

Vol. 63 No. 11 Friday, March 17, 2006

Wood Brothers' bluegrass artists Rickey Wood (middle) and Mike McGill (right) perform one of their hit songs at The Bayview Club on Saturday, Feb. 11. The band is currently embarked on a USO Caribbean tour. This is their sixth USO tour and their first to Guantanamo Bay.

Photo by JO1 Igo Wordu



Tennessee band entertains GTMO

By JO1 Igo Wordu, Public Affairs

Grammy-nominated bluegrass sensations, The Wood Brothers, entertained Guantanamo Bay audiences with bluegrass favorites during three days on station, March 11 – 13, as part of a USO Caribbean tour. This was the group's first visit to GTMO.

The band, which hails from Pigeon Forge, Tenn., performed the first of three shows in GTMO on Saturday at the Bayview Club. Guests were entertained by renditions of the band's popular hits, as well as bluegrass songs by other famous artists.

One particular favorite of the audience was Felice Bryant's 'Rocky Top,' which was recorded in 1964, and later adopted as the Tennessee state song.

"It's always great performing for the military folks."

- Rickey Wood

They performed at Club Survivor on Sunday, before completing their GTMO tour at the Windjammer Club on Monday night.

Several members of the audience took to the floor dancing, as others kept the beat by clapping their hands to tune after tune.

"I think I speak for myself and my band-mates when I say that it is a huge honor to embark on this USO tour," said Rickey Wood, one of two original Wood Brothers.

Wood said that an event like this helps bring cherished memories to the men and women serving our nation away from their home towns.

"You can tell by the way the crowd sang, danced and tapped their feet, that the audience enjoyed this tour," said Nancy Edwardswalker, the local USO coordinator and sponsor for the band.

She said the band left a favorable impressionable on the minds of those who attended the concerts, because the group is a humble and friendly bunch that took the time to interact with their fans.

"I was once told by a good friend to treat everyone with dignity and respect, because you never know that who are talking to today may become the next big thing tomorrow," said Wood. W.T. Sampson Elementary School students were included in the fun as well. The children and teachers clapped and sang along with the band as they performed for the students on Monday morning.

"The children and the staff loved every minute of it," said Zaida Brewer, one of the elementary school teachers.

Brewer said the children were so fascinated by their experience that they talked about it all day long.

"It was a great way to start the day for these children," said Brewer. "USO and MWR tours always bring wonderful experience to all of us, and this one is just as special to us all."

When they weren't performing, they toured the base

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New Navy working uniform approved

By JOC Michael Foutch, Task Force Uniform Affairs

WASHINGTON (NNS) — Outfitting the Sailor of the future took another step forward last week when Chief of Naval Operations Adm. Mike Mullen approved plans for a single working uniform for all ranks and a year-round service uniform for E-6 and below Sailors.

Based on recommendations made during a comprehensive briefing by Task Force Uniform on Feb. 24, Mullen agreed to production of both a BDU-style working uniform for all Sailors E-1 to O-10 and a more practical, year-round service uniform to withstand day-to-day classroom and office-like environments where the service uniform is typically worn.

"These are good uniforms, designed to support the modern Sailor," said Mullen.

"Durability, safety, ease of wear and cleaning were all factors that weighed heavily on my mind, as did, quite frankly, the survey data and the opinions of wear testers.

This wasn't a popularity contest by any stretch, but we would have been foolish not to consider the opinions of the men and women who will wear these uniforms."

The BDU-style working uniform, designed to replace seven different styles of current working uniforms, is made of a near maintenance-free permanent



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Executive Officer	CDR Jeff Hayhurst
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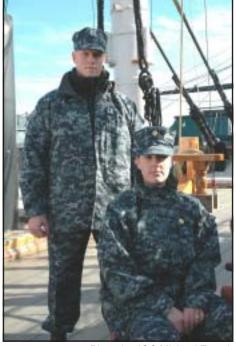


Photo by JOC Michael Foutch

Two Navy officers wear the blue digital battle dress uniform aboard USS Constitution. Adm. Mike Mullen, Chief of Naval Operations, approved the uniform for all ranks.

press 50/50 nylon and cotton blend. Worn with a blue cotton t-shirt, it will include an eight-point cover, a black web belt with closed buckle, and black smooth leather boots, with black suede no-shine boots for optional wear while assigned to non-shipboard commands.

"When I walk down the piers, I see a Sailors standing watch as a pier sentry in January and it's 30 degrees and freez-

ing rain," Master Chief Petty Officer of the Navy (SS/AW) Terry Scott said.

"You have to ask yourself, does the uniform that we currently issue protect us, and the answer is no."

To meet the all-weather requirement, the new working uniform will include several cold weather options, such as a unisex pullover sweater, a fleece jacket, and a parka.

It will also be made in three variants, all in a multi-color digital print pattern: predominately blue, with some gray, for the majority of Sailors and shipboard use; and a woodland digital pattern and a desert digital pattern for Sailors serving in units requiring those types of uniforms.

