

563029 UNITED STATES DEPARTMENT OF AGRICULTURE OFFICE OF MARKETING SERVICES 60 Beaver Street New York 4, N.Y.

PEACH RECIPES

Eat Plenty of Peaches - Plain or Fancy - But Often

BROWN BETTY

About 4 c. coarse dry bread crumbs 3/4 c. brown sugar 4 c. finely cut fruit f.g. salt 4 T. melted butter Cinnamon, nutmeg, or lemon Hot water to moisten

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In a buttered mold arrange alternate layers of crumbs, fruit and seasoning until all ingredients are used. Add hot water to moisten. Bake covered until fruit is done, then uncover and brown. Serve with cream or lemon sauce.

NOTE: Use cake or craker crumbs for bread crumbs, cut sugar at at least 1/2.

FRUIT BATTER PUDDING

l c. flour 1/3 c. sugar f.g. salt 3 T. melted fat

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1/2 c. milk
peaches
1 1/2 t. combination baking powder

Fill a greased beking dish three-fourths full of peaches. Add sugar if fruit is unsweetened. Sift dry ingredients, add milk, and melted fat. Beat the minture only until smooth and spread over the fruit. Bake until brown in a moderate over. Serve with cream or lemon sauce.

PEACH UPSIDE-DOWN CAKE

1/4 c. fat
1/2 c. sugar
1 egg well beaten
1 1/2 t. combination baking powder
1/2 c. fruit sirup

1 1/4 c. flour 1/4 t. salt 1 1/2 c. sliced fruit 3 T. butter 1/2 c. chopped nuts 3/4 c. brown sugar

Cream fat and sugar. Add beater e g and fruit sirup alternately with the sifted dry ingredients. Nelt the butter in a frying pan, add the brown sugar, and when melted, spread over the pan the chopped nuts and sliced peaches. Pour the batter over the fruit and bake ina moderate oven (350° to 375°) for 30 minutes. Serve warm, either plain or with cream or whipped cream.

PEACH CREAM PIE

5 to 6 peaches 1/2 c. sugar 2 c. scalded milk 2 eggs 1/4 t. salt 1/2 t. lemon extract 1/3 c. flour

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Line a medium sized pie plate with pastry having a fluted rim, and bake at 500[°]F. for 12 minutes. [°]Cover this with sliced peaches and pour over them

the cream filling made as follows: Beat the eggs and add sugar, flour and salt mixed together. Add the milk and cook 15 min. tes in the top of a double boiler, stirring constantly. Let cool and add the lemon entract. Top the pic with whipped cream if desired.

MORE SUGGESTIONS

Mixed fruit Baked peaches Stewed peaches Spiced peaches to be used as an accompaniment Fruited tapicoca Made with fruit juices with diced fruit added Creamed tapicca with baked peaches Soft custard with sliced peaches Cornstarch pudding with variations for sliced peaches Fruit crisp Peach Fie Peach Fie Peach Tarts Sliced peaches with cake crumb or cookie crumb topping Fruit Whip

> Try using a white commercial sirup blended with lemon jui sweetening. If you've never used it, y u're in for a s a sweet one.

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