

X

PFL SPRING 2011



"Rite in the Rain"[®]
ALL-WEATHER
JOURNAL
No. 393

Cohort 2011 Smokies



"Rite in the Rain"[®]
ALL-WEATHER WRITING PAPER



Name _____

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Project _____

"Rite in the Rain" - a unique all-weather writing surface created to shed water and to enhance the written image. Makes it possible to write sharp, legible field data in any kind of weather.

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PAGE	REFERENCE	DATE
[REDACTED]	3	
[REDACTED]	5	
[REDACTED]	1	
[REDACTED]	3	
[REDACTED]	5	

Have to get course
guide out earlier!

- Collapsible whiteboard to keep in truck
- Get sharpie for clipboard
- Make new white board

Day 1

Focus on framing, management, closure

Walking - 10:36 AM - actually 10:48

Feedback

Human - demeanor, started and finished fired
- dragging throughout the day
- didn't set it beat you, but you were "sweating"
- Assessments improving

Educational - Positioning was a big challenge - map study,
call rangers for trail conditions, etc.

- Framings got better throughout
- DLOs during the day? All your actions need to be

Outdoor - Prepare for off trail nav (resources) judged by whether they help/hinder DLOs

Helpful hints for everyone:

- Course guide

*** - LOP responsibilities

- TCP explained — Weak! Make clear earlier.

[redacted] - good self-assessment of attitude

- Stove Event Day 1

4:54

Framing clear at first but jumbled later on.

Good plainly creating a need - a little out of sequence
A larger visual of pump would be helpful

Good demonstration of plunger removal

Solid delivery of DLOS

↳ then self assessment

"able to self assess"

Move around more during student work

Good recognition that challenge was too difficult - how could your assessment improve? (beforehand)

- ~~to~~ create the atmosphere of urgency

Stu asking group to assemble & what they found

P Fix the stove

E Actual exper.; reflection on past

C Working together - could be more motivated

Good coverage of safety concerns

Checking in ≠ confirmation of learning

- feedback from group articulates some basic concerns not a part of the agent.

Was it useful? Of course

Closing very choppy -

Frame
Conversation
Recap frame
Activity
Recap
Closing

- Food Protection Day 1

8:48

Meet group in your chosen spot

DOS - understand, create food go plan

Can't see your face w/ red light - Fix headlamp

- Felt very formulaic & rushed - speaking fast
- "Exactly" - one time feeding changes behavior = inaccurate framing you need - why? repeated with no change
- Ask for examples

Framing in conversation 11 min

"15 ft for possums is overkill. So let's go do that."

Secondary framing good idea

- Walking to find game ~~to~~ sign - Excellent
- Very useful - aligned w/ DLOS
- Asking questions at end is not confirming the learning.

Team

- Day 2

"Be like a cow Day!"

- operate from local center of control

"Guide self & others over off trail terrain"

"Better group interaction"

7:00 AM - 9:00 AM

Good boundaries

- B fast, packed, ready

, consider switching roles in beginning

Groups out to road - then head back X?

Far lead - Sweep - not great

Wise Creek pretty stout - 12:00 noon.

Check ins between groups LDs can be stronger *

Lunch at creek - lots of little crossings vs one big one?

Water way

out

On trail section - not framed, just walking

Frame shift on day at Kinnad Creek - 4:18 PM

~~~~~ closing is facilitating connections.

LDs - strategies for guiding weren't covered, or confirmed

Check-ins "desire"  $\Rightarrow$  what did you do to create desire?

~~~~~ closing - draw out if chllgs  $\hookrightarrow$  how did you confirm?

Asking is not confirming significant.

LOP: Verbal response to questions

Remind

about No-Doc Lds ✓

- Off-trail Navigation -

9:04

- apply map reading techniques

Frame

- Manage group parts so everyone has chance

- no control of activities

- choose on/off trail appropriately

- safety concerns

Very relaxed, casual/natural delivery
Is group ready and engaged?

- Good connection to previous day for empowerment

"What are the basic questions?"

- Always know where your group is.

On/off trail questions are too basic for this group - a quick recap of what to do can be more efficient.

- Use visuals for positioning

Does group have ref map reading skills?

Long opening conversation - what are the key points?
- underlying concepts?

Activity - get a bearing - which DLOs does this address?

- Post activity - have to teach shooting a bearing.
- improve assessment before

Bulk of learning on shooting a bearing

Ending? opens up to problems outside the DLOs
How did you confirm the learning

Basic map reading skills lacking

"Rite in the Rain"

- Water Tx

Z07-Z34

- Air/air flow tx

- Demo proper use
- Compare methods

Good framing - 2 min

Quiz activity - good assessment questions.

Good voice, presence

Quiz engaging, 3 informative - good challenge

"Now we're going to talk..."

Some students playing around

What do we do if filters is broke?

Going through methods deductively

- good info, baring delivery past lunch.

Non-experiential

Problem-based - no problem for students to deal with

Collaborative - teacher / info centered.

Topics all based on gear repair.

Campfires 8:00

Don't need to "state your DDoS" - just share them naturally.
Good visuals - ~~the~~ group could make their own quickly.

Use visuals to reinforce key concepts.

Need to be more familiar with topic. OK to use notes, but
~~don't~~ slow/pause event to get the next info,
word

- Putting a fire isn't the topic. Minimizing impact.
Starting

Great job with hand乾 example

13 min opening conversation. Nice prep work.

Be more direct with safety concerns.

Using control of group with fire - dry-ing socks, getting gear

Asking is not confirming.

→ Day 3

Boatproof camp, journaling, Met & Team ready

- clipboard, pen, be attentive

- Not all packs ready @ 9 AM

- If we're not departing @ 9, do we need packs checked?

Morning check-ins at group could be more effective ~~one-on-one~~

- Accountability for 9 AM - allow group to give feedback

* Remind [REDACTED] about other trail roles!

- Don't state outcomes explicitly in framing

Good check-in before breaking in morning

[REDACTED] is very serious; not very light-hearted

- haven't been high spirited yet this trip.

Relax, smile, use your style!

Don't need to be so explicit with your requests

- I'll check in and get what I need

Good shift to new camp — good integrated framing

Re: [REDACTED] - [REDACTED]

- Value what you find

Crazy 8's

Quick rundown of concepts - visual

Ball activity - good, lively - good way event
Great demeanor

Ethics activity - framing - what are boundaries?