"The intent of TFU always has been to give our Sailors a uniform in which they can work comfortably everyday and is more appropriate for the joint environment in which we operate," Scott said

"Even better, we've created a uniform that's also easier to maintain, is longer lasting, helps reduce the size of the sea bag, while at the same time recognizing the tradition and heritage of serving in the Navy."

The service uniform for E-6 and below is comprised of a short-sleeve khaki shirt for males and an over-blouse for females, made from a wash and wear 75/25 polyester and wool blend, with permanent military creases, black trousers for males with belt less slacks for

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From the SJA 911 calls: A serious matter

By LCDR Matthew Beran, Staff Judge Advocate

Since the first of the year, Naval Station personnel have responded to 65 calls to 911. Of those, only 28 (43 percent) were true calls for emergency assistance. The other 37 (57 percent) were either 911 "mis-dials" or "hang-ups."

Everyone knows that 911 is for reporting emergencies, but most don't know that every 911 call – including "mis-dials" and "hang-ups" – generates immediate emergency response by command personnel.

Mis-dials and hang-ups divert critical resources from real emergencies – putting lives and property at risk.

Should you mis-dial 911, STAY ON THE LINE!

The operator will ask for your name and explanation for the call.

Please explain the error so that response time can be kept to a minimum and preserve emergency response resources for true emergencies!

Local children perform 'Hansel and Gretel'

By JO2(AW) Honey Nixon, and Stacey Byington, Public Affairs

Wallybirds, Campers, Hansel and Gretel, and the Wildwood Witch filled the stage at the Windjammer Ballroom, March 9 and 10, all part of the Missoula Children' Theater's (MCT) presentation of 'Hansel and Gretel.'

The company's two professional tour actor/directors auditioned and trained 60 children over the course of one week to stage the professional play for the local community.

"We feel the most valuable thing is to see the kids at the auditions the first day, and the growth that happens afterwards," said Trish Kimball, one of the tour directors. "They start feeling confidence on stage, they learn teamwork, and you see them grow so much. It's a remarkable process."

Local coordinator, Ken Miller, a math teacher at W.T. Sampson High School, feels MCT's impact on the GTMO community leaves a lasting impression not only on the children, but with the parents as well.

"Households across the base have watched their kids all week, studying their scripts and preparing their lines," said Miller. "The parents see the positive effects of what happens to their kids during this process. They get to see their child's excitement over something really positive.

"The big benefit for the kids is the boost in their self confidence. A lot of them come into to the process very shy, but after they leave the experience, they come away with such a positive attitude about what they've accomplished in just a week. The memories made this week will last a lifetime."

The children had a great time participating in the play.

"It's exciting, because I get to be my silly self on stage. They look for people who aren't afraid to be silly," said sixthgrader Victoria Miller. "My favorite part was being able to put on the costumes and show everybody. You have to be courageous and loud."

Celina Frye, a fifth-grader, said, "It's fun and exciting. I feel butterflies, but I'm still excited."

"This year was a big deal because I got a pretty big part, so I was really happy," said Tiffany Brewer, a seventh-grader,



Photo by JO2(AW) Honey Nixon

Arianna Poindexter plays the part of Gretchen/Gretel, and Nick Perry is Hank/Hansel, during the Missoula Children's Theater performance of 'Hansel and Gretel' at the Windiammer Ballroom on Friday. March 9.

who played the Wildwood Witch. "I like the costumes because everyone looks so different."

Brewer also echoed Miller's comments about how the experience is a big confidence builder.

"I'm more open now. If I'm in school, and I have to do a speech, I'm ok with it," she said. "I have a lot more confidence now too. I know now, I can do whatever I want to. It gives me the drive to stick with something."

Based out of Missoula, Mont., the MCT has been casting children in plays since the early 1970s. The MCT tour has filled an important morale-building need on U.S. military bases around the world for 20 years.

This is MCT's fourth visit to Guantanamo Bay, and many parents have had the opportunity to witness their children grow through the performing arts.

"I am from Missoula, and my children were involved with MCT before we came to Guantanamo Bay," said Miller, who has been teaching locally for five years. "I wanted to help bring that experience to the children here."

"This is my daughter's third year to experience the Missoula Children's Theater. It's really helped her self-confidence. It's very enriching and it gives the children something different to do," said Kathy Arlinghaus. "In less than a week, they transform the kids into these beautiful characters. It also gives the kids a chance to work together, from the smallest kindergartner all the way up to high school age."

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Ombudsman Corner

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Kathy Diaz USNH Ombudsman Phone - 7379 Pager - 72090, #018 kathiuska.m.diaz@ gtmo.med.navy.mil

Columbia College Registration

March session begins March 20. Registration is now open, and students can register for classes through March 24.

For more information call 5555.

Ombudsman needed for Guard

Navy Provisional Guard GTMO is taking applications for their Family Ombudsman. This is a volunteer position.

A family Ombudsman is a spouse of a Navy service member who is appointed by the Command to act as a liaison between the families and the Command.

An Ombudsman is an information and referral specialist to help families in times of need. An Ombudsman is especially crucial to the Provisional Guard in GTMO, as the service members are here unaccompanied and come from more than 300 bases worldwide.

