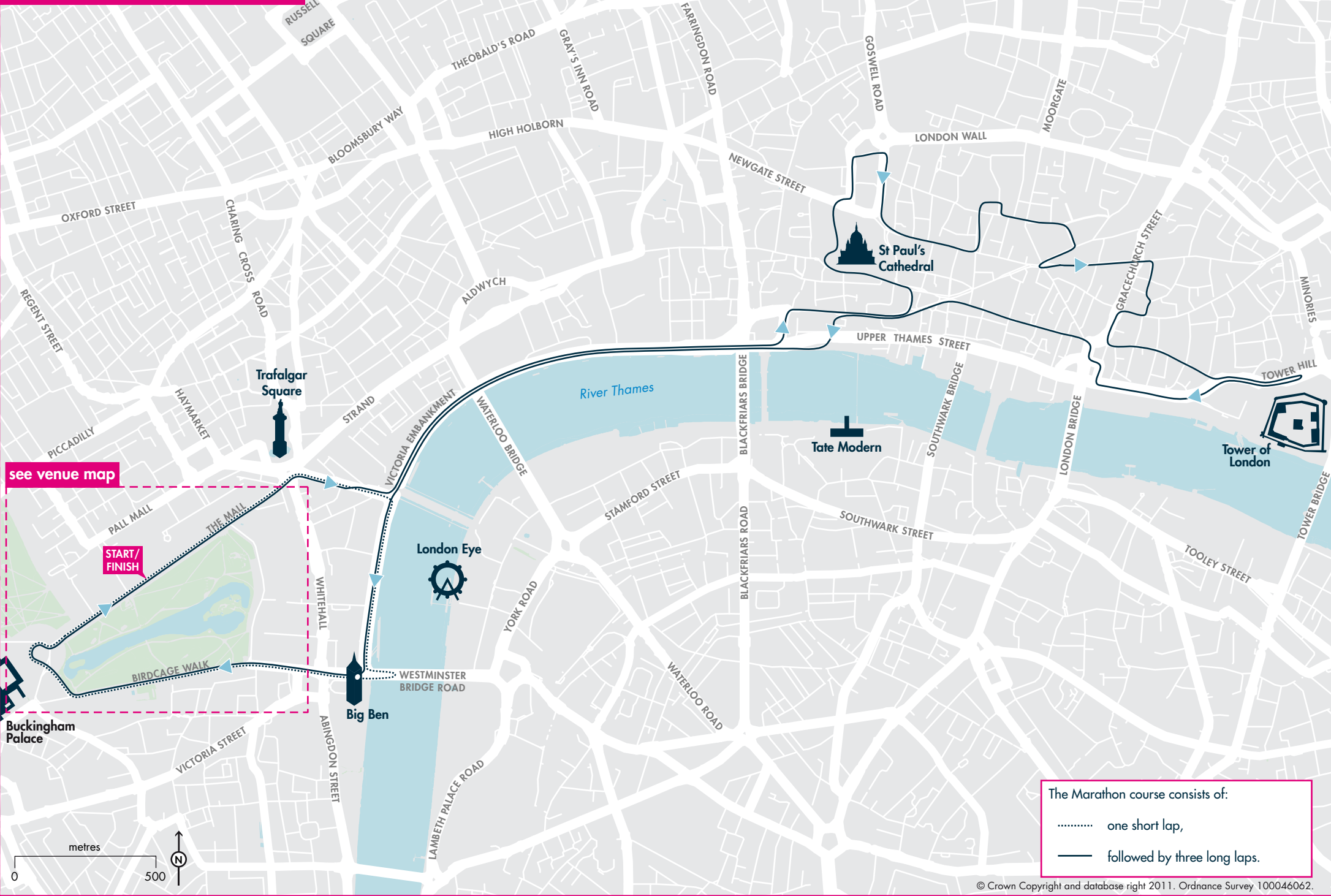


# Athletics – Marathon course



The Marathon course consists of:

- ..... one short lap,
- followed by three long laps.