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Rams little Dodeon.

A briefe Epitome of the new Herbal,
or History of Plants.

Wherein is containd the disposition and true declaration of the Phisike helpes of all sortes of herbes and Plants, vnder their names and operations, not onely of those which are here in this our Countrey of England growing, but of all others also of other Realmes, Countreyes and Nations

Gub. Lonus used in Phisike:

Chitting

Collected out of the most exquisite newe Herball, or History of Plants, first set forth in the Dutch or Almayne tongue, by the learned and worthy man of famous memory, D. Reinbert Dodeon, Phisicion to the Empe-
rour; And lately translated into English by Henry Lyte, Esquire:

And now collected and abridged
by William Ram, Gent.

Pandit Oliua suos Ramos.

Imprinted at London by Simon Stafford, dwelling
in the Cloth-Fayre, at the signe of the
three Crownes. 1606.

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Keats in the ...

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The Author to the Reader.



Oving & most naturall countrymen : I haue bestowed some tyme, in reducing the most exquisit new herball or history of plants (first set forth in Dutch and Almayne tonguz, by the learned and worthy man, of famous memory, D. Reinbert Dodeon, Phisicion to the Emperour, and translated into English by Master Henry Lyte, Esquire) into a brieft and short Epitome : wherein is contayned the disposition and true declaration of the phisike helps of all sorts of herbes and plants, vnder their seueral names & titles, not onely of those which are here in this our countrey of England growing, but also of others of foreine realmes, countreys, and nations, vsed in Phisike, (being nowe brought into a very samll volume) So as where the geat booke at large is not to be had, but at a great price, which cannot be procured by the poorer sort, my endeuor herein hath bin chiefly, to make the benefit of so good, necessary, and profitable a worke, to be brought within the reach and compasse aswell of you my poore Countrymen & women, whose liues, healths, ease and welfare is to be regarded with the rest, at a smaller price, then the greater Volume is : wherein I haue made declaration of certayne dangerous Plants, with their corrections, onely drawing them into a special Title by themselves, which before were dispersed in many places. This onely obseruation I gaue thee, that where, in many titles of cures, all, or the most part of the herbes or simples for such cure, are drawn within this direct, it is not to be intended, that all those simples should be added together in the vse of Phisike, but that euery of them

The Authour to the Reader.

by themselves are to be ministred for the cure of the disease vnder their severall tytes: and that this Character or marke,—which you shall finde in many places of this book, isto giue the right vnderstanding of the herbe (by which it is set) by some other more familiar name, then in his first place: And as it pleased that famous and worthy man, *D. Reinbert Dodeon*, the Patrone of so excellent and necessary a woorke, to offer the same into the world: And as the sayde worshipfull gentleman, master *Henry Lyte*, by his diligence hath translated the same into our English tongue, for the benefit of all his countrymen, to the end the light thereof might not be hidden or extinguished, to their great prayse and cōmendations: Euen so, my poore talent of endeuor hath byn to none other end, but only to draw that into a handfull, which before was in the compas of a great garden: or else to bring that into a little Gardē, which before was (as to be looked for in many fields and disperced places) not to be found but by great labour and industry: my onely and greatest care hath byn of long tyme, to knowe or thinke, how and vpon whome to bestow the dedication of this my small labor: And in the penning of this my letter, my Affections are satisfied with the dedication thereof to thee my poore and louing coutryman whosoever, and to whose hands soeuer it may come: For whose sake I haue desired publicatiō of the same, beseeching Almighty God to blesse vs all.

William Ram.



The Contents of this Booke.

A Speciall note that the first page of euery lease being opened, contayneth the practise of *M. R. Dodeon*: And that the second opposite page, vnder the Title *Incidentia*, contayneth the practises of others for the same Phisike helpes, collected and inserted by the Author of this Treatise.

Certayne excellent approoued experiments vnder the Title *Incidentia*, incident to the cures of many, or of the most part of the same diseases, set on the other opposite page.

A declaration of many dangerous herbes and Plants, very dangerous and hurtfull to man, by reason of their malignant and hurtfull qualities.

The correction of the same dangerous plants, or many of them.

Observations for euery of the twelue moneths in the yeere.

Observations of times of gathering, ordering and preserving of certayne herbes, fruits, seedes, flowres and rootes.

Observation of gardening, by father *Kinke* of *Tibolds*.

Observation of diuers dangerous dayes in the seuerall moneths of the yeere.

Certayne generall observations.

Observations of Dyet, good and euill for the parts of mans body.

*All these Plants, or the most part of them
haue their seuerall dangers and pro-
perties, and therefore they are
to be corrected, or to be
vsed by good
discretion.*

Hempe seede, Pewee, Agarick, Squilla, Leeks,
Onions, Indian Pepper, Thlaspy, Coleworts,
Dache, Wole reede, Bitter Vitch, Chick pease,
Yemlock, Solanum, Mandragora, Oleander,
Licoctenen, Scrotonum, Ranunculus, Firne,
Scamony, White Wylong, Wallwort, Elder,
Colloquintida, Liscinachus, Wylde Cowcumber, Stauesacre,
Pezeron, Camelea, Phyllium, Lawrell, Harard will,
Lapsta, Poplos, Spurge, Guala, Withemall,
Elebor, Ciclamen, Astrologia, Euphorbium, Lacerpitium,
Cozlander, Compa, Aneoz, Carthamus, Flaxe seede.

*All these simples and plants are not to be
taken into the body, without great
skill, and good correction, by the
learned and skilfull
Phisicians.*

All the Crow-footes, especially Apium risum, taken inward-
ly, spoyleth the senses and vnderstanding, and draweth to-
gether all the sinewes of the face, making them that haue eaten
theresof, to seme to laugh, and so they dye laughing, except pre-
sent remedy be prouided.

Flannula, Wolfesbane — Licoctinum, Scrotonum — Oleander
Opium — Papauer, Mandragora, Solanum lethale, — Diuale,
Solanum somniferum, Henbane, blacks especially, Yemlock,
Pewee tree not to sleepe vnder.

The

The Corrections of dangerous
Herbes, Plants, and simples.

The danger of Sootherwood: it is a hurtfull enemy to Soother-
the stomake: wherefore Gallen would not haue it mint- wood.
fired inwardly in the body. Cartha-

The danger of the seede of ballard Saffro, it is hurt- mus,
full to the stomake, causing desire to bowyt, of hard and slowe
operation, remayning long in the stomake.

¶ But to that seed, Annis seeds, Galingale, Pastik, Cin- Correc-
ger, Sal gem, or common salt, which will haften his operation, tion.
and correct his malignity.

The danger is, being taken into the stomake, it is a hindrance Flaxseed
to digestion of meate, and breedeth windinesse. or Lync-

The danger, it is hard of digestion, contrary to the stomake, seede.
it causeth payne, grief, and dunness in the head, it engendzeth Hempe-
grosse and naughty humoors in all the body. seede.

¶ When yee will vse Lysimachus, take none but that with the Lysima-
yellow flowres, which is the right herbe, and the other not. chus, his
The danger, it is hurtful to mans nature, it engendzeth cold- choyce.
nes, and sickness throughout the body, with pensiuenesse Phyllium.
and heavynesse of the heart.

¶ Prouoke vomit, with medicines conuenient to cast Correc-
it vp: then giue to drinke of the best and most saucy wyne, tion.
being coide by it self, or boyled with woornwood, or mingled
with hony, and a little iye, or the decoction of Dill.

The best are those which growe in Slaunia,

The next in Macedonia.

The third in Affrica.

The white Iris is taken for the best.

Flowre
de Lyce
rootes:
their

The choyce.

The Corrections of dangerous

- Ameos.** The danger of the laxe taken in too great quantity, it taketh away the colour, and prouoketh palenesse as in dead bodies.
- Cummin** The danger, being too much used, it decayeth the natural complexion, and liuely colour, and causeth a man to looke wan and pale.
- Coriander** If greene Coriander be taken into the body, it causeth horidnes, fransy and dolnes of the vnderstanding, it maketh the party see me as if he were drunken: the Iuyce taken in quantity of 4. ozms, killeth the body.
- Lacerpium the choyce.** The best is that which is reddish, cleare & bright, and smelling like myrrh, not greenish, of a good pleasant smell, which being distilled, leaueth white.
- Euphorbium: the danger.** By reason of his extreme heate, it is hurtfull to the Lyoer & stomach and all the inward parts, being receyued inwardly, it chaleteth and inflameth out of measure.
- Correction.** First anoynt it with the oyle of sweete Almonds, then put it in the middle of a Cytron, and wrap it in leuened paste, and bake it, and then vse it.
- Manardus taketh of mastick & gum Dragagant, as much as of Euphorbium, and mingling them together, putteth it into the midst of an unbaked loafe, and baketh it well, then he taketh the crum of that loafe, and maketh pills, and giueth it for the weaknes that cometh of the French poxe, & all anguish and paynes outward.
- Another mingleteth Euphorbium with the like quantity of mastick, and maketh pills with the Iuyce of Citrons, or of Oranges, and vseth them much agaynst the pestilence.
- Astrolochiae the choyce.** Round Astrolochias of sene and subtil parts, and of stronger operation then the red, it mundifieth and cleaseth mightily, it suppleth and maketh thin, grosse humors.
- Long Astrolochias is better to incarnate, and to engender flesh in vlcers,
- Astrolochias Climatis hath best savor, and therfore maketh best opntments.

herbes, plants, and simples.

The danger: In what sort soeuer it be taken, it is dangerous Ciclamē
to women with child: wherefore let them take hēde not onely Sow-
how they receiue it inwardly, but also let them bee aduised in a bread.
ny wise not to applie it outwardly, nor to carrie it about them,
nor yet plant it in their gardens, for it will hinder them if they
goe but ouer it.

The danger: being vnprepared, and taken out of time and White
place, or too much in quantitie, is hurtfull to the bodie: for it cho- Elebor.
keth and troubleth all the inward parts, shrinketh and draweth
together all the sine wes, and slayeth the partie: therefore vnpre-
pared it ought not to be ministred, nor then, without good hēde
and great aduisement: for such as are either too yong, or too olde,
feble, that spit bloud, that are griued in their stomacks, whose
breaſts are straight and narrow, their necks long, such people
muſt in no wise deale with it without leopardie and danger:
therefore be aduised by learned Phiſicians.

Although blacke Elebor is not so belement as the white, yet it Blacke
cannot be giuen without daunger, especially to people hauing Elebor.
their health, &c. and not to be ministred but in desperate causes in
the spring time onely: and not befoze it be aduisedly prepared
and corrected.

¶ Elebor giuen with Long-pepper, Isop, Daucus, and Annis- Corre-
seeds, maketh it to work the better, & with lesse danger. Also, if it tion.
be boyled in the broth of a Capon, or of any other meate: and
that broth may be giuen to drinke, and with lesse danger.

The daunger of the Juice and seede of Tichimalles: it worketh Tichi-
violently, hurtfull to the nature of man, troubling the body, malles.
ouerturning the stomacke, burning the thzoate, making it rough
and soze: wherefore Gallien willety not to haue it ministred
inwardly, but to be applyed outwardly.

¶ Lay the bark of the roots to soke in Wineger by a day, then Correc-
drie it, and make it in powder, and put to it Annis and Fenell tion and
seeds, Gumme Dragagant and Masticke, and so ministring it remedie.
with some cooling and refreshing liquoz, as Endiue, Cichory, or
Oringes, &c.

The danger is like to the Tichimalles, and hurtfull. Ezula.

¶ The euill qualitie is corrected as the Tichimalles. Correc-
tion.

The Corrections of dangerous

- Spourge** The danger: it is hurtfull to mans nature and body, as the
Tichimalles.
- Correc-
tion.** ¶ Take the seede of Spourge, with Dates, Figges, or Gumme
Dragagant, Masticke, Annisseedes, or any refreshing or cooling
herbe: or if one drinke water, straight waies it coꝛrecteth, &c.
- Peplos.
Correc-
tion.** The danger is hurtfull to man, as Spourge.
¶ Is as of Spourge.
* The daunger: in drawing the iuyce from the herbe & roote,
great inflammation chaunceth to the partie that draweth it, in
his face: And receiued into the bodie, it causeth great windi-
nesse, blasting, turmoyling, and ouerturning the whole body:
and it hurteth the bowels and inward parts.
- * Thap-
sia.**
- Correc-
tion.** ¶ When one will gather the Iuyce, or strip the barke off
the roote, let him anoynt his face and bare places, with oyle of
Roses and ware.
When it shall be ministred inwardly to open the belly, put to
it Long-pepper, and Sugar.
- Wilde
Saffron,
Hermoc-
daetil.
Correc-
tion.** The danger: it stirreth by gnawing and fretting in the bo-
dy, as if it were all rubbed with nettles, it inflameth the sto-
macke, and hurteth the inward parts, so as at first it procureth
bloudy excrements, and after bringeth death.
¶ Drinke a great draught of Cow-milke: Put to it Ginger,
Long-pepper, Annisseeds, Comin, and a little Masticke: it coꝛ-
recteth, and helpeth.
- Lawrell.** The danger: it doth vere and ouerturne the stomacke, it in-
flameth, hurteth, and burneth the inward parts.
- Correc-
tion.** ¶ The leaues are to be steeped one day in good strong Vini-
ger, then drie it, and keepe it to vse.
If first you lay to soke in that Vineger, Quinces, or the seede
of Barberies, when you will occupie the leaues prepared, you
must make them in powder, and giue it with Annisseedes and
Mastick, or boyle them in whay or swete milke, especially
goates milke, or the broth of a Capon.
- Chame-
lea.** The danger is very nere the nature of venim, hurtfull many
wayes to mankind: it greatly hurteth the stomacke, liuer, and
to all principall parts of man, chafing, and vehemently grieuing
the inward parts.

¶ The

herbes, plants, and simples.

¶ The correction is as of Lawrell.

* The danger, by reason that it is very hote, it is very hurtfull, and of strong and vehement working, grievous the inward parts.

Correc-
tion.

* Meze-
ron.

¶ His correction is as of Chamelea.

* His danger is very hurtfull to Nature, for it causeth & inflameth all inward parts: it cuerturneth the stomacke, being held in the mouth: it causeth inflammation in the mouth and throate, and therefore it is to be ministered outwardly.

Correc-
tion.

* Stauef-
agre.

¶ Before you occupie the seede of Staueagre, ripe it in Wine, and drie it.

Correc-
tion.

You may giue it to be drunken with meat or Homed water.

Who that hath taken in any of this seede, must walke without staying, and should drinke Hydromell often, when he feeleth any kind of choking.

* ¶ It must be giuen with meade, or with sweet milke, a little Anniseeds and salt, or giue it in powder with Gumme Dragagant, Anniseeds, and a little salt.

* Wild
Cowcu-
mer, the

* The danger: it hurteth the inward parts, & openeth the small vaines, it prouoketh gripings, and toments in the belly.

correc-
tion.

The danger is exceeding hurtfull to the stomack, and Liver, hurting the bowels and intrayles.

* Idem.
Collo-

¶ Put to the pulpe or pith thereof Gumme Dragagant and Mastick, and after make it into Troches or Balles with honey.

quintida
Correc-
tion.

The danger: it is very hurtfull to man, it stirreth vomiting, tossing and tumbling the stomack, bowels, and belly, it maketh the body weake and feeble, and it wasteth the strength of the Liver.

Elder.

The danger: it is noysome to the Stomack and inward Wallpartes, as Elder.

woort.

The danger is, the roote by his violence troubleth and ouerturneth the stomack, and other inner parts, it is altogether euill, and contrary to women with child.

White
Briony.

¶ The malice or naughty quality thereof is taken away, by putting to Mastick, Ginger, and Cinna-men.

Correc-
tion.

The Corrections of dangerous

1 The danger: the Juice is very strong and violent, causing wambling and windinesse:

2 It chafeth the liver and bloud, and it ingendereth feuers to such as be of hote complexion.

3 It openeth the vaines, and hurteth the bowels and inward parts, to the prouoking of bloody excrements, verie hurtfull to the liver, heart, and inward parts.

Correc-
tion.

¶ Boyle or digest it in a Quince, or paste of Quinces, vntill the Quinces bee verie tender and perfectly boyled, and then it is called Diagredium.

2 Mixe it with some cold Juice, as of Roses, Philliū, or Prunepulpe.

3 Put to your Diagredium, Mastick, or the iuyce of Quinces.

Fearne.

Polipo-

dic the

choyce.

Ranū-

culus.

The danger is verie great, especially to women with child. The roote which groweth at the foote of the oke is best, and most profitable to be vsed in medicines.

The daunger: they al are dangerous and hurtfull, they kill and slay, especially Apium Rifus, which taken inwardly, spoyleth senses, & draweth the sinewes: as thole which haue eaten thereof, seeme to laugh, and die laughing, without some present remedie.

Acco-

nitic.

Licofti-

num.

Rose-

oleander

Nereū.

Mandra-

gora.

The danger is great, it killeth wolues, swine, and all beasts both wilde and tame that eate of it.

The danger of wolues bane, being taken in, it inflameth the heart, burneth the inward parts, and killeth the body.

The danger: it is verie hurtfull to man, and killeth Shep, Goates, Dogges, Asses, Pules, Horses, and all foure footed beasts.

The danger: it is most hurtful to man, to be receiued into the body, if it be takē in, neuer so little quantitie moze then ought to be, it killeth the body: the leaues and fruit are also very dangerous.

Solanū

somni-

ferum.

The danger is great: if yee giue moze then twelue berries, it causeth rauing, distraction, and furiousnes, as much as Opium.

The roote taken in wine, to the quantitie of a dram, causeth vaine and idle imaginations: two drams bringeth frensie and madnesse, which lasteth thre or foure daies: foure drams taken in,

It killeth the bodie.

The danger by his venemous qualitie is great: for whoso Hem-
 euer taketh of it, dieth, except he drinke good old wine after it. block.
 But if he taketh Zuyre of Hemblock together with the wine,
 the poyson is augmented, and it killeth.

The danger: the vse of these pease is not very good for them Chiche
 that haue any vlceration in their kidnepes or bladders: for they pease.
 be too much scouring, and do cause the vaine to be tharpe.

The danger of Ers or Oribus: being vsed often, & in too great The bit-
 a quantitie, it causeth head-ache and heauie dulnes: it bzingeth ter vitch,
 forth blood both by vaine and excrements of the belly. called

The danger of † Poole Reed or Harundo vallatoria, is, that if Eruum.
 the downe that is in the toppe or tufting tassell thereof chanceth † Poole
 to fall into the eares, it bzingeth such dulnesse and deafnesse as Keede.
 is hard to be cured.

The danger: the often eating thereof ingendzeth many infir, Orache.
 mittes: it ouerturneth the stomacke, and it causeth diuers spots,
 freckles, and pimples to arise in the face, and all the rest of the
 body, also it is hard of digestion.

The danger of them: eaten, they ingender grosse and melan Cole-
 cholicke blood, especially the redde kind: the white are better to worcs.
 digest, and engender moze agræable and better nourishment, e.
 specially when they haue bene twice sodden.

The danger is: seeing the seed is verie hote, and of strong and Thlas-
 behement working, insomuch that being taken in too great a pic.
 quantitie, it purgeth or scoureth euen vnto blood, and is verie
 hurtfull to women with childe, therefore it may not be rashly
 ministred inwardly.

The danger: it is dangerous to be often vsed, or in too great Indian
 a quantitie: for this pepper hath in it a certaine euill qualitie, pepper,
 whereby it killeth dogges, if it be given them to eat. Capsicū.

The daunger: the often vse of them causeth head-ache, and Onions.
 ouer-much sleape, and is hurtfull to the eyes.

The daunger: they engender euill humors and windinesse, Leekes.
 they cause heauie and terrible dreames: they darken the eye-
 sight: they are very hurtful to them that haue any exulcerations,
 or going off of the skinne of the bladder or raynes.

The Corrections of dangerous herbes, &c.

Squilla. The daunger: it is a very sharpe and hard medicine, it is subtil and wasting, hurtfull, and forcing the nature of man, when it is taken or vsed rawe.

Correc- ¶ It is not to be vsed into the body, without it be first sed-
tion. den, rolled, or baked.

Arbutus The daunger: the fruit thereof eaten hurteth the Stomack, and causeth head Ach.

Agarick The daunger: it is of slow operation, taken in too great a quantitie, it feebleth the inward parts.

Correc- ¶ It is corrected being giuen with Vineger, Sal gemme, and
tion. chiefly with Oximell.

Yewtree The daunger: it is altogether venimous, and against mans nature.

It is so hurtfull, that if one do but sleepe vnder it, or the shadow thereof, he becommeth sicke and sometimes dieth, especially when it bloweth.

In Gascoyne it is most dangerous: if any eate the fruit, it causeth the laske.

The birds that eate the Berries thereof, do eyther die or cast their feathers.

Observations





Observations in Januarie.

With this fyre I warme my hand.

If frost and weather be not extrême, the wind not at West
or North: set trees, of

Apples	Quinces	Cheries	Rosiers
Pearses	Plums	Filbirds	Kaspis
Wardens	Damsons	Walnuts	Coleberies
Barberies	Quicksets	Hawthornes	Blackthorne

and generally all trees and plantes, the yonger the better.

In the wane of the Moone in the first quarter is best to set those and all others that shal beare fruit or slowzes, and to prune trees, to cause them grow and beare the better.

In the wane of y Moone, set beanes, pease, & haskings, & sowes parceneps, carrets & onions, if the wether be mild & not too hard.

In the end of this moneth, in the new Moone it is indifferent god to graffe, fell, and crop trees.

Forget not to looke to weake cattell.

Giue drinke to sicke cattell: to kine with Bergis, and to horse with white water made with ground Gault or Bjanne, or with some drinke if need bee.

If they be poore, giue them sodden wheate.

Sow Lettice, Reddish and Spynach.

Drynch Hogges with whay, or take Ornament, *alias* Oxale, and Triacle of Feane, an ounce of each: Bolearmaniak halfe an ounce in fine powder, temper it in a pottell of whay for a hog, and in a pint of bergis for a Cow, and giue it to drinke warme.

Meane Calues and Pigges for Roze.

Now geld or lybbe, the signe being fro the best upwards, and from the thighes downewards, the Moone being at land and at full: for it is ill cutting at full.

Let not your cattell take any sudden heat, before nor after cut.

Use little Whisick but for great necessity. (ting.

Let no blood but in case of necessitie, by skillfull aduice, and in good time.

We

Observations in Januarie.

Use warme meates.

Drinke white wine fasting, if thy backe be not weake, or that thou be not subiect to the gout.

Eschew all swete meates and drinckes, and vse warme clo-
thing.

Let not such as are subiect to the Rheume, take cold nor wet
on their feete.

Such as haue aches may sweate or bathe, taking no cold.

Cold Januarie loueth hote clothes.

Warme meates and broths are best.

Meates that are warme conuenient be.

Bléde not, but bathes by counsaile vse.

Draw no bloud from vaine, but soz necessitie.

If thou bléde beware of cold.

Walkc not abroad in the night time.

Use to eatc the best confectiions.

Drinke white wine, soz that flewme increaseth.

To fast long is hurtfull to the body.

Eate Sallets well prepared with oyle and spices.

Wash not thy head.

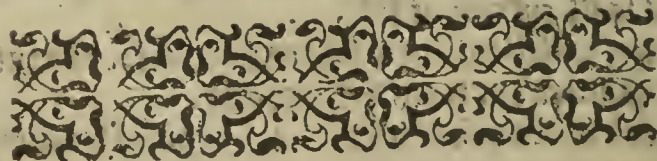
Bathe in safetie thy body warme.

To take a vomit is not hurtfull.

Take euerie morning during this month, a little quantitie of
Rosed honey to comfozt the stomacke, and to cleanse the body of
choler and flewme.

Drinke in ale or wine, {
Graines,
Ginger,
Putmegs,
Cloues.

Observations





Observations in Februarie.

With this spade I digge my land.

In taking Physicke be not too bold.

As yet no vaine let opened be.

We choyce of food, provide for cold,

For feare lest Agues trouble thee.

Milke now and fennish seale denie,

As now no holseme messe.

Now medecines and flegbotomy

Arc vsde with ill successe.

Eate confections condited with honey, to purge the bloud.

Eate apples.

To rate fresh beefe often is hurtfull, or other moyst meates.

Use not to eate any pot-herbes, but Parceley, Smaladge,
and such like.

Eate rather sodden meate then rost, to keep thy bodie soluble.

To bathe is not hurtfull, nor to take a potion.

Blæde in the vaine vnder the Thumbe.

Take pilles to purge the head.

Eate honey with bread, to purge the head and bladder.

Sowe	{	Larksfæete,	}	and	{	Rocket,	}	In y old Boone.
		Asparagus,				Cardus benedictus,		
		Burnet,				Spinage,		
		Artichocks,				Cucumers,		
		Harte-horne,				Parceneps,		
		Samphire,				Colewozts,		
Sauell,	Cabage & Lettice,							

Sowe	{	Palma Christi,	}	}	{	Warygolds double,	}	In y new Boone.
		White Popie,				Cozlander,		
		Rocket,				flowre-gentle,		
		Pargeram,				Violets,		

¶

Sowe

Observations in Februarie.

Sowe { Time,
Pumpeons,
Parcelaine,
Keddish & Borage, } in the new Moone.

Sowe { Chickweede,
Cichoze white,
Beetes, } and { Fenell, &
Parcele, } in the full
Moone.

Sowe { Onions,
Cabages,
and Leakes, } in the wane: and replant Cabages in
the decrease.

In the new Moone, graffe, plant, and set almost all trees: cut
Quickset hedges, set Roses and berry bushes, the weather good,
and wind respected.

In the wane set Beanes, Pease, & Haskings, & all kind of li-
gumen: and sow Onions and Parceneps. And now good hus-
wives set forward their gardens, in setting and sowing most
kind of herbes and seedes, except Bazell, Margeram, and such
like, which cannot abide cold nor drought. Now sow kernels
of Barberies, Peares, and Apples.

Set Hops.

Sow Mustard-seeds.

Set Vines, and prune them.

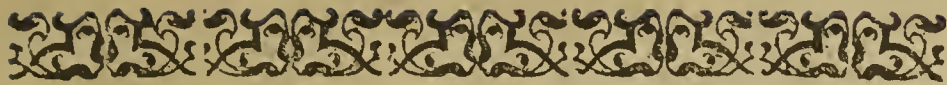
Stake, and reare by Counseualles.

Refraine all things that stop the liver or veins, or that thic-
ken blood, as Rice, Milke-pottage, with Pallowes, and al limie
meates.

Forbeare Physick, and blood-letting.

Beware of taking cold, for now Agues are apt to be taken.

Now it is dangerous to take sudden heate or cold.



Observations in March.

Here I cut my Vine spring.

Shall have regard what soude you take,
For now in man byrde humoꝝ great,
The learned of your counsaile make,
Before you bleede, bathe, purge, or sweate.
Such victuals March requireth,
As are both light and pure,
Bloud letting somewhat profiteth,
And medicines somewhat cure.

Eate pleasant and well spiced meates.

Refraine sharpe meates.

Drinke pleasant and the strongest wines.

Ofttimes eate Lake pottage.

To bathe often profiteth much.

Take no pottion to purge or bleede by beine.

Eate often Penny-royal, to heate y^e stomack, & to make dige
W:in sallets eate Bittony, to cleanse the sight, & to amed y^e head.

Use { Graines, }
{ Ginger, } and such like spices, profitable this time in
{ Nutmegs, } drinks or meates.
{ Galingale, }
{ Pepper, }

Sow { Cabage, Lettice, } { Basell, } { Artichocks, }
{ Cucumers, } { Saffron, } { Cardus } in y^e old
{ Cardus benedict. } { Hartl-horne, } { Chickweed, } none.
{ Samphire, } { Hartl-eale. } { Burnet, }
{ Gilliflowzes, } { Wallflowzes, } { Flop, sauroy }

Sow { Reddish, } { Margeran, }
{ Pumpions, } { Violets, }
{ Sauell, } and { Time, } In the new
{ Coriander, } { Borage, } { Marigolds, } none.
{ Purcelan, } { White pepie, }

Sow Cabage coles, Onions, and Lakes, in the wane.

Observations in March.

Sowe { Beetes, } and { White Cicory. } In the full Moone
 { Parsely, }
 { Fenell, }

Sowe { Lettice, } at all seasons.
 { Raddish, }
 { Spynage, }

In the new Moone graffe any good fruit, respecting the wind:
 plant Quicksets, so that the weather be not too drie.

Set Vines and prune them, set Hops and Willows, and cut
 Quickset hedges.

In the waine, set Pease and Beanes, and sowe Onions,
 Parcneps, Otes, and Field pease.

Good huswivies are now knowne by their gardens.

I neede not to tell that it is now good to set and sow all herbs,
 except Bazell and Hargeram, and such like.

In the end of this month set Cucumers, Melons, & Artichocks.

Sow Barley in moyst and cold ground.

Crofe feeding breedeth euill blood and grosse humors.

Use meates of good digestion, and such as breede good iuyce.

It is good to purge in warme and milde weather.

Now it is good to enter into the diet of Cinacom.

Sweete meates and drinckes are now holsome.

March sayd to Auarill,

I see three hogges vpon a hill :

Wilt thou lend me dayes three,

Ize do my good will to make them die.

When three dayes were come and gone,

The three hogges came hopping home.

A showre in March, { The third in Auarill,

Another in May, {

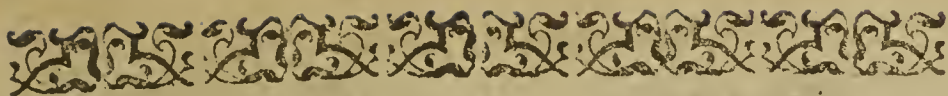
The fourth about the Lammas tide,
 When Corne beginnes to fill,

Is wel yworth a plough of gold,

And all that longs theretill.

I. D.

Observations



Observations in Aprill.

Heere I heare the birds sing,

ALL things their strength now put in vye.
 The pores are open, the blood abounds,
 Let blood and purge: yet be thou sure,
 From learned counsell no hurt redounds.
 Those meates are mete in Aprill,
 Which March desired for to haue.
 Blood letting now doth very well,
 Now purging medicines do craue.
 Eate pleasant meates.
 Riuer fish is holsome.
 Sallets are commended.
 Blæde by any vaine in the body except of the Lungs: to open
 that vaine, hurteth, and to open the middle vaine, profiteth.
 Bathe often.
 To purge the stomacke with a potion so; otherwise, is good.
 Eate no kind of rootes.
 Eate all kind of flesh but pigges.
 Take phisicke, but blæde safely.
 Drinke moderately.
 Blæde for scabbes.
 Eate Bitony and Mynts prepared in honey.
 Drinke in the morning fasting.
 Use herbe Grace in thy wine.
 Beware of eating saltfish, which then ingendereth the scab
 and ytch in the body.

Set or Sowe	{	Cardus, Artichocks, Walflowres,	}	and	{	Beliflowres, Wartseale, Warceneps,	}	In the old Moone.
----------------	---	---------------------------------------	---	-----	---	--	---	----------------------

Observations in Aprill.

Sowe { Flowze gentell, } and { Pargerā, } in y new Moone.
 { Rosemary, } { Violets, }
 { Lavender, } { & Lime, }

Sowe } Cabbadge Coles in the wane of the Moone.

Gather { Adders tōgue, } & Roses: } make { Sirop of Roses,
 { Camomill } { & Sugar Rolet.

Purge, let blood and bathe.

How go to Bathes: if thou canst not, be cured at home, frō the beginning of this moneth to Midsummer, and from Midsummer to the end of September, or els it is too hot or too cold.

Purge, & let blood in temperate time.

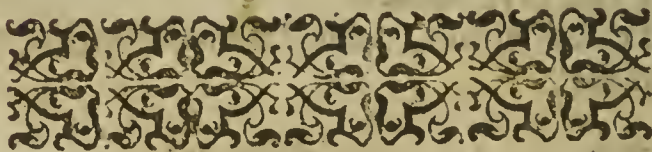
How housewives that forget their gardens befoze, will leave no vacant plot nor hearbe vnset, nor seede from sowing and setting, and specially Cucumers, Melons, Cithrons, Gourdes, and Artichocks.

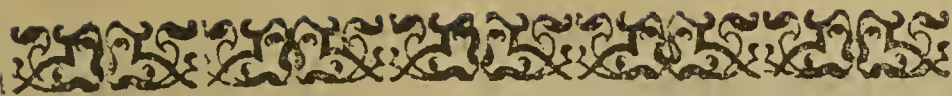
In the wane of the Moone, set Pease, Beanes, and pole Hoppes.

Dairy dames, bestur your families.

Let the Tanner loke for varke.

Observations





Obferuations in May.

I am as fresh as bird on bough.

To bathe and also to let blood
If néede require do not refuse:
To rise betimes will do thee good.
Be merry, but no myyth abuse.
In May thou mayest with safety
Both bathe and take purgation,
Use Vencry and Phlegbotomy,
And like euacuation.

Wash thy face often with faire running water.
Use not to eate much meate of hot qualitie.
Bled when need is in any place.
To bled in the foote is most profitable.
Beware of eating any Kale fish.
Eate no tainted flesh that smelleth ill.
Eate your sallet in dew season.
Dyinke but little wine.
To bathe is not vnprofitable.
Dyinke clarified whey, simply or drawen with cold hearbes.
Wie to dyinke pure wine mixed with goates milke, and with
that anoynt thy head and brest.
To dyinke sharpe drinks profiteth.
Take Physick if need require.
Eate no head nor fete of any beasts, because of the moysture
of the hearbes beasts do eate.
Rozme wood wine is profitable to drinke.
Wie to eate Fennell rootes tenderly sodden.
Take tender laxes to purge the bloud.
Slæpe a littell after dinner.
To blæde on the head or liuer veines profiteth.
¶ Arise early: May loueth no Suggards.

¶ Walke

Observations in May.

Walke into the fields.

Eate and drinke betimes.

Sage leanes and butter and Sage-ale is holtsome.

Eate no egges, nor the heades, fete, or braines of any thing.

Drinke clarified whay with these herbes,

Fumitory, Maiden-heare, Sctrach, Sorrell, and Egrimony,
of each of them halfe a handfull: a few tender buds of hoppes,
with a little liquoris: Boyle them, Straine them, and drinke it at
all times, except with meates.

Gather and make { Sirrop of Roses,
Sugar Rolet,
Dyle of Camomyll,
Dyle of Lillies,
Opium,
Rosemary flowres.

Sowe Cardus Benedictus in the old Poone.

Sowe { Lettice,
Reddish,
Spinage,
Warceneps, } at all times.

Now cut, set, and plant all herbes and seedes: for it is sayd of
olde, Set or cut in May, and grow all day.

Now sow Bazell, Margerain, Turneps, and all seedes and
saliet herbes.

Sowe flaxe and Heimpe, and set Artichocks.

Made Hops, set yong grasses.

Distill herbes gathered in a drie day in the after noone.

Now good Gentlewomen will distill May dewe.

Now gather and make Rosa solis.

Put your Lambes from the Ewes.

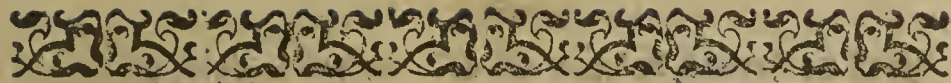
Refraine all things that stop and congeale the blood all the
spring time.

The laboring man needeth not vse any rules of Physicke.

Let weake stomacks vse thinne diet.

Receiue physick, let blood, & bathe, & after this month refraine.

Drinke clarified whay.



Observations in Iune.

My Corne is weeded well enough.

Abstayne from drinke both sweet and new:
From Whisick do thy selfe refraine:
Wid riotous pleasures quite away,
Lest that they breed thy endlesse paine.

Cold hearbes in Iune are very meete,
But such meate shunne chiesly,
As shalbe eyther new or swete:
Take pleasures medicinably.

Abstayne from meates that ingender flegme.

Drinke the pleasantest wines.

Drinke sometime fasting white wine, which purgeth choler.

Eate Sallets of Lettice prepared with vineger, to purge humors descending to the kidneys.

Use meates of light digestion.

Arise alwaies from the table somewhat hungry.

Exercise thy body with some long walke.

Use Phlegbotomy safely.

Eate no milke but that is well sodden.

Beware of eating Apples this moneth.

To bathe is good, but not to tarry long in it.

To wash thy feete often in cold water is commendable.

It is now good time to make Syrop of Damaske Roses, Conserues of red Roses, Violets, Borage and Buglos, and to distill Rose water, and to make oyle of Roses.

Meeke Toone and Gardens.

When the Sunne shineth, make Hay.

Set Gilliflowres, Carnations, and Rosemary.

Sowe sallet herbes, & Lettice, iiii. dayes before the full Moone, and Reddish iiii. dayes after the full Moone, in euery moneth from March to September.

Observations in Iune.

Set no herbes, hedges, nor trees in Iune, Iuly, or August:
and haue an eye vnto Antes, Emits, and Snalles in your gar-
dens.

Sowe { Lettice,
Keddish,
Spinach, and } at all times.
Parseneps,
Pumpions in the new Moone.
Cucumers in the old Moone.

Gather { Towne Cresses,
Peritoy,
Lang de bief,
Dragons,
Origanum,
Calamint, and
Mary golds the xvi. day before the Sunne,
without knife.

If thou must needs take Physick, take it early in the mor-
ning.

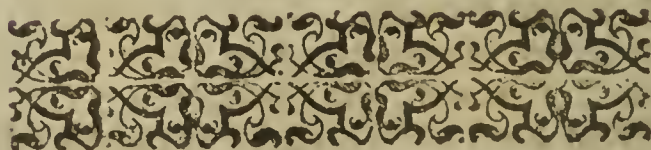
Use thinne diet of thy meate.

Let no bloud, but in extremitie.

Drinke clarified whay as in May.

Take no great thirst: for the pores of the brayne are open.