This is a vital role in qual-

ity of life for the sailors and their families back home.

As a Navy Family Ombudsman for the Provisional Guard, you will receive emails and phone calls from around the world and will need to respond accordingly. You will work closely with the Provisional Guard chain of command to resolve issues with the families.

Excellent communication skills are a must. Applicant must be available for Ombudsman basic training at the Fleet and Family Service Center the week of March 27.

If you are interested in this challenging and rewarding position, please submit a letter outlining your qualifications; if you have been trained as an Ombudsman before: and if so, when, and for what command.

You should also state why you are interested in a position as Ombudsman for the Navy Provisional Guard.

Please send letter via email to Catherine.T.Hanft@jtf gtmo.southcom.mil. Please copy to Norman.J.Giroux@ JTFGTMO.southcom.mil.

Deadline for applications is Wednesday, March 22.

Applicants will be selected for an interview with the Command, and contacted based on their letters.

Civilian drug-free policy initiated

free workplace makes it a condition of employment for all civilian employees to refrain from using illegal drugs on or off duty.

Illegal drug use by any civilian employee of the Navy is incompatible with the maintenance of high standards of conduct and performance. Moreover, illegal drug use could adversely affect personnel safety, risk damage to government and personal property, and significantly impair day-today operations.

Navy's policy is aimed at identifying illegal drug users in order to maintain a safe, secure workplace and efficient operation.

Civilian employees may be subject to drug testing under the following conditions:

- When there is a reasonable suspicion that the employee uses illegal drugs;
- As part of an authorized examination regarding an accident or unsafe practice; or
 - As a part of or as a fol-

Navy's policy for a drug- low-up to counseling or rehabilitation for illegal drug use. In addition, certain employees occupying specifically designated sensitive positions will be subject to random drug testing. These are called Testing Designated Positions (TDP's).

> Employees in this category will receive individual written notices that their positions have been included in the activity random testing pool at least 30 days prior to actual testing.

> Employees selected for or otherwise placed in a designated sensitive position will be subject to a drug test prior to final selection/placement and to random testing thereafter.

> Any employee can volunteer for random testing and will be included in the activity random testing pool.

> Employees who have a substance abuse problem are encouraged to seek assistance from their activity Civilian **Employee Assistance Program** (CEAP).

> Employees who voluntarily identify themselves to their su

pervisor or other appropriate management official as users of illegal drugs, prior to being so identified by other means, and who seek counseling and/ or rehabilitation assistance, will not be subject to disciplinary action for their prior drug

This is referred to as safe harbor. It is important to note that once an employee is officially informed of an impending drug test, the employee is no longer eligible for safe har-

All employees are expected to comply with Navy's policy and refrain from drug use. Disciplinary action up to and including removal from service will be initiated for the first failure to remain drug-free or refusal to submit to a drug

Removal action will be initiated for any employee upon a second positive test result, failing to refrain from illegal drug use after counseling and/ or rehabilitation, or adulterating or substituting a specimen.

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Navy to delay some PCS moves

By Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) — A combination of current year budget reductions and out-of-cycle BAH increases has caused a deficit in the military manpower account that will delay permanent change of station (PCS) orders this fiscal year for approximately 3,800 Navy personnel until October 2006, the Navy announced March 15. Navy normally conducts approximately 75,000 PCS moves each year.

The impact will only be to Priority 4 moves, which are mainly shore-to-shore and some sea to shore moves.

"We're doing all we can to minimize impact to the Sailors and their families while continuing to be mission ready and balance budget issues," Vice Adm. John C. Harvey, Chief of Naval Personnel said. "We have carefully reviewed many possible options and believe we have chosen that one that least impacts the careers of our Sailors and the lives of their families."

Both officer and enlisted personnel who do not have written PCS orders in hand within the FY06 PCS transfer window may be impacted.

Orders for Sailors that fall into high-priority billets, such as those to forward deployed naval forces, currently deployed units, recruiting duty, Joint combatant command support, and senior leadership (CO/XO/DH/CMC/COB/RTC), will rotate as scheduled.

The anticipated impact will delay lower-priority moves, including shore to shore and some sea to shore moves, beginning in March for personnel not in receipt of PCS orders. These PCS moves will be moved to October (FY-07).

Once Sailors have been issued PCS orders, even if the move is not taking place until fiscal year 2007, they may make arrangements to move household goods and their families in advance of their actual departure from their current command. Families who need to relocate in the summer for school or other issues may still move before Oct. 1.

Detailers at Millington will call each of the Sailors impacted by the PCS delay and ensure that any issues with families, schools and careers are fully addressed.



'Pirates' Helping 'Pirates'

Run for the Green and Gold, 'Pirates Helping Pirates,' March 18, 7 a.m, at the base gym. T-shirts will be awarded to the first 50 adult run-

Donations will be accepted, \$5 for 5K and \$2 for 2K. Sponsored by W.T. Sampson High School Boosters for Hurricane Relief.

FMI contact Melissa Belleman at 5815, Neata Wiley at 3188 or 4813, or call the school office at 3500.