↳ connect to leave what you find?

Be Considerate 1:34

- Give us a rundown of activity

What's up??

- what to expect, etc.

- Frame safety concerns to large group, then assign roles.

- Give trail activity, then give yield rules

Good conversation - standing dragged on.

↳ Intro theory of alikeness

Great job!

2nd fine confirm the leading

Good shift in position of group off trail

Good closure - dragged on a bit too long

- Don't neglect good questions from your group

↳ "I don't buy it."

- Be ready to go deeper if need be.

→ Remind group to be taking LOR notes

"Rite in the Rain"

7:06

"Hey how is everyone?" - who just asked that.

- Sincere is better

"How is everyone feeling?" - Be specific

Watch casual conversation - cliches, etc.
Feels staged, perfunctory

Questions are confusing

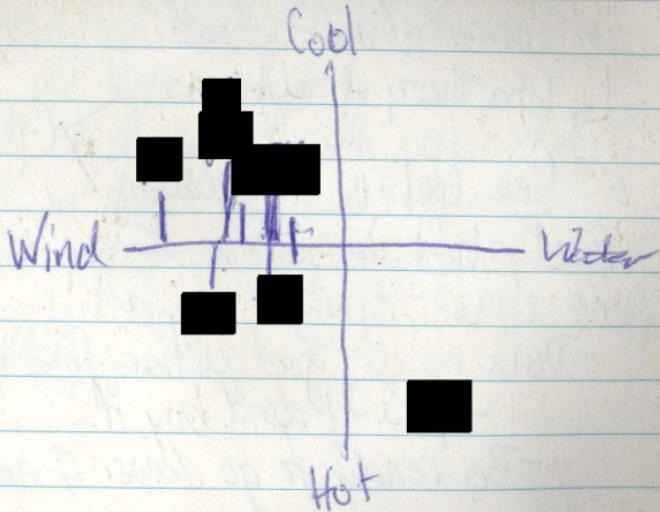
"Yeah you're exactly right." But what did she say?
Obvious questions

Good measuring activity

Good use of visuals - use whiteboard or marker
to make it obvious

Adjusting packs is all over the place - lack of mastery
of topic.

No Dose
Piercing Me



- 2021 11/21 from 11:21
- Use your notes! for framing
 - Meet @ 9 am with bfast done & journal
 - Morning - relax - now be ready in 30
 - Good sharing of LODs
 - - work on putting life in your talking
not bad, not negative, but just lifeless
 - Work on working together
 - talks [REDACTED] intervenes, vice versa
 - Group needs to yield to LODs
 - Good map checkins & switching on trail
 - Big pause on trail - no decision for 15 min.
 - Communicate better
 - Ban - good set up - effective morning discussion to draw out.
 - Write out your discussion questions - use notes!
 - "Kinder", "you know"
 - What are the strategies? What are the signpostions?
 - [REDACTED] - plan more activity last day.
 - Closed ... and then opened again dragging
"Just things to think about" ... That's it???
 - - D
[REDACTED] conversation with group - too basic,
 - Solo framing use notes!

- Campsite Selection 2:17 - 2:41

Better framing

Furnished know - very serious looking
Good use of scenario & resources

- directive with instructions - good

If one group has ?, immediate transfer to 2nd
Tracking timing well.

Adjusted demeanor with feedback

Very soft spoken - hard to hear with wind
Use visual aids to wrap up final lessons, greatest hits

Very short

Needs to have more fun out here.

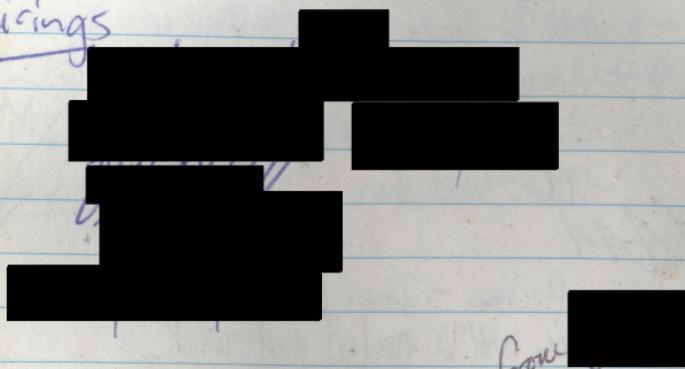
Tribute Map/Tell Moving forward

- Remaining teaching events - Trip 2
- Next week at Batram - watch email for ~~plans~~ plans
- Reparts:
 - Journals to me by Thurs. - mark what is outside
 - Co-leadership paper - 11th the assignment
 - page 10 in course guide is page 6
 - Answer Q2 in past tense
 - Answer Q3 for moving forward
 - 1000 word min.
- ~~Next week at Batram~~
 - ✓ Teaching reflection - Due 18th
 - Videos will be posted next week
- Next week at Batram
 - Trip 2 discussion - choose teams is
 - review 1st destination ideas
 - Life management - read Nicola-zoo is CG
 - Friday Mid NIGHT!

Closing — Act out a day

Identify the major challenges whole group exper
Share 2 practical strategies we can all use
Write down 2 strategies that will help you.

Pairings



Event Assess

- Fill forms out completely
- No need to put your name on it
- No halvesies — follow the stated numbers! $\frac{5}{2}$?
- Everybody loved [REDACTED] - need more equity on these $\frac{2}{6}$?
- [REDACTED] - very light Σ , non-critical - poor suggestions
- [REDACTED] - missing seam question
- [REDACTED] - harsh on [REDACTED], light on [REDACTED] Σ [REDACTED]
- [REDACTED] - no seams identified

I will collate Σ type Σ send out this week.

March 15 @ Bartram:

Site Management
- Questions?

SM - why do we care? (What's the point?)

On Change \Rightarrow If instructors are moving in the activity, it is a moving site. (ability to intervene)

Examples of stationary sites
" of moving sites

Reflect on previous trip 5, identify/explain 2 examples of both types from the trip.

How do we use SM in our educational design?

In your daily designs for Trip 2, you will identify site types you are using - be able to explain why.

Student ?

Can you have both types at the same time?

- varying skill levels

TZTR 2

Student Leader Considerations

[REDACTED] : Aware of group & working with that info.

