



I AM NAVY MEDICINE — BARRY K. HEFFNER

By Barry K. Heffner, Navy Medicine East Management Analyst

PORTSMOUTH, Va. – I first became interested in a career with Navy Medicine during my senior year at Pottsville Area High School in Pennsylvania. I was very interested in trying something different besides living in my small hometown in Pennsylvania and going to college. So I visited my local Navy recruiter. While going over the different options, I found out that I qualified for dental technician school located in San Diego, California.

Being from a small town, all of a sudden I had big dreams of living in California with the warm weather and very enthusiastically jumped at the chance of joining the Navy. It is a decision that I have never regretted. I served 23 years on active duty and have worked eight years as a civil service employee, for a total of 31 years.



*(U.S. Navy photo by Mass Communication Specialist 2nd Class
Stephané Belcher/Released)*

I feel my job as a Manpower Department management analyst for Navy Medicine East has a significant impact on Navy Medicine. Our department is responsible for managing over 27,000 billets and ensuring that each of the medical treatment facilities under Navy Medicine East's area of responsibility—which spans the eastern hemisphere—is staffed with the appropriate quantity and skill sets needed to deliver health care efficiently.

Navy Medicine has provided me with the opportunity to travel the world, learn a variety of different skills, and meet many wonderful people. And I give back by sharing my work knowledge that I've gained with my colleagues and to the analysts that are serving in the medical treatment facilities.

Outside of work I am passionate about working out. Exercise has so many positive benefits and has helped develop me into the person I am today while giving me the confidence to succeed.



*(U.S. Navy photo by Mass Communication Specialist 2nd Class
Stephane Belcher/Released)*

I received a Master of Science in human resource management from Thomas Edison State University with 3.9 GPA. And I'm especially proud of my recent selection as NME's Civilian of the Year for 2016—something that would never have been achieved without the help and mentorship of my shipmates.

My name is Barry K. Heffner, and I am Navy Medicine.