Worship Services

Catholic Mass (Main Chapel) Tuesday-Friday, noon Daily Mass (Cobre Chapel) Confession, Saturday, 4 p.m. Vigil Mass, 5 p.m. Sunday Mass, 9 a.m. (Cobre Chapel) Eucharistic Adoration, daily 24 hrs.

Protestant Services

Sunday Sunday School, 9:30 a.m. Services at Main Chapel, 11 a.m. Children's Sunday School, 11:30 a.m. Gospel Worship Service, 1 p.m. Monday Prayer Group, 6 p.m. (Fellowship Hall) Wednesday Men's Fellowship, 6:30 p.m. (Fellowship Hall) Gospel Bible Study, 7:30 p.m. (Sanctuary A) Thursday PWOC - 6:30 p.m. (Fellowship Hall) Sunday, Protestant Liturgical Service, 10 a.m. (Sanctuary B)

Church of Jesus Christ of Latter Day Saints (Sanctuary A) Sunday Sacrament, 9 a.m. Monday, Family Home Evening, 7

Filipino Christian Fellowship (Sanctuary A) Sunday Worship, 7 p.m.

Iglesia Ni Cristo (Sanctuary B) Sunday Worship, 8 p.m.

Pentecostal Gospel Temple (Sanctuary D) Sunday Worship, 8 a.m. & 5 p.m.

Seventh Day Adventist Sabbath School Saturday - 9:30 a.m. (Sanctuary B) Saturday Divine Service, 11 a.m.

Islamic Service (Sanctuary C) Friday Worship, 12:30 p.m.

United Jamaican Fellowship (Bldg. 1036, next to Phoenix Cable) Sunday Service, 11 a.m. & 6:30 p.m.

Shabbat Service Second Friday of the month, Rm. 11, 7:30p.m.



Environmental reminder

Conch season is closed March, April and May. Please report all violations to 4105 or VHS channel 12.



Did you know? Exercising

and elevating your heart rate

for 30 minutes or more a day

can reduce your risk of heart

disease, colon cancer,

pressure.

diabetes and high blood



Photo by JO2(AW) Honey Nixon

Area children are arranged by age and size as Missoula Children's Theater directors Trish Kimball and Jill Franklin try to match people to parts available. The auditions were held at W. T. Sampson Elementary School on March 4.

More photos on page 12.



Photo by JO2(AW) Honey Nixon

One of the evil 'Nasties' (witch's henchmen) Brady Beddo waits for his cue to go on stage.

Missoula Children's Theater performance ... Continued from page 3

Bringing the MCT to GTMO is an expensive undertaking. Miller said that the total cost of the production was between \$9,000 and \$10,000, and he praised the community for helping make the production possible.

"We live in a community where there's a lot of people willing to do whatever's necessary to get things done, from raising money to selling tickets," said Miller. "There are various fund-raisers throughout the year, and MWR contributes a great deal. With all the budget cuts, we had to come up with more money this year. Without MWR's help, I don't if we could have gotten this done."

Miller added that the PTO helped with fund-raisers, and the Officer and Civilian Spouses Club (OCSC) donated \$2,500.

Armed with colorful costumes and strict discipline, it was the two tour actor/directors, Kimball and Jill Franklin, who helped add the last, but most essential piece to the production.

"I was amazed at how quickly they can train these kids. They have a certain way of operating that occurs in all their productions. They audition the kids, pick what parts the children can handle and then they train one group at a time," said Miller. "I think the crew has done a tremendous job of dealing with these kids. They have surpassed every expectation."

Kimball and Franklin were also impressed with GTMO's community spirit.

"There's no place in the world like GTMO," said Franklin, who has been working with MCT for three years. "You have this isolated community, where everyone is so appreciative. The way the community works together is really fantastic, and you don't see that in a lot of places. The pace of life here is conducive to having a real community feeling."

What do you like most about Guantanamo Bay?



BM2(SW) Frank Ressler:

"MWR has a lot of stuff to do, like the gym, movies and bowling."



Kathy Banks:

"Sunny weather, it makes for a good mood."



Caroline Belleman:

"I like that people don't move as often as they do in the states. A lot of my friends use to move community." to another neighborhood or city and here you can't move far away."



Russel Alberto, **Base BEQ:**

"I fell secure here and we are able to stay in one happy



Denise Valle:

"I like everything, the water, weather and the people."

Everything is better with breakfast

By LCDR Ken Arlinghaus, MS, RD, U.S. Naval Hospital

Mom always said that breakfast was the most important meal of the day. And it seems that Mom was right. Numerous studies have shown that children (and adults) suffer mentally and physically when they skip breakfast. In fact, kids who skip breakfast:

- Are less alert and have a decreased attention span
 - Fall asleep in class
 - Are tardy to class more frequently
- Have lower test scores and have a hard time concentrating
 - Eat less nutrients
 - Have more weight problems
- Are less efficient in the selection of critical information for problem solving
- Have trouble recalling and using newly acquired information

Unfortunately, the number of breakfast skippers is rising. One out of six fifth-graders skips breakfast. Older children are much more likely to skip breakfast than younger children. Approximately 30 percent of 8- to 13-year-old children do not eat breakfast. There are multiple excuses to not eat breakfast and NONE receive a passing grade.

