Sauine, two drams, and then mixe them, and let them all be beaten toge-ther, and then tye the same in a fine Linnen cloth, that is thinne, and then ioyne it to the neck of the Matrix of a woman that is in her trausll, and in the houre of the birth: (which else shold bring forth her Childe with difficultie,) by and by she will be brought to bed. It is a secret. Benedictus Victorius Fauent.

84

He in whose Natiuitiy Venus is coniunct, or toynd with Mer-cury, and they both being vnder the beames of the Sun, shall bee gelded. Iatromath. Guat. Riff.

85

If you plucke out one of the eyes of a blacke Dogge, whiles he is living, and will carry it with you, it wil make that no Dogs shall barke at you: yea, though you walke among them. But it will be more sure, if you put thereto a little of the hart of a Wolfe. Sextus Platonicus and Albertus.

86

The iuyce of Knotgrasse, drunke with the powder of seuen Pepper cornes, before the fit, doth quite put away the quartan Ague. But it is said, that the hearebe must bee gathered upon a Thursday and the iuyce then likewise thereof must bee gotten and strained (the Moone decreasing, which is betwene the full Moone and the change. (Mizaldus had this out of an old booke of secrets, written with the hand of one called Iamus or Faunus,

S.

A

87

A bath wherein Emmets, or Ants and their Egges, (being stamp't) haue been sodden, doth quickly heale an old, and almost incurable ioynt sicknesse. Proued.

88

Falling sick.

If they that haue the Falling sicknesse, doo vse to receive twice or thrice in the woeke, at their going to bed, one of these little pilles following, without durbt they will be whole thereof howsover it comes. Take of the best Castorum, Assaferida, of either halfe a dram, of the root of Piony finely powdred one dram, Aromaticum Rosatum, two drams: mire them together with the scrup of Mints, and make thereof seuen pilles, (you may haue all this at the Apothecaries.) This is a proved secret. Emperica Benedicti.

89

An excellent oyntment for the gowte. Take thre pounds of Malwart, and strame it well, then melt one pound of Mar Butter, and put thereto: and let them stand so nine dayes together, then boyle the same halfe an houre on the fire, then straine it thorow Canuas, and so annoynt the payned place therewith. It is a notable and proved thing, not much unlike to one in this booke, to that effect, described by Mizaldus.

90

This medicin following will destroy the itch in any part of the body. Take of Oyle Debay, one ounce, and one ounce of Quicksiluer first kill'd with fasting spetle, which must be a killing therein with stirring of them together, halfe an houre: Then therewith annoynt the Palmes of yout hands, and the scales of the fete, and within thre or seure times so doing it wil kill the itch.

91

A Candle.

If you will make a Candle that wil not be put out, fill a cane with the powder of Brimstone, and with a Linnen cloth broken in very little pieces, then couer the same with ware, and so set it on fire: and then it will not be put out, neither with Bellowes nor wind.

92

Oyle wherein Frogges be sodden, untill the flesh be gone from the bones, doth marueilously helpe all effects of the sciules and the ioynts, and also all parts of the body that is cold, or benumbde, if the places affected be anointed therewith, being first made warme.

vermine. This is gotten out of the secretes of Ianus.

93

If you will bring into one place, or else kill all wormes, and Beasts that are hurtful in a garden: take the belly or paunch of a weather newly killed, with all the filth or dung that is in it, and bury the same in the place where they be, and couer it a littel with earth: & then within two daies thou shalt see all the wormes and vermine gathered thither: if you do this twice or thrice, you shall make all the hurtfull wormes & things to gather together there: And then you may cast earth vpon them, or else kill them as you list. Mizardus did understand that this was proved.

94

An euill Planet in Leo, doth shew or betoken short life, of the Father of that Childe then borne. Taisnier.

95

The irice of Betony, put into the eare something hot or lew- warms, will both put away paines and the deasenes of the eares, (if there be any,) and also other impediments of the same. I have Deafnesse. proved this divers times, and found it excellent good in this case.

96

This water following is both proved, and precious against Fis- tulaes: and also it so hardeneth yron, that you may cut another piece of Yron therewith, as easily as if the same were Ward. Take of earth wormes, and draw of them a water by distillati- on, and likewise draw water of Radish rootes, both which wa- To harden
ters mixed together, then put therein an edged yron knife, made red hotte: the same thus heated and quenched for three or four times by an equall quantity, vsed at each time, and the knife tempered with the edge: then dip it red hot againe into the same water, and then after you may cut away Yron safely and easily therewith: and this water is also maruelous in fistulaes.

97

It is said, that if horses be shed with that yron wherewith one hath beene before killed, it makes the same Horses very lively and quicke. And if of the same you make a Witte or a Snaffle, that Horse that hath it in his mouth, will be made tame & easie to be handled, yea, though he be never so wilde, stubbornie, or given to biting. Rafis & Albertus.

98

If a Horse can not stale or pisse, or else doth the same hardly, or with much griefe or paine, beate his body all abouts, easily, mildly, or gently, with the bowes of Elderme full of leauue: then after couer his head, neck, and all the body with the same leaves, and it will helpe him very much. Simoneta Cardinalis.

99

A Water wherby the Phisicion doth maruailes, and is reputed as a Prophet. Take the filings of Siluer, or Brasse, Pren, of Leade, of Steele, of Gold, of Spume of Siluer and Gold, of Storax, according to the riches and pouertie of the patient: first of all let them be put into the vaine of a Boy that is a virgin, the second day in warme white Wine, the third day in the iuice of Fennell, the fourth day put them in the whites of Egges, the fift day in womans milke, that gives suck to a boy, the sixt day in red wine, the seuenth day in seuen whites of Egges, and put that onely into a Styll at an easie fire, and that that shall distill haue in a vessell of Gold or Siluer. Silence is to be kept of the praise of this water, because it may net be bought. For his vertue doth pallifie leprosous persons: it heales and destroyes a pure leprie, it wipes away, or takes away every spot, it conserues youth, it makes the eye faire. I cease to speake of the secrets of this water: for because, I feare, lest they that haue it shold be puffe up with pride. Trotula de passionib Mulier.

100

This following is a proued thing, for the sounding of the eares or winde in the same. Take Almonds and the kernels of Peaches, and let them be cleane pilled in hot water, then stampe them, and get Oyle out of them, and put of the same Oyle with tents wet in the same into the sounding eares, or otherwise grieved, which tents must be made of fine linnen Cloth, and do thus with newe Tents euery day once for the space of nine or tene daies, and it will put away the sounding and other paines of the eares. This I learned of one that came out of Spaine. And I proued it to be very true.

The end of the seuenth booke.

Th

The eygth booke of Notable
things.

I

You shall make Vineger by and by, and if you powre pure
and good Wine halfe lodds, into a new earthen vessell To make Vi-
then well couered and stopt: and so the same Pot set in hot neger.
scalding water.

2

A Wolfe first seeing a Man, doth lift vp his voice, and as a
victor doth despise him. But if he perceiue that the Man hath es-
pied him first, he layes away his fiercenes, and cannot runne.
D. Ambrosius. Virgil. Plato. Sextus Platon. and other.

3

There is a deadly warre betweene the Hawke and the Eagle,
who sometimes are so fast together in their fight: that they are
both taken or catcht thereby. Plinius.

4

To take the Birds that eate the Seedes that are solvyn: To catch
the Garlike, that it may not grove againe: for it is said birds
to profit maruelously, if it be throwne vnto them: for they that
shall eate of it, will be takyn with your hand. Mizaldus.

5

He that takes his rourny on the Sea in the houre of Saturne,
hee shall haue many wques, and divers windes, which will cast
him to unknowynge places: Haly Abenragel.

6

If you giue one of these Pilles following every night going
to bed, to him that hath the Palsey, it will helpe him, for it is pro-
ued. Take of hearbe Iuy, Cowslips, Befony, of the flowers of
Siicados Arabici, of each one dram: let them be dryed in the Shad-
dow, and make them in fine powder, then take good Turbith,
one dram of the best Agarick, two drams, Colloquintida halfe a
dram, Ginger, Salgent, of either ten graines, god and chosen
Newbarbe, one dram and a halfe Spikenard, seuen graines, the
powder of Hier simplex Galeni, halfe an ounce, Scamony pre-
pared, one dram; let them all be made in fine powder, and with

the iuice of hearte Jay, make a masse of Pilles. The weighe to be giuen at one time is, one Pill of one iouple. And marke, if he that hath the Palsey, take this ordinary Wyll, (not once every day, but twice in the weeke at the least:) you shall haue a sudden help in the Palsey. These Pilles may wothil y bee called gloriouſe Pilles in the Palsey. Empericu Benedicti Victorij Fauetini.

A woman
w.th child

To make
white Wine
red.

For the
cough.

⁷ A certayne man finding or catching a Wouse, did hit his wife therewith on the left cheare being with childe, who after was deliuored of a Wench: which Wench had, and it hath the mark of a Wouse on her left cheare. This was told by a crevible woman, who said moreouer that the name of this Wenches brother was, Thomas Buckman, dwelling at that time in Norfolk in a certain Towne called Dylle. This affumes my other writing haerof.

8

You may turne white Wine into redde, without any hurt or detriment by and by: if the powder of Honny, (that is first sod into a stony substance, and then dryed, and so made in powder,) bee cast into white Wine, and mixing it well in the same with rowling it vp and downe together. The roots of any kinde of Dockes, either new or dryed, put into the Wine, will perferme the same with lesse busynesse.

9

Garlick being stampyt with Hogs or Barowes greace, and made something thick like an ointment, doth maruelously helpe them that haue the cough, and haue taken cold, if the soales of their feete and their back bone before the fire be anointed therewith.

10

Whosoever hath any fired Starre, of the first honoz, or magnitude, in the degré of their horoscope, or in the degré of their Cuspe of the tenth house, or in the degré of the Sunne by day, or in the degré of the Moone by night, he shall possesse greater rühes & honoz, then his Ancestors haue done of the Natiue of that fired Starre. Indede this is true, if that fired Starre bee of small Latitude: but if it be of a great Latitude, his strength will smally appeare in the Natiuite of the Childe. Tashier.

11

This water following is excellent good to cleare a dim sight, if two

Two or thre drops thereof be put into the eyes, at a time, vsing it certaine dayes together. Take of the water of Meruein, the water of Noles, and the water of Fennell, of each four ounces, white strong Wine thre ounces, Cuty preparate, and Sugare Candy, of either thre drams, Aloos Hepatick, two drams, let all them be beaten in fine powder that are to bee powdered, and put them into Waters and Wine, miring all together, and let them remaine and stand a whole day, then straine them easily, and kepe the liquor in a faire glasse, and vse it as is before sayd. This is a pretious thing for the sight and the eyes.

12

A marueilous medicine for wounds and sores. Take a handful of Arsemart, wet in fairs water : then lay it in the wound or sore. After bury the same Arsemart in some moist ground : and the saide wound or sore will afterward miraculously heale, as ^{To heale a} sore or wound. the same herb doth rotte and consume. This I had of one that affirmed it to be true. I think it is written by Paracelsus.

13

The bodies of drolend or dead men, doe flote on the water, with their faces and bellies upward, but dead women do flot on ^{Drowned} people, the water goweling, or with their faces downward, contrary to their procreation. But they doe flote or swim above the water, out of whome the Lung is taken, &c. Mizaldus.

14

The water of Marigolds doth helpe all diseases of the eyes, and take away all paines of the head. And smake of the flowres thereof taken or received by a funnelle, into the secret parts of a Woman, or else otherwise taken, doth bring forth easily the after burthen. This secret Mizaldus did get of an old Midwife, which had neede of his helpe otherwise.

15

The head of a Gleade unseathered, burned and so much therof taken with water, and drunke, as you may take vp with thre fingers, helpes them that haue the Colite. Galenus.

16

If any come or send to thee in the houre of Jupiter, it is for no harme : but rather for god. Therefore doubt it not; and though it should seeme to be some harme or lesse at the first, yet ta length it.

It will turne to good. The stner one tries it, the truer he hath
 finde it, so that he be not Retrograde or Combust.

¹⁷ **Oke ferne,** (called Polypodium,) stamp and plaistred vpon
the fete or a woman traualing or childe, cauleth the birth of
the Childe, either aliue or dead. This was told me for a great
secret. ¹⁸

Take of the greace of a Swine or Hog, and rub therewith
the body of any that is sicke, against the heart, or the oales of his
fete, then giue that greace to a Dogge, whiche if he eate, the pat-
ty will escape; if not, it is a token that he will dye thereof.

¹⁹ **This following will helpe them that bee dease.** Take a
Deafenesse. piece of greene Elme, or Ash, and lay it in the fire, and receiue
the water that commeth out of the ends thereoff: and take also a
sponefull of the greace of an Eele that is red beneath the Pael:
boyle all these together a little on the fire, and put it into a glasse,
and whē he goeth to bed, put some therof into his eare lukewarm,
and in two or thre daisies, he wil be whole, and heare wel, proued.

²⁰ **To draw out a tooth without any paine.** Take the gum
of Iuy, and greene Iuy leaues, of each a like weight, and burne
them to powder in a new earthen pot, & when it is made in fine
powder, mix it together with the milke of Spurge, and put some
therof into the tooth that you would haue out, if it bee hoilid: if
not, touch the Tooth therewith, and it will fall out: but beware
you touch no other tooth therewith.

²¹ **Aelianus doth report,** that no sicke person of the Locran-
ses, should vpon paine of death drinke any Wine, without the
consent and knowledge of the Physcion, or any other giue it the
without the commandement of the physcion.

²² **To try whether the wine
be not mixt.** If you wil proue whether there be any water mixt with wine
or not, put an Egge into the Wine, and if the Egge sinke into
it, there is water mixt with it, if the Egge swim, then it is pure
Wine. ²³

If the scull of an aged man be hanged in a Dore-house:
Pigi-

of Notable things.

139

Pigions will be encreased there, and wil live quickly as Albertus To encreas
and Mizaldus doe write. 24

Pigions.

The iuice of Bay-leaues distilled into the eares, dooth not
permit deafnesse, nor other strange sounds to abide in the eares.
Pet. Hisp. 25

A Question was asked of the state of certaine person bising
sick, and of what condition the disease was, and whether he
should recover thereof, or not &c? It seemed at the first sight, that
the party was whole for whome the question was made, because
the Sun was in the tenth house, and the part Fortunate in the
Ascendent, but many other Testimonies shewed the contrary:
And also Mars did corrupt Venus, Lady or Alumeten of the As-
cendent, and Venus also was vnder the beames of the Sunne,
and began to be Combust, distant from the Sunne ten degrees:
for Venus was in the 28. degree of Sagitary, and the Sunne in
the 8. degree of Capricorne: which two degrees in Sagitary did
signifie two moneths, being a common signe, and the 8. degrees
in Capricorne being a moueable signe, did signifie 8. dayes:
therefore it was to be doubted of the death of the sick person, a-
bout two moneths and eight dayes: after the question was maed,
as God would ordaine, and so it happened right by the appoynt-
ment of God, to whom it belongs to cure infirmitie and grieses,
to raise vp the dead, and to moderate the earthly bodyes, by the
heauenly bodies, and to dispose inferior things by meanes, to
whom be glory. Amen. Gulielmus Anglicus in suo tractatu de
vrina non visa. 26

An excellent medicine for the ache in the bones, or arpies, or
any other place of the body. Anoint the place where the paine or
ache is with good and pure Aqua composita by the fire, and let it
drunk in; do thus three or four times together, then at the last
time while it is wet, cast vpon the wet place where the ache is,
the powder of Olibanum, (which is the fairest and the whitest of
the Frankincense;) and so lay a liuen cloth vpon the powder, and
sewe it fast, and so let it lye three or four dayes, until it be well
and whole. Which will be by that time, God willing, pronounced.

Eunuchus, that is, he that is gelded, is never bald nor gowdy.
Hippocra. 27

28

It is a thing worthy of memory, that Lampridius writes of Heliogabalus, the Roman Emperor: who saith, he had four Harts in his Charret that carried him, & so many Dogs, calling himself Diana, and four Tygers, calling himself Bacchus, and four Lyons, calling himself Sibel: and hee ioyned four women to his Chariot, as Sesostris King of Egypt did with four Kings. O proud presumptuous Prince ! he might ride a good while in that Chariot, ere it would bring him to heauen.

29

It is not good to bury any too hastily, especially, such as haue had the Apoplexy, the Falling sicknesse, and that are suffocate with the Strangulation of the wombe, called the Mother. For such may seeme to be dead, and yet reviue agaire within three daies: for it was the fourth day after Lazarus died, ere Christ did raise him from death to life : lest any should falsely report, that Lazarus had had the Apoplexy, or the Falling sicknesse, or such like, and therfore but in a traunce, or not perfectly dead : where, by the iust merit of Christs maruelous miracle thereof might bee darkened. This is the meaning of Lemnius in his seconds Booke of the secret miracles of Nature. Therefore it is very meete to know, whether any such be perfectly dead or not, which you may do by holding a little burning Candle at the parties nose, whose mouth is open : or else by setting some little Cup or glasse full of water to the brim, vpon the said parties belly or nauell: for by the mouing of the flame of the Candle, or of the vessell with water, you shal perceiue his secret breathing, and whether there be any life in him or not. Camillus.

30

An approued medicine doth followe for the shortnes of breath, and doth marueilously helpe the same: for if half an ounce thereof be givenen to the patient, thrice in a naturall day, that is, three houres before dinner, two houres before supper, & about midnight: continuing the same three or four daies and no moe you shall see the diseased healed. Take of Manna elect or chosen called Maana Granata, two ounces, the flowre of Cassia newly drawne, halfe an ounce, Penyedes three ounces, oyle of sweete Almonds being new, one ounce, the Lights or Lungs of a foore finely beaten and powdred

powdred, two ounces, (make the rest in powder that ars to be powdred,) then mire all together, and make thereof a Lectorie with the Hicrop of Hysop. Emperica Benedicti Victorij Farent. You may haue it well made at the Apothecaries. I haue tryed it to be an excellent thing in this case.

31

If you will breake the great heat of Wine in the bessell, cast into the same a little piece of Chese: and then you shall see a marveilous thing. And why that is, Georgius valla placentinus doth teach.

32

If you anoint your hands or other parts of your body with a Linement made of Nettles Oyle, and a little Salt, it will defend the party therewith annoynted from ths bitterest cold that is. Mizaldus.

33

There be branches of a Bay tree, wrapt vp or layde among cloathes and books, wil keepe the same safe from Moths, worms, ^{Against} Moths, and other corruption. Dioscorides.

34

If you stampe Ants' Egges, and straine them thorow a cloth, and put thereto the iuice of Swines grasse, or Knotgrasse, and distill it into the eares, it helpes a long continued deafenesse.

35

A powder to conserue the sight. Take, Betony, Rose Celadine, Savifrage, Louach, Annis seedes, Synamon, Eyebright, of eache one handfull, Cardamomum, Ginger, Fennell, Petroseline, Hysope, Organy, Syler mountaine, of eache ons dram, Galingal an ounce, Sugar one ounce: Let a powder bee made of these, and let it be taken continually with meat, and the sight will bee restored and kept. This powder was ordeyned by Master Gerald: whose tryall an old man did proue, which vsed Spectacles twelue yeeres, so that without them he could not see great letters: but after hee had vsed this powder onely one forty daies, he was frē, in so much that all the time of his life, hee did see, and read the least letter that was. This Trotula hath written in the lat-ter end of his Booke, De passionibus mulierum.

36

An excellent way to get out the water out of swoln legges, whereby to make them as tender as they were before. Soethe

Swolne leggs.

Otes in water vntill they be tender: then let the party diseased hold his legge that is swolne ouer the vessell, that it may receive the fume or smoake of the sodde Otes, and couer the party with some thing that it may goe downe round about the vessell, and then blisters will come vpon the legge or swolne place, out of which wil rune much water and corruption, then after anoint the place with Butter. D o thus foure or five severall times if neede be. This is well proved.

