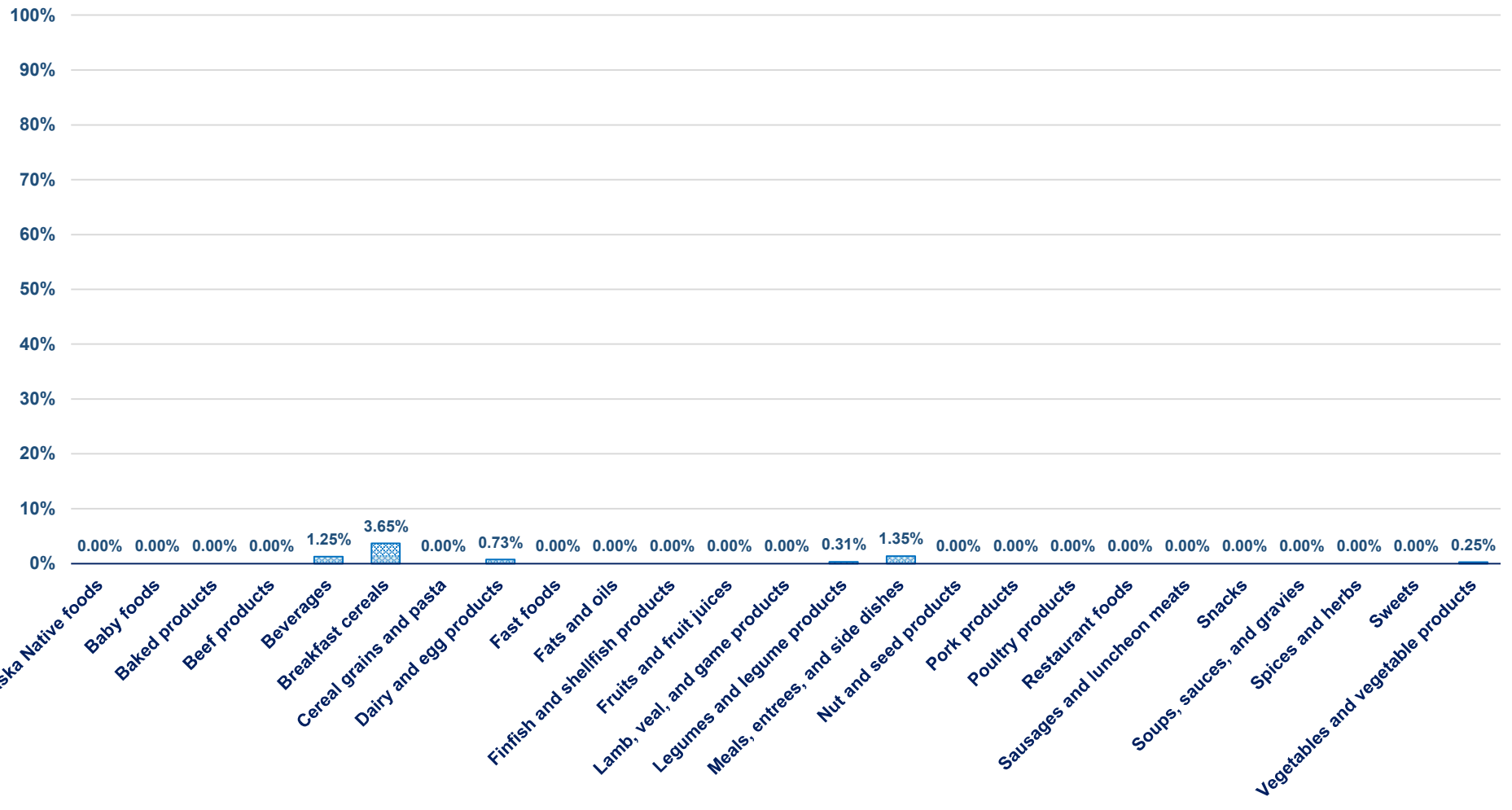


## Dietary fiber - Vitamin D



Averages (%) of foods containing appropriate levels of dietary fiber and vitamin D (to achieve adequate intakes of dietary fiber and vitamin D) based on the proposed method in food groups

### References:

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