- 1. No time.
- Prepare the night before and keep it in the refrigerator.
 - Bag up some cereal to eat in the

car or bus.

- Have a nutria-grain bar and a piece of fruit.
- Make a milkshake with some skim milk, carnation instant breakfast, and a banana.
- 2. My child doesn't like breakfast foods.
- Who says a peanut butter and jelly sandwich can't be breakfast?
- A bowl of macaroni and cheese will work.
 - Have a bean and cheese burrito
- Try cheese or peanut butter and crackers.
 - 3. My child needs to lose weight.
- Skipping breakfast forces you to eat more at lunch and slows the metabolism. Therefore, skipping breakfast is NOT a good way to lose weight.
 - Use skim milk instead of whole.
 - Avoid pastries and oily breads.
 - Monitor the portion size.

Be a good role model. Breakfast-eating parents equals breakfast-eating kids. If you skip breakfast or only eat junk food for breakfast, your kids will too.

For more information please contact LCDR Arlinghaus at 72270 or email eatright@gtmo.med.navy.mil.

Pre-kindergarten enrichment class

The NAVSTA GTMO Child Development Program is in the process of implementing a pre-kindergarten enrichment program for children ages

All children must be eligible for Kindergarten in the fall (Fall 2006).

The Pre Kindergarten Enrichment will prepare children for school by providing an opportunity for them to develop school readiness skills in an environment that encourages children to have fun while learning. The Pre Kindergarten Enrichment Program (PKEP) will use the Creative Curriculum as a guide.

The goals of this program is to provide a developmentally appropriate preschool program emphasizing growth in language and literacy, math concepts, science, arts, physical development, and personal and social competence.

Only 10 children will be accepted into the first class.

An information meeting will be held on Monday, March 20, at the Youth Center from 11 – 11:45 a.m.

FMI Call Terrill Hill at 2005.

Weekly sports and fitness round-up



Hoops

Men's Championship:

Vigilant Warriors - 47 NAVSTA Security - 31

Women's Championship:

First: Female Ballers Second: Lady Security Third: Lady Hospital

Hoop-It-Up Contest:

Women's Knock-out:
First: Tea Flemons
Second: Cathey Garcia
Third: DeShanna DeAngelis

Men's Knock-out: First: Derrick Walls Second: Salvador Riego Third: Freddy Solis

Children's Knock-out: Darian Kegler

Dunk Contest:
First: Matthew Hall

Second: Jermaine Bellamy

Third: Joe Martinez

Women's 3-Point: Sharon Andrews - 1st Alex Garcia - 2nd DeShanna DeAngelis - 3rd

Men's 3-Point: Chris Ellis - 1st Jermaine Bellamy - 2nd Derrick Walls - 3rd

Children's 3-Point:

Dan Philbert



Photo by JO1 Igo Word

MA3 Matthew Hall, with JTF, tries a daring move during the Hoop-It-Up dunk contest at the base gym on Saturday, March 11. Hall won the men's free dunk contest.

Marrie Anti-

Softball

*Men's League:*NAVSTA Devils - 17
Rocking Anchors - 3

NAVSTA Devils - 23 Rough Riders - 3

NAVSTA Devils - 12 W.T. Sampson HS - 2

Hydroids - 13 W.T. Sampson HS - 3

Hydroids - 14 Bees - 10

NAVSTA Devils -19 Bees - 8 Women's League: NAVSTA Six Pack - 14 W.T. Sampson HS - 4

NAVSTA Six Pack - won Desperate Housewives

NAVSTA Six Pack - 13 W.T. Sampson HS - 3



Effective March 12, the softball schedule has been changed. New schedules are posted at the base gym.

Coaches and team representatives are advised to pick-up the new schedules at the base gym.

All Navy women's soccer team needs players

By Ingrid Mueller, CNI Millington

MILLINGTON, Tenn. -The Navy Sports Program is looking for Sailors who are interested in competing for a spot on the All-Navy women's soccer team, which will hold its tryouts and training camp from April 11 to May 1 at Naval Station Mayport, Fla.

"Soccer is our largest women's All-Navy team sport, and we need a roster of at least 18 athletes to be able to field a team," said Donald Golden, head of the Navy Sports Program for the Navy's Morale, Welfare and Recreation (MWR) Division, Commander, Navy Installations Command (CNIC), Millington Detachment. "We would like to invite a group of at least 25 athletes to try out for the 18 available roster spots."

Sailors with high school or collegiate soccer experience are encouraged to complete a Navy Sports Program application, which is available on the MWR Web site at www.mwr.navy.mil/mwrprgms/sports.htm.

The application, which gathers



basic command and personal information, must be signed by the individual's commanding officer. Applications are due to the Navy Sports Office no later than Apr. 1.

To expedite the process, applications can also be submitted via fax to 901-874-6831/DSN 882.

"It's important to note that there is no cost to the Sailor's command," said Golden. "The Navy Sports Program will pay for all costs involved with participation in the program."

