

No. 3124

Def. Doc. # 2109-A

4410 3124

Certificate of Source and Authenticity

I, YOKOI, Kōji, who occupy the post of Chief of the Investigation Section in the Prisoners' Intelligence Bureau, hereby certify that the printed matter hereto attached, printed in Japanese, consisting of two pages and entitled the "Tokyo Prisoners of War Internment Camp Monthly Report" (March, 1943) is an exact and true copy of an official document in the custody of the Japanese Government (The Prisoners' Intelligence Bureau).

At Tokyo,
on this 18th day of August, 1947.

/S/ YOKOI, Kōji (seal)

I hereby certify that the above signature and seal were affixed hereto in the presence of the Witness.

At the same place,
on this same date

Witness: /S/ KAZUMA, Isaburō (seal)

Translated by
Defense Language Branch

Excerpt from the "Tokyo Prisoners of War Internment
Camp Monthly Report" (March, 1943)

1. Ordinary diet.

The staple food for the captives of non-commissioned officers and under were rationed 570 grammes at first, but it was gradually increased, in proportion to the amount of their labour, to 690 grammes by January 1st of this year. As the hours of their labor were extended in March, the last reserved quantity of 96 grammes were added, making it 786 grammes, which were the largest regulated amount and the equal quantity of ration allowed Japanese soldiers.

Moreover, from the view point of preventing beri-beri, more cleaned wheat was used so that their staple food was composed of at the rate of 410 grs. of polished rice and 376 grs. of cleaned wheat.

Moreover, efforts were made to supply them with subsidiary articles of diet containing much albumen and fat so that they might be free from deficiency diseases and raise power of resistance to diseases.

2. Diet for patients.

To those sufferers from diarrhoea, bread and eggs, etc. have hitherto been given, and to the sufferers from beri-beri, vitamin and rice-bran were supplied and thus an early recovery of the patients was taken care of from the point of view of nutrition.

3. Efforts are being made to increase the sales of daily necessities in the canteen to the extent that no undue pressure may be brought upon the demand of the general public, in order to have prisoners find comfort and hope in this direction so that they may display the maximum ability in their labor.