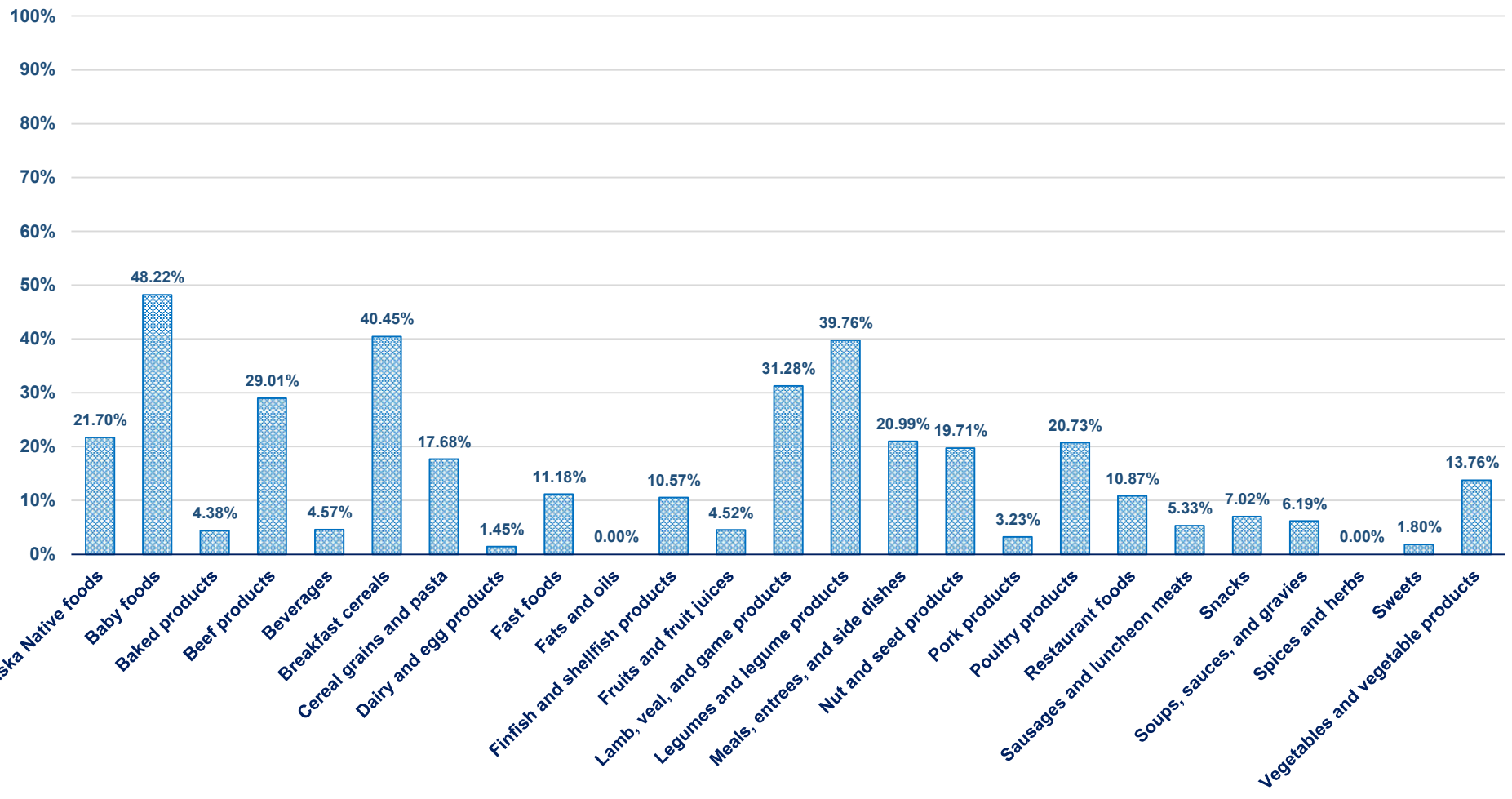


## Copper - Iron



Averages (%) of foods containing appropriate levels of copper and iron (to achieve adequate intakes of copper and iron) based on the proposed method in food groups

### References:

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