Observa-





Observations in Iuly.

With this sithc my grasse I mowe.

Cold herbes now wholesome bee:

But let no blood in any wise:

By running streame and shadow tree,

Thy booke thou mayest well exercise.

Sleepe not too much, to cold Bathes go:

Refuse to vse Phlegbotomie:

This month abstaine from Venus: woe

To him that keepes her companie.

Now make hay, fallow for wheate, forget not to cary out
soyle.

Gather such flowres and seedes, as you will keepe all the
yeere.

Dry your flowres in the shadow till they be almost dry, and
then sunne them well that they mould not, and so also dry your
herbes.

Beware of bread made of fustie or pind corne.

Take no great thirst, and vse moderate diet.

Auoyd euill ayres.

Walke not abroad too early nor too late: especially where
fogs, mists, vapours, or stinkes in streets be or lanes.

Keepe close your chamber windowes shut all night, and open
all day in fayre weather, but shut in mist.

In the euening perfume your chaber with perfumes of Ben-
samin, Storax, Masticke, Frankincense or any of them.

Eate in the morning butter, with bread and Rue.

Steape Rue in Wine or Ale, all night, and drinke it in the
morning.

Fearc **G D D** and serue him truely, lead a cleane lyfe ho-
nely.

Sowe white Succory in the full Moone.

Observations in July.

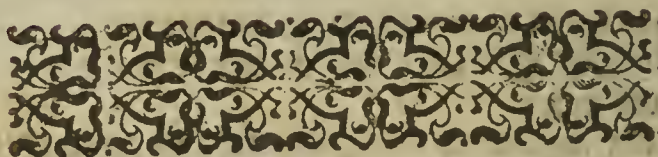
Solve { Lettice,
 { Reddish,
 { Spinage, &
 { Marceneps, } at all seasons.

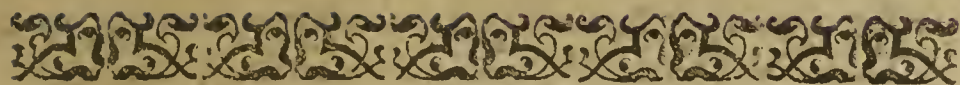
Use moderate diet in meate, for the Stomack will better digest drinke then meate.

Take no thirst in June, July, or August, for nothing ingendereth moze seruent heate, Agues, and the Plague, then it.

Now extreme thirsts, heats and cold, do suddenly come vpon them that are subiect to those diseases.

Observations





Observations in August.

Here I cut my corne full lowe.

Let little sleepe, and meate and wine,
And little or no venery

Suffise: abstayne from medicine.

Fly cold Bathes, and Flegbotomy.

Good husband, hie thee to haue in thy Haruest, and let him
that best besturres him, haue a Garland, and be Lord of the
Reapers.

Giue her that folloeweth him best, pzeeminence to be Lady.

Deny none to giue them largesse.

Solue thy Fearne.

Gather seedes of thine owne garden pzeerely, which are better
then those thou shalt buy of others.

Sowe Lettice seedes to eate at Easter, and to bzing timely
seedes.

Moderate diet is good Whisick.

Beware of surfet.

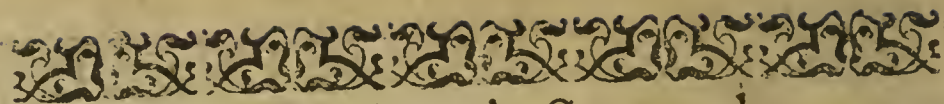
Take heed of taking great heate, or sudden cold vpon thee.

Sleepe not much at none.

Take no Ague now, for the fits are extreme sharpe and long,
by reason of the Canicular daies.

Use glisters, and open a veine if strength will beare it.

D 311 Observa



Observations in September.

With this flail I earne my bread.

September yeelds fruttles pleasantly :

Refraine, eate not thy fill :

Take medecines, vse phlegbotomy.

Sow spice in meates not ill.

Make conserues of { Barberies,
& Quinces.

Sowe sædes of winter hearbes, and set Artichocks.

In the newe Poone cut Quickset, hedges of Roses, and boy-
ders of hearbes.

Set { Berry bushes,
Apples,
Peares,
Gardens, } that are yong.

It is good { Strawberies,
to set { Violets,
Gelliflowres,
Carnations.

In the newe of the Moone sow Parceneps.

Sowe Wheate and Rie.

Gather Crabbes, for Uergis.

Gather Akoznes and Bæch mast for hogges.

Take the hony from the elder Wess, & keepe the yonger bees
warne and dry, and beware of Wyce, Antes, Snalles, Pothes,
and such like.

Sty the Woze.

Put the Clewe to the Ramme, that they may take by S. Co-
wards time : and come by mid-March.

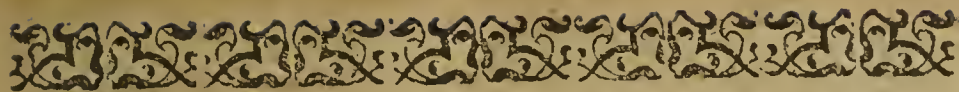
Pluck thy hempe, and clense thy seed.

Take Phisick.

Bathe and be let blood, if need bee.

Eate all ripe fruttles that are not infected, if thy stomacke

Observations



Observations in October,

Here I sowe my wheate so red.

Go hunt, drinke wine thats old and good,
Use exercise soz health:

Now must thou take good stoze of food,
Which hath good stoze of wealth.

Sowe wheate, and cense thy seed corne in thy barne at
home.

In the wane of the Moone, it is good to set yong trees of Ap-
ples, Peares, Wardens, Roses, and Berry bushes.

In the wane of the Moone, set Beanes, and Kathe pease, and
sowe Parcneps in warme Gardens.

Send out boyes to gather Acorns.

Set all kind of Puts, as thicke as they can stand in a pot or
pale, and after remoue them.

Gather winter fruit.

Bid the boy goe skar the Crokes.

Finish by the Whisick you mind to take, and rest till March.

Use good hot meates and drinkes.

Drinke holesome wines to nourish the blood.

Go drye God, lest the Rheume or Palse take thee.

Provide warme clothing.

Now it is dangerous, to take the quartaine Ague.



Observations in Nouember.

With this axe I kill my Swine.

Old wines and swete are hollsome.
Let little bathing serue.

Count Venus now as lothsome,
If health thou wilt pferue.

In the new Moone remoue yong trees, and set crab stockes in
Nouember, December, Ianuary, and February.

In the wane set Beans, Vasslers, and Kathe pease, & sowe
Parseneps.

Let none that can make Vault be idle.

Kill Biefe, and Bacon to hang in the roose.

Take no Physick.

Bléd not nor bathe.


Use good meates and drinckes.

Use warme clothing.

Good exercise pferueth health.

Observations





Observations in December,

And here I brew both Ale and Wine.

Now fire and hot meates haue thou must,
December loues warme potions.

Drinke wine, beware of too much lust:

Goe warme, and vse streng motions.

In the new moone, the winde being West or Southerly, the weather being not extreme hot nor frozen, set or remoue trees of al fruits, Roses, and Berry bushes: in the wane set Beans, Vasslers, and Rath-pease.

Amend thy hedges.

Cleau wood.

Loke to weake cattell.

Let thy horse bloud on Saint Steuensday.

Couer such herbs as cannot abide cold and hard winter, with Earne or straw, and God send a merrie Christmas.

Use Doctoꝝ Diet, Doctoꝝ Quiet, and Doctoꝝ Merry man, for thy Physicians.

Let thy kitchen be thy Apothecarie.

Let warme clothing bee thy nurse.

Let good companie and good hospitalitie be thine exercise.

Let thy needie, old, poore, and hungrie neighbours bee remembered.

Remoue and set trees, Roses, and Berry bushes, euerie new Moone, from the beginning of September, to the end of February.

Grasse euerie new Moone, from Januarie to mid Aprill, the wind being not North nor East.

Sow sades and herbes, or set herbes to haue seed againe, euerie new Moone, from February to June.

Cut hedges or herbes euerie new moone, from February to May: but Vines onely in February and March.

Set

Observations in December.

Set or sow seeds as shall be round, as Onions, Turneps, Cabage, Lettice, and such like, thre or foure dayes before the full Moone: Onions in Febtuarie and March, Turneps in May, Cabage in Januarie, Febtuarie, March, and September, Lettice euerie month.

Sowe all seeds that the rootes shall growe downeward: as Parceneps, Carrets, and Reddish, in the wane of the Moone.

Gather Apples, Peares, and Wardens, in the wane of the Moone.

Observations





Observations for gathering of Herbes, Fruits, Seedes, Flowres, and Rootes.

Should be gathered when they bee full ripe, and the moysture Seedes,
some deale dried.

Should be gathered when they be some deale open, befoze they Flowres,
fall or fade.

Should bee gathered when they be full of moysture, befoze Herbes,
they do beginne to shrinke.

Should bee gathered when the leaues do fall.

Rootes,

Should bee gathered when they bee at the full greatnesse, befoze they fall.

Fruits,

The heauier and the sadder that the fruites bee, the better they are.

Whose fruits that be great and light, thou shalt not choose.

The fruit that is gathered in raine, are not so good as fruites gathered in faire weather.

That grow in the fields, are better then those which growe Herbes, in townes and gardens.

Of those herbes which grow in the fieldes, such as grow on hilles are best.

Commonly the hearbes growing in the fieldes, are smaller then herbes of the same kinde, growing in townes and gardens.

¶ Many herbes haue their speciall times of gathering.

¶ If they bee gathered in that time, they haue their vertues, but if they bee gathered in any other time, they are not so good.

¶ Some herbes helpe whensoever they bee gathered: and some do not, if they bee gathered out of their time.

Observations for gathering of herbes,

Swine-crelles,
 Red Docke,
 Bedeleon, after noone,
 Wallwort without yron,
 Groundswell,
 Garlicke,
 Dodoz vpon lync,
 Saffron before sunne,
 and Galingale,

} are to be gathered at all times.

Camomyl and Adder-tongue, _____ in Aprill.
 Violets, _____ in March.
 Roses, _____ in May.

Polone Cresses,
 Perretozz,
 Lang de biese,
 Dragons,
 Origanum,
 Calamint,
 Marygoldes the xvi. day, before
 sunne, with yron.

} in June and July.

Rose-mary flowres, _____ in May.
 Bittony and Colombines, _____ in Lammas moone.

Centozz,
 Wilde garlicke,
 Agnus Castus,
 Water Calamint,
 Dya'wke,

} when they flowze.

Hartt-tongue, _____ in Nouember.

Astrologia longa,
 Astrologia rotunda,
 and Fenell, } in Baruest.

Gourds, _____ in the end of September.

Cucumers, _____ when the first is ripe.

Citrull, _____ when the first is ripe.

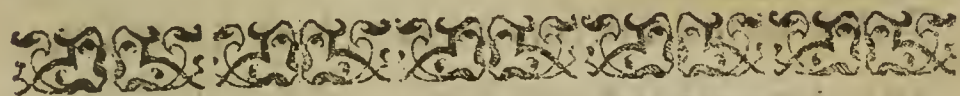
Fenell rootes, _____ in the beginning of the yere.

Gentian

fruites, seedes, flowres, and rootes.

Gentian, _____ in the last end of the yere.
Flower de lyce, _____ in the end of beere.
Wilde Pepper Berries, _____ when they were yellow.
Philipendula rootes, _____ in the end of Harvest.
Aucens, _____ at all times.

Grapes: befoze they be ripe, presse out the iuyce or moystnes, and drye it in the sunne, make it into powder, and vse it with meates, it is good against casting coming of cholericke humours.



Observations for gardening, by Father Kinke of Tibolds.

Trench and leuell your ground in summer, if it be not already broken in winter.

Then may you sowe all maner winter herbes, for Sallets, and for the kitchen.

Fourteene dayes befoze Bartholmew-tide, set knots of all maner herbes, and borders, with double Wall-flowres, Gilliflowres, Binks, and such like.

If the ground be readie, sow Endiue to make white, foure-teen dayes befoze Midsummer, and sow at euery wane vnto Wallownetyde.

Then must you take them vp in a drye time, and set or lay them as close as you may, that the earth come not among them.

At Bartholmew time is good sowing of white Cabage.

Take them vp in Januarie, in the wane of the Moone, or in Februarie, and replant them two foote asunder, and they will be readie to eate about Midsummer.

Sowe of the same Cabage again about Februarie, then shall you doe as aboue-said, and they will be readie about Yollomas and Christmas.

Sowe about Februarie Cabage Lettice, in the wane of the Moone.

Observations for gardening.

Sowe in March all herbes for the kitchen.

Sowe in May, Turneps, Reddith, and Carrets, to serue for winter.

Cut your knots and borders in the spring of the Moone, to make them grow apace.

Do the like by all quickset hedges.

If you will haue them to grow softly, cut them in the wane, and it will be the longer befoze they shall be cut againe.

Set and lay red and damaske Roses, and Strawberries, after Bartholmew tide.

Beginne to remoue all sozts of trees for fruites, at Hallowm tide.

In the latter end of Aprill, or the beginning of May, prycke in the ground, Bazel, Margerā, Melons, Pumpeons, Cucumers, ec.

Lay your Cucumer and Melon sēdes in milke to soke, a day and a night befoze you prycke them in the ground, in the wane of the Moone.

For feare of frost couer them in the night with pottes, and for feare of snayles.

Cut your vine in Januarie or in Februarie, in the wane of the Moone, or at the beginning of March, two or thzee ioynts: but in May cut it not too neere, for feare it blēde and hinder the vine.

If it be a yong vine, cut but two ioynts, and cut it betwēne the ioynts, not too neere any ioynt, and it will beare very well.

Set vines in Januarie or Februarie.

If in the end of Aprill, or the beginning of May, you will cut a branch of a vine, it will blēde verie much: you may pze serue that water in a glasse for your eyes.

Gather all fruit to last, in the wane of the moone, next befoze or after Michalmas, and lay them in a close chamber, vpon heapes.

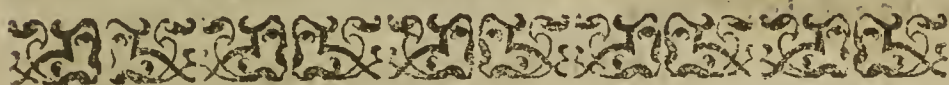
In distilling of any waters, when your glasse is full, put in a Still full of Roses, or of other things that you mind to Still, and put your glasse into your Still vncouered, & let it stand till that be stilled: then close vp your glasse, and neuer set it in the sunne.

Observations for gardening.

To graffe in the Shield, is to be done in June and July, with the rynde.

To graffe in the Scochin, is to be done in March and Aprill, in the new Moone, or a day or two before the change. First pare the skinnes readie to put in the stocke, before you cleave the stocke: straight put in your skins, and clay them sure: for if the sap of a Plumme tree take wind, it then will not prosper.

Kinke of Tibolds.



Certaine observations.

ALL raw things annoy the stomacke.

All rosted things, } bee drie.
and all wines, }

Eate not too much.

Eate but when neede is: } whereby enjoy continuall health.

A good perfume to burne.

¶ Take Storax & Calamyntha, a quarter of an ounce: as much Benjamin, as much Lignum Aloes, beate the wood in powder, and then incorporate all the rest by beating together, and make it in small Cakes to burne.

A pretie kind of bread to eate in the morning.

¶ Take Sugar one pound, fine wheat-flour a pound, eight egges beaten: temper them well together with a few whole Anniseeds censed: make it in Coffins, bake it, and eate it euerie morning.

For a web in a Horse eye.

¶ Take Celidony and salt, and stampe them: and then put it in the Horse eye.

For

Certaine obseruations.

For a Horſe foundred.

¶ Take foure egges hard roſted, and all hot, lay to each ſoote one, ſhel and al, and ſtop it faſt about with horſe dung, and ſo let him ſtand.

To make Vineger.

¶ Take a quantitie of Bean ſlowze, knead it with Vineger, bake it, and ſwiſe or thriſe take it out of the ouen, and moyſt it well with Vineger, til it haue drunken wel, then put it in wine, and it will turne to good Vineger, and the like you muſt doe to make eaſell or Alleger.

For a Horſe that hath the Cough.

¶ Take two egges and bꝛuſe the ſhelles, but bꝛeake not the yolks, put them into one pint of Wergis al one night: the next day take out the egges, and put into the Wergis a penny worth of Polipody of the oke, and boyle it a good while. And after, whē it is luke warme, put in the egges, ſhels and all, and ſtirre them well together, and giue it the Horſe to drinke.

For Hogges murren.

¶ Rootes of Polipody are good.

For ſquinancy of Hogges.

¶ Hartſ-eaſe is good.

¶ Rub thy hands with the roote of Dragons in May, and take Adders in them, and they ſhall not ſting thee.

Ad extinguendum Argentum viuum.

¶ I Argentum viuum extinguitur, bene cū ſalina & cincere calid. bene conſtricando.

2 Melius tamen cum ſulphure & ſalina.

3 Optime cum ſalina, & calce vi.

For the Farcy on a Horſe.

¶ Allumen mixtum cum Aceto & galla equali pondere ad ſtrigendum Farſam ne ſana loca perambulet, multum valet,

Obſeruations



Observations for Diet.

Diet for all the year.	Prime time.	Chickens, Kiddes with vergis, Borage, Beetes, Polks of egges,		Egs in moonshew, Roches, Perches, Pikrelles, All seals fish.
	Haruest time.	Capons, Hennes, Pigeons, Good wines, Good drincks.		
	Summer time.	Light meates, Chickens w vergis, Pong Hares, Rabbets, Lettice, Purcelain,		Melons, Gourds, Cucumers, Peares, Plums, (said & the fish afoze)
	Winter time.	Beefe, Pozke, Bzaune, Harts, Hindes, Other venison.		Partriches, Pheasants, Hares. Riuer sowles, Wine, Good spices.

Good to comfort
the bzaine.

Smel to Muske, Nuttibes, & Camomill:
 drinke wine moderately: cate Sage not too
 much: cover thy head: wash oft thy handes
 and feet: walke measureably: use reason-
 ably: delight to heare melodie & singing:
 eat mustard and pepper: smel to red Roses:
 wash thy temples with red Rose water.

Observations for Diet.

Evil for y ^e blame	} and }	All haines of beastes,	To much watching,
		Gluttony,	To much walking,
		Drunkenesse,	Milke,
		Late Supper,	Cheese, and Futs,
		To sleepe after meate,	To eate before hunger,
		Corrupt Ayre,	Bathing after meate,
		Anger,	Dnyons,
		Heaviness,	Garlick,
To uncover y ^e head,	Great noyse,		
To eate softly,	To smel to a white Rose,		
To much heate,	Much stirring.		

Good for y ^e eyes,	} and }	Looke off on gold,	Wimpernell,
		Red Roses,	Oculus Christi,
		Veruain,	Plūge clere water in y ^e eyes:
		Re w,	Looke on grēne colour,
		Penell,	Measurable sleepe,
		Cusfrase,	Wash hands and feet often.

Evil for the eyes,	} and }	Garlick,	Lechery,
		Dnyons,	Sleepe after noone,
		Hunger,	Much sleeping,
		Lakes,	Much waking,
		Waking,	Bloud letting,
		Winde,	Looking against the fire:
		Hot ayre,	Euill baked bread,
		Cold ayre,	Dust,
		Gluttony,	Wēeping,
		Milke,	Looking against the sun or:
Cheese.	Moone,		
Much to behold,	Bright things,		
Smoke,	Red colour,		
Colewozts,	White colour.		

Good for the sto- mache,	} and }	Red mynts,	Calamint,
		Red Roses,	To vomit once a quarter,
		Comynt,	Great hunger,
		Sugar,	Euery day to stand after
		Sage,	meate,

Observations for Diet.

Good for the Sto- mache,	} Wormewood, Galingale, Nutmegs, { Measureable sleep,	} and	} Off walking after meate, Every cold thing, Wineger, { Pepper.
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Evil for the Sto- mache,	} Suts, Cheese old, Honey, Warow not sod, Heaviness, Dread, Falling, Fried meates, Milke, { Stopping,	} and	} Too much eating, Too much bathing after Too much trauell, (meate, To eat rats flesh, Bread not baked, To eat not hungrye, To eat many meates at a meale, To drinke not thirſtie, To eat ſinking meate.
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Good for the throat, } Liquoris, ſoft Egges, Flop, Sugar-Candie, Hony,
Sugar, Butter with a little ſalt.

Evil for y ^e throat,	} Muſtard, Much lying on the breast, Pepper, Anger, All things roſted, { Lecherie,	} and	} Too much } waking, } Reſt, Much drinke, Smoke of Incence, Old cheeſe, Much running, { Sowre things.
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Good for y ^e heart,	} Saffron, Borage, Laughing, Joy, Muſke, { Cloues,	} and	} Nutmegs, Galingale, Red Roſes, Violets, Sugar, { Places befoze all things.
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Evil for y ^e heart,	} Beanes, Beale, Lekes, Garlick, Onions, { Heavineſſe,	} and	} Anger, Dread, Too much heavineſſe, Trauell, To drinke cold water after labour.
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Rams little Dodeon.

For the after-birth, secondine, dead child, or flowres.



Ameprites leaues decoct in wine and dzunke.
 Comiza leaues & flowres decoct in wine & dzunk.
 Marygold flowres decoct in wine and dzunke.
 Camomyll herb, flowres, & root, decoct in wine and
 Time, boyled in water & hony & dzunk. (dzunk.
 Penny-royall, boyled in wine and dzunke.

Masticke barke oz leaues, decoct in wine and dzunke.

Hozehound white, decoct in wine and dzunke.

Hozehound blacke, decoct in wine and dzunke.

Rue leaues, decoct in wine and dzunke.

Lauender, decoct in wine and dzunke.

Dictain, decoct in wine and dzunke : oz a pessary.

Cesly sēdes, decoct in wine and dzunke.

Daucus sēdes, decoct in wine and dzunke.

Saxifrage rootes, decoct in wine and dzunke.

Pannax sēdes, decoct with Wormewood in wine, and dzunke.

Pencedamiū roote, & sap by it self, oz with bitter Almonds taken.

Oppopannax : a pessary.

Lacerpitium, with myzre and pepper dzunke.

Sagapenum, with homed water dzunke.

Galbanum, with wine and myzre dzunke.

Amommacum, taken a little at once. ††

Aristologia longa, with pepper and myzre & dzunk.

Centory maius, decoct in wine and dzunke.

Helebozus albus, decoct in wine and dzunke.

Helebozus niger, decoct in wine and dzunke.

Cucumeris siluestris, decoct with hony, conueyed in the place
 conuenient.

Byony white roote, a pessary.

Scamony,

To prouoke flowres when they be destroyed.

Take the roote of **Q**ader graine, make it cleane, anoynt it with honny, and sprinkle powder of **Q**ader on it, make a pessarie or suppositoꝝ of it, and put it in place conuenient.

To deliuer a dead child.

Scald **L**eake blades, and binde them to the womans nauell, and it shall cast out the dead child: and when she is deliuered, doe away the blades, or else shee shall cast out all that is in her.

Rams little Dodcon.

3
Stramony, a pessary.

Handyagoza, a pessary.

Lupines with myze & hony, a pessary.

Smyrneum seedes, decoct in wine, and drunke.

Cresces seedes, decoct in wine and drunke.

Ciscus, taken.

Sauen leaues decoct in wine and drunke, or pessary.

Azarum with homed water drunke.

For the Ague.

Sothernewood soked in oyle, and rub the body.

Tansy iuyce mingled with oyle of Roses, anoynt the body.

Hepatica decoct in wine and drunke. — Liver wort.

Singrene iuyce with pepper drunke.

Bugle, or Byuell, decoct and drunke.

Violets the sirrop taken.

Flos Armoris, the flowre cōserued taken. — Swet Williams.

Daylles small, the leaues decoct in water and drunke.

Cotula lutea, decoct in oyle put in Clster. — wilde.

Camomyll.

Oppopannar, drunke with homed water.

Rubarb infused and taken.

For hote Agues or Feuers.

Phillium or Flebane, the seede decoct or stieped and drunke.

Pirola decoct and drunke.

Violets sirrop taken.

White water Lillie decoct and drunke.

Seamony, the weight of sixe wheate graines taken,

Cichozy decoct and drunke.

Purcelain iuyce drunke.

Roses iuyce drunke.

Harrish wozts blacke, eaten raw, or sewed with sugar.

Goose-berries, eaten raw with meates, grāne.

Warbery bush, grāne leaues made in sauce, eaten.

Apples eaten.

Lemons eaten.

Pomegarnets eaten.

Sebestenes

Incidentia

Ague Cakes

Drinke Centoyle water.

Frie red Vints, red Pettles, and Wormewood with butter, apply it hote as it may be suffered, of each one dram.

Roast Onions with butter, streane it, and anoynt the grieffe.

Drinke water of Flap.

Take Smalege, chop it small, and make worts with oyle meale, and cate euerie morning for a time.

To abate extreme heate in Ague,

Take French wine, a quart, and as much ruining water: Planten one dram: boyle the halfe, and to abate the harshnesse, put to it a good peece of Sugar: drinke this warme in extremitie of heat: for want of French wine, take Calcoyne wine.

E 4

Rams little Dodcon.

Sebestenes eaten.

Cassia dzawne, the pulpe eaten.

For tertian Agues.

B Aglos decoct and dzunke.

Hepatica boyled in wine & dzunke. — **W**astard Agrimony.

Turnesole decoct in wine and dzunke.

Hipericon decoct in wine, and dzunke.

Singuesoyls decoct in wine and dzunke.

Planten decoct in wine and dzunke.

Knot-grasse decoct in wine and dzunke.

Garuin decoct in wine and dzunke.

Penny royall decoct in wine and dzunke.

Liuier wort decoct in wine and dzunke.

Trifoly decoct in wine and dzunke.

For long Agues.

S Arifrage decoct in wine and dzunke.

S after wort decoct in wine and dzunke.

For old Agues.

C Ascuta decoct in wine and dzunke. — **D**oder.

For to procure Agues.

C Herries eaten.

For to quench thirst in Agues.

G Dose-berries eaten raw.

For to driue away shaking and shiuering Agues.

O Popannay dzunke with meate and homed water.

Lacerpitium taken with honey.

Sagapenum, one dzam taken.

Aristologia decoct in wine or water, dzunke.

Woodbine leaues sod in oyle, and pund, the backe or ridge an
oynted.

Mustard taken in meate or dzinke.

Pepper taken in meate or dzinke.

Incidentia.

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Rams little Dodecon.

For S. Anthonies fire.

- F** Cucumber graine leaues, pund and laid to.
 Tulsilago leaues, pund with hony and laid to.
 Pennywort on the wall, the iuce laid to.
 Peritozy, pund and laid to.
 Poliganum pund, and laid to.
 Alebane seed decoct in water oz stiped, and laid to.
 Singrane pund alone, oz mingled with parched barley meale,
 laid to.
 Waruen pund with vineger, laid to.
 Water Singrane pund with vineger, and laid to.
 White Lilly rootes roasted, pund with oyle of Roses applied.
 Saffron mingled with womans milke, laid to.
 Coziander iuce with Cernce, Ligerge, Vineger & oyle of Roses,
 applied.
 Azarum stamped, and laid to.
 Palma Christi leaues pund with barley meale, laid to.
 Liuertwort bzused, and laid to.
 Popie heads not ripe bzused with barley meale, laid to.
 Nightshade leaues pund with barley meale, laid to.
 Alkakeengi leaues pund with barley meale, laid to.
 Olive tree leaues decoct in wine, and laid to.
 Milot: a Quince and oyle of Roses, laid to.
 Drache pund with Saltpeter, Hony and vineger, laid to.
 Succozy iuce with barley meale, laid to.
 Lettice greene leaues bzused, and laid to.
 Burcelaine leaues pund with parched barley, laid to.
 Gourd iuce with oyle of Roses, laid to.
 Garlick burnt to ashes, medled with vineger, laid to.
 Roses iuce applied.
 Gooseberries greene bzused, and laid to.
 Acacia the iuce, laid to.
 Dates leaues and bzanches pund, and laid to.
 Ciprus tree leaues pund, and laid to.
 Turpentine, applied.

Incidentia.

8

For S. Anthonies fire.

Stampe Adders tongue with swines greace, and apply it.
Arache iuice, laid to, easeth.

Bettes ————— Bursa pastoris

Succory rootes and flowze

Lye made of ashes of Colewozts

Coriander iuice with vineger

Endiue with Ceruce and vineger, applied

Galion ————— Gourdes iuice

Henbane boyled in water

Myntes iuice with vineger and bymstone

Myntes, Rue, oyle and vineger

Opium with vineger

Perritory stamped, tempered with Ceruce

Barcey with bread

Planten leaues byused with iuice of Honseléke

Græne popie heads, not ripe, pund with barley meale

Red rose dried leaues sodde in wine warme

Rue with oyle of Roses, Vineger, and Ceruce

Saun stamped oz the iuice

Thozow-war the water oz herbe

Boyle the herbe, roote & seed of Holy hocke, with barley meale
in water, mixed with oyle of Roses, oz oyle Olive, and apply
it to the holy fire and shingles.

The water oz iuice of Knotgras cureth all Kingwormes,
Wetters, Shingles, Holy fire & Inflammation, Cinking blch in
eares, rotten sores, Gangreues of the gūmes, and all wounds
new and old, but especially about the priuie partes of men
and women, & preserueth the same from Inflammation, and
all other euill accidents.

Take vnlet Porret & Waxels, wash them cleane, shred them &
stamp them, & take some cleere water, & some oyle, and fry
them on a soft fire, and apply it warme as ye can.

For wild fire.

Take dregges of wine oz vineger, & the yolkes of Raucens
egges & whites by euen measure: temper them well toge-
ther, and apply it to the grieve, and it will heale.

seuerally
applied.

To

Rams little Dodeon.

For to restore Appetite.
Imperatorium roote decoct in wine and drunke.
Lupines soaked long in water, eaten.
Sorell de Boys and decoct, eaten or drunke.
Lettice crispe, eaten with meate or Sallet.
Sea Purcelaine preserved and eaten in Sallet.
Kampion eaten with vineger.
Raphanum magnum eaten with meate.
Skirwozts eaten boyled.
Parcely eaten with meate.
Charuell decoct and eaten, or Rawe in Sallet.
Mustard eaten.
Pepper eaten with meate.
Onions eaten with meate.
Capers eaten in Sallet.
Barberies eaten with meate.
Lemons eaten.
Putmegg eaten.
Maces eaten.
Olives eaten with meate.

For the Appoplexie.

Lilly Conuallie, the flowzes distilled with strong wine,
 drunke, one sponesfull.
Sarifrage, the roote chawne in the mouth.
Sagapeum the waight of a dram taken.
Colloquintida the white pulpe, one scruple taken.
Bziong roote one dram taken.

For to restore speech in Appoplexie.

Small Sarifrage the rootes taken.
Euphorbium, corrected, taken.
Beach kernels eaten.
Viscus quercinus, the woord hanged about the neck.

To make a man haue appetite to his meate.

¶ **B**oyle Centoꝝ in faire water, & giue the sick to drinke thereof, at moꝛne iii. daies bloud warme: ech day ix. spoones full.

A comfortable powder for digestion, and to procure appetite, with other good properties.

¶ **T**ake Bellitoꝝ of Spaine, Centoꝝ, Annis, Liquoꝛs, Graines of Paris, Ginger & Sinamon: of ech a like much beaten and serced, and drinke thereof moꝛne and euen, halfe a spoonfull in Wine oꝛ Ale.

Ipocras for a weake Stomack.

¶ **T**ake one pint of Aqua vita, put in a glasse, the take ii. ounces of Sinamon, one ounce of Ginger, two penniworth of Cloues, two pēniworth of Graines, one penniworth of Nutmegs, beate them al together to grosse powder, put al into the glasse to the Aqua vita, shake it euery day often ix. daies together, and drinke it with Wine oꝛ Ale, halfe a spoonfull, oꝛ a quarter, with halfe a pint of Ale.

For the Appoplexie, and to restore speach in Appoplexie.

¶ **V**se to drinke Bozage water.

Bzyony roote one dram a whole yēre together cureth.

Colloquintida taken in glisters and subpositoꝛies, cureth.

Cowslip flowꝛes condited with suger often eaten, cureth.

Wre Euphorbium with oile, and apply it to the nape of the neck, oꝛ the neck. And also Bargerom comforteth: and

Mistelto of the Oke hanged about the neck, the wood of it.

Drinke the iuice of Rosolis, & it cureth the drawing of the

Sagapenum one dram drinke, cureth. (mouth awy.)

Sothernwood iuice drunke with wine, defendeth &c.

Water of Violets profiteth.

Lauender flowꝛes steeped in wine & distilled, the water holden in the mouth, restozeth.

¶ **S**teepe the kernels of Peaches in water of Penny royal, and drinke it.

Powder of Sarifrage, and the seedes cureth conuulsions.

Sarifrage chawed restozeth spēch.

Wineger, Opimel, oꝛ Lohok of Squilla helpeth.

¶ **S**teepe flowꝛes of Lilliconualle in wine xxx. daies: then take it out

Rams little Dodcon.

For the Ars-gut going out,

Aster Atticus, pund and laid to.

Wall flowres, pund and laid to.

For Ayre infected.

Rhe, Walnuts and Figges, eaten in the moorning.
Small Saxifrage seedes.

Angelica roote holden in the mouth.

Pencedanum the sappe taken with Rue, and bitter Almonds.

Lentian the roote in powder taken.

Lemons iuice taken: and Juniper berries perfumed.

For the belly to purge mightly.

Colloquintida the white Pulpe taken one scruple.

White Bryony roote the iuice taken.

Juice of Mandragora roote taken in small quantitie.

White Wete iuice taken.

Buckthorne

For the belly to purge gently.

Ciclamen iuice stroked on the nauell or belly.

Black Helleboe taken by discretion.

Hoppes iuice taken.

Horned Popie seedes decoct and taken.

Beanes greene, buripe taken.

Kidney Beanes fruit and Coddes buripe eaten.

Bitter Fitches decoct and eaten.

Lentils decoct, the first decoctian taken.

Lupines decoct and taken.

Fenigreeke seedes, prepared and eaten.

Red Colewort leanes, decoct and eaten.

Sheepes forell leanes, boyled and eaten.

Cucumber seedes, drunke with milke and sweet wine.

Gourds iuice boyled, drunke with hony & Salt-peter.

Onions eaten, with meat.

Squilla with hony and oyle.

Astodill, the roote boyled and drunke.

Grapes greene eaten: & Apples sowre boyled & eaten.

Peach leanes, pund and taken: & Cicamoze fruit eaten.

New Figs, plums, Cherries, and Carobes eaten.

For

out of the wine, and distill the wine five times over in a Limbeck or body of glasse: this wine with five graines of Pepper, and a little Lauender water drinke, is a precious remedy against the Appoplexie, and more precious then gold.

For falling of the fundament or Matrix.

Take oyle of Camomill and Rose water, and anoint the grieft.

Take Red nettles, bray them well, & put them in an earthen pot, with a good portion of white wine; sothe it to the halfe, and giue it the patient to drinke, & lay the herbes to the fundament, as hot as may be suffred.

For Ache in the backe, a soueraine Medicine.

Take Pigs greace, strike it plaister wise on a peece of leather, pricke it full of little holes, with a sharp pointed knife, and lay it to the Kaynes where the paine is.

Take Ache and Egrimony, and pun them with Howse ears rootes and leaues, & barrowes greace, & distill and lay to the backe.

Take Vnguentum Alabastrum, and Vnguentum Aureum, of each one quarterne; meddle them together, and anoint the backe.

A

For to cause blasting, and paine in the belly.

Raw Turnep rootes eaten.

For to open and loose the belly.

Saffron seade iulce dzunke in milke.

Bastard Kubarbe leaues in meate.

Mercury boyled and eaten oz dzunke.

Violet sirrop eaten.

Daylies small decoct and eaten oz dzunke.

Drgan with Hydromell oz homed water dzunke.

Trago Drgan.

Betony with Hydromell oz homed water dzunke.

Pencidanū rootes the iulce with Rue & bitter Almonds.

Amomacum a dram taken.

Alocs the iulce taken.

Palma Christi seades taken.

Elder tender croppes in broth eaten.

Blacke Bziony tender buddes in Sallet.

Wind wad leaues, the iulce taken — Helpline.

Dzache in pottage.

Coleworts the iulce by it selfe, oz with Salt peter.

Lettice in Sallet with meate.

Hallowes with meate.

Asperagus buds decoct with oyle and vineger in Sallet.

Red Roses iulce.

Quodimack of Quinces after meate.

Peaches, Mulberies, and Figges ripe eaten.

Mulbery roote, the barke decoct and dzunke.

Cassia, the pulpe eaten.

Elme tree & bitter barke one ounce with wine oz water.

Rosen of Larix tree licked with hony.

Rosen of Turpentine tree licked with hony.

For inward Scruines of the bladder.

Oppopannax with meate oz homed water.

For Vlceration or rawnes of the bladder.

Camemer seades dzunke with milke oz swæt wine.

Sebestenes.

Cyprus nuts leaues boyled in swæt wine oz meate, dzunke.

Hurtful

A Receipt to make a Purgation.

¶ Take Seny 2. ounces, Epithimi 3 I. Ginger. I. Racine, Sina-
namom. 3 I. Violets, a quarter of a handfull. Passes de sol
I. quart. li. damaske Prunes stoned v. or vii. dim. pint of faire
water: put al in a pot closed, and let it boyle softly in another pot
one houre, Straine it, and put to it Penidros, & drinke it. G.K.

For going off of the skinne of the Coddess, and the
rednesse and inflammation of the same.

¶ Take Chimoleā, Vernice, Nitre, Colofony, Rosin & Be-
tony: beate them that are to be beaten, & mire them with
oyle, and put to the Rosin, and incorporate them, and wash the
coddess with warme water, and being well washed, put the re-
ceipt vpon the red place.

