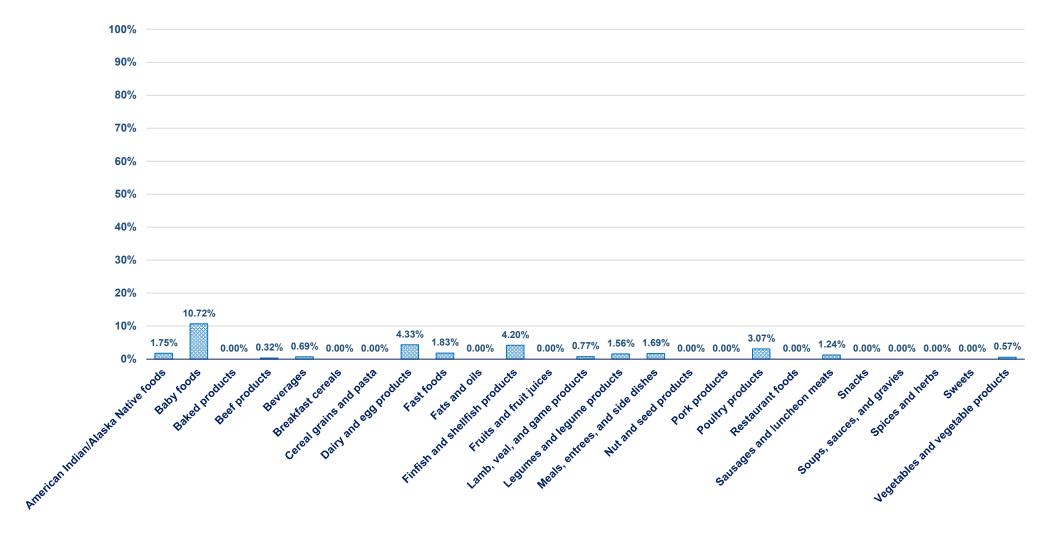
Choline - Vitamin A



Averages (%) of foods containing appropriate levels of choline and vitamin A (to achieve adequate intakes of choline and vitamin A) based on the proposed method in food groups

References:

Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. A new method for calculating choline content and determining appropriate choline levels in foods. SSRN 2022. DOI: 10.2139/ssrn.4132554

Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. A new method for calculating vitamin A content and determining appropriate vitamin A levels in foods. SSRN 2022. DOI: 10.2139/ssrn.4133645

Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. Critical vulnerabilities of food selections based on nutrient content claims and reference amounts of food and creating a reliable procedure. Food Process Nutr 2024;6:43.