37

Two or thre droppes of pure Aqua Composita, put into the eyes morning and euening, euery other day, for the space of foure or five dayes, will cleare the sight, and helpe the eyes, of a cold cause marueilously. An old Gentlewoman that tryed it on her sel, did reueale it to me. 38

The hearbe Dandelyon well sod in water, is counted to be a chiefe helpe for the ioyning or knitting of wounds. It is good agaist ruptures, or for them that be broken or bursten, &c. Mizalus.

39

A marueilous Water that soone and easily may be prepared, more precious thhn Gold, is made as followeth. Put faire and cleare water into a vessell, wherein there was never before any liquor, or before never occupied: and when the water is very hot, powre it to quicke Lime, beeing before in another newe and cleane vessell: and let it remaine, and rest so long, vntill you haue taken all the soule spume that fletes aboue from the same, and that al the Lime be settled to the bottome, and the water ver-ry cleere, then powre out the water very softly, without mouing the Lime to the bottome, and keepe the same water in a sayre cleane glasse, or some other cleane vessell well couered or stopt, vntill you vse the same. It will scantily be belieued, what a miraculois vertue and power it hath in all kinde of Ulcers, and chiefly such as spring of the French Pockes: For the same beeing bathed in moystned with a linnen cloth dipt or wet in the sayre water some thing warme a pretty while: and then a linnen cloth well wet in the same, and se laid vpon the Ulcer or sore in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption: it ceaseth the paines, it filleth the Ulcer with flesh, and it agite quencheth the heate or inflamations in a small

small time, not without a great miracle: for otherwise quicke
Lime doth burne with vehemency of his heate. Let them inoy
this most excellen Secret, which for great prayer and price to
many I haue refused to utter. Thus much Mizaldus.

40

Hyr giuen to drinke in warme Wine, the quantity of a big
Put, causeth the deliurance of the childe, either quicke or dead.
Pettas Hispanus.

41

Here followeth a blessed water for the Colde. Take of
Romane Vitriall two pounds, of distilled Honny fourte pinte,
distill these together, (making the Vitriall first in powder,) and
when it is distilled, adde to the same the third part thereof, of
Aqua vita, rectified: which diligently mixed keepe to your vse, and
anoint the sore or grieved place therewith: do this morning and
euening, vntill you feele your selfe well; which will be (God wil-
ling)within seuen or eight dayes at the furthest. I wrote this out
of an old Booke. I think it be also in the newe Jewell of Health,
which is a worthy Booke and full of many strange and excellent
things.

42

The smoak of Iuy burned, doth drive away Bats or Kere-
mice, from that place; where the same smoak is.

43

If any doth aske thee, (hauing knowledge in Astrologie) for
any thing wherein he hath a hope to haue: marke if the Lord of
the eleuenth house apply to the Lord of the Ascendent, or the
Lord of the first house, to the Lord of the eleuenth house: iudge
that he shal haue the thing. Which he hopes to get or haue, and he
shal come to it. And if the Aspect be of a Trin: or Svertile, he shall
quickly and easily and by a good meane obtaine it: but if it be by a
quartile or opposite Aspect, he shall get it with tediumnes and la-
bour. Furthermore, if thou doest finde the Lord of the eleuenth
house in an Angle and received: then iudge that he shal haue the
thing which he so hopes to haue, even as he desires. Haly Aben.

44

A piece of the roote of Crowswoe, either put into the hollow
tooth, if there bee any, or applyed to the tooth that aketh; will
helpe the same presently. A sure proued and often tried medidine.

45

Whosoever hath a sorenesse in the throate, or else any hard swelling there, called the Squinancy, or Angina, and perhaps thereby dooth hardly draw his breath, let them apply this following often times in a day, and it wil soften it and reholde it; for it is proued. Take of the rootes of Hollocke cut in small pieces, and made cleare, Camamill, the flowers of Violets, the flowers of Hallowes, with the rootes, of each one handfull, let them boile all in a sufficient quantity of water, vntil the water be consumede then put to the same, the flowre of Barly, Linseed, and fene-creeke, well stampt and beaten, of each ones handfull, the greace of a Hen, one ounce, oyle of Camamill, and oyle of sweete Almonds, of either a like much, which will be enough to make the plaister sat. This I knowe to be an excellent remedie in this case: which I learned of Benedictus Victorius Fauentinus, in his Booke called Emperica Benedicti.

46

This medicine following, will helpe any paines or weakenes of the backe. Take a quarte of Halmeley, of Balm, Pep and Maydweede, (which Maydweede is a stinking hearebe, haing a swer like a Daysy,) of each one handfull: Stampe the hearbes well, and strayne them well into the Halmeley, or put some of the Halmeley in the stamping, to them, and strayne it into the rest of the Halmeley, and drinke a good draught thereof euyn morning fasting, and at night when you goe to bed: and within thre or fourre dayes it will helpe you perfectly, God willing. A notable and often proued medicin.

47

Drinke the iuice of Centory, once every morning, fourre daies together, and it wil make thee to sing cleare, and speake with a good voice. It clenseth the brest marueilously. Often proued.

48

Mints doth abhorre yron, as Kew doth Basill: for if Mints be given to one that is wounded, he will not easily ware whole: if Mints be mixt with Milke, and after taken from the same, and the Kennet or Chesil put in the same Milke, the same Milke will never gather together, or come to crud. Floren. in suo Georgico.

Whosoever

49

Whosoever falleth sick in the houre of Saturne, his infirmite
or disease will be prolonged, (or he will be long sick) and after
will dye (of the same sicknesse.) Haly Abenragel.

50

Fill a hollow tooth with Crows dung: and it will breake the
tooth, and take away the paine. Pet. Hisp.

51

Guido Bonatus, writes a strange thing, which he found out
by the science of Astrologie, in the Revolution of Henry the Em-
perour: who had of the said Emperour a yeerely stipend, for
that he was a man of famous knowledge: which Emperour had
many Astrologians, as well Physicians, as other in his owne
house, who for a certaine yere did traueyl for the Calculation of
the Revolution of the sayd Nativity of the said Emperour. And
euery one of them did draw out a Figure thereof alike, and they
found Mars in the same figure of the Revolution in the Angle of
the earth, which is the fourth house vnder the earth: and they
judged Mars then to be of an enill influence, and thereby they
judged that the Emperour that yere should haue hot Feuers of
the nature of Mars. And they agreed all in that opinion to the Em-
perour. Guydo Bonatus being there, had drawne the Emperours
Revolution likewise, and he found Mars going towards the
fourth house, being then of an euill influence, judged thereby that
poysone should be ministred to the Emperour to kill him. There-
fore he counsaile the Emperour, that if any did whisper, or had
any priuy talke together, or were found meeting or having
conference together in his Court, they should be apprehended.
Or if any should come to the Bitchin not wont, or appointed,
that some faithfull man of his Court shold watch the same.
Which charge was committed to the Master of the Emperours
Houshold: which being very diligent therein, espyed and found
two Knights of the Emperours Court, that were very busie in
talke together, and had not onely mutuall conference together,
more then they were wont: but also oftentimes required to come
into the Bitchin. Whereupon the Master of the Houshold com-
mitted them to prison, and then one of them called Iohannes
Franciscus, was soze tormented, but yet he would confesse nothing.

Ho

So that they devised a letter in the name of the said Iohanne s
Franciscus, confessing therein the matter, and shewed it to his fel-
lew: which when he saw, straightway said, that the said Iohan-
nes Franciscus was the chiche procurer thereof, and entised him
to it. Which uttered, they had their desire, wherefore they were
secretly executed. Iohannes Ganiuetus likewise describes it.

52

A certayne Woman that vsed Mizaldus for her Phyficion,
had a belly did so well, that it seemed she was not able to carry
her burthen: from whom (about the end of nine monlhs) there
came an cuill shapen masse or piece; whereunto were two eates
like the handles of a cup fastened, like armes, with felling: after
that there did fall from her wombe, a monster with a crooked bill
or beake, with a long and round necke, with brandishing eyes, a
sharpe tayle, maruelous quiche of farte: and so soone as it saw any
light, it filled the Parlor or place with noyse, and so did runne
from place to place: but at the last, the Women following it, did
smother or choke it to death with pillowes. After, the Woman
almost woryed, not without great danger of her iife, did bring
forth a Boy, which was so tormented of the monster, that they
had much to do to Christen it with life. Leuivius Lemnius is the
Autho^r.

53

If Saturne be in the tenth house in a watry signe, and hath any
dignitie in the Ascendent, the Childe then borne will bee a Ship-
man or a Sayler, or else he will abide gladly on the water, and
will delight in fishing. Taysnier.

54

Culuer dung sodden in Wine, til the wine be consumed, and
then emplaistred hotte to the Gowt, healeth the same perfectly.
Use it morning & euening fourre or five dayes together. Pe. Hisp.

55

To rstoze the deafe to hearing, Take the root of Houndstong
but of the earth, and make a hole in the roote, as long and deepe
as you can, and fill the same hole with Salt, and couer it well
that nothing can come within it: then set it in the earth againe
as it was & couer it with earth, and let it be there so throe dayes,
at the throe dayes end take it vp, and that whiche you finde
therein, keepe it in some cleane glasse, and put some thereof in
so

To the deafe eare. Let him vse it every euening at his going to bed, vntill he heare clearly: which will be within a fortnight at the furthest, (God willing,) And when you doe it into his eare, let him lye in his bed that the liqueur may enter. This I had out of an old written Barke. Praise it as it proues.

56

Take two little pieces of a good Licozice (the barke scraped away, of the length of a pin, and of the bignes of two Barly strawes, and put either of them into your mouth, betwene your gumis and your cheeke, that is, on either side one, and so let them lye all the whole night. Use this every night for a fortnight at the least, and without doubt it will stop or stay the Kewm. For it conceales the thin Kewm into thicke Fleame: so that you may spit it out. This helpt one that was without all hope to be helpt.

57

To helpe the Pocks in the eyes. Take Saffron, and lay it in a Hawcer with faire water, and let it stand whiles it be yellow, and then drop some of it into the eye with a feather: and it will destroy the Pockes, and sauе the sight. This I had out of an old book.

58

When thou doest finde the seuenth house, and the Lord of the same to be afflicted or impede, in the time of the question for the sicke, change the Physcion, for he shall not profit the sicke party, either through his owne error, or through the negligence of the sicke person, or through them that bee about the body. The house is afflicted, if Saturne or Mars be therein, or beeing beholden of their quartile or opposite aspect: and contrary, if the seuenth house be well affected, as if Jupiter or Venus is there, take the Physcion to whom you make the question, or whom you are determined to take: for he shall profit the sick much, and he will quickly cure the sicke to his great praise. Therefore marke the first, or suddaine calling or sending for the Physcion: for if at that time the seuenth house, and the Lord thereof be euill affected, the Physcion then called, or sent for, will not profit the sicke: But it followes not therefore that the sicke shall dye, But the Physcion, if he take him in hand, shall goe away without honour. Therefore as sone as thou art called to goe to the sicke, take counsaile of thy Ephemerides, and the celestiall Fi-

V

gure

grec being erected, marke whether the seventh house be well or e-
uell affected: and so thou mayest either refuse, or take the sicker in
hand. Iatro. G. Ryff.

59

Put the powder of red Corall in the hole of the tooth, and it
will fall out by the rest. Petrus Hispanus.

60

An excellent Medicine, and a noble restorative for Man or
Woman that is brought very low with sicknesse. Take two pounds
of Dates, and wash them cleane in faire Ale, then cut them and
take out the stones and the white Skirnes, then cut them small,
and keate them in a Boxter till they begin to worke like ware,
then take a quart of clarified Honny or Sugare, and halfe an ounce
of the powder of long Pepper, as much of Sace, of Cloues, Nut-
megs, and Sinnamon, of each one dram as much of the powder of
Lignum Aloes: beat all these spices together, and seethe the Dates
with the Sugare or Honny with an easie fire, and let it seethe, and
as it seethes, cast in thereto a little powder, by little and little, and
cure it with a platter of wood, and so doe vntill it come to an
Electuary, and then eate every morning and euening thereof one
ounce at one time, and it will renewe and restore againe his com-
plexion, be he never so low brought. This hath been proved, and it
hath done good to many a man and woman.

61

A Noble Receit for the black Jaundise. Take a gallon of Ale,
a pint of Honny, and two handfuls of red Petiles, and take a pen-
nyworth or two of Saffron, and boyle it in the Ale, the Ale being
first skinned, and then boyle the Honney and the Petiles therin
all together, and straine it wel: and drinke every morning a good
draught thereof, for the space of a fortnight. So in that space, God
willing, it will cleane and perfectly cure the black Jaundise.

62

Whosoever in the first nine dayes in May drinke every mor-
ning fasting a little drish full of the iuice of Betony, it will do him
marueilous much good for the gowt: Which he shall perceue
the next yere following, (if he liue so long.)

63

Whosoever hath the Plaies, or, is stuked in the armick with
rough or hard feme, let him take a scruple, that is, the weight
of

of xxiiij. Barly Cornes of the poulder of the Sader of Nettles,
with the Syrop of Violets, and Wallow the same, as by drinking
it by little and little, and he shall spit out the viles and such
hum or easily. A secret of a Parisian Physcion.

64

Goates will giue much milke, if you cre Tittany about their
bellies. Africanus.

65

If Saturne be in the tenth houle, in an earthly signe, and hath
power or dignitie in the Ascendent, and is Orientall of the Sunne:
he that is then borne, will be a Master Carpenter, or else he will
delight in Carpenter ship: but if he be Occidental, he will be a
cleaner of Wells or pits, or else a digger. Taisnier.

66

If the griefe of the goode or ache be too outragious, take of Opi-
um, one dram, of Saffron two drams, mingle them with soure
or fine yolks of Egs, and plaster the same vpon the griefe: for it
mighstie swageth the paines, and diſsolveth the corruption.

67

A most approued medicine for the Emereuds or Pyles. Take
two or thre Wicks, and burne them red hotte, and put them in
some Pan vnder a close stowle, and sprinkle them with Vineger,
and let the party grieved sit vpon the said stowle, that the fume
thereof may ascend vpward to his fundament. Doe this thre or
four times if neede be, and certaintely it will helpe it.

68

If you will make Birds drunk that you may catch them with
your hands, take such meate as they loue, as Wheate or Beanes,
or such like, and lay the same to stoepe in Lyes of wine, or in the
iuice of Hemlocks, and sprinkle the same in the place where the
Birds bee to haunt: and if they doe eate thereso, straightwayes
they will bee so giddy, that you may take them with your hands.
I wrote this out of an old written booke, wherein I know many
true things were written.

69

A present helpe for a woman that trauelleth of Childe.
Take Hisop, Veruein and Tittany, of each one handfull, stampe
them small, and temper them with old Ale, then straine it, and
wring out the iuice, and giue a good draught thereso to her that
trauelleth

W 2

trauelleth

The eygth Booke

trauelie thy of Childe to drinke, & shē wil be delinered with spedē,
and the Childe saned and shē both, so that the child be aline when
shē drunks it.

70

A true medicinē for the gowte: Take the iuice of the flowres
of Brōme, and the iuice of Scali cœli, and Honny. as much of
one as of another, and seethe it all together, till it bee of the
thicknesse of Honny, and anoint the gowte place therewith. I
knewe (saith the writer he reof,) a god Priest in London that
healed all men & wōmen therewith for the most part, that came
to him. This, for the great good likehood of the medicine, & for
the fafhull affirming, I thought god to register it among the
rest.

71

If of one pound of Clare, two ouzces of quiche Brimstone,
and as much of quick Lime, (putting thereto a little ounce of the
Dyle of Nuts,) a Candle be made wi th a wick of Wambast, and
so put into the water, as soone as euer the quiche Lime begins to
burne, it will moue the rest of the things, apt so; the fire, to batne,
euen in the midst of the water. Mizaldus.

72

A Ram will not pat no; runne at one, if his hornes be boord
hōlow, nye vnto his eares. Mizaldus.

73

Whosoever falleth sick in the hōure of Jupiter, he will recuer
his health quickly. Haly Abenragel. This haue I p̄cued to bee
true many times: and in the hōure of Jupiter is an excellent hōute
to doe any thing, or to take any good thing in hand.

74

A little Gunpowder put into a piece of fine linnen cloth, and
the same put into the hollow tooth, or holden betwēne the teeth,
so that it touch the aking tooth, it puts away the tooth-ach present-
ly. This is very true.

75

If you distill hearbe Iuy, & give the water therof to be drunke
of them that are grieued or tormentēd with the gowt, anointing
also therewith the gowte or grieued place, it will heale or helpe
them assitedly. Great warrantize was made of this medicinē,
where I had it.

76

A speciall medicinē for all sudden sicknesse, and especially of
the stomack or brest. Take a spoonfull of Aqua vita, and put ther-

in

of Notable things.

151

in halse a spicfull of the powder of Licorice, & let it remain ther-
in throe howres, and drinke it fasting, or at euern when you go to
bed. It is a scueraigne thing for the Stomack or brest.

77

Lay Saffron on the Pauell of them that haue the yellow
Jaundise, and it will helpe them. This was affirmed to me as
prooved.

78

This following is an excellent medicine to purge the head
of naughty humors, and to helpe the headache, the swimming of
the head, and megrim. Wash the roots of Beetes, and cut away
the vpp. rmost bark, then stamp the same, and wring out the iisce
thereof, then snusse some of it out of a spone, into your nose, and
a marueilous effect will follow, and a speedy remedie thereof. A
Gentleman a friend of mine told me this, as a prooved thing in
this case.

79

Cockes that eate Garlick, are most stout to fight: theresoze
trauelloz dee often bite thereof, and also such as follow warres:
because it increaseth agilitie, strengtheneth them, and makes
them bold. It is giuen to Horses with bread and Wine, at the
heure of battell or conflict, to make them more fierce, lively, and
to suffer more easily their labour and travaile. Mizaldus.

80

There were young Mice found with the Persians, in the bellies
of Mice, that had young Mice in their bellies. Aristoteles as
Mizaldus writes.

81

If the feete of a great living Tode be cut off, the Moone voyd
of course, that is, aspecting none, and hastens towards the con-
junction of the Sunne, and hanged about the necke of him or her
that hath the Kings Quill, it so profits, that oftentimes it deli-
vers the party from the disease. Hieronymus Caican.

82

If Iupiter be in the eleventh house well affected, and not retro-
grade, nor combust, nor in his fall, as in Capricorne, but in Can-
cer, Sagitary or Pisces, it signifieth the childe shen borne, shalbe for-
tunate, happy, and haue a common loue in all things, chiefly if
he haue any dignitie in the Ascendent, or the place of the sunne,
in the Patinity of the day, or in the place of the Moone, in the
Patinity of the night. Taisnier.

A 3

This

83

This maruelous Water following, will recover the sight agayne hindred of any cause: wherewith Constantine the Emperour received his sight. Take thre drams of Tonic, made in very small powder, as much of Aloe Epaticum in powder, two drams of fine Sugar, sixe ounces of Rosewater, as much of pure white wine, mire all together, and put it in some cleane vessel of glasse, and being well closed and stopt, set it in the Sunne a monthe together, stirring it together once every day: then take of the same water fourte or five dropes in your eyes morning and euening, and with this continuing a certaine space, it will cause the sight to come againe as faire as euer it was before. This I knowe is proued for an excellent water for the eyes, for it cleareth them marueilously. I knew one that could not thred a Needle without spectacles, which put not past two or three drops of the same into their eyes at night, and the next morning the same party did see well to thred a Needle without Spectacles.

84

To make a light that never shall sayle. Take the Wormalies that shine in the night, called Glowormies, stamp them, and let them stand till the shining matter be aboue, then with a feather take of the same shining matter, and mingle it with quicksilver, and so put it into a Wyall and hang the same in a darke place and it will give light. This I had out of an old booke, which is not much unlike the description of Mizaldus.

