

Hagen to be Navy's 31st Surgeon General

The National Naval Medical Center (NNMC) had an abundance of good news last week.

Along with the return of the USNS *Comfort*, Rear Admiral Donald F. Hagen, MC, USN, Commander NNMC, was chosen as the next Surgeon General of the United States Navy.

President Bush made the official announcement Friday afternoon, March 12. Hagen, following a two and one-half year tour of duty here, will succeed Vice Admiral James A. Zimble, MC, USN in late June. Along with the appointment will come the addition of another

star, promoting Hagen to vice admiral.

Hagen previously served as Deputy Commander for Health Care Operations, Naval Medical Command before coming here. Prior to that he was Director of Health Care Operations division in the Office of the Surgeon General.

Other duty stations include Naval Hospital Camp Pendleton, Calif.; Chief of Surgery at U.S. Naval Hospital, Yokosuka, Japan, and Naval Regional Medical Center, Jacksonville, Fla., where he was also Director of Clinical Services; Staff Surgeon, Naval Aerospace and

Regional Medical Center, Pensacola, Fla., and three tours of duty in Vietnam.

The Ambrose, N.D., native earned his bachelor of arts degree from Concordia College, Moorehead, Minn., and his bachelor of science at the University of North Dakota Medical School. He transferred to Northwestern University receiving his medical degree in 1963.

He is married to a former Navy nurse, Karen Pizzino, and they have three daughters: Dana, Lisa and Amanda.



National Naval Medical Center, Bethesda, Maryland

Vol. 3, No. 15, April 18, 1991

Celebrants turn out for *Comfort's* return



Photo by Lauren Lee Salgaller/The Journal

Families and friends of crew members aboard the USNS *Comfort* cheer the return of the ship from the Persian Gulf Monday at the Dundalk Marine Terminal, Baltimore. (Other photos pages 10 & 11)

By Kevin Sforza
Journal editor

The skies may have been cloudy but the warmth of a summer sun radiated from well wishers welcoming home the

USNS *Comfort* from the Persian Gulf.

Hundreds of people, braving inclement weather, assembled at the Dundalk Marine Terminal, in Baltimore, early Monday morning April 15. As the ship pulled alongside the pier, the sailors on board

were greeted by relatives, friends, shipmates, city officials and other well wishers.

Many of them waved miniature American flags, wore large "Welcome Home *Comfort*" buttons and displayed signs, so their loved ones

See *Comfort*, page 10

Recycling program begins soon

By Hilary Adams
Journal staff writer

Beginning next month, employees of the National Naval Medical Center (NNMC) need to rethink the way they dispose of paper products.

In an effort to preserve the environment, and cut down on the cost of buying paper, NNMC will begin a recycling program.

"Our objective is to start small with paper," said Commander Tom Bukoski, director of NNMC Base Operations. He explained that paper is divided into three categories: Class "A" (copier or high grade paper), Class "B" (craft or colored paper) and Class "C" (newspapers). Approximately 40 percent of the trash collected here is Class "A" paper.

The National Capital Region Federal Recycling Program has been approved by the General Services Administration (GSA), Bukoski said, and is similar to those used at other military bases. The coordinator for the program is Tom Pemberthy.

According to Pemberthy, a large part of the financial success of the program will rely on separating computer paper from copy paper. This is because computer paper brings in \$40 a ton while copy paper sells for \$20 per ton.

To accomplish this separation, each office will be provided with desk-sized cardboard containers to hold both types of paper.

Once the containers are filled, the paper is put into a larger container located on every floor or clinic. From there, Able Services, the housekeeping contractor, will take the containers to a central storage area. A GSA contractor will remove the paper for recycling.

See RECYCLING, page 8

Perspectives

By **RADM Donald F. Hagen, MC,**
NNMC Commander

This week the long awaited arrival of the USNS *Comfort* to its homeport harbor of Baltimore brought our friends and loved ones home after eight long months at sea. Another chapter in the proud history of the National Naval Medical Center comes to a close.

Throughout these months we have recognized our people for their tremendous dedication. They have provided the finest medical care capability to the front line troops, ever. We were also the first to arrive on station. My congratulations to Captain Roger Pentzien and his crew for a monumental achievement! We hope that after two weeks of well deserved leave, you will eagerly join your colleagues at work in this national treasure.

Throughout the past eight months the volunteer staff of the Comfort Support Center, the Ombudsmen and the Family Sup-

port Center have been on call day and night, communicating with the families of the deployed and the reserves. These people are still working, for we have many people still deployed with the Marine Corps and on amphibious ships.

Let's not forget that we still have people in harm's way, and they need a great deal of support for they are in smaller and more remote units. I have learned a lot from the corpsmen who worked with the Marines who liberated Kuwait City. We all have a lot to share now, so I encourage you to talk to each other and share your experiences. Navy medicine is vast in scope, but we don't always appreciate how great we are. We need to communicate more effectively with each other.

Research competition

On Friday, I was very impressed with the research competition. Last year we presented 25 papers, but this time we had 41. The quality of the papers was universally superb, and the enthusiasm of the presenters was apparent. I was impressed

that we are now involving most of the corps communities of the medical center.

This medical center can only be strong if it has the proper balance of clinical care, education and research. For too long the research leg of the triangle has been neglected. Now we are moving in the right direction. Next year, I hope to double our efforts and perhaps the symposium can be expanded to two days.

In addition, we need to have more of our staff attend the presentations to learn about the research activities of the command. We should also publish the papers internally so we can have them available. Well done.

Finally, my sincere thanks to all of you for the support given to me and my family for the past two and one half years. I am grateful to everyone for the confidence they have demonstrated in me.

The next few years present some unique challenges for all of us, but we have the greatest secret weapon



RADM D. F. Hagen

of any institution and that is our people. We have clearly demonstrated we can change long standing problem areas of a local nature. Now, we need to work together even more closely with our colleagues, using Total Quality Leadership as the mechanism to continue to keep Navy Medicine at the leading edge of medicine in the nation.

Thank you all for this tremendous opportunity.

Letters to the Editor...

HM2 William H. Young
Medical Photography, NSHS, BCC
Bethesda Md 20889-5300

Editor, The Journal
c/o NNMC
Bethesda Md.

11 Apr 91

Dear Sir,

In response to Lieutenant Commander Bianchi's letter to the editor on parking in the April 11 issue of *The Journal*.

Although being junior in rank to a lieutenant commander, I take issue with the suggestion that I be bumped from "premium" parking. I currently park in a lot which gives the appear-

ance of having survived numerous mortar attacks.

I use this lot, which is adjacent to the gravel pit, because I give myself adequate time in the morning to arrive before the "lower enlisted nine-to-five's" (LCDR Bianchi's label, not mine).

I agree with the suggestion that people be encouraged to car pool or use the county transit system. I would certainly encourage LCDR Bianchi to look into this alternative. Montgomery County has one of the best and most efficient transit systems in the country.

Short of having valet parking for lieutenant commanders/staff surgeons who arrive five minutes prior to commencement of work, I would suggest that commuters grin and bear it. Let's keep our gripes focused on more important and relevant issues.

Worth Repeating

"A sound mind in a sound body, is a short but full description in this world."

—John Locke,
English philosopher

"Peace is not an absence of war; it is a virtue, a state of mind, a disposition for benevolence, confidence, justice."

—Baruch Spinoza,
Dutch philosopher

"Experience is the name everyone gives to their mistakes."

—Oscar Wilde,
Irish writer

"There are two cardinal sins from which all others spring: impatience and laziness."

—Franz Kafka,
Austrian novelist

Support Your Reserves

The

Journal

Published by offset every Thursday by Comprint, Inc., 9030 Comprint Court, Gaithersburg, Maryland 20877, a private firm in no way connected with the U.S. Navy, under exclusive written contract with the National Naval Medical Center, Bethesda, Maryland. This commercial enterprise newspaper is an authorized publication for members of the military services. Contents of *The Journal* are not necessarily the official views of, nor endorsed by, the U.S. Government, the Department of Defense, or the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Comprint, Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital

status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. Editorial content is edited, prepared, and provided by the Public Affairs Office, Code 0004, National Naval Medical Center, 8901 Wisconsin Ave., Bethesda, Maryland, 20889-5000. News copy should be submitted to the Public Affairs Office, Building 1, Room 8121, by noon Thursday, preceding the desired publication date. News items are welcomed from all Bethesda Complex sources. Inquiries about news copy will be answered by calling 301-295-5727. Commercial advertising should be placed with the publisher by telephoning 301-499-4192. Publisher's advertising offices are located at 9030 Comprint Court, Gaithersburg, Maryland. Classified ads can be placed by calling 301-948-4364.

NNMC Commander
RADM Donald F. Hagen
Public Affairs Officer
LCDR W. W. Clyde
Deputy Public Affairs Officer
Bob Anderson
Journal Editorial Staff:
Editor
Kevin Sforza
Staff Writers
Bill Yates
Hilary Adams
JOSN Kathleen L. Warring
Photographer
Lauren Lee Salgaller

Comfort sailors glad to be home

By Bill Yates
Journal staff writer

S miles dominated the scenery while laughs and cheers commanded the airwaves Monday as the remaining crew of the hospital ship USNS *Comfort* filed in and out of the wardroom for one last lunch aboard ship before docking in Baltimore that afternoon.

Gone were the mission's multiple roommates, cramped sleeping quarters and never-ending staircases, as well as the more trivial matters that make living aboard ship such a mental and physical challenge.

"There's nowhere to put your silverware on your meal trays," Commander Jane Markley, NC, who was stationed aboard the ship for almost the entire 245-day deployment, said over lunch.

"I'll be glad to get home where I don't have to carry silverware around in my pocket," she said before adding to the laughter in the crowded room.

The hospital ship was returning to its home port with 398 remaining medical crew members, 62 civilian mariners and newly-arrived assorted dignitaries after being ordered Aug. 14 to the Persian Gulf in support of Operation Desert Storm.

While most of the nearly 1,200-member medical crew had been airlifted home soon after the Feb. 27 suspension of offensive combat missions in the Gulf, these crew members had remained behind to break down the medical gear in preparation for berthing at the Dundalk Marina's Canton layberth.

"We haven't had fresh milk for almost eight months," said Captain Robert Timmons, MC, an internal medicine specialist aboard the ship.

"And it will be good to sleep in a room with less than six people."

Timmons said the medical staff was kept busy during the deployment tending to the crew's medical needs. Some members of the ship's surgical staff took up needlepoint and knitting to keep their fingers fine-tuned, according to Commander Charles Blankenship, MC, chief of surgery aboard ship.

"I could tell I was a little out of practice when I did something as simple as a hernia surgery," Blankenship said. "But we're glad we didn't have to test our skills."

Timmons said that in addition to tending to sick call and crew ailments, teaching time took up many hours of the day. "I think being on the teaching staff at NNMC gave us a great advantage," he said. "We're used to dealing with people, being on boards and in classrooms. That made a difference."

Only two mass casualty situations were handled aboard the *Comfort* during the deployment, including four fatally burned sailors from a steam-pipe rupture aboard the USS *Iwo Jima* and eight Army soldiers critically ill after ingesting methanol in a holiday punch concoction.

"The four sailors suffered burns over almost 90 percent of their body and they died within 48 hours of arriving," said Captain Juel Loughney, NC, the ship's head nurse. "They were about the same age as many of their caretakers and when they died we all cried."

"What the families should know, though, is that there were people caring for their loved ones up until the time they died. We did everything we could for those sailors," she said.

The *Comfort's* chief medical officer, Captain Roger Pentzien, MC, said all eight soldiers were transferred to other facilities with only one showing major effects from their accident.

"Methanol, when ingested, can cause some major complications," he said. "Fortunately, they were able to get to us very quickly."

While in Reduced Operating Status in Baltimore, the *Comfort* is staffed by a 40-person uniformed military crew in addition to a civilian mariner cadre crew of around 30 sailors. Hospital Corpsman Second Class Greg Muir, a bio-medical repairman who is a plank owner from four years ago when the ship was commissioned, shared his room with 109 others in the ship's enlisted berthing while deployed.

"It was a different type of cruise," Muir said while giving a tour of the ship's narrow hallways between berths. "Having women aboard ship and a military crew that for the most part had never been on a ship made things difficult at first."

From the time early in the deployment that the *Comfort*, as a non-combatant, unclassified its communications, the ship's humanitarian mission proceeded. During the cruise, the ship's lab facilities completed more than 17,000 tests, radiology performed nearly 1,500 procedures and 187 surgical cases and 337 surgical procedures were completed without a single post-operative complication, according to Pentzien.