[REDACTED] : Not losing sight of big picture of the day

[REDACTED] : Explaining decisions, owning the leadership

EVENT: [REDACTED] Expedition Behavior

- EB & relationship to collaboration

- Promotion of positive EB

- Decent framing, much improved sharing of DLOs

Standing while group is sitting - why?

Crossed arms is not as welcoming posture - "closed"

Good prod to make responses local - safety concerns

↳ student centered approach to framing *

at times moving back to "participants"

Ask group to create a list → write it for everyone to see

foreshadowing the FVC.

"Interrelationships in EB" - explain or reference in ^{course} guide

↳ where can we find this?

Use visual aids for tasks *

Framing of task - good job

Good info correction for group to individual

Good theme question

Good energy, enthusiasm - much more relaxed

Collaboration - 4 aspects

a) What will you do to ensure that all ideas are heard & considered

b) What will you do to invite all group members to participate actively and feel valued?

Table between you and group - bottle, whiteboard, notes, clipboard

c) well organized & efficient?

d) ensure high quality final product

Event Reflections - page 17

- A. Acknowledge all responses; encourage less aggressives to speak up
listen to and questions
- B. Acknowledge challenges perceived by others; affirm place in course
- C. Keep my stuff tight - never last to meetings; minimize distractions
- D. Clear & meaningful feedback; clear closure

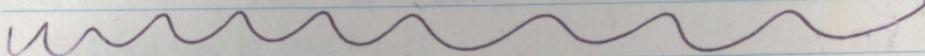
Collaborate activity - good stepping in to improve process

↳ good assessment

Nice shift to just condense - sort of confusing

I would have liked more simple EB ideas as a review.

- inter-relationships may or may not have done that



[REDACTED] 5 [REDACTED]

Primary feedback is on design - DLOs? Learning confirm?

Well-managed day. Good morning shift. Good communication b/w leaders. Good stream crossing.

Better scouting on far lead ([REDACTED]).

They want to... (on Day 4)

- engage students more in process
- [REDACTED] - human assessment more; get voice at more
- [REDACTED] - take a moment and think

Team [REDACTED]

Day 2

No Business meadow to Maude's Crack to river

Packed up 3 to stream crossing - [REDACTED] 3 [REDACTED]

Everything packed ready to go by 9:30
on trail by 10 AM

2:30 to Maude's, 2:00 to river

Personal hygiene enroute

[REDACTED] is framing chapter, but improving

Lots of indecision throughout afternoon - uncertainty, not communicating, challenged by the pressure.

- L → get more information - study the route Go make notes of your use your judgment - make inferences don't lost enthusiasm and charm.

Closes did you communicate beforehand? Was this planned?

Check-in - do it and acknowledge; if it isn't from both of you, acknowledge it.

Good job rolling with my issues - store 3 posts

Well-managed Maude's

FFL

- 2 items for each CSS
- 2 things to do differently next time.

[REDACTED] - Short EVENT - Travel & Camp

Brief, confident frame - what are we learning

* Good handling [REDACTED] is Contrarianism & switchbacks

"You guys want to do an activity?"

Would have had a better event with more knowledge
& why.

[REDACTED] - short EVENT - Personal Hygiene

Good easy beginning

- Don't reach into food bags]
- Don't give [REDACTED] the answers]

Question leading to EB was contrived - play acting underline

- causes you to lose track

Wheels come off...

Robman Hagg's Branch to Park Ridge

- Good frame on how to get instructors & boundaries during the night
- Good flexibility plan of weather

Meet at 9 AM for [REDACTED]'s decision-making

Focus areas -

Decision-making

Stress relief

Group Dynamics

Resist FRC

Managing fire
Managing the split
Managing the split
in disarray

Communicate times more clearly (in morning)



Why are you not giving us times? - More relaxed approach
[REDACTED] trending towards less tends to be more distracted
while on trail - Keep the map out & handy.

Anticipate hazards & plan ahead - plan how you will handle

Horses - ~~Ride before you go~~ recap - move well off trail

Hills - good breaks, but fire starts when fast one arrives if possible & keep talking

Seemed much more relaxed [REDACTED] overall.

Good camp night - [relaxed] - water

Haggy fun time was great - thanks

what can you do
differently with
your interactions?

[REDACTED] - driver - but this was consistent throughout so it was good.

Communicate better together - how will you ~~help~~ ^{correct by} the other ~~other~~ ^{correct} in another (how do you want to be corrected?)?

Closing: Less than great - no facilitating connections

- Decision-Making EVENT

- Most appropriate method by situation
- efficiency

Framing drawn out \hookrightarrow less wordy and choppy.

- unnecessary info - don't frame indiv. activities in Macro - confusing

Vary your tone - blah - no energy or enthusiasm

- very dry, business-like - challenges engagement

D-M reflection took 8 minutes - what was the point? unclear

"Intuitive D-M not good." what about judgment?

Good decisions, bad decisions - what's the difference?

- It's about supporting or hindering DLOs.

1-2 most difficult decisions - incredibly difficult!

- but we're not sharing, so why? Seam

Acknowledge others sharing tough decisions - did for Will

Very laidback atmosphere - feels like it's dragging. long pauses
What's the problem we're solving? Where's the collaboration?

Why are you sharing the negative impacts?

Why was this hard? Why are these events going so poorly?

- Content isn't there. Do I need to teach the content? i.e. the actual skills

- scenario activity

Confusing framing - don't move groups. If directions are finished - UVA - have scenarios written to hand out

List activity - good, ~~but~~ interjections

- but your list as "the right list" - instructor-centered
↳ why do the activity?

Discussion - Sarah isn't there.

- lack of clarity on "your" list - Steps 1 & 2

If there are 2 "good" decisions, how do we choose?

- which one supports DLOS more?

↳ How can we know? How do we sort through the factors?

"Share only if comfortable" - not necessarily collaborative

Collaboration isn't always comfortable.

Where's the confirmation of learning?

- Efficiency? How do you know your group is more eff?

- Choose most appropriate method?

↳ infers more than one acceptable - you only taught one method.

5 [redacted] visibly cold or uncomfortable - not addressed ✓

- "level of challenge" - need to know the material •

- Group Monitoring - EVENT

- Have same tools; engage yourself

Good visuals

Engaging back and forth - task or purpose isn't super clear

With visuals that are ongoing - like a process - have 2 sets

1. That sticks around behind you
2. That is your whiteboard

Very comfortable with ~~content~~ plan

Great, calm demeanor - much improved from last trip

Confident speaker - well planned

Handouts - Yes! Writing group work on sheet - excellent!