85

If the Liver of a House be given in a Fig to a Swine, that Swine will follow the giuer thereof. Mizaldus.

86

The sound of an Echo is thought to drive away Vies, therefore their Hues ought to be plaste where the Echo or the voyce doth not sound againe. M. Varro.

87

Whosoever takes his iourney in the houre of Jupiter, he shall haue good gaine in his substance, and in his busynesse: and he shall haue profit and gladnes in things looked for. Haly.

88

If a Spide be put in a linnen cloth a little brused, and holden to

For lost
sight.

A prettie
kinde of
light.

A Ho.

Fuill for
Bees.

to the Nose that blædes, (but touch not the nose therewith, but smell to the same,) by and by the blood wil stay, and the nose wil leue bleeding. This is very true, for the venomous Spider is so contrary, and such an enemy to mans blood, that the blood drawes back, and shunnes the Spider presently. A maruelous thing.

89

Write what you will on faire white Paper, with the inice of a red Onyon, well mixed and tempered with the white of an Egge, which being dry, will appeare as though it were onely plaine Paper, without any writing. But if you hold it against the fire, you may then easily read it, or perceiue the Letters.

90

To gild Iron or Copper. Take the gall of a Bull, and rub the Iron or Copper well therewith, so that the same before be well burnished all about, that you would haue gilded, and let it after dry in the Sunne, foreseeing that there come no dust thereto, and when it is dry, gild upon it as you would doe vpon Siluer.

91

Hæthe an Egge in strong Wineger vntill it be very hard, then let the same Egge lye three dayes in Wine, then dry it, and it will be marueilous hard. Or let an Egge lye three dayes in Vineger, then dry the same at the Sunne thre dayes, and it will be very hard.

92

Cast brimstone in a Chasingdish with hot burning coales, and hold a red Rose ouer the smake thereof, and it will be white.

To make a
red Rose
white.

93

To separate Gold from any thing gilded. Sethe pure sulphure reuine (called quick Brimstone) in water, vntill halfe the water be consumed, then wet the part gilded with that water, then dry it at the fire, then strike the same gilded place with a little Zen, and the gold will fall from it. This I had out of an old written booke.

94

To proue or finde out the euent of any that is sick. Count the daies from the beginning of his or her sicknesse, and take the roote of an heath which hath so many leaues, as the number of the same daies be: lye it or hang it vp, and if the disease be curable, the party will be much recteated. If not, then the party will be sad. But if you can not finde an heath that hath so many leaues,

put

put the roots of diuers herbes together, the leauess wherof together doe perfectly make vp thenumber of the said daies, from the beginning of the parties sicknes, and vsse them as before. This Mizaldus had of an Italian. 95

Against the
bloodie
Flix.

The blood of a Hare dried doth help and stay the bloody flur, or any other lar, though it be never so sore or extreme. So doth the bones of a man or woman made into fine powder, and taken in red Wine. 96

An easie plaister for the Gowte, but not a little effectual, because, I (saith John Arderne) haue oftentimes applied it as wel to women as to men, and haue taken away their great paines, with crace applying it as well in the fete as in the knes, and other ioynts. But take heede it be not perceived of the patient, nor of any other: but it ought to be kept more secret & deare: and let it be reuealed to none: but to thy sorine, or to any well-beloued friend. I doe think it preuailes aboue all other medicines for the gowte, and easeth the paine sooner: and ought to lye five or sixe daies without any mouing of it: if it can be so applied, it is made thus. Take of blacke sope as much as is sufficient, wherunto adde of the yolkes of raw Eggs, halfe as much as the sope, and mix the well together in a dish, vntill the sope hath lost his proper colour: which done, lay therof vpon fine flax, and spread it like a plaister, and then apply it to the grieved place, then take the whites of Eggs mixed with Wheate flowre, and wet a limmen cloth well in the same, and lay the same vpon the said plaister, and tye it wel vpon it, that the plaister remoue not away of all the said time, vntill there be some great occasion. This is proved.

Against the
Gowte.

If you see the Barly, dry Beanes, and Licorice cut in pieces, of each a like much, all together in faire water, and drinke a god draught thereof with some Sugar every morning fasting, and at night when you goe to bed, five or sixe daies together, or more, it will destroy an Impostume, and shal thereby auoid or cast out the same. Proved. 97

To breake an
Impostume.

He will be a god Physcion, in whose Partiuility Mars & Venus are corporally, or by any god Aspect coniunct. Even so if Venus & Mercury be ioyned, or in coniunction together. Also he will be a perfect Physcion in whose Partiuility Mars & Venns are coniunct.

in the sixt house. Iatro. 99

A very little bird called Aegithus, doth marueilous disagre with the Ass, who in thorny places doth scratch or rub his vlters or sores; whereby he doth destroy or breake the nests, of this Bird: whereupon it comes, that as soone as the bird heareth the voice of the Ass, she doth not onely cast the Eggs out of her nest, but also her young ones (if she haue any,) doe fall from the same affonied with feare. So that the said bird flyes unto the vlters or sores of the Ass, and prickes and thrusts at them with her bill, that she may drive him away from thence. Aristotle, Plin. & Oppianus.

100

If the Lord of the Ascendent be combust in the fourth house, or in the eighth house, it signifieth, that he that is then borne, shall dye in prison. And if he be combust in the fifth house, in a watry signe, it shewes he wil be giuen to be drunk. In the sixt house, it shewes that he will dye of a long sicknesse. Taisnier.

The end of the eighth Booke.

The ninth Booke of Notable things.

^I
Fill an Egge full of the iuyce of Egremony, and giue it vnto the patient to drinke, whom you suspect to haue drunken poison, and it will mightily purge vpward all the poysone, and with a wonderfull facility healeth the biting of serpents and other venomous beasts. Petrus Hispanus.

2

This Oyle or Balme following is of a marueilous vertue against trembling and the Palsey, and it helpeth the memory, anointing the hinder part of the head therewith. Which a most singular Physiciõ kept priuie to himselfe for a time, as a most precious secret: which in the end reuealed it to the Author. whereof the making followeth. Take of Galbanum one pound, (in another place I haue read it halfe a pound,) of Gum, Iuy, threounces: these finely beaten apart, mixe together, which after

X

put

pat into a Glæde body with an head, and distill it in Balneo Matrix. After it is distilled, mixe therewith one ounce of the Oyle of Bayes, and one pound of good Turpentine: then let the whole be distilled, and separate the water from the Oyle, and keepe the Oyle as a pretious Baulme. The use of this is, that the patient vexed with the Palsey, Convulsion, the Cramp, and trembling of members, be laid upright, and the Oyle temperately hot, must be poured upon the belly, into the hollowe and botome of the Paull, and you shall see after, a marueilous working, that may rather be counted diuin then naturall, and very much helpeth the Palsey, and strengtheneth the memory, as before. A certaine Practicioner applyed one drop of this Oyle on the patients fore-head that had the Palsey, another on his Panel, hee incontinent arose as amazed, and was, after one houre, delivred of the grievous pains of a wound in a certaine place of his body, and the shunken sinewes being anointed with this Oyle, the patient was suddenly healed, &c. This Oyle helpeth deafenes and any sicknesse proceeding of a cold cause, and helpeth besides the losse of smelling. Arnoldus de villa noua, I take to be the Author hereof.

3

The Hoofe of a Beast called Alces, which is a wilde beast like a fallow Diere, hauing no ioynts in his legges, hath a marueilous vertue and strength against the falling euill; for a little piece therof enclosed in a Ring, and the same Ring put upon the finger next the little finger, so that the same piece of the hoofe be turned toward the palme of the hand, it doth recreate them marueilous much, that are fallen, and immediatly makes them rise vp. A little piece of the same bare, and put in the hand, by and by closed into a fist, suddenly it dries away the disease, and raiseth the party that is fallen therewith. Which Lemnius saith he proved once or twice. And Mizaldus saith that he proued it, putting in a little piece of the same in the leſt eare, (meauing it, as scratching a little) of one that had the Falling sicknes, and it had very good successe, and it was counted for a miracle. Iohannes Agricola doth say the like is done, if a little piece of the same Hoofe bee hanged upon one that hath the same disease, so that it may touch the skin. I doe heare, saith Mizaldus, that scrapings or filings therof, are given in Polenia for the same disease. The Hoofe of the right hinder

Hinder soule is to be chasen. But you must take heed of false deceivers, which sell the Hooches of Dren or Rine, so; the true Hooches of Alces.

4

It is a most sure and proued remedy, as well in curing of spitting of blood, as also in preseruing from the same: every day in the Spitting of morning fasting to eate a scruple, which is the weight of fourte bled.
and twenty barly cornes of Rubarbe tosted at the fire, Emperica Benedicti Feuentini.

5

Way Salt well beaten into powder and sisted, and incorporated or mixed wel with the yolke of an Egge, and so laid vpon any Carbuncle, Plague sore, Wotch, Wyle, or impostume, assuredly (by the grace of GOD,) it will draw to it selfe all the venome of the Plague, or the Sore, and breake any Wyle, or other thing, so that in shott time the same will be healed. A tried thing.

6

If the forehead of the sick ware red, and his brownes fal downe, and his nose ware sharpe and cold, and if his leste eyre becomes littele, and the corner of his eye runne, if he turne to the wall, if his eares be cold, or if he may suffer no brightnesse, & if his womb fall, if he pull strawes or the clothes of his bed, or if he pick often his nostrills with his fingers, and if he waks much, being a yong man, being an old man sleep much, these are most certaine tokens of death.

Tokens of
Death.

7

Pottage made of the leaues and rootes of Strawberries, being eaten fasting certaine dayes of them that haue the Jaundise, both helpe them perfectly. This was the secret of a certaine Monk, Laundise. wherewith he got maruelous much mony.

8

A Serpent doth so hate the Ash tree, that he will not come nere the shaddow of them. And therfore he goes farre from them, both morning and evening: because then they giae the longest shaddowes. And Pline saith that he hath proued it, that if one copasse a place about with the branches of an Ash tree, so that there be a fire, and a Serpent enclosed in the same, the Serpent will rather goo into the fire, then he will seeke to escape ouer, or thorow the said Allen branches, &c. Mizaldus.

Ash tree as
enemie to
Serpents.

9

If the Lord of the Ascendent be found in the twelfth house,

he

he that is then byne, shall procure his owne enmitie. Taisnier.

10

Juniper berries are medicinable against poysone; for there is none of like operation unto it. And Dioscorides saith also, that they do helpe against poysones, and stingings of Serpents. Pet. Hisp.

11

To try whether precious Stones be pure or not. Heat plate of Iron on the fire, then anoint the same with Oyle, and cast oz Crew on the same, the powder of Glasse, whereupon lay quick burning coales, and then hold the stoke that you woulde try, a good while ouer the same coales, that the stone may bee hot, not touching the fire, and then if the stone lose his colour, he is not good or pure, but if he keepe his colour, he is then perfect and right.

12

As principall a medicine as euer was ordayned for the bone-ache, either in Woman or man, in what place soever it be. Take a pennyworth of Aqua vitæ, and another of oyle de Bay, and mix them well together, and anoint the grieved place therewith, not by the fire, & it will do away the paine for ever, vsing it often. But you must warme the oyntment a little in a Saucer, before you lay it on, and chase it well, vntil it be dryed in, and couer it warme at all times vntill it be whole. Thus I found it written.

13

Cgemony, Mugwort, and Betony, both leaues and roots, stampit with old Greace and Vineger, or Veriuice, and a plaister thereof applied to the grieved or soze pained back, will quite put away the paines and griefe thereof, so that you use it thre or four times. A sure and proued medicine.

14

If you will catch Holes or Vlcons, put Garlick, Lekkes, or an Onion in the mouthes of their holes, or in their entrings into the ground, and you shall see them come, or leap out quickly, as though they were amazed or astonied. Albertus.

15

If the Fistula be outward, put into it the iuice of Culuerfcole: for it healeth it. If it bee inward, drinke it, and it healeth also. This is true, for it hath bene proued.

Foz

16

For them that haue surfeited, or eaten too much, let them stamp Betony, and temper it with hot Water, and a little wine, then straine it well, and drinke a good draught thereof morning and evening first and last, thre daies together, & it wil throughly help them, God willing. This was told me for a trueth.

17

The two hornes of a Huagle, borne vpon a man, will pluck away carnall or fleshly lust from the bearer thereof. I had this out of an old written Book. But how true it is, I know not.

18

For all evills of the Stomack, & for them that cannot eate: Take an hearbe called Centory, and seethe it well in stale Ale, and when it is well sodden, then straine it, after that seethe it againe in the same Ale, let there bee two handfuls of Centory, to thre quarkes of Ale, and let them seethe as is before said, to thre pintes, then put thereto one pinte of pure Honey, and boyle them together, and keepe it in some cleane vessell, and giue to the party grieved, thre spoonesfull thereof fasting euery day, till hee bee whole and well: for it drives away all the steame and corruption from the Stomack, & makes him haue a great desire to his meate within foure or five dayes. Often proved.

19

The powder of Betony put in Wine, that is, a spoonfull of the powder to a draught of Wine, a little boyled on the fire being drunk, doth presently helpe such as haue drunk poysen before. And whosoever drinkest the same in a morning fasting, no poison taken after, the same day, can hurt him. This is a proved medicine.

20

The dung of a Cat dryed, and so mixt with strong Vineger, that it may be something thick, and therewith any hairy place rubbed oftentimes, or anointed in a day, it will cause that haire will growe no more in that place. Proved of a Countryman. Mizaldus.

21

If the Lapwing doe sing before the Vines doe bud, it is said that it foreshewes great plenty of Wine. Mizaldus.

22

Whosoever delinnes a sum of money in the houre of Jupiter,
he

he shall receive it againe well with gaine. Haly Abenra.

23

This potion or drinke following is wonderfull, and very often
þxxued of me, sayth Petrus Hispanus : for it killeth the fistula,
in what place soever it bee, and draweth out the corrupt and broken
bones. Take the rootes & leaues of Plantain, Strawberry leaues,
the leaues or seedes of Hempe, the leaues or seedes of Mustard,
the tops of sharpe Doeke, red Colewort leaues, and Turneys; let
them all seethe in a good quantity of white wine : after they
be strained, and put into the straining as much Henny as shall
be thought meete : give thereof unto the patient early and late,
vntill such time as the cleare potion or drinke come forth by the
mouth of the fistula : which alwaies must be kept open with a
sluer Pipe put into it, and keepe vpon it alwaies a red Colewort
leafe. It is of a wonderfull operation, Pet. Hisp. And I my selfe
haue proued it, and healed in such manner as is before declared: it
is a precious thing.

24

Dragons bound to the priuities of a Woman in labour, cau-
seth her to be deliuered incontinent. But there must be heed taken
that it be quickly remoued, lest it draw forth the Matrix withal.
Pet. Hisp.

25

Here followeth an excellent Oyle which maketh faire colour
in the face. Take of Almonds scraped ten pounds, of red Sanders
in powder sixe ounces, of Cloues one ounce, of white Wine foure
ounces, of Rose Water threé ounces: these, after they be grossly
beaten together, let them lye in a Marble morter close couered,
for eight or nine dayes, beating the same ouer once a day: then
beate it all in an earthena vessel, vntill it begin to sume and bee
thorough hot, and after that put it into a newe square bagge of
Linnen cloth, then put the same bagge into a Presse, betwene
two smooth plates of yron, semithing hot: for ent will come a red
Oyle, wherewith women may anoint their faces: for it causeth
a comely red fine beautifull skinne. A secret, and practised of
fewe. This is in the newe Jewell of Health: a Book of much
value and small price.

26

The greace of an Ele, and the iuice of Singtonne mixed to-
gether,

together, of each a like march, boyled a little, and a little thereto
put into the dease care, nine nights together, will bring the hea-
ting againe, as well as ever it was.

27

Take salt Armoniacke, Allom, and Salt Peter, of each a like
quantity, with a little filings of Siluer, let all bee mixt together,
then put them unto the fire, that they may be hot: and when they
shal cease to smoak, then with the same powder alone, or else mixt
or moistened with the spetle of your mouth, let copper or brasse
be rubbed therewith: and straightway it will haue the colour of
Siluer.

28

Serpents being within a Circle made of Weteny, they cannot
go out of the same, but rather will dye with beating themselues.
Plinius.

29

If the Lord of the second house be in the twelfth house, enim-
ties will come many times to him that is then borne, for mony or
through mony. Taisnier.

30

Planten stampf, and the iuice runnig out, and put into the hol-
lowesse of an Ulcer, with a spowle, healeth the same. So doth
Betony stampf, & applyed to a Fistula, healeth it. Petrus Hispanus.
The iuice of Cinquesoyle, doth heale the Fistula likewise, if it be
put into the same with a spowle.

31

To separate Gold from any thing that is gilded. Take
Boare and temper it in water, then boyle it ouer the fire, and
with the same water anoint the thing that is gilded, and cast there-
on a little of the powder of quick Brimstone: after put it into the
fire that it may be made red, then quench it in running water, and
you shall finde the gold in the bottome of the vessel.

32

For any paines of the eares, and for them that cannot heare.
Take a great Dryon, cut a hole sherein, and set it in the embers
to roste, then fill it full of Oyle Oliffe, and ever as it byreth, fill
it vp againe till it be roasted well, then take away the hypp-
most skin thereof, then strayne the Dryon shrowd a cloth, and
keepe it in some close glasse, and when you will occupie thereof,
rat some of it into the whole eare, and let him lye on his soz eate:
when:

When he goes to bed: and if he use this nine nights at the furthest, it will helpe him. Prooved.

33

For the Fundament that goeth forth. Take the topes of red Pettes, and stamp them in a morter, then put it into an earthen pot, then put thereto a good portion of white Wine, and set it ouer the fire; and let it seethe till halfe the liquor be consumed, and giue the party diseased a good draught thereof something hot to drinke morning and euening, first and last, for the space of ten daies. And also apply the hearbes something warm to his Fundament: and it will helpe him perfectly. Prooved.

34

For the eyes that be chassed and the liddes turned vp, bleared eyes. Take Arnement, Honny, and the white of Egges, of each a like much, temper them wel together: then take flax & lay the same thereon, then apply the same vpon the soore eyes, and it will draw the euill blood out of them, and perfectly heale them. This Medicine hath beeene prooved.

35

It is said that a Hart dooth so abhor a Ram, that he cannot abide the sight of him. Aristotle, Pliny, and other.

36

When fourre or five Planets bee coniunct or ioyned together in the Ascendent, or first house, of any Childe that is borne, that Childe will not live long. Expositer dooth say, The King of our Cittie did call me, because one of his Women had borne a Sonne, and the Ascendent was the eighth degré of Libra, the terme of Mercury, & Jupiter was in the same, and also Venus, Mars and Mercury: and the company of the Astrologians did meet together there, and every one of them did tell his opinion, and I held my peace. The King sayd unto me, Say what thou canst: why doest thou not speake? To whome I answered, Give me respit for three daies, for if your Sonne shall passe the third day, you shall see a great miracle of him. And after 24. houres was ended, the Childe did rise vp to sit, and he spake and gaue signes with his hand, whereof the King was greatly afraid. And I sayd, that he would speake some prophesie, or some miracle. Then the King went to the Childe, and wæ with him, to heare what hee

with hym, to heare what hee would say. And the Infant sayd, I am the Unfortunate borne Childe, and I am borne to shewe the losse of the Kingdome of Ardexit, and the destruction of the people of Almanaz. And straightway the Childe fell downe, and died. Hale Aben.

37

This following is a secret, and an approued thing for the Palsey, wherof if you giue thrice in the day to him that hath the Palsey, halfe an ounce, that is, in the morning thre haunes before meate, and two houres before Supper, and at his going to Bed, it wil help him thereof. Take of the new and fresh braine of an Hare, broyled or fried, one pound, the iuices of Sage, of heareb Iuy, and the iuice of the root of Acorns, of each thre drams, of pure Synamon, Cloues, black pepper, of each halfe a dram, Turpentine wash't with the water of heareb Iuy, thre ounces, Sugart dissolved in the water of heareb Iuy, as much as doth suffice: And there of make a Lecuary according to art, and know that it is maruelous. Emperica Benedicti Victorij Fauentini.