Athletes selected as members of the All-Navy women's soccer team will compete in the Armed Forces Sports Championships against teams from the Marine Corps, Army and Air Force. Fol-

lowing inter-service competition, the very best Navy soccer players will be selected to compete as members of the U.S. All-Armed Forces Team and go on to the Military World Games, which will be held in Paris, France, from May 22 to June 4.

There the athletes will compete against teams from Germany, Canada, the Netherlands, France and ESALO (combined African team).

"We are also looking for Navy personnel who are interested in coaching the soccer team," added Golden. "Any base varsity coaches with prior experience in soccer are invited to submit the same application as the players," added Golden.

Completed applications should be faxed to the Navy Sports Office at 901-874-6831. Applications may also be mailed to: Commander, Navy Installations Command, Millington Detachment, Navy Sports Office, N221E, 5720 Integrity Drive, Bldg. 457, Millington, TN 38054-6510. Friday, March 17, 2006 9

Tennessee artists entertain GTMO residents ...

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and did a little fishing as well.

The Wood Brothers began performing together in 1974 with brothers Rickey and Mike Wood. After Mike's death in a hunting accident, Rickey continued the Wood Brothers in honor of his memory.

Since then, the band has enjoyed success in the musical industry, including a Grammy nomination in 1990 for their work titled "Hooked on Bluegrass." They currently perform regularly at the Back Porch Theater in Pigeon Forge. Additional information about the band can be found on their website, at www.naomiandthe woodbrothers.com.

Wood said that just like everything in life, it took the hard work and dedication on his part and his band members to gain the recognition that would allow them to be part of a USO tour.

"It is tough to get an invitation by the USO to perform for the men and women in the armed services," said Wood.

He said USO has always struck a cord with him because his father was a World War II prisoner of war.

For this band, performing for the military is a way to show respect and admiration to the men and women in the service.

"It's always a great, great feeling performing for the military folks. I have loved every minute of our tour here. I hope we are invited back here in the future." Wood said.

Mick McGill, another of the band members, said he had a wonderful experience at GTMO and wished their tour had lasted longer.

"I love the people, and the community, which adds to the beauty of this base," said McGill. "I am glad to have embarked on this tour because experiences such as this are priceless. I thank the GTMO community for hosting us well."



Photo by JO1 Igo Wordu

Clayton Helms and his wife stamp their feet to a popular bluegrass song on the Bayview Club patio during the Wood Brothers' USO show.

CNO approves new uniform...

Continued from page 2

females and optional belt less skirt, and a black unisex garrison cap. Silver anodizedmetal rank insignia will be worn on shirt/blouse collars and cap. The service uniform will also include a black relaxed-fit Eisenhower-style jacket with a knit stand-up collar and epaulets, on which petty officers will wear large, silver anodized-metal rank insignia.

Those entitled to wear gold chevrons will continue to wear gold chevrons on the large metal rank insignia on the jacket.

"In our research, we found the group most dissatisfied with their present uniforms were E-6 and below," Scott said.

The manner of wear for both of these new uniforms remains under development by TFU and will not be effective until guidelines on prescribed wear are incorporated in the Navy Uniform Regulations.

"There are a lot of concerns about the manner of wear for the working and service uniforms that we need to address, so we have a smooth transition when the time comes," TFU Director CNO-Directed Command Master Chief Robert Carroll said.

The working uniform and service uniform are not expected to be available for purchase and wear until late fall.



Downtown Lyceum

Friday, March 17
Eight Below
7 p.m., PG, 112 min.

Underworld: Evolution 9 p.m., R, 106 min.

Saturday, March 18 Glory Road 7 p.m., PG, 118 min.

Tristan & Isolde 9 p.m., PG-13, 125 min.

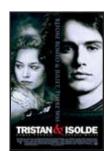
Sunday, March 19
The Last Holiday
7 p.m., PG-13, 112 min.

Monday, March 20 Casanova 7 p.m., R, 111 min.

Tuesday, March 21 Underworld: Evolution 7 p.m., R, 106 min.

Wednesday, March 22 Tristan & Isolde 7 p.m., PG-13, 125 min.

Thursday, March 23 Rumor Has It 7 p.m., PG-13, 97 min.



Tristan & Isolde

Drama and Romance
Cast: James Franco, Sophia Myles,
David O'Hara, Mark Strong
Storyline: In the medieval
legend of Tristan and Isolde,
young lovers become doomed
against the forces of royal
politics. English knight Tristan
wins the hand of the daughter of
the Irish King, but the love
threatens the truce between their
two countries.



Underworld: Evolution

Suspense/Horror

Starring: Kate Beckinsale, Scott Speedman, Billy Nighy, Derek Jacobi, Toni Curran.

Storyline: Underworld Evolution continues the saga of war between the aristocratic Death Dealers and the barbaric Lycans (werewolves). The film traces the beginnings of the ancient feud between the two tribes as Selene (Kate Beckinsale), the vampire heroine, and Michael (Scott Speedman), the lycan hybrid, try to unlock the secrets of their bloodlines.

