

# Tau fakapapahiaga fakaofu ma e COVID-19 ha Niu Silani

- Ko e tau fakapapahi fakaofu nai ke fakakite e tau puhala leveki malolo-tino mo e tau fakafetuiaga fakatautonu fakatagata ke taute poke muihua ki ai.
- Ko e tau fakailoaga foou to moua fakahaga mai: (i) he tau kumikumiaga he tau pulotu saienetisi ke he COVID-19 (ii) tau fakailoaga, tau puhala kua mitaki mo e aoga ke lata mo e gagao ki Niu Silani mo e falu kautu.
- Fakaaoga e tau fakapapahiaga nei ke he tau maaga, taone, tau matakavi kua fai puipuiaga, poke motu katoa.
- To kehekehe e tau fakapapahiaga fakaofu nei ke he tau matakavi takitaha. To fai hikihikiaga e tau fakapapahiaga fakaofu nai, maeke ke tuku ki luga, poke ki lalo.
- Fakakatoatoaga, to lafilafi fakahaga e tau fakapapahiaga, tuga e; fakapapahiaga 1-kamataaga, fakatautonu ke he tau fekau. Mau amanaki ke he taha fakapapahiaga foki.
- Ma e tau fakapapahiaga oti, ko e levekiaga malolo tino, tali fekau mafiti, tau peleo lau koloa mo e tau kai, mo e tau levekiaga tonuhia, tau gahuaaga mo e kau-gahua kua amanaki ke gahua tumau. Ko e tau pule-gahua he tau faahi oti ke fakatumau ke leveki e ha lautolu a tau malolo tino mo e moui mafola

FAKAPAPAHIAGA	FUAFUAAGA HE TUAGA KELEA	TAU MENA KE TAUTE (ma e tau matakavi poke kautu katoa)
<p><b>Fakapapahiaga 4 - Fakaoti</b></p> <p>Liga nakai maeke e gagao ke taofi ai</p>	<ul style="list-style-type: none"> <li>• Kua tumau mo e lahi mahaki e pikitia</li> <li>• Tokologa mo e laulahi e tupu he gagao</li> </ul>	<ul style="list-style-type: none"> <li>• Poaki ke he tau tagata ke nonofo he tau kaina</li> <li>• Pa mo e taofi e tau fakaakoaga oti</li> <li>• Toafi e tau faahi gahua pisinisi oti kae nakai lauia e tau gahua tonuhia (tuga e tau, fale koloa, fale talavai, fale ekekafo) mo e tau levekiaga feua ma e tau momoui</li> <li>• Kitekiteaga/fatifatiaga ke he tau koloa mo e tau mena moua, mo e peehiaga ke he falu a tau koloa</li> <li>• To nakai mukamuka ke o fano ai</li> <li>• Liu-fifiliaga ke he tau levekiaga ke he tau malolo tino</li> </ul>
<p><b>Fakapapahiaga 3 - Tau-taofi</b></p> <p>Hagahaga kelea lahi mo e uka ke taofi e gagao.</p>	<ul style="list-style-type: none"> <li>• Kua kitia e fakapikitia ke he tau matakavi nonofo POKE</li> <li>• Loga e matakavi kua tupu ki ai e gagao</li> </ul>	<ul style="list-style-type: none"> <li>• Tau-taofi e o fano ke he tau matakavi kua tupu ai e gagao</li> <li>• Taofi mo e pa e tau fakaakoaga kua lauia ai</li> <li>• Taofi mo e pa oti e tau toloaga</li> <li>• Taofi mo e pa e tau fale tolo tagata (tuga e tau fale tohi, fale fakatata he tau koloa, tau fale kai, tau fale faofao tino, tau pa koukou, mo e tau fonua faka-fiafia)</li> <li>• Fakaaoga e falu puhala gahua mo e tau gahuaaga ne nakai tonuhia ke taofi mo e pa ai</li> <li>• Fakatutala mo e ekekafo ke he falu puhala kae nakai mata-ke he-mata</li> <li>• Fakaholo e tau fekau nakai fakamafiti he tau falegagao mo e hiki e tau gahua he tau tagata leveki malolo tino</li> </ul>
<p><b>Fakapapahiaga 2 - Tuhifo</b></p> <p>Fakamanou e gagao, kae hake fakahaga e fakapikitia ke he tau matakavi nonofo</p>	<ul style="list-style-type: none"> <li>• Mukamuka lahi ke tamai e gagao COVID-19 POKE</li> <li>• Malikiti e tau tagata gagao mai fafo POKE</li> <li>• Malikiti e gagao ke he tau kaina POKE</li> <li>• Taha ni poke mamao e matakavi ne tupu ai</li> </ul>	<ul style="list-style-type: none"> <li>• Ko tau puhala oatu mo e omai kua malikiti e tau kiekiteaga malolo ki ai</li> <li>• Fai puipuiaga kua taute ma e tau toloaga</li> <li>• Ua fakapikipiki ka o fano ke he tau puhala o fenoga (tuga e; toka noa e nofoa he tapa haau ka lata ai)</li> <li>• Taofi e tau fenoga evaeva i Niu Silani kaeke kua nakai fai kakano.</li> <li>• Tau pule-gahua ke fakaaoga e falu puhala gahua foki kaeke kua maeke (tuga e; gahua mai kaina, gahua magaaho, fakafetui fakaveha ke he gahuaaga, fakakehekehe e tau magaaho kai, hikihiki fano e tau aho okioki)</li> <li>• Fakaaoga e tau fakaholoaga ke matutaki ma e tau pisinisi</li> <li>• Fakailoa ke he tau tagata moui tutu-kelea ke nonofo he tau kaina (tuga e; tau momotua kua 70 tau-moui ki luga, tau tagata moua kafokia) ke nonofo he tau kaina</li> </ul>
<p><b>Fakapapahiaga 1 - Tauteute mo e mautali</b></p> <p>Kua taofi tuai e gagao</p>	<ul style="list-style-type: none"> <li>• Malikiti fakahaga e fuafuaaga ke tamai i fafo e COVID-19 POKE</li> <li>• Fai tagata gagao mai i fafo kae tokogahoa POKE</li> <li>• Fai tagata he kaina kua pikitia mai he falu ne tamai e gagao i fafo</li> </ul>	<ul style="list-style-type: none"> <li>• Fakatokatoka e tau puhala ke puipui aki e tau fenoga evaeva ke tau taofi aki e COVID-19 ke ua tamai ke he motu</li> <li>• Muihua ke he tau fakafetuiaga</li> <li>• Muihua fakalahi ke he tau nonofo-tokotaha ke he puipuiaga mo e levekiaga</li> <li>• Fuafuaaga fakamalolo lahi ke he COVID-19</li> <li>• Fakafetuiaga fakaveha/mamao ke omoi ai</li> <li>• Nakai maeke e tau toloaga kua molea e 500 tagata</li> <li>• Nofo he kaina kaeke kua gagao, fakailoa atu kaeke kua moua ke he tau fakamailoga gagao-flu</li> <li>• Holoholo mo e fakamomo e tau lima, koho kehe maloku he tuli-lima, ti ua fota e tau mata</li> </ul>