38

To help swolne leggs. Take Mallowes, and see the them in water, then stampe them well, and straine them: then put thereto Barrowes greace, and fry them together, vntill it bee something thicke, and like an oyntment: lay some thereof vpon a cloth, and make a Plaister, and apply it to the soze and swolne legge, and lay a new plaister thereto twice every day, morning and euening, thre or four dayes together: and by that time it wil be asswaged, and as small as the other. This was told me by a Woman that had tryed it many times.

39

One never hath the Gowte, vntil he hath known a woman carnally. Hippocrates.

40

Alexandrinus Iouinus Pontanus doth say, that he saw a man was grieuously stung or stricken of a Scorpion, which presently was delivered and helped thereof, with drinking of Frankincense, wherein was sealed the Signe of Scorpij or of a Scorpion: being after made in powder. But it must be grauen in the stone of a Ring, (Scorpio ascending) the Stone then being there, and plaste in the Angle, and the Frankincense must be sealed with

P

that

that seale, when the Maune is in Scropio, and found in an Angle. And let it be given in powder as is before said, either in water, or in white wine, or in any other meete liquor.

41

Here ensueth the making of a miraculous Oyle, called Oyle incombustible. Take of white Sope the best that may be gotten: and after you haue beaten it well and fine, put it into a great Retort, on which porze so much weight of Aqua vita: seuen times distilled ouer, then set the Retort into ashes, firing a large receiver to it, and very well luted in the toynts: This done, make vnder it a soft fire in the beginning, and encrease the fire by little and little, vntill all be issuado forth that wil come, whiche together wil be an Oyle and Water, then draw away the receiver, & separate the water from the oyle, which Oyle is incombustible and miraculus in sundry matters, in the worke of Alchemy: for this greatly availeth in fyring the medicine Volatile, and serueth well to incorporate with all metals, and seasoneth such as be crude, and likewise sweetneth when they be eger. This also dissolueth all paines and swellings caused of grosse and clammy humors, and healeth in a maner all sorts of wicked Ulcers. And in this, (saith the Author) I conceined a great delight, as to work such a masterie, to see so many strange fumes and varieties: but a moze pleasure I took in the practice, as to see how the same availed in every matter whereto it was applyed. By whiche I proue this to be a divine substance, and an oyle worthy of eternall memory. And this was the greatest secret, with whiche that singular Mathenus the Hungarian did so many great marvels in Padua: for he healed with it the Colte, the quartane Ague, the paine of the French disease, and the dry scab on the head, with sundry other grieses, for whiche while he remained in Padua, he was highly esteemed & wondered at. And at the last in his departure from Padua, he revealed it to me, that the onely medicine whiche he used to al the grieses, was this Oyle and none other. The making of which, he uttered vnto me at his departing: whiche before he would not teach to any man. And the same I haue many times made, and haue also seene such strange practices of it, that to repeat them, I shoulde scantily be beleued. Hxc de secretis Falopij.

Lo.

42

To put a Schedule, or little writing in an Egge, lay an Egge certaine dages in strong Vineger, untill it be soft, and write your name or what you list in a piece of paper, and fold the Paper as hard together as you can: then with a Kasoy cut the said Egge in the toppe finely, and aduisedly: thorow the which put the little Paper into the Egge circumspcally, and then put the Egge into cold water, and immediatly the Shell will be hard as it was before. A proper secret.

43

The quieter Beasts have the lesser Galls: the scarefuller, the greater hearts: the lighter the more leaping, the more Liver: the merrier the more pleasant, the greater Spleene: and the greater voice, the more Lights: much like to these verses following.

Cor ardet, Pulmo loquitur, Fil commouet Iris,

Splen ridere facit, cogit amare Iecur. That is,

The heart doth burne, the Lungs do speake,

the Gall to ire doth moue:

The Spleen or Milt doth make vs laugh,

the Liver makes vs loue. Mizaldus.

44

Cauda Draconis in the second house, called the house of Substantia, signifies the childe then borne, shall wastefully consume and spend his goods, or signifies the losse thereof, and that he shall come to pouerty and open misery. Haly Aben.

45

Agrimony is of wonderful profit in medicinē, especially, against hollow wounds and vlers, Petrus Hispanus. And Trotula saith, that though the Fistula that penetrates to the eyes, is incurable: yet some do witenesse that such a Fistula may be cured by Agrimony alone, by often vng it, either in drinke or powder. Filipendula is good for the same, & the grains or little round things, that are found in the end of the roote. Cordonius alleadgeth Agrimony to be the best and surest medicinē for the curing of a Fistula.

46

For the web or spot in the eye. Take the great bone of the Goose wing, the older the better, for though it be a yere old, it is not the worse, break it, and take out the marrow that is within it:

P 2

then

Then pat some of it vpon the web, or spot, and it wil b^ereak it, and sau^e the sight. Proued.

47

The vertues of Tormenfil. This hearbe comforteth the sight, and clenseth the body of diuers maladies: the powder thereof is god to clarifie the sight of the eyes, though one be blinde. And this hearbe is brest on this manner. Take the Hearbe with the roote, and seethe it with white Waine, till the third part be sodden away, and give him that is blinde, to drinke of this liquor nine dayes in the morning cold, and at night blad-warme, and within that tyme he wil recover his sight (by Gods grace.) But if the sight of the eye be hurt, take also the hearbe and Stampe it, and seethe it in white Wine, with a little water put into the Wine, then lay or spreade the hearbes on a linnen cloth, and binde it vpon his eye or eyes, and it brings a wonderfull helpe, if thou Stampe this hearbe with the roote, a god quantity, and put it into a little vessell full of Wine, and let it remaine therein thre moneths. Whosoever drynkes often of this Wine, though he hath bee ne blinde nine yea^rs, he wil recover his sight again. This I had out of an old written booke, which doth much agree with Petrus Hispanus in this case: whose minde thereof I haue mentioned in another place of this booke,

48

If the part of Fortune be cadent from the Ascendent, and doth not behold there the light or Luminary of the time, and his Lord be weak, and infortunate, and remoued from an angle, not beholding the part of Fortune, and the Lord of the house of substance be euill affected of euill Planets, or of the beames of the sunne, which destroyes and scatters, it signifieth that he or shēe that is then borne, shalbe poore, a wretch, and that he will not bee able to get his owne living, and that he is like to liue of Almes. Haly A-benragel.

49

This following is a secret and approued medicine for them that are short-breathed, very good for the poore, because it is not costly. Take of the rootes of Hollyocke dryed in the shadowe, one pound, made in fine powder, clarified Honny, fourre pound: see the them ouer a fire, and stirre them together vntill it be in the forme of a Lectuary, whereof let the patient take often, and he will be whole. Emperica Benedicti Victorij Fauent.

A.

50

A perfect and most sure and proued remedy, and a rare secret for the helping of Womens brests that be swolne, and full of paine: which was reuealed vnto me by an old Woman, who said that the Lady Owen, Doctor Owens wife, vised it to women in this case very much, who kept it as a good secret. The medicine followeth. Stamp or bruse nine little wormes, of some called Swine lyce, (which commonly will be found betwene the barkie and the wood of old or dry trees, which haue many feete, and being torched, they become as round as a Button,) in eyght or nine spaynfulls of drinke, let them remaine therein all night, and the eighth morning straine the same drinke, and let the diseased woman dring the same a little warmed, at one draught, and then let her lay to her brest, a two or thre fold Linnen cloth warmed: the next morning, let her take eight of the same little wormes in drinke, in such order as before, and the third morning, seuen, and the fourth morning, sixe, and so every morning following one lesse: decreasing one every morning, vntill nine mornings be ended, on which ninth morning she must take but one of them, as it will fall out by the decreasing one every day: and if she be not then throughly whole of her brest, let her encrease every morning, one immediatly following, vntill she hath received nine at onetime, according to the order before appointed. A rare and notable thing, if it be true: for I never proued it.

51

For the swelling of armes, legges, or feete. Take Linseed, Wheate bran, Brooklime, Chickeweed, Groundsel, of each one handfull, and one pottle of white Wine: seeche them all together, till it be thick, and lay a plaister therof to the place that is swolne, as hot as the party can suffer the same: and it will take it away, and help him within thre or four plasters. Proued.

52

To help a stinking breath that comes from the stomack: Take two handfuls of Cummin seed, and beat it to powder, then seeche it in a pottle of white wine, vntill a quart thereof bee wasted away: then give the party a good draught thereof, first and last, as hot as he may suffer it, and it will make him haue a sweete hysath within fiftene dayes. This is proued.

53

Marke what Planet is ruler of the twelfth house, and the day that bears the name of that Planet, wil be vnlucky to the childe boxe at that time, and many times wil haue mishaps of that day. Whiche by long experiance is found true.

54

Put the feets of Hens in hot embers, till the scales or skinne thereof be separated and shunke from the Legs: and with the same skin warme, rub Warts three or four times or more, and it will drue them away. Petrus Hispanus.

55

If you wil doo away or consume a Wen, doo as followeth: binde fast the Wen, then take Verdigrase, Brimstone, Soppe, oyle of Eggs, Allom and Honey, of each a like much, and temper them together, and lay it thereto, and it will goo away the Wen, and heale it.

56

A singular Oyle and very rare, which causeth a comely face, and maketh the person merry whiche vseth it, yea, strong and hardy to fight: the making thereof dach follow. Take one pound or two of Hempseed, whiche after the finely beating thereof, sprinkle and wet it with a little Wine, then put all the same into a newe earthen pan glased, and set it ouer the fire: heate it so long, untill you cannot suffer your hand in it, after put the same substance hot into square bagges, whiche wryng hard out, in a Presse, and an Oyle will come forth very profitable: whereof if any drinke thys quantity of an ounce at a time, it maketh hym pleasant and merry: and if a Shouldier drinke it, it will make him both fierce and hardy to fight, without any feare or doubt of his enemy. And also it is profitable to women, in that it maketh them merry, and comely to see. And in this manner you may draw out an Oyle out of all seedes. This is in the newe Jewell of Health.

57

A notable and often proued medicine for a Sciatica, ache, gout, or other paine or griefe. Take a pinte of pure Aqua Composita, one Beasts gall, and one ounce of Pepper beaten into powder, boyle them all together, untill halle the Aqua vitæ be consumed: then lay some thereof in a cloth iike a plaister, and apply it someting hot to the grieved place, & let it lyg twelve houres unremoued,

ued, and do thus four or five times if need be: for it is a sure helpe.

58

A precious water for eyes that be faire and clere, and yet are blinde. Take Smalledge, red Fennell, Kew, Verueyn, Bettony, Egremony, fine-leaued Grasie, Pympernell, Eyebright, Sage, Celendine, of eache one quarter of a pound, wash them cleane, and stamp them in a faire Brazen Morter, or in a pan, then take the powder of fistone Pepper Cornes finely scarced, and a pints of good white Wine, and doo them to the hearbes, and also take thre spoonfuls of lye Honey, and fistone spoonfuls of the wine of a Boy that is an innocent, and mixe them all together, and boyle them ouer the fire a little while, and strayne all thorow a cloth, and keepe it in a glasse well stopt, vntill you occupy it: and with a feather do it into the sore eyes, and if it dry away, temper it with white Wine againe. This is a medicine for all manner of euils of sore eyes, to make a man see, if euer he shall see, within fiftone dayes on warrantize, by the grace of God. This I took out of an ancient written booke.

59

Every one that is borne, whose degrēe of the seuenth house is the terme of an euill Planet, he shall dye a scule death. And if it be the terme of a god Planet, he shall dye a faire and god death. Haly Abenragel.

60

If you rubbe Marks with Egremony, stamp and mixt with Vineger, and also plainted vpon them, it taketh them away cleane. And also if Purslaine be rubbed vpon them, it pulleth them by the roote. Petrus Hispanus.

61

Fox the Coddes that be swolne. Take the powder of Cummin seeds, Barly meale, and Honny, of each a like much, fry them together with a little Shape suet, and binde the same as a plaister all about the Cods, and it will helpe. Proued.

62

This following will breake a Byle, Botch, or a Fellon. Lay first thereto some Posset curd, and let it not be remoued of twelue howres, and that will gather the matter together, and make it tender. But if once applying of the Posset Curd doo it not, then apply thereof to it twice or thrice: then take vnguent
Lime.

Lime, and cast upon it some faire Spring water, and mire the same with blacke Soape, and lay to the soare a piece thereof, according to the greatnes that you would have the hole of the soare, and when it is broke, then wash it in white Wine a little heated: and so heale it with Butter and powder of Sugar mixed together. This is a sure and approued thing.

63

A Noble Secret for all incurable aches and paines in the ioynts wherewer they be. Take all the whole horne that a Buck casts off, the later the better, cast away the scawpe, take nothing but the horne, cut the same in shivers or pieces, then seethe the same in a gallon of faire water, vntill all bee come to a pinte, or something more: then cast away the pieces of the horne, and then let that in the vessell stand vntill it be colde, which then will be like a Jelly: and when you will occup thereof, warme some of it in a Hawcer, or some other conuenient thing, and then anoynt the grieved place therewith by the fire, morning and euening, and let it drinke in by the heate of the fire: and it will help and heale it thorooughly for euer, (God willing) within nine or ten drestings. This is very true, and wel proued: which a friend of mine told me, that helped him selfe of such an ache therewith, that neither counsaile of Physcions, practice of Surgions, nor yet the long vsing of the Bathes could ease: whereby he spent much mony in vaine, vntill a Wench by chance told him this excellent remedie. Which as she said, a Nobleman of this Realm did learne beyond the Seas, who hath reuealed it since to the great commodity and helpe of many.

64

For swolne and sore thyroates, a rare and sure remedy. Rub your hand on the bare earth or ground, and then therewith rub the soore or swolne throte, if presently you do thus thre seuerall times, the swelling and paine wil marueilously goe away. This was taught me by a friend of mine, that did know it too bée true by proofe.

65

An ercellent remedy for a great heat and pricking in the eyes. Fil an Egshel newly emptied with the iuice of Singreene, and set it in hot embers, and scum off the greene baggage from it, and then it wil be a water, then strain it, and keepe it in a glasse, and

and put some of it into the hot eyes, soure or sicke nights together, and it will cease the burning and pricking thereof quickly.

66

He will scantly or never dye an euill death, that hath a good Planet in his eighth house. Haly Abenra.

67

A wondersfull drinke agaynst brusings, and it helpeth such maruisilously that are bruised through falling. Take Egremony, Bettony, Sage, Plantain, Ivy leaves, Rosepatie, Stamp them together, and mire Wine thereto: give the patient it often to drinke, till he be whole. A true & tryed medicine. I thinke that Pet. Hisp. hath the same. 68

If you burne soure oynces of Turpentine, vpon a hot or burning plate of Iron, vntill it may be made in powder, and then mire two drams thereof, with soure ounces of the water of Savisrage, and give it twice in a weeke, earely in a morning, to them that haue the stone in their Blather, and so continue it two months, he shall not onely be preserved from breeding of the stone in the Blather: but also it will burst and drie forth the stone bred there already. This is proued, and a secret, and is to be kept well in minde. Emperica Benedicti Victorij Fauentini.

69

If Lauender be well sod in water, and then strayed, and halfe a pinte thereof drunke dayly first and last, for the space of a fortnight, it will heale them that haue the Palsey. This was found in an old written booke. 70

An excellent and speedy remedy for many diseases, and chiefly for the Stomack. Mise two spoonfuls of Sallet oyle with two spoonfuls of pure Aqua vitæ, and drinke all the same in the morning at one time: doe so sixe or seuen mornings together. It is a notable and often proued remedy.

71

For the Strangury a strange medicine. Take a pinte of god Aqua Composita, and put a good handfull of Ivy leaues therein, and keepe the vessel well stopt, and the Ivy leaues will consume therein, vse to drinke of the same thre or soure spoonfuls at one time, morning and evening, first and last, five or sixe dayes together: and you shall see a marueilous helpe thereof.

72

This following is a proued medicine for the ache in the huckle bone, called the Sciatica. Take a pound of good blacke Soppe, one pinte of good Aqua vite, halfe a pinte of Hallet Oyle, and a quarter of a pinte of the iuyce of Rew, seethes them and stir them all together ouer an easie fire, vntill it be something thicke, and that it may be made in a plaister: then spread some thereof vpon a piece of Leather, and apply it to the aich or pained place, and let it lye thereon vremoued thre dayes and thre nights, and if the paine be not then gone, then apply such another plaister thereto, and remoue it not of so long, and it wil help it certainly. This was told by one that knew it often proued.

73

The powder of white hard Sugar, put into a blood shotten eye, or that is something dim of sight, it helpes the same, and mends the sight very well. Especially if you put afterward a little Rose-water into the eye. This I haue proued oftentimes to be true. Yea, and I think if it were vsed, it would consume the web of the eye, at length.

74

Haly saith, that he that begins to set forward his iourney in sayling, or enters to goo to the Sea in the houre of Saturne, he will be drowned: or else will be lost by the invasion of Pirates, or other: or else the fiercenes or great raging of the Sea wil throw him to the land where he shall suffer shipwack: or else into farre Islands he shalbe carried, (perhaps unknowne to him.) Whiche of trueth hath alwaies hapned to that ship that then sets forward as the booke of Nature did containe: which as he hath diligentlie proued, and read, whiche chiefly entreats of the iudgements of houres. And the said Haly saith further, as followeth: When a certaine Ship did set forth or forward in the houre of Saturne, I sayde to one of my fellowes, whiche understood something in this Science, All these men are giuen to be lost. And within a while after they all perished. Thus much saith Haly. And in the begining of long iourneys as well by Land as by Sea, in this houre I haue knowne much harme and mischiefe to follow: which althoigh many doe not, nor wil belue to be true, because they know neither this exceleat Science, neither the proue of these things: yet many that be wise and learned, and that haue paied full

full dearely for the prouing thereof, doe think this no lye. But if some of them did knowe the same houre, and shold practise some such like thing therein, the euent thereof would teach them, I thinke, not to be so incredulous. I know (I thank God theresoze) that no harme shal happen to the children of God: for he wil so guide them, that neither man nor Devil, nor any other thing can destroy them, though in this world they may seeme to hurt them. And as he doth preserve them from harme, euен so he appoyns them their times to walke in, and the beginning of their iournies: Assured I am, and fully satisfied, that he by his diuine prouidence, makes them auoyd that houre, and other evill times: and the wicked and vngodly haue hapned of that time, to their destruction. Therefore for my part, I attribute nothing to the time, but all honour to God, that made the time: whose glory and power is to be extold, that foreshewes such things to man, by such houres or times.

75

Blacke Shæpes woll, mirt and chased by the fire, with fresh butter, and the deafe eare stopt therewith at night, and thus vsed nine or ten nights together, it helpeth deafenesse perfectly, and spedily. A proued thing.

76

Here followeth a notable and excellent Aqua vita. Take Galengale, Cucubarum, Ginger, Nutmegges, Cloues, Dianamon, of euery one an ounce, fresh Sage, scure ounces, waler that is distilled six times out of pure and good wine, ten ounces: put them all together, and let them remaine so in a close cleane vessell thre daies: then distill the sanié, and keepe that that is distilled in a cleane and close vessell. Whosoeuer drinkeſ a Pint ſhell full of this wafer euery day, it wil preserue their bodies marueilous, and keepe them from many diseases, and bring them to old age. It is ſaid that M. Gallus, Phyſician to Charles the Emperor, uſed this wafer, and liued a hundred and foure and twenty yeeres. Georg. A lapide devised this wafer.