Group gathering to read scenario - why?

Creating a need

Good acknowledgement of post-dinner corner.

Good shift to discussion - but still within your goals? -

- Asked [REDACTED] - what do you do? - asked same question earlier

5 min solo reflection - ~~also~~ facilitate connections
Excellent closing!

How have I established rapport with you?

- Round 2 Day 4

Good framing - get water for the group

Good morning

Far lead it / [REDACTED] - due to his previous exp.

Good heads up on Chaff Creek

Far lead to bridge - far lead the whole way?

No break @ trailhead - info info

Good shift away from Twin Arches

Boundaries for [REDACTED], [REDACTED] at stream?

Communicate expectations better when separating leads.

Be more directive managing ~~or initiative~~ specific tasks - at camp - river walks
Kitchen mgmt,

[REDACTED] - Plan Ahead - EVENT

What is our role? "Make it fun."

How is P.A.S.P connected to LNT? make that explicit.

Sing song - appropriate, set a sluggish start.

- better for waking up

Difference b/w scenarios would be better.

- Respect Wildlife

EVENT!

What are the main concepts?

• & Choppy, slow beginning - ~~at~~ ENERGY! •
Enthusiasm

You activity didn't lead to any meaningful questions

- Follow up questions did not depend on activity

Info on habituation not new for this group.

- Directive teaching - you are talking to us •

Visual aid transparent - sun behind you - None

What can you do? What does this group need?

- Review basics, then challenge group to design an activity that teaches those

- Review basics then task group to argue the opposite view of the basics. Then create a final shout of RW.

Hypothetical scenarios based on opinion, not scientific fact.

- Do your pts have the knowledge to respond authentically?
So this becomes a game, pretend.

Ripple effect - use Web of Life activity

Closing was good at ~~for~~ reviewing & facilitating connec-

~ Place EVENT

Great start with Ameniis & Noir

Fun events throughout

Place choice - back and forth - sitting in sun
up & down - very tiring
↳ minimized distractions

Sense of place - naming our trip places

- needed better frame & buildup
- Fun & engaging, but what did we learn?

Too much all at once - prob better one activity / per day or 2 per day.

Varying engagement throughout

= EVENT leadership

If there is a specific answer (Authenticity), then asking a question is very difficult.

Check in w/ groups to ensure understanding the task/scenario

Discussion questions somewhat redundant

How does the conversation give us insight to the instructor's integrity?

Instructor integrity → Inst to Inst Integrity

Good challenging discussion -

Closing discussion needs to be more closely tied to our leadership

- Day 5

Good framing - Mon night

Poor, poor planning - not working together in prior day

Excellent model of [REDACTED]

But [REDACTED] framing (didn't use notes) talked about like but
not the next activity.

Good activity

- Be more assertive managing the time.

Notes notes notes in framing!

Evening became somewhat unstructured, loose.

- Seemed reluctant to lead the group

- What about the commitments?

Ask question, wait 9 seconds.

[REDACTED] much improved enthusiasm - working on it.

[REDACTED] not necessarily get involved in Morning, but just support
your co-lead with energy

Logger? TCPs?

THE LAST DAY!

TEAM [REDACTED]

"A Steady Groove" - nice framing

Rain, thunder, lightning begin @ 4 AM. ^{boom}
Really starts @ 5:15 am, then tapers, then picks up ^{5:20} ^{5:26} 5:31

Good start to the day - group in good spirits
[REDACTED] in lead setting good pace, but not
following his map. - not sure where we are.

5 min break under shelter

[REDACTED] is a good instructor. [REDACTED] lacks motivation/passion

Hiking - start-stop - [REDACTED] not ~~full~~ paying attention.

- No maintenance of group atmosphere

2nd group hanging back to avoid silly talk
Group split [REDACTED] OK with it

Leads communicate better prior to hike - purpose? Goals?

Poor site input at Arches - no check-in of substance

[REDACTED] goes up top - good, but leaves group

[REDACTED] opens up the top without boundaries

[REDACTED] zoned during [REDACTED]'s lesson - poor body language

Good second hike planning

Overall good hike planning

Very poor vehicle travel input.

Rushed in morning - strategy

TRIP IN REVIEW:

Gear

Pack cover

Platypus bag

Leave

Boots

Headlamp batteries

under

Fuel for stove

Lightweight water shoes

• one less shirt

Route

Good shift away from long off trail - better research by students would resolve that.

- Rain - flooded delta @ Big Branch SMT where trail impassable; routed off trail to bridge.
- Chari Creek no longer open to camping; good site next to creek @ Tackett's Cabin. Other sites along Slave Falls Creek on Twin Arch Loop.
- Jake's Place is a great camping area. Nice pool in creek.
- Nice campsite along Fark Ridge Trail
- No Business Meadow flooded in heavy rain - limited camping

Weather

24 hour rain to start, followed by sunshine & blue sky. New storm rolled in early morning of last day.

Criticism

- Feedback progressively better - this is the primary actual outcome of the course. "Activity-specific" is confusing - use outdoor.

- No integration of site management on this course. Stationary & moving not used at all. This is my doing. I need to incorporate this into the planning assignment.
- Too many assignments - Can't hit all three CSS in one course. ES takes a lot of time.

PFL Final Assignments

Co-leadership Reflection

Teaching Reflection

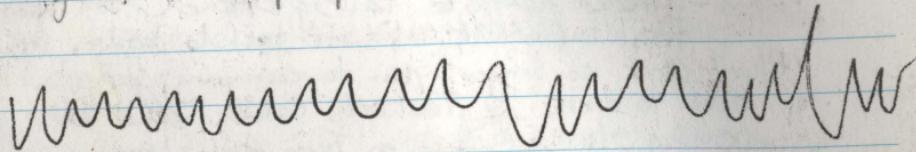
Incident Review

Final Event Plan - DLOS, FAC

~~Peer Decision~~

Peer Evaluation

Program File Wrap-up - SHIFT HAPPENS



UNDERGRAD COWBOY FIELD EXPEDITION

GSMNP 2011 Apr 25-May 1st

Twenty-mile to Proctor (Camp 86) & back



Stop activities at their peak...