A most approued experiment against the same grieffe.

¶ Take Tapfi Barbasti, smal nettles, violets, mallows, beane
bran and comyn, cut the herbes, and put leaues of Ebul-
eldar and woyme wood to it, and boyle it in good wine: and af-
ter plaister it to the grieffe, as hote as may be suffered, and put
to it roses and the huskes of garlick.

For warts and pustules on the priuic members.

¶ It chanceth, that sometimes Warts and Pustules grow on
the yard. To take away the Warts, put to it the pouders of
Harmodactilus: which being done away, make a medicine for
wounds: but first let the place be washed with water, that mal-
lowes and Brank Vrsine haue bene boyled in.

For inflammation of the yard *ex Coitu.*

¶ Take leaues of Willow tree and boyle them in water,
(in quibus pistatis) & make thereof a plaister and lay to it.
¶ If any pustules be, lay to it Vnguentum album; and for
vineger, water of roses, and for common oyle, oyle of
violets.

Rams little Dodecon.

Hurtfull to the bladder.

White Hozehound taken in, any waies.

For inward scabs of the bladder.

Broklem leaves decoct in wine & drunke with Asperagus,
Myrtell berries.**L**iquoris roots and iuice taken.

For paine or stopping of the bladder.

Great Bur the iuice.**G**lansey iuice with oyle of Roses.**Philippendula** roots boyled in wine & drunke.**Toade Flare** decoct and drunke. — **O**liris.**Planten** roote boyled in wine and drunke.**Horsetayle** boyled in wine or water, & drunke.**Scordis** decoct with wine and drunke.**Confound** the iuice taken.**White water Lilley** roote boyled in wine & drunke.**Camomill** decoct in water, drunke.**Stecados** decoct in wine and drunke.**Saxifrage** roote decoct in wine and drunke.**Pencedamū** roote, the iuice, by it selfe or with Rue or
bitter Almonds.**Neon** roots boyled in water and drunke.**Dittain** the seed one dram taken. — **T**ragium.**Cuscuta** decoct in wine and drunke.**Wetti morrell** stamped & applied out wardly.**Alkekengie** fruite eaten.**Callomus Aromaticus** iuice drunke.**Gumme dragagant** with honey and wine.**Hallow** leaves with salt eaten.**Smyrneum** seed decoct and drunke.**Scandix**, or sheperds needell decoct & drunke.**Water Cresses** in Sallade. **Dried Raisons** eaten.**Putmegs** eaten or drunke.

For to coole the blood.

Parcelain in Sallade eaten.**P**arrish whoytes eaten. **Red Gooseberies** eaten.

For

Provlco in vesica.

Take French Barley a handfull: Plantine leaues, Vio-
nifocle leaues, Strawberry leaues, of eche a handfull:
the foure cold seeds two dzams: boyle them in thre
pintes of water to a pynte: put to it of Mel Rosarum two
ounces: red Rose water halfe a pynte, and vse it by iniection
per virgam: when this iniection is not readie, then vse an
iniection of Milke and Sugar luke-warme.

Abstaine from

}	wine.	}	vse Cassia ostea.
	strong drinke.		
	Wineger.		
	Wergis.		

Rams little Dodeon.

For to stoppe all issues of blood.

Medelwæt rootes in powder. ———

Planten leaues decoct.

Wnot grasle iuice.

Great Singrene decoct, oꝛ the iuice.

Sanicle boyled in wine.

Coriander seed roasted oꝛ parched in powder

Rubarb taken.

Benbane seed þ weight of l. d. ob. in powder.

Redde Kattell boyled in wine.

Caroline Whittell the lesser decoct in wine.

Purcele in iuice.

Barish mallowes greene oꝛ dꝛie pand.

Lark leeds & mirtle berries like quāt. decoct.

Citrus flowers decoct in wine.

Tamariske barke decoct.

Shomacke leaues decoct.

Pomegranate leeds dꝛied in the Sunne.

Wild plummes oꝛ snage the iuice.

Chestnut red barke boyled.

Witthie leaues and barke decoct.

Dke leaues, barke and cuppes decoct. ———

Way bennet oꝛ barley wrapped in a crimosin skinne oꝛ piece
of leather bound to the body.

Gallion flowers laid to oꝛ put in the nose.

Wild grape flowers and vnripe fruit eaten.

Pelloso seed and fruit of Roses taken in.

Vnripe gorseberries, the iuice pressed out and dꝛied, eaten.

Myrtle berries eaten.

Quince rosse and eaten.

Dke apples burnt on coales, and quenched with wine oꝛ vine-
ger, oꝛ with bꝛyne made of salt and vineger, stoppeth all
issues of blood.

Masticke taken and eaten.

Husbandmen of Kent.	}	Ant ———	plentie of graine.
		White woꝛme ———	murrion of beaſts
		Spider ———	peſtilence among men.

Mathiolus

For pissing of blood.

¶ Take Ambrose Sanguinaria, and Parcely seeds, of ech an ounce, and drinke the iuyce with Goates milke.

¶ Take Ambrose Saxifrage, and Purcelain the iuice, and drinke it with Cow milke.

For the bloody Fluxe.

¶ Take Parrot & Maybyde: Stamp the iuice with wheate flowze, temper them into dough, and make a cake and bake it in Ashes, and let the sicke eate thereof, as hoate as he may suffer it.

F 3

For

Mathiolus } Fly ————— warre.
 super Di- } Spider ————— pestilent sickness.
 olicorides } Moyme ————— scarcety of victuall.

For to staunch bloud of greene woundes.

Herbe Robert bzused
 Moade bzused
 Pelow Lycimachus
 Sinke foyle
 Motherwort
 Pimpernell
 Pelow Millesoly
 Parow

} bzused and laid to.

For to stop the bloud of all woundes.

Sage pund
 Aloes in powder
 Liuerwort pund
 Lungwort in powder — Pulmonaria
 Astragalus rote in powder — Bease earth nut
 Couche grasle leaues pund
 Barnassus gras pong leaues — Hepatica alba
 Cliver oz Goose grasle
 Galion
 Pomegranates leaues and blossoms
 Coznell tree leaues and tender croppe
 Oke leaues
 Ciprus tree leaues

} pund and layd to.

To purge bloud of all corrupt humors.

Hoppes decoct and dzunke.

Juice of Hoppes dzunke.

For Inflammation of bloud.

Liuerwort decoct and dzunke.

Marsh whozts decoct and dzunke oz eaten.

Pomegranat iuice taken in.

For to cause to pisse bloud.

Garden Spadder rote decoct and dzunke.

For to staunch bloud of greene wounds.

TTake one dram of wild Tansey, & bind it hard to y^e wound, & it will staunch the master vaine cut, of man or beast.

If you see a man in great perill of bleeding, if the wound be about the foot, bind him aboue the knée: if vpon the hand, bind him aboue the wrist: if on the arme, bind him aboue the elbow with a good iii. or iiii. sculd, and it shall stay soone after, sikelie.

Apply molle of the Hazell tree, the older and longer kept, the better.

To staunch bloud when a master vaine is cut.

Take a peece of salt biese, the leaner the better, & no fat, as much as will goe into the wound, lay it in the hot ashes in the fire, and let it roast till it be thorough hot, and being so hot, thrust it into y^e wound, & bind it fast, it will soone staunch, and neuer after breake, vpon warrantise.

For pricking with a needle, or thorne in a Sinew.

Take bolted Wheate flozre, sepe it with wine, & boyle it till it be thicke, make a platter thereof, and lay it to as hot as may be suffered, it wil ease the Ache, and heale by the hole.

Regula.

There be certaine places in man, which being pricked in a sinew, except he haue helpe within seuen daies, he shall die: for there will come a crampe from the hurt place, to the neck, and draw his Jawes together, that he shall not open his mouth, which is called Spasme.

Therefore if a man be pricked in the sinew that accozbeth to the same, take good oyle Roset, and chase the hurt place as hot as may be suffered, and powze thereof into the same hurt, & lay woll vpon it and bind it vp, and vse this till it be whole, and none other, for this is kindly for it aboue all others.

For to stop the Fluxe of the belly.

SInquefoyle rootes decoct

Cozmentill roote in powder, with wine or water of
a Smithes forge, wherein yron or Steele hath bene
often quenched

Planten leaues decoct, — Knot gras the iuice,

Hoystaile decoct in wine, — Great Singreene decoct,

Peloly flowre-deluce decoct in water

Viacinth roote decoct in wine

Fly orchis roote boyled in water

Puliall mountaine boyled in wine

Trago Organum decoct in wine

Aniſſeds decoct in wine — Piony rootes in powder

Ciprus ſeede — Galingale decoct in water

Pars tongue leaues decoct

Wayden haire decoct in wine

Black popie ſeede decoct in wine

Tares ſeede decoct — Hares foote decoct in wine

Phenix or Waybennet decoct

Garden Parcelane iuyce

Barth Wallow rootes decoct in wine

Gourdes tender toppes bzased with wine

Smyrneum leaues decoct, & the rootes in waſer ſtiped

Cheſtnut red barke boyled in wine

Lentisk tree leaues and barke

Lacerpitium with hony and vineger

Olemeale in meate — Dry blanched Beanes

Tares ſeede decoct — Carth nut boyled

Smyrneum leaues and rootes

Hiponſus taken — Unripe Goſeberries

Fruit of White thorne — Hawes

Almonds befoze meate

Medlers

Greene Mulberies dried

Wild Plums — Lorus

Carobus dried

Ciprus tree fruit

} drunke.

} eaten.

For to stop the fluxe of the belly.

Make powder of the bloomes of Walnuts whē they fall, two drams, with a hard rosted egge and oyle, eaten thre mornings fasting: if that serue not, take thre drams with an egge.

For a Marmoll.

First giue the patient this sirrup, that is, take Parcely, Fenel, Bneholme, Sparage, Scabios, Cuula campana, Affodill rootes, Dock rootes, round and sharpe Ebulus, Elder, Camedios, Camepitis, Endiue, Sorrell, Hartstongue, Cetrack, Politricon, Capillus Veneris, Adiantus, one dram. Violets, Scene, Polipody, Electri, of each foure ounces. Flowres of Borage, Maratrum, Lime, Epithimi, Culcati, Sticados, Liguoris clenfed, of each one ounce: Borage iuyce, Affodill iuyce, Fumytozie iuyce boyled with Siccozy, one pound, Sugar foure pound.

Giue it the patient by nine dayes purged, vt potionatus rediget, and after anoynt the pustules places with iuyce of Affodills halfe a pound, Lapacii acuti & Rotundi, iuyce of Celidont, of each five ounces, Sulphuris viui, quicke Lime, Litarg. auri, of each two ounces: Badder, Citrine, of each thre ounces: Aloes, Caballine, Tartarum, of each one ounce: Viridis cris, two ounces, Picis natalis, one pouūd, Olei communis, two pound, Auximigie, Angrull. porci sal. one pouūd, Petrocilini, 2. ounces: Omnia incorporatentur, in maner of an oymntment, and therewith anoynt the griued parties by eight dayes, and then let him enter into a bath, in which the leaues and rootes of long and round Docks and Scabious wild, and domesticall great Lawzell, and little Lawzell, Lithimall, Rootes of Ebulus, Elder rootes, and leaues of Cuula Campana shall be boyled, of each thre drams: All which must bee stamped and boyled in water, and make a bath, and anoynt the patient dayly by sixe dayes, and let him vse this soz a competent season, vntill he be cured.

For

Rams little Dodcon.

For windinesse, and blasting of the belly.

Wyme wood eaten in the morning fasting,
Hempe seede in small quantitie,
Pellitorie of Spaine roote, decoct in wine, & drunk,
Wild sea Purcelane kept in bzine, eaten in sallet,
Blacke Pepper eaten.

For griping paines in the belly.

Cinza leaves and flowers decoct in wine or water,
Caruin decoct,
Sargerum decoct in white wine.
Garden Mint boyled in water,
Coffmary alone, or with Parcneps seedes decoct,
Rue decoct with Dill,
Anniseedes decoct with wine,
Comin seedes decoct with wine,
Lybanotus seedes decoct in wine,
Cesely seedes decoct with wine,
Daucus seedes decoct with wine,
Saxifrage seedes and rootes decoct with wine,
Louage roote and seede, decoct with wine,
Asclepias roote boyled in water,
Centauri maior, the roote two ozams with wine,
Rubarbe infused,
Walwozt leaves and yong teps decoct in wine,
Polipody of the oke in powder decoct,
Pannax seedes decoct in wine,
Phenix decoct with red wine,
Eringus rootes in powder, or decoct in wine,
Cardus benedictus boyled in wine,
Sea Purcelane decoct in wine, & Radish decoct,
Parcely roote decoct in wine,
Nutmegs decoct, and Juniper berries decoct,
Lyne seedes boyled in water and glistered.
Pencedamum roote, the say by it selfe, or with bitter Almonds
 eaten.
Parcely eaten, and Squilla roasted, prepared, and eaten.
Nutmegs eaten.

and
 drunk

For

For fret in the belly.

¶ **T**ake Tansey, Rew, and Sothernwood.

For hardnes of the belly.

¶ **D**rinke three spoonesfulls of iuyce of Rute leaues three times in a day.

For griping paine in the belly.

¶ **T**ake Sothernwood, and lay it against the place of the contrarie side where the torment is, and it will drie it out: if it be layd to the nauell, it will drie away the paine.

For ache in the backe.

¶ **T**ake Ache, Egrymony, Hense-eare, Saincle, and Worme-wood, of each a like much, stampe them smal with butter or barrowes greace and white wine, frie it, and make a playster of it, and lay it to the backe as hot as may be suffered.

For ache in the bones.

¶ **T**ake an old hoare Fore, bind him sure that he stirre not, put him quicke into a brasse pot, and put to him fire or eight gallons of oyle Olive, set them on the fire, and boyle it easily fiftene houres, then let the fire coole, then straine it through a cleane linnen cloth: with that oyle anoynt the ache, which profiteth greatly: you may keep it forty yeeres or more: when it is boyled, you shal find of the Fore neither haire, skinne, nor bones, but onely the clawes, and the oyle consumed to one gallon, or a little more.

For ache a Cerecloth.

¶ **T**ake Rosen half a pound, Berrosen, one quarter of a pound, Deere suit two ounces, Turpentine one ounce, Cloues and Mace of each alike, one ounce, Saffron, one ounce, oyle of Roses, two ounces: boyle al together, and vse it.

For

For to cure the bloudie Fluxe,

Bistort Roote, }
 Periwinkle, }
 Agrimony seede, } in wine decoct.
 Yellow Licymachus, }
 Shepherds purce, }
 Cinquefoyle, }
 Tormentill roote in smiths water,
 Wild Tansey in wine,
 Gnaphalion leaues in red wine, }
 Planten leaues in wine, } decoct
 Knot-gras iuyce drunke, }
 Horse-taile in wine,
 Flebane seede parched, the powder in wine
 Scordion dried in powder, two drams in wine
 Create Singrene in wine decoct,
 Sophia. Fler wood seede in wine or smiths water, decoct,
 White Polyn roote, in red wine } and drunke.
 Pimpernell in wine decoct,
 Millesolly in wine decoct,
 White water Lillie roote or seede, decoct in wine
 Yellow Flowze de luce, decoct in water
 Costmary leaues alone, or wth Parcely seeds in wine
 Sage decoct in wine, & Kubarbe infused (decoct,
 Polimomum roote decoct in wine
 Pannax seede decoct in wine
 Wine greene leaues and claspers decoct in wine
 Pomegranat blossoms in powder
 Mulberries greene and vnripe, decoct in wine
 Chesnut barke boyled in wine
 Oke leaues, tarke, and Apple, decoct in wine
 Pine Apple, fruit, and scales decoct in wine,
 Nutmegs drunke,
 Turpentine leaues decoct in wine,
 Lentilles decoct, the first water cast away: and after the second
 decoction, eate them. Lycium of bor thorne takne.
 Coznelle Plums, and Rosen of Larix taken.

For to cure the bloody Fluxe.

¶ **M**Ake powder of Acornes cuppes, and drinke it with red wine, yolks of hard egges and cynamon.

For bleeding at the nose or bloody Fluxe.

¶ **T**Ake a great Toade, put it in a glasse, and stoppe it fast: then set it in a dunghill, and all the great Toades thereabouts will drabe to it: then take them and put them into an earthen pot, and stoppe them fast, and set that pot on a strong fire till they be drie: but come not to it, till they be cold, for the stinck: then sow them in silke.

If it bee the bloody fluxe, lay it to the right side: If it bee for bleeding at the nose, lay it to the stemarke warme: But if it be great need, heat two Toades thereon, and drye them and lay them to your stemarke warme in silks as aforesaid. &c.

A Caudle for the bloody Fluxe.

¶ **T**Ake a pint of red wine, and the yolks of 5. new laid eggs, a good quantitie of Cynamon, a little sugar, the pill of a Pomegranate dried and made in powder, a good quantitie: boyle all together in a platter on a chafingdish, till it be thicke, and let the patient eate of it early and late, and as oft else in the day, as his stomacke will serue him: and it will stoppe it, be the fluxe neuer so great.

A singular approued remedie for the bloody Fluxe.

¶ **T**Ake as much fine linnen cloth, as will make a suppositorie, being wadded round together, bottomwise, wet it in the best Aqua vitæ or Aqua composita: and let the patient conuey it into the fundament, and within three or foure times dressing, by Gods helpe it will doe good.

Another.

¶ **T**Ake gads of steele made redde hote in his drinke, oftentimes quenched, and drinke thereof.

Another.

For spitting of bloud or corrupt matter.

- G**reat Bur seed in powder one dram, pound
 with kernels of pine Apple in wine
 Permacle in wine } decoct
 Shepheardes purse in wine }
 Tozmentill roote in powder with wine
 Knot grasse iuice
 Black Polyn with his pleasat flowers decoct
 in wine
 Plimpernell in wine oz smitthes water decoct
 Sanicle decoct in wine oz water
 Willefolly decoct
 Ramglyme iuice half an euce with vineger } drunks.
 Pint iuice with vineger }
 White horehound decoct in water
 Betonie decoct in wine oz water
 Capillus Veneris decoct in wine
 Solle decoct in water
 Spelt Meale decoct with red wine
 Ladies Thistle roote decoct in wine
 Parcelane decoct in wine
 Vine Tendzels oz Claspers boyled in wine
 Burthorne, oz the seed, decoct in wine
 Withie leaues and barke decoct in wine
 Oke leaues, barke, and acozne cups decoct in wine }
 Rosen of Larix, oz Agarik decoct in wine } drunke
 Turpentine tree leaues and barke boyled in wine }
 Mastick oz Letisk tree leaues & bark decoct in wine }
 Sage iuice taken with honle
 Wheat meale boyld to pap, and often licked
 Balba Casta. eaten. Tamarisk fruite eaten.
 Quinces Quodmak any wayes taken
 Almonds any wayes taken
 Chestnuts & meale made in electuarie, oz Cyprus fruite eaten.
 De Sanicula.
 Ce lui, qui Sanicle à, de'mire il u'a.
 Who se hath Sanicle, needeth no Surgeon.

Another.

Take Sinkesoyl, boyle it in wine, and let the patient hold his mouth ouer it.

To remoue a botch from one place to another.

Take Mozmelwood and Mugwort Rodion, Stamp them together, and drinke the iuice in ale: then take a quicke Dyffer, and lay it on the place that thou wouldest bzeake, and thitherward it will draw it.

Take Oculus Christi and Ueruin, make a plaister of them, and lay it from the botch two fingers bzeadth, and est-sones put it far, and doe so till thou come to the place where thou wilt bzeake it.

Take Colombind, Stamp it, & with the iuice wash the botch or boyle well, and make a strike with the same iuice to y place where thou wouldst haue it bzeake, & there lay a plaister of the same herbe stamped with iuice, and it will bzeake it.

The iuice of Tansey in a nutshell doth the like to remoue a felen.

To ripen a Botch.

See the Omeals in milke, and lay it playster wise as hote as may be suffered.

Take Tormentill, Hony and Salt, tempered with the white of an Egge, and lay it to, and it will bzeake it.

Take Singrene, Helilot, Linseeds, and Mints, boyle the in water, make thereof a plaister, and lay to, to bzeake it.

Roast Loade Mooles hote, and lay to, to bzeak it.

Lay Galbanum to it, and it will bzeake it.

Take Sozell, the white Snayle, and the lesser Bokelyme, a like quantitie, Stamp it, frye it with Shapes suit, and lay it to the grieke.

To breake a Botch when it is ripe within, and the skinne thicke and hard.

Stamp Sperewort with oyle, and lay it on the head of the Botch,

To

For to stoppe pissing of blood.

A Grimony.

Shepherds purse.

Planten leaues.

Cozonopes, or Harts-horne.

Knot grasse.

Pimpinell.

Knights yarrows.

Molle.

(in powder.

Tribulus terrestris or Saligot nuts

Mirtle berries.

Withie leaues and barke.

Oke leaues, barke and Acorne cups.

Musticke.

decoct in wine and
dzunke.

Tozmentill roote in powder, decoct in Smithes water.

For to cause pissing of blood.

Garden Padder iuice of the roote much vled.

For to strengthen the bodie.

Standergrasse full and sappy rotes eaten—testiculus odoratus, Goates Dichis rotes eaten or bogled in Goates milke, dzunke: Satirion rotes eaten boyled.

For obstructions and stopping of the body.

Garmaunder with his flowers boyled in water and dzunke.

For to dissolue congealed and clotted blood in the bodie.

Camepitis decoct.

Wild Tansey boyled in salt & water.

Morus diabolus root decoct in wine.

dzunke.

Bugle.

Auens.

Tyme.

Mustard.

decoct in wine.

Figges decoct in water and dzunke.

Figges.

Margerans.

To strengthen the body and stomacke, and
to procure good digestion,

¶ Take *Palmeley* one pinte, as much *Pint water*, *Sy-*
namom, *Ginger*, of each an ounce, boyle them and put
them together with halfe a quarter of *Sugar*, let them stand all
night, and in the morning drinke it.

Mistris Barret.

Barrett
Comit

Pargerom, dried and taken with honic, }
 Rue roote, in powder, with Honie dried, } eaten.
 Amers, dried with Honie,
 Lacerpitium rootes, stamped with Oyle,
 Gentian rootes, the iulce taken.
 White Bryonie, in Electuarie with Honie.
 Wild Bryonie, in Electuarie with Honie.
 Dulcamara, decoct and drunke.
 Garden Gadder roote, or powder decoct and drunke.
 Water Pepperwort leaues and Ale, decoct and drunke.

For windinesse of the bodie.

Nigella Romana seides with wine, }
 Agrus castus seide with wine, } drunke.

For to strengthen the Bowels.

VVild Canse, }
 Calamint, } decoct in wine and drunke.
 Parnassus Gralle,
 Frangula Barke, boyled with Hops, Pontike, Wormwood,
 Cyparotie, Cinamon, Fenel, Parcely, and Endiue, with their
 ioures taken, in quantitie of five Sunces.

For inflammation of the Bowels.

Filibane seide, boyled in water or wiped, }
 Verbe Bennet roote, — Auens, decoct. } drunke.
 Trifoli by it selfe, or with the flowers boy- }
 led in Orade or Horned water, — } drunke.
 Purcelane iulce, drunke.

For windinesse of the Bowels.

Agnus castus seides, }
 Juniper Berries, } decoct in wine and drunke.

For to mundifie the Braine.

Pente Malt, pund with Vineger, drunke.
 Pargerom brusee,
 Drygan iulce,
 Solwebread iulce,
 Wild Cucumer, delage with swete Milke, }
 put or scanted in }
 the Poshylls.

17th Nov 1810

Dear Sir

I have the honor to acknowledge the receipt of your letter of the 11th inst. in relation to the above mentioned subject.

I am sorry to hear that you are not satisfied with the result of the examination.

I have been very anxious to get the matter cleared up, and I have been consulting with the authorities on the subject.

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I am, Sir, very respectfully,
Your obedient servant,
J. H. [Name]

Iule iuice oꝝ fruite,
 White Beete iuice with Honie, } put oꝝ snuffed in the
 Colewoꝝte iuice, } nose.
 Anion iuice.
 Saxifrage roote oꝝ ſeede chewed.
 Oppopanax, two Drams taken.
 Sagapenum, one Dram taken.
 Amomacum, one Dram taken.
 Sarcacoll taken.
 Laurell leaues, chewed and holden in the mouth.
 White Byronie roote, one Dram taken.

For to comfort the Braine.

Bazell, decoct and drunke, and often smelled on.
 Roſemarie flowꝝes, in conſerue, eaten.
 Lauender flowꝝes, eaten alone oꝝ with Sinamum.
 Nutmegs and Cloues, taken any way and smelled to.
 Stecados flowꝝes smelled on.
 Sigella ſeeds dyed, pund, and wypped in a Sarcenet, oꝝ fine
 linen cloth smelled to.
 Stauesakre, chewed in the mouth.
 Zeffamine dzieth Rheumes.

For to warme the Braine.

Caſſmarie leaues, in conſerue.
 Pellitoꝝie roote taken with Honie.
 Rie-meale, put into a bagge, laide to the head.
 Zeffamine, dzieth and warmeth the braine.

For to remooue ilymie flegme from
the Braine.

Wilde Pellitoꝝie, chewed and held in the mouth.
 White Eleboꝝ, the roote in powder, snuffed into the nose.

For Impoſtumes of the Braine.

AGaricke with Sitrop, Acetes taken.

A com-

A comfortable Pomaunder for the Braine.

TAke Labdanum one Dounce, Beniamine & Storax, of each two Drams, Damaske powder finely searced, one Dram: Cloves and Nace, of each a little. A Nutmeg, and a little Camphire: Muske and Cinet, a little. First heate your Morter and Pestell with coales, then make them verie cleane and put in your Labdanum, beate it till it wax soft, put to it two or thre Drops of oyle of Spike, and so labour them a while: then put in all the rest finely in powder, and worke them till all be incorporated, then take it out, anoynting your hands with Cinet, roll it up, and with a Bodkin pierce a hole throow it.

G... .. For

Rams little Dodcon.

For to cleanse the brest.

- L** The seede, mingled with Honie in Electuarie.
 Scabius, herbe and roote, boyled in Wine & water, taken.
 Scordion, dried in powder mingled with Honie, drunke.
 Ethupis, decoct and drunke.
 Romane nettell seede, tempered with Honie, licked in.
 Ruens, decoct with Wine,
 Comphrie rootes decoct in water,
 Iris rootes, decoct,
 Tyme with Honie, decoct,
 Bennie Royall with Honie, decoct,
 White Hozehound, decoct in water,
 Annis seedes, dried by fire, and taken with Honie.
 Betonie decoct.
 Opyopanax, two Drams taken.
 Lacerpitium rootes, boyled with Pomegranat pills and Vinegar,
 drunke.
 Sagapennum, one Dram taken.
 Gentian rootes, or Crosse wort decoct and drunke?
 Enula campana rootes, decoct in Electuarie.
 White Bzonie rootes, decoct, the iuice.
 Creum meal, or batter with Honie, licked in.
 Fengreke seede, decoct with Dates and Honie, eaten.
 Cardus benedictus, boyled and drunke.
 Redish young, decoct and drunke.
 Percenep rootes, eaten.
 Pyzhis rootes, boyled in flesh bzoath, eaten.
 Cresses, the seedes boyled in the bzoath of a Hen or Pallet.
 Crisenion seede, in Lohok with Honie.
 Lake iuice, in Lohok with Honie.
 Liquozice rootes, mixt with other spices.
 Musa fruite, eaten.
 Fitticke Nuts, eaten.
 Pine Nut kernels, eaten.
 Liquid Pitch with Honie, eaten.
 Rozen of Larix with Honie, eaten.
 Turpentine, in Electuarie with Honie.

} and drunke.

For a sore brest of a woman.

¶ Take Rue, Sage, Archangell, white Daylie rootes, Plantain, Angelica, Oculus Christi, of each one Scruple, wash them and drye them in a cloth, byed them, and stampe them with halfe a pound of fresh greace or Barrowes Greace: stampe all together, and boyle them with halfe a quarter of a pound of Rosen, and as much new Ware: till the Ware and Rosen be molten with the herbes, then straine it thro:ow a cleane cloth, and it will be a faire oyntment to vse.

To purge the brest.

¶ Take a great quantitie of Flax, seethe it in a pottell of good Wine, and drinke of it earely and late, at Euening hote, and at Morning cold.

¶ Take a good quantitie of white Horehound, a lesser of Groundswell, and the least of Malwort, boyle them with fresh Barrowes Greace, incorporate it and make a Playster and lay to the Brest: in one night it will cause the Patient to cast out much corruption, and profiteth against the Cough.

To cleare the Pipes.

¶ Take a handfull of dried Flax, as much of the roote of Enula campana, and not fully so much of good Liquoris bysed, boyle them in running water, from a galon to halfe: straine it, and put to it halfe a pint of clarified Honie, drinke thereof first and last.

Bladders called fire Bladders, or burnings.

¶ Take ground Iuie, alias Alehosue, Sheepes dung, Honslake, Goose dung, Sheepes tallow and fresh Butter: stampe all together, and let it stand two or thre dayes, then frye it, straine it, reserue and vse it daily.

For stopping of the brest.

Sotherne wood seede boyled in wine or water, dzunke.

Saffron seed the iulce bzied w ith yomed water, or in the bzeth of a chicken.

Blacke apolin with his pleasant flowzes decoct in wine or water, dzunke.

Stop decoct with Rue, figs, and Honie, dzunke.

Wetius boyled in wine, dzunke. ——— Dike of Jerusalem.

Sticados with the flowzes, decoct and dzunke.

Cumin decoct and dzunke.

Anomacum, one dram taken.

Sarcacoll taken.

Napfia, the barke of the rose, one dram.

Jengleke seeds decoct with Dates and hony to stop.

Bullards seed bzied in meates.

Liquezis iulce mixed with Ginger and spices, and small Cakes made of it and eaten.

Pine nut kernels eaten.

Liquid Pitch with Honie eaten.

Rosen of Larix with Honie licked.

Turpentine in Electuarie with Honie taken in.

For exulcerations or swellings of womens
brests or pappes.

Wheate bran decoct with Rue, laid to.

Spelt meale boyled with wine and Salt-peter laid to.

Erbum meale with Honie applyed.

Dried Raisons the kernels pund small with salt laid to.

Roses pund and laid to.

For to dric vp womens brests.

ASarabacks leaues pund and laid to.

For impostumes of the brest.

Tullago leaues dzied, & a perfume therof made vpon coales,
taken in at the mouth by a tunnell or pipe,

Scabies boyled by it selfe, or his rote in wine or water, dzunke.

Asclepias leaues pund and laid to.

For a sore brest, where peeces fall out so broad as the bot-
tome of a sawcer.

Take the slip of Elder tree, scrape off y^e russet bittermost bark,
and take the middle graine barke from the white next the
stick, stamp it with Right Shade, 4. or 5. leaves of it: but
if the brest burne soze, take the more Right Shade to coole it: then
strayne it thow a cloth, and put to it the yeaake of a new layd
Egge, take away the scum of it, & put thereto pure hony combs of
the hieue, faire strayned so some as they are taken out of the hieue:
then take faire wheat flower, and beat all together. The yong
Elder buds that spring out of the ioynts of the Elder tree is bet-
ter then the rinde: temper all these together like a salve: if it bee
well made, it will loke graine: it must be made as thicke as may
lye on a linnen cloth plaister wise, and dresse the brest: then take
a linnen cloth as big as the soze and somewhat bigger, that it fall
not in en any side: lay the same upon the plaister of linnen cloth,
and so lay it to the soze brest, not comming neere the fire.

If there bee dead flesh in it, see the running water, Allome,
and Sage, till the strength of the Allome and Sage bee in the
liquor.

When the brest is to be dressed, wash it first with this water:
clense the soze, dyle out the water, but take some fine lint scraped,
and lay it on the soze.

Let it be dressed moyne and euen.

This medicine is to bee regarded, soz it will heale any other
soze, as hath bene often p^roued.

If the brest bee stiff, anoynt it with Peates foote oyle.

If the hole of the soze gee in farre, lay of the salve aboue
mentioned upon the one side of the lunt, and cover the soze
withall.

And if there be dead flesh in it, then must you wash it with the
said water befoze you lay on the plaister.

You may put in Gallows to the Elder and Right Shades, and
it will be the better.

Adidem.

Carantia, the Oyle, applied.

Crisarum seede with Honie, a Lohocke.

Pellote Affodill rootes, boyled in Lees of Wine.

Kernels of oyled Raysons and Salt, pund and laid to.

For old disease of the brest.

Libanus seed, } decoct in Wine and drunke.
Rue of the wall, }

For great paines of the brest.

Herbane seede, decoct and applied.

For vnnaturall swellings of womens brests.

Chestnuts, the meale in powder with Barley meale and Vi-
 negar, Playster wise applied.

For hardnesse of womens brests.

Chamepitis greene, pund with Honie, and laid to.
Spirit, mingled with Barley, laid to.

Ad idem.

¶ **B**oyle Mallowes with Shepes Suit, till they be verie tender: then straine it and keep it in bores.

If the brest haue neede to bee soted, take the stalkes of Mallowes that are sodden, and tent therewith: this is approued to be verie good.

For the brest and side.

¶ **T**ake Sage Royall, Alexanders, red Pettels, Wormewood, red Fenell rootes, all of one yecres growing: then make a great fire on the ground till the ground bee hote a foote thicke, then lay the herbes abroad on the ground, and a linnen cloth ouer them, and then lay the pained place on them so long as the heate dureth: and cover him well about.

¶ **T**ake Ambrose, Rue, and Horehound, of each a like much, stampe them and drinke it with wine.

¶ **T**ake Pints, and Oyle Oliue, boyle them and applie it to the griele.

¶ **S**crape a Goates hozne that is boyled, and giue that scraping to the Patient.

For inflammation or swelling of the brest or elsewhere.

¶ **T**ake leaues of Marsh Mallowes, or Holy-bocke, sodde in white wine till they be verie tender, mince them smal, and make them in a Cathaplasma, and lay to the griele where soeuer the swelling is. D. K.

¶ **T**ake seed of Venbane, break it and boyle it in wine, and lay it hote to the brest.

¶ **T**ake Linseed, and the white of an Egge, or the iulce of Smalage and lay to it: and if she lose her Milke, giue her iulce of Marren, and it shall restore Milke abundantly.

For rankling Teats of too much Milke.

¶ **M**ake powder of Hempseed, and giue her to eate and drinke in all meates and drinkes.

To make Teats small.

¶ **S**tampe Seede of Hemlocke with Vineger, and anoynt them often.

¶ **P**owder of Auens and Vineger doe the like.

For

Rams little Dodeon.

For shortnes of breath.

Sothernwood seed decoct in water and drunke.

Cassilaga leaues dried, and a perfume taken into the mouth by tunnell.

Farrmander with his flowers decoct in wine or water, drunke.

Romane Pettie seeds with honie often licked in.

Stock Bilifer flowers decoct in water, drunke.

Fris roots taken with Sugar or Honie.

Time boyled in water and Honie, drunke.

Pargeron mingled with Honie and } taken.

Tragozigan mingled with Honey and }

Bazell decoct in water

Calamint decoct in wine

Rue and Dill decoct in wine } and drunke.

Pigella seede decoct in wine

Seculus seede decoct in wine

Pencedanum roots, the sap by it selfe, or with bitter Almonds.

Oppopanax two dram

Sagapene one dram } taken in.

Galbanum one dram

Amomacum one dram

Starabacka roots boyled in wine, and drunke.

Dyagunculus roots roasted or boyled, mixed with honie, eaten.

Kubarbe taken in.

Miloe Cucumer Claterium dyed, halfe a scruple.

Briony roote in Electuarie with honie.

Blessed Whistle powder in wine.

Smyrneam leaues decoct in wine.

Mustard taken any wayes.

Crisimon seede with honie often licked.

Squilla prepared with oyle and honie.

Bitter Almonds eaten.

Figs eaten before meat.

Whick nuts eaten alone or with sugar.

Garick one dram taken in.

Tansey seed taken. — Saffron in sweet wine drunke.

Milk of Jerusalem decoct in sweet wine, drunke.

Honyfoze fruite decoct in wine and drunke.

For Tisick and shortnes of breath.

¶ TAKE Onula Campana the roote in mid May, drye it, pate it, cut it small and put it in Vinegar till it be soft: then drye it, and take purified Honie, and cast both into a chaser, and boyle them together, secundum artem, and boe it.

Against the Tisicke.

¶ TAKE Barley of the cleaneest, wel ground in a Mill, that the husks & bark be cleane taken away, boulded in a fine cloth: of h̄ryan wherEOF make a powltis in cleane water, with a spoonfull of butter thrice washed in water, and hereof let the Patient often vse.

¶ Also boyle the sweteſt Apples you can get with newe porke: let the Patient eate the Apple, his brest and places annoynted against the fire with fresh butter.

Against horseneſſe.

¶ TAKE Gum Arrabeck, Diagagant, Liquozice, Anudi, Cucumer ſeeds, Gourd ſeeds, Purcelene, Demdion, Hoſehoue, Terreſtris Canabi ſeeds, Acholas roots, Alopecurus, Gentian, Alolets: boyle them together in white wine, and let the Patient drinke thereof mozne and even, &c.

For winde and ſtitch in the ſide.

¶ TAKE Camomill and Wormewood, of eache one handfull, greene Broometwo handfulls, Stamp them small together: then make a bag that will goe from the Pauell to the Keyneſ, & put thoſe things into the bag couched abroade that will lye ouer the wombe: then take a good quantitie of Ballowes, and boyle them in a pottle of rayne water or cleere running water, till it be thoroughly boyled: then plunge the ſame bag in that water till it be thoroughly hote: then ſqueſe out that water, and all hote lay it ouer the Womb til it commeth to the reines, and when it is cold, heat it againe, and reneue it often.

Rams little Dodeon.