77

If you deſire to haue ſweet wafer forthwith, or by and by, put two or thre droppes of Oyle of Spiken, in a godde deale of pure wafer, and chafe it together in a Glasse with a narrowe mouth. Euonimus.

78

An excellent oyle for cold aches. Take the wood of Iuy dryed, cut the wood in little pieces, and of the berries, and gum of Iuy, of each a like weight: let them be put in an earthen vessell, boord thorow in the bottome in two or thre places: and then let another pot be set vnder it in the earth, and ioyne the bottome of the upper pot unto the mouth of the nether with clay or pastre, and the upper pot must stand wholy aboue the ground: then make a fire on euery side, and the Oyle will distill blacke into the nether vessell. This oyle before all oyles ceaseth the griesse of the ioynts of a cold cause. This is proued to be a notable oyle in this case. Rogerius seemes to be the Autho^r hereof, as appeares in Euonimus.

79

If you put out the white of an Hens Egge, and fill vp the same egge with the iuice of flowerdelice, and mix the yolke and it well together, then warming it a little in the hot ashes, and so giue it in the meyning to them that haue the Dropsie, it will awoide downward the Dropsie water aboue measure. This is proued to be true. Much like vnto this, Benedictus Victorius Fanentianus writes this for the same cause; but he appynts the iuyce to be giuen with Mellirate. 80

A proper practice to make a Capon to bring vp young Chickens. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Pettles, then setting yemyng Chickens vnder him, he will maruelously cherish them then, and bring them kindly vp. And the rather if you vse him thus for a time: for by that meanes he is moued the moare willingly to cherish, bring vp, and feede, yea, and to loue them, as the Hen would doe naturally. And the reason thereof is, for that by pricking of the Pettles, he is the rather desirous to couch on the soft downe and feathers of the young Chickens, sittynge vnder him. This I had out of the Naturall and Artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

81

One Aeschilus was foretold by an Astronomer, that he should be killed by some ruine, or something that shoulde fall vpon him vpon a certayne day or time: who (to preuent the same,) did walke abroad a certayne space about the warned time, and would

by

by no meanes come into any house, thinking thereby to auyde the danger, unlesse the heauens shoulde chance to fall: but mark how hard it is to auoide fate or Gods determined appointment. About the said time seyntold by the Astronomer, an Eagle did flie ouer his head, from whom a ston did fall vpon Aeschilus head, and killed him. Wherby we may not onely see that mans wisedome and policie is not able to frustrate Gods prouidence: but also that there is a maruelous certainty in the Astrological foreshewing of events, especially by directions: which Cyprianus Leontius seemes to affirme by this and other notable examples. And sure I am by many prooves and trialls, that the euents will assuredly happen at the time promised by directions: that when the Signifier comes to the very place and minute of the Promisor, accounting for euery degré betweene them one yere, and euery minute aboue sixe dayes, if the Signifier be to be directed by the direct Ascensions: but if the Signifier be to be directed by the oblique Ascensions, (or else Intermixtim) which is not very easily or scorne done, then they signifie sometimes moze, sometimes lesse, according to their swift or slow ascending, which directions to be infallible, the learned and expert herin cannot chuse but affirme. Now that they are found as perfect by proove, and as true by triall, as the break of the day doth assure vs of the rising of the Sunne.

82

In Lamberge a towne of Schelesia, as Iohannes Langius writes, a certaine Wallonian great with childe did follow a Priest that had newly washed or bathed his feete: who being taken with such a longing or lust with the sudden sight of his bare feete, that she priuily behind his backe, did hold his legge with her hands, and out of the same pluckt a piece of flesh with her teeth: Nothing regarding the cry of the poore Priest, which cryed out both of God and Man.

83

If the foote or legges of an Dre, Cowe or Horse be swolne by chance, marke the ground where the same swolne ieg or stote dooth stand, and take or graue vp with a knife or dagger, a turfe or piece of earth in the same place where the same foote did stand, and hang the same Turfe or piece of earth vpon the bough of a white thorne, or some other tree, (if it be faire or dry weather,) if not, then hang it in some Chimney where fire is made, and af-

ter as the turfe or earth doth dry, so will the swelling cease and the paine go away. This I haue preued to be true divers times. And it is practised of many, especially, for Dren or Kine. But the suddaine swelling and griefe of my Horse legge hath biene helpt therewith, within two or thre dayes, and by none other meanes. Who list to proue it, shall finde it true: although it be farre unlikely.

84

The water wherein Lauender is sod, doth quite put away any spot or staining in any cloth, Cap or Hat, if the stained place or spotted be washed or rubbed therewith. It is very true, proue it who list.

85

To make any fowle, of what condition the same be, to haue the feathers all white. Take the Egges of what Bird or Fowle you will, role them in the iuice of the hearbe called Mouse-eare, or in the iuice of Housleke, or otherwise in oyle (after the minde of Cardanus,) and after put the Egges againe in the nest: for after the hatching, the feathers will growe white. This is taken out of the Naturall & Artificiall conclusions of the Schollers of Padua, translated into English by Thomas Hill.

86

If the figur of a Lyon be grau'd in a thin plate of Gold, whon the Sunne is in Leone, (that is the signe called the Lyon:) so that the Moone behold not then the Sirt house, nor the Lord of the Ascendent behold Soturne or Mars, and the Moone then separate or rather free from them, it doth put away the intolerable paines and tormentis of the backe: if it hang at the reynes of the backe, or touch the same. And if Tropisks be made of the powder of pure Olibanum and Goates blood, and after sealed with the same Lyon, and after dyed, and then being dissolu'd in white Wine and drunke fasting, it workes a maruelous effect against the stone of the reynes and of the Blather. Andreas Cordubensis to Gregory the Bishop of Rome.

87

This confection following is a most excellent medicine and remedy for many inward effects: especially, for all fluxes of blood from whence soever they flow, and also other fluxes: moreover, for them that haue great paynes in their backes, and also paynes in their Liver, or whose Liver is not altogether well.

And

And Galen the Author hercōf sayth, (belike for the excellency thereof,) Give not this, before thou hast receiuēd a reward therefor: the making whereof doth follow: Take of Siramon, Cassia lignea opium, of each two drams, Mirth, both Peppers, Galbanum, of each one dram, let them be stamped, and then mixed with a little clarified Honey, and made in a lump or masse, give thereof at night two round Pilles, something bigger then Pearson, in the soft of a restēd Apple, and let not the party drinke of two houres after, and if his griefe and paines be never so great, he will be in marueilous ease and quietnes, within an houre or two after, and so remaine the most part of all the night: yea, and perhaps sleepe soundly and well. You may give it two or threē nights together, if the party be strong, but if he be very weak, give it every other night, threē or fourre times: and if the party be in extreme paine, then give it when you list. But if the Stomack be full of meate or fleame, it wil shew the lesse effect. Who euer shall prove it, shall finde it a worthy thing. I haue proued it above a hundred times.

88

A fine way to make Corall by art, whiche followeth. Make the Hornes of Goates (first shauen or scraped,) into powder, and let the same steepe in strong Læ, made of the Ashes of the wood of an Ash, fiftēue dayes together: after ward take it out of the said Læ, and mire it with Cinabrium, dissoluēd in Water, and hang it ouer an easie fire, vntill it be thick, and if it have then the colour of right Corall, make it in the forme or fashion you thinke good, dry it, and publish it according to art. This doth Mizol. describe.

89

The iuice gotten out of a red Duyon, and threē or fourre draps whereof put into the deafe eare coct, threē or fourre nights when the party goes to bed, helpeth the deafnes be it never so great or ancient. Feare not, though it put you to much paine at the first time: for at the second time it will be more easie. This was taught me by one that knew it by proufe.

90

To make a woman that hath a dead childe within her, imme diately to be deliuered thereof. Take the quantity of an Almend of a Bulls gall, mire it with two spoonefulls of Wine, and let her drinke

drinke it:and she shall auoide it straignt,Iacobus Weckerus.

91

Deuide an Apple in the midst, and in the one halfe of the Apple in the midst of it make a round hole, by cutting a piece out of it, then into the same hole put a blacke Bætle, and so lay the flat side on the table: and the Apple will moue, by the meanes of the Bee-
tie, to the maruaile of them that behold it.

92

Take an Apple of Colloquintida, and lay the same to stoepe in water a whole night, and after boyle wormewood in the water: which water being cast about the Chamber, killeth all the Fleas therein. Also anoint a stasse with the greace of a Hedgehog, and lay the same in the midst of the Chamber, and all the Fleas there will come and cleue to that stasse.

93

A certaine young Gentlewoman or Lady, trimming and dres-
sing her selfe, holding then in her mouth a few Pins, was sudden-
ly and priuily strucken betwene the shoulders, by a certaine Ku-
ller or Prince, (being her Louer,) wherewith she was so suddenly
feared and amazed, that she swallowed the pins which she did hold
in her mouth: which pinnes she auoided in her vaine within two
dayes after without any harme.Iohannes Langius.

94

If Roses and Lillyes be sown ny together,or that they touch one
another, the flowres of them will smell the more pleasantly, and
will growe the better,Mizaldus.

95

One Apsius got much money with this most excellent Oyle
following, and was marueilously esteemed therefore: after
whose death the King of Spaine did give vnto his wife fiftie hundreth
Crownes, for the uttering and disclosing the making there-
of, as is manifest in a booke made of the same at large by ons
George Baker,in the English tong: Which hath manifestly shew-
ed his honest heart and naturall loue to his Country. The same
Apsius in his life time, and his wife after his death, did helpe all
wounds,old vlcers,aches,paines of the back & Emrods therewith,
& it is maruelous good for the gowt,the making of the oyle is thus.
Take of the most purest and oldest white Wine, one quart of
the

The oldes oyle Oliffe thre pounds, Carduus Benedictus (called the Blessed Thistle) Valerian, and the lesser Sage, with the flowers, if you can get them, of each a quarter of a pound, of the leaues and flowres of Saint Johns Wort, halfe a pound, let the hearbs and flowres be infused or steeped in the said wine and oyle 24. houres, then the next day let all be put into an earthen vessell leaded, or a vessell of brasse vpon an easie fire, vntill the wine be consumed, mouing it still being ouer the fire: then being taken from the fire and strayned, put thereto of Venice Turpentine, a pound and a halfe: then let all boyle together a quarter of an houre, then put thereto Olibanum, fve ounces, Myrrh thre ounces, Sanguis Draconis, one ounce, and let all boyle vntill the Myrrh be dissolued, then put it into a vessell of glasse stopped, & let it stand in the hot Sunne ten dayes, before you vse this oyle: you must wash the sores or wounds with white wine, wherein must be the powder of Olibanum. I haue written this here, because I think, thereby many shall haue knowledge of this precious Oyle, which otherwise shold never haue heard of it.

96

A swete water and unknowne, whereof one part mixt with ten quarts of pure water, maketh the whole most sweet. Take Nutmegs, Cloues, Galengale, Spikenard, graines of Paradise, Mace, Sinamion, of euery one an ounce, pund or stampe them all, adde thereto twenty graines of Muske, or lesse, as you delight in the smell thereof, powre into them a pound and halfe of Rosewater: let them so remaine together in a close vessell fourte or five dayes; then put thereto thrice as much Rosewater, and distill all the same in a Pot or Kettle full of water, seething as in Balnes Mariae, and keepe the distilled water in a glasse well stopt, to the vse before said Euoni.

97

If an Egge be painted with sundry colours, and the same set vnder a Henne which sits to bring forth Chickens, she will hatch thereof a Chicken, hauing the like feathers vnto the colours painted on the Egge. Thomas Hill, out of the naturall and artificiall conclusions of the Schollers of Padua, affirms this.

98

If one make a little rope of the guts of a Wolfe, and then bury
A a the

the same vnder the hand or earth, there will neither Horse nor
Sheeps goe that way, though you beat them with a stafe. Alber-
tus.

99

It is said that a Hare doth liue ten yeres, the age of a Cat
is so much, a Goat doth liue eight yeres, an Alle thirty yeres, a
Sheeps tenne yeres, but the Welweather many times doth liue
15. yeres, a Dog 14. but sometimes 20. a Bull 15. but an Oxe,
because he lackes his Stones, doth liue 20. a Swine and a Peacock
25. a Horse 20. and oftentimes 30. therer have beeene Horses that
liued 50. yeres, Pidgeons liue naturally 8. yeres, a Turtle and
a Partrich 25. yeres, and also a Kingdeue, which oftentimes
liues 40. yeres. Mizaldus.

100

The body of a Birch tree, cut or scorched, the spring time go-
ing before, doth yeld great plenty of water, which water being
drunke, hath a maruelous strenght to breake the stone in the
reines. Matheolus vpon Dioscorides writes it.

The end of the ninth booke.

The tenth Booke of Notable things.

I
There is an evident familiarity betwene the Olive tree,
and the Myrt tree, for as Andronicus reports, the branches
of the Myrt tree doe pleasantly extend or spread by the Olive
tree, and the rootes of them doe mutually embrase each other,
no; any other plant but the Myrt tree wil grow wel vnye the Olive
tree. This also Mizaldus doth affirme.

2

The smell of Bitumen raw, or the smoak thereof burning, re-
ceined by the nose of such as are grievously tormented with the
paines of the mother, is a present helpe or remedy. It is most cer-
tainly proved. Wherefore many women which are grieved with
that disease, doe hang it about their necks in wolle, that they may
drive away their fit by the oft smelling thereof. Mizaldus writes
this. And the learned Doctor Monardus affirmes the like thereof.

The

3

The Sparrowe Hawke is a fierce enemy to all Pigeons, but they are defended of the Castrell, whose sight and voyce the Sparhawk doth feare, which the Pigeons or Doves know well enough: for where the Castrell is, from thence will not the Pigeons go (if the Sparhawk be nigh) through the great trust she hath in the Castrell her defender. Iohannes Baptista Porta hath written this.

4

The leaues of a Willow tree, as also the batke shereof sod in Wine, doth helpe them that haue the gout, if they be fomented or bathed therewith.

5

Stoflerus an excellent Astronomer, knowing by his Nativity, that he shold be in danger to be hurt about a certaine day or tyme, kept himselfe then within his owne huse, assured that it was strong enough. The same day or very nye vnto it that the event shold hap, certaine of his learned friends & he, as they were reaseming together, did vary in some certaine opinion, about the tryall whereof as it shold seeme, he reached to take downe Hawk a off his, shelse (being placed there among diners other,) when through the lacke of a naile, the whole classe or shelse where the Hawk was, fell vpon his head, and wounded his head very soore. Which deoth not only shew the worthines & excellency of Astrologic, especially in a learned and skilfull person therein: but also our folly in flying from Fate, for that our Willdome doth leade vs into it, when most of all we meane so to shun it. Therefore perfect prayer passeth policy, in preventing of perils.

6

Three halfe poun weight of the powder of an Adamant stoned; unk with the iuyce of Fennell, drawes the Water from them that haue the Dropsie. And the same stome put to the head, takes away quite all the paynes thereof. Iacobus Hollerius an excellent Physician affirmes it.

7

It is a manifest thing and proued by dayly experiance, that the bodies of them that be murthered, when they be found, if any of their kinred bee then present, or the party or parties that killed or murthered them, or was the cause thereof, immediasly blood will burst forth suddenly, either of the wound, or nose, or out

sosome other part of their body. I would alleage here a great sort of examples for the verifying thereof, but I omit them: for it is a thing foun^r true by dayly experiance, besides that Lucretius, Philip Melancton, Iohannes, Langius, and Leumius Lemnius write theress.

8

Pietes of Amber beeing put or tyed to the hinder part of the head, doe helpe the running or watrinelle of the eyes, with a marueilous successe: and hanged about the necke, doth hinder distillations, that they goe not downe by the thoate, Mizaldus. Besides that, it is proved to be true.

9

A certaine Wloman went with a dead Childe in her womb aboue foure yéeres, which by the counsayle of learned Physcions and expert Surgions, was drawne from her piecemeale, and the mother did not onely live, but also conceaued another Childe, as Matthy Cornace a noble & learned Physcion hath affirmed, who was present when the said Wloman was cut for the getting out of the said dead Childe. Mizaldus reportes this.

10

If Celes be suffocated in Wine, whosoeuer shal drinke of that wine, though they haue bee very much giuen to wine before, and could scantly abstaine from the same, they will loath wine, and not be desirous to drinke Wine after. The gréene frogges which vse or leape about Springs, if they be suffocated in wine, worke the like effect. Mizaldus.

11

If Mus aranëus called a Shrew, I take it to be the blind mouse, doth chance to goe ouer any part of any beast, that part of the beast will after be lame. This I know to be true.

12

Whosoeuer would haue a very white and delicate Skinne, let them boyle or heate Lyfarge of Siluer in Vineger distilled: and wash therewith their Skin which they desire to haue faire, trim and white. This I took out of Mizaldus.

13

In the time of Traiane the Emperour, a certaine man hauing a disease called the Distury, did pishe with much adoo, a knotted Earle straige. Aethorius Mizaldus hath written this. And I knelwe

knewe a Gentleman, that after his death being opened, had a pigeons feather sticking in his heart; which feather was shewed me by the Surgeons that did cut and open him.

14

Otes sodden and the hotte sume thereof close received on any lame members, either armes, legs or any otheer: the said members put and holden a good while in the same sodden Otes, when they may be suffred therein, and the same order vsed scure or fise times, if neede be, doth helpe them perfectly that be lame. This was told me soz a very truth by them that knew it, & saw it tryed.

15

The tooth of a man hanged at the necke of the party that is tormented with toothache, doth take away the paine thereof, especially if a Beane be put thereto, wherein there is a hole bozed, and a Louse put therein, and the same Beane wrapt in a piece of Elk, & then hanged about the parties neck, as is before said. Mizal.

16

The whitest Frankincense made in very fine powder, and drunke with Wine, (if it be in cold weather or in winter,) or in water wherein Keylons are sodde, if it be hotte weather, (or in Summer,) in the encreasing of the Meone, at the rising of the Sunne, at noone, and at the setting of the Sunne, doth maruelously helpe and encrease the memory, and is very profitable for the braine and stomack. Rasis the Authoer hereof, by the report of Mizaldus.

17

Any part or piece of the Bone of a mans Arme, with the highest part or end of a Goose wing, being carried or borne of them that haue the quartan Ague, doth cure the same. Mizaldus fathers this of Geber.

18

If one that hath the Dropse or Jaundise, shall drinke their owne vrine for certaine dayes together, it will helpe maruelously. This Hermes saith. But Benedictus Victorius Fauentinus in his practices affirms soz trueth, and saith, it is certainlye proved, that fine ounces of the vrine of a Boy not polluted, and of a sanguine complexion, mixt with halfe an ounce of good white Sugar, being drunke every morning early fasting, for the space of ten dayes, doth helpe certainly the Jaundise, and also much drunke at once, a moneth together in such order, doth helpe the

A. A. 3.

Dropse.

Dropsie perfectly.

19

Soope a thred in oyle of Brimstone mixt together, and compaste a glasse with that thred in that place where you would have it broken cuen, or parfed, and after kindle the same thred with fire, and doo thus so ofte untill the place of the glasse be hot, and after compaste the same with a thred wet in colde water: and it will part so cleane asunder, as though it had been cut with a sharpe-pointed Diamond.

20

If they hat be swolne and are full of Dropsie, do lye three dayes and nights in their beds well couered round about in sodden Wat-
ly, it helpes and cures them perfectly. This was proued by them
that came very much swolne from Ginny. And one of them that
was helpt therewith, reuealed it vnto me: which I am content to
publish, to the common commodity of many.