GO "ON BELAY"

Framing - primarily on logistics

Breakfast beforehand, snacks on the way.

Good coverage of reminders

A little detailed on the Mike section

[Effective Communication]

- Rough Morning framing - no notes
- Group in poor mood - LD, not responding
Good rain response - stop, jackets, good checkin on lting
Stop-stop on trail - keep group moving
- In Camp: Times - announce & stick with it.
General disposition is blah. Group split at dinner
First day jitters...
- No outcomes, thus a blank day. - CRITICAL
- ✓ This is a new group - need to address that.
Very much [REDACTED] day w/ [REDACTED] as assist - she did
Very little, even after prompting. re: eff commun.
Charades was good - closing very poor for
[REDACTED]
Hey this is legit.] What do you want from your group
today?
- Instructor positioning throughout day

They are unprepared for this mentally and
emotionally and intellectually. Need the
course guide sooner and better framing.

They needed a lot more guidance.

"Rite in the Rain"

LOT Advice

- Keep tabs on group - Assess & respond
- Always be thinking why am I doing this?
- Be genuine.
- Fake it til you make.
- Check-in with co-lead.
-

A5T Review

Missed that this is a new group with different values

Missed the need to set the tone - same old same old
Winging it - no intentionality or purpose

(Group mood & dynamics are poor. Group seems lost.)
No motivation to excel. No motivation to work hard.
Everything seems an inconvenience, It's not fun.

[REDACTED] good at getting alone time.
"Looking majestic"

Reaganberg - Day 2

Again no energy in morning. Everyone woke up late.
No one eats breakfast.

SIMLE! Today needs energy!

Frame the morning tighter - group needs to eat, filter water, pack
break camp. - be more directive when we need to get
moving.

→ pros - Consider any group struggles
Consider any personal struggles

Any strategies for overcoming these struggles

[] - good use of []'s break as teachable moment
- good roaming check-ins

[] - good pace for 2nd group (cattle train)

Group beginning to split on trail - unmanaged

[] - banks a 1st pack off - no longer setting pace

Better at water break to lunch - making good
check-ins - both [] & []

[] is better in camp - More relaxed, personable

[] is better on trail for some reason.

Still no group development. No new FVC.

[] - don't go pee right when folks go packs on.

[] - no energy in post-lunch frame

No check ins during lunch.

"Give each other space" - how much? Cattle train issued

On trail, [] drops out of lead again.

Good splits @ Shuckstack - [] disappointed.

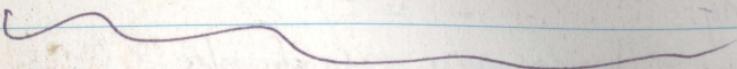
STOUT descent to 91. Woof! Good positioning

"Rite in the Rain"

Not much of a closing to a pretty significant block.

Poor framing for survival aspect

- [redacted] got pissed off when event didn't pan out
 - ~ if you want role play, assign roles.
- Closing ok - not great - no connection to future



Overall Reaganelberg

- Planning a day is the same as planning an event. Consider outcomes, SPEC, BIS, the Instructor Cycle, site night - everything.
- Adapted well.
- Still no group cohesion efforts by LODs
- Dragging - not setting tone early
- True night - most part good. Morning camp was poor.

- Decision-making

9 AM - good breakfast & camp pretty clean

Energizer \Rightarrow Activity \Rightarrow Fvc

Camp Time - journaling, final prep - one hour

Hiking by 11 AM

~~Decision Making~~ [Decision Making]

- > "How we doing?" - everyone saying it - detracts from authenticity of the day.
- > Use visual aids with in-depth or detailed framing
 - (Opening activities fun but not energizing - RPS?
 - (House building good idea, but standing lecture bkh.
 - \hookrightarrow UVA when delivering info.

Framing for Fvc effectively said "we have 12 min."
- That's itinerary-driven. Good facilitating

| | | | | |
|------------|-------------|-----------|------------|-----------|
| Fvc | - Dan-Force | - Rage | - Earth | Chocolate |
| Code Names | - Vert | - Volcano | - Sunshine | Log |

- Pull group members in - challenge each other \Rightarrow

Good discussion on starting hike.

- > Ask group how much - what do you do if they don't?
 - How are you inspiring the group to reach the goals?

Leading is not just ordering - it's motivating.

Creek scouted and named in camp - reformed of creek.

\hookrightarrow unnecessary. Leaf Picking?

Double leapfrog at second -

- \blacksquare - smile more when talking to group - very low energy
- 7 espe. w/ the hat pulled low.

"context"?

D-M recap at camp - use our terms - Sit Assess

[Last section led by [REDACTED] felt like death march]
Lots of eye opening bits for [REDACTED]; [REDACTED] still learning
and trying to use the system

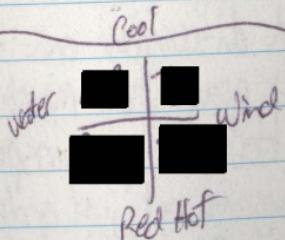
Pear closing - how did that story relate to your day?
Be prepared --- did any call ranger about trails?

Group 2

- very sarcastic all the time
- very cutting remarks
- one student bearing the brunt of group.
- giving good feedback
- Must use notes for framing - be prepared.
- [REDACTED] needs to balance the power w/ co-lead; self-assessed as controlling

No Dose (p 37-38)

Self analysis of leadership style
- Avoid the middle



[REDACTED] shouldn't be leading this. Way too bound up in policies & procedure. Style uses shortcuts for camp night - not best practices. Not professionalism.

