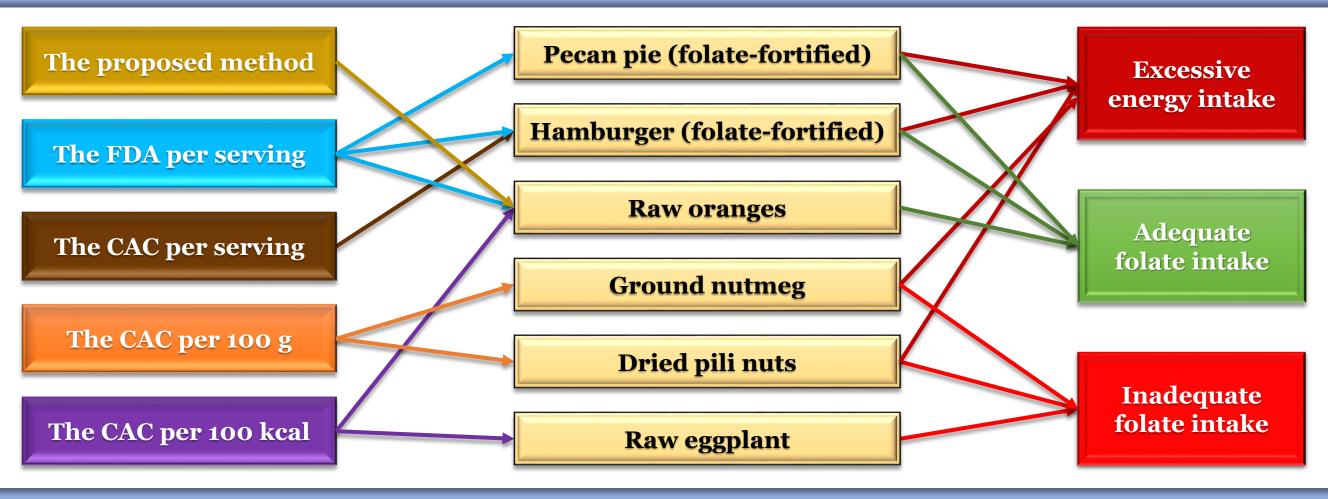
## Results of food choices based on different methods for achieving adequate folate intake



**Suggested citation:** Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. A new method for calculating folate content and determining appropriate folate levels in foods. SSRN 2022. DOI: 10.2139/ssrn.4133391