21

The earnest searchers of naturall things, say and set forth,
that certaine wormes are bred in the bowels or guts of the Hart,
and they are destroyed by the eating of serpents, which the Hart
doth allure with the breath of his nose to come out of their hole
or denne: and lest the poyson of them shoulde hurt him, he goes a-
pace to some fayre Spring of water, and whiles all his whole
body is therin vnto the lippes, little drops or teares distill out
of his eyes, which at length encreaseth to a thing, as bigge as a
Walnut, and ate in manner of a stome, and when he perceiues he
hath thereby auoyded all the poyson, and being come forth of the
water, with the rubbing of his eyes at a fræ, the same lump or
Stone (being a hinderance to his sight,) he gets away. Whichever
matter or Stone is a thing most effectuall against any venome
or poysone. Many Phylicions of great authority and antiquity,
are witnessesse hereof. Iulius Scaliger, and Amatus Lucitanus doo
boast that they saw such a thing, and they affirme that it may be
giuen effectually with a little wine to them that are infected with
the plague: for by the strenght and helpe thereof, so much sweate
will come forth of the body, that you would thinke the whole bo-
dy will turne or consume into moysture, with which ones gi-
ving, all the poysone or venome is thrust out of the body. The Ara-
bian Phylicions call the Stone, Bosoard: And thereof Alexi-
pharmacæ, a remedy against veromes, Bezoardica. This An-
thonius

thonius Mizaldus writeth. These Besaar Stones, being of a most excellent, notable and precious vertue, are now gotten in Peru, in the West Indians, and found about ten yéeres past, in certaine kinde of Beasts that goe in the Mountaines of that Country, which are much like to shæpe or kids that are in the Portingal Indians, by a worthy Spanish Gentleman, called Peter de Osima, who killed some of those Beasts purposely, for the said Besaar Stones, which he thought to finde in them: but although he looked and searched therefore in the belly, and in other places of one of the greatest and eldest of them: yet he could finde none of them, neither would the Indians tell him in what place of the Beast they were, saying they knew no Stones, being loth he should knowe that secret. But at the last an Indian Boy, of twelue yéeres of age, told him where to finde them. Wherefore the other Indians would haue killed the Boy, because the Indians do much esteem those Stones, for they doe offer them unto their gods, or before their Idols, as one of the most precious things they haue. So that by the said boyes revealing, the said Gentleman found the Stones in a certaine little purse that the maw of the beast hath, wherein the hearbs doe lye when he cheweth the cud. The said Gentleman gives a maruelous commendation of them in a Letter, which he wrote to Doctor Monardus an excellent learned Physicion of Siuill in Spayne: saying, that they are maruelous good against all venom, and against all sorts of poysone, as well in meates as otherwise, and to euils of the heart, and to expell and kill wormes, and that they haue healed such diseases with this Stone, that it is wonderfull to be seene, both of Ladies, Gentlemen, and many others; naming many of their names in that Letter: saying further, that as a newe thing all such take it in powder, as haue diseases which cannot be healed by medicine, and many do heale: and so with many other things he praised God, for the great benefits received by the vertues of this Besaar Stone. And the said Doctor Monardus having received of the said Stones from the said Gentleman, doth maruelously praise and extoll the said Stones in a worthy worke or booke made by him of certain Trees, Dyles, Plants, and Stones of wonderfull great and maruelous effects, whose very words thereof, (as much as shall seeme needfull therefore) I here doe
hter.

utter. If I would (saith he) put here the great effects, and the diseases which the Stones of Peru haue healed, that they which doe come from thence doe tell me, and that Gentlemen doe write me, it would make a great Booke. I will put that onely which I haue experimented, and the effects that I haue vnderstood that they doe, and these that haue past by my hands, whereby all credit may be giuen vnto it, and as a thing certaine: seeing that there is experiance of it, with all assurance and trust, it may bee vled. Our Occidental Besaar Stones haue great vertues, principally they doe remedy many persons which be sick of the heart, for the which I haue giuen great quantity of them that haue beene brought me, and they haue made maruelous effects; so much, that to many persons which did swound, by taking it away from them, they were deliuered from death. It must be giuen when they did swound, and before it come, taking it in the morning fasting with Rosewater, if the party haue great heate, if not, then with the water of flowres of Drenge, the quantity of fourre graines, euery time made in powder. In all kinde of venoms it is the most principal remedy that we know now, and that which hath done best effect, in many that haue beene poysoned, which haue taken it, as well by venome taken at the mouth, as by biting of venomous wormes, which are full of poyson. It doth truly a marueilous and manifest worke vnto them that haue drunke water standing in a stinking Lake, beeing infested with Beasts or vermine which are full of poyson, and being swolne immediatly after they had drunke it, by taking of this Stone thre or fourre times, they were remedied, as I haue scene them after, &c.

In Pestilent Feuers I haue giuen it many times, and surely it doth extinguish and kill the malice of them, which is the principall thing that the Physician shoulde procure in the like diseases. And although he doth take away the cause, and doth withdrawe the putrifaction, yet if hee doe not extinguish and take away the malice, the cure is never at an end. For that is it which killeth, and doth the principall hurt. And where there are certaine spots in the body like vnto flea-bitings, which doe appeare in the like Feuers, the Besaar Stone of our Indians doth make maruelous effects. Of those which they haue brought mee, I haue spent the most part, in giuing them for the like diseases, and surely it

it hath remedied many with maruelous successe, and in that which
some of them haue bene spent by me, hath bene in soundings.
and surely I haue seene in these Stones the effect so great, that
it seemeth a thing of wonder. And especially, I haue seene these
causes more remedied in women, then in men: it is a maruelous
thing to be taken, and it hath done manifest effects: where there
is melancholy humor, it doth repaire him much. And it doth in
him and in all things which doe result of him a great worke, be
it uniuersall or particular, in the head, or that as they call Mirar-
chia, and also in them that haue Leproue: of the Arabienstor, E-
lephantiacis, of the Grekes. It doth profit much in Scabbes
in itchings, in Scuruynesse, and in all parts of the body that is in-
fected, it maketh a very good worke, and doth remedy the evils
manifestly. For that the Stone hath propertie to heale them, I
haue giuen it in quartane Agues, and although it taketh not a-
way the quartane, it taketh away the accidents of it, the faintnes
and sadness, and the griefe of the heart: which in these Feuers
are common. Surely they doe saile with the vse of it notable pro-
fit, in all large and impotunate diseases, &c. It is good to cast into
Purges, some graynes of it, that if the purge doe carry vno-
mous medicines, it may rectifie and amend them: And if not, it
giuelth force and strength to the heart, and they worke the better.
In the Oriental Indians, they haue a custome to purge them-
selues two times eury yere, and especially, the Nobile people
of estimation. And after they haue purged them selues, they take
every morning fasting, fourt graynes of the Bcsaar Stone with
Rosewater, or with water made for the purpose, and they say that
this doth conserue the youth, and doth strengthen the members,
and doth preserue them from diseases. And it is a good vse, for it
cannot bat doe them much good. I haue giuen it to many peo-
ple, and especially to Children and boyes, that are tormented with
Wormes: and I haue seene such works as are not to be belie-
ued, if they were not seene. This and more hath Doctor Monar-
dus written to his sayd booke of this Stone, and other worthy
and wonderfull things, which Woke is diligently and truly
translated into our English tongue, by one John Frampton
Merchant: Which Woke is tituled and called, Joyfull newes
out of the new found Worlde; who deserueth great thankes, and

continuall commendationz, for publishing such a common commodity to his Country. 22

A water which will heale certainly the fistulaes. Take two pound of water that is distilled out of good white Waine, as you will Aqua vita: put thereto of the water of Sage, and of the water of Rosemary, of either fine pound, Sugar two pound, distill them together, and when they are distilled, put to the water distilled, one emice of Sage, and as much of Rosemary, & when they are kept together eight dayes, straine it and use it in curing of fistulaes, Euonimus. In which Woke are many excellent things. 23

If you lay the wicke of a Candle to infuse or steepe in the oyle of Hempseed, and after make a tallow Candle thereof, which if you doe light after it be cold, the same Candle will not goe out with any winde, so long as the whole Candle lasteth. And in like sorte may lights be made to serue in the night time, if that fine linnen rags be first sooked in the oyle of Hempseed, and dipped into molten tallow, being so bound or wrought on a staffes end, or otherwise lying in an Iron or plate at the end of a staffe. This is taken out of the naturall & Artificiall Conclusions of the Schollers of Padua. 24

The young Swallows of the first brood that a Swallow hath, being cut and opened before the full of the Moone, two stones will be found in their mawes: whereof one is of one colour, the other is of divers colours: if these stones (so that it be before they touch any ground,) be wrapt or inclosed in a Harts skinne, and be tyed to the arme, or about the necke of them that have the Falling-sicknes, it doth heale them of the same disease. Mizaldus writes this by the report of an Italian, which affirmed to him, that he had proued it to be true.

25.

Whosoever shall, especially the first Friday in May, and euery other Friday in May, before the rising of the Sunne, graue vp two turffes of new grolvne grasse with the dew vpon the same, and then doth tye the grasse sides of them togelher, and shall then lay the same in the water in the sidz of a pond, or in some other water, so that the bohementy of the water doth not remoue the said turffes from the place, whers they be layd, and so letting,

letting them lye there bremoued nine or ten dages; if at the telle dages end, he shall take up the saide turkes, and bathe or loue the same, he shall finde a great sort of young Teles within the same, although there be not one Tele in the same water at the laying there of the sayd turkes: And then if he tie the sayd turkes with the young Teles together againe, & lay them againe in the same water, a great increase of Teles will after come therof. This was credibly told me for a very truthe, of one that did try the same. I think they breed of the same dewre.

26

The Wine tree doth not agree with the Baytree, for with his odore or smell he is the worse, Wherefore when the branches of the Wine drawes nere to the Baytree, he will draw backward, shyning the smell of his enemy. Even so the Butter is enemey, or doth not agree with Lentils. Iohan. Pet. Port.

27

An Image of a Ram greuen or molten in Gold, the first degree of Aries ascending, and Jupiter plaste in the same, not impedit by an euill Starre or Planet, so that the Mare and Venus behold him friendly; is a marueilous helpe and remeedy to them that have a continuall head-ache, (if they keare the same Image of Gold.) Laurentius Miniatus, by the report of Junianus Pitanus, did with the same helpe a friend of his of a continuall head-sche. Mizaldus.

28

If you will colour or paint the bristles of a Swine with divers colours when they be wel wash'd, and sod in Allem-water, let them be put whiles they be warm, in water coloured with Saffron, if you will haue them yellow: or in the iuice of Elderne or Wallerst berries, if you will haue them of a bluse colour: or in water mixt with Flos aris or Verdegrease, if you will haue them of a grane colour, and so of other colours. You may proue them with the feathers of Birds. Mizaldus.

29

The powder of Earsh-wormies, of Mice dung, or of a Parts rooth, put into the holes of teeth that be worme-eaten, doth pluck them vp by the rootes, or makes them fall out without any other Instrument.

W b 2

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30

If the Stote that is found in the head of a long Huaile be made in fine powder, and blowne in the eye, it puts quite away all the spots thereof, and it destroyes the Web in the eye, and any other euill in the same. Mizaldus affirmitis this.

31

In the Winter time, a sponefull of Aqua vita sweetned with good Sugar, with a little piece of the prettest white bread put into it, lest it shoulde trouble the braine, or do some harm to the Liver, is healthfully giuen to grosse and flegmatick bodies, that it may concoct the humors, and defend their bodies from the Lethargie, which is a forgetfulness, and a losing almost of the sences, and from the Apoplexy, which is a ceasing as wel of the inward sences as of the outward, and from cold diseases. Lemnius.

32

To make a Candle burn vnder the water. Take Ware, Brimstone, and Vineger, of each a like much, boyle all these together ouer the fire, vntill the Vineger appeare all consumed, and then after of that that remaines, make a Candle, and you shall see the proper effect as aboue is written. This is taken out of the Patrall and artificiall conclusions of the Schollers of Padua. Translated by Thomas Hill. 33

Take a King that is hollow round about, into which put quick Silver and stop the same fast, that it run not forth, after heate the King somewhat in the fire, which being hot, lay on a table or stoele, and soon after it will leap or daunce of it self vntill it be cold. Proued.

34.

Quench hot Iron in the iuice of Hemlockes, thre or four times, letting it remaine therein every time vntill it be cold, and the Iron will be soft. Also Cardane writeth that if you take Oyle, putting it into molten Leade, seuen times together, and after quench Iron red hot in that Oyle four or five times together, it will make it soft.

35

A certaine Woman with Childe, seeing a Bakers Shoulder naked & bare whiles he did put bread into the Ouen, did long & desire so much to eate of the said Bakers shoulder, that she abhord or loathed all other meate. Her husband having pitty of his leuing wife, did agree to give the Baker certayne money for every

very bit that his said wife would bite of his shoulde, and the same Waker suffered the says woman to haue two bites at his shoulde: but when she began to bite the third time, he was so grieved with paine, that he would suffer her no more to bite at his shoulde. Immediatly after the woman trauyled, and brought forth thre Children, two of them alive, and the third dead. Iohannes Langius is the Author hereof.

36

A notable distilled water as followeth, worthy to be compared to gold. Take one part of Gentian, and two parts of Centory, stamp them together, and put wine to them, and let them soke together fve dayes, then distill them, keepe the water distilled in a close cleane vessell: this water drunke morning and euening, preserueth the body from all kinde of diseases, it putteth away all Impostumes, it maketh god colour, it resisteth the Plague, it healeth the sickle of the Ptisiche, it auoydeth the stuffed Stomacke, it breaketh the Stones in the reynes, it separateth and putteth away the watery humors of the Spleene, it helpeth forward the flowres, if it be drunke nine dayes together in the morning, and purgeth the belly: also it purgeth all choller, and all corrupt blood, it healeth all wounds within the belly, it cleareth the sight, it cureth popsoned bitings. To the healing of the wounds, the powder of Centory ought to be put to them, Julius his booke of waters. Euanimus describes this, which is a worthy werk.

37

Put Quicksiluer in a Bladder, and lay the bladder in a hot place, and it will skip from place to place without handling.

38

An excellent water for purfying or cleansing the skinne of the face or other parts of the body, which is a secret and unknowne. Take sixe new-layd egges, halfe a pound of Malmesey, a young Pigion not wholy feathered, halfe a pound of new Cheese, coming from the pretie made of unskimmed milke, eight Oynges, Oyle of Tartar thre ounces, one ounce of Ceruse made in powder, gum of Arabicke, and Gasticke, of either halfe an ounce, Water of Beane flowres, eight ounces, Rice four ounces, steeped first a whole day and a night in halfe a pinte of Cream: cut the Oynges in pieces, and stampe them a little, then put all together.

gether with the Creame and Rice also, and distill the same also with an easie fire: & kepe the water therewith distilled in a cleane close stopped Glasse, and use to rub or wet the face therewith every evening before you goe to bed: and every morning wash it cleane with water distilled of Weane flowers. Use this for a fortnight or thre wukes together, and you shall finde it a notable thing.

39

To make a Glew to hold, or ioyne shings together, as hard as fast as a stone, and an excellent secret. Take vnsackt Lime, and quench the same with Wine, and beate the same into fine powder, mixing therewith both Figs and Swines grease, and after labour them well together: for this (as Plinie writeth) pesseth the hardnessse of a stome, with which ioyne broken pots or any shing together. Also take Greeke Pitch, Rosen, and the powder of little Stones, these mixe together, and when you will occupie of the same, then heate it ouer the fire, and worke therewith (that is, ioyne any shing therewith) and it holdeth them together as hard as any Paile. Also take of Spuma ferri, one pound, of Lyle hardes in powder, two pound, of vnsackt Lyne fourtoun pounds, of Dyle of Linseede, as much as shall suffice to prepare, mixe and worke them together: this Glew is marueilous strong, whiche neither feareth nor yeldeth to water nor fire. This is of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

40

An Angelike water of a maruelous vertue against blearednes of the eyes, Tanker, and buraing with fire. Take thre ounces of vnsackt Lyne, and halfe a pound of Rayne water, let them stand together in a vessell of Glasse or Tin thre dayes, then mix and stirre them together, and let them settle againe a whole day and a night, in a vessell well couered, afterward strayne them tenderly thorow a Linnen cloth, vntill it be cleere, then put into it ten drams of Hall Aimeniacke, the whitest you can get, beate it finely, and let it be dissoluued with long standing, and oft mixing in the sayd water. And when it is settled, strayne the cleane water that standeth above certaine times, or else distill it by a filter. This water healeth the spet and web in the eye, if you drop thre drops thrice every day into them, continuing so till the eyes be

be whole, it taketh away also the feares of the eyes, the rednes and the blsarednes of the eyes, and also the Canker and burning; It taketh away all spottes and saynes of the cloth, both of Silke and Mollen, if they be washed with it a little warmed. Furnerius by the report of Euonimus. Besides I haue proued it in the like case; Therefore I am bold to say it is an excellent thing.

41

An excellent Water called the Golden water, a Balme and a blacke Oyle doth folowe. Take of pure Turpentine, seuen ounces, wash it well with white Wine, after take good white Hunning 3 pounds, clarify it with a little white wine ouer an easie fire, and take off the skim still from it: then put the Turpentine to it, mixing them well together: Then pouze thereto of Aqua vitæ fourre pound, and mixe them well in a body of Glasse, luting it (or stopping it well,) then take Bugloss, Verage, Walome, Sage, Lauender, of each one handfull, Wicowmwood one dram, Rosemary two handfulls. Then take wood of Alces, Xilobalsamum, the thre Saunders, of each one dram, Rose, Putnayg, Sinamon, Galenga, Cloues, Cububes, white and long Pepper, Saffron, Spykenarde, Graynes of Paradise, Cardemomum: of each thre drams, Zedoary, halfe an ounce, Squinant, halfe a dram, the pilles or rindes of Limons, the seeds of Limons, Sticados Arabike, of each one dramme, Calamus Aromaticus, halfe a dram, Carline cardopacij, two ounces, Bistort, two drams, the roote of fflowre Delice, halfe an ounce, Bayberries, Valerian, Polypody, of each halfe an ounce, Licorice, Annes seedes, of either halfe a dram, of Radish, two ounces of Cervander correct, halfe an ounce Spyl mountaine, one dramme blanched Almonds, halfe a pound, small Keysons, halfe a pound, being wash'd with Wine. All these (being beaten or strayed) put into the said body of Glasse, to the Hunning and other things: and if there be not inough of Aqua vitæ, put thereto more, and let them stand so seuen dayes well covered and stopt: then after distill the same in Ashes with an easie fire, (all beeing well luted) for the space of fourre houres, (lest the Hunning boyle,) then there will come out a cleare water, then increase the fire, and when you see the water yellow, then put to another receiver of Glasse, which you must lute also with the beake of the Syll, and keape the

the first water by it selfe, and encreasre the fire vntill there come
 no more yellow water, and when you see it come blacke, then
 take away the receiuer, and put another thereto, and lute it like-
 wise, and when you see a smoake come, then it is ienough, and
 kepe also the e thre severally, and let the Styll stand vntill it
 be cold. In the first water put Folij Indi, fine drammes, Amber
 halfe a dram, Rosche, halfe a scruple, which is twelve graynes,
 and also fiftene leavens of Gold. If you will vse it for the head,
 take one ounce of the water of Bettony, and of the first water one
 spoonfull: mire them together and drinke it all fassing. The ver-
 tue of this doth strengthen all the members. Take one ounce of
 Palmesley, or of other good Wine in a little Glasse, and put one
 spoonfull of this first white water thereto, mire them together,
 and it will be white as Milke: whiche drinke with a fassing Sto-
 macke, and neither eate nor drinke of two houres after: and it
 will preserue all thy members. For a cold Liver take a spoone-
 full of the white water, with an ounce of the water of Sage. For
 the brest, and the cough of a cold Kewyn, take it with the water
 of Isole, Louache or Fennell. For the Heart, with the water of
 Bugloss, Burrage or Balme. For the Stomack, with the water
 of Wormewood. For the Lightes, with the water of Hayden-
 haire, or Polypody. For the Spleene, with the water of Harts-
 tongue. For the Vertigo (a giddines of the head) or the Apople-
 rie, with the water of Piony, of Fennell or of S. John Wort.
 For the Stoke, with the water of Radish, or winter Cherries.
 For the retayning or holding of the water, with the Water of
 Cresses, some Parsly, or Savifrage. For the eyes, with the water
 of Fennell, or Eyebright. For the retaying or withholding
 of Menstrues, with the water of Mugwort, or with water of Ra-
 dish. For the too much fluye of the Menstrues, with the water of
 Plantaine, or Nightshade. For the Matrix hurt by the Mid-
 wife, or of any cold cause, whereby she doth conceiue no more,
 let it be vsed without the water of Valerian or Betony. Against
 the Spottes of the Face, take of the water of Pimpernell, four
 parts, of this white or first water, one part: mire them toge-
 ther, and anoint the Face morning and euening: and drinke
 it thrice or thrice in the weeke, with Endive water. It cures
 the Cancer, beeing anoynted therewith, and the Fistula: if a
 droppe

Poppe thereof many times put into it. It helpes a cold gowt, if it be anointed therewith. For the paine of the Matrix, let this wa-
ter be taken with the water of Hugwoort. Also it is good against
the Quartane and Quotidian Feuers. The Cytyne Oyle hath
many vertues, as the Oyle of Walme: if any grieze be anointed
therewith. The black Oyle is of great vertue in the Gowt, if it
be anointed therewith, as the Mother of balm being white, called
the Golden Water. Gratarolus.