"We went to other ships and did some work on their equipment while we were in the Persian Gulf," said Muir, whose division was tasked with maintaining the more than 3,000 pieces of medical equipment aboard the ship. "We stayed pretty busy because there really was no place to go home to after work."

Back in the wardroom, Markley knew where her home was on land and intended to get there as soon as possible. "All of the other stuff you can live with," she said. "But if you want to know what I want to do the most, it's get home to see my husband, the cruise widower."

Civilian crew proud of performance

By Bill Yates
Journal staff writer

As the hospital ship USNS *Comfort* headed toward Baltimore's Dundalk Marine Terminal Monday after its eight-month deployment in support of Operation Desert Storm, most of the nearly 400 remaining crew members were going about the business of preparing for final departure from their temporary steel home.

But up on top of the converted San Clemente-class tanker, in the ship's control room on the bridge, and down ten stories into the ship's belly, in the machine room, civilian mariners working for the Military Sealift Command (MSC) stayed with their tasks, guiding the 894-foot ship into tugboat position while creating the super-heated steam that drives the ship's propeller.

"We're proud of what this ship was able to do," said chief engineer Michael Scandurra in the machine room, barely audible over the roar of the ship's twin turbine engines. "This ship was on schedule from start to finish. If we needed to be someplace, we were there on time, every time."

Scandurra eyed the blinking red and green lights of the machine room control panel,

manned at the time by two assistant engineers and an oiler recording the panel's gauge readings, as he spoke.

"From an engineering standpoint, this cruise was a bit more difficult because very few of the military crew had ever been at sea before," said the burly retired Navy master chief petty officer. "But we came through it very well."

"In the hospital ship business, you know, no business is the best business," Scandurra said.

Ships Master Thomas Finger captained the 62-man crew that saw the ship and its 1,200 residents safely through somewhere in the neighborhood of 50,000 miles of sea travel. Along with First Officer Charles Zulauf, Finger guided the ship on its journey across the north Atlantic Ocean, through the Mediterranean Sea, the Suez Canal and the Red Sea to the Persian Gulf and back.

But the transit was not yet complete. While other crew members were more than willing to speak about their voyage, Finger and the crew on the bridge made it clear that they would have nothing to say until well after the tugboats had nudged the ship alongside the Dundalk pier.

Another member of the MSC crew, Mario Sanhudo, was with three others responsible for keeping the *Comfort's* three 400-ton air condi-

tioning units in working order, no small task considering outside air temperatures sometimes reached 110 degrees.

"We were basically here to maintain some sort of comfort zone aboard the ship," Sanhudo said of air conditioning team. "We had contingency plans in case something broke down but we really didn't have to use them much. There were a few little things we had to do but we took care of them."

"This was a top crew all the way around," he said over a lunch of all-you-can-eat boiled and peeled shrimp. "If you needed something, you asked for it and you got it."

Sanhudo said he was kept busy answering all the mail he received during the cruise. "I wrote to 117 people myself," he said, many of which were answers to letters addressed to "Any Serviceman."

"I even had one letter make it to me from a kid who lives a few doors down from where I grew up," said Sanhudo, a Newark, N.J., resident. "You feel so bad because people take their time to write to you, so you want to answer as many as you can."

Returning home left Sanhudo with mixed emotions. "I can't express enough about how good I feel about all these people. I made a lot of friends I'm going to miss forever. For me, it was like a family away from home," he said.

Health & Fitness

Take precautions in hot weather

By Lynn Cook,
Occupational Health Medicine

Spring is here and summer will soon follow. The arrival of warm weather generates a burst of energy and a desire to work and play outside. As we start spending more time outside, it is very important to be aware of certain heat-related illnesses.

These conditions occur most commonly in the early part of the warm period of the year before we have adjusted to the change in seasons.

People who work or exercise in hot, humid environments (particularly with inadequate ventilation or cooling systems) are at increased risk, as are those who are in less than ideal physical condition.

Susceptibility to heat-related illness may be increased by pre-existing conditions such as vomiting, diarrhea or cardiovascular disease.

The body's mechanism to control temperature is located in the brain. Exercise or hard work creates heat in the body, which activates the body's temperature regulation system. Increased blood flow to the skin helps to eliminate body heat, as does sweating.

Salt and water pass through the sweat glands to the surface of the skin, where the water evaporates and cools the body. The salt is left as a residue on the surface of the skin. Some heat is also radiated through exhalation.

Heat rash, or prickly heat, may occur when the skin remains wet with sweat for a prolonged time period, with little or no evapora-

tion. The sweat glands become plugged and irritated, resulting in a skin rash. Although not health-threatening, heat rash may impair performance due to general discomfort. It may be prevented by keeping the skin clean and dry.

Fainting occurs to individuals who must stand for a long time in hot, humid environments. The body loses heat by dilating the blood vessels. Blood may pool in the legs, decreasing circulation to the brain, causing the person to faint. This may be prevented by moving around and shifting positions more often. Fainting victims should be laid down with the legs elevated until the symptoms subside.

Heat cramps are painful muscle spasms in the arms and legs. They generally occur during or after strenuous exercise or work and are more common in industrial workers than athletes.

Perspiration decreases the body's salt and water levels. Drinking water without also replacing salt will result in a salt and water imbalance in the body's tissues, leading to involuntary muscle spasms.

When these cramps develop, they can usually be rapidly reversed by drinking a glass of salt water (1 teaspoon table salt/1 quart water). Those individuals on low-salt diets should consult with their physician prior to engaging in heavy labor or exercise in a hot environment.

Heat exhaustion (also known as heat prostration or heat collapse) commonly occurs in individuals involved in extreme physical exertion in a hot environment. It re-

sults from the loss of large amounts of fluid and/or salt from sweating.

Physical activity requires increased blood flow to the muscles and brain. The heat generated results in increased blood flow to the skin to allow for heat loss through sweating. If the vascular system is not adequate to meet the increased demands of the body during exercise, the victim may develop signs of shock.

Typically, victims may complain of weakness or faintness, dizziness, headache, loss of appetite, and/or nausea. Blood pressure, pulse, temperature, and respirations usually remain within normal limits, although the victim may appear ashen and the skin may feel cold and clammy.

Heat exhaustion can usually be promptly reversed by getting the victim to a cool area, lying him down and giving plenty of fluids. If recovery doesn't occur promptly, the victim should be transported to the emergency room for more vigorous fluid and electrolyte treatment.

Heat stroke is, by far, the most serious and least common heat-related illness. It usually occurs in those working for a prolonged time period in a warm, humid environment where sweat does not evaporate well.

Heat stroke represents a failure of the body's heat-regulation mechanism. Heat stroke is a true medical emergency. Untreated victims will die. Even with treatment, some may die or suffer permanent brain damage.

Recovery is directly related to the rapidity and vigor of treatment.

Signs and symptoms of heat stroke include dizziness, headache, thirst, nausea, muscular cramps, mental confusion, delirium, convulsions and/or unconsciousness. Body temperature may be elevated above 105 degrees Fahrenheit (41 Centigrade), and the skin will be warm and dry, due to the cessation of sweating.

Treatment is designed to rid the body of excess heat as quickly as possible. Victims may be immersed in a bathtub of ice water or wrapped in wet sheets or compressed while fanning the body. Once the body temperature is reduced to 102 degrees Fahrenheit, the victim should be immediately transported to the hospital as a priority one emergency.

Remember, an ounce of prevention is worth a pound of cure. Schedule heavy work during the coolest part of the day and take frequent short rest breaks in a cool, shady area. Proper ventilation or the use of reflective shielding may reduce the risk to the worker.

Work and play in moderation in hot, humid weather. Light-colored, loose-fitting clothes allow better sweat evaporation and help to reflect the heat of the sun.

If you work outdoors, wear a brimmed hat. Drink plenty of water or other fluids, avoiding alcoholic or caffeinated beverages. Isolate, enclose or insulate hot equipment.

Education to recognize the signs and symptoms of heat-related illness and proper and prompt treatment when these symptoms occur, may prevent potential tragedy.

Have a safe and healthy summer!

NEW PRODUCTS — New intravenous products, developed by McGaw Inc., were on display March 25 in the Executive Dining Room. The hospital is phasing in McGaw IV products as part of a program testing the expansion of the Navy's Electronic Consumer Dropship Program and is expected to save the hospital up to 15 percent versus previous products when phase-in is completed, according to the pharmacy's CDR R.E. Whiten, MSC.



Photo by Lauren Lee Salgaller/The Journal

Robinson closes out 30-year career



Photo by Lauren Lee Salgaller/The Journal

HMCN Michael L. Stewart, right, relieves HMCN Jerry L. Robinson as NNMC's Command Master Chief. Looking on is RADM Donald F. Hagen, Commander, NNMC.

By Kevin Sforza
Journal editor

On Friday, April 12 two Navy traditions took place at the National Naval Medical Center (NNMC) each involving Master Chief Hospital Corpsman Jerry L. Robinson (SW/AW).

The first was the change of office of Command Master Chief from Robinson to Master Chief Hospital Corpsman (SS) Michael L. Stewart.

Following the presentation of colors, Rear Admiral Donald F. Hagen, MC, USN, Commander, NNMC, addressed the assembled Navy men and women, guests and friends gathered in the auditorium of Building 2. "It's been a great pleasure to work close with Master Chief Robinson these past two and a half years," Hagen stated.

"It's important for a commander to keep in touch with his people and know what's going on. Jerry always let me know. Commanders and the command master chief must get out and about — not sit behind a desk."

Following the admiral's speech Master Chief Petty Officer of the Navy, Duane R. Bushey commented on the role of a command master chief.

"The Command Master Chief program began in 1967," said Bushey. "Since then, they have

been advisers and consultants to commanders and counsel to all levels in the chain of command. If a commanding officer wants the raw version of how it is, he should ask the command master chief.

"Of the many attributes I expect a command master chief to have — including uniqueness, integrity, compassion, and the most important, humbleness. We (master chiefs) should never forget where we started."

In his remarks, Robinson said "I've had an enjoyable career, practically sailing around the world. In fact, thanks to the admiral, I almost made it on this last cruise (aboard the USNS *Comfort*).

"People are what make it. It's been an excellent four years here. I ask this of the chiefs and junior officers — make sure your people are professionally knowledgeable and keep the customs and traditions. The role of a petty officer, chief petty officer and officer is to train and educate."

After Robinson read his orders, his relief stepped to the microphone. "This is the best command master chief job in the world," Stewart said. "This is the finest command in the Navy and it has a worldwide reputation for the finest medical care. I pledge to continue the programs Master Chief Robinson has started."

Immediately following was the second tradi-

See ROBINSON, page 9

Two advance to finals

Winners named in research competition

By Bill Yates
Journal staff writer

When Lieutenant Commander Igor Gladstone, MC, USN, bounded down the steps of the National Naval Medical Center (NNMC) amphitheater to raucous applause last Friday afternoon, it was for a few moments of personal recognition.

As the winner of the staff portion of NNMC's Sixth Annual Academic Research Competition, Gladstone, along with resident-level winner Lieutenant Commander Frederick Panico, MC, USN, had obtained the right to advance to the Navywide Research Competition to be held May 17 at NNMC.

As a pediatrician specializing in prematurely born infants, Gladstone also brought recognition to an 18-month-old pediatric intensive care program featuring state-of-the-art jet ventilators and advanced medical training.

"Doctor Gladstone's research has direct application to clinical situations, which is what clinical research is all about," said one of the three judges, William Drucker, MD, a professor in the Uniformed Services University of the Health Sciences surgery department. "We were very impressed."

Gladstone's research, conducted jointly with neonatology division head Captain John Nading, MC, USN, was an initial examination of the possibility that the chances of long-term survival for the most severely premature infants could be improved by employing a jet ventilator to increase the amount of oxygen in the

baby's blood.

"Response to High-Frequency Jet Ventilation in Neonatal Pulmonary Interstitial Emphysema" involved examining the cases of 10 infants treated at NNMC for microscopic ruptures within their lungs. Upon researching the hospital's use of jet ventilators, which deliver increased oxygen amounts to infant's lungs while removing carbon dioxide, to help premature infants breath in their first days of life, the researchers concluded that increased oxygenation within the first 48 hours of life "is associated with long-term survival."

"Gladstone was just phenomenal," said judge Captain Larry Laughlin, MC, USN, commander of the Navy Medical Research Institute. "He was involved in three presentations, all of which were fantastic and should be of benefit to patients here and at other hospitals."

Competition also was held in two other research categories. Lieutenant Commander Daniel Gaccione, MC, USN, an orthopedist, won best Other Research for "Anatomical Variations in the Course of the Superficial Peroneal Nerve," while Captain Ralph Sawyer, MC, USN, an ophthalmologist, took first place in Interesting Case Reports with "Leber's Idiopathic Stellate Retinopathy (? Cat Scratch Disease Neuroretinitis)."