For paine in fetching breath.

Saffron seed the iules with boined water, or broth of a chicken.
 Spilltick nuts with Sugar eaten.

For to amend a stinking breath, and to procure
 a sweete breath.

L Acerpitum roots eaten with meate or salt.
 Apples of Lemons condited and eaten.
 Patmegs eaten.
 Mastick holden and chewed in the mouth.

For such as are bursten or broken.

A Canthus roots taken in drinke.

Rubarbe infused, taken in.

Olmond, the heart or middle roote taken in broth.

Garden Nadder roote, _____

Houseleare - _____ Petisilla rotes or leanes,

Hozaile, or Shaue grasse

Morsus Diaboli,

Adders tongue, _____

Comphrie roots, pund and applyed to ruptures.

Clinopodion decoct in wine and drunke.

Carantia oyle anoynted.

Calamus Aromaticus, decoct

Caroline roots decoct in wine, } and drunke.

Crucata decoct in wine _____

Parcenep roots eaten

Pellow Affodill roots decoct in wine or dram.

Ciprus nuts pund and laid to the rupture.

decoct in wine
 and drunke.

A paste for stinking breath.

¶ Take Wine and Honie a quantitie; boyle them a little, the put to it grated bread and stir it, put to it Annis seeds, Liqoris, and Pepper in powder, and make paste of it: make it in cakes, bake them of any fashon, and eat of it.

¶ Take two handfuls of Comyn in powder, sethe it in good Wine from a pottel to halfe, drinke it at euen hot, and at mozne as hot as you may suffer it: at euen and mozne a pinte, 9. daies.

¶ Take Puliall Montan, one handfull, wash it, dryed and Rampe it, put to it halfe an ounce of Comyn, pur and meddle them well together with white wine one pottle boyled to halfe, and glse the patient to drinke hot as hee may suffer it, halfe a pinte a day, once after meat and not befoze, and once at euen hot, and it shall be well in fiftene dayes.

For one that is bursten.

¶ Take rootes of Comphyrie with the leaues, Setwall rootes and leaues, Polipody roots, Centozy called Peter wort, make it in powder, and drinke it in Ale.

For

For children bursten.

Flebane seede with Vinegar,
 Water Croto foot mingled wth wheat flower
 Rosoliatum pund with meale and wine,
 Pencebanum iuce, ————— } laid to y^e greese
 Rosoliatum mingled with Ware, Oyle or oymtent fit to cure } outwardly.
 wounds, applied.

Hanricula decoct in Wine or water, } and drunke.
 Pilosilla leaues decoct, }

For burning or scalding with water
 or fire.

Great Buglos root pund with Oyle and ware,
 Greene Clofe leaues pund with whites of eggs,
 S. Johns wort leaues pund,
 Wilde Pullet pund,
 Greene Pirroll pund,
 White Lilly roots roasted, mixed with oyle of Roses,
 Parcillus medio luteus rote pund with honis,
 Zule leaues boyled in Wine pund,
 Tropa the do inne mixt with swines greace,
 Blanke brsine græne, pund,
 Galion flowres pund,
 Beete leaues pund,
 Lettice græne leaues pund,
 Marsh Mallow leaues pund,
 Gourdiuce,
 Yellow Affodill rotes boyled in oyle,
 Pulberis leaues boyled with oyle,
 Ashes of Figtree with oyle of Roses and Ware,
 Balme tree broken mixt with greace,
 Pine apple scales with the barke of Pine tree pund
 with Litarge of siluer and frankincense, —————

applied and
 layd to.

For to preserve one from bursting.

¶ Take Comphyte, Pep, Royall, & Eggrimony: pan them and make a posset with the iuice thereof, and drinke it: and sometime chip and fry them with Egges, and eat it as a Tansy.

¶ Take tender crops of Osmond in May, dry them in the wind and not elsewhere, make it in powder, & saue it in a bladder Winter and Sommer, and drinke thereof: it will make the belly goe as if it were new burst. Let the Patient be well and easely trusted to goe withall in the day, and to lie in the night, till he be whole, which will be in 24. dayes, if he will bee ruled.

He must lye vpright as much as he may, and keep his bed euery morning two houres after hee taketh his medicine, and eats no white meates till he be whole, no; strayne him any wayes.

For burning.

¶ Take iuice of the leaues and berries of Iuy, the oyle of Nuts, of each 8. ounces, Waxe two ounces: boyle it to an oymntment, and vse it.

For burning or scalding.

¶ Take Nightshade, Parcely, Hop, Tim-bone, Sozrell, Martgold, and Setwall, of each two handfals: stampe them and straine the iuice, and put to it a pound of Spike, a quarter of a pound of Dere-suit well clarified, oz fresh Butter, oz Shepes suit, boyle all together a little while, then put it out and anoint the grieffe: it will take out the fire in ten oz twelue houres: then lay ouer it, the soft Long wort leafe, but first wash the grieffe with salt byrne, which will speedily take out the fire.

Another for the same.

¶ Take Sallet Oyle and running water, beat them together, and then lay a lawne ouer the grieffe, and anoynt it on the lawne without remouing till it be whole.

¶ Take the black water remayning in the making of salue oz oymntment of Tabacco, and anoynt the grieffe, & it killeth the malignant heat of any burning oz scalding.

¶

Take

For Cankers.

Scrophularia leaues,
 Planten leaues,
 Nettles leaues,
 Dragons, the fruite,
 Crobus boyled, mixt with Honey and Barley meale, applyed.

} stamped and
} layd to.

For to prouoke carnall copulation.

Siberiawood layd vnder the pillow, bed, or bolster.

For to ingender male children.

Barrois Mercurie, or Male Phellen, }
 Fly Dychis full rootes, ——— } eaten.

For to ingender female children.

Gyles Mercurie or Phellen, ——— }
 Fly Dychis withered rootes, ——— } eaten by
 Women.

For.

¶ Take running water, a pottle, as much white wine or vinegar, halfe a penyworth of Hony, as much Allom as an Egge, white Coprus a quarter of a pound, Rosemary, Rue, Sopspe, Tyme, and red Sage, of each a bjaunch: boyle them to halfe, straine it and reserue it to vse.

To destroy a Canker.

¶ Take Chyd sopspe and quicke Lyme, make a plaister and lay it to the soze, and be well ware that the Canker be there, so: it will certainly slay the Canker: And when it is slayne, lay to the soze a sward of Bacon, and it will heale it.

This is called Veni mecum, so: it will not fayle if it be layd to the quicke flesh.

For Cankers in teates.

¶ Take Culuer dung, Hony, Virgin ware, flower of Barly, Beanes and Lynesæds, seth them in Winiger or Wine, put thereto Rams tallow, make a plaister and apply it.

For a Canker in the mouth.

¶ Take the rote of Flower de luce, wash it and slice it, and a few leaues of Peny ropall, seth them in conduit water, and wash the grieft therewith.

Rams little Dodecon.

For pestilent Carbuncles.

Morsus diaboli graine, ————— }
 Violets with Barly meale, } pund and
 Pomegranat seed with hony, } layd to.
 Cyprus tree leaues with parched barly meale, —

For cholerick humours.

Common Wormewood, — }
 Furnitoy, }
 Tozmentill rootes, } pund and layd to.
 Flebane seede, }
 Senle cobs & leaues one dram, }
 Olive tree leaues, }

For cholerick inflamations.

Feuerseto graine leaues and flowers, pund and applied.
 Perritoy }
 Saffron } stamped and applied.
 Mynts two oz the bzaunches, the saice drunk with saice of
 some Pomegranats.

For

To purge Choller.

¶ Take Diagredij, one dram, beat it grosse, put the powder of Aromaticum Rosarum Gabrielis to it, halfe a scruple, Ginger fine sliced, halfe a sponefull, & Sugar as you list: take a fayre Apple, cut off the cap, take out the coze, lay a tyle vpon embers, rost the Apple, and when it is rost, pare the Apple, and put into white wine, and take it early in the morning.

D. K.

H 3

For

For the collicke.

Saffron seeds the iuice with homed water

Auens roote dried and wine

Camomil herbe and flowers with wine

Cotula Lutea with wine decoct

Mynts boyled in water thre dayes

Daucus seeds boyled in wine or water

Ricinus seeds pund with whay

Tapsia the barke of the roote, one dram

Celloquintida white pulpe decoct in water

Homed water,

Sea hull rootes boyled in wine

Holly berries decoct

and drinke
or eaten.

Or the ferne roote boyled in Butten broth, or of a Chicken or Capon, or the decoction of Malloves or Bets, and a little Annis, or the powder thereof with homed water drinke.

For cornes of the feete.

White Lilly rootes boyled in Vineger, applied as a plalster.
Lacerpitium with Rue water and Honey, applyed.

For

For the Collicke, and to cause digestion, and for
gryping paynes of the belly.

¶ Take herbe John, Camomill, Wormewood, of eche one
handfull, the yolkes of two egges hard rosted, thzed the
together, not ouermuch, fry them with salt Butter: then take a
traene dish and fill it with warme ymbers, and lay the fryed
herbes vpon the embers, sprinkling the embers with wine vi-
neger: and lay a linnen cloth ouer the dish, and knit it fast in
the bottome, and lay it close vnto the payne.

G. K.

For swelling of the coddles.

¶ Take powder of Conyn, Barley meale and Honey: fry
them, and make a plaster thereof, and bind it to the coddles.

For Cornes in any place.

¶ Take crops of a Pettie, brouse them and lay them to the
Cornes.

¶ Cut them till they bleede, and then apply to it ashes of
Tabacco burnt.

H. 4.

For

[Faint, illegible text, likely bleed-through from the reverse side of the page.]

Rams little Dodeon.

For a consumption.

Sandergrasse, full and sappy roots boyled in Goates milke,
eaten, or alone.

Bay berries pund small, mingled with Hony or Syrop,
often licked.

Pine Nut kernels eaten.

Agarick sodden in sweet wine, drunke.

For the Cough.

Iermaunder with his flowers boyled in water,
Saffron seed iuce with homed water,

Stock-Gillifer flowers decoct in water,

Rue and **D**ill decoct,

Betony decoct,

Lacerpitium roots boyled to Electuary with hony

Calbanum in like sort,

Cnula campana roots decoct in homed water,

Galingale rootes boyled in wine or water,

Hony succle fruite decoct in wine,

Capillus Venerts decoct in wine,

Popie heads decoct in wine,

Henbane seedes decoct in wine,

Harsh Ballow rootes decoct in wine,

Parcely decoct in wine,

Pellow Affodill rootes decoct, one dram,

Wild Cherry tre gumme decoct in wine,

Planten leaues eaten with meates.

Violets Syrop eaten.

Pencedanum iuce with an Egge (reare) eaten.

Spelt meale with good sweet Butter, or new Goates

suit taken, appeaseth the Cough.

Colewozt iuce boyled in syrop, often licked.

Rapsons dyed

Bitter Almonds } eaten.

Figs

Sebastenes

Labdanum layd to the best with oymtments and

plasters to mollifie.

} drunke.

For the perilous Cough.

¶ **T**Ake Sage, Rue, Comyn, and Pepper, boyle them in Hony, and eate of it earely and late a sponesfull.

¶ Take Hozehound and Hony, and eate of it thre dayes and thre nights.

For Cough of cold.

¶ **W**ASH his fete every euen with hot water: then set his soles against the fire: then stamp Garlick, and a little Hozehound, straine them and anoynt the soles of the feet against the fire, at euen when he goeth to bed.

For Cough of flegme.

¶ **T**Ake Figs a pound, a quarter of a pound of Liquoris, & a handfull of Flop: stamp them and sethe them in water, from a gallon to a pottell: strayne it, and doe thereto halfe a pound of Annice and clarified hony, and drinke of it, as of a principall remedy.

For a Cough of Rewme in the lungs.

¶ **T**Ake Dziganum, Flop, the roote of Erula Campana, of eche a good quantity: boyle them in water, and brye them well: strayne it, and put to it halfe a pound of Annice, and sethe it againe till it be thick: then take it from the fire, and put to it a quarter of a pound of Sugar, and halfe a pinte of clarified Hony, one ounce of powder of Feat, and so haue you a singular good remedy.

For

Rams little Dodcon.

For the olde Cough.

VCronica Water distilled with wine,
 Peritoy,

Munilaria in wine,

Scabious,

White Polyn roote in water,

Secilie seedes with wine,

Daucus seedes with wine,

Young Radish with wine,

Smyzennm rootes and leaues with wine,

Crisimon seedes,

Lyne seede mingled with Honey,

Scabious flowers conserued,

Germaunder in powder,

Flop decoct with Rue and Figges,

Tyme boyled in water and Honey,

White horehound decoct in wine,

Annis seedes with bitter Almonds and honey,

Oppopanax two dramms,

Sarcacoll one dram,

Dragon roots boyled or roasted with honey,

Bziony roote in electuary,

Leke iuice made in electuary,

Scilla prepared with oyle and honey,

Cakes made with Ligozice, Ginger and
 other spices,

Seale of Chestnuts and honey in electuary,

Wernels of Pine Nuts,

Agarick one dram.

decoct & drunke.

taken and eaten.

For the Crampe.

VVild Tyme decoct in wine or water, drunke.

Sarifrage roote dyed and chewed.

Betony dryed, one dram with homed water.

Pencedanum roots sap, with oyle of Roles & vinegar applyed.

Oppopanax two dramms taken.

Lacerpittum rootes broken with the yolk of an egge, taken.

Sagapenam one dram taken.

Cyphozigam prepared, taken.

Marras.

For the Cough, rutling of the brest, boyles and sores
in the side: for the Milt and stomacke.

¶ TAKE Hozsehelve, Groundswell, Flop, Centooy, Smal-
lage, Rue, Holewort, and Puliall, of eche a like, and doe
thereto Pepper and Hony, and eate of it early and late.

For the dry Cough.

¶ TAKE Anet, Smalledge seedes, a like much: make it into
powder, temper it with wine, and seethe it till it begins
to waxe thck: then boy it, and vse it first and last.

For the olde Cough.

¶ TAKE white Hozehound, a good quantity, Groundswell, a
lesser quantity, and Wallwort, the least quantity: boyle
them with water and fresh greace: temper them wel together;
make a plasser thereof and lay it to the brest: in one night it
profiteth greatly, and expelleth much euill corruption.

A notable Electuary for the same.

¶ TAKE iuice of Hozehound, Feuerfew, Centooy, Hozse-
mynt, Ketony, rote and all, and Fenel; boyle them with
powder of Pepper: loke ye take like ppozition of the iuices,
and of Hony clarified, as much as all the rest: seethe it till it be
some what stiffe, stir it fast, and giue it not too great a fire: cole
it, boye it vp, and eate of it.

For the chine cough.

¶ TAKE womans milke, and anoynt the childes brest about
the heartspone: then take powder of Hauoy and Straw
thereabout, and bind it with a clout: doe this thre or foure
dayes, at euen and moone against the fire, and keepe the childes
from cold and from all colde meate.

For the Crampe.

¶ TAKE an hearbe that groweth on the roote of Worme, one
handfull, as much Lawrel leanes, a quart of white wine,
as much oyle Oliue: boyle it till the wine be wasted, cleanse it
and keepe it well, soz it is full good soz the Crampe, being a-
noynted therewith.

¶ TAKE

Arabacka boyled in wine, taken.

Rootes of Dragons, boyled or roasted with hony often licked.

Rootes of Rha Ponticam.

Oyle of Carantia anoynted.

Sea hull rootes decoct with wine and dzunke.

Blank brine taken in dzinke,

Carline roote decoct in wine,

Parcelane rootes decoct in wine,

Marsh Mallow rootes decoct in wine,

Yellow Affodill roots decoct in wine, one dzam, }

Bay berries with opntments and oyles for Cramps applyed.

For deafenesse.

Round Jay brused and put in the eares.

Cardus benedictus in meate or dzinke.

Colewort suice with bineger put in the eares.

Mustard seede pound with Figs, layd to the eares.

Yellow Affodill roots boyled in oyle, put in the eares.

Bay berries decoct in wine, put in the eares.

Cedria or liquoz of Cedar with bineger dzopped in the eares.

For dissentery or dangerous fluxe.

Ivy flowers made in wine, dzunke twice a day.

For

¶ Take, Kne Stamp and mix it with fresh Greace, and keep it in a vessel nine daies well covered: boyle it, and scowme it, and while it is boile, put powder of Zinck into it. Str it and make it into an oylment, and anoint the grieke with it.

For the Cramp or convulsion of sinewes.

¶ TAKE Olei Castorei one dram, Olei Imperij halfe a dram, Olei Lihorum, Olei Vulpini, of each three ounces, mingled all together: anoynt at moone and euen, the hinder part of the necke, both the shoulder blades and downe all the spine of the backe even to the hips.

Adidem.

¶ TAKE Holy oyle, oyle of violets, and Barrowes greace, and anoynt the grieke.

To

Rams little Dodecon.

For to cause good digestion.

Carroway seeds
 Coriander seeds alone or with Sugar,
 Saxifrage root dried in powder with sugar,
 Betony decoct with Hony,
 Ligusticum seeds
 Waller wort the roote decoct in wine
 Gentian roote decoct in wine or water,
 Enula Campana conected,
 Condzilla seeds
 Marceley with mease
 Mustard
 Rocket,
 Long Pepper,
 Orange or Lemon pilles,
 Oyle of Hare anoynted on the stomack.

} taken and eaten.

For biting of a mad dogge.

Clote leaues pund with a little salt,
 Planten
 Pettle leaues with salt,
 Spyns with salt,
 Blache Hozehound,
 Fenell rootes with hony,
 Angelica leaues & Rue leaues with hony,
 Waller wort,
 Lacerpitium roots with hony and vineger,
 Asclepias leaues,
 Capillus Veneris greene,
 Wheats raw chawed, or
 Juice of Rue with wine,
 Asclepias rootes boyled in water, } oz make

} pund and laid to.

For

To cause good digestion, and to destroy wind,
and to comfort the reins and Lids.

Take Raisins, Zennel, Sennel, Card. Comarum, Sib-
gamm, Caraway, Fenell, Sennel, Sennel, Sage, Camell,
Calamint, Clove, black Pepper, long Pepper, Bay and Mar-
ly, of each halfe a ounce & more, Sugar, Pillsbury of Symples,
Sennel, of each one ounce: Amomum the same: Clove.
Cinnamon and Sennel of each halfe a ounce: and Sugar, as
much as all the rest by weight, and in this powder.

Drops

For the drop sic.

Common Wormewood decoct and drunke.

Juice of the seed of Saffron with hony pund, or chickē broth.

Pennywort on the wall, the leanes and rote eaten.

Mercury boyled in water, drunke.

Water-Planten leanes laid to y^e Wines & shanks in great aboundance.
(dance.)

Polipodi in water or wine

Rue boyled in good wine to halfe

Betony decoct

Laser decoct in wine

Sasarabacka boyled in wine

Galingale rotes boyled

White Elebor rote decoct

Palma Christi seede with whay and milke

Tripolium rotes, two dramms with wine

Lawzell leanes decoct

Wild Cucumer iuice dried halfe a scruple,

Elder seedes one dram,

Mallow rotes decoct in wine

Wild Biony rote boyled with sea water

Calamus Arromaticus decoct in wine

White Camellon root with red wine decoct

Smyrneum leanes and rote decoct

Garlick boyled

Brome leanes or branches boyled in wine

Warbery tree, the barke of the rote in wine

Ash tree leanes, bark and tender crops decoct

Rue mixed with Hony and figs, applied.

Black Elebor root made a playster with barley meale and wine

Soldonella boyled in the broth of fat meat, eaten.

Solanum Somniferum the berries eaten.

Garlick eaten

Figs mixt with Barly meale, applied.

Frangula.

For to slake the belly of such as haue the drop sic.

Leanes of the wild Ash tree boyled in wine and drunke.

For

Dropsy in the wombe.

¶ Take Gourds and Parcely seed of Alexandria, Bzome flowers, a like much: boyle them, & wyng out the water whē it is sodden: then take Charuel, Tamerick, & the other Parcely, and stamp them all together, & wyng out the iuice, and boyle it till it be halfe wastid; put therein Cassia Filicula, and put thereof into the patients dzinke, and keepe him warme.

Dropsy and Iaundes.

¶ Take a great bundle of Bzome that is grēne, and burne it to ashes: then take Gadder, and make Lye with good wyne, and let it runne thozow the ashes all warme, and put to Spike, Sugar Candy, and Galingale, and let it stand a night: This dzinke will destroy the Dropsy, vled xxi. dayes at mozne and euen.

For Dropsy.

¶ Take Turmeric, Quoz, and the Shell of Pomegarnet in powder, boyle it in good Ale or wyne: put thereto iuice of Celidony, Hony, and Spike: when it is cold, giue the sick to dzinke thereof in the new Hone, and leaue at the old.

Hote Dropsy in the wombe.

¶ Take iuice of Cresses, and Swart wort a like much, and the third part of clere Hony, temper them together, & straine it, and giue to dzinke ix. dayes.

Cold Dropsy in legs and feet.

¶ Take young tendzells of Elder, such as be black, and bruisse them with Eldern leaves, and boyle them well in cleane water; put it in a vessell, and strew the legges, and lay the herbs to them when thou goest to bed, as hote as may be suffred early and late.

¶ Dzinke thine owne water, and it profiteth.

[Faint bleed-through text from the reverse side of the page, including the word 'For' and other illegible characters.]

Rams little Dodeon.

For payne in the Eares.

Juice of Veritory

Great Chickweed iulce

Greene Hempse leaues iulce

Great Pilosilla iulce

Planten iulce

Knot grasse iulce

Saffron with womans milke

Mynt iulce with horned water

Rae iulce warmed in a Pomgranet shell

Pencedanum iulce with oyle of Roses

Dragunculus iulce

Wildes Cowrumer iulce

Hoppes iulce

Nightshade iulce

Myllilot iulce

Gorse grasse iulce

White Beete iulce

Gourd iulce and oyle of Roses

Yellow Afsodill root boyled in oyle,

Dried Roses steeped in Wine,

Ladanu with horned water, or oyle of roses

White Poplar leaues, the iulce

Black Helebor root put in the eare two or three dayes.

Opium layd to with oyle of sweet Almonds, myrrh and Saffron, cureth.

Penbane leaues the iulce drayne and layd in the Sun, mingled with Colleries for the eares.

For Impostumes behind the Eares.

Nettle leaues pund with Salt,

Nightshade pund with Salt,

Shraps Sorrell decoct,

Barth Mallores boyled in wine, and
boyled with horned water,Crisimon seed mingled with hony and
water,

For wormes in the Eares.

Pillium decoct in water,

Capers the iulce of the leaues,
fruits and crops,

Codys

Dropped in the eares.

For

Dropped in the
eares.

layd to.

For payne in the Eares, and to restore hearing.

¶ Burne young branches of greene Ash; and take the wa-
ter that dropeth from them an Ege Shell full, as much
juice of Lecke blades, and of the dripping of Eeles: boyle
them together a little: strayne it through a cloth, and keepe it
in a glasse: put of it in the whole eare, and lye on the soze eare,
and in nyne dressings it will be hole: then take wooll vnder-
neath a blacke Sheepes belly, wet it in that iuice, and lay it to
the eare.

For wormes in the Eares.

¶ Take Hony from the Combe, and doe it in the eare, and
lye downe on the other side, and it will come out.

¶ Juice of mynts mirt with hote wine } doe the like
¶ Juice of Arle-smart with hote wine } dropped in.

I 2

For

Rams little Dodeon.

For Impostumes in the eares,

L'Pneled boyled in water, ——— }
 Planten leaves pund with salt, } put to and applyed.
 Souchus iuice, ——— }
 Annis seeds with oyle of Roses, pund and put into the eares.
 Juice of Night-Mare dropped into the eares.
 Yellow Afforelas the root bziled, and the iuice with Franck
 Incence, Hony, Myrrh, and wyne layd to.

For running eares.

Seed of Fleband boyled, the water ——— }
 Juy leaves, the iuice } dropped in.
 Shumak leanes, the iuice }
 Turpentyne with Oyle and Hony ——— }
 Myzell Berrys decoct in myne and flower, layd to.
 Licium, or Burthorne boyled and layd to.
 Olive tree leanes and iuice applyed.

For to clense the stopping of eares.

White Horehound iuice, with hony and wine dropped in.
 Onyon iuice dropped in.

For singing or humming of the eares,

Ground Juy bziled ——— }
 Hoppes iuice }
 White Wete iuice }
 Colewort iuice, and bliniger warme, } dropped in.
 Onyon iuice }
 Bayberries decoct in wine, }
 Cobza, ——— Liquor of Coder ——— }
 Seeny pund with figs, layd to playster-wise.
 Figs and Mustard seeds pund hard together, applyed.

For

For aking of eares.

¶ Take iulce of Swines cresses, and put it in the eares.

¶ Take iulce of Reddish and Oyle Olive, and put it in the eares.

¶ Take iulce of red Hynts, and put into the eares.

For water fallen into the Eares.

¶ Take iulce of Cozyander, and put it in the eare.

3. A water

Rams little Dodcon.

For inflammation and rednesse of the eyes.

Sothernwood pound with a roasted Quince, }
 After Atticus greene, }
 Great Chickweed, }
 Pimpernell, }
 Violet brewed with Barly meale, }
 Magdalen Wort, and part of wild Daye, }
 Arabastka leaues, }
 Gentian roote iuce, }
 Palma Christe leaues, }
 Pety Dozrell greene leaues, }
 Parcelane leaues with Barly meale, }
 Pepins Pulpe finely stamped, }
 Gourd pulpe finely stamped, }
 Greene Barcelly with white bread or Barly }
 flower, }

pound and layd to.

Planten iuce }
 Great Singreene iuce }
 Marygold distilled water }
 Lilium Conualle distilled water }
 Parcelane leaues pound with Barly meale }
 Heath iuce Acacia iuce }
 Wilde Olive leaues the iuce }

dropped in the eyes.

Benbane iuce dyed in the Sunne, mingled with Cillitres, to be applyed in hote cankers.

For dimnesse of the sight and eyes.

Wormewood mingled with hony, }
 Bazell pound with wine, }
 Yozintinum seed mingled with hony, }
 Fennell iuce and the gall of a Hen, }
 Libanotus iuce of y herb & root with hony, }
 Great Sentaury iuce with hony, }
 Olbes Cicatrine with hony, }

layd to the eyes.

Wall-flower iuce. }
Saxifrage distilled water alone, or with vinegar.

Sagapenum, Sarcacoll, }
 Gramen Pernasse iuce, }
 Saligot leaues the iuce, }

put in the eye.

For

A water for sore eyes, that if a man had lost his sight
ten yeres, if it be possible to be recouered, it
will helpe in ten dayes.

¶ Take Smalledge, Rue, Fennell, Waruen, Egrimony, Be-
tony, Auens, Scabicus, Hand-Weing, Estrasz, Pimper-
nell, and Sage, a like much, distill them with a little brime of a
man child with five grapes of Franckincence: Drop a drop
hereof euery night in the soze eye.

To cleare the sight, and remoue the Web.

¶ Take red Roses, Smallage, Rue, Waruen, Hayden hayre,
Endiue, Singræne, red Fennell, Hollywozt, Celidony, of
eche halfe a quarterne: wash them cleane, and infuse them in
white wine soure and twenty houres; then still them in a Still
lifoze: the first is like Gold, the second like Silver, and the third
part like Balme: keepe it in a glasse as a pæcious water or
Balme for all maladyes of the eyes.

For a stripe in the eye, though the sight bee
perished.

¶ Take the whitest Salt thou canst get, burne it well in a
firepan red hote, beate it in fine powder, and as the Pati-
ent lieth in his bed, make thre small ballcs with clarified Ho-
ny and that powder, and put them in the eye once in thre
dayes.

A Powder to conserue the sight.

¶ Take Betony, Rue, Celidony, Sarstrage, Louage, Anns
seeds, Spinauon, Fennell, Diganam, Petiole, Carder,
Montanum, of eche a dram: Calingale, one ounce: make pow-
der of all these, and take it continually with meats.

To persite the sight.

¶ Take Sage, Fennell, Waruen, Witony, Eye-bright, Pim-
pernell, Cuckeboly, and Rue steeped in white wine soure
and twenty houres: distill it in a glasse Still, which is best.
This water will restore sight, perished.

For a stripe in the eye, though the sight bee perished.

Rams little Dodecon.

For bloud-shotten Eyes.

Wormewood mingled with hony, layd to.

Chelubuy iuice mingled with Hony, boyled in copper or
brasse, droppd into the eyes.

Wall-flower iuice droppd into the eyes.

Pigella seed mingled with zris oyle, put in the nose.

Caris seed layd to the forehead.

Sagapenum droppd in the eye.

Sarcacoll steeped in Asses milke foure or five dayes, the milke
every day renued, and the Ale milke cast away.

For paynfull bleared Eyes.

Wormewood mingled with hony, layd to.

Eyme eaten in the morning fasting, and before supper.

Benbane leanes, the iuice dyed in the Sun. applyed.

Groundsell, the downe of the flower with Saffron and water,
applyed.

Roses the iuice layd to the eyes.

For the Haw in the Eye or Pearle.

Armaunder iuice with oyle straked on the eyes.

Lacerptinum with Hony applyed.

Dowbzed mingled with hony, layd to.

Annemany root boyled in wine prepared, layd to.

Swat Trifoli iuice put in the eye.

Bellilot iuice droppd in the eye.

Dnyon iuice droppd in the eye.

Cedza droppd in the eye. — Ligoz of Cedar.

For Fistulaes in the corner of the Eyes:

M^o Care

Camomylle

Alloes Cleatrine

Dates græne leanes

Raspis flowers with hony

Licium made of the bjaunch, roots & seed of Burthorne, laid to.

Lentils meale, with Bellilot and Quinces, and oyle of Roses,
layd to.Bellilot boyled in swat wine alone, or with the peolks of rosted
egges, or the meale of Fenygreek, or Linseed, or Comin
applyed.

For

For Eyes that water, runne and itch.

¶ Take Lapis Calaminaris, burne it red hote, and quench it often in white wine, till it fall in powder, and put thereof in the eyes.

For swelling bladders in the eyes.

¶ Take Sully, and anoynt the soze eyes,

For sore Eyes in man or beast.

¶ Take a handfull of Dazy roots, leaues and all, & the white of a new layd Egge, beaten in a dish: let it stand halfe an houre, then scum it: then put the iuice to it with a little Hony, and the Egge, and anoynt the eye.

For the Webbe in the Eye.

¶ Take the gall of an Hare, and Hony clarified, a like much, mixe them well: lay it with a feather on the Web, and it will bzeake it in thre dayes, and saue the sight.

For all paynes in the Eyes.

¶ Take Fenell, Rue, Cufrale, Waruen, Tozmentill, Wistany, red Roses, Grape leaues, Smalodge, Cgrimony, ground Juy, and Juy that groweth on the Oke, a like much, stepe the one day in white wine, the second day in water of a man child or virgin, the thirde day in woman's milke, the fourth day in clarified hony: then distill all together, and vse the water as precious, one drop at a time,

For eyes that swell, coming of cold.

¶ Take Cgrimony, the leaues of Waruin, Fenell, Rue, and Roses, and distill them.

And if you will haue it strong, doe thereto leaues of Galatrum, and of Morfas Galline, which is Chick-wed with the red flower.

For inflammation of the Eyes.

¶ Take the iuice of Moxrell or Nightshade thre or foure spoones full, the whites of Egges beaten, and the foams taken off: mixe them, and strike them on a linnen cloth, and lay it to the temples and forehead.

G. K.

For

For payne of the eyes.

W^hyne, wherein dyed Roses haue bin boyled, layed to.
Beath leaues iuice dropped into the eye.

To stop the running eyes.

PLane tre young tender leaues pund and layd to.

For flowing downe of humours to the eyes.

Saffron mingled with womans milke, applyed.
Wazell pund with wyne, applyed.

Right hede iuice dyed in the Sunne, mingled with Cillitres,
against heats and Rheumes layd to, or taken with Pwre
mell, or hemed water, the waight of an halsepenny, layd to.

Amilum or Starch made of Albate, applyed.

Pepons pulpe finely stamped, and bound to the forehead.
Bluntree leaues beed and layd to.

For to quicken and sharpen the sight.

Fennel iuice	}	dropped into the eyes.
Eye-bright iuice		
Libanotis rootes iuice		
Sagapenuin		
Fellow Devils bit iuice		
Wilde Lettice iuice		
Rampions leaues & stalks iuice		
Onyon iuice		
Lycium	}	dropped into the eyes.
Cedra — Liquor of Cedar —		

For

For rednesse of eyes, and to cleare the sight.

¶ Take fine Aloes, Tutty, a new layd egge shell, of eche the waight of a French crowne: beat them in powder, and put them in a cleane cloth, and sow it as neere the powder as ye can: hang it in a wyde mouthed glasse, in two ounces of red Rose water, and one ounce of Eye-bright water, and dip the cloth vpon the eyes as oft as ye thinke good.

G. K.

A good water for eyes.

¶ Take Fennell, Maruen, Roses, Celidony, Rue, Philago, Cufrale cods, and Waddinds, distill them, and vse it.

Ad idem preciosissima aqua.

¶ Take Smallage, Rue, Fennel, Carimony, Bitany, Scabious, Quens, Hounds tongue, Cufrale, Dimpernel & Sage, fill them with a little brine of a man childe, and five grapes of Frankincence, drop thereof euery night into the eye.

A precious water to cleere the eyes, and to destroy the Pyn and Webbe,

¶ Take red Roses, Capillus Veneris, Fennell, Rue, Maruen, Cufrale, Endiue and Bitany, a like much, so that there be in all vnder sixe hands full: let them rest in white wine, a day and a night: the second day distill them in a Stilltope: The first water will seeme in colour like Gold: the second, Silver: the third, Balze.

To

For to quicken and sharpen the sight.

Herminium seed mingled with Honey.

Selubina iuce mingled with Honey in copper or brasse.

White Hozhound iuce mingled with Honey and Wine,
applied.

Rue eaten raw, or condited with Salt, or mingled with Barley
meale, layd to.

Varmola stamped with Wine, Honey, Saffron, Fennell iuce,
and the gall of a Hen, layd to.

Dypopanax

Lacerpitium

Sagapenam

Amomacum

Sowbzed roote with Honey,

Vernassus grasse the iuce in Cillicie,

Mustard seed iuce dyed in the Sunne, al-
layd with honey, afterwaros

Yellow Asfoodill roote iuce boyled in good
olte Wyne, Myrrh, and Saffron

layd to.

For enchauntments and bewitchings.

Allison hanged in the house, at the gate, or in the entry.
Mullen.

Polye.

Rhamnus braunches and bougbs hanged at doores and
windowes.

For the falling Euill.

Camoock, or Wely Whyne boyled in honey and blinger.

Cherries distill, the water powzed in the mouth.

Mistell of the Oke hanged about the necke.

Agarick with Cirop Acetell taken.

Annis seedes eaten by infants and chldzen.

For

To purge the bloud, and cleare the sight.

¶ Take foure ounces of Roses well picked, one pound of
Time, Rosemary halfe a pound, red Spints iij. ounces,
Comyn iij. ounces, Rania seeds one ounce, Cloves one ounce,
bray them to powder, & steep them all together twelue houres
in three pints of pure white Wine, distill it, and kepe the
water in a layre glasse, and let it to rectifie in the Sunne, and
drynke thereof every morning fasting a spanefull.

A good water for eyes.

¶ Take fennell, Garuen, Roses, Celidony, Rue, Philago,
Cuphase Eods, and Woodbyne, distill them together,
and vse it.

Falling Euill.

¶ Knead cakes of Wheate meale, with the Dewe on Mid-
summer day morning: bake it and este it.

¶ Gather Garuen whilest the Sun is in Aries, and drynke
it in white wine, and powder of Penny seeds.

For

For bruises by falling or beating.

Woad Sage boyled in wine or water, — }
 Wallerwort the root decoct, }
 Oppopanax with mead or homed water, }
 Gentian iuice decoct, }
 Dulcamara decoct in wine, }
 Carden madder rote decoct in wine, } drunke.
 Ciprus rote barke decoct in wine, }
 Juniper berryes decoct in wine or homed }
 water, }
 Agarick decoct in wine or homed water, }
 Kubarbe infused, }
 Olmond hart or middis rote boyled, — }
 White Popler buds made in oylment, and used.

For one fallen in a lagoon.

Bazell bysed with Winiger holden to the nose.

For to prouoke carnall copulation.

Gladolus vpper rote in wine, — }
 Saffron boyled in wine, }
 Standergrasse sappy rote decoct in }
 Goates milke, } drunke.
 Satirion rote boyled in wine, }
 Porciniæ sede with wine, }
 Ash keyes decoct with Nutmegs, }
 Turpentine tree fruit in wine, — }
 Artichokes young tender shelles layed in wine, }
 Carot rootes } eaten.
 Rocket ————— }
 Clary any wayes taken.

For proud flesh.

Oke Apples or galles steeped in Winiger, layd so.

For

For a Salsipien face.

¶ Let the Patient be competently purged, and then let his legges and thighes bee washed with the decoction of mallowes, or Lapaciacuti, or Lexinij Samenti, or white wine; boyle them, and make this oyntment:

Take Basticke, Ceruse, Vitarge, Enula Campana decoct in water, iulce of Reddish, Oyle and Viniger, incorporate them, and vse it.

For

Rams little Dodecon.

For the Fistula.

Cynquefoyle leaues pund and layd to, and mingled with Salt
and hony applyed, closeth by the Fistula.

Planten leaues ————— }
Yellow Gillefoly. } pund and layd to.

Testiculus Odoratus roote — }
Arisarum made in Cillirte and plaister.

Small Centoꝝy in powder, mingled in plaisters, oꝝntments,
powders, and applyed.

White Eleborus cut in gobbins, and put in Fistulaes.

Dates greene leaues pund and layd to, with the meale of the
seed of pooze Dates applyed.