42

Here followeth an excellent Medicine that will heale old ro-
ten and incurable Ulcers, very quickly. Take of Turpentine thre-
times walst, first in faire spring or Well water, and after in
Rose or Plantayne water, thre ounces, the Yolke of an Egge,
Oyle of Roses, an ounce and a halfe, Mercury sublimate made in
powder, halfe a dramme, and let them all be mixed well together,
and make thereof an Ointment, and wash the Ulcers or Sores
with white Wine: then sprade some of that Ointment or Salve
vpon flax, and apply it to the soze, and dresse it with new Salve
twice every day: but before every dressing, ansyxt it with this
following, thre or four Fingers breadth about the Soze. Take
of the Oyle of Roses, two ounces, of Vineger halfe an ounce, of
the powder of Rose Armeniacke, a little, mire them together, and
anoint it as is beforesaid. And when all the rotten or putrified
flesh is eaten out, then anoint the Ulcer with Butter, and you
shall see a wonderfull effect. Proved.

43

For the burning or great intolerable heate of the vaine. Take of
the seedes of Purslaine, of the seedes of Lettice, of the seedes of En-
diue, of the seedes of white Poppy, two ounces of euery of them, of
the seedes of Henbane, half a dram, Sebasten, two ounces, Saff-
ferne, one dramme, Licorice fine drams, Pineapple kernels, tenne
drams, fountaine or spring water sise pound, mire them all toge-
ther, and let them be sodde vntill the consuming of the third part of
the water: then let it be strained. Whereof take one ounce in the
morning mixed with one ounce of Julep of Violets, and the fourth
day the effect worthy of maruell, will appeare. This is proved.

44

A notable and an excellent Balmie. Take of Turpentine, one
Cc pound

The tenth Booke

bound and a halfe, Galbanum, two ounces, Aloes cicotrine, Mastic, Cloues, Galengale, Sinnamon, Nutmegs, Cubebes, of every one of them an ounce, gum of Iuy halfe an ounce: when all is well beaten, mire them together, and distill them in a glasse, with a slow fire first, and receve the first water by it selfe seuerally, then increase the fire, & a water more reddish will come, then increase the fire more, and an Oyle will come of a red colour, receive that as long as any will come: you must change the receiver thrice. This oyle hath all the vertues of true Balm, soz it burneth in the water, and curdeth Milke by and by: for if one drop of it warme, be put into a pinte of Milke, it will forthwith become curded. The first liquor is called The water of Balm, the second, Oyle of Balm, the third, Balm artifcial. The first is profitable against the running of the eares, if two droppes morning and euening be put into them: dropt into the eyes, it amendeth the blearednes, and consumeth the teares: it doth marueilously restraine superfluous humors in any part of the body: it taketh away the toothache, if they be wash't therewith, and killeth the wormes, if there be any in them. The third liquor will suffer no venom, it is an vicer enemy and destruction to Spiders & Serpents: two or thre drops thereof layd vpon any venomous biting, doth make it whole straight. If thou draw a circle with this liquor, and shut a venomous Beast therein, it will dye there, rather then get out of it: to be short, it doth all the same things that Treacle doth, but all things more effectually: being powred or put vpon any Imponume, within nine dayes healeth them, and likewise a Fistula, be it never so euill, and also Noli me tangere. All diseases bred of feame, and of cold humors, it healeth, if a Linnen cloth dipped in it, be laide vpon the place, where the griefe is. It putteth away vtterly the Palsey, & all trembling of members: It strengtheneth maruelously the Sinewes, it is hotter then the first or the second. If a man pat a drop of it in his hand, it pearseth straight without griefe. To conclude, it doth many other things, and all diseases risen of a cold cause it healeth, if they use it right. Lullius in his booke of waters. But this is taken out of Euonymus.

If you take the Gall of an Dre, mans Wine, Veriuge, and the iuyce of Pettles, of each a like quantity, and mire them very diligently.

diligently together, and after quench Steele i d hot ther in, scat
or five times together : the same Steele will after become as soft
as paste. This is affirmed by the Schollers of Padua in their na-
turall and Artificiall Conclusions, &c.

46

A most present remedy for them that are infca with the plague,
for Carbuncles, pestilentiall Pustles, holy fire, and other of that
kinde. Take the ripe berries of Ivy, being dryed in the Shadrow, Against the
ther stamp them and make shem in powder, of which powder Plague.
take halfe a dram in two or three cunnes of the water of Planten,
and remaine still in the bed, vntill you haue sweat very well, and
after you haue sweat, put on a cleane shirt wel aired at the fire :
and if you may conveniently, let the Sheet and the Clothes of the
bed be shisted. There hath bene some healed with this oder in
one night. This is proued. Alexis of Pyemount saw one helped
with taking this powder twice, that is, at morning, and Evening,
hauing two Sores appearing, which with this powder, bcke the
next day after, and so recovered.

47

Doctor Monardus, in his booke before mentioned, amerg other
marueilous matters hath declared at large of two wonderfull
and strange Stones, in these words following : They doe bring
(saith he) from the new Spaine, two Stones of great vertue,
the one is called The Stone of the blc d; and the other is, A Stene
for the disease of the Stone in the kidnies and reynes. The
blood Stone is a kinde of Jasper of divers colours, somewhat
darke, spyl of sprinkles like to blood, boeing of colour red, of the
which Stones the Indians doe make certayne Harts, both
great and small. The use thereof both here and there, is for
all fure of blood, of what parts soever it be, of the nose, or of the
Hensernes, or of the Wyres, and of wounds, or of that which is
cast out of the mouth. The stone must be wet in cold water, and
the sicke man must take it in his right hand, and from time to
time wet it in cold water. In this sort the Indians doe use them.
And as touching the Indians, they haue it for certaine, that ten-
ching the same Stone in some part where the blood runneth,
that it doth restraine, and in this they haue great trusse, for that the
effect hath bene soone. It doth profit also, hauing it holden, han-
ges

ged or tyed in the same part where the blood runneth, so that it touch on the flesh. Of this Stone we haue scene great effects in stanching of blod. And some that doe suffer the Hemeroidall flise, haue remedied themselves with making of Rings of this Stone, and wearing them continually on their fingers, and also in Menstruall flise of Women.

The other Stone, which is for the disease of the Stone in the kidneyes or reynes, the finest of them are like unto Plasma of Emeralds, which is likened to greene, with a milkish colour; the greatest is the best: they bring them made in divers formes and fashions: for so the Indians had them in old time, some like to fishes, other like to heads of Birds, other like to bills of Popagies, other like to round Beadestones: but all pierced thorow, for that the Indians did use to ware them hanging, for the effect of the griefe of the Stone or Stomack: for in these two sicknessest it doth maruelous effectes.

The chiche vertue that it hath, is in the paine of the Stone in the kidneyes, and in expelling of sand and Stone. Insomuch that a Gentleman which had one of them here, the best of them that I haue scene, hauing put it to his arme, it doth make him to expell and cast out so much sand, that many times he doth take it away: for he thinketh that it doth hurt him for to put out so much: and in taking it away, he ceaseth to cast any from him. When he feeleth the paine of the Stone, then putting it to againe, it doth take away the paine incontinent, with expelling of much Sand and small Stones. I haue scene it carried to persons, that haue bene grieved with great griefe and paine of the sayd disease, and putting it to them, they doe forthwith expell the sand and the little Stones, and remaine cleare thereof. The Stone hath a proper ty hidden, by the which meanes he doth great effects, to preserue that they fall not into the paine of the said diseases. And after it is come, it taketh it away, or diminisheth it. It doth make the sand to be expelled with great abundance, and likewise Stones. It taketh away the heate from the reynes of the back: it profiteth in grieses of the Stomack put to it, and aboue all, it preserueth from the said griefe. By Lady the Dutches, (a Dutches in Spaine) for that she had a short time thre times, exceeding paines of the Stone, she made a Bracelet of them, and she vsed to ware it at her arme,

and sithen e she put them to her arme, she never had more paines of the stome. And so it hath happened to many other that had the like benefit, for the which they are much esteemed, and now they be not so stome had as at the beginning: for that these stones onely the Gentlemen and Rich men haue them. And with reason: because they do such maruelous effect. This much hath the learned Doctor Monardus declared of the excellencies of the two aforesaid Stones, which are brought from the West Indians, with diuers other precious Dyles, Woods, Goms, and other things, as are most plainly and largely set forth in this said booke with many credible proffes: lately Englished and published in print by the said John Frampton, thereforee worthy of great commendation, called, Joyfull Newes out of the new-found Worlde. Which is of a small price, but yet very precius: for in my iudgement, whosoever doth buy it, doth not pay therefor the hundredth part that it is worth.

48

The making of a Stone, which moistened with spettle, wil burne. Take of quicke Lyme, pure Salniter, Tuncie Alexandrine, not preparate, Calamita, of each one part, quicke Brimstone, and Camphire, of either two parts: let them all be made in very fine powder and searced, then tye the same powder hard in a liuen cloth, then put it into a Crucible, and couer the same with another Crucible, and wrap it fast with wyers, and close it well with Lute of wisedome, that nothing may respire out: then let it be dryed at the Sunne: which done, cast the same Crucibles into the fire of a bricke-fyall vntill the matter be well burned, which taken out, you shall finde a perfect matter of the colour of a tyle: which if it be wet or moistened with a drop of water, or with spettle, putting Brimstone to it, then it will burne; which with blowing, or a blast, is put out. Iacobus Weckerus.

49

To make an Egge ascend into the ayre. In the month of May, all an Egge shell cleane emptied, with Dew, and stoppe the hole well, wherein you did put the Dew, then lay the Egge in the hot Sunne about Noone, and it will be lift vp. But if you set a Caffe by it, it will ascend the moze easily, Iacobus Weckerus,

Glew.

50

To make a shinne Clew, a nimme scert; Take the Glew made of Fishes, and beat the same strelly on an Anvile, till it be thin: which after lay to soke in water, vntill it become very soft and tender, which will be within syre or syre houres, and then woorke it like pastre, to make small rowles therof, which being like pastre, stretch it or draw it out very shinne: and when you will woorke with it, then put some of it into an Earthen pot with a little water ouer the Embres, and skim the same very cleane, and let it so seethe a little whyle, then after woorke with the same, keepeing it still ouer the hot Embres, vntill you haue done with it, for so it fastneth and bindeth the strenger: and in such sort, that it falleth pieces of glasse tegether.

51

If you would destroy Caterpillers, doe thus: Anoint all the bottome of the Treē round about with Tar, then get a great sort of Ants or Pysemynes, and put them in some bagge, and draw the same by a Cord vnto the Treē, and so let it hang there, so that it touch the body of the tree, and the Ants letted to goe downe from the tree by the meanes of the Tar, will for want of feede eate and destroy all the Caterpillers there, without hurting any of the fruit: this was told me for a very trussh.

52

Make a hole in the end of a Goose egge, and put all the white and yolk out of it, then put into the shell a Batte that flyes about in the evening, and then glew or close it fast en the top, and you shall see the Batte flye away with the same egge shel, to the great maruaile of them that knowes it not.

53

It is very euill for them that fall sicke, when the Stone is applying in coniunction to the Sunne, and worse, when he is within syre degrees of the Sunne. This I knwo to bee true by often proove and tryall. And Abraham Auenestra affirms the same, writing de criticis diebas.

54

Rub any precious Stone vpon Leade, and if then it change the colour, then it is a counterfeite Stone. If it change not, then it is a naturall and good Stone.

Statice

55

Stamp Celandine, & lay it to any Tetter or Kingworm, or any other such like, called Imiperigo or Sperigo, shifting it twice every day with new for the space of a fortnight: and it will quite destroy & kill them. And also it will put away any black spots with the like using thereof, in what part of the body soever they be.

56

Take pure Ware and fine Brimstone purified, of each a like much, melt them together, making thereof a Candle, & after take the powder of a Coale finely beaten, and as much of Brimstone in powder. A helle sift thowle a Hearse or Linnen cloth, and after heating the said Candle, smare it about with this powder so long, vntill it haue, as it were, a thick crust round about the same, like unto the thicknesse of a backe of a Knife: which after couer about the head of it, with a Paper, and then hang the same at the mouth of a gutter that droppeth fast in a frosty euening, vntill it be couered with yce, a finger thicke: then light the same, and it will burn as it were all Ware. This is taken out of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

57

The Coniunction of the Moone with Saturne (in the first beginning of sicknesse,) doth signifie euill and long sicknesse. But if Saturne be of a slow course, it augmeneth the euill. If of a swifte course, then it diminisheth the euill. If he be Retrograde, applying by opposition to the Sunne, after he is cured, he will fall sicke againe: but if he be Retrograde, and separate by opposition from the Sunne, the euill is diminished. Abraham Auenestra de criticis diebus.

58

A very good laxative Dredge powder, whereof you may take a spawfull when you need in your Pottage, or Broth: it will make you to goe to the stcole. Take of pure Turbite, one ounce, Ginger, Synamon, Masticke, Annis seed, Hermodactils, Diagredion, of each halfe an ounce, of the leaues of Heny, two ounces, of Sugar, foure ounces, beat all into fine powder, and let them be mixed together. Leonardus Fuchsius.

59

That signe and degrē wherein the Moone is in the houre and time:

time of the birth of any, the same signe and degree did ascend at the very time of the conception of the same Childe. And that signe and degree wherein the Moone is at the time of the conception, the same signe and degree, or the opposite to the same, doth ascend at the very time of the birth, Hermes & Ptolomeus: Therefore according to this rule of the ancient and famous Authors: (Whereto Guido Bonatus, Iohannes Gauierius, Sconeius and Taynieri, notable and learned Astronomers, with diuers other, doe consent and agree.) Diuers Women haue diuers times betwene the conception and birth of their Chiliden: for the place of the Moone at the time of the conception, and her vncertaine course after, doth plainly manifest that some women goe with Childe not aboue 37. weekes, some others 38. weekes, and vnder: some 39. weekes, and something lesse: some againe goe forty weekes, and a few daies lesse, and sometimes certaine daies moze: yea, and sometimes forty and one weeke, and one day, which is the longest time, as she learned in the same science can perfectly finde out. Wherefore they are much deceived, that thinke euery Woman goes but iust forty weekes with Childe: which fond false opinion hath made many an honest woman falsly suspected, wrongfully slandered, and without iust cause from their Husbands separated. Therefore it were good and very meete for every one, not to give too much credit to this fond reckoning of iust forty weekes: which is more common then true. Which forre described excellent rule, (according to the minde of the worthy and learned Mizaldus,) is of no small weight, for the triall of the fidelitie and honesty of women to their Husbands, and to finde out the very right time of the Nativitie or birth, so that the very day and houre of the conception be certaine.

60

Take the Stones out of Raisins of the Sunne, then Stampe the same Raisins, and apply a plaister thereof to any griefe for ache, and it will cease it presently, and if you vse it five or sixe times in such order, it will throughly helpe and cure the same. I haue seene this well proved.

61

If you gather greene Beanies from the stalkes, when they be ripe, fully growne and ready to eate, and then immediatly cut off the sayd stalkes within a handfull of the roote, then new and moe

tree branches will shortly after spring out of the same. Whereupon will spring forth new Beanes, and more plentifull then before, and as good as the first. Whereby you may haue more then double increase, & two severall gatherings of Beanes in one yare. But in any wise, take heed that the first gathering and cutting away of the stalkes, be when the sayd stalkes be greene. I haue seene it proved, therefore I write and publish it for an undoubted truth. It is credibly told me, that if you use Pearson in the same order, the like effect will followe. Which I believe to be true as well in the one as in the other.

61

Take a little Kew, or Herbegrace, and stampe the same, then drawe out the iuyce thereof, and after you haue thus done, let the party that is pained with the toothach, droppe three or fourre drops of the same iuyce into his eare, on that side the paine is, and let him lie on his other side an houre or two, and it wil not onely take away the present payne, but also the party that tryeth it, shall never be troubled with the toothach afterward. This was reported unto me for truth, by one which had proved the same.

62

Lay a dish ouer hot sodden Milke, and there will a water bee on the inside of the dish, which water keepe in some glasse: whereof if a little be put into sore payned or dim eyes, it will helpe them marueilously. This was affirmed to me for a truth.

63

Here followeth the description of a notable Oyle of Balme. Take of Turpentine, one peund, and put it into a body of Glasse, and warme it at a soft easie fire, vntill it wax liquid, and put therein by little and little, with mixing or stirring it, the powder of Frankincense five drammes, of Lignum Aloes, Hauncieke, Clones, Calingal, Sinaamon, Mace, Quibibs, of each one dram, all well powdred together, gum of a figge tree six drams likewise made in powder, and all mired together, and mixe them all with the said Turpentine made liquid, as is before sayd, and when they be well incorporated together, set on the head of the Limbercks, and lute all the ioyns of the same well, and set it in ashes, and put under it an easie fire. And when it be gins to distil,

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let it drop away a little, for the first drops are little worth, then put the receiver to the nose of the Limbecke, and cloze and late them well together that no ayre goe forth: for then the vertue of it would goe away. Then know that at the first will come forth a white and cleare water, which keepe by it selfe. Then will come forth the second water, which is better, of a heauenly and ayre colour, which keepe by it selfe. Then receive the third, which is the best, which will be yellow and thicke as Hunning: keepe this also by it selfe. The first of these is called The water of Balme: the second, The oyle of Balme: the third is called, Balme. His promise to all examinations is, that you take one drop of the same, and let it be put in a vessell full of water, as ycu doe of naturall Balme, for the saide drop will goe to the bottome of the water, and it will stand there whole, as though it were pure Balme. This is maruaillous, and is of great vertues, and it is called of some, Mother of Balme.

