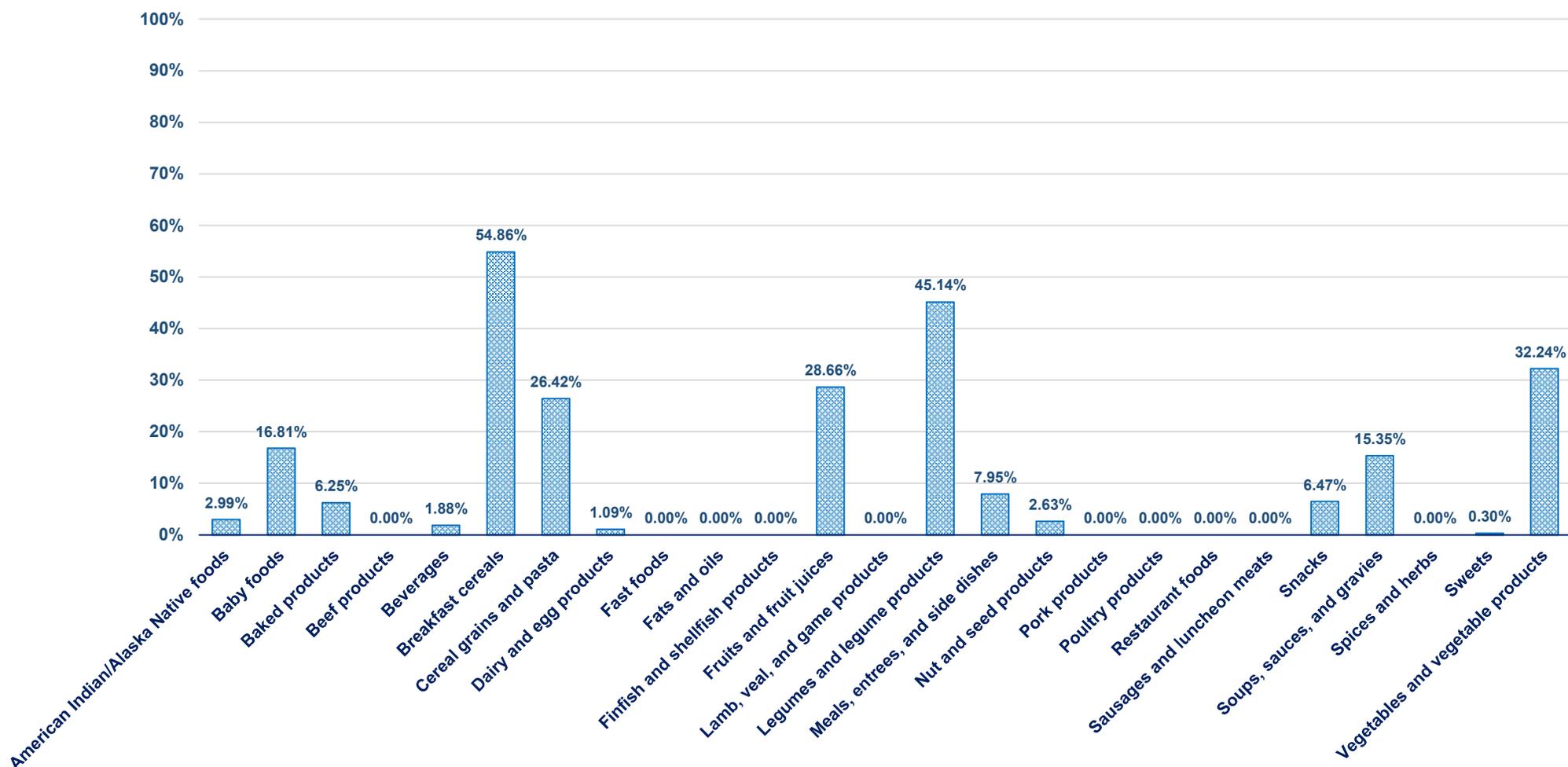


Cholesterol - Dietary fiber



Averages (%) of foods containing appropriate levels of cholesterol and dietary fiber (to limit cholesterol intake and to achieve adequate dietary fiber intake) based on the proposed method in food groups

References:

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