Pitch liquid pund small with Frankincence applyed.

For to prouoke flowers, and to bring them downe.

Chamepitis leaues ————— }
Sothernwood seeds greene oꝝ dry, boyled in wine,

Crinza leaues and flowers decoct in wine,

S. Johns Wort with y flower & seed decoct in wine,

Wozetayle decoct in wine oꝝ water,

Scordion with wine,

Wall-flowers dzyed, decoct in water,

Stock Gilleflowers decoct,

Marigold flowers decoct,

Camomil, herbe, root and flower decoct in wine, } dzunke.

Tyme boyled in water and hony,

Winter Sauery boyled in water and hony,

Polyp boyled in water and hony,

Clinopodion decoct in wine oꝝ water,

Botrus boyled in wine oꝝ water,

Calamus decoct in wine oꝝ water,

White Wozehound decoct in wine,

Rue leaues decoct in water,

Harmula decoct in water oꝝ wine,

Laueuder boyled in wine, ————— }

Nettle seeds pund with Wych, vled by pessary.

Iris roots receyued into the body by pessary, oꝝ bath.

White Lilly roots rosted and pund with oyle of Roses. applyed.

Clary any wayes taken. — Dretanium verum boyled in wine,
dzunk, oꝝ by pessary, Nigella

For the greene Sicknesse.

¶ Steepe thirty greene leaues of Marabacca in Wyne all night: then strayne it and put it in a close pot, with a piece of fat porke: boyle it, eate the porke, drinke the wine. It also helpeth the Jaundes, the Feuer, the beginning of Drooply, Tympany, Quotidian, Wormes, and swelling of the stomacke: for all which there is no better remedie.

¶ Powder of Ash Keyes with Witany, red Sage, Vints, & Margerom, boyled in running water from a pottle to a quart, a good draught with Sugar taken early and late, is good.

¶ Eate the Blessed Whistle, or drinke the decoction thereof.

¶ Eate Onyons.

¶ Stamp Rue one handfull, red Sage two handfals, straine the iuice, and put to it a pynt of hote hony, well clarified, and a great spoonfull of grosse Pepper, stire them well together, and giue thereof one spoonfull and halfe, bloud warme, at euen and mozne, and let her eate soure or five times euerie day five or seuen Rayns of the Sunne at a time.

This will cure it, though it appeare not at the first: and if she amend not at the end of ten weeks, giue her the same receipt agayne.

¶ Take soure dzams of the powder of Turp, five or seven dzams of Turpentine, soure penny wayght of Saffron, and drinke thereof with Ale ale at mozne and euen.

¶ Boyle cloues of Garlick in milk till it be thick, and let her eate it, and walke after it boldly.

Is a good remedie For

Nigella Romana decoct in wine, ———
 Libanotus roots, Cecily seeds,
 Cordillon seeds, Daucus seedes, } ozanke.
 Saxifrage roots, Betony dried,
 Pannar seeds with Wormwood & wine,

For to prouoke flowers, and to bring them downe.

L Acerpitium with myrrh and pepper, ———
 Sagapenam with homed water,
 Astrolochua longa, with myrrh and pepper,
 Amarabacca with homed water,
 Great Centory with wyne,
 Sawbzed dried in powder with wyne,
 Enula Campana decoct in wine,
 Hyony rote dried with Hydromell,
 Setwall roots decoct in wyne,
 Straglum seed ene diam decoct,
 Galingale roots decoct with wyne,
 Trifoly leaues, flowers & seeds decoct in water,
 Cardus Benedictus decoct in wine,
 Crithmus leaues, flowers & roots decoct in wine, } ozanke.
 Bulbacaltanum seed decoct in wine,
 Reddith decoct,
 Wild Carret seed decoct in wine,
 Mountayne Parcelly seeds with homed water,
 Smyrneum seeds decoct in wyne,
 Sany seeds with homed water,
 Creskes seeds decoct in wyne,
 Barlick decoct with Drygan,
 Pelloto Affodill roots boyled,
 Knæholme decoct in wyne,
 Laurus Alexandria decoct in wine,
 Cypus roots decoct in wine,
 Lotus Gauniga decoct in wyne or water,
 Sautn leaues decoct in wyne, ———
 Pyppanar, ———
 White Eleboz the root, } by peffary.
 Blacke Eleboz root,
 Wild Cowcumer soden with hony, put in ———

For a Felon;

¶ Take Rue, the yolk of an Egge, and a little Bay salt, as much Soap and oyle of Snaples, a little wheat flower, a sponfull of honey, two sponfulls of Aqua Composita, bruise the herbs small, temper all together, & make plasters of white leather, and lay to the grieke, which will heale the Felon, and preserve the ioynt.

To draw out the Core and corruption.

A white salve.

¶ Take oyle of Roses, boyle it ouer a soft fire: wash the grieke first thr̄ or foure times with white wyne: then put in a little Woodbine water, and boyle it to a perfect opntment: then take a handfull of Wall-Gillossers, and a handfull of Sout-sauc, and make iuice of all together, and boyle it to a good salve so; that vse.

To heale and close vp the wound, after the other salve hath drawne.

A greene salve.

¶ Take Waxe halfe a pound, Bay Butter a pound, set them on the fire and try them: then take Planten one handfull, Ribwort halfe a handfull, Valerian two handfulls, Byoklem halfe a handfull, Smallage half a handfull, Dypin, Soutsauc, Bisolium, Ground Iuy, Elder flowers, of each a handfull, cut them small, and boyle all together, with Waxe and Butter, and make it vp to vse so; that purpose.

¶

There

White Bilony roote, Scamory, }
 Lupines with marrow and hony, }
 Garden Radder roots, }
 Wild Carret seed souden in wine, } by peltary.
 Bayons decoct, }
 Agnus Callus alone, or with Penny royal, }
 Sain decoct in wine, }
 For to stop the inordinate flowe of flowers.

Bilost roote, Marigold, }
 Tormentul roots, Strawber plants, }
 Wild Tansey, Plantain leaues, }
 Knot grasse, Dimpennell, } decoct in wine,
 Yellow Water-Lilly, } and yonse.
 Piony roots dried with honyed water, as much
 as the quantity of a Urane.

Galinsale, Black Poppy seed, }
 Yellow Lillie essence of the leaues applyed outwardly.

Doyletoyle wine decoct, }
 Simgrene wine } by peltary.
 Nightshade wine decoct with cotton.

Compounded with ginseng and pulpe of Myrris, ap-
 plyed to the belly playster-wit.

Penbane seed one half penny weight with Pepper, small, drube.
 Arnica wine decoct, the first decoction red alway: then put to
 vniuer, or Clove, or Perceclayre, or red Saues, or Apples,
 or the pills of Purgative, or red Rices, or Strites, or
 Gerards, or bliding Beards, or Amors, or Pionies, or
 whole Pills of Beards, of Gromes, decoct in wine & drube.

Wartyes of Damask, }
 Peale vnta nut, }
 Peare of way Beards, }
 K. a Kattell, }
 Yellow lye of Kells or Kell flowers, } decoct in wine
 P. p. s. } and yonse.
 Yellow wine, }
 P. p. s. }
 Tansy, }
 Scars wine, } by peltary.

There are foure maner of Fluxes,

- 1 **C**olides, sickness of the stomake, coming of cholericke humours: it maketh a man haue a great fluxe, & great casting: It stayeth within thre dayes, except it be prevented.
- 2 **L**Yenteria, which is, when the meat departeth vndered.
- 3 **D**Yaria is a fluxe, but mixed with blood.
- 4 **D**iscintula, is where there floweth blood and the spawling of the Guts together.

B 3

Te

Shumak leaues, _____
 Wild Olive leaues the iuice, } decoct in Wyne
 Witby leaues and barke, } and drunke.
 Turpentine tree leaues and bark,

Caroline the lesser, _____
 Barbery leaues, } eaten.
 White Thorne frutt, }
 Nutmegs and Pare,
 Quinces decoct, _____

The Apples decoct in water, and sit and bathe in it.

Raylin kernels broth, bath with it.

Shops Dorell puns with viniger, applied to.

For white flowers.

White Tansy _____ } decoct in wine
 Yellow water Lilly root in red wine } and drunke.
 Trifoly leaues }
 Yellow seeds of Roses _____

Shumak leaues eaten as sauce with meats.

For to ripen flowers.

Melilot boyled in wine and drunke.

Reddish broth decoct and drunke.

Fenerisew in powder with hony two dzams

Cods and seeds of Sany one dzam

Polipody of the Oke, the rote dyed,

Pepper in meat,

Burthorne berries to young lusty persons, } eaten.

Figges

Pyne puts

Turpentine with hony in Electuary,

Juniper gumme with hony, _____

For cold flewmes of the stomacke.

Elme vnder-barke one ounce decoct in wine, } drunke.
 Aller yellow barke steeped in wine or beere, }

Juniper gumme infused in wine, _____

Cardus Benedictus powder eaten.

Capers eaten in sauce.

To stop Whites,

¶ Take Beregood, and Rosemary dried, beat it in powder, mixe them and lay them to the Panell.

To purge Flegme.

¶ Take pure white Turbith gumme cleane scraped, thin sliced, and fine mint as may be, one dram, pure Ginger in like sort dressed, two drams, Sugar three drams, make all in fine powder, and put it into an Apple that the coze is taken out, the cap taken off, and set a sayze tyle on hote ymbers, and thereupon roast the Apple, and turne it often: when it is roasted, pare away the rinde, and put that apple in white wyne, and bzeake it in pieces, and adde to it a little Ginger early in the morning: and if ye take it at night, ye must sop early.

D. K.

To auoyd flegme.

¶ Take Rose-water eyght sponzals, Conduitt or spring water foure sponzals, white viniger two sponzals, Alop water two sponzals, of fine white Sugar two sponzals: boyle them on a soft sweet fire, Cum it cleane, and vse it.

D. K.

For Frenzy.

SCamony talce dyyed, the wayght of fyre wheat cojned,
oz Junke.

For out-going of the Fundament.

A Loes Cicatrine boyled in Wine and Hony, applyed.

For to settle the Fundament displaced.

Aster Atticus carryed about a man.
Pomegranat pilles and flowers in playster applyed.
Lentiske leanes and barke decoct.

For swelling of the Fundament.

Aster Atticus carryed about a man.
Gloss Cicatrine in powder strowed, oz playster-wise.

For

For Frenzy.

¶ Take of Wormewood, Sage, and Marygold, of eche halfe a pynt, white wine one pynt and a halfe, brew them together, and geve the sicke to drinke nine sponesfulls warme in the morning fasting, fiftene dayes together.

D. K.

¶ Take the herbe called Shepheards yerd, stampe it, and lay it to the head shaned.

¶ Madnesse
or Frenzy of } Cholour, maketh a man harmfull & debatous.
Bloud, maketh him playing, singing, and not
harmfull.
Melancholly, maketh him sad, sullen, and dread-
full of all things.

Fundament going out.

¶ Take Apollicon, and touch it hote, and it shall goe in: doe so once or twice, as need is, and after bathe it with water that Derritory hath bin boyled in, and the fundament shall go to his place agayne.

¶ Wash the fundament that goeth out, with thine owne water.

For bleeding at the Fundament.

¶ Take Aloes and Myrrh, and make them into powder, and with oyle of Almonds anoynt the soze, and cast on the powder, and put by the fundament with a Scarlet cloth, and it will helpe.

¶ Make Morts of Maybzed and Sanicle, and ease them.

For

For chops, rifts and fistulaes about the
fundament.

TAzell rootes pound and boyled in wine, to the thickeſſe of a
playſter or oymntment, applyed.

Agnus Caſtus ſeeds mixed with oyle and oymntments, made to
heat and mollify, applyed.

Lycium made of the bꝛaunches, rootes or ſeeds of Borthozne,
applyed.

Cleare liquid Rozen of Fyre tree, with Nutmegs and Sugar,
the quantity of a Nut, cureth the excoꝛiation of the lecter
parts, by the ſtroke of them.

For to open the ſtopping of the gall.

Doder boyled in wyne or water, drunke.

For blaſting or ſwelling of Genitors.

Rue leaues and Bay berries pound and layd to.

Sourd rynd burnt to aſhes, ſtrowed on.

Cypꝛus nuts pound with figs, applyed.

For ſpreading or fretting ſores of Genitors,
or Priuites.

Flowers of vnrype fruit of the wilde Vine, mingled
with the oyle of Roſes and vintger, applyed.

For swelling of the Genitors.

¶ Take Beane meale and vlniger, temper them, and apply it all about, and let it not come nere the fire: and if you haue greene leaves, stampe them, and temper them with hony.

¶ Juice of Wallwort and Cifell, a like much, and Fenuel, boyle them to thickeesse, and apply it warme.

¶ Powder of Comyn, Barley meale and hony fryed, applyed warme.

¶ Take Mozmeadow, stampe it, and Beane meale, powder of Comyn, fry them, and warme lay it to the B. This is good for all weakenes of the B. and when ye take away the playster, wash the B. with warme vlniger at eche tyme. This is well approued.

¶ Take Scabious, Wasselon, and Auens as much as both, grind them small, and make thereof pellets: dry them in an Ouen when your bread is done: then make powder thereof, and drinke thereof early and late: and if thou mayst haue the iuice of these herbes, it is the better.

For

For to expell Gnats and flies.

Comza strowed or burned in any place.

For swelling of the Gowt.

Wald Cowcumer made soft, or soaked in blisger, applyed.

For to asswage payne of the Gowt.

H	Enbane sēde pund with wyne,	}	
	Lentils boyled with barley meale,		
	Colewort twice, and meale of Fennygrāk,		
	Turneps boyled in milke,		l applyed, or
	Brome flowers pund with swines greace,		l ayd to.
	Callia,		
	Black Popplet leaves, and yong buds.		
	Plunge the patient suddenly into a heape of whole Wheat, by to the knees.		

For

For the Gowt.

¶ Take Briere flowers, Penny Royall, Pellitory on the wall a like much, Stamp them with May Butter, put the in an earthen pot, let it twenty dayes in hote hozle-dung close stopped: then fry it with a part of Shepes tallow, Strayne it, and vie it.

For the Gangrene.

¶ Stamp leaues of Coleworts, and apply it, or the vyne of him that vseth to eate Coleworts.

¶ Stamp blacke Elebor with viniger, and apply it.

¶ Stamp Nettles with salt, and apply it.

¶ The water and iuice of Knot grasse applyed.

¶ Decoat Lupines in water and wash with it.

¶ The iuice and roots of Pellitory applyed.

¶ Reddish with viniger applyed.

¶ Take Stones of Rayns, Stamp them, and apply them.

A playster

For Gowt in hands or feet.

Perritoze iulce mingled with Deere suet,

Turnelle leaues,

Singerene,

Penny royall,

Libanotus seed mingled with Turay meale

and vinger,

Wild Imperatozia,

Elder greene leaues,

Sea-mosse,

Acanthus greene,

Dzack greene, with Saltpeeter, hony and
vinger,

Succoze and Endsue greene,

Lilly Conualle flowers distilled with good wyne, one sponefull
drunke.Wyne with wyne, to be in time and out of time of griele with
Orimell.

Libanotus seed mingled with Turay meale & vinger, applyed.

Oppopanax applyed.

Lacerpitium roote in powder, with oyle of Fries and wax made
into playster, layd to.

Ammoniacum one dram taken.

Solubjed root decoct and layd to.

White Eleboz roote taken in small quantity.

Lapsta, the barke of the roote, one dram taken.

Oppium with vinger applyed.

Figs milky saice with meale of Fennigrack & vinger applyed.

Plunge the patient suddenly into a heape of Wheat by to the
knees.pund and
layd to.

A playster wherewith the L. R. was cured, when all Chirurgions thought him incurable.

¶ Take bntwought war halfe a pound, Rosen half a pound, Olibanum one ounce, fine Lkarge of gold a quarter of a pound, white lead thre quarters of a pound beaten to powder, and finely searced, a pynt of oyle of Beats feet, set it on a fire in a small vessell with the Ware and Rosen: and when it is molten, put thereto the other powders, and stirre it fast with a sticke, and then put a little thereof in a salwre, and if it be hard so tryed, take it from the fire, and anoynt a sayre boord with some Beats foot oyle; and as you may handle it for heat, work it as it were Cozdwayners war, and make it in rolles, and make playsters of it with a chaffingdish of coales, spread it thin on linnen or leather, and lay the playster warme whereas the payne is, and so renewe it at mozne and evening, untill you bee whole, or till the ache be oziuen to some other toynt, & so follow with the playster as the payne remoueth, and beware of cold, and hate wynes.

A playster to cure the red Gowt, or
Gutta Rosatia.

¶ Take old Lard, and put to it strong bliniger by two dayes: then Stamp it, and put to it the barkke Lappacij acuti rootes boyled in water, Quicksilver sublimed, and Quicksulpher well incorporated together, and make thereof an oyntment, wherewith anoynt the face when thou goest to slepe, and in the morning wash the face, and rub the face with the liquor.

A most excellent remedy for a cold Gowt, that is Oculum
Benedictum, to heale Guttam Rosatiam.

¶ Take a fat Gander, a fat Churle or male Cat, new Ware thre quarters of a pound, Passurcium one handfull, Barrowes Greace, beat them together, and put it into the Gander: boyle it and coole it, and with that oyntment anoynt the grieffe.

For

For to auoyd Grauell, and the Stone.

Ferret without his flowers,

Perritoze,

Corompos,

Saffron rote,

Wild Time,

Coche graske,

Cardus Benedictus,

Saligot, the Puts dyled with wyne,

Carret roots in powder with homed water,

Gingidium

Asperagus alone, or with Chicke pease,

Winter Cresses seeds,

The rough spongeous ball of y wild Rose,

Wisme Rape,

Wety Wyne, tender springs,

Wine Holme,

Rhamnus seede tertium genus,

Meddler stones in powder,

Camomill decoct in water, applied outwardly in the
Region of the bladder.

Shallow leaves raw, eaten with salt.

Stone Barceley seed taken.

White Thorne fruit eaten.

Bitter Almonds with sweet wine taken.

Figs before meat eaten.

Plum tree gumme } dissolved in wine,

Wald Cherry tree gumme } ozunk.

Pomegs taken any way.

Camia taken.

Fruit of Wyns tree taken.

Liquid Rozen of Fure tree taken.

Rozen of Lary tree taken, and licked in.

pan in wine,
ozunk.

For to strengthen the Gummes.

Penny Royal burnt to ashes, and rub the gummes.
Pomegranate.

For

L

Rams little Dodcon.

For swelling of gummes.

Dried Roses in wyne, anoynted or put to.

Wamble new springs boyled and held in the mouth.

Lycium or Borthorne decoct and held in the mouth.

Plantain leaves decoct in water, applyed.

Olyue tree leaves pund with Hony, applyed.

Mastic or Lentisk leaves pund and holden in the mouth.

For filchy moysture of gummes.

Oyle of unripe Olives applyed.

One Apples mixt with oyle oymments, applyed.

For Gouts fallen into the Cods.

Cypus Guts pund and layd to outwardly.

For heauinesse of the heart.

Garden Buglos eaten in Salade.

Garden Bugols flowers steeped in wyne, or conserued,
taken.

Wimpernell leaues, — Burnet steeped in wyne, drunk.

For

For the cold Gowt.

¶ Take the iuice of Nettles, the white of an Egg, & beate
by an, make a playster and apply it.

For a Canker in the gummies.

¶ First wash the soze with vinegar and Sugar three dayes:
but first rub it, and then wash it with this liquor.

Take quick Lime and Sage quenched at the fire in an earthen
then vessel, and put to it Rosen and melt it: then cole it, and re-
serue it to vse.

¶ The Canker oftentimes chaunceth in the pallet, which
ought to be burnt with a hote Iron, or with Gold.

Sometimes it chaunceth in the nostrils, the roofe or pallet of the
mouth, the lips, and the gummies.

The place where it is, is eaten and compassed, and is red, and
sometime it turneth in the skin, and the skinn is not eaten, but
the flesh within.

Sirobis.

This disease commeth of a melancholy humour, containing
like to a Canker, which in the beginning is called Sirobis.

Noli me tangere.

In the face it is called Noli me tangere.

Singulum.

In the mid body, A Circle.

Lupus.

In the late, thighs, &c. A Wolfe, which is incurable, be-
cause the fat are the more parts.

Regula.

In facie, Noli, in medijs partibus, Herpes,

Si sit inferius, dicitur esse Lupus.

¶ And it is proper, vt omnis proprietates in solidiori substan-
tia fortius imprimat effectum suum, & sic vni: and therefore
is rather curable.

For swelling of the guts.

¶ Beat Wheat with vinegar, and iuice of Wimpernell, and
make a playster and lay it to.

For to drive veanome from the heart.

Tomentill leanes and roote boyled in wyne, dzunke.

For to comfort the heart.

C lone Gillifers conserued with Sugar,	} taken, oz
Lilly conuallly distilled water,	
B azell	} decoct in wyne, _____
S age	
B alme	

For stiches or gripings at the heart.

Organum boyled in wine, dzunke.

For trembling and shaking of the heart.

S uccozy and Endiue leanes pund,	} and layd to
B ramble tendzels and leanes stamped,	
M aces decoct and eaten.	} outwardly.
J uice of R oses decoct oz infused, dzunke.	

For



For fatnesse about the heart.

¶ Take iuice of Fennel and hony, and boyle them till they be hard, and eate it at mozne and euening.

For swelling and stitch at the heart.

¶ Take þep two handfuls, Waruen, græne Wormwood, of eche alike, stamp them and temper them with stale Ale, and dzinke it at meales.

For a Stitch.

¶ Take the bottonie of a Rye loafe, an inch thick, tosse it, and then take a pynt of good viniger, and spynkle it, till it bee well dzunk in: then spynkle a little Palmsey on it, and lay it so hot as may be, to the stich, and follow it from place to place, warming the tosse from time to time.

For a stich about the heart. A Cawdell.

¶ Take Comyn seedes, Alisander seedes, Cloues and Pace, Graines, Licoris, of eche one dzam in fine powder, a pint of stale Ale, seeth it, and scum it clean: then put in your powder, and make a Cawdle with an Egge potched as nere as may be. Dzinke this fasting in the mozning, and last at night with Sugar.

D. K.

Trembling and shaking of the heart.

Myrabolanes in grosse powder taken, from two dzams to five dzams, comfozteth the trembling of the heart.

¶ Myrtell leaues taken, profiteth.

¶ Putmegs eaten, comfozt the same.

¶ Dzinges, the iuice and inner part of substance where the iuice is taken, profit much.

¶ This disease commeth to women, by reason of the coldnes of the matrix, and is thus cured:

Scrape a Coats hozne that is boyled, and giue that scraping to the patient to dzinke.

For scurvy heate or itch of hands.
Small Chickweed boyled in water and salt, often washed.

For chaps or rifts, in hands, feete, or
fundament.

Maister gumme, with oyle of Roses, applyed.
Pitch liquis mixt with Sulphur, applyed.

For head-ache.

Flabane seed mingled with oyle of Roses, viniger, or water,
applyed.

Singreene iuice mingled with Barly meale, and oyle
of Roses. } laid to.

Maruen leaues pund with oyle of Roses, & viniger, }
Violets alone, or with oyle of Roses, pund. }

White water-Lilly flowers conserved and eaten.

Aris roots mingled with oyle of Roses, applyed.

Sage boyled in wine, drunke.

Rue leaues pund with oyle of Roses.

Stecados with the flowers, decoct and drunke.

Annis seeds burnt, and the fume taken at the nose.

Pigella roots mixt with roots of Ireos, layd to the forehead.

Betony decoct in wyne and drunke.

Pencedanum iulce with oyle of Roses and viniger, layd to the
forehead.

Sagapnum, one dram ————— }
Amomacum, one dram ————— } taken.
Euphorbiam prepared by discretion, ————— }

For

For extreme head-ache,

¶ Stamp violets alone, or with oyle, and apply it,

℞ 4

For

For head-ache.

A Loes mixt with oyle of Roses and vinegar, applyed.
 Honey leaves one dram taken.

Maydenhair, a garland woꝛne about the head.

Solanum Hortensis pound and layd to.

Helliot iuice mixt with oyle of Roses and vinegar, powꝛed on
 the head.

Cresses sied and honey layd to the head.

Wine tendꝛels oꝛ claspers pound with parched Barly meale
 applyed.

Wilde Tyne tendꝛels, with oyle of Roses, pound and applyed.

Double tongue, a garland woꝛne about the head.

Bar malad, oꝛ Mustimack of Quinces eaten after meat.

Bitter Almonds applyed to the forehead.

For giddynesse of the head.

Fuerfew dyed to powder, two drams taken.

Prunell bruised with oyle of Roses and vinegar, applyed.

Running Time pound with oyle of Roses and vinegar, applyed.

Lauender flowers alone oꝛ with Nutmegs, applyed.

Synanon and Cloves applyed.

Pellitory root with honey eaten.

Collocinthida boyled oꝛ soaked in homed water oꝛ other liquoꝛ.

Wylony roots one dram taken dally one yere.

Blessed Thistle vsed in meat and drinke.

Agarick with Cirop Acetess, taken.

For scurfe of the head.

White water-Lilly roote with Tarre layd to.

Capillus Veneris steeped oꝛ boyled in Lye, to wash y head.

Poolerode ashes mingled with vinegar, layd to.

For to purge the head.

Wall Celldonꝛ decoct in wine, gargarized.

Spimpernell iuice snuffed in at the nose.

Colewoꝛts iuice snuffed in at the nose.

Warmy perfume taken in at the nose.

For

For head-ache.

¶ Make Wheat bran with Pigeons dung, and apply it with the wyhte of an Egge, to the contrary side of the griefe.

For head pushes.

¶ Stamp Violet leaues with hony, and apply it.

For a scald head.

¶ Stamp Primrose rootes, fry them with fresh Butter and Tarre, and lay to the griefe.

Stamp ^{For}
of primrose rootes

Incidentia.

Incidentia

For Impostumes and humours of the head.
Chrysanthemum flowers pund with oyle and wax, applyed.
 Steeps Sozrel greene leaues pund with oyle of Roses and
 Saffron, applyed.

For dry humours of the head.
Iellampn pund and layd to.
 Wernix perfume taken in.

For to heale wounds in the head.
Cleare liquid Rozen, applyed.

For old payne of the head.
White Cleboz roote taken in.
 Jup iutce with oyle of Roses layd to the head.
 Eye meale put in a little bag, layd to.
 Garlick bzyled betwene the hands.

For kybed heeles.
Penny Wort on the wall, layd to.
 Bathe the hoies in wine, and anoynt the grief with
 gumme of Lacerpitium boyled in oyle.
 Solbzed roote boyled and applyed.
 Wrets boyled and wash therewith.
 Turneps rosted with oyle of Roses, applyed.
 Squilla inner part boyled in oyle of Turpentine,
 layd to.
 Yellow Affodill root sodden in oyle, layd to.

For the Hydroply.
Poly boyled in wine or water, dzunk.
 Dorigan eaten with figges.

Bazell eaten.
 Soldanella boyled with broth of fat meate, corrected
 with Annts seeds, Synnaxem, sugar and Ginger.

For

For the Emerods inward and outward.

DOgs toung rosted in timbers, applyed hote.

Small Celidony pund in vyne oz wyne, the root layd to.

Galeopsis the roote eaten.

Capzarta bruised with oyle of Roses, layd to.

Wild Imperatoria pund and layd to.

Lacerpittum roots boyled with Pomegranat pilles, and vinger, layd to.

Holy wort mingled with Popshion, applyed.

Aloes boyled with wyne and hony, applyed.

Balsamum oyle applyed on cotton.

Parcelayne iulce drunke.

Oryons eaten in meate.

Bzamble tendzels and leaues stamped, layd to.

Shumak, oz Rhus, pund with Oke coles, applyed.

Figs milky iulce layd to.

For the Yex or Hicket.

ALlison drunke, oz held to the nose.

Syntes, two oz thre branches with iulce of lowze
Pomegranats, drunke.

Dill seed chafed, and often smelled to.

Astrolochia rotunda giuen in drinke.

Rubarbe taken.

Ceterach leaues decoct and drunke.

Sherit roots, the iulce with wyne oz Goats milke,
drunke.

Nutmegs eaten oz drunke.

For to dissolue cold humours.

Sthernwood infused in oyle, anoynt the member taken with
cold.

Marula decoct with wyne and drunke.

Stechados decoct with his flowers, oz alone drunke.

Wild Parcelay roote holden in the mouth.

For noyse and sound in the eares, and to
more hearing.

Flages and Mustard seed, pund and layd to.

For the Emerods.

¶ Take Flax seed, boyle it in May butter, till it be soft and thicke, and lay it to hote.

Duglas.

Ad idem.

¶ Take blacke sope one ounce, Swines greace one ounce and a halfe, a little bay salt in fine powder, temper it and lay it to the grieve.

¶ Take beards of Laks vnset, boyle them and stamp them with Saffron, strayne it, and lay that oymnt hote with a cloth to the grieve.

For the Yex or Hicket.

¶ When the Yex or Hicket cometh, let the patient speake as if it should be to the Hicket, and say this word, Enough.

Duglas.

Ad idem.

¶ Take oyle of Lillyes, and anoynt the body of the sick with it oftentimes.

For Emerods.

¶ Take leaues of Penipher, called Canell leaues, wash them cleane, put them in a paper, roast them in ymbers, and apply them hote as may be suffered: make powder of them, and cast it into the soze.

For the same.

¶ Take red Wortes, boyle them in a pot, and sit ouer the fume in a close chayze, till it be cold, & anoynt the grieve.

For the same.

¶ Take a plate of Lead, and rub thereon Barrowes greace for a man, and Swines greace for a woman, wash it out with white wine, and anoynt the grieve.

For

Rams little Dodeon.

For to waste waterish humours.

Wild Cowcumer, the iulce of the barke of þ̄ root with wyne,
 Wall-wort roots boyld in wine, drunke. (drunke.
 Wild Biony root boyled in wine or water, temperd with sea.
 Soldaneilla boyled with fat meat broth. (water, drunke.
 Wild Lettice iulce with Orimell, drunke.
 Brome leaues or bzaunches boyld in wine, drunke.
 Spanis Brome seed taken.

For the launders.

Tormentill leaues,	Planten roote,	} decoct in wine and drunke.
Cotula,	Buphthalmus,	
Chysanthemum,	Chysanthemum seed,	
Poip,	Bazell,	
Rolemary,	Dulcamara,	
Doder,	Cetrach,	
Succozy iulce,	Sourhus,	
Bay roote,	Frangula,	

Waruen leaues drunke in old wine, one dram & halfe, xl. dayes.

Dysganum boyled, and the patient bathed.

Libanotis seeds decoct with Pepper, taken.

Lacerpitium taken with dzyed figges.

Alcakenji fruit eaten.

Garden madder roote decoct in Orimell, drunke.

Carret rootes in powder with homed water, drunke.

Crisimon seeds mingled with homed water, drunke.

Squilla rosted and prepared, taken.

Red Kole iulce drunke. Frangula decoct and drunke.

For the launders and yellow sought.

Common Wormewood infused,	} drunke.	
Chamepitis leaues infused,		
Celtdony boyled in wine with Annis seeds,		
Saffron flowers with homed water,		
Comza leaues and flowers decoct,		
Euphrase boyled in wine,		
Hempseed stamped in wyne,		
Rode flaxe decoct,		Bugle decoct,
Consolida boyled in water,		
Calampnt and homed water,		

For the Pyles.

¶ **R**ed inset Leeks in a Dock leafe, or a paper, stamp them, & put to them May butter, and mix them well, and it will be a salve, and when the Pyles wax angry, lay that warme to it: you must take the Leeks greens and white, the barbes cut: and when this medicine hath drawne it well, wash the griefe with womans milke.

To stay the bleeding of Pyles.

¶ **D**rinke saice of Myllesolly, which is approued good.

¶ Apply powder of burnt Garlick, & the Pyles will dye.

¶ Take oyle of Roses, Franckincence, & hony, make therof an oyntment, & put it into the Fundament with thy finger, and put therein myrrh, and let the fume thereof go vp into the Fundament.

¶ Wynd blacke wooll and blacke soape to the griefe.

For the blacke laundis.

¶ **T**ake wheat straw, and strawe it abroad on the flooze in a close house, and put in Cæse, and watch them when they dung: take it vp whole, and with a kniffe scrape off the white that is about the dung, till you haue a good quantity: then dry it in an ouen, make it into powder, and drinke thereof in Ale at mozne and euen.

¶ Take the gall of a Rauen, dry it, and make it in powder, take a quantity thereof in a sponne, temper it with Ware or Ale together, and drinke it fasting.

For yellow laundis.

¶ **T**ake a big Apple, cut off the top as a couer, take out the coze, and put into it some swæt Butter, and a good deale of Turmericke, and a pretty quantity of English Saffron, roste it very tenderly, and let the sick eat of it thre or foure moznings or oftner together.

For the Yex or Hicker.

¶ **T**ake bark of a Pomegranat tree, Senny, Planten, Warts fong, Parcely, Beane meale, 3. ounces, Saffron, make it in powder, and giue it the patient to drinke dayly fasting.

¶ Take dyn of a mayd child, Cole dung, and Cole grasse, temper them together, and let the patient drinke thereof nyne dayes together.

For

For the Jaunders and yellow sought.

Small Centory decoct, ————— }
 Solozed rote decoct, } ozunke.
 Black Elebor boyled in water with Rue,
 and Crimony, oz bastard Eupatory,
 Scamony twice dyed, five wheat coznes wayght with Drache
 seeds and homed water, taken.
 Sheeps Sozrell decoct and ozunke.
 Kneeholme decoct and ozunke.
 Cassia dzawne and eaten.

For swelling and corruption of the Iawes.

Sallgot leaves — }
 Figges } decoct and gargarized.
 Plumtree leaves — }
 Walltick, the teeth and Iawes rubbed.

For Impoſtumes.

Woad of the Garden, }
 Lynsed with Figs, } pund and
 Planten leaves, } layd to.
 Cosula lutea,
 Wild Cowcumer root, with parched Barly, }
 Sea-molle, }
 Chick Pease with Barly meale and hony, }
 Lupines flower, with parched Barly meale } layd to.
 and homed water, }
 Salce of Endiue with Ceruce, — white lead, }
 Vnguentum popilion, ————— }

For

For the yellow Jaundes.

¶ TAKE Zlop, Bitony, Scabios, Egrimony, holy Thistle, of
 eche a bzaunch as big as both your thumbs: Bozage,
 Boglos, Succory, Endiue, Sorrel, Fumitory, Planten, Thiolet
 leaves, of eche a quarter of a handfull, & pere mynts fives croys,
 Mercury leaues, water-Cresses, Celidony, of ecb halfe a hand-
 full, Raisins of the Sunne stoned, halfe a handfull, Damaske
 Ruines stoned ieuen sponesfuls, of Barley cornes knocked &
 cleane washed, 3. sponesfuls, of Licoris scraped & thin sliced two
 sponesfuls, of water thre pintes: boyle all to the thirde part wa-
 sted: straine it, and put to it Pembroes halfe an ounce, Synga-
 mom the wayght of eight pence bruised: then seethe it a little,
 and strayne it againe, and giue the sick to drinke of it first and
 last, a draught blood warme.

D. K.

Adidem.

¶ TAKE Turmericke, and the inner barke of Piperich tre. of
 eche an ounce, make it in powder, & eat it in potage euery
 morning and supper: and take Celidony water, a good draught
 thre houres after supper.

For blacke Jaundes.

¶ TAKE Aloes, Epattke, Azarum, Annis seeds, Synamom,
 Comyn seeds, Hemp seeds, Licoris, Onula campana root,
 Worme seed, of eche one ounce, make it in powder, and eat it
 in potage.

For iaw-fallen, mould-fallen, or rooffe-fallen.

¶ ROLL a handfull of Chickweed in ymbers, and apply it to
 the bone of the necke, and apply sowre leafe of Wheate
 bread to the mould of the head ix. houres, to raise it.

¶

For

For Impostumes about the priuy members or genitors
of men or women.

- S**herewort greene stamped, layd to.
- W**hite Lilly rote mingled with viniger, or the leaues of
Henbane, or Barly meale, layd to.
- D**ill seed burned or parched, layd to the part, cureth the swell-
ling lumps and rifts of the same, and of the fundament.
- D**ill hearbe made into ashes, strowed on the shere or priuy
parts, cureth moost vlcers.
- A**strolochia rotunda mixt with Treos, and bathe the gesele.
- C**alingale in powder, strowed on.
- A**loes in powder strowed on, cureth the vlcers of the priuy
members and fundament.
- M**all-wort leaues and new buds, pund and layd to.
- B**eane meale layd to.
- E**ndiue or Succory greene leaues pund,
- L**ettice greene leaues pund,
- S**ouchus iuice,
- C**ristmon seede mingled with hony and water,
- Y**ellow Risholl roots, bayled in wine lees,
- A**gnus castus leaues with Butter,
- P**lane tree young leaues decoct,
- M**istleto leaues and fruit, with Warre & Wape,
- P**lumbtree leaues pund,
- F**ennell bayled in wine,

} layd to.

For to soften Impostumes about the fundament.

- V**iolets stamped with Barly meale,
- R**oots of Iris mingled with hony,
- B**lacke Horehound pund,
- D**ill seede burned or parched,
- L**ibanotus leaues pund,
- M**elilot, a Quince, and oyle of Roses,
- M**elilot by it selfe decoct in sweet wine,
- L**iquid Rozen with Nutmegs and Sugar,

} applyed, or
layd to.

For the Ape gall.

¶ Burne a cleane linnen cloth to ashes, and muddle it with oyle of egges, and apply it virgæ.

¶ Burne Clay to ashes, and lay to the grefe, and wryp a linnen cloth virgæ.

For swelling of the P.

¶ Take iuice of Mozell, Lynsed and Barrowes greace, fry them, and lay to hote.