[REDACTED] & [REDACTED] H.

from [REDACTED]

No clear DRO's during training tonight

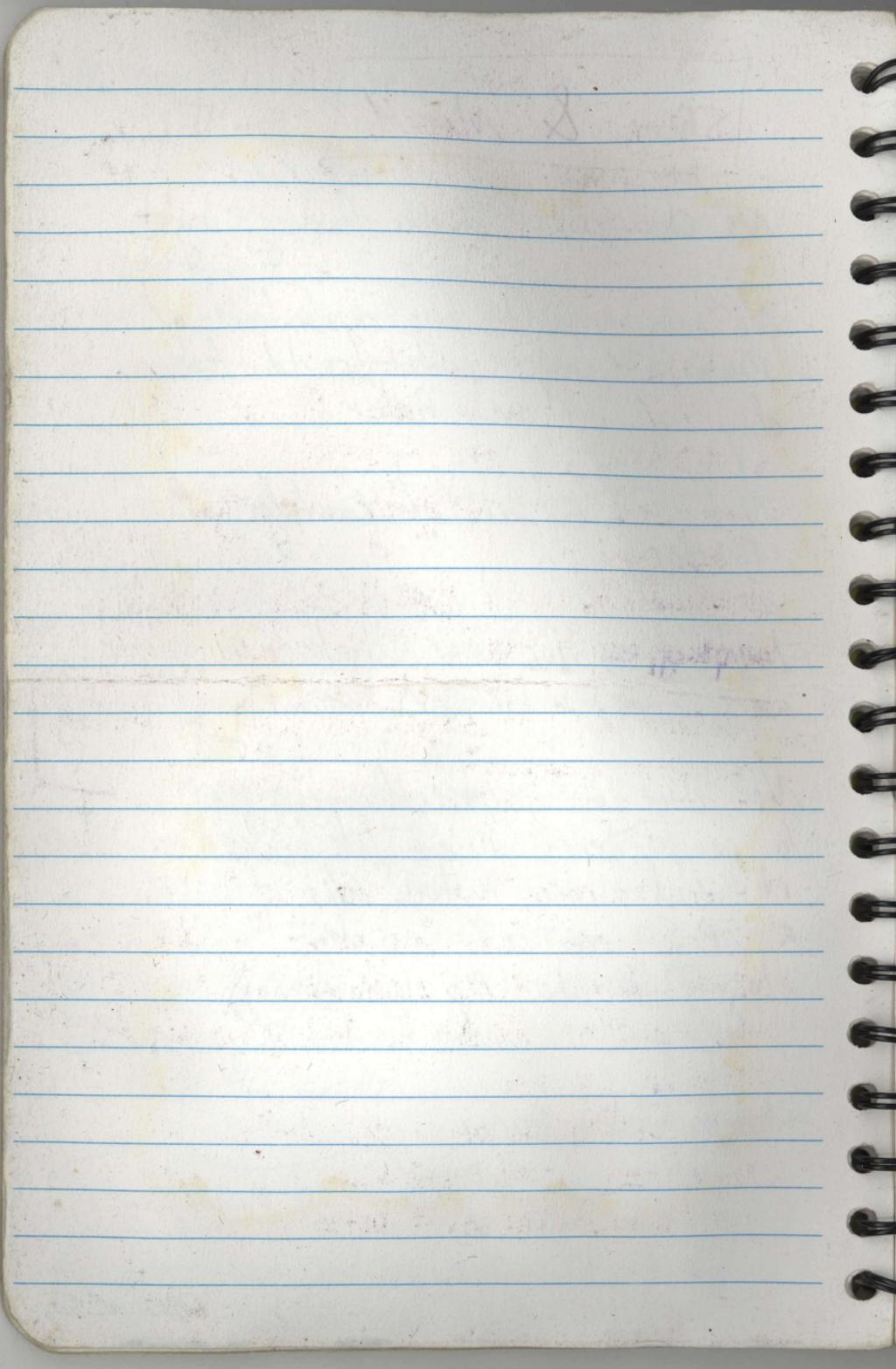
No energy in describing exploration of Proctor late night prior - could tease clay w/ info on Proctor

Not in "Far lead" w/ knowledge of Proctor

Instructions for gear shake down were inconsistent & on fly

Not clear on purpose of response to group being 20 min. late. Was it real - over reaction. Was it a P.S. exercise? - no clear closure tie to P.S. (prob - nothing)
- Just a filler

Krisbee on trail to Proctor,



- Need to integrate feedback
 - trail right - figure how to check in before unilateral decision

- Sleep - Middle Road

SHRE fall back to safety
RIGID! Trail roles \hookrightarrow order

"No cook flies necessary"
- way over managing the group.

- Not interested in learning field leadership. Answer for everything; easy way out.

[How much feedback do I give? They don't know the rubric I am using,
So the info is unnecessary]

- Lots of overlap btw [] and []
- Why debrief the day? Closure need not be long and document only if pts severely challenged.
- Make a greatest hits activity. Pts create list, you write it up - go home.
- Plan the pack transition better - plenty of time.
- Denve as Scout \hookrightarrow tree - positioning
 - and using the tree as P.S. moment

- Good frame

No hot breakfast - Nutrigrain 3 apples/oranges

"Packs ready" then find a seat and pull out course guide.
Good job w/ FVC.

Pack adj - weak sauce - no instruction.

No need to call out leader positions

No framing of DM all morning

[] is pack still not right - LODS don't notice. ✓
✓ addressed during hike.

Switch pers. hns - M too fast.

✓ asks to stop - then back to pace after.

Moved [] to front after Sodillo. Good.

But group now cattle train.

Map study - keep group in a rhythm. Start-stop etc.

- Why is group choosing lunch spot? Frame it.

Group chatter about quizzes - not this course.

Good lunch mgmt - good activity but unclear close.

Group - safety is primary - extend the risk horizon.

[] - lighten up! Smile. ✓

Need to engage the group in this place.

Being an outdoor leader isn't about feeling fine. It's
about feeling exceptional so you can help others get to
fine.

Good leapfrogging further crossings.
Good frame at camp.

- Decision-making - good use of model - but facilitate group thru model
- - good wrap up comparison - but no one really (I.D.) their process
- Seems a well-structured day - well-planned activities
- Good adjustments

✓ - very structured and business - smile more when addressing the group.

- Needed to not let the primary personal factor heavier during the day - what is my priority? Self or others? Speed or safety? Pragmatic or idealist?
- Need stronger tie in to our field context - why is DM important here?
- A more specific, detailed D-M curriculum

Snake on trail

Can we ever identify our own D-M process?

E - Day 6 Effective Communication

- Pack together as a group - help each other
- Communicating w/ maps
- Yoga stretch time

Good morning - learn from group wakeup - 6:30 not enough time. Morning packing still too unstructured, time pressure impressive positioning plan for first section. [REDACTED] in yoyo Water filter - good opportunity to serve - missed it.

- Inefficient and contrary to group to switch out.

Don't take map break 5 min after ending a break.

Good night at tower; good booked position during return activity. Frame closing discussion better - time, expect.