"This facility is like a three-legged stool," Rear Admiral Donald F. Hagen, MC, NNMC commander, said in congratulating the winners, "involving the clinical, educational and research components of the hospital."

"Last year this competition had 25 participants and this year it's up to 41," Hagen said.



Photo by HM2 Bryan Wilson/MedPhoto

The four winners of the Sixth Annual Academic Research Competition, from left, LCDRs Frederick Panico, Igor Gladstone and Daniel Geccione and CAPT Ralph Sawyer.

"It certainly looks like the research wing is healthy here."

"There has definitely been an increase in the number of research projects submitted to our office," said Lieutenant Commander Marianne Bentz, NC, head of NNMC's Clinical Investigation Division. "Interest certainly seems to be growing."

Bentz said the hard work of "the handful of people" in the division, which oversees the conduction of research at NNMC, who put the competition together made possible the presentation of projects such as this year's resident-level winner.

See WINNERS, page 12

From The Chaplain . . .

By LCDR Norman Auerback,
NNMC Pastoral Care Service

Human beings can be very cruel to each other. We witness this in daily newspapers and on television news. Each April, the more than six million victims of genocide in Nazi Germany are remembered.

Inflicting pain can be part of a

nation's official policy, or the random act of individuals who hate or who think they can derive benefit by injuring another.

Hatred and violence put people who want to believe in the basic goodness of human beings in a tough place. Maintaining a positive outlook can result in being called naive, Pollyanna-like or worse. Yet to give up and proclaim that people are no darn good means caving

in to hatred and violence, opening the door to these evils.

A person with faith knows that people have the ability to make choices. No one has to give in to destructive impulses. To oppose evil often takes an act of bravery. Yet we have the examples of many people who risked their lives in order to oppose violence and evil.

In Israel, at the Holocaust Memorial in Jerusalem, trees have

been planted in honor and in memory of hundreds of average men and women who refused to follow the mob to do evil. They took public stands against hatred. They rescued people who had no hope. When asked why they did what they did, many testified, "I had no choice. I had to do what was right!"

May we, in our own ways, oppose the violence and evil we find in our own world.



Chapel Service Schedule

Roman Catholic
Weekdays
12 p.m. Main Chapel
4 p.m. 6 West Chapel
Sunday
9 a.m. & 12 p.m. Main Chapel

Protestant
Wednesday
12 p.m. 6 West Chapel
Sunday
10:30 a.m. Main Chapel
12 p.m. 6 West Chapel

Jewish
As announced



Welcome NNMC Reservist



\$88⁰⁰ FOR A LUXURIOUS 2 ROOM SUITE
More For Your Per Diem Dollars!!!!

- Restaurant & Lounge
- Complimentary Social Hour (Mon.-Fri.)
- Complimentary Full Hot Breakfast Buffet
- Fully Equipped Kitchen/Wet Bar
- Complimentary Grocery Service
- TV/VCR with Complimentary Videos
- Complimentary Shuttle to Metro & 5 mile radius
- 24 Hour Convenience Store
- On Site Laundry Facilities and Valet
- 24 Hour Business Center with Fax, Copier, Computers and Typewriters
- Only 10 miles from NNMC

Enjoy your home away from home for your active duty training and weekend groups!

Exclusive NNMC Hotline for
Guaranteed Availability
(301) 948-5050

WOODFIN SUITES/Rockville, 1380 Piccard Drive, Rockville, MD 20850 1-800-237-8811



Ford and Lincoln-Mercury Salute the U.S. Armed Forces.



★ Ford Ranger XLT



Ford Mustang GT ★



★ Mercury Tracer LTS

Announcing the Ford Military Appreciation Purchase Program.

As our way of saying thanks, Ford Motor Company, Ford and Lincoln-Mercury dealers and the United Auto Workers would like to offer United States active-duty military personnel or their spouses a special purchase plan.

Now, you can get substantial savings off the Manufacturer's Suggested Retail Price on any new 1990, 1991 or 1992 Ford, Mercury, or Lincoln car or any Ford light truck through F-350 series pickups and the Econoline van.

To be eligible, just prove your active-duty status as of March 1, 1991. You must take delivery of your new vehicle on or before **December 31, 1991**. And only one vehicle can be purchased per household.

The Ford Military Appreciation Purchase Program is our way of showing we appreciate your efforts. You've given us your best. Now we'd like to do the same.

For more information, visit your Ford or Lincoln-Mercury dealer or call 1-800-445-6098.



RECYCLING, from page 1

Profits from the recycling program, said Bukoski, will go to the Morale, Welfare and Recreation (MWR) fund. According to an MWR report from Naval Station San Diego, they made \$845,000 in fiscal year 1989 from their recycling program with a projected \$1 million for 1990.

Pemberthy said he'll focus his efforts on the Naval Medical Data Services Center and the Uniformed Services University of the Health Sciences, two facilities that use a large amount of paper. He estimated the university alone discards eight to 10 tons of paper a month.

"I can only guess how much paper the Data Services Center throws away," he said.

Not everything can be recycled, however. Acceptable materials for recycling include white paper with any color of ink, office stationary, computer, tablet or copy paper. Paper such as yellow legal-sized paper, carbon, glossy, newspaper, tissue and post-it notes are not acceptable.

Bukoski said the recycling program will eventually expand to include aluminum and glass products, but not newspaper, because it isn't cost effective.

Bukoski said once we get into the habit of filling the containers, we will become aware of how much paper we actually use. "By monitoring the trash we use we can reduce the volume," he said.

Pemberthy said plans are to put up posters with statistics on recycling to get people motivated if not to save money, at the very least to save a tree. "The Environmental Protection Agency projects within the next 15 years 70 percent of our landfills will be closed. We have no choice but to recycle," he said.

Rest Easy...
Your Bonds Are Working



Financial worries are enough to keep a person awake at night. A wise investment now is one way to prevent those sleepless nights. With regular purchases of U.S. Savings Bonds you can build a nestegg to provide for the future...a home, a vacation, college, retirement...or an emergency. And, you can rest easy because you are assured that bonds are safe, guaranteed by the United States, and pay competitive rates.

CELEBRATE AN AMERICAN TRADITION
50 YEARS OF U.S. SAVINGS BONDS

Death is forever.
Heart disease doesn't have to be.

THE AMERICAN HEART ASSOCIATION
MEMORIAL PROGRAM

WE'RE FIGHTING FOR YOUR LIFE



GREATEST PERM SALE!
Premier Perm and Relaxer Touch-up

NEW LOWER SALE PRICE!
\$29* Reg. \$50

COMPLETE
Includes:
• Shampoo • Haircut
• Conditioner • Blowdry
• Curling Iron Finish
• Curling Iron Finish

*Prices slightly higher for long hair and Designer Perm Wraps

THE HAIR CUTTERY

Over 110 convenient locations in the DC Metro area.
Check Yellow Pages for the salon near you.

"I wouldn't be delivered any other way"



Giving birth at The Maternity Center with a Certified Nurse Midwife (CNM) at your side is a safe, sensitive, personal experience. A CNM is a registered nurse with postgraduate obstetrical education. She's certified by a national examination and licensed by the state. She's with you, carefully monitoring your progress through every important stage of prenatal care and labor. Together we deliver your baby.

CNM's combine today's modern medical technology with the art of supporting women through normal labor and childbirth.

For more information or a copy of our newsletter "Special Delivery," call (301) 530-3300.



"what childbirth was meant to be"

A study published in the New England Journal of Medicine concluded that birth centers offer a safe alternative to hospital confinement for healthy women having normal pregnancies. It also confirmed that "birth center care" drastically reduces the incidence of cesarean sections.

6506 Bells Mill Road • Bethesda, Maryland 20817 • (301) 530-3300
(Rt. 270 at the Beltway, near Montgomery Mall)

The Maternity Center is an authorized CHAMPUS provider.
A non-availability statement is not required.

THIS WEEK... HERNDON FUDDRUCKERS

*Fuddruckers & the USO
Want you for Stars & Stripes
Victory Celebration Weeks!*

CELEBRATION SCHEDULE
Each Saturday, a select Fuddruckers will host a Stars & Stripes Victory Celebration—from Opening to Close. Music, Balloons, Fun and Food!

Saturday, April 20 • Herndon, VA 1030 Elden St.
Saturday, April 27 • Annapolis, MD 175 Jennifer Rd.
Saturday, May 4 • Rockville, MD 1300 Rockville Pike
Saturday, May 11 • Annandale, VA 4300 Backlick Rd.

GRAND FINALE:
Saturday, May 18 • Seven Corners, VA 6201 Arlington Blvd. (Rt. 50)

A special Military Ceremony will be held during each party. Check location for time.

WORLD'S GREATEST FUDDRUCKERS HAMBURGERS

Saluting 50 Years of Support to Military Families and Desert Storm. A portion of the proceeds from Fuddruckers Stars & Stripes Victory Celebration Weeks to be donated to the USO, Washington, D.C.

ROBINSON, from page 5

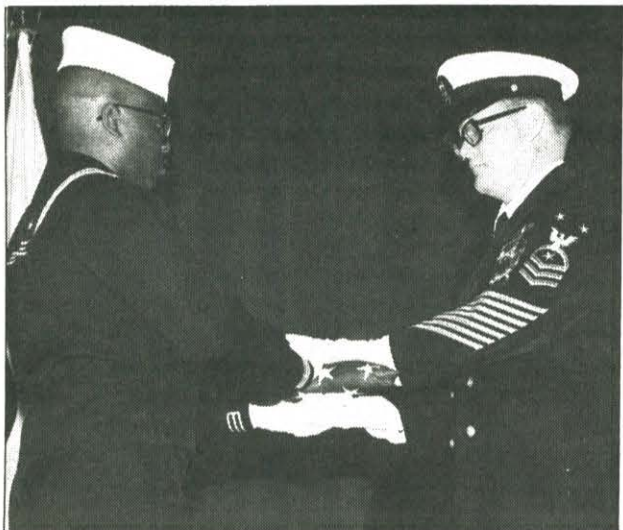


Photo by Lauren Lee Salgaller/The Journal

HMCM Roberson receives the national ensign from HM1 Anthony R. Williams, NNMC's 1990 Sailor of the Year.

tion — the retirement ceremony for Roberson, who closed out a 30-year naval career. Again, Admiral Hagen spoke to the assembly.

"Jerry and I have been through a lot. He always gave the right answer. I know he loved the Comfort and I felt a part of me was gone when he left.

"The command master chief holds our trust and confidence and he looks out for his shipmates. Your legacy will carry on."


Hagen presented Roberson's wife, Yaeko, with a certificate of Appreciation and a bouquet of flowers. Roberson received a plaque from the NNMC Chief Petty Officers Association, letters from the Force Master Chief and the Surgeon

General and the national ensign.

Eight master chiefs served as side boys for the traditional piping ashore ceremony. Senior Chief Boatswain's Mate Robert Graybill, USNR, Readiness Command SIX, performed the piping service which took place outside Building 1.

As the poem "My Corpsman Friends" by Catherine Frey closes — "Somewhere out there, I know we'll meet again, giving to all others will be our Corpsman friends, way out, beyond, our dreams and fantasies, We'll see each other, helping people... Yes, and children to mend. See you again my Corpsman friends."





East-West Highway
at Wisconsin Ave.
Bethesda, Md.
(301) 652-4844

"Great Pizza...and a whole lot more!"

**A Large Shakey's
Original Thin Crust
1 Topping Pizza**



\$6⁹⁹
only + tax

• Not valid with any other offers
• Expires 5/3/91

Also located at 5711 Silver Hill Rd. at Pennsylvania Ave., Forestville, MD

Welcome Home Troops!

As a special thank you, we join Chrysler in offering a **Special Military Rebate**. Now is the time to buy a new car or truck at "Advantage Banning Prices"



\$500.
CHRYSLER
MILITARY REBATE
ON ALL
VEHICLES IN
STOCK

1991 Dodge Caravan
Auto, A/C, AM/FM stereo, tinted glass, rear defogger, luggage rack
(6 at this price)


\$14,000.	Special Sale Price
— 500.	Chrysler Factory Rebate
— 500.	Chrysler Military Rebate
13,000.	Your Cost

Price does not include freight, taxes or tags.

Bob Banning Chrysler, Plymouth, Dodge

Two Locations:
5800 Baltimore Ave., Hyattsville, MD (301) 779-7400 and
8100 Annapolis Rd., New Carrollton, MD (301) 459-6800

see you at the
CHEVYLAND 400
APRIL 22 THRU APRIL 27



THE COMPETITION'S EATING OUR DUST!!