MWR Happenings

Windjammer Dinner Theater

Monday, March 20, at 5:30 p.m. Bring the family to the Windjammer Club to enjoy dinner and then watch family oriented G or PG-rated movies. This Monday, "Cheaper by Dozen 2" begins at 5:30 p.m., and the second movie, "The Family Stone," begins at 8 p.m.

<u>Liberty Center Night Paintball</u> March 17, 7 - 10 p.m. Sign-up at the Deer Point Liberty Center. FMI call 2010.

<u>Captain's Cup Bowling League</u> Begins March 20, 6:30 p.m. FMI call Nancy at 2118 or 7147.

Teen Fear Factor

March 31 at the Windjammer Pool. Starts at 8 - 11 p.m. There will be 2-man boys and girls teams. There will also be two winning teams. Sign up at the teen center by March 17.. Prizes include T-shirt, prize video and Ipod. FMI call Trecia at 2096

Marblehead Lanes Bowling Center New hours of operation, Mon-Fri. 6 p.m. - midnight, Sat. - Sun and holidays 3 p.m. - midnight. Birthday parties are by appointment only. FMI call 7147 or 90113

Racquetball Challenge Court

Wednesdays from 6 to 9 p.m. at the base gym Racquetball Court 2. Come and see if you can meet the challenge. FMI call Audrey at 2193.

New Fitness Classes

Jazzercise classes are Mondays, Wednesdays, and Fridays, 8 - 9 a.m. Step aerobics classes are Thursdays, 5 -6 p.m. FMI call 2193.

Free racquetball lessons

Saturdays from 1-2 p.m. at the base gym racquetball court #3. FMI call Will at 84155 or 7756.

Let's Walk

Mondays, Wednesdays, and Fridays. Join a walking club today. Club meets at the base gym. FMI call Katie at 2193 or email RasmussenKD@usnbgtmo.navy.mil

Friday, March 17, 2006 11

GTMO Shopper

For Sale

- (2) Men's med. Seaquest BCD, low press inflator w/weight belt w/18-lb. weights, good condition, \$125; Men's gray Mongoose 18-spd. mountain bike w/lock, \$125; both available for \$225. FMI call AJ at 8667 or email at ajdon@aol.com.
- (2) Female scuba BCD, \$500; Scuba SPG, \$200; Scuba dive light set, \$60; will sell everything for \$600. FMI call Kay at 3566 or 84448 or email at *kaychan0113* @ *yahoo.com*.
- (2) IBM laptop computer w/DVD player, \$500; Compaq desktop PC w/monitor and CD burner, \$550; external CD burner, \$60. FMI call 7832.
- (2) Sofa bed couch, \$250 OBO; Sirius satellite receiver w/ boom box and car adapter, excellent condition, \$200. FMI call 7024.
 (2) Used DVD movies: Blade Trinity, \$12; One Bright Light, \$10; Fat Albert, \$10; You're Under Arrest, Box One, \$50; The Crimson Code, \$7; FMI call 9461 or email mujahid94@hotmail.
- (2) Concrete round patio table on pedestal with curved bench seats, \$50; dive gear, computer, octopus, BC, fins, \$500 for package. FMI call Marie at 7106 AWH.
- (1) New full-length body mirror, can hang on wall, \$30.00. FMI call Michelle at 8664 or 3261 or email michelle.a.allman@jtf gtmo.southcom.mil.
- (1) 90-hp Mercury Force Outboard motor, excellent condition, \$2000. FMI call

Michael at 7408 or 5010.

- (1) 35-in. JVCTV, \$250; entertainment center, \$100, pine coffee table w/2 end tables, \$200; couch and loveseat, \$350; white twinbed w/mattress/box spring, \$125; 3 computer work stations, \$25-\$50; 19-in. TV, \$25; 2 grey area rugs, \$25 each; 2 blue area rugs, \$35 each; white corner plant stand, \$15, 7-ft. Christmas tree, \$75. FMI call Lisa at 7015 AWH, but before 9 p.m.
- (1) New blue FLEXI classic allbelt 2 retractable belt leashes, up to 55 lbs, 16-ft., \$10. FMI call White at 2650.
- (1) Concrete round patio table w/curved bench seat set, \$40; dive gear, extra long fins, computer, octopus and ladies med. BC, \$400; 2 area rugs, plant pots. FMI call Marie at 7106 AWH.

Vehicles/Boats

- (2) 1998 Mazda 626, nice stereo CD system, \$5,500. FMI call 7832.
 (2) 1985 Dodge van, many new parts, taking downpayments now, available in March, \$1,000 OBO. FMI call Raya at 8261 AWH.
- (2) 1989 Celebrity sedan, runs great, needs gasket \$500 OBO. FMI call 8095.
- (2) 1995 Ford Escort, 2-door, runs great, 86K miles, \$500 OBO. FMI email diazma@usnbgtmo. navy.mil.
- (2) Mako 22-ft. center console, 200 HP Yamaha, GPS, fish finder, 'out of bounds' certified vessel, \$13,000. FMI call Mike at 4505 DWH or 4620 AWH.
- (2) 1987 Bayliner fishing boat w/

new trailer, \$14,000. FMI call 3472.