Check in with each other before finishing. X

Group needs to do better setting on middle pole.

[REDACTED] - excellent handling of group dynamics

Last trail section fell apart - bunched [REDACTED]

Good Camp night - dinner fell back to group though. No LDR presence.

Good delivery of closing.

[REDACTED] ✓ great demeanor and attitude all day

[REDACTED] solid, consistent - good balance for [REDACTED]

5 - Last Day - FINALS

Good details in framing but sequence was off. Put the big picture stuff first, then summarize details.
Make a more intentional reminder of "back to barn" syndrome.

We At van @ 11:15 - good, wandering walk.

Students need to arrive by 2:20 PM.

Funny... I'm a little anxious... and I have to peop.

Get pens are weak sauce.

Flowers I identified:

| | |
|----------------------|------------------|
| Yellow Trillium | Indian cucumber |
| Hairy Buttercup | Foamflower |
| Wild Geranium | Dog hobble |
| Rhododendron | Azalea Laurel |
| Wake Robin | Vasey's trillium |
| Crested dwarf iris | White aster? |
| Yellow violet | Solomon's Seal |
| False Solomon's Seal | Squawroot |

- I feel like I have something to do, but I can't think of what.

3 Closing: or just off...

Group ok - some seem in ~~it~~ need - [redacted] + [redacted]

Good closing activity - other ideas?

- Lots of reflection
- Need stronger framings
- Good activities
- Cohesive team
- Don't sub service to loss of your own self-care.
- Good safety night
- Too much emphasis on "back to the barn"
- Bingo worked well.

2110 Friday Lab 1

- Group Development

- Move back in lodge - forms

- To equipment shack - Canoe parts
Paddle parts

Life Jacket

Canoe carries

Trucker's

Loading

- LATE

GA - 5 finger
interesting fact
Reck a who
Wolf pack
Beech Mine
Circles

Pull trailer out
3 boats

At Shack:

① Life Jackets

- Sizing & fit

- Record sizes for trip

② Canoe

3 boats in field

③ Parts

④ Types -

⑤ Twister

⑥ Carries & Loading

- Single & Double

- Trailer

Z110 F13

Look it up on your
phone.

To be sure.

M F A

F M S

10/30/13

Review bearings

Review UTM

Triangulation

Following bearings

- Walk in with maps & compass to fire ring

- Review map skills & bearings

- Review UTMs & practice

- Walk to start point 93195492

- Three groups & routes - GO!

- Triangulation...

- Practice

Route 1

- a 92765414
- b 933915428
- c 93505460

Route 2

- a 94015435
- b 94115499 + 35
- c 93465525

Route 3

- a 93775434
- b 93185441
- c 92805469

Roller 12

- AA [REDACTED] Socks, whistle ✓
[REDACTED] Bag Waste, rain pants
[REDACTED] Water bottles, chair, headlamp, watch, compass rain jacket ✓
[REDACTED] Pads, bottles, bandanas, belt, watch, whistle, compass, hand sanitizer, bowls, bottles, wipes, Sanitizer
BB [REDACTED] chair, lighter, wipes ✓
[REDACTED] rain pants chair, sanitizer, bag
[REDACTED] socks, shirts, water bottles, chair

Dispose of Waste Properly - [REDACTED] / [REDACTED]

Campfire - [REDACTED] / [REDACTED]

Travel Camp - [REDACTED] / [REDACTED]

Wildlife - [REDACTED] / [REDACTED]

Leave - [REDACTED] / [REDACTED]

Plan Ahead
Be considerate

Saturday ³⁰
7 AM at Lake Laurel

8 AM Meet @ Greenway

- Run Shuttle
- Pack the bags, then boats
- Review little rapid & shave off
 - [REDACTED] lead to sandbar RL

At 1st Sandbar:

- Warmup, stretch - light, not combative
- Trip overview
 - goals, expectations, etc.
 - maps & navigation

Paddle/Float - easy pace

At Camp - unload boats & secure

- Establish Kitchen & erect camp flies
- Campsite Selection lesson

LNT - Travel to Camp

- Set up Camp, secure food stuffs

Lunch

- Navigation Exercise
 - Plot UTMs & then follow the course
- LNT - Respect Wildlife (while hiking)

Back at Camp

- Weather

LNT

- Minimize Campfire
- Side tent

- Weather ()

LNT - Dispose of Waste Properly
Free Time - hang bear bags

Dinner

LNT • Minimize Campfire Impacts
- Fire building ()

Games, Expedition Behavior
Bed!

Sunday

Waking up & Breakfast, all but 2 rain flies
(Break down tents if not raining)

~~Breakfast~~

LNT - Dispose of Waste Properly Leave What You Find
Individual Navigation exercise

~~Breakfast~~ - Teaching () Travel Technique

Navigation II Exercise

Lunch

- Skills practice (stoves, bear bags, filters, fire, etc)
- Enviro Ethics Activity

Break Camp

Clean up Sandbar

Pack boats

Paddle out.

94720
1 98700 58910
2 94710 59760 94450 59160
3 30450 229990 → 94510 59608
4 94340 59700
~~5 93880 59780~~

At takeout

All group gear

3 - Tent

4 - Rainfly 3 stakes

4 - Cookset 3 Stove (all pieces)

4 - Spoon / Spatula

4 - Bear bags

4 - UDig it

4 - Fry Bake 3 pliers

- Paddles 3 PFDs

4 - Fuel bottles

3 - Bills bags

6 - Maps

1

2

3

4

5

Travel to Camp

Think about group arrangement...

Instructor positioning - arms crossed, standing over vs.

No framing, outcomes, boundaries - attempted

Awkward transition to game - but then back to lecture.

"Do you see these footprints?" No. We need to get up.

Use notes for framing.

Good ideas for activities - poorly implemented.

No group activity.

Confirmation of learning

C 4

Closing vague

G 3.5

- know your terminology

E 4

- hard to work with quiet group

R 5

16.5

Overall patience.

Campsite Selection

Super solid frame. Great outcomes.

"Uhm

||||| ||||| |||||

||||| ||||| |||||

||||| ||||| |||||

||||| ||||| |||||

Good boundaries - established vs uses

||||

UVAs - Weather, water, ~~wildlife~~, space, Ground

Great voice, easy to listen to.

Good coverage of topic.

Respect Wildlife

Nice frame of outcomes.