UNBEATABLE DEALS! That's what you'll find at the week-long SELL-A-BRATION with over 400 New Chevrolet and Geo Cars & Trucks, revved up & ready to go! Make your pit stop any day during the week—you'll be glad you did!

plus . . .

- ☀ **FREE LUNCH served every day**
Catered by "Philadelphia Mikes"! NOON TILL 2 PM
- ☀ **FREE LUBE & OIL CHANGE** to the first 400 customers who test drive a new Chevyland Car or Truck!
- ☀ **DAILY RAFFLES, DOOR PRIZES, SERVICE SPECIALS AND GIVE-AWAYS— ALL WEEK!**
- ☀ **CHECK OUT OUR PRO-SHOP** with the biggest selection of Racing Clothes, Parts and Accessories.


Try a new Chevy or Geo from

CHEVY CHASE

Chevyland

WASHINGTON AREA'S LARGEST CHEVY SHOWCASE
7725 WISCONSIN AVENUE • BETHESDA, MARYLAND • (301) 657-4000

Come see the 1990 NASCAR Winston Cup Champion Race Car Friday, April 26th & Saturday, April 27th WINX AM 1600
Live Radio Broadcast Saturday, April 27th!



The great possibilities at UMUC are endless . . . the choice is yours.

As a part-time student at University of Maryland University College (UMUC), you can:

- choose from over 30 bachelor's concentrations in Business and Management, Computing, Liberal Arts, Paralegal Studies, and more;
- attend classes in the evenings and on weekends at over 20 sites throughout the Washington metro area; and
- take advantage of many innovative learning options such as Open Learning, Cooperative Education, Experiential Learning, and Prior Learning.

Learn more about the great possibilities waiting for you at University College. Summer classes begin June 3. Complete and return the coupon below. For immediate assistance, call 800-888-UMUC, ext. 7818, or 301-985-7818.

<p>Mail-in Admission and Registration</p> <p>Ends May 18</p> <p>Phone-in Registration (current students only) May 20-24</p>	<p>Walk-in Admission and Registration</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td>May 20</td> <td>Bolling Air Force Base</td> <td>202-563-3611</td> </tr> <tr> <td>May 21</td> <td>Walter Reed</td> <td>301-985-7717</td> </tr> <tr> <td>May 22</td> <td>Andrews Air Force Base</td> <td>301-981-3123</td> </tr> <tr> <td>May 22</td> <td>Pentagon (employees only)</td> <td>703-614-4514</td> </tr> <tr> <td>May 23</td> <td>Fort Meade</td> <td>301-621-9882</td> </tr> <tr> <td>May 23</td> <td>Fort Belvoir</td> <td>301-985-7858</td> </tr> <tr> <td>May 24</td> <td>Patuxent NAS</td> <td>301-737-3228</td> </tr> <tr> <td>May 29</td> <td>College Park</td> <td>301-985-7818</td> </tr> </table>	May 20	Bolling Air Force Base	202-563-3611	May 21	Walter Reed	301-985-7717	May 22	Andrews Air Force Base	301-981-3123	May 22	Pentagon (employees only)	703-614-4514	May 23	Fort Meade	301-621-9882	May 23	Fort Belvoir	301-985-7858	May 24	Patuxent NAS	301-737-3228	May 29	College Park	301-985-7818
May 20	Bolling Air Force Base	202-563-3611																							
May 21	Walter Reed	301-985-7717																							
May 22	Andrews Air Force Base	301-981-3123																							
May 22	Pentagon (employees only)	703-614-4514																							
May 23	Fort Meade	301-621-9882																							
May 23	Fort Belvoir	301-985-7858																							
May 24	Patuxent NAS	301-737-3228																							
May 29	College Park	301-985-7818																							

University College on your base. Working full-time for part-time students.

Yes. Please send me:

Summer 1991 Schedule of Classes

Fall 1991 Schedule of Classes

I am interested in:

Business and Management Paralegal Studies

Liberal Arts

Computing Other

Name _____

Address _____

City _____ State _____ ZIP+4 _____

() ()

Day Phone _____ Evening Phone _____

□□□-□□-□□□□

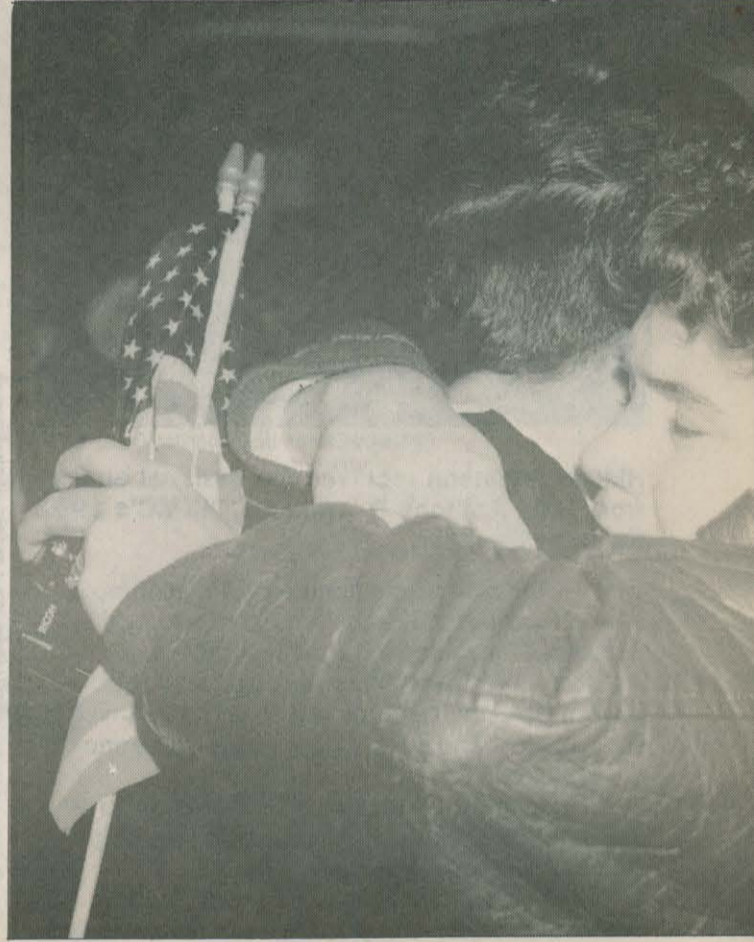
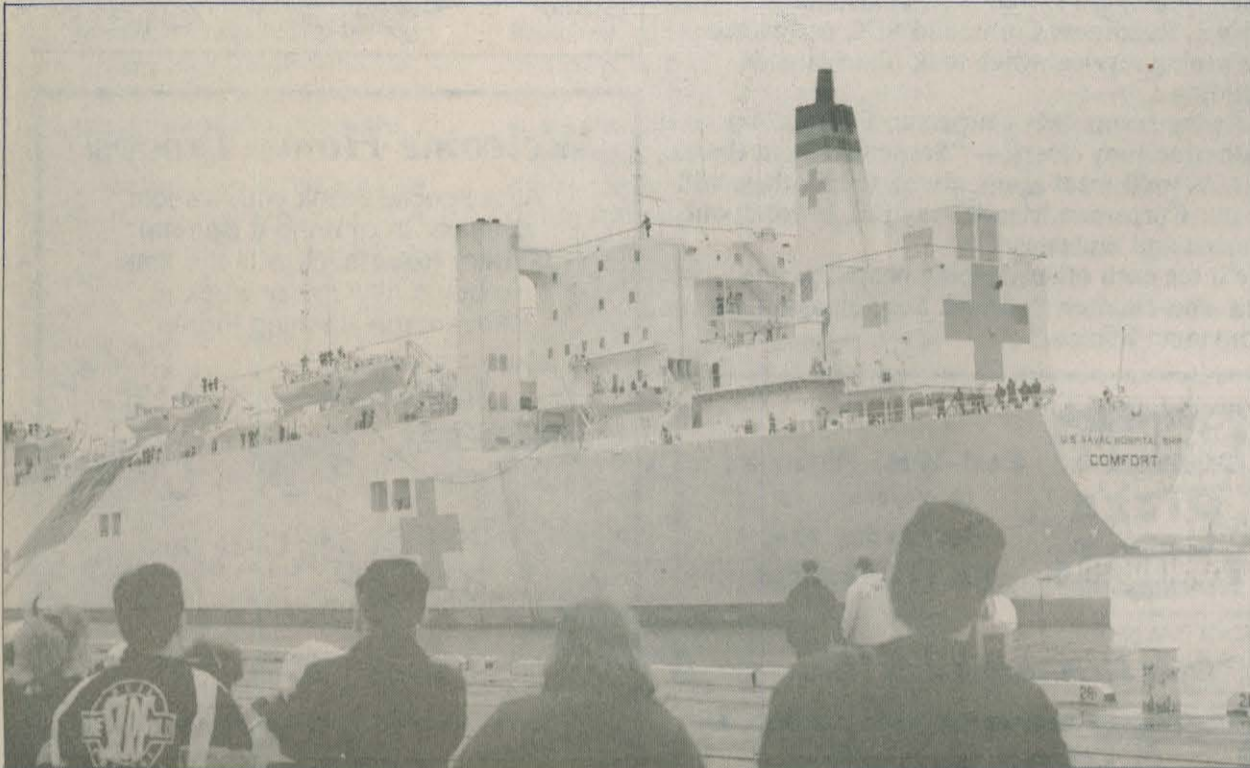
Social Security Number (to avoid duplicate mailings)

CTIN910419

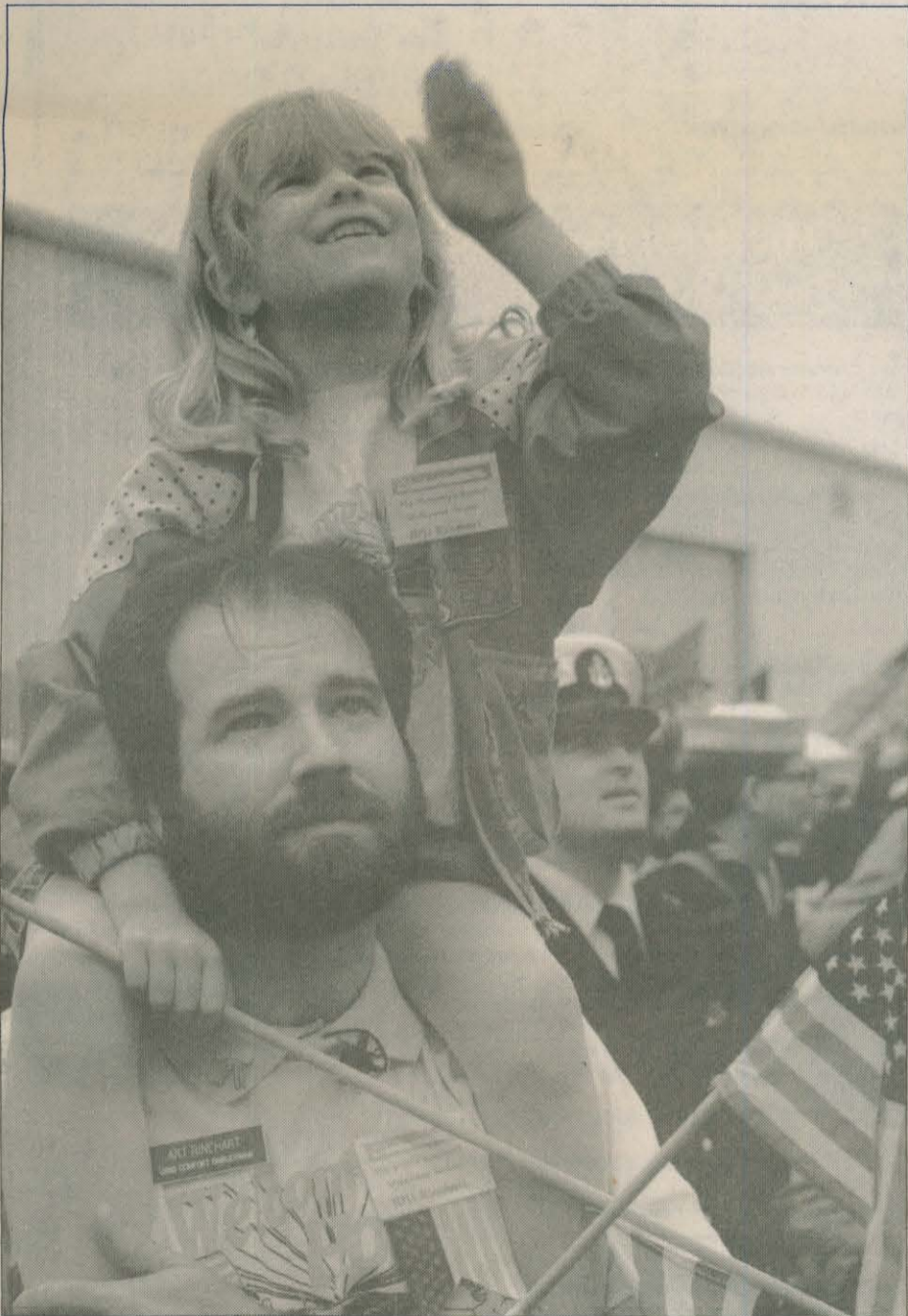
Mail to:
UMUC
Undergraduate Programs
P.O. Box 1897
Hyattsville, MD 20788-0897

UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE

USNS *Comfort* returns



Photos by HM1 Bill Williams, HM2 Thomas Balfour and



Comfort, from page 1

returning could spot them in the crowd.

