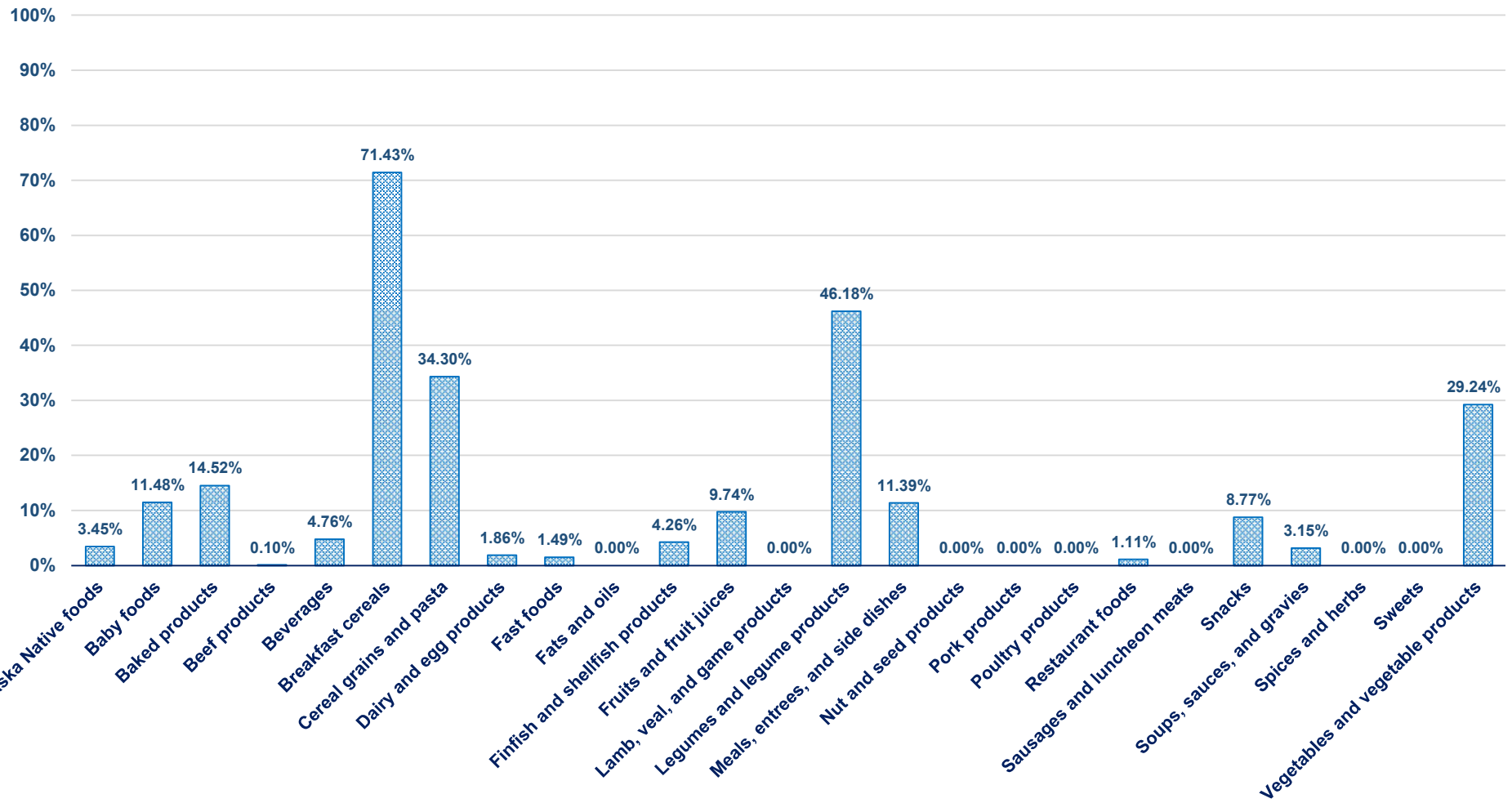


Folate - Saturated fat



Averages (%) of foods containing appropriate levels of folate and saturated fat (to achieve adequate folate intake and to limit saturated fat intake) based on the proposed method in food groups

References:

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