¶ Do take foure figges and Datromale muddled with oyle Olive, and lay to.

¶ Do take Lynsed in powder, thicke boyled in womans milke, and lay it all about the Part.

For scalding of the P.

¶ Take herbe Robert, herbe Walter, Englos, Auens, Egri-mony, Sanicle, Petymozell, Sengrene, Pimpernel, Vebane, red Nettles, of eche a handfull, Maybryd, Maye Thayne, Hemp, Dypin, Ribwort, Brier tops, of eche a quarter of a handfull, wash and stampe them well, and do thereto a quart of good May butter clarified, stampe all together: then put them into an earthen pan, and crush them well with thy hands, that it be not hollow: then couer it well, and let it stand ix. dayes and ix. nights: then worke it, fry it well, and stampe it to an oynment, and anoynt the grefe. It will heale the scalding, or any wound that is cureable, on warrantise.

For scalding of a womans priuity.

¶ Take herbe Robert, Rue, of eche a handfull, stampe them in a moztar, put thereto honny, and fry them, make a playster, and apply it as hote as may be to the fundament.

For Satirisis, or rising of the Yard.

¶ Eate seeds of Agnus Castor, or boyle it in wine, and plaster it to the reynes and secret parts.

¶ Boyle Comyn with wine or water, and drinke it, or apply it to the grefe.

¶ Stamp water-Lilly, and apply it.

To breake hard Impostunes, or swelling Vicers.

Narcissus roots mingled with Pettle seeds & vinegar, layd to.

White Bony root pund with oyle,

Barley meale boyled in homed water, with
Figges,

Murray meale with Pigeons dung and oyle of
Lynseed boyled and applyed to,

Fennigreek meale boyled in homed water,

New Figs with wheate meale, with Lynseed

Fennigreek and rootes of Lillyes,

For inward inflammations.

Panaces flowers with the herbe and plant boyled,

Wood Sage boyled in wine or water,

For hote inflammations.

Hounds toung boyled in water or wine

Lusillago greene leaues pund with hony

Dennywort on the wall, pund

Knof-grasse greene leaues, pund

Singrene alone, or with barley meale, pund

Warden greene leaues, pund

Adders toung incorporate with Swines greace

Wimpernell greene leaues pund

Willifolli leaues pund

Comfr? with the leaues of Groundsell, pund

Wolets brusled with Barly meale

Trifoly leaues sod in oyle

Cane reed greene tender leaues stamped

Cardus Benedictus, pund

Drache greene brusled

White Beete leaues brusled and boyled,

Colewort iuice alone, or with parched barly meale

Endue and Silccozy greene leaues, pund

Acatis iuice, Rhamuns iuice,

Date tree leaues and bzaunches, pund

Red Goleberries chawd and holden in the mouth.

layd to.

ozunke.

layd to.

For

To cleanse the lungs and brest.

¶ Flowers of Heartsease, or Pannces, boyled with the herbe or plant, and drunk, cleanseth the lungs and brest, and is good against Feuers and Inflammations.

Vnguentum Album Camphoratum.

¶ Take oyle of Roses halfe a pound, sweet beale suet fryed, thre ounces, white Wax one pound, set it on a soft fire and melt it: then take it off, and put in a quarter of lead, and the white of two new layd egges, beaten with Rose water, labour these in a mortar, and then put in the Camphire, fine brought powder, one dram, the space of two houres: then put it in a gally pot.

This mitigateth payne, and quenbeth all hote cause.

For ache of ioynts that haue bene broken.

The great Burre roote, one dram pound with Pyne apple kernels, layd to.

Flebane seede mingled with oyle of Roses and bliniger, or water, playster-wise layd to.

Dead Nettles pound and layd to.

For parts being out of ioyne,

Sowbzed roote boyled in broth, and eaten.

Canerode, or Spere roote, pound and layd to.

For itch of scuruiness.

Hysop decoct, and bathe the itch.

Stauesagresed mingled with oyle, and anoynted.

Sony leaues decoct with a Chicken broth, or with Perry, made with Pearce, or some other good liquor, drunke.

Wyony fruite anoynted.

Sheeps Sorrell broth boyled in bliniger, applyed.

Lampfana brayned and layd to.

For hollow kybes.

Pole reede cotton applyed.

For the Kings Euill.

R The leaves mingled with wine and Pepper, Allome and Honey, or pum with Swynes greace, and applyed.

Coziander greene with Beane meale, pum }

Lacerpitina roots pum with oyle

Beupleros pum with salt and oyle.

Saligot leaues pum

Aperine leaues pum with Swynes greace } and layd to.

Groundsell with salt, pum

Indian Pepper with honey, pum

Pepper pum with pitch

Figtree leaues pum

Squilla leaues layd to foure dayes.

Sheeps Dozell roots hanged about the necke.

For Vicers of Kidneyes.

S Antle decoct in wine or water, drinke.

Cardillon iuice, one dram boyled with wine, drunks.

Mallowes raw leaues eaten in Sallade, or with salt.

Rozen of Ffyrre tree, halfe an ounce taken in.

To dissolve scirphules or kernels.

¶ Take Mustard seed, Nettle seed, Spumam Maris, Astrologie, Armoniacum, olde Oyle and Wine, make a playster and apply it.

For

For stopping and payne of the kidneyes.

Veronica decoct

Impertelli decoct in wine

Code Flaye decoct

Planten rotes and seede decoct in wine

Hozetayle decoct in wine

Deuils Bit decoct

Fennell herbe, roote and seede decoct

Betony decoct

Cuscuta decoct in wine

Hops decoct

Melilot boyled in wine

Sea-ball boyled in wine

Garden madder boyled in homed water

Tragagant steeped in wine

Carret roots in powder with homed water

Barcoly roots decoct

Water Cresses decoct

Shephenes decoct

Cassia in decoction of Lycoris, Barcoly rootes,
oz Chiches

Fruit of Juniper decoct in homed water oz wine

Pencdanū rot by it self, oz with bitter Almonds,

Sheepes Chiches

Purcolone in Salade

Bulba Castanea

Petrocilinum Macedonicum seed

Smyzincum seed

Wasse tree frulle

Bitter Almonds

Figges befoze meate

Putnigs steeped in oyle of swēt Almonds.

Agarick one dram

Rozen of Turpentine tree

For to drive away Gnats.

Yellow Legumachus, dazed and perfumed.

For lameness.

Take Euphorbium, and treacle times so much oyle, and a lit-
tle way, a lay it to arthe of toynts, palsey, lameness, cramps,
chinking of sinelvas, and againt all aches, and paynes of
the same.

and drank.

taken and
eaten.

For

For swelling and ache in the knees.

¶ Take Wormwood, Egrimony, and Garuen, Louege, herb
Bennit, Petty mozell, and Rue, of eche a like much,
Stamp them and fry them with two parts of fresh Butter, and
one part of white wine, make a playster, and as hote as may be
suffred, apply it to the payne.

Payne in the knees.

¶ Take Rue and Louege, Stamp them, and meddle them
with hony, fry them, and lay to the kniss as hote as may
be suffred two or thzee times.

For

Rams little Dodcon.

For to stop the Laske,

By Roote in wine,
 Peruincle in wine,
 Grimony seede in wine,
 Hypericen with his flowers and seeds in wine,
 Shepherds purse,
 Tormentill roote in powder in wine,
 Strawberry plants in wine,
 Wilde Tansey, Hoisetayle,
 Flebane seede, parched and bzulled,
 Flax weed oz sophia, in wine oz Smiths water,
 Parrow, flower gentle,
 White water-Lilly roote oz seede,
 Hiacynthus Orientalis,
 Fly Dichts rootes, Wild Bazell,
 Garden Rue leaves, Annis seede,
 Coriander seed parched, Daucus roote,
 Harts tongue, Bettle,
 Blacke Poppy seeds, Hannik seeds,
 Lentils, y^e second decoction, the first cast away,
 Pease earth Put, Hares foote,
 Common Rush seed parched,
 Dock seed and Sorrell,
 Great Condzilla iuice,
 Roses yello w seeds,
 Castus flowers,
 Lotus wood shavings,
 Oke leanes, barke, and Acozne cups,
 Pyne apple scales,

Decoction in wine
 and dzunke.

Swines Cresses roasted in ymbers, eaten.

Annis seeds taken any wayes.

Rubarbe taken by discretion.

Endiue and Succory boyled and eaten with viniger.

Purcelayne seeds taken in,

Marsh Mallows, greene seed oz dyed, fund and dzunke.

Skerit roots iuice dzunke with Goats milke.

Rayson kernels broth dzunke.

Unripe grapes flower, & unripe fruit of the wild grape, taken.

For

For costiueneſſe.

¶ Make a Subpoſitory with honey.

¶ Take Senny, Sops, and the flower of wheate, & the lulce of the root of Wallwort, ſeethe them together, make a playſter, and lay it on the wombe, and it wil procure a ſpeedy ſiege.

¶ Take Pallowes and Mercury, and boyle them with a piece of porke, make pottage thereof, and eat well thereof, and drinke white wyne to it.

¶ Take a piece of porke enterlarded, and boyle it well in water: then take the broth vp in a diſh, & cole it, till it be milke warme: then take Mercury, Violet leanes, Borage, & Quens, a like much, make wozts with that porke and broth, and eate thereof a quantity; and in the middle of your eating, take a quantity of ſtale Ale, and meddle it with the ſayd broth, and drinke it in the middle of the pottage, &c. and ble this.

An eaſy Laſke for digeſtion.

¶ Take two penny waight Electuarij Roſarum, and eate it or drinke it with Ale or Wyne, and it ſhall procure eaſy Laſke. It is tolerable for a woman with child.

To ſtop

For to stop the Laske.

Great Tamarisk the fruite taken,
 Barberies the fruite
 Acatta the iuice
 White Thorns the fruite
 Licium taken in,
 Pomegranat seeds dyed in the Sun,
 Quinces
 Almonds befoze meat,
 Solwe rough choke Peares
 Wild Plummes iuice
 Black solwe Cherries
 Coznell fruite
 Solwe Apples gathered befoze they bee
 ripe, dyed in the Sun,
 Oke apples oz galles taken any wayes.
 Cyprus fruit, oz decoction thereof taken.

eaten.

To stop the Lask, coming of chol-
 lerick humours.

Red Currberries eaten.

For to heale legges or armes broken.

Elme leaues, the b20tb, oz the bark oz rinde, to bathe
 the leggs oz armes broken.

For sores that runne in the legges.

Pond weed, oz water Spike, pund with water and
 blintget, applyed.

For

To stop the Laske.

¶ Take an Egge, and Aqua composita, boyle it with the Egge till it be drye, then eate it with Syriamom and Sugar.

¶ Boyle Starch in milke and Sugar to pap, and giue it the patient.

For a sore thynne.

¶ Take Diamond, Bugle, Plantain and Betony, wampe it well, and meddle it with Beane meale, hony and oyle, boyle it well, and vse it till it be whole.

For

For the Litargy or sleeping sicknesse.

Rose iuice with viniger giuen to smell vnto.
 Pencedanum roote giuen to smell vnto.
 Euphorbium mingled with oyle, Graked and layd to
 the Temples.
 Senny made in plaister with Figs, layd to the head.

For the Lazer and Lepry.

Calamint boyled in wine and drunke, and the same eaten,
 and to drinke whay of sweet milke after it.
 Lithemall root boyled in viniger, applyed.
 Bzions fruit applyed.
 Vitis alba, or Clematis leanes layd vpon.
 Turay meale with sulphur and viniger, applyed.
 Senny mingled with viniger, applyed.
 Garlick punds with oyle and salt, layd to.
 Figges milky iuice with Barly meale parched, applyed.
 Dye tre leanes punds with viniger, layd to.

For Lazer and Lepry.

- 1 A Caria being grūod with viniger, abateth pūshes of y^e lepry.
- 2 Ashes of the bark of Ash mixed with water, and anoynt the Lepry.
- 3 Playsters made with Barley meale applyed, profiteth the scurse and Lepry.
- 4 Bryony fruit good against itch, lepry, and naughty scab.
- 5 To p̄serue thee from lepry, chewe Calamyt fasting, and hold it in thy mouth, and it profiteth.
- 6 Let Lazers and Lepers eate of Calamyt, and drinke it in whey of sweet milke.
- 7 Stamp Selondine with viniger, and apply it.
- 8 Mixe three parts of the iuce with two parts of viniger, and anoynt the scurse.
- 9 Darnell with Bismatone and viniger applyed, cureth.
- 10 Black Elleboze stamped with viniger, applyed.
- 11 White Elleboze boyled in wine, with Louage & Fennell, and wash the grieke.
- 12 Boyls Cloer leaves in strong wine, and bathe.
- 13 Elme greene leaves stamped with viniger, anoynted, helpeth greatly.
- 14 Figs milky iuce anoynted, cureth, and the same applyed with the yolke of an Egge, helpeth.
- 15 Veronica, or fluellen stamped and applyed, profiteth.
- 16 Mixe ashes of Garlick with hony and May butter, and anoynt: or anoynt with the iuce therof, or stamp it with oyle and salt, and apply it.

Lippe salve.

¶ Take Rosemary flowers, Sallet oyle, Rose water, unwrought waxe, brusse the buds, and boyle them all together, but very little, for feare of burning black, and vse it.

For lice and nits in the body and apparrell.

Golden Stechas boyled in lye, and the hayze washed.
Gumme of Iuy killeth them.

Waxes bresth, wash the head with it.

Wilde Passerag boyled in lye, and wash the head.

Garlick decoct with Dyrigan and wine drunke, killeth them.

Stecas, alias Philago, boyled in wyne and washed.

To driue them from the head and body.

Orrigan decoct in wine, drunke.

Stanelagre mingled with oyle, and anoynted.

Tamarisk with the buds and tendzels decoct, and wash them.

Ceder decoct, the liquoz anoynted.

To strengthen the Liver.

A Grimony decoct in wine,	_____	} drunke.
White Hozehound iuice,		
Pentaphilon iuice,		
Seahull made in powder,		
Woodroue put in wine,		
Each fruite put in wine,		
Roses iuice, oz decoction,	_____	
Physick Puts eaten,		

For lice and nits in the body and apparrell.

¶ Take thy Shirt ouer Dutchsiluer burnt vpon coales.

¶ Strew Hoylemynts in your chamber.

¶ Take iuice of Rue, and anoynt your body with it.

¶ Take Coze, boyle it in water, and sprinkle the house with it.

To drine away lice.

¶ Take Dutchsiluer, j. ounce, Barifrage, txx ounces, Barrowes greace six ounces, meddle them together, & anoynt therewith the armeholes, and the Pauell, the bredth of a penny, and they shall goe away: or anoynt thee with iuice of Rue.

For scabs and lice.

¶ Take Dutchsiluer, and lay it with fasting spittle, i. ounce, meddle them with the white of an Eggs, and do it on a woollen clout, and gird it about thy naked middle, shaped like a girble, and then couer it with a linnen cloth, and gird it as aforesaid, and weare it ix. dayes, and it shall fly all.

For the consumption of the Liuer.

¶ Take a pottle of Wozt, not strong, Maydenhaire one handfull, Liuer wort one handfull, Harts tong six. leaues, parcelly roots one handfull, fennell roots halfe a handfull, the pith of both roots taken out: bruse the roots a little, wash them & boyle them to halfe, or thre pynts: immediately after the first boyling put to it Saunders one ounce, and when it is almost sod, put in a quantity of Canell bruised: then strayne it through an Apras bag softly, and let the patient drinke thereof euery morning five or six spoonesfulls, one houre before repast, and as much at night before rest.

For inflammation of the Liver.

Romane Wormewood,
 Bastard Cgrimony
 Hepatica
 Scordium,
 Small Daylies
 Violets
 Liverwort

} decoct in wine and drunke.

Weymozell green leaves pund & layd to outwardly,
 Whorts black shewed, ——— Whortell berryes,
 Goseberryes greene with meats,
 Licoris roote,
 Pomegranat iuice, ———

} eaten.

For stopping of the Liver.

Camepitis steeped in wyne.
 Chelubny roote decoct with Annis seeds in white wine.
 Flowers of Saffron with homed water.
 Wimpernell decoct in wine, ———
 Cgrimony decoct,
 Hempseed stamped in wine,
 Miris, ——— Tode flaxe decoct,
 Cozmentill leaves and roots decoct,
 Planten root & seed decoct in white wine,
 Bugle, } decoct in wyne,
 Ruens, }
 Sarsilens consound decoct in water,
 Sage decoct in water, } drunke.
 White Horehound decoct in water,
 Stecados flowers decoct,
 Fennell, herbe, seed and roote decoct,
 Betony decoct,
 Centauri maius the roote decoct,
 Kubarbe infused by discretion,
 Stony roote dyed,
 Cleboznye decoct in wine, ———
 Sowbyed rof dyed, taken with wyne and Wozomell.

For

A playster to coole the Liuer.

¶ Take a piece of scarlet, cut it like a liuer, the saize of Boyrell, as much vinegar, and a little Rosewater, the powder of Saunters: boyle all together, and lay it hote to the place of the liuer.

For to restore the Liuer.

¶ Take a quantity of wild Tansy, stampe it, and drinke it with wyne or ale, ix. dayes or more.

¶ 3

For

Rams little Dodecon

For stopping of the Liuer.

Sceny leanes prepared, decoct, —
Dulcamara decoct,

Hoppes,

Capillus Veneris,

Liverwort,

Horned Popp rote decoct in water to halfe,

Lapines with Rus and Pepper in wine,

Succory iulce,

Carot roots in powder with horned water,

Parcely decoct,

Whopberts Peedle decoct in wine,

Spiperagus by it selfe, or with chiche pease,

decoct,

Julce of red Moler,

Bzaine leanes, crops and bzanches decoct,

Agnus Castus seedes,

Peach tree leanes decoct,

Mulbery tree rote barke decoct,

Wild Ash leanes decoct,

Fruit of Juniper decoct in Wyne or Hy,

or smell, —

Cetrach taken with vinegar forty dayes, —

Chiches Beetes

Hampere in Salade

Parcely Dried Maynus

Cayres in Salade

Bitter Almonds eaten.

Nutmegs

Wyne tree fruite

Garlick

Rozen of Turpentine tree —

For payne of the loynes.

B Aglos rote hoyled in wyne, drunke.

To increase loue.

W Alder Carot roots taken any wayes.

For

[Faint, mostly illegible text, likely bleed-through from the reverse side of the page.]

For to increase loue,

Eate the roots of Carets.

R 4

A water

[Faint text, possibly a recipe or further instructions, mostly illegible.]

For inflammation of the Lungs.

Ethiops root decoct or confect, & often licked in with hony,
 Syzop of Violets eaten.
 Palmonaria made in powder, and drunk, — Des-molle.
 Bitter Almonds eaten.

For to cleanse the Lungs.

Panaces herbe and flowers decoct, drunke.
 Wortus, — Oke of Jerusalem boyled in wine, drunke.
 Iris rootes new gathered, with Sugar or Hony,
 Penny royall with hony
 Dilgan with hony licked in,
 Sarcacoll one dram taken,
 Licoris roote

} eaten.

For roughnesse of the Lungs.

Figges eaten.
 Tutubes in Electuary or Syzop, eaten.
 Gumme of the wild Cherry tree in wine, drunke.
 For drynesse and harme of the Lungs.

Veronica water with wine distilled, and often drawn, vntill
 it be red of colour, drunke,

Munularia
 Sinkfoyle tender rate iulce,
 Cozmentill roots
 Scabies herbe or roote,
 Black Holyn with his pleasant flowers,
 Sanicle leaues & root decoct in water & hony,
 Camphyr rootes,
 Rue

} decoct in wine
 and drunke.

Stecados
 Ethiops roote confect with hony, often licked,

Garden Parcenep rootes

Rapfins dried, Licoris rootes

Beche kernels Bitter Almonds

Figges Sebestenes

Filix Puts

Wync Nut kernels

Turpentine in Electuary with hony, taken.

} eaten.

For

A water to cleanse the lungs and stomake.

¶ Take new Ale out of the fat, one gallon, a good quantity of Licoris cleane scraped and sliced, as much Annis seeds, as much Fennell seeds, as much Coriander seeds dried, Cento-ry one handfull: lay them in to steape xxliij. houres in the Ale, Still it and drinke of it, foure spoonfulls every morning fasting.

A marueylous and precious water.

¶ Take Galingale, Cloues, Quibibes, Ginger, Bellot, Cardamomum, Pace, Nutmegs, of eche one dram, the iulce of Celidony halfe a pynt: mixe all these made in powder with the iulce, and a pynt of good Aqua vita, & thre pynts of good white wyne: put all together in a Stillitory of glasse, and let it stand all night, and in the morning Still it with an easy fire as can be.

It is of a secret vertue.

It dissolueth the swelling of the lungs, without greiuanace.

If the lungs be wounded or perished, it mightily comforteth them, and suffreth not the blood to putrefy. He that vseth this water, shall not need to be let blood.

It suffreth not the heart to be burnt, nor melancholy, nor Regme to be lifted up, or to haue dominion above nature.

It expelleth the Rheume, profiteth the stomake, and conserueth a good colour, and youth in his estate: it also conserueth the visage and memozy.

It destroyeth the Palsey of the toung and legmes.

If one spoonfull be giuen to one labouring at the poynt of death, it reuiueth.

Of all waters artificiall, it is the best.

In the Summer vse one spoonfull once a weeke fasting, and in the Winter two spoonfulls.

For

For to take away marks, comming by stripes of beating.

Hop decoct and washed.

- M**argerom dyed, mingled with hony,
- D**ziganum mingled with hony and oyle,
- C**alampt boyled in wyne often washed,
- R**oe roote in powder mingled with hony,
- F**ennell roots pund with hony,
- A**meos pund with hony,
- L**acerpitium roots pund with hony,
- A**loes Cicatrine with hony,
- C**upfia, the barke of the roote with **F**ranchinaceance and ware,
- W**hite Bzony roote with wine pund,
- V**itis Siluestris frust,
- D**ulcamara decoct,
- C**olewort leaues with parched Barly pund,
- C**enuy mingled with hony and new grease,
- R**ocket seed pund with hony,
- C**arlick pund,
- W**ater Pepper leaues and seed pund,
- O**yle of Bay anoynted.
- O**yle of Puts anoynted.

layd to and applyed.

For to take away marks with hore irons.

L Inerwort pund and layd to.

For to take away marks of small Poxe.

Sowbzed roote stamped and layd to.

For to mundify the Matrix.

- L**acerpitium leaues boyled in wyne,
- A**krelochia longa with Pepper and Pyrb,
- P**iony rootes dyed, as much as a Beane, with boyled water,
- L**awzell of Alexandria decoct in wine,

hynke.

For

For the Marmoll, or Malum mortuum.

IT is an infirmity about the shynnes and armes, which is called Malum mortuum: they be old wans sores, little matter growing therein.

Other while it cometh of melancholy, mixed with Salcypen: if it come of melancholy, it is sene by black pustels without itching. If salcypen be mixed therewith, the place waxeth wain with itching and biting.

If it be cleane melancholy, let the matter bee digested with Orimel, Squilliticum, and Sirupus de Fumitorij, of eche a like.

If salcypen be mixed therewith, let the matter bee digested with 2. parts of Orimell, & the 3. part of Orisaccary, and the 4. part of Syrop of Fumitoy: & let it be purged with 2. parts of Iera ligridion, and the 3. part of Iera Ruffini, and the 4. part of Catarticum Imperiale, and let it be tempered with Warly water, and giue it in the morning.

The next day after be there made a Stuphe, of Calament, Origanum, Rine, Minte, Hozehonno, Bay leaves, and all kind of March-Crestes, Scabias, Fumitoy, Specula foecida.

And going out of the Stuphe, giue the patient Eliacle, with iuice of Fumitoy hose to drinke it, if it be cleane melancholy.

And if it be of flegmie meddled, put thereto a good part of Rubea Trociscata.

If it be an vnuersall Malum mortuum, let him blood of the vayne Hepatike.

And if it be about the shynnes, thighs, or armes, let him blood on the vayne Sephone, with in and without a little, and other-whiles bee there put to Mentacles, vpon the raynes. And if he be too colde, and that hee be, purge him before inunction with Carricum Imperiale, or with a Clyster is moze conuenient.

Remember, that at what time the cure is to be done, the patient must bee kept from colde, as a woman lying in child-bed, Winter and Summer, with fire in the chamber.

For

For to close vp the Matrix.

Age eaten.

Lentisk leaves and barke, boyled and drunke.

For windynesse of the Matrix.

Corn receyued at the place conuentent, by glyster, pessary, or playster.

Agnus Castus seeds drunke.

For blasting and windynesse of the matrix,

or mother.

Geramum Tuberosum, the roote taken in wine.

Pulegium decoct, and sit over the fume of it.

Peplos, the herbe and seede kept in byrne and eaten.

For the payne of the matrix or mother.

Athylis mingled with milke and oyle of Roses, layd to the belly outwardly.

Fenugreek boyled, and to sit over the fume and bathe it.

Peruinkle with oyle of Roses and milke, a pessary.

Comza decoct, and sit over the fume on a close stole.

Wynseed boyled and glystered.

Warden leaves pund with Swines greace, or oyle of Roses, layd to.

Betony leaves dryed, and drunke with home water.

Rubarb taken by discretion.

Bzion yrote decoct, and sit over and bathe it.

Oyle of Balsamum applyed.

Benbane greene twice with Colliries conuentent, applyed.

Dryed Roses boyled in wine, anoynted and layd to.

Putmegs taken in wyne.

For wind passing by the Matrix.

¶ Take Rue, Pennyroyall, Camomill, of eche a handfull, chop them as great as woorts, bruiſe Fennel ſeeds, Annis ſeeds, Comyn ſeeds, & mixe them: then fry them with viniger, and make bags, and put the ſame in them, and lay to her ſide, as hote as may be ſuffred; when one is cold, lay to another.

Or take flowers of Camomill, Millet, Mugwort, Flop, Sage, Fennerfew, Baywade, Bay leaues, & Hozebound, of eche halfe a handfull, Annis ſeeds, Fennel, and Caroway ſeeds, Bay berries, & Comyn ſeeds, of eche an ounce: bruiſe the herbe and put all together, boyle them all in a ſufficient quantity of running water, and halfe as much white wyne: Strayne the herbs, and put them in a bagge, and apply them to the payned place: or elſe wet a ſpunge in the liquor, and warme lay it to the griefe.

For a woman laboring with child, and that wanteth
her throwes at her deliuerance.

¶ Take Sinnamon, Saffron, & the bark of Caſſia fiſtula, of eche a like much, make it in powder, and giue her ſoure penny wayght thereof to drinke in white wyne or Ralmeley, blood warme b. or vi. ſpounefuls.

De

For to resettle the matrix in the naturall place,
being moued.

Cenios seede with wyne, —
Pannax seede with wine, — } drunke.
Double young leaues decoct,
Acacia with red wyne,
Quinces decoct and bathe there with.
Oke apples decoct, and sit ouer it.
Hastick taken in.

For suffocation and strangling of the matrix.

Bitter Bur in powder with wine, —
Pannax seeds with Worme wood, — } drunke.
Pleny seeds rb. oz rbi. in wine oz meade
Black Bizony decoct in wine, — }
Cotula foetida boyled, and wash her seete.
Dill decoct, and sit ouer the same thereof.
Pencedamum iulce — Assafetida — } smelt to.
Gumme Sagapenum — }
Caleanum perfume taken in place conuenient.
Mustard seede snuffed into the nose.
Wild Carot seeds in wine, drunke.

For stopping, or hardnesse of the matrix.

Fenerfew boyled in wine, layd to the pauerell.
White Lilly roots rosted oz pūd with oyle of Roses, applied.
White Hozehound decoct in wine, — }
Astrolochia longa with Pepper & Myrrh, } drunke.
Small Centoary, — }
Cypus rootes boyled and bathed warme.
Wall-wort leaues, buds and roots decoct, & the perfume taken.
Zuy leaues boyled in vinegar, applied.
Feunizreek decoct in bath, sit ouer it.
Rozmentill leaues and flowers, decoct in wine, drunke.
Poly rote by pessary applied.
Leekes decoct, and bathe with it.
Labanum by pessary applied.
Agnus Cactus decoct, and sit ouer in bath.
Leks decoct in sea water, and bathe with it.

De virga virili swollen.

¶ Take Gallowes and Violets, boyle them in conduit wa-
ter, and wash the grieſe.

For ſcalding virge.

¶ Boyle Gallowes in water, beat them in a moſter, ſry them
with oyle of Day butter: then take a red Cole leafe, and
lay it thereon, and wrap the ſoye therein, and make a hole of the
leafe ad iungendum, & ſanabitur gratia Dei.

For the yard blorized.

¶ Drye Barch leaues on a ſyle, and make powder thereof,
which powder will heale the Blaynes, and conſumeth
the Quiſter: but the powder ſhould not bee ſrowed ſo; the
Quiſter.

For

Rams little Dodeon.

For hote hard Impostumes of the Matrix,
or Mother.

Wallflowers dyed and decoct in water, drunk: and the grief
stoued or bathed in it.

Asclepias leaues pund and layd to.

Oyle of Balsamum conueyed in by Instrument.

Melilot boyled in sweet wyne, or with the peck of an Egge ro-
sted, or meale of Fennigraeke, or of Lynsabe, or with fine
flower of meale, or with Cicory layd to.

Porcelane iuice put in by discretion.

Wallow leaues decoct and bathe it.

Barth Malloves pund with Swines greace, or gose greace,
or Turpentine applyed by pessary.

Agnus Castus boyled and fumigated by sitting ouer it.

Pitch liquis layd to with Barly meale.

For rising of the Matrix.

Sinking Motherwort to smell of it, or to lay of it to the
Paucell.

For to helpe Melancholy.

Drage leaues and flowers put in wine, ————

Time in powder 3. drams with hemed water, } drunke.

Balme in wyne, ————

Tozmentill roote and leaues in powder, knodden with the
white of an Egge, eaten.

Wazell taken in wine, and often smelled to.

For member taken dead or benum'd.

Agnus Castus mingled with oyle and oymments, made to
heate, meltly and heale.

For a woman whose child is fallen too lowe,
to rayse it,

¶ Take a red Cow till the dung, then take that dung, and
hony, and boyle them together, and lay it very hote to the
upper side of her Pauell, till she be well.

Against melancholy, an electuary.

¶ Take Bozage flowers, and Buglos flowers alike by dis-
cretion, not exceeding halfe a pound; Steepe them in as
much Claret wine as will moyse them: then beate them in a
marble mortar very small, put to it like waight of Sugar
finely beaten, saccharozate al together: put it in a gally pot, and
reserne it to vse, the quantity of a Chestnut at any time when
the melancholy passio troubleth you. It is good against drought,
heauinesse of the heart, body or minde, taken in like quantity.

G. K.

To purge melancholy.

¶ Take Senny cleane pyched, one dram, Epithimy, Stras-
bolinde, Hermodacili albi, of eche halfe a dram: make all
into fine powder, and adde to it powder of Ginger and Spina-
mom, of eche halfe a dram, make all into powder: then take a
sayre apple, cut off the cap, take out the core, then put it all into
the apple: then set a spyle vpon hote ymbers, and roll the apple,
turning it that it may be thoroughly rolled: when it is rolled,
pare off the rinde, and put the apple in white wine, and break
it in pieces, and take it early in the morning.

D. K.

¶

For

For to mollify stiffe and hard members.

A Gnus Castus with oyle and oymntes made to heale,
mollify and heale.

Oyle of ripe Olives compound with good herbes.

For shrinking of any member.

Great Centoꝝ rote, two ozains with wyne, dzunke.

For to warme all parts of cold members.

A Gnus Castus with oyle and oymnts, made to heale, mol-
lify, and heale.

For swolne members.

Planten leaves pund and layd to.

For dislocation of members out of ioynt.

Turnesole leaves pund,

Aris roots

Pariculus rotes

Acanthus greene,

Ashes of the Wyne dissolved in oyle of Roses
and blulger,

} layd to.

Scattia leaves and crops decoct, and bathe with it.

For to strengthen and comfort memory.

Eye-bright dyed in powder, thre parts, and one part of Pa-
ces, a spoonfull dzunke at moꝝning with wyne.

Rilly Conaally distilled water, dzunke.

Rosemary flowers conserued with Sugar, eaten daily fasting.

Stecados leaves and flowers often smelled vnto.

Cardus benedictus in meat or dzinke.

For to make a man to be merry.

Borage leaues and flowers put in wyne, dzunke.
 Garuen flayed in water, syrinkled about the house, where
 banqueting and company is.
 Spyns smelled vnto, and strowed about the house.

For Meazels.

Veronica decoct and dzunke.
 Saffron mingled with womans milke, layd to the eyes,
 Figges eaten.

To cause plenty of milke in womens breasts.

Buglos in wyne decoct and dzunke.
 Milk-wort, or sea-Trifoly taken in meat or dzunke.
 Fennell leaues eaten, or the seeds dzunke.
 Dill crops decoct & dzunke, and the seed decoct & dzunke.
 Piggella seede decoct in wyne.
 Ciches eaten.
 Sonchus iuice dzunke.
 Lettice eaten in sallade.
 Parcellane roote eaten, ———— **Valmins,**
 Mallow seeds dzunke in wyne.
 Reddish eaten.

To dry milke in womens breasts.

Hempseede applyed.
 Rue eaten.

For cloddered milke in breasts.

Lentils boyled in salt sea-water, applyed.

To cause Kyne to yeeld plenty of milke.

Fodder them with Sparre, — Spargula, or Poligula.

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23

For to open the Mylt or Splene
 White Hozebound decoct in water and drunke.

For swelling and inflammation of the Mylt.
 PEnsedannum sap of y^e root eaten alone, or with bitter Almonds.
 Petymozell pund and applyed to the grieſe outwardly.
 Garden Spadder ſeeds with Drimell taken.
 Wine aſhes diſſolved in vinegar and oyle, layd to.

For ſtopping of the Mylt or Splene.

It is rootes decoct and eaten.

Lonchitis drunke, or layd upon with vinegar.
 Lupines with Rue and Pepper boyled, drunke.
 Worme leanes, bzaunches, and crops, decoct in wine or water,
 drunke.

Tamarisk boyled in wyne, drunke.

Capres rote barke with Drimell, or applyed outwardly with
 oyles and oymments conuenient.

Bay rote barke decoct in wine, drunke.

To diminifh the Mylt.

Cherries ſeeds eaten or drunke.

For hardneſſe of the Mylt.

Timentill with vinegar,	} drunke.
Sciris, — Rode flare,	
Scordion in ale or wyne,	
Leucron decoct in wyne,	
White water-Lilly root decoct in white wine,	
Stecadas alone, or with the flower decoct,	
Guyleaves boyled in wyne,	
Woder decoct in wine or water,	
Wale ſearne rote decoct in wyne,	
Oke ferne decoct, the roots,	
Harts feung decoct,	
Lonchitis, — Splenewort decoct,	
Cetrach leaves, — Splenium decoct,	
Capillus Veneris decoct in wine,	

For stopping of the Mylt and Splene.

¶ Give the Patient powder of Cocks, with iuice of Worme wood.

¶ The wyne that the sãde of Cockle is sodden in, and eate the powder with all meats.

¶ Drink the wine that seeds of Hony suckles of the hedge is sodden in: It maketh good digestion: It waith wãde: It openeth the stopping of the Splene, the Keyne and bladder.

¶ 4

For

For hardnesse of the Myle

Garden Spadder roste decoct in wyne, ——— }
Caret roots in powder with homed water, } ozunks.
Amerisk decoct in wyne, }
Mulbery roste barke decoct, }
Ash tre leaues and barke decoct, }
Maple rotes with wyne pund, ——— }
Pettle leaues mingled with oyle and wax, layd to.
Sinking Gladium halfe a dram taken in.
Penny royall mingled with viniger and hony.

Oppopanax ——— }
Sagapenum **C**albanum }
Amomacum in small quantity } eaten, or taken in.
Nutmegs **P**ine nut kernels }
Rozen of Lark with viniger, }
Rozen of Turpentine, ——— }
Sbezeyes Sozrell pund with viniger, — }
Radish roste pund with viniger, } layd to.
Cresses seides pund with viniger, — }

For old griefs and vlcers of the month.

Hounds tong boyled with y root in water or wine, }
Bistort leaues decoct, **H**erbe Robert decoct, }
Sinkesoyl decoct in water to the thyrd part, }
Tozmentill roots and leaues decoct, }
Strawberry plants, **W**ild Tansey, }
Planten leaues, **F**aces, }
Maruen leaues and roste, }
Bugle leaues, — **B**runell, } wash the }
Sanicle with hony, } griefe.
Mall flowers with hony, }
Bell flower in water, **C**amomill decoct, }
Testiculus odoratus with hony, }
Heslop with flages, }
Great Valerian leaues and roots, }
Aloes and wine applyed, ——— }
Sozrell de Boys decoct, ——— }
Saligot leaues decoct, } bathe.
Spalage iuice, ——— }

For

For a sore mouth.

¶ Take white wyne a quart, Licoris a quarter of a pound, Anns seeds a quarter of a pound, Pace, a quarter of an ounce: beat all together, and put it to the wyne, and two spoonfuls of English hony, two ounces of white Stone Sugar, one ounce of Roche Allome, a quantite of Hony suckles, as much Endive, as much Parrow, as much Buglos, as much Succory: distill them, and use that water.

Ad idem, an excellent remedy.

¶ Take Hony suckles, red Sage, red Rose Campions leaues, Filberd leaues, Rosemary leaues, of eche a handfull, two spoonfuls of English hony, a good quantitie of Roche Allome, boyle it in running water, and wash the soze mouth.

For

For olde vlcers or griefes of the mouth.

Bramble young tendzels decoct and wash, — }
 Acacia decoct, }
 Prinet leaues decoct, } and bathe.
 Figges decoct, }
 Walnut shelles, or greene barke decoct, }
 Olive tree leaues decoct, }
 The apples decoct, }

For stinking of the mouth.