Leading the cheering was Evelyn Pentzien, wife of Captain Roger Pentzien, commanding officer, of the Medical Treatment Facility aboard *Comfort*. "It's been a long time, I'm glad they're back," she said.

Twenty-nine members of the United States Naval Academy Band, Annapolis, Md., entertained the crowd with a number of musical selections including "Anchors Aweigh" as the *Comfort* came into sight.

Returning personnel were joined aboard by Rear Admiral Donald F. Hagen, Commander, National Naval Medical Center (NNMC) and Vice Admiral James A. Zimble, Navy Surgeon General, for the approach into Baltimore harbor. The admirals flew by helicopter to the ship earlier that morning.

Inside the terminal, various organizations, including the USO and Salvation Army, provided refreshments and balloons to family members and friends of returning sailors. The NNMC Ombudsman office brought a cake specially decorated for the event.

Comfort was activated for duty Aug. 8, 1990, the day after President Bush ordered American troops to the Middle East following the invasion of Kuwait.



ns from Persian Gulf



HM2 Bryan Wilson



WINNERS, from page 5

Anesthesiologist Panico won for "Effects of Mechanical Evacuation of Gastric Contents on Post-Operative Nausea and Vomiting," a year-long study designed to determine whether emptying a patient's stomach immediately after surgery has any effect upon patients' nauseous post-operative reactions to anesthesia.

Of the 98 surgery patients in the study, 51 were selected at random for insertion of gastric tubes to drain their stomachs. Patients undergoing abdominal surgery or operations expected to create nausea, such as eye or inner ear surgery, were excluded from the study, according to Panico.

The same type of anesthesia was used on each patient in the study, including the control group of 47 patients who did not have their stomachs drained after surgery. The study indicated no statistical difference in nausea between patients receiving the tubes and those who did not, resulting in the physicians' recommendation against routine use of gastric tubes for elective non-intraabdominal operations.

"He used the gold standard," judge Robert Nussenblatt, MD, a physician at the National Eye Institute, said of Panico's presentation. "To use randomized standard trials as he did is very difficult and time consuming. You have to

think in advance and you have to be prepared."

Panico, who conducted the study with NNMC staff anesthesiologist Lieutenant Commander Jim Artuso, MC, USN, praised the competition as a benefit to the hospital's research effort.

"The competition encourages people to present information in a setting that shares it with everyone else," Panico said. "It's an excellent forum for the presentation of academic research."



Thank-You, Thank-You, Two-Thousand-Eight- Hundred Thank-Yous.

Your action spoke louder than any words. Now it's our turn, with our A.S.A.P. special down payment assistance now available to all active duty military personnel and reserves. This offer applies to our entire line of Buicks. From Skylark, Regal, LeSabre, Century, and Riviera, to the all new Park Avenue and Park Avenue Ultra.

You'll receive \$300 GMAC down payment



BUICK REGAL



BUICK CENTURY

assistance, up to \$500 matching down payment allowance from Buick Motor Division, and a factory cash back of up to \$2,000. That's a total savings of up to \$2,800.

But hurry, see your nearest Buick dealer listed below to take advantage of this special offer while it lasts.



BUICK LESABRE

**SAVE UP TO
\$2,800**
In Total Savings With A.S.A.P.
The Armed Services Automotive Plan.



Your Washington Area Buick Dealers.

WE PUT YOU IN A B^{you}ICK FOR LESS.

FREDERICK, MD
Ideal Buick 301-663-3121

GAITHERSBURG, MD
Rosenthal Buick, Inc. 301-670-4900

HYATTSVILLE, MD
Lustine Buick 301-277-5200

KENSINGTON, MD
Fitzgerald Buick, Inc. 301-656-5000

LANDOVER, MD
Tollison Buick, Inc. 301-341-7300

LAUREL, MD
Fox Buick, Inc. 301-953-2727

LEONARDTOWN, MD
Bell Motor Company 301-475-2355

PRINCE FREDERICK, MD
Bayside Buick, Inc. 301-535-1500

SILVER SPRING, MD
Covington Buick 301-890-1800

WALDORF, MD
Ken Dixon Buick, Inc. 301-645-7000

CHARLES TOWN, WV
Guy's Buick 304-725-3448

MARTINSBURG, WV
Opequon Motors, Inc. 304-267-9955

ALEXANDRIA, VA
Temple Buick, Inc. 703-370-7211

ARLINGTON, VA
JKJ Buick, Inc. 703-243-4000

FAIRFAX, VA
Brown's Buick, Inc. 703-934-4900

FRONT ROYAL, VA
Shenandoah Motors 703-636-2986

LEESBURG, VA
Star Buick 703-777-2411

MANASSAS, VA
Wright's Buick, Inc. 703-361-6161

VIENNA, VA
Peacock Buick, Inc. 703-790-0000

WARRENTON, VA
Heritage Auto Park 703-347-3341

WINCHESTER, VA
JKJ Buick 703-667-7111

WOODBIDGE, VA
JKJ Buick 703-643-1970



Up to \$2000 factory cash back on Riviera depending on option package purchased. Up to \$800 special down payment assistance for qualified Armed Service and Reserved personnel through Buick Motor Division and GMAC. Armed Service Identification must be presented. Must take retail delivery from dealer stock. Dealer financial participation may affect final cost. See dealer for details.

For
Advertising
information
in the
Bethesda
Naval
Hospital
Journal

Please call:

Susan Hinckle

(301)

948-1520



Conference looks at lessons learned

By Terry Trobaugh
Naval Medical Doctrine Center

Vice Admiral James A. Zimble, Surgeon General of the Navy, sponsored an acting officer-level, week-long conference on Navy medical "lessons learned" in Operations Desert Shield/Storm (ODS). The conference, which concludes tomorrow, was held at the Naval School of Health Sciences in Bethesda, Md.

Zimble tasked the Naval Medical Doctrine Center with hosting the conference, the first of two

phases, in compiling Navy health service support lessons learned.

The Center for Naval Analyses (CNA), by request of the Commander-in-Chief, U.S. Naval Forces, Central Command, is developing a reconstruction of naval activities in support of ODS. A significant portion of the reconstruction is health service support.

The Doctrine Center will assist CNA in the second part of the "lessons learned" conference beginning Monday, April 22 through Wednesday, April 24. Conferees will identify health services support issues from ODS, establish offices

of responsibility and "get well" dates for each issue and compile a chronology of events. This information will be provided to the CNA to assist in their reconstruction task.

After the welcome and introduction, Lieutenant Commander William Dial, director of the Doctrine Center, split the attendees into working groups. These groups focused on logistics, command, control, communications, mobilization and deployment issues regarding six areas of concern: continental United States (CONUS) medical and dental treatment facilities, hos-

pital ships, fleet hospitals, theater headquarters, CONUS headquarters, and logistics activities. Each working group will provide a written report on each issue studied.

Officers attending the conference represented 18 commands including National Naval Medical Center; the Bureau of Medicine and Surgery; the Office of the Chief of Naval Operations; Naval Hospitals Oakland, Calif., and Portsmouth, Va.; U.S. Atlantic and Pacific Fleets; the United States Marine Corps; United States Naval Forces, Europe and the Fleet Hospital Program Office.

Advanced medical lab techs graduate

By HMC Mark Pettit
Naval School of Health Sciences

Lieutenant Commander Edward M. Lane, clinical microbiologist at the National Naval Medical Center, delivered the keynote address at the Naval School of Health Sciences (NSHS) Advanced Medical Laboratory Technician (MLT) School graduation.

The MLT School is one of eight Hospital Corps "C" schools taught at NSHS. The intensive, 52-week course begins with 27 weeks of instruction in Urinalysis, Hematology, Chemistry, Blood Banking, Serology, Microbiology and Parasitology.

The final 25 weeks of training are spent refining skills learned during the first phase of the program. Due to increased class sizes it was necessary to utilize civilian hospitals as external clinical rotation sites, a first at NSHS. Clinical rotations were conducted at George Washington University, Washington Hospital Center, Suburban Hospital, Sibley Hospital and Holy Cross Hospital.

This was the first class to participate in the Accelerated Program. Students holding the Navy Enlisted Classification Code 8501 (Basic Laboratory Technician) were screened for broad-based experience. The program allows the student to graduate in approximately nine

months by completing nine clinical rotations areas while still in the primary phase of training. The Accelerated Program graduated 21 students on Dec. 20, 1990.

Another first was the acceleration of the entire class in support of Operation Desert Shield/Storm. Clinical areas were abbreviated but all areas were taught to ensure performance in the field. The graduating class began training on March 26, 1990, graduation took place on March 13, 1991.

Special congratulations goes out to Hospital Corpsman Third Class Pamela Wise, the class honor graduate, for her outstanding efforts in achieving a 96.5 percent average.

U.S. SAVINGS BONDS THE GREAT AMERICAN INVESTMENT

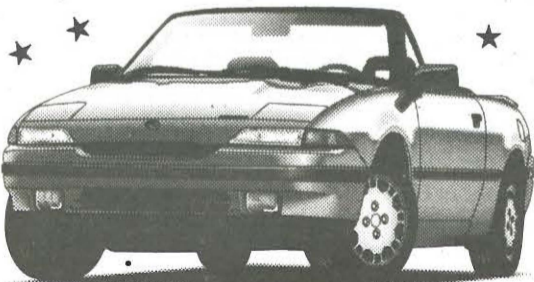
★★★★★★★★★★★★★★★★★★★★

TOM CURRO & FORD MOTOR CO. ANNOUNCE

★ OUR **MILITARY ASSISTANCE**
★ **PURCHASE PROGRAM**

FEATURING ★

SPECIAL DISCOUNTS FOR ACTIVE
DUTY MILITARY PERSONNEL & DEPENDENTS



★ CALL OR STOP BY TODAY FOR
COMPLETE INFORMATION...

WHAT A WAY TO GO!

TOM CURRO
LINCOLN-MERCURY, INC.

ROUTE 1 NORTH 953-9800 BALTIMORE
LAUREL, MD 792-0700

DON'T GO AWAY "MAD - AGAIN"
"You deserve to have your smile fit!"



Thomas J. Madigan D.D.S.
5808 Hubbard Dr.
Rockville, MD 20852
(301) 231-0173

Former Captain in Dental Corp U.S Army
Viet Nam Vet with Commendation Medal

- Concerned Restorative Dental Care for Entire Family
- Customized Financial Arrangments with Affordable Prices
- Awareness to Senior Needs with Courtesy
- We Love Children
- 10 Minutes from Bethesda NNMC
- Saturday and Evening Hours Available
- 24 Hour Emergency 340-7182

Our warm and caring staff is unique. You will maintain your dignity in our office. If you or someone you love could benefit from our dental cares, please call.

Military Delta Dental Participant



BETHESDA CINEMA
'N' DRAFTHOUSE

Presents

THE BATTLE OF THE AGES!

EVANDER HOLYFIELD
CHAMPION

GEORGE FOREMAN
CHALLENGER

THE HEAVYWEIGHT CHAMPIONSHIP OF THE WORLD!

TVKO

LIVE! FROM TRUMP PLAZA
FRIDAY, APRIL 19, 1991

LIVE FRIDAY 9:00 PM
Tickets: \$25.00 — advance
\$30.00 — at door

(301) 656-3337

7719 Wisconsin Avenue, Bethesda, MD
must be 21 with proper ID to enter

MWR notes



5K fun run

Recreation Services is holding a spring fun run through the NNMC grounds April 20 with a 9:30 a.m. starting time. All eligible recreation participants are invited. Medals will be presented to the top male and female finishers in three age categories and the top 50 finishers will receive a race T-shirt. Entry fee is \$7 for active duty, \$9 all others. For more information call Patti Pedisich at 301-295-0031.