- (2) 21-ft. Wellcraft WAC w/new 2005 200 HP Yamaha Salt Water Series, like new, safety and fishing equipment included, \$25,000. FMI call 4493 DWH or 5338 AWH.
- (2) 1987 Bayliner fishing boat w/new trailer, \$14,000. FMI call 3472.
- (1) 1986 Plymouth Reliant, 4-door, excellent condition, \$1,500. FMI call Michelle at 8664 or 3261 or email michelle.a.allman@jtfgtmo.southcom.mil.
- (1) 1988 Buick Lesabra, V6 engine, power window, CD player, power seats, good condition, \$1,800 OBO. FMI call William at 4148 or 5607.
- (1) 2001 Land Rover Discovery Series 2, 55,000 miles, \$16,000. FMI call Robert 7773.
- (1) 1988 Suzuki Samurai, new tires and front-end alignment, excellent condition, \$2,200. FMI Call John at 5037.
- (1) 1994 Buick, great condition, \$3,800 OBO. FMI call 8187.

Employment

- (1) Human Resources Office announces the following vacancies: Telecommunications Mechanic, closes March 17; Secretary, closes March 24; Environmental Protection Specialist, closes March 24; Human Resources Assistant (Rec.& Placement/OA), closes March 27; Social Services Aide, closes Dec. 29. FMI call Delaine at 4822 or 4441.
- (1) The following job vacancy is currently open through the Department of the Army: Budget Technician (OA), GS-06, closes March 19.

Announcements

- (2) Columbia College is hosting its first commencement exercise on March 26 at 5 p.m. at the Base Chapel. All students, faculty, staff, family members and friends are invited. If you are a Columbia College student within 6-9 hours of graduating, please contact Carol Martin or Diana Schriefer at 5555. Congratu-lations to the Class of 2006.
- (1) All enlisted spouses are invited for a Cheese and Wine

- Sunset Cruise. Due to limited space available, interested spouses are encouraged to RSVP by Apr. 17. FMI call Carol at 7841 or Sheila at 9599.
- (1) There will be a senior class carnival and yard sale at the Downtown Lyceum on Saturday, March 18, 10 a.m. 1 p.m. Rent a table for \$10. Carnival has pie-in-the-face, dunk booth, cake-walk, face-painting, and many other activities. FMI call Kathy at 2376.
- (1) Garage door openers and gate keys will be available for pick-up for all Caribbean Circle residents on Apr. 8, from 8 a.m. noon, at #2B. 2 garage-door openers will be issued to each unit. Water filters will also be available for all family housing residents, as well as plant cards for all permanent party residents.
- (1) The Housing Office is looking for family housing residents interested in showing off their living-room, kitchen and/or dining room for the One-Stop website. Please contact Fran McGuffey or Charity Sandstrom at 4172, or email mcguffreyfm@usnbgtmo.navy.mil or sand stromcl@usnbgtmo.navy.mil. The pictures from different units will be made available on the website for inbound families to give them an idea of housing arrangements in GTMO.
- (1) Derek Sode, Feliz Cumpleanos #10. Que Dios te bendiga hijo, hoy y siempre. Son los deseos de Mom, Dad y Cameron. We love you.

Wanted

(2) Will pay cash for fishing/pontoon boat. FMI at 7977 or 2129.

Lost & Found

(1) Lost, black cat, blue collar, Nob Hill/Villamar area. If found please call Rachel at 7154.

Yard Sales

March 18 — Caribbean Circle, #4D, 8 a.m. - noon.

March 18 — Caribbean Circle, #30B, 8 - 11 a.m.

March 18 — Nob Hill, #28B, 9 - 11 a.m.

March 19 — Caribbean Circle, #30B, 8 - 11 a.m.



Robert and Nicole Messick announce the birth of a daughter, Ella Catherine Messick, on March 8.



Birth Announcement

Jeff and Ellene Mc-Collum announce the birth of a son, Cooper Landon Mc-Collum, on March 7.



The entire cast of 'Hansel and Gretel' poses for a photo at the conclusion of the performance.

Photo by Harriot Johnston

More Missoula Children's Theater



Anna Carolyn Gilbo volunteers to help apply stage make-up to a group of 'Wallybirds.'



Photo by Harriot Johnston

Diana Polica has a part as one of the 'New Campers.'



Photo by Harriot Johnston

Tiffany Brewer is the 'Wildwood Witch.'

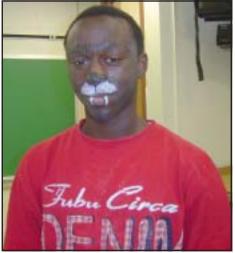


Photo by Kenneth Miller

Though not selected for a part in the play, Robert Handley Jr., a ninthgrader at W. T. Sampson High School, takes part in a make-up techniques workshop. In addition to that workshop, the MCT directors also conducted an improvisation workshop at the high school.



Photo by Harriot Johnston

Caroline Belleman is one of the 'Cooks.'