Herbe Robert decoct, }
 Strawberry plants } decoct, and wash or bathe.
 Confeand }
 Wauer grasse — }

For vlcers in childrens mouthes.

Leaues of Lynem tree decoct in water, and bathed.

To increase nature.

M^D tree fruite eaten.
 Ash tree keges eaten.

For going out of the Nauell.

Persillatone pound with creale and wyne, }
 Flebane (sode pound with viniger, } applied.
 Penecebanus sulce or pulpe, — }

For young childrens Nauels.

Galaga fryed in oyle of Lynserde, layd to,

For olde vlcers of the mouth.

¶ Take a quart of white wine, fill it with a quarter of Licorice, a quarter of Annis seeds, halfe a quarter of an ounce of great Mace: beat all together, and put it in the wyne, with two spoonfulls of English hony, two ounces of white Stone Sugar, one ounce of Rochs Allom, a quantity of Hony suckles, as much Cardue, as much Barlow, as much Buglos, as much Succozy, distill all together, and vse the water.

To increase Nature.

¶ Make powder of Annis seeds, Fenel, Galtingale, Spike-nard, Tamarisk, Nutmegs, Cardamom, mixe it with wheate flower, water, and red wyne: make cakes thereof, and eate them daily for waisting of nature, nature lost, and Gomerapaisio,

For the Nauell going out.

- 1 Wash it with wyne boyled with blessed Whistle.
- 2 Mixe powder of burnt faire linnen, and of bitter Lupines, and lay it to the nauell.
- 3 Flower with viniger applyed.
- 4 Stamppe saine Johns wort, and lay it to.
- 5 The how way stamped with meale and wyne helpeth, and the whole herbe, leaues and seeds applyed, profiteth. The powder thereof helpeth the Hermaries.
- 6 Boyle Spike Celike in oyle of Almonds, and a little Turpentine: dip wool in it, and apply it to the Nauell, swollen after the cutting of it.

To.

Rams little Dodder.

For ange nayles.

White Bryony poud with wyne, applyed.

For corrupt nayles.

Small Celibony poud,
 Lynsede with Cresses and hony poud,
 Sinketoyle roote boyled in vinegar,
 Iris rootes decoct with hony;
 Crow lute leaues and rootes poud,
 Dry Myrtle leaues with convenient oylments of
 salues,

} applyed.

For the Kings Euill.

Lynsede decoct in water, applyed.

Bell flower decoct in water.

White Horsbond leaues tempred with hony.

Barly meale mingled with Ear, waxe, oyle, and the
 oyn of a child, applyed.

Wenpleres with wine and salt poud, applyed.

To procure sneezing,

Bazell with vinegar brused, put in the nose.

For to cause the nose to bleede.

Nettle leaues poud and put into the nose.
 Zalmyn oyle put in the nose.

For to stauuch nose-bleeding.

Pernaele brused,

Pellow Lismachus

Knotgrasse brused,

Shelle decoct in water,

Galleon flowers poud,

Lake brades brused,

} put in the
nose.

The leaues poud with salt. layd to the nose and forehead.

The leaues poud, and layd to the nose outwardly.

For

To prouoke needzing.

¶ Take Nigella Romana, Labdanum, Storax, Pulinegs, of
eche sixpenny waight in fine powder, the roote of needzing
powder, the waight of all the rest: mixe all together, and take
as much thereof as a pinnes head at a time.

G. K.

For

For to take away stench or smell of the nose.
Her graffe, and the rote boyled in water to the third part
 consumed, and after boyled agayne with honey till it bee
 thick, especially with a little Aloes put in the nose.

To heale superfluous flesh in the nose, called
 Polipus.

Polyppy powder often put in the nose.
 Cyprus truite put in the nose.

To open the conduits of the nose;
Juice of Pimpernell snuffed into the nose.

For members taken with Palsey.
Laender flowers alone, or with Syoniamom, Nut-
 meys and Cloues taken.
 Lavender water distilled, and wash the member.

For the Palsey.
Pensedanum sap with oyle of Roses and vniuger,
 taken.
 Opopanax two dram.
 Sagapenum one dram.
 Euphorbium prepared.
 Cyprus rote beed and drunke.

For

For the Palsey.

¶ Take a good quantity of Sage, put it in a coffin of paste, bake it in an oven: and when it is well baked, take the Sage forth, put it in a pet of Ale, and stop it close, and let the sick drinke thereof, and of none other drinke.

Another for the Palsey.

¶ Take Pepper one ounce, Ginger halfe an ounce, Cardamomum, long Pepper, Sinnamon, and Betwall, of eche $\frac{1}{2}$ dram: Spikenard, Mace, & Saffron, of ech half a dram, make it in powder, and drinke it with good Iyceras, or Malmsey: and when you go to bed, wash your hands with warme water.

Ad idem, when the speech is lost.

¶ Take Auens, one handfull, leaves and roots, wash them, and boyle them in a quart of white wine to a pynt: Strain it, and drinke it thre mornings.

If it be too bitter, put Sugar to it, and it will restore speech.

For

Rams little Dodecor.

For to stay perbraking and vomiting

Bistort boyled in water or wine, or powder of it, drunk.
Tomentill rote in powder knob with the white of an
 egge, eaten.

Running **T**yme iulce, halfe an ounce with viniger, }
Fennell herbe or seede with water, } drunk
Bernassus grasse decoct,

Nutmegs,

Betony with clarified hony after supper,

Lupines long soaked in water,

White **M**hortels,

Rohob made of **R**hytes and **S**ugar,

Dry **D**ates,

Cypres frutte boyled in oyle,

Passick taken in,

For perbraking and wambling of the stomake
 of women with child,

Vine young tendzels iulce taken.

For to asswage all paynes.

Balsamum leues decoct in wyne, drunk.

Henbane seede put in playsters, layd to.

Henbane leues alone, or with **W**arly meale pund, layd to,
 mingled with other playsters.

For to dissolue pestilent Carbuncles.

Ipparatozin rote by it selfe, or with the leues, pund and
 applyed.

Appopanax layd to.

Lacerytium with **R**ue water, and hony, applyed.

Lupines, the meale with viniger, or boyled in viniger, applyed.

Cardus benedictus greene herbe, pund and layd to.

For Flegmes and hote Carbuncles.

Violets pund with **W**arly meale, applyed.

For the Tisick, or consumption.

Betony decoct and drunk.

For

Incidentia sunt quae

ad rem pertinent sed non sunt

essentia eiusdem rei

ut color in corpore

ut sonus in aere

ut visus in lumine

ut odor in aere

ut gustus in cibo

ut tactus in corpore

ut motus in corpore

ut calor in corpore

ut frigus in corpore

ut humiditas in corpore

ut siccitas in corpore

ut durities in corpore

ut mollescitudo in corpore

ut visus in corpore

ut auditus in corpore

ut olfactus in corpore

ut gustus in corpore

ut tactus in corpore

ut motus in corpore

ut calor in corpore

ut frigus in corpore

ut humiditas in corpore

ut siccitas in corpore

ut durities in corpore

ut mollescitudo in corpore

¶

For

Rams little Dodecon.

For to cause one to pisse well.

Saxifrage roote in wine decoct and drunke.

Bitter Almonds taken with Muscadell oz Bassard;

For the hote pisse.

A Rhills halfe a dram, Comza leaues decoct, } drunke.

Annis seedes decoct in wine,

Cecelios seedes decoct in wyne, _____

Cetrach leaues taken with viniger, eaten.

Sebellenes taken in meate.

For such as cannot pisse, but by drops.

Tansy seedes with wyne, _____

Ohris, — Rode flaxe decoct,

Saffron roote in wyne decoct,

Pargerom in white wine decoct,

Garden Rue leaues in water decoct,

Bneholms in wine decoct,

Putmegs parched, _____

} drunke.

A Preseruatiue for the Plague or Pestilence.

Angelica roote holden in the mouth.

Pyrrhis bogled in wyne, drunke.

Dzenges saice eaten oz drunke.

Juniper berries burned and perfumed.

Against the Plague and pestilent Feuers.

Bitter Bar in powder with wine, _____

Cozmentill roote and leaues in wine,

Dentils bit in wyne,

Saxifrage root dried, with wyne oz viniger, _____

Angelica holden in the mouth in the morning.

Close Gyllofers conserued, _____

Marygolds conserued,

Monophilon halfe a dram

Rue leaues alone, oz with Wallnuts and Figges,

Paderwort with wine, _____

Crossewort Gentian in wine decoct,

Setwall roote in wine decoct, _____

Angelica roote holden in the mouth at morning.

Caroline roote in wine decoct, drunke.

Dzenges taken any wayes.

Fer

For him that pisseth bloud.

¶ Take Ambrose and Sanguinary, of eche a handfull, and as much Parcely seeds: stamp them, and meddle them with Goats milke and drinke.

¶ Take Ambrose, Sarffrage, and Purcelaine: stamp them, and drinke the iuice with Cow milke.

For him that cannot well pisse.

¶ Take Rue, Cromel and Parcely, stamp them, and meddle the iuice with white wine, and drinke it warme.

For him that cannot hold his water.

¶ Take the clawes of a Goat, and burne them to powder, and let the patient vse of it in pottage, a spoonfull at once, and he shall be cured. The clawes must be burnt in a new earthen pot.

A perfume to auoyd the infection of the Plague,
Poxe, or Meazels.

¶ Take saint Johns Wort dyed, the Hauing of Juniper wood, Myrtle leaues, of eche a like much, Olibanum, Turpentine of Venice, a like much in waight: bruisse your Olibanū, incorporate all into balles as big as a Chestnut, and at night lay one vpon hote coales in a chalingdish, and let it smooke: if the fire go out, renew it.

¶ Water of the vpper husks of Walnuts distilled in September, being drunke, is a sure remedy against the Plague.

Against Poyson, and the Pestilence.

¶ Take two dry Walnuts, two dry Figs, twenty leaues of Rue, and a graine of salt: rate thereof falling, & nothing venemous shall hurt thee that day.

For the Pestilence.

¶ Wash a Lilly root cleane, and boyle it in white wine, till it be halfe wasted, and geue it the sick to drinke. Hee shall break out ful of bladders, as if he were burnt or scalded, which will dry, & sanaberis.

For the French Poxe.

For the French Poxe.

Bitter Burre in powder with wine taken.

Familioy iuice.

Galeopses leaues poud and layd to.

Planten stamped and layd to.

Rinerwort poud with honny applied.

For weaknes comming of the French Poxe.

Elyphozblum prepared, and taken by discretion.

For the small Poxe.

Veronica detect and drunke.

Saffron with womans milke mingled, and layd to the eyes.

Figges eaten.

Figges milky iuice layd to.

For

For them that haue the small Poxe.

Keepe them warme in all parts but the necke and head,
 and there let them haue ayre enough: and when they be-
 gin to come forth, get of Doctor Ludwicks water, and keepe it
 continually dropping in their eyes: which water will keepe
 them out of their eyes: then take Beefe, and powder it
 with dry Salt, two dayes and two nights: then boyle a peece
 of that Beefe well scummed; take the fat of that broth, and a
 quantity of running water, and beat both together, till it come
 to an oyle, and so soone as the Poxe come forth, anoynt the face
 therewith continually with a feather, day and night: and when
 the Poxe are thoroughly ripe, let them out with a gold needle:
 when they begin to dry, let them not hang too long, but put
 them off softly, else the scabs will make prints, which shall be
 seene.

P 3

For

Rams little Dodecon.

For poyson of Serpents or Vipers.

Small Bogles in meat or drinke, or to be carried about a man
or woman.

Sinquefoyle roote iulce in wyne decoct, — }
 Tormentill root and leaues in wyne decoct, } drinke.
 Betony dyed leaues in wyne decoct,
 Paunces seed and flower with oyle applyed.

For to cure poyson.

Small Stone crop iulce with viniger taken.

Monophilon roote halfe a dram in wine or viniger, or both
together taken. Poly in wyne or water.

Margerom compounded with smelling oymments, applyed.
 Rue leaues eaten alone, or with Walnuts and Figs.

Dittani iulce with wyne. —————

Daucus roote decoct in wine,
 Saxifrage roote and seede in wine & viniger decoct,
 Betony dyed leaues in wyne,
 Angelica rootes in wyne decoct,
 Scrolochia rootes in wyne,
 Asarabacca in wyne decoct,
 Solwyed rootes in wyne decoct,
 Gention root in powder, i. dram with wine, Pepper
 and Rue, } drinke.

Crossewort Gention in powder,
 Setwall decoct, Helleborie decoct,
 Calega iulce,

Camellion rootes in wyne decoct,

Cardus benedictus iulce,

Wild Pannar seede decoct,

Garden Parsely roote decoct,

Garlick decoct in wyne,

Asiodill in wyne,

Bayberries in wyne,

Plane tree fruite with wyne taken, —————

Betony leaues applyed outwardly.

Lacerpittium rootes taken.

Sharp wynd-ward leaues and fruite taken.

One berry, herbe and fruite taken in, — herba Paris.

Littellum leaues or rootes with Triacle and Pithyredatu taken;

Wallo

For poyson of Serpents or Vipers.

¶ **D**rinke Dragons, Rue, and Betony.

¶ **D**rinke iuce of Siquetoye. ¶ **E**ate Garlick.

¶ **B**oyle Rue, Betony and Fennell in butter, and drinke it.

To withstand poysoning.

¶ **E**ate a Walnut with a Fig and Rue fasting.

Against Poyson and Plague.

¶ **W**ater of greene Walnuts distilled about Midsummer 2.
or 3. ounces drin, cooleth & resisteth poison & the plague.

¶ **W**are away the uttermost of the bark of the Walnut, and
make powder of the rest, & steep it all night in water, strayne it,
and drinke it fasting, to cast out poyson.

For the small Poxe, a soueraigne medicine.

¶ **F**irst giue the patient sodden milke, mixed with Saffron, or
with Bithyepatum, & when they be perfectly come forth and
begin to break, in no case let them come into the ayre: then distil
of good apples sliced, vinegar and milk with a little Camphire,
and anoynt the face therewith. G. K.

For to make the Poxe come forth.

¶ **G**ive the patient Barly water to drinke made sweet with
Sugar. G. K.

To know if the sick of the Pox shall liue or die.

¶ **W**ho that falleth sick of that disease, and the Pox appeare
not till the sixt day, and do come forth the fourth day af-
ter, then the patient is like to dye. G. K.

To make the Poxe come forth.

¶ **T**ake xij fat Figs, gum Dragagant, ij. drams, Fennel seed
brysed halfe a quarter of an ounce, brysed Saffron halfe a
dram, boyle all in a quart of water, till the third part be consu-
med: then strain it, and drinke it warme early and late. G. K.

To take away the pits of the Poxe.

¶ **T**ake milke and vinegar of eche a pynt, of apples pared and
sliced thin 3. handfals, incorporate the with a little Com-
phire: then stir it and wash the face 3. times a day, & let it dry.

¶ **T**he creame of womans milke anoynted, is good also.

¶ **P**owdered Beale broth, not too fresh, nor too salt, is good
also. G. K.

Wild Thistle roote with vinegar layd so.

Hallowes herbe and roote decoct and taken in, and vomited by
agayne incontinently.

Turnep, or Rape seeds taken in Triacle.

Garden Parsely roots applyed, decoct.

Cristimon seed steeped in water, and dried by the fire, or lapped
in paffe and baked, taken with honny.

Garlik eaten. Oranges seeds eaten.

Figges with salt, Rue and Walnuts eaten.

For vlcers of the Pulme and Lungs.

Veronica water distilled with wyne, drunke.

For clammy Flegme and humours, to purge them.

Tappa the barke of the rois, one dram taken.

Colloquintida the white pulb, one scruple taken.

Callia iuice or pulpe taken.

To purge by vrin.

Hony suckle fruit in wyne forty dayes,

Dober boyled in wyne or water,

Wild Thistle roote decoct in wyne,

} drunke.

For to purge women of deliuerance.

Rue iuice drunke with wyne.

To purge raw and grosse flegme.

Sarcocoll one dram taken.

Hotteyed roote one dram taken.

To purge hote and cholerick humours.

Wilde Camplons seeds, two drams taken.

Tragoziganum decoct,

Ignificū root decoct with wine, Euphorbiū prepared } drunke.

Small Centooy decoct in wine or water,

Unbarb one dram by discretion,

Czula iuice, seed & root, Pepsos iuice and seed, } taken.

Wild Cotturner iuice dried, halfe a scruple,

Elder leaues and tender crows in both or pottage.

Clematis altera seed with water or meat, taken.

Scamony iuice dried, the waight of sixe wheat cornes,

Dober, or Culcuta decoct in wyne or water, drunke.

Iuice of red roses infused, drunke. Frangula decoct, drunke.

Buckthorne berries in small quantity.

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Rams little Dodecon.

For to purge hote melancholy humours.

Penny royall taken with hony and Aloes.

Planta Leonis, or Chyffes wazt taken.

Senny coos and leaues, one dram taken.

Cloer greene and middle barke in wyne or beere.

To purge choler vpwward and downeward.

Thalpy seeve eaten.

To purge by siege downeward.

Saffron the iuice of the seeve taken.

Great Turnesole a handfull boyled and taken.

Mercury pound with Butter, and layd to the fundament.

Violets decoct and dzunke.

Iris rootes, the iuice taken in fmall quantity.

White Lilly rootes decoct in homed water.

Willow Parcellus rootes two drams decoct in wine or water.

Slop with Syzop Acetell taken.

Syme in powder thre drams with homed water, biniger and salt, taken.

Oppopanax two drams or lesse, taken.

Sagapenum one dram.

Euphorbium prepared.

Wlacke Heleboz taken.

Clematis altera fruit decoct & dzunk with white wine xl. dayes.

Squilla prepared, first covered about with dowe or paste, baked in an ouen, or rosted vnder coales, till it bee soft and tender, and then a spone full or two thereof taken with the yggly part of salt.

For rage or madnes by biting of a mad dogge.

Allison taken with meats.

To make a man rane and madde.

Solanum formiferum moze then tweluz berries eaten.

Henbane rootes, leaues, or iuice taken.

Against raving and Frenzy.

Euphorbium mingled with oyle, straked on the forehead.

To kill Rats and Mice.

Eleboza rootes pound with meals and hony, layd for them.

For

To purge melancholy.

¶ Take Saeny cleane picked, one dram, Epichimi mirab^olani, Hermodaculi albi, of eche halfe a dram, Sugar one dram: make all into fine powder, & adde to it powder of Cynger and Synnamom, of eche halfe a dram: make this in powder, and put it into an apple, the top cut off, and the coze taken out: roll it, and eate it.

To purge cholere.

¶ Take Diagredij halfe a dram, beat it grosse: then put to it the powder of the roze Attomaticum Rosarum Gabrielis, halfe a scruple, and Sugar as you like: roll it in an apple, as before, and use it.

For raw vnskinne'd places.

Grene Fennelgræke pund with blintger, applyed.

For payne of the Reynes or Kidneyes.

B eglos roote boyled in wyne,	} drinke.
A nthelis with wine, halfe an ounce,	
T ordillon lulce in wyne, one dram,	
H orned Popy root boyled to halfe in water,	
C alamus Arrromaticus decoct in wyne,	
B ulba castanon. seede decoct in wine,	} eaten.
A lcroxis lulce	
B itter Almonds	
C assia dzawne,	

For to refresh a man.

Barberry bush greene leaues, made in græne sawce, eaten.

For subcill Rhexmes and Catarics,

Popy heads boyled into a Syrop, eaten.

The little Caroline Thistle, called Spurric Arrabica,
taken any wayes.

For all ruptares,

Pilosilla leages and rootes decoct and drinke.

For

For running of the reynes, and Gomora passio.

¶ Drink seeds of Lettice with ale or water.

¶ Use powder of Mastick, Olibanum, Storax, and Cardamonium.

¶ Dry Hynts in an oven, and drink the powder.

¶ Anoynt the yard & clothes with iuice of Hazel & Comphire.

¶ Carry about the seed of Sorrell, gathered by a chaste boy.

For him that hath lost his kinde.

¶ Take a red Onyon and a Hen sod in a pot, eate it and drink it three dayes.

¶ Or take seede of Fennell, Parcely, Caraway, Cardamonium, Lignum, Cloues, Galingale, Cavel, of ech a peny waight, Rubarb two drams, & of Allome as much, Mastick one dram: Stamp them in a brazen mortar, and take a faire scoured bason, and put a good portion therein, & melt it: then take the foresayd things, and put thereto, let it boyle till it be thicke, as thou maist hold it in the hand: then bore it by, and vse it first and last. This will restore the againe, though thou wert neuer so cold.

¶ Or suck a woman every day till thou be restored.

Running of the Reynes.

¶ Take Liverwort, Longwort, Harts tongue, of eche halfe a handfal, a little Buglos, as much Succory, as much Cindie, Violets, Sorrell, & Fiadefinger, of eche a little, boyle all in a quart of running water to halfe, blanched Almonds two penyworth, Stamp them with the pith of a Bullock: then put it to the liquor with the herbs, and wzing them, and take out the iuice: then strayne it, heat it, and seizon it with long Pepper, a penyworth, Nutmegs & Graines, halfe a penyworth, some large Haze and Sugar, to make it pleasant, and drinke it often warme.

¶ Take Saunders white and yello w, two ounces, Sinna-
mom one ounce, Mastick one ounce, Sang. Draconis, halfe an-
ounce, one Nutmeg, conserve of Roses two ounces, mix all to-
gether with Turpentine, and take it in often.

For

For ruuning and spreading scabs and sores.

Parritory pund and layd vpon.

Calligale roots dyed, and the powder layd on.

White Wylony rote pund, _____
 Liuer wort pund with hony,
 Spelt meale boyled with wine and Saltpeter,
 Gray meale with sulphur and viniger,
 Chiches boyled with Drobus,
 Camellion rote with Coperose and Swines greace,
 Red Rote leaues pund,
 Shaps Sozrell rote and leaues decoct and bathe,
 Smalage iulce, _____ Crestes pund with hony,
 Squilla rosted in ybarers,
 Bramble leaues pund,
 Myrtle greene leaues pund with oyle of Roses,
 Licium of Wyrthorne,
 Almonds pund with hony,
 Figges milky iulce,
 Linde barke pund with viniger,
 Juniper barke oz rynde burnt, and with water,
 Hauin leaues pund with hony,
 Scales of Hyne apples, & the barke with litarge of
 Glaer & Frankincence, and a little Coperose, —

For scabs and scurumesse.

VCronica decoct and drunke, _____

Scabious mixt with opyntments conuenient,
 Driegan decoct in water, and bathe the grieke, oz
 wash the body,
 Rye leaues mixt with Wine, Pepper, Siter, hony
 and Allome,
 Cuphorbitum with oyle of Bay, Beares greace, oz
 Colnes greace, oz such like, _____ } layd to.
 Dragon roots dyed, mixed with hony,
 Eleborus rot pund with Frankincence, rozen & oyle,
 Wild Cowcumer rote in powder with hony,
 Vitis alba leaues, — Clematis altera,
 Scamony iulce with oyle, _____ }
 Hops decoct and drunke.

For

For a scall.

¶ Take White rose roots, stampe them, & fry them with fresh Butter and Tar, and plaster-wisse lay it to the griefe.

For a childes head hauing a white scall,

¶ Take Arle-smart a good quantity, stampe it small, & put to it the like quantity of Dogs Lard, stampe them & incorporate the together: set it on a soft sweet fire, alwayes stirring it, with a little water in it for burning to, and let it boyle till the leanes begin to parch: then straine it, & of that liquor take two ounces, and adde thereto of Stoyar liquid one ounce, mix them together, and therewith anoynt the griefe euery euening or euery morning, which you will, and lay a cloth on it. D. K.

For the Purples.

¶ Take Purplewort if ye can: it is a clouē grasse, which hath a blew hart in the midst of it: and if you cannot get that, then take Angelica, Betony, Scablos, of eche a branch as big as both your thumbs: stampe them, & sethe them in posset ale: straine them, & put to it Sugar, Saffron, and a little Triacle, drinke it fasting at morning and euening without Triacle.

For angry scabs, night plowks, and watry wheales.

¶ Take Rapsins, the bones taken out, and Rue stamped together, and apply it to.

¶ Stamp Dapsy leaues, fry them with fresh Butter, and anoynt the hands.

¶ Stamp wild Tansey, and Dapsy flowers with cold running water, and wash therewith.

¶ Stamp sharp leaued Docks and Fumitory a like much, make it to oymntment with May butter, or Barrowes greace, and Roche Alome, and anoynt it.

¶ Boyle a handful of Nettles with Cinnamom & Cloues, of eche two dzams, and bathe thy hands with the fume thereof.

For wormes in hands and feete.

¶ Boyle iuice of Wormwood in May butter, and red docks, and stirre it to a salue, and anoynt.

¶ Boyle Leulin in good ale dregs, and apply it to scabs.

¶ Boyle wheat bran with Rue in vniager, and lay it to.

For.

Rams little Dodcon.

For Sciatica.

Sothernwood seed greene, or powder decoct in wine or water,
drinke.

Great Burre seed in powder decoct in wine or water.

Camepites leaues decoct in wine forty dayes,

Ethiops roots decoct,

Tyme boyled in wyne or water,

Penny royall pund and layd to,

Rue boyled with Dill,

Assarabacka boyled in wyne,

Asperagus decoct, Symyneum seeds decoct,

Spanish Brome tender branches steeped in wa-
ter, and the iuice pressed out, drinke, a little Scrat
or glasse full,

Cayres rootes, the barke decoct,

White Popler bark boyled in wyne,

Penny royall pund,

Pencedanum roote sap,

Lacerpsium roote with oyle and waxe,

Amomacum one dram with oyle of Ciprus & Piter

Enula Campana leaues boyled in wyne,

Black Elebor roote decoct, and taken in small
quantity.

Juray meale boyled in homed water,

Lupines flower or meale boyled in viniger,

Benny with figges made in plaster,

Cresses pund with hony and viniger,

Crismon seed taken with hony,

Iberis roote mixt with Symynes greace,

Rimus seeds boyled with meafe and eaten.

Whispy seed glistered at the fundament.

To driue away Serpents.

Yellow Apsimachion

Pencedanum

Sagapenum

Wallwort

Raskurcius

Agnus Castus

perfumed.

For

Account of the ...

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For stinging of Serpents.

Came Ciperessus decoct, —————
 Great Turnesole a handfull decoct,
 Lichenus seed & flower, — Rose campion with wine,
 Wild Camplens seed and flower decoct,
 Garden Larke Spurre seed, }
 Iris roots with vinegar or water, } Junke.
 Drygane boyled in wyne,
 Rue iuice eaten, Fennell herbe and seed,
 Lettice seed decoct in wyne,
 Rocket seed decoct, Barberies in wine, — }
 Scorpion grasse pund, —————
 Margerom with salt and vinegar pund,
 Lacerpitium outwardly, Polymony pund,
 Galingale roots pund, Acconitum pund, }
 Spelt meale with red wyne pund, } layd to.
 Whistle tender crops and leaves,
 Seeds of Docks and Sorzell decoct,
 Milke Whistle roots and leaves pund, — }
 Rue iuice eaten.

For byting of Serpents.

Eckron roote boyled in wyne, —————
 Great Burre roots iuice,
 Came Ciperessus with wyne,
 Scabios roote decoct in wyne,
 Camomill & his flowers decoct in wine, one dram,
 Clinopodion, — Pliat. montanum decoct in wyne,
 Ocurastrum seed in wyne,
 White Hozehound decoct in wyne, Rue iuice, } Junke.
 Libanotus roots decoct in wyne,
 Betony dry leaves in wyne,
 Paunces seeds, roote and flower decoct in wyne,
 Ligusticum roote decoct in wyne,
 Harts tongue decoct, Ladyes Whistle seed,
 Coleworts iuice in wyne,
 Ash leaves iuice, tender herbe, crops and bark decoct,

For

For stinging of an Adder.

- ¶ **G**lynd Centoꝝ with Butter, and giue the sick to drinke:
It will heale man and beast.
¶ **S**tampe Garlicke, and lay to.

For byting with a Dogge.

- ¶ **I**ncorporate honny and Garlick, and eat it.

For byting of a Spider.

Rub the place well with Flies.

For biting or stinging of any venomous worme.

- ¶ **T**ake Dzagaunce one handfull, Centoꝝ halfe a handfull,
halfe so much Rue, two clones of Garlick: Stamp them,
and wring out the iuice, and anoynt the grieke.
If thou distill all these, and drinke the water, it doth destroy
all venome within thee.

R 2

For

For biting of Serpents.

The great Burre leaues pund with salt, ————
 White Lilly roots roasted, and oyle of Roses,
 Mastwort pund, the rose,
 Gentian iuice with viniger, ————
 Juice of the Aglets of the greene Wine dissolved in
 oyle of Roses and viniger; ————
 Erica leaues and flowers pund, ————
 Agnus Castus pund, layd to.
 Agnus Castus } fumed.
 Wallwort }

For white naughty scurfe:

Scabios pund.

White Lilly roots mingled with viniger, or the leaues of
 Henbane or Barly meale layd to.

For naughty white scuruielle of the head.

L Acerpitium applyed.

Sowbzed decoct and bathe, ————
 Myrtle berries decoct and bathe, ————
 Lye made of ashes of the Ash tree, & bathe, ————
 Aller yellow bark decoct and bathe, ————
 Tithymall iuice with hony, ————
 White Cowcumer roote in powder and hony,
 Turay meale with sulphur and hony,
 Cices boyled in Dybus the pulpe,
 Bete leaues pund and layd to, and the grieke
 to be rubbed with Saltpeter,
 Senuy mingled with hony & newe greace,
 Garlicke burnt myngled with hony,
 Squilla inner barke boyled in oyle or Tur-
 pentine,
 Yellow Affodill roots burnt to ashes,
 Labanum with Myrrh, and oyle of Myrrh,
 Hazle Nuts burnt with Hogs greace,
 Wynden barke pund with viniger, ————
 Seny leaues one dram taken.

For

For shingles.

¶ If it gird a man, haply he shall never be whole. Take Coluer dung and Barly meale, stamp them together, and temper them with Cyzel, and doe it to the griefe till it bee whole. This euill will spring like willow fire, but this is greater and redder, and it euer springeth arow.

¶ Apply to them the Patients owne blood, and he shall be cured.

For foule scurvy tetters and scabs.

Crowfoot leanes pund and layd to a little, & then rethoned:
Wheat bzead newly baked, soaked in byrne oz pickle, layd to.
Black Camelion root with a little Coperose & Sommes greace,
 layd to.

Wild Thistle roote with vinger, _____
Senny with vinger, _____
Spytle greene leanes with oyle of Roses, _____
Figs milky iulce, _____ **O**ld oyle **M**allnuts pund, _____
Clue leanes with vinger, _____
Water found in the hollow **B**ach tree, _____

} applied.

For drylcurse and mangynesse.

Libanotus mingled with Zuray meale & vinger,
Lacerpitium with Coperose and Wardegreace,
Cuphozbiain mingled with Barrows greace, **B**ay
 berryes, oz **M**olues greace,
Tithemall iulce, _____ **B**ziony frust pund,
Rha **P**ontike roote with vinger pund,
Wild **C**olwumer iulce with hony, _____
Carkin roote pund with vinger, _____
Red **B**er raw leanes pund,
Sheps **D**oxel rois decoct in vinger, oz **b**ruised raw
Radish rots with hony,
Carlick with oyle and salt pund, _____ (lyne,
Squilla inner part boyled in oyle, vinger oz **T**urpe,
Juniper rynd oz bark burnt, mingled with oyle oz
 vinger, and **T**urpentyne, _____

} layd to.

To driue away the Secondine or after-birth.

Marigold flowers and herbe in powder, _____
Carlick decoct, and sit over the tume, oz **p**erfu-
 med on soales, _____

} perfumed
in place
conueniēt.

Etme boyled in water and hony, _____

Senny royall in wine, _____

Chineposion boyled in wyne, _____

Clary decoct, _____

Wild **H**orehound decoct in wyne, _____

Rue iulce in wyne, _____

Clary any wayes taken in drinke oz meate.

} drinke.

For foule scurvy tetter and scabs.

¶ **W**heat bread soaked in brine or pickle, layd to, the bread being new.

For bleche or swelling.

¶ **T**ake Walnut leaves and Sotherne wood, of eche a handfull, Succory, Woodbine leaues, white Archangell, wylde Ransey, Wormwood, Gosling weed, red Archangell, of eche a handfull, chop them all together, and boyle them in May butter, till there be a greene oymint, straine it, and keepe it to vse.

To kill a Ring-worme or tetter.

¶ **T**ake Mercury and Dassy roots, of eche a handfull, ʒ. spoonfuls of creame, stampe and straine them, and put thereto five spoonfuls of water made of Mercury sublimacum, and wash the tetter or ring-worme therewith.

A water to heale in five dayes all scabs, as well inward as outward.

¶ **T**ake Planten water a pynt, Rosewater halfe a pynt, water of flowers of Cythions, or Oranges, or of the saice of the fruits of them, a quarter of a pynt: put all into a Wyoll of glasse, and put to it of quicke siluer beaten to powder one ounce: let them boyle softly at the fire a quarter of an houre: then coole it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the next day without moze washing: the thirde day wash it agayne, but not the fourth day.

At the first and second time you wash them, it will make all the scabs in your body to breake out.

At the thirde tyme they shall sooze by, that you shall find all neat and cleane, both within and without.

There is no remedy in the world moze excellent then this, nor easter to be made.

This water maketh a mans flesh white, and doeth out all euill humours of the body.

For to driue away the secondine or after-birth.

L Auender decoct in wyne, _____
 Ditayne decoct in wyne, _____
 Dauens seede decoct in wyne, _____
 Sacifrage rote decoct in wyne, _____
 Lacerpitium leaues boyled in wyne, _____
 Astrolochia longa with Pepper and Myrd, _____
 Carabacka with hony and wyne, _____
 Smyzincum seede decoct with wyne, _____
 Myrthis rootes decoct in wyne, _____
 Crisses seede decoct in wine, _____
 Garliche decoct, _____
 Anagaris leaues, one dram decoct in wyne, _____
 Sauen leaues decoct in wyne, _____
 Penecebanum roots iuice the sap alone, or with bitter Almonds
 and Rue.

Drinke.

Oppopanax taken with hony.

White Wyony rote, }
 Garden Madder rote, } a pessary.
 Dryen iuice, }

For the falling Sicknesse.

A Pthillis with Orimell, _____
 Comza with bliniger, _____
 Lacerpitium with hony and bliniger, a Syzap, _____
 Sagapenum, one dram, _____
 Amomacum, one dram, _____
 Pellytozy rote with hony, _____
 Whyte Clebor prepared, _____
 Sany leaues by discretion, _____
 Wyony rote, one dram dayly a yere, _____
 Pentaphilon rubrum decoct in wyne or home water and
 Pepper thirty dayes.

taken.

Wyme smelld vpon.

Calbanum perfumed.

Male Wyony rote hanged about the necke.

For falling sicknesse in children.

A Pnis seedes eaten.

For

For the falling sicknesse,

¶ **D**rinke powder of Harts hozne with wyne.

¶ The first tyme he falleth, when thou shalt it, put off thine owne shoe, and pisse in it, rince it well, and giue him to drinke of it, and he shall no moze fall, noz have that euill.

¶ Also at his first falling slay a Hound, and take out his hart and gall, and being hote, grynd it, and giue it him to drinke, and he shall no moze haue it.

¶ Cocks Stones greene, drunk, helpeth; but abstayne from wyne ix. dayes.

¶ Hozes Stones eaten, or drunk with wyne, profiteth.

¶ Take a fores bzayne, and giue it oft to childzen, and they shall neuer be sick of that euill.

For

For excoriation, or going off of the skin of the privities or secret parts.

Cypres fruite or leanes boyled in oyle, —
 Liquid Rosen with a Putnieg and Sugar } applied.
 the quantity of a nut, —————

To make holes in the skin, or blisters.

ROs Solis with salt bruised, layd to.
Crowfoote leanes and rote, layd to.

To take away hard skin of hands and feete,
 procured by labour.

Ashes of Willow barke with vinegar applied.

For roughnesse of the skin.

Elebozus inner roots pund with Franckincence, oyle and Rosen, applied.

Elebozus pund with oyle, and layd to.

Sithimall iuice applied.

Scamony iuice with oyle and honny, layd to.

Figges milky iuice, layd to.

Ash tree barke burned to ashes, and lye made therof, and wash.

To procure ouermuch sleepe.

Leekes eaten rawe.

For

J. C. Stephens's book

Received

For to procure quiet sleepe.

Violets pind with oyle and layd to the head.

White water-Lillyes conserued.

Anks leeds kept at the nose to smell to.

Poppy heads and leaues decoct in water, drunke.

Black Poppy seedes decoct in wyne, drunke.

Mandrake roote made a subpositoꝝ.

Henbane decoct in water, & wash the feet, or vse it as a glyster.

Garden Lettice in meate eaten.

For them that are very sleepey.

Ethiopsium myngled with oyle, and straked on the temples.

To restore smelling lost.

Nigella seede dyed, pind, and put in Sarcenet, and often smelled to.

To prouoke neezing.

Senny snuffed into the nose.

Onion iuice snuffed into the nose.

For to dry sores and Impostumes.

SMyrneum Creticum leaues layd to.

To prouoke sleepe.

¶ Take Lettice seede, and Smalage seede: Stamp them, and temper them with the white of an Egge, and lay it to the forehead.

¶ Take powder of Smalage, Henbane and Mynts, tempered with oyle or greace, and anoynt the temples, &c.

¶ Stamp Lake seeds, and temper them with womans milk, and the white of an egge bound to the temples.

For

For olde sores.