New pool hours

Beginning May 4 the Recreation Services pool will be open on weekends. The pool hours will be Monday-Friday — 11 a.m. to 8 p.m., weekends — 11 a.m. to 4 p.m. The pool will be closed on holidays. Daily usage fees are: Active duty, 75 cents, dependents/retirees, \$1.50, NNMC DoD civilians, \$1.75 and guests, \$3. If you have any questions, call Bryan Jackson at 301-295-0031.

Mountain bike challenge

The Navy-Marine Corps Relief Society mountain bike challenge is scheduled for April

21 at Quantico Marine Corps Base. The course is a 5-mile loop with hills, single track and mud (National Off Road Bicycle Association (NORBA) sanction pending). There are six categories ranging from first timers to expert with distances of five, 10, 15 and 20 miles depending on category.

The \$10 entrance fee includes a \$2 insurance fee and all riders must wear ANSI or SNELL approved helmets. Pre-registration closes seven days before event. Late entry fee after April 7, determined by postmark. On-site registration opens at 8:30 a.m. One day NORBA licenses are available on race day for \$5. For more information, call 703-670-5755 or 703-670-2665.

Orioles tickets

Recreation Services has Baltimore Orioles baseball tickets to be given on a first-come, first-serve basis for all active duty, reservists on active duty and their families. Tickets are available for the April 29 and 30 games against the Seattle Mariners. Both games start at 7:30 p.m. Stop by the Recreation Services office, Building 23 between 9:30 a.m. and 6:30 p.m.



NNMC SCUBA classes

Recreation Services will offer SCUBA diving classes beginning May 8. The cost of the classroom and pool instruction is \$92, with open water certification dives offered for \$135. Space is limited. For more information call Bryan Jackson at 301-295-0032.



Softball meetings

The final organizational meeting for the Men's Softball League will be held April 23 in the Bowling Center at 4:30 p.m. Each team must send a representative. Ditto for the Co-ed Softball League, which will hold its first organizational meeting April 24 at 4:30 p.m. in the gym.

Disney passes

The Walt Disney Company is offering complimentary one-day admission tickets to visit the Magic Kingdom at the Walt Disney World Resort in Orlando, Fla. Tickets will be distributed by Naval Training Center Orlando to active-duty military members and active duty-reservists only. For more information call Patti Pedisich at 301-295-0031.

Sports trivia:

Question: Who holds the record for most victories in the Indianapolis 500?
Last week's answer: The Major League Baseball records for most team RBI in one season: AL — 1931 N.Y. Yankees, 469; NL — 1953 Brooklyn Dodgers, 390.

Call Us Today About
Ford's
**MILITARY APPRECIATION
PURCHASE PROGRAM!**

Academy Ford thru Ford Motor Co.
is Offering...

**SPECIAL PRICES
& FINANCING
for Military Personnel**

CALL OR STOP BY TODAY
FOR ADDITIONAL INFORMATION

(You must have active duty card
or dependant card)

"In A Class By Itself"
ACADEMY ONE MILE SOUTH
OF LAUREL
ON U.S. ROUTE 1
FORD 953-1100
792-8644

JAMES B. GARNER, D.D.S.
PATRICIA CUERVO-GARNER, D.D.S.

**FAMILY & COSMETIC
DENTISTRY**

**BRACES NOW
AVAILABLE
BY SPECIALISTS**
(OXON HILL OFFICE ONLY)

**DELTA DENTAL
NOW COVERS
CAVITY PREVENTING
SEALANTS
100%**

MILITARY DELTA DENTAL PLAN
EVENING & SAT. HOURS/SE HABLA ESPANOL

6357 OXON HILL RD. 5844 HUBBARD DR.
OXON HILL, MD ROCKVILLE, MD
(JUST OFF BELTWAY (AT MONTROSE &
EXIT 4) ROCKVILLE PIKE)

839-4200 231-6383

**MAACO-Painting
and Collision Experts**

**Maaco
AUTO
PAINTING &
BODYWORKS**

We're Famous For Auto Painting

**WE HAVE A PAINT SERVICE
TO FIT EVERY BUDGET**

We Shine At Collision Work, Too

Our MAACO Full Service Body Repair and Collision Center offers a complete range of services. Staffed by highly skilled body repair technicians, the Center utilizes state-of-the-art techniques and materials.

State Of-The-Art Finishes	Dent Straightening
Thousands of Color Choices	Parts Replacement
Oven-Baked Finish	Rust Repairs
Timely Service	Chassis & Frame Alignment

(301) 495-7314

2730 Garfield Ave., Silver Spring, MD 20910

STOP IN for FREE ESTIMATES!

Employment Opportunities

CIVILIAN JOB OPPORTUNITIES

The NNMC Civilian Personnel Office is located on the ground floor of Building 10. Office hours are 7:30 a.m. to 5 p.m., Monday through

Friday. For more information on these positions, updated weekly by CPO, call 301-295-6801 or 301-295-6804.

Vacancy Number	Area of Consideration	Series/Grade	Position Title	Location	Closing Date	Point of Contact	Phone
Naval Medical Data Services Center							
91-36 (JF)		4 GS-669-7/9/11	Medical Records Librarian	Bethesda, Md.	Until Filled	J. Francis	295-6804
90-86 (LH)		4 GS-332-3/4	Computer Clerk	Bethesda, Md.	Open**	L. Stewart	295-6801
90-206 (JF)		4 GS-334-7/9/11/12	Computer Specialist	Bethesda, Md.	Open**	J. Francis	295-6801
91-88 (JF)		4 GS-334-11/12	Computer System Analyst	Bethesda, Md.	Open**	J. Francis	295-6804
Bureau of Medicine and Surgery							
91-35 (JF)		4 GS-343-9/11/12	Management Analyst	Wash., D.C.	Until Filled	J. Francis	295-6804
90-195 (LS)	4,7	GS-318-4/5/6	*Secretary (T)	All Act.	Open**	L. Stewart	295-6901
90-101 (LS)	4	GS-204-3/4/5	Military Pers. Clerk (T)	Wash., D.C.	5/6/91	L. Stewart	295-6901
90-100 (LS)	4	GS-204-4/5/6	Military Pers. Tech. (T)	Wash., D.C.	5/6/91	L. Stewart	295-6901
Naval School of Health Sciences							
90-244 (LS)	4	GS-2/3/4	*Clerical Support Position (T/NT)	D.C., Va., Md.	Open	L. Stewart	295-6801
91-34 (LH)	4	GS-1020-5/7/9	Medical Illustrator	Bethesda, Md.	Until Filled	L. Hasty	295-6801
91-164A(LH)	4	GS-1071-5/7	AV Prod. Spec.	Bethesda, Md.	Until Filled	L. Hasty	295-6801
91-267A(LH)	4	GS-1071-7/9	AV Prod. Spec.	Bethesda, Md.	Until Filled	L. Hasty	295-6801
Naval Medical Research Institute							
90-229 (JF)	9	GS-0018-12	Safety & Occ. Health Mg.	Bethesda, Md.	Until Filled	J. Francis	295-6804
90-258 (JF)	4	GS-404-6/7/9	Bio. Lab Technician	Bethesda, Md.	Until Filled	J. Francis	295-6804
90-108 (JF)	1	GS-644-12	Sup. Med. Technologist	Bethesda, Md.	4/22/91	J. Francis	295-6804
90-106 (JF)	4	GS-403-9/11	Microbiologist	Bethesda, Md.	5/6/91	J. Francis	295-6804
Health Sciences Education and Training Command							
91-19 (LS)	4	GS-540-4/5	Voucher Examiner (T)	Bethesda, Md.	Until Filled	L. Stewart	295-6801
National Naval Medical Center							
91-41 (LF)	4,6,7	GS-018-9/11	Safety & Occ. Health Spec.	Bethesda, Md.	Until Filled	L. Fetsko	295-6804
91-86 (LW)	7	GM-180-15	Clinical Psychologist	Bethesda, Md.	4/30/91	L. Washington	295-6801
91-81 (LS)	4	GS-303-4	Clerk (T)	Bethesda, Md.	4/22/91	L. Stewart	295-6801
91-94 (LH)	4	GS-303-7	*Research Asst. (OA)	Bethesda, Md.		L. Hasty	295-6801
90-230 (LS)	4	GS-305-4	File Clerk	Bethesda, Md.	Until Filled	L. Stewart	295-6801
90-195 (LS)	7	GS-318-4/5/6	*Secretary (T)	All Act.	Open**	L. Stewart	295-6801
91-103 (PR)	4	GS-318-6/7	*Secretary	Bethesda, Md.	4/26/91	P. Robinson	295-6801
91-08 (LS)	4	GS-322-4	Clerk-Typist (PT)	Bethesda, Md.	Until Filled	L. Stewart	295-6801
91-88 (LF)	7	GM-235-13	Sup. Empl. Devel. Spec.	Bethesda, Md.	4/30/91	L. Fetsko	295-6804
91-93 (LF)	4	GS-203-4/5/6	Pers. Staffing Asst. (T)	Bethesda, Md.	4/30/91	L. Fetsko	295-6804
90-133 (LS)	4	GS-322-2/3/4	*Clerk-Typist	All Act.	Open**	L. Stewart	295-6801
90-250 (LS)	7	GS-322-4/5/6	Computer Operator	Bethesda, Md.	Open	L. Stewart	295-6801
90-242 (LS)	7	GS-385-5	Teletypist	Bethesda, Md.	Until Filled	L. Stewart	295-6801
91-96 (LH)	4	GM-510-13	Supvy. Accountant	Bethesda, Md.	4/26/91	L. Hasty	295-6801
91-62 (PR)	4,9,11,12	GS-610-11	*Clinical Nurse	Bethesda, Md.	Open**	P. Robinson	295-6801
91-63 (PR)	4,9,11,12	GS-610-11/12	*Nurse Specialist	Bethesda, Md.	Open**	P. Robinson	295-6801
91-64 (PR)	4,9,11,12	GS-620-4/5/6	*Practical Nurse	Bethesda, Md.	Open**	P. Robinson	295-6801
91-109 (LH)	4	GS-640-5	Health Tech.	Bethesda, Md.	Open**	L. Hasty	295-6801
90-104 (PR)	4	GS-645-8	Medical Tech.	Bethesda, Md.	4/26/91	P. Robinson	295-6801
90-261 (AW)	9,11,12,13	GS-648-8/9	*Therapeutic Radiologic Technologist	Bethesda, Md.	Until Filled**	A.L. Wright	295-6801
90-207 (LS)	4	GS-679-4/5	Medical Clerk (Typing/Nontyping)	Bethesda, Md.	Open**	L. Stewart	295-6801
90-196 (LS)	4,5,10,12	GS-675-4/5	*Medical Records Technician	Bethesda, Md.	Open	L. Stewart	295-6801
91-76 (AW)	4	WG-4204-8/9/10	Pipefitter	Bethesda, Md.	4/26/91	A. Wright	295-6801
91-80 (AW)	4	WG-5352-8/9/10	Industrial Equip. Mech.	Bethesda, Md.	4/26/91	A. Wright	295-6801
91-92 (LS)	7	GS-2005-5/6	Supply Tech. (T)	Bethesda, Md.	5/3/91	L. Stewart	295-6801
91-102 (LS)	7	GS-2005-6	Supply Tech (T)	Bethesda, Md.	5/6/91	L. Stewart	295-6801
91-105 (PR)	4	WG-6907-4/5/6	Materials Handlers (MVO)	Bethesda, Md.	4/26/91	P. Robinson	295-6801

* Special salary rates

**Referral list may be issued at anytime.

(1) Activity-wide (command).

(2) Activities serviced by CPO.

(3) All appointable employees of naval activities in the Washington, D.C. area.

(4) All appointable employees of the Department of Defense activities in the Washington, D.C. area.

(5) All appointable federal employees in the Washington, D.C. area.

(6) All appointable employees of the Department of the Navy worldwide.

(7) All appointable employees of the Department of Defense worldwide.

Code: (T) Typing (PT) Part Time (FPL) Full Performance Level

(8) All appointable employees of the Department of Defense activities, Philadelphia Region (Del., D.C., Md., Va., Pa., W.Va., N.J., and N.C.).

(9) All appointable federal employees throughout the federal service. - nationwide.

(10) Applicants with a Notice of Results/Rating are also being accepted.

(11) Non-status applications are being accepted.

(12) Reinstatement eligibles.

(13) All applicants under special employment program.

CLASSIFIED ADVERTISING

003 ANNOUNCEMENTS & NOTICES

DONATE YOUR CAR - Receive tax deduction. Will pick up. AFU Mission 301-505-3400

004 PERSONALS

ADOPTION - Military couple (nurse & engineer) unable to have child would like to adopt infant. Please call Mary or Michael at 301-350-8784.