- Can be a bit more specific "Some things to think about"

Good humor

- A bit of misinformation - "tucking an animal"

Good quiz game. Good challenge

- Nice illustration with Monkeys! *

UVAs - 5 main points

- voice is monotone..

— Give the point but ask group to explain. —

15 sec
HTH HTH (Like - [REDACTED])

|| Eye Contact

Starting to lose momentum at closing. No need to drag it out. Got some long pauses

| | |
|---|-----|
| C | 3.5 |
| G | 4.5 |
| E | 4 |
| R | 5 |

(17)

Look up tips for beating monotone voice.

Waste -

Good confident beginning.

Super interactive, good repetition

Needs to be more organized - smoother delivery

Great, fun atmosphere.

Delivered most of the key information

Very quick opening.

C 4.5

Really owned the topic (prep)

G 4.5

Smooth transitions

E 3.5

Immediate application

R 4.5

Quite useful, but distracting.

17.5

Could be more appropriately challenging

Need to use notes (more or better)

Overall pretty effective.

Campfire Impacts

with thick "campfire" sticks

- Need clearer statement of outcomes /

C 4

- Be clear - pan needs to be 3-6" thick?

G 4

Nice back & forth between you.

E 3.5

Questions aren't super challenging

Nice display examples. Good overall setup. R 5

16.5

Bouncing around, no pattern.

Nice review before tasks, but still unclear
at least 6", up to 6"?

Get group to bring supplies if they have them

Give the group more time with mound.

Is mound building necessary?

Don't make it contrived - make a real mound.

Group hasn't used the mound - they can't assess it.

Closing dragging at. Questions are repetitive.

~~~~~

### [REDACTED] - Exped Behavior

#### JVAs

- No outcomes at beginning
- Delivering info via lecture
  - > Dry, no experience
  - >
- Wait for more responses to your questions. Patience.
- Needs a problem... to engage the group

How is this different from just being a good person?

Skit is good idea.

# Leave What You Find

Launching right into 3 main points. No outcomes.

## UVAs

Good positioning

Good multiple activities & smooth transitions

Not super-engaging

Activities, not challenging, simplistic.

C 4.5

Good plan.

G 4.5

Closing dragged on a bit.

E 3.5

Revisit 3 main points more often

R 5

17.5

## - Weather

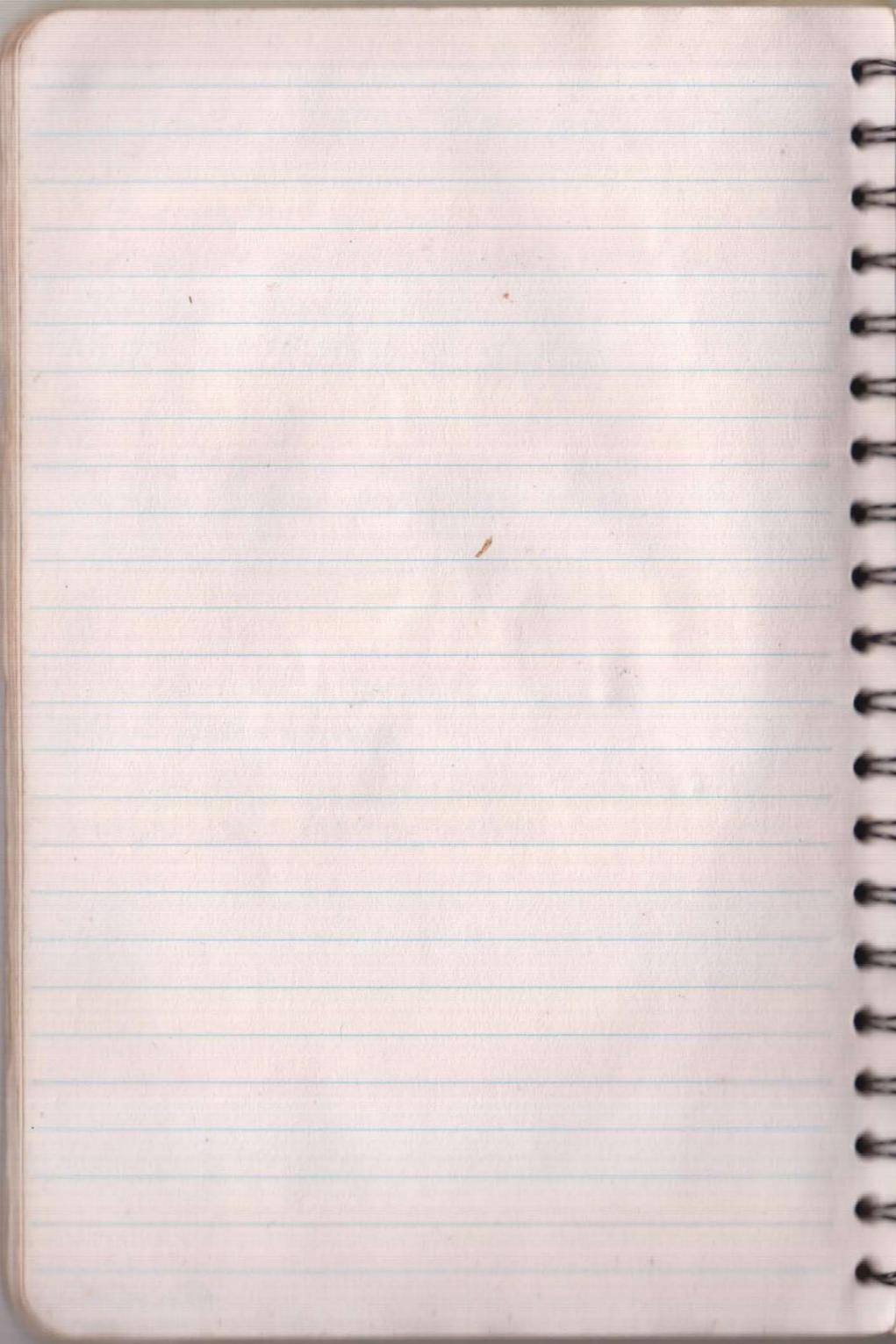
"I'm going to talk to you about..."

Better - stated outcomes

Why do we need - as outdoor leaders - about weather?

Stumbling a lot - know your material

"Rite in the Rain"



69

27

1011