The first vertue thereof is, that it burnes: the second is, that if you wash your face and nose therewith, and that thrice in a day, it cures and helps the Rowlme. It cleareth the sight, and it comforteth the Sunnewes: and if you wash therewith the hinder part of the head, then it comforts the memory, and all the vertues of the minde. This also doth purifie both Fish and flesh, and if they be putrifid or corrupt: whatsoever therefore is corrupt or putrifid, it takes and consumes it away, and it keepest that that is good and sound, so that you may eate them as though they were new and fresh. It bringes againe an appetite, it comforteth the stomacke, and if you take thereof morning and euening, it consumes the steame in the stomacke. It helpest or cures a stinking breath, as well comming of the stomack, as of the braine: if you take fourre or fift drops thereof once a day in a little vline. No cold venomous thing may come nere it, as Frogs, Toades, Serpents and Scorpions. If a cloth be dipt in the same, and compasse a toade or Serpent, compassed therewith, they will die, although they touch it not, and so it doth in all kinde of cold venoms: as the biting of a Toade, or of a Serpent. For it heales, if you wash oftentimes therewith the grieved place. And if you seech an Egge in it, it will sooner be sod therein, then in any boylng water. It heales and dryes vp any kinde of Scab or tetter quickly, if you wash

wash it therewith twice in a day: and if you put thre or four
droppes of this into the eare, and suffer the same there as long
as you can, it helpes and cures all noys & scundings of the eares.
If you mix herewith an equal portion of the iuyce of German-
der, and put thre or four drops thereto in the eare, four times
in the day, then it helps and cures all de afnes, of what cause so-
ever it comes: Watering eyes, & bleared eyes it doth cure, clari-
fie, restraine and comfort, if you wash them therewith twice or
thrice. All Impostumes, Ulcers, and all other superfluities it
doth restraine, cure, and rectifie. And it is a thing more repercaus-
sive and consumptive against cold humors, then the Saphire or
Planten. All paines of the teeth, or running humors, it doth
help, restraine, softifie: and it makes the teeth white, if therewith
you doe wash the rootes of the teeth. All Wounds of the head,
though they be deepe, are cured with this same Oyle, if therewith
you wash it twice or thrice a day: yea, though the braine-pan be
broken, so that Pia mater be not hurt. It heales and cures all Fi-
stulaes, Tumours, Noli me tangere, the Kings Quill, and every
other eating sore, if you wash the same therewith twice or thrice
a day. It heales and cures all kinde of Gowtes, if you wash or
anoynt them therewith, so that they come of a cold cause: and
laying also a linnen cloth dipt therein vpon the grieved place.
It helpeþ also all strokis with staves or other bruising, either by
fallis or otherwise, if you anoynt the bruised or grieved place
therewith, and heales them perfectly and well. It helps the E-
merods and Fundament that goes forth, and makes it farty in
his place, if you anoynt the same therewith. It helps the Pal-
sie; and all weakenesse of the members, it deth Strengihen, if you
anoynt the same therewith. Know that it is most hot, and is
of such penetration and heate, that if you put one drop thereof in
your hand, by and by it penetrates the hand without any hurt.
And you shall not fele any swelling of the feete or of the legges,
or any paines of the ioynts, if you wash or anoynt the same there-
with, and it will helpe it, if you dip a linnen cloth therein, and
plaister it thereto. And briefly, if you will use it, it profitis, helps,
and cures all cold grieses, and all diseases comming of a cold
cause, of fleame, or of putrified or corrupt blood. It hath yet ma-
ny other vertues here left out, & it is called, The mother of balme,

because it is better then Balmie in many of his effects. And if you will prove that it be a true Balmure, take a Chicken (the feathers pluckt off, and guts taken away,) and see that it bee well wash'd and made as cleane as can be, & dry the same at a soft fire, so long as you may well hold it in your hand, then anoint the same Chicken well within and without, with the sayd Balmie, twice or thrice: then afterwards lay the sayd Chicken against the Sunne, for the space of two houres, suffring it a little to dry at the Sunne, and afterwards lay vp the said Chicken where you will: for it wil never putrefie nor receive any corruption, so long as the world doth indure. And know further, that this Oyle hath eightene other vertues, which are written: but not here. This notable Oyle of Balmie, I copied out of a very old written Booke, which came out of the Abbey of Elsam in Lincolnshire: And now by me converted out of Latine into English, to the profit of many, I hope.

64

A Fly drooned in water, Wine, Ale or Beere, and so thoroughly dead, being layd in warme Ashes: (but they must not be burning or very hot,) the same fly wil recover and liue again. This is very true.

65

If you do gather Roses when they be fully ripe, and immediatly cut away the new springs, tops, and the uppermost branches of that yere, you shall haue new and fresh Roses grow againe out of the same, the same yere, about Michaelmas. I know this to be true: and for a truthe I haue published it abroad.

66

The Indians doe vse the Tobacco (a notable herbe) for to impare the drowth, and also for to suffer hunger, and to passe dayes without haing neede either to eate or drinke, by any Desart or dispeopled Countrey, where they shall finde neither Water nor meate. They doe vse of these little balles, which they doe make of this Tabacco, they take the leaues of it, and doe chewe it, and as they goe chewing of them, they mingle with them certaine powder made of the shelles of Cockles burned, and they mingle it in their mouth all together, vntill they make it like to Dowe, of the which they make certaine little balles, little greater then Peason: and they put them to dry in the shadowe, and after they
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keepe the m and use them, for the auoyding of hunger and thirst in their traauile, without any meate and drinke, for the space of thre or fourre dayes. This Doctor Monardus hath written, with many other wonders and notable vertues thereof, in his Booke before mentioned, intituled, Joyfull newes out of the new-found Worlde. This Tabacco is a marueilous and wonderfull hearbe, growing in the west Indians, called, The new Spaine: and through the bringing of the Seedes thereof from thence, it growes now both in Spaine and France.

67

Wormes and other venemous Beasts are driven away from any place, with the smoak or fume of other Beasts of the same kinde, as Ratis writes.

68

Quicksiluer killed, burned Lead, the scales of Iron, or blacke Hellebor, mixed with some pleasant meat that Mice loue: if any Mice eat thereof, it will kill them. Mizaldus.

69.

There is a certayne Gum brought from the firmie land of the Peru, which helpes the Colote with purging the cause thereof, if you put of it as much as a Nutt in distilled water, which water ought to be the quantity of two ounces, and give the same to the patient, (the same party forbearing meate vntill the middest of the day.) This Monardus affirmes to be proued, manifesting the same at large in his booke, called, The Joyfull newes out of the new-found Worlde. The name of the Gum he names not.

70

The Rootes of Roses or their Qips with their knots, remoued and set amongst Wormes, will bring forth yellow Roses, Iohannes Baptista Porta.

71

That Cheese that is made with Chese or Kennes, wherein a little of the brayne of a Wesell is put or mixt, will not putride, neither be eaten of Mice. Pictorius.

72

There is a certayne Treue growing in Peru, a boough whereof if one doth hold fast in his left hand a god while, that would know whether one that is sicke shall live or dye (of that disease, or at that time,) if the sicke shall live and escape, the party that

D o z.

holds

holds the same, shall shew much gladnesse. If the sick shall dye, then the party that holds the same, shall be very sad. Monardus writes of this tree in his said Booke, and shewes that the same was proued true by a Gentlewoman that was marueilous sad, whiles shee did hold the same, whose Husband dyed soon after accordingly.

73

A rare and strange kinde of fruite, as great as a Nut, with marueilous round and hard blacke stones in them, is wrought out of the new Spayne, by the report of the sayd worthy Doctor Monardus, whereof two or three with hot water, doth more effect so to wash and to make cleane clothes, then one pound of Sope doth: whereof, as well as of many other strange and most excellent things you may read, described at large in his said booke, called, The Joyfull Newes out of the newound World: A booke no doubt worthy of great estimation and commendation.

74

If a handfull of Figges be staupt, till the kernels be broken, then tempered with a little fresh greace, and so a plaister thereof layd to a womans brest that is sore, as hot as shae may suffer the same, it will take away the swelling and paine thereof; and if it be ready to breake it will breake it, or else not. This is an excellent and a sure tryed thing.

75

Take two ounces of Sulphur vine, called quick Brimstone, beat it in powder, and mixe the same well with as much of black Sope that is of the most stinking smell, and tye the same in a Linen cloth, and let it hang in a pynt of strong Wine Vineger, for the space of nine dayes, and then use to wash any kinde of scutunes or Morphew therewith, though never so old or rotted, bring eyther on the face, or in any other part of the body, with a linnen clothe dipt, or wet therein, and so let the same Vineger dry in of it selfe, and doe thus as long as the sayd Vineger lasteth: and therewith the deformitie or Morphew will be perfectly healed. And whosoeuer dieth to drinke the water of Strawberries distilled, it will certainly kill the roote of any Morphew that is within the body. All this is well proued.

An excellent preservative against the plague, which was
proued

for a sore
rest.

To kill the
Aorpheu or
any kinde of
curuinesse
in the face
r body.

proned and used in the great Plague time in England, in the
yeare of our Lord 1548. For every one that used it then, escaped.

Against the
Plague.

Take Aloes, Hepaticke, pure Synamon, Pyrrh, of each 3. drams,
Cloues, Rose, Wood of Aloes, called Lignum Aloes, Mastickie,
Wole Armoniacke, of each halfe an ounce, mire them all together,
and make thereof a very fine powder, whereof take early in the
morning, with white Wine mixt with a little water, and by the
grace of GOD, you shall be preservued safe from the Plague,
Weckerus.

77

If you burne the shelles of Snayles with Styricks, and then
sprinkle thereof vpon an Ants hill, thereby they will be driven
forth of the ground, or place where they are.

78

Take of English Saffron beaten in fine powder, and as much
of pure and god black Sope, which when they be well mingled
together, spread it vpon the fleshy side of a piece of Leather, then
lay it vpon the nauell of them, whose brine or water is stopt, and
it will procure the water to come forth, and thereby they shall
make water within an houre. This was told me for a true and
tryed secret, whereof I dare make no warrantise, but fauour it as
you finde it.

79

Make a lute or clay with the dreggs or mother of Oyle, and mixe
therewith a little chasse, then let it lye two or thre daies, then
dawbe with the sayd thicke lute or clay, your Garner, or roome
where you will lay your Corne, then sprinkle the dreggs or mother
of Oyle, all suer where you haue dawbed; and when it is dry, lay
wheate therein, and there shall neither Cleasell nor mice hurt,
touch, or come neare that Wheate. This I had out of an old
Booke. And Iacobus Weckerus also affirmes the same.

70

When you first see the Cuckooe, marke well where your
right soule doth stand: for you shall finde there an hayre, which if
it be blacke, it signifieth that you shall haue very euill luck all that
yeare following. If it be white, then it signifieth very god luck;
but if it bee gray, then indifferent. It is certaine such a hayre
hath beeene found accordingly, but what euent did follow thereof
I am yet uncertayne. But this was affirmed vnto me for a very
truelth. It was also credibly reported to me, that the like hayre
will

will be sornd under the right boote, at the first singeing of the Swallow, after they are come at the Spring time: so that you looke after the said Swallow, as long as you can see her.

81

A quantity of Hemp seide stampet, and strayed thorow a cloth, when it is well sodden with running water, and a good draught thereof drinke last going to bed, and so vsed, will make one laxative, and loose-bellyed. This is a proued thing therefore.

82

Alexander the great, beeing desirous that the long life of Harts might be knowne to his posteritie, causeth golden Chaines to be made fast unto many Harts (about their neckes, I thinke:) the time when the same was done, being exprest or marked in the same, and they which were taken off the same Harts, an hundred yeres after, did not yet seem to be of the age of old Harts. Muzaldus writes this, who affirms that Plyny is the Autho^r thereof.

83

Quicke Lime mixt with old Chese, and well beaten together, will fasten and glew strongly together broken Bone vesselles, and also broken Glasses. This was very credibly told
very great secret, by one that proued it.

84

Whosoever hath an extreme heate, or soze burning Feuer, let hem vsue to drinke fourte or fiftie times in one day, a good draught of the distilled water of wild Poppy, that is, Papauer erraticum, which growes among Coyne, with a red flower, much like the leafe of a Rose, it is called of some, Red coyne Rose. This haue I tryed to be true.

85

They in whose nativity Saturne is Lord of the seventh house, are not like to marry, before they be thirty yeres of age: or else vntill Saturne (from that time,) hath compassed the whole Zodiakte, (which diuers not much.) This is proued true by long experiance, and I haue scene many, whose seventh house is Capricorne or Aquary (the houses of Saturne,) and yet I never knew any of them, but eyther died unmarried, or else married after they were thirty yeres of age. And as I remember, Cardanus agres herein.

86

If the bottome of a scething pot with meat newly taken from the

A good
Glew, &c.

A gainst
extreme
heat.

Marriage.

the fire, may be touched or felt without harme or danger of burning, then certainly the same meate is boyled enough. But if it be hot and not sufferable, then it is not sufficiently sod. This I know to be true: for I haue seene the tryall thereof.

87

Lay a greene Ivy lease in a dish, or other vespell of faire wa-
ter, either for your selfe or for any other, on Newyeres evens at
night, and couer the water in the said vespell, and set it in a sure
or safe place, vntill Twelfe evens next after, (which will be the
fifth day of Janury,) and then take the sayd Ivy lease out of the
sayd water, and marke well if the sayd lease be faire and græne as
it was before: for then you or the party for whom you laid it into
the water, will be whole and sound, and safe from any sicknesse
all the next yere following. But if you finde any blacke spots
thereon, then you or the party for whom you laid it into the water,
will be sick the same yere following. And if the spots be on the
upper part of the lease towards the stalke, then the sicknes or paine
wil be in the head, or in the necke, or thereabout. And if it be
spotted neare the midle of the lease, then the sicknesse will be about
the stomacke or heart. And likewise iudge that the disease or
griefe will be in that part of the body, according as you see the
black spots vnder the same in the lease: accounting the spots in the
nether or shartpe end of the Lease to signifie the paines or diseases
in the feate. And if the lease be spotted all over, then it signifies,
that you or the party shall dye that yere following. You may prove
this for many, or few, at one time, by putting in the water, for eue-
ry one a lease of greene Ivy, (so that every lease be dated or mar-
ked to whom it doth belong.) This was credibly told me to be
very certaine, who affirmed to mee faithfully, that it was diuers
times proved for a very truelth. But because I never tryed it,
therefore I reserue every one that shall read it, to the tryall thereof.

88

Brusonius Wytes, and Georgius Fabricus affirme the same,
that the bones of Hennes, mixt with melted gold, doe consume
the same gold into themselves.

89

The water of distilled Honey makes faire and comely coloures

G e

red

red Haite, if it be often myghted, or sprynged therewith. This is proved.

90

against the
owt.
thing got-
n into ones
re.

The rootes of Hollyockes, sturynt and mixt with the greace of an old Higge, and plaistered to the Gowt, helpeth it in thre dayes. Petrus Hispanus.

91

Heruyce sod, vntill it be very hot, and then put into a tinnen Bottell with a narrow mouth, and then holde to, or in the eare, that the same thereof may enter into the head: it will helpe the headache maruisously, and the sounding of the eares. And if there be any quicke things in the head, it will bring them forth with great speede. A Gentleman taught this to a woman that was soze tormented in her head, esteeming it as a precious Secret: but I never tryed it: therefore as it prooves, so praise it.

92

If one be wounded that hath the Dropse, it is hard to heale him Hippocrates. Therefore this is worth the marking.

to know
how many
ies old the
cone is.

93

You shall know how many daies old the Moone is, if you doe as followeth, (especially she being in the first quarter,) hold before your eyes a piece of fine Lawne, and loke thorow it straight upon the Moone, and so many daies old as the Moone is, so many Moones shall you see, or at the least, they will seeme so many in your sight. Asconce as you try it, you will say it is true: For I haue seene the proove therof.

94

I heard it told for a very truch by diners persons, that in a Plague time, in the Cittie of Cyllen, there was a certaine woman dyed, and was buryed, with a Ring of gold on her finger, for the greedinesse whereof, a coueteous fellow within a whille after she was buryed, digged her Graue, and opened the Coffin wherein she did lye, thinking thereby to take away the Ring from her finger: but immediatly the sayd woman did suddenly stirre and moue, and began to sit vp: which when the sayd fellowe saw, with great feare he did runne away, and then the woman by some meanes did teare or vnloose the shete wherein she was wrapt, and then she went straight home to her Husband, and called vpon him to let her into the house: whom when he heard, he thought had biene a Spyte. But at last through her

her impofkunate calling, he received her into the houſe, & thus won-
derfully ſhe recovered and liued: which Weman, after that, had
thre or four children, of whom it is ſayd, there is a Monumēnt at
this preſent, in the ſayd Cittie of Cullen. Therefore too haſt ie &
quicke buriall is neit to be uſed, as not enely this rare examp̄e may
ſufficiently teache vs: but alſo for ſuch cauſes as I haue alleaḡed
in another place of this Booke.

Ep 95

If you graſt the ſips of a Wylding or ſowre Apple, vpon the Grafting of
ſtocke of a Hawthorne, you ſhall haue Medlers grow thereof. Medlers.
This I haue ſene proued: therfore I affirme it for a very truthe.

96

A little Bird, called, The Kings Fisher, beeing hanged vp in
the ayre by the necke, his nev or bill will be alwayes direc̄t or
ſtraight againſt the windē. This was told me for a very truthe
by one that knew it by profe, as he ſaid.

97

In hoſeuer ſhall weare about their middle ſuch a girdle as
followeth, tying it ſaſt that it fall not away, they ſhall not neide
to feare drowning, though the Boafe they are in ſhould miſcar-
rie, whereby they miay paſſe ouer any water ſafely, and without
any danger, though it be never ſo deepe: For ſo long as they
haue it aboue them, they cannot ſinke. Take two pieces of good
Peates leather well taud and drefſt, ſuch as Fode-balles be made
of, (eyther piece being of the breadþ of ſix or ſixe fingers) and
of ſuch a length as will make a ſufficient gyrdle for you, let a
ſhomaker ſew them very ſtrongly, thick ſtiched, and ſurely
together, and likewife at both the ends, and in the middeſt
thereof fasten a Pype like to a Wagyppe, wherewith blow the
ſame girdle as full of windē as you can poſſiblē: then vnder the
nether end of the Pype, tye the leather very ſaſt and ſure, that
ioynes the pype and the girdle together, with a ſtrong pack hēd,
or with ſome other ſure and ſtrong thing, leſt the windē ſhould
come out of the girdle, (wherof you muſt take great heed.)
Also blowe thre Oxe bladders full of windē, and tye them haſt
that the windē goe not forth of the ſame, and ſewe each of them
ſtrongly and ſurely within good ſtrong Peates leather, round
like unto a Fode-ball, and make thre ſtrong loopes vpon the ſayd

Ec 2

girdle,

girdle, one against the middes of the backe, and against either of the sides one, and then tye fast and surely one of the said bladders sewed in the leather, to every of the said loopes, and then tye the same girdle about your middle very fast and sure, and then you cannot sinke into the water, and so you may passe safelie ouer, if the water be not too broade and too rough. Nichelaus Michauell hath written of such a like girdle in his excellent Booke of the Arte of Warres, for the saving of Sou'cours and Fishers ouer waters. In which Booke, there are other notable Engines, and worthy matter beside, concerning Warres.

98

A Ladder made of the wood of a Figge tree, hath a maruelous propertie: for if Flesh in the seething thereof, be often stirred therewith, or if it be in the pot while it is saething, it makes the flesh to be sooner sodden.

99

A Partrich will cry aloud, and will teare or breake the Cage or Cope where she is sed, if there be any deadly medecine or poysone prepared within the same house, which she doth feele presently, and also hath knowledge thereof, through a wonderfull speciall and rare gift of Nature. Etius ex Pisone.

100

Gellius writes, that the Hedgehogge makes the mouth of her Hole, Cabben, or Cane, alwaies contrary to the winde: for through a maruelous naturall gift, she hath foreknowledge in what quarter the winde will be, and therevpon she changeth the mouth of entring in of her Hole or Cane, whereby Mariners haue learned aforward, the place of the windes.

The end of the tenth and
last Booke.

A

THE CURE OF MANNERS

A speciall Table for the finding out of any matter in this Booke, whereof the Table of the first Booke doth follow.

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To know who shall bee crookebackt or halt,	7	A strange vertue of the Bur leafe,	28
Earth-woormes helpe deafnesse,	8	A salue made of Ale helpes sores and aches,	29
A notable cure of one that had the griefe of the Spleene seuen yeeres,	9	Dockes make rough flesh to bee tender,	30
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To get a precious stone out of a Snake,	aph.	To know who is infect with the Pture- sey,	32
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