013 WANTED

NEED ALL SURVIVING VIETNAM VETERANS - That were affiliated w/Charlie Co., 2nd Battalion of the 502nd Airborne Infantry Regiment, 101st Airborne Division, 3rd Platoon under the direction of 1st Lt. James Howard Baker, Jr. Please write Loretta Edwards, 5980 Richmond Hwy, Alexandria, Va 22303.

Go against the grain. Cut down on salt.

Adding salt to your food could subtract years from your life. Because in some people salt contributes to high blood pressure, a condition that increases your risk of heart disease.



020 PERSONAL SERVICES

ALL TYPES: - Resumes/171's. Lifetime files, LASER Printed. Term Papers. OFFICE OVERFLOW. Misc. Word Processing. 703-912-9369

I BUY MORTGAGES FOR CASH - Call 301-949-9348.

COMPUTERIZE YOUR SF-171
Quick & Easy turns plain paper into a completed SF-171 with laser printer or fill in form with dot matrix or Daisy wheel printer. Fill in blanks on screen. Customize your SF-171 & save on disk, menu driven, spell checker, meets OPM guidelines. \$39.95 + \$3.00 S/H = \$42.95 (VA residents add \$1.80 VA Tax = \$44.75) or write for free demo disk.

REAL DEAL SOFTWARE CO.
P.O. Box 78, Dept. M
Fairfax Station, VA 22039
703-273-4940

OVERWEIGHT?

New diet disc program as seen on TV. Earn bonus \$\$ while losing weight. 100% guaranteed. Doctor recommended.

202-452-7675



020 PERSONAL SERVICES

RESUMES/171'S. FULL SERVICE: - Writing, Layout, Typing. Loc: DC, No. Va. Professional Writers Associates. (703) 759-7428 or (202) 822-0718.

PM VCR REPAIR - Free estimates. Lowest Prices Guaranteed. Call 301-568-0069

025 INSTRUCTION & TUTORING

BARTENDING

- 2 week course
Free placement assistance
703-841-9700.

035 MERCHANDISE

COFFEE TABLE - Chrome/glass, round, 36" diameter, 3/4" thick, best offer, good cond. Andie/Jon, 202-484-9639.

NAVY OFFICER SUMMER WHITE UNIFORMS - Size medium and medium-large shirts. 36 waist trousers. New and slightly used. 703-255-6824.

WASHER/DRYER - \$125 and up. All sizes, makes and models. Warranty. We deliver C.O.D. 202-832-1944.

18LB. WASHER \$200. DRYER \$180.

1 year full guarantee. Will deliver and install. Call after 3pm: 301-490-4237

\$868 SWIMMING POOLS \$868

Warehouse clearance of new 1990 pool, 24'x32' installation available. Included: huge deck, ladder, fencing, filter and skimmer. Financing available.

Call Toll Free 24 Hours

1-800-523-0400

MHIC 34431

17 Years in Business

COMPUTER SALVAGE

IBM, H.P. Many other name brands. Printers, monitors, motems & keyboards. Too much to list.

(301) 373-8493

KIDS' CORNER

ALL PERSONS ADVERTISING - under this classification, living in Maryland, DC or Virginia must be registered by the State in which they are located. If you are not registered you may call the Office of Social Services: Maryland, 301-808-1685; DC, 202-727-7226; Virginia, 703-838-0874, for more information.

BABY CRAFT - Lifetime crib. Solid wood. Converts to youth bed & adult bed. Will hold for small deposit. "Baby Biz" 703-780-1958

AFFORDABLE LIVE-IN CHILD CARE

By European au pairs. Legal, English speaking, carefully screened. Call:

E F Au Pair at 301-871-7827
Eves. & weekends

CLASSIFIED 301-948-4364



Do You Provide...

- Child Care
- Pre-schools
- Music Lessons
- Private Schools
- Party Entertainment
- Educational Services



Then you need to advertise with us! We publish 10 military newspapers that are read by our 400,000 readers weekly. Lets give them the opportunity to know where the best children's services are available!

To place your ad in the 'Kids' Corner', or for further information, please contact:

Susan Taylor
(301) 921-2836



THE PET PLACE

AKC PUPPIES

- 45 Breeds
- Puppies and Supplies
- Health Guarantees
- Open 7 Days A Week

POTOMAC KENNELS
301-948-2202



"...because there's no place like home"

In-home Personalized Pet Care

Pet Nanny®
301-731-0011

"Serving Suburban Maryland & The District"
Now Also on Andrews AFB
Bonded • Trained • Insured

Why Should You Advertise in 'The Pet Place'?

Because you can always use new business! This section is published weekly throughout MD, D.C. and No. VA.

To place your ad or for further information, please call:

Lois Lawrence
301-921-2835

CLASSIFIED ADVERTISING 301-948-4364

Lower the numbers and raise your odds.

Controlling your blood pressure can reduce your chances of heart disease. Have your blood pressure checked. And keep it in check for life.

American Heart Association



SERVICE DIRECTORY

FINANCIAL SERVICES

WORRIED ABOUT UNPAID BILLS?

Maybe we can help. CCCS provides free counseling And a debt repayment program.

459-8766 & 420-4182
Lanham Forestville
A NON-PROFIT SERVICE

LOANS FOR HOMEOWNERS

American First Financial Services, Inc.

- Bill Consolidation
- 1st & 2nd Mortgages
- Home Improvements
- Refinance for Cash
- Any Credit Considered
- Qualify by Phone
- Low Rates
- No Application Fees

262-7717 (PG/DC) 645-6303 (Charles) 994-1444 (St. Mary's)
Toll Free 1-800-245-5456

TAX SERVICES

OFFENBACHER & CO., INC.

TAX PREPARATION
20 Years Experience
World Building - Suite 803
8121 Georgia Avenue, Silver Spring, MD 20910
301-565-3000

TINA & JOE ELECTRONIC TAX PREPARATION

301-630-0838
Serving VA-DC-MD
Federal & State Tax
Call for Appointment.



American Heart Association
WE'RE FIGHTING FOR YOUR LIFE

HOME SVCS.

REPAIR

& RESTORATION OF FINE & ANTIQUE FURNITURE, BRASS, SILVER, BRONZE, HINGES, HANDLES, FINIALS & FEET BEDS • LAMPS

BRASS SILVER POLISHED & PLATED

MOVING DAMAGE ESTIMATES APPRAISALS

(703) 548-4604
1101 Duke St.
Alexandria, VA

The Journal

CLASSIFIED 301-948-4364

CLASSIFIED OFFICE:
Comprint Inc., 9030 Comprint Ct.
Gaithersburg, MD 20877.

MAILING ADDRESS:
ATTN: Classified Dept.
Comprint Inc., 9030 Comprint Ct.
Gaithersburg, MD 20877.

HOURS:
Mon. - Fri. 9:00 am - 5:00 pm.

INDEX:
Announcements & Notices 001-009
Lost & Found 010-012
Wanted 013-014
Child Care 015-019
Services 020-029
Auctions 030-034
Sale Items 035-044
Employment 045-049
Housing (Rent) 050-059
Housing (Sale) 060-073
Busi. Oppor. 075-079
Vehicles 080-090

CLASSIFIED DEADLINES:
Classified Ads Tues. 3:00 pm.

RATES:
For your convenience, we accept MasterCard and VISA for classified advertising by call 301-948-4364. The following ads are published one time free as a public service: Giveaways, Found, and Carpools.

DISPLAY ADVERTISING 301-948-1520

MAILING ADDRESS:
ATTN: Display Advertising
9030 Comprint Ct.
Gaithersburg, MD 20878

CANCELLATIONS:
All advertising must run one time before we can cancel or change copy. When an ad is cancelled, a cancellation number will be issued as a receipt. All matters involving this cancellation will be settled on the basis of the advertiser submitting the cancellation number for verification.

ERRORS:
The Journal cannot be responsible for more than ONE incorrect insertion. Check your ad carefully and please notify us immediately, if an error occurs. No adjustment will be given unless, in the opinion of the newspaper, the error materially affects the value of the advertisement. The paper will not be responsible for more than the cost of such advertisement.

COPY:
The Journal reserves the right to refuse or revise any advertisement which it deems objectionable.

NOTICE:
All housing advertised in this newspaper is subject to the Federal Fair Housing Act of 1968 and to the Federal Civil Rights Act of 1966. These two laws make it illegal to discriminate or to advertise "any preference, limitation, discrimination, based on race, color, religion, sex, or national origin." This newspaper will not knowingly accept any advertisement for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

We're opening doors to new grads.

If you're a new Nurse, Biomedical Engineering Technologist, Burn Therapist, Cytotechnologist, Medical Technologist/Technician, Nuclear Medicine Technologist, Occupational Therapist, Pharmacist, Physical Therapist, Physician Assistant, Radiation Therapist, Radiologic Technologist or Respiratory Therapist/Technician, you owe it to yourself to attend this special event.

This is your chance to meet our department supervisors, head nurses and clinical managers. To tour our 907-bed tertiary care facility, including the new, state-of-the-art North Addition. To learn how you can develop your skills in an advanced, challenging and supportive environment.

This is your opportunity to find out about our highly competitive salaries and exceptional benefits. And to learn why our nationally renowned teaching hospital is the perfect place in which to begin your career.

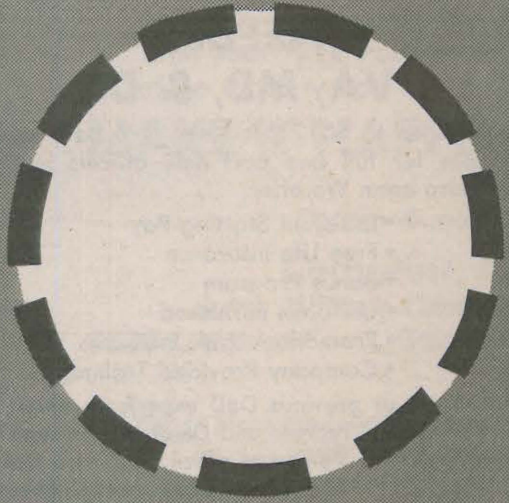
Put this date on your calendar now. Hang the cutout on your door as a reminder. Plan to join us for gourmet treats. Don't let anything keep you from our Open House for graduating allied health professionals and nurses.

For more information and to R.S.V.P., call Terra Cox, Employment Specialist or Cindy Wolfe, R.N., (202) 877-6048 or toll-free (800) 432-3993.

Human Resources Division
110 Irving Street, N.W., Rm. 1A66,
Washington, D.C. 20010-2975



An Equal Opportunity Employer



Open House for Allied Health Professionals and Nurses

TUESDAY, APRIL 23
EAST BUILDING
RECREATION ROOM
4-7 p.m.

Call (202) 877-6048 for more information.

**WASHINGTON
HOSPITAL
CENTER**

045 HELP WANTED

AREA SALES: AVON -
1-800-359-4229

AVON

A better earning opportunity than ever before! Call today, work tomorrow. (703) 780-7658.

DISCOVERY TOYS

- Balance family & career with a fun, flexible job. For catalog/info, call 301-262-2039.

HAWAII FREE!

Decor & More & Christmas Around the World Hiring supervisors. Free training, work from home while making more money than ever before. Peggy, 301-261-9383/ 867-7541. Joy, 301-855-6536.

CLERKS.....NEEDED!

No exper Will train F/T & P/T MD VA DC AIRLINES: flight attendant, customer svc., reservations, ramp, a & p HOTELS: front desk, pbx, housekpr, hostess, auditor HOSPITALS: unit clrk, cashier, aide/driver, nurse, rec. NEW PLACES/GAJ (202) 833-8710 Job list. svc. you pay app. chg.

MODELING

USA Int'l Studios is looking for new faces to possibly represent in TV, commercials, films & nat'l mags. \$12/hr-\$1500/day possible. No exper/training req. M/F & children over 4. 301-296-2326.

NURSE

Small nursing home, in quiet residential area, is in need for an RN or LPN. Full time. Competitive salary. Prefer experience in long term care but not necessary. For more details contact:

Sally Gauthier, D.O.N.
Oak Meadow Nursing Center
703-765-6107

EOE

CNA

A small nursing home is in need of CNA's. All shifts. F/T and P/T or PRN. If interested contact:

Sally Gauthier, D.O.N.
Oak Meadow Nursing Center
1510 Collingwood Rd.
Alexandria, VA
703-765-6107

045 HELP WANTED

SECURITY OFFICERS
NEEDED
VA, MD, & DC

Earn up to \$312 per week. We have positions for full and part time officers in the Metro area. We offer:

- Excellent Starting Pay
- Free Life Insurance
- Bonus Program
- Uniforms Furnished
- Promotions With Increases
- Company Provided Training

Current or previous DoD experience helpful. Active duty, retirees and Desert Storm reservist welcome. Personnel office hours are 8am-4pm, M-F. Special weekend appointments arranged.