Great Buglos roote with oyle and wax, ——— }
 Singrene alone, or with parched barley meale, } layd to,
 White Horehound leaues with hony pund, }
 Aloes in powder, ——— }
 Cinoglosson in wyne and bathe.
 Great Burre greene leaues pund with whites of Egges.
 Lynsede boyled in wyne, and bathe.
 Allgod greene stamped, applyed. The iuice of the roote of it
 taketh away scabs, and makes the skin smoothe, especially if
 you mingle it with viniger,

For filthy fretting sores.

Veronica detect and drunke.
 Calceolis leaues with salt pund, ——— }
 Peritozy iuice and Seruce made to oynment, }
 Pimpernell pund, }
 Wild Cloot pund, }
 Singrene alone, or with parched Barly pund, }
 Maruen greene leaues pund, } layd to and
 Testiculus odoratus roote greene, } applyed.
 Panner flowers roote greene, pund,
 Astrolochia rotunda with Irees and hony wixt,
 Dragons frutte pund,
 Gentian roote pund, ——— }
 Withymall iuice applyed or layd to.
 Horned Popy leaues and flowers pund, ——— }
 Turay meale with viniger, }
 Colewort leaues pund, }
 Radish roote with hony pund, }
 Wild Coleworts with hony pund, } layd to.
 Carets greene leaues with hony pund,
 Pellow Affodyll rootes boyled in wyne lees,
 Pzuet leaues in powder,
 Scoznes very small pund, ——— }

For

For a scald head.

¶ TAKE hony a sponfull, wax and sheeps suit, of ech a quarter; & as much of the after-bryth of a woman as an egge, Rozen, Witch, & Sparma coeti, of eche halfe a quarter; boyle them till they be molten, & well incorporated: then strike them on a cloth, and make a plaster & apply: then take Rozen, pitch, & the assabarden of a woman, & mingle them together over the fire, and make a plaster; and this to be layd to vij. or viij. dayes: and then take of the next plaster befoze, Bismstone, black Sope, and the burden, & anoynt the head without it, and put it in a cloth, & anoynt the head with it after y^e it is shaued; when the skin riseth, & it will be whole: and if it be hard like the byawne of y^e thumb, it is not whole: and if it be very ill & thick of scall, you shall let it lye vij. dayes: but if it bee meane, then but v. dayes: a little scall iij. or iiij. dayes: and lay it on a moneth or sine weeks, till the skin rise wrynkled: and if it be ful in the skin, like the byawne of the thumbe, let it lye still.

A principall playster to doe away kernels.

¶ TAKE roots of Ferns, roots of Affodil, & boile them in the best wine, put to it a little quick bymston, make a plaster and lay it to speedily, which will consume the grieffe.

For Glandils or kernels.

¶ TAKE roots of nettles, & roots of Ebalus, boyle them in vinegar, put to it vnslaked lyme, and Auri Pigmentum, make a plaster and apply it to the Kings Cull or Kernels.

¶ TAKE the grane of byasse, iuice of Docks, Peristoy, and iuice of Leeks, incorporate them, and in that liquoz wet a tent, and put it into the grieffe, vnder a plaster, putting forth the corrupt matter.

A new kernell or scruphill is cured as followeth, without cutting or rupture.

¶ TAKE Sinnamon, Cloues, Dutch siluer, quick Bymston, pitch, Virgin wax, y^e root of Eoula campana, Solwas greace soz a woman, & Bozes greace soz a man: boyle the root of Eoula campana in water: then with the Dutch siluer extind, Sage, hogs greace, pitch & wax resolued, set it over the fire: then adde to the powder of the spices & bymstone, and stamping them all together, let them be well incorporated, and reserved to vse.

For

For dulnesse or heauinesse of spirit.

Violets pund and layd to the head.
Charuell boyled in wyne and drunke.

For the Squinnancy.

LAceryttum roots pund with hony, ————— }
Spanish Brome steeped in water, & the liquor } drunke.
presied out, a little cup or glasse full, ————— }
Hely wort chewed and holden in the mouth.
Clatertum with olde oyle or hony, or the gall of an Ore or
Ball, applyed.
Radish roote boyled in homed viniger, gargeled.
Pepper layd to with hony.

For

For to stop spitting of blood.

- ¶ Stamp clove Wur rote one ozani, with the kernels of Pines apples, and drinke it.
- ¶ Decoct Beruicke with wyne, drinke.
- ¶ Drinke iuice of Bursa pastoris.
- ¶ Drinke powder of Cozmentill roots with wyne.
- ¶ Drinke iuice of Knot grasse, or the leaues boyled in wyne,
- ¶ Ample or Starch being drunke, profiteth. (drinks.)
For a sore throat by sicknesse.
- ¶ Drinke iuice of Woodzous with good ale.

For the Squinnancy.

- ¶ Take Goats milke, and in the beginning make a plaſter of wheat bzani, the iuice of Smalage in meale of Fenigrak with newe Barrowes greace, and the iuice of Planten, and powder of Roses, and apply it.

Take roots of Mallowes, meale of Fenigrake, Flaxe ſeeds, Dates, great Raisins, the stones taken out, with wheat bzani: boyle them in water, stamp them, and make it with newe Barrowes greace and a little honny into a plaſter, which is marueylous riping, and lay it to the Squinnancy.

Take honny, hogs blood, iard, meale of Flaxe ſeeds, Fenigrak, and the dung of Swallowes: incorporate them, & make a plaſter excellent to rype the Squinnancy.

And note, that the dung of all maner of Swallowes, healeth the Squinnancy.

Let the Impoſtume be opened with yron, or a razer,
or this breaking plaſter following.

- ¶ Take Bizan, ſalt and oyle, stamp them & incorporate them, and make thereof a plaſter, and apply it. This is vſed to cleaſe and dry the ſame.

For the Stone.

Fewerfew herbe without flowers, decoct
 in water,
Herbe Robert in wyne, **W**eritoye,
S. Johns wort, herbe, flower and seed,
Wild Tansey, **C**oronopus,
Corula lutea, **H**eranthemum,
Saffron roots, **W**inter Savery, } decoct in wyne
Fennell crops, **D**aucus seed, } and drunke.
Auricula Leporis,
Sea holy,
Starre Thistle in powder,
Sheeps Sorrell roots, **M**allowes,
Bramble roots, **R**ampsons seeds,
White Thorne fruite, _____
Cetrack leaves with bliniger, drunke.
Alkakengy fruite eaten.
Sallgot greens Ruts broken and drunke.

To breake the Stone.

Penny wort on the wall, leaves
 and rote, _____ }
Garden Parrely, } eaten.
Water Cresses in Salade, }
Cassia draine, _____ }
Phillipendula rote, _____ }
Virga Aurea,
The water of Virga Aurea distilled,
Penny Royall, **S**age,
Sayfrage seeds and rote,
Lacerpitium roots, **T**ragium seeds, } decoct in wyne
Capillus Veneris, } and drunke.
Pernassus grasse, **S**ea holy,
Sheeps Sorrell roots,
Tender sweet milk Thistle iuice,
Turnep crops and young springs, _____ }

For

To procure urine, and to breake the Stone.

¶ Take water Crokes a handfull, Parcely halfe a handfull, red Fennel tops, Mercury leanes, roots of Ciprus byrted, of eche a quarter of a handfull, Rayūns of the Sonne, the Stones taken out, halfe a handfull: chop them smal, & make potage with mutton oz veale, and thicke it with great Date meale beaten small: season it with Pepper grosse: adde to it Cromel seeds ij ℔. waight, beaten fine, a little Saffron: este a meale thereof at morning, noone and night, a waake together.

D. K.

¶ Boyle Virga Aurea in wyne, and drinke it, and drinke one spoonfull of the powder thereof foure houres befoze meate with a raw egge.

For the Collicke and the Stone.

¶ Take Stonecrop, Parcely leanes & roots, & mother Lime, of eche a handfull, boyle them in good stale Ale halfe an houre: strayne it, and put to it a good quantity of Craynes in powder, and drinke it warme.

For the Stone. A powder.

¶ Take Barberies a handfull, dry them, Peach stones, Ash keyes, dryed Parcely saw, Seabull, Barisfrage, of eche a like much, dry them, beat them, & searce them: then lay a black Flint Stone in the fire till it be red hote, & quench it in a pinte of Palmley, and put in it a quantity of that powder, about one spoonfull to as much Palmley as your stomake will beare, and keape the residue of the powder to vse at need.

When the griele is on the patient, let him drinke no other drinke, but posset ale, oz some other warme drinke, with part of that powder, untill it breake.

To breake the stone in the bladder.

¶ Take Oleum simplex Scorpionis: and for an old man, mingle of Violets with it, and nought the sides, by ouer, vnder and about the priuy members, from ano vphwards,

Rams little Dodeon.

For to breake the stone.

R Colib, Parcely, Stone Parcely,

Great Parcely roots,

Winter Cresses seeds,

Lanke seeds with other herbs convenient,

Broune seeds,

Rost Harrow barke and roote,

Ineholme, Bayes, rose and barke,

Peoler stones broken in powder,

Plumtree gum dissolved in wyne, _____

Cleare Rozen of the fyre tree taken.

Things hurtfull to the stomake.

Sothernwood, White Clebor vnprepared,

Colloquintida, Eliterium,

Elder,

Drach often eaten,

Turneps excessiuely taken,

Radish excessiuely eaten,

Cresses alone, and not in Salabe,

Gulberys greene and butyre,

New Figges in great quantity,

Nazers oz small Cherrys in great quantity,

Dry Putts in abundance,

Greene Carobus, _____

To strengthen the stomake.

Garosiflata roote,

Saffron,

Calamynt,

Secely seeds, _____

Betony taken with homed water,

Coriander prepared oz corrected,

Enula Campana roote conserued,

Young Artichokes boyled, _____

Aloes Cicatrue taken.

Imperatoria roote taken with wyne.

Saxifrage roote in Sugar, in powder, taken.

Conozilla seeds drunke.

decoct in wyne
and drunke.(not correct-
ed, etc.

eaten.

For

For the Stone.

¶ Take the Stone in an Ore gall, as much as a Beane, Carmerick, ij. penyworth, Bayes j. ounce, Cloves, Mace, & long Pepper, of eche j. penyworth, ij. Acornes, Swete Water Stones, Cromell seeds, clove Bar seeds, of eche a spoonful, Haws Stones halfe a spoonfull: put all together into fine powder, and mix them wel together, & put thereof into a reasonable draught of good ale in a glasse or cup, so much as ye can take with your thumb & ij. fingers, or more (the more the better) and drinke it off. If you feele it very bitter, drinke two or thre spoonfuls of ale or other drinke after it, which will lay the bitternesse.

After you have taken this receipt, if it do not thoroughly helps after xij. dayes or ij. weeks, take a good handfull of wild Time, boyle it in a quart of white wine, and in the time of boyling, throw in. or ij. pibble Stones in the fire, & burne them to coales, & cast them red hote into the wine being bruised to pieces: then straine and drinke it, fasting in the morning two houres after.

To clenie the stomake.

¶ Take Hop, Rosemary & Time, of eche two crops, put them in a pint of ale with Sugar: let them boyle, and drinke thereof two houres before meat.

To auoyd flegme out of the stomake, to be taken one spoonfull or two at any time.

¶ Take eight spoonfulls of Rose-water, foure spoonfulls of Conduit water, & two spoonfulls of white vinegar, halfe a quarter of a pound of fine Sugar, boyle them in a pozinger, on a chafingdish with coles, scum it cleane, & drinke it luke-warme.

For such as cast vp their meat by weaknesse of the stomake.

¶ Take the nether crust of a browne loafe, toast it dry and layrely, then steape it in strong vinegar a little while: then take it out, and spread on it powder of Cloves, & warme it agayne, and tye it about the mouth of the stomake, and it shall stop vomiting.

For to strengthen the stomake.

Porcelane,

Sea Porcelane preserved in vinegar for salde,
 Earth Che Anuts, Wargis of vntripe grapes,
 Dinges the iuice and fruite,
 Pomegranets the iuice,
 Musdinack, or Marmalade of Quinces,
 Patmegs, Fillick nuts,
 Olives greene vntripe,
 Oyle in which fruite of Ciprus is boyled,
 Agarick dry without liqor, Mastick,

eaten.

For payne in the stomake.

Common Wormwood, Decoct in wyne
 Scordium dry, Sand drunke.
 Penny royall taken with water and vinegar.
 Digan in water drunke.
 Garden Hynt taken in drinke and meat.
 Rubarbe taken by discretion.
 Setwall roots decoct and drunke.
 Aloes Citriline taken. Soucing lute drunk.
 Groundsel leaues and stalks decoct in water, drunk.
 Parcel seeds decoct and drunke.
 Juniper yong fruit or berries boyled in homed water.
 Mastick eaten.
 Spelt meale boyled with Saltpeter, applyed.
 Bellot raw, pund or sod in wyne, layd to.

For wambling or boyling of the stomake.

Common Wormwood with Annis seeds,
 Fennell or the seede,
 Our Ladies Thistle rote decoct,
 Shaps Sozrell seeds, and Sozrell seeds,
 Lettice in sallade eaten.
 Wild Vine Claspers and fruit brought into a Syrop; with
 the bargis of the same eaten.
 Bramble leaues and neto springs stamped and layd to.
 Dry Dates eaten. Mastick eaten.

For

To comfort and strengthen a weak Stomake.

¶ Take malmesey one pynte, mint water a pynt: Synnamon and Ginger of eche an ounce: bruse them and mix them together with halfe a quarterne of Sugar: let them stand all night, and in the morning drinke it.

Mistris Barret.

A good sauce to procure Appetise.

¶ Make sauce with Orange, mynt, vinegar, Comyn and Pepper.

For the Collike of the stomake.

¶ Take wormelwood a pound and a halfe, peache leanes, mother of tyme, Red mynts, Perretory on the wall, of eche a handfull, Sacifrage and penny-royal, of eche half a handfull, Fennel seed a quarter of a pound, Comel seed half a quarter of a pound, of Anis seed and Liquoris, of eche half a pound, bruse all the seeds together, and put them into a gallon and a halfe of sack and distil them in a Limbeck.

Mistris Barret.

For a Feuer in the stomake.

¶ Take Comyn, Anis, fenel seeds, red rose leanes, wormelwood, mynts, Auens, vinegar, sowze bread fryed and layd in a bag like warme to the stomake, & renew it often with vinegar.

R 4

Against

For inflammation of the stomake.

Romane Wormwood, ——— } decoct and drunke.
 Starwort or Share wort, }
 Tormentill leaues and roote, }
 Parcelane raw, Lettice, — }
 Whortis rabe or fued with Sugar, }
 Gooseberries graine, Apples, } eaten.
 Pomegranate iuice, }
 Cornell fruite, ————— }
 White water Lilly, ————— }
 Solanum hortense, } pund and layd to.
 Endiue and Succoy leaues, }

To warme the stomake.

L Duach roote and seed dyed, drunke in wyne.
 Aloes Cicatrine drunke.
 Sorrell de Boys decoct and drunke and eaten.
 Great Radish roote or Kaywort eaten.
 Seruy bruised with viniger.
 Oranges and Lemons pilles and barke eaten.
 Nutmegs and Maces taken in.

To refresh the hore stomake.

Penywort on the wall iuice, drunke.
 Caraway seedes decoct, drunke or eaten.
 Bziony first sproughts or springes in Salade.
 Yellow Succoy in Salade.
 Colicumers with meat.
 Pepon of the Garden his fruite well boyed, eaten.
 Licoris roote eaten. Apples eaten.
 Pomegranat iuice eaten.

For to ouerturne the stomake.

Ripe Olives eaten.

To purge the stomake of Flegme.

Aloes Cicatrins taken.

To cleanse the stomake.

White Bzits iuice drunke.

Against dayly payne and repletion of the
mouth of the stomake.

¶ Take Liquoris, Sauerj, Serpillum, Enula campana,
Reddish roote, middle barke of Cloer, mynts, Sage and
Rue: Stamp them, and Steepe them in white wine, and giue
the Patient early and late.

A Purgation against Paralipsum, or coldnesse
of the stomake.

¶ Take rootes of Fennell, Parsely, grasse, Treos, Sperage,
Schoris, Triangulus, Reddish, the barke of Tamarick:
of these rootes and herbes make a decction in white wine: be-
ing well made and collated, take Sinnamon, Cloues, Nut-
megs, Zebary, Galingale, long Pepper and Spikenard: beate
them all in powder, and with the decction aforesaid, make a
pigmentum with hony well clarified, and vse it.

For a hotte stomake.

¶ Cut the graine of the flowres of Violets, and pun them
small, and put to them thre almuch Sugar, and keepe
it in a Calypot all the yere, and vse it.

¶ Take one pynt of milke, thre sponfulls of Treos, & a little
Sugar, and drinke thereof.

For

For to ingender winde in the stomake.

Lentilles eaten to much.

Ripe Mulberries after meate
Hazle Nuts, or Filberds
Ripe Oliues } eaten.

For cold windinesse, or blasting of the stomake.

Phyllipendula rootes in powder with wine

Annys seedes }
Comyn seedes } eaten.

Ligusticum decoct

Pencedanum sap of the roote

Canla Campana roots decoct

Meon roote boyled

Stone Parsely seede decoct

Smyrneum Creticum seede decoct

Agnus Castus seede decoct

Juniper gumme dissolved in wine

For to comfort the weaknesse and overcasting
of the stomake.

Lentilles husked, thirty graynes swallowed downe.

Licoy and Endiue eaten.

Squilla prepared and taken.

Wild Chase leaues, branch and tendzels layd to the stomake.

Kalpis sowys byused, decoct in wine and ozunke.

Blacke sowye Cherries eaten.

Ozinge and Lemmons iuice

Cozuell fruite } eaten.

Putmegs

Grans vnrripe Oliues

For to comfort the mouth of the stomake.

Stone Parsely seede decoct and ozunke.

Putmegs eaten and ozunke.

Pomegranates iuice

Quinces, Quodimack and marmalad } eaten.

Rough and choky Peares

For the Collicke of the Stomake.

¶ Take of *Wojmewood*, one pound and an halfe, of *Peache leaves*, a pound: *Mother of Time*, red *Mints*, and *Peritoy* on the wall, of eche a handfull, *Sartfrage* and *Penny-Royall*, halfe a handfull of eche, *Fennell seedes*, a quarter of a pound, *Crommell seedes*, halfe a quarter of a pound, *Annis seedes* and *Liquoris*, a pound of eche: bruse all the seedes, & put them into sixe quartes of good *Sacke*, and distill them in a *Lymbeck*.

To cleanse the Stomake, and cause digestion.

¶ Take *Mynt water* and *Wojmewood water*, of eche a quart, *Salmeley* a pottell, a good quantity of brused *Synnatum*, and almost as much sliced *Ginger*, a good pless of *Sugar*: put them together, and sturre them well, then put them in a glasse, and let it stand till it be cleare: and let the Patient drinke of it first and last sixe spoonefuls a time, blood warme.

Ad idem.

¶ Take a pynt of *malmesey*, a pynt of *mynt water*, *Ginger* and *Synnatum* one ounce of eche: bruse them, & put them together, with halfe a quarter of *Sugar* in the *malmesey* all one night, and in the morning drinke it.

For

For stinging with Bees or Wasps.

Water. Hynt, Roe the tuice, Round and
 Mallows, Parth mallows, Stays to.

For Strangury and hote pisse.

Athills half an ounce, Farmander leaf & flow,
 er decoct in wine, Comsa leaf & flower in wine
 Philipendala roote boyled in wine,
 Knot gras, Cecillos seed, Cordillo seed, } decoct in
 Dancus seed, Saxifrage root & seoz, } wine,
 White Saxifrage roote decoct,
 Arabacka in wine decoct,
 Onyon rotes soke in water,
 Tragum seede, } decoct in
 Cetrach leaues, } wyne,
 Trifoly leanes and flowers in water,
 Calamus Aromaticus,
 White Camelton roote in red wyne.
 Starre Thistle in powder decoct,
 Honcus tuice with wyne,
 Wilo Carot seed, Winter Cresses seed, } decoct in
 Charnell, White Poplar barke } wyne,
 The wild spurge in the Rose bush decoct,
 Lawzell Alexandria roote decoct in wyne,
 Plumtree gumme dissolved in wyne,
 Cyprus leanes boyled in wyne, _____
 Asperagus first springs perboyled, eaten in salade.
 Water Cresses eaten in salade. Cedar fruit eaten.
 Cleere liquo Rozen with Nutmegs eaten.

To prouoke sweating.

Chamepitis rabbed all over the body.
 Violets decoct, and sit ouer as a stew.
 Calamynth drunke with boyled water.
 Libanotus seeds mingled with oyle, and anoynt the body.
 Pence-dama n root dyed, mixed with oyle of Dill, and anoynt.
 Pellitory decoct in wyne, anoynt the body.
 Mafterwort, Cardus benedictus, } decoct in wyne,
 Snyntem seeds, } Sand drunke.
 Figges eaten, }
 For

For stinging with Wasps or Bees, and such like.

¶ Anoynt it with *Opithredatum*.

¶ Anoynt it with iuice of *Scordium*.

For the Collick, Stone, and Strangury.

¶ Take the stone in an Ore gall, as much as a Beane, *Comētil* ij. penyworth, Bayes j ounce, Clones, Waces, long Pepper, of eche j. penyworth, two Acornes, Swēlbier stones, Cromell seeds, Clot Bar seeds, of eche a spoonfull, Haw stones half a spoonful: make it all in fine powder, mixe them wel together, and put therof in a reasonable draught of ale, in a glasse or cup, so much as you can take up with your thumb and two fingers, or moze, the moze the better: stirre it well together, and drinke it.

If you feele it bitter, two or thre spoonfuls of ale after it, will abate the bitternesse.

After the taking of this powder, if it doe not thoroughly help after a fortnight or thre weekes, take a good handfull of *Wyle*, and boyle it in a quart of white wyne, and in the time of boyling it, throw two or thre pibble stones in the fire, and burne them to coles, bruisethem, and cast them into the wyne, being hote: after strayne it, and drinke it fasting at mozne, and fast two houres after it.

Fr. Steuens.

For

For hardnesse of swelling.

Galeopsis seed, Walke and roote pound,
 Lynsæde boyled,
 Bynd-weed leaues pound,
 Pellot raw pound,
 Rayfins kernels with salt pound,
 Zellamyn pound, Oyle of ripe Olives,
 Acornes small with salt pound,
 Plane tree young tender leaues pound,

} layd to.

For all hore swellings.

Flebane seed soaked in water, (flower,
 Water-Lettles, or graines mingled with wheat
 Russh-Bazell pound with Barley meale, parched,
 Coyne Kefe leaues and graine heads pound,
 Mandragora fresh leaues pound with parched Bar-
 ley meale,
 Pellot boyled with it self in sweet wine, or mixed
 with the yolke of a rosted egge, or with Lynsæde,
 or the meale of Featgræck, or Cicory,
 Our Lady A. hille root decoct in wine,
 Saligot leaues, Wild Cole leaues pound,
 Pallowes with Swines greace,
 Garlick with Swines greace,
 Olive tree leaues,
 Water of hollownesse of Wæch tree,

} applied &
} layd to.

To dissolue hard cold swellings.

Oyle pound and mingled with oyle and waxe,
 Stinking Gladin with viniger pound,
 Gladiolus rote with Furay meale, pound & boyled
 Saffron mingled with wamās milk, (water,
 Horminum seede mingled with water,
 Pigella with viniger pound,
 Albanotus leaues pound, Oppopanax,
 Rote of Lacerpsitium with oyle pound,
 Sagapenum soaked in viniger,
 Galbanum, Anomacum,

} layd to.

For

For the Strangury. A plaster.

¶ Take ashes of the roote and leaues of Chameractis : actus
 signifieth Elder, and Chamer is ebulus : which herbe or
 ashes, boyle till it be liquid : then so hote as may bee suffered,
 peckint cum fastia ponas, and he shall presently make urine.

And when by drop meale, and in extreme heat he painefully
 maketh water, take wheat bran, & thereof make a poultis, and
 let therof be daily offered to the patient fasting, and after make
 a plaster thereof with Depilion.

For Warts.

¶ Stamp Sgrimony with salt, temper it with vinegar, and
 lay it to the Wart, and in foure dayes it will be whole.

¶ Koff the yolke of an Egge well, stamp it with oyle of
 line, or of Violets, and make thereof a playster, and lay it to,
 and it will bee away the Wart in one night.

For

For to dissolue cold hard swellings.

White Cucumer roote with vinegar,
 Wheat bread boyled in homed water,
 Lein of Rye meale,
 Barley meale boyled with Figges and homed
 water,
 Beane meale playster-wise,
 Fenugreke meale in mead,
 Swete Trifoly decoct,
 Smyznem leaves decoct,
 Water Pepper leaves and seede pund,
 Pepper mingled with pytch,
 Dried Figges pund,
 Liquid Rozen,

applied and
 layd to.

For cold swellings.

Sothernwood seede with barley meale pund,
 Sinqueloye roote boyled in vinegar,
 Black Welyn boyled in water, or pund with
 hony,
 Tyne pund with hony,
 Eragoziganum pund with hony,
 Dancus seede pund,
 Scamony twice mingled with hony,
 Dutch Brank Myline,
 Gallowes by it selfe, or with Swynes greace
 pund,
 Marsh Gallowes pund,
 Cresses seede with hony pund,
 Garlick with Swynes greace pund,
 Doyons decoct with Figges,
 Walnuts, Rue and Figges pund, and with
 Rayling,
 Arbor Inde young tender leaves,
 Gittelo leaves and frutte with Carre and wepe
 playster-wise,

layd to.

For

For thighs wearyed, and that ake,
and that are stiffe with trauell.

¶ Take Brookelyne, Dorehound, and herbe John: make
a playster of them, with Oxpes tallow, Styracis greace
and horse-dung, and lay to the payne.

For

For all swelling and firmness about the Serpents

Cynoglosses rote boyled in vinegar, layd to.

For to take away sweating.

Dry Myrtle leaues, with oylments consentent.

For hardness and shrinking of sinewes,

Solbern roote seide, graine of dize, decoct in wine
or water,

Pempse rote decoct in water,

Coryla lutea bruised,

Iris rootes pound,

Oyle of Lillies,

Wenny rosal with hony pound,

Sagapenum,

Galbanum mixt with myrrh,

Starabacca boyled in wyne,

Mubarb taken by discretion,

Balsamine oyle,

Wheat meale & the iuce of Verbane mingled,

Acanthus drunke with wine,

Pellow Affodils, one dram in wyne drunke.

layd to.

For drawing or aking of sinewes.

Encedranum laycc —————

Lacerpitium

Amomscum —————

layd to.

Colloquintida white pith in small quantity, layd to.

Acanthus rote decoct in wine, drunke.

Groundsell leaues and stowyes with powder of —

Frankincense

Walthe leaues and barke boyled in wine —

layd to.

For

For sinewes shrunke.

¶ Take Rosemary, Tymie, Lavender, Dyll, Balsme, Brocke-lyric, Marjoram, Louage, Smalledge, Caruen, Camomill, Minten, M. Cathart, Verbe Robert, Adders tongue, Paly-nyon on the Dike, Colobryndas, Deyles, Caustry, one handfull, or halfe a pound of eche: fynd them small, put them into a pan, take a gallon of oyle Olive. May butter, two pounds, new Ware, halfe a pound: put all together in the pan, and let it stand three dayes. Having it out every day, then seethe it, till the water and butter be molten and incorporated, Strayne it in a baskil, and leave nothing in the Strayner, then put your oyle into a pot, in which oyle or fresh greace hath bene. This oyle must be made betwene May and Bartholomew tyme.

A precious salve for all wounds and sores.

¶ Take pyes greace, Coliphony, byssione, white incense, a good quantity of eche, Stamp them, & mixe them with the white of an egge, spread it on a piece of parchment, presse the wound with your fingers, to cause the blood come out, and apply that plaster, which will heale speedily.

A precious oyle to heale a wound in 24. hours.

¶ Take flowers of S. Johns wort, & Rosemary flowers, of eche an handfull, put them in a glass, and fill it with good oyle, close it, that no ayre goe forth, let it in the sunne 30. dayes, and in these nights also. When the oyle hath gotten the colour of the flowers, Strayne it, and put to it, of Ginger in powder, one ounce, and a little saffron dissolved in good wine, then set it in the sunne againe 18. dayes: warme the oyle, and apply it therewith twice in the day.

Rams little Dodecon.

For payne, or swelling sinewes.

Cynoglosson boyled in wyne or water
Parcissas roote with hony pind,
Euphorbium prepared, ————— } layd to.

For to loften sinewes.

Priust oyle mixt with other things conuenient.

For to ioyne sinewes cut.

White Lilly rootes pund with hony
Groundsell with powder of frankincense } layd to.

For to appease payne in the side.

Blacke Polyn, with Rue leaues decoct in wine**C**oates beard roote boyled in wine**E**gme boyled in water and hony**S**age decoct in water**R**ue with Bili decoct**G**entian roote the iuice**S**etwale rootes decoct in wine**C**apsia the barke of the roote decoct**T**rifoly leaues, seede and flowre decoct**C**aroline roote decoct in wine**B**arcely seedes decoct**Y**ellow Affobill rootes decoct**L**eaues, roote and barke of **A**stræ decoct in wine**O**pponar.**C**olewoyt stalkes burnt to ashes, mixt with swynes greace, ap-
plyed.**M**istle seedes with wyne lics pund and layd to.**P**arceneps eaten.**S**albanum perfumed.

} drinke.

For to dry a moyst stomake.

Lentiles blanched eaten.**G**arden Madder roote pund and layd to.**M**istles iuice drinke dyed.

For

For all swellings.

¶ Take Groundsell, Broom-clyme, Chicken-wæde, Dayse, petty-morrell, & herbe Bennet: Stamp and boyle them with two parts of fresh butter, and one part of white wyne, and lay to the grise as hote as may be suffered.

Payne of the Spleene is thus cured,

¶ Take Fennell-roots, Parsely, Smalledge, Brechholme, Asperagus, with their lattes, grasse, the middle barke of Elder, Tamaricks old barke made cleane, Lime barke and Pipericon: Stamp them all, and steepe them thre dayes in vinegar and water, and after boyle them, and put to the clarified hony, and boyle all to a thicknesse of hony, which is Primell, give it the Patient to drinke early and late, with warme water and salt, being diligently pundo, and lay a playster vpon the Spleene, and let the Patient take every day on an empty stomack, thre rolles of Radish dipped in hony, and make a thus in this maner:

Make a ditch or hole in the carth, the depth and quantity of the Patient, make it hote with burning coales: then draw out the coales, and spzinkle the ditch with vinegar or wine: then grow it with diureticall herbes: then let the Patient in the hole to the necke, and couer him with the diureticall herbes, all but the head, and put a cloth ouer him till he sweate: then take him out, and couer him in a convenient place.

For to cleanse the teeth.

Aristológia rotunda powder often rubbed.*Cingidium* hore steinnes, or spices used to picke the teeth.

For tooth-ache.

Olibony rote ————— }
 Perincle } chawed.

Capfrage rote ————— }

Pimpernell iuice snuff in the nose

Pentabilon decoct in water

Planten rote and iuice decoct

White Polyn rote boyled

Wplight Garmen, or the rose decoct

Bellitory rote decoct in vinger

White Clebor rote boyled in vinger

Frutte of Solanum somaniterum boyled

Menbane rote boyled in vinger

Camzleon rote boyled

Ladies Chille boyled in wine

Caroline rote boyled in wine

Shaped sazeell boyled in wine

Marsh mallowes decoct

Wild Marcoly labe chawed

Mustard labe chawed

Origan decoct

Yellow Affodill rote prepared, boyled in
 old wine

Spyl and Dactron

Camon tender crops boyled in vinger.

Camarisk leaues decoct in wine

Capers labe boyled in vinger

Mulbery leaues decoct in wine

Laccypitiss rote chawed or put in the teath.

Wyppenas applied.

Sagapenam put in the hollow teath.

Balsam leaues put on the teath.

Wilky iuice of Ruyges applied.

holden in
 y mouth.

For

A playster for the tooth-ache.

Take a linc burul of the Saffron with linc, it ane a linc
at best time, and wet it with your tongue, and lay on
the linc, then lay a playster-wale upon the linc that lyeth
under the eye which goeth to the linc, and let it linc the space
of an houre: then lay another linc on it, and in the third tyme
the playster will make an incision upon the linc, and there
will be a drop of blood in the middle of it, let it alone, and wipe
it out, till it be dry as a scab, and fall off by it selfe: for then the
linc is linc, so as the blood cannot come to the linc
again, which causeth the ache. Often present.

For the same.

Take the linc of Rue, and as much in quantity of honey: and
with linc make little ballcs dyt in that linc: and if
the linc be hollow, lay the linc: if it be not hollow, lay it to
the gume where the linc is, and it healeth wondrously.

For tooth-ache of Rheume.

Take running water and Nettles, boyle them well toge-
ther in a brasse pot, put thereto a quantity of vinegar, &
a piece of Rube Alum, boyle them a little, then set the pot
from the fire, and cast a cloth over the Patients head, and let
him hold his mouth open as it were open, so as the linc may see
well into his mouth, and let the cloth hang close about, that no
ayre gett out, and he shall be cured: but keepe him warme from
cold halfe a day after.

J.C.B. Rams little Dodeon.

For spreading Tetter.

Veronica decoct in wine and drunke.

For roughnesse of the throate.

Wheate meale boyled to passe or pap, with butter and nuts
licked in.

Starch mixed with milke, licked in.

Spelt meale boyled with fresh butter & new Coates salt eaten.

Figges eaten.

Inubges in Arroy eaten.

For Squinancy or swelling in the throate.

Violets, the yellow in the midst of the flower, decoct in wa-
ter, gargarized.

Hysop boyled with water and Figs, gargarized.

Clasterium layd to, with oyle or honny, or the gall of a Bull, or
Cre.

Saligot leaves boyled in water, applied.

Double tongue leaves and rotes, gargarized.

Figs decoct and gargarized.

For Almonds or straynes about the throate,
and the rootes of the tongue.

Mustard with honny and viniger.

Double tongue leaves and rotes.

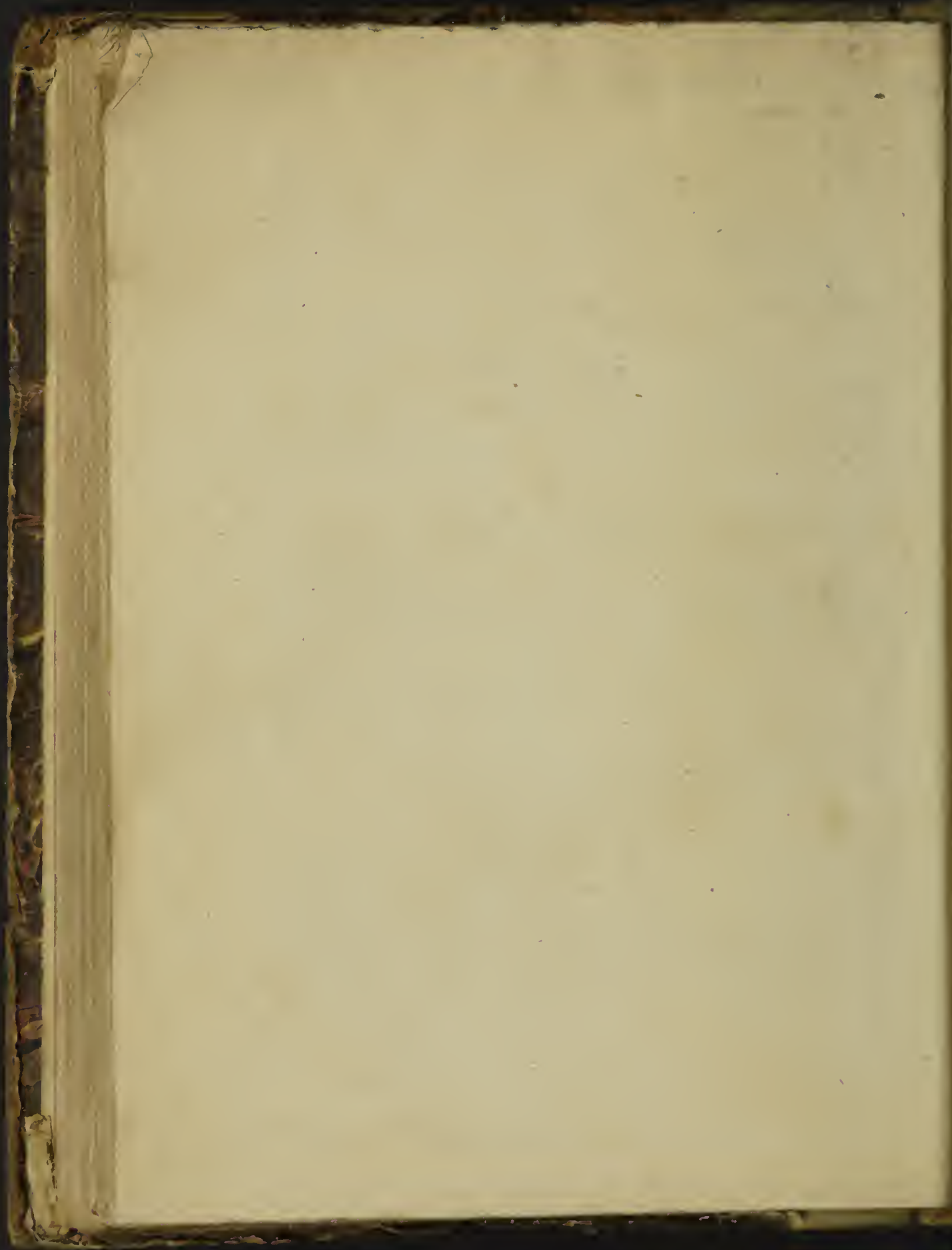
Sulberies leaves and rotes gargarized.

Figges eaten.

Walnut shell graine barks decoct in wine, gargarized.

Sylberes huskes and shells decoct in wine, gargarized.

FINIS.



m/ivp..