For information call:

Lt. Simpson
703-524-8644

Or visit our office

International Security Corp.
1113 North Highland Street
Arlington, VA

Across from the Clarendon Metro Station.
On the Orange line.

051 APARTMENTS FOR RENT

GLENARDEN/LANHAM - 3 room bsm't apt. Sep entry, kitchen, W/D, BA. Avail 5/1/91. Near metro, singles only. \$450 + 1/4 util. Ms. Hose: 301-386-4024.

053 HOUSING TO SHARE

FALLS CHURCH - Non-smoker share furn. house. Minutes to Pentagon, MBR, pvt BA, \$350+ util. Walk/metro, tennis, 166, shopping. 703-241-7741.

N. ARLINGTON - Female, non-smoker, near metro, AC, gas heat, W/D, DW, free parking, \$355/mo + 1/4 utilities. Call Sharon, 202-224-5968.

045 HELP WANTED

055 VACATION RENTALS

DISNEY/ORLANDO - 3BR, 2BA, fully furnished condo. Sleeps 8, pool, jac, cable, golf, tennis. \$450/week. \$100/night. 301-251-9184.

OCEAN CITY GET-A-WAY - 142nd St. Near Fenwick Island. 1BR condo. Like new, pool, quiet street, 4 blocks to ocean. Reasonable rates. 301-647-4785.

SPRING FLING (APR-MAY) - Duck, NC. Luxury oceanside house. Sleeps 12, fishing, cable VCR, jacuzzi, etc. Ocean & Sound Views. 5 hours from DC. 301-963-2885.

060 HOUSES FOR SALE

GERMANTOWN - 3BR TH, 4BA, hardwood floor, table size kitchen separate DR, finished walk-out basement, 2 decks, short walk to lake. Many extras. Must see. \$134,900. 301-540-3947.

OLD PENNENS MOUNT - 2 min. USNA. Charming stucco, 3/4BR, 2BA, 2 car garage, FP, CAC. \$249,000 by owner. 301-757-2728.

WATERFRONT BY OWNER (STM) - 4BR, 2 1/2BA, FR, double garage, screened porch, 2 acres, catch your own crabs. 301-884-3369 AWH.

NOW IS THE TIME TO BUY A HOME

In Prince William County, some great bargains with low (or no) closing costs/down payments. Call the:

Father/Daughter Team
Ron or Lori Anderson
1-800-528-5832, ext. 129
ERA TATUM
PROPERTIES, INC.

FREE Weekly list of properties FOR SALE "By Owner" with prices, descriptions, addresses, owners' phone numbers, etc.
301-913-0313
Help-U-Sell of Bethesda/Chevy Chase

061 OPEN HOUSES

FOR SALE BY OWNER
PRICED TO SELL-Brick near Metro, 4BR, 2BA, finished basement.

OPEN: Sunday, 1pm-5pm
526 Tuckerman St. NW, DC
\$128,951.
Call: 202-829-1665

HELP-U-SELL
Bethesda/Chevy Chase
301-913-0313

062 COUNTRY PROPERTY FOR SALE

NATIONAL FOREST
10 ACRES, \$22,000
18 ACRES, \$33,000
- Charlottesville area: Secluded, alpine views, perked, state road, mountain stream. By owner. 202-483-1117.

068 REAL ESTATE SERVICES

For Sale
By Owner
Assistance

- Multiple Listing Service
- Market Analysis
- Sales Contracts & Addendums
- Lock Box & Sign At Your Option

Fee: \$350

Daniel Lloyd
AND ASSOCIATES
924-4842

CLASSIFIED 301-948-4364

060 HOUSES FOR SALE

IF YOU MUST SELL... YOU MUST CALL US!!!

No hassels, no commissions. YOU get the benefits, WE do the work.

Call:
REAL VESTOR
301-431-2835

How to live with someone who's living with cancer.

When one person gets cancer, everyone in the family suffers.

Nobody knows better than we do how much help and understanding is needed. That's why our service and rehabilitation programs emphasize the whole family, not just the cancer patient.

Among our regular services we provide information and guidance to patients and families, transport patients to and from treatment, supply home care items and assist patients in their return to everyday life.

Life is what concerns us. The life of cancer patients. The lives of their families. So you can see we are even more than the research organization we are so well known to be.

No one faces cancer alone.

AMERICAN CANCER SOCIETY

069 AUTOS FOR SALE

FORD CROWN VICTORIA SW - '85, 9-pass, small V8, \$2675; BUICK ELECTRA SW, '83, full size, small V8, loaded, VA/MD inspected, \$1795; OLDS CUTLASS CRUISER SW, '82, vinyl seats, 9-pass, small V8, \$1695. 301-567-2994.

FORD VAN - '81, auto, PS, \$995/offer; CHEVY IMPALA, '80, 4dr, vinyl seats, AC, auto, \$1275; FORD ESCORT, '85, 65K, \$1375. 301-567-5914.

MERCURY MONARCH - 4dr, vinyl seats, 6cyl runs great, \$725/offer; DATSUN 210, auto, AC, \$1375; NISSAN PULSAR '84, 4dr, auto, AC, \$1995. Call 301-567-2994.

PONTIAC FIERO - 1986, V4, Excellent condition, PS/PB, auto, transmission, 50K, Must sell. 301-774-1188, after 7pm.

SUBARU GL - 1984 Stationwagon, 4spd + 4-wheel drive, \$1695 offer. Also CHEVY '81, auto, AC, runs great, \$995. Call 301-567-5914, anytime.

TOYOTA COROLLA - 1986, auto, AC, \$3975/firm. OLDS '82 BROUGHAM, 4dr, diesel, \$1295. CHEVY '79 Impala, 4dr, 73K, vinyl seats, \$1275. 301-567-7851.

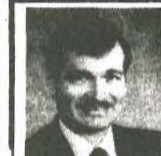
'87 PONTIAC FIREBIRD - Excel. Cond. 6cyl., \$4600. 301-292-3179.



"The only thing more beautiful than the Wildlife Conservation stamp and print is the wildlife you help preserve when you buy them."

Frank Perdue, Maryland Businessman

HOMES



Jerry Stepanik
LTC. (R) AN

"Serving those still serving"
Settled over \$4 million in 1990

ATTENTION
FIRST TIME BUYERS
RELOCATING MILITARY

Call for a briefing on the basics of buying a home, including your VA LOAN BENEFITS, etc.

(301)949-2100 (Office)
Licensed MD/DC/VA



ALAN REALTORS



Tie one on.



American Heart Association
WE'RE FIGHTING FOR YOUR LIFE



Take stock in America.

APARTMENT LIVING

IN MARYLAND

ANDREWS/DISTRICT HEIGHTS

VALLEYBROOK
2130 County Road

SAVE MONEY

1BR, \$495
2BR'S, FROM \$560
PLUS ELECTRIC
(\$300 Security Deposit)

301-736-6999

Mon.-Fri., 8-5; Sat., 10-5; Sun., 12-4

United Investors Mgmt.

E.H.O.

IN MARYLAND

Silver Spring/Wheaton

Country setting with city convenience. Walking distance to Wheaton Plaza. 1 block to Metro Station.

- Featuring:
- Cable TV
 - Pool
 - Tennis Court
 - BBQ Area
 - Large Apts with 20ft. Balcony

All at:

WHEATON PLACE APARTMENTS
10905 Amherst Ave., Wheaton, MD
301-933-1130

Management by Allen & Rocks

EHO

FREE



Quixsearch

"Apartment hunting made easy!"

- | | | | |
|------------------------|----------|---------------------|----------|
| Tysons Corner | 893-3812 | P.G. Plaza | 559-6721 |
| Landmark Mall | 642-2737 | Columbia Mall (301) | 730-1884 |
| 7 Corners (Home Store) | 536-3347 | Wheaton Plaza | 949-4742 |
| Lakeforest Mall | 670-0036 | DC/Metro Ctr. | 347-6399 |

Toll Free 1-800-486-EASY

Open 10-7 daily & Sun, 12-5

WOODWARD & LOTHROP

EHO

There is a need in your own hometown. Please join your local chapter.



American Red Cross

We're Fighting For Your Life.

WERE FIGHTING FOR YOUR LIFE



FORESTVILLE/SUITLAND

PENNBROOKE TERRACE
5052 Silver Hill Court
Pa. Ave. & Silver Hill Rd.

SAVE MONEY

1BR, \$575
1BR WITH DEN, \$605
2BR'S, \$660

ALL UTILITIES INLCUDED
(\$300 Security Deposit)

301-735-4243

Mon.-Fri., 8-5; Sat., 10-5; Sun., 12-4

United Investors Mgmt.

E.H.O.

IN VIRGINIA

Dale Forest



Don't Sit Still For High Utility Bills!
At Dale Forest we pay for all your utilities except electric!*

*This includes Gas Heat, Gas Cooking, Gas Hot Water, Basic Cable TV, Water, Sewer and Trash Pick-up

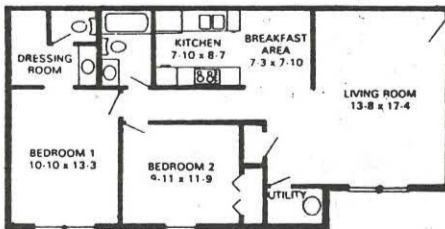
- MICROWAVE OVENS
- WALL TO WALL CARPET
- DRAPERIES THROUGHOUT
- FREE BASIC CABLE T.V.

DALE FOREST APTS.
14321 Wrangler Lane
Woodbridge, VA 22193
(703) 670-6135

HOURS:
Sat. 9:00-5:00
M-F 9:00-5:00

LUXURY AT AN AFFORDABLE PRICE!

Two Bedrooms w/1 1/2 Baths from \$555.



Typical Two Bedroom Apartment

DIMENSIONS ARE APPROXIMATE

- DISHWASHERS
- WASHER & DRYER
- GARBAGE DISPOSALS

DIRECTIONS: I-95 to Dale City Exit 52. Dale Blvd. 2 1/2 miles to Minnieville Rd. Left at light to Darbydale Ave. 1/2 mile on left.



I WANT A JOB!

Is this you or someone you know?
Run your **FREE** Position Wanted listing, of up to 20 words, in your base paper.

MAKE IT HAPPEN TODAY!

Detach & mail to:

Comprint, Inc.
Attn: Military Classified Dept.
9030 Comprint Court, Gaithersburg, MD 20877

Please place the following ad in the next issue of (mark only 1 paper)...

(Phone # counts as one word. One word per line! PLEASE PRINT!!!)

- | | | |
|------------------------------------|--|---|
| <input type="checkbox"/> Pentagram | <input type="checkbox"/> Capital Flyer | <input type="checkbox"/> Journal |
| <input type="checkbox"/> Tester | <input type="checkbox"/> Castle | <input type="checkbox"/> Sea Services |
| <input type="checkbox"/> AFDW Beam | <input type="checkbox"/> Stripe | <input type="checkbox"/> Henderson Hall |
| <input type="checkbox"/> Trident | | |

For Our Records: (PLEASE PRINT!!!)

Name : _____

Address : _____

Phone #: _____

Announcement!

Let the



CLASSIFIED

say it for you!

Call
(301) 948-4364





With Grateful Appreciation General Motors Salutes The Men And Women Of Our Armed Forces, And Offers Them Something Special:

An Easier Way To Buy A New Car Or Truck.

Your Chevrolet, Pontiac, Oldsmobile, Buick, Cadillac and GMC Truck dealers have incentive plans already in place that make it easy to buy a new car or light truck.

But now through the end of the year, the divisions of GM are offering a Special Military Program to all active U.S. military personnel and reservists called to active duty during the Persian Gulf War or their spouses.

Here's how it works. You get three hundred dollars in down payment assistance, plus any additional down payment you make is matched up to five hundred dollars when you buy a new GM car or light truck and finance it through GMAC. That can mean as much as eight hundred dollars toward your purchase. Add that to existing incentives, and you can save even more. The Special Military Program is not available with the college graduate program, first-time buyer program or overseas vehicle purchase program. See your participating GM dealer for qualification details.

It's a small gesture on our part in partial exchange for the tremendous gesture each of you has made. And our way of expressing thanks for a job well done.

VISIT YOUR GM DEALER NOW!



CHEVROLET • PONTIAC • OLDSMOBILE • BUICK • CADILLAC • GMC TRUCK